



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 92

November 2016

No. 9

THANKSGIVING DINNER OPTIONAL OVERNIGHT AND HIKE NOVEMBER 24

Join us at Alpine Lodge for our traditional Thanksgiving Day gathering. Happy hour begins at 4pm with dinner served at 5pm. Host **Eva Libien** will supply the turkey and gravy; you supply a complementary dish for six people, and a little help with set-up and clean-up. Bring a side dish -- salad, stuffing, sweet potatoes, mashed potatoes, or vegetable (such as brussel sprouts or string beans). Contribute a pie, or if you prefer, hors d'oeuvres.

Friends and family are welcome. BYOB or donate to the Club bar. The cost of dinner is \$15. Make checks payable to Eva Libien, and mail to 2 Eucalyptus Knolls Street, Mill Valley, 94941. Be sure to include a note letting her know what dish you will bring so we don't have too much of one item. For more information, contact Eva at 415-383-5184 or elibien@yahoo.com. The deadline for sign-ups is November 19. Maximum attendance is 35, so it's best to sign-up early.

Please call Eva if you can help in the kitchen or with other tasks. Volunteers will make the dinner a success. Show your gratitude to the Club and step up to help. Pitch in and give this Thanksgiving weekend more meaning.

The optional overnight includes a Friday breakfast and a 9:30am hike. The cost for overnight is \$21 for members, \$31 for guests. Breakfast is \$4. Include these charges in your check if you wish to spend the night.

Eva Libien, Event Coordinator

CHRISTMAS IN THE ADOBES, MONTEREY DECEMBER 9-11

Save the dates! Ruth Tretbar and Tom Swaine are your co-hosts for a special holiday weekend festival (2 days, 1 night) in Monterey to enjoy the 32nd Christmas in the Adobes, an annual CA State Parks sponsored event that benefits the Monterey State Historic Park children's educational programs. Contact **Tom Swaine** at 510-763-4846 or tomswaine@yahoo.com. The Adobes, Monterey 2016.

Ruth Tretbar, Outings Committee

CHILDREN'S HOLIDAY PARTY ALPINE LODGE, DECEMBER 10

All generations are invited to celebrate with us at the Alpine Lodge Children's Holiday Party, December 10, from 2 to 5pm.

Guests will be entertained by guitarist Tim Cain, and adults and children alike may marvel at the creations of the Balloon Lady. We will provide a light fare of beverages, ham and rolls.

All participating families will contribute a favorite dish to the potluck feast.

Invite friends, neighbors and their children, as this is a singular way to introduce new families to CAC. And most important, remember to bring a wrapped gift for your child with his or her name clearly written on the top. Santa will make a special visit to give each child a gift.

The cost is \$20 per family of two adults and children, for reservations made by November 27, \$30 for reservations after November 27. Additional adult guests are \$10 each.

Please let us know how many children and how many adults will be attending with your family. Also, let Mary know if you can help before or after the party.

To reserve a spot, send payment to **Mary Frey**, 100 Thorndale Drive, #251, San Rafael, CA, 94903. For more information, email Marymaryhiker@aol.com or call 415-492-2510.

Ann Meneguzzi and Mary Frey, Event Coordinators



Monthly TRAILS Editor ~ Anita Cabrera

California Alpine Club - The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Jay Gustafson '17	415-381-7261	jaygustafson@yahoo.com
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Secretary	Margy Eller '17	415-383-7307	margyeller@gmail.com
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Registrar	Torie Beedle '17	484-894-5230	registrar.cac@gmail.com
Past President	Jim Nixon '16	650-756-7771	jimnixon2000@yahoo.com

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OPEN		
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Tim Warden '18	415-453-6595	timothyebdas@yahoo.com
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	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
	Jordan Herrmann	510-520-9782	jordanzon82@gmail.com
	Marguerite Murphy	415-595-6891	mcm00@pacbell.net
	Russ Toran	707-321-3845	toranski@aol.com
	Candy Barnhill	319-631-9110	wheejeepfun_cb@aol.com

Alpine Lodge Trustees:

Tom Coleman '16	707-992-0650	travmcgee@comcast.net
Garrett Hill '19	707-792-2013	garrett@x2nsat.com
Carl Duisberg '17	415 388-1175	carlduisberg@hotmail.com
Donata Mikulik '19	707-591-3129	donatabo@hotmail.com
OPEN		

Alpine Lodge Support:

Alpine Calendar	Donata Mikulik	707-591-3129	donatabo@hotmail.com
Alpine Treasurer	Michael Vaggione	408-865-1781	michaeljv@pacbell.net
Accommodations Reservations		707-591-3129	donatabo@hotmail.com

Coordinators For Alpine Lodge:

Innkeepers	Jana Shober	916-690-1828	shober@csus.edu
Hike Leaders	Pauline MacDonald	415-381-2870	luddite48@comcast.net
Hikers Weekend	Nuala Caulfield	415-922-6775	ntcaulfield@msn.com

Echo Summit Lodge Trustees:

Chair	Cindy Toran '19	707-321-3262	cktoran@gmail.com
	Nick Gregoratos '18	415-206-9152	nick.gregoratos@gmail.com
	Mary Larkin-Berlinski '17	831-345-6963	mlarkin804@sbcglobal.net
	Bob Henry '17	707-829-3728	clyde33301@comcast.net
	Richard Thornton '18	510-918-9001	RGThorn@pacbell.net

