



# TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 92

September 2016

No. 7

## BURGERS, BRATS 'N BYOB SATURDAY OCTOBER 15 OCTOBER FULL-MOON QUARTERLY DINNER

All members are invited to the harvest full-moon dinner after the quarterly CAC membership meeting on Saturday, October 15, 2016. Chef **Ken Judy** and staff will prepare black bean burgers, brats, salads and all the fixings for your enjoyment. CAC is blessed to have many wonderful bakers. Dessert will be a buffet of home-made pies baked and donated by CAC members. A quorum of 30 members attending the membership meeting is needed so please plan to come and support your club.

Bring your favorite full-moon story, BYOB, pie, and join us for an evening of merriment. Dinner will begin at 5:30pm. **Candy Barnhill** will take reservations, call 319-631-9110 or email her at [Wheejeepfun\\_cb@aol.com](mailto:Wheejeepfun_cb@aol.com) by Thursday October 13. Cost is \$18 for members. Send your check made out to: Candy Barnhill, PO Box 753, Ashland, OR 97520. This event is usually a sell-out so don't delay. Reservations after October 13 will be \$20. Helping hands are needed to help with dinner prep, serving, room set-up/tear-down, kitchen tidy-up, and a quick spiff-up of the lodge before we head out on an optional full moon hike. Overnights are available at the Alpine Lodge if there is a trained host in the group. Don't be shy, come join the fun.

**Candy Barnhill, CAC Board Member**

## A SPECIAL INVITE! MORRO BAY IN OCTOBER

CAC members are invited to enjoy a gathering at Morro Bay State Park October 4-7. CSPRA (California State Park Rangers Association), a fellow FWOC member club, is hosting the event. CSPRA welcomes interested CAC members to its Annual Members' Meeting & State Park Retiree Rendezvous Oct. 4-7, 2016 at Morro Bay State Park.

This is shaping up to be a great event! Activities include: After-hours tour, reception, and dinner at the Morro Bay Natural History Museum; Campfire with 'Petey Weaver'; Docent-led hike at Morro Rock; Free camping & Free meals: Members' Meeting Day Lunch, Pancake breakfast, Continental breakfast, Hospitality Sessions, Museum dinner; Appearance of Galen Clark, California's First Park Ranger Play golf, relax, or hike as you choose!

All this for a registration fee of only \$25 per person! Latest agenda & registration at: [www.cspra.com](http://www.cspra.com)

Questions? Ask **Ann Meneguzzi** at [tmlann@hotmail.com](mailto:tmlann@hotmail.com) or (209) 373-9844.

**Ann Meneguzzi, CAC Board Member**

## CHILDREN'S HOLIDAY PARTY AT ALPINE LODGE SATURDAY, DECEMBER 10, 2016

All generations, come join us for the Children's Holiday Party, December 10, 2016 from 2 to 5PM.

Tim Cain, a wonderful guitarist and the Balloon Lady will be there to entertain the children. The Club will provide beverages, ham and rolls. All participating families will bring a favorite dish to share.

The cost is \$20 per family of two adults and their children, if you sign up by November 27th. Reservation after November 27th will be charged \$30. Additional adult family members are \$10 each.

You are encouraged to invite friends and neighbors and their children. It is a wonderful way to introduce new families to CAC.

Do not forget to bring a wrapped gift for your child with his or her name clearly written on the top. Santa will make a special visit to give each child his or her gift.

Sign up with **Mary Frey** by sending her your check. Please state how many children and adults will be attending with your family. Also let Mary know if you can help before or after the party.

Contact Mary by phone or email if you have questions. For reservations, mail your check to her address: Mary Frey, 100 Thorndale Drive, Apt #251, San Rafael, CA, 94903. Phone: 415-492-2510. Email: [Marymaryhiker@aol.com](mailto:Marymaryhiker@aol.com)

**Ann Meneguzzi and Mary Frey, Event Coordinators**

## Monthly TRAILS Editor ~ Richard Thornton

**California Alpine Club** - The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

### Officers:

President	Jay Gustafson '17	415-381-7261	jaygustafson@yahoo.com
Vice President	Mark Sapiro '17	415-388-8910	mark@msapiro.net
Secretary	Margy Eller '17	415-383-7307	margyeller@gmail.com
Treasurer	Bill Mayers '17	415-785-3516	whmayers@gmail.com
Registrar	Torie Beedle '17	484-894-5230	registrar.cac@gmail.com
Past President	Jim Nixon '16	650-756-7771	jimnixon2000@yahoo.com

### Board of Directors:

Ann Meneguzzi '17	209-931-3423	tmlann@hotmail.com
Greg Scoville '16	916-801-0919	gsscoville@iwiings.com
Candy Barnhill '16	319-631-9110	wheejeepfun_cb@aol.com
Tim Warden '18	415-453-6595	timothyebdas@yahoo.com
Kathleen Fletcher '18	415-454-1501	fletcherkathleen45@gmail.com

### Committee Chairpersons:

Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian (Acting)	Bill Mayers	415-785-3516	whmayers@gmail.com
Membership	Bev Leve	707-539-2802	hikingbev@gmail.com
Outings	Ruth Tretbar	510-593-2115	rtretbar@yahoo.com
	Renee Hamilton	415-686-3966	renee@fallbrook.net
Website	Margy Eller	415-383-7307	margyeller@gmail.com
Parliamentarian	OPEN		
Publications	OPEN		
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Youth Activities	Camille Smith-Balon	831-239-0730	camillecruzfit@gmail.com
Event	Eva Libien	415-383-5184	elibien@yahoo.com
Committee	Sue Karp	414-927-3221	suekarp@prodigy.net
	Edie Nelson	831-331-1754	edieforsyth@hotmail.com
	Mary Jane McKown	415-383-2774	mjmckown@gmail.com
	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
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	Marguerite Murphy	415-595-6891	mcm00@pacbell.net
	Russ Toran	707-321-3845	toranski@aol.com
	Candy Barnhill	319-631-9110	wheejeepfun_cb@aol.com

