



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 90

October 2014

No. 8



Caption

HALLOWEEN PARTY & POTLUCK AT ALPINE LODGE

Costumes are optional. Come and be scary, or come and be scared. (But costumes make it fun.)

Date, Saturday, November 01, 2014, CAC Lodge, 730 Panoramic Hwy., Mill Valley, CA. Time, 3:30pm (Drinks & Hors d'oeuvres), 4:00pm (Potluck, early dinner). Ham, Turkey and Italian Sausages will be on the table. What to Bring, Your favorite, Potluck Dish, for an early dinnertime.

No Host Bar Available, Beer, Wine, Soft Drinks. Or BYOB.

Hike before Party, Hike starts from the Lodge, meeting time, 11:00am. Hike to Muir Woods, return via Camp Eastwood.

Halloween Parties at the old Lodge are always a lot of fun. The more the merrier. Don't miss this year

Cost of event is \$9.00 member, \$10.00 non-member. Send a Check, made out to the host, **Jordan Herrmann**, 3462 Yosemite Ave., El Cerrito, CA 94530. Or Email for RSVP to, herrmann48@comcast.net and pay at the door or call Phone number below and pay at the door. Last minute deciders welcome. Just let me know, even at the last minute, that you are coming; but I hope last minute attendees will help out after the Party.

(To volunteer to help out, call Jordan at, 510-520-9782.)

— **Jordan Herrmann**

OCTOBER FILM FESTIVAL

Come join us for Artisan, Italian-style Margherita pizza, beer and two hours of documentary films Saturday October 11, at 5:30PM.

We'll start the evening with happy-hour appetizers and dine on homemade pizza and salad at 6:00PM. We'll have a variety of beers to choose from or pour you a glass of wine to enjoy with your dinner. Dessert will be served before we begin two hours of documentary films.

The films will consist of independent, documentary selections which will run anywhere from 2 minutes to 40 minutes, covering a variety of surprising topics. A break between films will provide a comfortable time for folks to leave if you're not interested in staying to the end. We'll finish presenting films shortly after 9PM and invite you to make a reservation to spend the night at the lodge, if you choose.

This event is \$15 per person and includes happy-hour delights, pizza, salad, beer or wine, and dessert. There's an additional fee to sleep overnight at the lodge. We'll need a volunteer to help set up the DVD player and be in charge of disc placement throughout the screening.

Please contact **Mary Cahill** at 530 798-9601 if you have any questions. You're requested to send your \$15 per person reservation deposit to ... **Isabel Lenssen**, 77 Bayside Ct. Richmond. CA 94804.

— **Mary Cahill**

Monthly TRAILS Editor ~Richard Thornton

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Jim Nixon	650-756-7771	jimnixon2000@yahoo.com
Vice President	Graham Forder	415-827-4748	gjfo99@yahoo.com
Secretary	Douglas Evans	415-282-0901	devans.sf@gmail.com
Treasurer	Bill Mayers	415-785-3516	whmayers@aol.com
Registrar	Torie Beedle	484-894-5230	registrar.cac@gmail.com

Board of Directors:	Helena Troy	415-492-9576	hmtroy@aol.com,
	Margy Eller	415-383-7307	margyeller@gmail.com
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
Past President	John Hannum	707-525-8108	JRHannum@sbcglobal.net
	Gene Kendrick	510-557-5821	gene.kendrick2013@comcast.net

Committee Chairpersons:

Education	OPEN		
Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian	OPEN		
Membership	Bev Leve	707-539-2802	hikingbev@gmail.com
Outings	Carlos Miranda	916-446-1161	carlosandlori@gmail.com

Parliamentarian

Publications	Susan Patrick	360-943-6439	susandpatrick@msn.com
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Social Activities	Eva Libien	415-383-5184	elibien@yahoo.com
Youth Activities	OPEN		

Alpine Lodge Trustees:

Alpine Chair	Jay Gustafson '16	415-381-7261	jaygustafson@yahoo.com
	Dan Larson '15	831-465-9645	dlarson11@gmail.com
	Russ Toran '17	707-321-3845	toranski@aol.com
	Edie Nelson '17	831-423-5576	edieforsyth@hotmail.com
	OPEN		

Alpine Lodge Support:

Alpine Calendar	Tony Smith	650-207-1619	tbs1932sf@gmail.com
Alpine Treasurer	Michael Vaggione	408-865-1781	michaeljv@pacbell.net
Accommodations	Reservations	415-381-4975	

