



# TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 92

October 2016

No. 8

## THANKSGIVING DINNER FRIDAY HIKE POSSIBLE OVERNIGHT

Come join us at the Alpine Lodge for a warm Thanksgiving gathering on November 24. This is a wonderful Alpine tradition at which we all become extended family. Happy hour begins at 4 pm. Dinner will be served at 5pm. **Eva Libien** will be your host. We will supply the turkey and gravy, you supply a complementing dish to share for 6, and a little help with set up and clean up. Suggestions: choose from a salad, stuffing, sweet potatoes, mashed potatoes, a vegetable such as brussels sprouts, perhaps string beans, or a pie. Pumpkin, apple, pecan are traditional. Hors d'oeuvres will also be needed.

Come alone, with friends or family. BYOB or donate to the Club bar. Cost of the feast is \$15. Please make your check out to Eva Libien and send it to her at 2 Eucalyptus Knolls Street., Mill Valley, 94941. If you need more information, call Eva at 415-383-5184 or email her at [elibien@yahoo.com](mailto:elibien@yahoo.com). Also, include a note with the check to let her know the dish you will bring. This is very important so that we don't have too much of one dish. **Absolute last day for sign-ups is November 19. Maximum attendance is limited to 30** so it's best to sign-up early.

Volunteers are still needed for carving, serving, decorating. We are counting on you to make this Thanksgiving dinner a success. So please call or email Eva to volunteer for these important tasks.

P.S. There is an optional overnight with breakfast Friday morning and a hike beginning at 9:30am.

**Eva Libien, Event Coordinator**

## REVISED BURGERS, BRATS 'N BYOB SATURDAY OCTOBER 15 October Full-Moon Quarterly Dinner

All members are invited to the harvest full-moon dinner after the quarterly CAC membership meeting on Saturday, October 15, 2016. Chef **Ken Judy** and staff will prepare hamburgers, black bean burgers, brats, warm German potato salad with bacon, a fall harvest salad, and all the fixings for your enjoyment. CAC is blessed to have many wonderful bakers. Dessert will be a buffet of home-made pies baked and donated by CAC members. A quorum of 30 members attending the membership meeting is needed so please plan to come and support your club.

Bring your favorite full-moon story, BYOB, pie or hors d'oeuvres, and join us for an evening of merriment. Dinner will begin at 5:30pm. **Candy Barnhill** will take reservations; call 319-631-9110 or email her at [Wheejeepfun\\_cb@aol.com](mailto:Wheejeepfun_cb@aol.com) by Thursday October 13. Cost is \$18 for members. Send your check made out to: Candy Barnhill, PO Box 753, Ashland, OR 97520. This event is usually a sell-out so don't delay. Reservations after October 13 will be \$20.

Helping hands are needed to help with dinner prep, serving, room set-up/tear-down, kitchen tidy-up, and a quick spiff-up of the lodge before we head out on an optional full moon hike. Overnights are available at the Alpine Lodge if there is a trained host in the group. Don't be shy, come join the fun.

**Candy Barnhill, CAC Board Member**

## CAC FINANCIAL STATEMENTS

The latest summary financial statements for the California Alpine Club are now available on the club web site. This is a comparison of the latest three years assets, revenue and expenses.

The report is located in the Members section. Choose Members tab then select Club Business and Legal Archives. Scroll down to Finance Committee Documents: Annual Financial Summaries. You will see the report for March 31, 2014-2016.

If you have questions on this, please contact me by e-mail [whmayers@gmail.com](mailto:whmayers@gmail.com) or phone (415) 302-4802.

**William Mayers, CAC Treasurer.**

## Monthly TRAILS Editor ~ Helena Troy

**California Alpine Club** - The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

### Officers:

President	Jay Gustafson '17	415-381-7261	jaygustafson@yahoo.com
Vice President	Mark Sapiro '17	415-388-8910	mark@msapiro.net
Secretary	Margy Eller '17	415-383-7307	margyeller@gmail.com
Treasurer	Bill Mayers '17	415-785-3516	whmayers@gmail.com
Registrar	Torie Beedle '17	484-894-5230	registrar.cac@gmail.com
Past President	Jim Nixon '16	650-756-7771	jimnixon2000@yahoo.com

### Board of Directors:

	Ann Meneguzzi '17	209-931-3423	tmlann@hotmail.com
	Greg Scoville '16	916-801-0919	gsscoville@iwindings.com
	Candy Barnhill '16	319-631-9110	wheejeepfun_cb@aol.com
	Tim Warden '18	415-453-6595	timothyebdas@yahoo.com
	Kathleen Fletcher '18	415-454-1501	fletcherkathleen45@gmail.com

### Committee Chairpersons:

Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian (Acting)	Bill Mayers	415-785-3516	whmayers@gmail.com
Membership	Bev Leve	707-539-2802	hikingbev@gmail.com
Outings	Ruth Tretbar	510-593-2115	rtretbar@yahoo.com
	Renee Hamilton	415-686-3966	renee@fallbrook.net
Website	Margy Eller	415-383-7307	margyeller@gmail.com
Parliamentarian	OPEN		
Publications	OPEN		
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Youth Activities	Camille Smith-Balon	831-239-0730	camillecruzfit@gmail.com
Event	Eva Libien	415-383-5184	elibien@yahoo.com
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	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
	Jordan Herrmann	510-520-9782	jordanzon82@gmail.com
	Marguerite Murphy	415-595-6891	mcm00@pacbell.net
	Russ Toran	707-321-3845	toranski@aol.com
	Candy Barnhill	319-631-9110	wheejeepfun_cb@aol.com