### Alpine Lodge Trustees:

Tom Coleman '16	707-992-0650	travmcgee@comcast.net
Garrett Hill '19	707-792-2013	garrett@x2nsat.com
Carl Duisberg '17	415 388-1175	carl Duisberg@hotmail.com
Donata Mikulik '19	707-591-3129	donatabo@hotmail.com
OPEN		

### Alpine Lodge Support:

Alpine Calendar	Donata Mikulik	707-591-3129	donatabo@hotmail.com
Alpine Treasurer	Michael Vaggione	408-865-1781	michaeljv@pacbell.net
Accommodations Reservations		707-591-3129	donatabo@hotmail.com

### Coordinators For Alpine Lodge:

Innkeepers	Jana Shober	916-690-1828	shober@csus.edu
Hike Leaders	Pauline MacDonald	415-381-2870	luddite48@comcast.net
Hikers Weekend	Nuala Caulfield	415-922-6775	ntcaulfield@msn.com

### Echo Summit Lodge Trustees:

Chair	Cindy Toran '19	707-321-3262	cktoran@gmail.com
	Nick Gregoratos '18	415-206-9152	nick.gregoratos@gmail.com
	Mary Larkin-Berlinski '17	831-345-6963	mlarkin804@sbcglobal.net
	Bob Henry '17	707-829-3728	clyde33301@comcast.net
	Richard Thornton '18	510-918-9001	RGThorn@pacbell.net

### CAC Foundation Directors:

President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Beryl Kay	415-922-6155	berylkay@berylkay.com
	Allen Utterback	831-688-1524	valallen@cruzio.com
	Mary Cosgrove	415-381-7261	wilddoveis@gmail.com
	Ruth Tretbar	510-593-2115	rtretbar@yahoo.com
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TRAILS is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

**Monthly Editors:** Anita Cabrera, Susan Patrick, Heather Rand, Richard Thornton and Helena Troy.

**Contributors this issue:** Jay Gustafson, Bev Leve, Pauline McDonald, Cindy Toran, Jana Shober, Ruth Tretbar, Renee Hamilton, Eva Libien, Ann Mezzini, Russ Toranski, Ann Meneguzzi, Mary Frey, Candy Barnhill, Donata Mikulik, Tom Coleman, and Susan Patrick.

## PRESIDENT'S MESSAGE

Your club just hosted at Alpine Lodge, One Tam and its member organizations in celebration of the 100 Anniversary of the National Parks, that is the legislation to people a federal bureaucracy to manage the national monument movement and lands which dated back to President Grant's 1872 proclamation of Yellowstone.



The history is worth a quick review to see how far we've come.

So One Tam has become a favorite of many of our CAC members who choose to "give back" to the beloved mountain, and we've decided to celebrate them and encourage others in our membership to join in.

It's through community support that Mt. Tam has been protected for 100 years. One Tam seeks to raise awareness about the need to maintain the long-term health of Mt. Tam, engage more volunteers in caring for its treasured resources, and renew the spirit of philanthropy that has been so fundamental to the preservation of Mt. Tam over the past century. You can find the story at ONETAM.ORG and choose how you can "give back" too. We intend to keep the work and volunteer opportunities of these organizations out front of our members as the other half of our founders' purpose is the "give back." More to come!

For members who labor and support other such initiatives around the state, we would love to hear from you and your good work. I encourage members to post on our California Alpine Club Friends Facebook page, and message leadership with other opportunities to join in. There is much to do ... and many of us are "giving back," how' bout you?

OK, summer's got its usual California extension for a few more months: If you have a hike or adventure which you would like to lead, check in with our Outings team, Renee and Ruth to determine the "what's and how's" of getting an event calendared.

On the calendar you'll find the October 15th Member's and Board meetings at Alpine Lodge. We are hoping to overload the place with members, reports, suggestions, discussions, plans, commitments ... well, you get the picture. Plan to show up with your ideas and enthusiasm, RSVP lunch, and take a Tam Hike.

**Jay Gustafson, President**

*Correspondence:* Please address correspondence concerning this publication to: Jay Gustafson 4024 Ash St., Mill Valley, CA 94941.

**CAC Website:** <http://californiaalpineclub.org>

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# MEMBERSHIP REPORT

JULY 2016

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foxrinaldi@earthlink.net  
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612 48th St Rear House  
Sacramento, CA 95819  
415 302-0591  
Katiewood28@yahoo.com  
Sponsors: Jennie Bruyn and Carol Bodtker

Bev Leve, Membership Chair

**California Alpine Club is a charter member of the  
Federation of Western Outdoor Clubs (FWOC).**  
More information: [www.federationofwesternoutdoorclubs.org](http://www.federationofwesternoutdoorclubs.org)

**California Alpine Club**



## WEBSITE IS AVAILABLE

<http://californiaalpineclub.org>  
397 members registered!  
Please REGISTER for our website,  
if you have not already done so!

— Website Committee

## MONTHLY EDITORS FOR 2016

MONTHLY EDITOR	ARTICLE DUE DATE
October- Helena Troy	9/10/2016
November- Anita Cabrera	10/10/2016
December/January - Heather Rand	11/10/2016

Helena Troy email: Hmtroy@aol.com  
Anita Cabrera email: aa\_cabrera@msn.com  
Heather Rand email: hrand@att.net

These are your monthly editors for the remainder of 2016. Please send your article(s) to the person listed above for the month indicated and send articles by the corresponding due date.

