



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 91

October 2015

No. 8

ECHO LODGE THANKSGIVING WEEKEND NOV. 25- 29TH

Hunter Merritt and **Ken Patera** are hosting Thanksgiving at Echo Lodge this year. They encourage members, especially members with children, to join them. There will be children from ages 4 to 14 to make this an all ages adventure!

Please confirm with Hunter at merritt.hunter@gmail.com or 916-873-6253 no later than November 15th. We are planning this as a co-op cooking weekend so please let us know if you are willing to bring and prepare a meal.

We hope you will join us for a fun filled holiday and weekend.

Hunter Merritt, Event Coordinator

ALPINE THANKSGIVING DAY DINNER OPTIONAL OVERNIGHT AND FRIDAY HIKE

You are invited to come to the Alpine Lodge on Thanksgiving Day, November 26th for happy hour at 3pm and dinner at 4pm. Eva Libien will be your dinner host. The turkey and gravy will be provided. You provide a favorite dish to serve 6 people. Suggestions: Choose from a salad, stuffing, sweet or mashed potatoes, vegetables such as brussel sprouts, or string beans, or a pie such as pumpkin, apple, or pecan. You may also bring a non- traditional dish that will complement the turkey. We also need some appetizers. BYOB or donate to the Club bar. The cost of the feast is \$14 for members and \$17 for nonmembers. Please make your check payable to Eva Libien and send it to her at 2 Eucalyptus Knolls Street, Mill Valley, CA 94941. If you need more information call or emails Eva at 415-383-5184 or elibien@yahoo.com.

Also include a note letting her know the dish you are bringing. This is very important so we don't have too much

ALPINERS AT AUGUST FWOC CONFERENCE

Six California Alpine Club members enjoyed a late August weekend in Oregon's beautiful Columbia River Gorge area. **Bill Mayers, Susan McCarthy, Ann Meneguzzi, Mae Harms, Jim Hogan** and **Dorothy Mauer** attended the 2015 Federation of Western Outdoor Club's (FWOC) annual gathering on the historic grounds of the Menucha Conference Center in the Gorge vicinity.

This year's FWOC conference was dedicated to the memory of our own CAC member Winchell Hayward (1/6/1923 - 7/31/2012). A legacy from Win was used to subsidize conference costs so that registration, lodging, and meal fees were very affordable. At the conference, our CACers enjoyed getting to know members of clubs like ours from throughout the western states. Presentations were given on the beauties and history of the surrounding area, as well as on several environmental and recreational topics.

During the resolutions session, the CAC proposed a resolution (printed in the September TRAILS) favoring a particular restoration alternative for a 1.5 mile stretch of the Upper Truckee River through State Park lands near Echo Lodge. The FWOC delegates voted in favor of this resolution after a brief discussion. At the FWOC business meeting held on the last day, CAC's Ann Meneguzzi was elected to be an FWOC Vice-President for California. It looks as though next year's conference will be held in Washington State, but the actual location is not yet decided.

Ann Meneguzzi, Board Member



CAC members who attended the FWOC conference this year.

L-R: Susan McCarthy, Bill Mayers, Ann Meneguzzi, Dorothy Mauer, Jim Hogan, Mae Harms and FWOC President Joan Zuber.

Alpine Thanksgiving, continued on page 3

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Jim Nixon '16	650-756-7771	jimnixon2000@yahoo.com
Vice President	Jay Gustafson '17	415-381-7261	jaygustafson@yahoo.com
Secretary	Margy Eller	415-383-7307	margyeller@gmail.com
Treasurer	Bill Mayers '17	415-785-3516	whmayer@gmail.com
Registrar	Torie Beedle '17	484-894-5230	registrar.cac@gmail.com

Board of Directors:

	Helena Troy	415-492-9576	hmtroy@aol.com
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	Mark Sapiro '17	415-388-8910	mark@msapiro.net
(ProTem)	Greg Scoville '16	916-801-0919	gsscoville@iwings.com
	OPEN		

Committee Chairpersons:

Education	OPEN		
Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian (Acting)	Bill Mayers	415-785-3516	whmayers@gmail.com
Membership	Bev Leve	707-539-2802	hikingbev@gmail.com
Outings	Carlos Miranda	916-446-1161	carlosandlori@gmail.com
Website	Margy Eller	415-383-7307	margyeller@gmail.com
Parliamentarian	OPEN		
Publications	Susan Patrick	360-943-6439	susandpatrick@msn.com
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Youth Activities	Camille Smith-Balon	831-239-0730	camillecruzfit@gmail.com
Event	Eva Libien	415-383-5184	elibien@yahoo.com
Committee	Sue Karp	414-927-3221	suekarp@prodigy.net
	Edie Nelson	831-331-1754	edieforsyth@hotmail.com
	Mary Jane McKown	415-383-2774	mjmckown@gmail.com
	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
	Jordan Herrmann	510-520-9782	jordanzon82@gmail.com
	Marguerite Murphy	415-595-6891	mcm00@pacbell.net