### Alpine Lodge Trustees:

	Tom Coleman '16	707-992-0650	travmcgee@comcast.net
	Garrett Hill '19	707-792-2013	garrett@x2nsat.com
	Carl Duisberg '17	415 388-1175	carl Duisberg@hotmail.com
	Donata Mikulik '19	707-591-3129	donatabo@hotmail.com
	OPEN		

### Alpine Lodge Support:

Alpine Calendar	Donata Mikulik	707-591-3129	donatabo@hotmail.com
Alpine Treasurer	Michael Vaggione	408-865-1781	michaeljv@pacbell.net
Accommodations Reservations		707-591-3129	donatabo@hotmail.com

### Coordinators For Alpine Lodge:

Innkeepers	Jana Shober	916-690-1828	shober@csus.edu
Hike Leaders	Pauline MacDonald	415-381-2870	luddite48@comcast.net
Hikers Weekend	Nuala Caulfield	415-922-6775	ntcaulfield@msn.com

### Echo Summit Lodge Trustees:

Chair	Cindy Toran '19	707-321-3262	cktoran@gmail.com
	Nick Gregoratos '18	415-206-9152	nick.gregoratos@gmail.com
	Mary Larkin-Berlinski '17	831-345-6963	mlarkin804@sbcglobal.net
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### CAC Foundation Directors:

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	Mary Cosgrove	415-381-7261	wilddoveis@gmail.com
	Ruth Tretbar	510-593-2115	rtretbar@yahoo.com
	Bruce Friend	510-654-4218	bifedf@comcast.net

TRAILS is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

**Monthly Editors:** Anita Cabrera, Susan Patrick, Heather Rand, Richard Thornton and Helena Troy.

**Contributors this issue:** Jay Gustafson, Bev Leve, Pauline MacDonald, Cindy Toran, Jana Shober, Renee Hamilton, Eva Libien, Tom Coleman, Jordan Herrmann, Donata Mikulik, Arlin Weinberger, Candy Barnhill, Bill Mayers, Garrett Hill, Carl Duisberg, Tony Smith, Dianna Klemmick and Vicki Olds.

## PRESIDENT'S MESSAGE

So the days are being squeezed at both ends, have ya noticed? But the great California Indian summer (what most call "our summer") is underway. If you've ventured out on the trail on Mt Tam or elsewhere, you've likely seen lots more hikers checking GPS, having seemingly interminable conversations between the lead and sweep in voices allowing all of us to tune in ... and if you've noticed, there seems to be more and more groups, not just a couple of pals out for a stretch.

Checking in to this swell of enthusiasm, one is drawn into the "source of all" knowledge, the internet, and specifically, the "meet up" phenomena, where "neighbors get together to learn, share, do something." There are a zillion of these groups, many of which are self-identifying for more than just the time on the trail. Check out the "Four Corners Hiking and Beer Club" which insists that hikers make it to the "afta-hike social" at some café (don't ya love their tag-line, "Hike, drink, rinse, repeat ...") or the "Marin Moonshiners" hike and picnic, a mere 1,350+folk who pay to play for an evening and night's out on the trail! Yes these groups limit the size of the specific event ... mostly less than 20 hikers, often 12. And there are more ... lots, one of which I'm certain would appeal to you and your friends.

So how 'bout it friends. Do ya want to adventure more? Do want to meet new "like-minded's?" Do you see something in common with these groups which we might replicate and expand in our club? There is interest stirring about the club, and you can be (and are encouraged to become) a part of the programming which suits you.

So on that subject, please note that we are having our autumn quarterly Members' Meeting on Saturday, October 15 at Alpine ... AND YOU'RE INVITED. There is a CAC Board Meeting, one during which the club's leadership will be attending to share common thoughts, express needs and concerns, and learn from one another. Lodge Trustees and CAC committee folks will be there ... AND YOU'RE INVITED ... We'd love to see the place "crawling" with members and ideas for adventure plans for this autumn and winter. It's your turn.

**Jay Gustafson, President**



**Correspondence:** Please address correspondence concerning this publication to: Jay Gustafson 4024 Ash St., Mill Valley, CA 94941.

**CAC Website:** <http://californiaalpineclub.org>

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# MEMBERSHIP REPORT

AUGUST/SEPTEMBER 2016

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jleightweiss@gmail.com 650 288-2922

Sponsors: Tom Coleman & Masami Takesue

**Bev Leve, Membership Chair**

**California Alpine Club**



**WEBSITE IS AVAILABLE**

<http://californiaalpineclub.org>

343 members registered!

Please REGISTER for our website,  
if you have not already done so!

— Website Committee

## MONTHLY EDITORS FOR 2016/2017

### MONTHLY EDITOR

### ARTICLE DUE DATE

November- Anita Cabrera

10/10/2016

December/January - Heather Rand

11/10/2016

February - Helena Troy

1/10/17

Anita Cabrera

email: aa\_cabrera@msn.com

Heather Rand

email: hrand@att.net

Helena Troy

email: Hmtroy@aol.com

These are your monthly editors for the remainder of 2016. Please send your article(s) to the person listed above for the month indicated and send articles by the corresponding due date.

## MISSING...

...TWO LARGE BOXES of July 4th decorations. Eva has searched, Hardy has searched, Jay has searched in every nook and cranny in both buildings. Please, can anyone help us out here? Can you solve this mystery? Have you seen these boxes? Or have a suggestion where they might be? If so, let Eva Libien know: phone 415-383-5184 or email libien@yahoo.com.