## NEED FOR VOLUNTEERS AT ALPINE LODGE

The CAC and its Lodges need your help to run smoothly. Alpine Lodge needs volunteers able to help host work parties for new and current members to complete their service. There are also needs for sprucing up the lodge or helping as a trustee. If you can help contact **Tom Coleman**, travmcgee@comcast.net" travmcgee@comcast.net or **Donata Mikulik**, donatabo@hotmail.com" donatabo@hotmail.com or 707-591-3129.

**Tom Coleman and Donata Mikulik, Alpine Trustees**

## Board of Directors and Quarterly Membership Meetings

If you have any questions or wish to have an item on the agenda, contact **Jay Gustafson** at jaygustafson@yahoo.com or call 415-381-7261. Members are welcome at Board meetings.

**Jay Gustafson, CAC President**

### 2016 CAC Board Schedule

September	17		2 pm—Board
October	15		2 pm—Board
October	15	Dinner	3 pm—Member
November	19		2 pm—Board
December			No Meeting

\*All meetings are at Alpine and occur on Saturdays  
The January, July and October Member meeting dates can/will be combined with a meal welcoming new members.





## ALPINE HIKE LEADER SCHEDULE

### OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

Sunday September 4	9:30 AM	Leaderless		2B
Sunday September 11	9:30 AM	Carol Bodtker	415-884-0850	2B
Sunday September 18	9:30 AM	Howard Ortman	415-456-5912	2B
		Easy 7.5 mile Railroad History Hike		
Sunday September 25	9:30 AM	Leaderless		2B
Sunday October 2	9:30 AM	Open		2B
Sunday October 9	9:30 AM	Rob Freinkel	415-608-7938	2B
Sunday October 16	9:30 AM	Carol Bodtker	415-884-0850	2B
Sunday October 23	9:30 AM	Margy Eller	415-383-7307	2B
Sunday October 30	9:30 AM	Bill Mayers	415-785-3516	2B

Contact Information for hike leaders:

Pauline MacDonald (415) 381-2870 luddite48@comcast.net

Edie Nelson (831) 331-1754 Mayme (415) 924-3819 maymeharris@cs.com

### Different Hikes for Different Types: Our Weekly Tradition for Sunday Hiking

The 2B hikes depart from the Alpine Club at 9:30 am. These hikes are 7–10 miles long and up to 2,000 feet elevation gain. On days shown as leaderless, the hikers will decide on their own route after convening at the Alpine Club.

Informal, slower-paced 1A hikes depart from the Alpine Club at 9:45 am. These hikes are 5–6 miles and up to 1,000 feet elevation gain.

If you are interested in leading a 2B hike shown as open, please email Pauline MacDonald. For information on the 1A hikes call Edie or Mayme.

We suggest bringing a sandwich (or something) for a trailside lunch and a liter of water. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). The hikes usually finish at the Alpine Club around 2:00–2:30 pm.

Note: If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

## ALPINE LODGE SUNDAY INNKEEPERS

Sept. 04	OPEN
Sept. 11	OPEN
Sept. 18	CINDI WHITEHEAD
Sept. 25	OPEN

October 2	OPEN
October 9	OPEN
October 16	OPEN
October 23	OPEN
October 30	OPEN

AS YOU CAN SEE BELOW, WE ARE IN GREAT NEED OF INNKEEPERS for the September /October PERIOD. WON'T YOU PLEASE CHECK YOUR CALENDAR NOW AND SEE IF YOU ARE ABLE TO VOLUNTEER ON ONE OF THE OPEN SUNDAYS?

I am the Innkeeping Coordinator (recruiter & scheduler) for the Alpine Lodge Sunday Open House. We are in dire need of Sunday innkeepers for September and October. Please, would you consider signing up to be the Innkeeper(s) on a Sunday of your choice and selecting one of the dates shown below as OPEN - or any Sunday after that. It is a great way to spend a day at our beautiful Alpine Lodge while at the same time fulfilling a portion of your volunteer responsibilities. You need not be host trained to serve as Innkeeper(s) and I will provide you with a list of brief instructions/suggestions which outline what the Innkeepers traditionally have done. Note that this list is also currently available on our website. Also, if you don't wish to serve alone (you are a new member for example) consider serving together with another member – why not co-innkeep!

Please note that I update the live link in TRAILS (on the Sundays at Alpine Lodge page) as soon as I sign up a new innkeeper. So that may be a great place to start when considering being an innkeeper- find an OPEN date there and then contact me. Please call me to reserve a date or provide feedback (916-690-1828) or better yet, e-mail me at shober@csus.edu.

**Thank You! Happy Trails To You All!**  
**Jana Shober, Innkeeping Coordinator**

## ALPINE LODGE WORK PARTY SCHEDULE

Time: 9:00 am to 3:00 pm Lunch will be served. Overnight is possible. Please contact the host to RSVP

WORK PARTY	HOST	CONTACT INFO
Tom Coleman will lead parties 9/10, 10/1, and 11/19		
	Tom Coleman	travmcgee@comcast.net

**Tom Coleman, Alpine Trustee**

## CAC CALENDAR OF EVENTS AND VOLUNTEERS

Many of you offer to help with events at Alpine Lodge every year, but we would love to have help from other members and especially new members. Helping with some aspect of an event is a great way to meet people and make new friends. We always have lots of fun. The tasks are divided into groups, so that many hands can make light work.