CAC Foundation Directors:

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	Bruce Friend	510-654-4218	bifedf@comcast.net

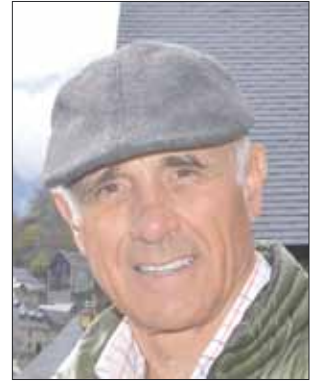
TRAILS is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Anita Cabrera, Susan Patrick, Heather Rand, Richard Thornton and Helena Troy.

Contributors this issue: Candy Barnhill, Julie Batsale, Nuala Caulfield, Tom Coleman, Margy Eller, Mary Frey, Jay Gustafson, Bev Leve, Eva Libien, Anne Meneguzzi, Donata Mikulik, Pauline MacDonald, Jim Nixon, Vicki Olds, Mark Sapiro, Jana Shober, Cindy Toran and Ruth Trebar.

PRESIDENT'S MESSAGE

First rains, first howls of the autumn's winds up on the ridge, and your CAC leadership team and many "jus-regular" members found their way to Alpine for a memorable October quarterly board meeting, and Burgers and Brats dinner after. The outcomes of many of these discussions, generated both in meetings and around a cup of coffee, are to be seen soon.



Notably the subject of volunteerism -- who's to lead and who's to do the administrative part -- came up again and again. New and not-so-new members have come forward asking how they may help. Many began to realize that the fun goes beyond joining a painting crew or cleaning windows at the lodge. We have traditional, calendared social events, hikes and innkeeping, guest hosting, and activity production and support which make our outdoor club able to serve and be served by different levels of member contribution.

To that end, the function of the Registrar's responsibilities will be increased and supported by members, starting with **Candy Barnhill**, who has agreed to work with our roster data file to enhance and identify specific skill sets and volunteer offerings of our members. Your willingness and talents will be furthered identified through member surveys which you may be seeing in following months. From those responses, club activity committees and trustee leadership will be able to more readily reach out to you for specific contributions and involvement. And of course, we have those pioneers who have been giving for decades, and enjoy just being able to show up and savor the contributions of others, as they themselves gave so freely ... and we so invite that, as there is a wisdom transfer which is found no other way for the future of our club.

On other matters arising, the Outings Committee sketched out excursions both foreign and local. The outings team is expanding to manage proposed and committed events, and other opportunities which members bring forward. An enviro-service group is forming to support One Tam, the campaign of the Tamalpais Lands Collaborative. In the coming surveys, you will be asked to suggest efforts we may make to better serve you. This is early notice that we will act on these, but only from your lead. So let the ideas flow; make this club your outdoor adventure and give-back ride!

Jay Gustafson, President

*Happy
Thanksgiving!*

MEMBERSHIP REPORT

SEPTEMBER 2016

Steven Curry 510-376-0028
2339 14th Avenue zcurry@yahoo.com
San Francisco, CA 94116-2518
Sponsors: Tom Coleman and Carol Bodtker

Ken Goltara and Lenora Young 310-463-2533
531 Woodland Road Lenora_Young@me.com
Kentfield, CA 94904
Sponsors: Jennie Bruyn and Rani Devadasan

Steve LaFlamme 650-892-5170
119 Goldrush Court slaflamme@accos.com
Clayton, CA 94517
Sponsors: Jim Nixon and Erika McCulloch

Roger Rose (reinstated) 415-999-1400
252 Larkspur Plaza Drive onemaringuy@gmail.com
Larkspur, CA 94939
Sponsors: Jennie Bruyn and Howard Ortman

Hank and Maria Seeley 707-583-6148
641 B Charles Street
Santa Rosa, CA 95404
Sponsors: Cathy Davis and Tim Seeley

Bev Leve, Membership Chair

Correspondence: Please address correspondence concerning this publication to: Jay Gustafson 4024 Ash St., Mill Valley, CA 94941.

CAC Website: <http://californiaalpineclub.org>

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from present registrar. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

General suggestions or feedback for CAC? Email CAC-feedback@msapiro.net.

Mark Sapiro, Vice President, CAC

California Alpine Club



WEBSITE IS AVAILABLE

<http://californiaalpineclub.org>

337 members registered.

Please REGISTER for our website,
if you have not already done so.

— Website Committee

MONTHLY EDITORS FOR 2016/2017

MONTHLY EDITOR

December/January - Heather Rand
February - Richard Thornton
March - Susan Patrick

ARTICLE DUE DATE

11/10/2016
1/10/17
2/10/17

These are your monthly editors from December through beginning of 2017. Please send your article(s) to the person listed above for the month indicated and send articles by the corresponding due date.

CAC WEBSITE LOGIN CHANGE

We have updated our website (CaliforniaAlpineClub.org) to a more secure login process, giving each member a unique username and password. We have reactivated all members registered for the website. This generated a password that was emailed to the address you registered with, possibly as far back as three years.

