



# TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 94

November 2018

No. 9

## THANKSGIVING DAY DINNER OPTIONAL OVERNIGHT FRIDAY HIKE

Everyone is welcome at Alpine Lodge on November 22 for a warm Thanksgiving gathering. We all become extended family at this wonderful traditional CAC event. **Eva Libien** will be your host. Happy hour will begin at 4pm and dinner will be served at 5pm. We will supply the turkey and gravy; you supply a dish to share for six and a little help with set up and clean up. Suggestions include various hors d'oeuvres, salad, stuffing, sweet potatoes, mashed potatoes, a vegetable such as brussels sprouts or string beans, or a pie—pumpkin, apple, pecan are traditional. BYOB or donate to the Club bar. Cost of the feast is \$18. Please make your check out to Eva Libien and send it to her at #2 Eucalyptus Knolls St., Mill Valley, CA 94941. For more information, call Eva at 415-383-5184 or email her at [elibien@yahoo.com](mailto:elibien@yahoo.com). Please include a note with your check to let her know the dish you will bring—this is very important because we want a good variety of dishes. Absolute last day for sign-ups is November 18. Maximum attendance is limited to 30 so it's best to sign-up early.

**Tony Smith** will oversee kitchen clean up. Please email or call him at [tbs1932sf@gmail.com](mailto:tbs1932sf@gmail.com) or 650-207-1619 if you can help in the kitchen. Call Eva to volunteer for other tasks like carving, serving, and decorating, or if you can help prior to the dinner. We need volunteers to make the dinner a success, so please sign up to help.

Tony will also be hosting at the lodge Thursday night. Cost of the overnight for members is \$21 and \$31 for non-members (checks payable to Eva). Please be prepared to provide your own breakfast.

On Friday, Tony will lead a hike beginning at 9:30am. Bring your own lunch.

**Eva Libien, Event Coordinator**

## CAC HOLIDAY PARTY AT ALPINE LODGE DECEMBER 15

On December 15th logs will be ablaze in the fireplace, holiday decorations will adorn the lodge, delectable appetizers and libations will whet your taste buds, and the always impressive, majestic Christmas tree will command your attention from the dining hall. Crowning this holiday scene will be Chef Tim Warden's savory, slow-roasted prime rib, served with wedge salad, baked potatoes, steamed fresh and wholesome vegetables, and deliciously delicious desserts. Event details to be provided in the next issue of TRAILS. Host and help are needed, please contact **Tim Warden** at [timothyebdas@yahoo.com](mailto:timothyebdas@yahoo.com) to sign up.

**Timothy Warden, Event Coordinator**

## REMINDER—CHILDREN'S HOLIDAY PARTY AT ALPINE LODGE DECEMBER 8

Bring your family and friends to the Children's Holiday Party, December 8, 1-4 pm. Tim Cain, a wonderful guitarist, and the Balloon Lady will entertain the children and Santa will make a special appearance. This is a wonderful way to introduce new families to CAC!

Beverages, ham, and rolls will be provided, and participating families will bring a favorite dish to share. Sign ups by November 25 cost \$20 per family of two adults and their children. Reservations after November 25 are \$30. Additional adult family members are \$10 each.

Mail checks to **Mary Frey** at 100 Thorndale Drive, Apt #251, San Rafael, CA, 94903, and include how many children and adults will be attending with your family. Also let Mary know if you can help before or after the party. Phone: 415-492-2510. Email: [Marymaryhiker@aol.com](mailto:Marymaryhiker@aol.com)

**Ann Meneguzzi and Mary Frey, Event Coordinators**

## Monthly TRAILS Editor ~ Heather Rand

**California Alpine Club** - The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

### Officers:

President	Jay Gustafson '20	415-381-7261	jaygustafson@yahoo.com
Vice President	Ann Meneguzzi '19	209-373-9844	tmlann@hotmail.com
Secretary	Candy Barnhill '20	319-631-9110	wheejeepfun_cb@aol.com
Treasurer	Jeff Grimshaw '19	707-484-0003	jeffrey.w.grimshaw@gmail.com
Registrar	Mark Sapiro '20	415-388-8910	mark@msapiro.net
Past President	Jim Nixon	650-756-7771	jimnixon2000@yahoo.com

### Board of Directors:

Nancy Emerson '19	415-640-4149	qeh4@sbcglobal.net
Pete Castelli '19	510-525-5225	petecastelli@gmail.com
Dan Larson '20	831-465-9645	dlarson11@gmail.com
Tim Warden '20	415-453-6595	timothyebdas@yahoo.com
Amy Pertschuk '20	415-686-5990	amy@kpwest.com

### Committee Chairpersons:

Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian (Acting)	Bill Mayers	415-785-3516	whmayers@gmail.com
Membership	Bev Leve	707-539-2802	hikingbev@gmail.com
Outings	Ernie Castiaux	510-909-3301	ECastiaux@hotmail.com
	Renee Hamilton	415-686-3966	renee@fallbrook.net
Website	Margy Eller	415-383-7307	margyeller@gmail.com
Parliamentarian	OPEN		
Publications	Lenora Young	310-408-8112	lenora_young@me.com
Sunshine	Mary Cosgrove	415-381-7261	wilddoveis@gmail.com
Youth Activities	Camille Smith-Balon	831-239-0730	camillecruzfit@gmail.com
Event Committee	Sue Karp	415-927-3221	suekarp@prodigy.net
	Edie Nelson	831-331-1754	edieforsyth@hotmail.com
	Mary Jane McKown	415-383-2774	mjmckown@gmail.com
	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
	Candy Barnhill	319-631-9110	wheejeepfun_cb@aol.com
	Line Shanks	415-686-1799	lineshanks@comcast.net

### Alpine Lodge Trustees:

	Tom Coleman '19	707-992-0650	travmcgee@comcast.net
	Axel Schmitt '20	925-577-0202	azschmitt007@hotmail.com
	Donata Mikulik '19	707-591-3129	donatabo@hotmail.com
	Wendi Olmstead '20	707-766-8038	wendiolmstead@comcast.net
(pro tem)	Jon Betthausen '21	415-845-0454	betthausen@gmail.com

