You may have heard about Prop 21 that will be on your election ballot this November 2, 2010. In short the proposition asks voters to approve the addition of an $18 fee for vehicle registration that is designated funding for the California State Parks system. As a result of this funding, day use fees would be eliminated in state parks for California registered vehicles.

I was a ranger in CA state parks for twenty-two years and have a unique inside-look at the impact of Prop 21, if passed. Even though parks are such a visible part of state government, the portion of your tax dollar that funds all 278 state parks is only $0.03 (three cents) for every $100 (one hundred dollars) in tax collected. Parks are considered non-essential service and are always subject to budget cuts. You may hear of parks that are listed as “soon to close,” but public uproar makes park closings impossible for the legislature. So the state parks budget is cut, and no parks are closed. The public backlash subsides and the parks stay open while staff tries to do more with less. This operation model has persisted for years and years while our parks suffered from a huge backlog in maintenance projects and patrol ranger positions remained unfilled.

California State Parks are often compared unfavorably to those in Oregon. Oregon placed its state parks under the highway department that receives funding from gas taxes—a very stable funding source. But I really can’t see the protection ethic continued in our parks if they became a part of Caltrans.

Prop 21 would finally give our treasured California State Parks a stable funding source that would be more than adequate to underwrite maintenance and patrol for safety.

I do have one reservation about Prop 21 that is not quite visible to those who wrote the proposition. Free day use parks are extremely difficult to manage. A little fee helps to screen out those who could care less about saving and protecting our magnificent park resource. We will see how rangers shall adapt to this difficult group of park visitors.

Still, I must give my support to Prop 21. Our parks have been neglected and underfunded for too long and here is an opportunity to save the best of California forever.

Editor’s Note: Publishing political articles in Trails is against our policy, yet since this article is directly related to the purposes of our Club, an exception was made.

— Ranger Dan Winkelman (retired)
November is the month we usually give thanks. There are many, many volunteers who make CAC so special. I know that I cannot name everyone who helps so much. I don’t even know everyone who helps throughout the year in so many ways. For this time, I want to focus on volunteers that made it such an enjoyable and rewarding weekend for attendees that came from as far as Washington, Nevada and Los Angeles to attend the Federation of Western Outdoor Club’s annual conference.

I got to Alpine Lodge late on Tuesday prior to the weekend of the conference. The lodge “looked as if the maid had just been there” as our signs say. The “maid” was Ann Meneguzzi who had tidied everything up. First thing Wednesday morning, Roger Diehnel was there from the trustees checking everything over to see that things were in good shape. A little later Dennis Ziebell arrived and worked tirelessly in the garden. So many conference delegates remarked about our garden and we were able to use flowers from it. Pretty soon Eva Libien, our Friday night chef came to check out some things.

The first to arrive for the conference on Thursday night was a woman from Washington, who stayed with me as a spontaneous overnight guest. We enjoyed the lodge together. Friday morning Dennis Ziebell and Bill Pung arrived with their delicious desserts and stayed to set tables, serve food and clean up. Ann Meneguzzi arrived and worked right though to Sunday morning, and then back again Sunday night to give it a once over to be sure everything was back in proper order.

The members from the various clubs were impressed with the social hall for the meetings, the rooms they were assigned to, the lovely setting and most of all the wonderful food that our CAC chefs provided them. Edie Nelson had provided some of her famous meringues.

The conference members were provided their meals by chefs Eva Libien, Nuala Caulfield, Mary Jane McKown, Ann Meneguzzi, Marguerite Murphy, Jennie Bruyn and Bill Pung. I knew they would be very impressed with the meals and they were. Not only did these volunteers plan, shop and cook the meals, they cleaned-up afterwards.

Besides Win Hayward and me, Arlin Weinberger and David Solbach attended and informed the attendees about our Foundation. The Federation is an organization of clubs that focus on conservation. Conservation is the reason that CAC was one of the founding members of FWOC.

When it was decided that FWOC would hold its convention at our Alpine Lodge, I became in charge of the lodging and meals. I could have chosen to get the meals catered, but I knew that our chefs were better. The bonus...
Presidents’ message, continued from page 2

was that with all of these volunteers working so hard, over nine hundred dollars was earned for the Alpine Lodge for meal preparation. Pat yourselves on the back volunteers! I thank you for all that you did and I know our members do, also.

— Mae Harms, President

THE NEXT GENERATION

The next generation of CAC cooks and hosts in training in the kitchen at Echo Summit Lodge! The kids baked chocolate chip and sugar cookies for everyone during the Young Families/Coop Meals event, August 6-11, hosted by Monika Balsamo.

— Mae Harms, President

CULINARY CLASSES AT THE CALIFORNIA ALPINE CLUB?

Let’s plan a few hands-on cooking classes next year as fundraisers for CAC! Any pastry/culinary chef members or friends willing to volunteer their skills and time in our kitchen on Mt. Tamalpais? You’ll be reimbursed for the food and your students will be very appreciative.

Please contact me at cbpostme@gmail.com to discuss menus, schedules and any ideas you may have.

— Carol Bodtker, Outings Chair
ALPINE HIKE LEADER SCHEDULE
OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS’ WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Leader</th>
<th>Phone</th>
<th>Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday November 7</td>
<td>9:30 AM</td>
<td>Howard Ortman</td>
<td>415-456-5912</td>
<td>2B</td>
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<tr>
<td>Sunday November 14</td>
<td>9:30 AM</td>
<td>Pauline MacDonald</td>
<td>415-381-2870</td>
<td>2B</td>
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<tr>
<td>*Saturday November 20</td>
<td>9:30 AM</td>
<td>Hikers Weekend</td>
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<tr>
<td>*Sunday November 21</td>
<td>9:30 AM</td>
<td>Ann Good</td>
<td>510-526-6792</td>
<td>2B</td>
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<tr>
<td>Sunday November 28</td>
<td>9:00 AM</td>
<td>Bill Mayers</td>
<td>415-785-3516</td>
<td>3C</td>
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<tr>
<td></td>
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<tr>
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<td>Howard Ortman</td>
<td>415-456-5912</td>
<td>2B</td>
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<tr>
<td>Sunday December 12</td>
<td>9:30 AM</td>
<td>Anne Good</td>
<td>510-526-6792</td>
<td>2B</td>
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<tr>
<td>*Saturday December 18</td>
<td>9:30 AM</td>
<td>Hiker’s Weekend</td>
<td></td>
<td></td>
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<tr>
<td>*Sunday December 19</td>
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<td>Sunday December 26</td>
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<tr>
<td>Saturday January 1, 2011</td>
<td>9:30 AM</td>
<td>Jennie’s New Year</td>
<td>415-456-1877</td>
<td>2B</td>
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<tr>
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<td>Champagne Hike</td>
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<tr>
<td>Sunday January 9</td>
<td>9:30 AM</td>
<td>Graham Forder</td>
<td>415-827-4748</td>
<td>2B</td>
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<td>2B</td>
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Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

IMPORTANT!
RAIN CANCELS

ALL SUNDAY 2B HIKES BEGIN AT 9:30 AM (7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN).

ALTERNATE LEVELS OF SUNDAY HIKES ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.

For Saturday Hikes on Hikers’ Weekends (3rd weekend of each month), see schedule to the left for leader, rating and time. The hikes may be faster and/or harder than Sunday’s 2B hikes. The Lodge will be open briefly before start of hikes.

IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader’s choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

STOMPIN’ DAMN GOOD TIME

Nine of our wine drinkin’, food lovin’ and general all around merrymakers went to the Grape Stomp at Twin Pines Casino on Saturday, September 25. The rowdy group was comprised of that band of funsters: Eric and Carol Bodtker, Dolores Welsh, Jenny Bruyn, David Solbach, Jock and Pauline MacDonald, Taren Hamilton and Renee Powers. Dolores, with her big feet, won second prize at grape stomping which consisted of an overnight at the Casino, dinner, drinks and gamblin’ money. A delicious bar-b-que, and wine (all you could drink except for our designated drivers), was provided.

Our Vice President, in charge of vice, managed to graciously get permission to leave with the table decorations that consisted of delicious fruit baskets which she shared with hikers on Sunday. Shame on those who didn’t sign up—you missed a fun afternoon.

— Renee Powers

ALPINE LODGE SUNDAY INNKEEPERS

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
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</tr>
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<tr>
<td>NOVEMBER 2010</td>
<td></td>
<td></td>
</tr>
<tr>
<td>07</td>
<td>Jerold Rosenberg</td>
<td>415 388 0544</td>
</tr>
<tr>
<td>14</td>
<td>John &amp; Lin Magiante</td>
<td>650 697 7403</td>
</tr>
<tr>
<td>21</td>
<td>Diane Smith</td>
<td>925 935 2869</td>
</tr>
<tr>
<td>28</td>
<td>Innes Bergman</td>
<td>510 845 3388</td>
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DECEMBER 2010

<table>
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<tr>
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<tr>
<td>12</td>
<td>Susan Head</td>
<td>415 331 2598</td>
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<tr>
<td>19</td>
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<td></td>
</tr>
<tr>
<td>26</td>
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</tr>
</tbody>
</table>

— Selma Bomfim, Innkeeper Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED. Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.
ALPINE LODGE EVENTS

<table>
<thead>
<tr>
<th>Event Reservations:</th>
<th>View the up-to-date Alpine Event Calendar:</th>
<th>To Schedule an Event:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.</td>
<td>Go to <a href="http://calapineclub.org">http://calapineclub.org</a> under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.</td>
<td>For a private member event or a Club function, please leave a message with your request, name, email, and phone number at <a href="mailto:alpinelodge@yahoo.com">alpinelodge@yahoo.com</a> or call 415-381-4975. A volunteer will contact you and assist you in booking the event.</td>
</tr>
</tbody>
</table>

NOV 4 THUR MIDWEEK WORK PARTY
Coordinator: Hardy Dawainis 9am to 3pm
Lunch will be served. Overnight possible.
Contact: Hardy at 415-461-4331
hdawainis@comcast.net

NOV 6 SAT CACF ANNUAL MEETING
California Alpine Club Foundation Annual meeting and dinner. Contact Renee Powers at 415-648-4940, or reneespowers@comcast.net

NOV 10-12 WED-FRI PRIVATE EVENT
Wastewater Management Group Sacramento.

NOV 20-21 SAT-SUN HIKER’S WEEKEND
See Hiker’s weekend box.

NOV 20 SUN LEADERSHIP MEETING
Board of Directors 2pm

NOV 25 THURS THANKSGIVING DINNER
Tony Smith and Family host Thanksgiving Dinner. Contact Tony at Joanne-tony@sbcglobal.net (preferred) or 650-207-1619 after Oct 29th.

DEC 2 THURS WORK PARTY/CHRISTMAS DECORATING
Roger Diehnel to sign up 415-924-5519 or rdiehnel@hotmail.com
Lunch with good friends.

DEC 4 SAT MTIA DINNER
Mary Jane McKown 415-383-2774
mjmckown@gmail.com

DEC 7 TUES HIKER’S LUNCHEON
Mary Jane McKown 415-383-2774

DEC 11 SAT CAC HOLIDAY DINNER
(See article below.)

DEC 12 SUN CAC CHILDREN’S PARTY
(See article below.)

DEC 18-19 SAT-SUN HIKER’S WEEKEND
See Hiker’s Weekend Box.

DEC 25 CHRISTMAS DAY DINNER
Volunteers Needed.

JAN 1, 2011 HIKE TO TOP OF TAM SOUP & SALAD AFTER
Toast in the New Year with Leader Jennie Bruyn on her annual hike to the top of Tam. Meet at Alpine Club 9:15am for start. Questions, contact Jennie at 415-456-1877 or jennielbruyn@yahoo.com. After the hike Happy Hour 4pm. Soup & Salad dinner 5pm.

JAN 1 SAT SOUP & SALAD DINNER
Soup & Salad dinner 5pm, after hike to Top of Tam. Please volunteer to prepare a soup to feed 6-8.
Contact Edna Trimm at 415-456-5557.

JAN 6 THURS WORK PARTY
Jean Rodgers 9am to 3pm
jrodg1218@aol.com 415-435-9383 to sign up.
Delicious lunch served. Overnight possible.

JAN 16 SUNDAY WORK PARTY
Arnold Champagne; 415-282-1704; arnoldchampagne@yahoo.com.
Lunch and good fellowship will be served.

FEB 3 THURS WORK PARTY
Coordinator: Eva Libien 9am to 3pm
Lunch will be served. Overnight possible. Call Eva at 415-383-5184 to RSVP

Watch for updates in future issues of TRAILS!

NOVEMBER 2010

Hikers' Weekends
Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, $12. Overnight $18, breakfast Sunday, $5; guests are $5 additional.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

CHILDREN’S HOLIDAY PARTY
SUNDAY, DECEMBER 12, 2010

To all three generations of Alpiners: Come join us for our traditional Children's Holiday Party, Sunday, December 12th from 2-5p, hosted by Mary Frey. Tim Cain, a wonderful guitarist, and a balloon lady will be there to entertain the kids. The club will provide beverages, ham and rolls. All participants should bring a favorite family dish to share. Cost is $15.00 per family.

Don’t forget! Bring a wrapped gift for your child with the name clearly written on top because Santa Claus will come for a visit and give each child his or her own gift.

You are welcome to ask a neighbor family to this CAC event. We would like more children to attend, and attending this event might lead to membership for the family.

Sign up with Mary Frey by sending her your check. Please state how many people are in your family group(s) and let Mary know if you can help before or after the party. Contact her with any questions at Marymaryhiker@aol.com, 100 Thorndale Drive, #251, San Rafael, CA 94903, 415-492-2510.

— Mary Frey

CAC HOLIDAY DINNER PARTY
DECEMBER 11, 2010

Bring your holiday spirit and join us for CAC’s Annual Holiday Party at Alpine Lodge on SATURDAY, DECEMBER 11, 2010. Featured Chef, Ben Heldens, will prepare a spectacular Prime Rib, and Chefs Dennis Ziebell and Bill Pung will, once again, bake and present a heavenly selection of fabulous desserts!

We need a few people to assist in the kitchen and to bring appetizers for Happy Hour. The donations bar opens from 3-4:30pm, followed by dining 5-7:00pm. Feel free to BYOB to drink with your meal.

Please contact our coordinator, Jennie Bruyn at 415-456-1877, jennielbruyn@yahoo.com, if you can help cook, bring an appetizer and/or join the decorating, set up and clean up crews.

Space is limited for this festive occasion, only $20 (member) or $22 (associate member). Register for a no-host overnight at Alpine Lodge for $18 (member) or $23 (associate member). To secure your reservations please send checks payable to Bonnie Radest, 30 Verissimo Drive, Novato, CA 94947. Checks must be received by December 7th.

—Jennie Bruyn
As first-time hosts at Echo Summit Lodge, we quickly learned the secret that all long-time hosts surely know: expect the unexpected—and when it arrives, deal with it!

Upon our Friday afternoon arrival, as soon as we entered the kitchen Herve Briend and I detected a gas odor. While Therese Briend and I unpacked groceries, Charlie Gill and Herve checked the pilot lights searching for a leak. We called Jim Nixon ASAP. He suggested we check the two water heater pilots and call Amerigas. They, in turn, recommended we turn the gas off at the tank. By this time dinner (and brownies) were in the oven!

When the technician arrived Friday night, we were serving dinner and had shut the gas off. He found several leaks to the stove that he had to red tag. Looking at our crowd he was very apologetic. Thankfully he was able to seal a small leak at one of the hot water heaters saving us from cold showers!

We awoke to a beautiful autumn morning and improvised for breakfast: bacon in the microwave, pancakes and scrambled eggs on the grill on the deck. (Thanks to the folks who purchased that wonderful grill!) A Wolf appliance repairman was called in from Reno. It took him about three hours to fix the leaks and remove the red tags. Voila! We were back in kitchen cooking dinner without a problem.

Everyone pulled together in true Echo style. We had twenty-four at the lodge, split 60/40 members/nonmembers; with several associate members who expressed an interest in joining. It was a wonderful weekend thanks to our delightful guests and the beauty of the Sierras. We all agree we’d like to host again!

— Mary Martin, Charlie Gill, Therese and Herve Briend

Mary Martin improvises breakfast.

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum $15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Echo Summit Lodge has a fresh supply of firewood to keep our lodge toasty warm; snow shovels are ready for action, and all was spiffed by our great group of CAC volunteers at the Fall Work Party! We have Hosts, trained and ready to take your reservations; contact them while they still have room available ... and, enjoy winter in the Sierra Nevada!

Winter/Spring Hosts: There are still openings in the Schedule available for either hosted or private events: Nov 28-Dec10, Dec 12-21, Jan 9-13, Jan 21-23 (Wknd), Jan 30-Feb 3, Feb 8-11, Feb 27-Mar 3, Mar 7-9, Mar 13-20, Apr 3-15, Apr 18-30. Nov-Apr is published below; contact Cindy Toran if you want to schedule any of these open days. Private Events are available mid-week Jan-Mar and any days in Nov-Dec and Apr-Jun 15. Give me a call or send an e-mail to let me know your preferred times.

The next Echo Lodge Trustees’ Meeting will be Saturday, November 6th, 10 am, at Ray Sommer’s home. Contact Ray at 415-472-1229 if you would like to attend.

Problems or Concerns about Echo Summit Lodge? Contact Jim Nixon at 650-756-7771 or jimnixon2000@yahoo.com. Discussions will, of course, be kept confidential.

Echo Summit Lodge Fall/Winter/Spring Schedule:

DEC 24-29 FRI-WED CHRISTMAS WEEK / COOP MEALS
Lynn Zachreson 831-419-1599
223A Dufour St, Santa Cruz, CA 95060
lynnz@cruzio.com

DEC 29-JAN 2, 2011 WED-SUN YOUNG FAMILIES NEW YEAR – NO MIDNIGHT PARTY
Monika Balsamo & Tim Seeley 707-539-2140
4841 Parktrail Dr, Santa Rosa, CA 95405
m_balsamo@earthlink.net

JAN 2-7 SUN-FRI HOSTED EVENT
(Limit 18) Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com
Reservations: Linda Howard 530-620-4364
linda-howard@juno.com

JAN 7-9 FRI-SUN HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde@33301@comcast.net

JAN 9-13 SUN-THURS AVAILABLE FOR TRAINED HOSTS

JAN 13-17 THURS-MON YOUNG FAMILIES SNOW WKND
Joan Ryan & John O’Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

JAN 17-21 MON-FRI HOSTED EVENT
Diane & Bruce Friend 510-654-4218
6124 Chabot Rd, Oakland, CA 94618
bifed@comcast.net

JAN 21-23 FRI-SUN AVAILABLE FOR TRAINED HOSTS

JAN 23-28 SUN-FRI HOSTED EVENT
(Limit 18) Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com
Reservations: Linda Howard 530-620-4364
linda-howard@juno.com

JAN 28-30 FRI-SUN HOSTED EVENT
Pam & Garry Greer 530-677-5616
3200 Red Rock Ln, Shingle Springs, CA 95682
pamgreer@yahoo.com

JAN 30–FEB 3 SUN-SUN AVAILABLE FOR TRAINED HOSTS

FEB 3-8 THURS-TUE HOSTED EVENT
Cindy Toran & Christine Piccin 707-539-4396
932 Ripley St, Santa Rosa, CA 95401
toranski@aol.com

FEB 8-11 TUE-FRI AVAILABLE FOR TRAINED HOSTS

FEB 11-13 FRI-SUN HOSTED EVENT
Shelly Navine & Richard Thornton 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde@33301@comcast.net

FEB 13-17 SUN-THURS HOSTED EVENT
(Limit 18) Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com
Reservations: Linda Howard 530-620-4364
linda-howard@juno.com

FEB 17-21 THURS-MON INTER-GENERATIONAL SNOW WKND
Joan Ryan & John O’Sullivan 415-564-8307
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

FEB 21-25 MON-FRI MULTI-GENERATION / COOP MEALS
MaryJane & Paul McKown 415-383-2774
602 Amaranth Blvd, Mill Valley, CA 94941
mjmckown@gmail.com

FEB 25-27 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmgee@comcast.net

FEB 27-MAR 3 SUN-THURS AVAILABLE FOR TRAINED HOSTS

MAR 3-6 SUN-THURS HOSTED EVENT
Lynn Garric & Larry Langbehn 5400 Alpine Rd, Santa Rosa, CA 95404
cranacs@sonic.net

MAR 6-9 SUN-WED AVAILABLE FOR TRAINED HOSTS

MAR 9-13 WED-SUN HOSTED EVENT
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

MAR 13-20 SUN-SUN AVAILABLE FOR TRAINED HOSTS

MAR 20-25 SUN-FRI HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde@33301@comcast.net

MAR 25-27 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmgee@comcast.net

MAR 27-APR 3 SUN-SUN FAMILY-FRIENDLY EVENT
Alan Fairhurst & Mindi Canner 415-269-5080
3239 21st St, San Francisco, CA 94110
faircans@comcast.net

APR 3-15 AVAILABLE FOR TRAINED HOSTS

APR 15-18 FRI-MON PRIVATE EVENT
Tom & Carol Coleman 707-992-0650

Watch for updates in future issues of TRAILS!

— Cindy Toran, Echo Summit Lodge Trustee

NOVEMBER 2010 TRAILS 7
CAC QUARTERLY MEETING 
AND DINNER

Our October 17th dinner was a HUGE SUCCESS thanks to Coordinator Jennie Bruyn. Along with many volunteers and Chef SELMA BOMFIM, we fed approximately 50 hungry partygoers fresh seafood cioppino and wonderful desserts thanks to Maureen Smith, Dennis Ziebell and Bill Pung. Renee Powers crafted beautifully scripted nametags, making it easy for new and old members to get to know each other, and Hardy Dawainis and Mayme Harris served drinks before dinner. We gratefully thank: Innes Bergman, Greg Farber, Graham Forder, Joe Fay and Becky Sandman, Anne Good, Eva Libien, Mary Jane and Paul McKown, Laureen Novak and Jay Hallberg, Howard Ortman, Taren Hamilton, Robert Piper, Hans Schilling, Tom Swaine, Dolores Welsh, Ricia Wise, all who brought appetizers, Win Hayward for his piano playing, and the many others who pitched in to help. Our volunteers worked diligently as a team throughout the evening! It’s this kind of energy that makes our club so special.

— Sue Karp
CAC MEMBERS COME TO THE RESCUE

The drive to aid the Echo Summit Lodge Trustees in repaying the Alpine Lodge Trustees for a $35,000 loan needed to pay for Forest-Service-mandated Lodge improvements is moving along very well. To date, 71 donations have been received from concerned and caring Club members. 51% of our goal has been reached. As donations come in, we repay Alpine Lodge in $5,000 increments. The following members have generously contributed a total of over $17,775: Elizabeth & Ray Sommer, Carroll Pearson, Maureen Smith, Dennis Ziebell/Bill Pung, Helena Troy, Tom McNicholas, Verna West, Selma Bomfin/Stan Finkelstein, Joanne Wolf, Jan McCulloch & Jim Nixon, Cindy & Russ Toran, Fungi Federation of Santa Cruz (Phyllis Cole & Lee Yamada), Gale & Michael Udkow, Franz Kohout, Barbara & John Lillich, Valerie Nelson & Allen Utterback, Susan McCarthy, Geri Gottbrath, Jill Denney, Beryl Martin-Sussman, Marilyn & John Hannum, Julie & Allan Wolchuck, Edie Nelson, Janet & Dave Mullin, Ann Meneguzzi, Bill Meneguzzi, Grete & Gordon Ringenberg, Tony Smith, Ursula Pederson, Karl Beck, Sharon & James Hampton, Dolores Fahey, Dorsey McTaggart, Vicki & Bob Bass, Ruth Tretbar, Pascale Leroy-Marr, Mayme Harris, Nell Fraser, Anita Cabrera & Nick Gregoratos, Cindy Pawlcyn & John Watanabe, David Solbach, Anne & Ed DelMonte, Sue Gibbons, Rebecca Suzanne, Onnie Taylor, Natalia Svensson, Diane & Bruce Friend, Charlie Wirth, Dan Winkelman, Pat Boyd & Robert Piper, Bernard Bennett, Allen Schmidt, Anita & Dan Dippery, Tylan Billings, Charlotte & John Hannan, Jennie Bruyn, Sue Karp, Nuala Caulfield, Marion (Blake) Rhodes, Ernie Pitz, James Watson, Elizabeth McDonald, Eleanor Marietta, Peter Purgalis, David Chittenden, Yudith & Ruven Segev, Chris Bekins, Dan Schoenholz, Ginger Cowan, Aline Singrey, Dee & Ginny Foote.

THANK YOU VERY MUCH!

Please reflect on how much a typical vacation might cost you and your family; not only to get away from the hustle and bustle of the city, but to experience something only a lucky few ever will: incredible Echo Summit Lodge. For those who have not yet donated, please consider making a much needed donation so we can add your name to our growing list of heroes. If not now, when, if not you, who?

To send a donation, please make your check payable to Echo Summit Lodge and mail it to Cindy Toran, Trustee, 932 Ripley St., Santa Rosa, CA 95401. We are classified as a social club; therefore donations are not tax deductible.

My sincerest thanks,

— Jim Nixon, Echo Chair
PRESIDENT’S MESSAGE

In a club of over six hundred members with so many things happening, there are many, many ways that volunteers make CAC the great Club it is. Here are some of our wonderful volunteers I have noticed lately.

We have, as I said, over six hundred members, but it takes only thirty to have a quorum for our Quarterly Membership Meetings. Getting thirty members at Alpine Lodge on a beautiful Sunday afternoon in October was not easy, but they were there, ready to listen to discussion about bylaw changes and vote on them. They offered suggestions to the Board about how to pay for the costly upgrades that the Forest Service required to be made to our Echo Lodge. I commend them for their attendance and the seriousness with which they participated. I especially thank Carroll Pearson who did all of the preliminary work to prepare us to vote on the bylaw changes.

Afterwards many of us celebrated at the Quarterly Dinner all the work that was accomplished. Of course many volunteers were responsible for it. Jeri Merritt recruited her son Ian and assisted him in cooking a delicious Chicken Kiev dinner with Eggplant Parmigiana for those of us who preferred a vegetarian entree. The tables were set and beautifully decorated by Janet Mullin and Mary Maier. Sometimes when we volunteer we may think that our efforts will hardly be remembered. That is not true of Susan McCarthy who made my favorite tablecloths that were on the tables. When we purchased our new oblong tables the old round white tablecloths no longer were usable and Susan picked out fabric and sewed new ones. As full as we were after that delicious meal, we all headed over to the dessert table for huge slices of cake and ice cream made by Dennis Ziebell and Bill Pung.

Another group of volunteers is the Nominations Committee, which this past year consisted of Jim Nixon, Ed Del Monte, Ernie Pitz, Tony Smith, Ruth Tetreau and Carroll Pearson. These members are responsible for choosing the leadership of our club. I do not use the word “choosing” lightly. If no one decides to run against a nominee chosen by the Nominations Committee, there is no election. This is often how it happens. Sometimes it takes a lot of work to get a slate of officers. Thank you, Nominations Committee. Soon it will be my job as president to select a Nominations Committee that the Board will approve. Is this important job one you are willing to do? Please let me know.

In a club of volunteers we are always facing people leaving posts and looking for someone new to fill the posts. Last month I formed my “Head Hunters” group to help us fill vacancies. Jennie Bruyn knew just whom to ask and how to ask to get Pauline MacDonald to take over Hike Coordinator from Taren Hamilton. Thank you, Taren, for your fine service to the hikers. Thank you, Jennie, for being such a good recruiter and thank you, Pauline for accepting the job.

See President page 3
Now for the volunteers-to-be, because the work is never finished. Sarah Dove has volunteered to be our next Membership Chair. Thank you, Sarah for taking on this very important CAC position.

I got a note from Arnold Champagne, an Alpine trustee, another much appreciated volunteer, who said, "I will be putting together a proposed master plan addressing the projects we want to accomplish for the next one, three, and five years for the buildings we have. I would like the names, telephone numbers, and addresses of members with the following talents: inside carpenters, outside carpenters, finish carpenters, electricians, electronics, plumbers, civil engineers, soil and structural, tile setters, architects and draftsman, interior designers and design painters." Please let Arnold or an Alpine Trustee know how you can help.

When I volunteer I find that I enjoy the task and working with other club members. Karen Wagner has the best approach. Once she told me, “When I joined the club I knew being on a committee or the Board was not my thing, but I could host events at Echo.” So she has! I love to go to her birding weekends. Let’s each of us think of things we love to do. I know there will be a job like that just waiting for you to do in the California Alpine Club.

— Marliss Riddle, Membership Chair

Many thanks to Marliss Riddle for her service to the Club as Membership Chair. Sarah Dove has volunteered to fill this role going forward, and will take over the duties of Membership Chair on January 1, 2010.

— Marliss Riddle, Membership Chair

Are you a compulsive spell-checker? A nitpicking grammarian? A dab hand at Microsoft Word? If so, the Alpine Club needs your skills. We are in need of a few good wordsmiths to help with the monthly editing of the newsletter you are reading right now.

Every month, a CAC volunteer editor solicits and collects articles for the upcoming issue, edits and formats them, and collaborates with our printer to produce an interesting and readable issue. You are given very complete instructions and as much help as you need—it’s not difficult. It’s actually a great way to learn more about the Club and its goings-on.

This month’s editor is Dan Schoenholz: see his name at the top of page two? Your name could be next! With that incentive, what are you waiting for? Please contact Angela Blackwell at 415-584-2586, or ablackwellca@earthlink.net if you are interested.

— Angela Blackwell, Publications

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— Mae Harms, President

Chef Ian Merritt with Dave Mullin Working on Coffee

Ed Del Monte Willing the Sanitizer To Work

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms
ALPINE HIKE LEADER SCHEDULE
OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS’ WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

Sunday December 6  9:30 AM  Howard Ortman  415-456-5912  2B
Sunday December 6  9:00 AM  Bill Mayers  415-785-3516  3B/C
Sunday December 13  9:30 AM  Arnold Champagne  415-282-1704  2B
*Saturday December 19  10:00 AM  Leaderless  1A
*Sunday December 20  9:30 AM  Hardy Dawainis  415-461-4431  2B
Sunday December 25  10:00 AM  Eva Libien  415-383-5184  2B
Sunday December 27  9:30 AM  Anne Good  510-526-6792  2B
Friday January 1  9:30 AM  Jennie Bruyn  415-456-1877  2B
Sunday January 3  9:30 AM  Leaderless  2B
Sunday January 10  9:30 AM  Carol Bodtker  415-884-0850  2B
*Saturday January 16  10:00 AM  Don & Donna Rice  1B
*Sunday January 17  9:30 AM  Renee Powers  415-648-4940  2B
Sunday January 24  9:30 AM  Anne Good  510-526-6792  2B
Sunday January 31  9:30 AM  Erik Bodtker  415-328-4410  2B
Sunday February 7  9:30 AM  Eva Libien  415-383-5184  2B
Sunday February 14  9:30 AM  Karl Baeck  415-459-6370  2B
*Saturday February 20  10:00 AM  Open  1A
*Sunday February 21  9:30 AM  Pauline MacDonald  415-381-2870  2B
Sunday February 28  9:30 AM  Howard Ortman  415-456-5912  2B

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

IMPORTANT!
RAIN CANCELS

ALL 2B HIKES BEGIN AT 9:30AM  (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader’s choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

**Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

FAMILY AND CHILDREN’S HOLIDAY PARTY

To all four generations of Alpiners: Come join us for the Children’s Holiday Party on Sunday, December 13th from 2-5pm! Tim Cain, a wonderful guitarist, and a balloon lady will be here to entertain children and adults alike.

CAC will provide the beverages, ham and rolls. All participants should bring a favorite family dish to share. Cost is only $10.00 per family (includes up to two adults).

Don’t forget to bring a wrapped gift for your child, labeled with the name clearly written on top because Santa Claus will be making a special surprise visit and give each child his or her own gift.

Sign up with Mary Frey by sending your check to Mary Frey, 100 Thorndale Drive, Apt. 251, San Rafael CA 94903. Please state how many adults and kids are in your group and let Mary if you can help before or after the party. Phone or email if you have any questions: 415-492-2510 or Marymaryhiker@aol.com.

Please see CAC Holiday Party article, page 10!

ALPINE LODGE SUNDAY INNKEEPERS

DECEMBER 2009
06 Nancy Bott ................................. 415-388-0245
13 Helena Troy ............................... 415-492-9576
20 Donna and Donald Rice ............ 415-552-6087
27 Open

JANUARY 2010
03 Lori Sondheim .......................... 916-446-1161
10 Caroline Austi .......................... 510-923-1262
17 Diane Smith ............................. 925-935-2869
24 Sue Karp ................................. 415-927-3221
31 Debbie Dorosin ......................... 415-388-7896

February 2010
07 Onnie Taylor .......................... 415-775-9150
14 Mary & Leslie Will .................... 415-751-6469
21 Susan Head ............................. 415-331-2598
28 Stanley Finkelstein ..................... 415-381-4676

— Selma Bomfim, Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED. Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.
ALPINE LODGE EVENTS: Associate Members Welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. To schedule an event, please call Alpine Lodge Reservations at 415-381-4975.

TRAILS CALENDAR LISTINGS
Robert C. Smith is our Alpine Calendar coordinator. Please send him a complete event description as soon as you are scheduled at alpinelodge1@yahoo.com, or by mail to 1525 Berkeley Way, Berkeley CA 94703-1235; and let our Social Activities Chair Greg Farber know at calpineclub@gmail.com.

DEC 3 THURS  MID WEEK WORK PARTY
Chef: Jennie Bruyn. Lunch is served; overnight possible. Contact Jennie at 415-456-1877 to RSVP.

DEC 5 SAT  MT. TAM InterPRETiVe ASSOCIATION
Coordinator: Sue Karp, suekarp@prodigy.net

DEC 6 TUE  TUES SIERRA CLUB HIKERS Luncheon Mary Jane McKown.

DEC 12 SAT  CAC HOLIDAY PARTY
Chef: Ian Merritt 4pm to 9pm
Desserts: Bill Pung and Dennis Ziebel
See article on page 10 for details.

DEC 13 SUN  CHILDREN’S HOLIDAY PARTY
Coordinator: Mary Frey. See article on page 4.

DEC 14-18 SUN-FRI  TENTATIVE RESERVATION
Greg Farber

DEC 19 SAT  NO LEADERSHIP MEETINGS
See Hikers’ Weekend box.

DEC 22 TUE  MEMBER RENTAL
Betty Osborn and Bev Haywood

DEC 25 FRI  CHRISTMAS DAY
Coordinator: Bonnie Radest. See article on page 1.

DEC 31 THURS  NEW YEAR’S EVE
JAN 1 FRI  NEW YEAR’S BREAKFAST
Volunteers are needed for these events. Please contact Tony Smith at 925-933-2403 if interested in attending and/or helping out. See article on page 6.

JAN 1 FRI  ANNUAL NEW YEAR’S DAY HIKE
Jennie Bruyn will lead a hike up the Tamalpais to East Peak to welcome in the new year with a champagne toast. Meet at the Alpine Lodge for hike start at 9:30am, sharp!

JAN 1 FRI  NEW YEARS SOUP AND SALAD
Join coordinators Eva Libien and Nuala Caulfield for this delicious holiday tradition. Contact Eva at 415-383-5184 or elibien@yahoo.com for reservations and if you’d like to volunteer or contribute a soup. See article on page 6.

JAN 2 SAT  PRIVATE RENTAL
Lori Sondheim

JAN 7 THURS  MID WEEK WORK PARTY
Chefs: Jennie Bruyn, Carol Bodiker 9am to 3pm
Coordinator: Jennie Bruyn, Lunch will be served; overnight possible. Contact Jennie at 415-456-1877 to RSVP.

JAN 8-9 FRI-SAT  HIKERS’ WEEKEND
See Hikers’ Weekend box.

JAN 10 SUN  SUNDAY WORK PARTY
Chef: Barbara Crockett 9am to 3pm
Interested Coordinators please contact Greg Farber at 415-722-0625 or gfarber@gmail.com. Workers please refer to the CAC online calendar. It will identify the coordinator or announce cancellation.

JAN 14-18 SAT-SUN  TENTATIVE RENTAL
See article on page 6.

JAN 15-16 SAT-SUN  HIKERS’ WEEKEND
See Hikers’ Weekend box.

JAN 17 SUN  QUARTERLY MEMBERS AND LEADERSHIP MEETINGS
Lodge Trustees, noon; Board of Directors, 2pm
Quarterly Membership Meeting, 3pm. Need dinner host. Contact CAC Leadership.

JAN 22-28 FRI-SUN  PRIVATE RENTAL
Rebecca Suzanne

JAN 30-31 FRI-SUN  PRIVATE RENTAL
Hunter Merritt

FEB 4 THURS  MID WEEK WORK PARTY
Chef: Maureen Smith 9am to 3pm
Coordinator: Eva Libien. Lunch is served; overnight possible. Contact Eva at 415-383-5184 to RSVP.

FEB 5-7 FRI-SUN  TENTATIVE PRIVATE RENTAL
(HENTATIVE)

FEB 20 SAT  LEADERSHIP MEETINGS
BoD at 2pm. See how club business is run; all are welcome!

FEB 20-21 SAT-SUN  HIKERS’ WEEKEND
See Hikers’ Weekend box.

FEB 27 SAT  PRIVATE RENTAL
Selma Bomfim 9am to 9pm

MAR 4 THURS  MID WEEK WORK PARTY
Chef: Barbara Crockett 9am to 3pm
Coordinator: Hardy Dauvains. Lunch is served; overnight possible. Contact Hardy at 415-461-4431 to RSVP.

MAR 13 SAT  PRIVATE RENTAL
Mt. Tamalpais Interpretive Association 8am to 4pm

MAR 14 SUN  TENTATIVE  ST. PATRICK’S DAY DINNER
Coordinator: Nuala Caulfield, ntcaulfield@MSN.com

MAR 20-21 SAT-SUN  HIKERS’ WEEKEND
See Hikers’ Weekend box.

APR 1 THURS  MID WEEK WORK PARTY
Contact Alpine Lodge Trustees.

APR 5 TO 10 MON-SAT  PRIVATE RENTAL
Sierra Club Coastal Medley Trip

APR 11 SAT-SUN  HIKERS’ WEEKEND
See Hikers’ Weekend box.

APR 17-18 SAT-SUN  HIKERS’ WEEKEND
See Hikers’ Weekend box.

Watch for updates in future issues of TRAILS!

EVERY SUNDAY OPEN HOUSE
Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.

HIKERS’ WEEKENDS
Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, $12. Overnight $18, breakfast Sunday, $5; guests are $5 additional.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.
PROPOSED BY-LAW CHANGE – FAMILY MEMBERSHIP
Voting - January 17, 2010

The CAC Board of Directors is recommending the following additions to our by-laws to document the inclusion of a Family Membership, delete the Junior Membership, and wording changes to Joint Membership. While not part of the By-Laws, the proposed dues for Family Membership would be as follows based on dues as of June 2009:

Family (2 adults): $155 annually
Family (1 adult): $90 annually
Family (each child, ages 4 to 18): $10 annually

The second change is to clarify the intention of dues distribution, discussed at the membership meeting on October 18, 2009.