**Helena Troy, October Editor**

## Board of Directors and Quarterly Membership Meetings

If you have any questions or wish to have an item on the agenda, contact **Jay Gustafson** at jaygustafson@yahoo.com or call 415-381-7261. Members are welcome at Board meetings.

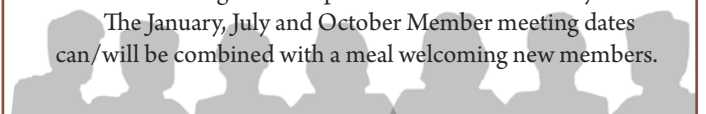
**Jay Gustafson, CAC President**

### 2016/2017 CAC Board Schedule

October	15		2 pm—Board
October	15	Dinner	3 pm—Member
November	19		2 pm—Board
December		No Meeting	
January 20, 2017			2pm - Board 3pm - Member

\*All meetings are at Alpine and occur on Saturdays

The January, July and October Member meeting dates can/will be combined with a meal welcoming new members.





## ALPINE HIKE LEADER SCHEDULE

### OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

Sunday October 2	9:30 AM	Open		2B
Sunday October 9	9:30 AM	Rob Freinkel	415-608-7938	2B
Sunday October 16	9:30 AM	Carol Bodtker	415-884-0850	2B
Sunday October 23	9:30 AM	Margy Eller	415-383-7307	2B
Sunday October 30	9:30 AM	Bill Mayers	415-785-3516	2B
Sunday November 6	9:30 AM	Jenny Bruyn	415-456-1877	
Sunday November 13	9:30 AM	Lynn MacDonald	510-525-3843	2B
Sunday November 20	9:30 AM	Open		2B
Sunday November 27	9:30 AM	Open		2B

Contact Information for hike leaders:

Pauline MacDonald (415) 381-2870 luddite48@comcast.net

Edie Nelson (831) 331-1754 Mayme (415) 924-3819 maymeharris@cs.com

### Different Hikes for Different Types:

#### Our Weekly Tradition for Sunday Hiking

The 2B hikes depart from the Alpine Club at 9:30 am. These hikes are 7–10 miles long and up to 2,000 feet elevation gain. On days shown as leaderless, the hikers will decide on their own route after convening at the Alpine Club.

Informal, slower-paced 1A hikes depart from the Alpine Club at 9:45 am. These hikes are 5–6 miles and up to 1,000 feet elevation gain.

If you are interested in leading a 2B hike shown as open, please email Pauline MacDonald. For information on the 1A hikes call Edie or Mayme.

We suggest bringing a sandwich (or something) for a trailside lunch and a liter of water. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). The hikes usually finish at the Alpine Club around 2:00–2:30 pm.

Note: If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

## ALPINE LODGE SUNDAY INNKEEPERS

October 2	Patty & Gerry Montmorency
October 9	Nuala Caulfield
October 16	OPEN
October 23	OPEN
October 30	Ricki & Jerri Rosenberg
November 6	OPEN
November 13	OPEN
November 20	OPEN
November 27	OPEN

AS YOU CAN SEE, WE ARE IN GREAT NEED OF INNKEEPERS FOR THE OCTOBER/NOVEMBER PERIOD. WON'T YOU PLEASE CHECK YOUR CALENDAR NOW AND SEE IF YOU ARE ABLE TO VOLUNTEER ON ONE OF THE OPEN SUNDAYS?

I am the Innkeeping Coordinator (recruiter & scheduler) for the Alpine Lodge Sunday Open House. We are in dire need of Sunday innkeepers for September and October. Please, would you consider signing up to be the Innkeeper(s) on a Sunday of your choice and selecting one of the dates shown below as OPEN - or any Sunday after that. It is a great way to spend a day at our beautiful Alpine Lodge while at the same time fulfilling a portion of your volunteer responsibilities. You need not be host trained to serve as Innkeeper(s) and I will provide you with a list of brief instructions/suggestions which outline what the Innkeepers traditionally have done. Note that this list is also currently available on our website. Also, if you don't wish to serve alone (you are a new member for example) consider serving together with another member – why not co-innkeep!

Please note that I update the live link in TRAILS (on the Sundays at Alpine Lodge page) as soon as I sign up a new innkeeper. So that may be a great place to start when considering being an innkeeper- find an OPEN date there and then contact me. Please call me to reserve a date or provide feedback (916-690-1828) or better yet, e-mail me at shober@csus.edu.

**Thank You! Happy Trails To You All!**  
**Jana Shober, Innkeeping Coordinator**

## ALPINE LODGE WORK PARTY SCHEDULE

Time: 9:00 am to 3:00 pm Lunch will be served. Overnight is possible. Please contact the host to RSVP

WORK PARTY	HOST	CONTACT INFO
Tom Coleman will lead parties 10/20, 11/19, Dec 8.		travmcgee@comcast.net

**Tom Coleman, Alpine Trustee**

## CAC CALENDAR OF EVENTS AND VOLUNTEERS

Many of you offer to help with events at Alpine Lodge every year, but we would love to have help from other members and especially new members. Helping with some aspect of an event is a great way to meet people and make new friends. We always have lots of fun. The tasks are divided into groups, so that many hands can make light work.

The chart below shows the major task areas for each event and the number of volunteers needed. If you can volunteer in any capacity for these events, please contact the event host, task leader, or BoD Sponsor by email. You can find contact information for the sponsor/host/task leader in the event description on our website calendar. More detailed task descriptions and templates for managing an event are/will be located on the website. You can sign up to help with an event by going to our website at [californiaalpineclub.org/MEMBERS>QUICK LINKS](http://californiaalpineclub.org/MEMBERS>QUICK LINKS). Just double-click on the appropriate cell and enter your name to volunteer. If you have any trouble with the Events spreadsheet, contact Jordan Herrmann at [jordanzon82@gmail.com](mailto:jordanzon82@gmail.com) and give him your phone number. See the CAC Box on page 2 for the list of the Event Committee members.