Alpine Lodge Trustees:

	Tom Coleman '16	707-992-0650	travmcgee@comcast.net
	Barbara Hills '17	530-756-4916	barbarahills3@gmail.com
	Garrett Hill	707-792-2013	garrett@x2nsat.com
	OPEN		
	OPEN		

Alpine Lodge Support:

Alpine Calendar	Russ Toran	707-321-3845	toranski@aol.com
Alpine Treasurer	Michael Vaggione	408-865-1781	michaeljv@pacbell.net
Accommodations Reservations		415-381-4975	

Coordinators For Alpine Lodge:

Sunday	Jana Shober	916-690-1828	shober@csus.edu
Innkeepers			
Hike Leaders	Pauline MacDonald	415-381-2870	luddite48@comcast.net
Hikers Wkend	Nuala Caulfield	415-922-6772	ntcaulfield@msn.com

Echo Summit Lodge Trustees:

Chair	Cindy Toran '16	707-321-3262	cktoran@gmail.com
	Nick Gregoratos '18	415-206-9152	nick.gregoratos@gmail.com
	Mary Larkin-Berlinski '17	831-345-6963	mlarkin804@sbcglobal.net
	Bob Henry '17	707-829-3728	clyde33301@comcast.net
	Richard Thornton '18	925-287-0764	RGThorn@pacbell.net

CAC Foundation Directors:

President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Beryl Kay	415-922-6155	berylkay@berylkay.com
	Allen Utterback	831-688-1524	valallen@cruzio.com
	Rose Chen	415-271-3280	rose.chen@gmail.com
	Mary Cosgrove	415-381-7261	wilddoveis@gmail.com

TRAILS is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Anita Cabrera, Susan Patrick, Richard Thornton and Helena Troy.

Contributors this issue: Eva Libien, Tony Smith, Helena Troy, Bev Leve, Jana Shober, Pauline MacDonald, Arlin Weinberger, Jay Gustafson, Russ Toran, Cindy Toran, Mary Frey, Ann Meneguzzi, Vicki Olds, Tom Coleman, Hunter Merritt and Renee Hamilton.

PRESIDENT'S MESSAGE

Hello everyone,

Wow, what a summer... This has been an adventurous year for many of our members, with stories to share and recommendations about where to go and what to see, and more. Our Lodges and our outdoor trips have contributed to many this season, so I thought I would ask you about your adventures this summer.



A big part of our time together is spent volunteering to keep the club's assets and activities thriving, but the adventure part is much of why we do invest in this enterprise. For some, adventure has many memories, while others see our club as a great vehicle for adding more. No matter where you are on your hike thru life, you have stories of adventure to share... and I'd love to propose a means of sharing these.

If we had a campfire to join with the stars overhead, and clear night, I'm sure the stories would start to flow. But for now, let me propose the virtual "campfire" of the *California Alpine Club Friends* Facebook book page, not quite as eloquent, but a worthy place to share some pictures and a few words about the adventure. If we were around that fire, I'd be passing the pictures and telling stories for sure, and yes, you'd get your chance too. I can just hear Ken and Carroll waxing joyfully about their Iberia/Moroccan trip this spring, or Cindy's Tyrol adventure this summer, and yours?

So, join our 'campfire' with yours this month via Facebook. We have enjoyed its reach and ease of use. Here's how you can access it: Just go to www.facebook.com, search on 'California Alpine Club Friends' and ask to join (You DO need a Facebook account). Once one of our Admins 'OK's' you (yes, this is a private page), return to the page and post your adventure with photos too! The Club does not officially control the account, and we can't be responsible for the content, which is shared, but it's worth a visit and a share for sure.

**Jay Gustafson, CAC Vice-President
(Substituting for Jim Nixon)**

Correspondence: Please address correspondence concerning this publication to: Jim Nixon, 50 Seacrest Court, Daly City, CA 94015.