The chart below shows the major task areas for each event and the number of volunteers needed. If you can volunteer in any capacity for these events, please contact the event host, task leader, or BoD Sponsor by email. You can find contact information for the sponsor/host/task leader in the event description on our website calendar. More detailed task descriptions and templates for managing an event are/will be located on the website. You can sign up to help with an event by going to our website at [californiaalpinedclub.org](mailto:californiaalpinedclub.org) MEMBERS>QUICK LINKS. Just double-click on the appropriate cell and enter your name to volunteer. If you have any trouble with the Events spreadsheet, contact Jordan Herrmann at [jordanzon82@gmail.com](mailto:jordanzon82@gmail.com) and give him your phone number. See the CAC Box on page 2 for the list of the Event Committee members.

CAC Social Event Calendar Volunteers 2016-17	Sept 5, 2016 Labor Day Potluck	Oct 15 Quarterly Meeting	Oct 29, 2016 Halloween Party, TBD	Nov 24, 2016 Thanksgiving Dinner	Dec 10, Children's Holiday Party	Dec 17, CAC Holiday Party	Dec 25, Christmas Day Dinner TBD	Jan 1, 2017 New Years Day w/Soup and Salad	Jan 21 Quarterly Mtg New Members	Feb Annual Super Bowl Party	Mar 18, St. Patrick's Day Dinner
BoD Sponsor	N/A	Jay	N/A	Need	Ann Meneguzzi	Jay Gustafson	NA	Need	Candy	N/A	
Event Host(s)	Eva			Need Host - Eva will help	Mary Frey & Ann Meneguzzi					Jock & Pauline MacDonald	
RSVPs/Accounts		Candy Barnhill			Mary Frey				Candy B		
*Head Chef		Ken Judy Heidi & Bill F			Ann Meneguzzi				*Tim Warden, Ken J, Candy B		Sondra Schwartz
Kitchen Helpers		Shannon Fagan									
Table Setup & Decoration					Shelly Fox, Gail Rigelhaupt, Sondra Schwartz				Decorations: Candy B		
Name Tags & Place Cards					Mary Jane				Mary Jane		
*Cleanup Supervisor					Cindi Whitehead						
Clean Up Helpers	Sondra Schwartz				Need 3						
Overnight Host					Ann Meneguzzi			Tony Smith			
Other Volunteers	Jordan- Lead Hike										

Abbreviations: O/N = Overnight; B/F = Breakfast; Lun = Lunch; Din = Dinner; Apps = Appetizers; Spon = Sponsor; BoD = Board of Directors; TBD = To be Determined;  
N/A = Not Applicable; Deco=Decorations; Help = helpers

## 2016 OUTINGS

**October 21-25:** Come explore the incredible environs of West Marin while staying in the Point Reyes National Seashore! Your CAC Outings Committee has booked the entire Bunk House (2-story, new building, sleeps 20) and an ADA-accessible, private 1-bedroom (sleeps 5) at the Pt. Reyes Hostel, Friday through Tuesday, October 21-25.

Multiple hikes to Abbotts Lagoon, McClures Beach and Drakes Estero will be led; hikes to Tomales Point and Bird or Castle Rock may beckon others. Happy Hour appetizers (BYOB), breakfast and trail snacks shall be provided Saturday-Monday. You may prepare your lunch and dinners in the large communal kitchen at the hostel, or dine at any number of fine, local restaurants, including: Osteria Stellina, Station House, Marin Sun Farms, Cafe Reyes (Pt. Reyes Station), Sir & Star (Olema), Saltwater (Inverness), Nick's Cove, Tomales Bay and/or Hog Island Oyster Company (Marshall), to name a few. Your co-hosts, Dianne Klemmick and Vicki Olds, may organize a no-host Friday and Sunday night group restaurant excursion, somewhere, and other local culture events. Remember, Marin is where the whole organic farm-to-table movement started over 100 years ago, so enjoy!

Members staying 4 nights/5 days at the hostel shall be given priority reservations; shorter stays will be accepted too. Costs for members: Bunk House bed--\$35/nt; 1 bdrm bed--\$45/nt; Breakfast + Snacks + HH--\$8/day. Non-members add \$20 daily. Club members and their guests are welcome to join our daily hikes (free) and Happy Hour in the Bunkhouse living room (4-6p; BYOB; \$4) even if not staying overnight.

This eco-hostel is unique and the only lodge accommodation in this destination national park. We will be taking reservations beginning May 01 and close June 30 because CAC reservations must be paid-in-full 80 days prior to our arrival, by AUGUST 7, 2016, or forfeit. Questions, volunteers, hike leaders and other group activity ideas, please contact Vicki Olds <production@studioreflex.com>, or call 415-221-2830. Please plan ahead to join us!

**December 9-11:** Save the date! Ruth Tretbar and Tom Swaine are your co-hosts for a weekend in Monterey to enjoy "Christmas in the Adobes," an annual event that benefits the Monterey State Historic Park children's educational programs. Cost and reservation information to come in the March Trails.

We would like to hear from you, our club members, what you would like to see among the outings offered by the California Alpine Club. More weekend adventures? More challenging opportunities? Backpacking? International treks? Please email Renee Hamilton (renee@fallbrook.net) with your wish list.

Also, if you have a favorite outdoor spot to which you would like to lead a trip, please let Renee Hamilton know. Outings Committee members can help you with the logistics and will add your program to the Outings calendar.

**Renee Hamilton, Outings Committee**

## POINT REYES OUTING (PRO) 2016 OCTOBER 21-25

Thanks to everyone joining us, this CAC Outing is full; and there's a wait-list.

