



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 84

December 2008/January 2009

No. 10

CAC HOLIDAY PARTY - SATURDAY, DECEMBER 13

Please join us in a wonderful holiday dinner prepared by Cooks **Eike Linkwitz**, **Sonia Bastidas** and Sous Chef **Peter Beckmann** and friends. The menu includes Eike's Hungarian Goulash with brown rice, green beans, salad and desert and coffee. The cost, which includes dinner wine, is \$20 for members; Overnight, with continental breakfast, is \$22. Non-members pay additional \$5 Associate Member dues, which covers both events. Happy Hour will start at 5pm and dinner will be served at 6:15pm.

For reservations call **Mae Harms** at 530-333-1058 or e-mail her at maeharms@mindspring.com. Make checks payable to Mae Harms and mail to 5941 Garden Park Drive, Garden Valley, CA 95633-9514. Reservations must be in by December 10th. This dinner is limited and is always a sellout so book early.

— Sonia Bastidas

CHILDREN'S HOLIDAY PARTY SUNDAY, DECEMBER 14

To all three generations of Alpiners: Come join us for the Children's Holiday Party, Sunday, December 14 from 2-5pm. Tim Cain, a wonderful guitarist, and a balloon lady will be there to entertain the children. The club will provide the beverages, ham and rolls. All participants should bring a favorite family dish to share. Cost is \$10 per family.

Don't forget to bring a wrapped gift for your child with the name clearly written on top because Santa Claus will come for a visit with us and give each child his or her own gift.

You are welcome to invite non-member friends with young children. It is a great way to introduce them to the California Alpine Club.

Sign up with **Mary Frey** by sending her your check. Please state how many people are in your family group. Please let Mary know if you can help before or after the party. Contact her by phone or email if you have any questions. Her address is 100 Thorndale Drive, Apt#251, San Rafael, CA 94903. Phone number is 415-492-2510. Email is Marymaryhiker@aol.com

PLEASE NOTE: The party starts at 2pm this year. The balloon lady will be there from 2-3pm. Tim Cain will perform at 3pm and Santa's visit will follow.

WANTED: Santa Claus for The Children's Holiday Party. We have the suit, we just need a fun-loving member to fill it. Please volunteer by calling or emailing Mary Frey (contact information above).

— Mary Frey

NEW YEAR'S EVENTS DECEMBER 31 – JANUARY 1, 2009!

The New Year's Team of **Tony Smith**, **Sonia Bastidas**, **Mae Harms**, **Don** and **Donna Rice**, and **Nuala Caulfield** invites you to join in the fun and celebrate New Year's at the Alpine Lodge. New Year's Eve will begin with a no host happy hour at 7pm, followed by a potluck dinner and dessert. You will be asked to bring your favorite appetizer, salad, main dish, side dish, bread, or dessert. Wine will be provided with dinner.

For those who stay up, the celebration will continue with games, music, dancing, and sharing good times around the fire to "see" in the New Year.

A scrumptious, full breakfast with frittata, smoked salmon, bagels, cream cheese, fruits, and champagne hosted by Don and Donna Rice will be served at 8:30am on New Year's Day.

At 10am Alpiners will leave for a hike to the Top-of-Tam. Neither wind nor rain shall deter us.

Happy Hour will begin upon return of the hikers. Nuala Caulfield and volunteers will serve a selection of soups, salads, and breads. Please call her at 415-922-6775 to advise her of the type of soup or salad you'll bring.

Costs for the various parts of this special celebration are listed below. Non-members pay additional Associate Member dues of \$5 for the entire event, whether they attend one or the three activities.

\$8 for New Year's Eve

\$18 for overnight

\$9 for breakfast

\$8 for soup and salad supper

Total package cost is \$43 for members and \$48 for Associate Members.

For reservations for any or all of the above activities, to indicate what dish you will bring, and how you will help, please call **Mae Harms** at 530-333-1058 or e-mail her at maeharms@mindspring.com. Mail reservation checks to: Mae Harms, 5941 Garden Park Drive, Garden Valley, CA 95633-9514.

— Sonia Bastidas

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	John Hannum	707-525-8108	JRHannum@sbcglobal.net
Vice President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Secretary	Helena Troy	415-492-9576	hmtroy@aol.com
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Registrar	Shirley Anderson	831-427-2722	Shirl@cruzio.com

Board of Directors:

Carl Duisberg	415-388-1175	carl Duisberg@hotmail.com
Vicki Olds	415-221-2830	volds@studioreflex.com
Mae Harms	530-333-1058	maeharms@mindspring.com
John Lillich	925-930-9489	jlillich@sbcglobal.net
Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Jean Rodgers	415-435-9383	jrodg1218@aol.com

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
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Historian	Verna West	650-854-6349	99swest@earthlink.net
Hike Leader			
Co-ordinator	Taren Hamilton	415-378-4240	tarenhf@comcast.net
Innkeeper			
Co-ordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
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Outings	Ruth Tretbar	510-836-0108	rtretbar@yahoo.com
Publications	Patricia Boyd	510-883-9929	boyd4@pacbell.net
Sunshine	Mary Maier	831-462-2764	mlmaier@pacbell.net
Social Activities	Sonia Bastidas	415-850-0464	soniaebastidas@yahoo.com

Lodge Trustees

Alpine Chair	Peter Beckmann '10	831-423-9242	beckmann@baymoon.com
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	Hardy Dawainis '09	415-461-4431	hdawainis@comcast.net
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	Alpine		
	Accommodations	415-381-4975	
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	Jim Nixon '09	650-756-7771	jimnixon2000@yahoo.com
	Ray Sommer '09	415-472-1229	ray@sommerworld.com

CAC Foundation Directors

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David Solbach	415-648-4940	dsolbach@gmail.com
Reuven Segev	415-479-7682	rsegev@comcast.net
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"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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PRESIDENT'S MESSAGE



Sail Away

This week (late October) I've been reading about billionaire Sir Richard Branson as he sets out from New York – for Lizard Point, England, trying to sail his *Virgin Money* nearly 3000 miles in less than six days, eighteen-minus-a-bit hours – to break the record. He needs strong winds and a clear path to make the almost-20-mph speed. He's hired big-time sailors and is bringing his adult children along to help.

Wow, if only I had a few million to try that.

Oops. Two days and 600 miles out: an enduring storm, a monster wave, the mainsail ripped, spinnaker blown. Race over. Limp back to Bermuda, "We live to fight another day."

No problem with the compass, the rudder steered true. But massive sails of Cuben fiber and Kevlar (no linen for her, alas) were blown and ripped asunder.

With less bravado and a smaller purse, another voyage was begun last Sunday – **Tony Smith, David Solbach and Reuven Segev** joined **Bill Meneguzzi** and **Arlin Weinberger** as the crew of the good ship *California Alpine Club Foundation*. They're not headed for Lizard Point nor are they in any hurry. Their mission is to provide the conservation-and-education programs which were once done by the Club; but as a "501(c)(3)" charity, it can solicit tax-deductible donations and take different tacks than those followed by the Club. It can focus on worthy grantees, not worry about roofs and member-enrollment; it can conduct fund-raisers and use its endowment-revenues without any significant tax burden.

As **Bill M.** told me, "It has the compass, but needs hands on the rudder."

It also needs the propelling winds which we all provide with our donations and encouragement. (But no big storms, please.)

Branson paid handsomely, I'm sure, for the best crew; we get ours by the volunteer route and their rewards are "thank you" and "well done".

Branson recouped in Bermuda (not bad); but our crew gets Echo and Mt Tam – the best.

Branson likes the fight, we admire the accomplishments.

OK, Sir Richard, you've got your *Virgin Money*. We've got the *Foundation* and we'll all help it get across. Please remember this at annual membership-renewal time.

– John Hannum

BOARD OF DIRECTORS MEETING DATES

December	No Meetings
Sun, Jan 18, 2009	Alpine Lodge Trustees at 1pm Board of Directors Meeting at 2pm. Quarterly Membership Meeting at 3pm. Dinner to follow.
Sat, Feb 21, 2009	Board of Directors Meeting at 3pm.
Sat, March 21, 2009	Nominating Committee Meeting at 2:30pm. Board of Directors Meeting at 3pm.
Sat, April 25, 2009	Board of Directors Meeting at 2pm. Annual Membership meeting at 3pm. Awards dinner to follow.

If you have any questions or wish to have an item on the agenda, contact John Hannum at jrhannum@sbcglobal.net or call 707-525-8108. Members are welcome at board meetings.
— John Hannum

Draft minutes from the last 3 Quarterly Meetings are posted on the bulletin boards in the Social Hall and at the foot of the stairs. Please review them as they will be considered for adoption at the January 18 meeting. — Helena Troy, Secretary

DOOR RESTORATION

Master Furniture and Cabinet Maker and trustee **Arnold Champagne** has completed the salvage and restoration of the original door at the south end of the social hall. The door was in very bad shape and probably would have had to be replaced if not for Arnold's 50 to 60 plus hours of meticulous and precision work.

He has hauled up all of his own tools and worked enthusiastically from early mornings to the evening, to do this job. He has been cheerfully assisted by **Ben Heldens**, **Hans Schilling**, **Bill Pung**, **Dennis Ziebell** and **Paul McKown** at various stages of sanding, gluing and hanging this very heavy door.

The interior side is a double layer of beautiful Red Oak veneer with clear marine varnish. The exterior side is marine plywood with four coats of oil based paint. Arnold custom made a new threshold to replace the old rotten one. Erik Bodtker donated a new rain bonnet for the door. The quality of the material and the workmanship guaranties many more decades of use for this door.

The Alpine Club offers a big thank you to Arnold and his helpers for a job well done. This is a wonderful example of the spirit of volunteerism and dedication of our members needed to keep the Alpine Lodge in good repair for now and in the future years.

— Dennis Ziebell

CHRISTMAS DAY DINNER

Bonnie Radest is trying to get the Christmas Day dinner together. She needs someone to be in charge of the clean up.

Jennie Bruyn and **Arnold Champagne** are going to roast the turkeys. The format is the same as the last few years. Email or call Bonnie at bonhike@comcast.net or 415-897-0227 to let her know what you are bringing so that she can make sure that we have a wonderful dinner. Also let her know what chore you will do. Wine and cider will be served at dinner. We have room for 30 people. The cost is \$12 with additional \$5 Associate Membership dues for non-members. Happy hour is at 3:30 and dinner is at 4:30. Please send checks to Bonnie at 30 Verissimo Drive, Novato, CA 94947.

— Bonnie Radest

MEMBERSHIP REPORT

CAC New Members - November 2008

Patrick & Renee Lee & children: Makayla age 7 & Garrett age 4 - Joint Membership
155 Tomales Street, Sausalito, CA 94965
415-331-5642 reneeslee@comcast.net
Sponsors: Sarah Davis, Tom Bradner

CAC Membership Chair

A NEW LOOK FOR THE CALIFORNIA ALPINE CLUB FOUNDATION

We now have five directors, up from three: **Bill Meneguzzi**, **Arlin Weinberger**, **David Solbach**, **Reuven Segev**, and **Tony Smith**. Our team hopes to increase the activities of the Foundation at a time when Federal and State budgets are cutting funds for conservation. If you know of a non-profit that needs help for a good cause, let one of us know.

This last year we contributed to the Marin Conservation League in its efforts to purchase property that is blocking access to Baltimore Canyon in Larkspur. We will return to holding events at our two lodges, and keep you informed of conservation issues on these pages. Look for conservation articles in future Trails.

Many thanks to outgoing Directors **Kay Gillis** and **Jay Hallberg** for their wise council and dedication to the Foundation's goals.

— Tony Smith

WELCOME PAT BOYD AS CAC PUBLICATIONS CHAIRPERSON

It is with great pleasure that we announce that **Pat Boyd** has graciously accepted the very significant volunteer job of coordinating our Trails publication. Most of you know Pat as she has been one of our stalwart editors for the past several years.

The entire leadership team would like to thank **Angela Blackwell**, our outgoing Publications Chairperson, for her very capable coordination of the publication of Trails. She and the editor team can be very pleased with the delivery of such a fine newsletter for many years.

Please give Pat your full cooperation by getting your articles and edits to the current Trails editor in a timely fashion. Input is due on the 5th of the month prior to the date of the issue of Trails.

Again, thanks to Pat!

— Carroll Pearson

REMEMBERING BILL EADIE

Our friend, Bill Eadie, passed away a few months ago. We miss him already, and will miss him in the future at Tam and also at Echo. We know, that wherever he is, he has his screwdriver in hand, and will find all the loose screws, nuts, and bolts that need fixing. His friendly smile and encouraging words added to our enjoyment of the club. Our condolences we send to his daughter, Sheila Dunnaway.

— Edie Nelson

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP TO THE MINUTE LISTINGS, SEE THE WEBSITE AT WWW.CALALPINECLUB.ORG. TO LIST AN EVENT ON THIS PAGE, OR FOR WEBSITE USER ID AND PASSWORD, CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

DEC 1 MON PRIVATE EVENT
Mary Kimery and Phil Miller

DEC 4 THUR MID-WEEK WORK PARTY
Holiday Decorating 9am-3pm
Chef: Elaine Dengler
Coordinator: Eva Libien
Overnight possible. Contact Eva at 415-383-5184 to let her know you are coming.

DEC 6 SAT MTIA
Coordinator: Sue Karp

DEC 9 TUES PRIVATE EVENT
MJ McKown

DEC 13 SAT CAC HOLIDAY PARTY
See page 1 for details.

DEC 14 SUN CHILDREN'S HOLIDAY PARTY
See article on page 1.

DEC 15 MON PRIVATE EVENT
Mary Frey

DEC 16 TUES PRIVATE EVENT
Patrick Dippery

DEC 20 SUN NO CAC LEADERSHIP MEETING THIS MONTH

DEC 20-21 SAT SUN HIKERS' WEEKEND
Hikes start on SUNDAY at 9:30AM Happy Hour 4:30; BYOB and appetizer to share. Dinner, salad, dessert @ 6 pm. You are invited to spend the night at the lodge with breakfast Sunday morning. Rates: dinner \$8, overnight \$18, breakfast \$4; Associate fee \$5. Contact host Diane Smith, dianesmith1776@sbcglobal.net or (925) 935-2869. To pay in advance make check payable to Diane Smith and mail to 143 Sierra Drive, Walnut Creek, CA 94596-4792.

DEC 22 MON PRIVATE EVENT
Bev Heywood and Betty Osborn

DEC 25 THUR CHRISTMAS DAY DINNER
See page 3 for details.

DEC 31-JAN 1 WED-THUR NEW YEAR'S EVENTS
See page 1 for details.

JAN 8 THUR MID WEEK WORK PARTY
9am-3pm

CHEFS: Jennie Bruyn and Carol Bodtker
COORDINATOR: Jennie Bruyn
Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

JAN 11 SUN WORK PARTY
9am-3pm

CHEF: Hardy Dawainis
COORDINATOR: Arnold Champagne
Overnight possible. Contact Arnold at 415-282-1704 to let him know you are coming.

JAN 17-18 SAT-SUN HIKERS' WEEKEND
See Dec 20-21.

JAN 18 SUN LEADERSHIP MEETINGS
CACF Directors at 1pm, Alpine Trustees at 1pm, Board of Directors, 2pm. Quarterly meeting at 3pm. Everyone is invited. For dinner information see article on this page.

FEB. 5 THUR MID WEEK WORK PARTY
9am-3pm

CHEF: Maureen Smith
COORDINATOR: Eva Libien
Overnight possible. Contact Eva at 415-383-5184 to let her know you are coming.

FEB 21 SAT LEADERSHIP MEETINGS
Alpine Trustee Meeting at 1pm, Board of Directors at 3pm.

FEB 21-22 SAT-SUN HIKERS' WEEKEND
See Dec 20-21.

MAR 5 THUR MID WEEK WORK PARTY
9am-3pm

CHEF: Lynn Edmonds
COORDINATOR: Jennie Bruyn
Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

MAR 14 SAT MTIA GROUP
Coordinator Sue Karp

MAR 21 SAT LEADERSHIP MEETINGS
Nominations Meeting at 2:30pm. BoD meeting at 3pm.

MAR 21-22 SAT-SUN HIKERS' WEEKEND
See Dec 20-21.

MAR 29-APR 4 SUN-SAT SPA WEEK
Contact Mary Frey 492-2501

APR 2 THUR MID WEEK WORK PARTY
9am-3pm

CHEF: Anne Allio
COORDINATOR: Hardy Dawainis
Overnight possible. Contact Hardy at 415-461-4431 to let him know you are coming.

APR 12 SUN WORK PARTY
9am-3pm

COORDINATOR: Peter Beckmann
Overnight possible. Contact Peter at 831-423-9242 or preferably: beckmann@baymoon.com to let him know you are coming.

APR 18-19 SAT-SUN HIKERS' WEEKEND
See Dec 20-21.

APR 19-25 SUN-SAT SIERRA CLUB RENTAL

APR 25 SAT ANNUAL MEMBERSHIP MEETING, BOD MEETING, AWARDS DINNER

MAY 3-7 SUN-THUR PRIVATE EVENT

MAY 7 THUR MID WEEK WORK PARTY
9am-3pm

CHEF: Selma Bomfim
COORDINATOR: Jennie Bruyn
Overnight possible: Contact Jennie at 415-456-

Watch for updates in future issues of TRAILS!

QUARTERLY MEETING DINNER – JANUARY 18, 2009

Another wonderful wintertime feast is planned for January 18th! **Christine and François Piccin** have agreed to prepare the January Quarterly Meeting dinner again this year. We can be sure the culinary expertise of these two will brighten a wintry evening with new savory and flavorful dishes.

Christine is an award winning chef who spent 10 years cooking in restaurants in Sonoma County and now teaches in the Culinary Arts Program at Santa Rosa Junior College. Her magazine articles have appeared in Bon Appétit, Saveur, and Sauté among others. François, a high-tech manager by day, will wield his considerable French charm helping to chop and taste in the kitchen.

Hors D'oeuvres and no-host Happy Hour at 4:30pm. Wintertime Feast at 5:30pm

Volunteers to help decorate, prep, serve, and clear are always welcome. To reserve a place at the table, please send your check made out to **Jean Rodgers**, 14 Hillcrest Road, Tiburon, CA 94920 by Wednesday January 14. The cost is \$15. Non-members pay additional \$5 Associate Membership dues.

