



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 94

March 2018

No. 2

ST. PATRICK'S DAY DINNER SATURDAY, MARCH 17, 2018

It's March, and that means it's time for the annual St. Patrick's Day Dinner at the Alpine Lodge! Get your "green on" to join the party on St. Patrick's Day, Saturday, March 17.

This popular annual event will feature a convivial social hour beginning at 5pm, followed by the traditional corned beef with cabbage, carrots and potatoes. If that's not enough, we'll have old-fashioned apple pie for dessert and great musical entertainment. Chef **Tim Warden**, assisted by **Sondra Schwartz**, will be preparing the meal. The special price this year is \$18. Children under 12 are FREE! So families, we hope to see you there!

We're also hosting overnight stays at Alpine Lodge on Friday, March 16 and Saturday, March 17 to make it easy to attend and maybe take a Saturday or Sunday hike. (Thanks to **Nancy Carlisle** and **Steve Virshup** for sharing host duties!)

The party will be a success with your help. We need your appetizer for the social hour, and you can earn your annual volunteer activity credit by helping chef Tim prepare the meal, or help **Steve Quarles** with set-up and clean-up. If you would like to volunteer for any of these activities please contact Steve at steve.quarles@sbcglobal.net.

RSVP for dinner and overnight stay to host **Nancy Emerson** at qeh4@sbcglobal.net or call 415-383-4149. Tell me the number of adults and children attending. Please send a check for the cost of the meal to Nancy at 517 Montford Avenue, Mill Valley, CA 94941 or use my PayPal.me account at [Paypal.me/nemerson474](https://www.paypal.me/nemerson474).

Nancy Emerson, Event Coordinator

ANNUAL AWARDS DINNER SATURDAY, APRIL 28

Volunteerism is one of the core philosophies of our California Alpine Club. Honoring and paying forward this tradition, we are fortunate to have members who tirelessly volunteer countless hours of service which keep Echo Lodge and Alpine Club the serene destination-spots that we all adore.

Save the evening of April 28 to attend the **CAC Annual Awards Dinner** when we gather together to recognize and thank these members who've donated their time and talents on behalf of our lodges and fellow members.

CAC Board meeting begins at 2pm, Members meeting begins 3pm. Commencing approximately, 5pm socialize with friends while enjoying hors d'oeuvres and beverages. Dinner is planned for 6pm, the menu based on delicious recipes selected to celebrate Spring. Presentation of awards is at 7pm.

Cost of the dinner is \$20 for members, \$25 for non-members. Seating is limited to 70 persons so RSVP early to **Candy Barnhill**, 319-631-9110 or Wheejeepfun_cb@aol.com. Overnights are possible for an additional \$21/\$31.

Member's helping hands are what make CAC events a success. Areas your assistance is needed will include donating hors d'oeuvres, room set-up/tear down, limited kitchen and post-event clean up. Please contact Candy to volunteer in one of these areas. Your volunteer minutes are greatly appreciated.

Candy Barnhill, Event Coordinator

A NEW RECORD AT ALPINE

Fifty volunteers for the January work party? Yes! They kept e-mailing me, and I kept telling them OK, figured we'll work it out. Honestly, I thought about giving all these eager volunteers my home address instead of 730 Panoramic Highway; imagine all the put-off chores I could get accomplished!

Instead, I pulled into the parking lot at 7:30 at Alpine, a spectacular sunrise welcoming me. Also welcoming me was **Candy Barnhill**, who had volunteered to cook for all the hungry workers, and for the 18 new members who would join us. Did I mention that there was also a CAC board meeting that afternoon? As the eager workers streamed in through the front door, I realized that the first priority would be to organize the Great Room and prepare tables and chairs for over 70 folks for lunch.

There was the garden group, led by **Valerie Hogan** and **John Mullen**. The 'interior' work crew was ably directed by **Vicki Olds** and **Jim Nixon**; the kitchen sous chefs, with Candy Barnhill and **Aurora Roberts** slicing and dicing. The amount of work accomplished was nothing short

New record continued on page 3

Monthly TRAILS Editor ~ Helena Troy

California Alpine Club - The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Jay Gustafson '18	415-381-7261	jaygustafson@yahoo.com
Vice President	Ann Meneguzzi '19	209-373-9844	tmlann@hotmail.com
Secretary	Dan Larson '19	831-465-9645	dlarson11@gmail.com
Treasurer	Jeff Grimshaw '19	707-484-0003	jeffrey.w.grimshaw@gmail.com
Registrar	Mark Sapiro '18	415-388-8910	mark@msapiro.net
Past President	Jim Nixon	650-756-7771	jimnixon2000@yahoo.com

Board of Directors:

Nancy Emerson '19	415-640-4149	qeh4@sbcglobal.net
Pete Castelli '19	510-525-5225	petecastelli@gmail.com
Candy Barnhill '18	319-631-9110	wheeljeepfun_cb@aol.com
Tim Warden '18	415-453-6595	timothyebdas@yahoo.com
Amy Pertschuk '18	415-686-5990	amy@kpwest.com

Committee Chairpersons:

Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian (Acting)	Bill Mayers	415-785-3516	whmayers@gmail.com
Membership	Bev Leve	707-539-2802	hikingbev@gmail.com
Outings	Ernie Castiaux	510-909-3301	ECastiaux@hotmail.com
	Renee Hamilton	415-686-3966	renee@fallbrook.net
Website	Margy Eller	415-383-7307	margyeller@gmail.com
Parliamentarian	OPEN		
Publications	OPEN		
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Youth Activities	Camille Smith-Balon	831-239-0730	camillecruzfit@gmail.com
Event Committee	Sue Karp	414-927-3221	suekarp@prodigy.net
	Edie Nelson	831-331-1754	edieforsyth@hotmail.com
	Mary Jane McKown	415-383-2774	mjmckown@gmail.com
	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
	Candy Barnhill	319-631-9110	wheeljeepfun_cb@aol.com
	Line Shanks	415-686-1799	lineshanks@comcast.net

Alpine Lodge Trustees:

	Tom Coleman '19	707-992-0650	travmcgee@comcast.net
	Axel Schmitt '20	925-577-0202	azschmitt007@hotmail.com
pro tem	Stephen High '20	916-759-2913	high.stephen@gmail.com
	Donata Mikulik '19	707-591-3129	donatabo@hotmail.com
	Wendi Olmstead '18	707-766-8038	wendiolmstead@comcast.net

Alpine Lodge Support:

Alpine Calendar	Donata Mikulik	707-591-3129	donatabo@hotmail.com
Alpine Treasurer	Michael Vaggione	408-865-1781	michaeljv@pacbell.net
Accommodations Reservations		707-591-3129	donatabo@hotmail.com

Coordinators For Alpine Lodge:

Innkeepers	Jana Shober	916-690-1828	shober@csus.edu
Hike Leaders	Jennie Bruyn	415-456-1877	jennielbruyn@outlook.com
	Lenora Young	310-408-8112	lenora_young@me.com
Hikers Weekend	OPEN		

Echo Summit Lodge Trustees:

Chair	Cindy Toran '19	707-321-3262	cktoran@gmail.com
	Nick Gregoratos '18	415-206-9152	nick.gregoratos@gmail.com
	Mary Larkin-Berlinski '20	831-345-6963	mlarkin804@sbcglobal.net
	Bob Henry '20	707-829-3728	clyde33301@comcast.net
	Richard Thornton '18	510-918-9001	RGThorn@pacbell.net

CAC Foundation Directors:

President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Beryl Kay	415-922-6155	berylkay@berylkay.com
	Mary Cosgrove	415-381-7261	wilddoveis@gmail.com
	Bruce Friend	510-654-4218	bifedf@comcast.net

TRAILS is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Anita Cabrera, Vicki Goldman, Susan Patrick, Heather Rand, Richard Thornton, John Peterson, Helena Troy and Lenora Young.

Contributors this issue: Tom Coleman, Jennie Bruyn, Lenora Young, Jana Shober, Donata Mikulik, Candy Barnhill, Cindy Toran, Renee Hamilton, Bev Leve, Maureen Smith, Vicki Olds, Jim Nixon, Jay Gustafson, Janette Heininger, and Nancy Emerson.

PRESIDENT'S MESSAGE

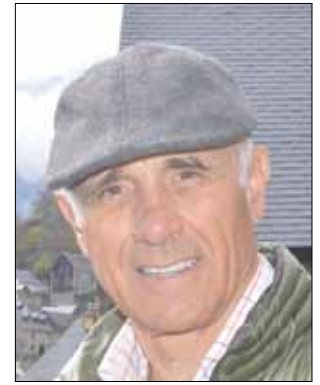
The club was founded in 1913 and became well known for its weekend hiking activities on Mt Tam, the nearest alpine like hiking venue for San Franciscans during those early days. Not long after, focus expanded to summer adventure in the Sierras, with some challenging events for those days, balanced with some service to "summiteers" who were able to make it to the top of certain California peaks and leave their names and signatures in CAC "summit record books in steel boxes." Family demands and lodge life shifted a bit to Sierra skiing, and Echo Summit Lodge was added to the choices. CAC's sense of adventure "tamed" a bit, as our hikers moved along the life pathway, while a mixed and matched array of club offerings became more our profile... meeting the desires of multiple constituencies made up of age groups, solo/ coupled, family orientations (kids and all the joys of their expression and experience on the mountain), and more.

Today the club continues to serve these multiple interest groups. However, it is becoming more difficult to categorize folks as one or the other as our members often fit many such categories, and are proud of it! But what we have been noticing is more emphasis of hiking and adventure in outings, away from the lodge atmosphere and near-by Mt Tam trail selection.

This trend is healthy for our club, as we are finding that members meet other members and friends with whom they had no previous connection, and very often become fast friends for more than just that day or that weekend's event. Whether we return to the California Alpine 'Matrimonial' Club of years past (circa 1920's and 30's; doubtful, non?) or we morph into a club of like-minded folks willing to take the same or even more risk in the outdoors than we thought possible.

