

CALIFORNIA ALPINE CLUB

Founded, April 1913 • Incorporated, April 1936

QUICK REFERENCE GUIDE



JULY 2019

THE PURPOSES of this Club are: *To explore, enjoy, and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times to protect and, as far as we are able, improve the environment in which we live; and to strengthen a sense of community among our Members and Associate Members.*

MEMBERSHIP

Contact Beverly Leve at membership.cac1913@gmail.com, 707-539-2902

GENERAL INFORMATION

The Club has an Associate Member class as a "gateway" to regular membership. This member-class is assessed \$10 per day per adult dues and has an enrollment process. *We cannot accommodate pets. Smoking is not permitted within the facilities.*

LODGES

The California Alpine Club, founded in 1913, owns and operates two historic lodges: Alpine Lodge in Marin County acquired in 1925, and Echo Summit Lodge in El Dorado County acquired in 1952.

ALPINE LODGE is located on the south slope of Mt. Tamalpais at 730 Panoramic Highway, Mill Valley, CA 94941 (about one quarter mile from the "Mountain Home" bus stop).



S. Linkwitz

ECHO SUMMIT LODGE is located at the summit of Old Meyers Grade, on the southern rim of the Lake Tahoe Basin, one mile from U.S. Hwy 50 at 9010 Johnson Pass Road. Call the lodge at 530-659-7274.



S. Linkwitz

<http://californiaalpineclub.org>

OFFICERS

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BOARD OF DIRECTORS		
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VACANT		

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P.O. Box 3731, Santa Cruz, CA 95063.....	camillecruzfit@gmail.com	
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66 Great Circle Drive, Mill Valley, CA 94941-3217.....	margyeller@gmail.com	

ALPINE LODGE TRUSTEES

Tom Coleman '22.....	TRUSTEE CHAIRPERSON.....	707-992-0650
32 Live Oak Drive, Petaluma, CA 94952-1003.....	travmcgee@comcast.net	
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4740 Balboa St. #404, San Francisco, California 94121.....	Betthausen@gmail.com	
Donata Mikulik '22.....	707-591-3129	
2037 W Hearn, Santa Rosa, CA 95407.....	donatabo@hotmail.com	
OPEN TRUSTEE.....		
OPEN TRUSTEE.....		

ALPINE LODGE SUPPORT

Michael Vaggione.....	TREASURER.....	408-865-1781
12747 Saratoga Glen Court, Saratoga CA 95070.....	michaeljv@pacbell.net	
Alpine Calendar Online.....	www.calalpineclub.org/calendar	
Alpine Reservations/Accommodations Donata Mikulik.....	donatabo@hotmail.com	

ECHO SUMMIT LODGE TRUSTEES

Cindy Toran '22.....	TRUSTEE CHAIRPERSON.....	707-321-3262
932 Ripley Street, Santa Rosa, CA 95401.....	cktoran@gmail.com	
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430 Ellsworth St, San Francisco, CA 94110-6026.....	nick.gregoratos@gmail.com	
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29 Long Road, Petaluma, CA 94952-2032.....	swas40@comcast.net	
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P.O. Box 776, Moss Landing CA 95039-0776.....	mlarkin804@sbcglobal.net	

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ALPINE LODGE INFORMATION

The Alpine Lodge is located above Muir Woods on the south slope of Mt. Tamalpais. It features a cozy living room with rustic stone fireplace, well-equipped kitchen, spacious dining porch overlooking the big sun deck, and large social hall with gas-lit fireplace and hardwood dance floor. A wheelchair accessible restroom is centrally located. The upstairs sleeps 19 people in two private and four semi-private rooms. There is a co-ed bathroom with two shower rooms, two toilet rooms, and a common two-sink vanity. The Tamalpais Building, located down a short garden pathway, has seven rooms on two levels, sleeps a total of 19 people, and has two shared bathrooms.