— Jean Rodgers

MIGHTY SURGE AT CAC - CLEANING FORCE LANDS NOVEMBER 5, 2008

In response to the election of our new President, 27 troops were deployed to attack the Axis of Evil (Dust, Dirt and Grime) at the Mt. Tamalpais outpost of the California Alpine Club. "It was a dirty job but we gave it a heroic effort" Col. **Hardy Dawainis** was heard to mutter. Support from Denmark, Holland, England, Switzerland and Brazil aided US boots on the ground. Lady **Rosemary Trowsdale** who last saw service under Churchill and not used to working in the trenches assaulted the social hall with a stiff upper lip and a mop. Lt. Col. **Carol Bodtker** used a paint brush that would have been the envy of Tom Sawyer and Gen. Sherman, while **Innes Bergman** completely eradicated every germ and smidgen of grease from the refrigerator, ovens and kitchen shelves. Lieutenants **Sue Karp** and **Sarah Davis** marched on all windows and glass surfaces and annihilated smudges on everything in sight. Admiral **Arnold Champagne** with his patrol of Vice Admirals **Ed Del Monte**, **Tom Bradner** and **Hans Schilling** did manly and heroic service wherever they patrolled. Outside forces of **Donna Rice**, **Bill Pung**, **Dennis Ziebell** and **Ruth Tretbar** routed weeds and will be awarded the Distinguished Digger and Trowel Award. **Ann** and **Gos Schubert** restored the bathrooms to their former pristine glory while **Lillian Kocher** performed duties in the outlying reaches of the province in the Mt. Tam Building. General **Jennie Bruyn** moved in a blur putting out fires everywhere she was needed and never flagged. Privates **Sandy Duncan** and **Donald Ingram** were new recruits and performed well under the assault and will soon move up thru the ranks. Capt. **Sally Frederick** in addition to performing her duties also recruited a new member to the front. Major **Erik Bodtker** repaired the Kenmore Roaring Cannon so magnificently that it nearly vacuumed the pattern from the living room rug. Dr. **Anne Good** was on the front lines in the reception area while **Selma Bomfim** used her Secret Service skills as an undercover agent involving trash containers; the operation is too classified to reveal more. **Jordan Herrmann** drew the dangerous mission of cleaning gutters and stated "it was a filthy assignment but somebody had to do it." Sgt. Majors **Nuala Caulfield** and **Ben Heldens** quietly bolstered the morale of the troops by performing their duties under the din of battle. Pillows were pummeled and the only casualties were several bottles of champagne and wine used in the victory lunch of chicken, rice, vegetables, home baked cookies, sorbet and fruit prepared by **Mary DiSanto** who will receive the Skillet and Gourmet ribbons. "It was a tough job but we conquered the mop up campaign" Vice Admiral **Ed Del Monte** pronounced.

— Renee Powers
War Correspondent



The CAC Cleaning Contingent regroups after their highly successful "Mop Up" operation.

ALPINE LODGE TRUSTEE WORK PARTY

Another culinary triumph at our first
Thursday of the month work party

The Menu

Salade vert du jardin

Coq au Vin

Peches mariner sauté en jus d'orange et miel

Biscuits avec gingembre cristalliser et figues

Vin de la region

The chef du jour was **Taren Hamilton** with the expert help of **Karen Randall** and **Jennie Bruyn**. I hear that Michelin Guide has heard about our lunches and is interested in giving us a star rating. As usual **Ed Del Monte** arrived at the Lodge bright and early and by the time the rest of the group drifted in he had a long work list ready for us to get our teeth in to. We were happy to welcome **Rosemary Trowsdale**, a very loyal work party regular, after a long absence. No more broken bones please, Rosemary! Rosemary, **Innes Bergman** and **Marliss Ridell**, a prospective member, were our small but efficient housekeeping team and had the place spic and span by lunch. It was good to see **Allen Schmidt**, a longtime member, lend a helping hand at a number of tasks from shoveling gravel, to collating our new Host Training Manual, to assistant-hedge trimmer. **Ruth Tretbar** and **Dennis Ziebell** braved the rain and did much needed yard work. I am sure you will all agree that our grounds have never looked as good. We can always rely on **David Solbach** to come along with his many skills to lend a hand with much needed repairs. Although furniture repair and sheet rocking are somewhat diverse skills, he seemed to be equally well versed in both. **Hans Schilling**, another very hardworking and loyal work party regular, had the unenviable task of cleaning the barbecue which he completed with his usual efficiency.

It is always a pleasure asking **Bill Pung** for help. We all made use of Bill's good nature and willingness for hard work, from carrying heavy gravel-laden buckets, to moving metal sheds, to lending a helping hand with the yard work. The skills of our resident master cabinetmaker and current trustee **Arnold Champagne** were put to good use repairing the swing door to the social hall which was broken and scraped the floor for as long as I can remember. After taking the door off its mechanism, we found the damage more extensive than expected. After a hard day's work, Arnold had to finish the job before the start of the Host Training on Friday. By the time **Jordan Herrmann** finished clipping the front hedge we all had to agree that we had never seen it look so expertly trimmed. We are most fortunate to have three of our ex-Trustees **Ed Del Monte**, **Ruth Tretbar** and **Roger Diehnell** still very much involved in the upkeep of the Lodge. Not only is Roger always on call for minor repairs and emergencies but also he was there at our work party putting in a hard day's work setting up and reorganizing one of the metal work sheds.

Please don't forget to check Trails for the next work party. Volunteers are always needed.

— Hardy Dawainis

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDDED

SUN DEC 7	9:30 AM	Pascale Leroy-Marr	415-661-8904	2B
SUN DEC 14	9:30 AM	Anne Good	510-526-6792	2B
*SAT DEC 20	10:00 AM	Diane Smith	925-935-2868	2B
*SUN DEC 21	9:30 AM	Jennie Bruyn	415-456-1877	2B
THUR DEC 25	10:00 AM	Eva Libien	415-383-5184	2B
CHRISTMAS DAY				
SUN DEC 28	9:30 AM	**Leaderless		2B
SUN JAN 4	9:30 AM	Howard Ortman	415-456-5912	2B
SUN JAN 11	9:30 AM	Dennis Ziebell & Bill Pung	415-864-4889	2B
*SAT JAN 17	10:00 AM	Bill Wise	415-584-5481	2B-
*SUN JAN 18	9:30 AM	Eva Libien	415-383-5184	2B
SUN JAN 25	9:30 AM	Robert Freinkel	415-456-5911	2B
(Start @ Rock Springs)				
SUN FEB 1	9:30 AM	Anne Good	510-526-6792	2B
SUN FEB 8	9:30 AM	David Solbach	415-563-1170	2B
SUN FEB 15	9:30 AM	Howard Ortman	415-456-5912	2B
*SAT FEB 21	10:00 AM	Marion Hazzard	415-661-6876	1A
*SUN FEB 22	9:30 AM	Taren Hamilton	415-378-4240	2B

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

IMPORTANT! RAIN CANCELS

ALL 2B HIKEs BEGIN AT 9:30AM (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

****Leaderless hikes meet at Alpine Club. Please select a leader from the group.**

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Taren Hamilton, at 415-378-4240 or tarenhf@comcast.net.

*Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.

California Alpine Club Tee, Polo and Sweatshirts SALE

Prices on these limited edition items have been reduced. **HURRY** and get yours now!



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Youth sizes:
S, M, L

"These make great Christmas gifts!" says Renee Powers. Look for the sale table at CAC Christmas dinner, or contact her at 415-648-4940 or email reneepowers@comcast.net

ALPINE LODGE SUNDAY INNKEEPERS

December 7	Caroline Austi	510-923-1262
December 14	Marliss Riddle	415-927-1234
December 21	Kay Gillis	415-456-2032
December 28	Eva Libien	415-383-5184
January 04	Ed Del Monte	707-528-7983
January 11	Susan Head	415-331-2598
January 18	Diane Smith	915-935-2869
January 25	Dennis Ziebel & Bill Pung	415-864-4889
February 1	Trudy Gorak & J. Leen	415-771-2383
February 8	Ann Schubert	650-494-6020
February 15	Innes Bergman	510-845-3388
February 22	Sue Karp	415-927-3221
March 1	Open	
March 8	Gayle Dekellis	510-548-7900

More innkeepers are needed to keep the Alpine Lodge open on Sundays. To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim@hotmail.com.

OCTOBER 12TH WORK PARTY

It dawned a beautiful Sunday morning as the work party volunteers gathered to go about their chores as coordinated by **Arnold Champagne**. Fresh fruit, cheese, crackers, cookies and refreshments were laid out courtesy **Jenny Bruyn** and chefs and innkeepers for the day **Bill Pung** and **Dennis Ziebell**. The hikers went on their way as the work of the day started.

Donna Rice of the Gardening Committee went right to work in the garden - weeding, pruning watering and planting in preparation for the winter rains. **Nicole Roche** painted the door in the social hall as **Arnold**, **Ojars Kratins**, **Howard Ortman**, **Ben Heldens**, and **Shizuko Takatsuka** sanded, painted and edged windows on the north side front entry area. **Hardy Dawainis** painted benches and helped at the MT Tam building along with **Patrick Lee** as they worked on the thresholds and doors. Ojars and Patrick cleaned windows and along with **Renee Lee**, **Jill Denney**, and **Shizuko** worked tirelessly cleaning, mopping, organizing, and dusting in the social hall, dining room, kitchen, pantry, laundry room and also in the MT Tam building. Patrick replenished the firewood and **Shizuko** cleaned the fireplace. **Dennis** and **Bill** worked the compost pile, helped **Donna** in the garden and **Bill** helped **Arnold** by sanding a bench. **Arnold** worked on doors and helped everywhere. He is a one man work party on his own!

As yours truly and **Bill Pung** were preparing lunch of home-made lasagna, spinach salad, garlic bread and pumpkin pudding cake I can assure you all of the above were also doing different things and more than I have described. It was hard to keep track of all the activity from the kitchen, but everyone worked enthusiastically and the lodge was once again clean and good progress was made on the painting and repair jobs.

There are some very important jobs that need to be done around the lodge, so please call the work party coordinator as listed in Trails and join in.

The lunch and dessert were greeted with a hungry group and everyone seemed to enjoy it. As the work party came to a close the hikers returned and we gathered on the sunny warm deck where we were treated to wine, snacks, cookies, more pumpkin pudding cake and yes - lasagna to go! And as a final treat for the day, the Blue Angels flew over the redwoods in formation as they finished their show in San Francisco.

Thank you, **Jenny Bruyn**, for your generosity, and as always your thoughtfulness and attention to details as we closed the lodge for the day.

— Dennis Ziebell



Helen Alfredson's memorial above Frog Pond. Standing: Nancy Bott, Allan Wofchuck, Sally Frederick, Ron Waitt, Julie Wofchuck, Karen Fleischer, Jo Wolf, Dawn Maryama, Marion Otega. Kneeling: Kay Esterly, Fran Elick, Patricia Paternak and Charlene Schmidt. Picture by Barbara Crockett.

IN MEMORY OF HELEN ALFREDSON

Our dear friend Helen passed on this last September 15, after a courageous fight with brain cancer. Helen hung in there through radiation and chemo therapy, to spend two weeks at one of her favorite places, Echo Lodge and the Health Spa that she hosted for many years. Even though she didn't hike, she was able to spend time with her many friends and see her beautiful Tahoe.

The October Spa had special meaning for those attending. We held a memorial for Helen at one of her favorite places, Frog Pond and the beautiful view of Hope Valley.

Helen taught elementary school in Ventura for many years, where upon retiring, she set-up the school library. She also volunteered at the Project Understanding tutoring program. She recently received an award for donating 50 gallons of blood.

The upcoming Health Spa to be held at Alpine Lodge, March 29-April 4, will be another opportunity for Alpiners to honor Helen. More info will be forthcoming.

— Barbara Crockett and Jo Wolf

REPORT FROM THE ALPINE LODGE GARDEN COMMITTEE

The Alpine Lodge Garden Committee has three new members, **Dennis Ziebell**, **Ed Del Monte**, and **Bill Pung**. They are experienced gardeners who bring ideas and energy to our work. With their help and that of continuing members **Donna Rice** and **Ruth Tretbar**, the committee has carefully selected, purchased, and planted almost three dozen drought-tolerant and deer-resistant plants, to coincide with the start of the rainy season.

Peter Beckmann has installed and **Dennis** and **Bill** have maintained a compost system which already has provided two batches of mature compost used in our planting. We encourage everyone who prepares food in the Lodge kitchen to use the compost receptacles and help us in this effort.

Ed, **Dennis**, and **Bill** have brought plants from their gardens to fill the Tam Building window boxes. If you have plants from your garden which would thrive at the Lodge, please contact us. We especially need sedums for the stone wall outside the kitchen. Would you like to clip and sprout sedums for us?

The Garden Committee welcomes new members. If you would like to participate in our planning and work actively in the garden, please contact any member.

— Ruth Tretbar
Garden Committee Member

CAC LEADERSHIP: YOUR HEARTS AND MINDS

When you sign-on for a CAC leadership opportunity you join a team of dedicated volunteers who have set their hearts and minds to give back to the club in a very significant way. There are 24 CAC volunteer leadership positions, always listed in the CAC Box on page 2 of your Trails newsletters. Every year, new and rotating leaders bring new ideas to the table that keep our club strong and responsible to the membership.

Most leader and committee team coordination is now conducted via email, so distance is not a problem, and necessary meetings can be both fun and productive as business and social affairs. To better understand these opportunities talk with a current and/or past incumbent or "shadow" a leader until (s)he begs you to take-over! The CAC website is also a great resource where you can find volunteer position and club management documents, including the CAC Bylaws that detail the governance of our non-profit corporation at <http://www.calalpineclub.org> in the Members Info/Documents section.

2009 Leadership Opportunities

- **John Hannum**, CAC's 74th President will be stepping aside and shall continue to serve on the Board of Directors 2009. The new President will work closely with the Board and other volunteers to direct the business of the club.
- **Tony Smith** has graciously volunteered to continue as either **CAC Vice President** or board member. *Candidates for VP, please contact us!*
- **Shirley Anderson**, our very capable **Registrar**, will be taking a sabbatical (out of the country) from August 2009 to August 2010. A temporary Registrar should begin training with Shirley before our annual dues letter goes out next March 1st as the return envelope is printed with the current Registrar's address. This job can be done from your home computer; FileMaker Pro software experience is a plus, but is easy to learn. Please consider sharing your talent for details and contact Shirley Anderson at Shirl@cruzio.com.
- **Jean Findlay** has served as our **CAC Treasurer** of two years. Someone familiar with accounting, tax categories, and EXCEL that is willing to share these skills with the club will train with Jean. The CAC Finance Committee must approve all candidates for Treasurer.
- **Louise Holloway**, **Membership Chairperson**, must step down as of the end of December. This is a volunteer opportunity to interact with new members and provide an invaluable service for the membership. A job description is on our website and Louise will be happy to speak with candidates about this key position.
- **Ruth Tretbar**, our **Outings Chairperson**, will be concentrating her energies with the Alpine Lodge gardening committee. **Bob Hanson** will continue scheduling his great trips; and with a rich history this leadership position has lots of resources and help.
- **Mary Maier** has requested to be replaced as our **Sunshine Chairperson**. This gracious activity consists mainly of mailing cards and sending notices to the Trails monthly editor. Many thanks to Mary for her years of wonderful service.
- **CAC Board of Directors.** **Jean Rodgers**, **Carl Duisberg**, and **Carroll Pearson** are retiring from the Board, with our heart-felt thanks for "a job well done."

This year please consider other potential openings for service on the **CAC Board of Directors**, **Lodge Trustee Boards**, **Standing Committees and Appointments**. If you, or someone you know, are a potential candidate, please contact **Jim Nixon**, **Nominations Chair** at jimnixon2000@yahoo.com or 650-756-7771.

— Your Nominations Committee: Jim Nixon, Chair

ECHO LODGE HOST APPRECIATION AND TRAINING, FALL 2008

Cindy Toran and **Edie Nelson**, Echo Trustees, welcomed twenty-four of the California Alpine Club's finest for the Fall 2008 Host Training and Appreciation weekend on October 24th-26th. We were the first group of CAC members to marvel at the new exterior look of Echo Lodge, which had just been finished as we arrived. What a fantastic improvement. **Nell Fraser** was wondering if it wasn't so elegant that cocktail attire would be required rather than our usual comfortable casual jeans.

There was plenty of time for everyone to socialize and get to know each other before the "fashionably late" Friday night dinner prepared by an enthusiastic group of fine Echo cooks, including **Ed & Anne Del Monte**, **Pat Anderson**, **Barbara Crockett**, and **Chris Bekins**, led by Cindy. Even though it was close to 8 pm before dinner was served (not a good example of proper planning for the host trainees), even the late arrivers had a hot dinner with a very convivial group. Fortunately, Edie Nelson took over the meal preparation for the rest of the weekend to show everyone how to keep on schedule and still serve delicious, nutritious meals.

As usual there was a mixture of experienced hosts and new folks. One unusual thing about this group was that there were so many who pitched in and did a lot of extra work. **Michael Pardee** repaired the coffee table and offered to come back in the Spring and organize our "shop". **Nell Fraser** made up all the beds (with spreads washed at FWP) in both dorms. **Greg Farber**, **Allan Lindberg** and **Mike Pardee** cleaned the BBQ grill thoroughly. There were many helpers to move furniture on Sunday morning so Edie and Cindy could do the semi-annual kitchen/dining room floor maintenance.

Another special treat for the group was a telescope brought by our CAC astronomer, **Walter Nilsson**, which he set up for all to enjoy on both Friday and Saturday evening. Walter explained what we were able to see, including the moons of Jupiter and many other constellations and nebulae. We hope Walter will bring the telescope back to Echo

many times for the benefit of other CAC members.

The weather was so warm and inviting Cindy was concerned about keeping everyone's attention during the Saturday classroom training. Everyone was very patient and we had lots of questions

See Training on page 9



2008 Fall Host Training Graduates. Front: Greg Farber (photographer)
First row from left: Jayma Brown, Cindy Toran, Glenis Marshall, Pat Anderson, Peter Beckmann. 2nd row: Allan Lindberg, Arnold Champagne, Edie Nelson, Carol Nilsson. 3rd row: Eva & Mike Pardee, Chris Bekins, Walter Nilsson. Top row: Ed & Anne Del Monte, Kurt Eichstadt, Elaine & Martin Dengler, Jock & Pauline MacDonald. Missing from Photo: Nell Fraser, Barbara & Paul Crockett, Lynn Pelletier, Sheldon Suskauer.

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396
anytime until 9:30pm
or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

The winter season is upon us and Echo Lodge is a perfect home base for snow play-- skiing, snowshoeing, sledding, good ol' snow ball competition, and warming by the fire! We have a cadre of enthusiastic Hosts ready to take your reservations. Call them while they still have room available, so you can enjoy winter in the Sierra at our wonderful lodge!