### Alpine Lodge Support:

Alpine Calendar	Donata Mikulik	707-591-3129	donatabo@hotmail.com
Alpine Treasurer	Michael Vaggione	408-865-1781	michaeljv@pacbell.net
Accommodations Reservations		707-591-3129	donatabo@hotmail.com

### Coordinators For Alpine Lodge:

Innkeepers	Jana Shober	916-690-1828	shober@csus.edu
Hike Leaders	Jennie Bruyn	415-456-1877	jennielbruyn@outlook.com
	Lenora Young	310-408-8112	lenora_young@me.com
Hikers Weekend	OPEN		

### Echo Summit Lodge Trustees:

Chair	Cindy Toran '19	707-321-3262	cktoran@gmail.com
	Nick Gregoratos '21	415-206-9152	nick.gregoratos@gmail.com
	Mary Larkin-Berlinski '20	831-345-6963	mlarkin804@sbcglobal.net
	Bob Henry '20	707-829-3728	clyde33301@comcast.net
	Susette Stickel-Rufer '21	707-766-7078	swas40@comcast.net

### CAC Foundation Directors:

President	Arlin Weinberger	415-722-6101	arlinw43@gmail.com
	Beryl Kay	415-922-6155	berylkay@berylkay.com
	Mary Cosgrove	415-381-7261	wilddoveis@gmail.com
	Bruce Friend	510-654-4218	bifedf@comcast.net
	Jodi Ravel	510-868-4361	jodi.ravel@gmail.com
	Roger Funston	702-882-1931	rogerfunston@yahoo.com

TRAILS is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

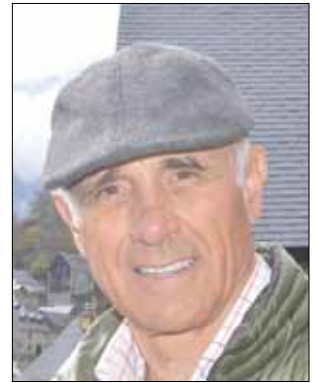
**Monthly Editors:** Tierney Berlinski, Nancy Carlisle, Nicole Freeling, Vikki Goldman, Susan Patrick, Heather Rand, Lillian Schroth, Helena Troy, Lenora Young.

**Contributors this issue:** Jennie Bruyn, Candy Barnhill, Mary Cosgrove, Mary Frey, Jeff Grimshaw, Jay Gustafson, Renee Hamilton, Bob Henry, Bev Leve, Eva Libien, Donata Mikulik, Jim Nixon, Amy Pertschuk, Jana Shober, Cindy Toran, Mara Vivant, Timothy Warden, Arlin Weinberger, Lenora Young.

## PRESIDENT'S MESSAGE

Does summer ever end?

Sure the morning air is a bit more "bracing" on first taste on an early morning walk, and the daylight has lost its summer memory of long stretches before night, but the warm afternoons and the slants of rays penetrating the stands of wood on the trail bathing the reds and goldens ... yes, this really happens, and yes it's our California autumn.



Our club is thriving in this environment of inviting light, still dry trails and air, glorious air to refresh the most inner centers of the consciousness. We have such a palette of opportunity to join as tribe, solo with a friend or just get up to the lodges and "be." Coming up in November are Hiker's Weekend opportunities at Alpine Lodge, Thanksgiving events at both lodges, and plenty of opportunities to get out of the routine, meet other like-minded folks, and give back to the club.

We just finished a full calendar of events and actions in October, enjoying what seems like the endless summer of these Northern California days, with fall color hikes, trail running training on Mt. Tam, and an extraordinary Members' Quarterly Meeting where dreams and vistas joined in plans for 2019 adventure. For many members, this time of the year in the mountains offers the best opportunity to revisit memories, make new ones, and connect to the changing seasonal show which is so vivid in our midst. November has a bit more to offer, too, so it's your turn.

Our friends at One Tam continue to supply us with opportunities to serve and enjoy our favorite local mountain. At a recent One Tam event at the Marin Art and Garden Center, some CAC members explored a new pathway to enjoy and serve the mountain. Landscape painting, particularly Mt. Tam painting, has emerged as an engaging means to connect our spirits and interests. Stay tuned for more to surface around mountain landscapes, not just in memory, but on canvases, artists visiting the lodges, and art themes emerging in familiar places. If you have ideas in these realms, we're here to listen ... so let that inner-artist flow for all of us.

The sweet connection CAC members had with our other Mt. Tam resident clubs on the Three-Club Hike in September is already generating activities for the coming holiday season. Stay tuned for more to come of that and other club reciprocities.

If you have thoughts on outings or travel vistas that you might like to co-sponsor with our outings team, they are already booking events for 2019 and need to hear from you. Connections have been made for a western Ireland adventure, Swiss club reciprocity in the Alps and Jura, and other foreign opportunities. You in? See ya on the mountain.

**Jay Gustafson, President**

## WELCOME NEW CAC FOUNDATION BOARD MEMBERS

We are pleased to welcome two new board members to the CAC Foundation. Jodi Ravel and Roger Funston bring the experience and expertise we need to continue our work and to grow.

### Jodi Ravel

I am excited and honored to become a Board member of the CAC Foundation. When I learned of this opening, I knew it was the perfect opportunity for me—allowing me to apply my professional skills to my personal passions and interests. I have worked in the fields of philanthropy and public health for over 20 years, and currently I provide consulting services to nonprofits and foundations working to improve the health and equity of youth, families, and communities around California. Prior to working independently, I worked for Kaiser Permanente's Community Benefit Department, where I managed a portfolio of over \$10 million in grants annually. I have also led projects and managed staff for a variety of policy, research, and public relations agencies.

I have been a CAC member with my husband, Mederick, and our twins, Nathan and Camille (age 11) for a few years now, and we have really enjoyed staying over and attending fun events and weekends at both lodges. We took a small break to spend a year and a half living in France, where the kids attended school, but now we're back in Berkeley, ready and excited to reconnect with the CAC.

### Roger Funston

I retired in 2016 after a 40-year career as an environmental professional. Since retiring, I've been very active with several environmental nonprofits in Nevada County, including Bear Yuba River Land Trust, Wolf Creek Community Alliance, and the Yuba Watershed Institute among others.