CAC Website: <http://californiaalpineclub.org>

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MEMBERSHIP REPORT

AUGUST 2015

Sandy Bordon

P.O. Box 3182 Auburn, CA 95604

530-318-9693

Sandynevada@yahoo.com

Sponsor: Mary Cahill and Edie Nelson



Michael and Ayn Cimino

P.O. Box 150218

San Rafael, CA 94915

415-453-7251

Michaelcimino49@gmail.com

Sponsor: Sarah Lee Davis and Carol Bodtker



Axel Hannemann

817 Solari Court

El Dorado Hills, CA 95762

916-541-0440

axelhannemann@gmail.com

Sponsors: Tom Coleman and Ann Mennaguzi

Bev Leve, Membership Chair

Alpine Thanksgiving, continued from page 1.

of one dish. The last day for signup is November 19th. After that date the price will increase by \$5.

Please let Eva know if you can volunteer to make the dinner a success by helping roast the turkey, carving serving, decorating and after dinner clean up.

There is an optional overnight with breakfast on Friday morning and a hike beginning at 9:30am. Tony Smith will be the host and hike leader. The overnight cost is \$21 for members and \$31 for non members plus \$5 for breakfast. If you plan to stay over night, please include your check and reservations for the overnight and breakfast with your dinner check to Eva.

Eva Libien and Tony Smith, Event Hosts

California Alpine Club



WEBSITE IS AVAILABLE

<http://californiaalpineclub.org>
309 members registered!

Please REGISTER for our new website, if you have not already done so!

— Website Implementation Team

BOARD OF DIRECTORS AND QUARTERLY MEMBERSHIP MEETINGS

SATURDAY, OCTOBER 17, Alpine Lodge

Board Meeting, 2 pm

Quarterly Meeting, 3 pm

Lunch or Dinner

SATURDAY, NOVEMBER 21, Alpine Lodge

Board Meeting, 2 pm

DECEMBER – NO BOARD MEETING

If you have any questions or wish to have an item on the agenda, contact **Jim Nixon** at jimnixon2000@yahoo.com or call 650-756-7771. Members are welcome at Board meetings.

Jim Nixon, CAC President



CAC CAPS

\$10

BACK BY POPULAR DEMAND!!



Available at CAC Events or contact:

Hardy Dawainis at 415-461-4431 or hdawainis@comcast.net
OR

Melanie Facen at 415-492-0470 or mfacen@sbcglobal.net

The \$10 donation will cover the cost and help CAC!

ALPINE HIKE LEADER SCHEDULE

OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

Sunday October 4	9:30 AM	Bill Mayers	415-785-3516	2B
Sunday October 11	9:30 AM	Tom Dewey	510-381-8188	2B
Sunday October 18	9:30 AM	Mark Sapiro	415-388-8910	2B
Sunday October 25	9:30 AM	Rob Freinkel	415-608-7938	2B
Sunday November 1	9:30 AM	Hardy Dawainis	415-302-1760	2B
Sunday November 8	9:30 AM	Margy Eller	415-383-7307	2B
Sunday November 15	9:30 AM	Carol Bodtker	415-884-0850	2B
Sunday November 22	9:30 AM	Jock MacDonald	415-381-2870	2B
Sunday November 29	9:30 AM	Open		2B
Sunday December 6	9:30 AM	Jennie Bruyn	415-456-1877	2B
Sunday December 13	9:30 AM	Open		2B
Sunday December 20	9:30 AM	Open		2B
Sunday December 27	9:30 AM	Open		2B

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

IMPORTANT! RAIN CANCELS

ALL SUNDAY 2B HIKE DEPART FROM THE ALPINE CLUB AT 9:30 AM SHARP.

SUNDAY 2B HIKE ARE 7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN. ALTERNATE LEVELS OF SUNDAY HIKE ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE. A 1A HIKE IS 5-6 MILES AND UP TO 1000 FEET. A 1B HIKE IS 5-6 MILES AND 1000-2000 FEET.

IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club; however hikes may then reconvene at a trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you no longer on the hike.

ALPINE LODGE

SUNDAY INNKEEPERS

October 4	Open
October 11	Cindi Whitehead
October 18	Mary Cahill
October 25	Craig Burgess and Margaret Starrett
November 8	Marguerite Murphy
November 15	Geri Rosenberg
November 22	Open
November 29	Open

Hello fellow Alpine Club Members!

I am the Innkeeping Coordinator (recruiter & scheduler) for the Alpine Lodge Sunday Open House. **Please, would you consider signing up to be the Innkeeper(s) on a Sunday of your choice and selecting one of the dates shown below as OPEN - or any Sunday after that.** It is a great way to spend a day at our beautiful Alpine Lodge while at the same time fulfilling a portion of your volunteer responsibilities. You need not be host trained to serve as Innkeeper(s) however, I can provide you a list of brief instructions/suggestions which outline what the Innkeepers traditionally have done. Also, if you don't wish to serve alone (you are a new member for example) consider serving together with another member – and co-innkeep!

