



# TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

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No. 1



## SUPER BOWL PARTY AT ALPINE LODGE SUNDAY, FEBRUARY 7

Super Bowl 50 kicks off at 3:30pm Sunday, February 7. Rather than paying thousands of dollars for a seat and overpriced beer at Levi Stadium why not come and enjoy it in the company of friends at the Alpine Lodge. The TV coverage starts at 3pm with the kickoff scheduled for 3:25 pm. There will be hamburgers, cheeseburgers, fishburgers and veggieburgers on the BBQ at half-time with all the fixings, plus side dishes/snacks of chips, dips and potato salad, cookies for desert and a Super Bowl pool. Cost will be \$15 for food and snacks. Wine and beer will be available from the donations bar or BYOB. If you plan to come, please e-mail [jockmacdonald1@comcast.net](mailto:jockmacdonald1@comcast.net) to reserve your spot and state your desired burger preference (beef, fish or veggie) and pay on the day.

**Jock and Pauline MacDonald**

## CAC LEADERSHIP POSITIONS - PLEASE HELP!

The Nominating Committee is developing the 2016-2017 slate for club leadership positions. Following are openings on the Board and committees. We ask all members to consider applying for one of these open positions by contacting any of the Nominating Committee members.

### Nominating Committee:

Cindy Toran	<a href="mailto:cktoran@gmail.com">cktoran@gmail.com</a>	707-321-3262
Edie Nelson	<a href="mailto:edieforsyth@hotmail.com">edieforsyth@hotmail.com</a>	831-331-1754
Tim Seeley	<a href="mailto:seeley@sonic.net">seeley@sonic.net</a>	707-486-8288
Tony Smith	<a href="mailto:tbs1932sf@gmail.com">tbs1932sf@gmail.com</a>	408-736-9403
Barbara Hills	<a href="mailto:barbarahills3@gmail.com">barbarahills3@gmail.com</a>	530-756-4916

### Positions Open

CAC Board Two Positions - Vice President and  
one more Board Member

Committee Chair	Publications
Committee Co-Chair	Outings
Committee Member	Event

Please consider volunteering for one of these positions. We really do need your help. Thanks for your support.

**Cindy Toran, Nominating Committee**

## ST. PATRICK'S DAY DINNER SATURDAY, MARCH 19

Back by popular demand. You won't want to miss this year's St. Patrick's Day dinner! Chef extraordinaire, Ken Judy, is preparing a corned beef and cabbage dinner so get your reservations in now. The party starts at 5pm. Cost is \$22 per person. Email Candy Barnhill at [wheejeepfun\\_cb@aol.com](mailto:wheejeepfun_cb@aol.com) or call (319) 631-9110 to let her know how many in your party, then send your check made out to her: Candy Barnhill, PO Box 753, Ashland, OR 97520. This event is usually a sell-out so don't delay. Lots of help needed, so please volunteer when you contact Candy.

**Carroll Pearson, Event Host**

## California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

### Officers:

President	Jim Nixon '16	650-756-7771	jimmixon2000@yahoo.com
Vice President	Jay Gustafson '17	415-381-7261	jaygustafson@yahoo.com
Secretary	Margy Eller '17	415-383-7307	margyeller@gmail.com
Treasurer	Bill Mayers '17	415-785-3516	whmayer@gmail.com
Registrar	Torie Beedle '17	484-894-5230	registrar.cac@gmail.com

### Board of Directors:

	Helena Troy '16	415-492-9576	hmtroy@aol.com,
	Ann Meneguzzi '17	209-931-3423	tmlann@hotmail.com
	Mark Sapiro '17	415-388-8910	mark@msapiro.net
(ProTem)	Greg Scoville '16	916-801-0919	gsscoville@iwings.com
(ProTem)	Candy Barnhill '16	319-631-9110	wheejeepfun_cb@aol.com

### Committee Chairpersons:

Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian (Acting)	Bill Mayers	415-785-3516	whmayers@gmail.com
Membership	Bev Leve	707-539-2802	hikingbev@gmail.com
Outings	Ruth Tretbar	510-219-2820	rtretbar@yahoo.com
	Renee Hamilton	415-686-3966	renee@fallbrook.net
Website	Margy Eller	415-383-7307	margyeller@gmail.com
Parliamentarian	OPEN		
Publications	Susan Patrick	360-943-6439	susandpatrick@msn.com
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Youth Activities	Camille Smith-Balon	831-239-0730	camillecruzfit@gmail.com
Event	Eva Libien	415-383-5184	elibien@yahoo.com
Committee	Sue Karp	414-927-3221	suekarp@prodigy.net
	Edie Nelson	831-331-1754	edieforsyth@hotmail.com
	Mary Jane McKown	415-383-2774	mjmckown@gmail.com
	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
	Jordan Herrmann	510-520-9782	jordanzon82@gmail.com
	Marguerite Murphy	415-595-6891	mcm00@pacbell.net