So where are you in this? Are you finding new faces and challenges to meet your dreams; have you proposed ideas to the Outing and hiking folks; and have you thought to build an event which we could execute thru Peak Adventures who offer us deep service thru the admin/permits/logistics/execution of outdoor adventure? Summer is nearing, and we have lots of capacity to fill if you ask. There are at least two rafting trips being suggested on the lower sections of the American, there are Saturday Sorties galore available... and Sunday at Alpine and on Tam is always there for ya.

For years we have not done much to celebrate Memorial Day on the mountain. This year your leadership is planning a very special Mt Tam adventure for you, SO PLEASE "SAVE THE DATE" - Monday MAY 28TH... and watch Trails for the announcement. There isn't a member who wouldn't want to be on the mountain that day, given the plans for adventure and contribution... STAY TUNED...



Jay Gustafson, President

MEMBERSHIP REPORT

JANUARY 2018

A change you will appreciate - new member listings will henceforth contain city, state and sponsors of new members in a more efficient use of space. Other information regarding new members can be found in the members only section of the CAC website

Raymond Cooper and Rebecca McDaniel
Springfield, Missouri
Sponsors: Mark Cooper and Wendi Olmstead

Nathan Fisher
Berkeley, CA
Sponsors: Ann Meneguzzi and Garrett Hill

Eric Shawn
Oakland, CA
Sponsors: Sylvie Langbehn and Jim Nixon

Reinstatement

Ian Merritt
Sacramento, CA
Sponsors: Hunter Merritt and Bev Leve

Bev Leve, Membership

New record continued from page 1

of astonishing. The Tam building was cleaned thoroughly, files were boxed up and brought up to the archive room, the basement rug was unceremoniously tossed into the back of my truck; it turns out that the rug was the cause of the noxious odor emanating from down below. We also installed the first piece of equipment for what will be the 'play room', the official CAC Ping-Pong table. With all the pieces that needed be put together, it took 4 people 3 hours to get the table up and running.

Cleanup done, wash up done, delicious lunch appreciated. Heck, there were even a few bottles of Cline Wine donated at lunch time; you'd of thought we were in Paris, not Mill Valley!

And, to top it off, all the volunteers were able to participate with democracy in action, as we sat in on the quarterly CAC board meeting. The Alpine trustees, **Tom Coleman, Donata Mikulik, Wendi Olmstead, Axel Schmitt** and **Stephen High** would like to extend a big Thank You to everyone who took the time and energy to make January 2018's work party the best work party ever!

The work party volunteers were: **Steve Branz, Emily Young, Rita Simmersbach, Hurston Roberts, Aurora Roberts, Ernie Castinaux, Dennis Winslow, Vicki Olds, Valerie Hogan, John Mullen, Lisa and Dave Lampert, Ellen and Paul Kolarik, Gisella Liess, Eliah Gilfenbaum, Robert Adams, Gerry and Patty Montmorency, Lutz Heinrich, Hildegard Wersig, Jonathan Burton, Steve Quarles, Joyce Thomson, Janet Maineri, Pat Goinsberger, Sylvie Langbehn, Eric Shawn, Nancy Carlisle, Steven Vinshup, Nancy Emerson, David and Makiko Wiverman**, and lastly, **Jay Gustafson**. If your name is missing, it's because you didn't sign the roster. If the spelling is mangled, it's because your hand writing is bad!

Tom Coleman, Alpine Trustee.

TRAILS NEWSLETTER ALERT

Please email articles for the April 2018 issue to **Susan Patrick** at susandpatrick@msn.com. Susan should receive articles no later than March 5. The editor for the May issue will be **Anita Cabrera**, aa_cabrera@msn.com.

Board of Directors and Quarterly Membership Meetings

If you have any questions or wish to have an item on the agenda, contact **Jay Gustafson** at jaygustafson@yahoo.com or call 415-381-7261. Members are welcome at Board meetings.

Jay Gustafson, CAC President

March 17	Board of Directors Meeting @ Alpine	2pm-3pm
	Nominations Meeting@ Alpine	1:30pm
April 28	Quarterly Membership Meeting @ Alpine	2pm-3pm
	Board of Directors Meeting @ Alpine	3pm-4pm
	Annual CAC Awards Dinner @ Alpine	6pm-9pm
May 19	Board of Directors Meeting@Alpine	2pm-3pm
June 19	Board of Directors Meeting @ Alpine	2pm-3pm

Meetings are important, hikes are fun ... leadership rarely misses the chance to get a hike in before or after meetings...c'mon and join in... discussions happen on hikes... you're invited!

*All meetings are at Alpine and occur on Saturdays. The January and July Member meeting dates may be combined with a meal welcoming new members.