CAC Social Event Calendar Volunteers 2016-17	Oct 15 Qtrly Mtg/ Dinner, Burgers, Brats & BYOB	Oct 29, 2016 Halloween Party,	Nov 24, 2016 Thanksgiving Dinner	Dec 10, Children's Holiday Party	Dec 17, CAC Holiday Party	Dec 25, Christmas Day Dinner TBD	Jan 1, 2017 New Years Day w/Soup and Salad	Jan 21 Qtrly Mtg New Members Luncheon "Fiesta"	Feb ? Annual Super Bowl Party	Mar 18, St. Patrick's Day Dinner	April 23, Awards Dinner 2016 Crew Below
BoD Sponsor	Jay	N/A	Need	Ann Meneguzzi	Jay Gustafson	NA	N/A	Candy	N/A		Ann Meneguzzi
Event Host(s)			Need Host - Eva will help	Mary Frey & Ann Meneguzzi			Tony Smith		Jock & Pauline MacDonald		Carroll Pearson
RSVPs/Accounts	Candy Barnhill			Mary Frey				Candy B			Eva Libien Ruth Trebar
*Head Chef	Ken Judy Heidi & Bill F			Ann Meneguzzi	Tim Warden			*Tim Warden, Ken J, Candy B		Sondra Schwartz	*Tim Warden: Ken J, Susan Mc, Edie, Susette, Adam, Need 4 helpers
Kitchen Helpers	Shannon Fagan				Carol Bodtker		Carol Bodtker				
Table Setup & Decoration				Shelly Fox, Gail Rigelhaupt, Sondra Schwartz				Decorations: Candy B			Mary L-B; Edie, Ann M, Adam
Name Tags & Place Cards				Mary Jane				Mary Jane			Carroll Pearson
*Cleanup Supervisor				Cindi Whitehead							*Ann Meneguzzi Bob H, Bob Hanson, Scott Foster (new), Janet Dykema (new), Need 1
Clean Up Helpers				Need 3							
Overnight Host				Ann Meneguzzi			Tony Smith				
Other Volunteers											Need 1 app

Abbreviations: O/N = Overnight; B/F = Breakfast; Lun = Lunch; Din = Dinner; Apps = Appetizers; Spon = Sponsor; BoD = Board of Directors; TBD = To be Determined;

N/A = Not Applicable; Deco=Decorations; Help = helpers

## 2016/2017 OUTINGS

### POINT REYES OUTING (PRO) 2016 4:30PM OCTOBER 21 - 10:30AM OCTOBER 25

We have four beds open: two for Sunday + Monday nights, and two for Monday night only. Come explore the incredible environs of West Marin while staying in the National Park at the Point Reyes Hostel.

Your CAC Outings Committee has booked the entire Bunk House building, with a large common area that has windows all around, for the Club's exclusive use, plus a private 1-bedroom (sleeps 5) in the newer LEED-certified, ADA accessible building.

Walk, bike, horseback ride the trails; discover West Marin artisan and foodie-culture delights; join fellow Club members at two favorite local restaurants for dinner Saturday and Monday nights. Join us for a Sunday tour of award-winning Heidrun Meadery. And, of course, hike!

Cost is \$35/nt. for a bunkhouse bed, plus \$4 per day for Breakfast, trail snacks and Happy Hour appetizers. Non-member guests add \$20/nt. CAC members and their guests are welcome to join daily hikes (free) and Happy Hour outside the Bunk House (BYOB; \$4) even if not staying overnight. To reserve a bed, let us know: 1) names of members/non-members in your party; 2) party's first and last meals (e.g. Friday Happy Hour - Tuesday Breakfast); 3) your contact info. Send to Vicki Olds, 415-221-2830, <production@studioreflex.com>, 534 6<sup>th</sup> Avenue, San Francisco CA 94118. Members have priority; first come, first served.

**Dianna Klemmick and Vicki Olds, co-hosts CAC Outings Committee**

### CHRISTMAS IN THE ADOBES, MONTEREY, DECEMBER 9-11

Save the dates! Ruth Tretbar and Tom Swaine are your co-hosts for a special holiday weekend festival (2 days, 1 night) in Monterey to enjoy the 32nd "Christmas in the Adobes," an annual CA State Parks' sponsored event that benefits the Monterey State Historic Park children's educational programs. Contact **contact Tom Swaine at 510-763-4846 or tomswaine@yahoo.com. The Adobes, Monterey 2016.**

### CAC Outings Wants YOU!

Do you have a favorite outdoor spot which you would like suggest to us, or to lead a Club Outings trip? We would like to hear from you! What kind of Outings would you like to see offered by your Club ... more weekend adventures? More challenging opportunities? Backpacking? International treks? The CAC Outings Committee will help you with logistics. Let's grow this Club! Contact Outings Committee Co-Chair Renee Hamilton <renee@fallbrook.net> with your ideas and wishes. Thank you!

### SFMOMA MUSEUM TOUR AND LUNCH WINTER 2016-2017

We will gather for lunch near the Yerba Buena Center for the Arts, then walk over for our private tour of the newly vast San Francisco Museum of Modern Art at 151 3<sup>rd</sup> Street, [www.SFMOMA.org](http://www.SFMOMA.org). All members and their guests are welcome!

Summers at MOMA are busiest, so we may have the place to ourselves (kind of). With a minimum of ten, we can secure "group discount" rates, skip the admission lines, and request a Private Group Tour.