Coordinators For Alpine Lodge:

Sunday	Jana Shober	916-690-1828	shober@csus.edu
Innkeepers			
Hike Leaders	Pauline MacDonald	415-381-2870	luddite48@comcast.net
Hikers Wkend	Nuala Caulfield	415-922-6772	ntcaulfield@msn.com

Echo Summit Lodge Trustees:

Chair	Cindy Toran '16	707-321-3262	cktoran@gmail.com
	Mary Larkin-Berlinski '17	831-345-6963	mlarkin804@sbcglobal.net
	Kurt Eichstaedt '15	707-591-3391	kurteichstaedt@yahoo.com
	Bob Henry '17	707-829-3728	clyde33301@comcast.net
Treasurer	Diane Ryan '16	707-823-3187	echo.lodge.treasurer@comcast.net

CAC Foundation Directors

CACF

President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Beryl Kay	415-922-6155	berylkay@berylkay.com
	Allen Utterback	831-688-1524	valallen@cruzio.com
	Rose Chen	415-271-3280	rose.chen@gmail.com
	Mary Cosgrove	415-381-7261	wilddoveis@gmail.com

TRAILS is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Jackie Avery, Anita Cabrera, Mae Harms, Susan Patrick, Bob Sturm, Richard Thornton and Helena Troy.

Submission Editors: November 2014: Mae Harms, maeharms@mindspring.com
December 2014: Susan Patrick, susanpatrick@msn.com

Contributors this issue: Jim Nixon, Cindy Toran, Arlin Weinberger, Dan Larson, Pauline McDonald, Jay Gustafson, Bill Mayers, Carrol Pearson, Bev Leve, Tony Smith, Jana Shober, Mae Harms, Edie Nelson, Torie Beedle, Margy Ellen and Bob Hanson.

PRESIDENT'S MESSAGE

Hello Everyone,

HELP!

This will be a short message.



Currently the Board and the Alpine Trustee's each have one open position. The Board has 10 of the possible 11 members. A quorum of six is required to conduct meetings. Currently one member is on maternity leave and another's health makes attending meetings nearly impossible. Add in everyday life events and obtaining a quorum at times becomes difficult. I am telling you this to ask you to please consider volunteering to be on the Board, either in the short term or the longer term. I signed on for a one-year stint and am now in the fourth year. For some, serving as Board Member, Trustee, Committee Member, or all of those of you who do not get your names mentioned often enough, doing this kind of service makes you feel good. For more information or to volunteer, please contact any Board Member or me.

The Alpine Trustees with only four of the five positions filled are in a similar situation in assigning duties. So I ask you to please consider volunteering to be a trustee at Alpine Lodge. If you have any questions contact Jay Gustafson or any of the trustees listed in the box on the left.

In the long term we face a serious situation in which several Alpine trustees might be leaving in May 2015. The box on the left shows when each trustees term ends. That is a little misleading as both Edie Nelson and Russ Toran signed on for one year. Jay Gustafson has indicated the desire to serve on the Board and Dan Larson's term is ending.

Each year the President appoints the Nominating Committee, which I've already done. But if you would like to do your yearly volunteer service on the committee contact me, the committee could always use additional help. This committee finds and recommends to the Board and the membership persons to fill vacant positions. In the case of lodge trustees their three-year terms end on alternating years to allow for experienced trustees to always be on hand. Beginning May 2015 the Board will have two-year terms. If you have any questions about volunteering please contact me.

Thank you

— Jim Nixon, President

MEMBERSHIP REPORT

AUGUST 2014

REINSTATEMENT:

Sally Hernandez
P.O. Box 4834
Petaluma, CA 94955
707 763-8213
Sallyhernandez1891@comcast.net
Sponsors: Hardy Dawainis and Bev Leve

Vivanne Deal
1701 Poppy Court
Petaluma, CA 94954
707 789 0989
Sashadeal10@gmail.com
Two sponsors: Tony Smith and Bev Leve

NEW MEMBERS:

Jeannine Freeman
1936 Northfield Drive
Santa Rosa, CA 95403
415 686-6901
outdoorgirl@fastmail.FM
Sponsors: Helena Troy and Nuala Caulfield

Martha Schraer
4010 Springhill Road
Lafayette, CA 94549
925 299-1762
penandinc@yahoo.com
Sponsors: Edith Wilson and Jannet Schraer