### Alpine Lodge Trustees:

	Tom Coleman '16	707-992-0650	travmcgee@comcast.net
	Barbara Hills '17	530-756-4916	barbarahills3@gmail.com
(ProTem)	Garrett Hill	707-792-2013	garrett@x2nsat.com
(ProTem)	Carl Duisberg	415-388-1175	carl Duisberg@hotmail.com
(ProTem)	Donata Mukulik	707-591-3129	donato@hotmail.com

### Alpine Lodge Support:

Alpine Calendar	Russ Toran	707-321-3845	toranski@aol.com
Alpine Treasurer	Michael Vaggione	408-865-1781	michaeljv@pacbell.net
Accommodations Reservations		415-381-4975	

### Coordinators For Alpine Lodge:

Sunday	Jana Shober	916-690-1828	shober@csus.edu
Innkeepers			
Hike Leaders	Pauline MacDonald	415-381-2870	luddite48@comcast.net
Hikers Wkend	Nuala Caulfield	415-922-6775	ntcaulfield@msn.com

### Echo Summit Lodge Trustees:

Chair	Cindy Toran '16	707-321-3262	cktoran@gmail.com
	Nick Gregoratos '18	415-206-9152	nick.gregoratos@gmail.com
	Mary Larkin-Berlinski '17	831-345-6963	mlarkin804@sbcglobal.net
	Bob Henry '17	707-829-3728	clyde33301@comcast.net
	Richard Thornton '18	925-287-0764	RGThorn@pacbell.net

### CAC Foundation Directors:

President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Beryl Kay	415-922-6155	berylkay@berylkay.com
	Allen Utterback	831-688-1524	valallen@cruzio.com
	Rose Chen	415-271-3280	rose.chen@gmail.com
	Mary Cosgrove	415-381-7261	wilddoveis@gmail.com

TRAILS is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

**Monthly Editors:** Anita Cabrera, Susan Patrick, Richard Thornton and Helena Troy.

**Contributors this issue:** Tony Smith, Jock and Pauline MacDonald, Cindy Toran, Jim Nixon, Bev Leve, Jana Shober, Tom Coleman, Jordan Herrmann, Renee Hamilton, Mary Frey, Ann Meneguzzi, Arlin Weinberger, Russ Toran, and Susan Patrick.

## PRESIDENT'S MESSAGE

Hello Everyone,



It has been one month since the New Year, the traditional date for making resolutions. If you made any, how are you doing? I didn't but I did promise myself to continue working on becoming healthier and, equally important, working to aid our planet.

In 1970 I read Future Shock, an interesting book by Alvin Toffler. Over the years, I've maintained many mental images from that book; one specific image brings many things into a clear focus, and that is how change will come to our and future generations. Toffler wrote that we should consider Earth a spaceship. Doing so allows me to consider when you or I think we are throwing something away, we aren't, as there is no away on our spaceship. We are just transferring it from one place to another. When supplies get low there is no restocking.

We are a society which uses and disposes of more and more of everything every year. A group I belong to, the Pacifica Beach Coalition, designates one weekend each month for cleaning beaches from Daly City south along the San Mateo Coast. We have even recovered a boat and other items from the tsunami, which hit Japan several years ago. Among the items we recently found are a motorcycle, a shipping container, and clothes and of course anything and everything related to boats. But the one item we find more of is cigarette butts. The butts go from the lips of smokers to the ocean. Winter rains will sweep more and more butts to the Pacific. Fish and birds die from eating what we dispose of, especially the butts. You and I can help out by ensuring our spaceship remains healthy and if you smoke dispose of your cigarette with nature in mind.

One way our club stays healthy is by you volunteering. The Nominating Committee is currently looking to fill several important vacancies on the Board and the Publications Committee Chair. If you wish to serve or have an idea of someone who might, please contact Nominating Committee Chair, **Cindy Toran**, at [cktoran@gmail.com](mailto:cktoran@gmail.com) or 707-321-3662.

Thank You

**Jim Nixon,  
President**

**Correspondence:** Please address correspondence concerning this publication to: Jim Nixon, 50 Seacrest Court, Daly City, CA 94015.

**CAC Website:** <http://californiaalpineclub.org>

**CAC Rosters and Privacy Protection**

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# MEMBERSHIP REPORT

## DECEMBER 2015

Reinstatement  
Julie Batsel  
1430 Rice Street  
Vallejo CA 94590  
510 334-5473  
juliebatsel@berkeley.net  
Sponsors: Jay Gustafson and Bob Hanson



Greg Farber  
25 Corte Oriental #10  
Greenbrae, CA 94904  
415 722-0625  
gregfarber@gmail.com  
Sponsors: Tony Smith and Nuala Caulfield

New Members  
Chris and Joni DeGabriele  
44 Monte Vista  
Novato, CA 94947  
415 497-5741  
degabriele@novato.net  
Sponsors: Margy Eller and Jim Nixon

Bill and Heidi Faulkner  
7775 Healdsburg Ave  
Sebastopol, CA  
707 480-4098  
Heidi.faulkner@sothebysrealty.com  
Sponsors: Tom Coleman and Bruce Friend

Brigitte and Jeff Grimshaw  
6270 Carlotta Court  
Sebastopol, CA 95472  
707 484-2599  
bgrimshaw@comcast.net  
Sponsors: Tom Coleman and Carol Bodtker



## Board of Directors and Quarterly Membership Meetings

If you have any questions or wish to have an item on the agenda, contact **Jim Nixon** at jimnixon2000@yahoo.com or call 650-756-7771. Members are welcome at Board meetings.