The lodge is available to members and associate members for day and overnight use with a trained host. Scheduled events and accommodations preempt individual member use. Each person needs to bring a sleeping bag or sheets, pillowcase, towel, and toiletries. Revenue from lodging and events provide funds for maintenance and improvements.

SUNDAYS AT ALPINE LODGE: In the CAC tradition, the lodge is open every Sunday from 9am–3pm for members and visitors alike. Sunday hikers are hosted by gracious CAC Innkeepers who offer light refreshments for a nominal fee. A tour of the lodge can be requested.

GUIDED HIKES: Sunday morning hikes start from the lodge and times are listed in the Club newsletter *TRAILS* and posted on our website. Carry water, lunch, and wear good hiking shoes. Rain cancels the hikes. Phone the scheduled hike leader if you have questions.

PUBLIC TRANSPORTATION TO ALPINE LODGE: Visit Marin Stage Coach website or call 415-526-3236. Golden Gate Transit bus service may be available on weekends and holidays during spring, summer, and fall. For bus information, phone 415-923-2000.

RESERVATIONS FOR ALPINE LODGE EVENTS: Check our CAC website calendar or newsletter, *TRAILS*, for scheduled Alpine events. Contact the host and mail your check as instructed.

OTHER RESERVATIONS: Host Training is required for private member accommodations, scheduled day use, and spontaneous overnights. Contact Donata Mikulik at donatabo@hotmail.com for all lodge accommodations. Spontaneous overnights allow host-trained members informal use of the lodge but may only be booked 10 days in advance. Exclusive use is not guaranteed.

ALPINE LODGE ACCOMMODATION FEES

Overnight Rates: private, semi-private, curtain room, or in your RV (One person in a double occupancy room pays the 2-person rate)

Members	\$21 per person
Non-Member/Guest	\$31 per person
RV Overnight Parking	\$27 per night
Associate Members	\$21 per person
Children age 4-18	50% of adult
Children under 4 years old	No charge

We encourage prospective members to enroll as Associate Members and pay the \$10 a day dues to participate in Club events where they might find two members to "sponsor" their enrollment and sign their membership application. Associate Member's \$10 a day dues may be credited toward CAC membership entry fees if incurred within one year of applicant submission.

Day Use Fees for Scheduled Events

Per person member fee	\$3
Per person non-member fee	\$6
Children ages 4-18	Same as member/non-member rate
Children under age 4	No charge
Member sponsored (20+ persons)	\$50 base fee, plus per person fee
Non-member sponsored	\$100 base fee, plus per person fee

NOTE: Rates may change during the year. Please check for the latest published rate information in the Quick Reference Guide, available on our website. Non-members, invited by a member, are welcome to use the accommodations up to three times. They may enroll as associate members or be the guest of a member who pays for their stay.

ALPINE LODGE CANCELLATION POLICY

Dinner Parties: There will be no refund if a cancellation is made fewer than three days prior to the event because the host will have made commitments for food purchases.

Overnight and Longer Stays: You must notify your host if you need to cancel. The refund policy is as follows:

- Four weeks or more prior to host-period: host will refund your fee minus a charge of \$5 per person.
- Four weeks to one week prior to host-period: host will refund your fee minus a charge of \$5 per person, per day.
- Within one week prior to host-period: fee will not be refunded because the host will have lost the opportunity to fill your space and food supplies will have been purchased.

HIKERS' WEEKEND: Enjoy an overnight stay for a relaxed weekend of hiking at the Alpine Lodge—or just come for dinner on Saturday. Check *TRAILS* or the Alpine Calendar on the CAC website for schedule, price of dinner, and host information.

WORK PARTIES

Monthly work parties are held from 9am-3pm on Saturdays. Lunch is provided. We depend on our members and applicants for membership to help keep the Alpine Lodge buildings in good repair and looking attractive. Please check *TRAILS* and sign-up with the coordinator. Weekday work parties or self-lead work parties may be scheduled as needed with Alpine Trustees.