Cathy Luchetti
6120 Lawton
Oakland, CA 94618
510 325-6693
cathyluchetti@gmail.com
Sponsors: Edith Wilson and Jannet Schraer

Vincent and Molly Anibale
389 3rd Street West
Sonoma, CA 95476
707 299-7924
vwanib@gmail.com
Sponsors: Ann Meneguzzi and Jay Gustafson

Heather Rand and Thomas Post
8545 Oakwood Court
Fair Oaks, CA 95628
916 230 6066
hrand@att.net
Sponsors: Tom Coleman and Bruce Friend

Jerry and Dianne Schweickert
2175 Cabernet Way
Livermore, CA 94550
925 373 6813
gjschweickert@gmail.com
Sponsors: Tom Coleman and Gary Pryde

Tom Maher
16142 Sharon Way
Grass Valley, CA 95949
530 273 1676
Til.Maher@hotmail.com
Sponsors: Mary Cahill and Bill Jones

Gwen Fissel
262 Barby Drive
Grass Valley, CA 95945
530 559-2674
glfissel@yahoo.com
Sponsors: Bill Jones and Mary Cahill



— Bev Leve, Membership Chair

BOARD OF DIRECTORS AND QUARTERLY MEMBERSHIP MEETINGS

SATURDAY, OCTOBER 18 —Alpine Lodge
Board Meeting 2pm
Membership Meeting 3pm
(By-Laws to be voted on and dinner to follow)

SATURDAY, NOVEMBER 22 —Alpine Lodge
Board Meeting, 2pm

If you have any questions or wish to have an item on the agenda, contact Jim Nixon at jimnixon2000@yahoo.com or call 650-756-7771. Members are welcome at Board meetings.

— Jim Nixon, CAC President



Correspondence: Please address correspondence concerning this publication to:

Jim Nixon, 50 Seacrest Court, Daly City, CA 94015.

CAC Website: <http://calalpineclub.org>

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from present registrar. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

ALPINE HIKE LEADER SCHEDULE

OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

Sunday October 5	9:30 AM	Rob Freinkel	415-608-7938
Sunday October 12	9:30 AM	Howard Ortman	415-456-5912
Sunday October 19	9:30 AM	Open	
Sunday October 26	9:30 AM	Open	
Sunday November 2	9:30 AM	Eva Libien	415-383-5184
Sunday November 9	9:30 AM	Bill Mayers	415-785-3516
Sunday November 16	9:30 AM	Open	
Sunday November 23	9:30 AM	Open	
Sunday November 30	9:30 AM	Open	

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

IMPORTANT! RAIN CANCELS

ALL SUNDAY 2B HIKES DEPART FROM THE ALPINE CLUB AT 9:30 AM SHARP.
 SUNDAY 2B HIKES ARE 7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN.
 2B
 2B
 2B
 2B
 ALTERNATE LEVELS OF SUNDAY HIKES ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.
 2B
 2B
 2B
 2B
 IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club; however hikes may then reconvene at a trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

ALPINE LODGE SUNDAY INNKEEPERS

2014

October 5	Nuala Caulfield
October 12	Cindi Whitehead
October 19	Patricia Anderson
October 26	Jerold and Ricki Rosenberg

SPECIAL NOTE: At this time all Sundays in November and December are OPEN. We hope to hear from members willing to contribute to the club by enjoying a Sunday at our beautiful lodge. For those who are interested but unsure of what is involved, please contact me and I'll be happy to fill you in and provide our Notes for the Innkeeper. Please call **Jana Shober** at 916-690-1828 or contact by email at shober@csus.edu.

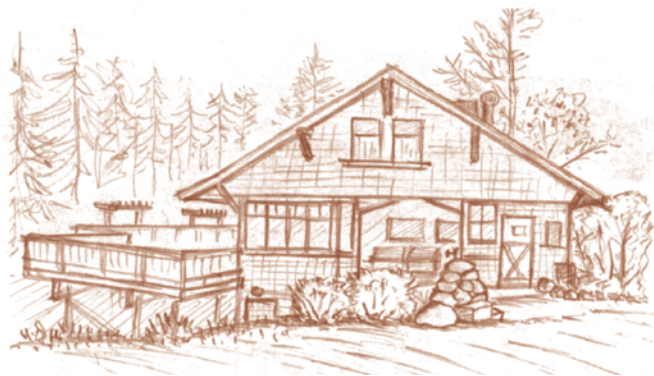
— Jana Shober, Innkeeping Coordinator

ALPINE LODGE WORK PARTY SCHEDULE

Time: 9:00 am to 3:00 pm Lunch will be served.
 Overnight is possible. Please contact the host to RSVP

THURSDAY	October 2	Russ Toran toranski@aol.com
SATURDAY	November 8	Jay Gustafson jaygustafson@yahoo.com

— Dan Larson, Chair Alpine Lodge



ALPINE LODGE EVENTS

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.