Note to Winter/Spring Hosts: Openings in the Winter Schedule are: **Dec 1-12, Dec 14-19, Jan 4-16, Feb 1-4, Mar 1-13, Mar 15-17, Mar 22-27, Mar 29-Apr 3, Apr 6-24, Apr 26-30.** These dates include 2 prime weekends: **Jan 9-11 and Mar 6-9.** Of course, there is also plenty of time available in April through June for either hosted or private events. Contact me if you would like to schedule any open times (my e-mail and phone number are above).

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be held at Ray Sommer's home, January 17, 2009, 10 am. Contact Ray at 415-472-1229 if you would like to attend.

Echo Summit Lodge Fall/Winter Schedule:

DEC 12-14 FRI-SUN PRIVATE EVENT
Jayma Brown/ Allan Lindberg 510-237-0231

DEC 19-21 FRI-SUN HOSTED EVENT
Joni Hyerle 831-427-3839
132 Kennan St, Santa Cruz, CA 95060
jhyerle@yahoo.com

DEC 21-25 SUN- THURS PRE-CHRISTMAS
Edie Nelson & Linda Howard 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

DEC 26-31 FRI-WED CHRISTMAS WEEK
Lynn Garric/Larry Langbehn 707-539-2078
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

DEC 31-JAN 4 WED-SUN HAPPY NEW YEAR
Pat Anderson & Fred Huxley **CO-OP MEALS**
3026 Benvenue Ave, Berkeley, CA 94705
510-649-8537
patinegypt@yahoo.com

JAN 4-JAN 15 AVAILABLE FOR TRAINED HOSTS

JAN 15-19 THUR-MON YOUNG FAMILIES SNOW WKND
Joan Ryan & John O'Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

JAN 19-25 MON-SUN COOP MEALS WEEK
Cindy & Russ Toran 707-539-4396
932 Ripley St, Santa Rosa, CA 95401
toranski@aol.com

JAN 25-30 SUN-FRI HOSTED EVENT
Edie Nelson 831-423-5576
Diane & Bruce Friend
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

JAN 30-FEB 1 FRI-SUN HOSTED EVENT
Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way, Santa Rosa, CA 95409
aewart@sbcglobal.net

FEB 1-4 SUN-WED AVAILABLE FOR TRAINED HOSTS

FEB 4-FEB 8 WED-SUN HOSTED EVENT
Lynn Zachreson & Martha Stewart
831-426-3428.

220 Ocean View Ave, Santa Cruz, CA 95062
lynnz@cruzio.com

FEB 8-12 SUN-THURS PRIVATE EVENT
Elaine Dengler 707-575-1697

FEB 12-16 THUR-MON PRESIDENTS' WKEND
Joan Ryan & Mindi Canner 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

FEB 16-22 MON-SUN HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol. CA 95472
clyde33301@comcast.net

FEB 22-27 SUN-FRI HOSTED EVENT
Edie Nelson & Linda Howard 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

FEB 27-MAR 1 FRI-SUN HOSTED EVENT
Pam & Garry Greever 530-677-5616
3200 Red Rock Lane, Shingle Springs, CA 95682
pamgreever@yahoo.com

MAR 1-MAR 13 AVAILABLE FOR TRAINED HOSTS

MAR 13-15 FRI-SUN HOSTED EVENT
Michelle Scott 916-804-2334 cell
1200 Creekside Dr. #3213 916-467-7144 hm
Folsom, CA 95630
dressageup@hotmail.com

MAR 15-17 SUN-TUES AVAILABLE FOR TRAINED HOSTS

MAR 17-22 TUES-SUN HOSTED EVENT
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

MAR 22-27 SUN-FRI AVAILABLE FOR TRAINED HOSTS

MAR 27-29 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

MAR 29-APR 3 SUN-FRI AVAILABLE FOR TRAINED HOSTS

APR 3-6 FRI-MON HOSTED EVENT
Tele-Bluegrass Festival at Sierra-at-Tahoe
Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way, Santa Rosa, CA 95409
aewart@sbcglobal.net

APR 6-24 AVAILABLE FOR TRAINED HOSTS

APR 24-26 FRI-SUN PRIVATE EVENT
Tom & Carol Coleman 707-992-0650

Training continued from page 8

and discussion about our procedures and policies. We wrapped up in the late afternoon with the infrastructure tour before many folks stretched their legs with a short but enjoyable hike to Echo Lake and beyond in the terrific fall weather.

Thanks to all the graduates of the 2008 Fall Host Training & Appreciation! These are the folks who keep Echo operations running for the enjoyment of all CAC members.

— Cindy Toran

TRAILS

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NEW YEAR'S SALMON CREEK WALK

Bring in the New Year with a salmon creek walk along Lagunitas Creek in West Marin, 1-4pm Saturday, January 3. CAC member and former club president **Teri Shore** will lead the walk as a new volunteer naturalist for the Salmon Protection and Watershed Network (www.spawnusa.org). A seasoned naturalist will co-lead.

This is an easy walk open to all. It's a thrill to learn about and view endangered Coho salmon in Lagunitas Creek in the vicinity of Samuel P. Taylor State Park. This creek in CAC's "backyard" is one of the very last places in California where Coho salmon return from the sea to spawn in fresh water. Threatened steelhead trout also spawn here. Chinook and Chum occasionally appear. Early January is a great time to see salmon and steelhead, but sightings are not guaranteed. If there are no fish around, we will view creek restoration projects and the magnificent redwoods, ferns and birdlife – and perhaps even spot a river otter.

We will meet in San Geronimo, then carpool from site to site along Sir Francis Drake Boulevard, and walk a short distance to viewing spots. Be sure to bring warm clothes, rain gear, umbrellas and waterproof boots as rain does not cancel! Polarized sunglasses and binoculars are a plus. Only a major storm or flooding will stop us.

Ten spots are reserved for CAC members, but we can take up to 20 people. So if we don't fill, members of the public may be joining us. RSVPs are required for all! To reserve, send a \$10 per person donation made out SPAWN by Tuesday, December 23, to Teri Shore, 47 International Boulevard, Sonoma, CA 95476. You will receive detailed instructions by email or mail after check is received. No one turned away for lack of funds. For more info, email terishore@mindspring.com or call 415-663-8590, extension 104.

— Teri Shore

TRAILS NEWSLETTER ALERT

Please send articles for the **February** issue of TRAILS to editor, **Vicki Olds**, at volds@studioreflex.com or via mail to 534 Sixth Ave, San Francisco CA 94118-3817, telephone 415-221-2830. Vicki should receive articles for the February issue no later than January 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **March** issue of TRAILS will be **Bill Steinmetz**, wjsteinmetz@yahoo.com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact **Pat Boyd**, boyd4@pacbell.net, telephone 510-883-9929.

—Pat Boyd, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 85

February 2009

No. 1

Spring Spa Week

Mary Frey and Barbara Crockett are hosting CAC's annual Spring Spa Week from March 29 to April 5 at Alpine Lodge. There will be exercises before breakfast, a planned hike or activity every day with a bag lunch, and of course plenty of time to just hang out around the lodge.

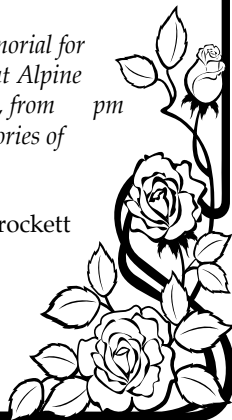
Cost for members is \$22 per day or \$130 for the whole week. Cost for non-members is \$27 a day or \$160 for the whole week. Private rooms are available at a cost of an additional \$5 per person per day.

To make reservations, send a non-refundable deposit of \$22 to Mary at 100 Thorndale Drive, Apt #251, San Rafael, CA 94903.

For more information, call Mary Frey at 415-492-2510 or marymaryhiker@aol.com.

PAS A memorial for
elen Alfredson ill be held at Alpine
odge on ednesday, April , from pm
ring pictures and fond memories of
elen to share

— Barbara Crockett



POTENTIAL BY-LAW CHANGES

In the continuing effort to update our by-laws, we propose changes in the following areas:

- 1) Article II, Section 6 –Recommend that the Dues Change review be moved from January to the October meeting. Budgets from lodges due at the September meeting.
- 2) Article II, Section 6 – \$2 for Echo and \$3 for Alpine distribution from the dues is out of date. Recommend deleting from the By-Laws, replacing with Board of Directors to set the distribution amount in accordance with operational costs and capital improvement needs as part of the financial review and budgeting process.
- 3) Article II, Section 10 - Life Membership??? Delete this category or double the dues (can be done without by-laws change). Recommend deleting Life Membership as an option for new members. Existing Life Members to continue as normal.

A current copy of our By-Laws is on <http://calalpineclub.org>. Email **Carroll Pearson** at pearsoncmp@aol.com to give us feedback. (ou can email from any library). Text of proposed changes will be in the March Trails, followed by voting at the annual meeting, April 25. Please plan to attend this important membership meeting to vote and to meet your new CAC leadership.

— Carroll Pearson

ALPINE LODGE HOST TRAINING

Our next Host Training will be on March 27-28, 2009. We will meet on Friday afternoon to share some information about our Lodge followed by a social get together before and after dinner. Please plan to stay overnight as we have an early breakfast on Saturday followed by familiarizing ourselves with the physical infrastructure of the buildings and learning how to plan and execute a successful event. We are usually finished around 3:30 or 4:00pm. The club will provide you with three delicious meals and a copy of our Alpine Lodge Hosting Manual. A donation of \$25 (\$30 per couple) is requested.

For Reservations, please contact: Hardy Dawainis at 415-461-4431; hdawainis@comcast.net.

Monthly TRAILS Editor ~ Vicki Olds

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	John Hannum	707-525-8108	JRHannum@sbcglobal.net
Vice President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Secretary	Helena Troy	415-492-9576	hmtroy@aol.com
Treasurer	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com
Registrar	Stefan Berlinski	831-458-9954	wildword@pacbell.net

Board of Directors

	Carl Duisberg	415-388-1175	carl Duisberg@hotmail.com
	Vicki Olds	415-221-2830	volds@studioreflex.com
	Mae Harms	530-333-1058	maeharms@mindspring.com
	John Lillich	925-930-9489	jlillich@sbcglobal.net
	Jean Rodgers	415-435-9383	jrodg1218@aol.com
Past President '07	Carroll Pearson	408-736-9403	pearsoncmp@aol.com

Committee Chairpersons

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Finance	Dave Maier	831-462-2764	dmmaier@pacbell.net
Historian	Verna West	650-854-6349	99swest@earthlink.net
Hike Coordinator	Taren Hamilton	415-378-4240	tarenhf@comcast.net
Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Membership	Marliss Riddle	415-479-9691	marlissriddle@comcast.net
Outings	Ruth Tretbar	510-836-0108	rtretbar@yahoo.com
Publications	Patricia Boyd	510-883-9929	boyd4@pacbell.net
Sunshine	Mary Maier	831-462-2764	mlmaier@pacbell.net
Social Activities	Sonia Bastidas	415-850-0464	soniaebastidas@yahoo.com

Lodge Trustees

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	Jennie Bruyn '10	415-456-1877	jennielbruyn@yahoo.com
	Hardy Dawainis '09	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Arnold Champagne	415-282-1704	arnoldchampagne@yahoo.com
Alpine Treasurer	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Gerald Petak	408-656-6817	alpinelodge1@yahoo.com
Alpine Lodge	Accommodations	415-381-4975	
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	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Edie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Jim Nixon '09	650-756-7771	jimnixon2000@yahoo.com
	Ray Sommer '09	415-472-1229	erstock@pacbell.net

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	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
	David Solbach	415-648-4940	dsolbach@gmail.com
	Reuven Segev	415-479-7682	rsegev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Stefan Berlinski at wildword@pacbell.net. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE



CALLER I.D.

Yes, I have "Caller I.D." on our phones. Ring! Look, it says CA ALPINE CLUB 530-659-7274. Hello...? "John, we're up at the lodge and there's no water pressure ...

So begins another episode in our Volunteer Saga.

This kind of call has occurred twice in the past few months and both times a progression of willing volunteers has climbed around the lodge, tested power-flows and water-flows and tank-pressures; they've twisted wrenches, wrestled tanks and lifted roof-covers to investigate just what was the issue; they "hung in there" long enough to find and fix the problem.

Tragically, two responding volunteers—**Lynn Garric** and **Larry Langbehn**—were involved in a highway wreck near Placerville; repair parts and Larry's ability to restore the water went awry. Larry went to hospital, parts went to wreck-impound. A few more phone calls (Larry is healing well, thank God) and "plan B" was activated. Another car-load was dispatched and soon the water-problem was abated.

Miraculously, we keep getting rewarded by a corps of heads, hands and hearts who answer the phone, apply their resourcefulness and keep us running. What a Club!

Thank you: Lynn and Larry; Tom and Angel; Joni, Gary, Mario and Justine; Bob, Jerry, Karen, Jim, Keith and Barbara, Ty and the rest. I've left out many, but you know who you are and I'm proud to be able to take your calls, spread the word and see the miracles. What a Club!

Of course, there are many less-dramatic calls and e-mails (they don't all come to me, thank you, Ed) and questions and things-to-fix—they get done by a still-small minority of our membership—most of whom have learned the tricks by experience, by answering the calls. Thank you, to all of our Alpine Angels.

I'm writing this on New Year's Day—it's sunny-bright outside and my hiking shoes are calling, but there's this article to write and two agendas to prepare and more chores to accomplish. I hope that phone doesn't ring. But, if it does, may I call you and tap your willingness to help? Check the Caller I.D. before you answer—and then dig in. **What a Club**

— JR Hannum

2009 NOMINATIONS REPORT

Many Club volunteers have agreed to serve another term in leadership positions, and while a new slate of dedicated individuals have recently stepped forward we still have the **Outings** and **Sunshine** Chairs, as well as three **Board of Director** positions, to fill by April.

John Hannum is retiring as President and will serve on our board as Past President. **Mae Harms**, a current board member, is a candidate for President. **Jean Findlay** will be passing the baton, and **Dennis Ziebell** is a candidate for Treasurer. **Shirley Anderson** is going to take a year-long sabbatical and **Stefan Berlinski** is a candidate to serve as Registrar until her return. **Louise Holloway** retired with our thanks at the end of 2008, and **Marliss Riddle** is our new Membership Chair. A big thanks to all outgoing officers and current candidates!

All trustees for both lodges are volunteering for another term. We, and I think I speak for most Club members, thank our hard-working trustee management teams who keep our lodges running, available and ready to welcome members and their guests year around.

Now, your Club truly depends on you

CAC is a non-profit, all volunteer-run organization. Please explore this opportunity to support your fellow Club members by playing a role in the leadership of CAC before it's too late. We are now testing whether teleconferencing will work for some team meetings and most activities are conducted via email from home. Contact Jim Nixon, our Nominating Committee Chair, at jimnixon2000@yahoo.com or 650-756-7771 if you are interested.

— Jim Nixon

BOARD OF DIRECTORS MEETING DATES

Sat, Feb 21, 2009	Board of Directors Meeting at 3pm.
Sat, March 21, 2009	Nominating Committee Meeting at 2:30pm.
	Board of Directors Meeting at 3pm.
Sat, April 25, 2009	Board of Directors Meeting at 2pm. Annual Membership meeting at 3pm. Awards dinner to follow.
Sat, May 16, 2009	Alpine Trustees Meeting at 1 pm Board of Directors Meeting at 3 pm
Sat, June 20, 2009	Alpine Trustees Meeting, 1 pm Board of Directors Meeting at 3 pm

If you have any questions or wish to have an item on the agenda, contact John Hannum at jrhanum@sbcglobal.net, or call 707-525-8108. Members are welcome at board meetings.

— John Hannum

MEMBERSHIP REPORT

CAC e Members eember

Donald Ingram - Regular Member
4785 Terra Granada Drive, #3B
Walnut Creek, CA 94595
925-947-3141
Sponsors: Tony Smith, Jennie Bruyn

Tim Seeley - Regular Member
4819 Foxglove Court
Santa Rosa, CA 95405
707-537-0668 tim@sonic.net
Sponsors: Catherine Davis, Thomas Mahood,
Monika Balsamo

Amy Blackstone - Regular Member
1913 Castro Street
San Francisco, CA 94131 umbrasol@aol.com
Sponsors: James Watson, Jennie Bruyn

Candy Barnhill - Regular Member
154 Friendship Street
Iowa City, IA 52245
319-354-6111 candace-barnhill@uiowa.edu
Sponsors: Paul McKown, Claudia Hillgass

CAC e Members anuary

Candy Barnhill - Regular Member
154 Friendship Street
Iowa City, IA 52245
319-354-6111 candace-barnhill@uiowa.edu
Sponsors: Paul McKown, Claudia Hillgass

John D. "JD" Petras - Regular Member
451 Burnett Avenue
San Francisco, CA 94131
415-647-9691 jd@cafeflore.com
Sponsors: Thomas Foote, Arnold Champagne

Marliss Riddle - Regular Member
101 Pepper Avenue
Larkspur, CA 94939
(415) 927-1234 MarlissRiddle@comcast.net
Sponsors: Greg Farber, Hardy Dawainis

Steve Mansfield (Ronni)—Regular Member
222 Corte Madera Ave.
Mill Valley, CA 94941
415-389-1980 smansfield@akingump.com
Sponsors: Laureen Novak, Hardy Dawainis

CAC Membership Chair

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP TO THE MINUTE LISTINGS, SEE THE WEBSITE AT WWW.CALALPINECLUB.ORG. TO LIST AN EVENT ON THIS PAGE, OR FOR WEBSITE USER ID AND PASSWORD, CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

FEB. 5 THUR MID WEEK WORK PARTY

CHEF: Maureen Smith
COORDINATOR: Eva Libien
Overnight possible. Contact Eva at 415-383-5184 to let her know you are coming.

FEB 12-13 FRI-SAT FRIENDS OF THE EARTH

MJ McKown

FEB 21 SAT LEADERSHIP MEETINGS

Alpine Trustee Meeting at 1pm, Board of Directors at 3pm.

FEB 21-22 SAT-SUN HIKERS' WEEKEND
Happy Hour 4:30; BYOB and appetizer to share. Dinner, salad, dessert, 6 pm. Overnight with breakfast Sunday morning. Rates: dinner \$8, overnight \$18, breakfast \$4; Associate fee \$5. Diane Smith, dianesmith1776@sbcglobal.net, 925-935-2869. To pay in advance mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792

FEB 23-28 MON-SAT PRIVATE EVENT

Greg Farber

MAR 2-6 MON-FRI PRIVATE EVENT

Lori Sondheim

MAR 5 THUR MID WEEK WORK PARTY

9am-3pm

CHEF: Lynn Edmonds
COORDINATOR: Jennie Bruyn
Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

MAR 6-8 FRI-SAT PRIVATE EVENT

Carol Weisker

MAR 14 SAT MTIA GROUP

Coordinator Sue Karp

MAR 21 SAT LEADERSHIP MEETINGS
Nominations Meeting at 2:30pm. BoD meeting at 3pm.

