



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 86

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No. 10

CAC HOLIDAY DINNER PARTY DECEMBER 11, 2010

Bring your holiday spirit and join us for CAC's Annual Holiday Party at Alpine Lodge on Saturday, December 11, 2010. Featured Chef, **Ben Heldens**, will prepare a spectacular prime rib, and Chefs **Dennis Ziebell** and **Bill Pung** will, once again, bake and present a heavenly selection of fabulous desserts!

We need a few people to assist in the kitchen and to bring appetizers for Happy Hour. The donations bar opens from 3-4:30pm, followed by dining 5-7:00pm. Feel free to BYOB to drink with your meal.

Please contact our coordinator, **Jennie Bruyn** at 415-456-1877, jenniebruyn@yahoo.com, if you can help cook, bring an appetizer and/or join the decorating, set up and clean up crews.

Space is limited for this festive occasion, only \$20 (member) or \$22 (associate member). Register for a no-host overnight at Alpine Lodge for \$18 (member) or \$23 (associate member). To secure your reservations please send checks payable to **Laureen Novak**, 70 Greenway, Mill Valley, CA 94941-1122. Checks must be received by December 7th.

—Jennie Bruyn

CHILDREN'S HOLIDAY PARTY SUNDAY, DECEMBER 12, 2010

To all three generations of Alpiners: Come join us for our traditional Children's Holiday Party, Sunday, December 12th from 2-5pm, hosted by **Mary Frey**. Tim Cain, a wonderful guitarist, and a balloon lady will be there to entertain the kids. The club will provide beverages, ham and rolls. All participants should bring a favorite family dish to share. Cost is \$15.00 per family.

Don't forget! Bring a wrapped gift for your child with the name clearly written on top because Santa Claus will come for a visit and give each child his or her own gift.

You are welcome to ask a neighbor family to this CAC event. We would like more children to attend, and attending this event might lead to membership for the family.

Sign up with Mary Frey by sending her your check. Please state how many people are in your family group(s) and let Mary know if you can help before or after the party. Contact her with any questions at Marymaryhiker@aol.com, 100 Thorndale Drive, #251, San Rafael, CA 94903, 415-492-2510.

— Mary Frey

ALPINE LODGE ANNUAL SOUP & SALAD JANUARY 1, 2011

Celebrate New Year's Day at the lodge. Come to our annual Soup & Salad following the customary New Year's Day hike to the top of Tam. Even if you don't hike, come and take part in this annual fest. We'll start off with happy hour and hors d'oeuvres at 4 pm and we'll eat as soon as all hikers are back, at an appropriate time. This is a co-op event, so we'll need hors d'oeuvres and soups (to feed eight or more). Please sign up to bring a soup, an hors d'oeuvres, or both. The host will provide the salad. We also need volunteers to help with the set-up and clean-up. Cost of the event is \$9 for members, \$12 for guests. We cannot accommodate drop-ins, reservations are a must. Telephone reservations to **Lois and Hi Patton** at 415-924-6759. Please send your check to **Edna Trimm**, P.O. Box 213, Fairfax, CA 94978.

— Edna Trimm

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Mae Harms	530-333-1058	maeharms@mindspring.com
Vice President	Jennie Bruyn	415-456-1877	jennielbruyn@yahoo.com
Secretary	Anne Good	510-526-6792	ahgood@sbcglobal.net
Treasurer	Dennis Ziebell	415-864-4889	dzbp@aol.com
Registrar	Stefan Berlinski	831-325-6215	alpineregistrar@att.net

Board of Directors:	Arthur Ewart	707-481-2432	artewart@gmail.com
	Graham Forder	415-827-4748	gifo99@yahoo.com
	Nell Fraser	925-934-9039	nellfraser@yahoo.com
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
Past President '08	John Hannum	707-525-8108	JRHannum@sbcglobal.net
	Robert Piper	510-848-4134	piperrr@alum.mit.edu

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Education	VACANT		
Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Sarah Dove	707-528-7289	sarah.dove@sonoma.edu
Outings	Carol Bodtker	415-884-0850	cbhiker@sbcglobal.net
Parliamentarian	VACANT		
Publications	Helena Troy	415-492-9576	hmtroy@aol.com
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Social Activities	VACANT		
Youth Activities	VACANT		

Alpine Lodge Trustees:

Alpine Chair	Roger Diehnelt '13	415-924-5519	rdiehnelt@hotmail.com
	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Karl Baeck '11	415-459-6370	karlb@pacbell.net
	Jeanette Rodgers '13	415-435-9383	jrodg1218@aol.com

Alpine Lodge Support:

Alpine Treasurer	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Tony Smith	650-207-1619	alpinelodge1@yahoo.com
Alpine Accommodations	Reservations	415-381-4975	alpinelodge1@yahoo.com

CAC Committee Coordinators For Alpine Lodge:

Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Hike Coordinator	Pauline MacDonald	415-381-2870	luddite48@comcast.net

Echo Summit Lodge Trustees:

Echo Chair	Jim Nixon '12	650-756-7771	jimnixon2000@yahoo.com
	Cindy Toran '13	707-539-4396	toranski@aol.com
	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Edie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '12	415-472-1229	erstock@pacbell.net

CAC Foundation Directors

CACF President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
	David Solbach	415-563-1170	dsolbach@gmail.com
	Reuven Segev	415-479-7682	reuven.segev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Catherine Theilen Burke, Anita Cabrera, Michael Larsen, Tom Mahood, Vicki Olds, Dan Schoenholz, Bob Sturm and Helena Troy.

Contributors this issue: Verna West, Cindy Toran, Selma Bomfim, Pauline MacDonald, Sarah Dove, Jennie Bruyn, Mae Harms, Valerie Nelson, Arlin Weinberger, Tony Smith, Eike Linkwitz, Jim Nixon, Hardy Dawainis, Shrek Herrmann.

Correspondence: Please address correspondence concerning this publication to:

Mae Harms, 5941 Garden Park Dr. Garden Valley, CA 95633-9514.

CAC Website: <http://calalpineclub.org>

PRESIDENT'S MESSAGE

Although I am writing this on a beautiful sunny eighty degree fall afternoon up in the Sierra Foothills, I am thinking of when you will be reading it: a December day. CAC will just be starting its full schedule of holiday and winter activities.

Echo will be snowy and looking forward to packed reservations for all those of you who want to enjoy skiing, snowshoeing, sledding and evenings in the cozy great room. Alpine will be opening its doors to traditional holiday dinners and to Mary Frey's Christmas party for youngsters and their accompanying parents and grandparents. It'll be fun to be at one of the lodges to welcome in the New Year.

I can say we are lucky to have these wonderful lodges. But really it has taken more than luck. Foresight on the part of the founders of our club to see that a place to meet was needed resulting in the acquisition of a house on Panoramic Drive, which has developed into the Alpine Lodge and the Tam Building. In the fifties, young families wanted to have shelter in the mountains for winter outdoor activities. Now we have Echo Summit Lodge.

The Archives Committee is going through all of the records, Trails and assorted memorabilia that has accumulated over our ninety-seven year history. What we find just makes us even more grateful for all the hard work of volunteers who have enabled this club to thrive.

I hope each of you has opportunities to participate in winter activities in our lodges. In case we don't happen to have a holiday celebration in our own homes, it's comforting to know that our friends at the lodges will be there to help us celebrate. CAC is about friendships, fun and, of course, work to make it all happen.

Happy Holidays, whichever ones you celebrate, and Happy New Year.

— Mae Harms



CAC Rosters and Privacy Protection

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MEMBERSHIP REPORT

New Members - November 2010

Keith Bergman – regular member
9 Diego Drive
San Rafael CA 94903-2367
415-479-2461 JKHB2006@yahoo.com
Sponsors: Edna Trimm and Karl Baeck

Harriet McCue – regular member
11 Greenwood Cove Drive
Tiburon CA 94920-2245
970-331-3369 mccuevail@yahoo.com
Sponsors: Suzanne Karp and Sarah Davis

Karen Rafton – regular member
280 Ironstone Ct.
San Rafael, CA 94903-1412
415-472-2826 karenarafton@gmail.com
Sponsors: Kathleen O'Dea, Arthur Ewart, and Jennie Bruyn

Diane and Dan Ryan: Family Members
Kathleen Ryan (age 22)
5525 Hessel Ave.
Sebastopol CA 95472-6134
707-823-3187 dryan4@comcast.net
Sponsors: Cindy Toran and Lynn Garric

— Sarah Dove, Membership Chair

BOARD OF DIRECTORS & QUARTERLY MEMBERSHIP MEETINGS

December 2010 – No Board or Membership Meetings

Sunday, January 16, 2011
Board of Directors Meeting, 2pm
Quarterly Membership Meeting, 3pm

Saturday, February 19, 2011
Board of Directors Meeting, 2pm

Saturday, March 19, 2011
Nominations Meeting, 1:30pm
Board of Directors Meeting, 2pm

Saturday, April 23, 2011
Board of Directors Meeting, 2pm
Annual Meeting, 3pm
Award Dinner, Time to be announced

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.



CAC BOARD NOMINATIONS

At the November 20th CAC Board Meeting, the Board confirmed the following nominations presented by Jennie Bruyn, chair of the Nominations Committee:

Term of Office: 2011-12 Officers: **Mae Harms**, President, **Jennie Bruyn**, Vice-President, **Anne Good**, Secretary, **Dennis Ziebell**, Treasurer, and **Stefan Berlinski**, Registrar. Board Members: **Art Ewart**, **Graham Forder**, **Nell Fraser**, **Ann Meneguzzi** and **Robert Piper**.

Term of Office: 2011-14 Nominated for vacancies on the Alpine Board of Trustees are **Eva Libien** and **Tony Smith**. Nominated for vacancies on the Echo Summit Lodge Board of Trustees are **Tom Coleman** and **Edie Nelson**.

These nominees will be officially nominated for office at the Nominations Meeting to be held at Alpine Lodge at 1:30PM on March 19, 2011. Other nominations can be made from the floor at that meeting.

Karl Baeck was nominated to fill the remaining term of Arnold Champagne, who resigned as Trustee of Alpine Lodge. The Board confirmed this nomination.

The Board also confirmed the nomination of **Delores Welch** to serve on the Nominations Committee to fill a vacancy by the resignation of **Howard Ortman**.

— Mae Harms



Shrek visited Alpine Lodge Halloween weekend and led a hike to East Peak. Hikers scattered in all directions, but returned happy, as shown here with smiles all-around, l-r, Howard Ortman, Innes Bergman, Shrek, Hans Schilling and Melanie Facen. Shrek vowed to return to CAC next Halloween to lead Halloween Hike again, whether the hikers follow or not.

— Submitted by Shrek Herrmann

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

Sunday December 5	9:30 AM	Howard Ortman	415-456-5912	2B
Sunday December 12	9:30 AM	Anne Good	510-526-6792	2B
*Saturday December 18	9:30 AM	Hiker's Weekend		2B
*Sunday December 19	9:30 AM	Leaderless		2B
Sunday December 26	9:30 AM	Leaderless		2B
Saturday January 1, 2011	9:30 AM	Jennie's New Year Champagne Hike	415-456-1877	2B
Sunday January 2	9:30 AM	Leaderless		2B
Sunday January 9	9:30 AM	Graham Forder	415-827-4748	2B
*Saturday January 15	9:30 AM	Hikers Weekend		
*Sunday January 16	9:30 AM	Graham Forder	415-827-4748	1A
		Howard Ortman	415-456-5912	2B
Sunday January 23	9:30 AM	Jock MacDonald	415-381-2870	2B
Sunday January 30	9:30 AM	Rob Freinkel	415-456-0879	2B
Sunday February 6	9:30 AM	Anne Good	510-526-6792	2B
Sunday February 13	9:30 AM	Open		2B
*Saturday February 19	9:30 AM	Open		2B
*Sunday February 20	9:30 AM	Open		2B
Sunday February 27	9:30 AM	Jennie Bruyn	415-456-1877	2B

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

IMPORTANT! RAIN CANCELS

ALL SUNDAY 2B HIKEs BEGIN AT 9:30 AM (7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN).

ALTERNATE LEVELS OF SUNDAY HIKEs ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.

IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

NOVEMBER 4TH WORK/BIRTHDAY PARTY AT ALPINE LODGE

One of the many positive aspects about CAC is the numerous, dedicated volunteers we have who not only help at events but also to maintain our buildings.

We had another great workday on November 4th. With the help of 20 members as well as **Donald Johns** and **Michal Krombholz**, two hardworking prospective new members, we again left the Lodge in a better state than we found it. **Dorsey McTaggart** and **Don Johns** had an early start cleaning our many windows. In the meantime, **Arlin Weinberger** and **Edna Trimm** were washing down the dining room tables and getting the Hall ready for the many dinners we will be hosting over the Holidays. **Dolores Welch**, **Vicky Olds** and **Jean Rodgers** (AL Trustee) our housecleaning team for the day, did not need any guidance for their very important task. **Ben Heldens** and **Hans Schilling** were stacking wood in the basement to make sure that all of us can enjoy a cozy fire this winter. We are truly fortunate to have such good friends of the Lodge as Hans and Ben. **John Hannan**, **Roger Diehnel** (AL Trustee Chair) and **Karl Baeck** (prospective AL Trustee) were our "Mr.Fixit" team involved in many minor and not so minor repairs. Defying gravity and giving us a heart attack were **Reuven Segev** and **Michal Krombhotz** while cleaning gutters and getting the buildings ready for winter storms. The many compliments we are getting for our garden are of course due to the hard work of our gardening committee **Ruth Tretbar**, **Bill Pung** and **Dennis Ziebell**. While all this activity was going on, our cooks for the day **Carol Weisker** and **Judy Sibley** were hard at work in the kitchen preparing a delicious lunch for us, made even more enjoyable by some good wine supplied by **Tony Smith**. The big, and very pleasant surprise of the day was when Dennis Ziebell and Bill Pung brought in the dessert in the form of a large Birthday cake (with candles) for yours truly, the Workparty leader of the day. Thank you all for a great day.

— **Hardy Dawainis** for Alpine Lodge Trustees.

ALPINE LODGE SUNDAY INNKEEPERS

DECEMBER 2010

03	OPEN	
12	Susan Head	415 331 2598
19	OPEN	
26	OPEN	

— **Selma Bomfim**, Innkeeper Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ALPINE LODGE EVENTS

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.	View the up-to-date Alpine Event Calendar: Go to http://calalpineclub.org under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.	To Schedule an Event: For a private member event or a Club function, please leave a message with your request, name, email, and phone number at alpinelodge1@yahoo.com or call 415-381-4975. A volunteer will contact you and assist you in booking the event.
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DEC 2 THURS WORK PARTY/CHRISTMAS DECORATING

Contact Roger Diehnelt to sign up.
415-924-5519 or rdiehnelt@hotmail.com
Lunch with good friends.

DEC 4 SAT MTIA DINNER

DEC 7 TUES HIKER'S LUNCHEON
Mary Jane McKown 415-383-2774
mjmckown@gmail.com

DEC 11 SAT CAC HOLIDAY DINNER
(See article on page 1)

DEC 12 SUN CAC CHILDREN'S PARTY
(See article on page 1)

DEC 18-19 SAT-SUN HIKER'S WEEKEND
See Hiker's Weekend Box.

DEC 19 SUN TENTATIVE PRIVATE EVENT IN THE EVENING

DEC 25 SAT CHRISTMAS DINNER
Hosted by Laureen Novak and Jay Halberg
Volunteers needed. Dinner will be served at 3pm, the Lodge will open at noon. \$15 Members, Associate Members \$18. Please bring payment to the dinner. Sorry no overnights. BYOB. Limited to 32 Persons. RSVP ASAP to Laureen at lareenie@yahoo.com with reservation and what side dish you will be adding to the meal.

DEC 26-27 SUN EVENING - MON TENTATIVE PRIVATE EVENT

JAN 1, 2011 SAT HIKE TO TOP OF TAM SOUP & SALAD AFTER

Toast in the New Year with Leader Jennie Bruyn on her annual hike to the top of Tam. Meet at Alpine Club 9:15am for start. Questions, contact Jennie at 415-456-1877 or jennielbruyn@yahoo.com. After the hike Happy Hour 4pm. Soup & Salad dinner 5pm. (See article on page 1).

JAN 1 SAT SOUP & SALAD DINNER
Soup & Salad dinner at 5pm, after hike to Top of Tam. Please volunteer to prepare a soup to feed 6-8. Contact Edna Trimm at 415-456-5557.

JAN 6 THURS WORK PARTY
Jean Rodgers 9am to 3pm
jrodg1218@aol.com 415-435-9383 to sign up.
Delicious lunch served. Overnight possible.

JAN 16 SUN SUNDAY WORK PARTY
Coordinator: 9am to 3pm
Arnold Champagne; 415-282-1704;
arnoldchampagne@yahoo.com.
Lunch and good fellowship will be served.

JAN 15-16 SAT-SUN HIKERS WEEKEND
See box this page.

JAN 17 SUN BOARD MEETING AT 2PM, QUARTERLY MEETING AT 3PM
DINNER after. See e-newsletter or e-calendar for contact person and price. Volunteers needed.

FEB 3 THURS WORK PARTY
Coordinator: Eva Libien 9am to 3pm
Lunch will be served. Overnight possible. Call Eva at 415-383-5184 to RSVP.

FEB 19-20 SAT-SUN HIKERS WEEKEND
See box this page.

FEB 19 SAT BOARD MEETING AT 2PM

MAR 3 THURS WORK PARTY
See e-newsletter or e-calendar for contact person.

MAR 19-20 SAT-SUN HIKERS WEEKEND
See box this page.

MAR 19 SAT ST. PATRICK'S DINNER, BOARD MEETING AT 2PM
See e-newsletter or e-calendar for contact person.

APR 3-10 SUN-SUN SPA WEEK
Contact Mary Frey 415-492-2510 or
Marymaryhiker@aol.com

APR 7 THURS WORK PARTY ?

APR 10-SUN EVENING TO APR 16 SAT MORNING SIERRA CLUB COASTAL MEDLEY

APR 16-17 SAT-SUN HIKER'S WEEKEND
See box this page.

APR 23 SAT BOARD MEETS AT 2, ANNUAL MEETING AT 3, AWARDS DINNER AFTER HAPPY HOUR

Watch for updates in future issues of TRAILS!

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.

HIKERS' WEEKENDS

Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, \$12. Overnight \$18, breakfast Sunday, \$5; guests are \$5 additional.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

OCTOBER 1ST WORK PARTY AT ALPINE LODGE

Our weekday Work Party brought 12 seasoned workers and two prospective members to the Alpine Lodge on October 1st.

Our prospective members, **Connie Kellaher** and **Karen Rafton**, along with **Joyce Rhodes**, washed kitchen cabinets, cleaned out the refrigerators, cleaned and organized the pantry and helped **Jennie Bruyn** reorganize the spice shelves. Thanks to these ladies, the kitchen is ready for any cooking event. Jennie also tackled the long overdue task of cleaning out the large freezer in the basement. Aurora Roberts and hubby Hurston spent the night at the Lodge and stayed to help with the chores. **Dennis Zeibell**, **Bill Pung**, **Ruth Tretbar** and **Jean Rodgers** worked relentlessly in the garden to guarantee that our beautiful grounds stay picture perfect. Jean was crowned the "Deadhead Queen" since she went around snipping off all the deadhead flowers. **Ben Heldens** and **Hans Schilling**, our reliable regulars, spent much time and energy taking apart wooden pallets. They also helped hard working **Karl Baeck**, who brought up his chain saw, with taking down a tree and some undergrowth to allow for more plants space to grow. **Eva Libien** served a hearty lunch and after an invigorating and satisfying work party, we took leave to enjoy the remains of the day and the glorious Indian summer weather.

JOHN MUIR TRAIL – SEPT 2010

After three separate incidents in as many years with broken bones in my right leg, each requiring surgery, I was still determined to hike the John Muir Trail. My son-in-law, Miguel, was also interested in the trip so I took advantage of the opportunity to have such a wonderful companion.

The trip was an indescribable wilderness experience, starting from Yosemite Valley on September 1st and ending at Whitney Portal on the 22nd. We hiked all except a 55-mile section of the JMT since we took a 5-day break after 67 miles at Mammoth to deal with blisters. This also gave us a few days to recuperate, adjust our food supply, and get clean clothes and showers. Together we hiked a total of 178 miles on the JMT (plus an additional 26 miles for a re-supply cache and 5 miles when we resumed the trip at Florence Lake near Muir Trail Ranch). We ascended a total of 41,900 feet and descended 37,500 feet. The highest elevation, of course, was Mt. Whitney at 14,496 feet, the highest peak in the "lower 48". I can attest that the air is very thin at that elevation. Even without a 30-lb. pack, I was walking very slowly uphill those last 1.9 miles!

We were incredibly lucky to encounter no rain/snow days. We missed 2 inches of snow in the mountains when we went on blister-break, and the day we hiked out at Whitney Portal, clouds and inclement weather moved in. We camped at very high elevations, however, so the nights were extremely cold, always below freezing, but we were equipped to handle the cold nights. We were impacted 2+ days with smoke from a forest fire in King's Canyon National Park, which spoiled the views in the afternoon and made climbing more challenging due to smoke inhalation.

It has been tough in many ways to get "back to civilization". The solitude and beauty of the mountains, lakes, meadows, etc. are beyond belief with your mind pleasantly void of stress or boundaries (long-trail bliss). You also realize how simple life can be when you only have to focus on the basics and putting one foot in front of the other, but you do have to be adaptable and muster physical resources that we don't usually need, ending each day with bone-weary exhaustion and a sense of accomplishment. Just think of the pioneers and early discoverers who made even longer treks without the benefit of well-engineered trails. However, I can tell you I really appreciate the luxury of hot running water and fresh fruit/vegetables now!

Anyone interested in joining me in hiking the 55-mile section from Mammoth to Florence Lake in 2011? Let me know (toranski@aol.com or 707-539-4396).

Trip photos can be viewed at <http://toranski.smugmug.com/>

— Cindy Toran



Cindy and Miguel at Muir Pass, 11,955 ft.



Woo hoo! Mt. Whitney Summit, 14,496 ft.



Bill Pung and Dennis Ziebell created and donated this cake which tasted every bit as good as it looked!

FOUNDATION EVENT RAISES \$1525!

Good food, wine and music attracted 50 people to the CAC Foundation's annual fundraising dinner on November 7th. **David Solbach's** jazz trio entertained guests during happy hour while they enjoyed appetizers brought by **Jackie Schiedeck, Ruth Tretbar, Jennie Bruyn, Renee Powers** and **Nell Fraser**. Bartender **Bill Meneguzzi** kept the "happy" in Happy Hour, pouring donated wine for all. Chef **Tony Smith** made his great seafood pasta and **Bill Pung** and **Dennis Ziebell** made the spectacular desserts, including a cake decorated with autumn trees, leaves and the Foundation's name.

After dinner, Foundation president **Arlin Weinberger** gave a brief history of the Foundation, including recent grants given to local organizations. Guests then heard Joanne Danielson, new Marin Sector Superintendent for State Parks, talk about the recent election, followed by Larry Minikes, past president of the Tamalpais Conservation Club, explaining the issues of cyclists on Mt. Tam.

Special thanks to those who did the behind-the-scenes work:

--Helping Tony get dinner on the table were **MaryJane McKown, Edna Trimm, Dolores Welsh** and **Innes Bergman**.

--Heading up the dishwashing process was **Ann Meneguzzi** aided by **Sue Karp, Karl Baeck** and **Tony Smith**.

--Getting our coffee ready were **Innes Bergman** and **Pascale Leroy**.

--Taking reservations, making name tags, place cards and helping out in all capacities was **Renee Powers**.

--David Solbach provided the musicians and **Hans Schilling** helped wherever needed.

We are very pleased to report that the Foundation raised \$1525 at this event. We are always happy to accept donations (tax-deductible) Make your check payable to CACF and send to Arlin Weinberger, P.O. Box 2180, Mill Valley, CA 94942-218

Thanks **to all of you** for your support!

— Arlin Weinberger

In Memory

KEN WILTZ 1920-2010

Longtime member and former President of the California Alpine Club in 1953, Ken passed away in October at almost 90 years of age after a short illness. He will be remembered fondly by many of us "old timers" for his leadership not only in our Club, but also for the Boy Scouts of America. His work in the purchase of Echo Summit Lodge, and his leading of many trips in the High Sierra benefited us all in those early years, back when we hiked and rock climbed. His first wife, Maralee, was also very active in the CAC. Ken is survived by sons Peter and Kevin and two grandchildren.

— Tony Smith



Ken Wiltz, Walt West, and Hillary Crawford Jr, in front of Echo Summit Lodge, about 1970. All were involved in the purchase and operation of the lodge in the early years.

CARING FOR OUR MEMBERS

We all have times when we must face difficult challenges in our lives. We want members to be aware that we have a Sunshine Coordinator who can send out cards to club members in need. If you know of any club member who might like to receive a supportive and comforting word on behalf of their friends at CAC, please contact me at valallen@cruzio.com. My phone is (831) 688-1524. I will let you know that I received your request, but if you do not get a timely reply, I may be out of town. In that case, if the need is immediate, you might want to call a board member.

— Valerie Nelson

BETTY OSBORN CELEBRATES HER 90TH BIRTHDAY

On October 28, the long time Mill Valley residence of **Betty Osborn** and **Beverly Heywood** was sparkling in preparation for a festive 90th Birthday Luncheon

to honor our cherished old time CAC member Betty Osborn. Four beautiful fall flower arrangements, artistically put together by florist and caregiver Ana Gloria Gamez adorned the living room and kitchen area. The gardeners had completed their regular maintenance of the well tended front



Birthday celebrant Betty Osborn

and back yard, and the large buffet table with the view to the back yard was decorated the day before. The weather on October 28 could not have been better. And we, who were privileged to be invited counted 28 in attendance.

The day started with a warm phone call by our CAC President, **Mae Harms** to extend her best wishes to Betty for her 90 years. Forever present, Betty expressed her desire to see a repeat of the Blue Grass Events, which in previous years had been well loved and successful at the Alpine Lodge.

Throughout the late morning till early afternoon the festive company of friends arrived. Surrounded by champagne, "mimosa", white wine, the multitude of tasty hors d'oeuvres, a beautiful chocolate Birthday Cake, and our song, the Guest of Honor and Beverly Heywood took in all the love of the mingling well wishers and conversations till the end.

We also congratulated another member, **Melanie Facen**, who celebrated her 76th Birthday the same day, looking radiant and having just returned from an eventful hiking trip to Jordan in the Middle East.

We all thank Betty for her long service to the CAC. Both Betty and Bev may not have the same mobility as before, but continue to enjoy the company of friends who come to visit. And here are all of us, who joined the celebration:

Gail Lindlow, Nancy Bott, Elsa Weissenberg, Marvin Prager, Theresa Born, Mary and Tom Foote, Julie and Allen Wofchuck, Ben Heldens, Mary Frey, Debbie Dorosin, Mary Jane and Paul Mc Kown, Bern Bennett, Mayme Harris, Melanie Facen, Elisabeth and Ray Sommer, Joan Stamme, Eike Linkwitz, Care Givers, Ivonne Woods, Ana Gloria Gamez, Sandra Ortiz and her mother Ana Marleny.

If you had seen the many cards, flowers, gifts by everyone and the generous amount of event photos, sent within days after October 28 by Julie and Allen Wofchuck, you would know that the glow of this 90th Birthday Celebration will linger on for a long time.

— Eike Linkwitz for all attendees.

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

The winter season is upon us and Echo Lodge is a perfect home base for snow play--skiing, snowshoeing, sledding, good ol' snow ball competition, and warming by the fire!. We have a cadre of enthusiastic Hosts ready to take your reservations. Call them while they still have room available, so you can enjoy winter in the Sierra at our wonderful lodge! Happy Holidays!

Winter/Spring Hosts: Openings in the Schedule are: **Dec 5-21, Jan 9-13, Jan 30-Feb 3, Feb 8-11, Feb 27-Mar 3, Mar 7-9, Mar 13-17, Apr 3-15, Apr 18-30.** Dec-Apr is published below; contact Cindy Toran if you want to schedule any of these open days. Private Events are available mid-week Jan-Mar and any days in Nov-Dec and Apr-Jun 15.

The next **Echo Lodge Trustees' Meeting** will be Saturday, March 19, 2011, 10 am, at Jim Nixon's home. Contact Jim at 650-756-7771 if you would like to attend.

Problems or Concerns about Echo Summit Lodge? Contact Jim Nixon at 650-756-7771 or jimnixon2000@yahoo.com. Discussions will, of course, be kept confidential.

Echo Summit Lodge Winter /Spring Schedule:

DEC 3-5 FRI-SUN PRIVATE EVENT
Rebecca Suzanne 510-326-0790

DEC 21-24 TUES-FRI PRE-CHRISTMAS / COOP MEALS
Joni Hyerle & Gary Milburn 831-427-3839
132 Kennan St, Santa Cruz, CA 95060
jhyerle@yahoo.com

DEC 24-29 FRI-WED CHRISTMAS WEEK / COOP MEALS
Lynn Zachreson 831-419-1599
223A Dufour St, Santa Cruz, CA 95060
lynnz@cruzio.com

DEC 29-JAN 2, 2011 WED-SUN YOUNG FAMILIES NEW YEAR - NO MIDNIGHT PARTY
Monika Balsamo & Tim Seeley 707-539-2140
4841 Parktrail Dr, Santa Rosa, CA 95405
m_balsamo@earthlink.net

JAN 2-7 SUN-FRI HOSTED EVENT
(Limit 18) Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

JAN 7-9 FRI-SUN HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

JAN 9-13 SUN-THURS AVAILABLE FOR TRAINED HOSTS

JAN 13-17 THURS-MON YOUNG FAMILIES SNOW WKND
Joan Ryan & John O'Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

JAN 17-21 MON-FRI HOSTED EVENT
Diane & Bruce Friend 510-654-4218
6124 Chabot Rd, Oakland, CA 94618
bifedf@comcast.net

JAN 21-23 FRI-SUN COOP MEALS
Anita Cabrera/Nick Gregoratos 415-722-0237
430 Ellsworth St, San Francisco, CA 94110
aa_cabrera@msn.com

JAN 23-28 SUN-FRI HOSTED EVENT
(Limit 18) Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

JAN 28-30 FRI-SUN HOSTED EVENT
Pam & Garry Greever 530-677-5616
3200 Red Rock Ln, Shingle Springs, CA 95682
pamgreever@yahoo.com

JAN 30-FEB 3 SUN-THURS AVAILABLE FOR TRAINED HOSTS

FEB 3-8 THURS-TUES HOSTED EVENT
Cindy Toran & Christine Piccin 707-539-4396
932 Ripley St, Santa Rosa, CA 95401
toranski@aol.com

FEB 8-11 TUES-FRI AVAILABLE FOR TRAINED HOSTS

FEB 11-13 FRI-SUN HOSTED EVENT
Shelly Navine & Richard Thornton 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

FEB 13-17 SUN-THURS HOSTED EVENT
(Limit 18) Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

FEB 17-21 THURS-MON INTER-GENERATIONAL SNOW WKND
Joan Ryan & John O'Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

FEB 21-25 MON-FRI MULTI-GENERATION / COOP MEALS
MaryJane & Paul McKown 415-383-2774
602 Amaranth Blvd, Mill Valley, CA 94941
mjmckown@gmail.com

FEB 25-27 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

FEB 27-MAR 3 SUN-THURS AVAILABLE FOR TRAINED HOSTS

MAR 3-6 THURS-SUN HOSTED EVENT
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

MAR 6-9 SUN-WED AVAILABLE FOR TRAINED HOSTS

MAR 9-13 WED-SUN HOSTED EVENT
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

MAR 13-17 SUN-THURS AVAILABLE FOR TRAINED HOSTS

MAR 17-20 THURS-SUN HOSTED EVENT
Art Ewart & Kathleen O'Dea 707-481-2432
2360 Dominic Dr, Novato, CA 94947
artewart@gmail.com

MAR 20-25 SUN-FRI HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

MAR 25-27 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

MAR 27-APR 3 SUN-SUN FAMILY-FRIENDLY EVENT
Alan Fairhurst & Mindi Canner 415-269-5080
3239 21st St, San Francisco, CA 94110
faircans@comcast.net

APR 3-15 AVAILABLE FOR TRAINED HOSTS

APR 15-18 FRI-MON PRIVATE EVENT
Tom & Carol Coleman 707-992-0650

Watch for updates in future issues of TRAILS!

— Cindy Toran, Echo Summit Lodge Trustee



BEE HIVE AT ECHO WORK PARTY

How do you explain to my eager five-year-old grandson, Diego, why he couldn't come with Pop Pop to the Big Cabin at Lake Tahoe (his name for Echo Summit Lodge)? A bee hive came to mind, so I told Diego that we would be doing adult work and that no other children would be there. The people would be like bees working in and around a bee hive. They would buzz in and out of the lodge doing chores and communicating with each other.

That was certainly the case at the Echo Fall work party September 17-20, 2010. Trustees **Jim Nixon** (grandfather of Diego) and **Tom Coleman** led 20 members and non-members in the accomplishment of many fall chores. The main one was gathering, splitting, and storage of our wood supply. The wood gang – **Bob Henry, Dave Jacobson, Bob Bass, Richard Thornton, Abe Ebadi, Hans Schilling, Dan Winkelman, Steve Brown, Jeri Merritt, Becky Sandman, Joe Fay, Richard Colvin, and Russ Bittner** – filled the lodge with wood for the coming winter. Tom Coleman rented the log splitter in South Lake Tahoe. Bob Henry returned it to Gardnerville on Sunday. Big thanks to these worker bees. The lodge will be warm and cozy.

Russ Bittner replaced the worn out dining room venetian blinds with Roman Shades, which not only block the sun but will in the winter provide insulation. **Eike Linkwitz** has graciously offered to supply the priceless labor and skill to recover all the living room cushions (purchased in 1976) and pillows with new materials inside and out. The colors and patterns she selected (approved by the Echo Trustees) are perfect for the lodge and the pillows and cushions will last for many years. She will be working, at home, for the next three or four months. Busy bees Eike and Siegfried Linkwitz measured and cut material. They then shampooed the carpets upstairs and down, including the stairway by hand.

Bob Bass checked the leach fields and found that they had not been switched and showed signs of lots of grease going

into the septic tank. Bob switched the leach fields and Jim Nixon arranged to have the septic tank pumped on Monday. Reminder to Hosts: NO GREASE down the drains! Perhaps people could bring coffee cans for grease, which can then be put in the trash.

Richard Thornton did a super worker bee activity by cleaning of the stove and installing a new vanity in the cook's bathroom. Vicki Bass became the "go-fer" with runs to Meeks and grocery stores. She also led the laundry bees – Ana Colvin, Becky Sandman, and Karen Ebadi – doing the major bedding cleaning. Dave Jacobson flipped the mattresses in the dorms. Karen and Vicki scrubbed and waxed the kitchen and dining room floors, in addition to organizing the pantry shelves.

Arnold Champagne, a worker bee with excellent skills, and helper, **Hans Schilling**, basically rebuilt the never used new screen doors. Arnold also caught trout, which he cooked for an appetizer Saturday night.

Jim Nixon was the cook with good help from others. Worker bees, whether inside or out were provided refreshing lemonade and hot from the oven chocolate chip cookies. **Carroll Pearson** and **Ken Judy** joined the group for dinner on Saturday and Sunday. Ken whipped up a salmon dip with Friday night's left-overs.

Lively dinner discussion was held about having a WI-FI connection at the lodge. Send your opinions to the Echo Trustees.

Becky Sandman, Joe Fay, and **Ana** and **Rich Colvin** are planning to become CAC members. Be sure to encourage and welcome them.

Jim and Tom led this group with enormous spirit and encouragement. The CAC members thank this hive of worker bees who contributed so many hard-working person-hours to keep our lodge in good shape. In about 10 years or so, I hope that Diego will join this group.

— **Jim Nixon, Trustee** (Drafted by **Carroll Pearson** and **Vicki Bass**)



*Arnold Champagne
Serving Trout Appetizer*

HOST APPRECIATION AND TRAINING AT ECHO LODGE, OCTOBER 2010

Nineteen enthusiastic CAC members were hosted October 8-10 by Echo Trustees, **Tom Coleman** and **Cindy Toran**, for a weekend of appreciation for our seasoned hosts along with training and camaraderie for a group of special CAC folks who host or plan to host at Echo Summit Lodge. In addition to the usual training, dining, and socializing, everyone had the time to take short hikes and explore the beauty surrounding our mountain lodge.

The recently paved and striped parking lot was the latest visible improvement on the exterior of Echo Lodge. With a cooler on wheels, hosts are now able to bring the heavy food up the ramp through the dining room and into the kitchen seamlessly. A cart or little red wagon would really make moving food and supplies into the lodge very easy. We need only an official sign and wheel curbing for the handicap parking space to obtain a complete sign-off on our permits for the ADA ramp and shed upgrade projects.

Thanks to all the graduates of the 2010 Fall Host Training & Appreciation: **Kathy and Bill Faherty, Diane and Bruce Friend, Joni Hyerle and Gary Milburn, Christine and Francois Piccin, Diane Smith, Ruth Huffman, Kathy and Jim Kinkela, Martha Stewart, Rebecca Suzanne, Jordan Herrmann, Jean Findlay, Sue Gibbons, James Ballou, and Bill Walzer.**

Please remember that to maintain eligibility for Host Training or Private Events, training must be refreshed every three years. We need knowledgeable, skilled, and gracious hosts to sustain Echo Lodge and keep it open for the general CAC membership. It is only through training that we are able to maintain Echo Lodge standards of operation. Our next Host Appreciation and Training will be May 13-15, 2011.