ALPINE LODGE PHONE # 415-380-8250
OUTGOING LOCAL CALLS ONLY;
NO PAY PHONE
WIFI NOW AVAILABLE

To Schedule an Event: For a private member event or a Club function, please leave a message with your request, name, email, and phone number at 415-381-4975. A volunteer will contact you and assist you in booking the event.

OCT 2 THU

**WORK PARTY
WITH RUSS TORAN**

707-321-3845

OCT 3-5 FRI-SUN

**BOARD OF DIRECTORS;
PLANNING MEETINGS**

OCT 7-10 TU-FRI

PRIVATE EVENT

OCT 11-12 SAT-SUN

**CLUB EVENT; PIZZA AND
BEER FILM FESTIVAL**

Host Mary Cahill 530-798-9601

A_childs_view@yahoo.com

OCT 12-13 SUN-MON

**OVERNIGHTS,
MARY CAHILL AND FRIENDS**

OCT 17-18 FRI-SAT

**HOST TRAINING,
FALL 2014**

Dan Larson 831-465-9645

dlarson11@gmail.com

in at 5:30 FRI, welcome to stay for SAT events

OCT 18 SAT

**BOARD at 2, QUARTERLY at 3,
OCTOBERFEST dinner**

Jim Nixon 650-756-7771 jimmixon2000@yahoo.com

**OCT 20-22 MON-WED CAC AND ROSSMOOR;
FALL HIKES**

Host Tony Smith tbs1932sf@gmail.com

full with waiting list.

NOV 8 SAT

**4th QUARTER WEEKEND
WORK PARTY**

Jay Gustafson 415-381-7261 jaygustafson@yahoo.com

NOV 14-16 FRI-SUN

PRIVATE EVENT

NOV 14-16 FRI-SUN

PRIVATE EVENT

NOV 22 SAT

BOARD AT 2

NOV 27 THURS

THANKSGIVING PARTY

Host, Eva Libien (415) 383-5184

elibien@yahoo.com

DEC 4 THURS

**WORK PARTY WITH
EDIE NELSON**

(831) 423-5576 edieforsyth@hotmail.com

—Tony Smith, Alpine Events Calendar

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday innkeepers list and the Alpine Hike Leaders list in TRAILS.

ARTICLE TITLE ?

As we met for the September Work Party at the Alpine Lodge the morning was full of fog and wind as only our mountain can produce. With a chill outside, the Lodge was warm with fresh coffee, good energy and friendships both old and new.

Jill McIntire was the first to arrive and got right to checking and filling the salt/pepper shakers then moved on to clean the living room including restocking the firewood and doing the laundry. Nancy Otto came to the Lodge to reorganize our sheet inventory. This was a large and important task as we had lost some of the storage containers and the sheets had become disorganized. **Jill Denney** came to organize the Trustee closet which has recently also become disorganized. Applicant **Jan Loshin** assisted **Edie Nelson** with preparations for our wonderful lunch. **Sally Fredrick** and **Charlene Schmidt** took on the task of cleaning the Social Hall. **Sally Hernandez** went upstairs and cleaned and vacuumed the floors, chasing all of the recent dust bunnies away. Applicant **Patty Montmorency** cleaned all three of our refrigerators and potential members **Tom Dewey** and **Madelyn Misite** got to know the Tam Building by cleaning all the rooms. **Russ Toran** and **Dan Larson** interviewed some contractors for some shower repair work in the Tam Building.

Outside, **Marguerite Murphy** continued her attack on more of the berry brambles while Tom and Madelynn assisted Marguerite cutting back some of the redwood suckers. Last month, Marguerite noticed we were short on mops so, she brought up a new one and donated it to the Lodge. Thank you Marguerite. **Jay Gustafson** got into washing windows as did **Gerry, Jill** and **Charlene**. Applicant **Gerry Montmorency** cleaned our barbeque and the gutters on the deck. Franz Kohout cleaned the deck chairs then Franz and Gerry cleaned the deck.

