

## Alpine Hike Leader Schedule

We wish to thank all of the hike leaders who participated in the New Year's Day hikes, both in leading and in helping out. Those who stopped by the lodge for the Soup and Salad Buffet after the hike were treated with a delicious meal after an invigorating hike to East Peak.

Warnings! After wet weather conditions, please be aware that the trails are often muddy, slippery and could be dangerous. Extra caution is required and we highly recommend using hiking poles in these conditions.

Please check out the Meet-Up sites for latest updates before you leave for CAC hikes.

Are you interested in becoming a Hike Leader? We are looking for more 1A Hike Leaders. For more information, please contact **Linda Kumataka** (lkumataka@hotmail.com) or **Rani Devadesan** (Rondakai70@gmail.com).

### ***Family Hike/Outing***

The Family Hike has been postponed. We will announce a new date for the hike in an upcoming membership eblast.

<b>Date</b>	<b>Departure</b>	<b>Rating</b>	<b>Hike Leader</b>	<b>Cell Phone</b>	<b>Email</b>
Feb 04	Muir Beach	2A	Karen Ullring	415-940-6202	kulring@earthlink.net
Feb 11	Alpine Lodge	Welcome	Rani Devadasan	415-497-5568	Rondakaki70@gmail.com
Feb 18	Alpine Lodge	2B	Sue Karp	415-367-5050	suekarp@prodigy.net
Feb 25	TBA	2B	Robert Feist	415-302-6714	frog5457@sbcglobal.net
Mar 03	Alpine Lodge	Welcome	Rani Devadasan	415-497-5568	Rondakaki70@gmail.com
Mar 10	Alpine Lodge	2B	Steve Meier	408-393-8246	stevemeier853@gmail.com
Mar 17	TBA				
Mar 24	Alpine Lodge	1A Jan	Loshin/Linda K	415-305-0115	415-815-8991
Mar 31	TBA	2B	Robert Feist	415-302-6714	frog5457@sbcglobal.net

Please note that we are accepting guests and family members on our Sunday hikes. Priority is given to the CAC members, but if you wish to bring a guest, please contact the hike leader beforehand. It is up to the leader to determine acceptability based on availability of spots.

For a full description of scheduled hiking activities, and to register for the Sunday hikes, please go to <http://meetup.com/CAC-outings> and complete a sign-up request. For those who are not familiar with the Meetup site and need assistance or if you have any questions and/or comments regarding Sunday hikes, please contact the Hike Coordinator at 415-815-8991 or lkumataka@hotmail.com.

Linda Kumataka, Hike Coordinator