If you did not receive a temporary password, it may be that the system has an incorrect or outdated email address. If you have the same email address, you may request a new password at the login (Members' drop-down menu.) If you have changed your email, you may reregister for the website, or forward the new address to margyeller@gmail.com and I can update your registration for you.

I apologize for any inconvenience. Thank you for helping us make our website more secure.

Margy Eller, CAC Board Member

Board of Directors and Quarterly Membership Meetings

If you have any questions or wish to have an item on the agenda, contact **Jay Gustafson** at jaygustafson@yahoo.com or call 415-381-7261. Members are welcome at Board meetings.

Jay Gustafson, CAC President

2016/2017 CAC Board Schedule

November 19		2 pm - Board
December	No Meeting	
January 21, 2017	New Member Luncheon	12:30 pm
		2pm - Board
		3pm - Member

*All meetings are at Alpine and occur on Saturdays
The January and July Member meeting dates
can/will be combined with a meal welcoming new members.

ALPINE HIKE LEADER SCHEDULE

OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

Sunday November 6	9:30 AM	Jenny Bruyn	415-456-1877	2B
Sunday November 13	9:30 AM	Lynn MacDonald	510-525-3843	2B
Sunday November 20	9:30 AM	Jock MacDonald	415-717-0445	2B
Sunday November 27	9:30 AM	Open		2B
Sunday December 4	9:30AM	Rob Freinkel	415-608-7938	2B
Sunday December 11	9:30AM	Open		
Sunday December 18	9:30AM	Mark Sapiro	415-515-8120	2B
Sunday December 25	9:30AM	Open		

Contact Information for hike leaders:

Pauline MacDonald (415) 381-2870 luddite48@comcast.net

Edie Nelson (831) 331-1754

Mayme Harris (415) 924-3819 maymeharris@cs.com

Different Hikes for Different Types:

Our Weekly Tradition for Sunday Hiking

The 2B hikes depart from the Alpine Club at 9:30 am. These hikes are 7–10 miles long and up to 2,000 feet elevation gain. On days shown as leaderless, the hikers will decide on their own route after convening at the Alpine Club.

Informal, slower-paced 1A hikes depart from the Alpine Club at 9:45 am. These hikes are 5–6 miles and up to 1,000 feet elevation gain.

If you are interested in leading a 2B hike shown as open, please email Pauline MacDonald. For information on the 1A hikes call Edie or Mayme.

We suggest bringing a sandwich (or something) for a trailside lunch and a liter of water. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). The hikes usually finish at the Alpine Club around 2:00–2:30 pm.

Note: If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

ALPINE LODGE SUNDAY INNKEEPERS

November 6	OPEN
November 13	OPEN
November 20	Forest and Torie A. Beedle
November 27	OPEN
December 4	Lori and Carlos Sondheim
December 11	Cindi Whitehead
December 18	OPEN
December 25	OPEN

Alpine Lodge needs Sunday innkeepers for November and December. Consider signing up as Innkeeper on a Sunday of your choice, and enjoy an afternoon in a beautiful setting while fulfilling a portion of your volunteer duties. Select one of the open dates listed below - or any Sunday after that. You need not be a trained host to serve as Innkeeper; I will provide you with a list of brief instructions and suggestions which outline what Innkeepers traditionally have done. This list is also currently available on our website. Also, if you don't wish to serve alone (you are a new member for example) consider serving together with another member.

Please note that I update the live link in *Trails* (on the Sundays at Alpine Lodge page) as soon as I fill up an innkeeper slot. When considering spending a day as an innkeeper, find an OPEN date there and then contact me. Call 916-690-1828 to reserve a date or provide feedback. Better yet, e-mail shober@csus.edu.

Thank You. Happy Trails To You All.
Jana Shober, Innkeeping Coordinator

ALPINE LODGE WORK PARTY SCHEDULE

Time: 9:00 am to 3:00 pm Lunch will be served. Overnight is possible. Please contact the host to RSVP

WORK PARTY	HOST	CONTACT INFO
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The next two Alpine work parties are schedule for Saturday, November 19 and Thursday, December 8. The events run from 9am to 3pm and include lunch and a possible overnight. Contact Tom Coleman at travmcgee@comcast to RSVP.

Tom Coleman, Alpine Trustee

CAC CALENDAR OF EVENTS AND VOLUNTEERS

Many of you offer to help with events at Alpine Lodge every year, but we would love to have help from other members and especially new members. Helping with some aspect of an event is a great way to meet people and make new friends. We always have lots of fun. The tasks are divided into groups, so that many hands can make light work.

The chart below shows the major task areas for each event and the number of volunteers needed. If you can volunteer in any capacity for these events, please contact the event host, task leader, or BoD Sponsor by email. You can find contact information for the sponsor/host/task leader in the event description on our website calendar. More detailed task descriptions and templates for managing an event are/will be located on the website. You can sign up to help with an event by going to our website at californiaalpineclub.org MEMBERS>QUICK LINKS. Just double-click on the appropriate cell and enter your name to volunteer. If you have any trouble with the Events spreadsheet, contact Jordan Herrmann at jordanzon82@gmail.com and give him your phone number. See the CAC Box on page 2 for the list of the Event Committee members.

