



# TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 92

June 2016

No. 5

## SECOND ANNUAL GRANDPARENTS' CAMP WEEK

We invite you to join us at the Alpine Lodge from Monday, June 20 until Saturday, June 25 for our second annual Grandparents' Camp Week.

Bring your grandchildren ages 4 and up for a week of activities with other children and their grandparents. Last year was a wonderful memory-building experience for the children as well as us grandparents. We're focusing on outdoor hiking and other adventure activities.

We'll be taking the ferry, once again, to Angel Island for a picnic hike and a beach trip to Stinson for a day in the sun. We'll revisit the Rodeo Beach area and plan a special trip this year to the California Science Museum just on the other side of the Golden Gate Bridge; we'll be researching public transit for that excursion. Join us for BBQ dinners and fun, entertaining activities for the children. We'll be sharing new experiences and your grandchildren will be begging to come back with you next year!

The reservations will fill quickly; if you intend to spend this special week with us at the lodge, please let me know. The required deposit is \$15 per day, per person (payable to **Mary Cahill**) and can be sent to 422 Lamarque Court, Grass Valley, CA 95945. For more information please call 530-798-9601 or email [a\\_childs\\_view@Yahoo.com](mailto:a_childs_view@Yahoo.com).

Mary Cahill, Event Coordinator



## PLEASE JOIN US FOR THE 20TH ANNUAL TRAIL-CLEARING WEEKEND.

Once again, the CAC, PCTA (Pacific Crest Trail Ass'n), and the TRT (Tahoe Rim Trail) will meet at Echo Lodge on Friday, September 23 for some very worthwhile and needed work trail-clearing on the Pacific Crest Trail. We will all arrive on Friday afternoon, have appetizers and dinner, followed by a safety meeting sponsored by the USFS. After breakfast Saturday, we will all go to the PCT, trail tools in hand, and work to make the trail safer for through hikers and day hikers alike.

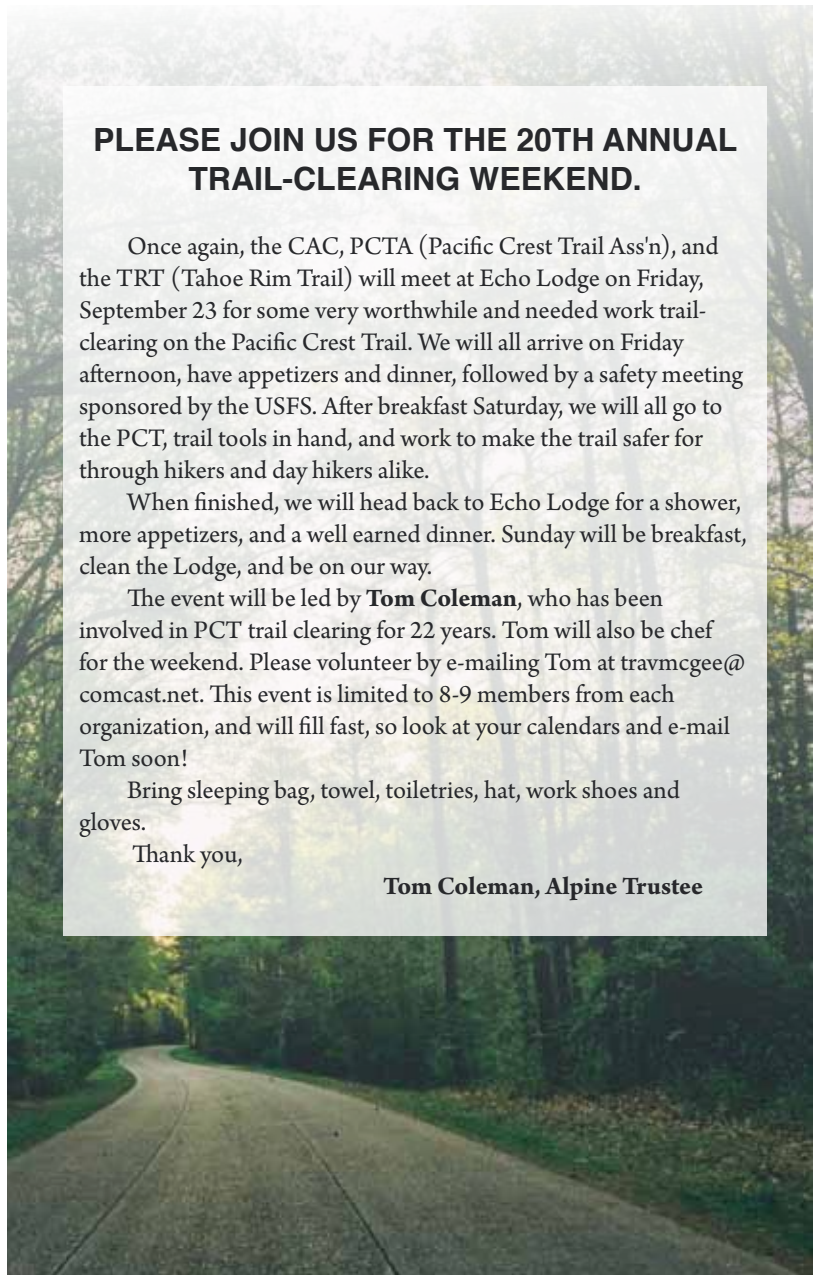
When finished, we will head back to Echo Lodge for a shower, more appetizers, and a well earned dinner. Sunday will be breakfast, clean the Lodge, and be on our way.