- General admission (reg.\$25): \$21/adult (25-64 yrs.), \$19/senior (65+ yrs.), \$16/young adults (19-24 yrs.), and children 18 yrs. and under are free.

- General admission + private guided tour: \$35/adult, \$33/senior, \$30/young adults, and \$14/children 18 yrs. and under.

Saturday or Sunday, on the second (MLK holiday) or third weekends in January 2017, are likely most attractive to all, young and old. If all sign-ups are open to a weekday CAC Outing, then we'll schedule for a Tuesday or Thursday 1p admission. Once in, you're welcome to stay as long as you like. **Hey CAC, let's pack the MOMA!**

To sign-up please send the following info to Vicki Olds [production@studioreflex.com](mailto:production@studioreflex.com), 415-221-2830: 1) names of all members in your party – please indicate ages of children under 12; 2) Dates, which weekday or weekend preferences; 3) vote for "General Admission" (GA) or "General Admission + Private Group Tour" (GA+Tour); on or before 01 November.

When sign-ups are in, I will release date(s) and call for payment, then schedule GA and/or GA+Tour reservations with the museum for this Outing. SFMOMA group sales are final, no refunds or exchanges, so we must have final numbers before purchase. We can decide on a lunch spot, later. I hope to finalize with the museum before Thanksgiving. I hope you'll join us!

**Vicki Olds**  
**Outings Committee, former CAC BoD member**

## LABOR DAY POTLUCK CELEBRATION September 5, 2016

An enjoyable day was had by 36 members and numerous guests. Jordan Herrmann started the day off with a scenic hike on our glorious mountain. Although the weather was cool, the afternoon, spent on the deck was pleasantly balmy and echoed with laughter and congenial conversation. Everyone brought a favorite dish to share and folks brought various meats and fish to prepare on the barbecue. Everyone helped to make the celebration a success.

Special thanks go to: **Anne Farrar, Sondra Schwartz, Eileen Downey** and guest **Stepanie Brown, Arnold Champagne, Melanie Facen, Mayme Harris, Jordan Herrmann, Gerry & Patty Montmorency, Jan McKee, Jack Mulcahy, Peter Mellett, and Bob and Theresa Phillips**. If I missed any of you wonderful folks, I do apologize.

Looking forward to a colorful and sunny autumn,

**Eva Libien, Event Coordinator**

# ALPINE LODGE EVENTS AND HOST CALENDAR

**Event Reservations:** Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. CHECK THE WEBSITE FOR LATEST UPDATES.

**ALPINE LODGE PHONE # 415-380-8250  
OUTGOING LOCAL CALLS ONLY;  
NO PAY PHONE**

**To Schedule an Event:** For a private member event or a Club function, please email (preferred method) Donata Mikulik at donatabo@hotmail.com or call 707-591-3129.

<b>OCT 1 SAT 9AM-11PM</b> Mary Cahill a_chids_view@yahoo.com	<b>PRIVATE EVENT</b> 530-798-9601	<b>NOV 4-6 FRI-SUN SCRAPBOOK AND CRAFT WEEKEND</b> Wendi Olmstead 144 Sunrise Parkway Petaluma CA 94954 wendiolmstead@comcast.net	<b>DEC 13 TUES</b> Carol Bodtker cbpostme@gmail.com	<b>PRIVATE LUNCHEON</b> 415-884-0850
<b>OCT 6-8 THU-SAT</b> Diane Budo 7777 Bodega Ave Apt J-12 Sebastopol CA 95472 heybudo@yahoo.com	<b>PRIVATE EVENT</b> 707-823-5553	<b>NOV 9 WED 8AM-5PM PRESCHOOL PRIVATE</b> Maureen Johnstone Thestone10@comcast.net	<b>DEC 17 SAT</b> Overnight & Hosts needed jaygustafson@yahoo.com	<b>CAC HOLIDAY PARTY</b> 415-381-7261
<b>OCT 10-12 MON-WED</b> Tony Smith 2345 Tice Creek Dr #4 Walnut Creek CA 94595 Tbs1932sf@gmail.com	<b>MEMBER OVERNIGHT</b> 650-207-1619	<b>NOV 11-12 FRI 4PM -SAT 3PM ALPINE LODGE HOST TRAINING</b> Donata Mikulik 2037 W. Hearn Ave Santa Rosa CA 95407 donatabo@hotmail.com	<b>DEC 21 WED</b> Jay Gustafson jaygustafson@yahoo.com	<b>PRIVATE-DAY USE</b> 415-381-7261
<b>OCT 14-16 FRI-SUN</b> Greg Scoville 2421 Lone St Sacramento CA 95864 gscoville@iwins.com	<b>CAC LEADERSHIP MEETING</b> 916-801-0919	<b>NOV 19 SAT 9AM-3PM</b> Tom Coleman travmcgee@comcast.net	<b>DEC 25</b> Overnight & Hosts needed jaygustafson@yahoo.com	<b>CAC HOLIDAY DINNER</b> 415-381-7261
<b>OCT 15 SAT 5:30PM</b> Candy Barnhill PO Box 753 Ashland, OR 97520 Wheejeepfun_cb@aol.com	<b>BURGERS, BRATS, 'N BYOB</b> 319-631-9110	<b>NOV 19 SAT 2PM</b> Jay Gustafson 4024 Ash Street Mill Valley CA 94941 jaygustafson@yahoo.com	<b>DEC 28 WED 12:30PM-3:30 PM</b> Wednesday Hikers Hardy Dawainis hdawainis@comcast.net	<b>PRIVATE EVENT</b>
<b>OCT 17-19 MON-WED</b> Dianna Klemmick dklemmick@gmail.com	<b>PRIVATE EVENT</b> 650-520-6183	<b>NOV 24 THU 3-8PM</b> Eva Libien 2 Eucalyptus Knoll St. Mill Valley, CA 94941 elibien@yahoo.com	<b>JAN 1 SUN</b> Club Event Overnight & Hosts needed jaygustafson@yahoo.com	<b>NEW YEARS DAY SOUP &amp; SALAD</b> 415-381-7261
<b>OCT 20 THU 9AM-3PM</b> Tom Coleman travmcgee@comcast.net	<b>WORK PARTY</b>	<b>DEC 2-4 FRI-SUN</b> Carlos Miranda carlosandlori@gmail.com	<b>JAN 7 SAT 9AM-3PM</b> Tom Coleman travmcgee@comcast.net	<b>WORK PARTY</b>
<b>OCT 22-23 SAT-SUN</b> Mary Jane Mckown 602 Amaranth Blvd Mill Valley CA 94941 mjmckown@gmail.com	<b>PRIVATE EVENT</b> 415-383-2774	<b>DEC 8 THU 9AM-3PM</b> Tom Coleman travmcgee@comcast.net	<b>JAN 13-15 FRI-SUN</b> Wendi Olmstead 144 Sunrise Parkway Petaluma CA 94954 wendiolmstead@comcast.net	<b>SCRAPBOOK AND CRAFT WEEKEND</b> 707-766-8038
<b>OCT 23-27 SAT-TUES</b> Ann Meneguzzi tmlann@hotmail.com	<b>MAZAMA CLUB MEETING</b> 209-373-9844	<b>DEC 9 FRI OVERNIGHT</b> Ann Meneguzzi 9151 Fairchild Ln. Stockton CA 95215 tmlann@hotmail.com	<b>JAN 21 SAT</b> Club Event jaygustafson@yahoo.com	<b>CAC BOARD &amp; LEADERSHIP MEETING</b> 415-381-7261
<b>OCT 29 SAT</b> TBD Contact Jay Gustafson jaygustafson@yahoo.com	<b>HALLOWEEN PARTY</b> 415-381-7261	<b>DEC 10 SAT 2-5PM</b> Mary Frey 100 Thorndale Dr San Rafael CA 94903 marymaryhiker@aol.com	<b>JAN 25-27 WED 10 AM-FRI 4PM</b> Mary Jane McKown Sewing and Crafting Workshop mjmckown@gmail.com	<b>STITCHIN FOR KIDS</b> 415-383-2774
			<b>FEB 11 THU 9AM-3PM</b> Tom Coleman travmcgee@comcast.net	<b>WORK PARTY</b>