CAC Social Event Calendar Volunteers 2016-17	Nov 24, 2016 Thanksgiving Dinner	Dec 10, Children's Holiday Party	Dec 17, CAC Holiday Party	Dec 25, Christmas Day Dinner TBD	Jan 1, 2017 New Years Day w/Soup and Salad	Jan 21 Qtrly Mtg New Members Luncheon "Fiesta"	Feb ? Annual Super Bowl Party	Mar 18, St. Patrick's Day Dinner	April 30, Awards Dinner 2016 Crew Below	May 28, Memorial Day Potluck	July 4th, BBQ crew from 2016 below
BoD Sponsor	Need	Ann Meneguzzi	Jay Gustafson	NA	N/A	Candy	N/A	Needed	Mark	N/A	Ann Meneguzzi
Event Host(s)	Need Host - Eva & Tony	Mary Frey & Ann Meneguzzi	Eva Libien		Tony Smith		Jock & Pauline MacDonald		Mark	Need Host	Eva Libien
RSVPs/Accounts		Mary Frey	Ruth Tretbar			Candy B			Ruth Tretbar		Eva Libien
*Head Chef		Ann Meneguzzi	Tim Warden			*Tim Warden, Ken J.		Sondra Schwartz	*Tim Warden: Ken J, Need 4 cooks, Need 6 helpers		Tony Smith
Kitchen Helpers		N/A	Carol Bodtker, Martin & Elaine Dengler		Carol Bodtker						
Table Setup & Decoration	Sm pumpkins available for decoration	N/A	Wendy Olmsted			Decorations: Candy B			Need 3	2 volunteers needed	Need 2
Name Tags & Place Cards		Mary Jane				Mary Jane			Need 1	N/A	N/A
*Cleanup Supervisor		Cindi Whitehead	Tony Smith								Tony Smith
Clean Up Helpers		Need 3	Need 4			New Members					
Overnight Host	Tony Smith	Ann Meneguzzi	Tony Smith		Tony Smith	Candy B No breakfast			Tony Smith		Tony Smith 7/3
Other Volunteers			Bar - Melanie						Need 1 app		Jordan - Lead Hike

Abbreviations: O/N = Overnight; B/F = Breakfast; Lun = Lunch; Din = Dinner; Apps = Appetizers; Spon = Sponsor; BoD = Board of Directors; TBD = To be Determined; N/A = Not Applicable; Deco=Decorations; Help = helpers

SABRINA LAKES BASECAMP

We hit the trail at Bishop Pack Outfitters before the sun was high and hiked up to our camp where Ponderosa pines scattered behind a large slab of granite perched 100' above Blue Lake. Our group staked tent sites and set up gear before settling down for the first happy hour of the trip. **Mary Larkin-Berlinsky** provided delicious treats including stuffed dates and we relaxed in our camp chairs, singing, sipping and swapping yarns. The high elevation and rigors of the hike sent some weary campers straight to their tents after dinner and clean-up.

Day two dawned bright and we packed hearty sack lunches, had a french toast breakfast, and got ready to hit the trail. Mary went to try her luck with the fishing pole, **Stefan Berlinsky** made treks to fetch water a quarter mile down the hill, and the rest of us hoofed it up-trail to nearby Donkey Lake. A few brave souls took the cold plunge to feel the joy of swimming in a high mountain lake.

After lunch by a stream that tumbled into small waterfalls and rolled down sloping slabs of dendrite to a tranquil pool, **Tim Warden, Carlos Miranda, Al Utterback**, Stefan and I took off cross country to find Baboon Lake. We never did make it, as the trek involved scaling boulders with great fissures to jump across. Still we had a fine time scrambling around, and trekking through flowery meadows, up small passes and narrow ledges to peer over one rise and another. It is gorgeous country; the high Sierras do not disappoint.

That night, after the peak of the Perseid meteor shower, folks retired to their tents early, all but one promising to rise at 12:45 am to catch the sky again in its splendor. The falling stars came stunning and slow, sometimes leaving long lingering streaks of color, other times bursting fast and sharp. One meteor looked like as a flaming white ball, and fell straight down to the horizon. We had the grandest time lying on our backs on the big granite rock in our sleeping bags under the dome of Sierra sky.

And so the trip went -- more hikes, more swims, Dingleberry Lake, Blue Lake. **Anne Ferrar** and Carlos volunteered as sous chefs for many a meal. Al Utterback and **Val Nelson** were staples at the dishwashing station. We met **Howard Ortman** and his friend on a day hike they took out of Sabrina Lake. **Rick Coates** shared his geology knowledge on each hike. We read poetry and sang some more. **Jean Rodgers** shared a song her grandfather had sung to her about a donkey. **Janet Greene** sang from her great repertoire of songs. Did I mention we ate fresh caught fish (thanks, Mary) each afternoon?

It was a wonderful adventure. Thank you California Alpine Club, for making it happen.

Julie Batsel, CAC Member

ADVENTURES ON THE PACIFIC CREST TRAIL

Members of the Pacific Crest Trail Association, the Tahoe Rim Trail folks, and the hosting California Alpine Club met at Echo Lodge to enjoy a weekend working on the Pacific Crest Trail. Friday evening **John Erickson** and members of the US Forest Service primed attendees on trail safety and avoiding 'trail-tool' accidents.