I am particularly interested in hands-on citizen science, including conservation easement monitoring, stream and meadow restoration projects, and water quality and vegetation monitoring. I also assist with strategic planning, grant writing, and coaching/mentoring. Because I work with grassroots environmental groups in the Sierras, I understand how important it is for these groups to get funding to continue their good work. This is why I decided to join the CAC Foundation Board.

I joined CAC about a year and a half ago. I was introduced to CAC by Mary Cahill, who headed up a Nevada County walking group at that time. I stay at both Echo Lodge and Alpine Lodge several times a year to hike. My wife Diane and I live Marysville. We have three adult sons. I am an avid hiker and nature photographer. I'm also a dog walker at a local animal shelter and a published poet.

**Arlin Weinberger, CACF President**



## BOARD OF DIRECTORS AND QUARTERLY MEMBERS' MEETINGS

If you have any questions or wish to have an item on the agenda, contact **Jay Gustafson** at [jaygustafson@yahoo.com](mailto:jaygustafson@yahoo.com) or call 415-381-7261. Members are welcome at Board meetings.

### Jay Gustafson, CAC President

Nov 17 Board of Directors Meeting @ Alpine 2-3 pm  
Jan 26 Quarterly Members Meeting @ Alpine 1-2pm  
Board of Directors Meeting @ Alpine 2-3pm

Meetings are important, hikes are fun. Leadership rarely misses the chance to get a hike in before or after meetings. C'mon and join in. Discussions happen on hikes and you're invited!

\*All meetings are at Alpine and occur on Saturdays. The January and July Member meetings may be combined with a meal welcoming new members.

## TRAILS NEWSLETTER ALERT

Please email articles for the December/January issue to **Nichole Freeling**: [nicole.rebecca22@gmail.com](mailto:nicole.rebecca22@gmail.com) or 415-577-9282. Nichole should receive the articles no later than November 5.

The February 2019 issue will be edited by **Helena Troy**: [hmtroy@aol.com](mailto:hmtroy@aol.com) or 415-492-9576. Helena should receive articles no later than January 5, 2019.

## PROPOSED BY-LAWS CHANGE

The Board, at its July 21, 2018, meeting, approved consideration of changing our by-laws to allow **up to** seven trustees at each lodge. Current language requires five trustees. **Trustee chairs** at Alpine Lodge and Echo Lodge (**Tom Coleman** and **Cindy Toran**) support the language change.

### Existing language:

#### **Article VI - Lodge Trustees Section 1 - Number of Trustees**

There shall be five Trustees to manage Alpine Lodge and five Trustees to manage Echo Summit Lodge. Should the Club acquire any other lodges, five Trustees shall manage each.

### Proposed language:

#### **Article VI - Lodge Trustees Section 1 - Number of Trustees**

There shall be **a minimum of** five Trustees **and a maximum of seven Trustees** to manage Alpine Lodge and **a minimum of** five Trustees **and a maximum of seven Trustees** to manage Echo Summit Lodge. Should the Club acquire any other lodges, **the same minimum and maximums apply**. Trustees shall manage each lodge.

The change does not require additional trustees be added.

A vote by a quorum of 30 of our members is required to change our by-laws. Voting will occur at the membership meeting on January 26, 2019, which starts at 1pm and is preceded by lunch for members. Please plan to attend for this important vote.

If you have comments about this by-law change, please contact Jim Nixon at [jimnixon2000@yahoo.com](mailto:jimnixon2000@yahoo.com) or any other member of the CAC leadership.

**Jim Nixon, Past President and Former ESL Trustee**



## ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

All Hikes are 2B

Sunday	Start Time	Leader	Phone Number
November 4	9:30 am	Carol Bodtker	415-884-0850
November 11	9:30 am	Margy Eller	415-383-7307
November 18	9:30 am	Mark Sapiro	415-515-8120
November 25	9:30 am	Fred Waldman	415-342-1759
December 2	9:30 am	Robert Freinkel	415-608-7938
December 9	9:30 am	Jerry Freedman (Guest)	415-383-1270
December 16	9:30 am	Marcia Paulson	530-401-8464
December 23	9:30 am	Alana Koch	415-331-7246
December 30	9:30 am	Pat Ernsberger	415-383-3921

Contact Information for Hike Leaders:

Coordinator: Jennie Bruyn at [jennielbruyn@outlook.com](mailto:jennielbruyn@outlook.com)

Support: Lenora Young at [lenora\\_young@me.com](mailto:lenora_young@me.com)

**Note: If a Hike Leader is unable to lead their designated hike, they must find a replacement and notify Jennie Bruyn.**

Different Hikes for Different Types:  
Our Weekly Tradition for Sunday Hiking  
*Rain Cancels All Hikes!*

Our 2B hikes depart from the California Alpine Club at 9:30 a.m. These hikes are 7-10 miles long, with an elevation gain of up to 2,000 ft. When there is no leader specified for a given Sunday, the convened hikers at the CAC will decide upon their own route.

A more informal, slower paced hike – designated as 1A – will depart from the CAC at 9:45 a.m. These hikes are typically 5-6 miles long, with an elevation gain of up to 1,000 ft.

Please remember to bring a light lunch and at least a liter of water. All hikers should have prior hiking experience and be able to maintain a moderate pace (i.e., approximately two miles per hour). The hikes usually finish at the CAC around 2:00 – 3:00 p.m.

**Note:** Hike group safety protocols prevail. If you want to hike in front of the leader, please inform the leader. If given permission, you must stop at any intersection or junction and wait for the group. You must also be within earshot in case the group is held up. If you do not follow these steps, we will no longer consider you part of the group.

If you are interested in leading a 2B hike, please contact Jennie Bruyn at 415-456-1877 or email [jennielbruyn@outlook.com](mailto:jennielbruyn@outlook.com).

If you are interested in leading a 1A hike, please contact Edie Nelson at 831-331-1754.

## ALPINE LODGE SUNDAY INNKEEPERS

Hello fellow Alpine Club Members!