HOST TRAINING: Host Training is required of event hosts, members who want to use the lodge for private events, spontaneous overnights, and scheduled day-use. Host Training is offered twice a year in the spring and fall.

The Alpine Lodge Host Training Manual is updated continually and is available as a download on our website. A hardcopy of the manual is available from the Alpine Trustees for \$6. The manual contains useful information such as event preparation guidelines, bedroom floor plans, billing and host report forms, instructions for operation of appliances and facility systems, safety instructions, and much more. Suggestions for manual updates are always appreciated.

ALPINE LODGE COORDINATORS

Sunday Innkeepers: Jana Shober, 916-690-1828 janaschober@gmail.com

Hike Leaders: Jennie Bruyn 415-456-1877 jennielbruyn@outlook.com

PAST PRESIDENTS

1914	Frank Allen	1934	Thomas Jones
1915-16	Al Pinther	1935	Howard Henry
1917	Oscar Cook	1936	Emma Baldwin
1918	Chas Cavanagh	1937	Hilary Crawford
1919	Harry Hertenstein	1938	Walter Repp
1920	Arthur Mauerhan	1939	Walter Newman
1921	William Fankhauser	1940	Herbert Mauerhan
1922	William P. Halliday	1941	Henry Perry
1923	Jules Sigrist	1942	Edward (Pat) Patterson
1924	Timothy Murphy	1942	Olga Madsen
1925	Samuel Deal	1943	Casper Zwierlein
1926	Jesse K. Brown	1944-45	Alan Critcher
1927	Myron Grotyohn	1946	Bertha Ast Hyde
1928	Joseph Jensen	1947	Cyrus Washburn
1929	Henry Lidley	1948	Robert Zinns
1930	Henry Manheim	1949	Al Mendoza
1931	George Kemper	1950	Dr. Budd Smith
1932	Harold Reams	1951	Eugene B. Bizzell
1933	Thomas Pring	1952	Harold P. Bodington

continued on page 4

ECHO SUMMIT LODGE INFORMATION

Echo Summit Lodge (ESL), at an elevation of 7,365 feet in the Sierra Nevada, is a large, comfortable, year-round mountain lodge. The living room provides a commanding view of the Lake Tahoe Basin and surrounding mountains. The dining room features family-style seating where delicious meals are prepared, served, enjoyed—with dishes washed afterwards—all via joint effort. Both the living and dining rooms are equipped with EPA approved efficient wood burning stoves. Overnight lodging includes accommodations in dormitories and private rooms. Bathrooms are shared.

Forty thousand acres of rugged granite peaks and the alpine lakes of Desolation Wilderness area are within easy walking distance. Echo Lake (a mile from our lodge) and nearby Lake Tahoe are delightful places in the summer for hiking, swimming, fishing, and boating. In winter, the area excels for cross-country skiing and snowshoeing. Local, well-known downhill ski areas include Heavenly, Sierra at Tahoe, and Kirkwood.

The lodge is a cooperative hostel operated by volunteer members who 'host' for pre-scheduled time periods. Each person needs to bring a sleeping bag or sheets, pillowcase, towel, and toiletries. Each person is expected to lend a hand with cooking and housekeeping.

OUR GOALS INCLUDE:

- Providing members and their guests with a comfortable, safe, and affordable facility;
- Promoting new memberships and volunteerism founded on the proper use and protection of the lodge and its environment;
- Managing the lodge to be self-financed and in compliance with Forest Service rules.

RESERVATIONS

The list of hosting dates is posted in *TRAILS* along with the host names and contact information.

- Contact scheduled host for details. The host coordinates reservations and will confirm upon receipt of deposit.
- The amount of deposit (minimum \$15 per person, per day) depends on the length of stay, but the minimum deposit is \$30 per person.
- Host determines the final sign-up dates and total number of people that can be accommodated **so reserve early**. Host establishes a waiting list to help adjust for cancellations.
- Non-members, invited by a member, are welcome to attend up to three events. They may either enroll as Associate Members or be the guest of a member who pays for their stay.