— **Cindy Toran, Echo Lodge Trustee**



A host of hosts at the fall Host Training

TRAILS

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California Alpine Club

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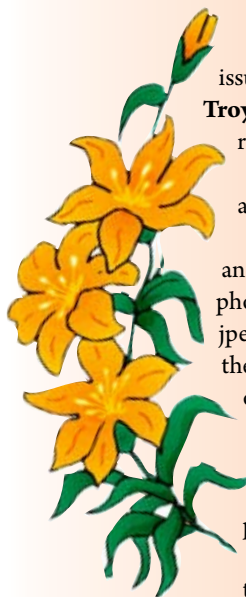
JOHN MUIR TRAIL – SEPT 2010

See article and additional photos on page 6.



Beautiful Garnet Lake and Mt. Ritter, John Muir Trail

TRAILS NEWSLETTER ALERT



Please send articles for the February issue of TRAILS to monthly editor, **Helena Troy** at hmtroy@aol.com. Helena should receive articles for the February 2011 issue no later than January 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photo in TRAILS. For images in formats other than jpeg, contact the editor.

The editor for the March 2011 issue of TRAILS will be Tom Mahood at tmahood@gmail.com. **Editors are always needed!** If you would like to assist with the publishing of TRAILS, please contact Helena Troy at hmtroy@aol.com.

— **Helena Troy, Publishing Chair**



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 87

February 2011

No. 1



ST. PATRICK'S DAY DINNER MARCH 19



In response to popular demand, you are invited to celebrate St. Patrick's Day on Saturday, March 19. There will be hors d'oeuvres with an emphasis on Irish cheeses and smoked salmon on homemade wholemeal bread. The donation bar will include stout and lager. An entrée of corned beef glazed the way you like it, and Ed Troy, our chef supreme, says he'll surprise us with his selection of accompanying vegetables. Cost will be \$20. Send check to Nuala at 1550 Bay Street, San Francisco, CA 94123.

— Nuala Caulfield

BON APPETITO! MARCH 5

Our first culinary class at the Alpine Club is coming Saturday, March 5th at 1- 4pm and....it's Italian.

Learn the correct technique from start to finish for preparing gnocchi with a selection of sauces, some side dishes and we'll have a surprise or two. More details next month. The cost is \$15.00 per person and the class is limited to fifteen students for this hands-on experience. We'll conclude with samples of the dishes we prepared and the recipes printed for you to take home to enjoy again.

Our chief is **Christina Carella Waldeck**, (Chanteuse/Chef) a native of San Francisco who retired from producing television commercials and short films to take up cooking and singing-often at the same time. Christina lives, cooks, hikes and sings with her husband, Ken, in Mill Valley.

For reservations contact **Carol Bodtker** cbpostme@gmail.com or call (415) 884-0850. Send your \$15.00 check payable to Carol Bodtker, 23 Ashland Drive, Novato, CA 94949 by February 10th.

— Carol Bodtker

CAC AWARDS BANQUET APRIL 30

Plans are in progress for the annual Awards Banquet on Saturday, April 30 at Alpine Lodge. Please pencil it in on your calendars. Oops, that is old-fashioned! Enter it electronically on your iPods and we will get back to you as to how you can reserve your dinners.

Tony Smith and the Awards Committee are choosing two very worthy CAC members to receive the Distinguished Service Award. The ceremonies are sometimes funny and always touching.

Jennie Bruyn has enlisted **Christina Waldeck** as our chef. She will provide us with a delicious Italian dinner. Jennie is looking for all the usual helping hands. Phone her, please, at 415-456-1877 with your offers of help.

I am looking forward to enjoying the evening with you.

— Mae Harms

IMPORTANT ANNOUNCEMENT:

ANNUAL MEETING AND AWARDS DINNER DATE CHANGED TO APRIL 30

The date has been changed to Saturday, April 30, so as not to conflict with Easter Weekend. (See Board of Directors Meetings Schedule, Page 3, and Article on Awards Dinner this page).

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Mae Harms	530-333-1058	maeharms@mindspring.com
Vice President	Jennie Bruyn	415-456-1877	jennielbrun@yahoo.com
Secretary	Anne Good	510-526-6792	ahgood@sbcglobal.net
Treasurer	Dennis Ziebell	415-864-4889	dzbp@aol.com
Registrar	Stefan Berlinski	831-325-6215	alpineregistrar@att.net

Board of Directors:	Arthur Ewart	707-481-2432	artewart@gmail.com
	Graham Forder	415-827-4748	gjfo99@yahoo.com
	Nell Fraser	925-934-9039	nellfraser@yahoo.com
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	John Hannum	707-525-8108	JRHannum@sbcglobal.net
Past President '08	Robert Piper	510-848-4134	piperrr@alum.mit.edu

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Education	VACANT		
Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Sarah Dove	707-528-7289	sarah.dove@sonoma.edu
Outings	Carol Bodtker	415-884-0850	cbpostme@gmail.com
Parliamentarian	VACANT		
Publications	Helena Troy	415-492-9576	hmtroy@aol.com
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Social Activities	VACANT		
Youth Activities	VACANT		

Alpine Lodge Trustees:

Alpine Chair	Roger Diehnell '13	415-924-5519	rdiehnell@hotmail.com
	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Tony Smith '11	925-933-2403	joanne-tony@sbcglobal.net
	Jeanette Rodgers '13	415-435-9383	jrodg1218@aol.com

Alpine Lodge Support:

Alpine Treasurer	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Tony Smith	650-207-1619	alpinelodge1@yahoo.com
Alpine Accommodations Reservations		415-381-4975	alpinelodge1@yahoo.com

CAC Committee Coordinators For Alpine Lodge:

Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Hike Coordinator	Pauline MacDonald	415-381-2870	luddite48@comcast.net

Echo Summit Lodge Trustees:

Echo Chair	Jim Nixon '12	650-756-7771	jimnixon2000@yahoo.com
	Cindy Toran '13	707-539-4396	toranski@aol.com
	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Edie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '12	415-472-1229	erstock@pacbell.net

CAC Foundation Directors

CACF President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
	David Solbach	415-563-1170	dsolbach@gmail.com
	Reuven Segev	415-479-7682	reuven.segev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Anita Cabrera, Michael Larsen, Tom Mahood, Vicki Olds, Dan Schoenholz, Bob Sturm and Helena Troy.

Contributors this issue: Karl Baeck, Carol Bodtker, Selma Bomfim, Nuala Caulfield, Roger Diehnell, Sarah Dove, Mary Frey, Mae Harms, Jordan Herrmann, Ekke Linkwitz, Pauline MacDonald, Renee Powers, Tony Smith, Cindy Toren, Arlin Weinberger and Verna West.

Correspondence: Please address correspondence concerning this publication to:

Mae Harms, 5941 Garden Park Dr. Garden Valley, CA 95633-9514.

CAC Website: <http://calalpineclub.org>

PRESIDENT'S MESSAGE

I am sure all of you have been at a conference when the chair from the podium says "Some housekeeping announcements" which means you will be given some information to navigate the system. That's what I want to do now.

Over my two terms as your president, I have received complaints from members who feel they have been treated unfairly or experienced behaviors that they feel are not appropriate for CAC members. I always take these seriously, because I, too, at times have complaints and I like mine to be received with consideration.

Sometimes, what I am asked to do is not available to me, because it contradicts the bylaws or established policies of the club. For instance, recently I received an anonymous letter asking me to have a letter published in the Trails. Trails does not publish letters to the editor and I have no authority to direct them to do so. I feel badly that when that anonymous author reads Trails and does not see the letter, he or she will assume that I paid no attention to it. This is not the case at all. I have been in contact with the persons who are in a position to remedy the cause of the complaint. My housekeeping announcement concerning complaints of this kind is this: I am very good at keeping confidences. Please identify yourself. I won't disclose your identity, if you ask me not to, but by doing so I can explain what it is possible for me to do to remedy it and why I cannot do what you have asked.

If you really want the help of the members, come to a quarterly membership meeting and explain your concerns. In that way you have the attention of your fellow CAC members, the CAC Board members and maybe the person who is in charge of what you are upset about.

It is very difficult to follow up complaints if we do not have specifics. In a club of our size it is understandable that occasionally there are differences of opinion on what is proper and what is not. If we can address these calmly and openly, we can resolve them and CAC will be the better for it.

— Mae Harms

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Stefan Berlinski at alpineregistrar@pacbell.net. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

MEMBERSHIP REPORT

New Members - January 2011

Connie Kellaher – regular member
1849 Lacassie Avenue #9
Walnut Creek CA 94596-4040
925-324-6962
conniekellaher@yahoo.com
Sponsors: Jennie Bruyn and Jenifer Patera

Maureen Johnstone – regular member
78 Springs Lane
Fairfax CA 94930-2014
415-785-7264
thestone10@comcast.net
Sponsors: Renee Lee, Mary Jane McKown, Jennie Bruyn

Annemarie Voegedimy - regular member
436 Marin Avenue
Mill Valley, CA 94941-3941
415-383-1307
Sponsors: Jean Rodgers and Edna Trimm

— Sarah Dove, Membership Chair

BOARD OF DIRECTORS & QUARTERLY MEMBERSHIP MEETINGS

Saturday, February 19, 2011
Board of Directors Meeting, 2pm

Saturday, March 19, 2011
Nominations Meeting, 1:30pm
Board of Directors Meeting, 2pm

Saturday, April 30, 2011
Board of Directors Meeting, 2pm
Annual Meeting, 3pm
Award Dinner, Time to be announced

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms



CAC FOUNDATION'S GRANTS GRATEFULLY RECEIVED

It's great to know that the California Alpine Club is making a positive impact on the environment, children's lives and educating the public - all through grants from the club's Foundation. Last year, 13 organizations benefited from the money donated by members and raised through our fundraising events. The photo here shows one recipient group and there were many more. Slide Ranch thanked us for supporting its programs, noting that "teaching young people about their dependence on the environment has never been more critical". We also supported the San Bruno Mountain's rare plant restoration project, funded MTIA's brochure identifying endangered plants on Mt. Tam and gave the Sierra State Parks Foundation money to help restore the Balancing Rock Nature Trail at Bliss State Park at Tahoe - just to name a few.

Because donations are less than hoped for by many of these small groups, our grants are more important than ever. Please remember your Foundation when you renew your club membership. Donations are tax-deductible. As **Ruth Tretbar** pointed out, "The work of the Foundation is very important. It is the only thing we do that isn't just for our own pleasure".

— Arlin Weinberger



A grant from the CAC Foundation helped purchase backpacks and sleeping bags for this group of students at the Point Reyes Summer Camp last year.

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

IMPORTANT! RAIN CANCELS

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

Sunday February 6	9:30 AM	Anne Good	510-526-6792	2B
Sunday February 13	9:30 AM	Taren Hamilton	415-378-4240	2B
*Saturday February 19	9:30 AM	Hikers Weekend		2B
*Sunday February 20	9:30 AM	Carol Bodtker	415-884-0850	2B
Sunday February 27	9:30 AM	Jennie Bruyn	415-456-1877	2B
Sunday March 6	9:30 AM	David Solbach	415-563-1170	1A
	9:30 AM	Open		2B
Sunday March 13	9:30 AM	Jordan's Wildflower Hike 1 (see below)	510-528-7894	2B
*Saturday March 19	9:30 AM	Hikers Weekend		
*Sunday March 20	9:30 AM	Anne Good	510-526-6792	2B
Sunday March 27	9:30 AM	Open		2B
	9:00 AM	Bill Mayers	415-785-3516	3B
Sunday April 3	9:30 AM	Hardy Dawainis	415-461-4431	2B
Sunday April 10	9:30 AM	Howard Ortman	415-456-5912	2B
*Saturday April 16	9:30 AM	Hikers Weekend		
*Sunday April 17	9:30 AM	Sherri Wilkinson	707-481-1477	2B
Sunday April 24	9:30 AM	Open		2B
Sunday May 1	9:30 AM	Jordan's Wildflower Hike 2 (see below)	510-528-7894	2B

ALL SUNDAY 2B HIKES BEGIN AT 9:30 AM (7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN).

ALTERNATE LEVELS OF SUNDAY HIKES ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.

IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

Wildflower hike 1- Hike from Pantoll to Steep Ravine Cabins to see the Giant Trilliums, Calla Lily fields etc. (Just like last year.)

Wildflower hike 2 - Hike from Pantoll and follow the route of botanist tagged wildflowers, see up to 50 varieties. WF list provided.

NEW YEAR'S DAY HIKE TO THE TOP OF MT. TAM

The hike to the top of east peak on Mt. Tamalpais started with the faster folks at 9am, followed by the others at 9:30am. The hikes were lead by Jenny Bruyn, who brought along Champagne. Everyone was back to the Alpine lodge by 2pm. Then the party began. Snacks were served until the soups were all ladled into the chaffing dishes. Then the people who made the soups served them to all the folks including some who did not make it to the hike. The people who contributed soups were, **Maureen Smith, Nicole Roche, Innes Bergman, and Edna Trimm**. New Year's day started the club off on a positive note, and we hope everyone made a resolution to participate more fully in the activities of the Alpine Club.

— Edna Trimm

***NOTE:** The Board of Directors at its January 16, 2011 Board meeting confirmed the nomination of Dolores Welsh as Treasurer for the 2011-2012 Club Year.*

ALPINE LODGE SUNDAY INNKEEPERS

FEBRUARY 2011

06	Alice Ricks	773 243 6021
13	Alpidia Barraza and Don Schwartz	707-526-4026
20	OPEN	
27	Stanley Finkelstein	415-381-4676

MARCH 2011

06	OPEN
13	OPEN
20	OPEN
27	OPEN

— Selma Bomfim, Innkeeper Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ALPINE LODGE EVENTS

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.

View the up-to-date Alpine Event Calendar: Go to <http://calalpineclub.org> under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.

To Schedule an Event: For a private member event or a Club function, please leave a message with your request, name, email, and phone number at alpinelodge1@yahoo.com or call 415-381-4975. A volunteer will contact you and assist you in booking the event.

FEB 3 THURS

Coordinator: Eva Libien
Lunch will be served. Overnight possible. Call Eva at 415-383-5184 to RSVP.

WORK PARTY

9am to 3pm

FEB 19-20 SAT-SUN

See box this page.

HIKERS' WEEKEND

FEB 19 SAT

BOARD MEETING AT 2PM

MAR 3 THURS

Coordinator: Hardy Dawainis 9am to 3pm
415-461-4431 or dawainis@comcast.net

WORK PARTY

9am to 3pm

MAR 5 SAT

MTIA BOARD MEETING

8:30AM - 12:30PM

MAR 5 SAT

Carol Bodtker
415-884-0850 or cbpostme@gmail.com
See Article pn page 1.

CULINARY CLASS

1-4pm

MAR 12-13 SAT-SUN

out by 9am Sunday

PRIVATE EVENT

MAR 19 SAT

NOMINATIONS MEETING,
1:30PM, BOARD MEETING 2PM.

MAR 19 SAT

ST. PATRICK'S DAY DINNER

Contact Nuala Caulfield for reservations at 415-922-6775 or ntcaulfield@msn.com
Happy Hour 5pm, Dinner 6pm cost \$20
See Article on page 1 for further details.

MAR 19-20 SAT-SUN

HIKERS' WEEKEND

St. Patrick's Day Dinner this Saturday. All are welcome. Cost \$20. Nuala Caulfield coordinator. See event above and article on page 1 for details. Reservations for overnight, contact Diane Smith. See box this page.

MAR 31

Coordinator: Tony Smith 9am to 3pm
650-207-1619 or
joanne-tony@sbcglobal.net (preferred)
1st Thursday work party moved from April 7 to avoid conflict with Spa Week

WORK PARTY

9am to 3pm

APRIL 1-2 FRI-SAT

Reservations: Hardy Dawainis
Phone: 415-461-4431
hdawainis@comcast.net Or any Alpine Lodge Trustee
Donations \$25; (\$35 per couple)

HOST TRAINING

APR 3-10 SUN-SUN

Contact Mary Frey 415-492-2510 or
Marymaryhiker@aol.com

SPA WEEK

APR 10-SUN EVENING TO APR 16 SAT MORNING SIERRA CLUB COASTAL MEDLEY

APR 17 SUN

Coordinator: Jean Rodgers 9am to 3pm
415-435-9383 or jrodg1218@aol.com

WORK PARTY

9am to 3pm

APR 16-17 SAT-SUN

See box this page.

HIKERS' WEEKEND

APR 30 SAT

BOARD MEETS AT 2,
ANNUAL MEETING AT 3,
AWARDS DINNER AFTER HAPPY HOUR
(See note on page 1 and article on page 1)

BOARD MEETS AT 2,

ANNUAL MEETING AT 3,

AWARDS DINNER AFTER HAPPY HOUR

MAY 4-7 WED-SAT

Contact person: MJ McKown
415-383-2774 or paulmckown@gmail.com

SIERRA CLUB

NATIONAL MEETING

MAY 12 THUR

Coordinator: Roger Diehnel

WORK PARTY

9am to 3pm

Watch for updates in future issues of TRAILS!

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.

HIKERS' WEEKENDS

Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, \$12. Overnight \$18, breakfast Sunday, \$5; guests are \$5 additional.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

CAC HOLIDAY PARTY

Come all CAC members to this fine fest,
All jolly revelers dressed in their best
Came with smiles and greetings through the door

Holiday party time at Alpine once more!
Oh, marvel at the fire so cheery and jolly,
Look at all the decorations and colorful holly.
Lovely table decorations, libations at the bar,
If only one could come by sled and not just by car.

Do you see all the hikers and skiers galore?
And the members prepared a grand feast;
can I ask for more?
You and I and 72 more to this fine party

Put on more logs and make the fire burn hot
and hardy
All those desserts, (Bill and Dennis are so clever),
Red and green colors, what an endeavor!
To all who came to the party that night
Yule tidings of joy to last till day's light!

CAC HOLIDAY PARTY

Although **Jennie Bruyn** thanked everyone very effusively at the party a few members were forgotten and certainly need to be acknowledged. A special thank you to **Renee Powers** and **Arlin Weinberger** for the salt and pepper adorning each table. Not only were the shakers artistically arranged, those two spent hours pushing the grains of salt thru the little holes on the top. The pepper was even harder. It needs to be noted that Ms. Powers was slightly (?) inebriated and mentioned that she was dreaming of a white Christmas and when she finished the white, she planned to start on the red if the bar was still open. Ms. Weinberger had left her glasses at home and was further handicapped along with having to deal with Ms. Powers in her "condition." What would we do without those two?!!

— Renee Powers

— Renee Powers

WITH SADNESS AND LOVE WE MOURN BETTY OSBORN'S PASSING

Early in the morning on January 5, 2011 our revered old time CAC member **Betty Osborn** died at Marin General Hospital in San Rafael. Betty turned 90 last October 28. Her closest friend of 45 years, **Beverly Heywood**, trusted friend and old time CAC member **Gail Lindlow**, one of 3 devoted caregivers, Sondra and Beverly's niece Terry of Huntington Beach were still with Betty shortly before her passing. Betty had heart problems and at the end increasingly low blood pressure. She was hospitalized 4 times since last August, but she never lost the sparkle in her eyes. Many times best and long time friend & member, **Nancy Bott**, has taken Betty to doctors' appointments and again long time friend and member, Gail Lindlow, was indispensable for being the link to Bev's niece Terry and professionals completing legal matters. We thank old time CAC member **Verna West** for this photo of both Betty Osborn and Beverly Heywood, taken at a time, when both were still in good health.

Betty Osborn was an only child and a native of San Francisco. She graduated from Stanford University in 1943 with a degree in Journalism.

She has no relatives, but a multitude of friends. She leaves behind a legacy of love for the outdoors. She expressed it through dedicated and joyful service in earlier years as hike and tour leader in the Sierra Club and later with even more fervor in the California Alpine Club at the Alpine Lodge and Echo Summit Lodge during summers and winters alike. Both Betty and Beverly met in the Sierra Club, while hiking. Betty organized many group trips near and far. Friendships extending over decades with Betty have started on hiking trails and backpack trips, like with **Mary Jane McKown** and **Allen Wofchuck**, just to mention a few. Betty organized all the meals for extended trips to Chile, Nepal and other places. Member **Elsa Weissenberg** remembers with fondness the memorable helicopter trip in Canada. Beverly and Betty ventured out on their own to Europe, picked up a brand new VW Bus in Wolfsburg/ Germany, travelling through Germany, Southern France and Spain. Beverly had to return to San Francisco to her job, and Betty continued her travels and later had the VW shipped back to California.

A tireless bundle of energy, she had "a ready smile for everyone", as member Tony Smith e-mailed recently. Betty was true



Betty Osborn (left) and Beverly Heywood at Alpine Lodge in 2007 enjoying good health

— Photo Verna West

to her nature and organizational skills till the very end. She called the cleaning lady from her hospital bed to ask to come earlier to the house to ready the room for Bev's visiting niece Terry. Always actively and lovingly concerned for Beverly, she asked member **Theresa Born**, one of her last visitors in the Hospital to take her gift of chocolates to Beverly. She even told nurses in the ICU, what to do. Pages of stories about Betty, this wonderful person could be filled. My apologies for only being able to mention a few here.

At this writing Beverly has asked only for a very small private interment with close friends to disperse Betty's ashes. We are concerned about Beverly's health. Cards to Beverly Heywood are welcomed. Her address is 515 Shasta Way, Mill Valley, Cal. 94941-3726. Short phone calls would be kind. Bev's phone number is: 415 388-5485. Best time for short visits are between 10:00AM – 12:00AM, or 4:00PM – 6:00PM. Please call first.

We, who have been privileged to know, work with and experience Betty Osborn with her giving nature will keep her in our hearts and remember her for a very long time.

— Eike Linkwitz for all of us.

ANNUAL CHILDRENS' HOLIDAY PARTY

On Sunday, December 12th, Alpine Club hosted another successful Holiday Party for the children of CAC. Tim Cain, the guitarist, worked his magic with the children until they were squealing with joy. Santa, thanks to **Stan Finkelstein**, arrived to the delight of the children with a present for each.

The guest families brought their favorite food to share. If you have never attended this party, you have missed an excellent way to celebrate the Holiday Season.

Thanks to all who helped set it up before and cleaned up afterwards. A special thanks goes to **Eike Linkwitz** and **Ann Meneguzzi**. I could not have done it without you all these years.

— Mary Frey, Chairman



Santa (Stan Finkelstein) delights all at CAC's Annual Childrens' Party hosted by Mary Frey for over 25 Years.

—Photo by Jordan Herrman

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone Cindy Toran
707-539-4396 anytime
until 9:30pm or e-mail to
toranski@aol.com.
Echo Lodge Telephone
530-659-7274

Downhill skiing five miles
away at Sierra-at-Tahoe, cross-country skiing
and snowshoeing at our doorstep. Movies ten
miles away, 45-minute drive to hot springs,
roaring fires, socializing, cards, and games in
the lodge. And great food. The price is right.
Bring your camera. How can you resist?

Winter/Spring Hosts: Openings in the
Schedule are: **Feb 8-11, Feb 27-Mar 3, Mar
7-9, Mar 13-17, Apr 3-22, Apr 25-30.** Of
course, there is plenty of time available in
April through mid-June for either hosted or
private events. Contact Cindy if you would
like to schedule any open times.

The next **Echo Lodge Trustees' Meeting** will
be Saturday, March 19, 2011, 10 am, at Jim
Nixon's home. Contact Jim at 650-756-7771
if you would like to attend.

Problems or Concerns about Echo Summit
Lodge? Contact Jim Nixon at 650-756-7771
or jimnixon2000@yahoo.com. Discussions
will, of course, be kept confidential.



Echo Summit Lodge Winter /Spring Schedule:

JAN 31-FEB 3 SUN-THURS PRIVATE EVENT
Cindy Toran 707-539-4396

FEB 3-8 THURS-TUES HOSTED EVENT
Cindy Toran & Christine Piccin 707-539-4396
932 Ripley St, Santa Rosa, CA 95401
toranski@aol.com

**FEB 8-11 TUES-FRI AVAILABLE FOR
TRAINED HOSTS**

FEB 11-13 FRI-SUN HOSTED EVENT
Shelly Navine & Richard Thornton 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

FEB 13-17 SUN-THURS HOSTED EVENT
(Limit 18) Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

**FEB 17-21 THURS-MON INTER-
GENERATIONAL SNOW WKND**
Joan Ryan & John O'Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

FEB 21-25 MON-FRI COOP MEALS
Mary Martin & Jordan Herrmann 831-427-1281
107 Hammond Ave, Santa Cruz, CA 95062
ind2swim@yahoo.com

FEB 25-27 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

**FEB 27-MAR 3 SUN-THURS AVAILABLE FOR
TRAINED HOSTS**

MAR 3-6 THURS-SUN HOSTED EVENT
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

**MAR 6-9 SUN-WED AVAILABLE FOR
TRAINED HOSTS**

MAR 9-13 WED-SUN HOSTED EVENT
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

**MAR 13-17 SUN-THURS AVAILABLE FOR
TRAINED HOSTS**

MAR 17-20 THURS-SUN HOSTED EVENT
Art Ewart & Kathleen O'Dea 707-481-2432
2360 Dominic Dr, Novato, CA 94947
artewart@gmail.com

MAR 20-25 SUN-FRI HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

MAR 25-27 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

**MAR 27-APR 3 SUN-SUN FAMILY-FRIENDLY
EVENT**
Alan Fairhurst & Mindi Canner 415-269-5080
3239 21st St, San Francisco, CA 94110
faircans@comcast.net

**APR 3-15 AVAILABLE FOR
TRAINED HOSTS**

APR 22-25 FRI-MON PRIVATE EVENT
Tom & Carol Coleman 707-992-0650

**MAY 13-15 FRI-SUN HOST
APPRECIATION & TRAINING**
Reservations: Cindy Toran 707-539-4396
toranski@aol.com

**MAY 26-30 THURS-MON SPRING FUN
&WORK PARTY**
Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

Watch for updates in future issues of TRAILS!

— Cindy Toran, Echo Summit Lodge Trustee

Address Service Requested

JANUARY 6TH WORK PARTY AT ALPINE LODGE

Our first work party of the year at the Alpine Lodge was a great success; 13 dedicated volunteers showed up. While it was foggy in Mill Valley, it was sunny at the Lodge. The 13 volunteers went to work taking down our wonderful Christmas tree and all the holiday decorations. I didn't realize how much we decorated the lodge until everything was returned to the storage boxes.

Not only did the dedicated 13 remove all the Christmas decorations, but they gave the rest of the lodge a good housecleaning. From the bathrooms to kitchen to the social hall, everything was cleaned and restocked and made ready for the new year.

Our host **Karl Baeck** and his cooking partner, **Sue Karp** with the help of **Jean Rodgers**, prepared a nice lunch, Hungarian Goulash, plus a good old-fashioned apple pie and with a little red wine, all the workers where happy campers.

I would also like to give special thanks to the five new member applicants. I was impressed with their willingness to jump right in and get the job done. They were **Bonnie Herzog**, **Danita Rodriquez**, **Joanne Danielson**, **Marilyn Hunt** and **Jason Sussberk**. They got my vote.

Also a special thanks to **Kathy Freeman** for taking charge of the removal and returning to storage all the holidays decorations. And we never forget the old regulars who are there for us all the time. **Hans Schilling**, **Ben Helden**, **Roger Diehnel** and **John Hannan**.

It was a great day, great workers, a nice lunch and great conversation. Just a pleasant way to start the New Year. Happy New Year.

— Karl Baeck.

TRAILS NEWSLETTER ALERT



Please send articles for the March issue of TRAILS to monthly editor, **Tom Mahood** at tmahood@callatg.com. Tom should receive articles for the March 2011 issue no later than February 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photo in TRAILS. For images in formats other than jpeg, contact the editor.

The editor for the April 2011 issue of TRAILS will be announced. **Editors are always needed!** If you would like to assist with the publishing of TRAILS, please contact Helena Troy at hmtroy@aol.com.

— Helena Troy, Publications Chair



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 87

March 2011

No. 2

CAC ANNUAL AWARDS DINNER

Saturday, April 30

An Evening Designed To Provide A Fantasy Journey Into Italy

From the girasoli (sunflowers) that adorn the Italian countryside to the salmon risotto prepared by Marin's distinguished singing chef, **Christina Carella Waldeck**, the theme of this year's Awardees' dinner will imbue our members with the romantic charm, succulent fare, and lively spirit with which Italy is identified.

Seating will be limited to eighty participants—two of whom will be recognized for their selfless contribution to the betterment of Alpine and Echo Lodges. Short of sending the awardees off on an all-paid jet journey to the Boot, the club will commemorate their service by a first-class and festive evening of recognition, full of fun for all. Attendees may even be whisked into the fanciful reverie of Roma, Mont Blanc, Firenze, or wherever imagination and the essence of the evening may carry them.

Event coordinator **Jennie Bruyn** (415-456-1877) is appealing to members to stretch their willing hearts, able bodies and kind souls to offer kitchen assistance to our chef. "Please," Jennie stresses.

The club's Donations Refreshment Bar will be open from 3:30-5pm, with antipasti at 4:30, followed by dinner at 5:30. BYOB to enjoy with dinner. Announcements and presentations will occur prior to serving of dessert and coffee.

Benvenuti a tutti!

Date: Saturday, 30 April 2011 **Venue:** Clubhouse on Mt. Tam
Language: English (and Italian, if the spirit moves you)
Cost: \$22 (members and non-members)

RSVP: **Eva Libien**, elibien@yahoo.com or 383-5184. Reservation deadline is April 23. To secure your reservation send check payable to: Eva Libien, Two Eucalyptus Knoll, Mill Valley, CA 94941-2279.

Reservations for overnight stay (\$18/member or \$23/guest) may also be made by contacting Eva Libien.

— Dorsey McTaggart



ST. PATRICK'S DINNER, SATURDAY, MARCH 19

You don't have to be Irish to enjoy a wonderful dinner of corned beef with all the trimmings and apple crumble topped with whipped cream, so call 415-922-6775 or e-mail ntcaulfield@msn.com for reservations. Follow up with a check, made payable to Nuala, for \$20 per person and mail, no later than March 16, to 1550 Bay Street, Apt. 320, San Francisco, CA 94123.

— Nuala Caulfield

SPRING SPA WEEK APRIL 3 - APRIL 10

Mary Frey and **Barbara Crockett** are hosting the Spring Spa Week from April 3rd to April 10th. There will be exercises before breakfast in the morning, a planned hike or activity every day with a bag lunch and plenty of time to just hang out around the lodge.

Cost for members is \$25 per day or \$150 for the whole week. Cost for non-members is \$30 a day or \$180 for the whole week. Private rooms are available at a cost of an additional \$5 per person. For more information, call Mary Frey at 415-492-2510 or email her at marymaryhiker@AOL.com.

For reservations, send a non-refundable deposit of \$25.00 to Mary at 100 Thorndale Drive, Apt #251, San Rafael, CA 94903.

— Mary Frey

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Mae Harms	530-333-1058	maeharms@mindspring.com
Vice President	Jennie Bruyn	415-456-1877	jennielbruyn@yahoo.com
Secretary	Anne Good	510-526-6792	ahgood@sbcglobal.net
Treasurer	Dennis Ziebell	415-864-4889	dzbp@aol.com
Registrar	Stefan Berlinski	831-325-6215	alpineregistrar@att.net

Board of Directors:	Arthur Ewart	707-481-2432	artewart@gmail.com
	Graham Forder	415-827-4748	gjfo99@yahoo.com
	Nell Fraser	925-934-9039	nellfraser@yahoo.com
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	John Hannum	707-525-8108	JRHannum@sbcglobal.net
Past President '08	Robert Piper	510-848-4134	piperrr@alum.mit.edu

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Education	VACANT		
Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Sarah Dove	707-528-7289	sarah.dove@sonoma.edu
Outings	Carol Bodtker	415-884-0850	cbpostme@gmail.com
Parliamentarian	VACANT		
Publications	Helena Troy	415-492-9576	hmtroy@aol.com
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Social Activities	VACANT		
Youth Activities	VACANT		

Alpine Lodge Trustees:

Alpine Chair	Roger Diehnell '13	415-924-5519	rdiehnell@hotmail.com
	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Tony Smith '11	925-933-2403	joanne-tony@sbcglobal.net
	Jeanette Rodgers '13	415-435-9383	jrodg1218@aol.com

Alpine Lodge Support:

Alpine Treasurer	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Tony Smith	650-207-1619	alpinelodge1@yahoo.com
Alpine Accommodations Reservations		415-381-4975	alpinelodge1@yahoo.com

CAC Committee Coordinators For Alpine Lodge:

Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Hike Coordinator	Pauline MacDonald	415-381-2870	luddite48@comcast.net

Echo Summit Lodge Trustees:

Echo Chair	Jim Nixon '12	650-756-7771	jimnixon2000@yahoo.com
	Cindy Toran '13	707-539-4396	toranski@aol.com
	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Edie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '12	415-472-1229	erstock@pacbell.net

CAC Foundation Directors

CACF President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
	David Solbach	415-563-1170	dsolbach@gmail.com
	Reuven Segev	415-479-7682	reuven.segev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Anita Cabrera, Michael Larsen, Tom Mahood, Vicki Olds, Dan Schoenholz, Bob Sturm and Helena Troy.

Contributors this issue: Stefan Berlinski, Carol Bodtker, Selma Bomfim, Jennie Bruyn, Nuala Caulfield, Hardy Dawainis, Sarah Dove, Mary Frey, Bob Hanson, Mae Harms, Pauline MacDonald, Dorsey McTaggart, Carroll Pearson, Tony Smith, Cindy Toran, Helena Troy and Verna West.

Correspondence: Please address correspondence concerning this publication to:

Mae Harms, 5941 Garden Park Dr. Garden Valley, CA 95633-9514.

CAC Website: <http://calalpineclub.org>

PRESIDENT'S MESSAGE

March and spring arrives. Spring in a way of speaking has arrived in the way the financial and legal activities are being handled. These changes began when **John Hannum** was president. He made us aware that we needed to be more uniform and systematic in the way we conducted the business aspects of CAC. First came a bylaws change requiring the amount of money CAC provides each lodge from the annual dues collection be based on what the predicted needs of each lodge are. That means that records of the costs of operating the lodges need to be analyzed and budgets for anticipated expenses need to be determined.

Although the Finance Committee has always been a component of the governing structure of the Club, it now has taken on more importance and expansion. Each Lodge was asked to have a representative. Many hours have gone into determining recommendations about the dues amount for each year. The Board leans heavily on the recommendation of the Finance Committee to determine the annual dues assessment.

At the Board meeting in January the Board passed four recommendations of the Finance Committee. First was a formula for determining how much to supplement the Alpine Lodge for the many activities that CAC holds there.

A method of recordkeeping for our Donation Refreshment Bar at Alpine Lodge, which is a big part of every CAC dinner, was accepted.

For the Finance Committee to make accurate recommendations to the Board, the Lodges need to provide reports that include all pertinent aspects of the income and expenses to the Finance Committee. The required information was determined for what, how and when these reports are to be made.

And finally complying with the bylaws, the Finance Committee determined that it would conduct a two year review of the treasuries and financial records of the Lodges and CAC.

I described this in just several hundred words, but it represents the hundreds of emails, many meetings and several conference calls to bring this to an agreed upon plan for the future financial method of running the CAC.

The Board recognizes the enormous amount of work, negotiations and determination it took to finalize these recommendations. Just as I am giving a sigh of relief, as if the job is successfully completed, CAC Treasurer **Dennis Ziebell** reminds me that this is a work in progress and will continue to be implemented during the fiscal year.

The CAC Board sincerely thanks Finance Committee Chairperson **Carroll Pearson**, CAC Treasurer **Dennis Ziebell**, Echo Lodge Representative **Cindy Toran**, Alpine

continued on page 3

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Stefan Berlinski at Alpineregistrar@att.net. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

MEMBERSHIP REPORT

New Members - February 2011

Peggy Burnett - regular member
14 Laurel Drive
Corte Madera, CA 94925-2209
415-927-2698
peggy_burnett@yahoo.com
sponsors: Tony Smith and Eileen Downey

Joanne Danielson - regular member
P.O. Box 1016
Novato, CA 94948-1016
415-328-5878
jedanie@aol.com
sponsors: Renee Powers and Carol Weisker

Bonnie Herzog - regular member
10 Skylark Dr., #65
Larkspur, CA 94939-1230
415-419-5004
bonnie.herzog@yahoo.com
sponsors: Karl Baeck and Suzanne Karp

Marilyn Hunt - regular member
20 Linda Vista
Tiburon, CA 94920-1980
415-435-6850
marilyn.hunt@comcast.net
sponsors: Jean-Marie Campbell and Mary Frey

Izabela and Michal Krombholz - family members
Kai Krombholz - age 5
5012 McCloskey Court
Santa Rosa, CA 95409-2722
707-539-8855
izau@poczta.fm
sponsors: Joan Ryan and Lori Barekman

Danita Rodriguez - regular member
757 Panoramic Hwy
Mill Valley, CA 94941-5051
805-291-1004
danitarod@hotmail.com
sponsors: Renee Powers and Carol Weisker

Christina Waldeck - regular member
875 Autumn Ln.
Mill Valley CA 94941-3901
415-383-6211
cwaldeck@pacbell.net
sponsors: Roger Diehnell and Jennie Bruyn

— Sarah Dove, Membership Chair

BOARD OF DIRECTORS & QUARTERLY MEMBERSHIP MEETINGS

Saturday, March 19, 2011
Nominations Meeting, 1:30pm
Board of Directors Meeting, 2pm

Saturday, April 30, 2011
Board of Directors Meeting, 2pm
Annual Meeting, 3pm
Award Dinner, Time to be announced

Saturday, May 21, 2011
Board of Directors Meeting, 2pm

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms

PRESIDENT'S MESSAGE

continued from pg 2

Lodge Representative **Hardy Dawainis** and committee members **John Lillich** and **David Maier**.