I am the Innkeeping Coordinator (recruiter & scheduler) for the Alpine Lodge Sunday Open House. We are always in need of more volunteers to serve as Sunday innkeepers! Please, would you consider signing up to be the Innkeeper(s) on a Sunday of your choice and selecting one of the dates shown below as OPEN—or any Sunday after that. It is a great way to spend a day at our beautiful Alpine Lodge while at the same time fulfilling a portion of your volunteer responsibilities. You need not be host trained to serve as Innkeeper(s) and I will provide you with a list of brief instructions/suggestions which outline what the Innkeepers traditionally have done. Note that this list is also currently available on our website. Also, if you don't wish to serve alone (you are a new member, for example) consider serving together with another member—why not co-innkeep—and have fun while serving your club!

Please note that the best place to start when considering being an innkeeper is on our website—find an OPEN date there and then contact me. This is because by the time TRAILS comes out, the status of Innkeepers (covered Sundays) may have changed and open dates may have changed. Please call me to reserve a date or provide feedback (916-690-1828) or better yet, e-mail me at [shober@csus.edu](mailto:shober@csus.edu).

Thank You! Happy Trails To You All!

**Jana Shober, Innkeeping Coordinator**

November	4	Nuala Caulfield	December	23	Cindi Whitehead
	11	Alice Lissa Lehmann		30	Nuala Caulfield
	18	Jennie Bruyn	January	6	OPEN
	25	Nuala Caulfield		13	Cindi Whitehead
December	2	OPEN			
	9	Cindi Whitehead			
	16	OPEN			

*Correspondence:* Please address correspondence concerning this publication to: Jay Gustafson 402 A Ash St., Mill Valley, CA 94941.  
CAC Website: <http://californiaalpineclub.org>

CAC Rosters and Privacy Protection

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## ALPINE LODGE WORK PARTY SCHEDULE

Time: 9:00 am to 3:00 pm Lunch will be served. Overnight is possible. Please contact the host to RSVP

December 1	Tom Coleman
January 5	Tom Coleman
February 2	Tom Coleman

# ALPINE LODGE EVENTS AND HOST CALENDAR

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. CHECK THE WEBSITE FOR LATEST UPDATES.

ALPINE LODGE PHONE  
415-380-8250  
OUTGOING LOCAL CALLS ONLY  
NO PAY PHONE

To Schedule an Event: For a private member event or a Club function, please email (preferred method) Donata Mikulik at donatabo@hotmail.com or call 707-591-3129.

## NOV 2-4 FRI-SUN SCRAPBOOK & CRAFT WEEKEND

Wendi Olmstead wendiolmstead@comcast.net  
1444 Sunrise Parkway 707-766-8038 land line  
Petaluma, CA 94954

## NOV 2-4 FRI-SUN HIKERS WEEKEND

Wendi Olmstead wendiolmstead@comcast.net  
1444 Sunrise Parkway 707-766-8038 land line  
Petaluma, CA 94954

## NOV 7 WED 3-8PM PRIVATE EVENT

Jay Gustafson jaygustafson@yahoo.com

## NOV 9-11 FRI-SUN SMALL PRIVATE EVENT

Shirlee Stiles SStiles@srcity.org

## NOV 16-17 FRI 4PM- SAT 3PM HOST TRAINING

Donata Mikulik donatabo@hotmail.com

## NOV 17 SAT 2-3 BOARD MEETING

Jay Gustafson jaygustafson@yahoo.com

## NOV 22 THU THANKSGIVING DINNER

Eva Libien elibien@yahoo.com  
2 Eucalyptus Knoll St. Volunteers needed.  
Mill Valley, CA Hike on 11/23

## DEC 1 SAT 9AM-3PM WORK PARTY

Tom Coleman travmcgee@comcast.net

## DEC 7-9 FRI-SUN CHILDREN'S CHRISTMAS OVERNIGHTS

Donata Mikulik 707-591 3129  
donatabo@hotmail.com

## DEC 8 SAT 1-4PM CHILDREN'S CHRISTMAS PARTY

Mary Frey 415-492-2510  
100 Thorndale Drive, Apt #251  
San Rafael, CA, 94903  
Marymaryhiker@aol.com

## DEC 11 TUES TUESDAY HIKERS PRIVATE LUNCHEON

Lynn MacDonald lynnmac46@gmail.com

## DEC 14-16 FRI-SUN MEMBER OVERNIGHT

Marcia Paulson mpaulson@garlic.com

## DEC 15 SAT CAC HOLIDAY DINNER

Timothy Warden timothyebdas@yahoo.com

## DEC 19 WED WEDNESDAY HIKERS LUNCHEON

Hardy Dawainis hdawainis@comcast.net

## DEC 21 FRI PRIVATE SOLSTICE GATHERING

Jay Gustafson jaygustafson@yahoo.com

## DEC 28-31 FRI-MON HIKERS WEEKEND

Bev Leve and Nancy MacDonald 707 539-2802

hikingbev@gmail.com

macdonan77@hotmail.com

## JAN 1 TUESDAY HIKERS SOUP N SALAD

Amy Pertschuk amy@kpwest.com

## JAN 5 SAT 9-3PM WORK PARTY

Tom Coleman travmcgee@comcast.net

## JAN 18-21 FRI-MON SCRAPBOOK & CRAFT WEEKEND

Wendi Olmstead wendiolmstead@comcast.net

1444 Sunrise Parkway 707-766-8038

Petaluma, CA 94954

## JAN 26 SAT NEW MEMBER HIKE,

LUNCH MEETING; MEMBER MEETING;

BOARD MEETING AND HIKERS WEEKEND

Candy Barnhill wheejeepfun\_cb@aol.com

## FEB 2 SAT 9AM-3PM WORK PARTY

Tom Coleman travmcgee@comcast.net

## MAR 2 SAT 9AM-3PM WORK PARTY

Axel Schmitt azschmitt007@hotmail.com

## MAR 9 SAT 8AM-5PM FRIENDS OF MT. TAM ANNUAL MEETING

Sue Karp suekarp@prodigy.net

## MAR 16 SAT 5PM-9PM ST. PATRICK'S DAY DINNER

Nancy Emerson QEH4@sbcglobal.net

## MAR 29-31 FRI-SUN SCRAPBOOK & CRAFT WEEKEND

Wendi Olmstead wendiolmstead@comcast.net

1444 Sunrise Parkway 707-766-8038 land line

Petaluma, CA 94954

A few Alpine Lodge reminders; direct any questions to Alpine Trustees or come to the Nov 16-17 Host Training to learn more:

- Be sure to check the thermostat is off before departing.
- Be sure to lock all doors upon departure, especially the South door.
- Do not block the North driveway AT ANY TIME. A 12-foot clearance is required to allow neighbor and emergency access.
- Saturday overnight guests do not have a checkout time—they are welcome to enjoy the lodge all day Sunday.
- Unplugging the coffee pot is not necessary and it can be left just as at Echo Lodge (it takes at least 20 minutes to heat up).
- Dishes should be put away, not left to dry after departure.
- The laundry bag has been replaced by a laundry basket under the microwave counter.
- Basement key is on a hook in the pantry.
- Please continue to email any shopping or work party tasks to the scheduler donatabo@hotmail.com.
- Members can pay for their guests and not have the associate dues for overnights; teens age 12-18 can be charged at half price for youth-oriented club events upon arrangement with the scheduler.
- Make all check payments to 'ALPINE LODGE.' All payments should be sent to Donata Mikulik 2037 W. Hearn Ave., Santa Rosa, CA 95407.
- Alpine Lodge is looking for volunteers to support lodge improvements and work parties. Email Donata Mikulik at donatabo@hotmail.com if you are interested.

## NEW YEAR'S DAY HIKERS' SOUP & SALAD

Start the new year off right with the fun Hikers' Soup & Salad event on January 1, 2019. We will start at 9:30am with a hike to the top of Mount Tam (East Peak) where we will celebrate. Then we return to the CAC Lodge for Happy Hour followed by soup & salad at 3:30pm. The cost is \$10 for members and \$12 for guests. Volunteers are needed to help set up the tables and to clean up afterwards. For reservations email **Amy Pertschuk** at amy@kpwest.com or call 415-686-5990. Please send your check to Amy Pertschuk at 45 Plymouth Ave. Mill Valley CA 94941.

**Amy Pertschuk, Event Coordinator**

## INTO THE GREAT OUTDOORS

Here are the upcoming confirmed trips and hikes. Please refer to the *Into the Great Outdoors* e-bulletin that will be sent on or around November 15 for sign-up information and outings in the works.

**SATURDAY SORTIE Nov. 17: Ernie Castiaux** will lead a 2B hike through the trails and paths of San Francisco's Presidio Park. More information can be found in the Outings e-bulletin and on Meetup.com/CAC-outings.

**Dec 2:** Join **Renée Hamilton** for a day trip to **Natural Bridges State Park** in Santa Cruz during the peak season of the monarch butterflies. The day begins with a docent-led tour at 11:00 a.m. to learn about the life cycle of these amazing and beautiful insects. After a potluck picnic lunch, continue to the nearby tide pools that promise to be teeming with life around the 1:04 p.m. low tide. Look for more information in the Outings e-bulletin.

**Dec 8-9:** Christmas in the Adobes (of Monterey). Return to the days of Alta California and see Monterey's historic adobes splendidly decorated for the season with welcoming, candle-lit luminarias at each entrance. Enjoy festive music, living history portrayals, and the warm spirit of this year's 34th annual celebration. Cost is \$50.00 and will cover the Adobes tour ticket, happy hour on the 8th and a sack lunch on the 9th. A group motel rate has been secured and you will be provided information so you can make reservations individually. For information contact **Rani Devadasan** at putri0525@aol.com or 415-497-5568. To reserve a spot, please send a deposit of \$50 to Rani Devadasan, 1225 Denlyn St., Novato CA 94947.

**Jan 18-20, 2019:** Join **Mary Cahill** for a very special weekend in Nevada City during the Wild & Scenic Film Festival. Experience the adrenaline of adventures films from around the world and learn how individuals and communities are taking action. The Wild & Scenic Film Festival will leave you feeling inspired and motivated to make a difference in your community and your world. We have blocked five rooms at the Grass Valley Courtyard Suites at a special rate of \$140 plus tax, which includes breakfast and an evening reception. Mary and friends will organize a series of hikes and walks to add to your experience during this wonderful weekend. Learn more about the film festival and secure tickets at [www.wildandscenicfilmfestival.org](http://www.wildandscenicfilmfestival.org). For more information, contact Mary Cahill at 530-798-9601 or [a\\_childs\\_view@yahoo.com](mailto:a_childs_view@yahoo.com).

**Mar 27-31:** Join **Mary Larkin-Berlinski** for four nights of car camping and exploring the mystifying and eerily beautiful landscapes of Death Valley. There will be daily hikes and sightseeing, with breakfast and dinner in camp and packed lunches each day. The cost is \$100/person, which includes meals and campsite. Vehicle entry fee to the park is \$20-30/vehicle. There is an optional Tecopa Hot Springs Resort add-on Sunday night with approximate cost of \$75-\$100/person. To reserve your space for the first four nights, please send a \$50 deposit to Mary Larkin-Berlinski, PO Box 776, Moss Landing, CA 95039. For further information, contact Mary at: [mlarkin804@sbcglobal.net](mailto:mlarkin804@sbcglobal.net) or 831-345-6963

**May 17-20:** Join **Renee Hamilton** for three nights in the fully restored light keepers' homes at Point Cabrillo Light Station near Mendocino. There is something for everyone on this outing: trails, beaches, waterfalls, Mendocino and Fort Bragg nearby, and a wonderful sunroom for reading and watching the coast. We'll come together each evening to dine, share stories of our day's activities and enjoy the warm CAC camaraderie we know and love. The cost for lodging is \$120/night/room (queen bed) and all three nights must be booked. Meals (3B/3L/2D plus happy hour snacks) are included at \$50/person. To reserve your room and space(s) for this unique event, please send a deposit of \$150 to Renee Hamilton, 1 McIntosh Court, Novato, CA 94949. Deposits, less a \$15 cancellation fee, are refundable until April 1, 2019. Final payment is due April 1, 2019, and is non-refundable unless your place can be filled. PayPal ([rdmhamilton@gmail.com](mailto:rdmhamilton@gmail.com)) is also accepted for payment. For further information, contact Renee at 415-686-3966, or [rdmhamilton@gmail.com](mailto:rdmhamilton@gmail.com).