The event will be led by **Tom Coleman**, who has been involved in PCT trail clearing for 22 years. Tom will also be chef for the weekend. Please volunteer by e-mailing Tom at [travmcgee@comcast.net](mailto:travmcgee@comcast.net). This event is limited to 8-9 members from each organization, and will fill fast, so look at your calendars and e-mail Tom soon!

Bring sleeping bag, towel, toiletries, hat, work shoes and gloves.

Thank you,

**Tom Coleman, Alpine Trustee**



## Monthly TRAILS Editor ~ Richard Thornton

**California Alpine Club** - The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

### Officers:

President	Jay Gustafson '17	415-381-7261	jaygustafson@yahoo.com
Vice President	Mark Sapiro '17	415-388-8910	mark@msapiro.net
Secretary	Margy Eller '17	415-383-7307	margyeller@gmail.com
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### Board of Directors:

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	Greg Scoville '16	916-801-0919	gsscoville@iwindings.com
	Candy Barnhill '16	319-631-9110	wheejeepfun_cb@aol.com
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### Committee Chairpersons:

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Publications	OPEN		
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	Marguerite Murphy	415-595-6891	mcm00@pacbell.net
	Russ Toran	707-321-3845	toranski@aol.com
	Candy Barnhill	319-631-9110	wheejeepfun_cb@aol.com

### Alpine Lodge Trustees:

	Tom Coleman '16	707-992-0650	travmcgee@comcast.net
	Barbara Hills '17	530-756-4916	barbarahills3@gmail.com
	Garrett Hill '19	707-792-2013	garrett@x2nsat.com
	Carl Duisberg '17	415-388-1175	carl Duisberg@hotmail.com
	Donata Mikulik '19	707-591-3129	donatabo@hotmail.com

### Alpine Lodge Support:

Alpine Calendar	Donata Mikulik	707-591-3129	donatabo@hotmail.com
Alpine Treasurer	Michael Vaggione	408-865-1781	michaeljv@pacbell.net
Accommodations Reservations		707-591-3129	donatabo@hotmail.com

### Coordinators For Alpine Lodge:

Innkeepers	Jana Shober	916-690-1828	shober@csus.edu
Hike Leaders	Pauline MacDonald	415-381-2870	luddite48@comcast.net
Hikers Weekend	Nuala Caulfield	415-922-6775	ntcaulfield@msn.com

### Echo Summit Lodge Trustees:

Chair	Cindy Toran '19	707-321-3262	cktoran@gmail.com
	Nick Gregoratos '18	415-206-9152	nick.gregoratos@gmail.com
	Mary Larkin-Berlinski '17	831-345-6963	mlarkin804@sbcglobal.net
	Bob Henry '17	707-829-3728	clayde33301@comcast.net
	Richard Thornton '18	925-287-0764	RGThorn@pacbell.net

### CAC Foundation Directors:

President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Beryl Kay	415-922-6155	berylkay@berylkay.com
	Allen Utterback	831-688-1524	valallen@cruzio.com
	Mary Cosgrove	415-381-7261	wilddoveis@gmail.com
	Ruth Tretbar	510-593-2115	rtretbar@yahoo.com
	Bruce Friend	510-654-4218	bifedf@comcast.net

TRAILS is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

**Monthly Editors:** Anita Cabrera, Susan Patrick, Heather Rand, Richard Thornton and Helena Troy.

**Contributors this issue:** Jay Gustafson, Mary Cahill, Helena Troy, Bev Leve, Susan Patrick, Donata Mikulik, Russ Toran, Pauline MacDonald, Tom Coleman, Jordan Herrmann, Cindy Toran, Jana Shober, Bob Henry and Margy Eller.

## PRESIDENT'S MESSAGE

We have a ton of new members, and more working their way through the process, have you noticed? When asked about the "why's" for most, it's the friendly, outdoor centered folks who are already members... and of course the lodges which offer a place to center activity. Sounds about right, non?



So, how can we extend that atmosphere. If you've been up to Mt Tam during the week on these fabulous spring wild-flower days, you'll notice more and more hikers out and about. A few of our members have asked, "could we open the lodge mid-week, say on a Tuesday or Wednesday, provide an Innkeeper, and let us stop by for a tea or sit-out-back-in-the-sunshine?" Let me know what you think and if you would commit to volunteering a few times to make this work over the summer/autumn.

The CAC Foundation has occasionally supported Slide Ranch over the years. Their program brings annually 4,000+ participants to the property on the slopes of Mt Tam just on the edge of the Pacific centering visitor experiences around stewardship, habitats and sustainable living. This is a source of volunteerism for members and families, and potentially, a rich learning experience for our young ones. There are already some discussions going on about a program for us; might that interest you and your children? Lemme know!

And have you checked out the outings list lately? These are filling easily, so you may want to offer a favorite adventure of your own which would engage a few members for an outings event. Rene and Ruth would love to hear from you with your suggestions and help get another CAC adventure planned. We are a volunteer organization thriving with member contribution, and yours is just what we've been looking for... so "no hiding the good stuff," let us have your adventure thoughts!

While on the volunteer theme, the big Spring work party at Echo led by **Bob Henry** and team was a success with some serious maintenance and wood splitting, the painting crew and of course the "inside wonders" making the place ready for our summer season. Have you joined in on a work party lately? ... it's not just for the newbies... it's for the joy of contribution and making new friends.