Most of us as members don't think much about the finances of the Club. We are more interested in the calendar of events, hiking and skiing. Our finances are the backbone of our Club. We thank you so much Finance Committee for your steadfast determination to provide a reliable financial foundation for the wonderful activities, fellowship and fun that we all enjoy as members of the California Alpine Club in its elder years of almost 100!

— Mae Harms

NOMINATIONS FOR CAC LEADERSHIP

The Nominations Committee is presenting the following slate of officers, board members, and lodge trustees at the Nominations Meeting on March 19, 2011 at 1:30pm, prior to the Board of Directors Meeting.

If there are nominations from the floor at the Nominations Meeting, then the person making the nomination must have a written statement from the candidate stating that they are willing to serve in the leadership position.

Recommended candidates are:

Jim Nixon for President replacing **Mae Harms**
Dolores Welsh for Treasurer replacing **Dennis Ziebell**
Kurt Eichstaedt for Echo Trustee replacing **Jim Nixon**

People in other leadership positions have agreed to continue to serve. We want to thank Mae, Dennis, and Jim for their excellent service in their leadership roles.

— Jennie Bruyn, Nominations Chairperson

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

IMPORTANT! RAIN CANCELS

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

Sunday March 6	9:30 AM	David Solbach	415-563-1170	1A
	9:30 AM	Open		2B
Sunday March 13	9:30 AM	Jordan's Wildflower Hike 1 (see below)	510-528-7894	2B
*Saturday March 19	9:30 AM	Hikers Weekend		
*Sunday March 20	9:30 AM	Anne Good	510-526-6792	2B
Sunday March 27	9:30 AM	Open		2B
	9:00 AM	Bill Mayers	415-785-3516	3B
Sunday April 3	9:30 AM	Hardy Dawainis	415-461-4431	2B
Sunday April 10	9:30 AM	Howard Ortman	415-456-5912	2B
*Saturday April 16	9:30 AM	Hikers Weekend		
*Sunday April 17	9:30 AM	Sherri Wilkinson	707-481-1477	2B
Sunday April 24	9:30 AM	Pauline MacDonald	415-381-2870	2B
Sunday May 1	9:30 AM	Jordan's Wildflower Hike 2 (see below)	510-528-7894	2B
Sunday May 8	9:30 AM	Mother's day hike open		2B
*Saturday May 14	9:30 AM	Hikers Weekend		
*Sunday May 15	9:30 AM	Taren Hamilton	415-378-4240	2B
Sunday May 22	9:30 AM	Open		2B
Sunday May 29	9:30 AM	Open		2B

ALL SUNDAY 2B HIKES BEGIN AT 9:30 AM (7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN).

ALTERNATE LEVELS OF SUNDAY HIKES ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.

IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

Wildflower hike 1- Hike from Pantoll to Steep Ravine Cabins to see the Giant Trilliums, Calla Lily fields etc. (Just like last year.)

Wildflower hike 2 - Hike from Pantoll and follow the route of botanist tagged wildflowers, see up to 50 varieties. WF list provided.

NOTE FROM ALPINE LODGE TRUSTEES

For years, we have always found ways to pay our repair bills, whether planned or unforeseen. We have considered it only a last resort to raise the Lodge day use and overnight use fees. Sadly, we have reached that point. *To be clear, this is not an increase in member's Dues.* This increase affects only the fee structure for Lodge use by our members and related organizations.

We were somewhat heartened at this point to find that none of us could remember the time when we last increased our fees. This is either because the fees have not been increased for a very long time OR due to our advanced ages, we just do not remember. For obvious reasons, we would like to think that the former is closer to the truth. The increase is due to start May 1, 2011.

Alpine Lodge Accommodation Fees

Overnight use

Members and Guests: \$21/26 per person

Non-Members: \$26 per person

Associate members: \$21 per person

Day use

Members (1-19 persons) \$3 per person

Members (20+) \$50 Base fee, plus \$3 per person

Non Members (20+) \$100 Base fee, plus \$6 per person

Wedding Accommodations \$1600 Two days \$3200

— Hardy Dawainis, Alpine Lodge Trustee

ALPINE LODGE SUNDAY INNKEEPERS

MARCH 2011

06	Innes Bergman	510-845-3388
13	Susan Head	415-331-2598
20	Nancy Bott	415-388-0245
27	Jerold & Ricki Rosenberg	415-388-0544

APRIL 2011

03	Sally Hernandez	707-763-8213
10	Pascale Leroy	415-661-8904
17	Diane Smith	925-935-2869
24	OPEN	

— Selma Bomfim, Innkeeper Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ALPINE LODGE EVENTS

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.

View the up-to-date Alpine Event Calendar: Go to <http://calalpineclub.org> under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.

To Schedule an Event: For a private member event or a Club function, please leave a message with your request, name, email, and phone number at alpinelodge1@yahoo.com or call 415-381-4975. A volunteer will contact you and assist you in booking the event.

MAR 3 THURS

Coordinator: Hardy Dawainis
415-461-4431 or dawainis@comcast.net

WORK PARTY

9am to 3pm

MAR 5 SAT

MTIA BOARD MEETING

8:30AM - 12:30PM

MAR 5 SAT

CULINARY CLASS

Carol Bodtker
415-884-0850 or cbpostme@gmail.com

1-4pm

MAR 12-13 SAT-SUN

PRIVATE EVENT

out by 9am Sunday

MAR 19 SAT

NOMINATIONS MEETING, 1:30PM, BOARD MEETING 2PM.

MAR 19 SAT

ST. PATRICK'S DAY DINNER

Contact Nuala Caulfield for reservations at
415-922-6775 or ntcaulfield@msn.com
Happy Hour 5pm, Dinner 6pm cost \$20

MAR 19-20 SAT-SUN

HIKERS' WEEKEND

St. Patrick's Day Dinner this Saturday. All are welcome. Cost \$20. Nuala Caulfield coordinator. See event above and article on page 1 for details. Reservations for overnight, contact Diane Smith. See box this page.

MAR 31 THUR

WORK PARTY

Coordinator: Tony Smith
650-207-1619 or
joanne-tony@sbcglobal.net (preferred)
1st Thursday work party moved from April 7 to avoid conflict with Spa Week

APRIL 1-2 FRI-SAT

HOST TRAINING

Reservations: Hardy Dawainis
Phone: 415-461-4431
hdawainis@comcast.net Or any Alpine Lodge Trustee
Donations \$25; (\$35 per couple)

APR 3-10 SUN-SUN

SPA WEEK

Contact Mary Frey 415-492-2510 or
Marymaryhiker@aol.com See article on page 1.

APR 10-SUN EVENING TO APR 16 SAT

MORNING SIERRA CLUB COASTAL MEDLEY

APR 17 SUN

WORK PARTY

Coordinator: Jean Rodgers
415-435-9383 or jrodg1218@aol.com

APR 16-17 SAT-SUN

HIKERS' WEEKEND

See box this page.

APR 30 SAT

BOARD MEETS AT 2, ANNUAL MEETING AT 3,

AWARDS DINNER AFTER HAPPY HOUR

(See article on page 1)

MAY 4-7 WED-SAT

SIERRA CLUB

NATIONAL MEETING

Contact person: MJ McKown
415-383-2774 or paulmckown@gmail.com

MAY 10-11-12 TUES-THUR

ROSSMOOR

(Out by 9 AM Thurs)

TRAILS CLUB & CAC

Hiker's Mid Week 2011

Contact Tony Smith at joanne-tony@sbcglobal.net

MAY 12 THUR

WORK PARTY

Coordinator: Roger Diehnel
415-924-5519 or rdiehnel@hotmail.com

Note: 2nd Thursday this month.

MAY 21 SAT

BOARD at 2 PM

MAY 21-22 SAT-SUN

HIKERS' WEEKEND

See box this page

MAY 28-29 SAT-SUN

PRIVATE EVENT

Hunter Merritt Birthday! Out by 9am

MAY 29-30 SAT-SUN

BBQ?

Memorial Day Weekend, Volunteers needed.

Watch for updates in future issues of TRAILS!

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.

HIKERS' WEEKENDS

Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, \$12. Overnight \$18, breakfast Sunday, \$5; guests are \$5 additional.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

ALPINE LODGE HOST TRAINING APRIL 1 AND 2

As we are getting closer to our 100 year anniversary, I am sure we are all very much aware that WE are now the custodians of these buildings and it is now our time to keep, preserve and hopefully improve the property. A good way to do this is to become a Trained Host. Our Host Training is not only designed for members who are planning to host an event, book the Lodge for a private event or a spontaneous overnight, but also for any members who are interested and would like to help in the day-to-day working of the Lodge.

We will meet on Friday afternoon to share some information about our Lodge followed by a social get-together before and after dinner. Please plan to stay overnight as we have an early breakfast on Saturday followed by familiarizing ourselves with the physical infrastructure of the buildings and learning how to plan and execute a successful event. We are usually finished around 3:30 or 4:00pm. The club will provide you with three delicious meals and a copy of our Alpine Lodge Hosting Manual. A donation of \$25 (\$35 per couple) is requested.

For Reservations, please contact: Hardy Dawainis, Phone: 415-461-4431, E-mail: hdawainis@comcast.net. Or any of our Alpine Lodge Trustees

— Hardy Dawainis, Alpine Lodge Trustee

JANUARY QUARTERLY DINNER – BIG SUCCESS!

What started out as a canceled event turned into a big successful evening after the Membership meeting on January 16, 2011. One week before the meeting, a call went out to see if we could do a very simple dinner. **Nuala Caulfield** stepped right up to the challenge and offered to do spaghetti. **Carroll Pearson** (really **Ken Judy**) offered to help. Nuala and Ken put together a menu for a group which had by Sunday grown to thirty! The combined efforts of former member **Julie O'Meara** and Nuala produced a delicious spaghetti sauce, which was followed by a dessert of tiramisu skillfully prepared by Ken.

The Refreshment Table, served by **Melanie Facen** and **Mayme Harris**, and the wonderful appetizers provided by many members were a welcome break from the meetings. Thanks to all!

Sue Karp and **Mary Jane McKown** generously supplied the materials and decorated the dining porch in festive red-checked tablecloths and red napkins. The place cards were made on the spot for this impromptu dinner. **Diane Smith** helped in the kitchen before and after the dinner and was the designated host for those who stayed overnight.

We had scheduled a trial run with Acrobat Outsourcing Services for a dish washer. Good thing it was a trial because the person missed the turn, went on to Stinson Beach, and was lost for a significant amount of time! Carroll had already requested donations to help defray the dish washer cost, and collected \$54, which attests to the generosity of Alpine Club members. The unexpected need for help in washing dishes, cleaning the kitchen, returning dishes to their place, etc. was taken care of with enthusiasm and a bit of comedic expression by energetic members. Those who helped included **Jennie Bruyn**, **Mary Jane McKown**, **Karl Baeck**, **Ben Heldens** (who even stayed and mopped the floor), **Sue Karp**, **Robert Piper**, **JeanMarie Campbell**, and **Marilyn Hunt**.

We are sorry there was no easy way to return the dish washer donations. Please be assured your contribution is greatly appreciated.

This quote is from a note to Nuala from Sue: "The night was so much fun. Your dinner was delicious and everyone appeared to have a great evening. Thanks so much for all of your work. I know it takes a lot of effort, coordination, and time to put on one of these events and you are greatly appreciated for volunteering to do so."

— Carroll Pearson

SAVE ON POSTAGE

Dear fellow members of the Alpine Club, Spring is just a few wildflowers away and that time of year has come again. I am writing here of the dues campaign. This year we have again sent an email version of our annual letter (on February 16) hoping to save the club some money. Just print your letter and mail it in before the paper versions go out in mid-March. Thank you for your continued support.

— Stefan Berlinski, Registrar

SIERRA BASE CAMP PLANNED

For the 16th consecutive year, I will be leading an Alpine Club base camp trip in the high country. This year's dates will be August 8-12. Our destination will be a campsite south of the Minarets. The distance is five and a half miles, with 1500 feet of elevation gain. As usual, we will walk in with day packs on Monday morning, while the faithful mules carry our gear, food in bear boxes, ice chests, propane tank and stove, etc. Once again, **Carlos Miranda** will be my co-leader.

Each day we set off in different directions for our varied day hikes. Some participants fish, others climb peaks, some stay in camp and read a book, but most hike to beautiful mountain lakes which we have never seen before.

Good meals are guaranteed....no freeze dried stuff allowed. Songs and stories around the campfire precede a good night's rest in our tents which we only have to set-up once.

Our hike in starts at Devil's Postpile. We will camp on King Creek near an intersection where trails lead to Beck Lakes, Superior Lake, Holcomb Lake, Noname Lake, Ashley Lake and others. Red Top Mountain challenges us to reach its summit.

These base camps typically sell out, so send me your reservation deposit of \$50 as soon as possible. Total cost of the trip is \$250...most of which goes to the packer, of course. If more than 14 apply by March 15, a drawing will be held for the spaces. Make your check out to me and send it to: 2600 Saklan Indian, #3, Walnut Creek 94595. Questions? My phone number is 925-944-3366.

— Bob Hanson

CANOE THE COLORADO

Alpine Club paddlers are returning to Canyonlands National Park. After several trips down the Green River, we are set to explore the river and canyons of the mighty Colorado below Moab. This is a non-technical, class one canoe trip, with no rapids, so canoeing experience is not necessary. The 5 day run travels 51 miles, so there's time for exploration of side canyons.

Dates for the adventure are: June 6-10. While the cost of the trip is \$250, participants must get to the starting point in Moab. The fee includes shuttle to the river put-in, jet boat trip back to Moab, one night in a Moab motel, canoe and other gear rental, food and permits.

The trip will be limited to 14 persons. To save a spot, please send a \$50 deposit to me at 2600 Saklan Indian, #3, Walnut Creek 94595.

— Bob Hanson

GOLDEN GATE FIELD DOLLAR DAY

See the beautiful thoroughbreds in action! View the ponies in the staging area, watch them being saddled, and then hear their thundering hooves coming into the home stretch. Everything is a \$1 ... parking, admission, hot dogs, beer, water, soda, cracker jacks.

Sunday, March 13, meet at 12pm at the Buchanan Street entrance to give us time to buy refreshments. Post time is 12:45pm. Take the Buchanan exit not Gilman. Or ride a free shuttle bus from the North Berkeley Bart station right to the admission gate. If you are going, please let me know by email at cbpostme@gmail.com, or 415-884-0850.

— Carol Bodtker

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com.
Echo Lodge Telephone 530-659-7274

Summer/Fall Hosts: I am working on the schedule for Summer and Fall of 2011 (July-Dec). If there are times that you would like to host, please contact me. Of course, there is plenty of time available in April through mid-June for either hosted or private events.

The next **Echo Lodge Trustees' Meeting** will be Saturday, March 19, 2011, 10 am, at Alpine Lodge. Contact Jim Nixon at 650-756-7771 if you would like to attend.

Problems or Concerns about Echo Summit Lodge? Contact Jim Nixon at 650-756-7771 or jimnixon2000@yahoo.com. Discussions will, of course, be kept confidential.

Echo Summit Lodge

Winter /Spring/Summer Schedule:

MAR 3-6 THURS-SUN HOSTED EVENT
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

MAR 6-9 SUN-WED AVAILABLE FOR TRAINED HOSTS

MAR 9-13 WED-SUN HOSTED EVENT
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

MAR 13-17 SUN-THURS AVAILABLE FOR TRAINED HOSTS

MAR 17-20 THURS-SUN HOSTED EVENT
Art Ewart & Kathleen O'Dea 707-481-2432
2360 Dominic Dr, Novato, CA 94947
artewart@gmail.com

MAR 20-25 SUN-FRI HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

MAR 25-27 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

MAR 27-APR 3 SUN-SUN FAMILY-FRIENDLY EVENT
Alan Fairhurst & Mindi Canner 415-269-5080
3239 21st St, San Francisco, CA 94110
faircans@comcast.net

APR 22-25 FRI-MON PRIVATE EVENT
Tom & Carol Coleman 707-992-0650

MAY 13-15 FRI-SUN HOST APPRECIATION & TRAINING
Reservations: Cindy Toran 707-539-4396
toranski@aol.com

MAY 26-30 THURS-MON

Reservations: Jim Nixon
jimnixon2000@yahoo.com

MAY 30-JUN 5 MON-SUN COOP MEALS + MULTIGENERATIONAL HIKING/FUN
Lori Berekman 707-579-9218
3907 Park Gardens Dr, Santa Rosa, CA 95404
lvlylri@aol.com

JUN 8-12 WED-SUN CONSERVATION BENEFIT & BIRDING

Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

JUN 17-19 FRI-SUN PRIVATE EVENT
Roger & Mary Rigney 916-985-7351

JUN 19-26 SUN-SUN SUMMER WILDFLOWER HIKES

Lin Mangiante & Barbara Crockett 650-697-7403
424 Hazel Ave, Millbrae, CA 94030
foxtails@pacbell.net

JUL 8-15 FRI-FRI HOSTED EVENT
Kathy & Bill Faherty 707-539-7081
5410 Gates Rd, Santa Rosa, CA 95404
kfaherty@mac.com

SPRING FUN & WORK PARTY
650-756-7771

JUL 15-17 FRI-SUN HOSTED EVENT
Chris Bekins & Kurt Eichstaedt 707-874-2556
12400 Elliott Ln, Sebastopol, CA 95472
cbekins2@yahoo.com

JUL 17-21 SUN-THURS HIKERS' WEEK/COOP MEALS

Special! Short led hike on July 17.
Edna Trimm 415-456-5557
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

JUL 21-28 THURS-THURS YOUNG FAMILIES WEEK

Janis Riccomini & Paul Crockett 408-981-9137
12602 Cambridge Dr, Saratoga, CA 95070
janisriccomini@comcast.net

JUL 28-31 THURS-SUN HOSTED EVENT
Lillian Young & Genie Frye 650-588-5689
3650 Sneath Ln, San Bruno, CA 94066
lcyou@sbcglobal.net

JUL 31-AUG 7 SUN-SUN COOP COOKING
Jan McCulloch & Jim Nixon 650-756-7771
50 Seacrest Ct, Daly City, CA 94015
jimnixon2000@yahoo.com

AUG 7-13 SUN-SAT COOP MEALS
Mae Harms & Nuala Caulfield 530-333-1058
5941 Garden Park Dr, Garden Valley, CA 95633
maeharms@mindspring.com

Watch for updates in future issues of TRAILS!

STARS AT ECHO

January 1975. The West's were hosts at Echo Summit Lodge. Someone came into the Lodge and asked if they could film a TV Special on our property, especially with deep snow and beautiful view of Lake Tahoe. No reason to say no was apparent, so we gave permission. Shortly after, down the road came multiple vehicles and people, cameras, and stars Dion Warwick and Greg Harrison. Dion had her own special small RV. She did come into the Lodge for a short while. It took some effort to convince her she really should sign our guest book, but she did. Greg was more friendly. Our Echo guests as well as lots of other onlookers enjoyed the afternoon. It took careful maneuvering for all to turn around and go back.

— Verna West, Historian



*Dion Warwick, Friendly Greg Harrison
TV Filming January 1975*



Dion Warwick TV Special prep Echo January 1975

TRAILS
issued monthly by the
California Alpine Club
Founded in 1913 - Incorporated in 1936
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Mill Valley CA 94942-2180

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TRAILS VIA EMAIL

Members seem to like this method of Trails delivery very much. You get an email with a link to Trails from which you can read, save on your computer, and/or print. The pictures are in lovely color.

We have 512 memberships. About 400 out of 512 total memberships or 80% have reported email addresses. These 400 memberships receive Trails via email. Right now we have 104 memberships that have opted out of receiving hardcopy Trails. This saves about 20% of our former printing and mailing costs. Thank you!

The printing and mailing of Trails is one of the large cost factors for our Club at about \$12,000 for 2009 and predicted at \$10,000 for 2010. Thanks again to those of you who have chosen to receive your Trails via email.

If you want to join this cost effective group of 100+ memberships, send a note to our Registrar, Stefan Berlinski, at Alpineregistrar@att.net to let him know your preference. You may change back to hard copy Trails at any time. Please remember to inform our Registrar, if you change your email address. For those 109 memberships, if you do have an email, but have not reported it to Stefan, please do so. We are sending important messages via email to the membership – changes in dates or times of events, announcements that missed the Trails cut-off date, etc.

— Carroll Pearson

TRAILS NEWSLETTER ALERT

Please send articles for the April issue of TRAILS to monthly editor, **Vicki Olds** at volds@studioreflex.com or via mail at 534 6th Avenue, San Francisco, CA 94118-3817 or, phone 415-221-2830. Vicki should receive articles for the April 2011 issue no later than March 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photo in TRAILS. For images in formats other than jpeg, contact the editor.

The editor for the May 2011 issue of TRAILS is **Anita Cabrera**, aa_cabrera@msn.com. **Editors are always needed!** If you would like to assist with the publishing of TRAILS, please contact Helena Troy at hmtroy@aol.com.

— Helena Troy, Publications Chair





TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 87

April 2011

No. 3

PETER BECKMANN AND HARDY DAWAINIS 2011 CAC AWARD HONOREES APRIL 30, 2011

*Peter Beckmann,
ESL 2002 (left)*



*Hardy Dawainis,
AL 2007(right)*

Selection of this year's awardees was difficult, made from an extensive list of dedicated members ... yet honorees, **Peter Beckmann** and **Hardy Dawainis**, will be recognized! Let's celebrate at our annual Awards Dinner, Saturday April 30, 2011!

Peter Beckmann is being awarded the Distinguished Service Award for his long years of dedication to Echo Summit Lodge as Trustee and

Chair during the 1990s. His organizational and financial skills brought structure and forward thinking to the management of our beloved wilderness lodge. More recently, as Alpine Lodge Trustee Chair, Peter focused on wholistic financial planning. And, if you've ever been to one of Peter's dinners, organized for 100+ people at Alpine or Echo Summit Lodge, you can't forget the excellent meal and spirited accordion music as he serenades the volunteer dishwashers!

Hardy Dawainis is a dedicated custodian of the Alpine Lodge—completing his second 3-year term as Alpine Lodge Trustee Chair. He's long been a conscientious volunteer at Echo, and genial and memorable presence at countless CAC events. As a volunteer Work Party organizer, he helms big structural improvements, representing the Club with contractors, and mustering our volunteers. If Alpine Lodge looks fresh and trim, it's in large part to Hardy's consistent devotion of many hours of thought and effort to its welfare.

Coordinator **Jennie Bruyn** is planning a festive celebration to bring the essence of Italy to Mt. Tam. **Christina Carella Waldeck**, a new member already known for her culinary prowess, shall, once again, prove her expertise with Italian fare! Jennie (415-456-1877) is asking CAC members to call to offer kitchen assistance for April 30th.

Join us! Donation Refreshment Services will be open 4:30-6p, with antipasti at 5p, followed by dinner at 6p. BYOB to share/enjoy with dinner.

Limit 80 people—register early! RSVP deadline is April 23. Send check payable to **Eva Libien**, Two Eucalyptus Knoll, Mill Valley, CA 94941-2279. Overnight possible (\$18/member or \$23/guest), contact Eva Libien, elibien@yahoo.com, 415-383-5184.

— Carroll Pearson

CACF 2ND ANNUAL ART SHOW NOTICE TO CAC ARTISTS JUNE 26, 2011

Save Sunday, June 26, from 12-4p, for a day of art, displayed inside and out on the deck of the Alpine Lodge by your fellow CAC member artists. CAC member **David Solbach** and his jazz ensemble will play 1-4p. Wine, scrumptious appetizers and tasty desserts will be served.

This is the second annual fundraiser for the CAC Foundation. We invite all CAC artists to display their work for members and guests to enjoy, while listening to the relaxing sounds of live jazz throughout the afternoon.

Artists: to reserve an art display table, contact **Jordan Herrmann** at herrmann48@comcast.net. Art set-up time is 10a-Noon, June 26. Reserve early to assure your place!

— Jordan Herrmann

ECHO SUMMIT LODGE QUIZ

During **Mary Martin** and **Tim Seeley's** Coop Meals week (Feb 21-25) a quiz was staged:

1. What year was California Alpine Club started?
2. How many guests can Echo Summit Lodge sleep?
3. What is the name of geographical area Echo Summit Lodge is located in? (Hint: DW.)
4. What is the altitude of Echo Summit Lodge?
5. What year was Echo Summit Lodge purchased by CAC?

Kids were busy searching rooms, the bulletin board and maps for answers. Even Marcus, who was sick in his room, participated with some help from Mary's host manual and the room chart.

(continued on page 6)

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Mae Harms	530-333-1058	maeharms@mindspring.com
Vice President	Jennie Bruyn	415-456-1877	jennielbrun@yahoo.com
Secretary	Anne Good	510-526-6792	ahgood@sbcglobal.net
Treasurer	Dennis Ziebell	415-864-4889	dzbp@aol.com
Registrar	Stefan Berlinski	831-325-6215	alpineregistrar@att.net

Board of Directors:	Arthur Ewart	707-481-2432	artewart@gmail.com
	Graham Forder	415-827-4748	gjfo99@yahoo.com
	Nell Fraser	925-934-9039	nellfraser@yahoo.com
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	John Hannum	707-525-8108	JRHannum@sbcglobal.net
Past President '08	Robert Piper	510-848-4134	piperrr@alum.mit.edu

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Education	VACANT		
Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Sarah Dove	707-528-7289	sarah.dove@sonoma.edu
Outings	Carol Bodtker	415-884-0850	cbpostme@gmail.com
Parliamentarian	VACANT		
Publications	Helena Troy	415-492-9576	hmtroy@aol.com
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Social Activities	VACANT		
Youth Activities	VACANT		

Alpine Lodge Trustees:

Alpine Chair	Roger Diehnell '13	415-924-5519	rdiehnell@hotmail.com
	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Tony Smith '11	925-933-2403	joanne-tony@sbcglobal.net
	Jeanette Rodgers '13	415-435-9383	jrodg1218@aol.com

Alpine Lodge Support:

Alpine Treasurer	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Tony Smith	650-207-1619	alpinelodge1@yahoo.com
Alpine Accommodations Reservations		415-381-4975	alpinelodge1@yahoo.com

CAC Committee Coordinators For Alpine Lodge:

Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Hike Coordinator	Pauline MacDonald	415-381-2870	luddite48@comcast.net

Echo Summit Lodge Trustees:

Echo Chair	Jim Nixon '12	650-756-7771	jimnixon2000@yahoo.com
	Cindy Toran '13	707-539-4396	toranski@aol.com
	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Edie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '12	415-472-1229	erstock@pacbell.net

CAC Foundation Directors

CACF President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
	David Solbach	415-563-1170	dsolbach@gmail.com
	Reuven Segev	415-479-7682	reuven.segev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Anita Cabrera, Michael Larsen, Tom Mahood, Vicki Olds, Dan Schoenholz, Bob Sturm and Helena Troy.

Contributors this issue: Carol Bodtker, Selma Bomfim, Jill Denney, Sarah Dove, Bob Hanson, Mae Harms, Jordan Herrmann, Jock MacDonald, Pauline MacDonald, Mary Martin, Jim Nixon, Carroll Pearson, Cindy Toran, Helena Troy, Verna West, Arlin Weinberger.

Correspondence: Please address correspondence concerning this publication to:

Mae Harms, 5941 Garden Park Dr. Garden Valley, CA 95633-9514.

CAC Website: <http://calalpineclub.org>

PRESIDENT'S MESSAGE

This is my last message as your president. I have been reminiscing a bit. In September of 2001, I was hard at work in the little workshop at Echo trying to do some screen repairs under the supervision of **John Hannum**. This was my work-party portion of becoming a member. When I attended my first Annual Meeting, there was a vacant Conservation Chair position. I volunteered to **Laurence Kornfield** to be appointed. That began my attendance at the Board Meetings. Later, I was a director for the newly formed CAC Foundation. By 2008 I was such a familiar face at Board Meetings, I was asked to become a Director on the CAC Board.

John Hannum's and my paths crossed again in 2008. He was the president of the Board. Again John was mentoring me. In that year as a Board we didn't get everything he had set out to do accomplished. I was totally surprised when I was asked to become the next president. I accepted, knowing that what remained on the list that John had started, was where we would begin.

It has been an honor to be your president these last two years. Both years the Boards consisted of hardworking members, dedicated to the welfare of CAC. I always have been able to count on each of them to give serious consideration to each issue and develop a workable plan. The CAC members who showed up and participated in the membership meetings are also dedicated to keeping things running well. I extend my appreciation and praise to them. Members have volunteered many hours, under the leadership the Lodge Trustees, maintaining and improving our lodges, cooking meals, cleaning up and providing opportunities for hiking and socializing.

Soon it will be time to turn the gavel over to our next president, **Jim Nixon**. This Board, most of who will be returning again next year, is leaving unfinished business for him to guide us through. The Finance Committee, chaired by **Carroll Pearson**, will be continuing its work to review the financial records of our three treasuries and develop a fiscal plan that will carry us to our centennial year. This is not only needed to keep CAC on a sustainable path, but the U. S. Forest Service requires it of CAC for the renewal of our lease at Echo Summit.

Despite all the hard work and innovations by **Tony Smith** and our Futures Committee, our membership continues to dwindle to a number that can make it very difficult to financially sustain our lodges.

Work continues on our Website upgrade and training a new webmaster and web coordinator for it.

The life of CAC continues on with the fun and the work. Thank you for the privilege of allowing me to be your president for these past two years.

— Mae Harms

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Stefan Berlinski at alpineregistrar@att.net. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

MEMBERSHIP REPORT

New Members - March 2011

Jason Sussberg – joint members
 Kate McLean
 3181 16th Street
 San Francisco CA 94103-3334
 831-345-1960
 friendofdurutti@gmail.com
 sponsors: Larry Luchetti and Diane Smith

— Sarah Dove, Membership Chair

GNOCCHI COMES KNOCKING MARCH 5, 2011

An enthusiastic group attended **Christina Carella Waldeck's** cooking class at Alpine Lodge, March 5. This first Culinary Class was a great start to what could become another wonderful CAC tradition: bringing good chefs and eager students together in our lovely setting.

Fifteen wannabe gnocchi-makers listened, watched, and pitched-in as a delicious Italian meal was prepared. Christina, a singing chef, entertained us with "Makin' Gnocchi!"—her own words sung to the tune of "Makin' Whoopee!" With her guidance, chefs-in-training created gnocchi with various sauces, salad, potato and leek soup, roasted red peppers, and zabaglione. All went home satisfied with a lovely meal, good company, recipes, new skills, and every intention of trying everything out in their own kitchens.

Thanks to all who attended: **Carol Bodtker, Jill Denney, Pauline MacDonald, Renee Powers, Nuala Caulfield, Ann Meneguzzi, Arnold Champagne, Howard Ortman, Hardy Dawainis, Innes Bergman, Taren Hamilton, Melanie Facen, and Austin and Bob Henry.**

—Jill Denney



Mystery Chef

BOARD OF DIRECTORS & QUARTERLY MEMBERSHIP MEETINGS

SATURDAY, APRIL 30, 2011

Board of Directors Meeting, 2pm
 Annual Membership Meeting, 3pm
 Refreshments and appetizers, 4:30pm
 CAC Awards Dinner, 6pm
 (see article on pg. 1 for details)

SATURDAY, MAY 21, 2011

Board of Directors Meeting, 2pm

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms

Makin' Gnocchi (left to right) Christina Carella Waldeck, Austin Henry, and Melanie Facen



CAC OUTING: GOLDEN GATE FIELDS MARCH 7, 2011

Sunday March 7 an intrepid band of novice CAC punters converged on Golden Gate Fields to discover why some prefer a Sunday wagering on horses to sweating up the hogback on Mt Tam. It was Dollar Day at the races so parking, entrance fee, beer and hot dogs were easy!

Rather than buying the \$5.75 Racing Form, our innocent gamblers employed a garden variety of alternative strategies, with varying results. Pauline wagered on the most studly horse, mare or not. Arnold went with jockey's looks and past winnings. Jock, betting on #3, thought he should eventually win, but was foiled when his better half switched a bet to the more studly #2—that being the only time that #3 actually won!

continued on page 5

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

Sunday April 3	9:30 AM	Hardy Dawainis	415-461-4431	2B
Sunday April 10	9:30 AM	Howard Ortman	415-456-5912	2B
*Saturday April 16	9:30 AM	Hikers Weekend		
*Sunday April 17	9:30 AM	Sherri Wilkinson	707-481-1477	2B
	9:30 AM	Graham Forder	415-827-4748	1A
Sunday April 24	9:30 AM	Pauline MacDonald	415-381-2870	2B
Sunday May 1	9:30 AM	Jordan's Wildflower Hike 2 (see below)	510-528-7894	2B
Sunday May 8	9:30 AM	Mother's day hike open		2B
*Saturday May 14	9:30 AM	Hikers Weekend		
*Sunday May 15	9:30 AM	Taren Hamilton	415-378-4240	2B
Sunday May 22	9:30 AM	Graham Forder	415-827-4748	2B
Sunday May 29	9:30 AM	Jordan Herrmann	510-528-7894	2B
Sunday June 5	9:30 AM	Open		2B
Sunday June 12	9:30 AM	Open		2B
*Saturday June 18	9:30 AM	Hikers Weekend		
*Sunday June 19	9:30 AM	Open		2B
Sunday June 26	9:30 AM	Jennie Bruyn	415-456-1877	2B

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

Wildflower hike 2 - Hike from Pantoll and follow the route of botanist tagged wildflowers, see up to 50 varieties. WF list provided.

IMPORTANT! RAIN CANCELS

ALL SUNDAY 2B HIKEs BEGIN AT 9:30 AM (7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN).

ALTERNATE LEVELS OF SUNDAY HIKEs ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.

IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

CAC UPCOMING OUTINGS.

May 9, 10am: Audubon Canyon Ranch, Stinson Beach

Tom Bradner, CAC member, will lead a private, leisurely hike around the Martin Griffin Preserve to explore the various marsh habitats and diverse ecosystems of this well-studied and most significant nesting site on the West Coast. We'll have a birds-eye view of the Great Egrets and Great Blue Herons in various stages of raising chicks. Bring a picnic lunch to eat on the picnic grounds afterwards. Contact **Carol Bodtker** at cbpostme@gmail.com by April 29th make your reservation. Let's carpool as much as we can! Directions: Take Hwy 101 north from San Francisco or south from San Rafael to Hwy 1/Stinson Beach exit; follow approximately 12 miles to Stinson Beach. Continue 3.5 miles to the preserve gate on right-hand side of the highway.

June 6-10: Canoe the Colorado River below Moab, UT

August 8-12: Sierra Base Camp, into King Creek near Devil's Post Pile, Mammoth, CA (See descriptions in March Trails 2011.) Contact **Bob Hanson** at doctoroutdoors@comcast.net or 925-944-3366. (This trip is waiting list only.)

August 15-19 Sierra Base Camp, into Blue Lake in Sabrina Basin near Bishop, CA, lead by **Carlos Miranda** and **Ruth Tretbar**. This trip added because of the fantastic response to King Creek Base Camp trip. Contact Carlos Miranda at 916-832-5828. (This trip is waiting list only.)

— Carol Bodtker, Outings Chair

ALPINE LODGE SUNDAY INNKEEPERS

APRIL 2011

03	Sally Hernandez	707-763-8213
10	Pascale Leroy	415-661-8904
17	Diane Smith	925-935-2869
24	OPEN	

MAY 2011

01	Alpidia Barraza & Don Schwartz	707-526-4026
08	Bonnie Herzog	415-419-5004
15	Lyda Dicus	925-934-1071
22	OPEN	
29	Innes Bergman	510-845-3388

— Selma Bomfim, Innkeeper Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ALPINE LODGE EVENTS

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.

View the up-to-date Alpine Event Calendar: Go to <http://calpineclub.org> under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.

To Schedule an Event: For a private member event or a Club function, please leave a message with your request, name, email, and phone number at alpinelodge1@yahoo.com or call 415-381-4975. A volunteer will contact you and assist you in booking the event.

APRIL 1-2 FRI-SAT HOST TRAINING

Reservations: Hardy Dawainis
Phone: 415-461-4431
hdawainis@comcast.net Or any Alpine Lodge Trustee
Donations \$25; (\$35 per couple)

APR 3-10 SUN-SUN SPA WEEK

Contact Mary Frey 415-492-2510 or
Marymaryhiker@aol.com

APR 10-SUN EVENING TO APR 16 SAT MORNING SIERRA CLUB COASTAL MEDLEY

APR 17 SUN WORK PARTY

Coordinator: Jean Rodgers 9am to 3pm
415-435-9383 or jrodeg1218@aol.com

APR 16-17 SAT-SUN HIKERS' WEEKEND

See box this page.