ALPINE HIKE LEADER SCHEDULE

OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

All Hikes are 2B

Sunday	Start Time	Leader	Phone Number
March 4	9:30 a.m.	Mark Sapiro	415-515-8120
March 11	9:30 a.m.	Carol Bodtker	415-884-0850
March 18	9:30 a.m.	Robert Freinkel	415-608-7938
March 25	9:30 a.m.	Rani Devadasan	415-497-5568
April 1	9:30 am	Jerry Freedman (Guest)	415-383-1270
April 8	9:30 am	Margy Eller	415-383-7307
April 15	9:30 am	Robert Freinkel	415-608-7938
April 22	9:30 am	Lynn MacDonald	510-525-3843
April 29	9:30 am	Tom Dewey	510-381-8188

Contact Information for Hike Leaders:

Coordinator: Jennie Bruyn at jennielbruyn@outlook.com

Support: Lenora Young at lenora_young@me.com

Note: *If a Hike Leader is unable to lead their designated hike, they must find a replacement and notify Jennie Bruyn.*

Different Hikes for Different Types:
Our Weekly Tradition for Sunday Hiking
Rain Cancels All Hikes!

Our 2B hikes depart from the California Alpine Club at 9:30 a.m. These hikes are 7-10 miles long, with an elevation gain of up to 2,000 ft. When there is no leader specified for a given Sunday, the convened hikers at the CAC will decide upon their own route.

A more informal, slower paced hike – designated as 1A – will depart from the CAC at 9:45 a.m. These hikes are typically 5-6 miles long, with an elevation gain of up to 1,000 ft.

Please remember to bring a light lunch and at least a liter of water. All hikers should have prior hiking experience and be able to maintain a moderate pace (i.e., approximately two miles per hour). The hikes usually finish at the CAC around 2:00 – 3:00 p.m.

Note: Hike group safety protocols prevail. If you want to hike in front of the leader, please inform the leader. If given permission, you must stop at any intersection or junction and wait for the group. You must also be within earshot in case the group is held up. If you do not follow these steps, we will no longer consider you part of the group.

If you are interested in leading a 2B hike, please contact Jennie Bruyn at 415-456-1877 or email jennielbruyn@outlook.com

If you are interested in leading a 1A hike, please contact Edie Nelson at 831-331-1754

ALPINE LODGE SUNDAY INNKEEPERS

Volunteers needed. To sign up please contact Jana Shober at 916-690-1828 or shober@csus.edu to sign up.

Jana Shober, Innkeeping Coordinator

March 4	Nancy Bisio
March 11	Cindi Whitehead
March 18	Jana Shober
March 25	Jennie Bruyn
April 1	Ellen Burkhart
April 8	Nancy Emerson
April 15	OPEN
April 22	Candy Barnhill (AM ONLY) Co-Innkeeper and/or PM OPEN
April 29	Candy Barnhill (AM ONLY) Co-Innkeeper and/or PM OPEN

To check out the most current status of Innkeepers, please go to our web page by following the steps below. After you see which Sundays are OPEN- please do call me to volunteer! Thank you for your service to your club!

1. Go to our website, californiaalpineclub.org
2. Go to Members
3. Sign in with your user id and password (if you have not registered or re-registered when we changed to individual usernames and passwords, please do so, it may take a day or two to receive your first password.)
4. Go to Members>Members Community Center & News on the gold menu bar.
5. Go to Quick Links
6. Click on the link to Innkeepers.

ALPINE LODGE WORK PARTY SCHEDULE

Time: 9:00 am to 3:00 pm Lunch will be served.

Overnight is possible. Please contact the host to RSVP

Mar 24	Stephen High	high.stephen@gmail.com
Apr 7	Wendi Olmstead & Axel Schmitt	wendiolmstead@comcast.net azschmitt007@hotmail.com
Apr 26	Jay Gustafson	jaygustafson@yahoo.com
May 5	Axel Schmitt & Stephen High	azschmitt007@hotmail.com high.stephen@gmail.com

Tom Coleman, Alpine Trustee

ALPINE LODGE EVENTS AND HOST CALENDAR

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. CHECK THE WEBSITE FOR LATEST UPDATES.

ALPINE LODGE PHONE
415-380-8250
OUTGOING LOCAL CALLS ONLY
NO PAY PHONE

To Schedule an Event: For a private member event or a Club function, please email (preferred method) Donata Mikulik at donatabo@hotmail.com or call 707-591-3129.

MAR 2-4 FRI-SUN

Wendi Olmstead
144 Sunrise Parkway
wendiolmstead@comcast.net
Petaluma CA 94954

SCRAPBOOK AND CRAFT WEEKEND

707-766-8038

MAR 6-8 TUES-FRI MEMBER OVERNIGHT

Mary Ann Bernard
mary_ann_bernard@hotmail.com

MAR 10 SAT

Sue Karp
suekarp@prodigy.net

FRIENDS OF MT TAM MEETING

415-927-3221

MAR 10-12 SAT-MON

Ann Meneguzzi
ann@cspira.com

CSPRA

(Ca St Park Rangers Association)
209-373-9844

MAR 16-18 FRI-SUN

Jay Gustafson
Jaygustafson@yahoo.com
Host needed.