**Jim Nixon, CAC President**

### 2016 CAC Board Schedule

February	20	2pm—Board
March	19	1:30—Nomination Committee Meeting 2pm—Board
April	30	* Awards Dinner 2pm—Board
April	30	3pm—Annual
May	21	2pm—Board
June	11	2pm—Board
July	16	2pm—Board
July	16	* Meal tbd 3pm—Member
August		No Meeting
September	17	2pm—Board
October	15	2pm—Board
October	15	* Meal tbd 3pm—Member
November	19	2pm—Board
December		No Meeting

\*All meetings are at Alpine and occur on Saturdays  
The January, July and October Member meeting dates can/will be combined with a meal welcoming new members.



**Bev Leve, Membership Chair**

**California Alpine Club**



### WEBSITE IS AVAILABLE

<http://californiaalpineclub.org>  
334 members registered!

Please REGISTER for our new website, if you have not already done so!

— Website Implementation Team

## ALPINE HIKE LEADER SCHEDULE

### OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

## IMPORTANT! RAIN CANCELS

ALL SUNDAY 2B HIKES DEPART FROM THE ALPINE CLUB AT 9:30 AM SHARP. INFORMAL, SLOWER-PACED 1A HIKES ALSO DEPART SUNDAYS AT 9:45 AM. CALL EDIE NELSON AT 831-331-1754 OR MAYME HARRIS AT maymeharris@cs.com FOR MORE INFORMATION OR JUST SHOW UP. SUNDAY 2B HIKES ARE 7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN. ALTERNATE LEVELS OF SUNDAY HIKES ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE. A 1A HIKE IS 5-6 MILES AND UP TO 1000 FEET. A 1B HIKE IS 5-6 MILES AND 1000-2000 FEET. IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

Sunday February 7	9:30 AM	Leaderless		2B
		Superbowl Party afterwards		
Sunday February	9:30 AM	Howard Ortman	415-456-5912	2B
Sunday February	9:30 AM	Leaderless		2B
Sunday February	9:30 AM	John Eller	415-383-7307	2B
Sunday March 6	9:30 AM	Lynn MacDonald	510-525-3843	2B
Sunday March 13	9:30 AM	Rob Freinkel	415-608-7938	2B
Sunday March 20	9:30 AM	Open		2B
Sunday March 27	9:30 AM	Open		2B
Sunday April 3	9:30 AM	Open		2B
Sunday April 10	9:30 AM	Pete Sager	415-472-1275	2B
Sunday April 17	9:30 AM	Bill Mayers	415-785-3516	2B
Sunday April 24	9:30 AM	Jordan Herrmann	510-520-9782	2B

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

NOTES: All hikes initially convene at the Alpine Club; however hikes may then reconvene at a trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you no longer on the hike.

## ALPINE LODGE SUNDAY INNKEEPERS

Hello fellow Alpine Club Members!

February 7	Holly White Wolfe
February 14	Lindsay Rodgers
February 21	OPEN
February 28	Eva Libien
March 6	Lindsay Roberts
March 13	Gwen Fissel
March 20	Gwen Fissel
March 27	Jerry and Ricki Rosenberg

I am the Innkeeping Coordinator (recruiter & scheduler) for the Alpine Lodge Sunday Open House. Please would you consider signing up to be the Innkeeper(s) on a Sunday of your choice by selecting one of the dates shown as OPEN, or any Sunday after that.

It is a great way to spend a day at our beautiful Alpine Lodge while at the same time fulfilling a portion of your volunteer responsibilities. You need not be host trained to serve as Innkeeper(s) however, I can provide you a list of brief instructions/suggestions which outline what the Innkeepers traditionally have done. Also, if you don't wish to serve alone (you are a new member for example) consider serving together with another member – and co-innkeep!

Please note that I update the web calendar as soon as I get a volunteer. Therefore, it is advised that you check the calendar on the website regularly for the latest status. The public side of the website contains just the 1st names of the innkeeper(s) but the members' side of the website contains more detailed information.

Please call me to reserve a date or provide feedback (916-690-1828) or better yet, e-mail me at janashob@gmail.com or shober@csus.edu.

**Thank You! Happy Trails To You All!**  
**Jana Shober, Innkeeping Coordinator**

## ALPINE LODGE WORK PARTY SCHEDULE

Time: 9:00 am to 3:00 pm Lunch will be served.