## THE AUGUST ALPINE WORK PARTY TEAM WAS DYNAMIC AND DEDICATED

Yeoman's work was done by all. **Marcia** and **David Paulson** and **JoAnne Stone** (2 of whom are perspective new members) were the star contributors, cleaning and then completing the painting of the entire Tam Building floor, leaving it better than it has been in a decade! **Morna Prince** and **Robert Feist** did a super job trimming the top and back side of the south hedge (in front of the large hall bldg.) not completed the day before... and Robert then weed-wacked all that area so we have a nice view from those windows that **Valerie Hogan** and **Jay Gustafson** washed in order to show off the new curtains we also installed.

Meanwhile, **Sarah Davis** led **Tracy Mazza** (new member) and **Bob Sturm** on some intensive cleaning of the gardens and **John Mullen** and **Tony Smith** did a thorough clean and reordering of the downstairs/tool area. Valerie (with John) then pulled together a great lunch, while **Steve Cosbey** got the new stove properly cleaned and adjusted and did some significant plumbing updates. We also restocked, polished and blew out all the leaves of the decks. (We'll get to the gutters next time ;-)

As a note for gardening enthusiasts, Jay rallied Sarah, Valerie and myself to help coordinate the longer term renovation and redesign of the green space. Sarah has a long garden history (with Eva Libien), and Valerie plans to be the focal point for garden coordination and communications.



*Much done, Thanks to all! And we ate very well!*

*Photo by Tony Smith*

**Carl Duisberg, Alpine Trustee**

## NO MORE KEYS AT ALPINE LODGE

About a year ago I joined the Board of Trustees for the Alpine lodge. It's been a busy year and there are many lodge improvement projects underway. One opportunity was to account for the large number of Alpine keys around without a way to track them. Although there may not be a specific security problem yet, the trustees sought a reasonable way to manage access while best serving club needs. Most of you don't know that I am a technology person. I run X2nSat, a Satellite Network Communications company. It sounds fancy, but my job is mostly creative. So I did some research to see what problems or concerns members have. For example:

"I hate when I drive all the way up [to the lodge] and have forgotten my key", "I don't do spontaneous rentals or stay-overs because it's too hard to get a key", "I lost my key long ago...", "I don't know if I can have a key" (as in allowed to have one), "What is the policy on who gets a key?", "When I rent the lodge for a special event it would be nice to give a key to the caterer or cleaners in case they are there when I am not..."

With this in mind, I went to work on a solution. There are three doors between the two buildings that you need a key to access. In June, the Alpine Trustees found electronic locks to be the most flexible and thorough for Alpine Lodge use. These locks look like regular door handles, except they have a numeric keypad. You type in the code and the door unlocks. The best part is we can have thousands of codes and the codes can be made to work for a specific duration of time, such as a weekend for a rental to provide all your guests. And, we won't ever have to re-key the locks again! We can just create codes instantly and as needed.