ALPINE LODGE

WORK PARTY SCHEDULE

Time: 9:00 am to 3:00 pm Lunch will be served.
Overnight is possible. Please contact the host to RSVP

WORK PARTY	HOST	CONTACT INFO
Saturday, October 10	Tom Coleman	travmcgee@comcast.net
Thursday, December 3	Tom Coleman	travmcgee@comcast.net
Saturday, January 23	Tom Coleman	travmcgee@comcast.net
Saturday, February 3	Tom Coleman	travmcgee@comcast.net
Saturday, March 5	Tom Coleman	travmcgee@comcast.net

Tom Coleman, Alpine Trustee

Please note that I update the web calendar as soon as I get a volunteer. **Therefore, it is advised that you check the calendar on the website regularly for the latest status.** The public side of the website contains just the 1st names of the innkeeper(s) but the members' side of the website contains more detailed information.

Please call me to reserve a date or provide feedback (916-690-1828) or better yet, e-mail me at janashob@gmail.com or shober@csus.edu.

Thank You! Happy Trails To You All!
Jana Shober, Innkeeping Coordinator



CAC CALENDAR OF EVENTS AND VOLUNTEERS

Many of you offer to help with events at Alpine Lodge every year, but we would love to have help from other members and especially new members. Helping with some aspect of an event is a great way to meet people and make new friends. We always have lots of fun. The tasks are divided into groups, so that many hands can make light work.

The chart below shows the major task areas for each event and the number of volunteers needed. If you can volunteer in any capacity for these events, please contact the event host, task leader, or BoD Sponsor by email. You can find contact information for the sponsor/host/task leader in the event description on our website calendar. More detailed task descriptions and templates for managing an event are/will be located on the website. You can sign up to help with an event by going to our website at californiaalpineclub.org/MEMBERS>QUICK LINKS. Just double-click on the appropriate cell and enter your name to volunteer. If you have any trouble with the Events spreadsheet, contact Jordan Herrmann at jordanzon82@gmail.com and give him your phone number. See the CAC Box on page 2 for the list of the Event Committee members.

CAC Social Event Calendar Volunteers 2015-16	Oct 17, Quarterly Meeting	Oct 31, Halloween Party, TBD	Nov 26, Thanksgiving Dinner	Dec 5, Children's Holiday Party	Dec 19, Holiday Party	Dec 25, Christmas Day Dinner	Jan 1, 2016 NY Day w/Soup & Salad	Jan 17, 2016 Q'tly Mtg	Mar 19, 2016 St. Patrick's Day Dinner	April 30, 2016 Awards Dinner
BoD Sponsor	Helena Troy		Need	Ann Meneguzzi	Margy	N/A	Jay Gustafson	Mark	Helena Troy	Mark
Event Host(s)				Mary Frey Ann Meneguzzi	Margy		Tony		Need 1	Need 1
RSVPs/Accounts				Mary Frey	Margy		Tony		Need 1	Need 1
*Head Chef				Ann Meneguzzi	*Tim - need 4 cooks; Marguerite; Salad: Carol B, Gretta, need 3 more		Tony B/F 2nd	Bev Leve - Need lunch chef and helpers	*Ed Troy, Need 4 cooks, 6 helpers	Tim Warden, Need 4 cooks, 6 helpers
Table Setup & Decoration					Patricia Weiss Need 3 more	Patricia Weiss			Need 3	Need 3
Name Tags & Place Cards					Need 1				Need 1	Need 1
*Cleanup Supervisor					Need 5				Need 5	Need 5
Overnight Host				Ann Meneguzzi			Tony Smith			
Other Volunteers		Jordan			8 Apps				5 Apps	8 apps

Abbreviations: O/N = Overnight; B/F = Breakfast; Lun = Lunch; Din = Dinner; Apps = Appetizers; Spon = Sponsor; BoD = Board of Directors; TBD = To be Determined;

N/A = Not Applicable; Deco=Decorations; Help = helpers

CHICKENFOOT LAKE BASE CAMP ADVENTURE

Not even the wildfire that closed Tioga Pass could keep 14 excited hikers from joining **Bob “Dr. Outdoors” Hanson** for a fantastic base camp trip to Chickenfoot Lake, August 17-21 in Little Lakes Valley up Tom’s Place exit off Hwy. 395. This was no ordinary base camp outing, but a training program to encourage members to organize and host their own adventures for the Club. Picking-up the future baton were members **Julie Batsel, Bonnie Blackaller, Dianne Klemmick, Mary Larkin, Stefan Berlinski, Jan Lockie, Vicki Olds, Hubie and Roxie Schafer**, who brought their dachshund, Deiter, **Ann Schubert, Tom Swaine, Ruth Tretbar, Ricia Wise, and Renee Hamilton**, accompanied by her Labrador Retriever, Cody.