Overnight is possible. Please contact the host to RSVP

WORK PARTY	HOST	CONTACT INFO
Saturday, February 6	Tom Coleman	travmcgee@comcast.net
Saturday, March 26	Tom Coleman	travmcgee@comcast.net

Tom Coleman, Alpine Trustee



## CAC CALENDAR OF EVENTS AND VOLUNTEERS

Many of you offer to help with events at Alpine Lodge every year, but we would love to have help from other members and especially new members. Helping with some aspect of an event is a great way to meet people and make new friends. We always have lots of fun. The tasks are divided into groups, so that many hands can make light work.

The chart below shows the major task areas for each event and the number of volunteers needed. If you can volunteer in any capacity for these events, please contact the event host, task leader, or BoD Sponsor by email. You can find contact information for the sponsor/host/task leader in the event descriptors on our website calendar. More detailed task descriptions and templates for managing an event are/will be located on the website. You can sign up to help with an event by going to our website at [californiaalpineclub.org/MEMBERS>QUICK LINKS](http://californiaalpineclub.org/MEMBERS>QUICK LINKS). Just double-click on the appropriate cell and enter your name to volunteer. If you have any trouble with the Events spreadsheet, contact Jordan Herrmann at [jordanzon82@gmail.com](mailto:jordanzon82@gmail.com) and give him your phone number. See the CAC Box on page 2 for the list of the Event Committee members.

CAC Social Event Calendar Volunteers 2015-16	Feb 7, 2016 Annual Super bowl Party	Mar 19, 2016 St. Patrick's Day Dinner	April 30, 2016 Awards Dinner	May 30, 2016 Memorial Day Potluck	July 4th, BBQ 2016 (Volunteers for 2015 shown)	July 16, 2016 Qtrly Mtg&New Mems (Volunteers for 2015 shown)	Sept 5, 2016 Labor Day Potluck	Oct 15 Quarterly Meeting	Oct 29, 2016 Halloween Party, TBD	Nov 24, 2016 Thanksgiving Dinner
BoD Sponsor	N/A	Helena Troy	Mark	N/A	Ann Meneguzzi	Jay Gustafson	N/A	Need	N/A	Need
Event Host(s)	Jock & Pkauline MacDonald	Carroll Pearson/Candace Barnhill	Need 1				Eva			
RSVPs/Accounts		Candace Barnhill	Need 1			Bev Leve				
*Head Chef		Ken Judy	Tim Warden, Need 4 cooks, 6 helpers							
Table Setup & Decoration			Need 3	2 Volunteers needed	Set up tables, chairs, umbrellas) Need 4 Put out plates, cups, utensils (Need 1) Tablecloths Decorate tables	Plus 2 Hike Leaders				
Name Tags & Place Cards		Need 1	Need 1	N/A	N/A				Jordan Hermann	
*Cleanup Supervisor		Need 5	Need 5		Tony Smith					
Overnight Host					Tony Smith	Bev Leve				
Other Volunteers		5 Apps	8 apps	Jordan-Lead Hike Confirmed for 2016	Jordan-Lead Hike Confirmed for 2016	Helpers: Carroll Pearson	Jordan-Lead Hike			

Abbreviations: O/N = Overnight; B/F = Breakfast; Lun = Lunch; Din = Dinner; Apps = Appetizers; Spon = Sponsor; BoD = Board of Directors; TBD = To be Determined; N/A = Not Applicable; Deco=Decorations; Help = helpers

## MEET OUR NEW CAC OUTINGS COMMITTEE

Think back to the October Trails and you might remember an article about Bob (Dr. Outdoors) Hanson's August base camp hiking trip to the Sierras. This was a 'training' program for members interested in coordinating and hosting more outdoor adventures for the club.

Since then, the group has been busy. With the blessing of Outings Chairperson, **Carlos Miranda**, who is passing the baton, a new Outings Committee has been formed, co-chaired by **Ruth Tretbar** and **Renee Hamilton**. Committee members include **Bob Hanson, Julie Batsel, Bonnie Blackaller, Mary Cahill, Dianne Klemmic, Mary Larkin-Berlinski, Stefan Berlinski, Jan Lockie, Vicki Olds, Hubie and Roxy Schaefer, Ann Schubert, Tom Swaine**, and **Ricia Wise**. Over the past few months, discussions have blossomed about trips that would interest the various demographics of our club, with ideas that range from family outings and weekend getaways to longer and more challenging adventures.

We're excited about the programs in the works. Here is a list of what we are planning for 2016.

**April 22-26:** Sunset State Beach hiking/kayaking base camp. Bring your cameras to see migratory birds while kayaking Elkhorn Slough, Sunday 4/24, our best day for tides. Kayak rental costs: \$35 (single); \$55 (double) or \$65 (triple) for a 4-hour paddle. On Saturday and Monday, we'll enjoy spring wildflower hikes at Soberanes Ridge and Wilder Ranch. Hikes are free with the exception of parking fees at Wilder. We'll serve healthy seasonal meals and share fun evenings around the campfire. Camping cost is \$20 per person per night including meals; children 11 and under \$10; children 4 and under free. Space is limited to 24 participants. RSVP to **Mary Larkin-Berlinski**, mlarkin804@sbcglobal.net, 831-345-6963 and mail a deposit of \$10.00 per person per day to Mary Larkin-Berlinski, PO Box 776, Moss Landing, CA 95039. RSVP deadline March 15th. Please specify dietary needs and kayak preference. We look forward to having you join us on this inaugural event in the Monterey Bay.