HIKERS WEEKEND

MAR 17 SAT 2-3PM CAC BOARD MEETING

Jay Gustafson
Jaygustafson@yahoo.com

MAR 17 SAT 5-9PM

Nancy Emerson
qeh4@sbcglobal.net

ST. PATRICK'S DAY DINNER

415-640-4149

MAR 24 SAT 9AM-3PM

Stephen High
high.stephen@gmail.com

WORK PARTY

MAR 24-25 SAT-SUN MEMBER OVERNIGHT

Nancy Carlisle
nancyleecarlisle@gmail.com

MAR 30-APR 1 SAT-SUN

Graham Forder
gifo99@yahoo.com

PRIVATE EVENT

415-827-4748

APR 6-8 FRI-SUN

Jay Gustafson
Jaygustafson@yahoo.com
Host needed.

HIKERS WEEKEND

APR 7 SAT 9AM-3PM

Wendi Olmstead
wendiolmstead@comcast.net
& Axel Schmitt
azschmitt007@hotmail.com

WORK PARTY

APR 13-14 FRI-SAT

Donata Mikulik
donatabo@hotmail.com

HOST TRAINING & APPRECIATION

707 591 3129

APR 18-22 WED-SUN

Candy Barnhill
wheejeepfun_cb@aol.com

SIERRA CLUB CA/NV MEETING

APR 26 THU

Jay Gustafson
Jaygustafson@yahoo.com
Host needed.

WORK PARTY

APR 27-29 FRI-SUN

Jay Gustafson
Jaygustafson@yahoo.com
Host needed.

AWARDS DINNER OVERNIGHTS

APR 28 1-10PM

Jay Gustafson
Jaygustafson@yahoo.com

MEMBER MEETING & AWARDS DINNER

MAY 5 SAT 9AM-3PM

Axel Schmitt
azschmitt007@hotmail.com
& Stephen High
high.stephen@gmail.com

WORK PARTY

MAY 11-13 FRI-SUN

Wendi Olmstead
wendiolmstead@comcast.net
144 Sunrise Parkway
Petaluma CA 94954

SCRAPBOOK AND CRAFT WEEKEND

707-766-8038

MAY 15-17 TUE-THU

Tony Smith
Tbs1932sf@gmail.com

ROSSMOOR HIKERS

650-207-1619

MAY 19 SAT

Hunter Merritt
merritt.hunter@gmail.com

MT. PLAY SHOW, HIKES & OVERNIGHTS

916-873-6253

MAY 24-29 THU-TUE

Craig McKown
craighmckown@mac.com

PRIVATE EVENT

JUN 2-3 SAT-SUN

MaryJane McKown
mjmckown@gmail.com

PRESCHOOL PRIVATE EVENT

JUN 7-10 THU-SUN

Candy Barnhill
wheejeepfun_cb@aol.com

SIERRA CLUB

JUN 13-15 WED-FRI

Candy Barnhill
wheejeepfun_cb@aol.com

SIERRA CLUB

JUN 15-17 FRI-SUN

Candy Barnhill
wheejeepfun_cb@aol.com

HIKERS WEEKEND

JUN 16 SAT 2-3PM

Jay Gustafson
Jaygustafson@yahoo.com

CAC BOARD MEETING

JUN 17 SUN

MaryJane McKown
mjmckown@gmail.com

MT. PLAY PRIVATE DINNER

JUN 20-22 WED-FRI

Lori Parmelee
kayaklp@yahoo.com

PRIVATE EVENT

JUN 23 SAT 9AM-3PM

Donata Mikulik
donatabo@hotmail.com

WORK PARTY

707-591-3129

JUN 24-30 SUN-SUN

Jill McIntire
jillmcin@lmi.net

SIERRA CLUB

Please note: Private events may not be exclusive; club and lodge functions may require overlap. Hosts are responsible for leaving the lodge 'as if the maid just left' and must complete the 'Leave No Trace' checkout list before departing. All events must be scheduled through trustee Donata Mikulik and added to the calendar with host contact information. Please attend all or part of the April host training if current lodge responsibilities are unclear or unfamiliar; all are welcome. Make all Alpine overnight checks written to 'Alpine Lodge.' Alpine lodge is seeking donations of large mugs in like new condition to add color to our kitchen – no chips or cracks please!

INTO THE GREAT OUTDOORS

Below you will find a list of confirmed trips and hikes. Please refer to the Into the Great Outdoors e-bulletin sent on February 15 for sign-up information and trips in the works but not yet confirmed. A new Outings e-bulletin will be sent on or around March 15.

Mar 10: Saturday Sortie – Our March **Saturday Sortie** will take us to Sunol Regional Wilderness at the peak of wildflower season when California poppies, mustard, goldfields and lupines carpet vast areas in yellow, orange and blue. For information and a map to the meeting point, contact **Ernie Castiaux** at ecastiaux@hotmail.com or 510-909-3301.

Mar 23-25: Ernie Castiaux is leading a three-day/two-night car camping & hiking trip to Pinnacles National Park during peak wildflower season. This trip is now full. To join the wait list, contact Ernie at ecastiaux@hotmail.com or 510-909-3301.

May 30-Jun 3: Mary Larkin-Berlinski will host four night/five day car camping at Lassen Volcano National Park. Trip cost is \$100.00 per person and families are welcome. Contact Mary at: mlarkin804@sbcglobal.net or 831-345-6963. To reserve your spot, please send a \$50.00 deposit to Mary Larkin-Berlinski, PO Box 776, Moss Landing, CA 95039.