Leadership listens and acts... it's your turn.

**Jay Gustafson, President**

**Correspondence:** Please address correspondence concerning this publication to: Jay Gustafson 4024 Ash St., Mill Valley, CA 94941.

**CAC Website:** <http://californiaalpineclub.org>

**CAC Rosters and Privacy Protection**

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# MEMBERSHIP REPORT

APRIL 2016

## REINSTATEMENT

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San Francisco, CA 94131  
415 794-1605 craigHMcKown@mac.com  
Sponsors: John O'Sullivan and Steve Cosbey



Aurora Roberts  
15180 Chateau Ave  
Reno NV 89511  
775 384-6869 aurora.roberts@gmail.com  
Sponsors: Candy Barnhill and Mary Jane KcKown

## NEW MEMBERS

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802 Chamberlain Ct  
Mill Valley, CA 94941  
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John.mullen@promia.com  
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150 W. Edith Ave. Unit 14  
Los Altos, CA 94022  
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Berkeley, CA 94705  
510 292-5429 menahune2002@yahoo.com  
Sponsors: Jay Gustafson and Jennie Bruyn



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San Francisco, CA 94110  
415 590-1465 avsegal@pacbell.net  
Sponsors: Jennie Bruyn and Anne Farrar

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707 636-4436 susan.topf@gmail.com  
Sponsors: Dorsey McTaggart and Adam Wiznewski

Sherry Yasuda  
1270 Pacific Avenue  
Petaluma, CA 94954  
707 529-6853 werbublz@comcast.net  
Sponsors: Jennie Bruyn and Jay Gustafson

**Beve Leve, Membership Chair**

## TRAILS MONTHLY EDITORS FOR 2016

MONTHLY EDITOR	DUE DATE FOR ARTICLE
June - Richard Thornton	5/10/2016
July/August - Susan Patrick	6/10/2016
September - Richard Thornton	8/10/2016
October - Susan Patrick	9/10/2016
November - Anita Cabrera	10/10/2016
December/January - Richard Thornton	11/10/2016

Richard Thornton email: RGThorn@pacbell.net  
Susan Patrick email: susandpatrick@msn.com  
Anita Cabrera email: aa\_cabrera@msn.com

These are your monthly editors for the remainder of 2016. Please send your article(s) to the person listed above for the month indicated and send articles by the corresponding due date.

## Board of Directors and Quarterly Membership Meetings

If you have any questions or wish to have an item on the agenda, contact **Jay Gustafson** at jaygustafson@yahoo.com or call 415-381-7261. Members are welcome at Board meetings.

**Jay Gustafson, CAC President**

### 2016 CAC Board Schedule

June	11	2pm—Board
July	16	2pm—Board
July	16 *Luncheon	3pm—Member
August		No Meeting
September	17	2pm—Board
October	15	2pm—Board
October	15 * Meal tbd	3pm—Member
November	19	2pm—Board
December		No Meeting

\*All meetings are at Alpine and occur on Saturdays  
The January, July and October Member meeting dates can/will be combined with a meal welcoming new members.



## ALPINE HIKE LEADER SCHEDULE

### OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

Sunday June 5	9:30 AM	Bill Mayers Poetry Hike	415-785-3516	2B
Sunday June 12	9:30 AM	Lynn MacDonald	510-525-3843	2B
Sunday June 19	9:30 AM	Mark Sapiro	415-388-8910	2B
Sunday June 26	9:30 AM	Jock MacDonald	415-381-2870	2B
Sunday July 3	9:30 AM	Open		2B
Sunday July 10	9:30 AM	Tom Dewey	510-381-8188	2B
Sunday July 17	9:30 AM	Open		2B
Sunday July 24	9:30 AM	Open		2B
Sunday July 31	9:30 AM	Open		2B
Sunday August 7	9:30 AM	Rob Freinkel	415-608-7938	2B
Sunday August 14	9:30 AM	Open		2B
Sunday August 21	9:30 AM	Open		2B
Sunday August 28	9:30 AM	Open		2B

Contact Information for hike leaders:

Pauline MacDonald (415) 381-2870 luddite48@comcast.net

Edie Nelson (831) 331-1754 Mayme (415) 924-3819 maymeharris@cs.com

### Different Hikes for Different Types:

#### Our Weekly Tradition for Sunday Hiking

The 2B hikes depart from the Alpine Club at 9:30am. These hikes are 7–10 miles long and up to 2,000 feet elevation gain. On days shown as leaderless, the hikers will decide on their own route after convening at the Alpine Club.

Informal, slower-paced 1A hikes depart from the Alpine Club at 9:45am. These hikes are 5–6 miles and up to 1,000 feet elevation gain.

If you are interested in leading a 2B hike shown as open, please email Pauline MacDonald. For information on the 1A hikes call Edie or Mayme.

We suggest bringing a sandwich (or something) for a trailside lunch and a liter of water. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). The hikes usually finish at the Alpine Club around 2:00–2:30pm.

Note: If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

## ALPINE LODGE SUNDAY INNKEEPERS

June 5	OPEN
June 12	OPEN
June 19	OPEN
June 26	OPEN

Hello fellow Alpine Club Members!