**May 25-30:** Sequoia and Kings Canyon National Parks Group Camp. Five nights of camping and day hikes in two of the most spectacular parks in the Sierra. Hosted by Mary and Stefan Berlinski, we will have morning and evening meals at camp, sack lunches to go while exploring the amazing sequoias and wonderful vistas. \$20.00 per person per day includes your campsite and meals, \$10.00 per day for 11 years and under, 4 and under are free. Limited space available, first come first served. Please RSVP to Mary Larkin-Berlinski, mlarkin804@sbcglobal.net, 831-345-6963. Send a deposit of \$10.00 per person per day to PO Box 776, Moss Landing, CA 95039. Let's get outside and hike!

**Spring:** Weekend canoe/kayak trip on the Russian River. Once we know how El Nino will affect river levels, we can confirm a date.

**August 10-14:** Save the date! Base-camp trip to Sabrina Basin during the Perseid meteor shower, which peaks August 13. Co-hosted by Julie Batsel and Mary Larkin-Berlinski, this will be a 5-day hiking/camping trip, with gear brought in by mules. Cost and reservation information to come in the March Trails.

**October 21-25:** Save the date! **Vicki Olds** and **Dianna Klemmick** will co-host a long weekend at the Point Reyes Youth Hostel with opportunities to explore Abbots Lagoon, the Lighthouse, Drakes Bay Estero, McClure's Beach and the Tule Elk Reserve. Cost and reservation information to come in the March Trails.

### REMEMBER OUR FOUNDATION WHEN RENEWING

You'll soon be getting a notice to renew your CAC membership. That's the time to add a little to help the Foundation continue and expand its work in 2016. If everyone gave only \$10, we could fund at least three new grants.

These grants, supporting organizations in the Bay Area and at Tahoe, promote goodwill towards the Alpine Club and is the only way we, as a group, "give back" to the lands we use to hike, ski, camp and explore.

Do you have a favorite group whose work you'd like us to support? We give grants for such things as trail work, environmental education and especially projects involving children. We give to smaller organizations where our \$2,000 grant makes a difference. You may contact me at arlinw43@gmail.com with your suggestions.

Thank you for your support!

**Arlin Weinberger, CAC Foundation President**

**December 9-11:** Save the date! **Ruth Tretbar** and **Tom Swaine** are your co-hosts for a weekend in Monterey to enjoy "Christmas in the Adobes," an annual event that benefits the Monterey State Historic Park children's educational programs. Cost and reservation information to come in the March Trails.

This is just the beginning! We would like to hear from you, our club members, what you would like to see among the outings offered by the California Alpine Club. More weekend adventures? More challenging opportunities? Backpacking? International treks? Please email Renee Hamilton (renee@fallbrook.net) with your wish list.

Also, if you have a favorite outdoor spot to which you would like to lead a trip, please let Renee Hamilton or Ruth Tretbar (rtretbar@yahoo.com) know. Outings Committee members can help you with the logistics and will add your program to the Outings calendar.

Thank you to **Carlos Miranda** for his contributions as Outings Committee Chairperson. And special thanks to Bob (Dr. Outdoors) Hanson for providing his inimitable expertise and guidance to our nascent committee. Stay tuned for details of our 2016 adventures and maybe some new trips not yet considered. More fun to come!

**Renee Hamilton, Co-Chair, Outings Committee**

# ALPINE LODGE EVENTS AND HOST CALENDAR

**Event Reservations:** Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. CHECK THE WEBSITE FOR LATEST UPDATES.

**ALPINE LODGE PHONE # 415-380-8250**  
**OUTGOING LOCAL CALLS ONLY;**  
**NO PAY PHONE**  
**WIFI NOW AVAILABLE**

**To Schedule an Event:** For a private member event or a Club function, please leave a message with your request, name, email, and phone number at 415-381-4975. A volunteer will contact you and assist you in booking the event.

Phone Russ Toran 707-321-3845 anytime or  
e-mail to toranski@aol.com  
Accommodations Phone 415-381-4975  
Alpine Lodge Phone 415-380-8250

**FEB 6 SAT** **WORK PARTY**  
Tom Coleman  
32 Live Oak Dr  
Petaluma CA 94952  
travmcgee@comcast.net

**FEB 7 SUN** **SUPER BOWL PARTY**  
Jock MacDonald 415-381-2870  
14 Laverne Rd  
Mill Valley CA 94941  
Jockmacdonald1@comcast.net

**FEB 12-14 FRI-SUN** **PRIVATE EVENT**  
Diane Budo 707-823-5553  
7777 Bodega Ave, Apt J-12  
Sebastopol CA 95472  
yobudo@gmail.com