The deleted wording has a strikethrough and the additions are underlined. Complete By-Laws are available on the CAC web site, http://calalpineclub.org. These changes will be voted upon at the quarterly membership meeting January 17, 2010. We need a quorum of 30 members, so please plan to attend the meeting.
-- Carroll Pearson, By-Laws Committee

BY-LAWS CHANGE #1 – Family Membership
This change adds a Family membership class and eliminates the Junior membership class. The change also alters the wording of the Joint class.

Article II – Membership, Section 2 – Membership Classes
There shall be nine classes of membership as follows: Exception to the membership class requirements may be made by application to the Membership Chairperson and action by the CAC Board of Directors.

b) Joint: Open to husbands and wives, and unmarried couples, two adults (over 18 years of age) with CAC communication to one mailing address and one email address (if available), and includes all Regular membership rights and privileges.

e) Junior: Open to young people who have not yet reached their eighteenth birthday, and shall have all rights of membership except that of voting, holding office or sponsoring new members. No entrance fee shall be required for Junior status. Junior member applicants may be included as family members of a family group if they join at the same time as their parents/guardians, or at a later date by a letter of request from their parents/guardians who are already California Alpine Club members in good standing. Young people who have not yet reached their eighteenth birthday and do not have parents/guardians who are members of the Club must make application for membership in the approved form for all new members, but without the charge of an entrance fee.

c) Family: Open to one or two adults (over 18 years of age) and children (age 4 to 18) with CAC communication to one mailing address and one email address (if available). Includes Regular membership rights and privileges for adults.

Article II – Membership, Section 6.2 New Member Dues
Initial dues of applicants for membership shall be assessed according to the date of membership application submittal to the Membership Chairperson as follows:

• Those applying from April 1 through June 30 shall pay dues for a full year.
• Those applying from July 1 through December 31 shall pay dues for one-half year.
• Those applying from January 1 through March 31 shall pay dues for a full year; such dues shall be considered full payment for the following fiscal year.

Dues for Junior or Student members are the same regardless of the date of application submittal.

BRING IN THE NEW YEAR AT ALPINE LODGE
December 31, 2009 and January 1, 2010

Join Tony Smith at 5pm for Happy Hour and 6pm for New Year’s Eve co-op dinner ($12), overnight ($18), overnight for guests ($23), and breakfast Friday ($5). Come to one or all three of these events. Email Tony at joanne-tony@sbcglobal.com (preferred) or call him at 650-207-1619. Send check made out to Tony at 2345 Tice Creek Dr. #4, Walnut Creek, CA 94595 and tell him what you intend to bring for dinner. BYOB whether it’s Moet- Chandon or $2-Buck Chuck, and sip in moderation so you can join Jennie’s hike on 2010’s first day.

— Tony Smith

NEW YEAR’S DAY
SOUP & SALAD EVENT

Come celebrate the arrival of 2010 by joining Alpiners at our annual Soup & Salad event. After their hike up the mountain, hikers will return to the Lodge to enjoy a variety of hors d’oeuvres followed by soups and salad. Please sign-up to bring an hors d’oeuvre or soup. We will provide salad and breads. Volunteers will be needed to set-up and clean-up. The cost of this event will be $9 for members, $12 for guests. We cannot accommodate drop-ins, reservations are a must. Send your check to Eva Libien, 2 Eucalyptus Knolls, Mill Valley, CA 94941.

— Nuala Caulfield, Host
Eva Libien, Coordinator
Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

The winter season is upon us and Echo Lodge is a perfect home base for snow play—skiing, snowshoeing, sledding, good ol’ snowball competition, and warming by the fire. We have a cadre of enthusiastic Hosts ready to take your reservations. Call them while they still have room available, so you can enjoy winter in the Sierra at our wonderful lodge! Happy Holidays!

Note to Winter/Spring Hosts: Openings in the Winter Schedule are: Dec 1-11, Dec 13-18, Jan 3-8, Feb 8-11, Mar 2-5, Mar 7-16, Apr 10-23, Apr 25-30. There is just one winter weekend currently with no host: Mar 12-14. Of course, there are also plenty of time available in April through June for either hosted or private events. Contact me if you would like to schedule any open times (my e-mail and phone number are above).

Sincerely, Cindy

The next Echo Lodge Trustees’ Meeting will be Saturday, January 9, 2010, 10am, at Jim Nixon’s home. Contact Jim at 650-756-7771 if you would like to attend.

Echo Summit Lodge Fall/Winter Schedule:

DEC 11- 13 FRI-SUN HOSTED EVENT
Jayma Brown, Allan Lindberg, Peter Beckmann (Late) Oktoberfest, and (early) carolling. Join us for German cuisine, and start the holiday season with Echo Christmas cookies! (Snow chains or 4WD recommended.)
510-237-0231
525 32nd St, Richmond, CA 94804
jaymabrown@earthlink.net

DEC 19-24 SAT/THURS PRE-CHRISTMAS WEEK
Joni Hyerle 831-427-3839
132 Kennan St, Santa Cruz, CA 95060
jhyerle@yahoo.com

DEC 24-26 THURS-SAT MERRY CHRISTMAS
Cindy & Russ Toran 707-539-4396
932 Ripley St, Santa Rosa, CA 95401
toranski@aol.com

DEC 26-31 SAT/THURS CHRISTMAS WEEK
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

DEC 31-JAN 3 THURS-SUN HAPPY NEW YEAR!
Art Ewart & Kathleen O’Dea 707-538-3696
1405 Snowy Cloud Way, Santa Rosa, CA 95409
aewart@sbcglobal.net

JAN 3-8 SUN-FRI AVAILABLE FOR TRAINED HOSTS
JAN 8-10 FRI-SUN HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
cydle33301@comcast.net

JAN 10-14 SUN-THURS HOSTED EVENT
Diane & Bruce Friend with Edie Nelson 510-654-4218
6124 Chabot Rd, Oakland, CA 94618
biefidi@comcast.net

JAN 14-18 THURS-MON YOUNG FAMILIES SNOW WKND
Joan Ryan & John O’Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joannyran@mac.com

JAN 18-24 MON-SUN COOP MEALS WEEK
Cindy Toran 707-539-4396
932 Ripley St, Santa Rosa, CA 95401
toranski@aol.com

JAN 24-29 SUN-FRI HOSTED EVENT
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

JAN 29-31 FRI-SUN HOSTED EVENT
Pam & Garry Greer
530-677-5616
3200 Red Rock Ln, Shingle Springs, CA 95682
pamgreer@yahoo.com

JAN 31-FEB 3 SUN-WED HOSTED EVENT
Mary Jane & Paul McKown 415-383-2774
602 Amaranth Blvd, Mill Valley, CA 94941
mjmcwagon@gmail.com

FEB 3-8 WED-MON HOSTED EVENT
Tim Seeley 707-537-0668
4819 Foxglove Ct, Santa Rosa, CA 95405
seeley@sonic.net

FEB 8-11 MON-THURS AVAILABLE FOR TRAINED HOSTS

FEB 11-15 THURS-MON HOSTED EVENT
Pattie Jacobson & Richard Thornton 650-596-0699
220 Ocean Ave, Santa Cruz, CA 95062
lynnz@ cruzio.com

FEB 15-21 MON-SUN HOSTED EVENT
Mary Nantvis & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
cydle33301@comcast.net

FEB 21-26 SUN-FRI HOSTED EVENT
Tom McNicholas & Mike Udkow 707-992-0650
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

FEB 26-MAR 2 FRI-TUES HOSTED EVENT
Tom McNicholas 707-539-4396
1788 Walnut St, San Carlos, CA 94070
toranski@aol.com

MAR 5-7 FRI-SUN HOSTED EVENT
Karen & Jerry Wagner 707-528-8197
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

MAR 16-21 TUES-SUN HOSTED EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

MAR 21-26 SUN-FRI SHARE-THE-LOVE MEALS
Lynn Zachreson 831-426-3428
220 Ocean Ave, Santa Cruz, CA 95062
lynnz@cruzio.com

MAR 26-28 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

MAR 28-APR 4 SUN-SUN FAMILY FRIENDLY EVENT
Alan Fairhurst & Mindi Canner 415-307-5699
3239 21st St San Francisco, CA 94110
mcanner@comcast.net

APR 1-10 SAT-SUN PRIVATE EVENT
Lynn Zachreson 831-426-3428
220 Ocean Ave, Santa Cruz, CA 95062
lynnz@cruzio.com

APR 10-23 AVAILABLE FOR TRAINED HOSTS

APR 23-25 PRIVATE EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

MAY 14-16 FRI-SUN HOST APPRECIATION & TRAINING
Reservations: Cindy Toran 707-539-4396
toranski@aol.com

MAY 27-31 THURS-MON SPRING FUN & WORK PARTY
Reservations: Jim Nixon 650-756-7771
jnimx0020@yahoo.com

Watch for updates in future issues of TRAILS!
Whenever I look around the old photos decorating our walls, I am reminded of the hard working and dedicated members that have left us this treasure on Mount Tam. I am also reminded that it is now our place in the history of our club to do our part and make sure that these buildings will still be here in another hundred years for our present and future members to enjoy. The Alpine Lodge Work Parties are not only a good place for members to make new friends and enjoy the camaraderie of working together, but also to develop a sense of ownership in our lodge.

A little bit of rain did not dampen the good spirits of a hardy group of volunteers at our November 5th Work Party. You will have noticed our garden looking better then ever which is due to our hardworking and innovative garden committee Don and Donna Rice, Ruth Tretbar, Bill Pung and Dennis Ziebell, who were out there working and making great plans for the future. Ann and Goss Schubert, Renee Powers, Dolores Welsh (a prospective member) Marguerite Murphy and Mae Harms were busy with our very important and never-ending housekeeping chores. Ernie Pitz and Bill Jones (a prospective member) did a great job bringing in and stacking firewood ensuring a cozy lodge for the winter. Tony Smith, Hal Waterman, Jordan Herrmann and Ben Heldens were helping Trustee Arnold Champagne with much needed building repairs. Jennie Bruyn and Hardy Dawainis, the other two Trustees present, were kept busy directing traffic to maximize the available talent.

We worked hard and shared a good meal prepared by Karl Baeck with the help of Sue Karp and Sarah Davis. Wine, provided by Jennie, added to everyone’s good spirits.

What better way is there to spend a day?

— Hardy Dawainis

Sheila Dunniway, 66, beloved friend and life member of CAC, died at the home of a friend on October 29th after a year-long battle with a recurrence of cancer. She loved the Alpine Club and shared many happy times at Echo Lodge, often with her father, William Eadie, also an Alpine Club member who passed away last year. She is survived by her sons, Brian and David and grandchildren, Jacob and Taylor. Her spirit and spirtely presence will be sorely missed.

Sheila had been a first grade teacher for 25 years in Ben Lomond, CA before she recently retired. She had been a docent for Henry Cowell State Park and a part-time librarian prior to her death.

A memorial celebration of her life was held in Aptos, CA on November 7th.

The family requests that donations in memory of Sheila be sent to: Friends of Santa Cruz Public Libraries, PO Box 8472, Santa Cruz, CA 95061.

— Jack Borok
ON THE ENVIRONMENTAL FRONT

The threat to our state parks has caused the California State Parks Foundation (www.calparks.org) to support a ballot measure called “California State Parks and Wildlife Conservation Trust Fund Act of 2010.” It would impose an $18 annual fee for a “State Parks Access Pass” on all California vehicles (exempting commercial vehicles, mobile homes, and permanent trailers). In return said vehicles would receive free admission to all state parks; out of state vehicles would continue to pay full entrance fees. A complementary approach has been taken by CAC member Robert C. Cirese, who wrote Frank Dean, Acting Director of Golden Gate National Recreation Area, inquiring whether GGNRA could assist California State Parks in maintaining parking lots and restrooms at sites such as Bootjack, Rock Springs, Mountain Theatre...

I attended the Continental Dialogue on Non-Native Forest Insects and Diseases October 27 at Fort Mason, and learned that Phytophthora ramorum, the pathogen behind Sudden Oak Death, might soon acquire an accomplice in its assault on our oak trees. The Goldspotted Oak Borer, long a denizen of Arizona and parts south, has crossed the desert to San Diego County sometime prior to 2002, and is working its way north. It probably hitched a ride from Arizona in firewood, and all it needs to thrive here is for a load of infected San Diego firewood to show up at one of our local flea markets—an event that would be perfectly legal. The National Association of State Foresters warns “there is no inclusive or coordinated policy on firewood movement...a consistent national approach-focused on firewood itself and not just individual pests—is needed to ensure consistency across state lines.” Check out www.dontmovefirewood.org. The Goldspotted Oak Borer does arrive here, it will enjoy the dry years we’ve just had, whereas the SOD pathogen prefers the wet year we’re likely to experience this coming El Nino year...In all its’ wisdom, the Marin Board of Supervisors has reopened discussion about rules governing mountain bikers, according to the Marin Independent Journal, a Pandora’s Box hikers would prefer not to revisit. Current talk seems directed at the idea of a park or trail for bikers that would not put bikes onto existing single-track trails...Save the Bay applauds the San Francisco Regional Water Quality Control Board’s issuance of requirements for cities to reduce trash input to the Bay by 40% in the next four years, and to ensure zero trash discharge from stormwater within 12 years. Ironically, according to the SF Chronicle, the tons of clay and sand that gold miners scoured from the Sierras has flushed out to sea after over a century in the Bay, leaving clearer water and a problem for the delta smelt, which used the sediment for camouflage. Less sediment means more sunlight permeates the Bay water and spurs growth of phytoplankton, an overabundance of which can result in a massive die-off that strips water of oxygen. Complications, complications...Thanks to all those who attended our Conservation Dinner back on Nov 7. Here’s wishing you a merry Winter Solstice—keep me posted at dsolbach@gmail.com.

— David Solbach CACF Board Member
CAC HOLIDAY PARTY SURPRISES!
DECEMBER 12 AT ALPINE LODGE

Make your reservations soon ‘cause we’re filling up fast! David Solbach’s jazz ensemble will play; Melanie Facen opens the Honor Bar at 5pm; fabulous Guest Chef Ian Merritt returns once again to serve dinner at 6pm, and desserts by Dennis Ziebel and Bill Pung will top off the evening.

Bring appetizers to share, a new unwrapped toy for donation to Toys for Tots, and your volunteerism spirit. We’re still looking for a decorator and photographer for this event, and could probably use help with cleaning. This whole affair is only $20 per person; overnight is an additional $18 for members; $23 for guests; with $5 for breakfast. Contact Mae Harms at maeharms@mindspring.com or 530-333-1058, then send checks payable to Mae Harms at 5941 Garden Park Drive, Garden Valley, CA 95633-9514.

— Vicki Olds, Vice President

TRAILS NEWSLETTER ALERT

Please send articles for the February 2010 issue of TRAILS to editor, Tom Mahood, at tmahood@callatg.com, or via mail to 4824 Foxglove Court, Santa Rosa, CA 95405-7965. Telephone 707-538-8288.

Tom should receive articles for the February issue no later than January 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the March 2010 issue of TRAILS will be Angi Blackwell, at the address below. Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact me at abblackwellca@earthlink.net, telephone 415-584-2586, or Carroll Pearson at pearsoncmp@aol.com, telephone 408-736-9403.

— Angi Blackwell, Publishing
CAC MEMBERSHIP ASSESSMENT ANNOUNCEMENT

In October of each year, an analysis is made on whether or not to adjust the dues of the California Alpine Club. Recent events—increased insurance costs to cover our valuable buildings and extensive remodel expenses at Echo Lodge—have severely depleted reserves.

If you have been reading TRAILS, you are aware of the problems surrounding the Echo Lodge construction of disabled access features acceptable to the Forest Service, the ADA, and local building codes. Unprecedented additional costs for the Echo ADA Ramp have put Echo Trustees in a very tight financial position. We must start rebuilding the Echo reserve accounts that are necessary for standard maintenance. Echo lodging and accommodations fees were raised on January 1, 2010; but unfortunately, this will not be sufficient.

In true CAC spirit, Alpine Lodge was in a position to return the favor granted to them by Echo a few years ago when Alpine faced the same type of shortfall for its new septic system. Alpine Trustees found a way to loan Echo Trustees $35,000, which was needed prior to January 2010, and if Alpine Trustees are repaid by September of 2010, their financial picture for operations will be adequate. As of year-end 2009, generous member donations to Echo Lodge for the repayment of this loan total over $20,000. THANK YOU!!!

However, the reserve accounts of the three entities—Echo, Alpine, and CAC—are severely stressed and cannot be replenished quickly enough unless some global action is taken.

The Finance Committee considered the options of raising CAC dues and/or a special assessment. A dues increase of 10 to 30 percent was considered, but even the 30% hike would not meet our financial needs. It has been some time since the last dues increase in 2003, but with the economy, it was decided to forgo any dues increase, at least until next year, when we shall have better insight into the state of our reserves. Therefore, with great reluctance, a special assessment was settled upon.

The decision to recommend an assessment was not easy but was, in the opinion of the Finance Committee and the Board of Directors, the appropriate and fiscally responsible course of action. Based on the recommendation of the Finance Committee, and after extensive deliberation, the CAC Board authorized a one-time assessment according to membership class:

$85 per Regular or Life Membership  $145 per Joint or Joint Life Membership
$60 per Senior Membership  $95 per Joint Senior Membership

If you are a Life or Joint Life member and one of you is over 70 years old, then you qualify for Senior rates.

This assessment will be part of the annual CAC dues campaign in March 2010. This action will carry CAC and the Lodges through this financial shortfall. But please be aware that even after the assessment, CAC and the Lodges will still be left with minimal reserves to handle major maintenance projects or any unforeseen emergencies.

The Board of Directors understands that some Club members may be financially unable to pay the special assessment amount. If you are in a position where it is impossible or difficult to honor this assessment, the CAC Board has voted to allow you to exempt a portion of or all of the assessment. To do this you must write the amount of the assessment you are exempting from payment on the membership renewal form when you pay your dues. If you want to discuss the assessment confidentially, please call our Director John Hannum at 707-525-8108. We surely don’t want to force anyone out of the Club due to financial difficulties. Those of you who have already contributed to Echo Lodge’s donation campaign, may, if you choose, deduct your donation from the assessment.

Remember, the CAC has NO employees, pays NO salaries, and is entirely dependent on VOLUNTEERS to run our Lodges. We hope that soon these troubles will be behind us, and that the California Alpine Club will enjoy a sound financial base and a bright future so that members may continue to enjoy our wonderful Lodges and the great outdoors with friends and family.

— CAC Board of Directors and the Finance Committee: Chair Dave Maier, John Lillich, Carroll Pearson, and Dennis Ziebell.
President's Message

Having been president for over eight months, I have had opportunities to learn many things about our club. Resiliency is a buzz word these days. It applies to our club. We have a blend of solid traditions with a willingness to look at new ways of doing things. It all revolves around what volunteers do to sustain our club. Tony Smith hosted us on the final eve of 2009. The next morning Jennie Bruyn organized her four year traditional celebration of hiking up Mt. Tam to East Peak with cold bottles of champagne chilling in the backpacks. Jock MacDonald, Eric Bodtker, Bill Mayers, Mark and Bebe Birnbaum, David Solbach, Graham Forder, Tom Foote and Mitch Fields hiked up with them this year. Corks were popped and toasts began. When we all arrived back at Alpine Lodge we enjoyed an increasingly popular Soup and Salad Supper organized by Eva Libien and ch ef by many volunteers who cooked up their favorite soups. What a treat on that foggy, dank day! It was such a large group that it had to be held in Hertenstein Hall.

We just take that wonderful hall for granted these days. It wasn’t so, when it was proposed along with acquiring Echo Lodge in 1954. It took some explaining and convincing by Henry Hertenstein to get it accepted and completed. This is an example of being open to new ideas and placing them on the solid traditional foundations of our club. How much we appreciate both the hall and Echo Lodge today. Arnold Champagne has some ideas for the Tam Building. Will we adopt them? I don’t know. I believe that for the resiliency of our club, we need to listen to them with an open mind. Tony Smith and Peter Beckmann are working on some new events that can bring some mountain bikers into our activities. Can we open our minds to this? Marliss Riddle has persist ed in helping us see that young families need to be recognized with a Family Membership category in our bylaws.

Loyal members have volunteered contributions to meet the costs of the projects that the Forest Service required for our lease renewal. At last report from Cindy Toran, over $20,000 has been donated! I believe our members are frugal by nature, but generous in spirit when a real need is apparent. For many Mary Frey has brought smiles to the faces of those who have attended the Family and Children’s Party. I didn’t attend this year, but I treasure the memories of having attended with my granddaughter, Lauren, and my daughter-in-law, Martha. Some pictures I took then brought a smile to my face this year. One morning, I caught a smile on the faces of those who have attended.

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Appreciation and thanks go to the people who are willing to participate in the governing process of our club. I cannot mention them all in this column. Just look at the California Alpine Club box on the left side of page 2. Over the past year, Carroll Pearson has carried the load of writing and revising changes to our bylaws and shepherding them through the process of bylaw changing. Being willing to serve on the nomination committee, and attending board meetings are invaluable contributions. See the “CAC Leadership Needed” article on page 7 if you’d like to help lead. Of course those who show up to make a quorum for our Quarterly Meetings and Annual Meeting make it possible to conduct the business of the club.

Members volunteering in so many ways, valuing the past traditions and listening to members who want to share new ideas, will take CAC to its one hundred year anniversary and many years beyond. Bravo, CAC members!

— Mae Harms, President

New Members - 2009

New Members – December 2009: correction
Erika McCulloch (family membership)
Chris Greely
Diego Greely

New Members – January 2010
Dolores Welsh - regular member
835 University Street
San Francisco, CA 94134-1843
415-239-5519
dpw41@sbcglobal.net
Sponsors: Renee Powers and David Solbach

Bill Jones - regular member
815 Lamoraux #B
Sausalito, CA 94965-2620
415-339-0521
bill1jones@yahoo.com
Sponsors: Jordan Herrmann and Marie Melka

Marcos Mendoza – regular member
3952 Harrison St., #102
Oakland, CA 94611
773-551-9553
Mendoza@uchicago.edu
Sponsors: Ricia Wise and Jock MacDonald

— Sarah Dove, Membership Chair

NOTE FROM THE ALPINE LODGE TRUSTEES
HOST TRAINING MARCH 26 AND 27

In our ongoing effort to make and keep our beautiful Lodge a welcoming place, we ask that all members who are planning to host an event, book the Lodge for a private event, or stay at the Lodge for a period of time or a spontaneous overnight, to attend our Host Training. Our next Host Training will be on March 26-27, 2010. We will meet on Friday afternoon to share some information about our Lodge followed by a social get together before and after dinner. Please plan to stay overnight as we have an early breakfast on Saturday followed by familiarizing ourselves with the physical infrastructure of the buildings and learning how to plan and execute a successful event. We are usually finished around 3:30 or 4pm. The club will provide you with three delicious meals and a copy of our Alpine Lodge Hosting Manual. A donation of $25 ($30 per couple) is requested.

For Reservations, please contact Hardy Dawainis, 415-461-4431, or email hdawainis@comcast.net

— Hardy Dawainis, Alpine Lodge Trustee

PRESIDENT continued from page 2

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms
**ALPINE HIKE LEADER SCHEDULE**

**OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE**

<table>
<thead>
<tr>
<th>Hikers’ Weekend Listings Have An Asterisk And Are Bolded</th>
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<tbody>
<tr>
<td><strong>Sunday February 7</strong> 9:30 AM Eva Libien 415-383-5184 2B</td>
</tr>
<tr>
<td><strong>Sunday February 14</strong> 9:30 AM Karl Baeck 415-459-6570 2B</td>
</tr>
<tr>
<td><strong>Saturday February 20</strong> 10:00 AM Leaderless 1A/2B</td>
</tr>
<tr>
<td><strong>Sunday February 21</strong> 9:30 AM Pauline MacDonald 415-381-2870 2B</td>
</tr>
<tr>
<td><strong>Sunday February 28</strong> 9:30 AM Howard Ortman 415-456-5912 2B</td>
</tr>
<tr>
<td><strong>Sunday March 7</strong> 9:30 AM Karl Baeck 415-459-6370 2B</td>
</tr>
<tr>
<td><strong>Sunday March 14</strong> 9:30 AM Ann Schubert 650-494-6020 2B</td>
</tr>
<tr>
<td><strong>Saturday March 20</strong> 10:00 AM Leaderless 1A/1B</td>
</tr>
<tr>
<td><strong>Sunday March 21</strong> 9:00 AM Bill Mayers 415-785-3516 3C</td>
</tr>
<tr>
<td>9:30 AM Hardy Dawainis 415-461-4431 2B</td>
</tr>
<tr>
<td>9:30 AM David Solbach 415-563-1170 1A/2B</td>
</tr>
<tr>
<td><strong>Sunday March 28</strong> 9:00 AM Taren Hamilton 415-378-4240 3C</td>
</tr>
<tr>
<td>9:30 AM Open 2B</td>
</tr>
<tr>
<td><strong>Sunday April 4</strong> 9:30 AM Jock MacDonald 415-381-2870 2B</td>
</tr>
<tr>
<td><strong>Sunday April 11</strong> 9:30 AM Open 2B</td>
</tr>
<tr>
<td><strong>Saturday April 17</strong> 10:00 AM Leaderless 1A/1B</td>
</tr>
<tr>
<td><strong>Sunday April 18</strong> 9:30 AM Open 2B</td>
</tr>
<tr>
<td><strong>Sunday April 25</strong> 9:00 AM Jamie Watson 415-515-9618 3C</td>
</tr>
<tr>
<td>9:30 AM Open 2B</td>
</tr>
</tbody>
</table>

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

**IMPORTANT! RAIN CANCELS**

All Sunday 2B Hikes begin at 9:30 AM (7-10 miles and up to 2000 ft. elevation gain).

Alternate levels of Sunday hikes are sometimes offered in addition to the 2B hike and may have a different start time. Check the schedule.

Saturday Hikes on Hikers’ Weekends (3rd weekend of each month) are shown as leaderless and convene at the Alpine Club at 10:00 AM. Please select a leader from among the group.

If you would like to lead a hike currently shown as open, please call Pauline MacDonald (415-381-2870)

Notes: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader’s choice.

All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

Leaders: You are responsible for finding a replacement if you cannot lead the day of your scheduled hike.

CAC MEMBERS COME TO THE RESCUE

The drive to aid the Echo Summit Lodge Trustees in repaying the $35,000 loan from Alpine Lodge (for Forest-Service-mandated improvements) is moving along very well. To date, 96 donations (17% of membership) have been received from concerned and caring Club members. Over 57% of our goal has been reached. As donations come in, we repay Alpine Lodge in $5,000 increments. The following members have generously contributed a total of over $20,148: Elizabeth & Ray Sommer, Carroll Pearson, Maureen Smith, Dennis Ziebell/Bill Pung, Helena Troy, Tom McNicholas, Verna West, Selma Bomfim/Stan Finkelsstein, Joanne Wolf, Jan McCulloch & Jim Nixon, Cindy & Russ Toran, Fungi Federation of Santa Cruz (Phyllis Cole & Lee Yamada), Gale & Michael Udkow, Franz Kohout, Barbara & John Lillich, Valerie Nelson & Allen Utterback, Susan McCarthy, Geri Gottbrath, Jill Denney, Beryl Martin-Sussman, Marilyn & John Hannum, Julie & Allan Wofchuck, Edie Nelson, Janet & Dave Mullin, Ann Meneguzzi, Bill Meneguzzi, Grete & Gordon Ringenberg, Tony Smith, Ursula Pederson, Karl Beck, Sharon & James Hampton, Dolores Fahey, Dorsey McTaggert, Vicki & Bob Bass, Ruth Tretbar, Pascale Leroy-Mary, Mayme Harris, Nell Fraser, Anita Cabrera & Nick Gregoratos, Cindy Pawlcyn & John Watanabe, David Solbach, Anne & Ed DelMonte, Sue Gibbons, Rebecca Suzanne, Onnie Taylor, Natalia Svensson, Diane & Bruce Friend, Charlie Wirth, Dan Winkelman, Pat Boyd & Robert Piper, Bernard Bennett, Allen Schmidt, Anita & Dan Dippery, Tylan Billings, Charlotte & John Hannan, Jennie Bruyn, Sue Karp, Nuala Caulfield, Marlon (Marc) Rhodes, Ernie Pitz, James Watson, Elizabeth McDonald, Eleanor Marietta, Peter Purgalis, David Chittenden, Yudith & Ruven Segev, Chris Bekins, Dan Schoenholz, Rita Nowlin, Ann Good, Ginger Cowan, Alline Singrey, Ginny & Dee Foote, Sally Hernandez, Ben Heldens, Charles Ozorio, Greg Farber, Laura Lindskog & Carl Duisberg, Angela & Julius Surkis, Arnold Champagne, Melanie Facen, Lin & John Mangiante, Lynn Hoffman, Ann Wadsworth, Robert Sturm, Jean Rodgers, Donna & Don Rice, Linda Viviane Lester, Lynn Garric & Larry Langbehn, Dena & Dan Schechter, Beverly Osborn, Beverly Heywood, Renee Powers, and Barbara & Keith Crockett.

Thank you very much!

Please reflect on how much a typical vacation might cost you and your family; not only to get away from the hustle and bustle of the city, but to experience something only a lucky few ever will: incredible Echo Summit Lodge. For those who have not yet donated, please consider making a much needed donation so we can add your name to our growing list of heroes. If not now, when, if not you, who?

To send a donation, please make your check payable to Echo Summit Lodge and mail it to Cindy Toran, Trustee, 932 Ripley St., Santa Rosa, CA 95401. We are classified as a social club; therefore donations are not tax deductible.

My sincerest thanks,

— Jim Nixon, Echo Chair

| $85,000 |
| $20,148 |
| $0 |

TAG: TRAILS  FEBRUARY 2010

Trail: High Sierra Hike 1800

The drive to aid the Echo Summit Lodge (ESL) Trustees in repaying the $35,000 loan from Alpine Lodge (for Forest-Service-mandated improvements) is moving along very well. To date, 96 donations (17% of membership) have been received from concerned and caring Club members. Over 57% of our goal has been reached. As donations come in, we repay Alpine Lodge in $5,000 increments. The following members have generously contributed a total of over $20,148: Elizabeth & Ray Sommer, Carroll Pearson, Maureen Smith, Dennis Ziebell/Bill Pung, Helena Troy, Tom McNicholas, Verna West, Selma Bomfim/Stan Finkelsstein, Joanne Wolf, Jan McCulloch & Jim Nixon, Cindy & Russ Toran, Fungi Federation of Santa Cruz (Phyllis Cole & Lee Yamada), Gale & Michael Udkow, Franz Kohout, Barbara & John Lillich, Valerie Nelson & Allen Utterback, Susan McCarthy, Geri Gottbrath, Jill Denney, Beryl Martin-Sussman, Marilyn & John Hannum, Julie & Allan Wofchuck, Edie Nelson, Janet & Dave Mullin, Ann Meneguzzi, Bill Meneguzzi, Grete & Gordon Ringenberg, Tony Smith, Ursula Pederson, Karl Beck, Sharon & James Hampton, Dolores Fahey, Dorsey McTaggert, Vicki & Bob Bass, Ruth Tretbar, Pascale Leroy-Mary, Mayme Harris, Nell Fraser, Anita Cabrera & Nick Gregoratos, Cindy Pawlcyn & John Watanabe, David Solbach, Anne & Ed DelMonte, Sue Gibbons, Rebecca Suzanne, Onnie Taylor, Natalia Svensson, Diane & Bruce Friend, Charlie Wirth, Dan Winkelman, Pat Boyd & Robert Piper, Bernard Bennett, Allen Schmidt, Anita & Dan Dippery, Tylan Billings, Charlotte & John Hannan, Jennie Bruyn, Sue Karp, Nuala Caulfield, Marlon (Marc) Rhodes, Ernie Pitz, James Watson, Elizabeth McDonald, Eleanor Marietta, Peter Purgalis, David Chittenden, Yudith & Ruven Segev, Chris Bekins, Dan Schoenholz, Rita Nowlin, Ann Good, Ginger Cowan, Alline Singrey, Ginny & Dee Foote, Sally Hernandez, Ben Heldens, Charles Ozorio, Greg Farber, Laura Lindskog & Carl Duisberg, Angela & Julius Surkis, Arnold Champagne, Melanie Facen, Lin & John Mangiante, Lynn Hoffman, Ann Wadsworth, Robert Sturm, Jean Rodgers, Donna & Don Rice, Linda Viviane Lester, Lynn Garric & Larry Langbehn, Dena & Dan Schechter, Beverly Osborn, Beverly Heywood, Renee Powers, and Barbara & Keith Crockett.

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My sincerest thanks,

— Jim Nixon, Echo Chair
ALPINE LODGE EVENTS: Associate Members Welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. To schedule an event, please call Alpine Lodge Reservations at 415-381-4975.

For up to the minute listings, see the Alpine Lodge Calendar in the Members Section on our website www.calapineclub.org. For website user ID and password, contact Bob Smith at alpinelodge1@yahoo.com.

TRAILS CALENDAR LISTINGS
Robert C. Smith is our Alpine Calendar Coordinator. Please send him a complete event description as soon as you are scheduled at alpinelodge1@yahoo.com, or by mail to 1525 Berkeley Way, Berkeley CA 94703-1235; and let our Social Activities Chair Greg Farber know at calapineclub@gmail.com.

FEB 4 THURS MID-WEEK WORK PARTY
Chef: Maureen Smith 9am to 3pm
Coordinator: Eva Libien. Lunch is served; overnight possible. Contact Eva at 415-383-5184 to RSVP.

FEB 20 SAT LEADERSHIP MEETINGS
BoD at 2pm. See how club business is run; all are welcome!

FEB 20-21 SAT-SUN HIKERS’ WEEKEND
See Hikers’ Weekend box.

FEB 27 SAT PRIVATE RENTAL
Selma Bomfim 9am to 9pm

MAR 4 THURS MID-WEEK WORK PARTY
Chef: Barbara Crockett 9am to 3pm
Coordinator: Hardy Dawainis. Lunch is served; overnight possible. Contact Hardy at 415-461-4431 to RSVP.

MAR 13 SAT PRIVATE RENTAL
Mt. Tamalpais Interpretive Association 8am to 4pm

MAR 13 SAT ST. PATRICK’S DAY DINNER
6pm
Coordinator: Nuala Caulfield, ncaulfield@MSN.com

MAR 20 SAT BOARD AND NOMINATIONS MEETINGS
Nominations Meeting, 1:30pm
Board of Directors Meeting, 2pm
Members are welcome to attend.

MAR 20-21 SAT SUN HIKERS’ WEEKEND
See Hikers’ Weekend Box.

MAR 26-27 FRI-SAT HOST TRAINING
Reservations, Hardy Dawainis, 415-461-4431; hdawainis@comcast.net. Donation $25 ($30 per couple).

APR 1 THURS MID-WEEK WORK PARTY
Contact Alpine Lodge Trustees.

APRIL 4 SUN MEMBER RENTAL
Mary Jane McKown overnight for Sierra Club leaders

APR 5 TO 10 MON-SAT PRIVATE RENTAL
Sierra Club Coastal Medley Trip

APR 11-18 SUN-SAT SPA WEEK
Mary Frey and Barbara Crockett Sun 4pm to Sun 9am
Reservations: Mary Frey marymaryhiker@aol.com

APR 17-18 SAT-SUN HIKERS’ WEEKEND
See Hikers’ Weekend box.

APR 24 SUN ANNUAL AND LEADERSHIP MEETINGS
Trustee Meetings at 1 pm, Board of Directors at 2 pm, Annual Membership meeting 3 pm, Annual dinner following.
Everyone Invited

MAY 6 THURS MID-WEEK WORK PARTY
Contact Alpine Lodge Trustees 9am to 3pm

MAY 15-16 SAT-SUN HIKERS’ WEEKEND
See Hikers’ Weekend box.

JUNE 3 THURS MID-WEEK WORK PARTY
Contact Alpine Lodge Trustees 9am to 3pm

JUNE 19-20 SAT-SUN HIKERS’ WEEKEND
See Hikers’ Weekend box.

JUNE 20-26 SUN-SAT PRIVATE RENTAL
Sierra Club Yoga and Hiking Event

ALPINE LODGE SUNDAY INNKEEPERS

February 2010
07  Onnie Taylor.............................415-775-9150
14  Mary & Leslie Will ......................415-751-6469
21  Susan Head....................................415-331-2598
28  Stanley Finkelstein.......................415-381-4676

March 2010
07  OPEN
14  OPEN
21  OPEN
18  OPEN

— Selma Bomfim, Coordinator

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.
ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum $10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Echo Lodge is blanketed in snow, so check the schedule below, contact the host(s), and head on up for some winter fun!

Winter/Spring Hosts: Openings in the Winter Schedule are: Feb 8-11, Mar 2-5, Mar 7-9, and March 14-16. Of course, there is plenty of time available in April through June for either hosted events or member rentals. Contact me if you would like to schedule any open times (my e-mail and phone number are above).

Sincerely, Cindy

The next Echo Lodge Trustees’ Meeting will be Saturday, February 13, 2010, 10 am at Jim Nixon’s home. Contact Jim at 650-756-7771 if you would like to attend.

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MAR 5-7 FRI-SUN HOSTED EVENT Pattie Jacobson & Richard Thornton 650-596-0699
1788 Walnut St, San Carlos, CA 94070 pattie.jacobson@gmail.com

MAR 7-9 SUN-TUES AVAILABLE FOR TRAINED HOSTS

MAR 9-12 TUES-FRI MID-WK SKI EVENT Tim Seeley 707-537-0668
4819 Foxglove Ct, Santa Rosa, CA 95405 seeley@sonic.net

MAR 12-14 FRI-SUN HOSTED EVENT Pat Anderson & Fred Huxley 510-649-8537
3026 Benvenue Ave, Berkeley, CA 94705

MAR 14-16 SUN-TUES AVAILABLE FOR TRAINED HOSTS

MAR 16-21 SUN-FRI SHARE-THE-LOVE MEALS Lynn Zachreson 831-426-3428
220 Ocean Ave, Santa Cruz, CA 95062
lynnz@cruzio.com

MAR 21-26 FRI-SUN HOSTED EVENT Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

APR 4-10 SUN-SAT PRIVATE EVENT Jen & Brent Patera 925-283-1950

APR 10-16 AVAILABLE FOR TRAINED HOSTS

APRIL 16-18 FRI-SUN HOSTED EVENT Emily Lockett & Christine Piccin 707-576-0948
2927 Midway Dr, Santa Rosa, CA 95405 auntem@sonic.net

APR 23-25 PRIVATE EVENT Tom & Carol Coleman 707-992-0650

MAY 14-16 FRI-SUN HOST APPRECIATION & TRAINING Reservations: Cindy Toran toranski@aol.com 707-539-4396

MAY 25-31 THURS-MON SPRING FUN & WORK PARTY Reservations: Jim Nixon jimnixon2000@yahoo.com 650-756-7771

Watch for updates in future issues of TRAILS!

SOUP AND SALAD 2010

On New Year’s Day, we celebrated our annual Soup and Salad tradition. This event is getting more and more popular! We had over 50 people attending although it was a dreary and wet day. We didn't start the festivities until 4pm which meant that the hikers had to wait a while since the hikes were shortened due to the weather and a number of attendees were not arriving until then.