APR 23 SAT PRIVATE EVENT

APR 29 FRI CAC ANNUAL MEETING PREPARATIONS

No private events.

APR 30 SAT BOD AND MEMBERS ANNUAL MEETINGS AND AWARDS DINNER

Coordinator: Eva Libien
Chef: Christina Carella Waldeck
(See article on pg.1 for details)

MAY 3 TUE SIERRA CLUB

Cook will overnight. 6 pm arrival

MAY 4-7 WED-SAT SIERRA CLUB NATIONAL MEETING

Contact person: MJ McKown
415-383-2774 or paulmckown@gmail.com

MAY 10-11-12 TUES-THUR ROSSMOOR (Out by 9 AM Thurs) TRAILS CLUB & CAC

Hiker's Mid Week 2011
Contact Tony Smith at joanne-tony@sbcglobal.net

MAY 12 THUR WORK PARTY

Coordinator: Roger Diehnel 9am to 3pm
Lunch will be served; overnight possible. Please contact Roger at 415-924-5519 or rdiehnel@hotmail.com.

MAY 21 SAT CAC BOARD at 2pm

MAY 21-22 SAT-SUN HIKERS WEEKEND

Contact Tony Smith at 4:30pm (overnight)
joanne-tony@sbcglobal.net (preferred), or 650-207-1619

MAY 29-30 SUN-MON PRIVATE EVENT

Hunter Merritt (Sunday after 4pm)

JUNE 2 THU WORK PARTY

Coordinator: Hardy Dawainis 9am to 3pm
Lunch will be served; overnight possible. Please contact Hardy at 415-461-4431 or hdawainis@comcast.net

JUNE 3-4 FRI-SAT PRIVATE EVENT

Carol Weisker (Tentative)

JUNE 9-12 THU- SUN PRIVATE EVENT

Member wedding; ends SUN 9am.

JUNE 17 FRI PRIVATE LUNCHEON

JUNE 18 SAT CAC BOARD AT 2PM

JUNE 18-19 SAT-SUN HIKERS WEEKEND

(see box on this page for details)

JUNE 20-24 MON-FRI HIKERS and COOP MEALS WEEK

Host: Jordan Herrmann, herrmann48@comcast.net, 3462 Yosemite Avenue, El Cerrito, CA 94530. \$75 pp for reservations; pls include your email address.

JUNE 25 SAT PRIVATE EVENT

Erin Neff (Tentative)

JUNE 26 SUN CAC FOUNDATION MUSIC

Annual CACF fundraiser AND ART FUNDRAISER
(See article on pg. 1 for details)

JUNE 30 THU WORK PARTY

Coordinator: Eva Libien 9am to 3pm
(1st Thurs Work Party moved from July 7.) Come on the 30th to help prepare for the Fourth of July Party.
Lunch will be served; overnight possible. Contact Eva at 415-383-5184 or elibien@yahoo.com.

JULY 3 SUN OVERNIGHT BEFORE JULY 4 PARTY

Contact Tony Smith

JULY 4 MON 4TH OF JULY PARTY CELEBRATION

Eva Libien
415-383-5184 or elibien@yahoo.com

JULY 7 THU NO WORK PARTY

(moved to JUNE 30 THU)

JULY 24 SUN WORK PARTY

(Details to come) 9am to 3pm

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.

HIKERS' WEEKENDS

Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, \$12. Overnight \$18, breakfast Sunday, \$5; guests are \$5 additional.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

Golden Gate Fields, continued from pg 3

Carol successfully increased her winning chances by betting on multiple horses each race.

None of these strategies would pay for retirement, yet nobody lost much and the group did win enough to pay for all the dollar hot dogs and beers (if you don't count the actual bets).

— Jock MacDonald



Watch for updates in future issues of TRAILS!



2011 CALL FOR VOLUNTEERS

The Echo Summit Lodge, Spring Work Party is fast approaching and ESL trustees are requesting you volunteer to help. The dates are Thursday May 26th, through Monday, May 30th, Memorial Day weekend. Come for a day or the entire time!

Three hearty meals, and lifelong memories are promised. For the first time in a long time chain-saws and log splitting will not be on the menu. Jobs we will be doing are: roof leak repairs; a ceiling rebuild in the downstairs dorm; hot water heater vent fixes; painting shed roof; repair/install window screens; and plumbing, sanding, painting, cleaning almost everything--all to prepare the lodge for your enjoyment and family memories. Additionally, this year I would like to have someone be the main cook, of course there will be plenty of help. I need time to supervise the work party.

Please make time to volunteer. Ask someone who's done it. It is very fulfilling, actually, and a lot of fun. Please contact **Jim Nixon** at 650-756-7771 or jimnixon2000@yahoo.com, to make your reservation or for additional information.

Volunteering is a traditional part of our club's culture. If you are unable to fulfill your work party requirement at Echo, you might consider these other options: 1) Join a Work Party at Alpine Lodge, generally on the first Thursday of every month and four Sundays a year (for details see Alpine Lodge Calendar in Trails or contact any Alpine Lodge Trustee); 2) Contact the Event Host (in Trails) to lend a hand at any of our CAC-sponsored events/dinners, usually held at Alpine Lodge; 3) Consider editing an issue of our Trails newsletter! This effort can be done from your own home, on your computer. Contact **Helena Troy**, Publications Committee Chairperson, at 415-492-9576 or hmtroy@aol.com if you are interested or have questions.

No matter which work requirement you choose, the club and you will be better off because you took the time.

Thank you.

— **Jim Nixon, ESL Trustee Chair**

ESL QUIZ

(CONTINUED FROM PAGE 1)

The kids won Sierra-at-Tahoe patches and adult winners had a choice between hand warmers or a water bottle.



FEB 24 2011: Chloe, Bailee, Shayna and Judd present the Echo Quiz at dinner.

Echo Quiz Answers: 1) 1913; 2) 44; 3) Desolation Wilderness; 4) 7,365 ft.; 5) 1952.

— **Mary Martin**

CACF 2011 GRANT PROCESS

The CAC Foundation gave a 2010 grant to West Point Inn to help build this shed housing the batteries for the Inn's solar collector and the propane-fueled generator. We are getting ready for this year's grant process, so if you have a favorite environmental nonprofit we might be able to help, let them know about the Club's Foundation. Tell them to contact **Arlin Weinberger** at arlinw43@gmail.com. Thanks!

— **Arlin Weinberger, CACF President**



ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com. Echo Lodge Telephone 530-659-7274

Spring Work and Fun Party is May 26-30. Come enjoy the camaraderie of working together at our mountain retreat—it's a lot of fun!

Contact Jim Nixon for reservations (see contact information below).

Summer/Fall Hosts and Hosts-in-Training:

Only a few choice openings are still available for Summer: June 12-17, June 27-30, July 5-8, Aug 28-Sept 1, and Sep 6-9. If any portion of these time periods work for you to host, please contact Cindy Toran by e-mail or telephone.

The next **Echo Lodge Trustees Meeting:** April 19th, 6pm, by teleconference. Contact Cindy Toran at 707-539-4396 if you would like to attend.

Problems or Concerns about Echo Summit Lodge? Contact Jim Nixon at 650-756-7771 or jimnixon2000@yahoo.com. Discussions will, of course, be kept confidential.

Echo Summit Lodge Spring/Summer Schedule:

MAR 27-APR 3 SUN-SUN FAMILY-FRIENDLY EVENT

Alan Fairhurst & Mindi Canner 415-269-5080
3239 21st St, San Francisco, CA 94110
faircans@comcast.net

APR 3-8 SUN-FRI AVAILABLE FOR TRAINED HOSTS

APR 8-10 FRI-SUN HOSTED EVENT
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

APR 10-22 AVAILABLE FOR TRAINED HOSTS

APR 22-25 FRI-MON PRIVATE EVENT
Tom & Carol Coleman 707-992-0650

MAY 13-15 FRI-SUN HOST APPRECIATION & TRAINING

Reservations: Cindy Toran 707-539-4396
toranski@aol.com

MAY 26-30 THURS-MON ESL SPRING FUN & WORK PARTY

Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

MAY 30-JUN 5 MON-SUN COOP MEALS + MULTIGENERATIONAL HIKING & FUN

Lori Berekman 707-579-9218
3907 Park Gardens Dr, Santa Rosa, CA 95404
lvlylri@aol.com

JUN 8-12 WED-SUN CONSERVATION BENEFIT & BIRDING

Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

JUN 17-19 FRI-SUN PRIVATE EVENT
Roger & Mary Rigney 916-985-7351

**JUN 19-26 SUN-SUN SUMMER WILDFLOWER
HIKES**
Lin Mangiante & Barbara Crockett
424 Hazel Ave, Millbrae, CA 94030 650-697-7403
foxtails@pacbell.net

JUN 26-30 SUN-THURS AVAILABLE FOR TRAINED HOSTS

JUN 30-JUL 5 THURS-TUES 4TH OF JULY / COOP MEALS

Tim Seeley 707-486-8288
4819 Foxglove Ct, Santa Rosa, CA 95405
seeley@sonic.net

JUL 5-8 TUES-FRI AVAILABLE FOR TRAINED HOSTS

JUL 8-15 FRI-FRI HOSTED EVENT
Kathy & Bill Faherty 707-539-7081
5410 Gates Rd, Santa Rosa, CA 95404
kfaherty@mac.com

JUL 15-17 FRI-SUN HOSTED EVENT

Chris Bekins & Kurt Eichstaedt 707-874-2556
12400 Elliott Ln, Sebastopol, CA 95472
cbekins2@yahoo.com

JUL 17-21 SUN-THURS HIKERS WEEK/COOP MEALS

Special! Short led hike on July 17. 415-456-5557
Edna Trimm
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

JUL 21-28 THURS-THURS YOUNG FAMILIES WEEK

Janis Riccomini & Paul Crockett 408-981-9137
12602 Cambridge Dr, Saratoga, CA 95070
janisriccomini@comcast.net

JUL 28-31 THURS-SUN HOSTED EVENT

Lillian Young & Genie Frye 650-588-5689
3650 Sneath Ln, San Bruno, CA 94066
lcyou@sbcglobal.net

JUL 31-AUG 7 SUN-SUN COOP COOKING

Jan McCulloch & Jim Nixon 650-756-7771
50 Seacrest Ct, Daly City, CA 94015
jimnixon2000@yahoo.com

AUG 7-13 SUN-SAT COOP MEALS

Mae Harms & Nuala Caulfield 530-333-1058
5941 Garden Park Dr, Garden Valley, CA 95633

maeharms@mindspring.com

AUG 13-18 SAT-THURS HIKERS' WEEK

Limit 24 participants. Members will be accommodated first. Guests will be accepted only if space is available. Please send your check for \$50 made out to:
Eva Libien 415-383-5184
2 Eucalyptus Knoll St, Mill Valley, CA 94941
elibien@yahoo.com

AUG 18-21 THURS-SUN AVAILABLE FOR TRAINED HOSTS

AUG 21-26 SUN-FRI ESL GROUP ACTIVITIES & COOP MEALS WEEK

Jordan Herrmann 510-520-9782
3462 Yosemite Ave, El Cerrito, CA 94530
herrmann48@comcast.net
(See article below for details.)

AUG 26-28 FRI-SUN TRAIL CLEARING WKND

Watch for updates in future issues of TRAILS!

ESL GROUP ACTIVITIES AND COOP MEALS WEEK AUGUST 21-26

Lots of group activities planned, including:

- Guided hikes with trail guide and trail map reviews;
- Nature interpretation—ID the wildflowers, re: Laws Sierra Nevada Field Guide;
- Digital camera image sharing lessons—bring your camera manual and computer and learn how to up/download photos to share;
- Hiking with GPS (bring yours & manuals) with use of Walkie-Talkies in the field for safety.
- We'll take an inflatable kayak to Echo Lake for fun, or bring your own;
- Organized (hike in/shuttle back) group trip to **Grover Hot Springs**;
- Music & Movies! Sing-alongs, DJ music & DVD sharing—bring your favorite music CDs and/or movies (or we'll go to movies and other local attractions);
- "Capitalism" card games in the eves (optional);
- Morning and afternoon group stretches.

Yes, rest up, get in shape, lose weight ... see you there! \$75 pp reservations; include your email address. Contact **Jordan Herrmann** at herrmann48@comcast.net, 3462 Yosemite Avenue, El Cerrito, CA 94530.

— Jordan Herrmann

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Mountain Pride Penstemmon, Lake Tahoe 1982 by Verna West



CAC Members stop the Mt. Tamalpais Train, circa 1920.

TRAILS NEWSLETTER ALERT

Please send articles for the May issue of TRAILS to monthly editor, **Anita Cabrera**, aa_cabrera@msn.com. Anita should receive articles for the May 2011 issue no later than April 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photo in TRAILS. For images in formats other than jpeg, contact the editor.

The editor for the June 2011 issue of TRAILS is **Susan Patrick**, susandpatrick@msn.com. **Editors are always needed!** If you would like to assist with the publishing of TRAILS, please contact Helena Troy at hmtroy@aol.com.

— **Helena Troy, Publications Chair**





TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 87

May 2011

No. 4

ST. PATRICK'S DAY DINNER: A Green Tradition

Despite wind, rain and forecasts of worse to come, this year's St. Patrick's Dinner attracted 47 hardy diners. Hecker Hall was appropriately decorated by **Sue Karp**. The contrast of green napkins on white tablecloths, daffodils on every table, and shamrocks hither and thither gave the room a festive air.

Returning chef **Ed Troy** arrived at the Lodge before noon to get the cooking underway. Only Ed, it seems, can bake corned beef to such perfection. **Judy Troy**, Ed's wife, cooked carrots with horseradish and cream (many people threatened to get nasty if they weren't given the recipe) and **Ben Heldens** and **Hardy Dawainis** sliced the meat to order, while Sue and I served the cabbage, potatoes and carrots.

The apple crumble proved to be a winner, and I later learned that Dromoland Castle in Ireland served the same dessert that very day, which removed any doubt as to its authenticity as an Irish dish. **Therese Born** declared the meal perfection, and **Josephine Leen** and **Trudy Gorak** agreed.

Mae Harms supervised the Acrobat Outsourcing employee in dishwashing, and it worked out well. Members were able to leave confident that the cleaning-up process was in good hands.

— Nuala Caulfield

CACF ANNUAL ART AND MUSIC BENEFIT, JUNE 26

Sunday, June 26 is the date for this year's party to benefit the Club's Foundation. Your \$25 donation includes wine, appetizers and desserts while enjoying the music of David Solbach's Summer Solstice Band at 3 pm. Come early at noon to enjoy original art works by CAC members. Here's your chance to support our club's charitable grants to conservation organizations in the Bay Area and at Tahoe. Donations are tax-deductible. For reservations contact **Renee Powers** at 415-648-4940 or reneepowers@comcast.net.

— Renee Powers

ECHO LODGE, CELEBRITY CHEF WEEKEND, November 4-6

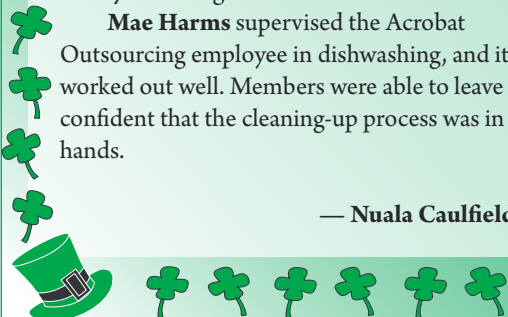
Attention all foodies! Our very own celebrity chef, **Cindy Pawlcyn**, owner of Mustards Grill, Cindy's Backstreet Kitchen, and Go Fish has volunteered to teach a weekend-long cooking class at Echo Lodge. Cindy will be joined by chef **Darren McDonald**. Cindy's husband, **John Watanabe**, will also be on hand to conduct wine tastings. The class will begin Friday afternoon and conclude after breakfast on Sunday. Sessions will cover preparation of hors d'oeuvres, wine tasting and pairing, and breakfast and dinner fare. Participants will make their own bag lunches.

This is a fundraiser for the Lodge and the cost will be \$300 per person for those staying in rooms and \$275 for dorms. All instruction, food, wine and lodging will be included. In keeping with Echo tradition, everyone will be required to help with meal service and clean-up. Attendance is limited to 16 people so participants can expect personal instruction by Cindy, Darren and John. In addition, all guests will receive an autographed copy of Cindy's cookbook *Appetizers* and copies of all the recipes prepared during the classes.

Please join us in the fun and sign-up early. We expect this event to sell out soon. If this event is over subscribed, a lottery will be held for all who send a reservation deposit of \$100. CAC members will have priority over non-members.

For details, contact Richard Thornton at 925-287-0764 or richard@thorntonpartners.us.

— Richard Thornton



California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Jim Nixon	650-756-7771	jimnixon2000@yahoo.com
Vice President	VACANT		
Secretary	Anne Good	510-526-6792	ahgood@sbcglobal.net
Treasurer	VACANT		
Registrar	Stefan Berlinski	831-325-6215	alpineregistrar@att.net

Board of Directors:	Arthur Ewart	707-481-2432	artewart@gmail.com
	Graham Forder	415-827-4748	gjfo99@yahoo.com
	Nell Fraser	925-934-9039	nellfraser@yahoo.com
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	John Hannum	707-525-8108	JRHannum@sbcglobal.net
Past President '08	Robert Piper	510-848-4134	piperrrr@alum.mit.edu

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Education	VACANT		
Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Sarah Dove	707-528-7289	sarah.dove@sonoma.edu
Outings	Carol Bodtker	415-884-0850	cbpostme@gmail.com
Parliamentarian	VACANT		
Publications	Helena Troy	415-492-9576	hmtroy@aol.com
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Social Activities	VACANT		
Youth Activities	VACANT		

Alpine Lodge Trustees:

Alpine Chair	Roger Diehnell '13	415-924-5519	rdiehnell@hotmail.com
	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Tony Smith '11	925-933-2403	joanne-tony@sbcglobal.net
	Jeanette Rodgers '13	415-435-9383	jrodg1218@aol.com

Alpine Lodge Support:

Alpine Treasurer	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Tony Smith	650-207-1619	alpinelodge1@yahoo.com
Alpine Accommodations Reservations		415-381-4975	alpinelodge1@yahoo.com

CAC Committee Coordinators For Alpine Lodge:

Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Hike Coordinator	Pauline MacDonald	415-381-2870	luddite48@comcast.net

Echo Summit Lodge Trustees:

Echo Chair	Jim Nixon '12	650-756-7771	jimnixon2000@yahoo.com
	Cindy Toran '13	707-539-4396	toranski@aol.com
	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Edie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '12	415-472-1229	erstock@pacbell.net

CAC Foundation Directors

CACF President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
	David Solbach	415-563-1170	dsolbach@gmail.com
	Reuven Segev	415-479-7682	reuven.segev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Anita Cabrera, Michael Larsen, Tom Mahood, Vicki Olds, Dan Schoenholz, Bob Sturm and Helena Troy.

Contributors this issue: Carol Bodtker, Selma Bomfim, Jill Denney, Sarah Dove, Bob Hanson, Mae Harms, Jordan Herrmann, Jock MacDonald, Pauline MacDonald, Mary Martin, Jim Nixon, Carroll Pearson, Toney Smith, Richard Thornton, Cindy Toran, Helena Troy, Verna West, Arlin Weinberger.

Correspondence: Please address correspondence concerning this publication to:

Mae Harms, 5941 Garden Park Dr. Garden Valley, CA 95633-9514.

CAC Website: <http://calalpineclub.org>

PRESIDENT'S MESSAGE

Hello, I'm Jim Nixon. My wife Jan and I have been CAC members since 1999. The past five years, I have served as one of the five Echo Lodge Trustees. That volunteer position was fulfilling and I enthusiastically look forward to being president.



Sitting on my deck in Daly City, overlooking the Pacific, I am trying to decide what to write, as there is so much happening in the Club.

I will begin with the restating the purpose of the Club. This is always found at the top of page two of Trails. But I would venture to say many of us do not notice or read it. ***The purpose of the club is: to explore, enjoy and protect the natural resources of our land including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able to improve the environment in which we live and to strengthen a sense of community among our members.*** That says a lot. Many times in our busy lives we forget what brought us to the club in the first place. Perhaps reading those few words will help. Community among our members is mentioned and that leads me to thinking about our officers.

Everything to be accomplished in the coming year will build on what past and current Officers, **Mae Harms, Jennie Bruyn, Ann Good, Dennis Ziebell, Stefan Berlinski** and Board members **Arthur Ewart, Graham Forder, Nell Frazer, Ann Meneguzzi, John Hannum and Robert Piper** completed or set into motion. During countless meetings these volunteers participated in and voted on issues intent on making our club stronger. That statement does not recognize the thousands of miles driven, out of pocket expenses (not reimbursed), dinners missed, long nights and days spent putting together or reading materials for upcoming meetings and attending those meetings, that these selfless people have donated to the club. More often than not they are not recognized in Trails articles. They deserve a big thank you from all of us.

Following is a list of recent accomplishments.

- Granted Echo Lodge \$30K to assist in paying for the ADA upgrade
- Approved increasing insurance on both lodges
- Passed a BYOB policy to ward off a liability concern
- Conflict of Interest by-law passed

continued on pg 6

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Stefan Berlinski at Alpineregistrar@att.net. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

MEMBERSHIP REPORT

New Members - April 2011

Elaine Kofod - Regular Member

106 Martin Place

Petaluma CA 94952-3361

707-981-7368

walkasprayer@yahoo.com

Sponsors: Judith Sibley and Cindy Toran

Torie Beedle - Joint Members

Forest Stearns

4401 San Leandro Street. Apt. 14

Oakland CA 94601-4453

484-894-5230

torie.beedle@gmail.com

Sponsors: Tony Smith and Karl Baeck

Kathleen Hon - Regular Member

190 Tamal Vista Drive

San Rafael CA 94901-1646

415-451-8061

khon098@yahoo.com

Sponsors: Rani Devadasan and Jennie Bruyn

— Sarah Dove, Membership Chair

BOARD OF DIRECTORS & QUARTERLY MEMBERSHIP MEETINGS

SATURDAY, MAY 21, 2011

Board of Directors meeting, 2pm

SATURDAY, JUNE 18, 2011

Board of Directors meeting, 2pm

SUNDAY, JULY 17, 2011

Board of Directors meeting, 2pm

Quarterly Membership meeting, 3pm

If you have any questions or wish to have an item on the agenda, contact **Jim Nixon** at jimnixon2000@yahoo.com or call 650-756-7771. Members are welcome at Board meetings.

— Jim Nixon

STANDARDS OF OPEN DISCUSSION

Over the past year, some members have expressed concern about an increased level of harsh disagreements between club members--usually in the form of emails. The Board encourages lively participation and debate over important issues. At the same time, however, let's not forget that club members should maintain a standard of decorum and politeness with one another as we work together to make this the best outdoor club possible.

— Art Ewart



Somewhere Under All That Snow: Echo Lodge Buried in Record Snowfall



Member Theo Gregoratos Creates an Edible Snowperson.

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

Sunday May 1	9:30 AM	Jordan's Wildflower Hike 2 (see below)	510-528-7894	2B
Sunday May 8	9:30 AM	Mother's Day hike	Open	2B
Saturday May 14*	9:30 AM	Hikers' Weekend		
Sunday May 15*	9:30 AM	Taren Hamilton	415-378-4240	2B
Sunday May 22	9:30 AM	Graham Forder	415-827-4748	2B
Sunday May 29	9:30 AM	Jordan Hermann	510-528-7894	2B
Sunday June 5	9:30 AM	Howard Ortman	415-456-5912	2B
Sunday June 12	9:30 AM	Anne Good	510-526-6792	2B
Saturday June 18*	9:30 AM	Hikers' Weekend		
Sunday June 19*	9:30 AM	Open		2B
Sunday June 26	9:30 AM	Jennie Bruyn	415-456-1877	2B
Sunday July 3	9:30 AM	Open	2B	
Sunday July 10	9:30 AM	Jock MacDonald	415-381-2870	2B
Saturday July 16*	9:30 AM	Hikers' Weekend		
Sunday July 17*	9:30 AM	Taren Hamilton	415-378-4240	2B
Sunday July 24	9:30 AM	Open		2B
Sunday July 31	9:30 AM	Open		2B

IMPORTANT! RAIN CANCELS

ALL SUNDAY 2B HIKEs BEGIN AT 9:30 AM (7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN).

ALTERNATE LEVELS OF SUNDAY HIKEs ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.

IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

Wildflower Hike 2 - Hike from Pantoll and follow the route of botanist tagged wildflowers; see up to 50 varieties. A list of wildflowers is provided.

CAC UPCOMING OUTINGS.

May 9, 10am: Audubon Canyon Ranch, Stinson Beach

Join us May 9th at 10am for a private, leisurely hike around the Martin Griffin Preserve and get a bird's-eye view of snowy egrets and great blue herons in various stages of raising chicks. This area is a well studied diverse ecosystem with significant nesting sites of the West Coast. We're lucky to have Tom Bradner, a CAC member, show us around. Bring your lunch for a picnic afterwards. Reservations required so contact Carol Bodtker cbpostme@gmail.com.

June 6-10: Canoe the Colorado River below Moab, UT

Contact Bob Hanson at doctoroutdoors@comcast.net or 925-944-3366.

August 8-12: Hike Sierra Base Camp, into King Creek near Devil's Post Pile, Mammoth, CA (See descriptions in March Trails 2011.) Contact **Bob Hanson** at doctoroutdoors@comcast.net or 925-944-3366. (This trip is waiting list only.)

August 15-19 Hike Sierra Base Camp, into Blue Lake in Sabrina Basin near Bishop, CA, lead by **Carlos Miranda** and **Ruth Tretbar**. This trip added because of the fantastic response to King Creek Base Camp trip. Cost is \$250. Contact Carlos Miranda at 916-832-5828. (This trip is waiting list only.)

— Carol Bodtker, Outings Chair

ALPINE LODGE SUNDAY INNKEEPERS

MAY 2011

01	Alpidia Barraza & Don Schwartz	707-526-4026
08	Bonnie Herzog	415-419-5004
15	Lyda Dicus	925-934-1071
22	OPEN	
29	Innes Bergman	510-845-3388

JUNE 2011

05	Howard Ortman	415-456-5912
12	OPEN	
19	OPEN	
26	OPEN	

JULY 2011

03	OPEN	
10	OPEN	
17	OPEN	
24	OPEN	
31	OPEN	

— Selma Bomfim, Innkeeper Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ALPINE LODGE EVENTS

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.

View the up-to-date Alpine Event Calendar: Go to <http://calpineclub.org> under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.

To Schedule an Event: For a private member event or a Club function, please leave a message with your request, name, email, and phone number at alpinelodge1@yahoo.com or call 415-381-4975. A volunteer will contact you and assist you in booking the event.

MAY 3 TUE
Cook with overnight.

SIERRA CLUB
6 pm arrival

JUNE 25 SAT
Erin Neff

PRIVATE EVENT
(Tentative)

MAY 4-7 WED-SAT

**SIERRA CLUB
NATIONAL MEETING**

Contact person: MJ McKown
415-383-2774 or paulmckown@gmail.com

JUNE 26 SUN

CACF BENEFIT ART & JAZZ

Renee Powers
415-648-4940 or reeneepowers@comcast.net
(see article on page 1)

MAY 9-12 MON-THUR

**ROSSMOOR TRAILS
CLUB & CAC**

JUNE 30 THUR

WORK PARTY
9am-3pm

Coordinator: Eva Libien
415-383-5184 or elibien@yahoo.com

MAY 12 THUR

WORK PARTY

Coordinator: Tony Smith
650-207-1619 or joanne-tony@sbcglobal.net

Lunch served; overnight possible.
Note the date. Eva wants to get the lodge ready for the fourth of July celebration.

MAY 21 SAT

CAC BOARD at 2pm

JULY 2 SAT

PRIVATE EVENT

Carol Weisker

Overnight

MAY 21-22 SAT-SUN

HIKERS' WEEKEND

Contact Tony Smith at 4:30pm (overnight)
joanne-tony@sbcglobal.net (preferred), or
650-207-1619

JULY 3 SUN

OVERNIGHT BEFORE

JULY 4 PARTY

Contact Tony Smith

JULY 4 MON

4TH OF JULY PARTY

CELEBRATION

Eva Libien
415-383-5184 or elibien@yahoo.com

MAY 29-30 SUN-MON

PRIVATE EVENT

Hunter Merritt (Sunday after 4pm)

JUNE 2 THUR

WORK PARTY

Coordinator: Jean Rogers
415-435-9383 or jrodeg1218@aol.com
Lunch served; overnight possible.

JULY 7 THU

NO WORK PARTY

(moved to JUNE 30 THU)

JULY 8-9 FRI-SAT

NATIONAL SIERRA CLUB

JUNE 4-5 SAT -SUN

PRIVATE EVENT

Corte Madera preschoolers

JULY 10-16 SUN-SAT

SIERRA CLUB YOGA

& HIKING

starts at 4pm on July 10

JUNE 9-12 THU- SUN

PRIVATE EVENT

Member wedding; ends Sunday 9am.

JULY 16-17 SAT-SUN

HIKERS' WEEKEND

Coordinator: Tony Smith
650-207-1619 or joanne-tony@sbcglobal.net

JUNE 17 FRI

PRIVATE LUNCHEON

JUNE 18 SAT

CAC BOARD AT 2PM

JUNE 19 SUN

MOUNTAIN PLAY DINNER

Mary Jane McKown
415-383-2774 or paulmckown@gmail.com 4pm

JULY 17 SUN

LEADERSHIP MEETING

Board of Directors meeting 2pm,
Quarterly membership meeting 3pm
Dinner after

JUNE 18-19 SAT-SUN

HIKERS' WEEKEND

(see box on this page for details)

JULY 18-24 MON-SUN

PRIVATE RENTAL

Joan Ryan

JULY 24 SUN

(Details to come)

WORK PARTY

9am to 3pm

— Art Ewart

Host: Jordan Herrmann, herrmann48@comcast.net,
3462 Yosemite Avenue, El Cerrito, CA 94530. \$75
per person for reservations; please include your email
address.

Watch for updates in future issues of TRAILS!

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.

HIKERS' WEEKENDS

Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, \$12. Overnight \$18, breakfast Sunday, \$5; guests are \$5 additional.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

THEFTS AT ALPINE LODGE

It is with regret that the Board must notify club members of recent thefts of personal property at Alpine Lodge. Echo Lodge has experienced similar occurrences over the last few years. While not widespread, each time an item goes missing members experience a sense of not only loss, but also betrayal. Please safeguard your belongings while at the lodges: keep items of value in your car while visiting. Unfortunately, the club cannot be responsible for the loss of personal items.



CAC DIGITAL PUBLICATIONS, TECHNICAL HELP SOUGHT

We are looking for people who can help with communications technology. Our long-time webmaster, **James Higgins**, has requested to be relieved of webmaster duties, so we need replacement(s) for him. We are investigating the redesign of our website, and will need contributors to that effort. We need a web coordinator(s) to collect the content for the site and to be sure that the site is current. We would love to have a few members whom we could call when we run into technical difficulties. For example, we maintain the Alpine Lodge calendar on Yahoo. Recently, Yahoo changed its calendar format. This broke the link from our web site. We have not been able to solve this problem for over three weeks, so the Alpine Calendar is not available from our CAC web site.

Helping CAC with communications would be a wonderful way for you to share your skills and contribute your annual work obligation. We need a cadre of people, so we have some backup.

If you would be willing to help, please email **Carroll Pearson** at pearsoncmp@aol.com. We can set up a time to discuss the specifics of tasks needed over the phone.

— **Carroll Pearson**

President's Message, continued from pg 2

- Adopted policy on use of CAC name, logo and membership roster
- Changed by-laws relating to Family Membership
- Appointed John Hannum as liaison to Alpine Lodge
- Approved independent contractors to be used for lodge and dishes cleaning
- Issued letters of authorization for Trustees to conduct CAC business at lodge sites
- Rescinded practice for free dinners for volunteer dishwashers
- Decided to retain hard copies of CAC documents in Tam building
- Approved \$200.00 for CAC business cards
- Discussed and passed action to look into cost and design of Web site upgrade
- Began discussions of 2013 CAC Centennial observance, approved \$2,000.00 for planning
- Discussed Alpine usage fee, declining membership and CAC Facebook page
- Passed no dues increase
- Allocated cost of property insurance to each lodge
- Discussed Tam building usage revenue
- Considered and adopted Finance Committee recommendations related to financial data at Alpine lodge
- Alpine lodge use fee Algorithm passed
- Passed Alpine lodge report formats for CAC and Alpine lodge event(s) summaries on a quarterly basis

I have not listed everything, but I think you get the idea of how much they accomplished.

In following issues I will acknowledge other members who have put their heart(s) into seeing the club flourish. We can all feel a sense of pride being a member of a club looking forward to its 100th anniversary in 2013. So, in closing I thank each and every member for helping to make our club what it is and I hope to be able to thank you personally.

— **Jim Nixon**

ALPINE WORK PARTY March 3

Have you been thinking you might show up for a work party at Alpine one of these months? About a dozen of us did in March. We accomplished many tasks, ate well and had loads of fun.

Eva Libien arrived with a numbers bags and pans of stuff for our morning snack and later lunch. She was the trustee in charge of the work party. Since our crew was a pretty industrious and well behaved group, Eva was able stick to her meal prep work. **Susan Head** was the sous chef and pitched in to help prepare the delicious minestrone soup and later an apple cake topped with ice cream. Yum! Yum! During one pass through the kitchen, I noted **Bill Pung** simultaneously stirring two big pots on the stove. One left handed and one right handed! **Dennis Ziebell** was busy with the Acrobat Outsourcing company reps that CAC Board vetted to be hired when we need dishwashers for big events or when members are having gatherings and want to leave dishes and clean-up to others. We believe they will offer us good service at a reasonable price.

As I passed by the Social Hall I heard opera arias and peeked in. There was **Karl Baeck** working on a project and enjoying the opera. I enjoyed it, too. Two prospective members were doing their work party. **Elaine Kofod** cleaned the upstairs mirrors and windows. **Rod Titus** volunteered for outside clean-up work. Lots of windows got washed by **Nuala Caulfield**, **Roger Diehnel** and **Dorsey McTaggart**.

Roger Diehnel was just a jack of all trades. First thing I saw him doing was checking our gas stove pilot lights and sure enough several needed some adjustments. The first to arrive at the work parties has always been Roger, bearing treats for the day and beginning work before the rest of the crew arrives with tasks he know needs doing.

Lunch besides being so tasty was fun. We laughed a lot and **Hardy Dawainis** had his I-Phone ready and researched everything that we wonder about. I didn't mention myself. Mostly I was a busybody just watching others work.

Our next work and fun party at Alpine is May 12. I hope I see you at a work party.

— **Mae Harms**

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone Cindy Toran at 707-321-6262 until 9:30pm or e-mail to toranski@aol.com.
Echo Lodge Telephone 530-659-7274

Spring Work and Fun Party is May 26-30. Delicious food and camaraderie with some of CAC's finest folks. Contact Jim Nixon for reservations (see contact information below).

Summer/Fall Hosts and Hosts-in-Training:

Only a few choice openings are still available for summer: June 12-17, June 26-30, Aug 28-Sept 1, and Sep 6-9. If any portion of these time periods works for you to host, please contact me by e-mail or telephone.

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be Wednesday, June 15th, 5pm, by teleconference. Cindy Toran at 707-321-3262 if you would like to attend.

Problems or Concerns about Echo Summit Lodge? Contact Cindy Toran at 707-321-3262 or toranski@aol.com. Discussions will be kept confidential.