I am the Innkeeping Coordinator (recruiter & scheduler) for the Alpine Lodge Sunday Open House. **Please, would you consider signing up to be the Innkeeper(s) on a Sunday of your choice and selecting one of the dates shown below as OPEN - or any Sunday after that.** It is a great way to spend a day at our beautiful Alpine Lodge while at the same time fulfilling a portion of your volunteer responsibilities. You need not be host trained to serve as Innkeeper(s) and I can provide you with a list of brief instructions/suggestions which outline what the Innkeepers traditionally have done. Also, if you don't wish to serve alone (you are a new member for example) consider serving together with another member – and co-innkeep!

Please note that I update the live link in TRAILS as soon as I get a volunteer. So that may be a great place to start when considering being an innkeeper- find an OPEN date there and then contact me. Please call me to reserve a date or provide feedback (916-690-1828) or better yet, email me at shober@csus.edu.

As you can see above, we are in great need of innkeepers for the May-June period. Won't you please check your calendar and see if you are able to volunteer one of the open Sundays?

**Thank You! Happy Trails To You All!**

**Jana Shober, Innkeeping Coordinator**

## ALPINE LODGE WORK PARTY SCHEDULE

Time: 9:00 am to 3:00 pm Lunch will be served. Overnight is possible. Please contact the host to RSVP

WORK PARTY	HOST	CONTACT INFO
Saturday, June 25	Tom Coleman	travmcgee@comcast.net
Saturday, July 9	Tom Coleman	travmcgee@comcast.net
Saturday, August 20	Tom Coleman	travmcgee@comcast.net

**Tom Coleman, Alpine Trustee**

## CAC CALENDAR OF EVENTS AND VOLUNTEERS

Many of you offer to help with events at Alpine Lodge every year, but we would love to have help from other members and especially new members. Helping with some aspect of an event is a great way to meet people and make new friends. We always have lots of fun. The tasks are divided into groups, so that many hands can make light work.

The chart below shows the major task areas for each event and the number of volunteers needed. If you can volunteer in any capacity for these events, please contact the event host, task leader, or BoD Sponsor by email. You can find contact information for the sponsor/host/task leader in the event description on our website calendar. More detailed task descriptions and templates for managing an event are/will be located on the website. You can sign up to help with an event by going to our website at [californiaalpineclub.org/MEMBERS>QUICK LINKS](http://californiaalpineclub.org/MEMBERS>QUICK LINKS). Just double-click on the appropriate cell and enter your name to volunteer. If you have any trouble with the Events spreadsheet, contact Jordan Herrmann at [jordanzon82@gmail.com](mailto:jordanzon82@gmail.com) and give him your phone number. See the CAC Box on page 2 for the list of the Event Committee members.

CAC Social Event Calendar Volunteers 2016-17	July 4th, BBQ 2016 (Volunteers for 2015 shown)	July 16, 2016 Qtrly Mtg & New Mems (Volunteers for 2015 shown)	Sept 5, 2016 Labor Day Potluck	Oct 15 Quarterly Meeting	Oct 29, 2016 Halloween Party, TBD	Nov 24, 2016 Thanksgiving Dinner	Dec 10, Children's Holiday Party	Dec 17, CAC Holiday Party	Dec 25, Christmas Day Dinner TBD	Jan 1, 2017 New Years Day w/Soup and Salad	Jan 2 Quarterly Mtg New Members
BoD Sponsor	Ann Meneguzzi	Candy Barnhill	N/A	Greg	N/A	Need	Ann Meneguzzi	Jay Gustafson	NA	Need	Mark
Event Host(s)	Eva Libien	Candy Barnhill	Eva	Candy Barnhill		Need Host - Eva will help	Mary Frey & Ann Meneguzzi				
RSVPs/Accounts	Eva Libien	Bev Leve					Mary Frey				Bev Leve
*Head Chef	Tony Smith	*Tim Warden Bev bring 1 dish					Ann Meneguzzi				? Jan Mc & Candy Barnhill
Table Setup & Decoration	Need 2	Plus 2 Hike Leaders			Jordan Hermann		Need 3				
Name Tags & Place Cards	N/A	Nancy MacDonald					Mary Jane				
*Cleanup Supervisor	Tony Smith	Need supervisor: new members do dishes					Need 4				
Overnight Host	Tony Smith (7/3)						Ann Meneguzzi			Tony Smith	
Other Volunteers	Jordan-Lead Hike Confirmed for 2016		Jordan-Lead Hike								

Abbreviations: O/N = Overnight; B/F = Breakfast; Lun = Lunch; Din = Dinner; Apps = Appetizers; Spon = Sponsor; BoD = Board of Directors; TBD = To be Determined; N/A = Not Applicable; Deco=Decorations; Help = helpers

## 2016 OUTINGS

Spring: Weekend canoe/kayak trip on the Russian River. Once we know how El Nino will affect river levels, we can confirm a date.

**August 10-14:** Following the adventurous trajectory set in motion during Bob Hanson's base camp trip last August, Mary Larkin-Berlinsky and Julie Batsel will co-lead a trip into the back country of the Eastern Sierras, Wednesday through Sunday, August 10 to 14. Mules will carry our gear while we hike up a steep 4-mile trail into a secluded, lightly forested base camp at Blue Lakes, in the gorgeous Sabrina Basin. There, 24 lakes await exploration, and there's potential for peak bagging for those who are so inclined. The fish get bigger the higher up you climb, so fisher folk have opportunities for some exciting catches. Of course, days in camp to read, swim and relax are also fine! We'll eat meals in camp morning and evening, and pack bag lunches for our daily outings. Saturday night will be the peak of the Perseid meteor showers, which should be phenomenal in the high Sierra. Weight limit for gear going by mule: 30 pounds per person, strictly enforced by the packers. If your pack weighs more, you will be expected to carry the difference. Cost: \$335.00 includes mule and packer services, wilderness permits and food for 4-1/2 days. Please specify dietary needs.