Five days and four nights at the Point Reyes Hostel is pretty special, and it is practically 'in our own backyard' for people that live in the San Francisco Bay Area. How lucky we are to be so close to this unparalleled federal Nation Parks treasure.

Dianna Klemmick and I are set to host a total of 28 guests that breaks down to 23 CAC members, with five welcomed non-member friends, including five kids under the age of 15.

The newly reformed CAC Outings Committee hopes to offer more Outings that appeal to all ages and incomes, retired or not. If you have ideas for Outings that we should consider — or would like to run an Outing yourself! — please share with our CAC Outings Chair co-leads Ruth Tretbar <rtretbar@yahoo.com> and Renee Hamilton rdmhamilton@gmail.com.

I hope that our Point Reyes Outing (PRO) 2016 might become an annual event! Thanks so much to Dianna Klemmick for being my co-host this year!

**Vicki Olds, Outings Committee, former CAC BoD member**

## PHOTO MASTER NEEDED

The website committee is looking for someone to help receive, edit and post member pictures of Club activities on our website. If this is something you are interested in doing, please contact Margy Eller at MargyEller@gmail.com or Carroll Pearson at pearsoncmp@aol.com. Thank you!!

**Margy Eller**

# ALPINE LODGE EVENTS AND HOST CALENDAR

**Event Reservations:** Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. CHECK THE WEBSITE FOR LATEST UPDATES.

**ALPINE LODGE PHONE # 415-380-8250**  
**OUTGOING LOCAL CALLS ONLY;**  
**NO PAY PHONE**  
**WIFI NOW AVAILABLE**

**To Schedule an Event:** For a private member event or a Club function, please email (preferred method) Donata Mikulik at donatabo@hotmail.com or call 707-591-3129.

**SEPT 5 MON**      **LABOR DAY POTLUCK**  
 Eva Libien      415-383-5184  
 2 Eucalyptos Knoll St  
 Mill Valley CA 94941  
 elibien@yahoo.net

**SEPT 9-11 FRI-SUN**      **SCRAPBOOK AND CRAFT WEEKEND**  
 Wendi Olmstead      707-766-8038  
 144 Sunrise Parkway  
 Petaluma CA 94954  
 wendiolmstead@comcast.net

**SEPT 15 THU**      **TWIN CITIES PRESCHOOL DAY USE**  
 Maureen Johnstone      415-383-5184  
 78 Springs Lane  
 Fairfax CA 94930  
 Thestone10@comcast.net

**SEPT 17 SAT**      **BOARD MEETING**  
 Jay Gustafson      415-381-7261  
 4024 Ash Street  
 Mill Valley CA 94941  
 jaygustafson@yahoo.com

**SEP 24 SAT**      **WORK PARTY**  
 Donata Mikulik      707-591-3129  
 2037 W Hearn Ave  
 Santa Rosa CA 95407  
 donatabo@hotmail.com

**SEP 29-OCT 2 THU-SUN**      **MEMBER OVERNIGHTS & PRIVATE DAY USE OCT 1**  
 Mary Cahill      530-798-9601  
 422 Lamarque Ct  
 Grass Valley CA 95945  
 a\_chids\_view@yahoo.com

**OCT 6-8 THU-SAT**      **PRIVATE EVENT**  
 Diane Budo      707-823-5553  
 7777 Bodega Ave Apt J-12  
 Sebastopol CA 95472  
 heybudo@yahoo.com

**OCT 10-12 MON-WED**      **MEMBER OVERNIGHT**  
 Tony Smith      650-207-1619  
 2345 Tice Creek Dr #4  
 Walnut Creek CA 94595  
 Tbs1932sf@gmail.com

**OCT 14-16 FRI-SUN**      **CAC LEADERSHIP MEETING**  
 Greg Scoville      916-801-0919  
 2421 Lone St  
 Sacramento CA 95864  
 gscoville@iwins.com

**OCT 17-19 MON-WED**      **PRIVATE EVENT**  
 Dianna Klemmick      650-520-6183  
 1235 Howard Ave  
 San Carlos CA 94070  
 dklemmick@gmail.com

**OCT 22-25 SAT-TUES**      **PRIVATE EVENT**  
 Mary Jane Mckown      415-383-2774  
 602 Amaranth Blvd  
 Mill Valley CA 94941  
 mjmckown@gmail.com

**OCT 23-27 SAT-TUES**      **MAZAMA CLUB MEETING**  
 Ann Meneguzzi      209-373-9844  
 9151 Fairchild Ln  
 Stockton CA 95215  
 tmlann@hotmail.com

**OCT 29 SAT**      **HALLOWEEN PARTY**  
 Hosts needed      707-591-3129  
 Call or email Donata  
 donatabo@hotmail.com

**NOV 4-6 FRI-SUN**      **SCRAPBOOK AND CRAFT WEEKEND**  
 Wendi Olmstead      707-766-8038  
 144 Sunrise Parkway  
 Petaluma CA 94954  
 wendiolmstead@comcast.net

**NOV 9 WED**      **TWIN CITIES PRESCHOOL DAY USE**  
 Maureen Johnstone      415-383-5184  
 78 Springs Lane  
 Fairfax CA 94930  
 Thestone10@comcast.net

**NOV 11-13 FRI-SUN**      **HOST TRAINING**  
 Donata Mikulik      707-591-3129  
 2037 W.Hearn Ave  
 Santa Rosa CA 95407  
 donatabo@hotmail.com

**NOV 19 SAT**      **BOARD MEETING**  
 Jay Gustafson      415-381-7261  
 4024 Ash Street  
 Mill Valley CA 94941  
 jaygustafson@yahoo.com