Echo Summit Lodge Summer/Fall Schedule:

MAY 13-15 FRI-SUN HOST APPRECIATION & TRAINING

Reservations: Cindy Toran 707-539-4396
toranski@aol.com

MAY 26-30 THURS-MON ESL SPRING FUN & WORK PARTY

Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

MAY 30-JUN 5 MON-SUN COOP MEALS + MULTIGENERATIONAL HIKING & FUN

Lori Barekman 707-579-9218
3907 Park Gardens Dr, Santa Rosa, CA 95404
lvlylri@aol.com

JUN 8-12 WED-SUN CONSERVATION BENEFIT AND BIRDING

Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

JUN 17-19 FRI-SUN PRIVATE EVENT

Roger & Mary Rigney 916-985-7351

JUN 19-26 SUN-SUN SUMMER WILDFLOWER HIKES

Lin Mangiante & Barbara Crockett 650-697-7403
424 Hazel Ave, Millbrae, CA 94030
foxtails@pacbell.net

JUN 26-30 SUN-THURS

AVAILABLE FOR TRAINED HOSTS

JUN 30-JUL 5 THURS-TUES

4TH OF JULY / COOP MEALS

Tim Seeley 707-486-8288
4819 Foxglove Ct, Santa Rosa, CA 95405
seeley@sonic.net

JUL 5-8 TUES-FRI MULTI-GENERATIONAL FUN

Mae Harms & April Roberts 530-333-1058
5941 Garden Park Dr, Garden Valley, CA 95633
maeharms@mindspring.com

JUL 8-15 FRI-FRI HOSTED EVENT

Kathy & Bill Faherty 707-539-7081
5410 Gates Rd, Santa Rosa, CA 95404
kfaherty@mac.com

JUL 15-17 FRI-SUN HOSTED EVENT

Chris Bekins & Kurt Eichstaedt 707-874-2556
12400 Elliott Ln, Sebastopol, CA 95472
cbekins2@yahoo.com

JUL 17-21 SUN-THURS HIKERS WEEK / COOP MEALS

Special! Short led hike on July 17. 415-456-5557
Edna Trimm
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

JUL 21-28 THURS-THURS YOUNG FAMILIES WEEK

Janis Riccomini & Paul Crockett 408-981-9137
12602 Cambridge Dr, Saratoga, CA 95070
janisriccomini@comcast.net

JUL 28-31 THURS-SUN HOSTED EVENT

Lillian Young & Genie Frye 650-588-5689
3650 Sneath Ln, San Bruno, CA 94066
lcyou@sbcglobal.net

JUL 31-AUG 7 SUN-SUN COOP COOKING

Jan McCulloch & Jim Nixon 650-756-7771
50 Seacrest Ct, Daly City, CA 94015
jimnixon2000@yahoo.com

AUG 7-13 SUN-SAT COOP MEALS

Mae Harms & Nuala Caulfield 530-333-1058
5941 Garden Park Dr, Garden Valley, CA 95633
maeharms@mindspring.com

AUG 13-18 SAT-THURS HIKERS' WEEK COOP MEALS

Eva Libien 415-383-5184
Limit of 24 participants. Members will be accommodated first. Guests accepted only if space is available. Please send your check for \$50 made out to: Eva Libien, 2 Eucalyptus Knoll St, Mill Valley, CA 94941
elibien@yahoo.com

AUG 18-21 THURS-SUN HOSTED EVENT

Art Ewart & Kathleen O'Dea 707-481-2432
2630 Dominic Dr, Novato, CA 94947
artewart@gmail.com

AUG 21-26 SUN-FRI HIKING ACTIVITIES / COOP MEALS

Jordan Herrmann 510-520-9782
3462 Yosemite Ave, El Cerrito, CA 94530
herrmann48@comcast.net

AUG 26-28 FRI-SUN TRAIL CLEARING WKND

Tom Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

AUG 28-SEP 1 SUN-THURS AVAILABLE FOR TRAINED HOSTS

SEP 1-6 THURS-TUES LABOR DAY WKND / COOP MEALS

Tony Smith 650-207-1619
2345 Tice Creek Dr #4, Walnut Creek, CA 94595
joanne-tony@sbcglobal.net

SEP 6-9 TUES-FRI AVAILABLE FOR TRAINED HOSTS

SEP 9-11 FRI-SUN PRIVATE EVENT

Phyllis Cole & Lee Yamada 831-438-5749

SEP 16-18 FRI-SUN PRIVATE EVENT

Kathy Kinkela 707-539-0164

SEP 22-25 THURS-SUN FALL FUN & WORK PARTY

Reservations: Tom Coleman 707 992-0650
travmcgee@comcast.net

OCT 7-9 FRI-SUN PRIVATE EVENT

Chris Bekins 707 874-2556

OCT 9-16 SUN-SUN FALL COLOR HIKES

Lin Mangiante & Barbara Crockett 650-697-7403
424 Hazel Ave, Millbrae, CA 94030
foxtails@pacbell.net

OCT 28-30 FRI-SUN FALL HOST TRAINING

Reservations: Cindy Toran 707-321-3262
toranski@aol.com

NOV 4-6 FRI-SUN CHEF'S WEEKEND

Reservations: Richard Thornton 925-287-0764
913 Reddington Ct, Walnut Creek CA 94596
richard@thorntonpartners.us
(see details in article on page 1)

Watch for updates in future issues of TRAILS!

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TRAILS NEWSLETTER ALERT



Please send articles for the June issue of TRAILS to monthly editor, **Susan Patrick**, susandpatrick@msn.com. Susan should receive articles for the June 2011 issue no later than May 5th.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photo in TRAILS. For images in formats other than jpeg, contact the editor.

The editor for the July-August 2011 issue of TRAILS is **Darren McRonal**d, darrenmcronald@yahoo.com.

Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact Helena Troy at hmtroy@aol.com.

— **Helena Troy, Publications Chair**



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 87

June 2011

No. 5

WHAT DO YOU MEAN THE DECK IS SAGGING?

What do you mean the deck is sagging ...this was my rather inane question to Tony Smith's statement when he called me early in the evening on Wednesday the 6th of April.

Tony was staying at the Lodge overnight to get ready for our first Thursday of the Month Work-day. After repeating my question three times, and getting the same answer from Tony, it was finally clear to me that indeed we had a problem with our much loved deck. When I met with Tony later that evening we discovered five concrete piers that hold the vertical beams supporting the deck had dropped three inches and were tilting downhill. The combination of the two actions had caused the middle of the deck at the outside edge (furthest from the building) to sag as much as five inches. At that time, we presumed that the earth movement had been caused by the unusually wet winter.

Unfortunately, we(AL trustees) did not release informed and accurate information about the damage to the deck fast enough to the Board and CAC officers which resulted in exaggerated rumors and unnecessary panic about the safety of not only the deck but of all of our buildings. These rumors were soon put to rest by our civil engineer Jay Hallberg and Vincent Howes, a Geotechnical Engineer whom we hired.

Repair work on the deck foundation started on May 2nd. Jay Hallberg's plans to repair and strengthen the foundation of the deck are as follows:

1. Adding new piers next to the existing piers. The existing piers went ten feet in to the ground; the new piers will go 18 to 20 feet in to the ground, hitting bedrock at eleven feet.
2. Install 6 tie-backs drilled at a 20 degree angle in to the hillside under the deck .These will be anchored in to rock and supply horizontal stability.
3. A grid of reinforced concrete beams tying the new piers, the old piers and the tie-backs together giving the piers horizontal as well as vertical stability.

The next phase of this work will entail repairing the deck and redirecting rainwater drainage.

As the problem of the deck gets under control, we have also engaged Vincent Howes to provide us with a report for a timeline and solutions for the earth movement that has occurred on the lower part of our property leading down to Edgewood Ave.

We hope that you will be reading the June issue of Trails while enjoying our new deck.

— Hardy Dawainis for A.L. Trustees

YOU'RE INVITED! Food, Wine, Art and Jazz June 26, 2011

Your California Alpine Club Foundation invites you to an afternoon benefit on Sunday, June 26 from 1 to 4 p.m. Your donation (tax deductible) includes a beverage and delicious appetizers while enjoying the music of David Solbach's Summer Solstice Band at 3 p.m. Several vocalist will be featured. Come early and check out Jordan Herrmann's art show, stay to enjoy the music and refreshments. You'll be supporting the CACF's grants to environmental organizations in the Bay Area and at Tahoe.

For reservations, contact Renee Powers at 415-648-4940 or reneepowers@comcast.net.

— Renee Powers



California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Jim Nixon	650-756-7771	jimnixon2000@yahoo.com
Vice President	Jennie Bruyn	415-456-1877	jennielbruyn@yahoo.com
Secretary	Anne Good	510-526-6792	ahgood@sbcglobal.net
Treasurer	VACANT		
Registrar	Stefan Berlinski	831-325-6215	alpineregistrar@att.net

Board of Directors:	Arthur Ewart	707-481-2432	artewart@gmail.com
	Graham Forder	415-827-4748	gjfo99@yahoo.com
	Nell Fraser	925-934-9039	nellfraser@yahoo.com
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	John Hannum	707-525-8108	JRHannum@sbcglobal.net
Past President '08	Robert Piper	510-848-4134	piperr@alum.mit.edu

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Education	VACANT		
Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Sarah Dove	707-528-7289	sarah.dove@sonoma.edu
Outings	Carol Bodtker	415-884-0850	cbpostme@gmail.com
Parliamentarian	VACANT		
Publications	Helena Troy	415-492-9576	hmtroy@aol.com
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Social Activities	VACANT		
Youth Activities	VACANT		

Alpine Lodge Trustees:

Alpine Chair	Jean Rodgers '13	415-435-9383	jrodg1218@aol.com
Treasurer	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Tony Smith '11	925-933-2403	joanne-tony@sbcglobal.net
	Jim Ballou	415-844-0878	irball321@gmail.com

Alpine Lodge Support:

Alpine Accountant	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Tony Smith	650-207-1619	alpinelodge1@yahoo.com
Alpine Accommodations	Reservations	415-381-4975	alpinelodge1@yahoo.com

CAC Committee Coordinators For Alpine Lodge:

Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Hike Coordinator	Pauline MacDonald	415-381-2870	luddite48@comcast.net

Echo Summit Lodge Trustees:

Echo Chair	Cindy Toran '13	707-539-4396	toranski@aol.com
	Tom Coleman '14	707-992-0650	travmcgee@comcast.net
	Eddie Nelson '14	831-423-5576	edieforsyth@hotmail.com
	Kurt Eichstaedt	707-591-3391	kurteichstaedt@yahoo.com
Treasurer	Ray Sommer '12	415-472-1229	erstock@pacbell.net

CAC Foundation Directors

CACF President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
	David Solbach	415-563-1170	dsolbach@gmail.com
	Reuven Segev	415-479-7682	reuven.segev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Anita Cabrera, Michael Larsen, Tom Mahood, Vicki Olds, Susan Patrick, Dan Schoenholz, Bob Sturm and Helena Troy.

Contributors this issue: Hardy Dawainis, Renee Powers, Jim Nixon, Sarah Dover, Tom Coleman, Verna West, Pauline MacDonald, Carol Bodtker, Selma Bomfim, Tony Smith, Jennie Bruyn, Dorsey McTaggart, Cindy Toran, Helena Troy.

Correspondence: Please address correspondence concerning this publication to: Jim Nixon, 50 Seacrest Court, Daly City, CA 94015.

CAC Website: <http://calalpineclub.org>

PRESIDENT'S MESSAGE

'Spring is finally peaking its nose under the fog and rain clouds on the coast. Enough so that Diego, our six-year-old grandson, during a cherished sleepover has coaxed Jan (Ama) and me (Pop Pop), into joining him for a bicycle ride in "Nature", his word. His choice is San Pedro County Park, in Pacifica, five miles south of our home. A gently sloping one-mile long gravel trail, in the middle of a spring green meadow, provides much fun for a boy who enjoys skidding his tires and throwing gravel into the air. But his real enjoyment is seeing all of nature's wonders an urban County park provides. At the top of the food chain are mountain lions (hopefully we do not encounter them); there are also deer, bobcats, rabbits, snakes, fish, numerous species of birds whose songs warm the heart and finally those things that crawl, hop or flit and catch a little boy's eye.



I am taken back to my childhood on these rides. Diego is so observant, noticing everything that moves or makes a sound. Sometimes we might ride for only ten feet before he notices a spider, stops, drops his bike and gets down on all fours to see close up what this thing is doing or following a butterfly in search of that special flower. A second later he is off running into the meadow, with grasses taller than he is, asking can we see him. Sometimes we can't.

As the new President I hope to see you during this next year, whether at Alpine or Echo Lodge. I also hope to share some of Diego's enthusiasm and appreciation for nature. Please feel free to contact me (jimnixon2000@yahoo.com) with your thoughts on anything club related.

— Jim Nixon

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Stefan Berlinski at Alpineregistrar@att.net. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

MEMBERSHIP REPORT

New Members - May 2011

Jeanne Sutter – regular member
 1201 Brickyard Way #11
 Pt. Richmond, CA 94801-4141
 510-234-8843
 JKSutter8@comcast.net
 Sponsors: Kathleen O'Dea and Kathleen Fletcher

— Sarah Dove, Membership Chair

THANK YOU, JIM NIXON!

Five years ago **John Hannum** decided it was time to move on as a trustee at Echo Summit Lodge. After six momentous years in which miraculous achievements were accomplished, it was time to appoint a trustee to take John's place. It was similar to "Who the heck is going to replace Joe Montana?" A man named Jim Nixon was brought into the fold. 'Nixon', I thought....poor guy.

Two years ago, Jim Nixon was asked to lead the Echo trustees, just in time to direct the monumental tasks of preparing the Lodge for permit renewal down the road in 2010. Contractors were hired to remove all of the exterior siding, and replace it with new. The building got a fresh new look with U.S. Forest Service-approved colors. Thank you Jim. A member-architect provided plans, and member-contractor built a beautiful, elegant, sturdy wheel-chair ramp. Jim Nixon is the person who guided us through this long and sometimes arduous process. Jim is the person who helped to calm the fears of the members of the Club when the costs escalated beyond imagination. Thank you Jim. Jim led many work parties, orchestrating, cooking, cajoling, doing all the little things to make volunteers feel wanted; to feel like they made a difference. Again, thank you Jim.

So we bid Jim a very fond Adieu as he embarks on his next challenge. We say confidently that Jim Nixon will be one of the finest Presidents this club has ever had, just when we all need him.

Thanks Jim from your fan club and fellow trustees at Echo Summit Lodge.

— Tom Coleman, Echo Lodge Trustee

BOARD OF DIRECTORS & QUARTERLY MEMBERSHIP MEETINGS

SATURDAY, JUNE 18, 2011
 Board of Directors meeting, 2pm

SUNDAY, JULY 17, 2011
 Board of Directors meeting, 2pm
 Quarterly Membership meeting, 3pm

If you have any questions or wish to have an item on the agenda, contact **Jim Nixon** at jimnixon2000@yahoo.com or call 650-756-7771. Members are welcome at Board meetings.

— Jim Nixon

AL PINTHER SIGNING THE REGISTER, MT. ST HELENA, JULY-17-1917

The afternoon of March 19, 2011 at the Mt Tam Building, Mae Harms and I were looking for old files. In one of the Lockers upstairs were boxes of "beat-up" notebooks. It took a while to realize they are some of the old Registers that had been placed on mountain tops by hikers and climbers for many years and then signed by subsequent visitors. We have records of some of them in early copies of "Trails". I'm curious how and when they were collected (resurrected) by CAC? If anyone has the information, it would be great to add it to our current records.

— Verna West



ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

Sunday June 5	9:30 AM	Leaderless	2B
Sunday June 12	9:30 AM	Anne Good	510-526-6792
*Saturday June 18	9:30 AM	Hikers Weekend	
*Sunday June 19	9:30 AM	Carol Bodtker	415-884-0850
Sunday June 26	9:30 AM	Jennie Bruyn	415-456-1877
Sunday July 3	9:30 AM	Tony Smith	925-933-2403
Sunday July 10	9:30 AM	Jock MacDonald	415-381-2870
*Saturday July 16	9:30 AM	Hikers Weekend	
*Sunday July 17	9:30 AM	Taren Hamilton	415-378-4240
Sunday July 24	9:30 AM	Howard Ortman	415-456-5912
Sunday July 31	9:30 AM	Bob Freinkel	415-608-7938
Sunday August 7	9:30 AM	OPEN	
Sunday August 14	9:30 AM	OPEN	
*Saturday August 20	9:30 AM	Hikers Weekend	
*Sunday August 21	9:30 AM	Anne Good	510-526-6792
Sunday August 28	9:30 AM	Pauline MacDonald	515-381-2870

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

IMPORTANT! RAIN CANCELS

ALL SUNDAY 2B HIKES BEGIN AT 9:30 AM (7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN).

ALTERNATE LEVELS OF SUNDAY HIKES ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.

IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

CAC UPCOMING OUTINGS.

June 6-10: Canoe the Colorado River below Moab, UT
Contact Bob Hanson at doctoroutdoors@comcast.net or 925-944-3366.

August 8-12: Hike Sierra Base Camp, into King Creek near Devil's Post Pile, Mammoth, CA (See descriptions in March Trails 2011.) Contact **Bob Hanson** at doctoroutdoors@comcast.net or 925-944-3366. (This trip is waiting list only.)

August 15-19 Hike Sierra Base Camp, into Blue Lake in Sabrina Basin near Bishop, CA, lead by **Carlos Miranda** and **Ruth Tretbar**. This trip added because of the fantastic response to King Creek Base Camp trip. Cost is \$250. Contact Carlos Miranda at 916-832-5828. (This trip is waiting list only.)

— Carol Bodtker, Outings Chair

ALPINE LODGE SUNDAY INNKEEPERS

JUNE 2011

05	Howard Ortman	415-456-5912
12	Nancy Bott	415-388-0245
	Gail Lindlow	415-441-0838
19	OPEN	
26	Ursula Pedersen	415-479-0343

JULY 2011

03	OPEN	
10	Candice Barnhill	319-354-6111
17	OPEN	
24	Kate McLean	831-359-6363
31	OPEN	

August 2011

07	OPEN	
14	OPEN	
21	OPEN	
28	OPEN	

— Selma Bomfim, Innkeeper Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ALPINE LODGE EVENTS

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.

View the up-to-date Alpine Event Calendar: Go to <http://calalpineclub.org> under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.

To Schedule an Event: For a private member event or a Club function, please leave a message with your request, name, email, and phone number at alpinelodge1@yahoo.com or call 415-381-4975. A volunteer will contact you and assist you in booking the event.

JUNE 2 THUR

Coordinator: Jean Rogers
415-435-9383 or jrodg1218@aol.com
Lunch served; overnight possible.

WORK PARTY

9am-3pm

JUNE 4-5 SAT -SUN

Corte Madera preschoolers

PRIVATE EVENT

JUNE 18 SAT

CAC BOARD AT 2PM

JUNE 19 SUN

MOUNTAIN PLAY DINNER

Mary Jane McKown 4pm
415-383-2774 or paulmckown@gmail.com

JUNE 18-19 SAT-SUN

HIKERS' WEEKEND

(see box on this page for details)

JUNE 24-25 FRI-SAT

PRIVATE EVENT

Overnights. Concludes June 26 at 9:30AM

JUNE 26 SUN

CACF BENEFIT ART & JAZZ

Renee Powers
415-648-4940 or reneepowers@comcast.net
(see article on page 1)

JUNE 30 THUR

WORK PARTY

Coordinator: Eva Libien 9am-3pm
415-383-5184 or elibien@yahoo.com
Lunch served; overnight possible.
Note the date. Eva wants to get the lodge ready for the fourth of July celebration.

JULY 3 SUN

OVERNIGHT BEFORE

Contact Tony Smith

JULY 4 PARTY

JULY 4 MON

4TH OF JULY PARTY

Eva Libien
415-383-5184 or elibien@yahoo.com

CELEBRATION

JULY 7 THUR

NO WORK PARTY

(moved to JUNE 30 THU)

JULY 8-9 FRI-SAT

NATIONAL SIERRA CLUB

JULY 10-16 SUN-SAT

SIERRA CLUB YOGA

& HIKING

starts at 4pm on July 10

JULY 16-17 SAT-SUN

HIKERS' WEEKEND

Coordinator: Tony Smith
650-207-1619 or joanne-tony@sbcglobal.net

JULY 17 SUN

LEADERSHIP MEETING

Board of Directors meeting 2pm,
Quarterly membership meeting 3pm
Dinner after

JULY 18-24 MON-SUN

Joan Ryan

JULY 29-31 FRI-SUN

Out Sunday 9am

JULY 24 SUN

(Details to come)

AUGUST 4 THUR

Details to come.

AUGUST 21-27 SUN-SAT

Contact Mary Frey
Marymaryhiker@aol.com

SEP 1 THUR

SEP 17 SAT

SEP 23 FRI

SEP 29 - OCT 1 THUR-SAT

OCT 6 THUR

OCT 16 SUN

OCT 23-28 SUN 4PM -SAT

OCT 29 SAT

NOV 1-2 TUES-WED

NOV 5 SAT

PRIVATE RENTAL

PRIVENT EVENT

WORK PARTY

9am to 3pm

WORK PARTY

B AND B WEEK

415-492-2510 or

WORK PARTY

BOARD MEETING

2PM

COAST WALK

PRIVATE EVENT

WORK PARTY

BOARD 2PM.

QUARTERLY 3 PM AND

HAPPY HOUR AFTER MEETING

SIERRA CLUB

HALLOWEEN PARTY SUE KARP

CAL WASTE

MANAGEMENT

CAC FOUNDATION DINNER

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.

HIKERS' WEEKENDS

Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, \$12. Overnight \$18, breakfast Sunday, \$5; guests are \$5 additional.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

AUDUBON CANYON RANCH MAY 9, 2011

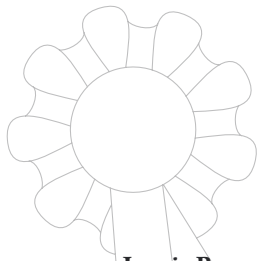
We had a beautiful day learning about flowers, critters in ponds and of course, the Great Egrets. Good to have new members Elaine Kofod and Kathleen Hon join us on their first outing with CAC.

— Carol Bodtker, Outings



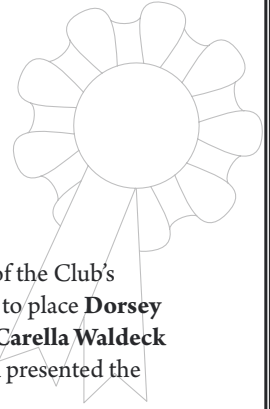
Jamie Watson, Erik Bodtker, Hans Schilling, Tom Bradner, Elaine Kofod, Kathleen Hon, Pauline MacDonald and Kathleen Flecher.





CAC ANNUAL AWARDS DINNER

APRIL 30, 2011



Jennie Bruyn, coordinator of this year's event, kept to the Italian theme in organizing the biggest event of the Club's business and social season. Was it coincidental that her team members were of Italian heritage? Jennie chose to place **Dorsey Fortini McTaggart** in charge of many projects, from decorating to coordinating, and she brought **Christina Carella Waldeck** aboard as the top chef. **Bob Hanson** emceed the presentation of awards. **Eike Linkwitz** and **John Hannum** presented the awards to this year's Honorees, **Peter Beckmann** and **Hardy Dawainis**.

Eighty members and guests packed the social hall for an evening that included group singing of Edelweiss, accompanied by the music of Peter's accordion. Chef Christina smoothly slipped into the role of chanteuse and led her focused and spirited audience in the singing of familiar Italian songs.

To assure a smoothly-running series of events, **Eva Libien** was enlisted to register members and guests in good order. Guests **Jerry Freedman** and **Earl Skeel**, together with **Jennie Bruyn**, **Dolores Welsh** and **Dorsey McTaggart**, contributed to making Thursday and Friday's decorating bash more fun than the "to-do" list might portend. With deft hand-sewing and a bit of spot cleaning, **Mae Harms** restored to usable status a fraying and soiled tablecloth. On Friday, the "chopping and dicing" for the antipasto dish were happily shared by **Anne** and **Jim Allio**, **Arnold Champagne**, **Sally Hernandez**, **Anne Good**, **Edna Trimm**, **Bonnie Herzog** and **Maryjane McKown**. Stirring the risotto to perfetto status on Saturday was attributed to the hefty muscles of **Howard Ortman**, **Jerry Freedman**, **Tony Smith**, **Paul McKown** and **Tony Bronzo**. Dinner was capably served by **Ricia Wise**, **Gaylord Rundle** (guest), **Mary Lee** and **Tony Bronzo**, among others. Assisting our chef in the kitchen, too, were new members **Gail Baimukanova**, **Rita Wang** and her husband, **Charles Belbin**. Also helping to prepare were **Bonnie Herzog**, **Mary Lee** and **Tony Bronzo**. **Audrey Hulburd** and **Taren Hamilton** greeted guests as they arrived, and distributed name tags and place cards that were artfully done, respectively, by **Audrey** and **Renee Powers**.

Mayme Harris and **Ken Judy** tended the donations bar which helped augment the club's kitty. **Sue Karp**, with her many helpers from each table, efficiently cleared the tables; our continuous supply of coffee and teas was superbly managed by **Ann Schubert** and **Edna Trimm**.

The closing of the hall was taken on by, among others, **Robert Piper**, **Dorsey McTaggart**, **Rita Wang** and **Charles Belbin**.

The inescapable dirty dishes and other kitchen chores fell to the willing hands of **Arnold**, **Tony**, **Maryjane**, **Rita**, **Jennie** and many others, ably assisted by Andy, the hired Acrobats employee with the endearing Pennsylvania giggle.

With the crowd gone and the bulk of chores accomplished, the overnights curled up on or stretched out from the seating around the fireplace and saluted to the culmination of another successful Alpine Club event.

— Jennie Bruyn, Dorsey McTaggart and Tony Smith



Cooks in action



Awards & Music

Photos by Ben Heldens

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone Cindy Toran at 707-321-6262 until 9:30pm or e-mail to toranski@aol.com.
Echo Lodge Telephone 530-659-7274

Summer/Fall Hosts and Hosts-in-Training: Only a few choice openings are still available for Summer: Aug 28-Sept 1, and Sep 6-9. If any portion of these time periods work for you to host, please contact me by e-mail or telephone.

Note: I will be traveling from June 15 – approx. June 25th, so responses to e-mail may be slightly delayed. Also, please note change of phone number above. Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be Wednesday, June 15th, 5 pm, by teleconference. Contact Cindy Toran at 707-321-3262 if you would like to attend.

Problems or Concerns about Echo Summit Lodge? Contact Cindy Toran at 707-321-3262 or toranski@aol.com. Discussions will be kept confidential.

Echo Summit Lodge Summer/Fall Schedule:

MAY 30-JUN 5 MON-SUN COOP MEALS + MULTIGENERATIONAL HIKING & FUN

Lori Barekman 707-579-9218
3907 Park Gardens Dr, Santa Rosa, CA 95404
lvlylri@aol.com

JUN 8-12 WED-SUN CONSERVATION BENEFIT & BIRDING

Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

JUN 17-19 FRI-SUN PRIVATE EVENT

Roger & Mary Rigney 916-985-7351

JUN 19-26 SUN-SUN SUMMER WILDFLOWER HIKES

Lin Mangiante & Barbara Crockett 650-697-7403
424 Hazel Ave, Millbrae, CA 94030
foxtails@pacbell.net

JUN 26-30 SUN-THUR AVAILABLE FOR TRAINED HOSTS

JUN 30-JUL 5 THUR-TUES 4TH OF JULY / COOP MEALS

Tim Seeley 707-486-8288
4819 Foxglove Ct, Santa Rosa, CA 95405
seeley@sonic.net

JUL 5-8 TUES-FRI MULTI-GENERATIONAL FUN

Mae Harms & April Roberts 530-333-1058
5941 Garden Park Dr, Garden Valley, CA 95633
maeharms@mindspring.com

JUL 8-15 FRI-FRI HOSTED EVENT

Kathy & Bill Faherty 707-539-7081
5410 Gates Rd, Santa Rosa, CA 95404
kfaherty@mac.com

JUL 15-17 FRI-SUN HOSTED EVENT

Chris Bekins & Kurt Eichstaedt 707-874-2556
12400 Elliott Ln, Sebastopol, CA 95472
cbekins2@yahoo.com

JUL 17-21 SUN-THURS HIKERS WEEK/COOP MEALS

Special! Short led hike on July 17.
Edna Trimm 415-456-5557
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

JUL 21-28 THUR-THUR YOUNG FAMILIES WEEK

Janis Riccomini & Paul Crockett 408-981-9137
12602 Cambridge Dr, Saratoga, CA 95070
janisriccomini@comcast.net

JUL 28-31 THUR-SUN HOSTED EVENT

Lillian Young & Genie Frye 650-588-5689
3650 Sneath Ln, San Bruno, CA 94066
lcyou@sbcglobal.net

JUL 31-AUG 7 SUN-SUN COOP COOKING

Jan McCulloch & Jim Nixon 650-756-7771
50 Seacrest Ct, Daly City, CA 94015
jimnixon2000@yahoo.com

AUG 7-13 SUN-SAT COOP MEALS

Mae Harms & Nuala Caulfield 530-333-1058
5941 Garden Park Dr, Garden Valley, CA 95633
maeharms@mindspring.com

AUG 13-18 SAT-THUR HIKERS' WEEK

Limit of 24 participants. Members will be accommodated first. Guests will only be accepted if space is available. Please send your check for \$50 made out to:
Eva Libien 415-383-5184
2 Eucalyptus Knoll St, Mill Valley, CA 94941
elibien@yahoo.com

AUG 18-21 THUR-SUN HOSTED EVENT

Art Ewart & Kathleen O'Dea 707-481-2432
2630 Dominic Dr, Novato, CA 94947
artewart@gmail.com

AUG 21-26 SUN-FRI HIKING ACTIVITIES / COOP MEALS

Jordan Herrmann 510-520-9782
3462 Yosemite Ave, El Cerrito, CA 94530
herrmann48@comcast.net

AUG 26-28 FRI-SUN TRAIL CLEARING WKND

Come help maintain the hiking trails we all enjoy so much!
Note: the lodge will also be opening as a hosted event. (i.e., open to members not involved in trail clearing.)
Tom Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

AUG 28-SEP 1 SUN-THUR AVAILABLE FOR TRAINED HOSTS

SEP 1-6 THUR-TUES LABOR DAY WKEND / COOP MEALS

Tony Smith 650-207-1619
2345 Tice Creek Dr #4, Walnut Creek, CA 94595
joanne-tony@sbcglobal.net

SEP 6-9 TUES-FRI AVAILABLE FOR TRAINED HOSTS

SEP 9-11 FRI-SUN PRIVATE EVENT

Phyllis Cole & Lee Yamada 831-438-5749

SEP 16-18 FRI-SUN PRIVATE EVENT

Kathy Kinkela 707-539-0164

SEP 22-25 THUR-SUN FALL FUN & WORK PARTY

Reservations: Tom Coleman 707 992-0650
travmcgee@comcast.net

SEP 30-OCT 2 FRI-SUN PRIVATE EVENT

Christine Piccin 707-535-0544

OCT 7-9 FRI-SUN PRIVATE EVENT

Chris Bekins 707 874-2556

OCT 9-16 SUN-SUN FALL COLOR HIKES

Lin Mangiante & Barbara Crockett 650-697-7403
424 Hazel Ave, Millbrae, CA 94030
foxtails@pacbell.net

OCT 28-30 FRI-SUN FALL HOST TRAINING

Reservations: Cindy Toran 707-321-3262
toranski@aol.com

NOV 4-6 FRI-SUN CHEF'S WKND

Reservations: Richard Thornton 925-287-0764
913 Reddington Ct, Walnut Creek CA 94596
richard@thorntonpartners.us

(Details were in article on page 1 of May Trails. A lottery is required for this event and will be held at just prior to the CAC Board Meeting, June 17th. All reservations for which a deposit has been received by June 16th will be included in the drawing. Couples will be kept together.)

Watch for updates in future issues of TRAILS!

TRAILS
issued monthly by the
California Alpine Club
Founded in 1913 - Incorporated in 1936
P.O. Box 2180
Mill Valley CA 94942-2180

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Many Echo "Old Timers" will remember Charlie Blake's beautiful Samoyed dog Toomac. The Blake's spent many summers at Echo Summit Lodge and Toomac was always there to greet you. Photo provided by Verna West.

TRAILS NEWSLETTER ALERT

Please send articles for the July/August issue of TRAILS to monthly editor, **Darren McDonald**, darrenmcronald@yahoo.com. Darren should receive articles for the June 2011 issue no later than May 5th.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photo in TRAILS. For images in formats other than jpeg, contact the editor.

The editor for the September 2011 issue of TRAILS is **Bob Sturm**, rmsturm@hotmail.com.

Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact **Helena Troy** at hmtroy@aol.com.

— **Helena Troy, Publications Chair**





TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 87

July/August 2011

No. 6

DINNER - QUARTERLY MEMBERSHIP MEETING JULY 17, 2011

Please join Primary Chef, **Barbara Crockett**, for dinner after the quarterly membership meeting on Sunday, July 17, 2011. Barbara will prepare a complete dinner with salad (or soup, if still raining), bread, entrée, and dessert. You may BYOB, if you wish. Price of dinner is \$22.

Board of Directors meeting is at 2pm. Quarterly membership meeting is at 3pm. Happy hour will start when the meeting is over with dinner at 6pm. Everyone is welcome at both meetings.

We would appreciate people volunteering to bring appetizers and, of course, we always need various helpers, especially the cleanup crew. We will schedule a dishwasher from Acrobat Services, so the job will not be enormous.

Mae Harms is taking reservations at mae harms@mindspring.com or 530-333-1058. Please mail your check made out to Mae Harms. Address is 5941 Garden Park Drive, Garden Valley, CA 95633-9514.

— Carroll Pearson

CANOE TRIP CANCELLED

Four days before the trip through Canyonlands National Park was to launch, the Moab outfitter phoned me to inform us that the trip was cancelled.

Tex's Riverways reported that water levels for the next week were expected to reach unprecedented highs. It seems a very high snowpack was followed by a cool spring, followed by a late May heat wave, sending a wave of water which was expected to break all-time records.

The company did not want to contribute to what might be a bad situation, so cancelled all trips.

The trip has been re-scheduled for Oct. 3-7. If you would like to participate, send a check for \$50 to me at 2600 Saklan Indian, #3, Walnut Creek 94595. Total cost: \$250. Limited to 14. 925-944-3366 for details.

— Bob Hanson

BARBEQUE AND POT LUCK CELEBRATION MONDAY, 4TH OF JULY 2011

Come up to the Alpine Club for a 1A "leaderless" hike or a 2B hike, lead by Anne Good followed by a festive 4th of July celebration. If you don't want to hike, just plan to come up for the potluck.

We'll prepare the chicken, veggie burgers and sausage. You prepare your favorite dish to serve 6-8. You are welcome to BYOB or use the donation refreshment table. Soft drinks will be served. Choose from the following: Appetizer, Salad (macaroni, cole slaw, potato, fruit, lettuce, veggies – to name just a few) and Dessert.

Please call or email **Eva Libien** (415-383-5184) elibien@yahoo.com to let her know what you plan to bring. Note: This is essential, so that we don't have too many of one dish. Then mail your check for \$12 to: Eva Libien, 2 Eucalyptus Knoll Street., Mill Valley, CA 94941.

The 2B hike will start from the Club at 10 a.m. The 1A hike will start at 11:00 a.m. Back by about 1:30 p.m. Happy hour will begin at 2:00 followed by the BBQ and potluck at 3:00. This should give the hikers plenty of time to freshen up.

We already have some volunteers who have offered to help. But we need additional BBQ help as well as help with the setup and cleanup. So please volunteer and sign up for these vital tasks and help make this event a success.

— Eva Libien

Monthly TRAILS Editor ~ Darren McDonald

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Jim Nixon	650-756-7771	jimnixon2000@yahoo.com
Vice President	Jennie Bruyn	415-456-1877	jennielbruyn@yahoo.com
Secretary	Anne Good	510-526-6792	ahgood@sbcglobal.net
Treasurer	VACANT		
Registrar	Stefan Berlinski	831-325-6215	alpineregistrar@att.net

Board of Directors:	Arthur Ewart	707-481-2432	artewart@gmail.com
	Graham Forder	415-827-4748	gjfo99@yahoo.com
	Nell Fraser	925-934-9039	nellfraser@yahoo.com
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	John Hannum	707-525-8108	JRHannum@sbcglobal.net
Past President '08	Robert Piper	510-848-4134	piperr@alum.mit.edu

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Education	VACANT		
Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Sarah Dove	707-528-7289	sarah.dove@sonoma.edu
Outings	Carol Bodtker	415-884-0850	cbpostme@gmail.com
Parliamentarian	VACANT		
Publications	Mae Harms	530-333-1058	maeharms@mindspring.com
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Social Activities	VACANT		
Youth Activities	VACANT		

Alpine Lodge Trustees:

Alpine Chair	Jean Rodgers '13	415-435-9383	jroddg1218@aol.com
Treasurer	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Tony Smith '11	925-933-2403	joanne-tony@sbcglobal.net
	Jim Ballou	415-844-0878	irball321@gmail.com

Alpine Lodge Support:

Alpine Accountant	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Tony Smith	650-207-1619	alpinelodge1@yahoo.com
Alpine Accommodations	Reservations	415-381-4975	alpinelodge1@yahoo.com

CAC Committee Coordinators For Alpine Lodge:

Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Hike Coordinator	Pauline MacDonald	415-381-2870	luddite48@comcast.net

Echo Summit Lodge Trustees:

Echo Chair	Cindy Toran '13	707-321-3262	toranski@aol.com
	Tom Coleman '14	707-992-0650	travmcgee@comcast.net
	Edie Nelson '14	831-423-5576	edieforsyth@hotmail.com
	Kurt Eichstaedt	707-591-3391	kurteichstaedt@yahoo.com
Treasurer	Ray Sommer '12	415-472-1229	erstock@pacbell.net

CAC Foundation Directors

CACF President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
	David Solbach	415-563-1170	dsolbach@gmail.com
	Reuven Segev	415-479-7682	reuven.segev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Anita Cabrera, Michael Larsen, Tom Mahood, Vicki Olds, Susan Patrick, Dan Schoenholz, Bob Sturm and Helena Troy.

Contributors this issue: Carol Bodtker, Selma Bomfim, Jennie Bruyn, Nuala Caulfield, Tom Coleman, Sara Dove, Bob Hanson, Eva Libien, Pauline MacDonald, Mary Jane McKown, Jim Nixon, Carroll Pearson, Tony Smith, Hedda Thieme, Cindy Toran and Helena Troy

Correspondence: Please address correspondence concerning this publication to:

Jim Nixon, 50 Seacrest Court, Daly City, CA 94015.

CAC Website: <http://calalpineclub.org>

PRESIDENT'S MESSAGE

The State announced proposed closure of 25% of 278 State Parks to meet the 2011/12-2012/13 General Fund Reductions. State Parks Deputy Director Roy Stearns does not anticipate any budget reduction-related closures before July 2012

Below is a list of those parks. I hope when you read them; you too get a lump in your throat as I did. Many of these parks are in the greater Bay Area.