After various detours around Tioga Pass, it was an easy hike up a beautiful trail during a sunny week. Camping gear and kitchen supplies, strapped to the backs of stalwart mules, were delivered to the campsite and also carried back at the end of our expedition. For the five days in between, everyone enjoyed perfect weather, extraordinary hikes in all directions, boulder climbing to the more challenging locations, swimming in aquamarine lakes (of varying degrees of COLD!), and the requisite afternoon repose at water’s edge or in-tent at base camp at 10,400 ft. elevation in the eastern Sierras.

Discussions abounded about future Club Outings, be they day adventures close to home, weekend forays, hikes in the Sierras and beyond, or international expeditions. Bob shared his knowledge about backcountry meal plans and shopping, choosing a location, and other successful practices. Dr. Outdoors declared this was his “last outing” ... well, we’ll see about that, Bob; you will always be an honored guest on CAC Outings hosted by this group!

Enjoy photos of this trip on the **California Alpine Club Friends** Facebook page posted by Vicki Olds and Renee Hamilton. And stay tuned for future Outings brought to you by the California Alpine Club! More explorations and fun to come!

Renee Hamilton, Base Camp Leader-in-Training

Ann Schubert rocks! and snorkels Rock Creek Canyon’s Little Lakes Valley; Renee Hamilton & Cody the wonder dog; Ruth Tretbar (84) atop 11,000 ft. Morgan Pass; bushwhackers Tom Swaine and Julie Batsel; Bonnie Blackaller, Jan Lockie, Mary Larkin, Stefan Berlinski at 10,400 ft.; and our Fearless Leader Bob “Dr. Outdoors” Hanson!



19TH ANNUAL CAC TRAIL CLEARING WITH PCTA AND TRTA

The 19th annual California Alpine Club trail clearing weekend saw an expansion of participants to include the Tahoe Rim Trail Association led by Morgan Fessler. This is the first time that all three groups have come together to work on our beloved Pacific Crest Trail to make it safer for all hikers.

Participants arrived on Friday evening. After a nice dinner and wine, provided by **Jerry and Diane Schweichert** who are members of both CAC and PCTA, we got to know each other. Friendships blossomed over cards, games and beverages.

Most of the Tahoe Rim Trail members live in the Tahoe basin and arrived on Saturday morning. It was a good thing that I made a lot of food for breakfast! With over 30 volunteers the dining room was quite a scene! The USFS representative then took us out to the parking lot for safety training. This



Members of CAC, PCTA and TRTA jointly working on the Pacific Crest Trail.

Trail Clearing, continued on page 8

ALPINE LODGE EVENTS AND HOST CALENDAR

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. CHECK THE WEBSITE FOR LATEST UPDATES.

ALPINE LODGE PHONE # 415-380-8250
OUTGOING LOCAL CALLS ONLY;
NO PAY PHONE
WIFI NOW AVAILABLE

To Schedule an Event: For a private member event or a Club function, please leave a message with your request, name, email, and phone number at 415-381-4975. A volunteer will contact you and assist you in booking the event.

Phone Russ Toran 707-321-3845 anytime or
e-mail to toranski@aol.com
Accommodations Phone 415-381-4975
Alpine Lodge Phone 415-380-8250

OCTOBER 2-4 FRI-SUN PRIVATE EVENT
Shirlee Stiles 707-591-0696
2478 Copperfield Court
Santa Rosa CA 95401
s.stiles@att.net

**OCT 6-8 TUE-THUR ALPINE
OCTOBERFEST**
Alma Fletcher 650-851-1334
35 Forest Rd.
Redwood City CA 94062
almafletcher@gmail.com

OCT 10 SAT WORK PARTY-TOM COLEMAN
Tom Coleman
32 Live Oak Dr.
Petaluma CA 94952
travmcgee@comcast.net

**OCT 9-13 FRI-TUES OVERNIGHT
OPEN TO MEMBERS**
Cindy Whitehead 415-717-6164
PO Box 2326
San Anselmo CA 94979
tamangel36@comcast.net

**OCTOBER 17 SAT BOARD/MEMBERSHIP
MEETING**
Jim Nixon 650-756-4396
50 Seacrest Ct. Daly City CA 94015
jimnixon2000@yahoo.com