By consensus, next year we will start earlier. Happy hour will begin at 2pm, followed by soup and salad at 3pm. This year we had a large variety of soups to choose from, all of them delicious. Everyone attending enjoyed the gathering and ate well. Our clean up staff did a super job! Let’s all have a healthy and good new year.

— Eva Libien

Christmas Day Dinner
Thanks

I want to thank Jennie Bruyn for roasting two tasty stuffed turkeys. Also thanks to everybody for bringing wonderful dishes. I had a lot of help from the group from set up to clean up.

— Bonnie Radest
CAC LEADERSHIP NEEDED

If you would like to serve in a California Alpine Club leadership position, contact one of the members of the Nominations Committee. Leadership positions include officers, members of the CAC board, and possibly an Alpine lodge trustee. Remember, CAC is an all volunteer-run organization. So please consider this opportunity to support your fellow Club members in a very significant way.

Officers
President Mae Harms, willing to continue
Vice President vacant
Secretary vacant
Treasurer Dennis Ziebell, willing to continue
Registrar Stefan Berlinski, willing to continue

Board of Directors
Arthur Ewart, willing to continue
Ann Meneguzzi, willing to continue
John Hannum, continues
Joan Ryan, willing to continue
Vacant
Vacant

Echo Trustees
Cindy Toran, term up in ’10, willing to continue

Alpine Trustees
Jennie Bruyn, term up in ’10, willing to continue
Peter Beckmann, term up in ’10, unknown

SAILING INTO THE NEW YEAR
THE ALPINE LODGE MID-WEEK WORK PARTY

With a steady hand at the tiller, Jennie Bruyn guided Alpine Lodge not only into a New Year but a new Decade. To pack up and sweep away the flotsam of 2009, she had a hard working crew of 30 at our January workparty. Kathi Freeman, Eva Libien, Innes Bergman, Melanie Facen, Jill Denney, Kitty Moriwaki (a prospective new member), Judy Sibley and Barbara Hawke had all the Christmas decorations neatly stored away for another year and the Lodge looking spic and span. Arnold Champagne, our resident Chief had his crew, Scott Smith and John Neumann (both prospective new members), Masami Takesue, Jordan Herrmann and Ben Heldens, on deck bright and early ready for a day of general repairs and improvements. Our Gardening team Don and Donna Rice, Ruth Tretbar, Bill Pung and Tom Swaine (a prospective new member) braced the January cold to work on some much needed cleanups. We know we can always rely on Roger Diehnel, Hans Schilling and Tony Smith to lend a helping hand wherever it is needed. As always, the highlight of the day was sharing a delicious lunch prepared by Jennie and her kitchen crew, Carol Bodtker, Rosemary Trowsdale, Dolores Welsh and Marguerite Murphy. Leaving the Lodge ship-shape, all of us felt the satisfaction of a job well done.

— Hardy Dawainis

All 11 CAC Board Members: Mae Harms, Dennis Ziebell, Ann Meneguzzi, John Lillich, Joan Ryan, Art Ewart, Vicki Olds, Carl Duisberg, Helena Troy, John Hannum, Stefan Berlinski
A front page article in the San Francisco Chronicle January 3, 2010 featured a possible run at holding the 2022 Olympics at Tahoe, focusing on Squaw Valley where the Olympics were held in February 1960. Nancy Cushing, wife of the late Alex Cushing, is spearheading the effort by the Lake Tahoe Regional Sports Committee. The bid needs to be in by 2012.

The article triggered many memories. Marge Crawford, my mother, Alice Steele and I agreed to keep Echo Summit Lodge open so guests would be able to attend the Olympics. Marge had her son Graham and I my three daughters, Judy, Donna & Audrey; four small children aged three to five. We took turns cooking at the Lodge to enable us to also enjoy a day at the fine ski resort, much enlarged since I first skied there in 1951. Our husbands Hilary and Harry joined us part of the time. The children had a great time playing in the snow with Judy just beginning to ski.

There had been no snow in January. The drought ended with a huge snowfall two days before the Games began on February 18, 1960. It created problems for those setting up the race courses and packing the runs, and clearing the roads.

Harry and I were able to go for one day. We watched the skaters practicing, some famous names I’ve forgotten. We did see some of the ski jumping competition, pretty impressive. The ski lifts were open to the public. The highlight for us was a ski run down challenging KT-22 with about four feet of fresh dry powder snow, more like the COLD weather snow in Colorado and Utah where I learned to ski.

— Verna West, Historian

ON THE ENVIRONMENTAL FRONT

Success has its price — the 8.5% reduction in consumption by Marin Municipal Water District customers for ’08-’09 has put the district in a financial bind. In spite of administrative cuts, most of the costs of providing water are fixed, the price of Russian River water is going up, infrastructure has to be maintained, so a proposed rate hike of 9.8% will be the subject of a hearing Wednesday, Feb 24, Manzanita Room, Marin Center Exhibit hall, San Rafael … Dairywoman Ellen Strauss and biologist Phyllis Phaber, cofounders of Marin Agricultural Land Trust back in the seventies, would be delighted to know that the organization has protected 40% of Marin’s farmland to date. Can we help enough to secure another 40% in the coming decades? … Eldorado National Forest Interpretive Association’s Jon Erickson reports that our Foundation’s grant provided a professional packer to haul 300 pounds of tools and supplies into and then back out of Maude Lake in Desolation Wilderness. “A 100 foot log turnpike section of the Rockbound Trail had failed, forcing hikers to create new meadow crossings, widening and braiding the trail, accelerating erosion. A volunteer crew of 12, supervised by two United States Forest Service employees, spent seven days in rebuilding the section with lodgepole pines and locally quarried gravel. Drainage areas were defined, existing culverts were repositioned and secured by rock retainers. A rock culvert with settling basin was constructed at the north end of the project.” Our CAC logo will join some 25 other “Partners in Preservation and Public Safety” on new Wilderness Trailhead signs at the eight portals into Desolation Wilderness … The developing world’s ten best ethical destinations have been determined by Jeff Greenwald of Ethical Traveler, a Berkeley nonprofit advocacy group. According to Spud Hilton’s interview in the San Francisco Chronicle, “the list is based on three general categories — environmental protection, social welfare, human rights … the idea is that nations with responsible policies, not just sexy attractions, should be recognized and rewarded” with our travel dollars. For the list go to ethicaltraveler.org … It’s hard to give in hard times, but hard times are when giving counts most, so please remember your CAC Foundation as we approach our annual membership renewal. Keep in mind that you can specify whether your gift goes into the Foundation’s operating fund, from which our grants are made, or into the Foundation’s endowment. The principal of the endowment cannot be touched, but the interest it accrues goes into the operating fund. A gift to the endowment is a gift to the present and future; a gift to the operating fund is a gift to this year’s needs … Thanks and keep me posted at dsolbach@gmail.com

— David Solbach CACF Board Member
CAC Holiday Party

Last year’s CAC Holiday Party was wonderful! At the Friday night bash on December 12, 2009, an amazing amount of detail was so well-organized that everything seemed to happen effortlessly and on time.

During the 4pm Happy Hour, CAC president Mae Harms cheerfully greeted guests at the door. Renee Powers handed each person a name badge and place card. Each item was resplendent with calligraphy and decorative holly. During this time, Guest Chef Ian Merritt was seen in the kitchen crouched in front of a hot oven tending to the entrée: split and stuffed Rock Cornish Game Hens. Ty Billings, pastry chef, had just taken the almond paste pies (Frangipani?) out of the oven to cool. Varied and ample appetizers were displayed and the wine bar offered an assortment of wines.

At 5pm David Solbach’s jazz ensemble, The Winter Solstice Band, began to play. Many of us crowded into the living room to hear and somehow there were seats for all and even room for an impromptu dance/performance in an aisle. Vicki Olds, CAC vice president and the Holiday Party organizer in charge of volunteers and details, was seen dashing here and there distributing precise directions and a ready smile.

At 6pm all 80+ of us took our seats in the dining room. In an orderly progression, one table at a time approached the buffet tables. Each person was graciously served from steaming hot chafing dishes: game hen, rice, and carrots with herbs. Each of the eight tables had its own bowl of green salad with vinaigrette dressing. After the delicious dinner, Dessert Chefs Bill Pung and Dennis Ziebel served their homemade specialties including Italian Cream Cake, Hawaiian Wedding Cake, and brownies with walnuts. Then, at the end of the evening, Bill and Dennis were back at their dessert serving stations. Having filled cardboard recyclable containers with take-home desserts, they offered these presents to any and all comers.

Congratulations to the organizers of the CAC Holiday Dinner. Under the leadership of Vicki Olds, the fifteen volunteers produced a delightful and memorable evening.

— Eileen Downey
SWISS ALPS HUT TO HUT HIKING AND BASE CAMP PLANNED

Bob Hanson is currently working out plans for a week of Alpine hiking in Switzerland for the end of June. Cost will be approximately $700-800, starting and ending at Zurich airport.

The program will be led by Max Keller, a high school English teacher who lives in the area and is an avid outdoorsman. Full details will be in the March issue of TRAILS. If interested, please call Bob at 925-944-3366.

And yes, CAC hikers, Bob will also lead a base camp trip this summer, Sunday, August 15 through Friday, August 20; the location is Green Lake, in the Eastern Sierras north of Yosemite. Bob will provide a more complete description in March TRAILS. Please do not send any reservations or deposits until he asks you to do so.

— Ruth Tretbar and Bob Hanson

TRAILS NEWSLETTER ALERT

Please send articles for the March 2010 issue of TRAILS to editor, Angi Blackwell, at ablackwellca@earthlink.net, or via mail to 234 Lisbon Street, San Francisco, CA 94112. Telephone 415-584-2586.

Angi should receive articles for the March issue no later than February 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the April 2010 issue of TRAILS will be Michael Larsen, at mduanelarsen@hotmail.com. Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact me at ablackwellca@earthlink.net, telephone 415-584-2586, or Carroll Pearson at pearsoncmp@aol.com, telephone 408-736-9403.

— Angi Blackwell, Publishing
ST. PATRICK’S DINNER, SATURDAY, MARCH 13

Come celebrate St. Patrick’s Day early by enjoying dinner at the Lodge on Saturday, March 13. Hors d'oeuvres will be served and a no-host donations bar featuring Irish beers will open at 4:30 pm. Dinner of corned beef, cabbage, potatoes, and carrots with onions in white sauce will start at 6 pm. For dessert there’ll be a choice of grasshopper or Irish coffee pie. The cost will be $20 for members, guests an additional $3. To make reservations, call me at 415-922-6775 or email ntcaulfield@msn.com no later than March 10. Mail checks, made payable to the undersigned, to 1550 Bay Street, Apt. No. 320, San Francisco, CA 94123.

— Nuala Caulfield

SAVE THE DATE: APRIL 24TH
ANNUAL MEETING & AWARDS DINNER

Join us on Saturday, April 24, at 3pm for our Annual Meeting, followed by Happy Hour and the Annual Awards Dinner. Co-Chefs Sue Karp and Karl Baech will be serving a delicious salmon dinner with all of the trimmings. The cost for dinner will be $20. For those who want to spend the night ($18 members, $23 associate members), Nuala Caulfield will be preparing breakfast ($5) for you on Sunday morning.

To make a reservation for this event, send a check payable to Onnie Taylor, 4635 25th Street, San Francisco, CA 94114. Please show your name as you would like it to appear on your name tag. Space is limited to 80 people, so be sure to get your reservation in early.

It is our volunteers who make this event a success. We need a kitchen crew to help with dinner preparation and serving, and we need help with table set-up, table settings and clean-up. Please contact Sue Karp @ 415-927-3221 (or suekarp@prodigy.net) if you can volunteer in one of these areas. We would also appreciate about six volunteers to contribute appetizers for the social following the meeting.

— Sue Karp

UGLY: VOLUNTEERS NEEDED

We need help to dig a small waterline trench going from the water fountain at the Main building to the Tam building. Our time frame is to start the work at our next Work Party, March 4. If we have enough volunteers to accomplish this it will save us hundreds of dollars. Please respond to: Eva Libien at 415-383-5184.
California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President  Mae Harms  530-333-1058  maeharms@ mindspring.com
Vice President  Vicki Olds  415-221-2830  vold@studioreflex.com
Secretary  Helen Troy  415-492-9576  hmtroy@aol.com
Treasurer  Dennis Ziebell  415-864-4899  dzhp@aol.com
Registrar  Stefan Berlinski  831-325-6215  stefaneregistrar@att.net

Board of Directors:

Carl Duisberg  415-388-1175  carlduisberg@hotmail.com
Arthur Ewart  707-538-3656  aewart@sbcglobal.net
Ann Meneguzzi  209-931-3423  tmlann@hotmail.com
John Lillich  925-930-9489  jillillich@sbcglobal.net
Past President ’08  John Hannum  707-525-8108  JRHannum@sbcglobal.net
Joan Ryan  415-564-8507  joanryan@mac.com

Committee Chairpersons:

Conservation  Tony Smith  925-933-2403  joanne-tony@sbcglobal.net
Education  Vicki Olds  415-221-2830  vold@studioreflex.com
Finance  Dave Maier  831-462-2764  dmmaier@pacbell.net
Historian  Verna West  650-854-6349  99swest@earthlink.net
Hike Coordinator  Pauline McDonald  415-381-2870  luddite48@comcast.net
Innkeeper  Coordinator  Selma Bomfim  415-381-4676  selmabomfim@hotmail.com
Membership  Sarah Dove  707-528-7289  sarah.dove@sonoma.edu
Outings  Ruth Trehar  510-836-0108  rtrebar@yahoo.com
Parliamentarian  John Lillich  925-930-9489  jillillich@sbcglobal.net

Publications  Angela Blackwell  415-584-2586  ablackwellca@earthlink.net
Sunshine  Mary Maier  831-462-2764  mmaier@pacbell.net
Social Activities  Greg Farber  415-722-0625  gregfarber@gmail.com
Youth Activities  VACANT
Alpine Treasurer  Melanie Facen  415-492-0470  mfacen@sbcglobal.net
Alpine Calendar  Bob Smith  510-841-4102  alpineedge1@yahoo.com
Alpine Accommodations  415-381-4975

Lodge Trustees:

Alpine Chair  Peter Beckmann  ‘10  831-423-9242  beckmann@baymoon.com
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Hardy Dawainis  ‘12  415-461-4431  hdawainis@comcast.net
Eva Libien  ‘11  415-383-5184  elibien@yahoo.com
Arnold Champagne  ‘12  415-282-1704  arnoldchampagne@yahoo.com
Echo Chair  Jim Nixon  ‘12  650-756-7771  jimnixon2000@yahoo.com
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Tom Coleman  ‘11  707-992-0650  travvngcs@comcast.net
Edie Nelson  ‘11  831-423-5576  edieforsyth@hotmail.com
Ray Sommer  ‘12  415-472-1229  erstock@pacbell.net

CAC Foundation Directors

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Bill Meneguzzi  916-313-3246  bill.meneguzzi@gmail.com
Tony Smith  925-933-2403  joanne-tony@sbcglobal.net
David Solbach  415-563-1170  dsolbach@gmail.com
Reuven Segev  415-479-7682  rsegev@comcast.net

“TRAILS” is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.


Contributors:  Stefan Berlinski, Angela Blackwell, Selma Bomfim, Nuala Caulfield, Sarah Dove, Mary Frey, Bob Hanson, Mae Harms, Jordan Herrmann, Sue Karp, Eva Libien, Pauline MacDonald, Bob Smith, David Solbach, Cindy Toran, Verna West

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CAC Website:  http://calalpineclub.org

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TRAILS  MARCH 2010

PRESIDENT’S MESSAGE

It’s just so hard to believe it will soon be a year that I have been your president. Except for a few brief moments, I have enjoyed the job, because I have found so many willing hands to accept tasks. During the last few weeks I have been working on the Awards Dinner. Sue Karp and Karl Baecck took on the cooking duties for the Awards Dinner. Onnie Taylor said she’d take care of the reservations and the paper work. Marguerite Murphy accepted the challenge of organizing the dishwashing for eighty people. Tony Smith will oversee the hall clean-up. Nuala Caulfield agreed to prepare the breakfast for those who stay overnight. Bob Hanson called his committee together to pick award winners and plan the ceremony. This is the same kind of willingness to help I have found so far this year.

I want to bring your attention to a great way of enjoying Alpine Lodge. Diane Smith hosts her Hikers’ Weekends every third weekend of the month. There’s always good food and good company, plus the opportunity to have adventures. For me it is perfect to chair our board meetings on Saturdays and then not have to drive a three-hour drive home. For most of you who live in the city or the suburbs you want to hike on Sunday. I live in the woods, so it’s off to the city for me. Hikers’ Weekend isn’t just for hikers! I hope you spent one of these weekends with us.

On a very stormy Sunday in January we had our Quarterly Membership Meeting. I was concerned that we might not have a quorum. I thank every one of the thirty-one members who participated in the meeting, making it possible for the club to make important decisions. I appreciate the Nominations Committee, who has been working hard to fill director and trustee vacancies and those of you, who have accepted the opportunity to help govern CAC for the coming year.

During this year I have been more involved with the preparation of the Trails. It has made me more aware of what a really big job it is to put a newsletter of its quality together. These editors have so much skill and above all patience. From the fifth of each month until it is off to the printer, it is a constant work in progress. When you read February’s lead article about the assessment, it probably just appeared to you, because the editors have so much skill and above all patience.

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As you read this spring is just around the corner. We will look forward to seeing the completion of the Echo projects, the wildflowers at both locations and sitting on our beautiful decks at both lodges. Many thanks to all of you who have renewed your memberships and given the club the extra help it needed by adding the assessment in with your dues.

— Mae Harms
AN IDEA WHOSE TIME HAS COME:
HIKERS’ MIDWEEK - APRIL 27-28

On looking through the Alpine Lodge Events listings, I noticed that the lodge is frequently booked at weekends, but that weekdays find it bereft of visitors. A growing number of members are now retired and would welcome the opportunity to avoid the traffic of the weekends and travel to the lodge during the relative peace and quiet of midweek. With this in mind, I plan to host a Hikers’ Midweek once a month. If it proves popular, other members may want to volunteer to host a second, even third midweek event. Starting with happy hour on Tuesday, followed by dinner, members can stay overnight, then awake to breakfast Wednesday morning. The first Hikers’ Midweek will be April 27 and 28. See the Events listing for details.

— Nuala Caulfield

MESSAGE FROM THE REGISTRAR

If your name is on this list, our e-mails to you are bouncing back. Please send your correct e-mail addresses to Stefan Berlinski, Registrar, at alpineregistrar@att.net. Thank you!

Del Monte, Edward: edelmonte@delmontecito.com
Loughran-Smith, Maryann: mclrules@cox.net
Lester, Linda: blossom-now@charter.net
Kretsch, Patrick: penny.burton@slv.k12.ca.us
Cowden, Leone: osteyee@aol.com
Fries, Donald: don@drrizzle.com
Bacon, Paul: bacon2@sprynet.com
Bisio, Nancy: nancybisio@mindspring.com
Guidos, Lori: Liveoak@sfsu.edu
Segev, Reuven: rsegev@comcast.net

— Stefan Berlinski, Registrar

BOTANIST PREPARED WILDFLOWER HIKE

On Sunday, April 25th, a special Wildflower Hike has been organized for members of the CAC. We’ll be viewing up to sixty wildflowers. We will utilize the route of the Annual MTIA Wildflower Hike held the previous day and view the wildflowers that were numbered and flag-tagged by botanists for that event. A numbered listing of the wildflowers, keyed to the flag-tags in the field, will be handed out to each CAC hiker. It’s a great chance to photograph the wildflowers of Mount Tamalpais!

Meet at the Alpine Lodge at 9:30 AM for this 1A hike. Arrange carpools to Rock Spring. We will leave Rock Spring trailhead at 10:00 AM.

We’ll complete the Wildflower portion by lunchtime and do some more hiking after lunch. Some hikers may want to hike back to the Club for more hiking time. Arrange carpools accordingly.

Three, free, Mt.Tam wildflower brochures, prepared by CAC member Marguerite Murphy, are available at the Mount Tam web site at http://www.mttam.net/Default.aspx?tabid=835. Scroll to the bottom of the page for the links. The brochures are in .pdf format and can be viewed online or printed (8-1/2 x 14”, double-sided, color) and folded twice to make a brochure.

— Jordan Herrmann

MARCH 2010
## ALPINE HIKE LEADER SCHEDULE

**OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE**

<table>
<thead>
<tr>
<th>HIKERS’ WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED</th>
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<tr>
<td><strong>SUNDAY HIKE LEADERS</strong></td>
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<td><strong>Sunday March 7</strong></td>
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**Hike Coordinator:** Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

### IMPORTANT!

**RAIN CANCELS**

**ALL SUNDAY 2B HIKES BEGIN AT 9:30 AM (7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN).**

**ALTERNATE LEVELS OF SUNDAY HIKES ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.**

**SATURDAY HIKES ON HIKERS’ WEEKENDS (3RD WEEKEND OF EACH MONTH) ARE SHOWN AS LEADERLESS AND CONVENE AT THE ALPINE CLUB AT 10:00 AM. PLEASE SELECT A LEADER FROM AMONG THE GROUP.**

**IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)**

**NOTES:** All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader’s choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

**LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.**

---

### CANOE THE EEL RIVER

The main fork of the Eel River is one of the most remote and pristine rivers in California. The club has sponsored several previous trips on this stream.

We will spend three days paddling from the put-in at Alder Point to the pull-out at McCann. Dates for this class-one paddle are April 16 to 18 (Friday through Sunday).

Although there are no serious rapids, the trip will be limited to intermediate paddlers with some river experience because of the remoteness of the area. The three nights of camping will be primitive camping.

Participants must either have their own canoe or rent one and be able to transport it. There is no outfitter service. The shuttle will be set up on Thursday night.

$30 will cover food costs. Trip co-leaders will be Bob Hanson and Allen Utterback. If you wish to take part, please send a check for $30 per person to Bob Hanson, 2600 Sakhlan Indian, #3, Walnut Creek 94595. Questions?? Call 925-944-3366.

— Bob Hanson

---

### ALPINE LODGE SUNDAY INNKEEPERS

<table>
<thead>
<tr>
<th>Month</th>
<th>Name</th>
<th>Phone</th>
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<tr>
<td>March</td>
<td>Jeanne &amp; Stuart Bacon</td>
<td>415-924-2712</td>
</tr>
<tr>
<td>07</td>
<td>Jana Shober</td>
<td>916-685-2547</td>
</tr>
<tr>
<td>14</td>
<td>Diane Smith</td>
<td>925-935-2869</td>
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<tr>
<td>21</td>
<td>Charlene Schmidt</td>
<td>925-962-2916</td>
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<tr>
<td>28</td>
<td>Pascale Leroy</td>
<td>415-661-8904</td>
</tr>
<tr>
<td>April</td>
<td>John &amp; Barbara Lillich</td>
<td>510-930-9489</td>
</tr>
<tr>
<td>18</td>
<td>Gayle Dekellis</td>
<td>510-548-7900</td>
</tr>
<tr>
<td>25</td>
<td>Bob Hanson</td>
<td>925-962-2916</td>
</tr>
<tr>
<td>May</td>
<td>Peter Dippery</td>
<td>415-518-4051</td>
</tr>
</tbody>
</table>

— Selma Bomfim, Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.
TRAILS CALENDAR LISTINGS
Robert C. Smith is our Alpine Calendar coordinator. Please send him a complete event description as soon as you are scheduled at alpinelodge1@yahoo.com, or by mail to 1525 Berkeley Way, Berkeley CA 94703-1235; and let our Social Activities Chair Greg Farber know at calalpineclub@gmail.com.

MAR 4 THURS  MID-WEEK WORK PARTY
Chef: Barbara Crockett 9am to 3pm
Coordinator: Hardy Dawainis. Lunch is served; overnight possible. Contact Hardy at 415-461-4431 to RSVP.

MAR 13 SAT  PRIVATE EVENT
Mt. Tamalpais Interpretive Association 8am to 4pm

MAR 13 SAT  ST. PATRICK’S DAY DINNER
6pm
Coordinator: Nuala Caulfield, ntcaulfield@msn.com
See article on page 1.

MAR 20 SAT  BOARD AND NOMINATIONS MEETINGS
Nominations Meeting, 1:30pm
Board of Directors Meeting, 2pm
Members are welcome to attend.

MAR 20-21 SAT SUN  HIKERS’ WEEKEND
See Hikers’ Weekend Box.

MAR 26-27 FRI-SAT  HOST TRAINING
Reservations, Hardy Dawainis, 415-461-4431; hdawainis@comcast.net. Donation $25 ($30 per couple).

APR 1 THURS  MID WEEK WORK PARTY
Chef: Ricia Wise 9am to 3pm
Coordinator: Jennie Bruyn
Lunch will be served. Overnight possible. Call Jennie at 415-456-1877 to RSVP.

APR 4 SUN  MEMBER EVENT
Mary Jane McKown  overnight for Sierra Club leaders

APR 5 TO 10 MON-SAT  PRIVATE EVENT
Sierra Club Coastal Medley Trip

APR 11 SUN  SUNDAY WORK PARTY
Coordinator: Peter Beckmann 9 am to 3 pm.
Lunch will be served. Call Peter at 831-423-9242 or, preferably, beckmann@baymoon.com to RSVP.

APR 11-18 SAT-SUN  SPA WEEK
Mary Frey and Barbara Crockett  Sun 4pm to Sun 9am
Reservations: Mary Frey marymaryhiker@aol.com

APR 17-18 SAT-SUN  HIKERS’ WEEKEND
See Hikers’ Weekend Box.

APR 24 SAT  ANNUAL AND LEADERSHIP MEETINGS
Trustee Meetings at 1 pm, Board of Directors at 2 pm, Annual Membership meeting 3 pm, Annual dinner following. Everyone Invited.

APRIL 27-28 TUES-WED  HIKERS’ MIDWEEK
For reservations call 415-922-6775 or e-mail Nuala Caulfield at ntcaulfield@msn.com.
Prices will be the same as for Hikers’ Weekend - see box.

MAY 6 THUR  MID WEEK WORK PARTY
Chef: Selma Bomfin 9 am to 3 pm
Coordinator: Eva Libien
Lunch will be served. Overnight possible. Call Eva at 415-383-5184 to RSVP.

MAY 8 SAT  TTC TENTATIVE EVENT
Arlin Weinberger Tamalpais Conservation Club

MAY 15-16 SAT-SUN  HIKERS’ WEEKEND
See Hikers’ Weekend box.

MAY 18-20 TUES-WED  HIKERS’ MIDWEEK, Rossmoor Trails Club and CAC invite all for 3 days, 2 nights (or portion thereof). Co-op meals. Contact: Tony Smith 650-207-1619 joanne-tony@bcglobal.net.

MAY 31 MON  MEMORIAL DAY

JUNE 3 THURS  MID WEEK WORK PARTY
Chef: Ursula Pederson 9 am to 3 pm.
Coordinator: Hardy Dawainis
Lunch will be served. Overnight possible. Call Hardy at 415-461-4431 to RSVP.

JUNE 5 SAT  PRIVATE EVENT
Twin Cities COOP Preschool
Mary Jane McKown

JUNE 11-12 FRI-SAT  TENTATIVE PRIVATE EVENT
Jock MacDonald

JUNE 25 SAT  PRIVATE EVENT
Mary Jane McKown Lunch.

JULY 1 THURS  MID WEEK WORK PARTY
See Hikers’ Weekend Box.

JULY 8-10 THU-SAT  MEMBER EVENT
David Solbach

JULY 11 SUN  SUNDAY WORK PARTY
Contact Alpine Lodge Trustees.

JULY 17-18 SAT-SUN  HIKERS’ WEEKEND
See Hikers’ Weekend Box.

FOR UP TO THE MINUTE LISTINGS, SEE THE ALPINE LODGE CALENDAR IN THE MEMBERS SECTION ON OUR WEBSITE WWW.CALALPINECLUB.ORG. FOR WEBSITE USER ID AND PASSWORD, CONTACT BOB SMITH AT ALPINELODGE1@YAHOO.COM

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MARCH 2010 TRAILS 5

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MARCH 2010 TRAILS 5
NEW CAC LEADERSHIP POSITIONS FOR 2010

These are the Nomination Committee’s 2010 nominations. On behalf of the committee, I would like to thank the many members who gave us helpful input, as well as those who found patient and graceful ways of declining our queries. More importantly, thanks to those who agreed to continue or return to serve, and most especially thanks to the new faces who have accepted a role in our leadership. Our club is based on volunteerism, so these are our everyday heroes. Thanks again,

— David Solbach

Officers
President Mae Harms (continues)
Vice President Jennie Bruyn (new)
Secretary Anne Good (new)
Treasurer Dennis Ziebell (continues)
Registrar Stefan Berlinski (continues)

Board of Directors
Arthur Ewart (continues)
Ann Meneguzzi (continues)
John Hannum (continues)
Joan Ryan (continues)
Graham Forder (new)
Nell Fraser (new)

Echo Trustees
Cindy Toran (continues)

Alpine Trustees
Jeanette Rodgers (new)
Roger Diehnel (new)

-Nominations Committee: Howard Ortman, Marguerite Murphy, Tony Smith, Renee Powers, Jennie Bruyn, and David Solbach

ALPINE LODGE MID-WEEK WORK PARTY
February 4, 2010

On that day, rain was forecast, but in spite of that prediction we had a good turnout and much work was accomplished.

Luckily, Steve Cosbey, plumber (practically, in residence) and member, came to our aid. The water line going to the Tam building sprung a leak and since he was on his way to the lodge to do some other repairs, he was able to resolve this problem. Our much maligned pipes are old and corroded and we need to replace them. This is one of the many tasks the Trustees are working on.

The gardening contingent, represented by Ruth Tretbar, Don & Donna Rice, Bill Pung, Anne Good, and prospective member, Joanne Sorresse, tended the grounds which are getting ready for a dazzling spring display, thanks to the tender, loving care they have been receiving. Don also was able to extend the life of a rather sad-looking dresser.

As for the mundane but necessary chores of keeping our lodge clean and tidy for all to enjoy, the main building and the Tam building bedrooms were fastidiously vacuumed and dusted by Lynn Pelletier and Carol Bodtker. Thanks to Carol, our gutters are now able to drain water run-off more efficiently. She removed bags full of leaves from the gutters. The bathrooms in both buildings were tended to by Lynn, Eileen Downey and Innes Bergman. Olive Bavins cleaned and dusted wherever needed. Allan Wofchuck gave his arm muscles a good workout sweeping and mopping floors. Among the many chores done by Marguerite Murphy, the numerous coffee pots we have were tested and sorted. She threw out those that no longer function, allowing for much needed storage room in the pantry.

Roger Diehnel made some spiffy looking signs and put them up on the door of the main building’s upper floor and in the parking lot. We are now reminded that we need to lock the upstairs door and that a parking lot space is always reserved for the cook.

Karl Baecck and Hardy Dawainis were busy repairing and mending; among these tasks was replacing cracked window-panes in the Social Hall. Hans Schilling was kept busy cleaning, sanding, and priming several door frames.

Arnold Champagne, the venerable taskmaster, among his many tasks, successfully repaired the door near the bar which was sticking. He was ably aided in his work by Ben Heldens.

Lunch, the usual hit of a work party day, was prepared by our outstanding cook, Maureen Smith. For dessert, she served a decorated cake inscribed to the Valentines of the lodge, our able volunteers. After lunch, Tony Smith and Marguerite Murphy bent to the task of washing the dishes, sweeping and scrubbing the kitchen floor, and generally making sure that the kitchen was spic and span. Another well attended work party then came to an end.

— Eva Libien, Work Party Co-ordinator
WEST REGION AEE WINTER GATHERING AT THE ALPINE CLUB

The West Region Association for Experiential Education (WRAEE), held a gathering for educators recently at the Alpine Lodge. The weekend event, known as the Winter Gathering, aims to raise awareness of the organization to practitioners of experiential education. Eva Libien spoke to the group about the CAC during their time at the Lodge.

The organizers of the event would like to thank the CAC for the opportunity to use the Lodge. They are hoping to gather again at the Alpine Lodge next year.

— Hunter Merritt, Co-Chair
West Region Association for Experiential Education

SWISS ALPS TRIP PLANNED

It has been a few years since our club has offered members an opportunity to hike the Swiss Alps. Our hut-to-hut is planned for July 1-8, 2010.

The group will be limited to 14 hikers. Our tour leader, Max Keller, will meet us in Zurich, where we will spend the first night in a hotel before heading by train to the high country. Max, who is a good friend of former club president Bob Hanson, has lived in Switzerland all of his life and spends most of his free time hiking and cross-country skiing the Alpine mountains near his home in Erstfeld. For a living, Max is a high school English teacher. Bob met him at a family camp several years ago while Max was doing a teacher exchange at Acalanes High School in Lafayette. After retiring from teaching, he plans on a second career as a trip leader.

The cost for the week-long adventure will be $760. This will include guide service, one night in a two-star hotel in Zurich, plus 6 nights in huts, all meals, bus, cable car and train transportation from Zurich and back to Zurich. Max will also give an optional sightseeing tour of Zurich and on the last day, he will show you around his hometown of Lucerne.

This trip will not take place in the most well known parts of Switzerland, near the Jungfrau and Eiger Peak. These tend to be very popular and crowded. Instead our hike will take us to more remote locations with wild flowers and lakes. We’ll see lots of marmots and if we are lucky, we’ll also spot eagles, chamois and ibex. For those that want to extend their stay in Switzerland and visit the more spectacular peaks, Max will be happy to provide all necessary information and help make your reservations.

Daily hikes will range from 5-10 miles with a maximum elevation gain of 1800 feet. Hikers should be strong 2B hikers.

To reserve a spot, send a check for the $100 deposit to Bob Hanson, 2600 Saklan Indian, #3, Walnut Creek, CA 94595. Questions?? Call Bob at 925-944-3366.

— Bob Hanson

ON THE ENVIRONMENTAL FRONT

California State Parks Foundation is still looking for help with the campaign for the State Parks and Wildlife Conservation Trust Fund, which would add $18 to our annual vehicle registration, provide free park access to all Californians, and assure long term, dependable funding for our state parks. Go to yesfortaparks.com or talk to a volunteer at (916) 442-2119 ... Slide Ranch (slideranch.org) hosts Sheep to Shovel day March 13, 10 a.m. to 2 p.m. Watch a shearing demonstration, and card and spin wool, or visit them on Family Farm Days, March 27 ... Early salmon reports from Marin Municipal Water District indicate “a better spawning run than last year, which saw only 26 coho redds and 43 live coho, but still in the realm of abysmal. The count in January was 67 salmon and 52 redds, well below the average of 229 redds and 557 live coho recorded over the last 14 years.” Biologists at the National Marine Fisheries Service suspect the culprit is a scarcity of food off the California coast ... National Parks Conservation Association [invites you to weigh in on the Environmental Protection Agency’s revaluation of its ’07 ozone standards, which NPCA contends are inadequate. Register at npca.org to urge the EPA to adopt the strictest options available to it ... Tamalpais Conservation Club’s President Larry Minikes says, in the winter issue of the Tamalpais Guardian, that it behooves us to keep a sharp eye on the Marin County Board of Supervisors’ revisit of mountain biking rules. Opening any new trails to mountain bikes risks sending the whole mountain the way of China Camp State Park, where, “even though bikers have a legal single-track,” the adjacent San Pedro Ridge has been scarred with illegal biking trails and serious damage to off-limits hiking trails.” He points to a lack of funds for ideas like a separate mountain biking park or parallel (and damaging?) trails, let alone money to cover the responsible regulatory oversight of opening any new trails to mountain bikes ... Still time to register for the Marine Mammal Center’s run/walk fundraiser on Saturday, March 13. For details check out runfortheseals.org ... Dealing with this special assessment has put a dent in all our wallets, but the needs of our environment are even greater in this era of dwindling State and County funds. So please consider including a separate check (tax deductible) for the CAC Foundation with your membership renewal form ... From the good news department we learn that Daniel Gluesenkamp, Ph.D., Audubon Canyon Ranch’s director of habitat protection and restoration, has discovered the formerly-extinct San Francisco manzanita (Archostaphylos franciscana) growing near Golden Gate Bridge in the San Francisco Presidio. Last seen in 1947, biologists have rescued it from the path of the Doyle Drive remake ... Keep me posted at dsolbach@gmail.com.

— David Solbach CACF Board Member
ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum $10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Thankfully the snow gods have been bountiful this season, and there is still plenty of winter left in the Sierras. Echo Lodge has many hosted events scheduled. Enjoy our mountain retreat before the spring thaw--contact the host(s), and head on up for some late winter fun!

Summer/Fall Hosts and Hosts-in-Training: I still have openings for Spring through Fall of 2010. Open times in Summer are noted in the schedule below. If you would like to host a session or schedule a member rental, please contact me. Host Appreciation and Training is scheduled for May 14-16 for anyone who wants to learn the art of hosting or for veterans to get a refresher on the latest changes at Echo while enjoying a leisurely weekend. Contact me to sign up.

Sincerely, Cindy

The next Echo Lodge Trustees’ Meeting will be held Saturday, April 17th, 10am location TBD. Contact Jim at 650-756-7771 if you would like to attend.