Reading the names conjures up memories of times around a camp fire, story telling, setting up camp and discovering you left something home, joys of teaching your children, weathering storms (rain and insects), reaching the peak and seeing the sunrise, imagining what is making that noise in the dark of night, solitude, snow fall in a redwood grove, etc. I am sure you too have special memories. If you wish to voice your thoughts and I hope you do, a good place to begin is www.calparks.org. The web site provides links to your representative and a lot of valuable information.

Anderson Marsh SHP, Annadel SP, Antelope Valley Indian Museum, Austin Creek SRA, Bale Grist Mill SHP, Benbow Lake SRA, Benicia Capitol SHP, Benicia SRA, Bidwell Mansion SHP, Bothe-Napa Valley SP, Brannan Island SRA, California Mining & Mineral Museum, Candlestick Point SRA, Castle Crags SP, Castle Rock SP, China Camp SP, Colusa-Sacramento River SRA, Del Norte Coast Redwoods SP, Fort Humboldt SHP, Fort Tejon SHP, Garrapata SP, George J. Hatfield SRA, Governor's Mansion SHP, Gray Whale Cove SB, Greenwood SB, Grizzly Creek Redwoods SP, Hendy Woods SP, Henry W. Coe SP, Jack London SHP, Jug Handle SNR, Leland Stanford Mansion SHP, Limekiln SP, Los Encinos SHP, Malakoff Diggins SHP, Manchester SP,

McConnell SRA, McGrath SB, Mono Lake Tufa SNR, Morro Strand SB, Moss Landing SB, Olompali SHP, Palomar Mountain SP, Petaluma Adobe SHP, Picacho SRA, Pio Pico SHP, Plumas-Eureka SP, Point Cabrillo Light Station, Portola Redwoods SP, Providence Mountains SRA, Railtown 1897 SHP, Russian Gulch SP, Saddleback Butte SP, Salton Sea SRA, Samuel P. Taylor SP, San Pasqual Battlefield SHP, Santa Cruz Mission SHP, Santa Susana Pass SHP, Shasta SHP, South Yuba River SP, Standish-Hickey SRA, Sugarloaf Ridge SP, Tomales Bay SP, Tule Elk SNR, Turlock Lake SRA, Twin Lakes SB, Weaverville Joss House SHP, Westport-Union Landing SB, William B. Ide Adobe SHP, Woodson Bridge SRA and finally Zmudowski SB.

— Jim Nixon



CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Stefan Berlinski at Alpineregistrar@att.net. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

MEMBERSHIP REPORT

New Members - June

Bernard Passemar - regular member
 Robbie Passemar- student member
 2612 Village Side Drive, Santa Rosa CA 95405-6842
 aveyron@sonic.net 707-545-3633

Beverly Leve - regular member
 7614 Oak Leaf Drive, Santa Rosa CA 95409-6212
 707-539-2802
 Sponsors: Jean Rodgers and Lynn Garric

Rena Ivy - regular member
 P.O Box 684, Mill Valley CA 94942-0684
 rivynew@aol.com 415-383-3767
 sponsors: Suzanne Karp and Sarah Davis

Jennifer Lofing
 10 Rivoli Street, San Francisco CA 94117-4327
 jenniferlofing@sbcglobal.net 415-661-9721
 sponsors: Rani Devadasan and Jennie Bruyn

Ken Judy - regular member
 1250 Stellar Way, Milpitas CA 95035-6238
 KJJOSOS@aol.com 408-262-3527
 sponsors: Jim Nixon and Cindy Toran

— Sarah Dove, Membership Chair

MAKE ECHO LODGE YOUR HOME AWAY FROM HOME

JULY 5-8 Extend your Independence Day Holiday at Echo Lodge with family and friends. Bike, hike, swim or explore. We're planning evening family fun, too. Hosted by April Roberts and Mae Harms. Contact Mae Harms: maeharms@mindspring.com or 530-333-1058.

AUGUST 7-13 There'll be good food, great camaraderie, and the whole of the Tahoe Basin to explore, hike, and swim. Should anyone desire, they can gamble and/or see a show at the nearby casinos, luxuriate in the hot springs north or south of the lodge, or attend the Intensive Spanish Summer Institute at Lake Tahoe Community College, South Lake Tahoe. Hosted by Nuala Caulfield and Mae Harms. Contact Mae Harms: maeharms@mindspring.com or 530-333-1058.

AUGUST 13-18 Hikers Week. We'll have easy and moderate hikes. This is a co-op meals week so expect some great food and good hiking. Send a check for \$50 to Eva Libien, 2 Eucalyptus Knoll St., Mill Valley, CA 94941. Email address is: elibien@yahoo.com.

BOARD OF DIRECTORS & QUARTERLY MEMBERSHIP MEETINGS

SUNDAY, JULY 17, 2011

Board of Directors meeting, 2pm
 Quarterly Membership meeting, 3pm

AUGUST 2011 No Board or Membership Meetings

SATURDAY, SEPTEMBER 17, 2011

Board of Directors Meeting, 2pm

SUNDAY, OCTOBER 16, 2011 Board of Directors Meeting, 2pm
 Quarterly Membership Meeting, 3pm

SATURDAY, NOVEMBER 19, 2011 Board of Directors Meeting, 2pm

DECEMBER 2011 – No Board or Membership Meetings

If you have any questions or wish to have an item on the agenda, contact **Jim Nixon** at jimnixon2000@yahoo.com or call 650-756-7771. Members are welcome at Board meetings.

— Jim Nixon

CAC'S FREE RANGE AMELIA

On a beautiful day, at the Mexico/California border, CAC member **Lynn Zacherson**, aka Free Range Amelia, set off to hike the Pacific Crest Trail, to Canada!!! Following are quotes from Lynn's first blog.

"... If you have one of my paintings, you know the beauty I find in people and the natural world. If you run the hills of Wilder Ranch, swim the buoys at Cowells beach, or ride bikes with me you know my joy. If we've worked together, you know the spark I bring to getting the job done.

What you may not know is that I have a passion for the Wilderness. Color, light, and form surround me there as if in a painting. Like John Muir and others, I find my spirit at home in the woods.

This summer I completed a 152-mile solo hike on the Pacific Crest Trail (PCT) from Yosemite to Lake Tahoe. The PCT spans 2,650 miles from Mexico to Canada through California, Oregon and Washington. This year, about 120 men and women finished the PCT. I was honored to meet two of the women, one 18 years old and one 65. They are my inspiration. Over 1,000 people climb Mt. Everest each year, quite a few more than the handful that will complete a thru hike of the PCT in 2011.

My goal is to complete the entire 2,650 mile trail in five months, May through September 2011. By completing the hike I will inspire others to dream of what is possible without limits of gender or age.

As Amelia Earhart said, "The most difficult thing is the decision to act, the rest is merely tenacity"...

You are all welcome to join me on the trail. I hope you will come with me and dream!"

Lynn is one of countless special members in the CAC. You can find Lynn's observations and photos at (www.trailjournals.com/amelia). Check it out and send her your best wishes. The Pacific Crest Trail Associations' address is www.pcta.org.

— Jim Nixon



ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

Sunday July 3	9:30 AM	Tony Smith	925-933-2403	2B
Sunday July 10	9:30 AM	Jock MacDonald	415-381-2870	2B
*Saturday July 16	9:30 AM	Hikers Weekend		
*Sunday July 17	9:30 AM	Taren Hamilton	415-378-4240	2B
Sunday July 24	9:30 AM	Howard Ortman	415-456-5912	2B
Sunday July 31	9:30 AM	Bob Freinkel	415-608-7938	2B
Sunday August 7	9:30 AM	OPEN		2B
Sunday August 14	9:30 AM	OPEN		2B
*Saturday August 20	9:30 AM	Diane Smith		3C
*Sunday August 21	9:30 AM	Anne Good	510-526-6792	2B
Sunday August 28	9:30 AM	Pauline MacDonald	515-381-2870	2B
Sunday September 4	9:30 AM	OPEN		2B
Sunday September 11	9:30 AM	Melanie Facen	415-492-0470	2B
*Saturday September 17	9:30 AM	Hikers Weekend		2B
*Sunday September 18	9:30 AM	Jennie Bruyn	415-456-1877	2B
Sunday September 25	9:30 AM	Carol Bodtker	415-884-0850	2B

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

IMPORTANT! RAIN CANCELS

ALL SUNDAY 2B HIKE BEGIN AT 9:30 AM (7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN).

ALTERNATE LEVELS OF SUNDAY HIKE ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.

IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

CAC UPCOMING OUTINGS.

August 8-12 Hike Sierra Base Camp, into King Creek near Devil's Post Pile, Mammoth, CA (See descriptions in March Trails 2011.) Contact **Bob Hanson** at doctoroutdoors@comcast.net or 925-944-3366. (This trip is waiting list only.)

August 15-19 Hike Sierra Base Camp, into Blue Lake in Sabrina Basin near Bishop, CA, lead by **Carlos Miranda** and **Ruth Tretbar**. This trip added because of the fantastic response to King Creek Base Camp trip. Cost is \$250. Contact Carlos Miranda at 916-832-5828. (This trip is waiting list only.)

Sept. 18 (Sunday) Hike and Pot Luck Lunch
Our hike leaders, Arnold Champagne and Anne Good, have arranged a three hour hike offering superb vistas to a very special location on Mt. Tamalpais. After the hike we'll have a choice of barbequed salmon, chicken or beef for \$15.00 per person. Come join us for a fun day! Contact jennielbrun@yahoo.com or call 415-456-1877 for reservations.

— **Carol Bodtker, Outings Chair**

ALPINE LODGE SUNDAY INNKEEPERS

JULY 2011

03	Dolores Welsh	415 239 5519
10	Candice Barnhill	319-354-6111
17	OPEN	
24	Kate McLean	831-359-6363
31	OPEN	

August 2011

07	OPEN
14	OPEN
21	OPEN
28	OPEN

— **Selma Bomfim, Innkeeper Coordinator**

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ALPINE LODGE EVENTS

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.

View the up-to-date Alpine Event Calendar: Go to <http://calalpineclub.org> under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.

To Schedule an Event: For a private member event or a Club function, please leave a message with your request, name, email, and phone number at alpinelodge1@yahoo.com or call 415-381-4975. A volunteer will contact you and assist you in booking the event.

JULY 3 SUN Contact Tony Smith	OVERNIGHT BEFORE JULY 4 PARTY	AUG 15-16 (See article below)	CRAFTING EVENT
JULY 4 MON Eva Libien 415-383-5184 or elibien@yahoo.com	4TH OF JULY PARTY CELEBRATION	AUGUST 21-27 SUN-SAT Contact Mary Frey Marymaryhiker@aol.com	B AND B WEEK 415-492-2510 or
JULY 7 THUR (moved to JUNE 30 THU)	NO WORK PARTY	AUG 20-21 SAT-SUN See box this page.	HIKERS' WEEKEND
JULY 8-9 FRI-SAT	NATIONAL SIERRA CLUB	SEP 1 THUR Contact Eva Libien elibien@yahoo.com	WORK PARTY 415-383-5184 or
JULY 10-16 SUN-SAT	SIERRA CLUB YOGA & HIKING starts at 4pm on July 10	SEP 17 SAT	BOARD MEETING 2PM
JULY 16-17 SAT-SUN Coordinator: Tony Smith joanne-tony@sbcglobal.net	HIKERS' WEEKEND 650-207-1619 or	SEP 23 FRI	COAST WALK
JULY 17 SUN	LEADERSHIP MEETING Board of Directors meeting 2pm, Quarterly membership meeting 3pm Dinner after meeting.	SEP 29 - OCT 1 THUR-SAT	PRIVATE EVENT
JULY 18-24 MON-SUN Joan Ryan	PRIVATE RENTAL	OCT 6 THUR	WORK PARTY
JULY 24 SUN	WORK PARTY 9am to 3pm 415-461-4431 or	OCT 16 SUN	BOARD 2PM.
AUGUST 4 THUR Contact Tony Smith joanne-tony@sbcglobal.net	WORK PARTY 650-207-1619 or	OCT 23-28 SUN 4PM - SAT	SIERRA CLUB
AUG 6 INVESTOR PICNIC All welcome; contact gregfarber@gmail.com	11 AM-6 PM	OCT 29 SAT	HALLOWEEN PARTY SUE KARP
		NOV 1-2 TUES-WED	CAL WASTE MANAGEMENT
		NOV 5 SAT	CAC FOUNDATION DINNER

Watch for updates in future issues of TRAILS!

EVERY SUNDAY OPEN HOUSE
Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.

HIKERS' WEEKENDS
Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, \$12. Overnight \$21, breakfast Sunday, \$5; guests are \$5 additional.
For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.



CRAFTING EVENT AT THE ALPINE LODGE MONDAY, AUGUST 15 - TUESDAY, AUGUST 16, ALL DAY WITH OVERNIGHT POSSIBLE.

Come join us for fun and camaraderie, a chance to start a new project or finish something you have started. Bring a craft to share or learn some new ones. Possibilities are origami, paper making, hand felting, jewelry making, greeting cards and flower prints. Let us know your desires.

Bring your projects, ideas, interests, and enthusiasm to this very reasonable affair. Cost is \$8 a day or \$21 (member) or \$26 for nonmembers, if you wish to stay overnight. We will set up big tables and have the lodge available privately both days to us.

Reservations and your vote for projects are essential. Call or email between July 15 and August 10, Mary Jane at mjmckown@gmail.com, phone 415-383-2774.

LAST BUS TRIP TO MONTEREY/ASILOMAR SEPTEMBER 24, 2011

Hike, beachcomb, watch wildlife while going from Asilomar State Beach via Pacific Grove to Fisherman's Wharf in Monterey. Bring lunch. Depart San Francisco Civic Center 8am or Stonestown 8:20am. Fare \$40. Make reservations and get more details from Hedda 415-334-3892 or Myra Forsythe 415-613-8318.

— Mary Jane McKown

— Hedda Thieme

SPRING ECHO WORK AND FUN EVENT, 2011.

This wintry Memorial Day weekend stuff is getting to be a habit! For the third year in a row, we once again had to deal with a February-like weekend at the end of May! Well, we sure wouldn't be getting many outside jobs done this time around! Hopefully, the upcoming Fall Work Party will be meteorologically kinder to us!!

Bob Henry and **Tom Coleman** were slated to set ladders up, and paint the big shed roof with two coats of dark green paint to match the Lodge roof. Looks like that job will be rescheduled for the Fall. **Vickie Olds** invited friends up to help, and we hope that they consider becoming members. Vickie's friends **Doug Evans** and **Christine Carswell** did carpentry work and cleaned the windows. Vickie's friend JD Petras worked in the Men's dorm with her, fixing the damaged sheetrock in the ceiling. The sheetrock was wet from a roof leak, and needed replacing. JD also told us that he had an airless sprayer that he'd be willing to give the club, so we won't have to rent one in the Fall. Thank You, JD (and Vickie!)

Speaking of the leaky roof, we were able to figure out the problem on the flashing outside which caused the leak. Bob Henry (who else!!) set up ladders against the sloped roof, and installed new flashing with a rubber-underlayment to prevent further leaking. Bob and JD also installed a vent fan in the women's dorm, in an ongoing effort to promote healthy air circulation up there.

Jerry and **Karen Wagner** had two jobs; job one was to replace all torn screening from all the windows, and hang the two doors at either end of the Women's dorm. Job two was to entertain the troops every night with some great guitar and ukulele strumming!

David and **Pattie Jacobson** were great sports. Assigned the job of opening and trying to figure out problems with the septic tank, David was able to get the pump working properly, and Pattie fell through some snow onto 'black waste', and never uttered a cuss word!! They also cleaned all the scrap wood that had been deposited 'temporarily' under the stairs a few years ago. Dave chopped much of it into kindling, and still had all his digits when he was done! Dave and Pattie also did a great job cleaning the carpet.

The Men's bathrooms both needed a fresh coat of paint. Tom Coleman picked the great crew of **Lillie Kocker**, **Nancy Eckel** and **Joyce Thompson** for this onerous task, and they fulfilled their duties with flying colors! The bathrooms got a good washing with a mildewcide, and all holes were spackled prior to painting the ceilings and walls. The ladies were at the height of fashion in their Tyvex overalls, which were about three sizes too large!

Charlie and **Mary Martin Gill** went down into the basement and cleaned/organized it. Much was disposed of at the local 'dump', and the rest was taken out to the big shed. Then they organized the big shed! The shed is now actually walkable, and the basement doesn't look like a tornado just went through it!!

Mary Martin Gill also helped with laundry, along with **Susan Wilson** and **Stephanie McMillan**. They took the sheets, mattress covers and pillowcases from all the beds down to the laundromat. Beds are now officially clean until the next work party!

Richard Thornton and **Lori Barekman** also were a great help. Richard built a spice cabinet next to our brand new refrigerator. We'll now finally be able to get all the big spice containers off the counter! Lori helped Jim with all the floor-stripping jobs, and then stayed on for a full week as the host. From what she told me, weather continued in a 'wintry' way most of the week!



Mae Harms supplied the elbow grease and got all the antique furniture in the great room sparkling clean and ready for Eike Linkwitz's new cushions, which will go in on the furniture this month. Eike has been working on this monumental project for months! We trustees really appreciate her hard work, and everybody will love the new comfortable cushions!

We had a wonderful chef, and long time member, **Edie Nelson**, leading the kitchen crew for the entire stay. Edie planned and cooked all the meals, along with **Tony Smith**, and Edie's daughter, Sara. Edie's homemade tomato soup with grilled bacon and cheese sandwiches were works of wonder! And Eggs Benedict too!! Thanks to Sara, Tony and my dear friend Edie for scrumptious meals...every one of them! Also note that the old refrigerators were moved out and new commercial fridges were installed!

Kurt Eichstaedt and Tom Coleman ran around telling everyone what to do; in a nice way. Kurt is our newest trustee, and this was the first work party where he had to be manager, and not worker. He did a great job, and will be back managing the Fall Work Party in September! It's important to give folks constructive jobs, and make them feel needed, and we hope that we accomplished that goal! Please call Tom Coleman if you'd like to partake in the Fall frivolity!

And last but not least, **Jim Nixon** was the organizer of this work party- for the final time. Jim was responsible for stripping the linoleum floors and was our first-class 'goffer'. Now that Jim has become president of the CAC, he will be relieved of the duty of leading work parties. That job will fall to Tom, Kurt, Edie, and Cindy Toran. But, Jim will be coming to work parties in the future, and we'll try to find 'interesting' jobs for him to do!! We wish you well in your new job, Jim, and we'll miss your humor and patient guidance!

— Tom Coleman

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone Cindy Toran at 707-321-3262 until 9:30pm or e-mail to toranski@aol.com.
Echo Lodge Telephone 530-659-7274

ESL Trained Hosts: It's not too early to sign up for your favorite time in the Winter 2012 schedule. Enjoy your summer!

Note: I will be traveling and backpacking in much of August so responses to e-mail may be slightly delayed. Also, please note change of phone number above.

Sincerely, Cindy

Echo Lodge Trustees' Meeting will be Monday August 29th at Tom Coleman's house in Petaluma. Contact Tom at 707-992-0650 if you would like to attend.

Problems or Concerns about Echo Summit Lodge? Contact Cindy Toran at 707-321-3262 or toranski@aol.com. Discussions will be kept confidential.

Echo Summit Lodge Summer/Fall Schedule:

JUL 30-JUL 5 THUR-TUES 4TH OF JULY / COOP MEALS

Tim Seeley 707-486-8288
4819 Foxglove Ct, Santa Rosa, CA 95405
seeley@sonic.net

JUL 5-8 TUES-FRI MULTI-GENERATIONAL FUN

Mae Harms & April Roberts 530-333-1058
5941 Garden Park Dr, Garden Valley, CA 95633
maeharms@mindspring.com. See article on page 3.

JUL 8-15 FRI-FRI HOSTED EVENT

Kathy & Bill Faherty 707-539-7081
5410 Gates Rd, Santa Rosa, CA 95404
kfaherty@mac.com

JUL 15-17 FRI-SUN HOSTED EVENT

Chris Bekins & Kurt Eichstaedt 707-874-2556
12400 Elliott Ln, Sebastopol, CA 95472
cbekins2@yahoo.com

JUL 17-21 SUN-THUR HIKERS WEEK/COOP MEALS

Special! Short led hike on July 17.
Edna Trimm 415-456-5557
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

JUL 21-28 THUR-THUR YOUNG FAMILIES WEEK

Janis Riccomini & Paul Crockett 408-981-9137
12602 Cambridge Dr, Saratoga, CA 95070
janisriccomini@comcast.net

JUL 28-31 THUR-SUN HOSTED EVENT

Lillian Young & Genie Frye 650-588-5689
3650 Sneath Ln, San Bruno, CA 94066
lcyou@sbcglobal.net

JUL 31-AUG 7 SUN-SUN COOP COOKING

Jan McCulloch & Jim Nixon 650-756-7771
50 Seacrest Ct, Daly City, CA 94015
jimnixon2000@yahoo.com

AUG 7-13 SUN-SAT COOP MEALS

Mae Harms & Nuala Caulfield 530-333-1058
5941 Garden Park Dr, Garden Valley, CA 95633
maeharms@mindspring.com. See article on page 3.

AUG 13-18 SAT-THUR HIKERS' WEEK

Limit of 24 participants. Members will be accommodated first. Guests will only be accepted if space is available. Please send your check for \$50 made out to:
Eva Libien 415-383-5184
2 Eucalyptus Knoll St, Mill Valley, CA 94941
elibien@yahoo.com

AUG 18-21 THUR-SUN HOSTED EVENT

Art Ewart & Kathleen O'Dea 707-481-2432
2630 Dominic Dr, Novato, CA 94947
artewart@gmail.com

AUG 21-24 SUN-WED AVAILABLE FOR TRAINED HOSTS

AUG 24-28 WED-SUN HOSTED EVENT + TRAIL CLEARING WKND

Come help maintain the hiking trails we all enjoy so much! Note: the lodge will also be opening as a hosted event. (i.e., open to members not involved in trail clearing.)
Tom Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

AUG 28-SEP 1 SUN-THUR AVAILABLE FOR TRAINED HOSTS

SEP 1-6 THUR-TUES LABOR DAY WKEND / COOP MEALS

Tony Smith 650-207-1619
2345 Tice Creek Dr #4, Walnut Creek, CA 94595
joanne-tony@sbcglobal.net

SEP 6-9 TUES-FRI AVAILABLE FOR TRAINED HOSTS

SEP 9-11 FRI-SUN PRIVATE EVENT

Phyllis Cole & Lee Yamada 831-438-5749

SEP 16-18 FRI-SUN PRIVATE EVENT

Kathy Kinkela 707-539-0164

SEP 22-25 THUR-SUN FALL FUN & WORK PARTY

Reservations: Tom Coleman 707 992-0650
travmcgee@comcast.net

SEP 30-OCT 2 FRI-SUN PRIVATE EVENT

Christine Piccin 707-535-0544
OCT 7-9 FRI-SUN PRIVATE EVENT
Chris Bekins 707 874-2556

OCT 9-16 SUN-SUN FALL COLOR HIKES

Lin Mangiante & Barbara Crockett 650-697-7403
424 Hazel Ave, Millbrae, CA 94030
foxtails@pacbell.net

OCT 28-30 FRI-SUN FALL HOST TRAINING

Reservations: Cindy Toran 707-321-3262
toranski@aol.com

Watch for updates in future issues of TRAILS!

ECHO LODGE HOST TRAINING, MAY 13-15TH, 2011

Cindy Toran and Tom Coleman led the Spring Host Training session at Echo Lodge. We had quite a large crew, which all of us trustees are very thankful for.

The logistical challenges this year included the Hwy 50 road closure for major repairs during the time training was scheduled. Johnson Pass Rd was open only to those with special permits, which we obtained ahead of time for all drivers. The weather was unusually blustery and cold with snow Saturday night into Sunday. Many of those attending kept the traffic control crew supplied with hot coffee and warm meals, for which they were most appreciative.

Cindy's instruction covered all the facets of the billing process, cooking and buying enough, but not too much food, reservation tracking, room assignments, and many more details of hosting at Echo. After a delicious lunch prepared by our wonderful cook **Jan McCulloch**, Tom, and Jim Nixon then led smaller groups through the inside and outside of the Lodge, explaining how the different systems all work. Around 3:30pm, we had a total of 25 eager new host-training graduates: **Melanie Facen, Denny Thompson, Roger Rigney, Jennie Bruyn, Hans Schilling, Joe Fay, Becky Sandman,**

See Echo Training on page 8.

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Echo Training continued from page 7.



Mae Harms, Carlos Miranda and Lori Sondheim, Amy Pertchuk and Chris Krueger, Paul Bacon, Erik and Carol Bodtker, Bonnie Herzog, Kristina and Bill Gale, Dolores Welsh, Dorsey McTaggart, Will and Gale Herrmann, Fred Huxley, and Renee and Patrick Lee.

The Fall Host Training will be held October 28-30th.

Personally, I think costumes for instructors and students very appropriate! Best costume gets very special treatment throughout the weekend. This will be Tom Coleman's first time teaching hosting; he will definitely be in costume! Maybe that strict nun from 4th grade!!

— Tom Coleman, ESL Trustee

TRAILS NEWSLETTER ALERT

Please send articles for the September issue of TRAILS to monthly editor, **Bob Sturm**, rmsturm@hotmail.com. Bob should receive articles for the September 2011 issue no later than August 5th.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photo in TRAILS. For images in formats other than jpeg, contact the editor.

The editor for the October 2011 issue of TRAILS is **Mae Harms**, maeharms@mindspring.com.

Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact **Helena Troy** at hmtroy@aol.com.

— Helena Troy, Publications Chair





TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 87

September 2011

No. 7

MARK YOUR CALENDAR SATURDAY, OCTOBER 29th

It's almost that time of year, to bring out those scary masks, glamorous outfits, witches hats, ...or just yourself.

It's the **CAC HALLOWEEN PARTY**

Volunteer positions open: Reservations, Decorations and Table Settings, Kitchen help before dinner, Table Clearing, Dishwashers. To volunteer, contact Sue Karp at suekarp@prodigy.net or 415-927-3221.

WATCH FOR DETAILS IN OCTOBER TRAILS

— Sue Karp

THE BEST PART OF THE SUNDAY HIKE

The best part of the Sunday Hike is a glass of wine on our beautiful deck. We are happy to announce that our deck is now open once again for all of us to enjoy. If a glass of wine is not to your liking, there is always a good cup of coffee and some pastries provided by our Sunday Innkeeper.

Apologies for this taking a little longer than anticipated, but the good news is that Alpine Lodge was able to pay for the repairs without putting an extra burden on our members.

Thank you for your patience and good spirits during these difficult times.

— Alpine Lodge Trustees

JULY 4TH BBQ & POT LUCK CELEBRATION AT ALPINE LODGE

What a glorious 4th of July celebration we had at our comfortable home on the mountain. Although part of the deck was fenced off, some of the 40 happy attendees dined "al fresco" and some dined on the festively decorated porch. We partook of a large assortment of scrumptious salads and hors d'oeuvres brought by the club members and their guests. The varieties of desserts were a sight for the eye and a delight for the stomach. Many thanks to everyone for their delectable contributions. Also, "mille grazie" to those who helped serve, who barbecued, and who stayed to clean. Without all your help, this event could never have been such a success.

— Eva Libien, Host

FABULOUS FOUNDATION FUNDRAISER

Neither the sky nor the deck fell and the promise of good food, wine and music drew about 50 people to the CAC Foundation's party on June 26. Thanks to those attending and the generosity of donors, the Foundation raised over \$1800 towards next year's grants and everyone had a good time as well.

David Solbach's jazz band and vocalist entertained guests, **Bill Meneguzzi** manned the door, **Renee Powers** (our Ladies Auxiliary of one) provided for the impressive array of appetizers and Arlin Weinberger fulfilled her dream of tending bar by doling out generous pours of donated wines. Ann Meneguzzi made a delicious dessert and the Foundation received excellent appetizers from several of our attendees which were much appreciated.

In the sunny afternoon on only a slightly sagging deck, **Jordan Herrmann** displayed his photographs and art by club members.

Many thanks to everyone who contributed to this event; it was a great success.

Mary Frey brought a group of seventeen friends from Villa Marin to the event.

— Arlin Weinberger

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Jim Nixon	650-756-7771	jimnixon2000@yahoo.com
Vice President	VACANT		
Secretary	Anne Good	510-526-6792	ahgood@sbcglobal.net
Treasurer	Bill Mayers	415-785-3516	whmayers@aol.com
Registrar	Stefan Berlinski	831-325-6215	alpineregistrar@att.net

Board of Directors:	Arthur Ewart	707-481-2432	artewart@gmail.com
	Graham Forder	415-827-4748	gjfo99@yahoo.com
	VACANT		

Past President '08	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	John Hannum	707-525-8108	JRHannum@sbcglobal.net
	Robert Piper	510-848-4134	piperrr@alum.mit.edu

Committee Chairpersons:

Conservation	VACANT		
Education	VACANT		
Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Sarah Dove	707-528-7289	sarah.dove@sonoma.edu
Outings	Carol Bodtker	415-884-0850	cbpostme@gmail.com
Parliamentarian	VACANT		
Publications	Mae Harms	530-333-1058	maeharms@mindspring.com
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Social Activities	VACANT		
Youth Activities	VACANT		

Alpine Lodge Trustees:

Alpine Chair	Jean Rodgers '13	415-435-9383	jrodg1218@aol.com
Treasurer	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Tony Smith '11	925-933-2403	joanne-tony@sbcglobal.net
	Jim Ballou	415-844-0878	irball321@gmail.com

Alpine Lodge Support:

Alpine Accountant	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Tony Smith	650-207-1619	alpinelodge1@yahoo.com
Alpine Accommodations	Reservations	415-381-4975	alpinelodge1@yahoo.com

CAC Committee Coordinators For Alpine Lodge:

Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Hike Coordinator	Pauline MacDonald	415-381-2870	luddite48@comcast.net

Echo Summit Lodge Trustees:

Echo Chair	Cindy Toran '13	707-321-3262	toranski@aol.com
	Tom Coleman '14	707-992-0650	travmcgee@comcast.net
	Edie Nelson '14	831-423-5576	edieforsyth@hotmail.com
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Treasurer	Ray Sommer '12	415-472-1229	erstock@pacbell.net

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"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Anita Cabrera, Mae Harms, Michael Larsen, Tom Mahood, Vicki Olds, Susan Patrick, Dan Schoenholz, Bob Sturm and Helena Troy.

Contributors this issue: Stefan Berlinski, Carol Bodtker, Selma Bomfim, Jennie Bruyn, Tom Coleman, Hardy Dawainis, Sarah Dove, Anne Good, Mae Harms, Sue Karp, Dan Larson, Eva Libien, Pauline MacDonald, Darren McDonald, Edie Nelson, Jim Nixon, Jean Rodgers, Val Nelson, Vicki Olds, Tony Smith, Cindy Toran, Verna West, Arlin Weinberger, Adam Wisniewski.

Correspondence: Please address correspondence concerning this publication to:

Jim Nixon, 50 Seacrest Court, Daly City, CA 94015.

CAC Website: <http://calalpineclub.org>

PRESIDENT'S MESSAGE

I hope you are all enjoying the blessings of summer at Echo and Alpine Lodges. We've just returned from hosting a week at Echo and I'm grateful to all who contributed their time and talents to make our event such a success.

Our beautiful lodges are treasures that are precious to all of us yet only a handful of members volunteer their time to keep them up. Many of our volunteers have given years and years of service to the club and they are ready to retire.

YOUR CLUB NEEDS YOU - we are facing vacancies in leadership positions. Right now we are without a Vice President and have a board member vacancy. We have not filled the Social Activities position yet and many trustee and board member terms will expire in 2012. These vacancies put a tremendous burden on those who continue to serve. Please consider stepping up to this challenge. Volunteer your time and talent to keep our club strong and our lodges safe, sound and beautiful.

Please contact any officer or trustee to volunteer.

Thank you

— Jim Nixon



BOARD OF DIRECTORS & QUARTERLY MEMBERSHIP MEETINGS

SATURDAY, SEPTEMBER 17, 2011

Board of Directors Meeting, 2pm

SUNDAY, OCTOBER 16, 2011

Board of Directors Meeting, 2pm

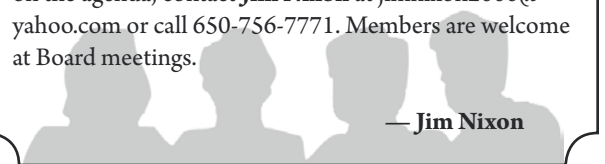
Quarterly Membership Meeting, 3pm

SATURDAY, NOVEMBER 19, 2011

Board of Directors Meeting, 2pm

DECEMBER 2011 – No Board or Membership Meetings

If you have any questions or wish to have an item on the agenda, contact **Jim Nixon** at jimnixon2000@yahoo.com or call 650-756-7771. Members are welcome at Board meetings.



— Jim Nixon

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Stefan Berlinski at Alpineregistrar@att.net. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

MEMBERSHIP REPORT

Jon Bureau - family members
Cheri Bureau
3201 Monte Vista Place, Davis CA 95618
cbureau@gmail.com 530-750-3578
Sponsors: Tom Coleman and Carol Saccomonto

Douglas Evans - joint members
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474 Liberty Street, San Francisco CA 94114-2949
devans@gmail.com 415-282-0901
Sponsors: JD Petras and Vicki Olds

Rena Ivey - regular member
P.O. Box 684, Mill Valley CA 94942-0684
rivynew@aol.com 415-383-3767
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1250 Stellar Way, Milpitas CA 95035-6238
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957 Kingwood Street, Santa Rosa CA 95401-6509
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aveyron@sonic.net 707-545-3633
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Adam Wisnewski - joint members
Rebecca Ennals
29 N. Elsworth Avenue, San Mateo CA 94401-2819
awiz1@yahoo.com 408-515-5820
Sponsors: Vicki Olds and Helena Troy

— Sarah Dove, Membership Chair

ONLINE PRESENCE HELPS MEMBERSHIP DRIVE

I'm a brand new member of the California Alpine Club, and I've volunteered to help drive up awareness of the CAC on the internet. As part of the web committee, I'll be working with **Vicki Olds** and **Art Ewart**, as they lay out plans to update the web site (details also in this issue of Trails).

I'll also be working to inform other web sites about CAC. Think of me as a town crier, visiting other virtual hamlets and shouting about the club, and the benefits of membership. And you can help!

One of the easiest things that you can do is to join the CAC Friends page on Facebook. Just by driving up the number of people who "follow" the page, you're making us more visible and more relevant. More importantly, you can say "hi" to other club members, set up invitations and post pictures from your adventures. *YOU* are the best advertising for encouraging others to join the California Alpine Club, so let's hear your voice! <https://www.facebook.com/groups/102003342589/>

I'll also be looking for web sites that have outdated or incorrect info about CAC. For instance, Yelp had us listed as a business, but marked as closed! That's been updated. If you'd like, you can visit the page and give the club a positive review:

<http://www.yelp.com/biz/california-alpine-club-mill-valley>

If you see other web sites that need correcting, please feel free to contact me directly. The best way to do that is to join the Facebook page and write a public message to me saying "Hey Adam, here's a site that needs correcting."

If you want to contact me privately, or you have questions, or you'd like some basic help in getting started with Facebook, please feel free to reach me at: Adam Wisnewski, C: 408-515-5820, E: awiz1@yahoo.com.

— Adam Wisnewski

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

Sunday September 4	9:30 AM	Leaderless		2B
Sunday September 11	9:30 AM	Melanie Facen	415-492-0470	2B
Sunday September 18	9:30 AM	Jennie Bruyn	415-456-1877	2B
Sunday September 25	9:30 AM	Carol Bodtker	415-884-0850	2B
Sunday October 2	9:30 AM	Anne Good	510-526-6792	2B
Sunday October 9	9:30 AM	Hardy Dawainis	415-461-4431	2B
Sunday October 16	9:30 AM	Bob Freinkel	415-608-7938	2B
Sunday October 23	9:30 AM	Jock MacDonald	415-381-2870	2B
Sunday October 30	9:30 AM	Pascale Leroy	415-661-8909	2B
Sunday November 6	9:30 AM	Open		2B
Sunday November 13	9:30 AM	Jordan Hermann	510-520-9782	2B
Sunday November 20	9:30 AM	Anne Good	510-526-6792	2B
Sunday November 27	9:30 AM	Pauline MacDonald	415-381-2870	2B

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

IMPORTANT! RAIN CANCELS

ALL SUNDAY 2B HIKEs BEGIN AT 9:30 AM (7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN).

ALTERNATE LEVELS OF SUNDAY HIKEs ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.

IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

CAC UPCOMING OUTINGS.

Oct. 1 (Saturday) Hardly Strictly Bluegrass Festival - Speedway Meadow in Golden Gate Park

This annual free music festival features artists from different genres like country, rock & roll, blues and blue grass on six different states in Golden Gate Park. Bring a picnic lunch and meet us at the Rooster Stage at the Marx Meadow in front of the First Aid Station at 11:30. There are also vendors on site for food and drinks. No tickets required. Closer to the event, the full schedule will be published on line. For public transportation contact www.511.org. We'll walk to the other stages to hear our favorite artists perform. The festival goes until 7:00 PM but come and goes as you please. Closer to the event, we'll exchange cell phone numbers to stay in touch. Contact cbpostme@gmail.com.