MAR 21-22 SAT-SUN HIKERS' WEEKEND

See Feb 21-22.

MAR 27-28 FRI-SAT HOST TRAINING

See page 1.

MAR 29-APR 4 SUN-SAT SPA WEEK

Contact Mary Frey

492-2501

APR 2 THUR MID WEEK WORK PARTY

9am-3pm

CHEF: Anne Allio
COORDINATOR: Hardy Dawainis
Overnight possible. Contact Hardy at 415-461-4431 to let him know you are coming.

APR 18-19 SAT-SUN HIKERS' WEEKEND

See Feb 21-22.

APR 19-25 SUN-SAT SIERRA CLUB RENTAL

APR 25 SAT ANNUAL MEETING
Board of Directors 2pm. Annual Membership 3pm. Awards Dinner to follow.

MAY 3-7 SUN-THUR PRIVATE EVENT

MAY 7 THUR MID WEEK WORK PARTY

9am-3pm

CHEF: Selma Bomfim
COORDINATOR: Jennie Bruyn
Overnight possible: Contact Jennie at 415-456-1877 to let her know you are coming.

MAY 12-15 TUES-FRI PRIVATE EVENT

Sue Barnard

MAY 16 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm; BOD at 3pm.

MAY 16-17 SAT-SUN HIKERS' WEEKEND

See Feb 21-22.

MAY 19-22 TUES-FRI PRIVATE EVENT

Tony Smith

JUN 4 THUR MID WEEK WORK PARTY

9am-3pm

Chef: Eva Libien
Coordinator: Hardy Dawainis
Overnight poss. Contact Hardy at 415-461-4431 to let him know you are coming.

JUN 16 FRI PRIVATE EVENT

MJ McKown

JUN 20 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm. Board of Directors at 3pm.

JUN 20-21 SAT-SUN HIKERS' WEEKEND

See Feb 21-22.

CHRISTMAS DAY DINNER

Thirty-two revelers gathered on Christmas Day and had a wonderful meal together. I want to thank **Jennie Bruyn** and **Arnold Champagne** for the delicious turkeys and stuffings and **Karl Baeck**, **Hans Shilling** and **Kay Gillis** and **Melanie Facen** for bartending. Thanks also to everyone for bringing their dishes and their help in setting up, serving and clean up.

— Bonnie Radest

GIVE IT UP FOR THE CALIFORNIA ALPINE CLUB FOUNDATION

CACF has \$14,000 to give away to worthy causes and wants nominations now! "We're looking to support projects that benefit, protect and/or educate the public about wild places in the Bay Area and the Lake Tahoe region." Please contact **Arlin Weinberger** with your suggestions at 415-444-0611 or acwein@earthlink.net.

NOTE FROM THE ALPINE LODGE TRUSTEES

In our ongoing effort to make and keep our beautiful Lodge a welcoming place, we ask that if you are planning to host an event, book the Lodge for a private event, do a spontaneous overnight or reside at the Lodge for any period of time, you **must** have attended and completed our Alpine Lodge **Host Training** within the prior three years.

— Alpine Lodge Trustees

NEW YEARS DAY HIKE TO THE TOP O'TAM

New Years Day 2009 dawned cool and foggy as the hikers gathered at Alpine Lodge to climb Mt. Tamalpais. The early breakfast group was joined by new arrivals and all exchanged hugs and handshakes with wishes of Happy New Year!

Jennie Bruyn took the lead group up the mountain to secure picnic tables and transport eight bottles of champagne that she generously donated. **Jennie, Hans Schilling, Arnold Champagne, Mitch Field, Jock MacDonald, David Solbach, Dennis Ziebell** and **Bill Pung** each carried a bottle for the 1.5-hour hike to the top. As we approached the summit we were greeted by what turned out to be a beautiful warm sunny day! Approximately 35-40 of us enjoyed a champagne toast to the New Year and visited with the many other fellow hikers and bikers who climbed to the top o' Tam to enjoy the beautiful vistas on New Year's Day.

Mt Diablo and the East Bay Hills rose majestically in the distance while Sutro Tower on Twin Peaks was like the tip of the mast of a great sailing ship navigating through a dream-like sea of fog. North and west, the ridges of hills appeared with brilliant white clouds filling the valleys as the ocean sparkled in the distance.

Everyone enjoyed the hike back to the lodge as the afternoon waned where an assortment of hot soups awaited. What a spectacular way to start the New Year!

Thank you **Jennie Bruyn** for your wonderful generosity of the champagne and for helping to again make our traditional New Year's Day hike a fun and memorable occasion for us all.

Happy New Year to all and may the California Alpine Club continue to flourish in 2009!

— Dennis Ziebell



Pauline MacDonald, Jennie Bruyn, and Carol Bodtker, Top o'Tam, New Year's Day 2009!

ALPINE LODGE WORK PARTY - DECEMBER 4



Wow! What a crowd we had attending our Holiday Decorating Work Party on Dec. 4th. Forty enthusiastic volunteers labored to keep our historic buildings and grounds in tip top shape, and to decorate for a festive holiday season.

The decorators, **Hans Schilling, Don Matthews, Ricia Wise, Lynn Pelletier, Melanie Facen, Charlene Schmidt, Carol Bodtker** and **John Hannan**, were ably orchestrated by **Kathi Freeman**, decorator extraordinaire. **Ed Del Monte**, the inveterate strategist, was at it by the crack of dawn laying the plans to beautify the area in back of the Social Hall with all the new donated and purchased plants. Diggers and planters were **Stefan Berlinski**, a very talented landscaper and prospective member, **Mary Larkin, Edna Trimm**, and **Ann Finley**.

The grounds of the Club have been transformed into a botanical showpiece with superb work done by **Ruth Tretbar, Ed Del Monte, Dennis Ziebell, Bill Pung** and **Donna Rice**. **Ben Heldens, Karl Baeck, Erik Bodtker, Milt Hagedorn, Jock MacDonald, Vicki Olds**, and **Doug Finley** were busy under the able direction of **Arnold Champagne** and **Hardy Dawainis**, painting, scrapping and repairing windows, doors and eaves, along with two prospective members, **J.D. Petras** and **Tim Seeley**, who did outstanding work. **Ann** and **Gos Schubert, Barbara Hawke, Rosemary Trowsdale, Renee Powers, Pauline MacDonald, Nuala Caulfield, Claire Dengler**, and **Selma Bomfim** spiffed everything in sight and then some! The piece de resistance was our Chef de cuisine, **Elaine Dengler**, who rewarded us with a scrumptious lunch of lasagna, salad and a luscious cheesecake made by award winning baker, **Martin Dengler**.

Hats off to all these wonderful, faithful volunteers.

— Eva Libien



Once again, a feast is spread for the hard-working crews at Alpine Lodge.

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDDED

SUN FEB 1	9:30 am	Anne Good	510-526-6792	2B
SUN FEB 8	9:30 am	David Solbach	415-563-1170	2B
SUN FEB 15	9:30 am	Taren Hamilton	415-378-4240	2B
*SAT FEB 21	10:00 am	Marion Hazzard	415-661-6876	1A
*SUN FEB 22	9:30 am	Howard Ortman	415-456-5912	2B
SUN MAR 1	9:30 am	Pauline/Jock MacDonald	415-381-2870	2B
SUN MAR 8	9:30 am	Jack Leibman	415-674-4370	2B
SUN MAR 15	9:30 am	Hardy Dawainis	415-461-4431	2B
*SAT MAR 21	10:00 am	Leaderless		1A
*SUN MAR 22	9:30 am	Paul McKown	415-647-4626	2B
SUN MAR 29	9:30 am	Jordan Herrmann	510-520-9782	2B
SUN APR 5	9:30 am	Arnold Champagne	415-282-1704	2B
SUN APR 12	9:30 am	Taren Hamilton	415-378-4240	2B
*SAT APR 18	10:00 am	Leaderless		1A
*SUN APR 19	9:30 am	Howard Ortman	415-456-5912	2B
SUN APR 26	9:30 am	Eva Libien	415-383-5184	2B

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

IMPORTANT! RAIN CANCELS

ALL 2B HIKES BEGIN AT 9:30AM (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx.. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

****Leaderless hikes meet at Alpine Club. Please select a leader from the group.**

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Taren Hamilton, at 415-378-4240 or tarenhf@comcast.net.

*Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.

IT USED TO BE!

When I was a young man, I promised myself I would grow old disgracefully and to never sound like an old man. Unfortunately I now have to break that promise.

Our Sunday hike used to be a pleasant 2B Group Hike, 6-10 miles with an elevation gain of 1000-2000 feet. It used to be a group hike with the whole group leaving and returning at the same time. It used to be that

- the leader would turn around from time to time to see that the group was still there;
- no one would walk ahead of the leader;
- the leader could not go faster than the slowest member of the group;
- if one could not manage a 2B hike, one would join another group;
- the leader made contact with the sweep on a difficult part of the trail;
- you waited at a fork in the trail to make sure the person behind has seen you;
- I enjoyed the Sunday hikes.

I hope to do so again.

— Hardy Dawainis

ALPINE LODGE SUNDAY INNKEEPERS

February 1	Trudy Gorak & J. Leen	415-771-2383
February 8	Ann Schubert	650-494-6020
February 15	Innes Bergman	510-845-3388
February 22	Sue Karp	415-927-3221
March 1	Open	
March 8	Gayle Dekellis	510-548-7900

Sunday Innkeepers carry on our gracious tradition of hospitality. Spend a Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Innkeepers are always needed. Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

BON VOYAGE, SHIRLEY!

I have been your Registrar for two years; it is a job that requires on-going responsibilities throughout the year. Now my family and I are planning a sabbatical year in Spain during which time I will be unavailable to fulfill these responsibilities.

Therefore, as of March 1, 2009, **Stefan Berlinski** has agreed to take over while I am away. The dues campaign for 2009-2010 begins then, so his name and address information will appear on the dues return mail letter and envelope. Please note the change. I will be working with Stefan until my departure in August 2009; we plan to return in August 2010. **David Maier** (former Registrar) will be available to help Stefan in my absence if that becomes necessary. Thanks, again, Stefan and Dave.

— Shirley Anderson, Registrar

ARE WE OUT OF TOUCH?

Please remember to advise the CAC Registrar of any changes to your mail, phone and email contacts (particularly email, which changes much more frequently). Stefan Berlinski can be reached at wildword@pacbell.net (email preferred), by phone at 831-458-9954, or by mail at 713 Frederick St., Santa Cruz, CA 95062-2231.

Bounced emails:

Wayne Koerting, koer@coastside.net; William Pung, D2BP@aol.com or DZBP@aol.com; Irving Rubin, irvingrubin@comcast.net; E. Ricki Gross, ergross@comcast.net; Pia Anderson, piaanderson@earthlink.net; Ursula Dupree, ursdupree@earthlink.net; William Edmonds, lynn.billedmonds@sbcglobal.net; Anthony Bronzo, bronz@umich.edu.

— Stefan Berlinski

CAC MEMBERSHIP DUES LETTER COMING

It is almost time for the annual dues campaign. It is our intent to have the letter in the mail about March 1st. The dues are the same as last year and are as follows:

Regular Member	\$90
Joint Regular	\$155
Senior (Over 70)	\$60
Joint Senior (Aggregate >140)	\$100
Life Member	\$1180
Joint Life	\$2156
Student (Under 23)	\$20
Junior (Under 18)	\$10

Due date to the Registrar, Stefan Berlinski, is April 1st, 2009. If you pay on time you will **save us money** and our volunteer Registrar won't have to send a 2nd notice to remind you!

As always, your **contributions** to CAC's Conservation Fund and/or the General Fund are welcomed and much appreciated (note that Conservation Fund donations are tax deductible; General Fund donations are not).



In Memory of...

LIZ HALL

Elizabeth (Liz) Hall left us on November 4, 2008, in San Francisco. She joined CAC in 1959 and was a Life Member. Liz had many and varied interests: CAC activities, especially Base Camp trips; her church; CAL football; jazz concerts; the symphony; and travel. She was an educator and an inspiration to many. Liz will be remembered with affection and appreciation."

— Rita Nowlin

BARBARA ANN BOURNS

Barb passed away peacefully after a brief illness (aggressive lung cancer) on December 17, 2008, at Kaiser Hospital in San Francisco. We shall miss her wonderful enthusiasm and love for life, her friends, the environment and the out of doors.

Barb especially enjoyed Echo Lodge during Spa week and often volunteered at Alpine Lodge. Barb, 76, was Co-Chair of the San Francisco Sierra Club Group monthly dinners and also a member of the Bay View Boat Club in San Francisco. In her professional life Barb was an occupational therapist for 37 years working in various fields of geriatrics and 21 years as a pediatric therapist for California Children's Services.

A celebration for her life will be held at the Bay View Boat Club, S.F. on February 7, 2009 from 2-5 pm. The Unitarian Church of San Francisco will have services in memory of **Barbara Ann Bourns** on February 8 at 2 pm.

—Onnie Taylor

HELEN ALFREDSON

A memorial for Helen Alfredson will be held at Alpine Lodge on Wednesday, April 1, from 2-4pm. Please bring pictures and fond memories of Helen to share.

— Barbara Crockett

FEDERATION OF WESTERN OUTDOOR CLUBS

On a beautiful weekend in October **Arlin Weinberger**, **Winchell Hayward** and **Mae Harms** attended the 76th Annual Convention of the Federation of Western Outdoor Clubs in Southern Oregon at the gateway to the wild and scenic Illinois River. The Siskiyou rose around us as we stepped out of Deer Creek Lodge into the serpentine geologic surroundings, home to rare and at-risk plant communities, salmon migrating upstream to spawn and the Daringtonia Fens where interesting carnivorous plants trap bugs for food. We weren't there just to explore, but, really, it was the highlight of our weekend!

The California Alpine Club was a founding member of the Federation of Western Outdoor Clubs, whose mission is to influence others to protect nature through education, lobbying and personal testimony. FWOC conventions are hosted by member clubs and attendees are invited to experience and learn firsthand what impacts their natural and wilderness areas. The Siskiyou Project and Indian Creek Botanical Mission hosted this year. Experts helped us understand how Oregon's natural areas are impacted by lumbering, fires and dams through a series of presentations on topics related to the theme: *Forests, Fish, Farms and Fools – the Challenges of the Future*

The other important task of convention delegates is to adopt resolutions submitted by member clubs. FWOC resolutions are position papers; good references when contacting congress persons and agencies that formulate laws, rules and regulations regarding the protection, use and care of public and private lands. The Tamalpais Conservation Club submitted a resolution that FWOC support forest and wild land *fuel reduction* programs to restore balance and sustain the health of these ecosystems. This is certainly vital to Mount Tam and anyone testifying about this issue may want to cite this resolution. Another resolution supports establishing more wilderness areas in the Eastern Sierras. The complete text of all FWOC resolutions adopted this year will be available soon. Please contact one of the attending CAC members (above) for a copy.

The dedication of the members of the approximately fifty clubs that form the federation is truly inspiring as FWOC continues to play a key role in protecting the lands in which we love to recreate.

— Mae Harms



"Lunch!" Vermillion Valley Trip, 1916.

THANKSGIVING AT ECHO SUMMIT LODGE

Over Thanksgiving weekend at Echo Summit Lodge, **Tylan Billings**, **Pascale Leroy** and **Vicki Olds** hosted 27 alpiners—including 16 non-CAC member guests—throughout five days of exceptional weather! It only snowed Wednesday evening, just enough to wake up to a white winter morning melting into a glorious Thanksgiving Day.

Echo Summit is truly magical in Autumn and everyone enjoyed their outdoor excursions to local landmarks and into Desolation Valley, Emerald Bay trails, Grover Hot Springs and beyond.

Conversation and parlor games outshone the evening flames for warmth, yet the real show was the feast at the lodge every breakfast, happy hour and dinner! Pascale and Ty outdid all the cooking (with Ken E. and other enthusiastic helpers) and their ambitious menus were not only traditional and mostly organic but truly surprising! Hands down, Pascale's Gratinée à l'oignon (French onion soup) was the winner, after the turkeys, of course—four of them, which kept making appearances in different dressings, pot pies and leftover baggies for all on Sunday morning.

Susanne and **Richard Wisowaty** brought home-baked bread and wisdom to the table. **Baldo Terry** gamely bartended every night, while graceful wife, **Ines**, warmed everyone with her patient ear and smiles. **Edna Trimm** set the explorer's weekend record and gave some welcome tips on hosting. **Chris Toran**, **Cindy** and **Russ's** handsome son, was home from college and brought a selection of his handmade beers that he makes in his dormitory room! (Now we know who's popular on campus!) **Dorsey McTaggart** and her daughter and two grandchildren reminded us, too, how smarts and lovely genes are passed on through generations. My friend, Greg K., ground through seven hours of traffic with his two daughters (18 mos., 4-years) to join us, and globe trekker Frederick O. arrived with 10 dozen fresh oysters and a case of excellent white wines on Thanksgiving Day!

All in all we had a great time, made some new friends and probably gained a pound or two. Gobble, gobble!

— Vicki Olds



Historic Echo Summit Lodge has a facelift thanks to hardworking ESL Trustees and the efforts of many CAC volunteers!

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396
anytime until 9:30pm
or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Echo Lodge is blanketed in snow, so check the schedule, contact the host(s), and head on up for some winter fun!

Winter/Spring Hosts: Openings in the Winter Schedule are: **Mar 1- 6, Mar 8-13, Mar 15-17, Mar 22-27, Mar 29-Apr 3.** Of course, there is plenty of time available in April through June for either hosted events or member rentals. Contact me if you would like to schedule any open times (my e-mail and phone number are above).

Summer/Fall Hosts: I am working on the schedule for Summer and Fall of 2009 (July-Dec). If you have requests for times that you would like to host, please contact me.

Sincerely, Cindy

Contact Cindy about the date/time of the next **Echo Lodge Trustees' Meeting.**

Echo Summit Lodge Winter/Spring Schedule:

FEB 1-4 SUN-WED AVAILABLE FOR
TRAINED HOSTS

FEB 4-FEB 8 WED-SUN HOSTED EVENT
Lynn Zachreson & Martha Stewart
831-426-3428.