July 13-15: Renee Hamilton will host a car camping & hiking trip to Kidd Lake and the surrounding area. Your well-behaved dog is welcome to join this adventure. The cost of \$70 includes the campsite and all meals from Friday dinner through Sunday Lunch. To reserve your space, please send full payment of \$70 to Renee Hamilton, 1 McIntosh Court, Novato, CA 94949. Payment is also accepted via PayPal. For more information, contact Renee at 415-686-3966 or rdmhamilton@gmail.com.

Aug 12-17 and Aug 19-24: Both mule pack trips to Green Lake are full. If you wish to join the wait list, please contact Mary Larkin-Berlinski at: mlarkin804@sbcglobal.net or 831-345-6963.

Sep 17-21: Bob “Dr. Outdoors” Hanson will lead a 4-night/5-day canoe exploration of the beautiful Upper Missouri River in Montana. This trip is now full. To join the wait list, please send a \$100.00 deposit to **Renee Hamilton**, 1 McIntosh Court, Novato, CA 94949 (Tel: 415-686-3966). Your check will not be deposited until you are confirmed on the trip.

Sep 28-Oct 2: Point Reyes Outing (PRO) 2018. Vicki Olds and Audrey O’Connor have reserved the entire bunkhouse (sleeps 20) and two 1-bedroom dorm rooms (sleeps 5 ea.) at the fabled Point Reyes Hostel. Costs: Bunkhouse beds are \$40/nt; 1bdm bunks are \$50/nt; add \$5/day for food. Details will be sent to everyone requesting information. **Remember, payment in full is due by June 30** to reserve this very special place. To join the PRO list, please email Vicki at production@studiorflex.com with “PRO 2018” in the subject line.

Dec 8-9: Christmas in the Adobes (of Monterey). Return to the days of Alta California and see Monterey’s historic adobes splendidly decorated for the season with welcoming, candle-lit luminarias at each entrance. Enjoy festive music, living history portrayals, and the warm spirit of this year’s 34th annual celebration. Cost is \$50.00 and will cover the Adobes tour ticket, happy hour on the 8th and a sack lunch on the 9th. A group motel rate has been secured and you will be provided information so you can make reservations individually. For information contact **Rani Devadasan** at putri0525@aol.com or 415-497-5568. To reserve a spot please send a deposit of \$50 to Rani Devadasan, 1225 Denlyn St., Novato CA 94947.

Renee Hamilton & Ernie Castiaux, Outings Committee Co-Chairs

IS LEARNING TO BACKPACK ON YOUR BUCKET LIST?

Have you longed to camp in a wilderness far from roads and noisy vehicles? Did you know your California Alpine Club is adding backpacking to its growing list of outings?

If you’ve never backpacked, but want to join fellow CAC members on a backpacking adventure, the Sierra Club has a course for you. On March 18, 2018, the Backpack Section holds a one-day training class for anyone wanting to learn the basics of backpacking equipment and technique. The class is followed by a weekend backpack trip where students can try out gear and learn in a guided, safe environment. The cost for the course and weekend backpack is \$110.00. For more information, please contact **Ernie Castiaux**: ecastiaux@hotmail.com; 510-909-3301.

Your outings committee is planning a beginner’s backpack trip this summer and there will be more backpack opportunities in the future. This course would be a perfect way to prepare.

Renee Hamilton & Ernie Castiaux, Outings Committee Co-Chairs

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-321-3262 anytime up to 9 PM or e-mail to cktoran@gmail.com. Echo Lodge Telephone: 530-659-7274

Summer/Fall Hosts: I am working on the schedule for Summer and Fall of 2018 (June-Dec). The current schedule through August is listed below. If there are available times that you would like to host, please contact me. Of course, there is plenty of time available in April through mid-June for either hosted or private events.

The next **Echo Lodge Trustees' Meeting:** Wednesday, March 14th, 5 pm, by teleconference. Contact Cindy if you would like to attend.