ECHO SUMMIT LODGE HOST SCHEDULE

| MAR 2-8 | SAT-FRI | HOSTED EVENT | Alan Fairhurst & Mindi Canner 415-307-5699 mcanner@comcast.net |
| MAR 8-12 | TUES-FRI | AVAILABLE FOR TRAINED HOSTS |
| MAR 12-14 | TUES-FRI | HOSTED EVENT | Jen & Brent Patera 925-283-1950 |
| APR 1-4 | SUN-SAT | PRIVATE EVENT |
| APR 4-10 | SUN-SAT | AVAILABLE FOR TRAINED HOSTS |
| APR 10-16 | WED-SAT | AVAILABLE FOR TRAINED HOSTS |
| APR 16-18 | FRI-SUN | HOSTED EVENT | Emily Lockett & Christine Piccin 707-576-0948 auntem@sonic.net |
| APR 18-23 | FRI-SUN | PRIVATE EVENT |
| APR 23-26 | FRI-MON | AVAILABLE FOR TRAINED HOSTS |
| MAY 14-16 | FRI-SUN | HOST APPRECIATION & TRAINING Reservations: Cindy Toran toranski@aol.com |
| MAY 21-23 | FRI-SUN | PRIVATE EVENT |
| MAY 27-31 | THURS-MON | SPRING FUN & WORK PARTY Reservations: Jim Nixon jinnixon2000@yahoo.com |
| JUN 7-9 | MON-WED | AVAILABLE FOR TRAINED HOSTS |
| JUN 9-13 | MON-WED | PRIVATE EVENT | Joan Ryan 415-564-8507 |
| JUN 13-20 | SUN-SUN | AVAILABLE FOR TRAINED HOSTS |
| JUN 20-30 | SUN-WED | SUMMER SPA WEEK+ Barbara Crockett 650-365-6280 kc9erfan@sbcglobal.net |
| JUN 30-JUL 5 | WED-MON | JULY 4TH HOLIDAY TIME Kristina & Ben Gale 415-381-9319 krissiegale@yahoo.com |
| JUL 5-9 | MON-FRI | HIKERS WEEK & COOP MEALS Host will assign specific meals to those attending. Edna Trimm + Hi & Lois Patton 415-456-5557 etrimm@sbcglobal.net |
| JUL 10-15 | SAT-THURS | HIKERS WEEK & COOP MEALS Participants will be chosen by lottery to be held Sunday, March 21 at 3:00 p.m., at the Alpine Lodge, from those who have sent in a deposit of $50. Checks sent in by lottery participants who have not been chosen, will be destroyed. CAC Members will be accommodated first. Guests will only be accepted if space is available. Eva Libien 415-383-5184 elibien@yahoo.com |
| JUL 15-18 | THURS-SUN | HOSTED EVENT | Lillian Young 650-589-5689 lcyou@sbcglobalnet.com |
| JUL 18-22 | SUN-THURS | HOSTED EVENT | Emily & John Lockett 707-576-0948 auntem@sonic.net |
| JUL 22-28 | THURS-WED | HOSTED EVENT | Janis Riccomini & Paul Crockett 408-725-7953 janisriccomini@comcast.net |
| JUL 28-AUG 1 | WED-SUN | AVAILABLE FOR TRAINED HOSTS |
| AUG 1-6 | SUN-FRI | HIKERS WEEK/COOP MEALS 2-B Hikes will be led daily. Host will assign specific meals to those attending. Edna Trimm 415-456-5557 P.O. Box 213, Fairfax, CA 94978 etrimm@sbcglobal.net |
| AUG 6-11 | FRI-WEK | AVAILABLE FOR TRAINED HOSTS |
| AUG 11-15 | WED-SUN | HOSTED EVENT | Tim Seeley 707-537-0668 4819 Foxglove Ct, Santa Rosa, CA 95405 seeley@sonic.net |
| AUG 16-22 | MON-SUN | HOSTED EVENT | Jim Nixon & Jan McCulloch 650-756-7771 50 Seacrest Ct, Daly City, CA 94015 jinnixon2000@yahoo.com |
| AUG 22-27 | MON-FRI | AVAILABLE FOR TRAINED HOSTS |
| AUG 27-29 | TUES-FRI | TRAIL CLEARING WEEKEND This year we will work on an actual USFS Trail project. Come help maintain the hiking trails we all enjoy so much! Note: the lodge will also be open as a hosted event (i.e., open to members not involved in trail clearing). Contact Tom Coleman 707-992-0650 32 Live Oak Dr, Petaluma, CA 94952 travmcege@comcast.net |
| AUG 29-SEP 10 | SAT-SUN | AVAILABLE FOR TRAINED HOSTS |
| SEP 10-12 | SAT-SUN | PRIVATE EVENT | Lee Yamada & Phyllis Cole 831-438-5749 |

Watch for updates in future issues of TRAILS!
Between 1916 and 1923, CAC Members scaled many of our Western peaks. In this 1917 photo Al Pinther is signing the register at the top of Mt St Helena.
-Submitted by Verna West.”

**SIERRA BASE CAMP TRIP**

This will be the 15th summer I have led one or more base camp trips into the high mountain country. All have been in the Sierras except for last summer’s venture near Mt. Rainier.

This summer’s trip will be co-led by Carlos Miranda and Julie Batsel. Our destination is Green Lake, out of the Virginia Lakes Pack Station, which is located half way between Bridgeport and Lee Vining. It will be an easy three-mile hike in, with more challenging hikes and climbs after we reach our base. Green Lake is one of about a dozen lakes in a basin on the way to Virginia Pass and the north boundary of Yosemite National Park. This year’s dates will be August 16-20. The cost of the five-day adventure will be $230. Most of this, of course, goes to pay the mule packer.

If you are interested, please send a $30 deposit to me, Bob Hanson, at 2600 Saklan Indian Dr., #3, Walnut Creek 94595. If more than 12 deposits are received, a lottery will be held to select those who can attend. This will be held on March 15th, with those not drawn going onto a wait list.

If you have questions, give me a call at 925-944-3366.

— Bob Hanson
TRAILS NEWSLETTER ALERT

Please send articles for the April 2010 issue of TRAILS to editor, Michael Larsen, at mduanelarsen@hotmail.com, or via mail to 4853 Kieran Court, Santa Rosa, CA 94598-4855. Telephone 707-331-0375. Michael should receive articles for the April issue no later than March 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the May 2010 issue of TRAILS will be Anita Cabrera, at aa_cabrera@msn.com. Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact me at ablackwellca@earthlink.net, telephone 415-584-2586, or Carroll Pearson at pearsoncmp@aol.com, telephone 408-736-9403.

— Angi Blackwell, Publishing
ANNUAL MEETING AND AWARDS DINNER
SATURDAY, APRIL 24TH

Each year, two hard-working club members are selected to receive the DISTINGUISHED SERVICE AWARD. This is always a difficult choice, with so many deserving, dedicated leaders in the club. This year the honors will be bestowed upon RUTH TRETBAR and TONY SMITH. We invite you to be present for this important occasion.

Ruth serves as the Outings chair and recently completed a term as one of the Alpine Lodge trustees. She leads many hikes and puts in countless hours as coordinator of the landscape crew at Alpine Lodge. She distinguished herself by summiting Mt. Shasta at age 75.

Tony grew up in the California Alpine Club and has put in many years on the club board, including two years as president and several years as vice-president. He has also lead many outings, served as conservation chair and is on the board of the CAC Foundation.

Our annual meeting will begin at 3 pm, followed by the traditional happy hour at 5 and dinner at 6. A delicious salmon dinner with all of the trimmings has been promised by co-chefs Sue Karp and Karl Baeck. Cost of the dinner will be $20. For those who wish to spend the night, the charge is $18 for members and $23 for associate members. Nuala Caulfield will be preparing Sunday morning breakfast, which is available for an additional $5.

Marguerite Murphy is organizing the dish washing and kitchen clean-up. Tony Smith had volunteered to clean the social hall after the event, but perhaps, since he is the “man of the hour”, some of the rest of us can take care of that.

If you want to be a part of this fine event, send your check to Onnie Taylor, 4635 25th Street, San Francisco 94114. Space is limited to 80 persons, so sign-up now!

—Bob Hanson

MT. TAM HIKE & BIKE
SUNDAY, MAY 09 , 4C, 9:00 AM
ALPINE LODGE

Dust off that ratty old bicycle and find a helmet for the Hike & Bike. Meet at the Alpine Lodge at 9:00 am and set up carpools.

(1) First we'll drive the bikes up the mountain to a high point (2460') on East Ridgecrest Blvd. There, we lock the bikes to a cyclone fence in the bushes- below the radar dome and close to the road.

(2) Next we'll drive down to Stinson Beach- parking in the Beach parking lot.

(3) From Stinson Beach, we'll hike up the mountain. (It's a five-hour, ten-mile hike up and nine miles back down on bike, with a 2550' elevation gain).

(4) Upon arriving back by foot, up at the highpoint, unlock the bikes, hop on for the long, breezy coast to the Coast. (Asphalt roads only, E.Ridgecrest Blvd., Pantoll Rd., Panoramic Highway and Highway #1).

(5) Dinner in Stinson afterwards, optional.

Bring a light lunch, water, bike, helmet, sunglasses and possibly lighter footwear for biking. (Note: Arrangements can be made for those without bikes to just do the hiking portion. If so, a shuttle car will need to be left at the high point for the return trip to Alpine Lodge. This shuttle car can also serve as an equipment-storage car for everyone.)

For any questions, contact Jordan Herrmann @ 510-528-7894 before 8:30 pm or herrmann48@comcast.net.

—Jordan Herrmann
**President's Message**

April in CAC is really the New Year. The Board, Lodge, Trustees and Committees are completing the projects they have scheduled and are writing their annual reports. Nominations have been made for the coming year. Two members have been picked to receive awards, and members will participate in the annual meeting and awards dinner. Then a new year of the club will begin, and the yearly cycle will start anew.

As I write this I am just back home from the “Big Dig” at Alpine Lodge. Arnold Champagne instructed and supervised members as we, with picks, shovels and jackhammers, dug a long trench from the water meter box to the Tam Building. Jennie Bruyn, with her persuasive talk, got more than thirty of us out there to do the job. Barbara Crockett and crew fed us a hearty, well-deserved lunch. This is just one example of the problems that crop up in taking care of our lodges and the generous support given by members. Thank you to both Alpine and Echo Trustees, who tackle many serious problems that occur at our lodges, and get each of them resolved. Our lodges are our treasure, both fiscally and as a source of so much pleasure for members.

Volunteers keep this club functioning. Each April we award two of our members, who have distinguished themselves way, way beyond what CAC requires, as the “work element” of membership. Bob Hanson and his committee picked two very worthy members, Tony Smith and Ruth Trethal, to receive the 2010 Distinguished Service Award. At the Annual Dinner, we will expound on the valuable service each has provided. I hope you will attend the Annual Meeting and the Awards Dinner on April 24th. Chefs are Sue Karp and Karl Baech.

David Solbach and his nominations committee canvassed the membership and were able to fill every vacancy of directors and trustees. This is not an easy job, because each director must commit for a year and each trustee for three years. I truly thank all of the CAC Board directors, who have served with me this year, and the trustees for each of the lodges.

Let’s celebrate ninety-six years for CAC! Happy New Year, CAC!

— Mae Harms

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**CAC Website:** [http://calalpineclub.org](http://calalpineclub.org)
**MEMBERSHIP REPORT**

**New Member – March 2010**

Ian Merritt - regular member  
P.O. Box 671  
Soda Springs CA 95728  
505-570-9096  
merrittian@gmail.com  
Sponsors: Vicki Olds, Jeri and Hunter Merritt

—— Sarah Dove, Membership Chair

**MESSAGE FROM THE REGISTRAR**

If your name is on this list, our e-mails to you are bouncing back. Please send your correct e-mail addresses to Stefan Berlinski, Registrar, at alpineregistrar@att.net. Thank you!

Lester Linda blossom-now@charter.net  
Cowden Leone osteyee@aol.com  
Fries Donald don@drizzle.com  
Bacon Paul bacon2@sprynet.com  
Bisio Nancy nancybisio@mindspring.com  
Kendrick Gene Rainier86@aol.com

—— Stefan Berlinski, Registrar

**BOARD OF DIRECTORS & QUARTERLY MEMBERSHIP MEETING**

Saturday, April 24, 2010  
Board of Directors Meeting, 2pm  
Annual Membership Meeting, 3pm  
Awards Dinner following the meetings.

Saturday, May 15, 2010  
Board of Directors Meeting, 2pm

Saturday, June 19, 2010  
Board of Directors Meeting, 2pm

Saturday, July 17, 2010  
Board of Directors Meeting, 2pm  
Quarterly Membership Meeting, 3pm  
August 2010  
No Board or Membership Meetings

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

—— Mae Harms

**THE “BIG DIG” AT ALPINE LODGE**

As you probably know, the galvanized steel water pipe to the Tam Building has sprung a leak and outlived its life expectancy by some years. We had estimates between $2500- $3000 for digging the 160’ by 18” trench for a new water line, lining it with a bed of sand and covering the new pipe with a layer of sand and soil. I thought the job could not be done by volunteers, but with Jennie Bruyn mobilizing the troops and Arnold Champagne leading them in to battle with pick and shovel in hand, the dig was completed by mid-afternoon of our March Work party. It seemed the motto of the “Big Dig” team was: “We do the impossible right away... Miracles take a little longer”. We were not intimidated by the few snags we hit along the way, like tree roots, boulders, old and not-so-old gas lines, undiscoverable waterlines, steep grades and walk ways. Our sincere thanks for all the hard work and good spirits go to Ben Heldens, Robert Feist, Duane Dove, Don Mathews, Ty Billings, David Gibson, Ian Merritt, Mike Udkov, Masami Takesue, Les Wills, Hans Schilling, Bill Wise, Jim Ballou, Tom Swaine, Larry Luchetti, Neil Anthony, Don Rice, Bruce Friend, Dorsey McTaggard, Roger Diehnel and Mae Harms, Jennie Bruyn, Mary Larkin, and Edna Trimm.

We noticed Donna Rice, a member of the gardening committee, darting in and out among Big Dig juggernaut and saving as many plants as possible.

While all this was going on outside, we did not neglect the usual Work party chores of keeping our Lodge in good order. With the help of Hal Waterman, Marguerite Murphy, Sally Hernandez and Mary Jane McKown, we had the place in its usual good order by the time we left. Napoleon said that an army marches on its stomach, and this army was well fed with a great lunch beautifully prepared and served by our Chef Barbara Crockett and her helpers Janice Bregante and Nancy Mugg.

The Alpine Lodge Trustees would like to thank all of you, not only for your hard work which saved our club a lot of money, but also for the good spirit, laughter and the feeling of camaraderie that you brought along.

—— Hardy Dawainis

**NEW DATES FOR WILDFLOWER HIKES**

The Annual MTIA Wildflower Hike will meet at Rock Spring at 9:30 am on Saturday, April 17. The Preview Wildflower Hike, to lay out the route and tag flower locations, will be on Friday, April 16, at Rock Spring at 10 am.

This year, we will leave the tags out until the afternoon of Sunday, April 18. This will allow the Alpine Club and others to participate in a follow-up Sunday Wildflower Hike. The Sunday hike will meet at the Alpine Lodge at 9:30 am and regroup at Rock Spring at about 10 am. I will lead that hike for the Alpine Club.

Volunteers who want to join Alpine Club members in identifying flowers should let me know of their availability for any of the wildflower hikes above. If there are any questions, please do not hesitate to call me at 510-528-7894 or email me at herrmann48@comcast.net.

—— Jordan Herrmann, MTIA, AWH Chair
## ALPINE HIKE LEADER SCHEDULE

**OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE**

**HIKERS’ WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED**

### HIKES

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Leader</th>
<th>Phone</th>
<th>Level</th>
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<tr>
<td>Sunday April 4</td>
<td>9:30 AM</td>
<td>Leaderless</td>
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<td>2B</td>
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<tr>
<td>Sunday April 11</td>
<td>9:30 AM</td>
<td>Robert Freinkel</td>
<td>415-608-7938</td>
<td>2B</td>
</tr>
<tr>
<td>*Saturday April 17</td>
<td>10:00 AM</td>
<td>Hikers’ weekend</td>
<td>415-661-8904</td>
<td>1A/2B</td>
</tr>
<tr>
<td>*Sunday April 18</td>
<td>9:30 AM</td>
<td>Pascale Leroy</td>
<td>415-661-8904</td>
<td>2B</td>
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<tr>
<td></td>
<td>9:30 AM</td>
<td>Jordan’s Wildflower Hike</td>
<td>415-661-8904</td>
<td>1A</td>
</tr>
<tr>
<td>Sunday April 25</td>
<td>9:00 AM</td>
<td>Jamie Watson</td>
<td>415-515-9618</td>
<td>3C</td>
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<td></td>
<td>9:30 AM</td>
<td>Open</td>
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<td>2B</td>
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<tr>
<td>Sunday May 2</td>
<td>9:30 AM</td>
<td>Eva Libien</td>
<td>415-383-5184</td>
<td>2B</td>
</tr>
<tr>
<td>Sunday May 9</td>
<td>9:00 AM</td>
<td>Jordan Herrmann</td>
<td>510-528-7894</td>
<td>3C</td>
</tr>
<tr>
<td>*Saturday May 15</td>
<td>10:00 AM</td>
<td>Hikers’ weekend</td>
<td>415-456-1877</td>
<td>2B+</td>
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<tr>
<td>*Sunday May 16</td>
<td>9:30 AM</td>
<td>Howard Ortman</td>
<td>415-456-5912</td>
<td>2B</td>
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<tr>
<td>Sunday May 23</td>
<td>9:30 AM</td>
<td>Bill Mayers</td>
<td>415-785-3516</td>
<td>3C</td>
</tr>
<tr>
<td>Sunday May 30</td>
<td>9:30 AM</td>
<td>Ann Good</td>
<td>510-526-6792</td>
<td>2B</td>
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<tr>
<td>Sunday June 6</td>
<td>9:30 AM</td>
<td>Hardy Dawainsis</td>
<td>415-461-4431</td>
<td>2B</td>
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<tr>
<td>Sunday June 13</td>
<td>9:30 AM</td>
<td>Anne Good</td>
<td>510-526-6792</td>
<td>2B</td>
</tr>
<tr>
<td>*Saturday June 19</td>
<td>9:00 AM</td>
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<td>1A/2B</td>
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<tr>
<td>*Sunday June 20</td>
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<tr>
<td>Sunday June 27</td>
<td>Open</td>
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**IMPORTANT! RAIN CANCELS**

All Sunday 2B hikes begin at 9:30 AM (7-10 miles and up to 2000 ft. elevation gain).

Alternate levels of Sunday hikes are sometimes offered in addition to the 2B hike and may have a different start time. Check the schedule.

Saturday hikes on Hikers’ weekends (3rd weekend of each month) are shown as leaderless and convene at the Alpine Club at 10:00 AM. Please select a leader from among the group.

If you would like to lead a hike currently shown as open, please call Pauline MacDonald (415-381-2870).

Notes: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader’s choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

Leaders: You are responsible for finding a replacement if you cannot lead the day of your scheduled hike.

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**Photos and captions** (Photos are from the event Tom McNicholas hosted with Burt Rodgers and Mike Udkow at Echo Lodge 2/26-3/2/2010, courtesy of Tom McNicholas.)

- **Mike Udkow and his asparagus fritatas 2/27**
- **Group getting ready to ski and snowshoe on Echo lake after confirming with ice fishermen that the ice was at least a foot thick. Allen Utterback, Burt Rodgers, Peter Purgalis and Tom McNicholas**
- **Refrigerator reunion at Echo Lodge for Mike Udkow, Burt Rodgers, Tom McNicholas and Peter Purgalis.**
Lunch will be served. Call Peter at 831-423-9242 or, Coordinator: Peter Beckmann 9 a.m. to 3 p.m. See Hikers’ Weekend box.

Mary Frey and Barbara Crockett Sun 4pm to Sun 9am

Sierra Club Coastal Medley Trip

leaders

Mary Jane McKown   overnight for Sierra Club

Reservations: Mary Frey  marymaryhiker@aol.com 9am

May 8 remove Tentative and add Roger Diesel

APR 24 SAT  ANNUAL AND LEADERSHIP MEETINGS

Board of Directors 2pm

MAY 15 SAT  LEADERSHIP MEETING

Mary Jane McKown Lunch.

Hardy at 415-461-4431 to RSVP.

Lunch will be served. Overnight possible. Call

Coordinator:  Hardy Dawainis

Chef:  Ursula Pederson  9 a.m. to 3 p.m.

Yoga and hiking

Jock MacDonald

JUNE 5 SAT PRIVATE EVENT

Twin Cities COOP Preschool

Mary Jane McKown

JUNE 12 SAT PRIVATE EVENT

Mary Jane McKown & Susan Elsner Sun 4pm to Sat 9am.

See Hikers’ Weekend Box.

JULY 4 SUN  FORTH OF JULY

Contact Social Activities Chair Greg Farber to volunteer.

APRIL 1 THURS MID WEEK WORK PARTY

Chef:  Ricia Wise  9am to 3pm

Coordinator:  Jennie Bruyn

Chem inefficient to RSVP.

MAY 25  John & Barbara Lillich 510-930-9489

18  Gayle Dekellis 510-548-7900

11 OPEN

04 Pascale Leroy  415-661-8904

11 OPEN

Mary Jane McKown & Susan Elsner Sun 4pm to Sat 9am. May 8 remove Tentative and add Roger Diesel

APRIL 17-18 SAT-SUN  HIKERS’ WEEKEND

See Hikers’ Weekend Box.

APRIL 25 SAT PRIVATE EVENT

Contact Alpine Lodge Trustees.

JULY 4 SUN  FORTH OF JULY

Contact Social Activities Chair Greg Farber to volunteer.

APRIL 1-2 THURS - FRI  PRIVATE EVENT

Bob Hansen 4pm Thurs to 9am Sat.

APRIL 4 SUN  MEMBER EVENT

Mary Jane McKown  overnight for Sierra Club leaders

APRIL 5 TO 10 MON-SAT  PRIVATE EVENT

Sierra Club Coastal Medley Trip

APRIL 11 SUN  SUNDAY WORK PARTY

Coordinator:  Jennie Bruyn 9 am to 3 p.m.

Lunch will be served. Call Peter at 831-423-9242 or, preferably, beckmann@baymoon.com to RSVP.

APRIL 11-18 SUN-SAT  SPA WEEK

Mary Frey and Barbara Crockett  Sun 4pm to Sun 9am

Reservations: Mary Frey  marymaryhiker@aol.com

APRIL 14 - 17 SUN - SAT  SPA WEEK

Mary Frey and Barbara Crockett  Sun 4pm to Sat 9am

May 8 remove Tentative and add Roger Diesel

APRIL 17-18 SAT-SUN  HIKERS’ WEEKEND

See Hikers’ Weekend box.

APRIL 24 SAT  ANNUAL AND LEADERSHIP MEETINGS

Trustee Meetings at 1 pm, Board of Directors at 2 pm, Annual Membership meeting 3 pm, Annual dinner following. Everyone Invited.

APRIL 27-28  TUES-WED HIKERS’ MIDWEEK

For reservations call 415-922-6775 or e-mail Nuala Caulfield at ntc@msn.com. 
Prices will be the same as for Hikers’ Weekend - see box

MAY 21 THURS  MID WEEK WORK PARTY

Chef:  Selma Bomfim  9 a.m. to 3 pm

Coordinator:  Eva Libien

Lunch will be served. Overnight possible. Call Eva at 415-383-5184 to RSVP.

MAY 8 SAT  TCC TENTATIVE EVENT

Arlin Weinberger Tamalpais Conservation Club

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For reservations call 415-922-6775 or e-mail Nuala Caulfield at ntc@msn.com. 
Prices will be the same as for Hikers’ Weekend - see box

MAY 6 THURS  MID WEEK WORK PARTY

Chef:  Selma Bomfim  9 a.m. to 3 pm

Coordinator:  Eva Libien

Lunch will be served. Overnight possible. Call Eva at 415-383-5184 to RSVP.

MAY 8 SAT  TCC TENTATIVE EVENT

Arlin Weinberger Tamalpais Conservation Club

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Chef:  Selma Bomfim  9 a.m. to 3 pm

Coordinator:  Eva Libien

Lunch will be served. Overnight possible. Call Eva at 415-383-5184 to RSVP.
ON THE ENVIRONMENTAL FRONT

The fortieth anniversary of Earth Day (4/22/10) will be celebrated by Marin Agricultural Land Trust and friends at the College of Marin’s Kentfield Campus from 11 a.m. to 6 p.m. Saturday, April 24. This free, family-friendly festival will feature live music, speakers, puppets and activities for children, organic food, and more. See earthdaymarin.org...

Salt pond condos proposed by Cargill/DMB Associates, a project to build a city of 30,000 on 1436 acres of restorable salt ponds, is being considered by the Redwood City Council seriously enough to go ahead with an environmental impact report. This is a timely reminder that, forty years since the defeat of Marincello, the development that would have scarred the Marin headlands, the cupidity of our fellow creatures makes the price of conservation implacable vigilance...

This is a last reminder that Jordan Herrmann will lead a wildflower appreciation walk on Sunday, April 18, from the Alpine Club (9:30 am) or Rock Springs (10 am) ...

Verna West’s interesting recollections of the 1960 Squaw Valley Olympics (February TRAILS, p.8) got me thinking about how different a 2022 repeat would be. For perspective: the 1960 event hosted 665 athletes, whereas the recent Vancouver games featured 5,500 contestants. Presuming the ancillary crowds and activities would similarly increase ten-fold plus, it’s clear that a bundle of green/smart investment will be necessary just to keep the environmental impact neutral...

Friends of Corte Madera Creek Watershed (horizonazul@yahoo.com) are looking for citizen-scientists to help monitor summer stream flows. Fifteen sites have been selected from which volunteers can choose. The goal is to establish seasonal and annual flow patterns in order to identify long-term changes ...

National park visits were up ten million over ’08 to 285 million last year, according to the SF Chronicle (record was 287.2 million in 1987). The Park Service said multiple factors explain the rise: three weekends last summer when entrance fees were waived; visits by President Obama and his family to Yellowstone and the Grand Canyon; lower gas prices; strong value of the euro; last, and probably most important, Ken Burns’ television series. The most popular park was Great Smoky Mountains National Park and Grand Canyon was second ...

Sea otters are to our local coastline what the Spotted Owl is to the forests of the Northwest. Being high on the food chain, and relatively easy to study, they provide insight into the entire habitat. Whatever is killing sea otters (cat litter down toilets? — bad for your plumbing, too!) is therefore important to know, and the only funding source is the California Sea Otter Fund. The fund might lose its tax check-off status unless enough of us designate a donation (as little as a dollar) on line 410 of our California $40 tax form. If this year is too late for you, remember it next year... Keep me posted at dsolbach@gmail.com.

— David Solbach CACF Board Member

DID YOU KNOW DR. EDGAR WAYBURN?

A long article March 8 in the San Francisco Chronicle noted the death of Dr. Edgar Wayburn at age 103. In 1999, he was awarded the Presidential Medal of Freedom by President Bill Clinton, who said, “He has saved more of our wilderness than any other person alive.” We know him for his five terms as president of the Sierra Club and his helping preserve areas in Marin County, San Francisco and along the coast. His wife Peggy died about 2002. Dr. Wayburn and Peggy were often at Echo Summit Lodge. One year Peggy left her ski poles there, and I brought them back to their home on Sea Cliff in San Francisco!

— Verna West, Historian

CAC OUTINGS.
SPRING-SUMMER 2010

Eel River Canoe Trip April 16-18
Requirements: be an intermediate paddler, transport your own (or rental) canoe to put in site.

Swiss Alps Hiking Trip July 1-8
Limit: 14 hikers.
Daily hikes: 5-10 miles; maximum elevation gain of 1800 feet.

Sierra Base Camp Trip August 16-20
Destination: Green Lake, out of Virginia Lakes
Limit: 12 hikers. Lottery will be held if more than 12 sign up.

For detailed information, see March TRAILS.

To sign up, send appropriate deposit to:

Bob Hanson
2600 Saklan Indian Drive, #3
Walnut Creek. 94595

DID YOU KNOW DR. EDGAR WAYBURN?

A long article March 8 in the San Francisco Chronicle noted the death of Dr. Edgar Wayburn at age 103. In 1999, he was awarded the Presidential Medal of Freedom by President Bill Clinton, who said, “He has saved more of our wilderness than any other person alive.” We know him for his five terms as president of the Sierra Club and his helping preserve areas in Marin County, San Francisco and along the coast. His wife Peggy died about 2002. Dr. Wayburn and Peggy were often at Echo Summit Lodge. One year Peggy left her ski poles there, and I brought them back to their home on Sea Cliff in San Francisco!

— Verna West, Historian

Happy Easter
ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum $10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Spring Work and Fun Party is May 27-31. Come enjoy the camaraderie of working together at our mountain retreat—it’s a lot of fun! Contact Jim Nixon for reservations (see contact information below).

Summer/Fall Hosts and Hosts-in-Training: Only a few choice openings are still available for summer: June 13-20, July 28-Aug 1, Aug 22-27, Aug 29-Sept 10. If any portion of these time periods works for you, please contact me by e-mail or telephone.

Host Appreciation and Training is scheduled for May 14-16 for anyone who wants to learn the art of hosting or for veterans to get a refresher on the latest changes at Echo while enjoying a leisurely weekend. Contact me to sign up. Sincerely, Cindy

The next Echo Lodge Trustees’ Meeting will be held Saturday, April 17th, 10 AM, at Ray Sommers’ home. Contact Ray at 415-472-1229 if you would like to attend.

Echo Summit Lodge Spring /Summer Schedule:

<table>
<thead>
<tr>
<th>Date</th>
<th>Description</th>
<th>Host</th>
</tr>
</thead>
<tbody>
<tr>
<td>MAR 28-APR 4</td>
<td>SUN-SUN FAMILY FRIENDLY EVENT</td>
<td>Alan Fairhurst &amp; Mindi Canner</td>
</tr>
<tr>
<td>APR 16-18</td>
<td>FRI-SUN HOSTED EVENT</td>
<td>Emily Lockett &amp; Christine Piccin</td>
</tr>
<tr>
<td>APR 23-26</td>
<td>FRI-MON PRIVATE EVENT</td>
<td>Tom &amp; Carol Coleman</td>
</tr>
<tr>
<td>MAY 14-16</td>
<td>FRI-SUN HOST APPRECIATION &amp; TRAINING</td>
<td>Cindy Toran</td>
</tr>
<tr>
<td>MAY 21-23</td>
<td>PRIVATE EVENT</td>
<td>Roger &amp; Mary Rigney</td>
</tr>
<tr>
<td>JUN 13-20</td>
<td>SUN-SUN AVAILABLE FOR TRAINED HOSTS</td>
<td>Karen &amp; Jerry Wagner</td>
</tr>
<tr>
<td>JUN 20-30</td>
<td>SUN-WED SUMMER SPA WEEK+</td>
<td>Lin Mangiante</td>
</tr>
<tr>
<td>JUN 30-JUL 5</td>
<td>MON-FRI  HIKERS WEEK &amp; COOP MEALS</td>
<td>Kristina &amp; Ben Gale</td>
</tr>
<tr>
<td>JUL 15-18</td>
<td>THURS-SUN HOSTED EVENT</td>
<td>Lillian Young &amp; Genie Frye</td>
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<tr>
<td>JUL 18-22</td>
<td>SUN-THURS HOSTED EVENT</td>
<td>Emily &amp; John Lockett</td>
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<td>AUG 1-6</td>
<td>SUN-FRI HIKERS WEEK/COOP MEALS</td>
<td>Tony Smith</td>
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<tr>
<td>AUG 22-27</td>
<td>MON-FRI AVAILABLE FOR TRAINED HOSTS</td>
<td>Tim Seeley</td>
</tr>
<tr>
<td>AUG 27-29</td>
<td>TRAIL CLEARING WEEKEND</td>
<td>Tim Seeley</td>
</tr>
<tr>
<td>SEP 10</td>
<td>PRIVATE EVENT</td>
<td>Lee Yamada &amp; Phyllis Cole</td>
</tr>
<tr>
<td>SEP 27-29</td>
<td>FRI-MON FALL WORK PARTY</td>
<td>Reservations: Jim Nixon</td>
</tr>
<tr>
<td>SEP 2-7</td>
<td>THURS-TUES LABOR DAY WEEKEND/COOP MEALS</td>
<td>Tony Smith</td>
</tr>
</tbody>
</table>

Host reservations:  Cindy Toran 707-539-4396
toranski@aol.com

Summer: Echo Lodge Trustee meetings will be held at 10 AM on Saturday, June 13th, July 18th, and August 22nd.  The July meeting will be held at Tom Coleman’s home.  A potluck lunch will be provided, and the meeting will be followed by a hike along the Pink Lady trail.

Summer Events:

- **MAY 7-9 WED-MON AVAILABLE FOR TRAINED HOSTS**
  - Location: Mountain Meadow Lodge
  - Contact: Kelly Davis

- **JUN 10-15 SAT-THURS HIKERS WEEK & COOP MEALS**
  - Host will assign specific meals to those attending.
  - Contact: Edna Trimm

- **JUL 5-9 MON-FRI HIKERS WEEK & COOP MEALS**
  - Host will assign specific meals to those attending.
  - Contact: Edna Trimm

- **AUG 22-27 MON-FRI AVAILABLE FOR TRAINED HOSTS**
  - Contact: Tim Seeley

- **AUG 27-29 TRAIL CLEARING WEEKEND**
  - This year we will work on an actual USFS Trail project. Come help maintain the hiking trails we all enjoy so much! Note: the lodge will also be open as a hosted event (i.e., open to members not involved in trail clearing). Contact Tom Coleman 707-992-0650

- **SEP 10-12 PRIVATE EVENT**
  - Contact: Jim Nixon & Jan McCulloch

- **SEP 27-29 LABOR DAY WEEKEND/COOP MEALS**
  - Contact: Tony Smith

Watch for updates in future issues of TRAILS!
TRAILS NEWSLETTER ALERT

Please send articles for the May 2010 issue of TRAILS to editor, Anita Cabrera, at aa_cabrera@msn.com, or via mail to 430 Ellsworth Street, San Francisco, CA 94110. Telephone 415-206-9152.

Anita should receive articles for the May issue no later than April 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the June 2010 issue of TRAILS will be Helena Troy, at hmtroy@aol.com. Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact Helena Troy at the address above.

— Angi Blackwell, Publishing

Echo Lodge in new blanket of snow 2/27
ECHO WORK PARTY, MAY 27-31

The Echo Lodge Trustees need your help at the Echo Lodge Spring Fun and Work Party from Thursday, May 27 to Monday, May 31, Memorial Day, and are even holding open a few bedrooms to accommodate couples.

We will be cutting trees into rounds, including one damaged by lightning and heavy equipment that was felled by a professional logger during winter. We will continue bolting the building to the foundation, build a bunk bed for the downstairs dorm, increase ventilation for the upstairs dorm, wash/clean/straighten-up almost everything, construct a foundation for a new clothes drying apparatus, etc., to prepare the lodge for the summer season and make minor repairs from winter. At no cost to you, the trustees provide three meals a day with something to wash it down with, and hot-from-the-oven chocolate chip cookies and lemonade brought to you while you work.

We especially need those with cooking, electrical, plumbing, carpentry, chain-saw and foundation-bolting skills. So far the following members have signed up: Diane and Bruce Friend, Melanie Facen, Jennie Bruyn, Tom Coleman, Val Floch, Jean Finley, Valerie Nelson and Allen Utterback, Jim Nixon, Nuala Caulfield, Vicki Olds, Tony Smith, Dan Winkelman and Bill Jones.

Do it now. Call Jim Nixon to sign up for the Spring Fun and Work Party at Echo at 650-756-7771 or email at jinnixon2000@yahoo.com.

— Jim Nixon

Here are comments from CAC members who attended the 2008 Fall Fun and Work Party:

“...Nothing like some common sweat and teamwork to bring people together... Work parties are a special time – here’s a toast to the next work party, and to meeting new friends!” — John McClure

“A weekend filled with laughter, wit and good will, stacking wood in the clear sun-filled air... feeling welcomed by everyone, work parties are fun!” — Janet Greene

“Wonderful to work with such cooperative people”
— Rick Greene

APRIL FOOLS’ DAY AND THE THIRD SHOVEL BRIGADE

There was no foolin’ around for the 33 Alpiners who attended Jennie Bruyn’s last tenure as coordinator of some of the best work parties Alpine Lodge has ever seen. She enlisted Ricia Wise to prepare lasagna and salad, with the help of many, namely Marie Melka, Pauline MacDonald, Dolores Welsh, new member Maureen Simon, Jean Rogers, Marguerite Murphy, and Jordan Herrmann. The result was culinary poetry!

But it was the shoveler who filled in the awesome ditches. Hard workers Jim Ballou, Bill Wise, Bruce Friend, Ben Heldens, Jock MacDonald, Hans Schilling, Don Rice, Bill Pung, Erik and Carol Bodtker, labored mightily and got the job done. Don Mathews won the coveted prize of two bottles of wine from Jennie’s cellar, because he attended all three of the diggings. How’s the back, Don?

Just as important were other projects going on; Masami Takesue and Bill Pung got to painting stairs, while Mary Jane McKown, Innes Bergman, and Madame President Mae Harms all pitched in to fight dirt and dust bunnies, wherever they were found. Outside in the gardens Donna Rice and Ruth Trehbar continued their labors of love to make our property so attractive this spring.

It was good to see our own merry prankster Ernie Pitz back among us with camera, squirt ring and a big smile to enliven the day and capture the events for posterity. Thanks, Ernie! And thanks too, to Arnold, Eva, Jennie, Roger, and Hardy for your hard work and leadership. The Alpine Club is fortunate to have such dedicated Trustees care for our Lodge.

Tony Smith shoveled, ate, drank, and apologizes for any errors or omissions.

— Tony Smith
The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

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530-333-1058  maelharms@mindspring.com
Vice President
Jennie Bruyn  
415-456-1877  jennibruyn@yahoo.com
Secretary
Anne Good  
510-526-6792  ahgood@sbcglobal.net
Treasurer
Dennis Ziebell  
415-864-8899  dzbp@aol.com
Registrar
Stefan Berlinski  
831-325-6215  alpineregistrar@att.net

Board of Directors:
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Graham Forder  
415-827-4748  gfof99@yahoo.com
Nell Fraser  
925-934-9039  nellfraser@yahoo.com
Ann Meneguzzi  
209-931-3423  tmllann@hotmail.com
Past President ’08
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Joan Ryan  
415-564-8507  joanryan@mac.com

CAC Foundation Directors
CACF President
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Reuven Segev  
415-479-7682  reuven.segev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Catherine Theilen Burke, Anita Cabrera, Michael Larsen, Tom Mahood, Vicki Olds, Dan Schoenhals, Bob Sturm and Helena Troy.

Correspondence: Please address correspondence concerning this publication to:
Mae Harms, 5941 Garden Park Dr. Garden Valley, CA 95633-9514.
CAC Website: http://calalpineclub.org

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Membership Report

New Member – April 2010

James Ballou - Joint Member
17 Josefa Court
Novato CA  94949
415-884-0878
jrball321@gmail.com
Sponsors: Jean Rodgers, Margaret Ballou

— Sarah Dove, Membership Chair

Board of Directors & Quarterly Membership Meeting

Saturday, May 15, 2010
Board of Directors Meeting, 2pm
Saturday, June 19, 2010
Board of Directors Meeting, 2pm
Sunday, July 18, 2010
Board of Directors Meeting, 2pm
Quarterly Membership Meeting, 3pm
August 2010
No Board or Membership Meetings

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms

In Memory ~ Patricia Boyd
1933-2010

Patricia (Pat) M. Boyd died of cancer at her home in Berkeley, California, on March 18, 2010. Her three grown children were with her. She was 76.

Pat joined the California Alpine Club in 1999. She and her domestic partner, Bob Piper, enjoyed activities at Echo and her daughter was married at Alpine Lodge. Pat was more than capable as the Trails editor, handling that position with aplomb, tact and an unusually easy-going manner. For several years, Pat was also CAC’s Publications Chairperson. Pat and Bob served as Alpine Innkeepers and did laundry after events. We will miss Pat’s guiding hand and technology expertise with Trails.

Anita Cabrera, Trails Editor, writes, “I feel fortunate to have met and worked with Pat for even a short time. She had a sense of humor and met ‘calamity with serenity.’”

Pat graduated from Kansas State University with a B.S. in Physical Sciences in 1954 and received an M.B.A. from the University of Santa Clara in 1980. She enjoyed a lively interest in mathematics and wrote fluently.

Pat had interests beyond learning and working. At various times, she was secretary of a ski club in Livermore and co-led monthly hikes with Bob Piper for the Outdoor Dilettantes, a sub-group of San Francisco Mensa. She occasionally helped proofread the newsletter of the San Francisco Bay Chapter of the Sierra Club. She enjoyed hosting large gatherings for live jazz and good food. Pat wrote that her partner, children, grandchildren, and many friends and cousins will sorely miss her bouts of crankiness, singing, reading, her fondness for gardening and the outdoors, especially empty places resembling true wilderness, jazz bands, cats, dancing, hiking, cross country skiing, and fly fishing. She may have been unaware that this was only part of the story. Everyone she encountered was inspired by her smile, her energy, her enthusiasm, and her competence, not to mention her love for her family.