Jerry and Dianne Schweickert and I provided the meals for Justin Kooyman, Hannah Dunton, Chuck Lubchenko, Wendy Markham, Gordon Wellington, Tara Hansen, Heather McConnell, Barney Hope, Bill Leonard, Jerry Heitzler, Clay Grubb, Dave Schnake, Sherre Fantozzi, Julie Lockett, Chris Bender, Linda Lester, **Roberta Gould, Nathaniel Gould, Dave Henning, Bob Lehmann, Lissa Lehmann, Kristine Koran and Dustin Bell.**

A beautiful Saturday made for an enjoyable trek to Echo Lake, where we split into groups for our varied assignments. Our group's job was to make unofficial portions of the Trail less inviting, and make the true portions more inviting, cutting down on erosion, and helping hikers stay on the trail and not get lost. Another group used generators and drills to split granite to make stairs, and another cleaned up the trail down to the water taxi pier.

That evening, back at the Lodge, the cooks prepared pasta and salad, and brownies with ice cream for dessert. After clean-up, the assembled volunteers engaged in an evening of blister-comparing, laughter, and a glass or two of wine before turning in. After Sunday breakfast served up by Jerry and Dianne, we cleaned the Lodge and bid adieu, having made new friends and leaving with a feeling of satisfaction at having given back to the Trail we love so much.

Next year's trail project will be led by Jerry and Dianne, members of both PCTA and the CAC. Look for a note from Jerry next summer announcing the 2017 trail-clearing weekend at Echo Summit Lodge and sign-up quickly as the spots fill up fast. By then, I will be busy enjoying retirement after 22 years leading these endeavors.

I want to tell you how being a part of this volunteer work has filled me with great joy. Volunteers always gets back so much more than what they put in. Thank you, CAC, for allowing me so many years of fulfillment.

Tom Coleman, Alpine Trustee

OCTOBER COLORS AT ECHO SUMMIT LODGE

Barbara Crockett declared it the most spectacular fall display in her thirty years celebrating October up at Echo Lodge, while an area resident topped that, naming it the most breathtaking in forty years. This year Mother Nature outdid herself. We went on a variety of hikes exploring different areas. Nothing compares to sitting on a rock, overlooking a valley surrounded by quaking aspens and autumn aromas, the silence occasionally broken by birdsong. Heaven.

The challenges of our first few days at the Lodge without gas, and consequently, no means of cooking or showering, became distant memories, triumphs we could bond over and recall as test of our pioneer grit. Thanks to the intrepid Barbara, we had two electric pans on which she produced complete meals. **Jo Wolf** produced nourishing and satisfying breakfasts, as well as our final bills. **Lyn Mangiante** kept track of members coming and going, which was relatively easy compared to the job she had of finding and engaging help with the blocked gas pipe. **Julie and Allan Wofchuck** provided not only entertainment, but an excellent vegetarian meal, assisted by **Susan Head** and **Gayle Abbot**. Many other members, too many to mention, helped make it another successful fall week.

The last two days of steady rain were, we hope, a forecast of things to come. We battened down the hatches and left the Lodge to the skiers.

Nuala Caulfield, Alpine Lodge Coordinator

ALPINE LODGE EVENTS AND HOST CALENDAR

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. CHECK THE WEBSITE FOR LATEST UPDATES.

**ALPINE LODGE PHONE # 415-380-8250
OUTGOING LOCAL CALLS ONLY;
NO PAY PHONE**

To Schedule an Event: For a private member event or a Club function, please email (preferred method) Donata Mikulik at donatabo@hotmail.com or call 707-591-3129.