RSVP to Julie Batsel, [juliebatsel@berkeley.net](mailto:juliebatsel@berkeley.net). If you are confirmed as a trip participant, a deposit of \$100.00 (refundable before June 10, 2016) will be needed to hold your spot; make checks payable to Julie Batsel, and mailed to 1430 Rice Street, Vallejo, CA 94590. Phone: (510) 334-5473. Trip size limited to 13.

**October 21-25:** Come explore the incredible environs of West Marin while staying in the Point Reyes National Seashore! Your CAC Outings Committee has booked the entire Bunk House (2-story, new building, sleeps 20) and an ADA-accessible, private 1-bedroom (sleeps 5) at the Pt. Reyes Hostel, Friday through Tuesday, October 21-25.

Multiple hikes to Abbotts Lagoon, McClures Beach and Drakes Estero will be led; hikes to Tomales Point and Bird or Castle Rock may beckon others. Happy Hour appetizers (BYOB), breakfast and trail snacks shall be provided Saturday-Monday. You may prepare your lunch and dinners in the large communal kitchen at the hostel, or dine at any number of fine, local restaurants, including: Osteria Stellina, Station House, Marin Sun Farms, Cafe Reyes (Pt. Reyes Station), Sir & Star (Olema), Saltwater (Inverness), Nick's Cove, Tomales Bay and/or Hog Island Oyster Company (Marshall), to name a few. Your co-hosts, Dianne Klemmick and Vicki Olds, may

organize a no-host Friday and Sunday night group restaurant excursion, somewhere, and other local culture events. Remember, Marin is where the whole organic farm-to-table movement started over 100 years ago, so enjoy!

Members staying 4 nights/5 days at the hostel shall be given priority reservations; shorter stays will be accepted too. Costs for members: Bunk House bed--\$35/nt; 1 bdrm bed--\$45/nt; Breakfast + Snacks + HH--\$8/day. Non-members add \$20 daily. Club members and their guests are welcome to join our daily hikes (free) and Happy Hour in the Bunkhouse living room (4-6p; BYOB; \$4) even if not staying overnight.

This eco-hostel is unique and the only lodge accommodation in this destination national park. We will be taking reservations beginning May 01 and close June 30 because CAC reservations must be paid-in-full 80-days prior to our arrival, by AUGUST 7, 2016, or forfeit. Questions, volunteers, hike leaders and other group activity ideas, please contact Vicki Olds <[production@studioreflex.com](mailto:production@studioreflex.com)>, or call 415-221-2830. Please plan ahead to join us!

**December 9-11:** Save the date! Ruth Tretbar and Tom Swaine are your co-hosts for a weekend in Monterey to enjoy "Christmas in the Adobes," an annual event that benefits the Monterey State Historic Park children's educational programs. Cost and reservation information to come in the March Trails.

We would like to hear from you, our club members, what you would like to see among the outings offered by the California Alpine Club. More weekend adventures? More challenging opportunities? Backpacking? International treks? Please email Renee Hamilton ([renee@fallbrook.net](mailto:renee@fallbrook.net)) with your wish list.

Also, if you have a favorite outdoor spot to which you would like to lead a trip, please let Renee Hamilton know. Outings Committee members can help you with the logistics and will add your program to the Outings calendar.

**Renee Hamilton, Outings Committee**

## CAC WEBSITE

It has come to our attention that many members do not know or forgot the login for our website, [californiaalpineclub.org](http://californiaalpineclub.org). If so, any member in a leadership position would be happy to help you access the website. Contact information can be found in the box on page 2 of any issue of TRAILS, or in the Quick Reference Guide.

Once you are able to log onto the website, we encourage you to scroll around the members' section. This is where you will find the official version of our by-laws, resolutions, policies, training manuals, forms, meeting minutes, and back issues of TRAILS. There are some placeholders where documents are not yet posted but will be soon.

**Website Committee: Margy Eller, Carroll Pearson, Helena Troy, Holly White-Wolfe**

# ALPINE LODGE EVENTS AND HOST CALENDAR

**Event Reservations:** Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. CHECK THE WEBSITE FOR LATEST UPDATES.

**ALPINE LODGE PHONE # 415-380-8250**  
**OUTGOING LOCAL CALLS ONLY;**  
**NO PAY PHONE**  
**WIFI NOW AVAILABLE**

**To Schedule an Event:** For a private member event or a Club function, please email (preferred method) Donata Mikulik at donatabo@hotmail.com or call 707-591-3129.