Pat also wanted to encourage CAC members who have been smokers or exposed to second-hand smoke to be screened for signs of lung cancer, which can be treated if caught in the early stages.

The family will host a celebration of Pat’s life on May 1, 2010. Bob Piper would be happy to hear from Pat’s friends who would like to attend at piperrr@alum.mit.edu.

— Carroll Pearson

St. Patrick’s 2010 Celebration

There were just 34 attendees at this year’s St. Patrick’s dinner, but what we may have lacked in quantity was made up for by enthusiasm. For hors d’oeuvre we enjoyed a variety of Irish cheeses and smoked salmon served on wholemeal bread baked by former member Julie O’Meara. Smithwick’s Irish Ale was available to help the sustenance down the throat. Our chief cook Ed Troy prepared corned beef as only he can. It was declared delicious by all. We served the customary cabbage and potatoes, and not-so-customary baby carrots and onions. As cook responsible for desserts, I let down the chief. Four pies turned out to be disasters, which left one good one. However, at the last minute Ben Heldens, bought an apple pie at good old reliable Costco.

It was good to see familiar faces and welcome three prospective members. Helena Troy introduced us to Peter Snoek, a Sierra Clubber and keen hiker whom Paul McKown familiarized with Club activities. Jennie Bruyn brought Maureen and Karim Simons of Mill Valley, who were thrilled to find such a wonderful resource on their doorstep.

My sincere gratitude to Ed and Ben for their help in the shopping, cooking and serving of our meal. Thanks to Mary Jane McKown for taking care of the unpleasant chore of washing the pots and pans, and a great big thanks to Jana and Jan Shober who washed all the dishes, cleaned the kitchen and dining area, and laundered the dish towels and tablecloths. The event generated a profit to the Club of $421.

— Nuala Caulfield
## ALPINE HIKE LEADER SCHEDULE

**OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE**

**HIKERS’ WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Leader</th>
<th>Phone</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday May 2</td>
<td>9:30 AM</td>
<td>Eva Libien</td>
<td>415-383-5184</td>
<td>2B</td>
</tr>
<tr>
<td>Sunday May 9</td>
<td>9:00 AM</td>
<td>Jordan Herrmann</td>
<td>510-528-7894</td>
<td>3C</td>
</tr>
<tr>
<td></td>
<td>9:30 AM</td>
<td>Jenny Bruyn</td>
<td>415-456-1877</td>
<td>2B+</td>
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<tr>
<td>*Saturday May 15</td>
<td>10:00 AM</td>
<td>Hikers’ weekend</td>
<td>1A/2B</td>
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<tr>
<td>*Sunday May 16</td>
<td>9:30 AM</td>
<td>Howard Ortman</td>
<td>415-456-5912</td>
<td>2B</td>
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<tr>
<td></td>
<td>9:30 AM</td>
<td>Bill Mayers</td>
<td>415-785-3516</td>
<td>3C</td>
</tr>
<tr>
<td></td>
<td>9:30 AM</td>
<td>Ann Good</td>
<td>510-526-6792</td>
<td>2B</td>
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<tr>
<td>Sunday May 23</td>
<td>9:30 AM</td>
<td>Jock MacDonald</td>
<td>415-381-2870</td>
<td>2B</td>
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<tr>
<td>Sunday May 30</td>
<td>9:30 AM</td>
<td>Graham Forder’s</td>
<td>415-827-4748</td>
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<tr>
<td>Sunday June 6</td>
<td>9:30 AM</td>
<td>Anne Good</td>
<td>510-526-6792</td>
<td>2B</td>
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<tr>
<td>*Saturday June 19</td>
<td>9:30 AM</td>
<td>Hikers weekend</td>
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<tr>
<td>*Sunday June 20</td>
<td>9:30 AM</td>
<td>Hardy Dawainis</td>
<td>415-461-4431</td>
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<tr>
<td>Sunday June 27</td>
<td>9:30 AM</td>
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<tr>
<td>Sunday July 4</td>
<td>9:30 AM</td>
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<td>*Saturday July 17</td>
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<td>*Sunday July 18</td>
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<tr>
<td>Sunday July 25</td>
<td>9:30 AM</td>
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Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

## IMPORTANT!

**RAIN CANCELS**

All Sunday 2B hikes begin at 9:30 AM (7-10 miles and up to 2000 ft. elevation gain).

Alternate levels of Sunday hikes are sometimes offered in addition to the 2B hike and may have a different start time. Check the schedule.

Saturday hikes on Hikers’ weekends (3rd weekend of each month) are shown as leaderless and convene at the Alpine Club at 10:00 AM. Please select a leader from among the group.

If you would like to lead a hike currently shown as open, please call Pauline MacDonald (415-381-2870)

Notes: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader’s choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

Leaders: You are responsible for finding a replacement if you cannot lead the day of your scheduled hike.

---

## MT. TAM HIKE & BIKE AT ALPINE LODGE

**SUNDAY, MAY ‘09, 3C, 9AM**

Dust off that ratty old bicycle and find a helmet for the Hike & Bike. (It’s a good idea to take your old bike to the shop for a safety check.) Meet at the Alpine Lodge at 9am and set up carpool.

1. First we’ll drive the bikes up the mountain to a highpoint (2460’) on East Ridgecrest Boulevard. There, we lock the bikes to a cyclone fence in the bushes, below the radar dome and close to the road.
2. Next we’ll drive down to Stinson Beach: parking in the beach parking lot.
3. From Stinson Beach we’ll hike up the mountain. (It’s a five-hour, ten-mile hike up and nine miles back down on bike, with a 2550’ elevation gain.)
4. Upon arriving back by foot at the highpoint, we’ll unlock the bikes and hop on for the long breezy coast to the coast. (It’s asphalt roads only, East Ridgecrest Boulevard, Pantoll Road, Panoramic Highway and Highway 1).
5. Dinner once back at Stinson, afterwards, optional.

Bring a lunch, water, bike, helmet, sunglasses, and possibly light footwear for biking.

(Note: Arrangements can be made for those without bikes to do the hiking portion only. If so, a shuttle car will need to be left at the high point for the return trip to Alpine Lodge. This shuttle car can also serve as an equipment-storage car for everyone.)

For any questions, contact Jordan Herrmann at 510-528-7894 before 8:30pm or at herrmann48@comcast.net.

— Jordan Herrmann

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## ALPINE LODGE SUNDAY INNKEEPERS

**May**

<table>
<thead>
<tr>
<th>Date</th>
<th>Innkeeper</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>02</td>
<td>Peter Dippery</td>
<td>415-518-4051</td>
</tr>
<tr>
<td>09</td>
<td>Margaret Ballou</td>
<td>415-884-0878</td>
</tr>
<tr>
<td>16</td>
<td>Innes Bergman</td>
<td>510-845-3388</td>
</tr>
<tr>
<td>30</td>
<td>Gloria Neumier</td>
<td>415-453-2225</td>
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**June**

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<tr>
<th>Date</th>
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<tr>
<td>13</td>
<td>Ann Allio</td>
<td>650-583-1543</td>
</tr>
<tr>
<td>20</td>
<td>Lyda Dicus</td>
<td>925-934-1071</td>
</tr>
<tr>
<td>27</td>
<td>Jeanne Stuart</td>
<td>415-924-2712</td>
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**July**

<table>
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<tbody>
<tr>
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<tr>
<td>11</td>
<td>Delinda &amp; Brad Nicolet</td>
<td>530-753-3857</td>
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<tr>
<td>18</td>
<td>open</td>
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<tr>
<td>25</td>
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— Selma Bomfim, Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED. Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.
## TRAILS CALENDAR LISTINGS

Robert C. Smith is our Alpine Calendar coordinator. Please send him a complete event description as soon as you are scheduled at alpinelodge1@yahoo.com, or by mail to 1525 Berkeley Way, Berkeley CA 94703-1235, and let our Social Activities Chair Greg Farber know at calalpineclub@gmail.com.

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Location</th>
<th>Contact</th>
<th>Details</th>
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<tbody>
<tr>
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## TRAILS CALENDAR LISTINGS

**Melissa Smith** is our Alpine Calendar coordinator. Please send him a complete event description as soon as you are scheduled at alpinelodge1@yahoo.com, or by mail to 1525 Berkeley Way, Berkeley CA 94703-1235, and let our Social Activities Chair Greg Farber know at calalpineclub@gmail.com.

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## ALPINE LODGE EVENTS: Associate Members Welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. To schedule an event, please call Alpine Lodge Reservations at 415-381-4975.

## FOR UP TO THE MINUTE LISTINGS, SEE THE ALPINE LODGE CALENDAR IN THE MEMBERS SECTION ON OUR WEBSITE WWW.CALALPINECLUB.ORG. FOR WEBSITE USER ID AND PASSWORD, CONTACT BOB SMITH AT ALPINELODGE1@YAHOO.COM
ON THE ENVIRONMENTAL FRONT

Starting with the good news department, the Continental Dialogue on Non-native Forest Insects and Diseases has initiated a Success Stories project to remind us that efforts to control or eradicate invasive species can be successful. So far, the stories include “the plum pox virus from Pennsylvania, the suppression of pink hibiscus mealybug populations in California and other states using biocontrol agents, and the prevention of expansion of the hemlock wooly adelgid into Michigan.” Hopefully Phytophthora ramorum, the pathogen behind our local Sudden Oak Death, will be added sooner than later to this list. Check continentalforestdialogue.org for the latest on this latter pest...

Volunteers and paid staff are closing in on the 477,000 signatures needed to place the State Parks Initiative on the November 2 ballot....Keep Tahoe Blue reminds us that “there are 63 streams that flow into Lake Tahoe and only one, the Truckee River, that flows out into Pyramid Lake. Unlike most bodies of water in North America, Tahoe’s water never reaches the ocean. How much water in the lake? Enough to cover a flat area the size of California to a depth of 14 inches; or to supply everyone in the U.S. with 50 gallons of water per day for five years.”.... Birdwatchers take note that our annual Conservation Benefit/Birding weekend, hosted by Karen and Jerry Wagner, is scheduled for June 9 to 13 at Echo Lodge. For reservations contact them at Karwag@sonic.net or give them a ring at 707-528-8197...

The recession has slowed but not stopped the expansion of the clean energy industry, according to cleanedge.com, which monitors the industry. Only the solar sector’s revenues fell, and that was due to a drop in the price of solar panels as mass production tightens competition... The unintended consequences of any plan to fertilize the oceans with iron to create phytoplankton blooms that would absorb carbon dioxide includes coincidental blooms of Pseudo-nitzschia, a poisonous phytoplankton that causes nerve damage to seabirds and marine mammals, and amnesic shellfish poisoning (ASP) in humans. This the conclusion of a study headed by Charles G. Trick in the online edition of the Proceedings of the Academy of Science...

Put Sunday, June 27 on your calendar. My Summer Solstice Band will perform jazz at a benefit for the CAC Foundation at Alpine Lodge, and Jordan Herrmann will host the first of his art shows that weekend. Good food, good wine, good company... Monarch butterflies had a hard year, and the breeding population flying north is expected to be the smallest since the Mexican over-wintering colonies were discovered in 1975. Causes of the population drop are only partially understood, but Monarchwatch.org offers facts and speculation, also advice on butterfly gardens and which of the 110 species of milkweed you might consider for your backyard...

Keep me posted at dsolbach@gmail.com.

— David Solbach CACF Board Member

CAC OUTINGS, SUMMER 2010

May 13 - Buck Institute in Novato. We will meet at 10:15am for a 90-minute, free docent-led tour on the biological mysteries of aging and the architecture of I.M. Pei. Take Highway 101 north to the Atherton/San Marin exit. Turn left at the stop light; go west over freeway overpass and get in right-hand lane to turn right at second stoplight onto Redwood Highway. Go 1/2 mile and turn left at Buck Center Drive. You’ll have to stop at security gate to give your name. The group will meet in the visitor parking lot on the left. Contact Carol Bodtker at cbpostme@gmail.com or 415-884-0850 by May 7 to have your name added to the security list.

June 4 - Cantor Arts Center and Rodin Sculpture Gardens at Stanford. Join us for a private docent-led tour of the “Four Great Masters of Ink Paintings” from China and view 200 works of Rodin sculptures, the largest outside of Paris. Admission is free and you may enjoy refreshments at the cafe on the premises. We’ll meet at 9:00am in San Rafael at the Home Depot rear parking lot to form carpools. A donation towards gas and parking meters will be collected for drivers. Please contact Carol Bodtker by May 25 so I know how many will be going.

— Carol Bodtker

July 1-8 Hike in the Swiss Alps

August 16-20 Green Lake Base Camp Trip

Both of these trips are full, but cancellations do occur. To be placed on the waiting list please contact Bob Hanson at doctoroutdoors@comcast.net or at 925-944-3366.

VOLUNTEERS SAVE THE CLUB MORE THAN $7,000!

The March 4 trench-diggers epitomized the willingness to help that has come to characterize so many of our Alpine Club members. Because of their energy, enthusiasm and commendable input, the club was able to save over $7,000. The effort of these volunteers, with a bit of negotiating thrown in, reduced the club’s cost to replace the water main with copper pipes to a mere $2,000. Thank you all!

— Jennie Bruyn, Trustee
ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum $15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Spring Work and Fun Party is May 27-31. “Free” food and camaraderie with some of CAC’s finest folks! Contact Jim Nixon for reservations (see contact information below).

Summer/Fall Hosts and Hosts-in-Training:
Only a few choice openings are still available for summer: June 13-20, Aug 22-27, Aug 29-Sept 2. If any portions of these periods work for you to host, please contact me by e-mail or telephone.

Sincerely, Cindy

The next Echo Lodge Trustees’ Meeting will be held Saturday, July 24th, 10am, at Jim Nixon’s home. Contact Jim at 650-756-7771 if you would like to attend.

Echo Summit Lodge Spring/Summer Schedule:

MAY 14-16 FRI-SUN HOST APPRECIATION & TRAINING
Reservations: Cindy Toran 707-539-4396
toranski@aol.com

MAY 21-23 PRIVATE EVENT
Roger & Mary Rigney 916-985-7351

MAY 27-31 THURS-MON SPRING FUN & WORK PARTY
Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

MAY 31-JUN 7 MON-MON COOP MEALS / FAMILY FRIENDLY WEEK
Lori Barekman & Joan Ryan 707-579-9218
3907 Park Gardens Dr, Santa Rosa, CA 95404
lvlylri@aol.com

JUN 7-9 MON-WED AVAILABLE FOR TRAINED HOSTS

JUN 9-13 WED-SUN CONSERVATION BENEFIT AND BIRDING WEEKEND
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405

JUN 13-20 SUN-SUN AVAILABLE FOR TRAINED HOSTS

JUN 20-30 SUN-WED SUMMER SPA WEEK+
Joanne Wolf 805-642-8921
6256 Clara St., Ventura CA 93003
woljlo@sbcglobal.net

JUN 30-JUL 5 WED-MON JULY 4TH HOLIDAY TIME
Kristina & Ben Gale 415-381-9319
158 Morninggum Ave, Mill Valley, CA 94941
krissegale@yahoo.com

JUL 5-9 MON-FRI HIKERS WEEK & COOP MEALS
Host will assign specific meals to those attending.
Edna Trimm + Hi & Lois Patton 415-456-5557
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

JUL 10-15 SAT-THURS HIKERS WEEK & COOP MEALS EVENT IS FULL.
Eva Libien 415-383-5184
2 Eucalyptus Knoll St, Mill Valley, CA 94941
elibien@yahoo.com

AUG 6-11 WED-FRI FAMILY FRIENDLY/ COOP MEALS
Monika Balsamo 707-539-2140
4841 Parktrail Dr, Santa Rosa, CA 95495
m_balsamo@earthlink.net

AUG 11-15 WED-SUN HOSTED EVENT
Tim Seeley 707-537-0668
4819 Foxglove Ct, Santa Rosa, CA 95405
seeley@sonic.net

AUG 15-22 SUN-SUN COOP COOKING WEEK
Jim Nixon & Jan McCulloch 650-756-7771
50 Seacrest Ct, Daly City, CA 94015
jimnixon2000@yahoo.com

AUG 22-27 MON-FRI AVAILABLE FOR TRAINED HOSTS

AUG 27-29 TRAIL CLEARING WEEKEND
This year we will work on an actual USFS Trail project. Come help maintain the hiking trails we all enjoy so much! Note: the lodge will also be open as a hosted event (i.e., open to members not involved in trail clearing).
Contact Tom Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

SEP 7-10 TUES-FRI AVAILABLE FOR TRAINED HOSTS

SEP 10-12 PRIVATE EVENT
Lee Yamada & Phyllis Cole 831-438-5749

SEP 17-20 FRI-MON FALL WORK PARTY
Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

Watch for updates in future issues of TRAILS!
ARTS VOLUNTEERS AND ARTISTS NEEDED

In conjunction with David Solbach’s jazz group’s concert on Sunday, June 27, we’ll be holding a clothesline art show to display members’ work. On the afternoon of Saturday, June 26th, we will set up the art work and hold a reception for the artists, followed with the clothesline art display on Sunday. If you are interested in helping with the planning, artwork set up, displaying your own work, or future art presentations at Alpine Lodge, please contact Jordan Herrmann at 510-528-7894 or hermann48@comcast.net.

— Jordan Herrmann

TRAILS NEWSLETTER ALERT

Please send articles for the June 2010 issue of TRAILS to editor, Helena Troy, at hmtroy@aol.com, or via mail to 134 El Condor Court, San Rafael, CA 94903. Telephone 415-492-9576.

Helena should receive articles for the June issue no later than May 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the July-August 2010 issue of TRAILS will be Dan Schoenholz, at dschoenholz@sbcglobal.net. Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact Helena Troy at the address above.

— Angi Blackwell, Publishing
RUSSIAN RIVER KAYAK TRIP
ON JUNE 11 FOR ALPINERS

Address: 13840 Healdsburg Avenue;
Telephone 1-800-345 0869
Reserve your boat of choice
Be there by 8:30am and be ready with all gear needed.

High points: Make your own reservations for all gear needed including life jackets.
Must have some experience.
Wear drip dry clothes as you will get wet.
Double bag your lunch and additional clothes. Have rope to lash your gear in boat.
Must wear old shoes or beach boots.
Expect the Alex trip to be 11 miles and to last 6 hours or more.
Potluck picnic, about 4:30pm, at the Healdsburg Veterans Memorial Beach across the street from the Rivers Edge.
Expect to be tired.
Call Arnold Champagne, 415-282-1704 for general information and to discuss buddies, food and ride up.
See you on the water.

There will also be another Kayak Trip at Elchorn Slough in September.

— Arnold Champagne

BARBECUE AND POTLUCK,
SUNDAY THE 4TH OF JULY AFTERNOON
OPTIONAL OVERNIGHT AND BREAKFAST
MONDAY MORNING

Come on up to Alpine Lodge for a hike or a visit, and enjoy an afternoon celebration on Independence Day. We will prepare chicken, veggie burgers, and sausage. You bring your favorite dish, serving 6-8, either Appetizer, Salad (greens, potato, macaroni, cole slaw, etc.) or Dessert. BYOB or donate to the Club bar.

Call Tony Smith at 650-207-1619, or email him (preferred) at joanne-tony@sbcglobal.net and let him know what you intend to bring, so we don’t get too much of one dish.

Then send your check for $12 ($16 for non-members) made out to Anthony B. Smith at 2345 Tice Creek Drive #4, Walnut Creek CA 94595. If staying overnight, lodge rates apply (members $18, breakfast $5, guests $5).

Happy Hour at 1pm, Food at 2pm.
Volunteers will eat first to show our appreciation of their work. Please sign up with Tony and let him know what you can do to make this day a success. Thanks!

— Tony Smith

FOOD, WINE, & JAZZ

Your California Alpine Club Foundation invites you to a benefit at the Alpine Lodge on Sunday, June 27, 3pm. Your $20 donation to the Foundation includes your preferred beverage and all the hors d’oeuvres you can eat while enjoying the music of David Solbach’s Summer Solstice Band. Come early and check out Jordan Herrmann’s art show; peruse Renee Powers’ Sicily photos. This is your chance to support our club’s charitable grants to ecologically worthy projects and to return to our wilderness something for the joy it brings us. For reservations contact Renee Powers at 415-648-4940 or reneespowers@comcast.net.

— Dave Solbach
PRESIDENT’S MESSAGE

I want to thank CAC members for allowing me to serve as your president for a second year. It is an honor to be your president.

Last month I was writing about the past. This month I want to focus on the future of CAC. The Futures Committee, chaired by Tony Smith, has been generating and implementing many ideas about how to interest more people in becoming members. A certain number of members are needed keep CAC viable financially and physically able to do the volunteer work. I think that it is about nine hundred to a thousand.

We’ve come a long way with our Website, but there are some things we want to do to attract new members, such as posting pictures showing members partying and enjoying activities both on Mt. Tam and Echo Summit. We work hard, having fun and eating heartily at work parties. I know all of you have pictures in your mind of wonderful times at club events. We want to make those kinds of pictures available to people browsing our Website. We thank James Higgins, our web master, and Vicki Olds, outgoing Web Coordinator, for all they’ve done to improve our Website. We know in this era our Website is an important link to new members and it is an important place to store our club documents. There are more things we can do with our Website.

During this year Art Ewart and Nuala Caulfield will continue their work on our archives. They both have said what makes it so slow going is that they can never stick to the task. There is so much of interest that they just get engrossed in reading and forget to be sorting and organizing. One of the goals is not just to sort and preserve, but to make all of these interesting documents available to members in the form of a comfortable room in which to browse and read or do research.

Tony Smith, Peter Beckman and Jordan Herrman are working on finding common ground for hikers and bikers. We know that there is lots of interest in mountain biking with younger potential members.

We are exploring ideas about how our Sunday Innkeepers can have more potential members drop in and find out about CAC. We are considering sandwich board invitations and open houses with some refreshments.

This year we will begin planning for 2013, our centennial celebration. We will be organizing a committee to begin this work. Please let me know your ideas about how we can celebrate and how you want to be involved in it.

I am looking forward to another wonderful year as a CAC member. I hope you are, too.

— Mae Harms
**MEMBERSHIP REPORT**

**New Member – May 2010**

Maureen Simon - Regular Member  
912 Vernal Way  
Mill Valley, CA  94941-4422  
415-381-5115  
a maureen@maureensimon.com  
Sponsors: Jenny Bruyn, Arnold Champagne

— Sarah Dove, Membership Chair

**BOARD OF DIRECTORS & QUARTERLY MEMBERSHIP MEETING**

Saturday, June 19, 2010  
Board of Directors Meeting, 2pm  

Sunday, July 18, 2010  
Board of Directors Meeting, 2pm  
Quarterly Membership Meeting, 3pm  

August 2010  
No Board or Membership Meetings  

Saturday, September 18, 2010  
Board of Directors Meeting, 2pm  

Sunday, October 17, 2010  
Board of Directors Meeting, 2pm  
Quarterly Membership Meeting, 3pm  

Saturday, November 20, 2010  
Board of Directors Meeting, 2pm  

December 2010 – No Board or Membership Meetings

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms

**FORMER CAC PRESIDENT BEVERLY HEYWOOD CELEBRATES HER 90TH BIRTHDAY WITH FRIENDS.**

How many of us get to be part of a 90th Birthday Luncheon? Well, on April 14 the lucky ones numbered 30 together with the Guest of Honor, Beverly Heywood. All of us gathered in the festively decorated Social Hall of the Alpine Lodge, and Betty Osborn was the Hostess for the event of her long time friend Beverly. Over sparkling cider, champagne and hors d’oeuvres, Beverly was lovingly toasted to for happiness and as much health as is possible. A warm birthday chorus song from all of us was welcomed by Beverly’s smile. The many flowers, greeting cards and gifts filled the side table until we sat down for a hearty warm meal. Our Guest of Honor was able to see each person, since we were sitting on the outside of the U-shaped table arrangement. By invitation only, the attendees were: Guest of Honor, Beverly Heywood, Betty Osborn, Nancy Bott, Gail Lindlow, Joan Stamme, Nuala Caulfield, Bern Bennett, Donna Pritchard, Mary Frey, Barbara Crockett, Eva Libien, Ben Heldens, Mary Foote, Tom Foote, Ann Allio, Jackie Schiedeck, Barbara Stewart, Donna Rice, Don Rice, Theresa Born, Ray Sommer, Elisabeth Sommer, Elsa Weissenberg, Julie Wofchuck, Alan Wofchuck, Dolores Bravos, Anne Beisenstein, Sandra Ortiz, Beverly & Betty’s helper at home, Melanie Facen and Eike Linkwitz. Ten other invited guests were not able to attend.

Our gratitude went to Beverly, who has given a lot of time during her adult life to the California Alpine Club. Each guest was very aware of that fact, and we wish to remind the membership of it as well. For years Beverly carried the responsibility for the Trails Newsletter and served as the President of the CAC in 1996. She mentioned that hectic times were often experienced. We thank you, dear Beverly, for your giving nature. You made us feel welcomed in our Club, and at times, I even thought you lived on the premises. So, Alpiners, there is still time to call Beverly, or write to congratulate her on the completion of her nine decades. Her 10th one has barely started.

Toward the end of the Birthday Event, as volunteers quietly took care of serving and clearing the tables, the conversations ranged, interspersed by a few short talks, saluting Beverly. We all enjoyed the festivity very much, especially since the Birthday Lady stayed much longer than we could have hoped for. And when we all completed the event, Beverly and Betty were taken home to remember a warm-hearted, full day. In Betty’s words, from then on their home looked like a flower store. Since that day, the many greeting cards have graced the long fire place mantle in their sunny living room.

— Eike Linkwitz, with thanks to Betty Osborn for her generosity and to all the helpers, who joyfully participated.
THE BIG COVERUP

You have heard all about the Big Dig…. Well, at our May work party we had the Big Cover-up. You will be happy to know that we almost have our beautiful gardens back. No more tripping over loose rocks and falling down into open trenches. A big thank you to all who helped in this large project that took three midweek work parties to complete. We now have a new copper water line all the way from the water meter (outside the kitchen window) to the Tam building and a new gas line that will give us more capacity for expanding the heating system in the Tam building.

We had another good turnout at our midweek work party. Besides filling in the trench, there were the more mundane but equally needed housekeeping chores waiting for us such as cleaning windows, mopping floors and fixing toilets. Our Trustee coordinator for the day, Eva Libien led a hard working team of Ann and Gos Schubert, Bill Wise, Karl Baeck, Judy Sibley, Dolores Fahey, Jean Rodgers, Carol Weisker, Edna Trimm, Don Mathews, Roger Diehnel, Donna Rice, Ben Heldens, Hardy Dawains, Bill Pung, Hans Schilling and Tony Smith. Everyone, according to their strong backs or other talents, put in a good day’s work. However the day was not all blood, sweat and tears. We had many good laughs, enjoyed each other’s company, made some new friends and enjoyed the camaraderie that comes from working together for a common cause. Our reward was not only a beautiful three course lunch cooked by Selma Bomfim but also the knowledge that we have done our part today in preserving and improving our little bit of heaven on Mt Tam.

— Hardy Dawains for Alpine Lodge Trustees

ALPINE LODGE SUNDAY INNKEEPERS

JUNE
06 Kay Gilles 415-456-2032
13 Ann Allio 650-583-1543
20 Lyda Dicus 925-934-1071
27 Jeanne Stuart 415-924-2712

JULY
04 open
11 Delinda & Brad Nicolet 530-753-3857
18 open
25 Jana Shober 915-685-2547

AUGUST
01 Nancy Waldeck 415-552-5836

— Selma Bomfim, Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED. Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.
## ALPINE LODGE EVENTS

<table>
<thead>
<tr>
<th>Event Reservations:</th>
<th>View the up-to-date Alpine Event Calendar:</th>
<th>To Schedule an Event:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.</td>
<td>Go to <a href="http://calalpineclub.org">http://calalpineclub.org</a> under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.</td>
<td>For a private member event or a Club function, please leave a message with your request, name, email, and phone number at <a href="mailto:alpinelodge1@yahoo.com">alpinelodge1@yahoo.com</a> or call 415-381-4975. A volunteer will contact you and assist you in booking the event.</td>
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<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Details</th>
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<tbody>
<tr>
<td><strong>JUNE 3 THURS MID WEEK WORK PARTY</strong></td>
<td>Chef: Ursula Pederson 9am-3pm Coordinator: Hardy Dawainis Lunch will be served. Overnight possible.</td>
<td>Call Hardy at 415-461-4431 to RSVP.</td>
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<tr>
<td><strong>JUNE 5 SAT PRIVATE EVENT</strong></td>
<td>Twin Cities COOP Preschool Mary Jane McKown</td>
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<tr>
<td><strong>JUNE 7-10 MON-THUR PRIVATE EVENT</strong></td>
<td>Nancy Otto</td>
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<td><strong>JUNE 18 FRI PRIVATE EVENT</strong></td>
<td>Mary Jane McKown, alumni group Kappa Alpha Theta</td>
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<tr>
<td><strong>JUNE 19 SAT LEADERSHIP MEETING</strong></td>
<td>Board of Directors 2pm</td>
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<tr>
<td><strong>JUNE 19-20 SAT-SUN HIKERS’ WEEKEND</strong></td>
<td>See Hikers’ Weekend Box.</td>
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<tr>
<td><strong>JUNE 20-27 SUN-SAT SIERRA CLUB YOGA AND HIKING</strong></td>
<td>Mary Jane McKown &amp; Susan Elsner Sun 4pm to Sat 9am.</td>
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<tr>
<td><strong>JUNE 25 SAT PRIVATE EVENT</strong></td>
<td>Mary Jane McKown Lunch.</td>
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<tr>
<td><strong>JUNE 27 SUN CACF BENEFIT ART &amp; JAZZ</strong></td>
<td>David Solbach &amp; Jordan Herrmann $10-528-7894 See article page 1.</td>
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</tr>
<tr>
<td><strong>JUNE 29-30 TUE-WED HIKERS’ MIDWEEK</strong></td>
<td>Come to dinner and/or stay overnight and enjoy breakfast. For reservations call Nuala at 415-922-6775 or email <a href="mailto:ntcaulfield@msn.com">ntcaulfield@msn.com</a>. Prices same as for Hiker’s Weekend - see box. We are welcome to join Mary Frey’s B&amp;B activities. See article page 6.</td>
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</tr>
<tr>
<td><strong>JULY 1 THURS MID WEEK WORK PARTY</strong></td>
<td>Chef: Maureen Green 9am-3pm Coordinator: Jean Rodgers. Lunch will be served. Overnight possible. Call Jean at 415-453-9383 to RSVP.</td>
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<tr>
<td><strong>JULY 4-5 SUN-MON INDEPENDENCE DAY BBQ ON DECK</strong></td>
<td>BBQ after hikers return. Volunteers needed now and will be fed first! Sunday overnight optional and breakfast Monday morning. Contact Tony Smith at <a href="mailto:Joanne-tony@sbcglobal.net">Joanne-tony@sbcglobal.net</a> (preferred) or 650-207-1619. See Article Page 1.</td>
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<tr>
<td><strong>JULY 8-10 THU-SAT PRIVATE EVENT</strong></td>
<td>David Solbach</td>
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<tr>
<td><strong>JULY 11 SUN SUNDAY WORK PARTY</strong></td>
<td>Chef: Marge Ballou 9am-3pm Coordinator: Roger Diehnel. Lunch will be served. Overnight possible. Call Roger at 415-924-5519 to RSVP.</td>
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<tr>
<td><strong>JULY 17-18 SAT-SUN HIKERS’ WEEKEND</strong></td>
<td>See Hikers Weekend Box.</td>
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<tr>
<td><strong>JULY 18 SUN LEADERSHIP MEETINGS</strong></td>
<td>Alpine Trustee meeting 1pm, BoD meeting 2pm, quarterly membership meeting 3pm. Dinner following. Everyone welcome.</td>
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<tr>
<td><strong>JULY 19-25 MON-SUN PRIVATE EVENT</strong></td>
<td>Joan Ryan</td>
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<tr>
<td><strong>JULY 25-30 SUN-FRI MARY FREY’S B&amp;B</strong></td>
<td>See article page 6.</td>
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<tr>
<td><strong>JULY 27-28 TUE-WED HIKERS’ MIDWEEK</strong></td>
<td>Come to dinner and/or stay overnight and enjoy breakfast. For reservations call Nuala at 415-922-6775 or email <a href="mailto:ntcaulfield@msn.com">ntcaulfield@msn.com</a>. Prices same as for Hiker’s Weekend - see box. We are welcome to join Mary Frey’s B&amp;B activities. See article page 6.</td>
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<tr>
<td><strong>JULY 31 SAT PRIVATE EVENT</strong></td>
<td>Member Wedding - Scott Smith</td>
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<tr>
<td><strong>AUG 5 THURS MID WEEK WORK PARTY</strong></td>
<td>Coordinator: Jean Rodgers. 9am-3pm. Lunch will be served. Overnight possible. Call Jean at 415-453-9383 to RSVP.</td>
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<tr>
<td><strong>AUG 7 SAT MTIA LEADERS OVERNIGHT CANCELLED</strong></td>
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<td><strong>AUG 13-14 FRI-SAT PRIVATE EVENT</strong></td>
<td>Member Rental Marcos-Mendoza Wedding</td>
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<td><strong>AUG 21-22 SAT-SUN HIKERS WEEKEND</strong></td>
<td>See Hikers’ Weekend Box.</td>
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<tr>
<td><strong>AUG. 27-28 FRI-SAT CLUB EVENT</strong></td>
<td>Alison Garcia 831-327-6348 <a href="mailto:allisongc600@yahoo.com">allisongc600@yahoo.com</a></td>
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<tr>
<td><strong>SEP 3 THURS MID WEEK WORK PARTY</strong></td>
<td>Coordinator: Arnold Champagne. 9am to 3pm Lunch will be served. Overnight possible. Call Arnold at 415-282-1704 to RSVP.</td>
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<tr>
<td><strong>SEP 5-11 SUN-SAT B&amp;B BERKELEY FOLK DANCERS CANCELLED</strong></td>
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<tr>
<td><strong>SEP 17 FRI PRIVATE EVENT</strong></td>
<td>Paul McKown 415-383-2774</td>
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<tr>
<td><strong>SEP 18 SAT LEADERSHIP MEETING</strong></td>
<td>Board of Directors at 2pm</td>
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<tr>
<td><strong>SEP 18-19 SAT-SUN HIKERS WEEKEND</strong></td>
<td>See Hiker’s Weekend Box.</td>
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<tr>
<td><strong>SEP 20-21 MON-TUE CRAFTING WORKSHOP</strong></td>
<td>MaryJane McKown 10 am to 5pm <a href="mailto:mjmkown@gmail.com">mjmkown@gmail.com</a></td>
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<tr>
<td><strong>SEP 26 SUN RETIREMENT PARTY FOR BETTY RAPPORT</strong></td>
<td>Tentative</td>
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<tr>
<td><strong>OCT 1-3 FRI-SUN FEDERATION OF WESTERN OUTDOOR CLUBS CONFERENCE</strong></td>
<td>Partnerships for the West: Protecting Public Lands in an Era of Climate Change. All members are invited. Schedule and program details to follow. Volunteers will be needed. Contact: Mae Harms at 530-333-1058</td>
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<tr>
<td><strong>OCT 7 THURS MID WEEK WORK PARTY</strong></td>
<td>Coordinator: Eva Libien 9am to 3pm Lunch will be served. Overnight possible. Call Eva at 415-383-5184 to RSVP.</td>
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<tr>
<td><strong>OCT 17 SUN HIKERS’ WEEKEND</strong></td>
<td>See Hikers’ Weekend Box.</td>
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<tr>
<td><strong>OCT 17 SUN LEADERSHIP MEETINGS</strong></td>
<td>Alpine Trustees 1pm, BoD 2pm, Quarterly membership meeting 3pm. Dinner following. Everyone welcome.</td>
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<tr>
<td><strong>OCT 22-23 FRI-SAT TENTATIVE PRIVATE EVENT</strong></td>
<td>Howard Ortman</td>
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<tr>
<td><strong>NOV 4 THURS MIDWEEK WORK PARTY</strong></td>
<td>Contact Alpine Lodge Trustees 9am to 3pm</td>
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<tr>
<td><strong>NOV 6 SAT CACF ANNUAL MEETING</strong></td>
<td>California Alpine Club Foundation Annual meeting and gathering.</td>
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<tr>
<td><strong>NOV 10-12 WED-FRI TENTATIVE PRIVATE EVENT</strong></td>
<td>Waste water Management Group Sacramento.</td>
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<tr>
<td><strong>NOV 20-21 SAT-SUN HIKERS’ WEEKEND</strong></td>
<td>Contact Alpine Lodge Trustees</td>
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<tr>
<td><strong>EVERY SUNDAY OPEN HOUSE</strong></td>
<td>Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.</td>
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**HIKERS’ WEEKENDS**

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<tr>
<th>Event</th>
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<tbody>
<tr>
<td><strong>HIKERS’ WEEKENDS</strong></td>
<td></td>
<td>Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, $12. Overnight $18, breakfast Sunday, $5; guests are $5 additional.</td>
</tr>
</tbody>
</table>

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.
MINI VACATION AT ALPINE LODGE JULY 25 TO JULY 30, 2010

Jana Shober and I are offering the members a B&B at Alpine Lodge beginning Sunday, July 25th and ending on the 30th. We will start on Sunday with dancing at 2pm and a Potluck and Happy Hour at 4:30. Dinner on the deck at 5pm. Sunday hikers are welcome to join in the potluck dinner.

We will offer a cooked dinner every other night and will go out to dinner at local restaurants in Marin on the other nights. We plan to do an easy walk every day on the mountain or in the local area.

The cost for members is $23 for overnight and breakfast; $27 for non-members. Bring your own lunch materials. There will be an extra $10 cost for any dinners served. If you come for just the dancing and/or potluck there will be a $5 charge for the use of the lodge.

Nuala Caulfield is joining us with her midweek hiker’s event on July 28. She has offered to cook that evening.

The weather is lovely in July, so treat yourself to a mini-vacation. Contact Mary Frey at 415-492-2510 or email her at Marymaryhiker@aol.com for reservations or information.

