



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 92

July/August 2016

No. 6

US NATIONAL PARK SERVICE CENTENNIAL PACKING THE PARKS, A CENTENNIAL ADVENTURE JULY 21 AND JULY 24, 2016

We are looking for some additional volunteers to help with these events and other National Parks Service Centennial activities. Please contact me to participate. Activities will be to set up the tables, serve refreshments, and answer questions about our Club and Foundation.

The Golden Gate National Parks Conservancy are planning a youth backpacking trip in the Bay Area. The event is called Packing the Parks. The northern group of ~50 hikers will begin at Stinson Beach on Thursday, Jul 21 and camp at Camp Alice Eastwood. From there they will hike to Haypress Camp in Tennessee Valley. On Saturday they hike to Kirby Cove. Sunday, July 24, they cross the Golden Gate Bridge to Crissy Field where they will meet the southern team who started from Rancho Corral de Tierra.

Pantoll July 21: The California Alpine Club will host a refreshment table at Pantoll, where the northern group will have lunch on July 21. We will stage this at Alpine Lodge, assemble the refreshments, tables, and chairs, then drive to Pantoll to set-up. Volunteers can hike with the group to Camp Alice Eastwood, then on to Alpine Lodge, or drive back after clean-up.

Crissy Field July 24: We will have a booth at the Packing the Parks final event on Sunday, July 24. This will be a public event with other supporting organizations. We will use both of these activities to promote our club and foundation. Your help will be appreciated.

Thanks, Bill Mayers, CAC Board Member.
whmayers@gmail.com 415-302-4802.

FOURTH OF JULY BARBECUE AND POTLUCK

On Monday, July Fourth, come to the Alpine Lodge for a 1A "leaderless" hike or a 2B hike lead by Jordan Herrmann. The hikes will be followed by a festive Fourth of July celebration. If you don't feel like hiking just come and enjoy the festivities. We'll prepare the chicken, veggie burgers and sausage. You prepare your favorite dish to serve 6-8 people. A donation bar will be open.

Choose what you want to bring: appetizer, casserole, salad or dessert. Please call or email **Eva Libien** (415-383-5184) or elibien@yahoo.com to let her know what you plan to bring. This is essential so that we don't have too many of one dish. Then mail your check for \$14 to: **Eva Libien**, 2Eucalyptus Knoll St., Mill Valley, CA 94941. Guest pay \$16.

The 2B hike will start from the Lodge at 10:00am and the 1A hike will begin at 11:00am. Happy Hour begins at 2:30pm followed by the Barbecue and Potluck at 3:30pm. This should give the hikers time to freshen up.

We already have some volunteers, but additional help is needed with the barbecue, setup and cleanup. Please volunteer prior to the day of the event for these important tasks and help make this event a success.

Eva Libien, Event Committee

HAPPY
4th of July



Monthly TRAILS Editor ~ Susan Patrick

California Alpine Club - The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Jay Gustafson '17	415-381-7261	jaygustafson@yahoo.com
Vice President	Mark Sapiro '17	415-388-8910	mark@msapiro.net
Secretary	Margy Eller '17	415-383-7307	margyeller@gmail.com
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Board of Directors:

	Ann Meneguzzi '17	209-931-3423	tmlann@hotmail.com
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	Candy Barnhill '16	319-631-9110	wheejeepfun_cb@aol.com
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Membership	Bev Leve	707-539-2802	hikingbev@gmail.com
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Publications	OPEN		
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Event	Eva Libien	415-383-5184	elibien@yahoo.com
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	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
	Jordan Herrmann	510-520-9782	jordanzon82@gmail.com
	Marguerite Murphy	415-595-6891	mcm00@pacbell.net
	Russ Toran	707-321-3845	toranski@aol.com
	Candy Barnhill	319-631-9110	wheejeepfun_cb@aol.com

Alpine Lodge Trustees:

	Tom Coleman '16	707-992-0650	travmcgee@comcast.net
	Barbara Hills '17	530-756-4916	barbarahills3@gmail.com
	Garrett Hill '19	707-792-2013	garrett@x2nsat.com
	Carl Duisberg '17	415-388-1175	carl Duisberg@hotmail.com
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Alpine Lodge Support:

Alpine Calendar	Donata Mikulik	707-591-3129	donatabo@hotmail.com
Alpine Treasurer	Michael Vaggione	408-865-1781	michaeljv@pacbell.net
Accommodations Reservations		707-591-3129	donatabo@hotmail.com

Coordinators For Alpine Lodge:

Innkeepers	Jana Shober	916-690-1828	shober@csus.edu
Hike Leaders	Pauline MacDonald	415-381-2870	luddite48@comcast.net
Hikers Weekend	Nuala Caulfield	415-922-6775	ntcaulfield@msn.com

Echo Summit Lodge Trustees:

Chair	Cindy Toran '19	707-321-3262	cktoran@gmail.com
	Nick Gregoratos '18	415-206-9152	nick.gregoratos@gmail.com
	Mary Larkin-Berlinski '17	831-345-6963	mlarkin804@sbcglobal.net
	Bob Henry '17	707-829-3728	clayde33301@comcast.net
	Richard Thornton '18	510-918-9001	RGThorn@pacbell.net

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TRAILS is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Anita Cabrera, Susan Patrick, Heather Rand, Richard Thornton and Helena Troy.