Sincerely, Cindy

ECHO LODGE WINTER/SPRING SCHEDULE

MAR 2-4 FRI-SUN	FAMILY SNOW WKND COOP MEALS	MAR 29-APR 3 THURS-TUES	HOSTED EVENT	JUN 6-10 WED-SUN	BIRDING & CONSERVATION BENEFIT
Craig Anderson 9635 Appalachian Dr, Sacramento, CA 95827 Cranders1@gmail.com	928-607-3608	Jay Gustafson & Mark Cooper 4024 Ash St, Mill Valley, CA 94941 jaygustafson@yahoo.com	415 381-7261	Karen & Jerry Wagner 2622 Wawona Drive, Santa Rosa, CA 95405 oldmawagner@gmail.com	707-528-8197
MAR 4-6 SUN-TUES	AVAILABLE FOR TRAINED HOSTS	APR 11-15 WED-SUN	PRIVATE EVENT	JUN 17-24 SUN-SUN	SUMMER WILDFLOWER HIKES
		Patty & Chris Dunhill pattyzdunhill@yahoo.com	650-537-7645	Lin Mangiante & Barbara Crocket 424 Hazel Ave, Millbrae, CA 94030 foxtails@pacbell.net	650-697-7403
MAR 6-11 TUES-SUN	WINTER ALPINE RETREAT	MAY 4-6 FRI-SUN	HOST APPRECIATION & TRAINING	JUL 7-14 SAT-SAT	HOSTED EVENT
Mary Larkin-Berlinski P.O. Box 776, Moss Landing, CA 95039 mlarkin804@sbcglobal.net	831-345-6963	Contact: Cindy Toran cktoran@gmail.com	707-321-3262	Kathy & Bill Faherty 36 Cliffwood Pl, Santa Rosa, CA 95409 kfaherty@icloud.com	707-539-7081
MAR 11-15 SUN-THURS	AVAILABLE FOR TRAINED HOSTS	MAY 11-13 FRI-SUN	MOTHERS' DAY WKND-CO-OP MEALS	JUL 16-22 SUN-SUN	SIERRA REFLECTIONS
		Donata Mikulik 2037 W Hearn Ave, Santa Rosa, CA 95407 donatabo@hotmail.com	707-591-3129	Wendy & Geno Wells 3710 Gross Road #21, Santa Cruz, CA 95062 Westwell55@gmail.com	831-462-6505
MAR 15-18 THURS-SUN	HOSTED EVENT	MAY 17-20 THURS-SUN	SPRING WORK & FUN PARTY	JUL 26-29 THURS-SUN	HOSTED EVENT
Karen & Jerry Wagner 2622 Wawona Drive, Santa Rosa, CA 95405 oldmawagner@gmail.com	707-528-8197	Contact: Bob Henry clyde33301@comcast.net	707-829-3728	Lillian Young & Genie/Tim Frye 3650 Sneath Ln, San Bruno, CA 94066 lcyou@sbcglobal.net	650-588-5689
MAR 18-23 SUN-FRI	AVAILABLE FOR TRAINED HOSTS	MAY 24-29 THURS-TUES	MEMORIAL DAY WKND	JUL 29-AUG 3 SUN-FRI	HOSTED EVENT
Donata Mikulik 2037 W. Hearn, Santa Rosa, CA 95407 donatabo@hotmail.com	707 591-3129	Sandra Chapelle 380 Stoddard Way, Auburn, CA 95603 chappellesandra@yahoo.com	530 886-8738	Diane & Bruce Friend & Edie Nelson 6124 Chabot Rd, Oakland, CA 94618 bifedf@comcast.net	510-654-4218

NEW YEAR'S DAY AT CAC

Our New Year's Day celebrations were a smash hit. **Carol Bodtker** led about 30 hikers up to East Peak where the troops were greeted by **Jennie Bruyn** who generously supplied lots of bubbly and treats. People had time to socialize there for about an hour or so before heading back down to the lodge.

Melanie Facen ably managed the donations bar for happy hour. Soon after the hikers returned we had big pots of hot soup ready to serve with salad at 2:30 p.m. This was accompanied by Tim Warden's garlic bread. The soup choices were Navy Bean & Ham (**Tim Warden**); Beef Barley (Jennie Bruyn); Butternut Squash (**Carol Bodtker**); French Onion (**Nicole Roche**); Mexican Chicken (**Maureen Smith**); Vegetarian Minestrone (Maureen Smith). This was followed by cake.

Many thanks to **Tim Warden** and **Karl Baeck** for their very capable help to Maureen in the kitchen. It was the consensus that next year we want to do the same thing. We made a nice sum of money for the club.

Maureen Smith, Event Coordinator



Thirteen Funny Hats enjoyed the 2017 holidays at Echo Summit Lodge, with host Vicki Olds! Caught L to R: Lutz Heinrich, Steve Quarles, Nancy Emerson, Casey Hogan, Jack Hogan, Hildegard Wersig. Not shown: Daniel & Jessica Karbousky, Nancy Carlise, Steve, Bradley & Maya Vishop.

Photo by Vicki Olds

POINT REYES OUTING (PRO) SEPTEMBER 28-OCTOBER 02, 2018

Sign-ups are open for CAC's annual Point Reyes Outing (PRO) 2018! Once again we have reserved the entire Bunkhouse (sleeps 20), as well as TWO 1-bedroom dorm rooms (each sleeps 5), at the bucolic and secluded Pt. Reyes Hostel in the unparalleled beauty of Point Reyes National Seashore park.

September is perfect for CAC group hikes, a Lighthouse picnic excursion, and harvesting fresh mussels out on the north point (optional). Kayak and horseback riding outfits, (reservations recommended), quaint townships, good restaurants, and hundreds of miles of hiking and biking trails around Tomales Bay, beckon.

Make your own lunch and dinners in the communal kitchens. Your CAC co-hosts, **Vicki Olds** and **Audrey O'Connor**, will provide delicious hot food for A.M. breakfast + trail snacks, and Happy Hour hors d'oeuvres (BYOB), Friday afternoon through Tuesday morn. Costs: Bunkhouse beds=\$40/nt; 1BDRM bunks=\$50/nt; add \$5/day for PRO food. Non-members add \$10/day. Reserve an entire 1BDRM for ≥3 nights, get 20% off.