**OCTOBER 17-18 SAT-SUN OPEN TO ALL
MEMBERS**
Dianna Kiemnick 650-520-6183
1235 Howard Ave#3
San Carlos CA 94070
dklemnick@gmail.com

**OCT 19-21 MON-WED ROSSMOOR
AND CAC HIKING**
Tony Smith 650-207-1619
2345 Tice Creek Dr.
Walnut Creek CA 94595
Tbs1932sf@gmail.com

**NOV 6-8 FRI-SUN CRAFTS & SCRAPBOOK
RETREAT**
Wendi Olmstead 707-766-8038
144 Sunrise Parkway
Petaluma CA 94954
wendiolmstead@comcast.net

**NOV 13-14 FRI-SAT HOST TRAINING &
APPRECIATION**
Russ Toran 707-321-3845
932 Ripley St
Santa Rosa Ca 95401
toranski@aol.com

NOV 21 SAT BOARD MEETING
Jim Nixon 650-756-4396
50 Seacrest Ct. Daly City CA 94015
jimnixon2000@yahoo.com

**NOV 26 THUR THANKSGIVING
TURKEY & POTLUCK**
Eva Libien 415-383-5184
2 Euycalyptus Knoll St
Mill Valley CA 94941
elbien@yahoo.com

**DEC 3 THUR WORK PARTY
TOM COLEMAN**
Tom Coleman
32 Live Oak Dr.
Petaluma CA 94952
travmcgee@comcast.net

**DEC 5 SAT CHILDREN'S
HOLIDAY PARTY**
Mary Frey 415-492-2510
100 Thorndale Dr #251
San Rafael CA 94903
marymaryhiker@aol.com

DEC 8 TUES PRIVATE EVENT
Carol Bodtker 415-884-0850
23 Ashland Dr.
Novato CA 94949
cbpostme@gmail.com

**DEC 12 SAT HOLIDAY PARTY
FRIENDS MT TAM**
Sue Karp 415-927-3221
115 Madrone Ave
Larkspur CA 94939
suekarp@prodigy.net

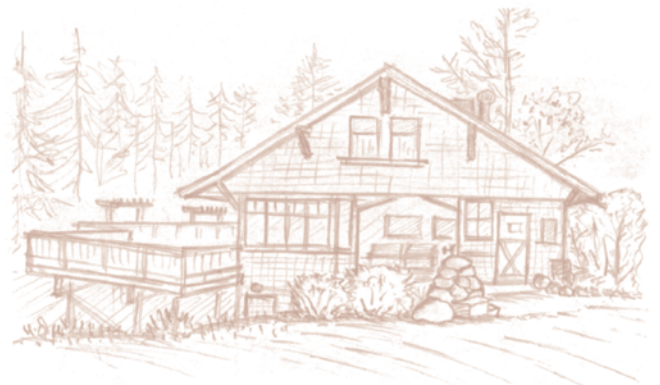
DEC 19 SAT HOLIDAY PARTY
Margy Eller 415-383-7307
66 Great Circle Dr.
Mill Valley CA 94941
margyeller@gmail.com

DEC 25 FRI CHRISTMAS DAY DINNER
To be determined
DEC 27-28 SUN-MON PRIVATE EVENT
Stephen Branz 408-924-2443
402 El Verano Ave
Palo Alto CA 94306
Stephen.branz@sjsu.edu

JAN 1 FRI TOP MT TAM/SOUP AND SALAD
Jay Gustafson 415-381-7261
4024 Ash St.
Mill Valley CA 94941
jaygustafson@yahoo.com

**JAN 1-2 FRI-SAT HOSTED NEW YEAR
OVERNIGHT**
Tony Smith 650-207-1619
2345 Tice Creek Dr.
Walnut Creek CA 94595
Tbs1932sf@gmail.com

**JAN 15-17 FRI-SUN CRAFTS & SCRAPBOOK
RETREAT**
Wendi Olmstead 707-766-8038
144 Sunrise Parkway
Petaluma CA 94954
wendiolmstead@comcast.net



UPPER TRUCKEE RIVER DAY TRIP BY ESL

As a follow-up to the Upper Truckee River restoration project discussed at the FWOC conference in August, a group of folks staying at Echo Summit Lodge made a special visit to Lake Valley State Recreation Area and Washoe Meadows State Park on September 9.