Contributors this issue: Jay Gustafson, Bev Leve, Pauline McDonald, Jordon Hermann, Cindy Toran, Jana Shober, Ruth Tretbar, Renee Hamilton, Eva Libien, Bill Mayer, Margy Eller, Ann Mezzini, Russ Toranski, Stanley Gorak and Susan Patrick.

PRESIDENT'S MESSAGE

Summer's upon us and the trails are filling with all sorts of hikers and outdoors folk. We'll be out in numbers on the weekend of our half yearly "New Member's Welcome" Lunch at Alpine Lodge, July 16. Board Director **Candy Barnhill** is organizing this to acquaint new members with others in the club. So bring your boots for a Tam hike, stay for a great lunch, and attend a Board and Quarterly Member's meeting that Saturday afternoon. All newbies (defined as those who have joined in the last six months) and active members are invited to connect to the leadership team and meet our new members. (See Members' Mingle on page 3)

We have another fabulous July event ahead, the Centennial year of the U.S. National Parks Service. Treasurer **Bill Mayers** is working with the Golden Gate National Parks Conservancy in the production of a hiking event passing right by Alpine lodge (22 July) and ending in the city (24 July). We've been invited to have a booth at the final destination site on Crissy Field on that Sunday. You're invited to come along to enjoy the scene and share your CAC experiences with others.

The outings are almost filled and there are more coming. There are lots of opportunities to join hosted events at both Alpine and Echo Lodges, so get those boots dusted off, find a friend or two and get up on the mountains. Sure it's healthy, and the scenery is exciting, but you know how friendships are deepened and new ones made when we're outside.

Some of the ideas which members have brought forward recently include more adventure through outings and events which the club might co-organize with others. For families there is interest building in "exploration days" over at Slide Ranch – the kind of fun kids and folks alike do to discover nature and how to sustain our mountain and seashore. For hikers and lovers of the Sierras there's already a "pack-in five day" being planned for next year with mules carrying the load.

So what are your adventure ideas? Where do you want to play? Where can we be of service to the mountain? Let us know.

Leadership listens and acts ... it's your turn.

Jay Gustafson, President



Correspondence: Please address correspondence concerning this publication to: Jay Gustafson 4024 Ash St., Mill Valley, CA 94941.

CAC Website: <http://californiaalpineclub.org>

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MEMBERSHIP REPORT

JUNE 2016

REINSTATEMENT

Thomas and Cynthia Wold
5155 Sunrise Hills Road
Fair Oaks, CA 95628
916-967-9920

TomWold@pacbell.net

Sponsors: Kathy Faherty & John Hannum



NEW MEMBERS

Shannon Fagan
4775 19th St
San Francisco, CA 94114
415-863-6321

Slf@sbcglobal.net

Sponsors: Tom Coleman & Masame Takesue

Elizabeth Nauslar
P.O Box 1135
Half Moon Bay, CA 94019
650-477-7826

eanauslar@att.net

Sponsors: Tom Coleman & Carol Bodtker

Meg Rodgers
1914 McLaren Dr
Roseville, CA 95661
530-515-4760

mrodersmd@yahoo.com

Sponsors: Ruth Tretbar & Edie Nelson



Beve Leve, Membership Chair

MEMBERS' MINGLE AT ALPINE LODGE

On Saturday, July 16, current and new members are invited to a special day of activities. Join us for hikes; a roundtable Q&A with the CAC Trustees and Boards members; the New Member Luncheon and the inaugural "Where/How/ What – Where We've Been, Where We're Going and member Input on How we get there and What we need to do. This includes the CAC Board and Quarterly Membership Meeting.

Don't miss the opportunity to mingle with new and old friends, participate in the conversation and enjoy a hike and good food.

Bev Leve will take reservations for lunch for \$15. New Members are our guests at this event and will not pay. Please RSVP to Bev by Thursday July 14 at hikingbev@gmail.com. Send your check payable to **Bev Leve** to 7614 Oak Leaf Drive, Santa Rosa, CA 95409.

If you can volunteer or bring hors d'oeuvres contact **Candy Barnhill** at 319-631-9110 or wheejeepful_cb@aol.com.

Hikes begin at 9:00 am, hors d'oeuvres and Q&A at 11:30 am. Lunch at 12:15 pm, Dishwashing 1:30 pm, CAC Board Meeting 2 pm pm and Membership Meeting at 3 pm. Please join us.

**Candy Barnhill, Board Member,
Event Coordinator**

MONTHLY EDITORS FOR 2016

MONTHLY EDITOR	ARTICLE DUE DATE
September - Richard Thornton	8/10/2016
October- Susan Patrick	9/10/2016
November- Anita Cabrera	10/10/2016
December/January - Susan Patrick	11/10/2016

Richard Thornton	email: RGThorn@pacbell.net
Susan Patrick	email: susandpatrick@msn.com
Anita Cabrera	email: aa_cabrera@msn.com

These are your monthly editors for the remainder of 2016. Please send your article(s) to the person listed above for the month indicated and send articles by the corresponding due date.