220 Ocean View Ave
Santa Cruz, CA 95062
lynnz@cruzio.com

FEB 8-12 SUN-THURS PRIVATE EVENT
Elaine Dengler 707-575-1697

FEB 12-16 THUR-MON PRESIDENTS'
WKEND
Joan Ryan & Mindi Canner 415-564-8507
2625-23rd Ave
San Francisco, CA 94116
joanryan@mac.com

FEB 16-22 MON-SUN HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave
Sebastopol, CA 95472
clyde33301@comcast.net

FEB 22-27 SUN-FRI HOSTED EVENT
Edie Nelson & Linda Howard 831-423-5576
140 Archer Dr
Santa Cruz, CA 95060
edieforsyth@hotmail.com

FEB 27-MAR 1 FRI-SUN HOSTED EVENT
Pam & Garry Greever 530-677-5616
3200 Red Rock Lane,
Shingle Springs, CA 95682
pamgreever@yahoo.com

MAR 1-6 SUN FRI AVAILABLE FOR
TRAINED HOSTS

MAR 6-8 FRI-SUN HOSTED EVENT
Lillian Young & Edna Trimm 650-588-5689
3650 Sneath Lane,
San Bruno, CA 94066
lcyousbcbglobal.net

MAR 8-13 SUN-FRI AVAILABLE FOR
TRAINED HOSTS

MAR 13-15 FRI-SUN HOSTED EVENT
Michelle Scott 916-804-2334 cell
1200 Creekside Dr. #3213 916-467-7144 hm
Folsom, CA 95630
dressageup@hotmail.com

MAR 15-17 SUN-TUES AVAILABLE FOR
TRAINED HOSTS

MAR 17-22 TUES-SUN HOSTED EVENT
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr
Santa Rosa, CA 95405
karwag@sonic.net

MAR 22-27 SUN-FRI AVAILABLE FOR
TRAINED HOSTS

MAR 27-29 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr
Petaluma, CA 94952
travmcgee@comcast.net

MAR 29-APR 3 SUN-FRI AVAILABLE
FOR TRAINED HOSTS

APR 3-6 FRI-MON HOSTED EVENT
Tele-Bluegrass Festival at Sierra-at-Tahoe
Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way
Santa Rosa, CA 95409
aewart@sbcglobal.net

APR 6-24 AVAILABLE FOR
TRAINED HOSTS

APR 24-26 FRI-SUN PRIVATE EVENT
Tom & Carol Coleman 707-992-0650

MAY 15-17 FRI-SUN HOST
APPRECIATION AND TRAINING
Contact: Cindy Toran 707-539-4396
toranski@aol.com

MAY 21-25 THURS-MON SPRING WORK
AND FUN PARTY
Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

MAY 28-JUN 1 THURS-MON PRIVATE
EVENT
Kathleen O'Dea 415-897-5583

JUN 10-14 WED-SUN CONSERVATION
BENEFIT AND BIRDING EVENT
Karen and Jerry Wagner 707-528-8197
2622 Wawona Drive
Santa Rosa, CA 95405
karwag@sonic.net

JUN 21-30 SUN-TUES SUMMER SPA
WEEK
Barbara Crockett 650-365-6280
859 Chesterton Avenue,
Redwood City, CA 94061
kc9erfan@sbcglobal.net

JUL 12-17 SUN-FRI HIKERS' WEEK
(COOP MEALS)
Martin and Elaine Dengler 707-575-1697
3616 Holly Ridge Drive
Santa Rosa, CA 95409
medengler@sbcglobal.net

JUL 23-26 THURS-SUN HOSTED EVENT
Chris Bekins and Kurt Eichstaedt
and Cindy Toran 707-874-2556
12400 Elliot Lane, Sebastopol, CA 95472
cbekins2@yahoo.com

atch for updates in future issues of rails!

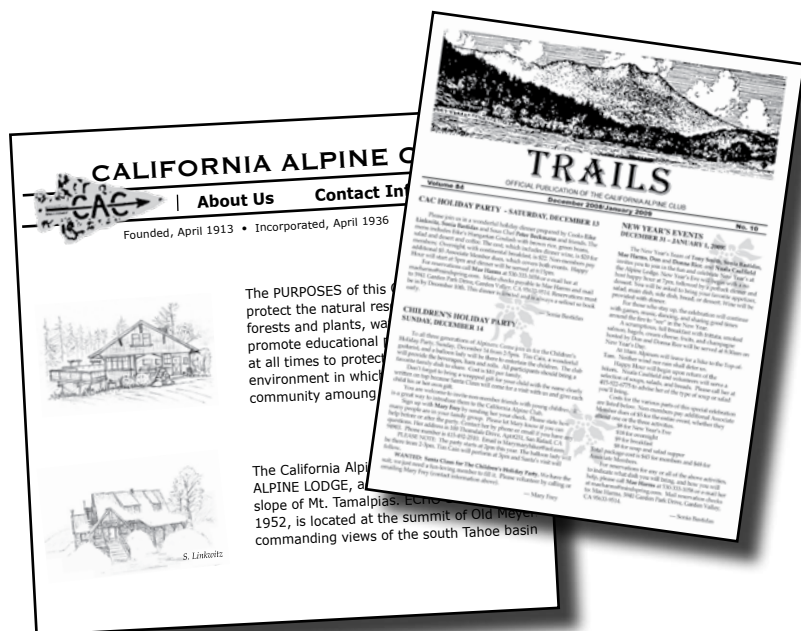
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GET TRAILS!

Pat Boyd is our CAC Publications Chairperson, and she says, "If you miss a copy of the TRAILS, download it from our website or contact **Marliss Riddle** for a printed copy at 415-927-1234, marlissriddle@comcast.net."



TRAILS NEWSLETTER ALERT

Please send articles for the **March** issue of TRAILS to monthly editor, **Bill Steinmetz**, wjsteinmetz@yahoo.com or via mail to 521 Robin Drive, Corte Madera CA 94925-2103, telephone 415-902-1001. Bill should receive articles for the March issue no later than February 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the monthly editor uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The monthly editor for the **April** issue of TRAILS will be **Angi Blackwell**, ablackwellca@earthlink.net.

Monthly editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Pat Boyd, boyd4@pacbell.net, 510-883-9929.

—Pat Boyd, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 85

March 2009

No. 2

ECHO SUMMIT LODGE CONSERVATION BENEFIT AND BIRDING EVENT

It's time to sign up for this year's Conservation Benefit and Birding Event held from June 10-14. **Tony Smith, Karen** and **Jerry Wagner** are co-hosting the event. Call 707-528-8197 or email karwag@sonic.net.

Three all-day birding trips will be led by Karen and Jerry. We will visit varied habitats in hopes of finding many unique species. Birders are welcome from beginning to expert.

We will depart at 7:30am after coffee, a snack, and lunch-making. Then we will meet for our picnic breakfast and lunch in the field.

Thursday, we head to Markleville and the Nevada side of the Sierras. On Friday, the group will head down Highway 50 towards Pollack Pines and take the turn off at Ice House Canyon. Saturday, we head down Highway 50 towards Lake Tahoe. We will begin the walk in the meadow near the east end of Fallen Leaf Lake. From there we will head to the Lake Tahoe Visitor's Center where we will bird along Taylor Creek and eventually down to the Lake.

This time of year offers many wildflowers in the meadows and colorful breeding birds. We have sighted a total of 60 species in past years.

On Saturday, Tony Smith will lead a hike for those not interested in the birding foray.

All the proceeds from this event will go into the Alpine Club's Conservation Fund which will eventually be donated to many organizations that are working specifically with conservation and environmental projects. Attending this session will offer an opportunity, not only to have fun in the mountains, but also to support the Club's interest in environmental issues.

— Karen Wagner

ANNUAL MEETING AND AWARDS DINNER

Come be a part of your Annual Membership Meeting at 3pm, Saturday, April 25, 2009, in the social hall, and stay for Happy Hour and the Annual Awards Dinner at 6pm! Congratulations to **Cindy Toran** and **Dave Maier** who are the recipients of the Distinguished Service Award. Please join us at this festive and somewhat "dress-up" CAC event to toast and honor these individuals who have given so much time and talent to our Club.

Cindy Toran currently chairs the Echo Trustees. As an Echo Trustee for many years, she managed with great dexterity, and continues to manage, the complex hosting calendar at Echo. A long-time CAC member, Cindy also served on the Board of Directors as the Club Secretary.

Dave Maier updated the database with integrated production of mailing lists and email distribution lists. He served as the CAC Registrar for several years. As our Finance Chairperson, he recommended changes to the financial record keeping, budgeting processes, and collection of tax-related data.

The cost for the dinner will be \$20. Wine will be served with the buffet dinner. If you wish to spend the night (\$18) with a continental style breakfast (\$7) the next morning, the cost for both is \$25. (Solomon has waived Associate Member enrollments for this event.)

Please send your reservation/check payable to **Mae Harms** at 5941 Garden Park Drive, Garden Valley, CA 95633-9514. Your check is your confirmed reservation. Please be sure to list your name(s) as you would like them on your name tag(s). We do have a seating limitation in the social hall, so get your reservation in early.

We also need about six people to contribute hors d'oeuvres, plus people to help with dinner setup, cooking, serving, and cleanup. Contact **Barbara and John Lillich** at jlillich@sbcglobal.net or 925-930-9489, as we need your help with this event.

— Barbara and John Lillich

Monthly TRAILS Editor ~ William Steinmetz

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	John Hannum	707-525-8108	JRHannum@sbcglobal.net
Vice President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Secretary	Helena Troy	415-492-9576	hmtroy@aol.com
Treasurer	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com
Registrar	Stefan Berlinski	831-458-9954	alpineregistrar@pacbell.net

Board of Directors:

	Carl Duisberg	415-388-1175	carl Duisberg@hotmail.com
	Vicki Olds	415-221-2830	volds@studioreflex.com
	Mae Harms	530-333-1058	maeharms@mindspring.com
	John Lillich	925-930-9489	jlillich@sbcglobal.net
	Jean Rodgers	415-435-9383	jrodg1218@aol.com
Past President '07	Carroll Pearson	408-736-9403	pearsoncmp@aol.com

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Finance	Dave Maier	831-462-2764	dmmaier@pacbell.net
Historian	Verna West	650-854-6349	99swest@earthlink.net
Hike Coordinator	Taren Hamilton	415-378-4240	tarenhf@comcast.net
Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Membership	Marliss Riddle	415-927-1234	marlissriddle@comcast.net
Outings	Ruth Tretbar	510-836-0108	rtretbar@yahoo.com
Publications	Patricia Boyd	510-883-9929	boyd4@pacbell.net
Sunshine	Mary Maier	831-462-2764	mlmaier@pacbell.net
Social Activities	Sonia Bastidas	415-850-0464	soniaebastidas@yahoo.com

Lodge Trustees:

Alpine Chair	Peter Beckmann '10	831-423-9242	beckmann@baymoon.com
	Jennie Bruyn '10	415-456-1877	jennielbruyn@yahoo.com
	Hardy Dawainis '09	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Arnold Champagne	415-282-1704	arnoldchampagne@yahoo.com
Alpine Treasurer	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Gerald Petak	408-656-6817	alpinelodge1@yahoo.com
Alpine Lodge	Accommodations	415-381-4975	
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	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Edie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Jim Nixon '09	650-756-7771	jimnixon2000@yahoo.com
	Ray Sommer '09	415-472-1229	erstock@pacbell.net

CAC Foundation Directors

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	Bill Meneguzzi	916-451-1523	bill.meneguzzi@gmail.com
	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
	David Solbach	415-648-4940	dsolbach@gmail.com
	Reuven Segev	415-479-7682	rsegev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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Contributors: Shirley Anderson, Stefan Berlinki, Selma Bomfim, Hardy Dawainis, Taren Hamilton, John Hannum, Eva Libien, Barbara Lillich, John Lillich, Eike Linkwitz, Siegfried Linkwitz, Jim Nixon, Carroll Pearson, Marliss Riddle, David Solbach, Cindy Toran, Karen Wagner and Dennis Ziebell.

Correspondence: Please address correspondence concerning this publication to: John Hannum, 2309 Avenida De Las Brisas, Santa Rosa, CA 95405-8602.

CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

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PRESIDENT'S MESSAGE



RAIN ON THE MOJAVE

A quick January motor-trip to Redlands. Then we decided on a slower return across the "back side" – Route 66 up from San Berdoo, then almost to Barstow and on to 395. Wipers slappin' time to good tunes. What's this... *rain on the Mojave*?

Pulled off to make some lunch – muddy desert sand. *ain on the Mojave*? Psst ...Don't tell anybody, but there's gonna be wild flowers a-bloomin' in the Mojave; plan your trip, make the reservations.

Of course, I was also thinking of The Alpine Cub – there is the agenda for the next meeting, and after that, some more debate about the Club's insurance and bookkeeping, and how we fill-in when volunteers can't do all the work. It's like rain on the desert. Let some ideas fall into place, add our energies like sunshine, and boom! There are the answers (flowers).

Alpine Club has a minimalist culture (sorta like a desert) – we prefer hiking and good times to the drudgery of meetings and accounting and contracts-for-work. But without someone doing the drudge work, our culture would wither. If too much rain comes, we'd have a gully-washer instead of flowers.

Okay, Pres, squelch the analogies; we need some help:

- Do you speak Form 990 and accounting? Our new volunteer Treasurer Dennis Ziebell would like to hear from you.
- Do you know about Casualty Insurance and property-valuations? Our Finance Committee Chair – Dave Maier – has an opening.
- Do you have a ken for planning and budgeting? Another job at Finance Committee awaits.
- How about writing and managing contracts-for-services? Alpine Trustees want your help.
- Back to Echo – we have a thousand board-feet of rough-cut pine and buckets of paint; we'll need a crew of carpenter-types and painters to help refurbish the old shop-building.

See RAIN on page 3

A FEEL-GOOD STORY

The good news is that the Trustees will not be asking you for a \$10 Billion bailout!

For the past three or four years, some of us have been going up to the Women's Dorm, looking at the sagging ceiling beams, shaking our heads and muttering, "We really have to do something about this."

The problem was caused by the contractor who worked on the bathroom extension. He removed parts of the beams but did not secure the remaining parts properly. The problem finally appeared on our Alpine Lodge Project list at an estimated cost of roughly \$10,000. When **Arnold Champagne** also known as, "Mr. We-Can-Fix-It," joined the Trustees and suggested that volunteers could do the job, we were somewhat skeptical. However, after removing some sheetrock and examining the problem further, we decided to tackle the job under his supervision. Arnold put in a lot of time and effort in planning, purchasing hardware and tools, and putting in seven long days of work at the Lodge. He was assisted by a good team of volunteers: **Ben Heldens, Josh Gordon, Tony Smith, David Solbach, Bob Smith, Jock MacDonald, Karl Beck and Hardy** who put in many hours of work and enjoyed the camaraderie and a good lunch provided by the Club. Best of all, we were able to complete the job for less than \$1000, and this included the purchase of some necessary tools. We are also grateful to our new member, **J.D. Petras**, for his donation of a band saw and drill press.

On the last day, **Jenny Bruyn** provided an excellent lunch for the construction team with clean-up assistance by **Melanie Facen, Carol Bodtker, Pauline MacDonald, and Sue Karp**.

You will notice that the structural work is done but there is some cosmetic work left to complete. We hope to finish this in the very near future.

— Hardy Dawainis

BOARD OF DIRECTORS MEETING DATES

Sat, March 21, 2009	Nominating Committee Meeting at 2:30pm. Board of Directors Meeting at 3pm.
Sat, April 25, 2009	Board of Directors Meeting at 2pm. Annual Membership meeting at 3pm. Awards dinner to follow.
Sat, May 16, 2009	Alpine Trustees Meeting at 1 pm Board of Directors Meeting at 3 pm
Sat, June 20, 2009	Alpine Trustees Meeting, 1 pm Board of Directors Meeting at 3 pm

If you have any questions or wish to have an item on the agenda, contact John Hannum at jrhannum@sbcglobal.net or call 707-525-8108. Members are welcome at board meetings.

— John Hannum

MEMBERSHIP REPORT

CAC New Members February

William and Linda Twitchell - Joint Members
3660 Thorn Road, Sebastopol, CA 95472
707-823-0240 WTWitchfam@aol.com
Sponsors: Jim Nixon and Cindy Toran

Morgan Evans and David Gibson - Joint Members
1804 Monterey Avenue, Berkeley, CA 94707
510-524-0802 frankenfreddie@yahoo.com
Sponsors: Mary Foote and Gus Ramey

Linda Conklin - Regular Member
1948 Basil Drive, Manteca, CA 95336
209-824-9111 hikerdancer4@yahoo.com
Sponsors: Paul McKown and Claudia Hilligoss

Mary Larkin - Regular Member
114 Montero Court - Unit A, Aptos, CA 95003
831-662-1329 mlarkin804@sbcglobal.net
Sponsors: Hardy Dawainis and Stefan Berlinski

Sally Hernandez - Regular Member
P.O Box 4834, Petaluma, CA 94955
707-763-8213 Sally.h@sbcglobal.net
Sponsors: Jennie Bruyn and Rosemary Trowsdale

Ojars Kratins and Shizuko Takatsuka - Joint Members
1372 Rockledge Lane, #2, Walnut Creek, CA 94595
925-930-7686 ojarshiz@sbcglobal.net
Sponsors: Burt Rodgers, Jody Smith

Sandy Duncan - Regular Member
3899 Walnut Avenue, Concord, CA 94519
925-586-4801 smd2@pge.com
Sponsors: Nuala Caulfield, Sally Frederick

CAC Membership Chair

RAIN continued from page 2

- Work Parties at Alpine and Echo are regularly noted in Trails, won't you join?
- Every party, dinner, and "event" needs a cadre of helpers – often the "bookkeeper" job goes begging, yet without the details accomplished, the event suffers.
- Jim Nixon is looking for a few Members to serve on Boards and Committees.

These are just a few of the seed-pods lying dormant in the sand. Volunteering at Alpine is like rain on the Mojave. There will be flowers, but only if the energy is applied. Phone numbers and e-mail addresses for contacts about doing these jobs are listed throughout this newsletter. We'd love to hear from you.

— John R. Hannum

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP TO THE MINUTE LISTINGS, SEE THE WEBSITE AT WWW.CALALPINECLUB.ORG. TO LIST AN EVENT ON THIS PAGE, OR FOR WEBSITE USER ID AND PASSWORD, CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

MAR 2-6 MON-FRI PRIVATE EVENT
Lori Sondheim

MAR 5 THUR MID WEEK WORK PARTY
9am-3pm

CHEF: Lynn Edmonds
COORDINATOR: Jennie Bruyn
Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

MAR 14 SAT MTIA GROUP
Coordinator Sue Karp

MAR 21 SAT LEADERSHIP MEETINGS
Nominations Meeting at 2:30pm. BoD meeting at 3pm.