California State Park Hydrologist Cyndie Walck met thirteen CAC members and guests at the Lake Tahoe Golf Course in Lake Valley SRA. Cyndie gave them a tour that showed portions of the channelized river and other areas where natural meadows had already been restored. They then visited the adjacent Washoe Meadows SP which is largely undeveloped. The lucky people enjoying the event included CAC members: **Susan McCarthy, Ann Meneguzzi, Ken Judy, Carroll Pearson, Dan Winkelman, Vicky and Bob Bass, Nuala Caulfield, Kathleen Nemitz**, and four guests: **Rick Loretz, Rodi Lee, and Mike and Patsy Lynch**.

Ann Meneguzzi, ESL Co-Host



Echo Summit Lodge group at Washoe Meadows with State Park Hydrologist Cyndie Walck

Photos by Mike Lynch



Group on cart tour of Upper Truckee River restoration project in the golf course area

TRAIL CLEARING, *continued from page 6*

included how not to break a bone, conk someone on the head with a Pulaski, or chop off a toe with a McCloud. A grant by our CAC Foundation is providing funding for a training program for volunteers working on the trail created by the PCTA and being offered through the local community college.

Trucks transported all the volunteers, tools and lunches down to Echo Lake. Group 1 took the water taxi out and worked toward the meadow. Group 2 walked over the Echo dam and worked back toward the taxi pier. I was in Group 3 that tackled a project that has been needed for many years – the steps from the upper parking lot at Echo Lake down to the lake itself.

Many of you have used these stairs over the year and thought I could break my neck here. What a sorry section of the beautiful Pacific Crest Trail. How dangerous can it be going down over broken asphalt. Well, the asphalt is now broken up and out of the way. New beautiful steps have been created out of existing granite. The new steps will be transported to the stair area this month and installed by TRTA volunteers. What work is not completed this year will be done at next years trail clearing weekend.

We all got back to the Lodge safely and in one piece. Showers were in order to wash the trail dust and create 30 beautiful, squeaky-clean, sunburned, thirsty and hungry lodge dwellers. **Barb and John Hills, Kate Twain, Diane Schweichert, Vicki Olds** and I made delicious sushi for everyone, complete with wasabi, ginger and Korean pot sticker. This is called yakimondou.



Members of CAC, PCTA and TRTA jointly working on the Pacific Crest Trail.

Trail Clearing, *continued on page 9*

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone **Cindy Toran** at 707-321-3262 until 7:30 pm or e-mail to cktoran@gmail.com.
Echo Lodge Telephone
530-659-7274

Winter Hosts: El Nino on its way this year!!! We need your help to keep

Echo Lodge open for CAC members. Now is the time to plan your Winter/Spring 2016 host events at Echo Lodge. There is still plenty of open time on the calendar, marked as **Available for Trained Hosts** in the schedule below. We especially need hosts for the early Christmas holiday season, starting around December 18 through Dec 30. Private Events are also available mid-week Jan-Mar and any days Apr-Jun as well as October 1-December 18th. Give me a call or send an e-mail to let me know your preferred times. I will do my best to accommodate your requests. Also, our next **Host Appreciation & Training** session is November 6-8. If you need to renew your training, as required every 3 years, or would like to become a trained host, please contact me.
Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting:** Thursday, October 15th, 5:30 pm by teleconference. Contact Cindy Toran at 707-321-3262 to attend.

Problems or Concerns about Echo Summit Lodge? Contact Cindy Toran at 707-321-3262 or cktoran@gmail.com. Discussions will, of course, be kept confidential.