NOV 4-6 FRI-SUN Wendi Olmstead 144 Sunrise Parkway Petaluma CA 94954 wendiolmstead@comcast.net	SCRAPBOOK AND CRAFT WEEKEND 707-766-8038	DEC 6 TUES Paul McKown paulmckown@gmail.com	TUESDAY HIKERS LUNCHEON 415-383-2774	DEC 28-30 WED-FRI Steve Branz stephen.branz@sjsu.edu	PRIVATE EVENT 650-856-9571
NOV 9 WED Maureen Johnstone Thestone10@comcast.net	TWIN CITIES PRESCHOOL	DEC 8 THU Tom Coleman travmcgee@comcast.net	WORK PARTY/DECORATING	DEC 28 WED Hardy Dawainis hdawainis@comcast.net	PRIVATE EVENT Wednesday Hikers
NOV 11-12 FRI-SAT Donata Mikulik 2037 W. Hearn Ave Santa Rosa CA 95407 donatabo@hotmail.com	ALPINE LODGE HOST TRAINING 707-591-3129	DEC 9 FRI OVERNIGHT Ann Meneguzzi 9151 Fairchild Lane Stockton CA 95215 tmlann@hotmail.com	PARTY PREP AND CLEAN-UP 209-373-9844	JAN 1 SUN Overnight and Hosts Needed jaygustafson@yahoo.com	NEW YEARS DAY SOUP AND SALAD 415-381-7261
NOV 19 SAT 9am-4pm Tom Coleman travmcgee@comcast.net	WORK PARTY	DEC 10 SAT Mary Frey 100 Thorndale Drive San Rafael CA 94903 marymaryhiker@aol.com	CHILDREN'S CHRISTMAS PARTY 415-492-2510	JAN 7 SAT Tom Coleman travmcgee@comcast.net	WORK PARTY
NOV 19 SAT 2pm Jay Gustafson 4024 Ash Street Mill Valley CA 94941 jaygustafson@yahoo.com	BOARD MEETING 415-381-7261	DEC 13 TUES Carol Bodtker cbpostme@gmail.com	PRIVATE LUNCHEON 415-884-0850	JAN 11-13 WED-FRI Bev Leve hikingbev@gmail.com	HIKING THE MOUNTAIN 707 539-2802
NOV 24 THU Eva Libien 2 Eucalyptus Knoll St. Mill Valley, CA 94941 elibien@yahoo.com	THANKSGIVING DINNER, OPTIONAL SLEEPOVER AND HIKE 415-383-5184	DEC 17 SAT Overnight and Hosts Needed jaygustafson@yahoo.com	CAC HOLIDAY PARTY 415-381-7261	JAN 13-15 FRI-SUN Wendi Olmstead 144 Sunrise Parkway Petaluma CA 94954 wendiolmstead@comcast.net	SCRAPBOOK AND CRAFT WEEKEND 707-766-8038
DEC 2-4 FRI-SUN Carlos Miranda carlosandlori@gmail.com	PRIVATE EVENT 916-832-5828	DEC 21 WED Jay Gustafson jaygustafson@yahoo.com	PRIVATE EVENT 415-381-7261	JAN 21 SAT jaygustafson@yahoo.com	BOARD AND LEADERSHIP MEETING 415-381-7261
		DEC 25 Overnight and Hosts needed jaygustafson@yahoo.com	HOLIDAY DINNER 415-381-7261	JAN 25-27 WED-FRI Sewing and Crafting Workshop Mary Jane McKown mjmckown@gmail.com	STITCH'IN FOR KIDS 415-383-2774

TRAIL-CLEARING LEADER TOM COLEMAN RETIRES AFTER 22 YEARS.

After 22 adventure-packed years as trail-clearing leader, **Tom Coleman** is stepping down. Tom spent two summer weekends in the 90s as a volunteer with the Pacific Crest Trail Association, where he met **Bob Hanson**, a member of both the PCTA and CAC. In a PCTA newsletter article, Hanson had invited non-CAC members to trail-clear, the hook being a shower and bed at Echo Lodge, instead of camping on a rock somewhere. Tom fell in love with Echo Lodge as he stepped through the front door and looked out the great room windows at the glorious view below.

Bob invited Tom to join CAC, and the next year Tom led the trail-clearing group, as he would for the next 17 years. After conferring with US Forest Service employee and CAC member **Jon Ericson**, Tom and Jon expanded the trail-clearing experience by inviting not only CAC members, but also those from PCTA and Tahoe Rim Trail (TRT). For the next 3 years, Tom, Jon, and leaders from TRT and PCTA brought members to Echo Lodge. Those volunteers, with their combined years of experience and knowledge, accomplished amazing results on the Trail.

Tom has announced that it's time for someone else to lead this venture. Luckily, we have **Jerry and Dianne Schweichert** who will keep this tradition going. Jerry and Dianne, members of both CAC and PCTA, have participated in the last three trail-clearing weekends. Jerry, a trained Echo host, knows how to organize people, and get 'em fed and a bed.

Thank you, Tom Coleman, for more than two decades of trail-clearing service, and thanks also to Jerry and Dianne for stepping up to keep alive this vital function of CAC and Echo Lodge.

Jim Nixon, CAC Past President

CAC AT BAINBRIDGE ISLAND FOR FWOC 2016 CONFERENCE

A beautiful Puget Sound island near Seattle was the setting for the 2016 Federation of Western Outdoor Clubs (FWOC) Conference, September 16-18. CAC members **Jim Hogan, Dorothy Maurer, Mae Harms,** and **Ann Meneguzzi** joined over 50 attendees from other western state clubs on Bainbridge Island. The Conference theme -- Climate Change, Water Uncertainty, and Resilience through Conservation -- was explored in presentations, seminars, and discussions from Friday evening to Sunday noon. Ann Meneguzzi brought the documentary *Over Troubled Waters* for a scheduled Saturday session, and then led a lively post-film talk about detrimental alterations to natural river flow. The movie showed the history and current troubles facing the San Joaquin-Sacramento Rivers Delta, the largest estuary on the West Coast.

Meeting people from clubs similar to ours was great fun. Attendees share an enjoyment of recreation in outdoor landscapes, and realize that attention is needed to keep our parks and natural areas safe. Islandwood, the site location, provided organic meals with local, sustainable ingredients, and comfortable rooms set in gorgeous, wooded grounds. Conviviality was pervasive at Conference sessions, as well as during meal and relaxation times.

On Sunday morning, FWOC delegates were presented with two submitted resolutions (on public land use, protection, and related topics) for approval or rejection.

Of the more than fifteen proposals submitted in advance of the conference, CAC's resolution on Park Heritage Protection was adopted as submitted, without dissent or amendment. This is the second year in a row that our CAC's proposed resolution has been adopted by the FWOC without opposition.