CANCELLATION POLICY

Notify the host if you need to cancel. Refund policy is as follows:

- Four weeks or more prior to host-period: host will refund deposit minus a charge of \$5 per person.
- Four weeks to one week prior to host-period: host will refund deposit minus a charge of \$5 per person, per day.
- Within one week prior to host-period: deposit will not be refunded because the host will have lost the opportunity to fill your space and food supplies will have already been purchased.

HOSTING

Please contact Trustee Cindy Toran at cktoran@gmail.com or 707-321-3262 until 7:30pm Pacific Time to schedule a hosted event or private member accommodation. She maintains the roster of trained hosts and their scheduled times. She takes requests and solicits schedule fill-ins to optimize occupancy and service; the goal being to have the lodge open to members as much as possible throughout the year to provide income for maintenance, repairs, and improvements.

HOST TRAINING WEEKENDS

Host training is provided semi-annually for members with the desire and initiative to join the pool of trained lodge hosts, and thereafter organize and manage their own hosted event. Trained hosts are required to attend a Host Training Weekend every three years to keep current on lodge operations. Host training covers lodge facilities, meal planning and budgeting, Associate Member registration, and bookkeeping. Newly trained hosts are encouraged to 'shadow' an experienced trained host before they 'solo.'

The United States Department of Agriculture (USDA) prohibits discrimination in its programs on the basis of race, color, national origin, sex, religion, age, disability, political belief and marital or family status. To file a complaint, write the Secretary of Agriculture, U.S. Department of Agriculture, Washington, DC 20250, or call 1-800-245-5340 (voice) or 203-720-1127 (TDD). USDA is an equal opportunity employment employer. The Echo Summit Lodge is an equal opportunity service provider and permittee of the United States Forest Service, Lake Tahoe Basin Management Unit.

RATES

Dormitories

Adults and children over 11 years \$ 6 per person, per night

Multiple Occupancy Rooms

Adults and children over 11 years \$11 per person, per night
Single occupancy may be accommodated on a
space available basis \$22 per night

Meals (rates per person)

Breakfast - \$7; Lunch - \$6; Dinner - \$12 (\$25 per day)

No refund for missed or skipped meals

Children ages 4 through 11 – half the adult rates for meals and lodging

Under 4 years - no charge

Associate Members are charged the member rate plus Associate Member dues of \$10 a day per adult.

Please note: ESL lodging charges are subject to El Dorado County's 10% lodging tax in addition to the listed rates. Rates may change during the year, so check the Quick Reference Guide on our website.

MEMBER ACCOMMODATIONS

Prime time at Echo Summit Lodge is defined as:

- Summer – June 15 to September 15
- Holidays
- Winter Weekends – January, February, March

To optimize occupancy during non-prime time, the lodge is available for private events to CAC members who are on the Trained Host Roster.

Trained host members wishing to use the lodge for private use must contact Cindy Toran. A prospective host will secure a time slot, initiate an Accommodation Agreement (must be signed and returned within two weeks but no earlier than six months in advance), and mail a deposit to Treasurer Susette Stickel-Rufer to lock in the accommodation. The deposit is 50% of the estimated accommodation amount plus \$100.

The accommodation charge per day (noon to noon) for Friday, Saturday and/or Sunday is \$20 per person, including children age 4 and over, with a minimum of \$240 per night. The rate is \$15 per person per day for Monday, Tuesday, Wednesday, and/or Thursday nights with a minimum of \$180 per night. These rates include El Dorado County lodging tax. Early bookings are recommended. The accommodation fee is non-refundable except for special circumstances such as severe weather conditions or death in the family. The deposit, minus any incurred charges, will be refunded after full compliance with the Accommodation Agreement, and when the end-of-use report is submitted and reviewed by Suzette Stickel-Rufer.