If you have not attended a work party in a while or perhaps since you joined, please join us soon. Russ Toran will be hosting the next Work Party October 2 and if you are unable to attend the mid-week Work Parties please consider us for the next SATURDAY November 8 Work Party. This is one of four Work Parties we hold on weekends during the year.

— Dan Larson

NOTE FROM THE ALPINE LODGE TRUSTEES.

Host Training October 17th and 18th

In our ongoing effort to make and keep our beautiful Lodge a welcoming place, we ask that all members attend our Host Training who are planning to host an event, book the Lodge for a private event, stay at the Lodge for a period of time or enjoy a spontaneous overnight.

There is still time to join us for our October 17th and 18th Host Training. We will meet on Friday afternoon to share some information about our Lodge followed by a social get together before and after dinner. Please plan to stay overnight as we have an early breakfast on Saturday followed by familiarizing ourselves with the physical infrastructure of the buildings and learning how to plan and execute a successful event. We are usually finished around 3:30 or 4:00pm. The club will provide you with three delicious meals and a copy of our Alpine Lodge Hosting Manual. A donation of \$25 (\$30 per couple) is requested.

For Reservations, please contact: Dan Larson at 831-465-9645 or e-mail: dlarson11@gmail.com or any Alpine Lodge Trustee.

— Author ?



Caption?



Caption?

ARTICLE TITLE ?

On August 15th through the 17th, the California Alpine Club and the Pacific Crest Trail Association held a dual club trail-clearing weekend at Echo Lodge. This is the first time that we have worked together on the PCT since 1996.

Masami Takesue, Gary Pride, Bruce and Diane Friend, and USFS leader **Jon Erickson** (also a CAC member) and I represented CAC. From the Pacific Crest Trail Association we had the great trail-clearing leader Forrest Kelly, Aaron Girard, Diane and Jerry Schweickert, who generously donated \$100.00 to the cause. Also attending were father-son team Jay and Michael Chamberlain, Heather Rand and friend Joanne Queiroz, and Bill Leonard.

Bruce and Diane kindly volunteered for the weekend's kitchen duty and kept us well fed. As many of you know, they are both chefs, and we were glad to have them.

After a detailed safety meeting, and tool explanation session on Saturday morning, we 'trucked' to the Echo Lake parking lot where we split into two groups of 6. Group 1 took the water-taxi, to the pier at the far end of the lake, hiked to Haypress Meadows, and worked back from there to the pier. Group 2 started at the dam end of Echo Lake and toward the taxi-pier. We spent hours clearing the PCT of loose rock AKA 'ankle-snappers', clearing debris from the back side of water bars, and cleaning out upper and lower ends of culverts. We put Mc Clouds, pikes, bush trimmers and rock bars to good use. Over 100 hikers passed us on the trails and thanked us for our work.

The day was sunny, warm but not hot, and a bit of a breeze. All in all, a wonderful day on the PCT.

I had planned on this being the last time I would lead this event. I started at 46 and figured that 64 was a perfect ending. But....after spending the weekend with all these great people doing something we all loved, I reckon I might just be back next August...one more time!

Care to join us?

— Tom Coleman

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone **Cindy Toran** at 707-321-3262 until 7:30pm or email to cktoran@gmail.com.
Echo Lodge Telephone
530-659-7274

Winter Hosts:

We need your help to keep Echo Lodge open for CAC members. Now is the time to plan your Winter/ Spring 2015 host events at Echo Lodge. There IS still plenty of open time on the calendar, marked as Available for Trained Hosts in the schedule below. We especially need hosts for Thanksgiving and the early Christmas holiday season, starting around December 19 through Dec 31. Private Events are also available mid-week Jan-Mar and any days Apr-Jun as well as October 1-December 19th, excluding Thanksgiving week. Give me a call or send an e-mail to let me know your preferred times. I will do my best to accommodate your requests. Also, our next Host Appreciation & Training session is November 7-9. If you need to renew your training, as required every 3 years, or would like to become a trained host, please contact me.

Sincerely, Cindy

For the date of the next Echo Lodge Trustees' Meeting, contact Cindy Toran at 707-321-3262.

Problems or Concerns about Echo Summit Lodge? Contact Cindy Toran at 707-321-3262 or cktoran@gmail.com. Discussions will, of course, be kept confidential.