Interested? Join the PRO Notices sign-up list by emailing Vicki at production@studiorflex.com with "PRO 2018" in the subject line. Let us know your party's names+ages and preferred beds and days. First come, first served.

Complete PRO 2018 details will be sent last week of April. Please note that to keep our hostel reservations everyone's payment in-full is due on or before June 30, 2018.

Vicki Olds, CAC Outings Committee

OPPORTUNITIES TO VOLUNTEER ALWAYS AVAILABLE

At its November 2017 meeting, the CAC Board approved three recommendations related to increasing the engagement of members in Club activities. These recommendations are: 1) name a Volunteer Coordinator to focus on matching members with jobs, 2) create an assortment of tools to support volunteer activities, and 3) use the Volunteer Coordinator as a resource for activity leaders.

As the current Volunteer Coordinator, I am beginning a series of surveys and postings to gather the range of needs and developing a number of ways to publicize these needs. At the January Members' Meeting, we displayed more than 20 current openings and asked the members present to look for the opportunity that appeals to them. The openings include one-time activities as well as continuing term positions. The list of current volunteer opportunities is displayed at the Alpine Lodge and is available at the Echo Summit Lodge, will soon be posted on the CAC Website, and in the interim, can be accessed by contacting **Nancy Emerson** at qeh4@sbcglobal.net.

In this issue of Trails, I'd like to highlight three positions that are vital to the Alpine Club. First, a Social Events Committee Chair is needed to work with the Events' Committee to plan and produce recurring and new events. A job description for this position can be located on the website under Members/Volunteer Support/Club Leadership. Second, experienced web content writers and editors are needed to work with the Website committee to manage and refresh the CAC website. A particular and urgent need is someone who can effectively arrange and post photographs of Club events and members. Third, members experienced in construction, electrical installation and plumbing are needed for the major remodeling effort in the Tam Building at the Alpine Lodge.

Members are the lifeblood of our All-Volunteer organization and are welcome in every activity we do, from outdoor adventures to communication and organization to lodge upkeep to social events. All members should be able to find a match with their interests and skills—let's see what best fits YOU!

Nancy Emerson, CAC Volunteer Coordinator

SLATE OF CAC LEADERSHIP CANDIDATES 2018

Below is the Nominating Committee's recommended slate of elected candidates for leadership positions of terms that begin on May 1, 2018. The Nominations Meeting is March 24, 2018, at 1:30pm at Alpine Lodge. **If there are no nominations from the floor, the presented slate of candidates (Bold Italics) will be introduced at the annual meeting April 28, 2018, and will take office May 1, 2018.** Candidates for the vacant seat(s) on the CAC Foundation will be announced at the 1:30 Nominating Meeting.

The Publications Chair and Social Events Coordinator positions are OPEN.

Many thanks to the CAC & CACF Directors and the Committee Chairs who have graciously volunteered to continue.

Nominating Committee: Tim Warden, Donata Mikulik, Jim Nixon, Tom Coleman, and Cindy Toran

CAC Officers

President	Jay Gustafson	2018-2020
Vice President	Ann Meneguzzi	2017-2019
Secretary	Candy Barnhill	2017-2019
Treasurer	Jeff Grimshaw	2017-2019
Registrar	Mark Sapiro	2018-2020
Past President	Jim Nixon	

Board of Directors

2018-2020 Director	Dan Larson
2018-2020 Director	Amy Pertschuk
2018-2020 Director	Tim Warden
2017-2019 Director	Nancy Emerson
2017-2019 Director	Pete Castelli

Alpine Trustees

2016-2019 Chair	Tom Coleman
2018-2021 Trustee	Wendi Olmstead
2016-2019 Trustee	Donata Mikulik
2017-2020 Trustee	Axel Schmitt
2018-2021 Trustee	Stephen High

Echo Trustees

2016-2019 Chair	Cindy Toran
2017-2020 Trustee	Bob Henry
2017-2020 Trustee	Mary Larkin Berlinski
2018-2021 Trustee	Nick Gregoratos
2018-2021 Trustee	Susette Stickel-Rufer

CACF Board Members

President	Arlin Weinberger
Board Member	Beryl Kay
Board Member	Mary Cosgrove
Board Member	Bruce Friend

Jim Nixon – Nominating Committee Chair

California Alpine Club



WEBSITE IS AVAILABLE

<http://californiaalpineclub.org>

397 members registered.

Please REGISTER for our website,
if you have not already done so.

— Website Committee

TRAILS

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on the TRAILS...

Newly recruited CAC Hike Leader, **Bob Harlow**, led the Sunday Hike on December 10. **Janette Heininger** captured the group coming off the Corte Madera trail -- heading back on the Railroad Grade Fire Road.

Jennie Bruyn, Hike Leader Coordinator
Lenora Young, Support



Photo credit: Janette Heininger, December 10, 2017.

Correspondence: Please address correspondence concerning this publication to: Jay Gustafson 402 A Ash St., Mill Valley, CA 94941.

CAC Website: <http://californiaalpineclub.org>

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