ECHO SUMMIT LODGE FALL SCHEDULE

OCT 2-5 FRI-MON Nuala Caulfield ntcaulfield@msn.com	PRIVATE EVENT 415-922-6775	JAN 22-24 FRI-SUN Richard Thornton 913 Reddington Ct, Walnut Creek, CA 94596 RGThorn@pacbell.net	HOSTED EVENT 925-287-0764
OCT 8-11 THURS-SUN Lynn Garric & Claudia Zbinden cransac@sonic.net	PRIVATE EVENT 707-756-2639	JAN 24-FEB 19	AVAILABLE FOR TRAINED HOSTS
OCT 11-18 SUN-SUN Lin Mangiante & Barbara Crockett 424 Hazel Ave, Millbrae, CA 94030 foxtails@pacbell.net	FALL COLOR HIKES 650-697-7403	FEB 19-22 FRI-MON Tom & Carol Coleman 32 Live Oak Dr, Petaluma, CA 94952 travmcgee@comcast.net	HOSTED EVENT 415-531-4650
OCT 18-25 SUN-SUN John & Barbara Hills eyeski-2@sbcglobal.net	PRIVATE EVENT 530-756-4916	FEB 22-26 MON-FRI Edie Nelson & Mary Berlinski 74 Surrey Lane, San Rafael, CA 94903 edieforsyth@hotmail.com	HOSTED EVENT 831-331-1754
OCT 30-NOV 1 FRI-SUN Tim Seeley seeley@sonic.net	PRIVATE EVENT 707-486-8288	FEB 26-MAR 2 FRI-WED	AVAILABLE FOR TRAINED HOSTS
NOV 6-8 FRI-SUN Cindy Toran cktoran@gmail.com	HOST APPRECIATION & TRAINING 707-321-3262	MAR 2-6 WED-SUN Karen & Jerry Wagner 2622 Wawona Dr, Santa Rosa, CA 95405 oldmawagner@gmail.com	HOSTED EVENT 707-528-8197
NOV 12-15 THURS-SUN Lynn Garric 5400 Alpine Rd, Santa Rosa, CA 95404 cransac@sonic.net	HOSTED EVENT 707-756-2639	MAR 6-11 SUN-FRI	AVAILABLE FOR TRAINED HOSTS
NOV 25-29 WED-SUN Hunter Merritt & Ken Patera 1628 51st St, Sacramento, CA 95819 merritt.hunter@gmail.com	THANKSGIVING 916-873-6253 (Hunter) 530-681-3119 (Ken)	MAR 11-13 FRI-SUN Richard Thornton 913 Reddington Ct, Walnut Creek, CA 94596 RGThorn@pacbell.net	HOSTED EVENT 925-287-0764
NOV 29-DEC 30	AVAILABLE FOR TRAINED HOSTS	MAR 13-18	AVAILABLE FOR TRAINED HOSTS
DEC 30-JAN 4 WED-MON Shelly Navine & Bob Henry 1286 Hurlbut Ave, Sebastopol, CA 95472 clyde33301@comcast.net	HAPPY NEW YEAR! 707-829-3728	MAR 18-21 FRI-MON Tom & Carol Coleman 32 Live Oak Dr, Petaluma, CA 94952 travmcgee@comcast.net	HOSTED EVENT 415-531-4650
JAN 4-22	AVAILABLE FOR TRAINED HOSTS	MAR 21-31	AVAILABLE FOR TRAINED HOSTS

*** Watch for updates in future issues of Trails! ***

TRAIL CLEARING, continued from page 8

Some of the new folks fell in love with the Lodge and will become new members of the CAC. I would particularly like to welcome Hannah Dunton from the PCTA. Hannah hiked the entire PCT in 2013, earning much admiration from the rest of the gang. Well done Hannah!!

In summary, we had a terrific time doing work on the most beautiful trail in the world, the Pacific Crest Trail. What a privilege! The leaders of the three groups decided that it was so much fun and so productive that we will do it again next year. That will be my 20th year. Because of the crowds, however, we will wait until after Labor Day. I would also like to personally thank the trustees of Echo Lodge who have paid for the food, water taxis and provided free lodging for all these years for this event. Thank you x 19 from me. Hope many of you can join us for the 20th.

If you go to Echo Lake before the snow falls and cover the area and going from the upper parking lot down to the lake, remember your club did this. Love to you all, hike on.

Tom Coleman, Alpine Trustee

TRAILS

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CHILDREN'S HOLIDAY PARTY DECEMBER 5, 2015

All generations are invited to the Children's Holiday Party on December 5 from 2 to 5pm. Tim Cain, a wonderful guitarist, and the Balloon Lady will be there to entertain us all.

Each parent is to bring a gift wrapped with your child's name printed on it. The gifts will be distributed to the children when Santa makes his surprise visit.

The Club will provide beverages, ham and rolls. Those attending will bring a favorite dish to share. The cost is \$20 for two adults and their children if you sign up by November 21st. Reservations after that date will be \$30. Additional adult family members will be \$10. Sign up with **Mary Frey** by sending your check to Mary Frey, 100 Thorndale Drive, Apt 251, San Rafael, CA 94903. Make sure you indicate how many children and adults you are bringing.

Helps is needed to put on this event. Please let Mary know if you are willing to help when you make your reservations or contact her by phone or email at 415-492-2510 or Marymaryhiker@aol.com to volunteer or ask questions.

Ann Meneguzzi and Mary Frey, Event Coordinators

TRAILS NEWSLETTER ALERT

Please email articles for the **November 2015** issue to **Richard Thornton** at rgthorn@pacbell.net. Richard should receive articles for the November issue no later than October 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **December 2015/January 2016** issue will be **Susan Patrick** at susandpatrick@msn.com. Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact Susan D. Patrick at susandpatrick@msn.com or 360-943-6439.

Susan D. Patrick, Publications Chair