ECHO LODGE DIRECTIONS:

Echo Summit Lodge is located at the summit of Old Meyers Grade above Lake Tahoe, one mile from U.S. 50 on Johnson Pass Road. To contact someone at the lodge call 530-659-7274.

ECHO SUMMIT LODGE FALL/WINTER SCHEDULE:

OCT 1-16	AVAILABLE FOR TRAINED HOSTS	JAN 23-25 FRI-SUN	HOSTED EVENT
		Tom & Carol Coleman	415-531-4650
OCT 16-19 THURS-SUN	HOSTED EVENT	32 Live Oak Dr, Petaluma, CA 94952	
Lynn Garric	707-756-2639	travmcgee@comcast.net	
5400 Alpine Rd, Santa Rosa, CA 95404			
cransac@sonic.net			
OCT 19-25 SUN-SAT	FALL COLORS HIKES	JAN 25-30 SUN-FRI	AVAILABLE FOR TRAINED HOSTS
Lin Mangiante & Barbara Crockett	650-697-7403		
424 Hazel Ave, Millbrae, CA 94030		JAN 30-FEB 4 FRI-WED	HOSTED EVENT
foxtails@pacbell.net		Mary Larkin-Berlinski	831-325-6215
		P.O. Box 776, Moss Landing, CA 95039	
		mlarkin804@sbcglobal.net	
OCT 31-NOV 2 FRI-SUN	MID-AUTUMN SIERRA RETREAT	FEB 4-8 WED-SUN	HOSTED EVENT
Jay Gustafson & Mary Cosgrove	415-381-7261	Edie Nelson	831-423-5576
4024 Ash St, Mill Valley, CA 94941		140 Archer Dr, Santa Cruz, CA 95060	
jaygustafson@yahoo.com		edieforsyth@hotmail.com	
NOV 7-9 FRI-SUN	HOST APPRECIATION & TRAINING	FEB 8-12 SUN-THURS	AVAILABLE FOR TRAINED HOSTS
Contact: Cindy Toran	707-321-3262		
cktoran@gmail.com		FEB 12-16 THURS-MON	YOUNG FAMILIES SNOWWKND (COOP MEALS)
NOV 14-16 FRI-SUN	PRIVATE EVENT	Joan Ryan & John O'Sullivan	415-564-8507
Lynn Garric & Claudia Zbinden	707-756-2639	2625 23rd Ave, San Francisco, CA 94116	
cransac@sonic.net		joanryan@mac.com	
NOV 21-23 FRI-SUN	PRIVATE EVENT	FEB 16-18 MON-WED	AVAILABLE FOR TRAINED HOSTS
Janis Riccomini & Paul Crockett	408-981-9137		
janisriccomini@comcast.net		FEB 18-22 WED-SUN	COOP MEALS
NOV 26-30 WED-SUN	THANKSGIVING WEEK	Nick Gregoratos & Anita Cabrera	415-206-9152
Host To Be Announced		430 Ellsworth St, San Francisco, CA 94110	
DEC 1-31	AVAILABLE FOR TRAINED HOSTS	aa_cabrera@msn.com	
DEC 31-JAN 4, 2015 WED-SUN	HAPPY NEW YEAR!	FEB 22-27 SUN-FRI	AVAILABLE FOR TRAINED HOSTS
Shelly Navine & Bob Henry	707-829-3728		
1286 Hurlbut Ave, Sebastopol, CA 95472		FEB 27-MAR 4 FRI-WED	HOSTED EVENT
clyde33301@comcast.net		Mary Larkin-Berlinski	831-325-6215
JAN 4-11 SUN-SUN	AVAILABLE FOR TRAINED HOSTS	P.O. Box 776, Moss Landing, CA 95039	
JAN 11-16 SUN-FRI	PRIVATE EVENT	mlarkin804@sbcglobal.net	
Dianna Klemmick	650-520-6183	MAR 4-13	AVAILABLE FOR TRAINED HOSTS
dklemmick@gmail.com			
JAN 16-19 FRI-MON	MLK WEEKEND/COOP MEALS	MAR 13-15 FRI-SUN	HOSTED EVENT
Nick Gregoratos & Anita Cabrera	415-206-9152	Richard Thornton	925-287-0764
430 Ellsworth St, San Francisco, CA 94110		913 Reddington Ct, Walnut Creek, CA 94596	
aa_cabrera@msn.com		RGThorn@pacbell.net	
JAN 19-23 MON-FRI	HOSTED EVENT	MAR 15-20 SUN-FRI	AVAILABLE FOR TRAINED HOSTS
Diane & Bruce Friend	510-654-4218		
6124 Chabot Rd, Oakland, CA 94618		MAR 20-22 FRI-SUN	HOSTED EVENT
bifedf@comcast.net		Tom & Carol Coleman	415-531-4650
		32 Live Oak Dr, Petaluma, CA 94952	
		travmcgee@comcast.net	
		MAR 22-31	AVAILABLE FOR TRAINED HOSTS