**Aug 18-23:** **Mary Larkin-Berlinski** will lead our annual mule-pack trip, this time to Piute Lake in the John Muir Wilderness. The cost is estimated to be \$400, which includes the wilderness permit, mule outfitters to carry our gear out and back, and all meals including Sunday night prior to meeting the outfitters Monday morning. Group size is limited to 15. For more information, contact Mary at [mlarkin804@sbcglobal.net](mailto:mlarkin804@sbcglobal.net) or 831-345-6963.

**Sep 8-13: NEW!** Get ready to soak up the beauty of the famed Willamette River Water Trail on a four-day canoe trip through forests, meadows and parks. This trip, organized by **Mary Larkin-Berlinski** and **Bob (Dr. Outdoors) Hanson**, is in the very early stages of development, but is estimated to cost \$225/person not including transportation to Oregon or lodging before and after the canoe trip. Stay tuned for more details as they develop.

For more information about the Saturday Sorties and new trips in the works, be sure to take a look at the Outings e-bulletin that arrives in your email in-box on or around the 15<sup>th</sup> of each month. See you on the trail!

**Renée Hamilton, Outings Committee Co-Chair** ([rdmhamilton@gmail.com](mailto:rdmhamilton@gmail.com); 415-686-3966)  
**Ernie Castiaux, Outings Committee Co-Chair** ([ecastiaux@hotmail.com](mailto:ecastiaux@hotmail.com); 510-909-3301)

# ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Contact: **Cindy Toran** 707-321-3262 up to 9pm or email [cktoran@gmail.com](mailto:cktoran@gmail.com). Echo Lodge Telephone: 530-659-7274

Echo Summit Lodge has a fresh supply of firewood in the basement to keep our lodge toasty warm; snow shovels are ready for action and all was spiffed by our awesome group of CAC volunteers at the Fall Work Party! We have Hosts, trained and ready to take your reservations; contact them while they still have room available and enjoy winter in the Sierra Nevada! Let there be snow!

**Winter/Spring Hosts:** There are still a few prime February weekends and plenty of mid-week open time on the Echo calendar, marked as Available for Trained Hosts in the schedule below. Note: We especially need hosts for the **New Year's holiday**. Hosted Events are first priority but Private Events are also available mid-week Jan-Mar and any days Apr-Jun. Send an e-mail to let me know your preferred times. I will do my best to accommodate your requests.

Sincerely, Cindy

The next Echo Lodge Trustees' Meeting: Wednesday, December 12 at 5pm, by teleconference. Contact Cindy if you would like to attend.

## ECHO LODGE FALL/WINTER SCHEDULE

<b>NOV 1-8 THURS-THURS</b> John Watanabe <a href="mailto:johnswatanabe@gmail.com">johnswatanabe@gmail.com</a>	<b>PRIVATE EVENT</b> 707-815-6390	<b>JAN 3-6 THURS-SUN</b> Sylvie Langbehn Shawn 4626 Geranium Place, Oakland, CA 94619 <a href="mailto:slangbehn@gmail.com">slangbehn@gmail.com</a>	<b>HOSTED EVENT</b> 707-756-2638	<b>FEB 22-MAR 1</b> <b>(INCLUDES A WEEKEND)</b>	<b>AVAILABLE FOR TRAINED HOSTS</b>
<b>NOV 8-11 THURS-SUN</b> Lynn Garric & Cindy Toran <a href="mailto:cktoran@gmail.com">cktoran@gmail.com</a>	<b>PRIVATE EVENT</b> 707-321-3262	<b>JAN 13-17 SUN-THURS</b>	<b>AVAILABLE FOR TRAINED HOSTS</b>	<b>MAR 1-3 FRI-SUN</b>	<b>MUSIC ON THE MOUNTAIN</b> 916-873-6253 Hunter & Lori Merritt 1217 El Encanto Way, Sacramento, CA 95831 <a href="mailto:merritt.hunter@gmail.com">merritt.hunter@gmail.com</a>
<b>NOV 11-21</b>	<b>AVAILABLE FOR TRAINED HOSTS</b>	<b>JAN 17-21 THURS-MON</b>	<b>SERIOUS SKI/ SNOWBOARD WKND</b>	Come up to Echo Friday or Saturday to sing and play music and enjoy the company of members and friends! Bring an instrument if you have one or borrow a guitar and sing a tune with us! Coop meals (Hosts will buy food, expect cooks to step up for prep) and kids are welcome. CAUTION: it may be noisy!	
<b>NOV 21-25 WED-SUN</b> Tim Seeley & Lynn Zachreson 11855 Butte Creek Island Rd, Chico, CA 95928 <a href="mailto:seeley@sonic.net">seeley@sonic.net</a>	<b>THANKSGIVING</b> 707-486-8288	Jay Gosuico, Mark Cooper & Jay Gustafson 3028 Handel Way, Sacramento, CA 95826 <a href="mailto:outsidejay@gmail.com">outsidejay@gmail.com</a>	916-710-3390	<b>MAR 3-7 SUN-THURS</b>	<b>AVAILABLE FOR TRAINED HOSTS</b>
<b>NOV 25-30</b>	<b>AVAILABLE FOR TRAINED HOSTS</b>	<b>JAN 21-23 MON-WED</b>	<b>AVAILABLE FOR TRAINED HOSTS</b>	<b>MAR 7-11 THURS-MON</b>	<b>SERIOUS SKI/ SNOWBOARD WKND</b>
<b>NOV 30-DEC 2 FRI-SUN</b> Jim Louchis <a href="mailto:jlouchis@sbcglobal.net">jlouchis@sbcglobal.net</a>	<b>PRIVATE EVENT</b> 925-787-8201	Mary Larkin-Berlinski P.O. Box 776, Moss Landing, CA 95039 <a href="mailto:mlarkin804@sbcglobal.net">mlarkin804@sbcglobal.net</a>	831-345-6963	Jay Gosuico, Mark Cooper & Jay Gustafson 3028 Handel Way, Sacramento, CA 95826 <a href="mailto:outsidejay@gmail.com">outsidejay@gmail.com</a>	916-710-3390
<b>DEC 2-14</b>	<b>AVAILABLE FOR TRAINED HOSTS</b>	<b>JAN 27-FEB 3</b> <b>(INCLUDES A WEEKEND)</b>	<b>AVAILABLE FOR TRAINED HOSTS</b>	<b>MAR 11-13 MON-WED</b>	<b>AVAILABLE FOR TRAINED HOSTS</b>
<b>DEC 14-16 FRI-SUN</b> Craig Anderson <a href="mailto:Cranders1@gmail.com">Cranders1@gmail.com</a>	<b>PRIVATE EVENT</b> 928-607-3608	<b>FEB 3-7 SUN-THURS</b> Kate Twain <a href="mailto:ktwain@vom.com">ktwain@vom.com</a>	<b>PRIVATE EVENT</b> 707-694-9130	<b>MAR 13-17 WED-SUN</b>	<b>CO-HOSTED WAGNER FAMILY</b>
<b>DEC 16-20</b>	<b>AVAILABLE FOR TRAINED HOSTS</b>	<b>FEB 8-10 FRI-SUN</b>	<b>FAMILY SNOW PLAY WKND</b>	Karen, Jerry, Caspar & Brooke Wagner 2622 Wawona Dr, Santa Rosa, CA 95405 <a href="mailto:oldmawagner@gmail.com">oldmawagner@gmail.com</a>	707-528-8197
<b>DEC 20-24 THURS-MON</b> Richard Thornton 317 Paloma Ave, San Rafael, CA 94901 <a href="mailto:richard@thorntonpartners.us">richard@thorntonpartners.us</a>	<b>HOSTED EVENT</b> 510-918-9001	Craig Anderson 9635 Appalachian Dr, Sacramento, CA 95827 <a href="mailto:Cranders1@gmail.com">Cranders1@gmail.com</a>	928-607-3608	<b>MAR 17-20 SUN-WED</b>	<b>AVAILABLE FOR TRAINED HOSTS</b>
<b>DEC 24-28 MON-FRI</b>	<b>CHRISTMAS CHEER</b>	<b>FEB 10-17</b> <b>(INCLUDES A WEEKEND)</b>	<b>AVAILABLE FOR TRAINED HOSTS</b>	<b>MAR 20-25 WED-MON</b>	<b>FAMILIES SKI WKND</b>
Debe Taylor & Sandy Borden 13705 Retrac Way, Grass Valley, CA 95949 <a href="mailto:debe@kjt.us">debe@kjt.us</a>	530-559-4250	<b>FEB 17-22 SUN-FRI</b> Amy Pertschuk & Chris Krueger 45 Plymouth Ave, Mill Valley, CA 94941 <a href="mailto:amy@kpwest.com">amy@kpwest.com</a>	<b>COOP MEALS</b> 415-686-5990	Donata Mikulik 2037 W. Hearn, Santa Rosa, CA 95407 <a href="mailto:donatabo@hotmail.com">donatabo@hotmail.com</a>	707-591-3129
<b>DEC 28-JAN 3 FRI-THURS</b>	<b>AVAILABLE FOR TRAINED HOSTS</b>	Watch for updates in future issues of Trails!			