**FEB 20 SAT** **BOARD MEETING**  
Jim Nixox 650-756-7771  
50 Seacrest Ct  
Daly City CA 94015  
Jimnixon2000@yahoo.com

**MARCH 4-6 FRI-SUN** **SCRAPBOOK AND CRAFT WEEKEND**  
Wendi Olmstead 707-766-8038  
144 Sunrise Parkway  
Petaluma CA 94954  
wendiolmstead@comcast.net

**MARCH 12 SAT** **FRIENDS OF MT TAM ANNUAL MEETING**  
Sue Karp 415-927-3221  
115 Madrone Av  
Larkspur CA 94939  
suekarp@prodigy.net

**MARCH 19 SAT** **NOMINATIONS COMMITTEE MEETING BOARD MEETING**  
Jim Nixon 650-756-7771  
50 Seacrest Ct  
Daly City CA 94015  
Jimnixon2000@yahoo.com

**MARCH 19 SAT** **ST. PATRICK'S DAY DINNER**  
Carroll Pearson 408-736-9403  
1016 Rockefeller Dr.  
Sunnyvale, CA 94087  
pearsoncmp@aol.com

**MARCH 26 SAT**  
Tom Coleman  
32 Live Oak Dr  
Petaluma CA 94952  
travmcgee@comcast.net

**APRIL 3-9 SUN-SAT** **ALPINE SPRING HIKES**  
Barbara Crockett 650-365-6280  
859 Chesterton Ave  
Redwood City CA 94061  
Kc9erfan@sbcglobal.net

**APRIL 11-13 MON-WED** **ROSSMOOR HIKING GROUP**  
Tony Smith 650-207-1619  
2345 Tice Creek Dr  
Walnut Creek CA 94595  
Tbs1932sf@gmail.com

**APRIL 15-16 FRI- SAT** **HOST TRAINING AND APPRECIATION**  
Tom Coleman  
32 Live Oak Dr  
Petaluma CA 94952  
travmcgee@comcast.net

**APRIL 20-24 WED-SUN** **SIERRA CLUB PRIVATE EVENT**  
Mary Jane Mckown 415-383-2774  
602 Amaranth Blvd  
Mill Valley CA 94941  
mjmkown@gmail.com

**APRIL 30 SAT** **ANNUAL BOARD & MEMBERSHIP MTG & AWARDS DINNER**  
Jim Nixon 650-756-7771  
50 Seacrest Ct  
Daly City CA 94015  
Jimnixon2000@yahoo.com

**MAY 7 SAT** **WORK PARTY**  
Tom Coleman  
32 Live Oak Dr  
Petaluma CA 94952  
travmcgee@comcast.net

**MAY 13-15 FRI-SUN** **SCRAPBOOK AND CRAFT WEEKEND**  
Wendi Olmstead 707-766-8038  
144 Sunrise Parkway  
Petaluma CA 94954  
wendiolmstead@comcast.net

**WORK PARTY**  
**MAY 21 SAT**  
Jim Nixon  
50 Seacrest Ct  
Daly City CA 94015  
Jimnixon2000@yahoo.com

**BOARD MEETING**  
650-756-7771

**JUNE 4-5 SAT-SUN** **TWIN CITIES COOP PRESCHOOL**  
Mary Jane McKown 415-383-2774  
602 Amaranth Blvd  
Mill Valley CA 94941  
mjmkown@gmail.com

**JUNE 18-19 SAT-SUN** **MT PLAY DINNER**  
Mary Jane McKown 415-383-2774  
602 Amaranth Blvd  
Mill Valley CA 94941  
mjmkown@gmail.com

**JUNE 25 SAT** **WORK PARTY**  
Tom Coleman  
32 Live Oak Dr  
Petaluma CA 94952  
travmcgee@comcast.net

**JUNE 26-JULY 2 SUN-SAT** **YOGA AND HIKING**  
Jill McIntire 510-526-7315  
658 Wildcat Canyon Road  
Berkeley CA 94708  
jillmcin@lmi.net

**JULY 4 MON** **BBQ AND POTLUCK**  
To be determined

**JULY 16 SAT** **BOARD/MEMBERSHIP MEETING**  
Jim Nixon 650-756-7771  
50 Seacrest Ct  
Daly City CA 94015  
Jimnixon2000@yahoo.com

**JULY 23 SAT** **WORK PARTY**  
Tom Coleman  
32 Live Oak Dr  
Petaluma CA 94952  
travmcgee@comcast.net







Member Bill Walzer is a perfect Santa at the the December Children's Party.  
Photo by Ann Meneguzzi

## AN ENCHANTED AFTERNOON!

The Children's Christmas Party on December 5 gave a wonderful start to the holidays for the families lucky enough to be there. Nearly 30 kids (and even more adults!) were entertained by the Elf-Lady's balloon toys and Tim Cain's songs. Even some grown-ups fell under guitar-player Tim's magic spell and danced with the kids! Then, jingling sleigh bells signaled that Santa and his gift-filled sacks had arrived. It was the traditional and grand finale to a happy party. Thank you to all who came and enjoyed our annual celebration.