*** Watch for updates in future issues of Trails! ***

FWOC CONFERENCE AT ECHO LODGE

On a lovely weekend in late August I had the great honor to join fellow Board Member **Ann Meneguzzi** as representatives of the CAC at the annual Federation of Western Outdoor Clubs (FWOC) conference, held at Echo Lodge. I am embarrassed to say that I didn't know what to expect. It turned out that I was to spend a weekend with many of the great movers and shakers in the environmental movement. To name just two, Joe Fonatine, a former Sierra Club President (1980-1982) was there. Joe and others like him have been fighting for more than 40 years to protect, from logging, forest that by all accounts had been legislatively saved for future generations to enjoy. Michael McCloskey served as Executive Director of the Sierra Club for 16 ½ years, retiring in 1985. During his tenure, he guided the campaigns to save the Grand Canyon and establish Redwoods National Park and North Cascades National Park. During the 1970s, he led the Club's legislative activity—preserving Alaskan lands and eastern wilderness areas, and supporting the new environmental agenda: the Toxic Substances Control Act of 1976, the Clean Air Act amendments, and the Surface Mining Control and Reclamation Act of 1977, passed during the administration of President Jimmy Carter. I could go on and name all the others and their success stories but that would take pages. These others are factors in the reason you and I, have safe open spaces to enjoy. These exceptional people are working tirelessly, in front and behind the scenes without economic reward, preserving or restoring as many natural areas as possible. But they cannot do it without our support. If you think you would enjoy working on the legislative side of protecting the environment please contact me. I am sure the club would appreciate it. Although we might think so, public spaces are not guaranteed. There are forces constantly chipping away, seeking economic rewards without consideration for future generations.

The event concluded with voting on several resolutions. Some resolutions, like the one asking the governors of Oregon and Washington, legislatures, Congress, Forest Service etc. to adopt legislation regulating transport of coal and crude oil through the Columbia River Gorge and other areas, passed with little opposition. Representatives from neighboring states hotly discussed the resolution Opposing Privatization of Public Lands. All resolutions, after amendments, were eventually passed unanimously. One final resolution thanked the Echo Lodge Trustees for providing the Lodge and specifically thanked Trustee Bob Henry and former Trustee Tom Coleman for all their work in preparing the lodge and meals. I was constantly told that the food at this conference was the best they ever had. I was also told how friendly the atmosphere was. Well, if you know Bob and Tom, how could it be anything else?

I recall the words of a favorite Joni Mitchell song from the 70's which in part says They paved paradise and put up a parking lot, with a pink hotel and a swinging hot spot.... took all the trees put them in a tree museum and charged all the people a dollar and a half to see 'um.... Don't it always seem to go that you don't know what you've got till it's gone....

— **Jim Nixon**

ECHO LODGE CHEF'S WEEKEND, NOVEMBER 4-6, 2011

Attention all Foodies!

Our very own celebrity chef, **Cindy Pawlcyn**, owner of Mustards Grill, Cindy's Backstreet Kitchen, and Go Fish has volunteered to teach a weekend long cooking class a Echo Lodge. Cindy will be joined by chef **Darren McDonald**. Cindy's husband, **John Watanabe**, will also be on hand to conduct wine tastings. The class will begin Friday afternoon, November 4th and conclude after breakfast Sunday the 6th. Sessions will be offered on the preparation of hors d'oeuvres, wine tasting and pairing, and dinner fare Friday and Saturday afternoon/evenings. Instruction will also include the preparation of breakfast items Saturday and Sunday. Participants will make their own bag lunches.