NEED FOR VOLUNTEERS AT ALPINE LODGE

THE CAC and its Lodges cannot survive without your help. Alpine Lodge is in need of garden help. Work party support, scrap booking, decorating and general leadership interest. If you can help or have any ideas contact Tom Coleman, travmcgee@comcast.net or Donata Mikulik, donatabo@hotmail.com or 707-591-3129.

Tom Coleman and Donata Mikulik, Alpine Trustees

Board of Directors and Quarterly Membership Meetings

If you have any questions or wish to have an item on the agenda, contact **Jay Gustafson** at jaygustafson@yahoo.com or call 415-381-7261. Members are welcome at Board meetings.

Jay Gustafson, CAC President

2016 CAC Board Schedule

July	16	2 pm—Board
July	16 *Luncheon	3 pm—Member
August		No Meeting
September	17	2 pm—Board
October	15	2 pm—Board
October	15 * Meal tbd	3 pm—Member
November	19	2 pm—Board
December		No Meeting

*All meetings are at Alpine and occur on Saturdays
The January, July and October Member meeting dates can/will be combined with a meal welcoming new members.



ALPINE HIKE LEADER SCHEDULE

OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

Sunday July 3	9:30 AM	Carol Bodtker	415-884-0850	2B
Sunday July 10	9:30 AM	Tom Dewey	510-381-8188	2B
Sunday July 17	9:30 AM	Lynn MacDonald	510-525-3843	2B
Sunday July 24	9:30 AM	Open		2B
Sunday July 31	9:30 AM	Rob Freinkel	415-608-7938	2B
Sunday August 7	9:30 AM	Open		2B
Sunday August 14	9:30 AM	Bill Mayer	415-785-3516	2B
Sunday August 21	9:30 AM	Open		2B
Sunday August 28	9:30 AM	Jeannie Bruyn	415-456-1877	2B
Sunday September 4	9:30 AM	Open		2B
Sunday September 4	9:30 AM	Open		2B
Sunday September 4	9:30 AM	Open		2B
Sunday September 4	9:30 AM	Open		2B

Contact Information for hike leaders:

Pauline MacDonald (415) 381-2870 luddite48@comcast.net

Edie Nelson (831) 331-1754 Mayme (415) 924-3819 maymeharris@cs.com

Different Hikes for Different Types:

Our Weekly Tradition for Sunday Hiking

The 2B hikes depart from the Alpine Club at 9:30 am. These hikes are 7–10 miles long and up to 2,000 feet elevation gain. On days shown as leaderless, the hikers will decide on their own route after convening at the Alpine Club.

Informal, slower-paced 1A hikes depart from the Alpine Club at 9:45 am. These hikes are 5–6 miles and up to 1,000 feet elevation gain.

If you are interested in leading a 2B hike shown as open, please email Pauline MacDonald. For information on the 1A hikes call Edie or Mayme.

We suggest bringing a sandwich (or something) for a trailside lunch and a liter of water. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). The hikes usually finish at the Alpine Club around 2:00–2:30 pm.

Note: If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

ALPINE LODGE SUNDAY INNKEEPERS

July 3	Diane Smith
July 10	Mary Ann Bernard
July 17	Susan Head
July 24	Scott Smith
July 31	Alice Lehmann

August 7	OPEN
August 14	OPEN
August 21	OPEN
August 28	OPEN

We have no scheduled innkeepers for August- Please consider serving your club by picking a Sunday in August (or any Sunday after that!)- they are all OPEN!

Hello fellow Alpine Club Members!

I am the Innkeeping Coordinator (recruiter & scheduler) for the Alpine Lodge Sunday Open House. **Please, would you consider signing up to be the Innkeeper(s) on a Sunday of your choice and selecting one of the dates shown below as OPEN - or any Sunday after that.** It is a great way to spend a day at our beautiful Alpine Lodge while at the same time fulfilling a portion of your volunteer responsibilities. You need not be host trained to serve as Innkeeper(s) and I can provide you with a list of brief instructions/suggestions which outline what the Innkeepers traditionally have done. Also, if you don't wish to serve alone (you are a new member for example) consider serving together with another member – and co-innkeep!

Please note that I update the live link in TRAILS as soon as I get a volunteer. So that may be a great place to start when considering being an innkeeper- find an OPEN date there and then contact me. Please call me to reserve a date or provide feedback (916-690-1828) or better yet, email me at shober@csus.edu.

Thank You! Happy Trails To You All!
Jana Shober, Innkeeping Coordinator

ALPINE LODGE WORK PARTY SCHEDULE

Time: 9:00 am to 3:00 pm Lunch will be served. Overnight is possible. Please contact the host to RSVP

WORK PARTY	HOST	CONTACT INFO
Saturday, July 9	Tom Coleman	travmcgee@comcast.net
Saturday, August 20	Tom Coleman	travmcgee@comcast.net

Tom Coleman, Alpine Trustee

CAC CALENDAR OF EVENTS AND VOLUNTEERS

Many of you offer to help with events at Alpine Lodge every year, but we would love to have help from other members and especially new members. Helping with some aspect of an event is a great way to meet people and make new friends. We always have lots of fun. The tasks are divided into groups, so that many hands can make light work.