The CAC, a founding member club in the Federation of Western Outdoor Clubs, has cooperated with other clubs since 1932 to explore, expand, and protect our natural areas

Attending these annual meetings is a vital way to keep up connections with our partners. It's also an opportunity to see and explore beautiful places like Bainbridge Island, while making friends and learning more about what we treasure.

Find out about FWOC at www.federationofwesternoutdoorclubs.org.



Sylvia Milnes, the FWOC officer is in the middle of the photo. L-R: Jim Hogan, Dorothy Maurer, Ann Meneguzzi and Mae Harms with Sylvia Milnes (center).

Ann Meneguzzi, CAC Board Member

SFMOMA MUSEUM TOUR AND LUNCH JANUARY 2017

We will gather for lunch near the Yerba Buena Center for the Arts, then walk over for our private tour of the newly vast San Francisco Museum of Modern Art at 151 3rd Street in San Francisco (www.SFMOMA.org). All Club members and their guests are welcome.

With a minimum of ten, we can secure group discount rates, skip the admission lines, and request a private tour. Discounted ticket prices are \$21 for adults (25-64yrs), \$19 for seniors (65yrs+), \$16 for young adults (19-24yrs), and free for children 18 and under. Admission with a private guided tour is \$35 for adults, \$33 for seniors, \$30 young adults and \$14 for those 18 yrs and under.

A second or third weekend day in January, 2017 may work best. If interested members are available for a weekday outing, we will schedule for a Tuesday or Thursday 1pm admission. Once in, you're welcome to stay as long as you like. Hey CAC, let's pack the MOMA.

To sign-up, email **Vicki Olds** at production@studioreflex.com or call 415-221-2830 with 1) names and ages of members in your party; 2) January weekday or weekend preferences; 3) and whether you want general admission or general admission plus a private tour. Please respond by November 6.

After sign-ups are in, I will release outing dates and call for payment, then make general admission and/or general admission plus tour reservations. SFMOMA group sales are final, no refunds or exchanges. We can decide on a lunch spot, later. I hope to finalize with the museum before Thanksgiving. I hope you'll join us!

Vicki Olds, Outings Committee

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone **Cindy Toran** at 707-321-3262 until 9pm or email cktoran@gmail.com.
Echo Lodge Telephone
530-659-7274

Echo Summit Lodge has a fresh supply of firewood in the basement to keep our lodge toasty warm; snow shovels are ready for action, and we have a new leak-free roof. All of it was spiffed by our awesome group of CAC volunteers at the Fall Work Party. We have hosts, trained and ready to take your reservations; contact them while they still have room available. Enjoy winter in the Sierra Nevada. Let there be snow.

Winter/Spring Hosts: There is still plenty of mid-week open time on the Echo calendar, marked as *Available for Trained Hosts* in the schedule below. Private Events are also available mid-week January through March, and any days April through June. Send an e-mail to let me know your preferred times. I will do my best to accommodate your requests.

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting:** Wednesday, December 7, 5 pm, by teleconference. Contact Cindy if you would like to attend.

ECHO SUMMIT LODGE FALL/WINTER SCHEDULE

NOV 4-6 FRI-SUN HOST APPRECIATION AND TRAINING

Contact: Cindy Toran 707-321-3262
cktoran@gmail.com

NOV 10-13 THURS-SUN HOSTED EVENT
Lynn Garric 707-756-2639
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

NOV 18-21 FRI-MON PRIVATE EVENT
Carolyn Williams 916-677-9224
wildflowersbycarolyn@hotmail.com

NOV 23-27 WED-SUN THANKSGIVING
Laura, Ken and Karen Patera 530-315-6101
1312 Coloma Way, Woodland, CA 95695
laura.patera@yahoo.com

DEC 9-11 FRI-SUN PRIVATE EVENT
Sandy Borden 530-318-9693
sandynevada@yahoo.com

DEC 16-18 FRI-SUN PRIVATE EVENT
Craig Anderson 928-607-3608
Cranders1@gmail.com

DEC 18-22 THURS-SUN HOSTED EVENT
Tim Seeley 707-486-8288
4819 Foxglove Ct., Santa Rosa, CA 95405
seeley@sonic.net

DEC 22-27 THURS-TUES HOSTED EVENT
JAY & PETE'S OUTSTANDING CHRISTMAS ECHO!
--ski and snowshoe adventures, kids and game-nights
Jay Gustafson & Pete Castelli 415-381-7261
4024 Ash Street, Mill Valley, CA 94941
jaygustafson@yahoo.com

DEC 27-30 TUES-FRI AVAILABLE FOR TRAINED HOSTS

DEC 30-JAN 4, 2017 FRI-WED HAPPY NEW YEAR
Shelly Navine and Bob Henry 707-829-3728
1286 Hurlbut Avenue, Sebastopol, CA 95472
clyde33301@comcast.net

JAN 4-9 WED-MON FAMILY SNOW DAYS
Donata Mikulik and Sandy Borden 707-591-3129
2037 West Hearn Avenue, Santa Rosa, CA 95407
donatabo@hotmail.com

JAN 9-12 MON-THURS PRIVATE EVENT
Brigitte and Jeff Grimshaw 707-484-2599
bgrimshaw@comcast.net