This is a fundraiser for the Lodge and the cost will be \$300 per person for those staying in rooms and \$275 for dorms. All instruction, food, wine, and lodging will be included. Of course, in keeping with Echo tradition, everyone will be required to help with meal service and clean up. Participants can expect hands on personal instruction by Cindy, Darren and John since attendance will be limited to 16 people. In addition they will receive an autographed copy of Cindy's cookbook on Appetizers and copies of all the recipes prepared during the classes.

Please join us in the fun and sign up early. We expect this event to sell out soon! If this event is over subscribed, a lottery will be held for all who send a reservation deposit of \$100. CAC members will have priority over non-members.

For further details please contact **Richard Thornton** at 925-287-0764 or richard@thorntonpartners.us.

— Author ?

UPDATE ON CAC BY-LAW CHANGES – PHASE 3

As many of you are aware we are in the process of updating the CAC by-laws through a phased process. At the July Membership Meeting the proposed Phase 2 changes, mainly about redefinition of membership classes, were approved subject to the approval of Resolution 11 by the Board. If you recall, Resolution 11 contains provisions that cover the new member application process.

At the October meeting we will present the final phase (Phase 3) to the membership. Upon its approval the Board will adopt Resolution 11 thereby putting in place the revised by-laws.

Phase 3 is mostly about removing those sections of the existing by-laws that relate to the details of new member applications (those provisions which are now transferred to Resolution 11). In addition there are a number of 'clean-up' changes but nothing, we believe, of any substance.

We will shortly email the details of Phase 3 to members. If you do not have access to email please contact me at 415 827 4748 to receive a copy by US mail.

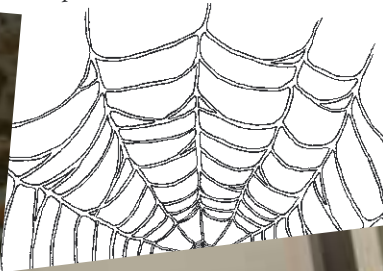
Please let Jim or me know if you have comments or bring your comments to the October meeting.

Thanks

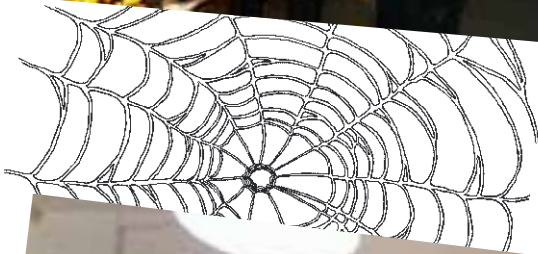
— **Graham Forder, Vice-President**



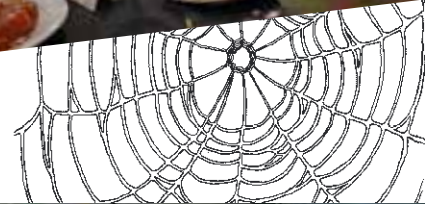
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CHILDREN'S HOLIDAY PARTY ALPINE LODGE Sunday, December 7, 2014

All generations come join us for the Children's Holiday Party, December 7, 2014 from 2 to 5PM.

Tim Cain, a wonderful guitarist and the balloon lady will be there to entertain the children. The Club will provide beverages, ham and rolls. All participants should bring a favorite dish to share.

The cost is \$20 per family for two adults and their children. You are encouraged to invite friend's neighbors, and their children. It is a wonderful way to introduce new families to CAC.

Don't forget to bring a wrapped gift for your child with his or her clearly written on top. Santa will make a special visit to give each child his or her gift.

Sign up with **Mary Frey** by sending her your check. Please state how many children will be attending with your family. Also let Mary know if you can help before or after the party.

Contact Mary by phone or email if you have questions. For reservations, mail your check to her address: Mary Frey, 100 Thorndale Drive, Apt #251, San Rafael, CA, 94903. Phone: 415-492-2510 Email: Marymaryhiker@aol.com

— **Mary Frey, Event Coordinator**

TRAILS

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TRAILS NEWSLETTER ALERT

Please email articles for the **November 2014** issue of TRAILS to editor **Mae Harms** at maeharms@mindspring.com. Mae should receive articles for the October issue no later than September 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **December 2014** issue will be **Susan Patrick** at susandpatrick@msn.com. The editor for the **December/January 2014** issue will be **Susan Patrick** at susandpatrick@msn.com. Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact Susan D. Patrick at susandpatrick@msn.com or 360-943-6439.

— Susan D. Patrick, Publications Chair