— Mary Frey

ON THE ENVIRONMENTAL FRONT

All Marin County reservoirs are full for the first time since 2006, according to the Marin Municipal Water District. The unusually heavy April rains that finished the job have unfortunately aggrandized the spread of the water-loving pathogen responsible for Sudden Oak Death, which will thrive. But a good Sierra snow-pack guarantees our Russian River water supplements as well as healthy fish and happy farmers, and though MMWD warns that some trails around Phoenix Lake will be closed for a pipeline replacement project June to November, both Tam and the Sierras will be at their well-watered best for wildlife and hikers… The briefs are still coming in on that Preliminary Judgment to prohibit construction of new boating facilities on Lake Tahoe. Wendy Park of Earthjustice, who guessed the next hearing might be this May or June back last November, now estimates September. Great Expectations… Europeans are not always more eco-correct than us… This last month in Southern Italy and Sicily I was impressed by the lack of obesity consequent on the ‘Mediterranean Diet,’ the use of “double jam” doors that force air to go around two corners to enter, the small, fuel efficient cars. On the other hand, curbside garbage pickup is not universal, and impromptu dumps dot the countryside. Ask a waiter for water, and he’ll ask you—natural or carbonated?—presuming you want bottled water, which is an entrepreneur’s wet-dream, a product that costs nothing, only the price of bottling and shipping and advertising. And restaurants love it because it’s the only item on the menu with a higher profit margin than alcohol. If your waiter says tap water is not available, do not ask him (it’s a male profession) what they use to wash dishes… savesfbay.org is looking for photographs of trashed Bay Area waterways. The photos will be used to “help the Water Board determine which creeks and portions of the Bay violate the Clean Water Act and belong on the… list of impaired water bodies for mandated clean-up”… If Sierra birds and flowers interest you, contact karwag@sonic.net about several dorm spaces left for the Conservation and Birding Weekend at Echo Lodge June 9 to 13… The United States Forest Service has begun planting seedlings in the Angora fire area. “Native species such as Jeffrey Pine, sugar pine, incense cedar, and red fir will speed up progress toward healthier forests… Without this helping hand, little to no natural regeneration of conifers would occur in the high intensity burn areas. In areas where natural regeneration does occur, seedlings would mainly consist of white fir, which is susceptible to drought, disease and fire… No replanting will occur in riparian zones or aspen stands, allowing species such as aspens, alder and willow to thrive.” USFS aims for an average density of 50 trees per acre on the replanted areas… Your CAC Foundation has sent out letters soliciting grant requests, and will begin making decisions this month. Do you have a potential grant recipient you would like to bring to our attention? This is your last reminder to join me and my Summer Solstice Band for a Foundation benefit at Alpine Lodge, Sunday, June 27, 3pm. Good food, good wine, good company… Keep me posted at dsolbach@gmail.com.

— David Solbach CACF Board Member

CAC OUTINGS, SUMMER 2010

June 4 - Cantor Arts Center and Rodin Sculpture Gardens at Stanford. Join us for a private, docent-led tour of the “Four Great Masters of Ink Paintings” from China and view 200 works of Rodin sculptures, the largest outside of Paris. Admission is free. There will be plenty of time after the tour to explore the museum and gardens on your own. Bring your lunch or enjoy refreshments at the cafe on the premises. We’ll meet at San Rafael at the Home Depot rear parking lot to form carpools by 9am. We’ll depart at 9:15am. A donation towards gas and parking meters will be collected for drivers. For reservations, please contact Carol Bodtker by May 25 at cbpostme@Gmail.com or 415- 884-0850.

— Carol Bodtker

July 1-8 Hike in the Swiss Alps

August 16-20 Green Lake Base Camp Trip

Both of these trips are full, but cancellations do occur. To be placed on the waiting list please contact Bob Hanson at doctoroutdoors@comcast.net or at 925-944-3366.
ASSESSMENT UPDATE

In the February 2010 Trails, CAC announced an assessment on the membership to recover from our financial shortfall as a result of ADA requirements levied on Echo Lodge and a significant increase in our insurance costs. The Finance Committee determined that we needed $42,000 from an assessment and a decision was made not to increase dues at this time. Many members donated to Echo Lodge directly. They could deduct their donation from the assessment amount, if they desired. Loss of members through attrition was also considered in the analysis.

The 562 memberships representing 736 adults and 65 dependents as of December 31, 2009, received the request for an assessment based on their class of membership. New members starting in January 2010 will not be assessed.

As of May 5, 2010, 312 memberships have paid the assessment for a total of $27,260 collected. Quite a few members gave significant donations directly to Echo Summit Lodge before the dues notices went out. These generous members were instructed that they could deduct any of those funds from the dues assessment. Seventeen members have resigned, most citing their inability to participate in any Alpine activities. Three of that number paid the assessment regardless.

Alpine Lodge loaned Echo Lodge $35,000 to cover an immediate cash shortfall at the end of 2009. The current Echo donations total $21,178, from which, Echo has repaid Alpine Lodge $20,000; $15,000 from the Assessment fund is earmarked to complete the repayment to Alpine Lodge for the $35,000 loan to Echo. Assessment funds remaining after anticipated current expenses are met will be used to replenish the CAC Reserve Fund for use by the Lodges.

Money from the Assessment and donations to Echo Lodge demonstrates the generosity of and caring by our membership. As a result, with the expected Assessments to be paid during May and June, CAC and the Lodges are again in reasonable financial stability.

— Carroll Pearson, for Finance Committee

ECHO LODGE UPDATE

The Accessible Ramp has been completed. An additional benefit to its intended use is providing access directly to the kitchen area for unloading groceries, without climbing stairs. We also gained a second 10 x 10 deck area.

One Forest Service mandated job remains, paving for an Accessible Parking Space. Two bids have been submitted one at approximately $8,500.00 and one at $9,500. The contractor will be paving approximately 1,000 sq. ft. in a roughly triangular shaped area between the lodge and the large shed. Paving, which will be completed before fall, should take three days.

Because of donations, the assessment, increased winter use, proficient hosts and the new rate structure, we are in good financial shape, although our reserve for unforeseen contingencies is currently low. We plan to build the reserve over the next several years.

Our existing use permit expires December 31, 2011. In September 2010, we will submit to the Forest Service, a request to renew our use permit. Early submittal will allow more than enough time for review and discussion. Because of the completion of the mandated ADA requirements, we expect no trouble with the permit renewal.

Our next substantial job will be construction of an Accessible Bathroom. This requires widening of the passageways between the dining room and living room and the bathroom and sleeping area. The downstairs dorm will be re-configured as part of this. During our permit renewal process, the Forest Service will most likely provide a time frame during which the bath must be completed. It is too early for bids, but we have $20,000 in our budget as an early estimate for this project, which we expect to cover from reserve funds.

In addition to the bathroom, there are the everyday repairs and replacements. We have budgeted for those expected repairs/replacements (carpets, beds, refrigerators etc.) and will be able to pay for them from our reserve funds.

— Jim Nixon, Echo Trustee

On the Deck at Echo Lodge
From left, Karen Wagner (Member),
Lori Allessio (U.S. Forest Service Representative),
Jim Nixon (Trustee) and Jerry Wagner (Member, Project Architect).

Front of Echo Lodge with the new ADA Ramp
ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum $15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Echo Summit Lodge Summer / Early Fall Schedule:

MAY 31-JUN 7 MON-MON COOP MEALS / FAMILY FRIENDLY WEEK
Lori Barekman & Joan Ryan 707-579-2128
3907 Park Gardens Dr, Santa Rosa, CA 95404
lvlyrij@aol.com

JUN 7-9 MON-WED AVAILABLE FOR TRAINED HOSTS

JUN 9-13 WED-SUN CONSERVATION BENEFIT AND BIRDING WEEKEND
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405

JUN 13-20 SUN-SUN AVAILABLE FOR TRAINED HOSTS

JUN 20-30 SUN-WED SUMMER SPA WEEK+ Joanne Wolf 805-642-8921
6256 Clara St., Ventura CA 93003
wolfoj@sbcglobal.net

JUN 30-JUL 5 WED-MON JULY 4TH HOLIDAY TIME
Kristina & Ben Gale 415-381-9319
158 Morningsun Ave, Mill Valley, CA 94941
krissegale@yahoo.com

JUL 5-9 MON-FRI HIKERS WEEK & COOP MEALS
Host will assign specific meals to those attending.
Edna Trimm + Hi & Lois Patton 415-456-5557
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

JUL 10-15 SAT-SATHURS HIKERS WEEK & COOP MEALS (EVENT IS FULL)
Eva Libien 415-383-5184
2 Eucalyptus Knoll St, Mill Valley, CA 94941
elibien@yahoo.com

JUL 15-18 THURS-SUN HOSTED EVENT
Lillian Young & Genie Frye 650-588-5689
3650 Sneath Ln, San Bruno, CA 94066
lcyou@sbcglobal.net

JUL 18-22 SUN-THURS HOSTED EVENT
Emily & John Lockett 707-576-0948
2927 Midway Dr, Santa Rosa, CA 95405

JUL 22-28 THURS-WED HOSTED EVENT
Janis Riccomini & Paul Crockett 408-725-7953
12602 Cambridge Dr, Saratoga, CA 95070
janisriccomini@comcast.net

JUL 28-AUG 1 WED-SUN HOSTED EVENT
Art Ewart & Kathleen O’Dea 707-481-2432
2360 Dominic Dr, Novato, CA 94947
artewart@gmail.com

AUG 1-6 SUN-FRI HIKERS WEEK/COOP MEALS
Edna Trimm 415-456-5557
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

AUG 6-11 WED-FRI FAMILY FRIENDLY/COOP MEALS
Monika Balsamo 707-539-2140
4841 Parktrail Dr, Santa Rosa, CA 95405
m_balsamo@earthlink.net

AUG 11-15 WED-SUN HOSTED EVENT
Tim Seeley 707-537-0668
4819 Foxgrove Ct, Santa Rosa, CA 95405
seeley@sonic.net

AUG 15-22 SUN-SUN COOKING WEEK
Jim Nixon & Jan McCulloch 650-756-7771
50 Seacrest Dr, Daly City, CA 94015
jimnixon2000@yahoo.com

AUG 22-27 MON-FRI AVAILABLE FOR TRAINED HOSTS

AUG 27-29 TRAIL CLEARING WEEKEND
This year we will work on an actual USFS Trail project. Come help maintain the hiking trails we all enjoy so much! Note: the lodge will also be open as a hosted event (i.e., open to members not involved in trail clearing).
Contact Tom Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmce@comcast.net

SEP 2-7 THURS-TUES LABOR DAY WKND/COOP MEALS
Tony Smith 925-933-2403
2345 Tice Creek Dr. #4, Walnut Creek, CA 94595
joanne-tony@sbcglobal.net

SEP 7-10 TUES-FRI AVAILABLE FOR TRAINED HOSTS

SEP 10-12 PRIVATE EVENT
Lee Yamada & Phyllis Cole 650-498-1777

SEP 12-17 SUN-FRI PRIVATE EVENT
Maureen Smith 650-697-3846

SEP 17-20 FRI-MON FALL WORK PARTY
Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

SEP 24-26 FRI-SUN AUTUMN CELEBRATION
Mary Martin & Therese Briend 831-535-2354
343 Arthur Ave, Aptos, CA 95003
ind2swim@yahoo.com

OCT 2-7 FRI-MON FALL HOST TRAINING
Reservations: Cindy Toran 707-539-4396
toranski@aol.com

OCT 10-17 SUN-SUN FALL SPA WEEK
Lin Mangante 650-697-7403
424 Hazel Ave, Millbrae, CA 94030
foxtails@pacbell.net

OCT 22-24 FRI-SUN OKTOBERFEST
Jayma Brown & Allan Lindberg 510-237-0231
525 32nd St, Richmond, CA 94804
jaymabrown@earthlink.net

OCT 29-31 FRI-SUN PRIVATE EVENT
Chris Bekins 707-874-2556

Watch for updates in future issues of TRAILS!
In January 1976 several members of the California Alpine Club, who were also members of the Lockheed Balloon Club, brought their balloon for a weekend at Echo Summit Lodge. The group included Gene Kendrick who was later CAC President in 1988. They drove over Luther Pass and launched “Leo” in the open area of Minden, Nevada for a beautiful flight. Unknowingly they landed within the property lines of the Prison in the area. It took a lot of explaining to the police officers, sheriffs, etc. that they were not there to help a prisoner escape.

— Verna West, Historian

There are a number of photographs in the early family photo albums with hikers carrying small tree branches or brush. It has not been clear to me what they did with them, possibly bedding or firewood? In one or more early Minutes (starting 1914) there are discussions of whether or not members should be collecting such material and then a decision they should not. The two people in the center of the photo are cousins Claribel and Harry P West. The other two men not named.

— Verna West, Historian
TRAILS NEWSLETTER ALERT

Please send articles for the July/August issue of TRAILS to editor, Dan Schoenholz, at dschoenholz@sbcglobal.net, or via mail to 355 Marshall Drive, Walnut Creek, CA 94598. Telephone 925-932-9791.

Dan should receive articles for the July/August issue no later than June 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the September 2010 issue of TRAILS will be Bob Sturm, at rmsturm@hotmail.com. Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact Helena Troy at hmtroy@aol.com.

— Helena Troy, Publishing
The Annual Echo Summit Lodge Spring Work Party was held May 27th through May 31st....smack in the middle of winter, as has been known to happen. Anticipating the unruly weather, Jim Nixon and Tom Coleman, trustees at Echo, actually had to ask volunteers not to come! It’s not easy, turning away energetic volunteers! The trustees felt that with the predicted inclement weather, we wouldn’t have much to do outside, and for the first part of the work party, that held true. To the ten volunteers who wanted to be there, but graciously bowed out, we thank you...and hope to see you at the Fall Work Party!

The snow started on Thursday, at about 6500’, and fell through the night. We all woke Friday to a scene right out of Dr. Zhivago; a beautiful winter wonderland! Ten inches of fresh snow covered trees, cars, and our parking lot. We assigned jobs to the volunteers who had arrived on Thursday: Jennie Bruyn and Melanie Facen got four-wheeled down to one laundromat, and Diane Friend and Kathleen O’Day followed the new trail through the snow to another laundromat. All bedding, including blankets and window curtains, are now fresh and clean. A special thanks to Kathleen for actually ironing the curtains before they went back up!

Ruth Tretbar spent much time in the kitchen, cleaning and organizing. Art Ewart and Bruce Friend got the important job of going into the basement and continuing the earthquake retrofitting job that had been started last year. They drilled down through the foundation and sill, and cleaned the dust out of the holes, in preparation for installation of the hold-downs. They were joined on Saturday by Nick Gregoratos. The areas of the basement that hadn’t been done last year were finished, and Nick and Art spent many hours rebuilding the supports at the south-east corner of the lower building, which had fairly advanced wood-rot. Their efforts saved the Club thousands of dollars, and we salute them for their hard work. Art’s muscles are still protesting!

Allen Utterback and Val Nelson were raring to go on Saturday. By that time, the new snow had melted, and outside work could proceed. They were assigned the arduous task of trying to keep up with the El Capitan of the chain saw, Bob Henry. They worked very hard, removing all the brush from a large tree that had been felled recently, and dealing with moving and splitting rounds that Bob was quickly accumulating! Allen did the splitting the old fashioned way, with a steel wedge and a sledge hammer! The Club and Echo Trustees would like to thank these hard-working folks ahead of time for the firewood we’ll all enjoy next winter!

I would also like to thank Val for helping me install the metal base of the clothes line in concrete. She’s now ready to go get her contractor’s license!

See Spring Work Party on page 9
California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President: Mae Harms 530-333-1058 maeharms@mindspring.com
Vice President: Jennie Bruyn 415-456-1877 jennielsbruyn@yahoo.com
Secretary: Anne Good 510-526-6792 ahgood@sbcglobal.net
Treasurer: Dennis Ziebell 415-864-4889 dzhp@aol.com
Registrar: Stefan Berlinski 831-325-6215 alpinegister@att.net

Board of Directors:

Arthurl Ewart 707-481-2432 arthurtwrt@gmail.com
Graham Forder 415-827-4748 gfo99@yahoo.com
Nell Fraser 925-934-9039 nellfraser@yahoo.com
Ann Meneguzzi 209-931-3423 tmlann@hotmail.com
Past President '08 John Hannum 707-525-8108 JRHannum@sbcglobal.net
Joan Ryan 415-564-8507 joanryan@mac.com

Committee Chairpersons:

Conservation: Tony Smith 925-933-2403 joanne-tony@sbcglobal.net
Education: VACANT
Finance: Carroll Pearson 408-736-9403 pearsoncmp@aol.com
Historian: Verna West 650-854-6349 959west@earthlink.net
Membership: Sarah Dove 707-528-7289 sarah.dove@sonoma.edu
Outings: Carol Bodtker 415-884-0850 cbhiker@sbcglobal.net
Parliamentarian: VACANT
Publications: Helena Troy 415-492-9576 hmtroy@aol.com
Sunshine: Valerie Nelson 831-688-1524 valallen@cruzio.com
Social Activities: Charlene Schmidt 925-962-1916 charli04@aol.com
Youth Activities: VACANT

Alpine Lodge Trustees:

Alpine Chair: Roger Diehnel '13 415-924-5519 rdiehnel@hotmail.com
Hardy Dawains' 12 415-461-4431 hdawains@cocomast.net
Eva Libien '11 415-383-5184 elibien@yahoo.com
Arnold Champaigne '11 415-282-1704 arnoldchampagne@yahoo.com
Jeanette Rodgers '13 415-435-9383 jrodeg1218@aol.com

Alpine Lodge Support:

Alpine Treasurer: Melanie Facen 415-492-0470 mfacen@sbcglobal.net
Alpine Calendar: Tony Smith 650-207-1619 alpinelodge1@yahoo.com
Coordinator: Selma Bomfim 415-381-4676 selmabomfim@hotmail.com
Hike Coordinator: Pauline McDonald 415-381-2870 luddite48@comcast.net
Alpine Accommodations 415-381-4975 alpinelodge1@yahoo.com

Echo Summit Lodge Trustees:

Echo Chair: Jim Nixon '12 650-756-7771 jimnixon2000@yahoo.com
Cindy Toran '13 707-539-4396 toranski@aol.com
Tom Coleman '11 707-992-0650 travmcre@comcast.net
Edie Nelson '11 831-423-5576 edieforsyth@hotmail.com
Ray Sommer '12 415-472-1229 erstock@pacbell.net

CAC Foundation Directors

CACF President: Arlin Weinberger 415-444-0611 acwein@earthlink.net
Bill Meneguzzi 916-213-3246 bill.meneguzzi@gmail.com
Tony Smith 925-933-2403 joanne-tony@sbcglobal.net
David Solbach 415-563-1170 dsofbach@gmail.com
Reven Segev 415-479-7682 reven.segev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Catherine Theilen Burke, Anita Cabrera, Michael Larsen, Tom Mahood, Vicki Olds, Dan Schoenholz, Bob Sturm and Helena Troy.


Correspondence: Please address correspondence concerning this publication to: Mae Harms, 5941 Garden Park Dr. Garden Valley, CA 95633-9514.

CAC Website: http://calalpineclub.org

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TRAILS JULY/AUGUST 2010

PRESIDENT’S MESSAGE

July is the first Quarterly Meeting for this CAC Club Year. Please put Sunday, July 18th on your calendars for the meeting and the dinner that follows.

The Board of Directors is both a leader and follower in club business. Sometimes the Board sees things that need to be addressed and we take action, but often it is members who bring things to us and initiate actions on our part.

Recently we had some members bring some concerns to the Board that led to the formation of our Futures Committee, chaired by Tony Smith. It is working on recruiting new members. They have come up with some very creative ideas, which led us to assess our website. We are trying to find ways to incorporate some of the ideas that should appeal to members and prospective members. What additional recommendations do members have to update our website?

There have been suggestions made to me about bylaws changes. The duties for the nominating committee are described into two sections which are conflicting. There are no criteria for making nominations from the floor for club officers. The bylaws committee will look into both of these problems and any others that members feel need updating.

A vibrant club depends on members making their ideas and concerns known and giving input on actions to be taken. I encourage each you to attend membership meetings and be vocal.

Our July Quarterly Membership Meeting at Alpine Lodge begins at 3:00pm. Following it will be Happy Hour and the Quarterly Dinner. Sue Karp is taking the reservations for dinner and Denise Libien and Josh Gordon are our cooks. It will be pleasurable time to eat a tasty dinner and socialize with CAC friends. I look forward to seeing you on July 18th, if not sooner.

— Mae Harms

MEMBERSHIP REPORT

No New Member s – June 2010

— Sarah Dove, Membership Chair
THE ALPINE CLUB AND THE MOUNTAIN PLAY

The first Mountain Play was held on the 3rd Sunday in May 1913 in a natural amphitheatre surrounded by redwood forests at the 2000 ft level on Mt. Tamalpais. During the first 10 years from three to six thousand people came by boat or train, brought their own lunches for the all day trip and hiked the two miles to the Mountain Theater. Members of the Alpine club have been active in the production from the beginning, including spending a summer helping build stone seats at the site. The land for the Mountain Play Association was donated by Honorable William Kent in 1915, with two acres added through the generosity of the North Coast Water Company of Marin County. Al and Norma Pinther (who lived in Kentfield) were participants all of their lives.

Al was California Alpine Club President with the first Board of Directors in 1915. He helped purchase Alpine Lodge in 1925 and was a Trustee until the early 1950’s. He also loaned money to purchase Echo Summit Lodge in 1952. The West family albums have multiple photos of Al and Norma; and special to me, they hosted a wedding shower in February 1953 for Harry and me with many Alpine Club members, now friends, that I met for the first time.

— Verna West, Historian

BARBECUE AND POTLUCK, SUNDAY THE 4TH OF JULY AFTERNOON
OPTIONAL OVERNIGHT AND BREAKFAST MONDAY MORNING

Come on up to Alpine Lodge for a hike or a visit, and enjoy an afternoon celebration on Independence Day. We will prepare chicken, veggie burgers, and sausage. You bring your favorite dish, serving 6-8, either Appetizer, Salad (greens, potato, macaroni, cole slaw, etc.) or Dessert. BYOB or donate to the Club bar.

Call Tony Smith at 650-207-1619, or email him (preferred) at joanne-tony@sbcglobal.net and let him know what you intend to bring, so we don’t get too much of one dish.

Then send your check for $12 ($16 for non-members) made out to Anthony B. Smith at 2345 Tice Creek Drive #4, Walnut Creek CA 94595. If staying overnight, lodge rates apply (members $18, breakfast $5, guests $5).

Hikes start at time indicated in Hike Leader Schedule. Happy Hour at 1pm, Food at 2pm.

Volunteers will eat first to show our appreciation of their work. Please sign up with Tony and let him know what you can do to make this day a success. Thanks!

— Tony Smith
**ALPINE HIKE LEADER SCHEDULE**  
**OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE**

**HIKERS’ WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Leader</th>
<th>Phone</th>
<th>Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday July 4</td>
<td>9:30 AM</td>
<td>Leaderless</td>
<td>415-515-9618</td>
<td>2B</td>
</tr>
<tr>
<td>Sunday July 11</td>
<td>9:30 AM</td>
<td>Jamie Watson</td>
<td>415-515-9618</td>
<td>2B+</td>
</tr>
<tr>
<td>*Saturday July 17</td>
<td>9:00 AM</td>
<td>Taren Hamilton</td>
<td>415-378-4240</td>
<td>3C</td>
</tr>
<tr>
<td>*Sunday July 18</td>
<td>9:30 AM</td>
<td>Pauline MacDonald</td>
<td>415-381-2870</td>
<td>2B</td>
</tr>
<tr>
<td>Sunday July 25</td>
<td>9:00 AM</td>
<td>Bill Mayers</td>
<td>415-785-3516</td>
<td>3C</td>
</tr>
<tr>
<td>Sunday August 1</td>
<td>9:30 AM</td>
<td>Howard Ortman</td>
<td>415-456-3912</td>
<td>2B</td>
</tr>
<tr>
<td>Sunday August 8</td>
<td>9:30 AM</td>
<td>Leaderless</td>
<td>415-563-1170</td>
<td>2B</td>
</tr>
<tr>
<td>Sunday August 15</td>
<td>9:30 AM</td>
<td>Nicole Roche</td>
<td>510-981-0343</td>
<td>2B</td>
</tr>
<tr>
<td>*Saturday August 21</td>
<td>9:00 AM</td>
<td>Diane Smith</td>
<td>925-935-2869</td>
<td>3D</td>
</tr>
<tr>
<td>*Sunday August 22</td>
<td>9:30 AM</td>
<td>Hardy Dawainis</td>
<td>415-461-4431</td>
<td>2B</td>
</tr>
<tr>
<td>Sunday August 29</td>
<td>9:30 AM</td>
<td>Anne Good</td>
<td>510-526-6792</td>
<td>2B</td>
</tr>
<tr>
<td>Sunday September 5</td>
<td>9:30 AM</td>
<td>Arnold Champagne</td>
<td>415-282-1704</td>
<td>2B</td>
</tr>
<tr>
<td>Sunday September 12</td>
<td>9:30 AM</td>
<td>Margrit Gonzales</td>
<td>415-472-4270</td>
<td>2B</td>
</tr>
<tr>
<td>*Saturday September 18</td>
<td>9:30 AM</td>
<td>Hikers Weekend</td>
<td></td>
<td></td>
</tr>
<tr>
<td>*Sunday September 19</td>
<td>9:30 AM</td>
<td>Tony Smith</td>
<td>925-933-2403</td>
<td>2B</td>
</tr>
<tr>
<td>Sunday September 26</td>
<td>9:00 AM</td>
<td>Bill Mayers</td>
<td>415-785-3516</td>
<td>3C</td>
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</tbody>
</table>

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

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**QUARTERLY DINNER - SUNDAY, JULY 18TH**

JOIN US FOR SOME SUMMER FUN at the CAC dinner following the quarterly meeting on Sunday, July 18th. Our chefs du soir, Denise Libien and Josh Gordon, will be preparing a delicious grilled lamb, accompanied by roasted red potatoes and green salad. Fabulous desserts by Dennis Ziebell and Bill Pung will complete the meal. The cost of the dinner is $18 per person (BYOB for dinner).

Happy Hour begins at 4pm, and dinner will be served 5:30-6pm. We would appreciate contributions of appetizers, and we need help with clearing tables and kitchen clean-up following dinner. Please call Sue Karp at 415-927-3221 or email suekarp@prodigy.net if you can volunteer in one of these areas.

To secure your reservation for this event, mail a check payable to Sue Karp, 115 Madrone Avenue, Larkspur, CA 94939, to be received by Thursday, July 15th. A no-host overnight is available for those who would like to stay (members $18, associate members $23).

We look forward to seeing you at the lodge for this special event.

— Sue Karp and Jennie Bruyn

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**ALPINE LODGE SUNDAY INNKEEPERS**

**JULY**

<table>
<thead>
<tr>
<th>Date</th>
<th>Guest</th>
<th>Phone</th>
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<tbody>
<tr>
<td>04</td>
<td>open</td>
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<tr>
<td>11</td>
<td>Delinda &amp; Brad Nicolet</td>
<td>530-753-3857</td>
</tr>
<tr>
<td>18</td>
<td>Diane Smith</td>
<td>925-935-2869</td>
</tr>
<tr>
<td>25</td>
<td>Jana Shober</td>
<td>915-685-2547</td>
</tr>
</tbody>
</table>

**AUGUST**

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<tr>
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</thead>
<tbody>
<tr>
<td>01</td>
<td>Nancy Waldeck</td>
<td>415-552-5836</td>
</tr>
<tr>
<td>08</td>
<td>open</td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>open</td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>Jana Shober</td>
<td>916-685-2547</td>
</tr>
<tr>
<td>29</td>
<td>Jennie Bruyn</td>
<td>415-456-1877</td>
</tr>
</tbody>
</table>

— Selma Bomfim, Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.
## ALPINE LODGE EVENTS

<table>
<thead>
<tr>
<th>Event Reservations</th>
<th>View the up-to-date Alpine Event Calendar</th>
<th>To Schedule an Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.</td>
<td>Go to <a href="http://calalpineclub.org">http://calalpineclub.org</a> under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.</td>
<td>For a private member event or a Club function, please leave a message with your request, name, email, and phone number at <a href="mailto:alpinelodge1@yahoo.com">alpinelodge1@yahoo.com</a> or call 415-381-4975. A volunteer will contact you and assist you in booking the event.</td>
</tr>
</tbody>
</table>

### JULY 1 THURS WORK PARTY
9am-3 pm  
Jean Rodger  415-435-9383  jrodg1218@aol.com

### JULY 4 SUN-MON INDEPENDENCE DAY BBQ ON DECK
BBQ after hikers return. Volunteers needed now and will be fed first! Sunday overnight optional and breakfast Monday morning. Contact Tony Smith at Joanne-tony@sbcglobal.net (preferred) or 650-207-1619. See article on page 3.

### JULY 8-10 THU-SAT PRIVATE EVENT
David Solbach

### JULY 11 SUN SUNDAY WORK PARTY
Chef:  Marge Ballou 9am-3pm  
Coordinator:  Roger Diehnel. Lunch will be served. Overnight possible. Call Roger at 415-924-5519 to RSVP. rdiehnel@hotmail.com

### JULY 17-18 SAT-SUN HIKERS' WEEKEND
See Hikers Weekend Box.

### JULY 18 Sun LEADERSHIP MEETINGS
Alpine Trustee meeting 1pm, BoD meeting 2pm, Quarterly membership meeting 3pm. Dinner following, Everyone welcome. See article on page 4.

### JULY 19-25 MON-SUN PRIVATE EVENT
Joan Ryan

### JULY 25-30 SUN-FRI MARY FREY'S B&B
Mary Frey marymaryhiker@aol.com  
See article page 7.

### JULY 27-28 TUE-WED HIKERS' MIDWEEK
Come to dinner and/or stay overnight and enjoy breakfast. For reservations call Nuala at 415-922-6775 or email ntaufield@msn.com. Prices same as for Hikers' Weekend - see box. See article on page 6.

### JULY 31-AUG 1 SAT-SUN PRIVATE EVENT
Member Scott Smith wedding. Contact Tony Smith at Joanne-Tony@sbcglobal.net.

### AUG 5 THURS MID WEEK WORK PARTY
Coordinator:  Jean Rodgers. 9am-3 pm. Lunch will be served. Overnight possible. Call Jean at 415-453-9383 to RSVP.

### AUG 13-14 FRI-SAT PRIVATE EVENT
Member Marcos-Mendosa Wedding

### AUG 21-22 SAT-SUN HIKERS WEEKEND
See Hikers’ Weekend Box.

### AUG 27-28 FRI-SAT HIKE AND BIKE
Allison Garcia  831-227-6348. See article on page 6.

### AUG 30-31 MON-TUES SCHOOL FACULTY RETREAT

### SEP 2 THURS MID WEEK WORK PARTY
Coordinator:  Arnold Champagne. 9am to 3pm  
Lunch will be served. Overnight possible. Call Arnold at 415-282-1704 to RSVP.

### SEP 17 FRI PRIVATE EVENT
Paul McKown 415-383-2774

### SEP 18 SAT LEADERSHIP MEETING
Board of Directors at 2pm

### SEP 18-19 SAT-SUN HIKERS WEEKEND
See Hikers’ Weekend Box.

### SEP 20-21MON-TUES CRAFTING WORKSHOP
Mary Jane McKown 10am to 5pm  
mjmckown@gmail.com 415-383-2774  
See article on page 7.

### SEP 25 SAT PRIVATE EVENT
Gerald Rosenberg

### SEP 26 SUN RETIREMENT PARTY FOR BETTY RAPPORT
Tentative

### SEP 28 TUES SIERRA CLUB BBQ 3-9pm
Mary Jane and Paul McKown 415-383-2774

### OCT 1-3 FRI-SUN FEDERATION OF WESTERN OUTDOOR CLUBS CONFERENCE
Partnerships for the West: Protecting Public Lands in an Era of Climate Change. All members are invited. Schedule and program details to follow. Volunteers will be needed. Contact: Mae Harms at 530-333-1058

### OCT 7 THUR MID WEEK WORK PARTY
Coordinator:  Eva Libien. 9am to 3pm  
Lunch will be served. Overnight possible. Call Eva at 415-383-5184 to RSVP.

### OCT 7-9 THUR-SAT PRIVATE EVENT
Tunzi-Bromley Family Reunion.

### OCT 15-16 FRI-SAT HOST TRAINING
Reservations contact:  Hardy Dawainis 415-461 4431  
hdawainis@comcast.net or any Alpine Lodge Trustee. Donations $25 ($30 per couple)

### OCT 16-17 SAT-SUN HIKERS' WEEKEND
See Hikers’ Weekend Box.

### OCT 17 SUN LEADERSHIP MEETINGS
BoD 2pm, Quarterly membership meeting 3pm. Dinner following. Everyone welcome.

### OCT 22-23 FRI-SAT PRIVATE EVENT
Howard Ortman

### NOV 4 THUR MIDWEEK WORK PARTY
Contact Alpine Lodge Trustees 9am to 3pm

### NOV 6 SAT CACF ANNUAL MEETING
California Alpine Club Foundation Annual meeting and dinner.

### NOV 10-12 WED-FRI TENTATIVE PRIVATE EVENT
Wastewater Management Group Sacramento.

### NOV 20-21 SAT-SUN HIKERS’ WEEKEND
Contact Alpine Lodge Trustees

### NOV 20 SUN LEADERSHIP MEETING
Board of Directors 2pm

### NOV 25 THURS THANKSGIVING DINNER
Tony Smith and Family host Thanksgiving Dinner. Contact Tony at Joanne-tony@sbcglobal.net (preferred) or 650-207-1619.

### DEC 2 THUR WORK PARTY

### DEC 4 SAT MTIA DINNER

### DEC 7 TUES HIKER'S LUNCHEON
Mary Jane McKown 415-383-2774  
mjmckown@gmail.com

### DEC 11 SAT CAC HOLIDAY DINNER

### DEC 12 SUN CAC CHILDREN'S PARTY

Watch for updates in future issues of TRAILS!

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**EVERY SUNDAY OPEN HOUSE**

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.

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**HIKERS’ WEEKENDS**

Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, $12. Overnight $18, breakfast Sunday, $5; guests are $5 additional.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.
ON THE ENVIRONMENTAL FRONT

Our late rains this year, according to Marin Agricultural Land Trust, have created one of the “best grass years on record. Last season’s calves and lambs will be well-fed come sale time in mid-July. Not everyone is rejoicing, however. Produce growers were running a full month behind this year, unable to bring their heavy equipment onto rain-sodden fields”… Decision time again--your CAC Foundation has approved $13,250 in grants to thirteen applicants … Trail maintenance and repair grants went to Eldorado National Forest Interpretive Association to facilitate the transport of tools and supplies to the Maude Lake Watershed Project again this year; to Tahoe Rim Trail Association for the purchase of tools to enable volunteers to tackle multiple projects (they included our name on trailhead panels that CACF supported last year); Pacific Crest Trail Association received support for a weekend volunteer project; Sierra State Park Foundation will receive support for its trail maintenance programs … Education projects include new backpacks for scholarship recipients in the Point Reyes National Seashore Association’s Summer Camp program (we helped them with sleeping bags last year); Slide Ranch received aid to expose urban, low-income youth to outdoor education; the boardwalks providing access to the teaching ponds at the Bolinas Lagoon Preserve can now be repaired by Audubon Canyon Ranch; further aid to defray the publishing costs of To save a Mountain: the 100 Year Battle for Tamalpais has been granted the Tamalpais Conservation Club; Mount Tamalpais Interpretive Association’s proposal to create a booklet detailing rare, threatened, and endangered plants and their Tamalpais locations has been accepted … Habitat restoration grants include Marin Audubon Society’s project to remove highly invasive wild radish from levees at Bahia; San Bruno Mountain Watch will receive funds for soil, pots, gloves, etc. in its ongoing Rare Plant Restoration Project on San Bruno Mountain; sixth-graders will be put to work by Friends of the Corte Madera Creek Watershed replacing non-native blackberry and eucalyptus saplings with native trees and shrubs … Other proposals include materials for The West Point Inn to build a shed for the batteries for the new solar panels that will replace their currently outdated, failing system … Thanks again to those who came out and supported the benefit for the CAC Foundation back in June. Have a great summer and keep me posted at dsolbach@gmail.com.

— David Solbach CACF Board Member

MOUNTAIN BIKE (OR HIKE) MT. TAM
SAT., AUG. 28

Ride to the summit of Mount Tamalpais with beautiful views of the San Francisco Bay, then back down the mountain to the sea. After shuttling a few cars down to the beach, we’ll leave the Alpine Lodge at 11:00 am for a One-hour steady climb on fire roads to the East Summit. We’ll lock our bikes and picnic there, and walk the extra 0.3 mi to the top. Then enjoy the fun ride down the winding fire roads with a sweet single track through forest and meadow at the end. We’ll put the bikes on the cars and drive back to the lodge about 3:00 p.m. Hikers are on their own for the day. After showering (and napping?) we’ll have a delicious BBQ out on the deck, and a little music and dancing in the evening. All are welcome to spend the night Friday and/or Saturday night—we have to be packed up and out of there by 9:00 a.m. Sunday morning. Overnight for members $18, non-members $23 (children 5-11 half price; under 5 free). If you stay Friday night, dinner is on your own (use the lodge kitchen or eat out in Mill Valley). Saturday picnic lunches are $5, BBQ dinner is $10, breakfasts are $5 (children 5-11 half price; under 5 free). For reservations email Allison Garcia allisoncg600@yahoo.com or call (831) 227-6348.

— Allison Garcia

Green Lake Base Camp Trip

August 16-20 Green Lake Base Camp Trip

The Green Lake Base Camp Trip scheduled for August 16-20 is full, but cancellations do occur. To be placed on the waiting list please contact Bob Hanson at doctoroutdoors@comcast.net or at 925-944-3366.

— Carol Bodtker
**THE CAC MASTHEAD**

The question was asked whether information existed about how long our current “Trails” masthead has been in use. The drawing of Mt. Tamalpais was done by Porter Griffith. His wife, Alice Casazus, was the Secretary of the first California Alpine Club Board of Directors in 1915. Porter and Alice were both in World War I military service in 1918. His name appears on a cartoon and advertisement drawings for Forest Camp in the 1923 “bound” issue of Trails, but not as the masthead. I contacted his daughter Ramona Crosby who confirmed it was drawn by her father.

The Mt. Tam masthead was used at least from Nov 1927 until Dec 1936. There are no copies in my files of Trails from Dec 1936 until Sept 1937. From Sept 1937 until June 1939 there was no drawing, just TRAILS across the top of the page. From June 1939 until 1944 the club resumed using the original Mt. Tam drawing. I don’t have copies of 1944-1951, but from 1952 until present Trails has featured the original Mt. Tam masthead.

— Verna West

**CRAFTING EVENT AT ALPINE LODGE**

Attention crafters! Come join us at Alpine Lodge on Monday and Tuesday, September 20-21 for fun and camaraderie. This is a chance to start work or finish your fall holiday crafts before the holidays arrive. Join us for a two-day work session (with a pot-luck dinner if you stay over night). Bring your projects, materials and ideas to share and/or to learn something new. Open to members and others, experienced or novices. Cost is $5 per day, overnight $23 (non members) and $18 (members). Lunches will be pot luck.

Questions? Contact Mary Jane McKown at mjmckown@gmail.com or 415-383-2774.

— Mary Jane McKown

**MINI VACATION AT ALPINE LODGE**

**JULY 25 TO JULY 30, 2010**

Jana Shober and I are offering the members a B&B at Alpine Lodge beginning Sunday, July 25th and ending on the 30th. We will start on Sunday with dancing at 2pm and a Potluck and Happy Hour at 4:30pm, Dinner on the deck at 5pm. Sunday hikers are welcome to join in the pot luck dinner.

We will offer a cooked dinner every other night and will go out to dinner on the other night to local restaurants in Marin. We plan to do an easy walk every day on the mountain or in the local area.

The cost for members is $23 for overnight and breakfast. $27 for non-members. Bring your own lunch materials, there will be an extra 10.00 cost for any dinners served.

If you come for just the dancing and/or potluck there will be a $5 charge for the use of the lodge.