JAN 12-16 THURS-MON MLK WEEKEND
Nick Gregoratos and Anita Cabrera 510-919-6883
430 Ellsworth St, San Francisco, CA 94110
nick.gregoratos@gmail.com

JAN 16-20 SUN-FRI AVAILABLE FOR TRAINED HOSTS

JAN 20-22 FRI-SUN FAMILY SKI WKND
Hunter Merritt 916-873-6253
1217 El Encanto Way, Sacramento, CA 95831
merritt.hunter@gmail.com

JAN 22-25 SUN-WED AVAILABLE FOR TRAINED HOSTS

JAN 25-29 WED-SUN HOSTED EVENT
Mary and Stefan Berlinski 831-325-6215
P.O. Box 776, Moss Landing, CA 95039
mlarkin804@sbcglobal.net

JAN 29-FEB 3 SUN-FRI HOSTED EVENT
Dianna Klemmick 650 520-6183
1235 Howard Avenue #3, San Carlos, CA 94070
dklemmick@gmail.com

FEB 3-5 FRI-SUN HOSTED EVENT
Sandy Borden and Pete Castelli 530-318-9693
770 Clipper Heights Place, Auburn, CA 95603
sandynevada@yahoo.com

FEB 5-9 SUN-THURS PRIVATE EVENT
Kate Twain 707-996-2325
ktwain@vom.com

FEB 10-12 FRI-SUN HOSTED EVENT
Tom Coleman 415-531-4650
32 Live Oak Drive, Petaluma, CA 94952
travmcgee@comcast.net

FEB 12-16 SUN-THURS HOSTED EVENT
Mary and Stefan Berlinski 831-325-6215
P.O. Box 776, Moss Landing, CA 95039
mlarkin804@sbcglobal.net

FEB 16-20 THURS-MON PRESIDENTS' WKND
Nick Gregoratos and Anita Cabrera 510-919-6883
430 Ellsworth St, San Francisco, CA 94110
nick.gregoratos@gmail.com

FEB 20-24 MON-FRI KIDS/GRANDPARENTS SKI WEEK
Kathy and Bill Faherty 707-539-7081
36 Cliffwood Place, Santa Rosa, CA 95409
kfaherty@mac.com

FEB 24-26 FRI-SUN HOSTED EVENT
Richard Thornton 510-918-9001
913 Reddington Court, Walnut Creek, CA 94596
RGThorn@pacbell.net

FEB 26-MAR 1 SUN-WED AVAILABLE FOR TRAINED HOST

MAR 1-5 WED-SUN HOSTED EVENT
Karen and Jerry Wagner 707-528-8197
2622 Wawona Drive, Santa Rosa, CA 95405
oldmawagner@gmail.com

MAR 5-10 SUN-FRI AVAILABLE FOR TRAINED HOST

MAR 10-13 FRI-MON HOSTED EVENT
Amy Pertschuk and Chris Krueger 415-331-6324
45 Plymouth Avenue, Mill Valley, CA 94941
amy@kpwest.com

MAR 13-17 MON-FRI AVAILABLE FOR TRAINED HOST

MAR 17-19 FRI-SUN HOSTED EVENT
Tom Coleman 415-531-4650
32 Live Oak Drive, Petaluma, CA 94952
travmcgee@comcast.net

MAR 19-24 SUN-FRI AVAILABLE FOR TRAINED HOST

*** Watch for updates in future issues of Trails! ***

TRAILS

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ALPINE LODGE HISTORY PROJECT

Alpine Trustees would like your stories and photos about the history of the Lodge. We are putting together a scrapbook similar to the one created for Echo Lodge. Please send us anything you have, and include dates and descriptions. Contact **Wendi Olmstead**, 1444 Sunrise Parkway, Petaluma, CA 94954 or wendiolmstead@comcast.net.

Donata Mikulik, Alpine Trustee

FIESTA, NEW MEMBERS WELCOME JANUARY 21

All new and current members are invited to Fiesta, a day of activities to welcome new members to the Alpine Lodge on Saturday January 21, 2017 from 9am to 2pm. Join us for hikes, a roundtable Question and Answer session with the CAC trustees and board members, and a luncheon. All members are encouraged to stay for the board meeting at 2pm and the membership meeting at 3pm. Mark the date on your calendar and join in the fiesta. For information, contact **Candy Barnhill** at wheejepfun_cb@aol.com or 319-631-9110.

**Candy Barnhill, Board Member
Events Coordinator**

TRAILS NEWSLETTER ALERT

Please email articles for the **December/January** issue will be **Heather Rand** at hbrand@att.net. Heather should receive articles for the December issue no later than November 5. Electronic files are greatly appreciated.

NOTE! Please submit all articles by email. All articles should be prepared in WORD, PAGES or EXCEL and attached to your email as a document rather than being part of the text of your email. In the subject of your email please include the month and TRAILS ARTICLE. For June the subject would be JUNE TRAILS ARTICLE. This will help the monthly editors tremendously.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an email message. In the attached email, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **February** issue will be **Richard Thornton** at RGThorn@pacbell.net. Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact **Helena Troy** at hmtroy@aol.com or 415-492-9576.

Helena Troy, Interim Publications Chair