The chart below shows the major task areas for each event and the number of volunteers needed. If you can volunteer in any capacity for these events, please contact the event host, task leader, or BoD Sponsor by email. You can find contact information for the sponsor/host/task leader in the event description on our website calendar. More detailed task descriptions and templates for managing an event are/will be located on the website. You can sign up to help with an event by going to our website at californiaalpineclub.org/MEMBERS>QUICK LINKS. Just double-click on the appropriate cell and enter your name to volunteer. If you have any trouble with the Events spreadsheet, contact Jordan Herrmann at jordanzon82@gmail.com and give him your phone number. See the CAC Box on page 2 for the list of the Event Committee members.

CAC Social Event Calendar Volunteers 2016-17	July 4th, BBQ 2016 (Volunteers for 2015 shown)	July 16, 2016 Qtrly Mtg & New Mems (Volunteers for 2015 shown)	Sept 5, 2016 Labor Day Potluck	Oct 15 Quarterly Meeting	Oct 29, 2016 Halloween Party, TBD	Nov 24, 2016 Thanksgiving Dinner	Dec 10, Children's Holiday Party	Dec 17, CAC Holiday Party	Dec 25, Christmas Day Dinner TBD	Jan 1, 2017 New Years Day w/Soup and Salad	Jan 2 Quarterly Mtg New Members
BoD Sponsor	Ann Meneguzzi	Candy Barnhill	N/A	Greg	N/A	Need	Ann Meneguzzi	Jay Gustafson	NA	Need	Mark
Event Host(s)	Eva Libien	Candy Barnhill	Eva	Candy Barnhill		Need Host - Eva will help	Mary Frey & Ann Meneguzzi				
RSVPs/Accounts	Eva Libien	Bev Leve					Mary Frey				Bev Leve
*Head Chef	Tony Smith	*Tim Warden Ken Judy					Ann Meneguzzi				? Jan Mc & Candy Barnhill
Table Setup & Decoration	Need 2	Plus 2 Hike Leaders			Jordan Hermann		Need 3				
Name Tags & Place Cards	N/A	Nancy MacDonald					Mary Jane				
*Cleanup Supervisor	Tony Smith	Need supervisor: new members do dishes					Need 4				
Overnight Host	Tony Smith (7/3)						Ann Meneguzzi			Tony Smith	
Other Volunteers	Jordan-Lead Hike Confirmed for 2016		Jordan-Lead Hike								

Abbreviations: O/N = Overnight; B/F = Breakfast; Lun = Lunch; Din = Dinner; Apps = Appetizers; Spon = Sponsor; BoD = Board of Directors; TBD = To be Determined; N/A = Not Applicable; Deco=Decorations; Help = helpers

2016 OUTINGS

Spring: Weekend canoe/kayak trip on the Russian River. Once we know how El Nino will affect river levels, we can confirm a date.

August 10-14: Following the adventurous trajectory set in motion during Bob Hanson's base camp trip last August, Mary Larkin-Berlinsky and Julie Batsel will co-lead a trip into the back country of the Eastern Sierras, Wednesday through Sunday, August 10 to 14. Mules will carry our gear while we hike up a steep 4-mile trail into a secluded, lightly forested base camp at Blue Lakes, in the gorgeous Sabrina Basin. There, 24 lakes await exploration, and there's potential for peak bagging for those who are so inclined. The fish get bigger the higher up you climb, so fisher folk have opportunities for some exciting catches. Of course, days in camp to read, swim and relax are also fine! We'll eat meals in camp morning and evening, and pack bag lunches for our daily outings. Saturday night will be the peak of the Perseid meteor showers, which should be phenomenal in the high Sierra. Weight limit for gear going by mule: 30 pounds per person, strictly enforced by the packers. If your pack weighs more, you will be expected to carry the difference. Cost: \$335.00 includes mule and packer services, wilderness permits and food for 4-1/2 days. Please specify dietary needs.

RSVP to Julie Batsel, juliebatsel@berkeley.net. If you are confirmed as a trip participant, a deposit of \$100.00 (refundable before June 10, 2016) will be needed to hold your spot; make checks payable to Julie Batsel, and mailed to 1430 Rice Street, Vallejo, CA 94590. Phone: (510) 334-5473. Trip size limited to 13.

October 21-25: Come explore the incredible environs of West Marin while staying in the Point Reyes National Seashore! Your CAC Outings Committee has booked the entire Bunk House (2-story, new building, sleeps 20) and an ADA-accessible, private 1-bedroom (sleeps 5) at the Pt. Reyes Hostel, Friday through Tuesday, October 21-25.

Multiple hikes to Abbotts Lagoon, McClures Beach and Drakes Estero will be led; hikes to Tomales Point and Bird or Castle Rock may beckon others. Happy Hour appetizers (BYOB), breakfast and trail snacks shall be provided Saturday-Monday. You may prepare your lunch and dinners in the large communal kitchen at the hostel, or dine at any number of fine, local restaurants, including: Osteria Stellina, Station House, Marin Sun Farms, Cafe Reyes (Pt. Reyes

Station), Sir & Star (Olema), Saltwater (Inverness), Nick's Cove, Tomales Bay and/or Hog Island Oyster Company (Marshall), to name a few. Your co-hosts, Dianne Klemmick and Vicki Olds, may organize a no-host Friday and Sunday night group restaurant excursion, somewhere, and other local culture events. Remember, Marin is where the whole organic farm-to-table movement started over 100 years ago, so enjoy!