SPONTANEOUS OVERNIGHT STAYS

Trained ESL hosts may stay at Echo Lodge by contacting Cindy Toran. Your stay may be booked no sooner than 10 days in advance of the time you are requesting. If your time is available, you may make a reservation, arrange for a key, and obtain an Accommodation Agreement. Needless to say, the Leave-No-Trace expectation applies. Within one week after the end of your stay, all forms and payment must be submitted to Susette Stickel-Rufer, Treasurer, as follows:

\$20 per person per night Friday thru Sunday

\$15 per person per night Monday thru Thursday

Minimum charge is \$40, regardless of the number of people.

Non-member adults must each pay the additional \$10 a day Associate Member dues.

FALL AND SPRING WORK PARTIES

Maintenance and improvements at Echo Summit Lodge depend on two significant volunteer campaigns—the ESL Fall and Spring Work Parties—to prepare for and recover from winter and summer occupancies. For prospective new members, participation in these multi-day work parties qualifies as a 'work' activity. Prospective new members should have attended a hosted event prior to attending a work party. For members, these work parties are a twice-yearly volunteer opportunity for fellowship, exercise, and accomplishment. They are 'free' (funded by lodge usage revenues) to participants. The dates and details for the fall and spring work parties are published in *TRAILS*. Sign up for one or both of these events to renew your connection to the beauty of work in the mountains.

MEMBERSHIP EXPECTATIONS

CAC members are expected to contribute time and talent to the Club at least once a year. Volunteer opportunities include work parties and social events at the lodges, as well as activities that can be done at home. For example, Alpine Lodge holds Saturday work parties, and Echo Lodge throws bi-annual, multi-day "fun and work" parties. Other options to consider for your annual contribution: coordinate a major Club event, host at Echo Lodge, cook a large dinner, coordinate the clean-up for Club events at Alpine Lodge, edit our TRAILS newsletter, proofread CAC documents, take a leadership position, join a committee, or organize an Outing or lead a Sunday hike.

TRAIL RULES

LET THE LEADER LEAD

For 100 years the California Alpine Club has organized Sunday hikes on Mt. Tamalpais. Hikes begin and end at Alpine Lodge, unless otherwise posted/announced by the CAC hike leader. The hike leader will assess the physical abilities of hike participants and will determine a suitable and safe route for the group. Please stay with the group unless you have made specific arrangements with the hike leader. It is easy to get lost. At the end of the hike you will return to Alpine Lodge for light refreshments and camaraderie.

RESPECT THE ENVIRONMENT

"LEAVE NO TRACE"

"TAKE NOTHING BUT PHOTOGRAPHS, LEAVE NOTHING BUT FOOTPRINTS."

- **PLEASE DO NOT** pick wildflowers or other plants.
- Stay on the trails; short-cutting promotes erosion.
- Let's be sure our lunch site is left clean, regardless of how it was found.

COURTESY AND CONSIDERATION

Please arrive at the meeting place on time and be adequately prepared. If a leader is unable to lead a scheduled trip, he or she needs to find a substitute or notify the Hiking Coordinator as soon as possible. Report any lost or found articles to the leader.

In order to promote and protect the serenity of our CAC hikes, hike leaders ask that there be no smoking, pets, or radios on Club hikes.

HIKE CLASSIFICATION SYSTEM

Most hikes are classified to assist hikers in evaluating their ability.

Grades: 1 = up to 6 miles;
2 = 6 to 10 miles;
3 = 10 to 15 miles

Classes: A = < 1,000 ft;
B = 1,000 to 2,000 ft;
C = 2,000 to 3,000 ft

**CAC is a proud and founding member of the
Federation of Western Outdoor Clubs
www.federationofwesternoutdoorclubs.org**

NON-DISCRIMINATION POLICY

CAC is committed to treating every individual with respect. This organization shall not discriminate on the basis of age, color, ethnicity, gender, national origin, disability or handicap, race, religion, sexual orientation, veteran status, or any other present or future protected status. This policy will include, but is not limited to recruiting, membership, organization activities, and opportunities to hold office. Further, CAC will not tolerate verbal, physical, and sexual or any other form of harassment that belittles or demeans any individual on the basis of any status or condition protected by applicable state or federal laws. This policy applies to all members at CAC facilities and sponsored activities no matter his or her authority or position.