Thanks, also, to the folks who helped with preparations and cleanup. Mary Jane McKown's festive name tags ensured Santa (**Bill Walzer**) could talk with each child by name. **Danita Rodriguez** made certain all dishes were washed and kitchen clean after the party. All who stayed after to help are heroes.

Without the sponsorship of the CAC BoD and the Alpine Lodge Trustees, this special party could not happen each year. Thank you, Trustees and Board, for supporting this event. More fun ahead next December!

**Mary Frey & Ann Meneguzzi, Party Hosts**

## ECHO SUMMIT LODGE RATE CHANGE

Effective January 1, 2016, there will be a rate change for Private and Spontaneous Events at Echo Summit Lodge. Rates for regular Hosted Events will not change.

### Private Member Accommodations:

Friday through Sunday (noon to noon): \$20 per person per night, including children age 4 and over.  
Minimum = \$240 per night.

Monday through Thursday (noon to noon): \$15 per person per night, including children age 4 and over.  
Minimum = \$180 per night.

### Spontaneous Events (booked up to 10 days in advance):

Friday through Sunday (noon to noon): \$20 per person per night, including children age 4 and over.  
Minimum = \$50 per night.

Monday through Thursday (noon to noon): \$15 per person per night, including children age 4 and over.  
Minimum = \$50 per night.

We will no longer require that hosts of these events provide all supplies (i.e., use of ESL pantry/housekeeping supplies will be included in the new rates). Of course, hosts must continue to bring all primary food-goods for these events. No raiding the freezer or pantry unless the items are on the Inventory list. In addition, we do expect these hosts to take an Inventory while at the lodge and communicate needed supplies with the following host of an event. If there are questions about the identity of the next host, since the calendar sometimes changes, simply contact **Cindy Toran** at 707-321-3262, [cktoran@gmail.com](mailto:cktoran@gmail.com).

**Note:** Any events already scheduled after January 1, 2016 will be grandfathered with the old structure.

**Cindy Toran, Echo Summit Lodge Trustee**

## MAKE A \$5 DONATION TO CAC AND RECEIVE A BEAUTIFUL MEMENTO PIN IN APPRECIATION

Pins are available at Club events from Tom Coleman, Jay Gustafson, Bill Mayers, Tony Smith and Ann Meneguzzi. Mail orders: Contact Ann at [tmlann@hotmail.com](mailto:tmlann@hotmail.com). Price per pin is a \$5 donation to the Club. Add \$4 postage costs for mailing 1 or 2 pins.

**Ann Meneguzzi, CAC Board Member**



# ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone **Cindy Toran** at 707-321-3262 until 9 pm or e-mail to [cktoran@gmail.com](mailto:cktoran@gmail.com).  
Echo Lodge Telephone  
530-659-7274

Downhill skiing five miles away at Sierra-at-Tahoe, cross-country skiing and snowshoeing at our doorstep. Movies ten miles away, 45-minute drive to hot springs, roaring fires, socializing, cards, and games in the lodge. And great food. The price is right. Bring your camera. How can you resist?

**Winter/Spring Hosts:** There are still openings in the Schedule available for either hosted or private events. Feb-May is published below with open dates through April listed as Available for Trained Hosts; contact Cindy Toran if you want to schedule any of these open days. Private Events are available mid-week Feb-Mar and any days Apr 1-Jun 15. Give me a call or send an email to let me know your preferred times.  
Sincerely, Cindy

**The next Echo Lodge Trustees' Meeting:** Tuesday, February 9th, 5:30 pm by teleconference. Contact Cindy Toran at 707-321-3262 to attend.

**Problems or Concerns** about Echo Summit Lodge? Contact Cindy Toran at 707-321-3262 or [cktoran@gmail.com](mailto:cktoran@gmail.com). Discussions will, of course, be kept confidential.

## ECHO LODGE DIRECTIONS:

Echo Summit Lodge is located at the summit of Old Meyers Grade above Lake Tahoe, one mile from U.S. 50 on Johnson Pass Road. To contact someone at the lodge call 530-659-7274.



## ECHO SUMMIT LODGE WINTER/SPRING SCHEDULE

**JAN 29-FEB 3 FRI-WED** **HOSTED EVENT**  
Mary & Stefan Berlinski 831-325-6215  
P.O. Box 776, Moss Landing, CA 95039  
[mlarkin804@sbcglobal.net](mailto:mlarkin804@sbcglobal.net)

**FEB 3-5 WED-FRI** **AVAILABLE FOR TRAINED HOSTS**

**FEB 5-7 FRI-SUN** **FAMILY SNOW WKND-COOP MEALS**  
Craig Anderson 928-607-3608  
9635 Appalachian Dr, Sacramento, CA 95827  
[cranders1@gmail.com](mailto:cranders1@gmail.com)

**FEB 7-11 SUN-THURS** **PRIVATE EVENT**  
Kate Twain & Dave Chalk 707-996-2325  
[ktwain@vom.com](mailto:ktwain@vom.com)