Members staying 4 nights/5 days at the hostel shall be given priority reservations; shorter stays will be accepted too. Costs for members: Bunk House bed--\$35/nt; 1 bdrm bed--\$45/nt; Breakfast + Snacks + HH--\$8/day. Non-members add \$20 daily. Club members and their guests are welcome to join our daily hikes (free) and Happy Hour in the Bunkhouse living room (4-6p; BYOB; \$4) even if not staying overnight.

This eco-hostel is unique and the only lodge accommodation in this destination national park. We will be taking reservations beginning May 01 and close June 30 because CAC reservations must be paid-in-full 80 days prior to our arrival, by AUGUST 7, 2016, or forfeit. Questions, volunteers, hike leaders and other group activity ideas, please contact Vicki Olds <production@studiorflex.com>, or call 415-221-2830. Please plan ahead to join us!

December 9-11: Save the date! Ruth Tretbar and Tom Swaine are your co-hosts for a weekend in Monterey to enjoy "Christmas in the Adobes," an annual event that benefits the Monterey State Historic Park children's educational programs. Cost and reservation information to come in the March Trails.

We would like to hear from you, our club members, what you would like to see among the outings offered by the California Alpine Club. More weekend adventures? More challenging opportunities? Backpacking? International treks? Please email Renee Hamilton (renee@fallbrook.net) with your wish list.

Also, if you have a favorite outdoor spot to which you would like to lead a trip, please let Renee Hamilton know. Outings Committee members can help you with the logistics and will add your program to the Outings calendar.

Renee Hamilton, Outings Committee

SEQUOIA AND KINGS CANYON NATIONAL PARK OUTING

A hardy group of CAC members endured the spring elements at Sequoia and Kings Canyon National Park over Memorial Day week. We had a wonderful time hiking during the day and stargazing at night. We even spotted the International Space Station going by overhead. There were coyotes, bears, and deer all around the park. Bird life was plentiful too. The National Parks are celebrating their centennial this year so there were lots of activities to enjoy at the park. However, the highlights of our trip were the hikes and vistas. Each day there were outings followed by an amazing meal around the campfire with some great stories shared by all.

The group included **Ruth Tretbar, Isabel Lenssen, Mary Menconi, Barbara Johnson, Jim Hogan, Steve Humphry, Alan and Nancy Bisio, Alana Kock, Vicki Olds and Vila Rezai.** Stefan and Mary Berlinski were the host for this trip. Everyone raved about Mary's cooking. Mary's daughter, Heather, and her boyfriend, Ryan, joined us on the weekend. Long time friend of the Bisios, John and Lynn spend the day with us as well. We hope to see you at one of the outings. Happy Trails.

Mary Larkin-Berlinski, Event Leader

ALPINE LODGE EVENTS AND HOST CALENDAR

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. CHECK THE WEBSITE FOR LATEST UPDATES.

ALPINE LODGE PHONE # 415-380-8250
OUTGOING LOCAL CALLS ONLY;
NO PAY PHONE
WIFI NOW AVAILABLE

To Schedule an Event: For a private member event or a Club function, please email (preferred method) Donata Mikulik at donatabo@hotmail.com or call 707-591-3129.

JUNE 26-JULY 2 SUN-SAT

Jill McIntire
 658 Wildcat Canyon Road
 Berkeley CA 94708
 jillmcin@lmi.net

YOGA AND HIKING

510-526-7315

AUGUST 6-8 SAT-MON

Allyn Bromely-Baron
 2207 Mohala Way
 Honolulu HI 96822
 abromely@hawaii.rr.com

PRIVATE EVENT

808-946-7663

NOV 4-6 FRI-SUN

Wendi Olmstead
 144 Sunrise Parkway
 Petaluma CA 94954
 wendiolmstead@comcast.net

SCRAPBOOK AND CRAFT WEEKEND

707-766-8038

JULY 3-4 SUN-MON

Tony Smith
 2345 Tice Creek Drive#4
 Walnut Creek CA 94596
 Tbs1932sf@gmail.com

OVERNIGHT FOR JULY 4TH BBQ

650-207-1619

AUGUST 20 SAT

Tom Coleman
 32 Live Oak Dr
 Petaluma CA 94952
 travmcgee@comcast.net

WORK PARTY

NOV 19 SAT

Jay Gustafson
 4024 Ash Street
 Mill Valley CA 94941
 jaygustafson@yahoo.com

BOARD MEETING

415-381-7261

JULY 4 MON

Eva Libien
 2 Eucalyptus Knoll St
 Mill Valley CA 94941
 elibien@yahoo.com

JULY 4 TH BBQ AND POTLUCK

415-383-5184

SEPT 9-11 FRI-SUN

Wendi Olmstead
 144 Sunrise Parkway
 Petaluma CA 94954
 wendiolmstead@comcast.net

SCRAPBOOK AND CRAFT WEEKEND

707-766-8038

DEC 2-4 FRI-SUN

Carlos Miranda
 1041 3rd Ave
 Sacramento Ca 95818
 carlosandlori@gmail.com

PRIVATE EVENT

916-832-5828

JULY 8-10 FRI-SUN

Wendi Olmstead
 144 Sunrise Parkway
 Petaluma CA 94954
 wendiolmstead@comcast.net