Nuala Caulfield is joining us with her midweek hiker’s event on July 28th. She has offered to cook that evening.

The weather is lovely in July, so treat yourself to a mini-vacation. Contact Mary Frey at 415-492-2510 or email her at Marymaryhiker@aol.com for reservations or information.

— Mary Frey

**CENTENNIAL CHAIRPERSON Sought**

Time passes when you are having fun, and so the first 100 years of the CAC existence rapidly approaches. In 2013 we will celebrate the club’s centennial year. In preparation for that year-long commemoration your Board is seeking a Centennial Chairperson. Please consider volunteering for this important role. You will have significant support from other volunteers and sub-committees. We guarantee you will not be alone! If you are interested in this role please contact Art Ewart at artewart@gmail.com, or Mae Harms at maeharms@mindspring.com.

— Art Ewart

**JUNE ALPINE LODGE WORK PARTY**

We had a group of 18 diligent workers attending our monthly mid-week party under the able leadership of Hardy Dawainis. Immediately upon arrival, Jennie Bruyn enlisted Dolores Welsh and Nuala Caulfield to strip all the linens on the beds of the main lodge and take them to the local laundromat for a thorough washing. Renee Powers couldn’t contain her joy when she found a key cleaning tool that had been eluding her for several months. Ignited by her glee, she dusted and mopped everything in sight. She even reorganized the admin closet and disposed of the decomposing bodies of past overworked board members and trustees found there. Mary Jane McKown recruited two new enthusiastic members, Susan Underwood and Maureen Johnston, who were a great help with the gardening chores and took it upon themselves to clean the barbeque grill. They, along with their families, will be a great asset to our younger members contingent. These ladies along with Jennie, Nuala, Dolores and Mary Jane also made sure the bedrooms were in spic and span order. Eva Libien cleaned the Tam building and assisted in the kitchen. The gardening committee, Bill Pung, Dennis Ziebell, Ruth Tretbar, Donna Rice and their recruits spent hours on their knees weeding and replanting. Dennis also showed off his extraordinary talent using the electric pruner to beautify the front hedges. They are truly a work of art, competing with the hedges of the world renowned gardens of Europe. A special thanks is due to Jim Ballou, who must have shed a few pounds and lots of sweat, along with Roger Diehnel splitting endless wood logs that will stoke our cozy winter fires. Paul McKown, artfully waved his weed whacker wherever he roamed and, presto, manicured our lovely property. Ben Heldens, our man of all trades, helped wherever needed. Marguerite Murphy, along with organizing and cleaning the pantry, did the lunch dishes. Finally, kudos to Ursulla Pederson, our talented chef, who prepared our tasty lunch. Again, we are prim and proper, ready to face the onslaught of our legions of members who use the club day in and day out.

— Eva Libien for Alpine Lodge Trustees

**THE CAC MASTHEAD**

The question was asked whether information existed about how long our current “Trails” masthead has been in use. The drawing of Mt. Tamalpais was done by Porter Griffith. His wife, Alice Casazus, was the Secretary of the first California Alpine Club Board of Directors in 1915. Porter and Alice were both in World War I military service in 1918. His name appears on a cartoon and advertisement drawings for Forest Camp in the 1923 “bound” issue of Trails, but not as the masthead. I contacted his daughter Ramona Crosby who confirmed it was drawn by her father.

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— Verna West
ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum $15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Summer/Fall Hosts and Hosts-in-Training:
The weekend of Oct 1-3 is available in the early Fall schedule, as well as many mid-week options. Contact me by e-mail or telephone if you can help keep our magnificent lodge occupied. Note: I will be away from June 1-July 11, so during that time contact Jim Nixon at 650-756-7771 or jimnixon2000@yahoo.com with calendar requests.
Sincerely, Cindy

The next Echo Lodge Trustees' Meeting will be held Saturday, July 24th, 10 AM, at Jim Nixon's home. Contact Jim at 650-756-7771 if you would like to attend.

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Echo Summit Lodge Summer / Early Fall Schedule:

JUL 5-9 MON-FRI  HIKERS WEEK & COOP MEALS
Host will assign specific meals to those attending.
Edna Trimm + Hi & Lois Patton  415-456-5557
P.O. Box 213, Fairfax, CA  94978
etrimm@sbcglobal.net

JUL 10-15 SAT-THURS  HIKERS WEEK & COOP MEALS (EVENT IS FULL)
Eva Libien  415-383-5184
2 Eucalyptus Knoll St, Mill Valley, CA  94941
elibien@yahoo.com

JUL 15-18 THURS-SUN  HOSTED EVENT
Lillian Young & Genie Frye  650-588-5689
3650 Sneath Ln, San Bruno, CA  94066
lcyou@sbcglobal.net

JUL 18-22 SUN-THURS  HOSTED EVENT
Emily & John Lockett  707-576-0948
2927 Midway Dr, Santa Rosa, CA  95405
auntem@sonic.net

JUL 22-28 THURS-WED  HOSTED EVENT
Janis Riccomini & Paul Crockett  408-725-7953
12602 Cambridge Dr, Saratoga, CA  95070
janisriccomini@comcast.net

JUL 28-AUG 1 WED-SUN  HOSTED EVENT
Art Ewart & Kathleen O'Dea  707-481-2432
2360 Dominic Dr, Novato, CA  94947
artewart@gmail.com

AUG 1-6 SUN-FRI  HIKERS WEEK/COOP MEALS
Edna Trimm  415-456-5557
P.O. Box 213, Fairfax, CA  94978
etrimm@sbcglobal.net

AUG 6-11 WED-FRI  FAMILY FRIENDLY/COOP MEALS
Monika Balsamo  707-539-2140
4819 Foxglove Ct, Santa Rosa, CA  95405
m_balsamo@earthlink.net

AUG 11-15 WED-SUN  HOSTED EVENT
Jim Nixon & Jan McCulloch  650-756-7771
30 Seacrest Ct, Daly City, CA  94015
jimnixon2000@yahoo.com

AUG 15-22 SUN-SUN  COOP COOKING WEEK
Jim Nixon & Jan McCulloch  650-756-7771
30 Seacrest Ct, Daly City, CA  94015
jimnixon2000@yahoo.com

AUG 22-27 MON-FRI  AVAILABLE FOR TRAINED HOSTS
SEP 2-7 THURS-TUES  LABOR DAY WKND/COOP MEALS
Tony Smith  925-933-2403
2345 Tice Creek Dr, #4, Walnut Creek, CA  94595
joanne-tony@sbcglobal.net

SEP 7-10 TUES-FRI  AVAILABLE FOR TRAINED HOSTS
SEP 10-12 PRIVATE EVENT
Lee Yamada & Phyllis Cole  831-438-5749
SEP 12-17 SUN-FRI  PRIVATE EVENT
Maureen Smith  650-697-3846
SEP 17-20 FRI-MON  FALL WORK PARTY
Reservations: Jim Nixon  650-756-7771
jimnixon2000@yahoo.com

SEP 20-26 SAT-SUN  HOSTED EVENT
Mary Martin & Therese Briand  831-535-2354
343 Arthur Ave, Aptos, CA  95003
ind2swim@yahoo.com

SEP 24-26 FRI-SUN  AUTUMN CELEBRATION
Mary Martin & Therese Briand  831-535-2354
343 Arthur Ave, Aptos, CA  95003
ind2swim@yahoo.com

SEP 27-30 MON-THURS  PRIVATE EVENT
Dee Foote  408-255-6581

SEP 30-OCT 8 THURS-FRI  AVAILABLE FOR TRAINED HOSTS
OCT 8-10 FRI-SUN  FALL HOST TRAINING
Reservations: Cindy Toran  707-539-4396
toranski@aol.com

OCT 10-17 SUN-SUN  FALL SPA WEEK
Lin Mangiante  650-697-7403
424 Hazel Ave, Millbrae, CA  94030
fostails@pacbell.net

OCT 22-24 FRI-SUN  OKTOBERFEST
Jayma Brown & Allan Lindberg  510-237-0231
525 32nd St, Richmond, CA  94804
jaymabrown@earthlink.net

OCT 29-31 FRI-SUN  PRIVATE EVENT
Chris Bekins  707-874-2556

Watch for updates in future issues of TRAILS!

ECHO RAMP/LEASE UPDATE

In the May Trails, I wrote that the ADA ramp had been completed. This week we made the final payment. Total cost was $158,104. Thank you to all who had a part in making this happen.

We have received bids ranging from $8,500 to $10,500 for paving of the ADA required parking. Paving will be completed in late summer or early fall.

Upon completion of the paving we will have met all U.S. Forest Service requirements necessary to apply for renewal of our land lease. Our existing lease expires December 31, 2011.

Thank you again.

— Jim Nixon for Echo Trustees
Twenty-two (22) enthusiastic CAC members were hosted on May 14-16 by Echo Trustees, Jim Nixon, Tom Coleman and Cindy Toran, for a weekend of appreciation for our seasoned hosts, training and camaraderie for a group of special CAC folks who host or plan to host at Echo Summit Lodge. We were the first CAC members to marvel at the newly-completed ramp (see photos in June Trails, page 7). Early arrivers had the privilege to meet our USFS liaison, Lori Allessio, who stopped by to look at the finished ramp and was very pleased. Monika Balsamo commented on the new deck area, “This will be a perfect place for parents to watch children sledding in winter!”

A special thanks to chef extraordinaire, Jan McCulloch, who planned meals and cooked for the group, aided by Tom and Jim for breakfasts and our many sous chefs. Jan managed to accommodate special dietary requests with ease and had many requests for her recipes, including a special pasta salad with preserved Meyer lemons and fresh asparagus for lunch. Magnificent!

We were blessed with beautiful, sunny, crisp Sierra weather so everyone could get out and get exercise before and after training. However, we were surprised by how much snow still remained. Some of the snow banks were over my head, and the entire road to Echo Lake was still covered in snow, making the footing a bit tricky for those brave enough to venture in that direction. We will have snow in the high country along with wildflowers very late in the upcoming summer season.

Thanks to all the graduates of the 2010 Spring Host Training & Appreciation:


Fall 2010 Host Appreciation and Training is scheduled for October 8-10. You too can enjoy this special weekend hosted by Echo Trustees and then move on to giving a special gift to fellow CAC members by hosting a session at Echo Summit Lodge.

— Cindy Toran, Echo Lodge Trustee

Spring Work Party, continued from page 1.

Steve Cosbey also arrived on Saturday morning, and spent the day under the Lodge, fixing all the issues that we had with plumbing. The water-pressure now is fantastic, and all the runners and bikers appreciate the nice new water-fountain that Steve installed outside, just about where the old one used to be. Thank you Steve, for volunteering your time for two days; you personally saved the Lodge hundreds of dollars!!

Mike Bonham was another volunteer we heavily depended upon to take care of all the little irritating jobs that needed to get done, but somehow always fell through the cracks. He replaced the broken lock on the co-ed bathroom in the hall, so now folks don’t have to worry about someone coming in while they’re in the bathroom. Mike also fixed a number of electrical wiring problems we had in the big storeroom, and installed the new light over the storeroom door. We’re so lucky to have so many talented people willing to give their time!

Denise Libien and her husband Josh Gordon arrived late afternoon Saturday, and were able to help with work inside part of Sunday. Denise, unfortunately, developed a worrisome rash on her arm, and needed to seek medical help. We all hope she’s done with the rash and whatever caused it! Josh helped with the bolting down in the ‘hole’, and he and Denise shampooed the Great Room carpet, getting many muddy footprints up in the process!

Lori Barekman arrived on Sunday, and as Jim Nixon says, was a whirlwind of volunteering energy, helping out with the floors in the DR and kitchen, and organizing. The floors were wet from the stripping and waxing process, so pizzas were brought in to feed the ravenous crowd!

Jim and Tom would also like to thank everyone who helped share the cooking load: Ruth Tretbar, Diane and Bruce Friend, and especially Mike Bonham, who had trouble sleeping, got up real early, and started the coffee and the warming fires!

Summer is here, the snow forgotten for the next few months. People will be using the Lodge, the water, the clothes line, and all will be quietly thanking those who go the extra mile for the Club; our wonderful volunteers. We salute you!

— Tom Coleman
TRAILS NEWSLETTER ALERT

Please send articles for the September issue of TRAILS to editor, Bob Sturm, at rmsturm@hotmail.com, or via mail to 5833 Balmoral Dr., Oakland, CA 94619-2403. Telephone # is 510-482-3063.

Bob should receive articles for the September issue no later than August 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the October 2010 issue of TRAILS will be Catherine Theilen at theilen@sbcglobal.net. Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact Helena Troy at hmtroy@aol.com.

— Helena Troy, Publishing
I want to extend a BIG thanks to Denise Libien and Josh Gordon for their great chef work on July 18th at Alpine Lodge following our quarterly meeting. Forty-three guests and two youngsters enjoyed a delicious meal of lamb kabobs, roasted potatoes and Greek salad. Dennis Ziebell and Bill Pung topped off the meal with an amazing raspberry filled homemade cake and their delectable brownies.

Thanks also to Mame Harris and Tom Swaine for tending bar, to our members who donated happy hour appetizers and to all who helped with table settings, preparing food and cleaning up the social room. Marguerite Murphy and Tony Smith, along with their enlisted volunteers, once again did a great job washing all of those dirty dishes and cleaning up the kitchen.

Finally, I want to thank Jennie Bruyn for co-chairing this event with me. It was a fun evening from start to finish.

— Sue Karp

We have some very good news. Echo Lodge has had a good half-year for revenue, so they have graciously agreed to complete the loan payback from Alpine Lodge of $15,000. This will allow the $15,000 from the dues and assessment to be allocated to the CAC Reserve Fund. It also reinforces the recommendation of the Finance Committee that there should be no CAC dues increase for 2011. Both lodges will probably be increasing usage fees as the lodges must be self-sufficient. Thanks to Echo Trustees and good fee management to allow the prompt loan payback. CAC Board decisions will be announced in the October Trails.

— Carroll Pearson, Finance Chair

To help build CAC community, membership, and participation, the Board decided on July 18 to launch a new initiative that leverages the power of Internet social networking. The CALIFORNIA ALPINE CLUB FRIENDS Facebook Group is now active and may be visited by any of Facebook’s 500 million users.

The new Facebook Group provides a way for CAC members and guests to share their interests, background, ideas, trip plans, photos, videos, and discussion through the advanced features of the leading social-networking site which more than one hundred CAC members are already using. Facebook Group members can immediately post announcements and share in discussions on the unmoderated site.

In announcing the new site, Committee Chairperson Tony Smith said, “We are opening the doors of our virtual lodge not only to CAC members, but to family, friends, and others who love the great outdoors. So invite all you know who would like a breath of mountain air to join us. Just search Facebook for “California Alpine Club Friends” and click "Join."

— William Steinmetz, Site Creator
California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:
President  Mae Harms  530-333-1058 maeharms@mindspring.com
Vice President  Jennie Bruyn  415-456-1877 jennielBruyn@yahoo.com
Secretary  Anne Good  510-526-6792 ahgood@sbcglobal.net
Treasurer  Dennis Ziebell  415-864-4889 dzbp@aol.com
Registrar  Stefan Berlinski  831-325-6215 alpinegergistrar@att.net

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Outings  Carol Bodtker  415-884-0850 cbhiker@sbcglobal.net
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Sunshine  Valerie Nelson  831-688-1524 valallen@cruzio.com
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Youth Activities  VACANT

Alpine Lodge Trustees:
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Eva Libien '11  415-383-5184 elibien@yahoo.com
Arnold Champagne '11  415-282-1704 arnoldchampagne@yahoo.com
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Alpine Lodge Support:
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Alpine Calendar  Tony Smith  650-207-1619 alpineodds@gmail.com
Inkeeper Coordinator  Selma Bomfim  415-381-4676 selmabomfim@hotmail.com
Hike Coordinator  Pauline McDonald  415-381-2870 luddite48@comcast.net
Alpine Accommodations  415-381-4975 alpineodds@gmail.com

Echo Summit Lodge Trustees:
Echo Chair  Jim Nixon '12  650-756-7771 jimnixon2000@yahoo.com
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"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Catherine Theilen Burke, Anita Cabrera, Michael Larsen, Tom Mahood, Vicki Olds, Dan Schoenholtz, Bob Sturm and Helena Troy.

Contributors this issue: Stefan Berlinski, Carol Bodtker, Selma Bomfim, Sarah Dove, Mae Harms, Sue Karp, Eva Libien, Pauline McDonald, Carroll Pearson, Jean Rodgers, Dan Schoenholtz, Tony Smith, David Solbach, William Steinmetz, Cindy Toran, Arlin Weinberger, Verna West.

Correspondence: Please address correspondence concerning this publication to: Mae Harms, 5941 Garden Park Dr. Garden Valley, CA 95633-9514.
CAC Website: http://calpineclub.org

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Monthly TRAILS Editor ~ Bob Sturm

President's Message

If you've been a teacher as I have, you know the "new year" really starts around Labor Day, when you are planning for your new group of students. So it is with me now thinking of the state of our club. What can we put ourselves on our backs for? What do we need to work on?

In July we had a great turnout for our Quarterly Membership Meeting. Members came to help govern our club. When you are thinking of what you have done to help CAC, you can give yourself credit for your attendance. To me, helping govern is just as important a volunteer activity as a work party. We've been through a rough year financially with all the added expectations of the U.S. Forest Service at Echo Lodge and getting our insurance coverage up to a realistic amount. With the generosity of member donations and Alpine Lodge's willingness to loan money during the short fall, we made ends meet, ending with a total reserve in all three treasuries of over $134,000.

We know that our membership is dwindling and thanks to Tony Smith and his Futures Committee, we are trying new things to attract new members, including Facebook and business cards. We are working on upgrades to our Website to make it more attractive for member use and potential new members looking for the opportunities we have to offer. With frugality in mind, we are working to get a more reliable electronic version of Trails and a wider acceptance of getting Trails via our Website. As it is, we spend about $12,000 a year on the paper version.

Ann Meneguzzi spoke to the members at the membership meeting celebrating the centennial of the creation of CAC in 1913. We are looking for members who want to be a part of deciding how we want to celebrate and then digging in and getting it organized. Of course we are looking for an overall chair, but we are also looking for volunteers for various aspects of it. Tell us what you want to help with. It is everyone picking a project and working that builds to the overall success of our celebration. Don't hesitate to volunteer, because you think you will get roped into more than you are willing to do. We will accept the limits you set.

Patrick King, writing to us about the assessment earlier this year, reminded us that the life memberships were created when the club was having another cash flow crisis and offered the life memberships to bridge the gap in revenues. During my first years as a member, I remember Alpine Lodge suffering among other major expenditures, the total breakdown of the sewer system. Echo Lodge came to the rescue with a loan. With the expertise of member, Janet Mullin, who offered advice in the construction of the septic system we have then, we confronted that problem.

I feel reassured by our longevity and our ability to adapt and pull together to get done what needs to be done. As fall and winter set in I look forward to working with all of you to do the things we love.

— Mae Harms, President
MEMBERSHIP REPORT

New Members – August 2010

Alice Ricks - regular member
3952 Harrison St., #102
Oakland CA  94611-4532
773-243-6021
alicericks@gmail.com
Sponsors: Hardy Dawainis, Roger Diehnel

David Rogers – regular member
6018 Shelter Bay Avenue
Mill Valley CA  94941-3040
415-389-0077
Comenius@comcast.net
Sponsors: Tom McNicholas, Roger Diehnel

Birgit Maass - regular member
320 Waverley Street
Menlo Park CA  94025
650-462-1710
bmaass@stanford.edu
Sponsors: Renee Powers, Jean Rodgers

Denny Thompson - regular member
504 Bridle Court
Roseville CA  95661-3702
916-784-7164
kiki@teal.net
Sponsors: Roger Rigney, Daniel Winkelman

William and Gale Herrmann – family members
Katelynn Herrmann
Sarah Herrmann
Christopher Herrmann
Heather Herrmann
387 Seaton Drive
Folsom CA  95630-7950
916-985-0927
galeherrmann@sbcglobal.net
Sponsors: Tom Bradner, Sarah Davis

— Sarah Dove, Membership Chair

BOARD OF DIRECTORS & QUARTERLY MEMBERSHIP MEETINGS

Saturday, September 18, 2010
Board of Directors Meeting, 2pm

Sunday, October 17, 2010
Board of Directors Meeting, 2pm
Quarterly Membership Meeting, 3pm

Saturday, November 20, 2010
Board of Directors Meeting, 2pm

December 2010 – No Board or Membership Meetings

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms

PUBLISHING COSTS

With a year of heavy expenses for the California Alpine Club, we have been looking at various ways of reducing our costs. One of the big expenses for our Club is the publication of Trails. We print and mail over 600 copies for each of 10 issues per year. When combined with other publications such as dues letters and the CAC Reference Information (Green Sheets), the cost is around $12,000 per year.

With Trails available by the 1st of the month on our web site, http://calalpineclub.org, members can access and print their copy, thus reducing the printing and mailing costs. The significant advantage is that if you have a color printer, then the pictures are in color. Back issues of Trails are also on our web site. Other documents like the By-Laws and minutes of meetings are available as well. There are email addresses and phone numbers of the leadership and coordinators. In a few cases there are the mailing addresses of hosts.

We suggest that you try this web access for an issue or two. If you are satisfied, then send a note to our Registrar, Stefan Berlinski, at Alpineregistrar@att.net to let him know that you are willing to help save costs by eliminating your mailed hardcopy of Trails. You can return to the hardcopy by just sending Stefan another note, if you are not satisfied in the long run.

Another advantage is that you can always find your copy of Trails on the web. If you do not know the User ID and password, send an email to Carroll Pearson at pearsoncmap@aol.com.

There is lots of other information on our web site, so please browse and let us know what you think. Send your comments to Helena Troy at hmtroy@aol.com.

— Carroll Pearson
## CRAFTING EVENT AT ALPINE LODGE

Attention crafters! Come join us at Alpine Lodge on Monday and Tuesday, September 20-21 for fun and camaraderie. This is a chance to start work or finish your fall holiday crafts before the holidays arrive. Join us for a two-day work session (with a pot-luck dinner if you stay over night). Bring your projects, materials and ideas to share and/or to learn something new. Open to members and others, experienced or novices. Cost is $5 per day, overnight $23 (non members) and $18 members. Lunches will be potluck.

Questions? Contact Mary Jane McKown at mjmckown@gmail.com or 415-383-2774.

— Dan Schoenholz

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### ALPINE HIKE LEADER SCHEDULE

**OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Hiker(s)</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday September 5</td>
<td>9:30AM</td>
<td>Arnold Champagne</td>
<td>415-282-1704</td>
</tr>
<tr>
<td><em>Saturday September 12</em></td>
<td>9:30AM</td>
<td>Margrit Gonzales</td>
<td>415-472-4270</td>
</tr>
<tr>
<td><em>Sunday September 19</em></td>
<td>9:30AM</td>
<td>Tony Smith</td>
<td>925-933-2403</td>
</tr>
<tr>
<td>Sunday September 26</td>
<td>9:00AM</td>
<td>Jenny Bruyn</td>
<td>415-456-1877</td>
</tr>
<tr>
<td>Sunday October 3</td>
<td>9:30AM</td>
<td>Carol Bodtker</td>
<td>415-884-0850</td>
</tr>
<tr>
<td>Sunday October 10</td>
<td>9:30AM</td>
<td>Graham Forder</td>
<td>415-827-4748</td>
</tr>
<tr>
<td><em>Saturday October 16</em></td>
<td>9:30AM</td>
<td>Taren Hamilton</td>
<td>415-378-4240</td>
</tr>
<tr>
<td>Sunday October 17</td>
<td>9:30AM</td>
<td>David Solbach</td>
<td>415-563-1170</td>
</tr>
<tr>
<td>Sunday October 24</td>
<td>9:30AM</td>
<td>Jordan Herrmann's Halloween Hike</td>
<td>510-528-7894</td>
</tr>
<tr>
<td>Sunday October 31</td>
<td>9:30AM</td>
<td>Howard Ortman</td>
<td>415-456-5912</td>
</tr>
<tr>
<td>Sunday November 7</td>
<td>9:30AM</td>
<td>Pauline MacDonald</td>
<td>415-381-2870</td>
</tr>
<tr>
<td>Sunday November 14</td>
<td>9:30AM</td>
<td></td>
<td></td>
</tr>
<tr>
<td><em>Saturday November 20</em></td>
<td>9:30AM</td>
<td>Ann Good</td>
<td>510-526-6792</td>
</tr>
<tr>
<td>Sunday November 21</td>
<td>9:30AM</td>
<td>Bill Mayers</td>
<td>415-785-3516</td>
</tr>
<tr>
<td>Sunday November 28</td>
<td>9:00AM</td>
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</tbody>
</table>

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

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### IMPORTANT!

**RAIN CANCELS**

All Sunday 2B hikes begin at 9:30 AM (7-10 miles and up to 2000 ft. elevation gain).

Alternate levels of Sunday hikes are sometimes offered in addition to the 2B hike and may have a different start time. Check the schedule.

For Saturday Hikes on Hiker’s Weekends (3rd weekend of each month), see schedule to the left for leader, rating and time. The hikes may be faster and/or harder than Sunday’s 2B hikes. The Lodge will be open briefly before start of hikes.

If you would like to lead a hike currently shown as open, please call Pauline MacDonald (415-381-2870)

Notes: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader’s choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

Leaders: You are responsible for finding a replacement if you cannot lead the day of your scheduled hike.

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### ALPINE LODGE SUNDAY INNKEEPERS

**SEPTEMBER**

<table>
<thead>
<tr>
<th>Date</th>
<th>Status</th>
<th>Name</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>05</td>
<td>OPEN</td>
<td>TRUDY POWERS &amp; RITA NOWLIN</td>
<td>415 564 3398</td>
</tr>
<tr>
<td>12</td>
<td>OPEN</td>
<td>GAYLE DeKELLIS</td>
<td>510 548 7900</td>
</tr>
<tr>
<td>19</td>
<td>OPEN</td>
<td>PASCALE LEROY</td>
<td>415 661 8904</td>
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**OCTOBER**

<table>
<thead>
<tr>
<th>Date</th>
<th>Status</th>
<th>Name</th>
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</thead>
<tbody>
<tr>
<td>03</td>
<td>OPEN</td>
<td></td>
<td></td>
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<tr>
<td>10</td>
<td>OPEN</td>
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<td>17</td>
<td>OPEN</td>
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<td></td>
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<tr>
<td>24</td>
<td>OPEN</td>
<td></td>
<td></td>
</tr>
<tr>
<td>31</td>
<td>OPEN</td>
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**NOVEMBER**

<table>
<thead>
<tr>
<th>Date</th>
<th>Status</th>
<th>Name</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>07</td>
<td>OPEN</td>
<td>Jerold Rosenberg</td>
<td>415-388-0544</td>
</tr>
<tr>
<td>14</td>
<td>OPEN</td>
<td></td>
<td></td>
</tr>
<tr>
<td>21</td>
<td>OPEN</td>
<td></td>
<td></td>
</tr>
<tr>
<td>28</td>
<td>OPEN</td>
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</tbody>
</table>

— Selma Bomfim, Innkeeper Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. But more Volunteer Innkeepers are needed. Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.
**ALPINE LODGE EVENTS**

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SEP 2 THURS</strong> MID WEEK WORK PARTY</td>
<td>Coordinator: Arnold Champagne. 9am to 3pm Lunch will be served. Overnight possible. Call Arnold at 415-282-1704 to RSVP.</td>
<td></td>
</tr>
<tr>
<td><strong>SEP 17 FRI</strong> PRIVATE EVENT</td>
<td>Paul McKown 415-383-2774</td>
<td></td>
</tr>
<tr>
<td><strong>SEP 18 SAT</strong> LEADERSHIP MEETING</td>
<td>Board of Directors at 2pm</td>
<td></td>
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<tr>
<td><strong>SEP 18-19 SAT-SUN</strong> HIKE WEEKEND</td>
<td>See Hiker's Weekend Box.</td>
<td></td>
</tr>
<tr>
<td><strong>SEP 19 SUN</strong> SOUP &amp; SALAD</td>
<td>4pm  Marguerite Murphy will prepare a meal for those wishing to eat a bite before heading home after a day of hiking (non-hikers welcome). Cost $10, includes soup, salad, bread, dessert. BYOB. Call Marguerite at 415-675-9889 or email (preferred) <a href="mailto:mcm00@pacbell.net">mcm00@pacbell.net</a>. Limit 25 for dinner.</td>
<td></td>
</tr>
<tr>
<td><strong>SEP 20-21 MON-TUES</strong> CRAFTING WORKSHOP</td>
<td>Mary Jane McKown 415-383-2774</td>
<td></td>
</tr>
<tr>
<td><strong>SEP 28 TUES</strong> SIERRA CLUB BBQ</td>
<td>Mary Jane and Paul McKown 415-383-2774</td>
<td></td>
</tr>
<tr>
<td><strong>OCT 1-3</strong> FRI-SUN FEDERATION OF WESTERN OUTDOOR CLUBS CONFERENCE</td>
<td>Partnerships for the West: Protecting Public Lands in an Era of Climate Change. All members are invited. Schedule and program details to follow. Contact: Mae Harms at 530-333-1058</td>
<td></td>
</tr>
<tr>
<td><strong>OCT 7 THUR</strong> MID WEEK WORK PARTY</td>
<td>Coordinator: Eva Libien 9am to 3pm Lunch will be served. Overnight possible. Call Eva at 415-383-5184 to RSVP.</td>
<td></td>
</tr>
<tr>
<td><strong>OCT 7-9 THUR-SAT</strong> PRIVATE EVENT</td>
<td>Tunzi-Bromley Family Reunion.</td>
<td></td>
</tr>
<tr>
<td><strong>OCT 15-16 FRI-SAT</strong> HOST TRAINING</td>
<td>Reservations contact: Hardy Dawainis 415-461-4431 <a href="mailto:hdawainis@comcast.net">hdawainis@comcast.net</a> or any Alpine Lodge Trustee. Donations $25 ($30 per couple)</td>
<td></td>
</tr>
<tr>
<td><strong>OCT 16-17 SAT-SUN</strong> HIKE WEEKEND</td>
<td>See Hikers' Weekend Box.</td>
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<tr>
<td><strong>OCT 17 SUN</strong> LEADERSHIP MEETINGS</td>
<td>BoD 2pm, Quarterly membership meeting 3pm. Dinner following. Everyone welcome.</td>
<td></td>
</tr>
<tr>
<td><strong>DEC 2 THURS</strong> WORK PARTY</td>
<td>Contact Alpine Lodge Trustees</td>
<td></td>
</tr>
<tr>
<td><strong>DEC 4</strong> SAT</td>
<td>MTIA DINNER</td>
<td></td>
</tr>
<tr>
<td><strong>DEC 7</strong> TUES</td>
<td>HIKE'S LUNCHEON</td>
<td>Mary Jane McKown 415-383-2774 <a href="mailto:mjmckown@gmail.com">mjmckown@gmail.com</a></td>
</tr>
<tr>
<td><strong>DEC 11 SAT</strong></td>
<td>CAC HOLIDAY DINNER</td>
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<tr>
<td><strong>DEC 12 SUN</strong></td>
<td>CAC CHILDREN'S PARTY</td>
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<tr>
<td><strong>DEC 18-19 SAT-SUN</strong> HIKE'S WEEKEND</td>
<td>See Hiker's Weekend Box.</td>
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<tr>
<td><strong>JAN 1</strong></td>
<td>HIKE TO TOP OF TAM</td>
<td></td>
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<tr>
<td><strong>JAN 6 THURS</strong></td>
<td>WORK PARTY</td>
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<tr>
<td><strong>JAN 6 THURS</strong></td>
<td>WORK PARTY</td>
<td></td>
</tr>
<tr>
<td><strong>NOV 4 TURD</strong> MIDWEEK WORK PARTY</td>
<td>Coordinator: Hardy Dawainis 9am to 3pm Lunch will be served. Overnight possible. Contact: Hardy at 415-461-4331 <a href="mailto:hdawainis@comcast.net">hdawainis@comcast.net</a></td>
<td></td>
</tr>
<tr>
<td><strong>NOV 6 SAT</strong></td>
<td>CACF ANNUAL MEETING</td>
<td></td>
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<tr>
<td><strong>NOV 10-12 WED-FRI</strong> PRIVATE EVENT</td>
<td>Wastewater Management Group Sacramento.</td>
<td></td>
</tr>
<tr>
<td><strong>NOV 20-21 SAT-SUN</strong> HIKE WEEKEND</td>
<td>See Hiker's Weekend Box.</td>
<td></td>
</tr>
<tr>
<td><strong>NOV 20 SUN</strong></td>
<td>LEADERSHIP MEETING</td>
<td></td>
</tr>
<tr>
<td><strong>NOV 25 THURS</strong></td>
<td>THANKSGIVING DINNER</td>
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</table>

**EVERY SUNDAY OPEN HOUSE**

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.

**HIKERS’ WEEKENDS**

Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, $12. Overnight $18, breakfast Sunday, $5; guests are $5 additional.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

**EVENT RESERVATIONS:** Contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count.

**VIEW THE UP-TO-DATE ALPINE EVENT CALENDAR:** Go to http://calalpineclub.org under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.

**TO SCHEDULE AN EVENT:** For a private member event or a Club function, please leave a message with your request, name, email, and phone number at alpinelodge1@yahoo.com or call 415-381-4975. A volunteer will contact you and assist you in booking the event.

**WATCH FOR UPDATES IN FUTURE ISSUES OF TRAILS!**
ON THE ENVIRONMENTAL FRONT

It’s always nice to hear from those we’ve supported with grants. Sierra State Parks Foundation’s Marguerite Sprague thanks us with a quote from Baba Dioum: “In the end we will conserve only what we love; we will love only what we understand; and we will understand only what we are taught.” Ken McIntire of San Bruno Mountain Watch is using our help to restore rare plants that are often overlooked due to concern for endangered butterflies. Most of the teen participants using the 12 new internal frame backpacks we financed for Point Reyes National Seashore Association, according to Mark Bartolini, “are the first member of their family to visit a national park, and none of them have had the opportunity to take a wilderness backpacking trip.” The removal of invasive radish at Marin Audubon Society’s Bahia property has been successful and they are now trying to colonize native vegetation. Pacific Coast Trail Association sends us a photo of a work party we supported…

The price of success, take two. Marin Co. water demand has continued to drop—by 15% in the last 18 months—and in spite of last spring’s 9.8% rate hike, Marin Municipal Water District is freezing new hires, deferring maintenance where possible, even (temporarily?) shelving their studies of desalination. This latter subject will be addressed by two proposals on the Marin Co. fall ballot: both require majority approval in a general election for construction of desalination facilities, but one bans and the other (sponsored by MMWD) permits continued study of the process…

Lake Tahoe’s latest threat is the New Zealand mud snail, first discovered back in May on a boat near Meyers. Small (1/8 inch) but tough, able to reproduce parthenogenetically, also to live 24 hours without water and up to 50 days on moist surfaces, these snails can propagate copiously and mass in high densities that will exacerbate the harm already being wrought by Quagga and Zebra mussels. Bottom barriers—pond liners that suffocate any organisms underneath—are being experimented with to control these noxious species, and this summer two half-acre barriers were installed near Marla Bay and Lakeside Marina…

David Grisman Quintet will help Slide Ranch celebrate its fortieth birthday on Thursday, September 30. This benefit dinner and show isn’t inexpensive, but Grisman is always a musical delight, and proceeds will support nature and garden education programs for inner-city kids. Contact talia.kirschner@slideranch.org or call (415) 381-8758 for info and reservations…

American bullfrog tadpoles have been discovered in Corte Madera Creek. Now only two to five inches long, these invasive (from the East Coast) critters metamorphose into eight-inch predators that eat anything they can fit into their large mouths. Particularly threatened are western pond turtles, steelhead trout, and red-legged frogs. Herpetologists are being consulted about control options, but Parker Pringle in Creek Chronicles, bi-annual newsletter of Friends of Corte Madera Creek Watershed, says that the California Department of Fish and Game currently lacks even a permitting process for official population control programs…

Thanks again and again to those who came out and made our art/jazz benefit so successful back in June. We had fun and raised $1300 for your CAC Foundation. We’ll try to make our annual Conservation dinner—Saturday, November 6—as entertaining and informative. More on that next month. Keep me posted at dsolbach@gmail.com.

— David Solbach, CACF Board Member

The CAC Foundation’s grant to the Pacific Crest Trail Association helped support this volunteer trail maintenance project.

Photo by Arlin Weinberger
JULY 1ST WORK PARTY

This work party may well be remembered as the Windows Work Party. At one time or another almost everyone put in time washing windows inside and out from the Social Hall to the front door. Special credit goes to Annemarie Volegeding, Eva Libien, Jean Rodgers, Marguerite Murphy, Roger Diehnel, and Hardy Dawainis for putting their elbows and shoulders in jeopardy due to excessive repetitive motion. Jennie Bruyn and Birgit Maass took on the job of laundering all the bed linens and small rugs in the Tam Building. Ernie Pitz, Paul McKown, and Tony Smith worked on problem solving irrigation and other issues. Maureen Green, assisted by Bonnie Blackhaller and Mary Jane McKown served a festive lunch on the deck at tables shaded by broad umbrellas, a very pleasant respite to a very successful work party.

— Jean Rodgers, Alpine Trustee

SUNDAY, JULY 11TH WORK PARTY

The July 11th Alpine Lodge Work Party, under the direction of Roger Diehnel, ran into stiff competition from the World Cup—Spain vs. The Netherlands. Our stalwart male volunteers sacrificed ring-side TV seats at home to come to the lodge to fix irrigation problems, haul firewood to the basement, and caulk holes on the side of our building. Thanks to Tom McNicholas, David Rogers, and Roger for turning out to keep the home fires burning and a roof over our heads. That’s not to say the women wouldn’t have watched the World Cup too, but, aside from housekeeping matters, their main goal (no pun intended) was to get cook Margaret Ballou’s unusual and savory lunch on the table. Thanks to Rani Devadasan, Jean Rodgers, and Delinda Nicolet (on duty as the Sunday Innkeeper) we all shared a delicious, relaxing meal and good conversation.

— Jean Rodgers, Alpine Trustee

THE WONDERFUL AUGUST 5TH WORK PARTY

This Work Party was filled with wonder. The first wonder was: I wonder what job I should sign up for since the lodge is immaculately clean. Tony Smith left the lodge so “move-in” ready after his rental that we had to look hard to find something he left for us to do. The result was a spectacular variety of self-selected, individually initiated projects in the true spirit of CAC volunteerism. People spread out over the lodge and Tam building spotting things to tackle that were just a bit out of the ordinary.

The second wonder was: I wonder when the load of firewood for us to stack will arrive. The load of wood did arrive, not only once, but THREE times, thanks to Paul Vermef. The wood is all hauled and stacked and ready for any eventuality this winter.

The third wonder was: I wonder what time lunch will be served. Work was moving along well (two loads of wood were hauled and stacked before lunch), so we ate at noon instead of one o’clock. That meant when the chores were finished Alpiners had time for a brief hike or afternoon time for themselves.