## JUNE 4-5 SAT-SUN

Maureen Johnstone  
 78 Spring Lane  
 Fairfax CA 94930  
 Thestone10@comcast.net

## TWIN CITIES COOP PRESCHOOL

415-785-7264

## JUNE 11-12 SAT-SUN HOSTED OVERNIGHT

Donata Mikulik  
 707-591-3129  
 2037 W Hearn Ave  
 Santa Rosa CA 95407  
 donatabo@hotmail.com

## JUNE 19 SUN

Mary Jane McKown  
 602 Amaranth Blvd  
 Mill Valley CA 94941  
 mjmckown@gmail.com

## MT PLAY DINNER

415-383-2774

## JUNE 20-25 MON-SAT

Mary Cahill  
 422 Lamarque Ct  
 Grass Valley CA 95945  
 A\_childs\_view@yahoo.com

## GRANDPARENTS' CAMP WEEK

530-798-9601

## JUNE 25 SAT

Tom Coleman  
 32 Live Oak Dr  
 Petaluma CA 94952  
 travmcgee@comcast.net

## WORK PARTY

## JUNE 26-JULY 2 SUN-SAT

Jill McIntire  
 658 Wildcat Canyon Road  
 Berkeley CA 94708  
 jillmcin@lmi.net

## YOGA AND HIKING

510-526-7315

## JULY 3 SUN

Tony Smith  
 2345 Tice Creek Drive #4  
 Walnut Creek CA 94596  
 Tbs1932sf@gmail.com

## OVERNIGHT FOR JULY 4TH BBQ

650-207-1619

## JULY 4 MON JULY 4TH BBQ AND POTLUCK

Eva Libien  
 415-383-5184  
 2 Eucalyptus Knoll St  
 Mill Valley CA 94941  
 elibien@yahoo.com

## JULY 9 SAT

Tom Coleman  
 32 Live Oak Dr  
 Petaluma CA 94952  
 travmcgee@comcast.net

## JULY 16 SAT

Bev Leve  
 7614 Oak Leaf Dr.  
 Santa Rosa CA 95409  
 hikingbev@gmail.com

## JULY 21-24 THU-SUN

Shirley Fischer  
 19 Cermenho Court  
 San Rafael CA 94903  
 sfischer\_94903@comcast.net

## JULY 29-31 FRI-SUN

Bob Hanson  
 2600 Saklan Indian Dr Apt 3  
 Walnut Creek CA 94595  
 doctoroutdoors@comcast.net

## AUGUST 6-8 SAT-MON

Allyn Bromely-Baron  
 2207 Mohala Way  
 Honolulu HI 96822  
 abromely@hawaii.rr.com

## AUGUST 20 SAT

Tom Coleman  
 32 Live Oak Dr  
 Petaluma CA 94952  
 travmcgee@comcast.net

## SEPT 9-11 FRI-SUN

Wendi Olmstead  
 1444 Sunrise Parkway  
 Petaluma CA 94954  
 wendiolmstead@comcast.net

## WORK PARTY

## BOARD/MEMBERSHIP MEETING

707-539-2802

## PRIVATE EVENT

415-472-0596

## PRIVATE EVENT

925-934-1071

## PRIVATE EVENT

808-946-7663

## WORK PARTY

## SCRAPBOOK AND CRAFT WEEKEND

707-766-8038

## SEPT 17 SAT

Jay Gustafson  
 4024 Ash Street  
 Mill Valley CA 94941  
 jaygustafson@yahoo.com

## SEP 24-25 SAT-SUN

Shirley Fischer  
 19 Cermenho Court  
 San Rafael CA 94903  
 sfischer\_94903@comcast.net

## OCT 6-8 THU-SAT

Diane Budo  
 7777 Bodega Ave Apt J-12  
 Sebastopol CA 95472  
 heybudo@yahoo.com

## OCT 15 SAT

Jay Gustafson  
 4024 Ash Street  
 Mill Valley CA 94941  
 jaygustafson@yahoo.com

## OCT 21-23 FRI-SUN

Jill McIntire  
 658 Wildcat Canyon Road  
 Berkeley CA 94708  
 jillmcin@lmi.net

## BOARD MEETING

415-381-7261

## PRIVATE EVENT

415-472-0596

## PRIVATE EVENT

707-823-5553

## BOARD MEETING

415-381-7261

## PRIVATE EVENT

510-526-7315



**PLEASE NOTE:** Donata Mikulik is taking over Alpine Lodge Reservation and Scheduling duties from Russ Toran effective May 2016. We would like to thank Russ for his dedication and hard work and welcome Donata to the role. Updated contact information is provided in the box above.





## SUNSET STATE BEACH WEEKEND CAMPOUT

A fun time was had by all at the inaugural Monterey Bay Area campout, April 22nd-26th. The event was attended by members **Ruth Tretbar, Piper and Curt Lomax, Edie Nelson, Morna Prince, Karen Ebadi, Isabel Lenssen, and Lynn Ryder**. Also, we were joined by potential new members **Pam and Troy Trammel** and **Tania Berlinski**. Karen's daughter Sara and boyfriend Rick even joined us on the Saturday hike and kayak on Sunday.

We camped out at Sunset State Beach, hiked Wilder Ranch State Park, kayaked Elkhorn Slough and hiked Sobranes Ridge at Garrapata State Park. The wildflowers and vistas were spectacular. The sea otters and harbor seals didn't disappoint. Meals were provided by hosts **Mary Larkin-Berlinski** and **Stefan Berlinski** with the help of the entire crew as prep cooks. The paella was a real hit and we had wonderful salads with greens from one of the local organic farms.

**Stefan Berlinski** was fire tender extraordinaire and master of setting up tents. The Lomaxes grabbed the reins on dish duty and kept us warm on the inside with Dark and Stormies. The weather was a bit cool and windy but we had plenty of firewood and warm spirits to make up for it. We are already planning for next year and looking forward to our trip to Sequoia Kings Canyon in May.