SCRAPBOOK AND CRAFT WEEKEND

707-766-8038

SEPT 17 SAT

Jay Gustafson
 4024 Ash Street
 Mill Valley CA 94941
 jaygustafson@yahoo.com

BOARD MEETING

415-381-7261

DEC 9-11 FRI-SUN

Ann Meneguzzi
 9151 Fairchild Ln
 Stockton CA 95215
 tmlann@hotmail.com

PARTY PREP AND CLEANUP

209-373-9844

JULY 9 SAT

Tom Coleman
 32 Live Oak Dr
 Petaluma CA 94952
 travmcgee@comcast.net

WORK PARTY

SEP 24-25 SAT-SUN

Shirley Fischer
 19 Cermenho Court
 San Rafael CA 94903
 sfischer_94903@comcast.net

PRIVATE EVENT

415-472-0596

DEC 10 SAT

Mary Frey
 100 Thorndale Dr
 San Rafael CA 94903
 marymaryhiker@aol.com

CHILDRENS CHRISTMAS PARTY

415-492-2510

JULY 13-17 WED-SUN

Eva Craig
 77 Mirabel Rd
 Mill Valley CA 94941

HOSTED EVENT

415-846-9526

OCT 6-8 THU-SAT

Diane Budo
 7777 Bodega Ave Apt J-12
 Sebastopol CA 95472
 heybudo@yahoo.com

PRIVATE EVENT

707-823-5553

DEC 21 WED

Jay Gustafson
 4024 Ash Street
 Mill Valley CA 94941
 jaygustafson@yahoo.com

PRIVATE-DAY USE

415-381-7261

JULY 16 SAT

Bev Leve
 7614 Oak Leaf Dr.
 Santa Rosa CA 95409
 hikingbev@gmail.com

BOARD/MEMBERSHIP MEETING

707-539-2802

OCT 15 SAT

Jay Gustafson
 4024 Ash Street
 Mill Valley CA 94941
 jaygustafson@yahoo.com

BOARD MEETING

415-381-7261

OCT 21-23 FRI-SUN

Jill McIntire
 658 Wildcat Canyon Road
 Berkeley CA 94708
 jillmcin@lmi.net

PRIVATE EVENT

510-526-7315

JULY 21-24 THU-SUN

Shirley Fischer
 19 Cermenho Court
 San Rafael CA 94903
 sfischer_94903@comcast.net

PRIVATE EVENT

415-472-0596

JULY 29-31 FRI-SUN

Bob Hanson
 2600 Saklan Indian Dr Apt 3
 Walnut Creek CA 94595
 doctoroutdoors@comcast.net

PRIVATE EVENT

925-944-3366

PLEASE NOTE: Donata Mikulik is taking over Alpine Lodge Reservation and Scheduling duties from Russ Toran effective May 2016. We would like to thank Russ for his dedication and hard work and welcome Donata to the role. Updated contact information is provided in the box above.



ECHO LODGE HOST APPRECIATION & TRAINING JUNE 3-5, 2016

Our Spring Host Appreciation & Training at Echo Lodge was blessed with fantastic weather and an awesome group of 28 special members, including CAC President **Jay Gustafson**, who lent the CAC perspective and an overview of the club structure and explained our non-profit status in terms we could all understand. We were fortunate to have **Tim Seeley** attend since we discovered a leak in the copper piping of hot water from the second floor that dripped down into the pantry and a light fixture. Tim stayed "after school" to make the repair, which is most appreciated! It was especially wonderful to see **Chris Krueger & Amy Pertschuk** back at Echo Lodge after Amy's very serious incident on the ski slope in mid-March which required being transferred to a hospital in Reno for brain surgery. Her recovery is remarkable and she is doing so well she expects to be back hosting at Echo Lodge in the next winter season. Go Amy!

Mary Larkin-Berlinski orchestrated outstanding meals for the weekend with the assistance of many volunteers from the folks attending. Mary had just returned a few days previously from leading a CAC King's Canyon and Sequoia Group Camp outing. What a dedicated CAC volunteer! We all felt extremely fortunate to benefit from her culinary and organizational skills in addition to leading a group on an infrastructure tour of Echo Lodge. Thanks, Mary!

Thanks to all the graduates of the 2016 Spring Host Training and Appreciation:

Jeff & Brigitte Grimshaw, Donata Mikulik, Piper & Curt Lomax, Heather Rand & Tom Posta, Pete Castelli, Mederick Ravel, Crystal Arnold, Chris Krueger & Amy Pertschuk, Jay Gustafson & Mary Cosgrove, Jon & Lin Mangiante, Tim Seeley, Sandy Borden, Dianna Klemmick, Steve Smith, Anne Farrar, Mary Cahill, Lynn Garric, Sylvie Langbehn, Ellen Spitalnik, Jean Rodgers, Garrett Hill, Greg Scoville

The Fall 2016 Host Training is scheduled for November 4-6. You too can enjoy this special weekend sponsored by Echo Trustees and then move on to giving a special gift to fellow CAC members by hosting a session at Echo Summit Lodge.

Cindy Toran, ESL Trustee

WILDFLOWER WEEK - JULY 10 TO JULY 16, 2016 AT ECHO SUMMIT LODGE

Welcome to our summer celebration! We have six days reserved to squeeze in all the adventures we love to share during our wildflower week in July.