## SUCCESSFUL WORK PARTY PREPPED ECHO LODGE FOR WINTER

Let it be known that Echo Summit Lodge is ready for winter! A gathering of volunteers took on the task of making this happen. Not only did we complete a list of the typical things that get done every fall but there's always something else that to try to fit in. This fall was no exception and a lot of extra work was accomplished by a dedicated crew of volunteers.

Trustee **Nick Gregoratos** met **Pat Mascorro**, **Dave Chalk**, and **Steve Humphrey** early to get the work party started by clearing, cleaning, and painting the kitchen. Thanks guys! The rest of our volunteers—**Aimee Reeves**, **Sherry Yasuda**, **Gayle Abbot**, **Tim Seeley**, **Lori Ament**, **Scott Lewis**, **Chris Krueger**, **Kate Twain**, **Vital Schoeb**, **Lyn Zachreson**, **Shelly Navine**, and **Matt Wuischpard**—arrived next ready to get dirty.

Wood was stacked under the lodge and deck boards were replaced. Screen doors were removed and stored, and ducting was installed to move warmer air to the upper floors. All the bedding was taken to a laundromat and thoroughly cleaned. The barbecue/grill enclosure was painted, a few bollards were set in concrete, and emergency lighting was installed in the entryway. Our game shelves, pantries, and sheds were organized. The well house and wire pull boxes were inspected and Reuven's Bench was stored for the winter. Wood bins for both stoves were loaded in anticipation of the cold days that are coming.

I want to extend a special thank you to Tim Seeley for the deck work, and additional thanks to Lynn Z. and Shelly N. for planning and executing a wonderfully nutritious menu that was enjoyed by all!

**Bob Henry, ESL Trustee**



## ECHO LODGE HOST APPRECIATION AND TRAINING

Sunny clear skies met the group for our Fall 2018 Host Appreciation and Training event at Echo Summit Lodge September 14-16. The smoky air from the August wildfires was thankfully gone and there were no worries about early snow with an event scheduled for September rather than our typical November.

This session included **Dorette Franks**, daughter of our famous **Ray Sommer**, a past-President of CAC and treasurer of Echo Lodge for 33 years. Dorette and her husband, **Duane**, have decided to carry on the tradition of hosting following in the footsteps of her father and mother, **Elisabeth**. Similarly, **Caspar Wagner** (along with his wife, **Brooke**) attended the training and plan to ease into the hosting tradition of parents, **Jerry and Karen Wagner**. In addition to hosting, Jerry and Karen have made invaluable contributions in consulting, design, architecture, and graphic art. It is wonderful to have the traditions of Echo Lodge carried on to the next generation!

Trustees **Susette Stickel-Rufer** along with husband, **Mike Noel**, and **Cindy Toran** were the training team that also served as head chefs with help from many eager assistants.