**NOV 23-25 WED-FRI**      **THANKSGIVING CLUB EVENT**  
 Hosts needed      707-591-3129  
 Call or email Donata  
 donatabo@hotmail.com

**DEC 2-4 FRI-SUN**      **PRIVATE EVENT**  
 Carlos Miranda      916-832-5828  
 1041 3rd Ave  
 Sacramento Ca 95818  
 carlosandlori@gmail.com

**DEC 9-11 FRI-SUN**      **PARTY PREP & CLEANUP**  
 Ann Meneguzzi      209-373-9844  
 9151 Fairchild Ln  
 Stockton CA 95215  
 tmlann@hotmail.com

**DEC 10 SAT**      **CHILDRENS CHRISTMAS PARTY**  
 Mary Frey      415-492-2510  
 100 Thorndale Dr  
 San Rafael CA 94903  
 marymaryhiker@aol.com

**DEC 16-18 FRI-SUN**      **CAC HOLIDAY PARTY**  
 Hosts needed      707-591-3129  
 Call or email Donata  
 donatabo@hotmail.com

**DEC 21 WED**      **PRIVATE-DAY USE**  
 Jay Gustafson      415-381-7261  
 4024 Ash Street  
 Mill Valley CA 94941  
 jaygustafson@yahoo.com

**DEC 24-26**      **HOLIDAY DINNER CAC**  
 Hosts needed      707-591-3129  
 Call or email Donata  
 donatabo@hotmail.com



**PLEASE NOTE:** Donata Mikulik is taking over Alpine Lodge Reservation and Scheduling duties from Russ Toran effective May 2016. We would like to thank Russ for his dedication and hard work and welcome Donata to the role. Updated contact information is provided in the box above.



## CAC MEMBERS' MINGLE AND QUARTERLY LUNCHEON

New and Long-term members are the life-blood of the California Alpine Club. On Saturday morning July 16, the Alpine Lodge was abuzz with new friendships being made while members and prospective members participated in activities aimed at welcoming our newest members. Despite the early morning chill and lingering wisps of fog, **Mark Sapiro**, Alpine Lodge Board member, led a spirited hike to Muir Woods and back. **Bev Leve**, Membership Chairperson, in addition to cheerily welcoming everyone, led a shorter strolling hike for a look-see what was happening on Mt Tamalpais. Post hikes while warming up with hot coffee, a Q&A roundtable was hosted by Alpine Trustee **Donata Mikulik**; Board Members: **Ann Meneguzzi** and Mark Sapiro; CAC President **Jay Gustafson**; Echo Lodge Trustee, Chair **Cindy Toran**; and member, **Carroll Pearson**. Cindy, an intrepid hiker, downplayed venturing out while sporting a walking cast and crutches. Topics of interest discussed during the roundtable included a brief explanation about the structure of the Club including the two lodges (Alpine and Echo), how to host and/or make reservations for the lodges, the "how to's and practices of each lodge's use, leading hikes and the rating system for hikes, CAC pins, TRAILS newsletter and the need for editors, committees needing volunteers, our website, and volunteer opportunities for upcoming Social Events.

Chefs **Tim Warden** (also a CAC Board Member) and **Ken Judy** assisted by **Nancy McDonald**, **Mae Harms**, **Connie Clark**, **Jenny Marchant**, et al, prepared a savory baked salmon luncheon for the 45+ guests in attendance. After dinner many helping hands made quick work of dishes and returning the great hall to its normal arrangement. The July CAC Board Meeting and Members Quarterly meeting with input, ideas and concerns from members concluded the day's activities.

Special thanks go to **Lutz Heinrich** and guest Hildegard, Mae, Connie, Jenny and Candy for helping with spiffing up the lodge, room setup, table setting, and pitching in wherever help was needed. Nancy and Bev for sharing the herbs and flowers from their gardens as table decorations for our Mingle and Nancy used her computer skills to create our nametags and place cards.

A very special note of appreciation to all CAC members. Thank you for being there for our new members, for making a phone call or sending an email inviting newer members to upcoming CAC social events and for actively helping to make all members and guests feel especially welcome in the Alpine Club.

Lastly, thanks to **Candy Barnhill** for her energy and enthusiasm in coordinating the July Members' Mingle.

**Candy Barnhill, Event Coordinator and Board Member**

**CORRECTION: The "Passing of Josephine Leen" article was submitted by Trudy Gorak, CAC Member and friend ----not Stanley Gorak.**

## 4TH OF JULY CELEBRATION

Although the day started out with fog and wind covering the mountain, by the time the festivities began, our lovely deck was blessed in sunshine to the delight of our 60 members and guests. Embued with hearty appetites, the attendees feasted on a tasty assortment of appetizers, salads and desserts that accompanied the barbequed chicken, hamburgers, salmon burgers, veggie burgers and sausages. The numerous volunteers who worked so hard really made the party a rousing success. The cast of volunteers included **Jock MacDonald**, **Karl Baeck**, **Arnold Champagne**, **Melanie Facen**, **Bruce Friend**, **Ann Meneguzzi**, **Ernie Castiaux**, **Jay Gustafson**, **Diane Budo**, **Sondra Schwartz**, **Nancy** and **Lynn MacDonald**. If some volunteers were not mentioned, please accept the authors apologies. We hope this annual tradition will continue for years to come.

**Eva Libien, Event Committee**  
**Tony Smith, Overnight Coordinator**

## CAC FOUNDATION AWARDS SEVEN GRANTS

The Foundation is pleased to announce that we have given seven grants so far this year to the following organizations:

Pt Reyes National Seashore Association: \$2000 for outdoor clothing for scholarship students on overnight backpacking trips.