**FEB 11-15 THURS-MON** **PRESIDENT'S WKND**  
Nick Gregoratos & Anita Cabrera 415-206-9152  
430 Ellsworth St, San Francisco, CA 94110  
[nick.gregoratos@gmail.com](mailto:nick.gregoratos@gmail.com)

**FEB 15-19 MON-FRI** **PRIVATE EVENT**  
Paul & Lauri Pastrone 650-368-6024  
[paul.pastrone@gmail.com](mailto:paul.pastrone@gmail.com)

**FEB 19-22 FRI-MON** **HOSTED EVENT**  
Tom & Carol Coleman 415-531-4650  
32 Live Oak Dr, Petaluma, CA 94952  
[travmcgee@comcast.net](mailto:travmcgee@comcast.net)

**FEB 22-26 MON-FRI** **HOSTED EVENT**  
Edie Nelson & Mary Berlinski 831-331-1754  
74 Surrey Lane, San Rafael, CA 94903  
[edieforsyth@hotmail.com](mailto:edieforsyth@hotmail.com)

**FEB 26-MAR 2 FRI-WED** **HOSTED EVENT**  
Mary & Stefan Berlinski 831-325-6215  
P.O. Box 776, Moss Landing, CA 95039  
[mlarkin804@sbcglobal.net](mailto:mlarkin804@sbcglobal.net)

**MAR 2-6 WED-SUN** **HOSTED EVENT**  
Karen & Jerry Wagner 707-528-8197  
2622 Wawona Dr, Santa Rosa, CA 95405  
[oldmawagner@gmail.com](mailto:oldmawagner@gmail.com)

**MAR 6-11 SUN-FRI** **AVAILABLE FOR TRAINED HOSTS**

**MAR 11-13 FRI-SUN** **HOSTED EVENT**  
Richard Thornton 925-287-0764  
913 Reddington Ct, Walnut Creek, CA 94596  
[RGThorn@pacbell.net](mailto:RGThorn@pacbell.net)

**MAR 13-18** **AVAILABLE FOR TRAINED HOSTS**

**MAR 18-21 FRI-MON** **HOSTED EVENT**  
Tom & Carol Coleman 415-531-4650  
32 Live Oak Dr, Petaluma, CA 94952  
[travmcgee@comcast.net](mailto:travmcgee@comcast.net)

**MAR 21-24 MON-THURS** **AVAILABLE FOR TRAINED HOSTS**

**MAR 24-29 THURS-TUES** **GETAWAY TO TAHOE**  
Dianna Klemmick & Mary Cahill 650 520-6183  
1235 Howard Ave #3, San Carlos, CA 94070  
[dklemmick@gmail.com](mailto:dklemmick@gmail.com)

**MAR 29-APR 4** **AVAILABLE FOR TRAINED HOSTS**

**APR 4-7 MON-THURS** **PRIVATE EVENT**  
Kathleen O'Dea 707-481-2432  
[kathleensodea@gmail.com](mailto:kathleensodea@gmail.com)

**APR 7-10 THURS-SUN** **PRIVATE EVENT**  
Holly White-Wolfe 707-525-1612  
[Holly@sono-ma.com](mailto:Holly@sono-ma.com)

**APR 10-17 SUN-SUN** **AVAILABLE FOR TRAINED HOSTS**

**APR 17-20 SUN-WED** **COOP MEALS**  
Kristina & Ben Gale 415-381-9319  
158 Morningsun Ave, Mill Valley, CA 94941  
[krissegale@yahoo.com](mailto:krissegale@yahoo.com)

**APR 20-MAY 12** **AVAILABLE FOR TRAINED HOSTS**

**MAY 12-15 THURS-SUN** **SPRING WORK PARTY**  
Contact: Bob Henry 707-829-3728  
[clyde33301@comcast.net](mailto:clyde33301@comcast.net)

**MAY 27-31 FRI-TUES** **PRIVATE EVENT**  
Emily Lockett 707-576-0948  
[auntem@sonic.net](mailto:auntem@sonic.net)

**JUN 3-5 FRI-SUN** **HOST APPRECIATION & TRAINING**  
Contact: Cindy Toran 707-321-3262  
[cktoran@gmail.com](mailto:cktoran@gmail.com)

\*\*\* Watch for updates in future issues of Trails! \*\*\*

# TRAILS

issued monthly by the

## California Alpine Club

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*Members celebrating another New Year's Day with champagne atop Mt. Tam  
Photo by Tony Smith*

### TRAILS NEWSLETTER ALERT

Please email articles for the **March 2016** issue to **Susan Patrick** at [susandpatrick@msn.com](mailto:susandpatrick@msn.com). Susan should receive articles for the March issue no later than February 5. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **April 2016** issue will be **Helena Troy**. Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact Susan D. Patrick at [susandpatrick@msn.com](mailto:susandpatrick@msn.com) or 360-943-6439.

**Susan D. Patrick, Publications Chair**