Many thanks to all the wonderful volunteers who helped leave the lodge in such good order:

Erland Jensen, Ellen Carlo, Geri Gottbrath, Anita Jorge, Susan Head, Bonnie Blackhaller, Sally Hernandez, Ernie Pitz, Nuala Caulfield, Dorothy Aksamit, Marguerite Murphy, Tony Smith, Nancy Herman, Jean Rodgers, Hans Schilling, Maureen Green, Reuven Segev, and Roger Diehnel.

— Jean Rodgers, Alpine Trustee

CAC OUTINGS

FREE OPERA—SEPTEMBER 24

Take me out to the opera—Sept. 24th at 8:00 PM AT&T Park, SF. Free Simulcast of Giuseppe Verdi’s Aida with Music Director Nicola Luisotti. Visit http://sfopera.com/simulcast and click free events to assure early entrance and advance registration. Enjoy popcorn, hot dogs and opera. We went last year and it was a beautiful evening. Take public transportation or carpool and enjoy this free event. Contact Carol Bodtker 23 Ashland Dr., Novato, CA 94949. cbpostme@Gmail.com.

HARVEST GRAPE STOMP—SEPTEMBER 25

Twin Peaks Casino & Hotel. Great barbecue lunch with desert and wine pairing for only $25. Designated drivers $20 with soft drinks provided. Lucy Look-A-Like Contest Grape Stomping Contest Rock & Roll Band Silent Auction

Remember the episode where the “I Love Lucy Show” stomped grapes? This is your chance to actually get your feet in a barrel of grapes and see what it’s like to stomp. You don’t have to participate in the contest or stomp, but they have great prizes. Location is Middletown (approximately 30 min. from Calistoga) on the grounds of the Twin Pines Casino & Hotel. Gambling available if so inclined. Hotel package can be arranged. Come try something different and be prepared for a day of laughs from 12:00 to 5:00pm. Reservations required by Sept. 10th. Send checks to Carol Bodtker, 23 Ashland Dr., Novato, CA 94949. Advise if you want to stomp (two people per barrel). cbpostme@Gmail.com.

Directions from #101 heading north. At Santa Rosa take River Rd. exit. Go right to Calistoga. Turn into Mark West Springs Rd. and continue for seven miles. At stop sign turn left onto Petrified Forest Rd. Continue five miles until you come to a three way stop and turn left for half a mile. Now you’re on Hwy #29. Go over Mt. St. Helena for 12 miles. From the base of Mt. St. Helena, Twin Pines is approximately 4 miles on left side.

— Carol Bodtker, Outings

SEPTEMBER 2010 TRAILS 7
**ECHO SUMMIT LODGE HOST SCHEDULE**

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum $15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

---

**Phone Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com

Echo Lodge Telephone 530-659-7274

**Winter Hosts:** It is prime time to plan your Winter/Spring 2011 host events at Echo Lodge. Private Events are also available mid-week Jan-Mar and any days Apr-Jun as well as October 1-December 19th, excluding Thanksgiving week. Give me a call or send an e-mail to let me know your preferred times.

**Note:** I will be away from Aug 31-Sept 25, so during that time contact Jim Nixon at 650-756-7771 or jmnixon2000@yahoo.com with calendar requests.

Also, our next Host Appreciation & Training session is October 8-10. If you need to renew your training, as required every 3 years, or would like to become a trained host, please contact me.

**All CAC Members:** We have a LOT of work to do at the Fall Work Party to get the lodge ready for the coming snow season. The festivities start on Friday, Sept. 17th, and end on Monday, the 20th. We could sure use your help and it will be a lot of fun! Contact Trustee Jim Nixon at 650-756-7771 or jmnixon2000@yahoo.com to sign up.

The next Echo Lodge Trustees’ Meeting will be Saturday, October 17th, 10 am at Ray Sommer’s home. Contact Ray at 415-472-1229 if you would like to attend.

**Problems or concerns** about Echo Summit Lodge? Contact Jim Nixon at 650-756-7771 or jmnixon2000@yahoo.com. Discussions will, of course, be kept confidential.

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**Echo Summit Lodge Fall/Winter Schedule:**

<table>
<thead>
<tr>
<th>Session</th>
<th>Date</th>
<th>Private Event</th>
<th>Host</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>SEP 2-7 THURS-TUES</td>
<td>LABOR DAY WKND/COOP MEALS</td>
<td>Tony Smith 925-933-2403</td>
<td>2345 Tice Creek Dr. #4, Walnut Creek, CA 94595</td>
<td><a href="mailto:joanette-tony@sbcglobal.net">joanette-tony@sbcglobal.net</a></td>
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<tr>
<td>SEP 7-10 TUES-FRI</td>
<td>AVAILABLE FOR TRAINED HOSTS</td>
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<tr>
<td>SEP 10-12</td>
<td>PRIVATE EVENT</td>
<td>Lee Yamada &amp; Phyllis Cole 831-438-5749</td>
<td>Maureen Smith 650-697-3846</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SEP 17-20</td>
<td>FALL WORK PARTY</td>
<td>Jim Nixon 650-756-7771</td>
<td>Reservations: Jim Nixon 650-756-7771 or <a href="mailto:jmnixon2000@yahoo.com">jmnixon2000@yahoo.com</a></td>
<td></td>
<td></td>
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<tr>
<td>SEP 24-26</td>
<td>OKTOBERFEST</td>
<td>Jayma Brown &amp; Allan Lindberg 510-237-0231</td>
<td>Mary Martin &amp; Barbara Crockett 650-697-7403</td>
<td></td>
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<tr>
<td>OCT 3-8</td>
<td>AVAILABLE FOR TRAINED HOSTS</td>
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<td></td>
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<tr>
<td>OCT 17-20</td>
<td>FALL FOLIAGE HIKES</td>
<td>Jim Mangiante &amp; Barbara Crockett 650-697-7403</td>
<td><a href="mailto:foxtails@pacbell.net">foxtails@pacbell.net</a></td>
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</tr>
</tbody>
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**CLEANING AND DISHWASHING SERVICE FOR ALPINE LODGE**

Judy Key-Dominguez now has insurance and appropriate paperwork to be a service contractor. She is very familiar with the Lodge and is available for cleaning before or after member or CAC events.

Judy’s rates are $25/hour with a 4 hour minimum. She will provide an invoice specifying her time and brief description of work done. Judy will be paid directly by the event coordinator. Judy can also offer a flat fee for a full cleaning of one or both buildings. For Alpine Lodge events, a copy of the invoice must be sent to the Alpine Lodge treasurer Melanie Facen.

Judy’s cell phone is 1-415-497-5108. Her home phone is 1-415-888-8352. Her email address is jkd4girl@comcast.net, but she does not check email frequently.

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— Cindy Toran, Echo Summit Lodge Trustee

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**Watch for updates in future issues of TRAILS!**

— Cindy Toran, Echo Summit Lodge Trustee
The Hikers’ Week at Echo hosted by Eva Libien and Nicole Roche was a big success. We had 22 intrepid “youngsters” in attendance. The week was advertised as a “co-op” week. We had gourmet meals prepared by world class chefs and their entourage of sous chefs. Every day club members and guests chose what they wanted to do. Two classes of hikes were offered daily by the Hike Coordinator extraordinaire, Ruth Tretbar. So, some people hiked, some went bicycling, some went fishing, and some chose to hang out. The members who contributed in making the week so successful were (in order of their cameo appearance): Innes Bergman, Jennie Bruyn, Joan Casey, Arnold Champagne, Hardy Dawaiinis, Melanie Facen, Margrit Gonzalez, Naomi Hanson, Pascale Leroy, Renee Powers, Hans Schilling, David Solbach, Phyllis Sorensen, Ruth Tretbar, and Dolores Welsh. Naomi also brought her husband, Phyllis brought her sister, and Joan brought two guests, a delightful couple from Bellingham, WA, to enjoy the beautiful scenery at Echo Lodge and its surroundings. Arnold spent most of his days fishing and kayaking and offered his catch to us “served on a platter” the last evening. Each and every attendee was instrumental in making this hikers’ week both enjoyable and memorable.

— Eva Libien, Alpine Lodge Trustee, and Nicole Roche

PHOTOS OF HIGH TRIPS IN 1946

1946 High Trip Alan & Bert Critcher Big Horn Plateau

Photos by Vern West

1948 High Trip - Dr. Budd Smith Budd Lake
PHOTOS OF HIGH TRIPS

IN 1946

Please send articles for the October issue of TRAILS to editor, Catherine Theilen at theilen@sbcglobal.net, or via mail to 579 Lisbon Street, San Francisco, 94112. Telephone # is 415-337-9140.

Catherine should receive articles for the September issue no later than September 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the November 2010 issue of TRAILS will be Vicki Olds at voids@studioreflex.com.

Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact Helena Troy at hmtroy@aol.com.

— Helena Troy, Publishing
FUTURES “COMMITTEE” REPORT

To you over 600 committed folks, THANK YOU VERY MUCH for seeing us through some tough times! Many clubs, from the Sierra Club to the Rotarians, are seeing a decline in membership due to the recession. The CAC is no different. Even though the CAC is now in the black financially, we still need to grow in order to recover reserves and move forward.

Sadly, some of our best people are unable to be active due to illness, and some have moved on to other activities, so we have a shortage of folks who are really active. We need new members and Lodge and event policy changes.

The Board and Officers are open to all ideas; please let them know your thoughts on how to make a more streamlined and vibrant CAC.

Ideas already on the table:

• Art Ewart suggested that each member try to bring one new person to a CAC function. They would already have one sponsor; all they need to do is meet sponsor number two.

• Nell Fraser had lots of ideas, such as advertising our Club’s Lodges and events, and making events easier on those few who do the most work. We now have “business” cards to give to potential new members - friends and hikers. Pick up business cards at the Lodges, or contact Tony at joanne-tony@sbcglobal.net.

• Ann Meneguzzi felt that we should send a letter or email to those members who dropped out, stating the policy on rejoining, reminding them of the good times they have had at the Club, and that the Club would welcome them back.

• Helena Troy suggested a company that will send an email newsletter once a month, to supplement a bi-monthly TRAILS, and Greg Farber is developing another service that provides emailed newsletters.

• Greg Farber and James Higgins are involved with website improvement, and Jamie Watson is awaiting Board approval on a design revamp of our website to bring it up to speed.

• Howard Ortman is working on OPEN HOUSE SUNDAY with signage to be put out on Panoramic Highway announcing the event.

• New brochures have been suggested for the CAC Applications and Green Sheets.

• We continue to need photos for the website and TRAILS.

• Alpine Lodge should welcome bicyclists.

All in all, this is an exciting time to formulate the changes necessary to make your California Alpine Club better than ever. Join us!

— Tony Smith

CAC QUARTERLY DINNER
SUNDAY, OCTOBER 17TH

Join us for a fun Fall supper welcoming new members to our club. Following the Quarterly Meeting on Sunday, October 17th, Selma Bomfin, our chef, will prepare a delicious main course; Bill Pung and Dennis Ziebell will top off the meal with some of their sweet creations. The cost for dinner will be $20.00 per person.

Happy hour will begin following the meeting (around 4pm); dinner will be served 5:30-6:00pm. We would appreciate contributions of appetizers, and we need help setting up dinner tables following the meeting, clearing tables after dinner, washing dishes and cleaning up the kitchen following the event. Please call Sue Karp at 415-927-3221 or email Sue at suekarp@prodigy.net if you can volunteer in one of these areas.

To secure your reservation for this event, mail a check payable to Sue Karp, 115 Madrone Avenue, Larkspur, CA 94939, to be received by Thursday, October 14th. A no-host overnight is available for those who would like to stay (members - $18., associate members - $23.).

We look forward to seeing you at the Alpine Lodge for this special event.

— Sue Karp and Jennie Bruyn
California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live, and to strengthen a sense of community among our members.

Officers:
President Mae Harms 530-333-1058 maeharms@mindspring.com
Vice President Jennie Bruyn 415-456-1877 jenniellbruyn@yahoo.com
Secretary Anne Good 510-526-6792 ahgood@sbcglobal.net
Treasurer Dennis Ziebell 415-864-4889 dzbp@aol.com
Registrar Stefan Berlinski 831-325-6215 alpineregistrar@att.net

Board of Directors:
Arthur Ewart 707-481-2432 artewart@gmail.com
Graham Forder 415-827-4748 gijo99@yahoo.com
Nell Fraser 925-934-9039 nellfraser@yahoo.com
Ann Meneguzzi 209-931-3423 tmlann@hotmail.com

Past President ’08 John Hannum 707-525-8108 JRHannum@sbcglobal.net
Robert Piper 510-849-4134 piperrr@alum.mit.edu

Committee Chairpersons:
Conservation Tony Smith 925-933-2403 joanne-tony@sbcglobal.net
Education VACANT
Finance Carroll Pearson 408-736-9403 pearsoncmp@aol.com
Historian Verna West 650-854-6349 99swest@earthlink.net
Membership Sarah Dove 707-528-7289 sarah.dove@sonoma.edu
Outings Carol Bodtker 415-884-0850 cbbiker@sbcglobal.net
Parliamentarian VACANT
Publications Helena Troy 415-492-9576 hmtroy@aol.com
Sunshine Valerie Nelson 831-688-1524 valalen@cruczio.com
Social Activities Charlene Schmidt 925-962-1916 charli04@aol.com
Youth Activities VACANT

Alpine Lodge Trustees:
Alpine Chair Roger Diehn '13 415-924-5519 rdiehn@hotmail.com
Hardy Dawains '12 415-461-4431 hdawainsis@comcast.net
Eva Libien '11 415-383-5184 elibien@yahoo.com
Arnold Champagne '11 415-282-1704 arnoldchampagne@yahoo.com
Jeanette Rodgers '13 415-435-9383 jrodg1218@aol.com

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Alpine Treasurer Melanie Facen 415-492-0470 mfacen@sbcglobal.net
Alpine Calendar Tony Smith 650-207-1619 alpinelodge1@yahoo.com
Alpine Accommodations Reservations 415-381-4975 alpinelodge1@yahoo.com

CAC Committee Coordinators For Alpine Lodge:
Innkeeper Coordinator Selma Bomfim 415-381-4676 selmabomfim@hotmail.com
Hike Coordinator Pauline MacDonald 415-381-2870 luddite48@comcast.net

Echo Summit Lodge Trustees:
Echo Chair Jim Nixon ’12 650-756-7771 jimnixon2000@yahoo.com
Cindy Toran ’13 707-539-4396 toranskii@yahoo.com
Tom Coleman '11 707-992-0650 travmcegee@comcast.net
Edie Nelson ’11 831-423-5576 ediesforyth@hotmail.com
Ray Sommer '12 415-871-2249 erstock@pacbell.net

CAC Foundation Directors
CACF President Arlin Weinberger 415-444-0611 acwein@earthlink.net
Bill Meneguzzi 916-213-3246 bill.meneguzzi@gmail.com
Tony Smith 925-933-2403 joanne-tony@sbcglobal.net
David Solbach 415-565-1170 ddsolbach@gmail.com
Reuven Segev 415-479-7682 reuven.segev@comcast.net

TRAILS is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Catherine Thelen Burke, Anita Cabrera, Michael Larsen, Tom Mahood, Vicki Olds, Dan Schoenholz, Bob Sturm and Helena Troy.

Contributors this issue: Carol Bodtker, Selma Bomfim, Jenny Bruyn, Hardy Dawains, Sarah Dove, Anne Good, Mary Frey, Mae Harms, Sue Karp, Pauline MacDonald, Carroll Pearson, Jean Rodgers, Tony Smith, David Solbach, Ruth Tretbair, Cindy Toran, and Verna West.

Correspondence: Please address correspondence concerning this publication to: Mae Harms, 5941 Garden Park Dr. Garden Valley, CA 95633-9514.
CAC Website: http://calalpineclub.org

CAC members are not alone in loving nature and the companionship of like minded people recreating in nature. One of the valuable alliances we have been a part of in support of conservation is the Federation of Western Outdoor Clubs, “established in 1932 for the mutual service and the promotion of the proper use, enjoyment and protection of America’s scenic wilderness and outdoor recreation resources.” We were one of the charter members. If you look at the fireplace in our Alpine Hall you will see stones with the names of many of these clubs.

FWOC has held annual conferences for seventy-eight years in a Western state. The seventy-ninth conference is being held at Alpine Lodge, October 1, 2 and 3. The theme this year is Partners for the West: Protecting Public Lands in an Era of Climate Change.

My first encounter with FWOC was when I became the Conservation Chair for CAC and Win Hayward asked me to attend the FWOC convention, as they were called then, at Echo Lodge and be CAC’s voting delegate. To be honest, I thought it was my duty, but really sitting around listening to stuff for two days seemed more than I wanted to do. I was blown away with the caliber of the presenters and their commitment. I have been hooked on the annual FWOC conferences ever since. Idaho, Washington, Oregon and California offered places to partake of what makes each place so special. We never meet in the midst of a big city.

I hope the publicity about this conference has reached you already and you have made your reservation. You will have the opportunity to absorb the amazing knowledge of these fabulous presenters and partake of good food prepared by Alpine cooks. If you haven’t registered yet, but are interested now, there is still room for a few more. If you don’t want more than a day’s worth, Saturday is the main day. I am taking the reservations so contact me at 530.333.1058 or maeharms@mindspring.com.

My gratitude and thanks to Nuala Caulfield, Eva Libien, Mary Jane McKown, Bill Pung and Dennis Ziebell for all of the help they have provided to make it possible to host the Federation of Western Outdoor Clubs at Alpine Lodge.

— Mae Harms, President
MEMBERSHIP REPORT

New Member – August 2010

Anita Jorge - regular member
2005 Marsh Road
Santa Rosa, CA 95403-2429
707-542-6350
dance442@yahoo.com
Sponsors: Mary Frey and Susan Head

Joe Fay & Becky Sandman - Joint Members
1448 Garrett Court
Rohnert Park, CA 94928-4806
707-588-8456
joefay@comcast.net
Sponsors: Anthony Smith and Arnold Champagne

— Sarah Dove, Membership Chair

CHILDREN’S HOLIDAY PARTY
SUNDAY, DECEMBER 12, 2010

To all three generations of Alpiners: Come join us for the Children’s Holiday Party, Sunday, December 12 from 2-5pm. Tim Cain, a wonderful guitarist, and a balloon lady will be there to entertain the children. The club will provide the beverages, ham and rolls. All participants should bring a favorite family dish to share. Cost is $15 per family.

Don’t forget to bring a wrapped gift for your child with the name clearly written on top. Santa Claus will come for a visit with us and give each child his or her own gift.

You are welcome to ask a neighbor family to this CAC event. We would like more children to attend. Hopefully attending this event might lead to membership for the family.

Sign up with Mary Frey by sending her your check. Please state how many people are in your family group. Please let Mary know if you can help before or after the party. Contact her by phone or email if you have any questions. Her address is 100 Thorndale Drive, Apt#251, San Rafael, CA 94903; Phone 415-492-2510; Email is Marymaryhiker@aol.com.

— Mary Frey

BOARD OF DIRECTORS & QUARTERLY MEMBERSHIP MEETINGS

Sunday, October 17, 2010
Board of Directors Meeting, 2pm
Quarterly Membership Meeting, 3pm

Saturday, November 20, 2010
Board of Directors Meeting, 2pm

December 2010 – No Board or Membership Meetings

Sunday, January 16, 2011
Board of Directors Meeting, 2pm
Quarterly Membership Meeting, 3pm

Saturday, February 19, 2011
Board of Directors Meeting, 2pm

Saturday, March 19, 2011
Board of Directors Meeting, 2pm
Annual Meeting, 3pm
Award Dinner, Time to be announced

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms

FOUNDATION FUN, FOOD, WINE AND THOUGHT

Your California Alpine Club Foundation invites you to join us on Saturday, November 6, for our annual meeting and dinner. Jazz will accompany Happy Hour at 4:30pm and a gourmet dinner (including your preferred beverage) will be provided by Tony Smith at 5:30. After dinner meet Joanne Danielson, the new Marin Sector Superintendent of State Parks. Larry Minikes will address the subject of mountain bikes. All for a modest donation (tax deductible) of $25. Contact Renee Powers at (415) 648-4940 or reeneespowers@comcast.net for reservations.

— Dave Solbach

CHRISTMAS DINNER HOST REPLACEMENT NEEDED

Bonnie Radest would like someone to take over hosting the Christmas Dinner this year. Please contact her at bonhike@comcast.net or 415-897-0227. Bonnie has been doing this for the past four years and now it is time for someone else to take over this fine CAC tradition.

— Bonnie Radest
ALPINE HIKE LEADER SCHEDULE
OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Name</th>
<th>Phone</th>
<th>Type</th>
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</thead>
<tbody>
<tr>
<td>Sunday October 3</td>
<td>9:30 AM</td>
<td>Carol Bodtker</td>
<td>415-884-0850</td>
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<td>Sunday October 10</td>
<td>9:30 AM</td>
<td>Graham Forder</td>
<td>415-827-4748</td>
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<tr>
<td>*Saturday October 16</td>
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<tr>
<td>*Sunday October 17</td>
<td>9:30 AM</td>
<td>Taren Hamilton</td>
<td>415-378-4240</td>
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<td>Sunday October 24</td>
<td>9:30 AM</td>
<td>David Solbach</td>
<td>415-563-1170</td>
<td>2B</td>
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<tr>
<td>Sunday October 31</td>
<td>9:30 AM</td>
<td>Jordan Hermann's</td>
<td>510-528-7894</td>
<td>2B</td>
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<tr>
<td>Sunday November 7</td>
<td>9:30 AM</td>
<td>Howard Ortman</td>
<td>415-456-5912</td>
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<tr>
<td>Sunday November 14</td>
<td>9:30 AM</td>
<td>Pauline MacDonald</td>
<td>415-381-2870</td>
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<td>*Saturday November 20</td>
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<tr>
<td>*Sunday November 21</td>
<td>9:30 AM</td>
<td>Ann Good</td>
<td>510-526-6792</td>
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<td>Sunday November 28</td>
<td>9:00 AM</td>
<td>Bill Mayers</td>
<td>415-785-3516</td>
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<td></td>
<td>9:30 AM</td>
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<td>Sunday December 5</td>
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<td>Sunday December 12</td>
<td>9:30 AM</td>
<td>Anne Good</td>
<td>510-526-6792</td>
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<td>*Saturday December 18</td>
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<td>Sunday December 26</td>
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<tr>
<td>Saturday January 1, 2011</td>
<td>9:30 AM</td>
<td>Jennie's New Year Champagne Hike</td>
<td>415-456-1877</td>
<td>2B</td>
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If you would like to lead a hike currently shown as open, please call Pauline MacDonald (415-381-2870).

Hike Coordinator: Pauline MacDonald, at 415-381-2870 or luddite48@comcast.net

IMPORTANT!
RAIN CANCELS

ALL SUNDAY 2B HIKES BEGIN AT 9:30 AM (7-10 MILES AND UP TO 2000 FT. ELEVATION GAIN).

ALTERNATE LEVELS OF SUNDAY HIKES ARE SOMETIMES OFFERED IN ADDITION TO THE 2B HIKE AND MAY HAVE A DIFFERENT START TIME. CHECK THE SCHEDULE.

For Saturday Hikes on Hikers’ Weekends (3rd weekend of each month), see schedule to the left for leader, rating and time. The hikes may be faster and/or harder than Sunday’s 2B hikes. The Lodge will be open briefly before start of hikes.

IF YOU WOULD LIKE TO LEAD A HIKE CURRENTLY SHOWN AS OPEN, PLEASE CALL PAULINE MACDONALD (415-381-2870)

NOTES: All hikes initially convene at the Alpine Club, however hikes may then reconvene at a trailhead of hike leader’s choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

CAC OUTINGS

TOUR THE MARIN RECYCLING & RESOURCE RECOVERY CENTER, SAN RAFAEL OCTOBER 25

This tour takes approximately 90 minutes and begins at 10:00am from 535 Jacoby Street in San Rafael. Allow time to find parking on the street. We’ll start in the classroom and then take a walking tour of the recycling center to see the sorting process, recovery center and the Flying Can Ranch (where the pigs, peacocks and chickens reside). At the end we’ll know the 4R’s… reduce, re-use, recycle and rot. This recycling center saves Marin County 70% of their garbage from going to the landfill. Please make reservations by October 13 by contacting me at cbpostme@Gmail.com. If we don’t have at least 10 participants, the tour will be cancelled.

— Carol Bodtker, Outings

ALPINE LODGE SUNDAY INNKEEPERS

<table>
<thead>
<tr>
<th>OCTOBER</th>
<th>NOVEMBER</th>
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<tbody>
<tr>
<td>03</td>
<td>Jerold Rosenberg</td>
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<td>Sally Hernandez</td>
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<td>Diane Smith</td>
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<td>24</td>
<td>Stuart &amp; Jeanne Bacon</td>
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— Selma Bomfim, Innkeeper Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED. Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.
ALPINE LODGE EVENTS

OCT 1-3 FRI-SUN FEDERATION OF WESTERN OUTDOOR CLUBS CONFERENCE Partnerships for the West: Protecting Public Lands in an Era of Climate Change. All members are invited. Schedule and program details to follow. Contact: Mae Harms at 530-333-1058

OCT 7 THUR MID WEEK WORK PARTY Coordinator: Eva Libien 9am to 3pm Lunch will be served. Overnight possible. Call Eva at 415-383-5184 to RSVP.

OCT 7 SAT PRIVATE EVENT Tunzi-Bromley Family Reunion.

OCT 15-16 FRI-SAT HOST TRAINING Reservations contact: Hardy Dawainis 415 461 4431 hdawainis@comcast.net or any Alpine Lodge Trustee. Donations $25 ($30 per couple). See article on this page.

OCT 16-17 SAT-SUN HIKERS’ WEEKEND See Hiker’s Weekend Box.

OCT 17 SUN WORK PARTY Coordinator: Jean Rodgers 9am to 1pm (Note: usually 9 to 3. Changed due to Leadership Mtgs. See next entry). Lunch will be served. Overnight possible Call Jean at 415-435-9383  jrodg1218@aol.com

OCT 17 SUN LEADERSHIP MEETINGS BoD 2pm, Quarterly membership meeting 3pm. Dinner following. Everyone welcome.

OCT 22-23 FRI-SAT PRIVATE EVENT Howard Ortman

NOV 4 THUR MIDWEEK WORK PARTY Coordinator: Hardy Dawainis 9am to 3pm Lunch will be served. Overnight possible. Contact: Hardy at 415-461-4331 hdawainis@comcast.net

NOV 6 SAT CACF ANNUAL MEETING California Alpine Club Foundation Annual meeting and dinner. Contact Renee Powers at 415-648-4940, or reneepowers@comcast.net See article on Page 3.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective members. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.

View the up-to-date Alpine Event Calendar: Go to http://calalpineclub.org under the Members heading. You will need the CAC user ID and password, which can be obtained from any of the CAC leadership individuals.

To Schedule an Event: For a private member event or a Club function, please leave a message with your request, name, email, and phone number at alpinelodge1@yahoo.com or call 415-381-4975. A volunteer will contact you and assist you in booking the event.

HIKERS’ WEEKENDS Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, $12. Overnight $18, breakfast Sunday, $5; guests are $5 additional.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

ALPINE LODGE HOST TRAINING OCTOBER 15 AND 16

In our ongoing effort to make and keep our beautiful Lodge a welcoming place, we ask that all members who are planning to host an event, book the Lodge for a private event, stay at the Lodge for a period of time or enjoy a spontaneous overnight, attend our Host Training.

There is still time to join us for our October 15 and 16 Host Training. We will meet on Friday afternoon to share some information about our Lodge followed by a social get together before and after dinner. Please plan to stay overnight as we have an early breakfast on Saturday followed by familiarizing ourselves with the physical infrastructure of the buildings and learning how to plan and execute a successful event.

We are usually finished around 3:30 or 4:00pm. The club will provide you with three delicious meals and a copy of our Alpine Lodge Hosting Manual. A donation of $25 ($30 per couple) is requested. For Reservations, please contact Hardy Dawainis, Phone: 415-461-4431, E-mail: hdawainis@comcast.net.

— Hardy Dawainis, Alpine Trustee

OCTOBER 2010 TRAILS
Wild steelhead trout in the Central Valley will not be stripped of protected status, thanks to a decision by the Ninth Circuit Court. Earthjustice lawyers have derailed an effort by Central Valley irrigators to add rainbow trout counts to the few steelhead left, which would have removed protections for steelhead and allowed more water diversions from the Sacramento and San Joaquin rivers. And speaking of implacable vigilance, it’s not too late to contact savesbay.org to help them battle the Salt pond condos being promoted by Cargill and the Redwood City Council (and mentioned in this column back in April)…. Marin Agricultural Land Trust celebrates its 30th birthday with a new logo created pro-bono as part of a Taproot Foundation grant. More importantly, it has joined 104 other land trusts across the country (11 in California) in becoming accredited by the Land Trust Accreditation Commission. Congratulations! … How can you help? Advocates of Prop 21, a measure to add $18 to vehicle registration fees to support state parks, say “be ready to change your Facebook status to support Prop 21, send a message to 21 of your friends, go out to locations where there will be rallies/demonstrations for Prop 21—get involved!” Contact them at advocacy@calparks.org.

Alcatraz visitors versus seabirds is more complicated than you might think, according to a report by the National Parks Conservation Association. “Since 1975, growing populations of western gulls, Brandt’s cormorants, and other colonial seabirds have occupied large portions of the island, including developed areas that have historic structures.” Birds are nesting in areas that hamper tours and degrade structures, so the Park Service and the Golden Gate National Parks Conservancy have issued The Bird Conservation and Management Strategy for Historic Alcatraz Island. It recommends “that the park create a population model for each waterbird species to estimate population size, structure, and the carrying capacity of the island.” The Park service is also “investigating possible detrimental effects on the other colonial waterbirds from western gull predation to determine how to best manage these populations.” … Marin Municipal Water District Board of Directors is to be commended for its vote “to oppose Prop 23, which would suspend the implementation of the Global Warming Act (AB 32) until unemployment falls below 5.5 percent for four consecutive quarters. MMWD opposes Prop 23 because it would bring to a halt any statewide progress to regulate and reduce the sources of green house gas emissions.” The Directors seem to have permanently shelved desalination studies, but are still pushing the local measure that would allow them to reactivate them in the future… Check out agricultural architecture with Gael Erickson on Sunday, October 17. “Rove through historic Burleigh Murray Ranch to view the venerable Mills Dairy Barn. Built in the 1860s in the style of an English Lake County bank barn, it’s the only structure of this type in California. The foundation of the barn and other buildings (including an un-reinforced arched stone bridge) rely on Italian masonry techniques dating back to Roman times.” Info and reservations at greenbelt.org.

Join us November 6, Saturday, for our annual Conservation meeting and dinner. My Winter Solstice Band will provide jazz for happy hour at 4:30 p.m., dinner (including wine) by Tony Smith at 5:30, after which you’ll have the opportunity to meet Joanne Danielson, the new Marin Sector Superintendent of State Parks. Larry Minikes will address the subject of mountain bikes. A special mystery dessert by Dennis Ziebell and Bill Pung will close the event—all for a modest donation of $25. Keep me posted at dsolbach@gmail.com.

— David Solbach, CACF Board Member

ON THE ENVIRONMENTAL FRONT

SEPTEMBER 2 MIDWEEK WORK PARTY AT ALPINE LODGE

Eighteen intrepid volunteers braved the heat to attend our monthly mid-week work party under the able direction of Arnold Champagne. The major jobs to be accomplished, in addition to the usual cleaning and garden maintenance, were painting and caulking of window frames and doors in the main Lodge, and tree trimming.

Arnold lost no time in recruiting and instructing the painting crew. Hans Schilling caulked and primed the doors and window frames along the north wall. Linda Powers and Isabel Lenssen primed and finished the deck back doors and large windows along the deck inside and outside. Becky Sandman and Joe Fay finished the windows and west hall wall all the way to the top. Keith Bergman completed the cleaning, sanding, and priming jobs along the west wall despite a timeout to remove a rodent intruder (mouse).

Thanks to tree trimmers Karl Baeck, Bill Pung, and Hardy Dawainis, tall members no longer need a “heads up” warning when passing by a large tree along the path between the Lodge and the Tam building, and bushes no longer encroach along the path down to Old Pipeline Road.

Five volunteers ably accomplished the necessary housekeeping chores: Karl Baeck swept and damp mopped the social hall floor, Bob and Harriet McCue performed needed cleaning and dusting in the social hall, dining porch/solarium, and living room. Eva Libien cleaned the Tam Building bedrooms and bathrooms, while Joyce Rhodes vacuumed and dusted upstairs and removed cobwebs.

In the garden, Bill Pung trimmed the hedges, Dennis Ziebell performed a variety of gardening jobs as well as providing iced neck coolers for the outdoor volunteers, and Ruth Trebar and Anne Good weeded.

Sue Karp, ably assisted by Harriet McCue, Jean Rodgers, Joyce Rhodes, and Eva Libien cooked and served a delicious lunch enjoyed by all. After lunch a number of volunteers pitched in to help Sue and Eva with dishwashing and kitchen cleanup.

— Anne Good
ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum $15 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Winter/Spring Hosts: We need your help to keep Echo Lodge open for CAC members. Now is the time to plan your Winter/Spring 2011 host events at Echo Lodge. There are still lots of open times on the calendar, marked as Available for Trained Hosts in the schedule below. Private Events are also available mid-week Jan-Mar and any days Apr-Jun as well as October 1-December 19th, excluding Thanksgiving week. Give me a call or send an e-mail to let me know your preferred times. I will do my best to accommodate your requests. Also, our next Host Appreciation & Training session is October 8-10. If you need to renew your training, as required every 3 years, or would like to become a trained host, please contact me.

The next Echo Lodge Trustees’ Meeting will be Saturday, October 17, 10am, at Ray Summer’s home. Contact Ray at 415-472-1220 if you would like to attend.

Problems or Concerns about Echo Summit Lodge? Contact Jim Nixon at 650-756-7771 or jimmixon2000@yahoo.com. Discussions will, of course, be kept confidential.

Echo Summit Lodge Fall/Winter Schedule:

SEP 12-17 SUN-FRI PRIVATE EVENT
Maureen Smith 650-697-3846
SEP 17-20 FRI-MON FALL WORK PARTY
Reservations: Jim Nixon 650-756-7771 jimmixon2000@yahoo.com
SEP 24-26 FRI-SUN AUTUMN CELEBRATION
Mary Martin & Therese Briend 831-535-2354
343 Arthur Ave, Aptos, CA 95003
ind2swim@yahoo.com
SEP 27-30 MON-THURS PRIVATE EVENT
Dee Foote 408-255-6581
SEP 30-OCT 3 THURS-SUN PRIVATE EVENT
Tim Seeley 707-486-8288
OCT 3-OCT 8 AVAILABLE FOR TRAINED HOSTS
OCT 8-10 FRI-SUN FALL HOST TRAINING
Reservations: Cindy Toran 707-539-4396 toranski@aol.com

OCT 10-17 FRI-FRI FALL FOILAGE HIKES
Lin Mangiante & Barbara Crockett 650-697-7403
424 Hazel Ave, Millbrae, CA 94030
foxtails@pacbell.net

OCT 22-24 FRI-SUN OKTOBERFEST
Jayma Brown & Allan Lindberg 510-237-0231
525 32nd St, Richmond, CA 94804
jaymabrown@earthlink.net

OCT 29-31 FRI-SUN PRIVATE EVENT
Chris Bekins 707-874-2556

NOV 5-7 FRI-SUN PRIVATE EVENT
Janice Riccomini 408-725-7953

NOV 24-28 WED-SUN ARTISINAL THANKSGIVING ON ECHO SUMMIT
Join us for autumnal activities, music & song, homemade delights and turkey for all! Everyone is asked to bring a favorite dish to share. We’ll take care of the rest so no one leaves the table without dessert, nor the weekend without plenty of leftovers!
Vicki Olds & Jeri Merritt 415-221-2930
534 6th Avenue, San Francisco, CA 94118
production@studioreflex.com

DEC 10-12 FRI-SUN PRIVATE EVENT
Rebecca Suzanne 510-326-0790

DEC 13-JAN 7, 2011 AVAILABLE FOR TRAINED HOSTS
JAN 2-7 HOSTED EVENT (Limit 18) Edie Nelson 831-423-5576
edieforsyth@hotmail.com

JAN 7-9 FRI-SUN HOSTED EVENT Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
cl Clyde33301@comcast.net

JAN 9-13 SUN-THURS AVAILABLE FOR TRAINED HOSTS
JAN 13-17 THURS-MON YOUNG FAMILIES SNOW WKNKD
Joan Ryan & John O’Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

JAN 17-21 MON-FRI HOSTED EVENT Diane & Bruce Friend 510-654-4218
6124 Chabot Rd, Oakland, CA 94618
bifedf@comcast.net

OCT 23-28 SUN-FRI HOSTED EVENT (Limit 18) Edie Nelson 530-620-4364
linda-howard@mac.com

JAN 28- FEB 17 AVAILABLE FOR TRAINED HOSTS
FEB 13-17 HOSTED EVENT (Limit 18) Edie Nelson 530-620-4364
linda-howard@mac.com

FEB 17-21 THURS-MON INTERGENERATIONAL SNOW WKNKD
Joan Ryan & John O’Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

FEB 25-27 FRI-SUN HOSTED EVENT Tom Coleman 707-992-0650
travmcgee@comcast.net

FEB 27-MAR 20 AVAILABLE FOR TRAINED HOSTS
MAR 20-25 SUN-FRI HOSTED EVENT Shelly Navine & Bob Henry 707-829-3728
clyde33301@comcast.net

MAR 25-27 HOSTED EVENT Tom Coleman 707-992-0650
travmcgee@comcast.net

Watch for updates in future issues of TRAILS!

— Cindy Toran, Echo Summit Lodge Trustee
CAC BASE CAMP TRIP AT GREEN LAKE

Bob Hanson did it again! With the help of Carlos Miranda and Julie Batsel, 11 CAC members and friends spent five splendid days in August at Green Lake in the Eastern Sierras, just north of Yosemite Park. There were cross-country and peak bagging opportunities for the more adventurous and trail hikes to swimming lakes for the avid swimmers. The scenery was spectacular: rushing streams, colorful wildflowers, and sparkling blue lakes, with steep mountains rising above. Carlos was our chef, preparing great-tasting and abundant food. Julie played her backpacker’s guitar and led us in singing each night. Don Mueller, Bob’s friend from Southern California, told us stories of the old west. The lucky participants were Carlos’ adult children, Elena and Macy; Val Nelson and Allen Utterback; Don’s wife, Juana; Melanie Facen; Edie Nelson; Jean Rodgers; Ann Schubert; and Ruth Tretbar.

We had excellent packers - a father and daughter - who got us in and out in very good time and with good cheer. Julie led us in serenading them with cowboy songs as they unloaded our gear.

Many thanks to you Bob.

— Ruth Tretbar

TRAILS NEWSLETTER ALERT

Please send articles for the November issue of TRAILS to editor, Vicki Olds at oldsv@studiorefлекс.com. or via mail at 534 Sixth Avenue, San Francisco, CA 94118-3817 or, phone 415-221-2830.

Vicki should receive articles for the November issue no later than October 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the December 2010 /January 2011 issue of TRAILS will be Dan Schoenholz at dschoenholz@sbcglobal.net. Editors are always needed! If you would like to assist with the publishing of TRAILS, please contact Helena Troy at hmtroy@aol.com.

— Helena Troy, Publishing