MAR 21-22 SAT-SUN HIKERS' WEEKEND
Happy Hour 4:30; BYOB and appetizer to share. Dinner, salad, dessert, 6 pm. Overnight with breakfast Sunday morning. Rates: dinner \$8, overnight \$18, breakfast \$4; Associate fee \$5. Diane Smith, dianesmith1776@sbcglobal.net, 925-935-2869. To pay in advance mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

MAR 27-28 FRI-SAT HOST TRAINING
Reservations, Hardy Dawainis, 415-461-4431; hdawainis@comcast.net. Donation \$25 (\$30 per couple). See February issue of TRAILS for more information.

MAR 29-APR 4 SUN-SAT SPA WEEK
See article in February Trails.
Contact Mary Frey 415-492-2510

APR 2 THUR MID WEEK WORK PARTY
9am-3pm

CHEF: Anne Allio
COORDINATOR: Hardy Dawainis
Overnight possible. Contact Hardy at 415-461-4431 to let him know you are coming.

APR 18-19 SAT-SUN HIKERS' WEEKEND
See March 21-22.

APR 19-25 SUN-SAT SIERRA CLUB RENTAL

APR 25 SAT ANNUAL MEETING
Board of Directors 2pm. Annual Membership 3pm. Awards Dinner to follow. See page 1.

MAY 3-7 SUN-THUR PRIVATE EVENT

MAY 7 THUR MID WEEK WORK PARTY
9am-3pm

CHEF: Selma Bomfim
COORDINATOR: Jennie Bruyn
Overnight possible: Contact Jennie at 415-456-1877 to let her know you are coming.

MAY 12-15 TUES-FRI PRIVATE EVENT
Sue Barnard

MAY 16 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS
Alpine Trustees meet at 1pm; BOD at 3pm.

MAY 16-17 SAT-SUN HIKERS' WEEKEND
See March 21-22.

MAY 19-22 TUES-FRI PRIVATE EVENT
Tony Smith

MAY 22-25 FRI-SUN WEDDING

JUN 4 THUR MID WEEK WORK PARTY
9am-3pm

Chef: Eva Libien
Coordinator: Hardy Dawainis
Overnight poss. Contact Hardy at 415-461-4431 to let him know you are coming.

JUN 6 SAT PRIVATE RENTAL
Renee Lee

JUN 11-14 THUR-SUN SPONTANEOUS OVERNIGHT
Allyn Bromley with Private rental 6/12

JUN 19 FRI PRIVATE EVENT
MJ McKown

JUN 20 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS
Alpine Trustees meet at 1pm. Board of Directors at 3pm.

JUN 20-21 SAT-SUN HIKERS' WEEKEND
See March 21-22.

JUN 21 SUN MOUNTAIN PLAY ASSOC. PRIVATE EVENT
MJ McKown 2:30-10:30pm

JUNE 22-28 PRIVATE EVENT
Joan Ryan

JUL 11-18 SAT - SAT SIERRA CLUB
Yoga and hiking

JUL 18 - 19 SAT-SUN HIKERS' WEEKEND
See March 21-22.

JUL 19 SUN QUARTERLY MEETING
Trustees Meeting, 1pm. BoD, 2pm, Quarterly membership meeting, 3pm.
Dinner follows. Everyone is invited.

Watch for updates in future issues of TRAILS!

REMEMBERING THEODORA GOTTWALD

Early this year, on January 14, a brave, spirited lady and personal friend of ours died in her home.

Theodora Gottwald was born and raised in the former Czechoslovakia and went through very difficult times during WWII. She was married and lost her husband at a young age to cancer.

Theodora immigrated to the US in the 1950s and worked as an accountant for many years.

Many of us have known Theodora from her very entertaining tales as a travel guide. She went on extensive bus trips starting in San Francisco, and showed large Swiss and German groups the Western States. Always well prepared in history, culture, folklore, food, and local terrain, Theodora's tourists were entertained and informed non-stop about the area her tour busses would visit.

Theodora loved to come to the Echo Summit Lodge where she met young and old members with warmth and charm.

She was a hardy hiker. And typical for Theodora, she learned how to ski at an older age.

As her health declined in later years, her hikes from the Alpine Lodge became more rare.

Her last trip with friends was to Cancun and Florida over Christmas. Afterward she was lovingly taken care of by friends and Hospice in her San Francisco home.

Theodora died of stomach cancer; she was 80 years old. She is survived by her sister-in-law and two nieces in Germany.

A Memorial and Social Hour was held at St. Matthews Lutheran Church in San Francisco on February 15. CAC members, friends, and members of the Church remembered a vivacious and engaging lady.

Good Bye dear Theodora; we will always miss you.

— Siegfried and Eike Linkwitz

PROPOSED CAC BY-LAW CHANGES

The CAC Board of Directors is recommending the following by-law changes. Explanatory information is presented in italics, deleted material has a ~~strike through~~, and added text is underlined. You can find a current copy of our By-Laws on <http://calalpineclub.org>. **Only the changed portions of the by-laws are presented here.** We will vote on these changes at the Annual Meeting and Awards Dinner on April 25th. Please plan to attend this important membership meeting to cast your vote and meet your new CAC Leadership. Happy Hour and the Annual Awards Dinner will follow the meeting, where two new recipients will be awarded the Club's highest honor, the Distinguished Service Award.

— Carroll Pearson

BY-LAWS CHANGE #1 – Number of Membership Classes

This was an oversight during a prior by-laws change. There are nine classes.

Article II – Members, Section 2 - Membership Classes

There shall be ~~eight~~ nine classes of membership as follows:

BY-LAWS CHANGE #2 – Age by April 1st

For membership classes with age requirements add the specification of a birthday by April 1st.

Article II – Members - Section 2 - Membership Classes

- d) Student: Open to full-time students who are at least eighteen years of age on or before April 1st ~~who~~ and have not yet reached their twenty-third birthday.
- f) Senior: Open to ~~any existing~~ members reaching their 70th year on or before April 1st.
- g) Joint Senior: Open to persons who are already Joint members whose combined age is 140 years or greater on or before April 1st.

BY-LAWS CHANGE #3 – Add “or Joint” for Entrance Fees

This was an oversight during the last by-laws change.

Article II – Members - Section 3.5 – Entrance Fees

An entrance fee must accompany application for Regular or Joint membership.

BY-LAWS CHANGE #4 – Dues Review in October

In order to give adequate notification of dues changes to the membership, budget analysis leading to dues recommendations is to be presented at the October Quarterly Membership Meeting.

Article II – Members - Section 6 - Annual Dues of Members

Section 6.1 Annual Dues Review

The amounts for dues for all membership classes shall be reviewed each year by the Board of Directors at the ~~January~~ October Quarterly Business Meeting and shall be voted on by the Board of Directors at its ~~second next~~ meeting, ~~in each calendar year~~. If there are no proposed changes to the annual dues, or if ~~proposed changes to those dues are not approved by the Board of Directors~~ the Board of Directors does not approve changes to those dues, the dues amounts from the previous year shall prevail. ~~Annual membership dues are payable in advance by April 1 of each year, the beginning of the fiscal year. (See Section 6.3.)~~

Section 6.2 New Member Dues

~~Initial Dues of applicants for membership shall be apportioned as follows:~~ Initial dues of applicants for membership shall be assessed according to the date of membership application submittal to the Membership Chairperson as follows:

- Those applying from April 1 through June 30 shall pay dues for a full year
- Those applying from July 1 through December 31 shall pay dues for one-half year
- Those applying from January 1 through March 31 shall pay dues for a full year, such dues being considered full payment for the following fiscal year.

~~There shall be no apportionment for Junior or Student members.~~ Dues for Junior or Student members are the same regardless of the date of application submittal.

Section 6.3 Dues Notification

The following paragraph has been moved from the last paragraph in Section 6 and given the Section Number 6.3 for better formatting.
~~Three weeks prior to the April annual meeting,~~ The Registrar shall notify all members that their dues are payable April 1. On June 1, the Registrar shall send a second notice to members whose dues are still unpaid on June 1. ~~All members whose dues are in arrears on July 1 shall cease to be members.~~

BY-LAWS CHANGE #5 Life Membership

Eliminates the membership options of Life and Joint Life for new members as of May 1, 2009. The interest from the Life Membership account is insufficient to support Life Memberships. Existing Life and Joint Life members will continue as Life members, but no new Life Memberships will be granted.

Article II, Section 10 – Life Membership and Joint Life Membership Dues

(This Section applies only to Life and Joint Life memberships established prior to May 1, 2009.)

BY-LAWS CHANGE #6 – Committees

Adjustments in Committees and Appointments are to be consistent with the current leadership of the Club. Move Conservation to Section 4 – Liaison Appointments; move Education to Section 2 – Standing Appointments; and delete Schedules.

Article V - Committees and Appointments

Section 1 - Standing Committees

There shall be ~~eight~~ seven standing committees, as follows:

1. Outings
- ~~b) Conservation~~
- ~~c) Education~~

- d) 2. Membership
- e) 3. Finance
- f) 4. Publications
- g) 5. Social Activities
- h) Schedules
- 6. Nominating
- 7. Awards

The President, ~~with the help of the Nominating Committee,~~ shall appoint a chairperson for each committee and the chairperson shall choose the committee members. ~~All Chairpersons~~ shall serve a one-year term.

Section 2 - Duties of Standing Committees

- a) 1. Outings: _____ To arrange ~~all day trips and extended trips~~ such as canoeing, camping, ~~and backpacking, and other outings.~~
- b) Conservation: _____ To inform the membership of current conservation projects and to assist the Club in raising and managing funds, as needed, for conservation activities as approved by the Board of Directors.
- e) Education: _____ To arrange for educational programs.
- d) 2. Membership: _____ To process all applications for membership in accordance with procedures stated in these By-Laws (Article II, Section 2, 3, & 4), to ascertain that each applicant has completed the requirements for membership, to present each applicant's name to the Board for approval, to submit the New Membership Report to Trails, and to notify new members of their acceptance.
- e) 3. Finance: _____ To review the ledgers and financial statements of the Club, including Lodges, at the end of each fiscal year (March 31) and at such other times as the Board of Directors may direct; to report to the Board on the financial health of the Club, including Lodges; to recommend to the Board any changes in dues or entrance fees deemed necessary; and to review any requests for funds from the California Alpine Club's Lodge Reserve Account and make a recommendation to the Board on such requests.
- f) 4. Publications: _____ ~~To ensure that CAC information is thoroughly vetted before publication; and To edit, prepare, and/or have printed all arrange for the production of Club publications, except the schedules prepared by the Schedules Committee for print and Web distribution.~~
- g) Schedules: _____ To arrange for all activities except those planned by Outings, Conservation, Entertainment, and special committees; to appoint necessary leaders, hosts/hostesses with appropriate instructions as to their duties; and to establish and maintain coordination with other committees and with activities leaders in order to enable this committee to prepare and have printed semiannually a schedule of activities.
- h) 5. Social Activities: To coordinate, promote, and recruit leaders for Club social activities, and to appoint event hosts/hostesses and to provide appropriate instructions as to their duties.
- 6. Nominating: To prepare a slate of leadership candidates for presentation to the Board of Directors and membership at the Nominations meeting.
- 7. Award: To choose the annual recipients of the Distinguished Service Award and to recommend other awards as appropriate.

Section 3 - Standing Appointments:

The President shall appoint the following for a one-year term: Historian, Parliamentarian, Sunshine, Hikes Coordinator, ~~and Youth Activities, Education, Innkeeper Coordinator, and Hikers' Weekend Coordinator,~~ who will perform the customary functions of these positions.

The basic duties of these positions are:

- a) 1. Historian: _____ To maintain Club historical records and perform such projects that further enhance membership knowledge and appreciation of ~~historical happenings within the Club history.~~
- b) 2. Parliamentarian: To attend all Board of Director and General Membership meetings and advise those in attendance of the proper rules and regulations relating to the procedures of the meeting. The Parliamentarian shall be familiar with and, if necessary, refer to Robert's Revised Rules of Order when advising Club members.
- e) 3. Sunshine: _____ To keep informed of the health of Club members; and to send appropriate cards and notes to members who are sick ~~or~~ and to surviving family members if a member should pass away. The Sunshine Chairperson shall ~~also be responsible for informing the Board of Directors and the General Membership of recent information regarding on the health or death and welfare of members.~~
- d) 4. Hikes Coordinator: _____ To schedule hikes and recruit hike leaders.
- e) 5. Youth Activities: _____ To develop and coordinate a program that promotes youth activities with the California Alpine Club and to report such plans and activities to the Board of Directors and the General Membership.
- 6. Education: To arrange for educational programs.
- 7. Innkeeper Coordinator: To schedule Innkeepers for each Sunday at Alpine Lodge.
- 8. Hikers' Weekend Coordinator: To host hikers' weekends at Alpine Lodge.

Section 4 – Liaison Appointments:

The President shall make the following liaison appointments from members of the Board of Directors. Directors with liaison responsibilities shall report their findings to the Board of Directors.

1. Alpine Trustees
2. Echo Trustees
3. Membership
4. Finance
5. Social Activities
6. Publications and Web Site
7. By-Laws
8. California Alpine Club Foundation

POTENTIAL BY-LAWS CHANGE – Dues Distribution

In Article II, Section 6, the \$2 for Echo and \$3 for Alpine distributions from the dues is out of date. The distribution amounts need to be set in accordance with projected operational costs of the lodges as part of the financial review and budgeting process. Reserve funds need to be established within the CAC treasury.

This change could not be worded and formatted in time for the March Trails publication. The By-Law change will be on the agenda for the July 2009 membership meeting. Comments are welcome.

**IMPORTANT!
RAIN CANCELS**

ALL 2B HIKES BEGIN AT 9:30AM (7-10
MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx.. 2 miles per hour).

****Leaderless hikes meet at Alpine Club.
Please select a leader from the group.**

Hike Coordinator: Taren Hamilton, at 415-378-4240 or tarenhf@comcast.net.

*Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

ALPINE LODGE SUNDAY INNKEEPERS

So, I'd like to request that the 27% of you who have not provided email addresses make a special effort to do so. If you don't have email at home but have a friend or another member you see often, you might consider asking if you could use their address and have them give you the message if they get one from us.

Writing letters is an expensive use of many resources including time, effort, trees, and postage. It would be a good thing to minimize this effort whenever possible. Some messages go out only by email and you miss getting timely information. So, please, send your email addresses to the Registrar at alpineregistrar@pacbell.net and remember to keep current.

E. Ricki Gross ergross@comcast.net
Joyce & Burt Rogers joyceburtrogers@comcast.net
Kathleen O'Dea Kathleen.O'dea@worldlearning.org
Ursula Dupree ursdupree@earthlink.net
William Edmonds lynn.billedmonds@sbcglobal.net
Rosemary Trowsdale zoe@pon.net
Valerie Floch vfloch@comcast.net
Pia Andersson piaandersson@earthlink.net

March 1	Leslie and Mary Will	415-751-6469
March 8	Gayle Dekellis	510-548-7900
March 15	Jennie Bruyn	415-456-1877
March 22	Ricia Wise	510-525-8268
March 29	Charlene Schmidt	925-962-1916
April 5	Ellen Hoyer	415-479-0259
April 12	open	
April 19	Nancy Bott	415-388-0245
April 26	Jennie Bruyn	415-456-1877
May 3	Charlene Schmidt	925-962-1916
May 10	Onnie Taylor	415-648-6380
May 17	Erin Neff	415-861-3447
May 24	Lin and John Mangiante	650-697-7403
May 31	Cheryl Deaner and Lori Guidos	415-665-8641

Sunday Innkeepers carry on our gracious tradition of hospitality. Spend a Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Innkeepers are always needed. Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

WINTER ALPINE LODGE WORK PARTIES

A cool morning on January 8 welcomed 32 members to The Alpine Club Work Party, coordinated by **Jennie Bruyn**.

Garden Committee members **Donna Rice**, **Bill Pung**, and **Dennis Ziebell**, assisted by **David Gibson** and **Margit Gonzales**, were eager to get to work composting and weeding. They dug, divided, and planted bulbs, rhizomes, and pelargonium cuttings donated by **Renee Powers**.

Arnold Champagne headed the team of **Ben Heldens**, **Hardy Dawainis**, **Eric Bodtker**, **Hans Schilling**, **JD Petras**, **William Wiley**, **Josh Gordon**, and **Amy Blackstone** to inspect the drooping beams in the Women's Dorm. For a full account of this and the ensuing renovations, see, "A FEEL-GOOD STORY," on page 3.

The other project similarly addressed was that of earthquake-proofing the deck by attaching it to the main support beams of the Lodge with specially welded support arms to be made by **Amy Blackstone**.

Jordan Hermann, **Tom Foote**, **Roger Diehnel**, **Bill Pung**, **Eric Bodtker**, and **Ben Heldens** cleared out the firewood-storage area in the basement and gave it a thorough cleaning.

Roger Dienel made and posted several signs. **Ben Heldens** worked on the irrigation system. **Hardy Dawainis** was seen supervising everywhere as **Bebe Birnbaum**, **Rosemary Trousdale**, **Audrey Hulburd**, **Kathi Freeman**, **Hans Schilling**, **Renee Powers**, **Sue Karp**, **Karl Baeck**, **Innes Bergman**, **Barbara Hawke**, **Judy Flannery**, **Mary Foote**, and **Marliss Riddle** scrubbed, mopped, vacuumed, cleaned, washed, dusted, replenished, organized, fluffed, and...most importantly...took down and put away the Christmas decorations. And cheers to **Olive Bavins**, for cleaning the wooden bear!

As a finale, **Jennie Bruyn** and **Carol Bodtker**, assisted by **Morgan Evans**, turned Alpine Lodge into a five-star restaurant as they prepared and served an incredible poached Chilean Sea Bass on a bed of wilted spinach with roasted potatoes and a beautiful green salad. Completing the repast, **Jennie Bruyn** served her fabulous fresh baked Rum Cake for dessert.

Lodge maintenance continued with the January 11 Work Party coordinated by **Arnold Champagne**. **Tony Smith** led the team of **Denise Libien** and **Sally Hernandez** in giving the large hall window a coat of primer. **Russ Toran** put the finishing coat of paint on the outside. And **Hardy Dawainis** provided the team with a tasty lunch while Sunday Innkeeper, **Susan Head**, leant a hand with kitchen chores.

Our intrepid Alpiners returned for yet another Work Party on February 5 coordinated by **Eva Libien**. **Arnold Champagne** and **Ernie Pitz** inlaid damaged floor boards in the side hall. **Karl Baeck** and prospective member, **Graham Forder**, sanded furniture that will be refinished to restore its Old-World luster. **Hardy Dawainis** continued the sheet-rocking opus in the women's dorm. **Ben Heldens**, **Hans Schilling**, and **Roger Diehnel** did necessary repairs. The award-winning gardening team of **Tretbar**, **Pung**, and **Ziebell** was joined by **Tom McNicholas** in planting, weeding, clearing, and pruning. **Anne Good** took the bedspreads to the laundry mat for washing. **Mayme Harris** and **Jean Kramer** worked on completing an inventory of the lodge. **Ann Meneguzzi**, **Barbara Hawke**, **Rosemary Trowsdale**, **Carol Bodtker**, **Innes Bergman**, **Jennie Bruyn**, **Mae Harms**, and **Selma Bomfim** cleaned, dusted, washed, and polished to maintain our lodge in mint condition. And the, "piece de resistance" – **Maureen Smith's** cooking and **Jennie Bruyn's** baking!