Imagine this.... Something comes up and someone needs a code to get in the building. A quick phone call to a trustee and they can give you a code over the phone. We can:

Create long term codes for each person that needs one, Create temporary codes for repair, renters or vendors, Provide codes for the duration of any stay, Issue new codes quickly.

The policy for the codes:

Codes are issued by request (we won't issue one to every member as many don't want or need one)

Codes will be made to last until the end of the current calendar year, so you need a new code come January of each year. This also matches our membership dues schedule. You will need to be paid up on your dues in order to get a code

Members are asked not to share their code. If you forget your code, we can remind you what it is. If someone needs a new code, just call, email, or text a trustee and we will get you one.

Locks will be installed October 15. CAC Board members, Events Committee members and trained hosts will receive a code to use. If any CAC member has questions about getting a code, please contact the accommodations coordinator Donata Mikulik at donatabo@hotmail.com.

**Garrett Hill, Alpine Trustee**



# ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

## ECHO SUMMIT LODGE FALL/WINTER SCHEDULE



Phone **Cindy Toran** at 707-321-3262 until 9pm or email [cktoran@gmail.com](mailto:cktoran@gmail.com).  
Echo Lodge Telephone  
530-659-7274

### Winter/Spring Hosts:

Now is the time to plan your Winter/Spring 2017 host events at Echo Lodge. There is still plenty of mid-week open time on the calendar, marked as **Available for Trained Hosts** in the schedule below. Private Events are also available mid-week Jan-Mar and any days Apr-Jun. Give me a call or send an e-mail to let me know your preferred times. I will do my best to accommodate your requests.

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting:** Wednesday, October 19, 5:30 pm, by teleconference. Contact Cindy if you would like to attend.

**SEP 30-OCT 2 FRI-SUN PRIVATE EVENT**  
Jayma Brown & Allan Lindberg 510 237-0231  
[jaymabrown@earthlink.net](mailto:jaymabrown@earthlink.net)

**OCT 6-9 THURS-SUN FALL RETREAT**  
Mary & Stefan Berlinski 831-325-6215  
P.O. Box 776, Moss Landing, CA 95039  
[mlarkin804@sbcglobal.net](mailto:mlarkin804@sbcglobal.net)

**OCT 9-16 SUN-SUN FALL COLOR HIKES**  
Lin Mangiante & Barbara Crockett 650-697-7403  
424 Hazel Ave, Millbrae, CA 94030  
[foxtails@pacbell.net](mailto:foxtails@pacbell.net)

**OCT 20-23 THURS-SUN PRIVATE EVENT**  
Lynn Garric 707-756-2639  
[cransac@sonic.net](mailto:cransac@sonic.net)

**OCT 28-30 FRI-SUN PRIVATE EVENT**  
Piper & Curt Lomax 408-205-1708  
[piper.lomax@gmail.com](mailto:piper.lomax@gmail.com)

**NOV 4-6 FRI-SUN HOST APPRECIATION & TRAINING**  
Contact: Cindy Toran 707-321-3262  
[cktoran@gmail.com](mailto:cktoran@gmail.com)

**NOV 10-13 THURS-SUN HOSTED EVENT**  
Lynn Garric 707-756-2639  
5400 Alpine Rd, Santa Rosa, CA 95404  
[cransac@sonic.net](mailto:cransac@sonic.net)

**NOV 18-20 FRI-SUN PRIVATE EVENT**  
Carolyn Williams 916-677-9224  
[wildflowersbycarolyn@hotmail.com](mailto:wildflowersbycarolyn@hotmail.com)

**NOV 23-27 WED-SUN THANKSGIVING**  
Laura, Ken & Karen Patera 530-315-6101  
1312 Coloma Way, Woodland, CA 95695  
[laura.patera@yahoo.com](mailto:laura.patera@yahoo.com)

**DEC 9-11 FRI-SUN PRIVATE EVENT**  
Sandy Borden 530-318-9693  
[sandynevada@yahoo.com](mailto:sandynevada@yahoo.com)

**DEC 16-18 FRI-SUN PRIVATE EVENT**  
Craig Anderson 928-607-3608  
[Cranders1@gmail.com](mailto:Cranders1@gmail.com)

**DEC 22-27 THUR-TUES HOSTED EVENT**  
**JAY & PETE'S OUTSTANDING CHRISTMAS ECHO!**  
--ski and snowshoe adventures, kids and game-nights  
Jay Gustafson & Pete Castelli 415-381-7261  
4024 Ash Street, Mill Valley, CA 94941  
[jaygustafson@yahoo.com](mailto:jaygustafson@yahoo.com)

**DEC 27-30 TUES-FRI AVAILABLE FOR TRAINED HOSTS**

**DEC 30-JAN 4, 2017 FRI-WED HAPPY NEW YEAR!**  
Shelly Navine & Bob Henry 707-829-3728  
1286 Hurlbut Ave, Sebastopol, CA 95472  
[clyde33301@comcast.net](mailto:clyde33301@comcast.net)

**JAN 4-9 WED-MON FAMILY SNOW DAYS**  
Donata Mikulik & Sandy Borden 707-591-3129  
2037 W. Hearn Ave, Santa Rosa, CA 95407  
[donatabo@hotmail.com](mailto:donatabo@hotmail.com)

**JAN 9-12 MON-THURS AVAILABLE FOR TRAINED HOSTS**

**JAN 12-16 THURS-MON MLK WEEKEND**  
Nick Gregoratos & Anita Cabrera 415-206-9152  
430 Ellsworth St, San Francisco, CA 94110  
[nick.gregoratos@gmail.com](mailto:nick.gregoratos@gmail.com)