Further, the President advises: "If you are discriminated against or harassed within CAC, or suspect discrimination to another person, including harassment, please report it to a CAC Board member."

CALIFORNIA ALPINE CLUB VOLUNTEER HIKE LEADER GUIDELINES

Before the hike starts:

- Appoint a REAR LEADER.
- Announce your name to the hikers. Tell them the grade and length of the hike, as well as the approximate time of return. If there are new hikers, inform them that hikers are to have had prior hiking experience and be able to hike at a moderate pace (i.e., two miles per hour). If, during the first 10 minutes of a hike, the leader sees that a hiker is not capable of keeping up, he/she should ask the participant not to continue on the hike.
- SIGN UP SHEETS waivers are mandatory. They are useful. You should at least know the number of persons starting the hike to ensure that no one gets lost along the way.
- Stress that no one should leave the hike without informing the leader or the rear leader. The hike leader has the option of allowing hikers to go ahead. Let them know that to avoid being considered "off the hike," they must wait at the next junction.
- Stop and wait for hikers to catch up if there is a large gap between them.
- Remind hikers that they should carry sufficient water, personal first aid items, and lunch if the time of the hike warrants it.
- Carry a CELL PHONE, if possible, with the phone numbers of the State Park ranger, MMWD ranger, and Throckmorton Ridge Fire Station in memory. Be aware that not all cell phones can operate on the mountain.

MMWD emergency is 415-472-0911.

State Park emergency is 415-388-2070 or 415-388-3653.

Throckmorton Ridge Fire Station is 415-388-5414.

California Alpine Club is 415-380-8250.

During the hike:

Stop at all junctions and do not resume the hike until the rear leader is in sight and all hikers are present.

After the hike:

Wait for the rear leader to see that everyone has returned safely and that no one has been stranded.

Substitute Leaders:

If a leader is unable to lead a scheduled hike, it is his/her responsibility to obtain a substitute and notify the Hike Leader coordinator to the changes. Should this be impossible, the leader must post a cancellation sign on the Club door, or ask someone to go to the starting point to inform participants that the hike has been cancelled. Jennie Bruyn, 415 456-1877

Thank you, and have a wonderful time!

continued from page 2

PAST PRESIDENTS

1953	Ken Wiltz	1984-85	Helen Ammons
1954	Hilary Crawford, Jr.	1986-87	Muriel Less
1955	Herbert Franklin	1988	Gene Kendrick
1956	Dr. Albert Schwifler	1989-90	Mary Kartsounis
1957	Jerry Bowers	1991-92	Tom Foote
1958-59	Fern Hall	1993-94	Roger Goulet
1960	Edward Fraser, Jr.	1995	Frank Marzocco
1961-63	Ray Sommer	1996	Beverly Heywood
1964-65	Elizabeth McDonald	1997-98	Bob Hanson
1966-67	Tom Disher	1999	Teri Shore
1968	Waldo Wolgamott	2000	Edna Trimm
1969-70	Henry Hillman	2001-03	Laurence Kornfield
1971	David Evans	2004-05	Susan McCarthy
1972	Peter Cistaro	2006	Tony Smith
1973-75	Robert Mugg	2007	Carroll Pearson
1976-77	Marty Scherf	2008	John Hannum
1978-79	Tom Flowerday	2009-10	Mae Harms
1980-81	Winchell T. Hayward	2011-2015	Jim Nixon
1982	Margaret Dormeyer	2016	Jay Gustafson
1983	George Ossy		