**Mary Larkin, Echo Trustee**

## SPRING WORK PARTY AT ECHO LODGE

What a beautiful time to be in the mountains. I thought scheduling the SWP in mid May would be problematic, considering the possibility of snow, rain or even the cold hindering our progress. With those elements in mind 20 determined and able volunteers showed up to take on the list of tasks that I had developed. **Kurt Eichstaedt, Nick Gregoratos and Bob Morse** installed much needed flashing and created a french drain system to divert water at the entrance of the main shed. **Cindy Toran and Betty Stanfield** re-attached the screen doors on the 3rd floor, cleaned/shampooed the carpets on all floors and then took a turn on the wood splitting crew. Amazing!! Speaking of the wood splitting crew, Wow! Lead by our very own Volunteer of the Year, **Allen** (the man) **Utterbach, Susan Cook, Fred Olsen, Lyn Ryder and Emm** were undeterred by the 5 cords of rounds that **Mary Larkin** and I created over the previous 1-1/2 days. **Jon Burau**, what can I say? Thank you for trimming, staining, and adding sliding shelves to the new microwave station. Armed with several rolls of quarters, **Lyn Ryder, Emm, and Mary Larkin** laundered every stitch of bedding in the lodge.

Every surface of wood on the exterior of the building was stained and sealed by **Jay Gosuico, Sandy Borden, Joan Proctor and Gary Milburn**. Looks slick.

Gary Milburn also took on plumbing and wood stove repairs in his down time. **Diane and Bruce Friend** kept us all well nourished by taking on the daunting task of preparing all of our meals, snacks and appetizers.

To all of you that took time to saw, split, clean, build, dig, pour, trim, cuss, cook, stain, stack, launder, plumb, and repair at the lodge this spring work party, I thank you. I am honored to be a part of such a great team.



**Bob Henry, Echo Trustee**



# ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone **Cindy Toran** at 707-321-3262 until 9pm or email [cktoran@gmail.com](mailto:cktoran@gmail.com).  
Echo Lodge Telephone  
530-659-7274

## Summer/Fall Hosts:

There are still some prime openings in the Summer schedule. The current schedule is listed below. If there are available times that you would like to host, please contact me. Of course, there is also time available after mid-Sept for either hosted or private events.

Sincerely, Cindy

## The next Echo Lodge Trustees'

**Meeting:** Tuesday, June 21st, 5:30 pm by teleconference. Contact Cindy Toran at 707-321-3262 to attend.

**Problems or Concerns** about Echo Summit Lodge? Contact Cindy Toran at 707-321-3262 or [cktoran@gmail.com](mailto:cktoran@gmail.com). Discussions will, of course, be kept confidential.

## ECHO SUMMIT LODGE SUMMER SCHEDULE

**JUL 1-3 FRI-SUN HOSTED EVENT**  
Gayle Abbott & Beryl Kay 916-208-3523  
5207 Carrington St, Sacramento, CA  
[gaylea@surewest.net](mailto:gaylea@surewest.net)

**JUL 3-6 SUN-WED 4TH OF JULY WKND**  
Mary Cahill 530-798-9601  
422 Lamarque Ct, Grass Valley, CA 95945  
[A\\_childs\\_view@yahoo.com](mailto:A_childs_view@yahoo.com)

**JUL 6-10 WED-SUN HOSTED EVENT**  
Tim Seeley 707-486-8288  
4819 Foxglove St., Santa Rosa CA 95405  
[seeley@sonic.net](mailto:seeley@sonic.net)

**JUL 10-16 SUN-SAT HIKES AMONG THE WILDFLOWERS/ CO-OP MEALS**  
Mary Cahill & Bill Jones 530-798-9601  
422 Lamarque Ct, Grass Valley, CA 95945  
[A\\_childs\\_view@yahoo.com](mailto:A_childs_view@yahoo.com)

**JUL 17-21 SUN-THURS HOSTED EVENT**  
Janis Riccomini 408-981-9137  
12602 Cambridge Dr, Saratoga, CA 95070  
[janisriccomini@comcast.net](mailto:janisriccomini@comcast.net)

**JUL 21-24 THURS-SUN HOSTED EVENT**  
Lillian Young & Genie/Tim Frye 650-588-5689  
3650 Sneath Ln, San Bruno, CA 94066  
[lcyoun@sbcglobal.net](mailto:lcyoun@sbcglobal.net)

**JUL 24-27 SUN-WED HOSTED EVENT**  
Dianna Klemmick 650 520-6183  
1235 Howard Ave #3, San Carlos, CA 94070  
[dklemmick@gmail.com](mailto:dklemmick@gmail.com)

**JUL 27-31 WED-SUN CONSERVATION BENEFIT & BIRDING**  
Karen & Jerry Wagner 707-528-8197  
2622 Wawona Dr, Santa Rosa, CA 95405  
[oldmawagner@gmail.com](mailto:oldmawagner@gmail.com)

**JUL 31-AUG 2 SUN-TUES COOP MEALS**  
Craig Anderson 928-07-3608  
9635 Appalachian Dr, Sacramento, CA 95827  
[cranders1@gmail.com](mailto:cranders1@gmail.com)