— Carol Bodtker, Outings Chair

ALPINE LODGE SUNDAY INNKEEPERS

September 2011

04	Open	
11	Susan Head	415 331 2598
18	Jeanne and Stuart Bacon	415 924 2712
25	Sally Hernandez	707 763 8213

October 2011

02	John and Lin Magiante	650 697 7403
09	open	
16	Anne Allio	650 583 1543
23	Onnie Taylor	415 648 6380
30	Open	

— Selma Bomfim, Innkeeper Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ALPINE LODGE EVENTS

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.

The ALPINE EVENT CALENDAR is no longer Viewable on the website calalpineclub.org due to technical difficulties.

To Schedule an Event: For a private member event or a Club function, please leave a message with your request, name, email, and phone number at alpinelodge1@yahoo.com or call 415-381-4975. A volunteer will contact you and assist you in booking the event.

SEP 1 THUR **WORK PARTY (essential)**
Contact Eva Libien 415-383-5184 or elibien@yahoo.com

SEP 9-10 PRIVATE EVENT
Alice Ricks FRI 5 PM to SAT 5 PM

SEP 17 SAT **BOARD MEETING**
2PM

SEP 20 TUES **PRIVATE EVENT**
3 PM TO SEP 21 WED 4 PM
Bromley's

SEP 23 FRI **COAST WALK**

SEP 29 – OCT 1 THUR-SAT **PRIVATE EVENT**
Member Wedding

OCT 6 THUR **WORK PARTY**
Jim Ballou 415-844-0878
Jrball3212@gmail.com

OCT 15 SAT PRIVATE EVENT
Cheryl Deaner

OCT 16 SUN **BOARD 2PM.**
QUARTERLY 3 PM AND
HAPPY HOUR AFTER MEETING

OCT 21-22 FRI-SAT **FALL HOST TRAINING**
For reservations please contact Hardy Dawainis
415-461-4431 hdawainis@comcast.net
or any Alpine Lodge Trustee

OCT 23 SUN **WORK PARTY**
Coordinator: Jim Nixon 9am-2pm
650-756-7771 or jimnixon2000@yahoo.com
Lunch served. Overnight possible

OCT 23-28 SUN 4PM – SAT **SIERRA CLUB**

OCT 29 SAT **HALLOWEEN PARTY SUE KARP**

NOV 1-2 TUES-WED **CAL WASTE**
MANAGEMENT

NOV 3 THUR **WORK PARTY**
Coordinator: Jim Ballou 9am-3pm
jrball321@gmail.com
Lunch served. Overnight possible

NOV 5 SAT **CAC FOUNDATION DINNER**

Watch for updates in future issues of TRAILS!

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.



IMPORTANT ALPINE LODGE WORK PARTY

This is an essential work party, as every year we have to get the Alpine Lodge ready for the winter weather. The big hall windows on the west side of the Lodge get pummeled by the wind and need to be repainted. We need some good hearted and hearty members to do the job. Of course, a delicious lunch will be served. Please let Eva know you are volunteering for this important and satisfying endeavor.

As usual for all work parties, the fun starts at 9am and runs to 3pm. We look forward to seeing you at one or more of the parties.

September 1 Thursday
Coordinator: Eva Libien
415-383-5184 or elibien@yahoo.com

— Eva Libien

ALPINE LODGE HOST TRAINING October 21 and 22

As we are getting closer to our 100 year anniversary, I am sure we are all very much aware that WE are now the custodians of these buildings and it is now our time to keep, preserve and hopefully improve the property. A good way to do this is to become a Trained Host. Our Host Training is not only designed for members who are planning to host an event, book the Lodge for a private event or a spontaneous overnight, but also for any members who are interested and would like to help in the day-to-day workings of the Lodge.

We will meet on Friday afternoon to share some information about our Lodge followed by a social get-together before and after dinner. Please plan to stay overnight as we have an early breakfast on Saturday followed by familiarizing ourselves with the physical infrastructure of the buildings and learning how to plan and execute a successful event. We are usually finished around 3:30 or 4:00pm. The club will provide you with three delicious meals and a copy of our Alpine Lodge Hosting Manual. A donation of \$25 (\$35 per couple) is requested.

For Reservations, please contact:
Hardy Dawainis
Phone: 415-461-4431
E-mail: hdawainis@comcast.net.
Or any of our Alpine Lodge Trustees

— Hardy Dawainis

CAC WEBSITE V2.0: QUOTES, PHOTOS, ORGANIZERS WANTED!

Planning for the CAC Website Redesign Committee's "Website Version 2.0" project is well underway. With your help the new website will be a dynamic reflection of our club and community! Please visit http://www.studioreflex.com/our_stuff/7820_cac/ for details.

Your ideas and photos will flesh out the content of each web page. Your experience with our club is all you need, and most of the content (information, facts) is already on the existing website--it just needs some reorganization and attention to details. Here's what we're looking for:

1) Member Quotes!

In one sentence, or two, describe what you love, or what is special, about the California Alpine Club!

2) Photographs!

We hope to have one or more photographs on every web page, showing CAC members having fun! We're especially looking to feature some beautiful interior and exterior shots of Alpine Lodge.

3) Section Editors!

Someone needs to take charge of gathering information and photos for each page/section for submission to the committee. Pick a section and we will work with you to get it done.

HOW TO SUBMIT

Member Quotes: With "MEMBER QUOTES" in the subject line, please send via email to the Website Editors; include your byline (how you would like your name to appear if we choose to include bylines).

Photographic Images: Get permission from "face recognizable" people in the image to publish their photo. Send photographs uncropped, as .jpg attachments to an e-mail message with the words "CAC IMAGES" in the subject line to Vicki Olds <production@studioreflex.com>. Please state clearly the names of any face-recognizable people in the image, the date and place of the event, and a title, if applicable.

Section Editors: Please send a message to the Website 2.0 Editors expressing your interest in a particular section, or sections! Editors shall be assigned on a first-come-first-serve basis.

Website 2.0 Editors: Art Ewart artewart@gmail.com, Jim Nixon jimnixon2000@yahoo.com, Vicki Olds production@studioreflex.com.

Questions: please contact Vicki Olds at 415-221-2830, anytime. We look forward to hearing from you soon!

— Vicki Olds, Website v2.0 Editorial Team

ALPINE LODGE WORK PARTY Thursday, June 30, 2011

June 30th was a clear and balmy day at Alpine Lodge. We had 20 enthusiastic volunteers ready and willing to do whatever chores were needed to be tackled. The gardening crew, consisting of **Anne Good**, **Don Rice**, and **Donna**, weeded and trimmed the garden. They were prepared for an overgrown garden but were surprised to find that it was neat and tidy due to **Bill Pung** and **Dennis Zeibell's** tender loving care. **Karen Rafton** was a busy bee dusting and cleaning the living room. She also swept and mopped the social hall. **Renee Powers** enjoyed herself by sweeping and mopping as many bare floors that she could find. **Dolores Welsh** took great pains scrubbing the bathrooms. **Bonnie Herzog** strengthened her upper arms washing and cleaning windows.

Jean Rodgers was up to her elbows in grease, cleaning the stove. Soon to be member, **Alice Cato**, vacuumed and dusted bedrooms. **Pauline MacDonald**, **Kathleen Hon** and **Karen Rafton** decorated the lodge for the upcoming July 4th celebration. **Dan Dippery** scrubbed and polished the barbeque, readying it for the event. **Kathleen Hon** and **Anita Dippery** helped **Nuala Caulfield** and **Eva Libien** prepare the hearty lunch. **Hardy Dawainis**, **Hans Schilling**, prospective member **Marcus Cato**, **Jock MacDonald** and **Ben Heldens** filled in soil around the septic tanks and spread wood chips to beautify the area. **Arnold Champagne** worked on the doors and doorjams to have them open and close more smoothly. **Jock MacDonald** was able to repair several of the vacuum cleaners that were thought to have succumbed to exhaustion. All in all, we had a very successful day.


— Eva Libien, Work Party Coordinator

AUGUST 4 WORK PARTY

Fourteen club members and one prospective member attended the Thursday, August 4 Work Party. Their hard work, both inside and outside, left the lodge and garden in a high state of readiness for upcoming events. A few spontaneous overnights were at the lodge as the Work Party ended and were the first to enjoy the lodge's sparkling windows, dust-free and tidy living room, newly cleaned and organized kitchen and pantry shelves, and inviting upstairs rooms.

Outside, **Sue Karp**, had prepped and painted a number of Social Hall windows. The front porch and deck were swept by **Jordan Hermann** and **Susan Head**, while **Becky Sandman** and **Joe Fay** attacked the wood pile and chips. **Nicole Roche** and **Hardy Dwainis** prepared lunch, topped by an especially delicious dessert! Thanks to all who participated, including the volunteers un-named above such as: **Liann Finnerty**, **Dan Long**, **Carol Weisker**, **Judy Sibley**, **Jim Ballou**, and **Mary Jane** and **Paul McKown**.

— Jean Rodgers



In Memoriam

Irene Dunn, who has spent many enjoyable hours as a guest at Alpine Lodge, contacted me to notify me of the death of one of our members. Avonia (Vonnie) Eleanor Reed died at the age of 87 on June 26th.

— Mae Harms

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone Cindy Toran at 707-321-3262 until 9:30pm or e-mail to toranski@aol.com.
Echo Lodge Telephone
530-659-7274

Winter Hosts: It is prime time to plan your Winter/Spring 2012 host events at Echo Lodge. Private Events are also available mid-week

Jan-Mar and any days Apr-Jun as well as October 1-December 19th, excluding Thanksgiving week. Give me a call or send an e-mail to let me know your preferred times. I will do my best to accommodate your requests. Also, our next Host Appreciation and Training session is October 28-30. If you need to renew your training, as required every 3 years, or would like to become a trained host, please contact me.

All CAC Members: We have a LOT of work to do at the Fall Work Party to get the lodge ready for the coming snow season. The festivities start on Thursday, Sept. 22nd, and end on Sunday, the 25th. We could sure use your help and it will be a lot of fun! Contact Trustee Tom Coleman at 415-531-4650 or travmcgee@comcast.net

Sincerely,
Cindy

For the date of the next **Echo Lodge Trustees' Meeting**, contact Cindy Toran at 707-321-3262.

Problems or Concerns about Echo Summit Lodge? Contact Cindy Toran at 707-321-3262 or toranski@aol.com. Discussions will be kept confidential.

Echo Summit Lodge Summer/Fall Schedule:

SEP 1-6 THUR-TUES LABOR DAY WKEND / COOP MEALS

Tony Smith 650-207-1619
2345 Tice Creek Dr #4, Walnut Creek, CA 94595
joanne-tony@sbcbglobal.net

SEP 6-9 TUES-FRI COOP MEALS & HIKING

Carol Bodtker 415-884-0850
23 Ashland Dr, Novato, CA 94949
cbpostme@gmail.com

SEP 9-11 FRI-SUN PRIVATE EVENT

Phyllis Cole & Lee Yamada 831-438-5749

SEP 16-18 FRI-SUN PRIVATE EVENT

Kathy Kinkela 707-539-0164

SEP 22-25 THURS-SUN FALL FUN & WORK PARTY

Reservations: Tom Coleman 707-992-0650
travmcgee@comcast.net

SEP 30-OCT 2 FRI-SUN PRIVATE EVENT

Christine Piccin 707-535-0544

OCT 7-9 FRI-SUN PRIVATE EVENT

Chris Bekins 707-874-2556

OCT 9-16 SUN-SUN FALL COLOR HIKES

Lin Mangiante & Barbara Crockett 650-697-7403
424 Hazel Ave, Millbrae, CA 94030
foxtails@pacbell.net

OCT 19-23 WED-SUN PRIVATE EVENT

Mary Larkin & Stefan Berlinski 831-325-6215

OCT 28-30 FRI-SUN FALL HOST TRAINING

Reservations: Cindy Toran 707-321-3262
toranski@aol.com

NOV 4-6 FRI-SUN CHEF'S WKND - FULL

Reservations: Richard Thornton 925-287-0764
913 Reddington Ct, Walnut Creek, CA 94596
richard@thorntonpartners.us

NOV 12-13 SAT-SUN PRIVATE EVENT

Becky Sandman & Joe Faye 415-531-3450

NOV 22-28 TUES-MON ARTISANAL THANKSGIVING

Summit activities, music & song, and homemade delights! Bring a favorite dish to share so that no one leaves the table without dessert, nor the weekend without leftovers!
Vicki Olds & Tim Seeley 415-221-2830
534 6th Avenue, San Francisco, CA 94118
production@studiorflex.com

Watch for updates in future issues of TRAILS!

Chipmunk near Echo Lodge



Golden Mantle Squirrel near Echo Lodge



FALL WORK PARTY AT ECHO SUMMIT LODGE

Our yearly Echo Summit Lodge Fall Work Party is coming up here pretty quick; Sept 22-25, Thursday until Sunday. **Jim Nixon** has bowed out this year; apparently he and his wife **Jan** have an appointment in Africa for a few weeks at that time!! **Kurt Eichstaedt** and I will be running the work party (I emphasize the 'party' portion of that term). I've been up to Echo recently, and have noticed that there is a LOT of work that needs to be done. In particular, we need skilled folks for plumbing and carpentry jobs. Any help that you, my fellow CAC members, are able to provide, would be much appreciated. Heck, we'll even teach you carpentry and plumbing!

So sign up now before the rush, and prepare yourself for the best weekend of the year! E-mail me at travmcgee@comcast.net. All the trustees of Echo Lodge appreciate your spirit of volunteerism!

— Tom Coleman, Trustee



Marmot on Eagle Falls Trail

Address Service Requested

GOOD OLD DAYS FROM TRAILS, JANUARY 1934 BY HARRY HERTENSTEIN

The Loma Alto-Sleepy Hollow trip drew a good crowd, being scheduled in a locality not often visited. A cold breeze drove us to find a secluded spot where lunch was eaten. Later, the breeze abated, and AFTER THE QUARTERLY MEETING was held, we divided into two groups---those who desired a longer trip taking to the "higher-hills" while the others descended to Sleepy Hollow, where the refreshments in the form of fresh milk were had at the dairy. Thence to Pastori's station and home.

— Verna West, Historian



Hikers on Mt. Tamalpais along the railway

TRAILS NEWSLETTER ALERT

Please send articles for the October issue of TRAILS to editor, **Mae Harms**, at maeharms@mindspring.com. Mae should receive articles for the October 2011 issue no later than September 5th.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS.

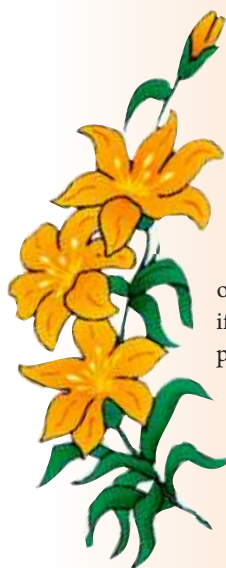
For photographs in other formats, contact the editor.

IMPORTANT! An editor is needed for the November Trials. Please contact Publications Chair Mae Harms at 530.333.1058 or maeharms@mindspring.com if you are willing to be the editor for November or want to discuss it first before you volunteer.

Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact me Mae Harms at maeharms@mindspring.com.

CAC members appreciate the work of Helena Troy who has been our Publication Chair and continues as a member of the committee. Thank you, Helena.

— Mae Harms, Publications





TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 87

October 2011

No. 8

ALPINE GARDEN

For CAC Members and visitors to 730 Panoramic Highway there are two spectacular panoramic views: first to the West, the hills and vales all the way to the Pacific Ocean. Turning to the East and looking down over the slope behind Alpine Lodge, our eyes wash over a scene that an impressionist painter would have loved. Lavender cosmos from the seeds saved by **Donna Rice** and a lush field of blue forget-me-knots. Everybody loves the white daisy bush and naked ladies, plants of course, donated by **Renee Powers**. A rock wall runs along the path to the Tam Building put there by the many hours of the hard labor of **Bill Pung**, **Dennis Ziebell** and **Jamie Watson** who helped with the initial preparation. Bucolic, yes, an overused word, but absolutely the most perfect word to describe this view.

About three years ago the Alpine Lodge Garden Committee was formed including members **Ruth Tretbar**, **Don** and **Donna Rice**, **Dennis Ziebell** and **Bill Pung**. Although the aesthetic values of the garden were important aspects, equally important were the functional purposes it was planned to fulfill.

A butterfly garden of lavender, butterfly bush, yarrow, purple salvia, and trailing purple lantana was begun to provide habitat for the endangered Mission Blue Butterfly.

On the downhill side of the path, lantana bushes mark the entrance to the Tam Building and native grasses were planted to protect the slope from erosion.

The CAC Board had voted to promote conservation values in the way the lodge was used and cared for. A composting system was established and has been maintained to recycle the left over vegetable scraps from food preparation which results, after a period of time, to provide rich mulch to enhance the soil.

The garden is alive and fragile. It has suffered several disruptive events. First new gas and water pipes needed to be laid from the front of the property to the Tam Building causing many plants to be destroyed and soil to become unstable. The new wall was put in to support the hillside where soil had become unstable and was creeping onto the pathway. Salvaged and new plants again covered the diggings over the new pipes. Normalcy was returning, when the slope became unstable,



Photo by Dennis Ziebell

resulting in the deck slumping. Many plants succumbed to the traffic as a result the deck repair work. The deck has now been finished and the area looks better than ever with new woodchips and yellow and blue Lupines planted on the hillside above the stone wall.

Everyone who has ever gardened knows that the work in a garden is always an ongoing project. The Garden Committee, aided by volunteers who have donated plants and hundreds of hours of labor, continue to make plans and accommodate unexpected happening to the garden. **Ed Del Monte**, **Eddie Nelson** and **Ann Meneguzzi** have donated many plants. Bill Pung has dug many holes to establish them in our garden. More plants are needed to help hold the steep and shifting slope in place. The Garden Committee can benefit from your contributions of plants, labor and cash and becoming a member of the Garden Committee. Please contact one of them to let them know how you can help or just join in at a work party when there is always garden maintenance work to do.

Our beloved Donna has passed away, but every year her beautiful cosmos will grace the Alpine Lodge gardens in her memory.

— **Dennis Ziebell and Mae Harms**

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Jim Nixon	650-756-7771	jimnixon2000@yahoo.com
Vice President	VACANT		
Secretary	Anne Good	510-526-6792	ahgood@sbcglobal.net
Treasurer	Bill Mayers	415-785-3516	whmayers@aol.com
Registrar	Stefan Berlinski	831-325-6215	alpineregistrar@att.net

Board of Directors:	Arthur Ewart	707-481-2432	artewart@gmail.com
	Graham Forder	415-827-4748	gjfo99@yahoo.com
	Ruth Tretbar	510-836-0108	rtretbar@yahoo.com
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	John Hannum	707-525-8108	JRHannum@sbcglobal.net
Past President '08	Robert Piper	510-848-4134	piperrr@alum.mit.edu

Committee Chairpersons:

Conservation	VACANT		
Education	VACANT		
Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Sarah Dove	707-528-7289	sarah.dove@sonoma.edu
Outings	Carol Bodtker	415-884-0850	cbpostme@gmail.com
Parliamentarian	VACANT		
Publications	Mae Harms	530-333-1058	maeharms@mindspring.com
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Social Activities	VACANT		
Youth Activities	VACANT		

Alpine Lodge Trustees:

Alpine Chair	Jean Rodgers '13	415-435-9383	jrodg1218@aol.com
Treasurer	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Tony Smith '11	925-933-2403	joanne-tony@sbcglobal.net
	Jim Ballou	415-844-0878	irball321@gmail.com

Alpine Lodge Support:

Alpine Accountant	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Tony Smith	650-207-1619	alpinelodge1@yahoo.com
Alpine Accommodations	Reservations	415-381-4975	alpinelodge1@yahoo.com

CAC Committee Coordinators For Alpine Lodge:

Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Hike Coordinator	Pauline MacDonald	415-381-2870	luddite48@comcast.net

Echo Summit Lodge Trustees:

Echo Chair	Cindy Toran '13	707-321-3262	toranski@aol.com
	Tom Coleman '14	707-992-0650	travmcgee@comcast.net
	Edie Nelson '14	831-423-5576	edieforsyth@hotmail.com
	Kurt Eichstaedt '12	707-591-3391	kurteichstaedt@yahoo.com
Treasurer	Ray Sommer '12	415-472-1229	raysommer3666@comcast.net

CAC Foundation Directors

CACF President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Mae Harms	530-333-1058	maeharms@mindspring.com
	David Solbach	415-563-1170	dsolbach@gmail.com
	Reuven Segev	415-479-7682	reuven.segev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Anita Cabrera, Michael Larsen, Tom Mahood, Vicki Olds, Susan Patrick, Dan Schoenholz, Bob Sturm and Helena Troy.

Contributors this issue: Selma Bomfim, Nuala Caulfield, Mae Harms, Jordan Herrmann, Sue Karp, David Maier, Pauline McDonald, Jim Nixon, Cindy Toren, Ruth Tretbar, Verna West, Arlin Wisniewski, and Dennis Ziebell.

Correspondence: Please address correspondence concerning this publication to:

Jim Nixon, 50 Seacrest Court, Daly City, CA 94015.

CAC Website: <http://calalpineclub.org>

President's Message

Hello,

Random Thoughts:

I am very interested in what the California Alpine Club means to you? For me it is our members and the sense of being part of something not any individual could create. I would not have met most of you were it not for the club and its events. Thank you, **Lillian**



Young, for introducing Jan and me to the club. People we met 12 years ago are still good friends along with their children whom we've had the good fortune of seeing mature into caring people just like their parents. The same is true for those of you who we've met since. I fondly remember numerous hikes through picturesque fields of mountain flowers and lakes so stunning I wanted to jump in but didn't. I am sure you too have such memories. Our six-year-old grandson Diego has been going to Echo Lodge since he was nine months old. What will his memories be when he reaches your age? If you would like to share your thoughts with me and other club members please send an email to jimnixon2000@yahoo.com. As space permits, I will include your comments in future Trails.

I think you might agree that communication among and between members should be uncomplicated. To that end Vicki Olds and Adam Wisniewski along with Art Ewart and others are in the process of updating our website and in search of ways to increase usage of our Facebook page. Check it out <https://www.facebook.com/groups/102003342589/>.

Please also share your ideas on what the club should do to celebrate our 100th anniversary. I have heard suggestions for having small events at Alpine and Echo Lodges to large events at rented venues or a big pot luck picnic(s) for all to attend. What are your ideas? I definitely would like to have at least one event, accessible to all, affordable and FUN. Will there be a 200th anniversary?

Finally, let me know your thoughts on how best to involve families with young children in activities at either lodge. I know there are members at Echo who host weekends/weeks with themes for children. There have been similar events at Alpine.

Thank you,
— Jim Nixon

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Stefan Berlinski at Alpineregistrar@att.net. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

Membership Report

New Members - September

No new members

— Sarah Dove, Membership Chair

Farewell to A Past Member

An Alpine Club member of old recently passed away. Jerry Hymanson died peacefully at his home in Marin County. He had belonged to the Alpine Club for many years. He was instrumental in getting the deck built and donated generously to ensure that the deck came to fruition. You would often see him on the trails with his faithful dog, Valentine. Ben Heldens, a stalwart of the club, who had hiked with him for years, was informed of his death and notified the club.

In Remembrance of Donna Rice...

In July we lost a CAC Member, Donna Rice, whom so many of us knew and loved. We have participated with her in CAC activities and events. As we have noted in our cover page article, she was very instrumental in planning and implementing the lovely garden that now grows between Alpine Lodge and the Tam Building. The cosmos that were so precious to her come from the seeds she saved each year and planted each spring. We will carry this tradition on for her. Many of us have hosted with her and Don in many events and big dinners in the social hall. We have hiked with her on the trails and served with on the CAC Board and as a lodge Trustee. She was always willing to step up and help.

Her courage when accidents and setbacks befell her was amazing. A memorial was held for her at Alpine Lodge on August 28th with overflow group of family, CAC members and guests.

Our condolences go out to Don and her family and of course to all of us who miss her, too. We will treasure our memories of her and enjoy her lovely cosmos in our Alpine Garden.

— Mae Harms

Board of Directors & Quarterly Membership Meetings

SUNDAY, OCTOBER 16, 2011 Board of Directors Meeting, 2pm
Quarterly Membership Meeting, 3pm

SATURDAY, NOVEMBER 19, 2011 Board of Directors Meeting, 2pm

DECEMBER 2011 – No Board or Membership Meetings

If you have any questions or wish to have an item on the agenda, contact **Jim Nixon** at jimnixon2000@yahoo.com or call 650-756-7771. Members are welcome at Board meetings.

— Jim Nixon

MEETING DATE CHANGED

The Board and Quarterly Meeting originally scheduled for January 15, 2012 have been rescheduled to Sunday, January 22. The change was made to avoid conflicts with the Martin Luther King, Jr., Federal Holiday.



FOUNDATION GRANTS GRATEFULLY RECEIVED

This year 11 organizations received grants from the CAC foundation, eight in the Bay Area and three at Tahoe. Here are some of the comments we received from these groups:

"Over the past three years, you have provided funds to help us purchase sleeping bags, backpacks, day packs and water bottles. Your consistent support has allowed us to assemble a loaner cache of high quality durable gear and equipment. Our program participants are safer and more comfortable on their expeditions and adventures because of your foundation."

- Point Reyes National Seashore Association

"We at Slide Ranch are very grateful to the CAC Foundation for your generous grant to pay for a field trip for 25 students. Slide Ranch provides an inspiring space for young people to open their senses and minds and explore the tremendous biodiversity of the Bay Area. We are very grateful for your steady support. It is very encouraging - thank you!"

- Slide Ranch, Muir Beach

"Thank you so much for your generous grant for our native plant nursery. Our staff of volunteers under the guidance of a native plant professional is growing 122 species of plants native to San Bruno Mountain. We intend to use your donation to complete our irrigation system."

- San Bruno Mountain Watch

"We have received your grant and are immediately putting it to work repairing and maintaining the Pacific Crest National Scenic Trail. Keeping all 2,650 miles of the trail on top shape is a big job."

- Pacific Crest Trail Association

—Arlin Weinberger

ALPINE HIKE LEADER SCHEDULE

OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

Sunday October 2	9:30 AM	Anne Good	510-526-6792	2B
Sunday October 9	9:30 AM	Hardy Dawainis	415-461-4431	2B
Sunday October 16	9:30 AM	Bob Freinkel	415-608-7938	2B
Sunday October 23	9:30 AM	Jock MacDonald	415-381-2870	2B
Sunday October 30	9:30 AM	Jordan's Halloween Hike	510-520-9782	2B
Sunday November 6	9:30 AM	Howard Ortman	415-456-5912	2B
Sunday November 13	9:30 AM	Pascale Leroy	415-661-8909	2B
Sunday November 20	9:30 AM	Anne Good	510-526-6792	2B
Sunday November 27	9:30 AM	Pauline MacDonald	415-381-2870	2B
Sunday December 4	9:30 AM	Erik Bodtker	415-884-0850	2B
Sunday December 11	9:30 AM	Bill Mayers	415-785-3516	2B+
Sunday December 18	9:30 AM	Karl Baeck	415-459-6370	2B
Sunday December 25	9:30 AM	Leaderless		2B
Sunday December 31	9:30 AM	Jordan Hermann with MTIA	510-520-9782	
Sunday January 1	9:30 AM	New Year's Day Champagne Hike		2B

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

IMPORTANT! RAIN CANCELS

ALL SUNDAY 2B HIKE DEPART FROM THE ALPINE CLUB AT 9:30 AM SHARP. SUNDAY 2B HIKE ARE 7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN.

ALTERNATE LEVELS OF SUNDAY HIKE ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.

IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

QUARTERLY DINNER AT ALPINE LODGE

Sunday October 16, 2011

Mark your calendars and get your reservations in soon! **Maureen Smith** is preparing a delicious lemon chicken to enjoy after our quarterly membership meeting on Sunday, October 16, 2011. BYOB or enjoy our donation refreshment table. Happy Hour starts when the membership meeting is over and dinner is at 6pm.

The BoD will be announcing whether or not the Club will need to increase our dues. Some CAC operational items like Trails and insurance do increase from year to year. Trails costs are going down as more and more people elect to receive the electronic version of Trails only. If you want to join this cost-conscious group, send a note to our registrar, **Stefan Berlinski**, at alpineregistrar@att.net. The Finance Committee will also be reporting on our professional Financial Review done by our tax accountant, Virginia Anderson. The BoD will report on actions taken as a result of her recommendations. Expect to hear an update on the web site improvements. BoD meeting is at 2pm, quarterly membership meeting is at 3pm. All are welcome at both meetings.

For the dinner, **Maureen** has **Ken Judy** to help with the cooking, but we can use help with the normal volunteer assignments – bringing appetizers, setting tables, some decorations, name tags and place cards, table setup/ take-down, cleanup crew (we will have a dishwasher), coffee makers, serving, etc. We need someone to be responsible for the overnight guests and prepare breakfast the next morning. If you want to volunteer for one of these fun tasks, contact **Carroll Pearson** at pearsoncmp@aol.com or 408-736-9403.

We are limiting the group to 40 or 50 people, so get your reservations early. Cost: \$22, Overnight: \$21/\$26 Members/Guests, Monday Breakfast: \$5 For Reservations, contact Ruth Tretbar at rtretbar@yahoo.com or call 510-836-0108, and send your check made out to Ruth Tretbar at 320 Lee St Apt 801, Oakland CA 94610-4320.

— Carroll Pearson

ALPINE LODGE

SUNDAY INNKEEPERS

OCTOBER

02	John and Lin Magiante	650-697-7403
09	Open	
16	Ann Allio	650-583-1543
23	Onnie Taylor	415-648-6380
30	Open	

NOVEMBER

06	Open
13	Open
20	Open
27	Open

DECEMBER

04	Open
11	Open
18	Open
25	Open

— Selma Bomfim, Innkeeper Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ALPINE LODGE EVENTS

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.

View the up-to-date Alpine Event Calendar: Go to <http://calalpineclub.org> under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.

To Schedule an Event: For a private member event or a Club function, please leave a message with your request, name, email, and phone number at alpinelodge1@yahoo.com or call 415-381-4975. A volunteer will contact you and assist you in booking the event.

OCT 2 SAT

PRIVATE EVENT

OCT 6 THUR

Jim Ballou
Jrball3212@gmail.com

WORK PARTY

415-844-0878

OCT 23-16 SUN-FRI

PRIVATE SIERRA CLUB

OCT 15 SAT

PRIVATE EVENT

OCT 16 SUN

**BOARD 2PM.
QUARTERLY 3 PM AND
HAPPY HOUR AFTER MEETING**

See article on page 4.

OCT 21-22 FRI-SAT

FALL HOST TRAINING

For reservations please contact Hardy Dawainis at 415-461-4431 or hdwainis@comcast.net or any Alpine Lodge Trustee.

OCT 23 SUN

Coordinator: Jim Nixon
650-756-7771 or jimnixon2000@yahoo.com

OCT 23-28 SUN 4PM - SAT

SIERRA CLUB

OCT 29 SAT

Sue Karp. SEE PAGE 6 FOR PARTY DETAILS.

HALLOWEEN PARTY

NOV 3 THUR

Coordinator: Jim Ballou
jrball321@gmail.com
Lunch served. Overnight possible.

WORK PARTY

9am-3pm

NOV SAT 19

BOARD 2PM

Watch for updates in future issues of TRAILS!

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.



Historian's Corner

From April 1936 Trails, Walter Newman, Editor HAY RIDE

Hey, hey, hey! Meet our new officers on the Hay Ride Saturday, May 16th. Trucks will meet the train at Mill Valley. Take the 6:45 p.m. Sausalito Ferry and drop all your cares overboard just as the boat passes Alcatraz Island. Bring your musical instruments (for definition of musical instrument let your conscience be your guide) and practice on the train. If trainmen do not throw you off the train, board the "hay wagons" at Mill Valley and LET YOURSELF GO.

It could not be determined just what route the ride will follow, but Emmy is not unromantic. It was learned, however, that the ride would end at Alpine Lodge where Bill Halliday will produce some of his celebrated light refreshments. A Barn Dance here will continue until dawn, if necessary. Barn Dancing this season is informal, so leave your top hats, boiled shirts and hobnails home. Wear your hiking clothes but bring shoes that you can dance in.

Reservations for this party are to be limited to the number the Lodge can accommodate. Tickets include lodging and breakfast. Contact Bill Halliday, 37 Powell Street.

— Verna West,
Historian



1914 CAC members campfire at Willow Camp. H. P. West on right.

ALPINE LODGE WORK PARTY September 1, 2011

The weather was 'iffy' as I drove over the Golden Gate Bridge towards Mt. Tamalpais on Thursday morning, but the sun was shining at Alpine Lodge. **Jim Ballou**, our coordinator, and **Karl Baeck** were there when I arrived, and it wasn't long before we were joined by **Sally Hernandez**, **Anne Good** and **Ruth Tretbar**. Next, **Jean Rodgers** arrived with supplies for lunch, followed by **Eva Libien** and **Don Rice**.

We then dispersed to various areas and tasks. Windows were re-puttied, garden growth controlled, the Lodge vacuumed and polished inside, cleaned and swept outside, and the knob returned to the porch door. The Tam Building was aired, windows cleaned and floors swept.

After all this activity we sat down to a delicious lunch prepared by Jean. Sitting out on the deck, in beautiful surroundings with wonderful friends, together with the satisfaction of having done a good job, is hard to beat.

— Nuala Caulfield

HANSON'S AUGUST PACK TRIP TO THE MAMMOTH MOUNTAIN AREA

Bob has a long history of setting up and guiding trips of this nature. He does all the planning, acquisitions and cooking, as well as participating on all the day hikes, and campfire story telling. **Carlos Miranda** assisted him this trip and did an excellent job of keeping folks on the trail, and making sure Bob wasn't licking his fingers as he turned the flapjacks in the morning.

We did about five and a half miles each way to get in and out, and about 2000 feet of elevation gain, as well as day hikes to the varied lakes surrounding our camp, each day. The area is noted for views of the Minarets, and Devils Post Pile, a unique rock formation. There were late snows this year, and the area was lush and green, fording creeks was challenging and fun, and the wild flowers were still out. In addition of course, since we needed to camp close to water there were plenty of mosquitoes around.

Below is a URL for my Youtube edition of the trip, and in the evening campfire shots, what look like bats flying by the lens are really close formation mosquitoes.

Segment I <http://www.youtube.com/watch?v=NnmCCLZyEUG>

Segment II <http://www.youtube.com/watch?v=2TOBJKBfna8>

The following participants enjoyed the exersize: **Bob Hanson** and **Carlos Miranda**, Leaders, **Val Nelson** and **Allen Utterback**, **Arnold Champagne**, **Becky Sandman** and **Joe Fay**, **Jill Denney**, **Gene Kendrick**, **Mary** and **Dave Maier**, **Laureen Novack** and **Jay Hallberg**, **Mary** and **Jim Hatfield** and their dog, Mattie, therapy dog extraordinaire!

— **Dave Maier**

CAC BASE CAMP TRIP NUMBER TWO: SABRINA LAKES BASIN August 15-19

Base Camp participants were fortunate this year. A second week was scheduled and no one was turned away. We were fortunate also because it was a great trip. The Sabrina Lakes Basin is spectacular, surrounded by steep peaks and filled with clear blue and green lakes and rushing streams and waterfalls. Hiking opportunities abound.

The trip was ably led by **Carlos Miranda**, who provided wonderful food and strong organization, and created a sense of camaraderie. He was assisted by **Ruth Tretbar**, who organized the daily hikes. **Karen** and **Jerry Wagner** provided music in the evenings. **Edie Nelson**, **Diane Friend**, and **Karen** prepared some dinners; **Bruce Friend** became our dishwasher; and everyone pitched in on food preparation and made those long trips to the stream for water. **Edie** brought a large screen tent which protected us from the mosquitoes each evening.

Strong hikers reached Hungry Packer and Sunset Lakes. Both are rockbound tarns just below the peaks. Reaching Sunset was a cross-country scramble. More moderate hikes were taken to Midnight, Baboon, and Donkey Lakes. Everyone found a hike to their liking.

Sabrina Basin campers were **Diane** and **Bruce Friend**, **Evelyn Hall**, **Edie Nelson**, **Vickie Olds**, **Nancy Piret**, **Jean Rodgers**, **Nancy Summers**, **Tom Swaine**, **Karen** and **Jerry Wagner**, and **Rica Wise**.

We missed **Bob Hanson**, who led the first week's trip, but everyone's good spirit made the trip a success.

— **Ruth Tretbar**



JOIN CAC MEMBERS AND FRIENDS FOR AN EVENING OF FUN AND FROLIC

The Event: A Halloween Gathering.

The Date: Saturday, October 29th.

The Attire: Scary masks, glamorous outfits, witches hats or just yourself.

We will begin this bewitching evening with a No-host bar at 5:00p, followed by dinner at 6:30p. The cost is \$16.00 per person for dinner and dessert. Bring your own beverage of choice for the dinner table.

A no-host overnight is available for those of you who wish to stay at the lodge (\$18 member, \$23 associate member). There is a 2B hike scheduled the following day.

To make this event a success, we need volunteers to bring appetizers for happy hour, set tables, help in the kitchen with dinner prep, table clearing, clean up and dishwashers. If anyone aspires to being chef for the evening, it would be greatly appreciated.