If anyone has yet to volunteer to come to a work party, you don't know what you're missing.

— **Dennis Ziebell**,

Hardy Dawainis, and **Eva Libien**



ON THE ENVIRONMENTAL FRONT

Don't mistake the recent rains for an end to our drought. If you are annoyed by the need to let yellow mellow, shorten showers, or drive a dirty car, just consider the mortal impact already imposed on stressed species as diverse as the Coho salmon of Lagunitas Creek, our few tanoaks that have survived Sudden Oak Death, and the coniferous victims of the Pine Beetle.

Our reorganized CAC Foundation Board of Directors met in January and February and decided to focus on specific projects in the range of \$1000 to \$2000. The previous Board's grant of \$1500 to acquire the Baltimore Canyon Trailhead (thank you **Kay Gillis**) was seen as a model for future grants. A letter soliciting applications from local organizations is being circulated. Do you know of a worthy environmental project in the vicinity of our lodges? If so, grab the ear of one of our directors or email me at dsolbach@gmail.com.

According to U.C. Davis' Tahoe Environmental Research Center (TERC), "Secchi depth measurements," suggest that the decline in Lake Tahoe's clarity has slowed significantly in recent years. The reasons are complex and, unfortunately, easily reversed.

Another silver-lining item comes to us via the U.S. Forestry Service which has begun gillnetting brook and rainbow trout at Ralson, Tamarack, and other lakes west of Lake Tahoe. The goal is to restore habitat for the yellow-legged frog, a candidate for Endangered Species Act listing. Prior to the 1950s, these wilderness lakes had no fish and the frogs thrived.

Marin Conservation League's annual dinner on April 17 will feature **Bill Press** speaking on "75 Years of Protecting Marin: Celebrating the Legacy – Looking to the Future." Check it out at mcl@conservationleague.org.

Jordan Herrmann is coordinating a documentation of rare and threatened plants on Mt. Tam this spring. Query herrmann48@comcast.net. All are welcome, especially amateur or professional botanists to help with identifications.

If you are interested in **Ellie Cohen's** discussion of, "Climate Change and the role of Conservation," on March 5, RSVP at marinefm.org.

Laura Wong, our Mt. Tam Supervising Ranger, advises us that District Superintendent **Dave Gould** has been promoted and replaced by Superintendent **Danita Rodriguez**.

To help support our environmental efforts, please check off the box to benefit our CAC Foundation on your annual membership-renewal form.

Should you or an organization you represent have information that would be of interest in this column, email me at dsolbach@gmail.com.

— **David Solbach**

January Alpine Lodge work party – l to r: **Tom Foote**, **Roger Diehnel**, **Ben Heldens** and **Jordan Hermann**.

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396
anytime until 9:30pm
or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

There is still plenty of winter left in the Sierras. Echo Lodge has many hosted events scheduled. Enjoy our mountain retreat before the spring thaw. Just contact the host(s), and head on up for some late winter fun!

Summer/Fall Hosts and Hosts-in-Training: I still have openings for Spring through Fall of 2009. Open times in Summer are noted in the schedule below. If you would like to host a session or schedule a member rental, please contact me. **Host Appreciation and Training is scheduled for May 15-17** for anyone who wants to learn the art of hosting or for veterans to get a refresher on the latest changes at Echo while enjoying a leisurely weekend. Contact me to sign up.

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be held Saturday, April 18th, 10 AM, at Jim Nixon's home. Contact Jim at 650-756-7771 if you would like to attend.

Echo Summit Lodge Winter/Spring/Summer Schedule:

MAR 1-6 SUN FRI AVAILABLE FOR
TRAINED HOSTS

MAR 6-8 FRI-SUN HOSTED EVENT
Lillian Young & Edna Trimm 650-588-5689
3650 Sneath Lane, San Bruno, CA 94066
lcyousbcglobal.net

MAR 8-13 SUN-FRI AVAILABLE FOR
TRAINED HOSTS

MAR 13-15 FRI-SUN HOSTED EVENT
Michelle Scott 916-804-2334 cell
1200 Creekside Dr. #3213 916-467-7144 hm
Folsom, CA 95630
dressageup@hotmail.com

MAR 15-17 SUN-TUES AVAILABLE FOR
TRAINED HOSTS

MAR 17-22 TUES-SUN HOSTED EVENT
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr., Santa Rosa, CA 95405
karwag@sonic.net

MAR 22-27 SUN-FRI AVAILABLE FOR
TRAINED HOSTS

MAR 27-29 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr., Petaluma, CA 94952
travmcgee@comcast.net

MAR 29-APR 3 SUN-FRI AVAILABLE FOR
TRAINED HOSTS

APR 3-6 FRI-MON HOSTED EVENT
Tele-Bluegrass Festival at Sierra-at-Tahoe
Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way, Santa Rosa, CA 95409
aewart@sbcglobal.net

APR 6-24 AVAILABLE FOR
TRAINED HOSTS

APR 24-26 FRI-SUN PRIVATE EVENT
Tom & Carol Coleman 707-992-0650

MAY 15-17 FRI-SUN HOST
APPRECIATION AND TRAINING
Contact: Cindy Toran 707-539-4396
toranski@aol.com

MAY 21-25 THURS-MON SPRING WORK
AND FUN PARTY 650-756-7771
Reservations: Jim Nixon
jimnixon2000@yahoo.com

MAY 28-JUN 1 THURS-MON PRIVATE
EVENT
Kathleen O'Dea 415-897-5583

JUN 10-14 WED-SUN CONSERVATION
BENEFIT AND BIRDING EVENT
Karen and Jerry Wagner 707-528-8197
2622 Wawona Dr., Santa Rosa, CA 95405
karwag@sonic.net

JUN 19-21 FRI-SUN MEMBER RENTAL
Mary and Roger Rigney 916-985-7351

JUN 21-30 SUN-TUES SUMMER SPA
WEEK
Barbara Crockett 650-365-6280
859 Chesterton Ave., Redwood City, CA 94061
kc9erfan@sbcglobal.net

JUL 1-5 WED-SUN TEEN FAMILY WKEND
Join us for a few days of teenage fun at the lodge.
Kid-friendly food and a relaxed meal schedule.
Kristina and Ben Gale 415-381-9319
Pat Anderson and Fred Huxley
158 Morningsun Ave., Mill Valley, CA 94947
krissegale@yahoo.com

JUL 5-12 SUN-SUN HOSTED EVENT
Kathy and Bill Faherty 707-539-7081
5420 Gates Road, Santa Rosa, CA 95404
Kfaherty@mac.com

JUL 12-17 SUN-FRI HIKERS' WEEK
(COOP MEALS)

Martin and Elaine Dengler 707-575-1697
3616 Holly Ridge Dr., Santa Rosa, CA 95409
medengler@sbcglobal.net

JUL 17-19 FRI-SUN CO-OP MEALS WKEND
Kim Cox, Gene Zieman,
and Susan McCarthy 541-227-8275
1660 Pair-a-dice Ranch Road
Jacksonville, OR 97530
kkc89447@yahoo.com

JUL 19-23 SUN-THURS AVAILABLE FOR
TRAINED HOSTS

JUL 23-26 THURS-SUN HOSTED EVENT
Chris Bekins and Kurt Eichstaedt
and Cindy Toran 707-874-2556
12400 Elliot Lane, Sebastopol, CA 95472
cbekins2@yahoo.com

JUL 26-31 SUN-FRI HOSTED EVENT
Janis Riccomini and Paul Crockett 408-725-7953
12602 Cambridge Dr., Saratoga, CA 95070
janisriccomini@comcast.net

JUL 31-AUG 4 FRI-TUES HIKERS' EVENT
Edna Trimm 415-456-5557
142 Dominga Avenue
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

AUG 4-9 TUES-SUN HOSTED EVENT
Jim Nixon and Jan McCulloch 650-756-7771
50 Seacrest Court, Daly City, CA 94015
jimnixon2000@yahoo.com

AUG 9-13 SUN-THURS HOSTED EVENT
Mae Harms and April Roberts 530-333-1058
5941 Garden Park Dr., Garden Valley, CA 95633
maeharms@mindspring.com

AUG 13-16 THURS-SUN HOSTED EVENT
Lillian Young 650-588-5689
3650 Sneath Lane, San Bruno, CA 94066
lcyousbcglobal.net

AUG 16-21 SUN-FRI AVAILABLE FOR
TRAINED HOSTS

AUG 21-23 FRI-SUN DEFENSIBLE SPACE
CLEARING

This is the weekend to pitch in and clear defensible space around Echo Lodge in accordance with USFS guidelines, keeping our Lodge safe from forest fires. We need your help on this annual project. Note: The lodge will also be open as a hosted event (i.e., open to members not involved in brush clearing).
Contact Tom Coleman 707-992-0650
32 Live Oak Dr., Petaluma, CA 94952
travmcgee@comcast.net

AUG 23-SEPT 11 AVAILABLE FOR
TRAINED HOSTS

Watch for updates in future issues of Trails!

TRAILS

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936

P.O. Box 2180

Mill Valley CA 94942-2180

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2009 NOMINATIONS REPORT

Many Club volunteers have agreed to serve another term. In addition, a new slate of dedicated individuals has stepped forward. As of the printing of this Trails, we still have the **Parliamentarian** and **Sunshine Chairs**, as well as two **Board of Director** positions to fill by April.

As you know, we are an all-volunteer organization. Please explore this opportunity to support your fellow Club members and yourself by playing a role in the leadership of CAC. We are testing whether teleconferencing will work for some team meetings, and most activities are conducted via email from home. If not you, who? If not now, when?

If you or someone you know might be interested, contact **Jim Nixon**, our Nominating Committee Chair, at jimnixon2000@yahoo.com or 650-756-7771.

— Jim Nixon

TRAILS NEWSLETTER ALERT

Please send articles for the April issue of TRAILS to editor, **Angi Blackwell**, ablackwellca@earthlink.net, telephone 415-584-2586, 234 Lisbon St., San Francisco, CA 94112-2019.

Angi should receive articles for the April issue no later than March 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the May issue of TRAILS will be **Anita Cabrera**, telephone 415-206-9152, cell phone 415-722-0237, aa_cabrera@msn.com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Pat Boyd, boyd4@pacbell.net, telephone 510-883-9929.

—Pat Boyd, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 85

April 2009

No. 3

HIKE OLD GROWTH REDWOODS NEAR CRESCENT CITY

Come join us in the redwoods! The redwood forests in this area are irreplaceable treasures and are inspiring to explore. The trip has two days of planned hikes. The middle day is free for us to explore the Crescent City area and its historical sites and attractions.

Crescent City is about a seven-hour drive from the Bay Area. You might want to break the drive to explore the Sun Dial Bridge in Redding, or Weaverville on Highway 299, or little places along the Trinity River.

We will stay in a pleasant motel with a lovely porch facing the beach and dunes --attractive for "Happy Hour". We'll be there four nights: June 22-25. For more information, please contact **Jean Rodgers** at 415-435-9383.

— Jean Rodgers

SAVE THE DATE FOR FAMILY CAMP!

Please save the date to join us at Family Camp at Camp del Oro this Labor Day weekend, Saturday, September 5 through Monday, September 7. The camp is located on lovely Lake Vera near Nevada City. There are paddle boats, canoes, and kayaks ready for water-sporting enjoyment. There also is a large swimming pool, a climbing wall, and a grass-covered sports field; special activities may include (but are not limited to) archery, square-dancing, camp fire skits and sing-along, and star gazing. Camp is also a short drive from the Yuba River. Camp accommodations include open cabin sites, tent sites and several cottages to satisfy all levels of ruggedness. This is a great weekend for all ages. For more information and/or reservations, please call **Mindi Canner** at (415) 285-8958 or e-mail her at mcanner@comcast.net

— Mindi Canner

ANNUAL MEETING AND AWARDS DINNER

Come be a part of your Annual Membership Meeting at 3pm, Saturday, April 25, 2009, in the social hall, and stay for Happy Hour and the Annual Awards Dinner at 6pm! Congratulations to **Cindy Toran** and **Dave Maier** who are the recipients of the Distinguished Service Award. Please join us at this festive and somewhat "dress-up" CAC event to toast and honor these individuals who have given so much time and talent to our Club.

Cindy Toran currently chairs the Echo Trustees. As an Echo Trustee for many years, she managed with great dexterity, and continues to manage, the complex hosting calendar at Echo. A long-time CAC member, Cindy also served on the Board of Directors as the Club Secretary.

Dave Maier updated the database with integrated production of mailing lists and email distribution lists. He served as the CAC Registrar for several years. As our Finance Chairperson, he recommended changes to the financial record keeping, budgeting processes, and collection of tax-related data.

The cost for the dinner will be \$20. Wine will be served with the buffet dinner. If you wish to spend the night (\$18) with a continental style breakfast (\$7) the next morning, the cost for both is \$25. (Associate Member enrollments for this event have been waived.)

Please send your reservation/check payable to **Mae Harms** at 5941 Garden Park Drive, Garden Valley, CA 95633-9514. Your check is your confirmed reservation. Please be sure to list your name(s) as you would like them on your name tag(s). We do have a seating limitation in the social hall, so get your reservation in early.

We also need about six people to contribute hors d'oeuvres, plus people to help with dinner setup, cooking, serving, and cleanup. Contact **Barbara and John Lillich** at jlillich@sbcglobal.net or 925-930-9489, as we need your help with this event.

— Barbara and John Lillich

Monthly TRAILS Editor ~ Angela Blackwell California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	John Hannum	707-525-8108	JRHannum@sbcglobal.net
Vice President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Secretary	Helena Troy	415-492-9576	hmtroy@aol.com
Treasurer	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com
Registrar	Stefan Berlinski	831-458-9954	alpineregistrar@pacbell.net

Board of Directors:

	Carl Duisberg	415-388-1175	carlduisberg@hotmail.com
	Vicki Olds	415-221-2830	volds@studioreflex.com
	Mae Harms	530-333-1058	maeharms@mindspring.com
	John Lillich	925-930-9489	jlillich@sbcglobal.net
	Jean Rodgers	415-435-9383	jrodg1218@aol.com
Past President '07	Carroll Pearson	408-736-9403	pearsoncmp@aol.com

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Finance	Dave Maier	831-462-2764	dmmaier@pacbell.net
Historian	Verna West	650-854-6349	99swest@earthlink.net
Hike Coordinator	Taren Hamilton	415-378-4240	hamilton@wiarchitects.com
Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Membership	Marliss Riddle	415-927-1234	marlissriddle@comcast.net
Outings	Ruth Tretbar	510-836-0108	rtretbar@yahoo.com
Publications	Patricia Boyd	510-883-9929	boyd4@pacbell.net
Sunshine	Mary Maier	831-462-2764	mlmaier@pacbell.net
Social Activities	Sonia Bastidas	415-850-0464	soniaebastidas@yahoo.com

Lodge Trustees:

Alpine Chair	Peter Beckmann '10	831-423-9242	beckmann@baymoon.com
	Jennie Bruyn '10	415-456-1877	jennielbruyn@yahoo.com
	Hardy Dawainis '09	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Arnold Champagne	415-282-1704	arnoldchampagne@yahoo.com
Alpine Treasurer	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Gerald Petak	408-656-6817	alpinelodge1@yahoo.com
Alpine Lodge	Accommodations	415-381-4975	
Echo Chair	Cindy Toran '10	707-539-4396	toranski@aol.com
	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Edie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Jim Nixon '09	650-756-7771	jimnixon2000@yahoo.com
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"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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CAC Web Site: www.calalpineclub.org

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PRESIDENT'S MESSAGE



BIRD SONGS

These mornings I've heard several. Doves: "Who-who". Turkeys: "Robble-robble" and "Clerk-clerk-clerk". Geese: "Ha-runk, harunk". But nary a swan.

The crows have gone silent – paired-up and seeking leafy bowers for March-and later. Noiseless like the swan.

Mockingbirds have returned from winter quarters (Fresno?); I love their patter.

Orlando Gibbons (15th Century's John Williams) scribed a madrigal for five voices:

The silver Swan, who living had no Note,
when Death approached, unlocked her silent throat.
Leaning her breast against the reedy shore,
thus sang her first and last, and sang no more:
'Farewell, all joys! O Death, come close mine eyes!'
'More Geese than Swans now live, more Fools than Wise.'

One and only one song? Then eyes closed and all left to the geese?

Well, I was thinking of a "swan song" as my tenth-and last- President's Message ... But I've been no silent silver swan, you've heard plenty from me. Nor will I fade into the reeds. I'll continue as the geese, noisy and perhaps foolish, perhaps wise.

So, no "swan song" for me.

It's like that for many of our members – they do a burst of work for our Club, then keep coming back for more. There must be something about altruism; giggling as we run-about the Lodges; making the "green" decisions and journeying to worthwhile goals.

But could not geese have a prettier song?

JRHannum

MARY DUNN BENNETT

OCTOBER 9, 1931—FEBRUARY 26, 2009

Club leaders were saddened to hear that **Mary Dunn-Bennett**, long time member and former club historian passed away recently. Mary did an outstanding job of caring for and updating the club's historical records during her tenure as club historian in 2001, 2002 and 2003. She also put in hundreds of hours of service to Alpine Lodge during those years when her husband Bern was chair of the Alpine Lodge Trustees.

Mary received her bachelor's degree from San Francisco State and a Master's Degree from San Jose State and worked as a teacher and librarian for 29 years with the San Bruno School district.

Bern and Mary lived in San Francisco on the Great Highway until about four years ago, when they moved to Rossmoor in Walnut Creek. Her survivors, in addition to Bern, include a sister in Fairfield, three nephews and a niece.

Mary's quiet and cheerful presence will be missed by Alpiners. The family requests that donations in her honor may be sent to Defenders of Wildlife, 1130 17th Street NW, Washington, DC. 20038, The American Parkinson's Disease Association, 135 Parkinson Avenue, Staten Island, New York NY 10305, or to the California Alpine Club.

— Bob Hanson

BOARD OF DIRECTORS MEETING DATES

- | | |
|---------------------|---|
| Sat, April 25, 2009 | Board of Directors Meeting at 2pm.
Annual Membership meeting at 3pm.
Awards dinner to follow. |
| Sat, May 16, 2009 | Alpine Trustees Meeting at 1 pm
Board of Directors Meeting at 3 pm |
| Sat, June 20, 2009 | Alpine Trustees Meeting, 1 pm
Board of Directors Meeting at 3 pm |

If you have any questions or wish to have an item on the agenda, contact John Hannum at jrhannum@sbcglobal.net or call 707-525-8108. Members are welcome at board meetings.