This year we're inviting you to bring and/or rent a bicycle and tour the South shore of Lake Tahoe, beginning at Camp Richardson, where Anderson Bike Rentals matches you to a bike and helmet that will provide comfort and safety for a small fee. We'll ride down the path to the end near Baldwin Beach; very short ride that can be extended. A stop for ice cream is optional!

One day will be set aside so we can hike together to the boat dock on Echo Lake where you can hike back the 3 miles you hiked in, or relax and leave the driving to the boat master who will return you to the marina for a mere \$12. We'll take our lunch for this hike and dine at the dock before departing.

We'll also be hiking the Carson Pass trail that mimics a botanical garden this time of year. We'll plan a hike that's a 2B and eat lunch on the lake shore.

We're seeking information regarding kayak rental to tour Emerald Bay. . . still in the planning~

We're encouraging you to bring your favorite group/board game and share an evening of laughter and camaraderie. If you've never played spoons, get ready to laugh harder than you have since you were a kid!

This is an adventure we look forward to sharing with members year after year. Please contact **Mary Cahill** (530) 798 -9601, 422 Lamarque Court, Grass Valley, CA 95945 if you would like to come and share this time with us. Send Mary a deposit, \$15 per night, per person, to guarantee a place. Include your phone number, email address, dates you plan to attend and. Please specify if you would like to sleep in the dorm or a private room. Please let us know if you're willing to share a room with two twin beds with another person.

Mary Cahill, Event Coordinator

2016 FWOC GATHERING TO BE NEAR SEATTLE

Bainbridge Island near Seattle, WA is this year's location for the 2016 gathering of the Federation of Western Outdoor Clubs September 16-18. (California Alpine Club has been an founding member of the FWOC since its beginning in 1932.) Read about preliminary details for the event in the recent 2016 Winter issue of "Outdoor West" on the FWOC link: www.federationofwesternoutdoorclubs. More information will be in the forthcoming Summer issue of "Outdoor West" available soon on the FWOC website.

Seven CAC members attended last year's conference near Portland in the beautiful Columbia River Gorge. They had a wonderful time enjoying the scenic location and meeting members like ours from several western states. Why not consider some September vacation days on Bainbridge Island this year? Have fun exploring and relaxing on a famous Puget Sound island during the last weekend of Summer!

Ann Meneguzzi, CAC Board Member

California Alpine Club



WEBSITE IS AVAILABLE

<http://californiaalpineclub.org>

389 members registered!

Please REGISTER for our new website,
if you have not already done so!

— Website Implementation Team

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone **Cindy Toran** at 707-321-3262 until 9pm or email cktoran@gmail.com.
Echo Lodge Telephone
530-659-7274

ESL Trained Hosts: It's not too early to sign up for your favorite time in the

Winter 2017 schedule. We are especially looking for host(s) for the Thanksgiving holiday time in November. Let me know if you can help with this special occasion. Enjoy your summer!

Note: I will be traveling August 4 - September 1st so responses to e-mail may be somewhat delayed and I will not have phone contact.

Sincerely, Cindy

The next Echo Lodge Trustees' Meeting: Contact Cindy at cktoran@gmail.com for the next scheduled meeting.

Problems or Concerns about Echo Summit Lodge? Contact Cindy Toran at 707-321-3262 or cktoran@gmail.com. Discussions will, of course, be kept confidential.

ECHO SUMMIT LODGE SUMMER/FALL SCHEDULE

JUL 21-24 THURS-SUN HOSTED EVENT
Lillian Young & Genie/Tim Frye 650-588-5689
3650 Sneath Ln, San Bruno, CA 94066
lcyou@sbcglobal.net

JUL 24-27 SUN-WED HOSTED EVENT
Dianna Klemmick 650 520-6183
1235 Howard Ave #3, San Carlos, CA 94070
dklemmick@gmail.com

JUL 27-31 WED-SUN CONSERVATION BENEFIT & BIRDING
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
oldmawagner@gmail.com

JUL 31-AUG 2 SUN-TUES COOP MEALS
Craig Anderson 928-607-3608
9635 Appalachian Dr, Sacramento, CA 95827
cranders1@gmail.com

AUG 2-4 TUES-THURS AVAILABLE FOR TRAINED HOSTS

AUG 4-7 THURS-SUN HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

AUG 7-12 SUN-FRI COOP MEALS
Jim Nixon & Jan McCulloch 650-756-7771
50 Seacrest Ct, Daly City, CA 94015
jimnixon2000@yahoo.com

AUG 12-14 FRI-SUN COOP MEALS
Mederick Ravel 510-868-4361
1272 Francisco St, Berkeley, CA 94702
mederick@gmail.com

AUG 14-19 SUN-FRI AVAILABLE FOR TRAINED HOSTS

AUG 19-25 FRI-THURS HOSTED EVENT
Edie Nelson & Diane Friend 831-331-1754
74 Surrey Lane, San Rafael, CA 94903
edieforsyth@hotmail.com

AUG 26-28 FRI-SUN HOSTED EVENT
A late summer weekend in the mountains for hiking and meeting members whom you never knew before. Shadow hosts invited to join in too. One new twist: If no host to arrive Sunday, we will be leaving the lodge AFTER AN EVENING MEAL ON SUNDAY - giving us an opportunity at less traffic delay as we travel back to Bay Area- this is a TEST!
Jay Gustafson 415-381-7261
4024 Ash Street, Mill Valley, CA 94941
jaygustafson@yahoo.com