To volunteer, contact **Sue Karp** at 415-927-3221 or email: suekarp@prodigy.net. To secure a reservation, mail your check payable to Sue Karp, 115 Madrone Avenue, Larkspur 94939. Checks must be received by October 26th.

— **Sue Karp**



COME ALL YOU GHOULS & GOBLINS:

Stay over after the CAC Halloween Party the night before and wear your costume on the Sunday, October 30th, Second Annual, CAC Halloween Hike. (Here's a chance to scare back those pesky dogs being walked on the trails.) Plan is to meet the MTIA's Halloween Hike, at Mtn.Home Inn at 9:30 AM and scare each other; then go for a good hike; deep into the forest of course. Then all can recover/Trick or Treat, back on the deck and introduce the MTIA Ghouls and Goblins to Alpine Lodge.

— **Jordan Herrmann**

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone Cindy Toran at 707-321-3262 until 9:30pm or e-mail to toranski@aol.com.
Echo Lodge Telephone
530-659-7274

Winter Hosts: We need your help to keep Echo Lodge open for CAC members. Now is the time to plan your Winter/ Spring 2012 host events at Echo Lodge.

There is still lots of open time on the calendar, marked as **Available for Trained Hosts** in the schedule below. **We especially need hosts for the Christmas/New Year's holiday season, starting around December 20.** Private Events are also available mid-week Jan-Mar and any days Apr-Jun as well as October 1-December 20th, excluding Thanksgiving week. Give me a call or send an e-mail to let me know your preferred times. I will do my best to accommodate your requests. Also, our next **Host Appreciation & Training** session is October 28-30. If you need to renew your training, as required every 3 years, or would like to become a trained host, please contact me.

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be Monday, November 14, 5 PM, by teleconference. Contact Cindy Toran at 707-321-3262 if you would like to attend.

Problems or Concerns about Echo Summit Lodge? Contact Cindy Toran at 707-321-3262 or toranski@aol.com. Discussions will be kept confidential.

CAC FINANCIAL INFORMATION

I know that most financial information can be boring and dull; however, it is the backbone of how your Club leadership makes decisions on dues increases, amounts necessary for reserves, and the over-all financial health of the Club.

Recently, the Board of Directors, requested a formal Financial Review of the Club. Our tax accountant, Virginia Anderson, was engaged to undertake this review. The Finance Committee and the three treasurers were involved in collecting the data that Virginia used for the review. Her report has been submitted to the board. This information will be discussed at the October 16th quarterly membership meeting.

See Financial on pg 8

Echo Summit Lodge Fall/Winter Schedule:

SEP 30-OCT 2 FRI-SUN PRIVATE EVENT
Christine Piccin 707-535-0544

OCT 7-9 FRI-SUN PRIVATE EVENT
Chris Bekins 707-874-2556

OCT 9-16 SUN-SUN FALL COLOR HIKES
Lin Mangiante & Barbara Crockett 650-697-7403
424 Hazel Ave, Millbrae, CA 94030
foxtails@pacbell.net

OCT 19-23 WED-SUN PRIVATE EVENT
Mary Larkin & Stefan Berlinski 831-325-6215

OCT 28-30 FRI-SUN FALL HOST TRAINING
Reservations: Cindy Toran 707-321-3262
toranski@aol.com

NOV 4-6 FRI-SUN CHEF'S WKND - FULL
Reservations: Richard Thornton 925-287-0764
913 Reddington Ct, Walnut Creek, CA 94596
richard@thorntonpartners.us

NOV 18-20 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 415-531-4650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

NOV 22-28 TUES-MON ARTISANAL THANKSGIVING
Summit activities, music & song, and homemade delights! Bring a favorite dish to share so that no one leaves the table without dessert, nor the weekend without leftovers! Vicki Olds & Tim Seeley 415-221-2830
534 6th Avenue, San Francisco, CA 94118
production@studioreflex.com

DEC 1-31 AVAILABLE FOR TRAINED HOSTS

JAN 2-8 MON-SUN HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

JAN 8-12 SUN-THURS HOSTED EVENT
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

JAN 12-16 THURS-MON YOUNG FAMILIES SNOW WKND (COOP MEALS)
Joan Ryan & John O'Sullivan 415-564-8507
2625 23rd Ave, San Francisco, CA 94116
joanryan@mac.com

JAN 16-22 MON-SUN AVAILABLE FOR TRAINED HOSTS

JAN 22-27 SUN-FRI HOSTED EVENT
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

JAN 27-FEB 3 FRI-FRI AVAILABLE FOR TRAINED HOSTS

FEB 3-5 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 415-531-4650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

FEB 5-9 SUN-THURS HOSTED EVENT
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

FEB 9-13 THURS-MON HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

FEB 13-16 MON-THURS AVAILABLE FOR TRAINED HOSTS

FEB 16-20 THURS-MON YOUNG FAMILIES SNOW WKND (COOP MEALS)
Joan Ryan & John O'Sullivan 415-564-8507
2625 23rd Ave, San Francisco, CA 94116
joanryan@mac.com

FEB 20-24 MON-FRI AVAILABLE FOR TRAINED HOSTS

FEB 24-26 FRI-SUN HOSTED EVENT
Pam & Garry Greever 530-677-5616
3200 Red Rock Ln, Shingle Springs, CA 95682
pamgreever@yahoo.com

FEB 26-MAR 2 SUN-FRI AVAILABLE FOR TRAINED HOSTS

MAR 2-4 FRI-SUN HOSTED EVENT
Emily Lockett & Christine Piccin 707-576-0948
2927 Midway Dr, Santa Rosa, CA 95405
auntem@sonic.net

MAR 4-7 SUN-WED AVAILABLE FOR TRAINED HOSTS

MAR 7-11 WED-SUN HOSTED EVENT
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

MAR 11-23 AVAILABLE FOR TRAINED HOSTS

MAR 23-25 FRI-SUN HOSTED EVENT
Richard Thornton 925-287-0764
913 Reddington Ct, Walnut Creek, CA 94596
richard@thorntonpartners.us

MAR 25-30 SUN-FRI AVAILABLE FOR TRAINED HOSTS

MAR 30-APR 1 FRI-SUN HOSTED EVENT

Watch for updates in future issues of TRAILS!

TRAILS

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936

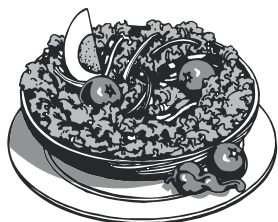
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SOUP & SALAD ON NEW YEAR'S DAY Sunday, January 1, 2012



Maureen Smith and **Bonnie Radest** are organizing Soup & Salad on New Year's Day 2012. After the traditional hike to the Top of Tam, we will all get together at Alpine Lodge for Happy Hour, followed by Soup & Salad. We need some people to bring appetizers for Happy Hour. You may bring your own wine, or you may make a donation to the club bar for a glass of wine. We need 8 pots of soup. We also need volunteers for set-up, and clean-up. The plan is to serve soup & salad after all the hikers have returned – probably about 3:30 p.m. If you can bring an appetizer, pot of soup, help out, and/or wish to attend, please contact Bonnie Radest and sign up. Email: bonhike@comcast.net or phone: 415-897-0227. Cost: \$10 for members; \$12 for guests. Please make your checks out to Bonnie Radest and send them to her at 30 Verissimo Drive, Novato, CA 94947.

— **Maureen Smith**

FINANCIALS, *cont from pg 7*

The Finance Committee recommends whether or not to increase the dues in October. This information will be at the quarterly meetings as well. If you want to comment on a potential dues increase or receive copies of documentation, please send a message to our Treasurer, Bill Mayers, at whmayers@aol.com.

— **Carroll Pearson, Finance Committee Chairperson**

TRAILS NEWSLETTER ALERT

Please send articles for the November issue of TRAILS to monthly editor, **Mae Harms**, maeharms@mindsprings.com. Mae should receive articles for the November 2011 issue no later than October 5th.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photo in TRAILS. For images in formats other than jpeg, contact the editor.

Our December/January TRAILS will be edited by Susan Patrick. Send all submissions by November 5th to susandpatrick@msn.com.

Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact **Mae Harms** at maeharms@mindspring.com.

— **Mae Harms, Publications Chair**



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 87

November 2011

No. 9

CELEBRATING THE HOLIDAYS AT ALPINE AND ECHO LODGES

CAC members are making plans for lots of celebrating at Alpine Lodge and Echo Lodges. At Alpine **Eva Libien** and **Tony Smith** are roasting a turkey and inviting you to join them with special dishes of your own to complement the meat for Thanksgiving Dinner.

On December 1 first along with the usual cleaning and maintaining, members will get out the decorations and the tree and create a festive atmosphere for the weeks ahead. The Holiday Dinner on December 10 will be cooked by **Ben Heldens**, assisted by Tony Smith.

If you have a young one in your family, don't miss Mary Frey's Children's Holiday Party on December 11. I wonder who will fill out our Santa suit this year. I have treasured memories of taking my granddaughter to this party.

Bonnie Radest is organizing the Christmas Day Dinner. On New Year's Day after everyone has hiked to East Peak and back to the Alpine Lodge, Maureen Smith's Soup and Salad will be just the spot to be for delicious food and hopes for the coming year.

At Echo Lodge **Vicki Olds** will host the Thanksgiving Weekend and **Tim Seeley** will be in charge of the cooking.

The backbone of our club is the volunteers that pitch in and help to make these wonderful get togethers happen. I hope you will join in with the work and the fun of celebrating the holidays this year at Alpine Lodge and Echo Lodge, if you're up for experiencing snow!

— Mae Harms

THANKSGIVING DAY DINNER OVERNIGHT OPTIONAL, FRIDAY HIKE

Come to the Alpine Lodge on Thanksgiving Day, November 24. Happy hour 3 pm, dinner 4pm. **Tony Smith and Eva Libien** will be your hosts. The turkey and the trimmings will be provided. You provide a favorite dish to share for 6. Suggestions: choose from a salad, sweet potatoes, mashed potatoes, a vegetable such as brussel sprouts, perhaps string beans, or a pie. Pumpkin, apple, pecan are traditional. Or bring a nontraditional dish which will complement the turkey. BYOB or donate to the Club bar. Cost of the feast is \$10. Please make your check out to Eva Libien and send it to her at 2 Eucalyptus Knolls Street, Mill Valley, 94941. If you need more information, call Eva at 415-383-5184 or email her at elibien@yahoo.com.

Also, include a note with the check to let her know the dish you will bring. This is very important so that we don't have too much of one dish.

There is an optional overnight with breakfast Friday morning and a hike beginning at 9:30 am.



— Eva Libien

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Jim Nixon	650-756-7771	jimnixon2000@yahoo.com
Vice President	VACANT		
Secretary	Anne Good	510-526-6792	ahgood@sbcglobal.net
Treasurer	Bill Mayers	415-785-3516	whmayers@aol.com
Registrar	Stefan Berlinski	831-325-6215	alpineregistrar@att.net

Board of Directors:	Arthur Ewart	707-481-2432	artewart@gmail.com
	Graham Forder	415-827-4748	gjfo99@yahoo.com
	Ruth Tretbar	510-836-0108	rtretbar@yahoo.com
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	John Hannum	707-525-8108	JRHannum@sbcglobal.net
Past President '08	Robert Piper	510-848-4134	piperrr@alum.mit.edu

Committee Chairpersons:

Conservation	VACANT		
Education	VACANT		
Finance	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Sarah Dove	707-528-7289	sarah.dove@sonoma.edu
Outings	Carol Bodtker	415-884-0850	cbpostme@gmail.com
Parliamentarian	VACANT		
Publications	Mae Harms	530-333-1058	maeharms@mindspring.com
Sunshine	Valerie Nelson	831-688-1524	valallen@cruzio.com
Social Activities	VACANT		
Youth Activities	VACANT		

Alpine Lodge Trustees:

Alpine Chair	Jean Rodgers '13	415-435-9383	jrodg1218@aol.com
Treasurer	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Tony Smith '11	925-933-2403	joanne-tony@sbcglobal.net
	Jim Ballou	415-844-0878	irball321@gmail.com

Alpine Lodge Support:

Alpine Accountant	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Tony Smith	650-207-1619	alpinelodge1@yahoo.com
Alpine Accommodations	Reservations	415-381-4975	alpinelodge1@yahoo.com

CAC Committee Coordinators For Alpine Lodge:

Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Hike Coordinator	Pauline MacDonald	415-381-2870	luddite48@comcast.net

Echo Summit Lodge Trustees:

Echo Chair	Cindy Toran '13	707-321-3262	toranski@aol.com
	Tom Coleman '14	707-992-0650	travmcgee@comcast.net
	Edie Nelson '14	831-423-5576	edieforsyth@hotmail.com
	Kurt Eichstaedt '12	707-591-3391	kurteichstaedt@yahoo.com
Treasurer	Ray Sommer '12	415-472-1229	raysommer3666@comcast.net

CAC Foundation Directors

CACF President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Mae Harms	530-333-1058	maeharms@mindspring.com
	David Solbach	415-563-1170	dsolbach@gmail.com
	Reuven Segev	415-479-7682	reuven.segev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Anita Cabrera, Michael Larsen, Tom Mahood, Vicki Olds, Susan Patrick, Dan Schoenholz, Bob Sturm and Helena Troy.

Contributors this issue: Mae Harms, Eva Libien, Jim Nixon, Sara Dove, Mary Frey, Carol Bodtker, Pauline MacDonald, Selma Bomfim, Tony Smith, John Hannum, Tom Coleman, Cindy Toran, Maureen Smith.

Correspondence: Please address correspondence concerning this publication to:

Jim Nixon, 50 Seacrest Court, Daly City, CA 94015.

CAC Website: <http://calalpineclub.org>

President's Message

Jambo,

Jan and I just returned from a wildlife safari in several National Parks of Tanzania. Did you know there are more than 130 different tribes living there? Neither did we. Unfortunately we met very few humans but lots of exotic animals. We saw antelope, Cape buffalo, elephants, giraffe, rhinos, hippos, crocodiles, lions, leopards, cheetahs, wildebeests, baboons, hyenas, zebras, monkeys and more. While some were off in the distance, the majority were within a few feet of our truck.

Bird lovers would have a field day in these parks. Ostrich sprinted about with the elephants and zebras. Pink flamingos swooped over Lake Manyara. Winged creatures of every iridescent hue flew all around us, from the tiniest hummingbird to the flying Great Bustard (45 pounds).

I try to visualize geography in America to compare with what we experienced in the parks. The plains states might fit part of the picture but you would need to throw in four or five volcanoes, many mountains (not as tall as the Sierra's), a 10-mile long by 11-mile wide volcanic crater (Ngorongoro) and a 3,700 mile long crack in the earth (Great Rift Valley)

We were fortunate to become acquainted with some Tanzanians from the Maasai tribes. They are mostly nomadic and live on meat and milk from their cattle. Their temporary shelters are made of small trees, cow dung, urine and ash. We visited a village kindergarten and learned that the older kids walk 4 hours round trip to school. We were impressed with how hardy and self-reliant they are. They don't own

President's message cont. on pg 3



Traffic in Tarangire National Park

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Stefan Berlinski at Alpineregistrar@att.net. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

Membership Report

New Members - October

Kate Twain: regular member
745 Oak Lane
Sonoma CA 95476-7148
707-996-2325
ktwain@vom.com
sponsors: Edith Nelson and Tom Coleman

Christy Pappas: regular member
5865 Lausanne Drive
Reno NV 89511-5037
775-849-4165
catpappas@mac.com
sponsors: Tom Coleman and Linda Lester

Jon (Jes) Siiteri: family member
Rebecca Siiteri
Matti Siiteri (19 years)
P.O. Box 72454
Davis CA 95618-2454
530-231-5949
rksiiteri@msn.com
sponsors: Pascale Leroy-Marr and Tom Coleman

John Hills – family member
Barbara Hills
2544 Regatta Court
Davis CA 95618-6412
530-756-4916
eyeski-2@sbcglobal.net
sponsors: Tom Coleman and Pascale Leroy-Marr

Walt Wishard – family member
Sue Silkworth
55 San Miguel Way
Novato CA 94945-1759
415-897-4485
susilk@msn.com
sponsors: Kathleen O'Dea and Arthur Ewart

— Sarah Dove, Membership Chair

DUES INCREASE OF 10%

The Finance Committee has recommended that we increase the dues for the California Alpine Club by 10%. It has been several years since the last increase. The Board of Directors will be voting on this recommendation at the November 19th meeting. If you have comments, please send them to any board member.

— Jim Nixon

MEETING DATES

Echo Lodge Trustees' Meeting

MONDAY, NOVEMBER 14, 5pm, by teleconference.
Contact Cindy Toran at 707-321-3262 if you would like to attend.

Board of Directors & Quarterly Membership Meetings

SATURDAY, NOVEMBER 19, 2011 Board of Directors Meeting, 2pm
DECEMBER 2011 – No Board or Membership Meetings

If you have any questions or wish to have an item on the agenda, contact **Jim Nixon** at jimnixon2000@yahoo.com or call 650-756-7771. Members are welcome at Board meetings.

— Jim Nixon

MEETING DATE CHANGED

The Board and Quarterly Meeting originally scheduled for January 15, 2012 have been rescheduled to Sunday, January 22. The change was made to avoid conflicts with the Martin Luther King, Jr., Federal Holiday.

CHILDREN'S HOLIDAY PARTY Sunday, December 11, 2011

To all three generations of Alpiners: Come join us for the Children's Holiday Party, Sunday, December 11 from 2-5pm. Tim Cain, a wonderful guitarist, and a balloon lady will be there to entertain the children. The club will provide the beverages, ham and rolls. All participants should bring a favorite family dish to share. Cost is \$15.00 per family.

Don't forget to bring a wrapped gift for your child with the name clearly written on top, because Santa Claus will come for a visit and give each child his or her own gift.

We would like more children to attend this event, so you are welcome to invite neighbors and friends with children. Hopefully attending this event might lead to membership for those families.

Sign up with **Mary Frey** by sending her your check. Please state how many people are in your family group. Please let Mary if you can help before or after the party.

If you have any questions, contact Mary at 100 Thorndale Drive, Apt. 251, San Rafael, CA 94903; phone 415-492-2510; email: marymaryhiker@aol.com.

— Mary Frey

PRESIDENT'S MESSAGE cont. from pg 2

anything or have any currency, just the cattle. A person with a few head of cattle is considered wealthy. They also make jewelry and head decorations from beads and cow horns and wear loads of it in their dance rituals.

As much as we loved our adventures in Africa, we were very happy to come home to our paved roads, drinkable running water and 24/7 electricity. Traveling in the third world really makes you appreciate the conveniences we take for granted in the US.

I'll report on CAC issues in the next issue of Trails.

Asante Sana!

— Jim Nixon

ALPINE HIKE LEADER SCHEDULE

OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

Sunday November 6	9:30 AM	Howard Ortman	415-456-5912	2B
Sunday November 13	9:30 AM	Pascale Leroy	415-661-8909	2B
Sunday November 20	9:30 AM	Anne Good	510-526-6792	2B
Sunday November 27	9:30 AM	Pauline MacDonald	415-381-2870	2B
Sunday December 4	9:30 AM	Erik Bodtker	415-884-0850	2B
Sunday December 11	9:30 AM	Bill Mayers	415-785-3516	2B+
Sunday December 18	9:30 AM	Karl Baeck	415-459-6370	2B
Sunday December 25	9:30 AM	Leaderless		2B
Saturday December 31	9:30 AM	Jordan Hermann with MTIA. Reconvene at Mt. Home Inn parking lot	510-520-9782	
Sunday January 1	9:30 AM	New Year's Day Champagne Hike		2B
Sunday January 8	9:30 AM	Carol Bodtker	415-884-0850	2B
Sunday January 15	9:30 AM	Open		2B
Sunday January 22	9:30 AM	Open		2B
Sunday January 29	9:30 AM	Anne Good	510-526-6792	2B

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

IMPORTANT! RAIN CANCELS

ALL SUNDAY 2B HIKE DEPART FROM THE ALPINE CLUB AT 9:30 AM SHARP. SUNDAY 2B HIKE ARE 7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN.

ALTERNATE LEVELS OF SUNDAY HIKE ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.

IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

CAC UPCOMING OUTINGS.

JANUARY 14, 2012 (SATURDAY) PASTRY CLASS AT 9:30 AM - ALPINE CLUB

This is our second cooking class and fund raiser. Our pastry chef, Martin Dengler, was trained in Germany as a baker and owned his own bakery for many years. Martin will be teaching us how to bake a Black Forest Cake and an Egg Twist Bread. You'll get tips on getting the dough just right and gain confidence to bake for your friends at home. Bring a brown bag lunch and we'll enjoy our delicious pastry with a good cup of coffee afterwards. Reservations are required by Dec. 15 and the cost is \$15. Send checks made out to Carol Bodtker, 23 Ashland Dr., Novato, CA 94949. Questions? ...cbpostme@gmail.com.

— Carol Bodtker, Outings Chair

ALPINE LODGE SUNDAY INNKEEPERS

NOVEMBER

06	Lyda Dicus	925 934 1071
13	Hardy Dawainis	415 461 4431
20	Ursula Pedersen	415 479 0343
27	Open	

DECEMBER

04	Open	
11	Dolores Welsh	415 239 5519
18	Open	
25	Open	

JANUARY 2012

01	Open	
08	Sally Hernandez	707 763 8213
15	Open	
22	Bonnie Herzog	415 419 5004
29	Jerry & Ricki Rosenberg	415 388 0544

— Selma Bomfim, Innkeeper Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ALPINE LODGE EVENTS

Event Reservations: Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.	View the up-to-date Alpine Event Calendar: Go to http://calalpineclub.org under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.	To Schedule an Event: For a private member event or a Club function, please leave a message with your request, name, email, and phone number at cac_alpine_club@yahoo.com or call 415-381-4975. A volunteer will contact you and assist you in booking the event.
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NOV. 3 THURS.

Coordinator: Jean Rodgers
415-435-9383 or jrodg1218@aol.com
Lunch will be served. Overnight possible

WORK PARTY

9am to 3pm

DEC 11 SUN

Contact Mary Frey 2pm
Phone 415-492-2510 or Email marymaryhiker@aol.com.
(See article page 3 for details).

CHILDREN'S HOLIDAY PARTY

JAN. 15 SUN

Coordinator: Eva Libien 9am to 3pm
415-383-5184 or elibien@yahoo.co.
Lunch will be served. Overnight possible.

WORK PARTY

NOV SAT 19

BOARD MEETING 2PM

NOV 24 THUR THANKSGIVING DAY DINNER

Hosts Tony Smith and Eva Libien. Happy hour 3pm, Dinner 4pm. Overnight optional. Contact Eva at 415-383-5184 or Email elibien@yahoo.com. (See article page 1 for details).

JAN 1 SUN HIKE AND SOUP & SALAD ON NEW YEAR'S DAY

To sign up contact Bonnie Radest
Email: bonhike@comcast.net or Phone 415-897-0227
Cost \$10 for members; \$12 for guests.
(See page 8 for details)

JAN 22 SUN

BOARD MEETING 2PM QUARTERLY MEETING 3PM

(note: Date changed from January 15 so as not to conflict with MLK Federal holiday).

Watch for updates in future issues of TRAILS!

NOV 25 FRI

THANKSGIVING HIKE

(See article page 1 for details) 9:30 am

JAN 5 THURS

Coordinator: Jim Ballou 9am to 3pm
415-884-0878 or jrball321@gmail.com
Lunch will be served. Overnight possible.

WORK PARTY

DEC 1 THURS

ALPINE LODGE HOLIDAY DECORATING WORK PARTY

Coordinator: Tony Smith 9am - 3pm
925-933-2403 or joanne-tony@sbcglobal.net.
Lunch will be served. Overnight possible

JAN 14 SAT

Contact Carol Bodtker
cbpostme@gmail.com
(See article page 4 for details)

PASTRY CLASS

9:30am

DEC 10 SAT

HOLIDAY DINNER

Cook Ben Heldens, assisted by Tony Smith
Details to follow

EVERY SUNDAY OPEN HOUSE
Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.

MAZAMAS, AND THE FEDERATION OF WESTERN OUTDOOR CLUBS

Mazamas, founded in 1894 on the summit of Mt. Hood, is a nonprofit mountaineering education organization located in Portland, Oregon. In 1931, the Mazamas invited about 20 mountain climbing and recreation clubs in the West to come to the dedication of their lodge and bring a stone from their home area for the new fireplace as a symbol of common interest and collaboration among the groups.

California Alpine Club provided a stone. This meeting led to the formation of the Federation of Western Outdoor Clubs the following year of which the California Alpine Club is a founding member. The FWOC reciprocated and one of their stones is among the many from clubs all over the West you will find surrounding our fireplace in Hertenstein Hall.

This year FWOC wants to replicate the past, in the spirit of collective unity and cooperation, by asking each member club to donate a patch or pin with their logo to be added to a framed FWOC flag to leave with the Mazamas to commemorate the 80th anniversary



If you have a cloth patch, similar to the one depicted below and would be willing to provide it to the FWOC, please let Mae Harms know, maeharms@mindspring.com, or send it to her

at 5941 Garden Park Drive, Garden Valley CA 95633 and she will handle the details.

— Jim Nixon

DELEGATED TO FEDERATION OF WESTERN OUTDOOR CLUBS

As approved by the CAC Board, **Jim Nixon** sought a CAC volunteer to attend the Federation of Western Outdoor Club's annual meeting at Mazamas Lodge near Portland. **John Hannum** responded and donated a memento to be included in the Federation's Anniversary Banner.

En-route, John and Marilyn visited family in Portland and then joined thousands of hikers/runners as those folks began the Mt Hood-to-Pacific double marathon – it makes our Dipsea Run look puny. Mazamas Lodge is located off the road to Timberline Lodge and has a superb view of Mt Hood; it is open to members of FWOC clubs for ventures ranging from pure relaxation to extreme mountain-climbing; it was a perfect venue for the convention.

FWOC President Joan Zuber and helpers arranged for numerous guest-presenters to describe on-going environmental challenges within the Pacific Northwest. The delegates were presented with a dozen DRAFT Resolutions, which after discussions and word-smithing, were adopted as the Federation's official business. Retired Sierra Club executive Michael McCloskey was an instrumental participant. Also attending were CAC's **Mae Harms** and **Win Hayward**. Many of the delegates have fond memories of past conventions at our Alpine and Echo Lodges. John Hannum described the CAC's current activities and those of the CAC Foundation.

FWOC has created an informative website at federationofwesternoutdoorclubs.org. Check it out.

— John Hannum

2011 ECHO SUMMIT LODGE WORK PARTY

Big shed roof sprayed with two coats of exterior 'Echo Lodge' green. Two cord of wood split. Beautiful rock stairs built leading to an equally beautiful new garden next to the ADA ramp by the kitchen. Five protective 'bollards' installed in front of the propane tank, which needed to be moved.

Nice work for three or four people over two days, right?

Nope.

ALL this work was accomplished by one person; and that person is....**Bob 'Baryshnikov' Henry!**

The Echo trustees would like to thank all the hard-working volunteers who came up for the 2011 Fall Work Party, held from 9/22 to 9/25. For the first time in four work parties, we actually had fantastic weather. What a relief! Our beautiful Lodge is even more beautiful now. Response was excellent, with a total of 30 people showing up over the five day span. There were a gratifying number of new 'potential' members who wanted to do their work commitment. These folks included: **Jon Erickson**, an old dear friend of mine, who is also a US Forest Service employee, and helps me run the trail-clearing event every August. His friend **Teena Merth** was also there, and helped with the design of the new garden. Other new folks helping out: **Harry Lucursi** and **Jane McClellan**, friends of Joe Fay and Becky Sandman, **Jay Gosuico**, **Christy Pappas**, who came up with **Linda Lester**. **Corky Oaks** and **Kate Twain** also lent a hand fulfilling membership requirements and making the Lodge shine.

Regular members giving of their time were **Linda Howard**, **Bruce Robinson** and his daughter **Ann**, **Bruce** and **Diane Friend**, **Masami Takasue**, **Greta Gordon**, **Susan Wilson**, **Mary Larkin** and her Mom, **Sandy**, **Jeri Merritt**, **Dan Larson**, **Bill Jones**, **Scott Lewis**, **Gary Milburn**, **Tom Coleman** and **Kurt Eichstaedt**. **Nuala Caulfield** and **Edie Nelson** did a marvelous job cooking for all the hungry hordes.

Along with the roof, concrete step work, we also split all the rounds that had been 'curing', and filled the basement for the coming winter. The white chalky film on the red siding has been painted over, and the Lodge looks beautiful once again. The Echo Lodge sign hanging over the entry has been completely refurbished, and shines like new. The big shed is more orderly than it's ever



Photo by Linda Lester

been. The exterior rails and the deck picnic bench were belt sanded, and coated with varathane, protecting them from the elements. Brush was cut down and removed from near the Lodge, which will make the USFS happy!

You'll also be sleeping on newly cleaned blankets and pillow cases, and the linoleum floors have been stripped and waxed, protected from the heavy foot-traffic that will come this winter. Some of the wood doors on the second floor have been sanded and stained/varathaned, and look brand new!

I cannot thank all the volunteers enough for their extraordinary efforts. We worked hard, and had a great time. I will carry forever the mental picture of all the volunteers grabbing a handful of wildflower seeds and tossing them into the new garden. I will carry forever the mental picture of Bob Henry proving once again that hard work and love of a place can equal magnificent accomplishments.

Volunteer hours and efforts saved our Alpine Club: \$8,000.00-10,000.00. Amazing!

— **Tom Coleman**, Echo Trustee and ever-lovin' drill sergeant



YELLOW SHIRTS AT ECHO

On June 21 three bus-loads of special tourists found their way to Echo Summit Lodge. They were on a day-long field trip from the Lincoln Highway Association (LHA) Annual Convention at South Lake Tahoe. Echo Summit is the highest point on the nation-spanning Lincoln Highway and our Lodge has been encountered by many Highway-travellers since the 1920s.

John (Echo John) **Hannum**, who is also an LHA member, acted as host to the travellers and showed a number of historic photos of the Lodge. He also presented a monograph highlighting some of the past events related to the site. **Barbara Crockett** and **Lin Mangiante** and their guests graciously welcomed the visitors and helped John explain how the Club managed the premises.

— **John Hannum**

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.



Phone Cindy Toran at 707-321-3262 until 9:30pm or e-mail to toranski@aol.com.
Echo Lodge Telephone
530-659-7274

Echo Summit Lodge has a fresh supply of firewood to keep our lodge toasty warm; snow shovels are ready for action, and all was spiffed by our great group of CAC volunteers at the Fall Work Party! We have Hosts, trained and ready to take your reservations; contact them while they still have room available ... and, enjoy winter in the Sierra Nevada!

Winter/Spring Hosts: There are still openings in the Schedule available for either hosted or private events: Nov 7-18, Nov 28-Dec 23, Dec 29-Jan 2, Jan 20-22 (wknd), Feb 13-16, Feb 20-24, Feb 26-Mar 2, Mar 4-7, Mar 11-23, Mar 25-30. Nov-Mar is published below; contact Cindy Toran if you want to schedule any of these open days (contact info is above). Private Events are available mid-week Jan-Mar and any days in Nov-Dec and Apr-Jun. Give me a call or send an e-mail to let me know your preferred times.
Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be Monday, November 14, 5 PM, by teleconference. Contact Cindy Toran at 707-321-3262 if you would like to attend.

Problems or Concerns about Echo Summit Lodge? Contact Cindy Toran at 707-321-3262 or toranski@aol.com. Discussions will, of course, be kept confidential.

Echo Summit Lodge Fall/Winter Schedule:

NOV 4-6 FRI-SUN **CHEF'S WKND - FULL**
Reservations: Richard Thornton 925-287-0764
913 Reddington Ct, Walnut Creek, CA 94596
richard@thorntonpartners.us

NOV 18-20 FRI-SUN **HOSTED EVENT**
Tom & Carol Coleman 415-531-4650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

NOV 22-28 TUES-MON **ARTISANAL
THANKSGIVING**

Summit activities, music & song, and homemade delights! Bring a favorite dish to share so that no one leaves the table without dessert, nor the weekend without leftovers!
Vicki Olds & Tim Seeley 415-221-2830
534 6th Avenue, San Francisco, CA 94118
production@studioreflex.com

NOV 28 - DEC 23

**AVAILABLE FOR
TRAINED HOSTS**

DEC 23-27 FRI-TUE **MERRY CHRISTMAS
(COOP MEALS)**

Martha Stewart & Tim Seeley 831-475-1813
450 Baker St, Santa Cruz, CA 95062
margostew@gmail.com

DEC 27-29 TUE-THURS **HOSTED EVENT**

Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

DEC 29-JAN 2 THURS-MON **AVAILABLE FOR
TRAINED HOSTS**

JAN 2-8 MON-SUN **HOSTED EVENT**

Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

JAN 8-12 SUN-THURS **HOSTED EVENT**

Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

JAN 12-16 THURS-MON **YOUNG FAMILIES
SNOW WKND
(COOP MEALS)**

Joan Ryan & John O'Sullivan 415-564-8507
2625 23rd Ave, San Francisco, CA 94116
joanryan@mac.com

JAN 16-20 MON-FRI **HOSTED EVENT**

Diane & Bruce Friend 510-654-4218
6124 Chabot Rd, Oakland, CA 94618
bifedf@comcast.net

JAN 20-22 FRI-SUN **AVAILABLE FOR
TRAINED HOSTS**

JAN 22-27 SUN-FRI **HOSTED EVENT**

Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

JAN 27-30 FRI-MON **HOSTED EVENT
(COOP MEALS)**

Martha Stewart 831-475-1813
450 Baker St, Santa Cruz, CA 95062
margostew@gmail.com

JAN 30-FEB 3 MON-FRI **PRIVATE EVENT**

Cindy Toran 707-321-3262

FEB 3-5 FRI-SUN **HOSTED EVENT**

Tom & Carol Coleman 415-531-4650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

FEB 5-9 SUN-THURS **HOSTED EVENT**

Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

FEB 9-13 THURS-MON **HOSTED EVENT**

Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

FEB 13-16 MON-THURS **AVAILABLE FOR
TRAINED HOSTS**

FEB 16-20 THURS-MON **YOUNG FAMILIES
SNOW WKND
(COOP MEALS)**

Joan Ryan & John O'Sullivan 415-564-8507
2625 23rd Ave, San Francisco, CA 94116
joanryan@mac.com

FEB 20-24 MON-FRI **AVAILABLE FOR
TRAINED HOSTS**

FEB 24-26 FRI-SUN **HOSTED EVENT**

Pam & Garry Greever 530-677-5616
3200 Red Rock Ln, Shingle Springs, CA 95682
pamgreever@yahoo.com

FEB 26-MAR 2 SUN-FRI **AVAILABLE FOR
TRAINED HOSTS**

MAR 2-4 FRI-SUN **HOSTED EVENT**

Emily Lockett & Christine Piccin 707-576-0948
2927 Midway Dr, Santa Rosa, CA 95405
auntem@sonic.net

MAR 4-7 SUN-WED **AVAILABLE FOR
TRAINED HOSTS**

MAR 7-11 WED-SUN **HOSTED EVENT**

Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

MAR 11-23 **AVAILABLE FOR
TRAINED HOSTS**

MAR 23-25 FRI-SUN **HOSTED EVENT**

Richard Thornton 925-287-0764
913 Reddington Ct, Walnut Creek, CA 94596
richard@thorntonpartners.us

MAR 25-30 SUN-FRI **AVAILABLE FOR
TRAINED HOSTS**

MAR 30-APR 1 FRI-SUN **HOSTED EVENT**

Tom & Carol Coleman 415-531-4650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

Watch for updates in future issues of TRAILS!

TRAILS

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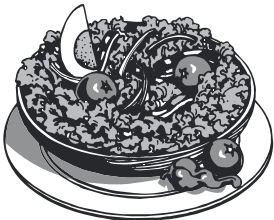
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SOUP & SALAD ON NEW YEAR'S DAY Sunday, January 1, 2012



Maureen Smith and **Bonnie Radest** are organizing Soup & Salad on New Year's Day 2012. After the traditional hike to the Top of Tam, we will all get together at Alpine Lodge for Happy Hour, followed by Soup & Salad. We need some people to bring appetizers for Happy Hour. You may bring your own wine, or you may make a donation to the club bar for a glass of wine. We need 8 pots of soup. We also need volunteers for set-up, and clean-up. The plan is to serve soup & salad after all the hikers have returned – probably about 3:30 p.m. If you can bring an appetizer, pot of soup, help out, and/or wish to attend, please contact Bonnie Radest and sign up. Email: bonhike@comcast.net or phone: 415-897-0227. Cost: \$10 for members; \$12 for guests. Please make your checks out to Bonnie Radest and send them to her at 30 Verissimo Drive, Novato, CA 94947.

— **Maureen Smith**

TRAILS NEWSLETTER ALERT

Please send articles for the December issue of TRAILS to monthly editor, **Susan Patrick**, susandpatrick@aol.com. Susan should receive articles for the December/January 2012 issue no later than November 5th.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photo in TRAILS. For images in formats other than jpeg, contact the editor.

Our February TRAILS will be edited by Helena Troy. Send all submissions by January 5th to hmtroy@aol.com.

Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact **Mae Harms** at maeharms@mindspring.com.

— **Mae Harms, Publications Chair**