**JAN 16-20 SUN-FRI AVAILABLE FOR TRAINED HOSTS**

**JAN 20-22 FRI-SUN FAMILY SKI WKND**  
Hunter Merritt 916-873-6253  
1217 El Encanto Way, Sacramento, CA 95831  
[merritt.hunter@gmail.com](mailto:merritt.hunter@gmail.com)

**JAN 22-25 SUN-WED AVAILABLE FOR TRAINED HOSTS**

**JAN 25-29 WED-SUN HOSTED EVENT**  
Mary & Stefan Berlinski 831-325-6215  
P.O. Box 776, Moss Landing, CA 95039  
[mlarkin804@sbcglobal.net](mailto:mlarkin804@sbcglobal.net)

**JAN 29-FEB 3 SUN-FRI HOSTED EVENT**  
Dianna Klemmick 650 520-6183  
1235 Howard Ave #3, San Carlos, CA 94070  
[dklemmick@gmail.com](mailto:dklemmick@gmail.com)

**FEB 3-5 FRI-SUN HOSTED EVENT**  
Sandy Borden & Pete Castelli 530-318-9693  
770 Clipper Heights Pl, Auburn, CA 95603  
[sandynevada@yahoo.com](mailto:sandynevada@yahoo.com)

**FEB 5-9 SUN-THURS PRIVATE EVENT**  
Kate Twain 707-996-2325  
[ktwain@vom.com](mailto:ktwain@vom.com)

**FEB 10-12 FRI-SUN HOSTED EVENT**  
Tom Coleman 415-531-4650  
32 Live Oak Drive, Petaluma, CA 94952  
[travmcgee@comcast.net](mailto:travmcgee@comcast.net)

**FEB 12-16 SUN-THURS AVAILABLE FOR TRAINED HOST**

**FEB 16-20 THURS-MON PRESIDENTS' WKND**  
Nick Gregoratos & Anita Cabrera 415-206-9152  
430 Ellsworth St, San Francisco, CA 94110  
[nick.gregoratos@gmail.com](mailto:nick.gregoratos@gmail.com)

**FEB 20-24 MON-FRI KIDS/GRANDPARENTS SKI WEEK**  
Kathy & Bill Faherty 707-539-7081  
36 Cliffwood Pl, Santa Rosa, CA 95409  
[kfaherty@mac.com](mailto:kfaherty@mac.com)

**FEB 24-26 FRI-SUN HOSTED EVENT**  
Richard Thornton 510-918-9001  
913 Reddington Ct, Walnut Creek, CA 94596  
[RGThorn@pacbell.net](mailto:RGThorn@pacbell.net)

**FEB 26-MAR 1 SUN-WED AVAILABLE FOR TRAINED HOST**

**MAR 1-5 WED-SUN HOSTED EVENT**  
Karen & Jerry Wagner 707-528-8197  
2622 Wawona Dr, Santa Rosa, CA 95405  
[oldmawagner@gmail.com](mailto:oldmawagner@gmail.com)

**MAR 5-10 SUN-FRI AVAILABLE FOR TRAINED HOST**

**MAR 10-13 FRI-MON HOSTED EVENT**  
Amy Pertschuk & Chris Krueger 415-331-6324  
45 Plymouth Ave, Mill Valley, CA 94941  
[amy@kpwest.com](mailto:amy@kpwest.com)

**MAR 13-17 SUN-FRI AVAILABLE FOR TRAINED HOST**

**MAR 17-19 FRI-SUN HOSTED EVENT**  
Tom Coleman 415-531-4650  
32 Live Oak Drive, Petaluma, CA 94952  
[travmcgee@comcast.net](mailto:travmcgee@comcast.net)

\*\*\* Watch for updates in future issues of Trails! \*\*\*

# TRAILS

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## MONEY WELL SPENT

One of eight grants from the CAC Foundation this year went to the Center for Sierra Nevada Conservation, based near Tahoe. This organization has been implementing restoration projects on the Eldorado National Forest. They have a full-time two-person restoration team, and a corps of about 30 volunteers that assist with larger projects. Last year CSNC restored 150 illegal roads and single-track dirt bike trails totaling 22 acres. These projects helped to protect streams and riparian areas, as well as sensitive plant habitat and archaeological sites.

This is typical of the projects the Foundation supports. Funding comes from members' generous donations which are tax-deductible. More information about our work is on the Club's website. Please remember to make a donation before the end of the year. Many thanks!

**Arlin Weinberger, CACF  
President**

*The CAC Foundation gave a grant of \$1200 to the Center for Sierra Nevada Conservation to buy new all-terrain tires for its 2003 Toyota 4-Runner. CSNC's restoration team will re-purpose this fallen tree to block off an illegal route.*



## TRAILS NEWSLETTER ALERT

Please email articles for the **November 2016** issue will be **Anita Cabrera** at [aa\\_cabrera@msn.com](mailto:aa_cabrera@msn.com). Anita should receive articles for the November issue no later than October 5. Electronic files are greatly appreciated.

**NOTE!** Please submit all articles by email. All articles should be prepared in WORD, PAGES or EXCEL and attached to your email as a document rather than being part of the text of your email. In the subject of your email please include the month and TRAILS ARTICLE. For June the subject would be JUNE TRAILS ARTICLE. This will help the monthly editors tremendously.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an email message. In the attached email, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **December/January** issue will be **Heather Rand** at [hrand@att.net](mailto:hrand@att.net) Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact **Susan D. Patrick** at [susandpatrick@msn.com](mailto:susandpatrick@msn.com) or 360-943-6439.

**Susan D. Patrick, Publications Chair**