AUG 28-SEP 2 SUN-FRI AVAILABLE FOR TRAINED HOSTS

SEP 2-5 FRI-MON PRIVATE EVENT - FFSC
Lee Yamada 541-844-1206
lkyboletes@gmail.com

SEP 5-9 MON-FRI AVAILABLE FOR TRAINED HOSTS

SEP 9-13 FRI-TUES PRIVATE EVENT
Gary Milburn 831-440-6592
g.milburn@sbcglobal.net

SEP 15-18 THURS-SUN FALL WORK PARTY
Contact: Bob Henry 707-829-3728
clyde33301@comcast.net

SEP 18-23 SUN-FRI AVAILABLE FOR TRAINED HOSTS

SEP 23-25 FRI-SUN TRAIL CLEARING WEEKEND
Tom Coleman 415-531-4650
travmcgee@comcast.net

SEP 30-OCT 2 FRI-SUN PRIVATE EVENT
Jayma Brown & Allan Lindberg 510 237-0231
jaymabrown@earthlink.net

OCT 6-9 THURS-SUN FALL RETREAT
Mary & Stefan Berlinski 831-325-6215
P.O. Box 776, Moss Landing, CA 95039
mlarkin804@sbcglobal.net

OCT 9-16 SUN-SUN FALL COLOR HIKES
Lin Mangiante & Barbara Crockett 650-697-7403
424 Hazel Ave, Millbrae, CA 94030
foxtails@pacbell.net

OCT 20-23 THURS-SUN PRIVATE EVENT
Lynn Garric 707-756-2639
cransac@sonic.net

OCT 28-30 FRI-SUN PRIVATE EVENT
Piper & Curt Lomax 408-205-1708
piper.lomax@gmail.com

NOV 4-6 FRI-SUN HOST APPRECIATION & TRAINING
Contact: Cindy Toran 707-321-3262
cktoran@gmail.com

NOV 10-13 THURS-SUN HOSTED EVENT
Lynn Garric 707-756-2639
5400 Alpine Rd, Santa Rosa, CA 95404

*** Watch for updates in future issues of Trails! ***

ECHO LODGE DIRECTIONS:

Echo Summit Lodge is located at the summit of Old Meyers Grade above Lake Tahoe, one mile from U.S. 50 on Johnson Pass Road. To contact someone at the lodge call 530-659-7274.

JUL 1-3 FRI-SUN HOSTED EVENT
Gayle Abbott & Beryl Kay 916-208-3523
5207 Carrington St, Sacramento, CA
gaylea@surewest.net

JUL 3-6 SUN-WED 4TH OF JULY WKND
Mary Cahill 530-798-9601
422 Lamarque Ct, Grass Valley, CA 95945
A_childs_view@yahoo.com

JUL 6-10 WED-SUN HOSTED EVENT
Tim Seeley 707-486-8288
4819 Foxglove Ct., Santa Rosa, CA 95405
seeley@sonic.net

JUL 10-16 SUN-SAT HIKES AMONG THE WILDFLOWERS/ COOP MEALS
Mary Cahill & Bill Jones 530-798-9601
422 Lamarque Ct, Grass Valley, CA 95945
A_childs_view@yahoo.com

JUL 17-21 SUN-THURS HOSTED EVENT
Janis Riccomini 408-981-9137
12602 Cambridge Dr, Saratoga, CA 95070
janisriccomini@comcast.net

TRAILS

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Mill Valley CA 94942-2180

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PASSING OF JOSEPHINE LEEN

Josephine Leen, past secretary of the Alpine Lodge, passed away on Wednesday, February 10, 2016. Josephine took on the task of "Head Chef for many Alpine Lodge dinners. She will be remembered for her delicious Roast Beef and Yorkshire Pudding, English trifle and apple pie dinners. She also was known for her St. Patrick's Day dinner of corned beef and cabbage with her home baked loaves of Irish Soda Bread.

She enjoyed being a CAC member and joined in all the activities the Club had to offer. She hiked many trails on Mt. Tam. Her favorite trail was "Steep Ravine" ending up at Stinson Beach. She looked forward to spending holiday weekends at Echo Summit Lodge or hiking and boat rides on beautiful Echo Lake.

Josephine is resting in her beloved home-Tralee, County Kerry, Ireland.

Stanley Gorak, CAC Member and friend

TRAILS NEWSLETTER ALERT

Please email articles for the **September 2016** issue to **Richard Thornton** at RGThorn@pacbell.net. Richard should receive articles for the September issue no later than August 5. Electronic files are greatly appreciated.

NOTE! Please submit all articles by email. All articles should be prepared in WORD, PAGES or EXCEL and attached to your email as a document rather than being part of the text of your email. In the subject of your email please include the month and TRAILS ARTICLE. For June the subject would be JUNE TRAILS ARTICLE. This will help the monthly editors tremendously.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an email message. In the attached email, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **October 2016** issue will be **Susan Patrick** at susandpatrick@msn.com.

Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact **Susan D. Patrick** at susandpatrick@msn.com or 360-943-6439.

Susan D. Patrick, Publications Chair