West Point Inn: \$1500 for weather station on Mt Tamalpais.

Slide Ranch: \$2000 to enable a class of 25 to participate in environmental education programs.

Tahoe Rim Trail Association: \$2000 to purchase 20 trail and bike counters.

Eldorado National Forest Interpretive Association: \$1500 for visitor information projects.

Center for Sierra Nevada Conservation \$1200 for all-terrain heavy-duty tires for the vehicle used in trail restoration projects

Pacific Crest Trail Association: \$2000 to support the three-day Tahoe Trail Skills College

We are also pleased to welcome two new board members, Ruth Tretbar and Bruce Friend.

**Arlin Weinberger, President, CAC Foundation**



# ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone **Cindy Toran** at 707-321-3262 until 9pm or email [cktoran@gmail.com](mailto:cktoran@gmail.com).  
Echo Lodge Telephone  
530-659-7274

**Winter Hosts:** It is prime time to plan your Winter/Spring 2017 host events

at Echo Lodge. Private Events are also available mid-week Jan-Mar and any days Apr-Jun as well as October 1-December 19th, excluding Thanksgiving week. Give me a call or send an e-mail to let me know your preferred times. The schedule through Feb 2017 is published below. Thanks to those who have already volunteered! Also, our next Host Appreciation & Training session is November 4-6. If you need to renew your training, as required every 3 years, or would like to become a trained host, please contact me.

**All CAC Members:** As always we have a LOT of work to do at the **Fall Work Party** to get the lodge ready for the coming snow season. The festivities start on Thursday, Sept. 15th, and end on Sunday, the 18th. We could sure use your help and it will be a lot of fun! Contact Trustee Bob Henry, [clyde33301@comcast.net](mailto:clyde33301@comcast.net), 707-829-3728.

Sincerely, Cindy

**The next Echo Lodge Trustees' Meeting:** Tuesday, September 6th, 5:30 pm, by teleconference. Contact Cindy if you would like to attend.

**SEP 2-5 FRI-MON PRIVATE EVENT - FFSC**  
Lee Yamada 541-844-1206  
[lkyboletes@gmail.com](mailto:lkyboletes@gmail.com)

**SEP 6-8 TUES-THURS PRE-WORK PARTY**  
Mary Larkin-Berlinski 831-325-6215  
[mlarkin804@sbcglobal.net](mailto:mlarkin804@sbcglobal.net)

**SEP 9-13 FRI-TUES PRIVATE EVENT**  
Gary Milburn 831-440-6592  
[g.milburn@sbcglobal.net](mailto:g.milburn@sbcglobal.net)

**SEP 15-18 THURS-SUN FALL WORK PARTY**  
Contact: Bob Henry 707-829-3728  
[clyde33301@comcast.net](mailto:clyde33301@comcast.net)

**SEP 18-23 SUN-FRI AVAILABLE FOR TRAINED HOSTS**

## ECHO SUMMIT LODGE FALL/WINTER SCHEDULE

**SEP 23-25 FRI-SUN TRAIL CLEARING WEEKEND**

Tom Coleman 415-531-4650  
[travmcgee@comcast.net](mailto:travmcgee@comcast.net)

**SEP 30-OCT 2 FRI-SUN PRIVATE EVENT**  
Jayma Brown & Allan Lindberg 510 237-0231  
[jaymabrown@earthlink.net](mailto:jaymabrown@earthlink.net)

**OCT 6-9 THURS-SUN FALL RETREAT**  
Mary & Stefan Berlinski 831-325-6215  
P.O. Box 776, Moss Landing, CA 95039  
[mlarkin804@sbcglobal.net](mailto:mlarkin804@sbcglobal.net)

**OCT 9-16 SUN-SUN FALL COLOR HIKES**  
Lin Mangiante & Barbara Crockett 650-697-7403  
424 Hazel Ave, Millbrae, CA 94030  
[foxtails@pacbell.net](mailto:foxtails@pacbell.net)

**OCT 20-23 THURS-SUN PRIVATE EVENT**  
Lynn Garric 707-756-2639  
[cransac@sonic.net](mailto:cransac@sonic.net)

**OCT 28-30 FRI-SUN PRIVATE EVENT**  
Piper & Curt Lomax 408-205-1708  
[piper.lomax@gmail.com](mailto:piper.lomax@gmail.com)

**NOV 4-6 FRI-SUN HOST APPRECIATION & TRAINING**  
Contact: Cindy Toran 707-321-3262  
[cktoran@gmail.com](mailto:cktoran@gmail.com)

**NOV 10-13 THURS-SUN HOSTED EVENT**  
Lynn Garric 707-756-2639  
5400 Alpine Rd, Santa Rosa, CA 95404  
[cransac@sonic.net](mailto:cransac@sonic.net)

**NOV 18-20 FRI-SUN PRIVATE EVENT**  
Carolyn Williams 916-677-9224  
[wildflowersbycarolyn@hotmail.com](mailto:wildflowersbycarolyn@hotmail.com)

**NOV 23-27 WED-SUN THANKSGIVING - COOP MEALS**  
Laura, Ken & Karen Patera 530-681-3119  
1312 Coloma Way, Woodland, CA 95695.  
[mailto:laura.patera@yahoo.com](mailto:mailto:laura.patera@yahoo.com)

**DEC 9-11 FRI-SUN PRIVATE EVENT**  
Sandy Borden 530-318-9693  
[sandyn Nevada@yahoo.com](mailto:sandyn Nevada@yahoo.com)