**AUG 2-4 TUES-THURS AVAILABLE FOR TRAINED HOSTS**

**AUG 4-7 THURS-SUN HOSTED EVENT**  
Shelly Navine & Bob Henry 707-829-3728  
1286 Hurlbut Ave, Sebastopol, CA 95472  
[clyde33301@comcast.net](mailto:clyde33301@comcast.net)

**AUG 7-12 SUN-FRI COOP MEALS**  
Jim Nixon & Jan McCulloch 650-756-7771  
50 Seacrest Ct, Daly City, CA 94015  
[jimnixon2000@yahoo.com](mailto:jimnixon2000@yahoo.com)

**AUG 12-14 FRI-SUN HOSTED EVENT**  
Mederick Ravel 510-868-4361  
1272 Francisco St., Berkeley, CA 94702  
[mederick@gmail.com](mailto:mederick@gmail.com)

**AUG 14-19 SUN-FRI AVAILABLE FOR TRAINED HOSTS**

**AUG 19-25 FRI-THURS HOSTED EVENT**  
Edie Nelson & Diane Friend 831-331-1754  
74 Surrey Lane, San Rafael, CA 94903  
[edieforsyth@hotmail.com](mailto:edieforsyth@hotmail.com)

**AUG 25-SEP 5 THURS-MON AVAILABLE FOR TRAINED HOSTS (incl. Labor Day)**

**SEP 9-13 FRI-TUES PRIVATE EVENT**  
Gary Milburn 831-440-6592  
[g.milburn@sbcglobal.net](mailto:g.milburn@sbcglobal.net)

**SEP 15-18 THURS-SUN FALL WORK PARTY**  
Contact: Bob Henry 707-829-3728  
[clyde33301@comcast.net](mailto:clyde33301@comcast.net)

**SEP 23-25 FRI-SUN TRAIL CLEARING WEEKEND**  
**TOM COLEMAN 415-531-4650**

**SEP 30-OCT 2 FRI-SUN PRIVATE EVENT**  
Jayma Brown & Allan Lindberg 510 237-0231  
[jaymabrown@earthlink.net](mailto:jaymabrown@earthlink.net)

**OCT 6-9 THURS-SUN FALL RETREAT**  
Mary & Stefan Berlinski 831-325-6215  
P.O. Box 776, Moss Landing, CA 95039  
[mlarkin804@sbcglobal.net](mailto:mlarkin804@sbcglobal.net)

**OCT 9-16 SUN-SUN FALL COLOR HIKES**  
Lin Mangiante & Barbara Crockett 650-697-7403  
424 Hazel Ave, Millbrae, CA 94030  
[foxtails@pacbell.net](mailto:foxtails@pacbell.net)

**OCT 20-23 THURS-SUN PRIVATE EVENT**  
Lynn Garric 707-0756-2639  
[cransac@sonic.net](mailto:cransac@sonic.net)

\*\*\* Watch for updates in future issues of Trails! \*\*\*



## ECHO LODGE DIRECTIONS:

Echo Summit Lodge is located at the summit of Old Meyers Grade above Lake Tahoe, one mile from U.S. 50 on Johnson Pass Road. To contact someone at the lodge call 530-659-7274.

**MAY 31-JUN 3 TUES-FRI AVAILABLE FOR TRAINED HOSTS**

**JUN 3-5 FRI-SUN HOST APPRECIATION & TRAINING**  
Contact: Cindy Toran 707-321-3262  
[cktoran@gmail.com](mailto:cktoran@gmail.com)

**JUN 5-8 SUN-WED AVAILABLE FOR TRAINED HOSTS**

**JUN 8-12 WED-SUN CO-OP MEALS**  
Margaret & Rick Jacobson 707-548-5740  
1354 Ridley Ave, Santa Rosa, CA 95401  
[mgiacobson66@gmail.com](mailto:mgiacobson66@gmail.com)

**JUN 13-19 MON-SUN SIERRA REFLECTIONS/CO-OP MEALS**  
Wendy & Gene Wells 831-462-6505  
3710 Gross Rd #21, Santa Cruz, CA 95062  
[westwell55@gmail.com](mailto:westwell55@gmail.com)

**JUN 19-26 SUN-SUN SUMMER WILDFLOWER HIKES**  
Lin Mangiante & Barbara Crockett 650-697-7403  
424 Hazel Ave, Millbrae, CA 94030  
[foxtails@pacbell.net](mailto:foxtails@pacbell.net)

**JUN 26-JUL 1 SUN-FRI AVAILABLE FOR TRAINED HOSTS**

# TRAILS

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### TRAILS NEWSLETTER ALERT

Please email articles for the **July/August 2016** issue to **Susan Patrick** at [susandpatrick@msn.com](mailto:susandpatrick@msn.com). Susan should receive articles for the July issue no later than June 5. Electronic files are greatly appreciated.

**NOTE!** Please submit all articles by email. All articles should be prepared in WORD, PAGES or EXCEL and attached to your email as a document rather than being part of the text of your email. In the subject of your email please include the month and TRAILS ARTICLE. For June the subject would be JUNE TRAILS ARTICLE. This will help the monthly editors tremendously.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an email message. In the attached email, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **September 2016** issue will be **Richard Thornton** at [RGThorn@pacbell.net](mailto:RGThorn@pacbell.net).

Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact **Susan D. Patrick** at [susandpatrick@msn.com](mailto:susandpatrick@msn.com) or 360-943-6439.

**Susan D. Patrick, Publications Chair**