Thanks to all the graduates of the 2018 Fall Host Training & Appreciation: **Dennis & Martha Stewart**, **John & Jana Shober**, **Jim Louchis**, **Duane & Dorette Franks**, **Caspar & Brooke Wagner**, **Dave & Lisa Lampert**, **Dabney Smith**, **Kate Twain**, **Ron Moss**, **Roger Rose**, **Jay Gosuico**, **Feney Matthews**, **Kathleen Nemetz**, and **Elijah Gilfenbaum**

The Spring 2019 Host Training dates have not yet been set and will be published in a future edition of Trails. You too can enjoy this special weekend hosted by Echo Trustees and then move on to giving a special gift to fellow CAC members by hosting a session at Echo Summit Lodge.

**Cindy Toran, ESL Trustee**



*Fall 2018 Echo Lodge Host Training Graduates*



## MEMBERSHIP REPORT SEPTEMBER/OCTOBER

Jaimie Baxter  
San Francisco, CA  
Sponsors: Tom Coleman and Jay Gustafson

Sally Beauford  
Forest Knolls, CA  
Sponsors: Shirlee Stiles and Nancy Bisio

Kathleen Canright  
San Francisco, CA  
Sponsors: Nancy Emerson and Jay Gustafson

Diane Curtis  
Mill Valley, CA  
Sponsors: Jay Gustafson and Jennie Bruyn

Lia and Thayer Heath  
Novato, CA  
Sponsors: Kathy Faherty and Shannon Gomes

Marilyn Straka  
San Francisco, CA  
Sponsors: Gordon Berg and Edie Nelson

Clare Weaver  
San Francisco, CA  
Sponsors: Karen Ulring and Madelyn Misite

**Bev Leve, Membership Chair**

### CHRISTMAS AT ECHO SUMMIT LODGE

We will be hosting a fun family event at Echo Summit Lodge December 24 through December 28. We are hoping for a white Christmas so bring your snowshoes and sleds! We will also set up a Christmas craft table for the kiddos. Feel free to bring your own supplies and favorite craft to add to the festivities.

Meals will be semi co-op. We are asking that the group take responsibility for two dinners and two breakfasts. The hosts will provide the rest. Christmas Eve will feature a soup and bread supper and Christmas dinner will feature turkey. Please bring your favorite side dish to compliment it.

Sign up early as this event tends to fill quickly. Contact Debe at [debe@kjt.us](mailto:debe@kjt.us) to reserve your spot or for questions. Please be advised that Debe does not have a smart phone and there may be a delay in returning your queries.

**Debe Taylor and Sandy Borden,  
Event Coordinators**

## DONATE YOUR VEHICLE TO THE CAC FOUNDATION

Turn over a new leaf this fall and donate your vehicle to the CAC Foundation. We are pleased to announce a new partnership with CarEasy.org, a 15-year-old non-profit that helps over 3,500 non-profits raise money by selling used vehicles and turning the proceeds into donations.

As the season changes, turn over a new leaf with four new wheels. As for your other car, donate it to the CACF where it can give more than just a low trade-in deal. CarEasy.org makes it easy to give with free and convenient pick-up, and matches your generosity with great service from start to finish. Fall in love with those new and safer wheels this autumn season and drive more support for our California Alpine Club Foundation—but be sure to give by December 31, 2018, so you can count it as a 2018 charitable contribution. Call 1-855-500-RIDE or visit [www.careasy.org/nonprofit/california-alpine-club-foundation](http://www.careasy.org/nonprofit/california-alpine-club-foundation). To learn more on how easy it is to donate your vehicle; visit [careasy.org/how-it-works](http://careasy.org/how-it-works) or call **Mary Cosgrove**, CACF board director at 415-381-7261.

**Mary Cosgrove, CACF Board Director**

## CAC FINANCIAL STATEMENTS

The latest summary financial statements for the California Alpine Club are now available on the club web site. This is a comparison of the latest three years' assets, revenue, and expenses. The report is located in the Members section. Choose Members tab then select Club Business and Legal Archives. Scroll down to Finance Committee Documents: Annual Financial Summaries. You will see the reports for fiscal years ending March 31, 2011, to the present (FYE 2018). If you have questions about any of the information in the reports, please contact me by e-mail at [jeffrey.w.grimshaw@gmail.com](mailto:jeffrey.w.grimshaw@gmail.com) or by phone at 707-484-0003.

**Jeff Grimshaw, CAC Treasurer**

## THREE CLUB HIKE A SMASHING SUCCESS!

For the first time in our club's history the three clubs on our beloved mountain—West Point Inn, Nature Friends Tourist Club, and California Alpine Club—gathered with the idea of becoming better acquainted, initially, and in the future perhaps forming alliances for shared-interest events. CAC and West Point Inn members gathered at Alpine Lodge to hike to the Tourist Club, where they enjoyed a tour of the premises followed by snacks and beverages during a question-and-answer period.

Seventy enthusiastic and energized members of the three groups reunited at Alpine Lodge for appetizers and drinks followed by a barbecue of salmon, beef, and vegetarian burgers, along with several salads and dessert. If success of the event were measured in energy, the level at the lodge was in the megawatt range. The rain showers that were predicted dampened some late-arriving guests but not their spirits. They immediately blended into the atmosphere of gusto that permeated the rooms.

CAC members, as hosts, contributed to making the event the success it was. Thanks to **David Levin, Dorsey McTaggart, Ellen Burkhart, Howard Ortman** (hike leader), **Jennie Lu** and her eager-to-help crew, **Joan Walker, Libby Schenkel, Marilyn Straka, Mark Sapiro, Michael Noel, Sandra Finegan, Susette Noel, and Timothy Warden** (chef and organizer).

**Timothy Warden, Event Coordinator**

# TRAILS

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Founded in 1913 - Incorporated in 1936

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## on the TRAILS...

One of our intrepid Sunday hikers managed to capture the isolated beauty of the Pt. Bonita Lighthouse. Known as a secret jewel of the Bay Area, the lighthouse was built in 1855. The structure's purpose was to help captains navigate their ships through the treacherous Golden Gate straights. Today, it is maintained by the U.S. Coast Guard. Many hikers and others visit the area to take in the breathtaking views and the wild landscape (source: National Park Service, 2018).

**Jennie Bruyn, Hike Leader Coordinator**  
**Lenora Young, Support**

*Photo Credit: Mara Vivat*