**DEC 16-18 FRI-SUN PRIVATE EVENT**  
Craig Anderson 928-607-3608  
[Cranders1@gmail.com](mailto:Cranders1@gmail.com)

**DEC 22-27 THURS-TUES HOSTED EVENT JAY & PETE'S OUTSTANDING CHRISTMAS ECHO!**  
--ski and snowshoe adventures, kids and game-nights  
Jay Gustafson & Pete Castelli 415-381-7261  
4024 Ash Street, Mill Valley, CA 94941  
[jaygustafson@yahoo.com](mailto:jaygustafson@yahoo.com)

**DEC 30-JAN 4, 2017 FRI-WED HAPPY NEW YEAR!**

Shelly Navine & Bob Henry 707-829-3728  
1286 Hurlbut Ave, Sebastopol, CA 95472  
[clyde33301@comcast.net](mailto:clyde33301@comcast.net)

**JAN 4-9 WED-MON FAMILY SNOW DAYS**  
Donata Mikulik 707-591-3129  
Pete Castelli & Sandy Borden  
2037 W. Hearn Ave, Santa Rosa, CA 95407  
[donatabo@hotmail.com](mailto:donatabo@hotmail.com)

**JAN 12-16 THURS-MON MLK WEEKEND**  
Nick Gregoratos & Anita Cabrera 415-206-9152  
430 Ellsworth St, San Francisco, CA 94110  
[nick.gregoratos@gmail.com](mailto:nick.gregoratos@gmail.com)

**JAN 20-22 FRI-SUN FAMILY SKI WEEKEND**  
Hunter Merritt 916-873-6253  
1217 El Encanto Way, Sacramento, CA 95831  
[merritt.hunter@gmail.com](mailto:merritt.hunter@gmail.com)

**JAN 25-29 WED-SUN HOSTED EVENT**  
Mary & Stefan Berlinski 831-325-6215  
P.O. Box 776, Moss Landing, CA 95039  
[mlarkin804@sbcglobal.net](mailto:mlarkin804@sbcglobal.net)

**JAN 29-FEB 3 SUN-FRI HOSTED EVENT**  
Dianna Klemmick 650 520-6183  
1235 Howard Ave #3, San Carlos, CA 94070  
[dklemmick@gmail.com](mailto:dklemmick@gmail.com)

**FEB 3-5 FRI-SUN HOSTED EVENT**  
Sandy Borden & Pete Castelli 530-318-9693  
P.O. Box 3182, Auburn, CA 95604  
[sandyn Nevada@yahoo.com](mailto:sandyn Nevada@yahoo.com)

**FEB 10-12 FRI-SUN HOSTED EVENT**  
Tom Coleman 415-531-4650  
32 Live Oak Drive, Petaluma, CA 94952  
[travmcgee@comcast.net](mailto:travmcgee@comcast.net) [travmcgee@comcast.net](mailto:travmcgee@comcast.net)

**FEB 16-20 THURS-MON PRESIDENTS' WKND**  
Nick Gregoratos & Anita Cabrera 415-206-9152  
430 Ellsworth St, San Francisco, CA 94110  
[nick.gregoratos@gmail.com](mailto:nick.gregoratos@gmail.com)

**FEB 20-24 MON-FRI KIDS/GRANDPARENTS SKI WEEK**  
Kathy & Bill Faherty 707-539-7081  
36 Cliffwood Place, Santa Rosa, CA 95409  
[kfaherty@mac.com](mailto:kfaherty@mac.com)

**FEB 24-26 FRI-SUN HOSTED EVENT**  
Richard Thornton 510-918-9001  
913 Reddington Ct, Walnut Creek, CA 94596  
[RGThorn@pacbell.net](mailto:RGThorn@pacbell.net)

\*\*\* Watch for updates in future issues of Trails! \*\* \*

# TRAILS

issued monthly by the

## California Alpine Club

Founded in 1913 - Incorporated in 1936

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Mill Valley CA 94942-2180

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## LABOR DAY POTLUCK MONDAY, SEPTEMBER 5

Labor Day at the Alpine Lodge will be celebrated with a casual potluck. We'll begin the day with a moderately paced hike at 10:00 led by **Jordan Hermann**. At 2:30, appetizers will be served, followed by salads and main dishes. Desserts will top off the event. If you would like to come, just let me know. Email me at [elibien@yahoo.com](mailto:elibien@yahoo.com) or call me at 415-383-5184. Cost of the event is \$6 paid by mail or at the door. Folks with last names starting with A-H bring main dish or salad to share with 6-8; I-P bring desserts for 6-8; Q-Z bring appetizers for 6-8. The bar will be open. Soft drinks will be provided. Hope you can make it.

NOTE: We'll have the barbie ready for those who want to bring an additional item to barbecue for themselves or to share.

**Eva Libien**

## TRAILS NEWSLETTER ALERT

Please email articles for the **October 2016** issue will be **Helena Troy** at [Hmtroy@aol.com](mailto:Hmtroy@aol.com). Helena should receive articles for the October issue no later than September 5. Electronic files are greatly appreciated.

**NOTE!** Please submit all articles by email. All articles should be prepared in WORD, PAGES or EXCEL and attached to your email as a document rather than being part of the text of your email. In the subject of your email please include the month and TRAILS ARTICLE. For June the subject would be JUNE TRAILS ARTICLE. This will help the monthly editors tremendously.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an email message. In the attached email, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **November** issue will be **Anita Cabrera** at [aa\\_cabrera@msn.com](mailto:aa_cabrera@msn.com). Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact **Susan D. Patrick** at [susandpatrick@msn.com](mailto:susandpatrick@msn.com) or 360-943-6439.

**Susan D. Patrick, Publications Chair**