— John Hannum

VOTING ON CHANGES TO BY-LAWS

Remember, we are voting on the changes to the By-laws at the annual membership meeting on April 25th at 3pm. Please join us at Alpine Lodge. The proposed changes may be found on pages 5 and 6 of the March TRAILS. TRAILS is available on our web site, calalpineclub.org.

—Carroll Pearson

MEMBERSHIP REPORT

CAC New Members Marc

Denise Libien and Joshua Gordon - joint members
2715 Cabrillo Street #308
San Francisco, CA 94121 415-571-5003
dlibien@sbcglobal.net
Sponsors: Jennie Bruyn and Eva Libien

Jerilynn ("Jeri") S. Merritt and Hunter Merritt - joint members
1628 51st Street
Sacramento, CA 95819 916-451-2320
worldhospice@hotmail.com
Sponsors: Claudia Hilligoss and Aurora Roberts

Marguerite Murphy - regular member
419 Vidal Drive
San Francisco, CA 94132 415-675-9889
mcm00@pacbell.net
Sponsors: Suzanne Karp and Jennie Bruyn

Rani Devadasan - regular member
12 Josefa Court
Novato, CA 94939-6627 415-382-0343
ranidevadasan@comcast.net
Sponsors: Jordan Herrmann and Suzanne Karp

Marie Melka - regular member
63 Meadowood Drive
Larkspur, CA 94939 415-924-2214
melkam@comcast.net
Sponsors: Suzanne Karp and Jennie Bruyn

Graham Forder - regular member
551 Alameda del Prado #311
Novato, CA 94949 415 827-4748
gfo99@yahoo.com
Sponsors: Pia Andersson and Charles Perry

Isabel Lenssen
1221 Hopkins Street
Berkeley, CA 94702-1143 510 528-3699
bellenssen@lycos.com
Sponsors: Elizabeth Siedhoff and Phil and Millie Kimery

— Marliss Riddle
Membership Chair

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP TO THE MINUTE LISTINGS, SEE THE WEBSITE AT WWW.CALALPINECLUB.ORG. TO LIST AN EVENT ON THIS PAGE, OR FOR WEBSITE USER ID AND PASSWORD, CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM

EVERY SUNDAY OPEN HOUSE
Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

APR 2 THUR MID WEEK WORK PARTY 9am-3pm

CHEF: Anne Allio
COORDINATOR: Hardy Dawainis
Overnight possible. Contact Hardy at 415-461-4431 to let him know you are coming.

APR 4-5 SAT-SUN PRIVATE EVENT Anita Cabrera

APR 18-19 SAT-SUN HIKERS' WEEKEND See box below.

APR 19-25 SUN-SAT SIERRA CLUB RENTAL

APR 25 SAT ANNUAL MEETING Board of Directors 2pm. Annual Membership 3pm. Awards Dinner to follow. See page 1.

MAY 3-7 SUN-THUR PRIVATE EVENT Edna Trimm

MAY 7 THUR MID WEEK WORK PARTY 9am-3pm

CHEF: Selma Bomfim
COORDINATOR: Jennie Bruyn
Overnight possible: Contact Jennie at 415-456-1877 to let her know you are coming.

MAY 12-15 TUES-FRI PRIVATE EVENT Sue Barnard

MAY 16 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS Alpine Trustees meet at 1pm; BOD at 3pm.

MAY 16-17 SAT-SUN HIKERS' WEEKEND See box below.

MAY 19-22 TUES-FRI PRIVATE EVENT Tony Smith

MAY 22-25 FRI-SUN WEDDING

JUN 4 THUR MID WEEK WORK PARTY 9am-3pm

Chef: Eva Libien
Coordinator: Hardy Dawainis
Overnight poss. Contact Hardy at 415-461-4431 to let him know you are coming.

JUN 6 SAT PRIVATE RENTAL Renee Lee

JUN 8-10 MON-WED PRIVATE EVENT Lynn Hoffman

JUN 11-14 THUR-SUN SPONTANEOUS OVERNIGHT Allyn Bromley with Private rental 6/12

JUN 19 FRI PRIVATE EVENT MJ McKown

JUN 20 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS Alpine Trustees meet at 1pm. Board of Directors at 3pm.

JUN 20-21 SAT-SUN HIKERS' WEEKEND See box below.

JUN 21 SUN MOUNTAIN PLAY ASSOC. MJ McKown 2:30-10:30pm PRIVATE EVENT

JUN 22-28 PRIVATE EVENT Joan Ryan

JUN 28-JUL 4 SUN-SAT PRIVATE EVENT Greg Farber

JUL 2 THUR MID WEEK WORK PARTY 9am to 3:00pm

Chefs: Morgan Evans and David Gibson
Coordinator: Jennie Bruyn
Overnight poss. Contact Jennie at 415-456-1877 to let her know you are coming.

JUL 2-6 THUR-MON PRIVATE EVENT Patrick Dippery

JUL 11-18 SAT - SAT SIERRA CLUB Yoga and hiking

JUL 12 SUN SUNDAY WORK PARTY 9am to 3:00 pm

Coordinator: Peter Beckmann
Overnight poss. Contact Peter At 831 423 9242 or beckmann@baymoon.com to let him know you are coming.

JUL 18 - 19 SAT-SUN HIKERS' WEEKEND See box below.

JUL 19 SUN QUARTERLY MEETING Trustees Meeting, 1pm. BoD, 2pm, Quarterly membership meeting, 3pm. Dinner follows. Everyone is invited.

JUL 19-25 SUN-SAT PRIVATE EVENT Josephine Leen

JUL 25-31 SAT-SAT PRIVATE EVENT Andres Marti

AUG 6 THUR MID WEEK WORK PARTY 9am to 3:00pm

Chef: Sue Karp
Coordinator: Hardy Dawainis
Overnight poss. Contact Hardy at 415-461-4431 to let him know you are coming.

AUG 2-5 SUN-WED PRIVATE EVENT Ann and Ed Del Monte

AUG 15-16 SAT-SUN HIKER'S WEEKEND See box below.

SEP 6-12 SUN-SAT PRIVATE EVENT Berkeley Folk Dancers

SEP 19-20 SAT-SUN HIKERS WEEKEND See box below.

SEP 23 WED DAYTIME RENTAL 8:30-4:30 Unitarian Church

Watch for updates in future issues of TRAILS!

HIKERS' WEEKENDS
Happy Hour 4:30; BYOB and appetizer to share. Dinner, salad, dessert, 6 pm, \$8. Overnight \$18, breakfast Sunday, \$4; associate fee \$5. For reservations, contact Diane Smith by Wednesday, at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

REMEMBERING THEODORA GOTTWALD



There was no space to reproduce the picture above in last month's TRAILS, so we are publishing the article again this month.

Early this year, on January 14, a brave, spirited lady and personal friend of ours died in her home.

Theodora Gottwald was born and raised in the former Czechoslovakia and went through very difficult times during WWII. She was married and lost her husband at a young age to cancer.

Theodora immigrated to the US in the 1950s and worked as an accountant for many years.

Many of us have known Theodora from her very entertaining tales as a travel guide. She went on extensive bus trips starting in San Francisco, and showed large Swiss and German groups the Western States. Always well prepared in history, culture, folklore, food, and local terrain, Theodora's tourists were entertained and informed non-stop about the area her tour busses would visit.

Theodora loved to come to the Echo Summit Lodge where she met young and old members with warmth and charm.

She was a hardy hiker. And typical for Theodora, she learned how to ski at an older age.

As her health declined in later years, her hikes from the Alpine Lodge became more rare.

Her last trip with friends was to Cancun and Florida over Christmas. Afterward she was lovingly taken care of by friends and Hospice in her San Francisco home.

Theodora died of stomach cancer; she was 80 years old. She is survived by her sister-in-law and two nieces in Germany.

A Memorial and Social Hour was held at St. Matthews Lutheran Church in San Francisco on February 15. CAC members, friends, and members of the Church remembered a vivacious and engaging lady.

Good Bye dear Theodora; we will always miss you.

— Siegfried and Eike Linkwitz

PAPERTRAILS? OR WEBTRAILS?

Do you want the latest Alpine or Echo calendar information? Hike or outings schedules? Want to download and print your own copy of TRAILS—perhaps even before it comes in the mail? All of this and more is on our CAC Website, <http://calalpineclub.org>. On the "About Us" page, there is now a CAC song written and performed by a new member, **Steve Mansfield**. (See lyrics below.) Minutes of meetings, by-laws, floor plans, host training manual, and other club information and documents are there. You can read the job descriptions for various volunteer positions, and join a forum to exchange information and make connections for informal activities. Prospective members can read about the club, its purpose, its lodges and activities, and download an application form.

From any computer with an internet connection, whether at home or a local library, you only need to type <http://calalpineclub.org> into the navigation toolbar, then click on one of the tabs: Home, About Us, Contact Info, General Info or Members. The Echo and Alpine events calendars, schedules, current and archived copies of TRAILS and other informative club documents are in the Members section, which requires a username and password. If you do not already know the login name and password, get them from **Gerald Petak** at alpinelodge1@yahoo.com or 408-356-8281.

Vicki Olds is our web coordinator, and **James Higgins** is our webmaster. Thanks to these two hard-working volunteers, our web site is increasingly useful. Give it a try! It is much more reliable than it once was and the content grows and changes. If you want to get WEBTRAILS instead of a printed copy in the mail, please email the registrar, **Stefan Berlinski**, alpineregistrar@pacbell.net, and ask him to drop your name from the TRAILS mailing list. This will help the club reduce mailing and printing costs. And a bonus-- you can find and *play* our new song.

—Pat Boyd, Publications

"California Alpine Club" by Stephen Mansfield

Chorus

*The fog, is blocking out the sun
Soon that star will shine for everyone
Starting out at Alpine Lodge, heading up Mt. Tam
Members hike the mountain trails, and they understand
The beauty*

*The fog, is lifting through the trees
Soon these hikers will look up and see
Beams of light that filter through, and seem within their reach
Sweeping views of blue ocean, Oh Stinson Beach
The beauty*

*At Tahoe, overlooking the Basin
A mountain lodge for great expeditions
Hiking down to the lake, trekking through the snow
Rustic spot that sits atop the summit of Echo
The beauty*

Bridge

*The members formed this club
A community
To enjoy what they love
Nature's beauty
Ahhhh, the beauty
Chorus*

ALPINE LODGE TRUSTEE NOTES

Event Hosts and all Members

There is a notice on the pantry refrigerator regarding supplies for the Alpine Lodge. When you find supplies are needed please consult the list and find and notify the person responsible for the purchasing the item. Please do not purchase items without consulting the person responsible for those items.

Thursday, March 5 Work Party

Another great day at Alpine Lodge. We had a large turnout of 30 members and prospective members. The news of a fun day and a great lunch must have got around. **Lynn and Bill Edmonds**, with the help of **Sarah Hampton**, presented us with a delicious lunch with a Mexican flavor. I noticed that most of us went back for a second helping. We have by now come to expect a great desert from **Dennis Ziebell** and **Bill Pung** and we were not disappointed this time. The cake that Dennis baked was out of this world.

Oh yes.. we also accomplished a lot of much needed work ! The Garden team under the direction of **Ruth Tretbar**, the General Repair team under **Arnold Champagne** and the Housekeeping team under **Jennie Bruyn** and **Sue Karp** each performed over and above the call of duty. As usual, any electrical gadget in need of fixing was attended to with diligence by **Roger Diehnel**. It was good to see **Innes Bergman**, **Rosemary Trowsdale**, **Edna Trim** and **Hans Schilling**, our "faithful regulars", who have been part of the Thursday Work Party team for many years, enjoy the camaraderie of some of our new and prospective members. Thanks to the hard work of **Selma Bomfim**, **Laurie** and **Steve Sondheim**, **Anne Thompson**, **Marliss Riddle** and **Greg Farber**, our Lodge looked again like the clean and friendly home away from home that we have come to expect.

In order for CAC to be around for another hundred years, we need a constant stream of new members. We were therefore happy to welcome nine prospective members to our Work Party. **Neil Anthony**, **Rani Devadasan**, **Frence-Laude Gohard** (**Frankie Sarah Hampton**), **Marie Melka**, **Marguerite Murphy**, **Jeri Merritt**, **Bell Lenssen** and **Rebecca Suzanne** all impressed us by their willingness to contribute not only their labor but also their talents and good spirits to our Club.

By the end of the day, all of us experienced more of that "feeling of ownership" which is so important to the wellbeing of our Lodge.

— Hardy Dawainis

LOST AND FOUND (OR NO PRICE TAGS AT CAC)

I've been an active member of CAC since 2006, and I love this club. It's amazing how through the volunteer work of our members we can keep two historic lodges operating and beautiful—and open to all members and friends for such low fees!

Recently, however, I was distressed to learn that someone had taken my downhill ski boots from the "Boots" shelf at Echo Summit Lodge. I'd left them there on January 26, 2009 and returned for them February 22. I hope someone mistook them for theirs, and I hope that they shall soon be identified and returned.

But I was more deeply disappointed in the common response I got when asking if anybody had seen them: "Well, you should never leave anything at the lodge without your name on it." What is this high school?

Just because something is not labeled—or has a price tag on it—it's free? We are the California Alpine Club; gracious, civilized, active and mindful. We host each other and share our tables and chores in community and cooperation. When items are found left behind during the hustle and bustle of clean up it's not "Finder's keepers; losers weepers," around here. At CAC we have a Lost and Found; we know each other's names; and we care.

CAC members should set the tone and remind all lodge guests to respect our property, and that all reasonable measures to reunite personal items with their grateful owners are observed. At CAC we protect the environment, and each other.

I'm asking everyone who visited Echo Summit Lodge from January 26 to February 22, to please check your gear. If my Lange V9 downhill racing ski boots, deep metallic blue w/ 4 silver buckles, women's size 6 in perfectly good condition (\$600 brand new), hand-decorated with a few blue and orange all-weather reflective sequins, are found, please, please let me know! Thank you, one and all.

— Vicki Olds



Evening with Art Bohnert, a Ranger and Harry West

1916 CAC "HIGH TRIP" TO VERMILLIAN VALLEY, CA

These photographs belong to my husband's father, Harry Phillip West, and are from one of his numerous albums of photos taken during many early California Alpine Club "High Trips" in the Sierra Nevada mountains.

— Verna Steele West, CAC Historian

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDDED

SUN APR 5	9:30 am	Arnold Champagne	415-282-1704	2B
SUN APR 12	9:30 am	Taren Hamilton	415-378-4240	2B
*SAT APR 18	10:00 am	Leaderless		1A
*SUN APR 19	9:30 am	Howard Ortman	415-456-5912	2B
SUN APR 26	9:30 am	Eva Libien	415-383-5184	2B
SUN MAY 3	9:30 am	Anne Good	510-526-6792	2B
SUN MAY 10	9:30 am	Jamie Watson	415-515-9618	2B
		Carpool Rock Springs		
*SAT MAY 16	10:00 am	Leaderless		1A
*SUN MAY 17	9:30 am	Carol Bodtker	415-884-0850	2B
SUN MAY 24	9:30 am	Leaderless		2B
SUN MAY 31	9:30 am	Anne Good	510-526-6792	2B
SUN JUN 7	9:30 AM	Pascale Leroy	415-661-8904	2B
SUN JUN 14	9:30 AM	Anne Good	510-526-6792	2B
*SAT JUN 20	10:00 AM	Leaderless		1A
*SUN JUN 21	9:30 AM	Renee Powers	415-648-4940	2B
SUN JUN 28	9:30 AM	Leaderless		2B

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

IMPORTANT! RAIN CANCELS

ALL 2B HIKEs BEGIN AT 9:30AM (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

****Leaderless hikes meet at Alpine Club. Please select a leader from the group.**

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Taren Hamilton, at 415-378-4240 or hamilton@hwiarchitects.com.

*Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.



Chefs for all occasions: (from right) Audrey Hulburd, Sue Karp, Jill Denney and Sonia Bastidas

WE WANT YOUR PHOTOS!

The Publications Committee would like to encourage CAC members to send in photos of CAC events for publication in TRAILS or on the web site. We are particularly looking for photos of hikers, work parties, people enjoying events such as the Halloween party above. You don't have to submit an article (although we like articles too!) - a photo is worth a thousand words!

Send photos as jpeg attachments with names of people featured, event, and date. Be sure to ask their permission. Photos will be published in TRAILS and on the CAC Web site, at the discretion of the editors, as space becomes available. Send photos to Pat Boyd, Publications Chair, at boyd4@pacbell.net.

— Pat Boyd

ALPINE LODGE SUNDAY INNKEEPERS

April 5	Ellen Hoyer	415-479-0259
April 12	open	
April 19	Nancy Bott	415-388-0245
April 26	Jennie Bruyn	415-456-1877
May 3	Charlene Schmidt	925-962-1916
May 10	Onnie Taylor	415-648-6380
May 17	Erin Neff	415-861-3447
May 24	Lin and John Mangiante	650-697-7403
May 31	Cheryl Deaner and Lori Guidos	415-665-8641
June 7	Gloria Neumeier	415-453-2225
June 14	open	
June 21	open	
June 28	open	

Sunday Innkeepers carry on our gracious tradition of hospitality. Spend a Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Innkeepers are always needed. Please contact **Selma Bomfim**, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ON THE ENVIRONMENTAL FRONT

It's a joy to eat the opening words of last month's column—the February storms have roared into March and definitely dented our drought, hopefully marking the beginning of its end. Marin Municipal Water District's (MMWD) reservoir storage edged toward normal and the Sierra snowpack is above normal. On the other hand, the final tally of 45 live Coho and 26 Coho reds is the smallest salmon count in our local creeks in the 14 years the survey has been conducted. Among other factors, the rains were too late for them... **The CAC Foundation** Board of Directors has received a number of interesting responses to its letter soliciting grant proposals. Keep the suggestions coming! The board is meeting monthly, and hopes to begin making decisions by May or June... **Volunteers** are needed by the Turtle Island Restoration Network for a restoration project on San Geronimo Creek every Saturday, 10am to 1pm, from now thru Oct 9. Contact Paola@Tirn.net. Focus will be on replacing non-native with native plant species... **Check out slideranch.org** for information and registration instructions for Slide Ranch's spring and summer family and camping programs. This is a great opportunity for eight to twelve year olds to milk goats and explore tide pools... **For the more ambitious**, the Tahoe Rim Trail Association is offering a three day trail construction and crew leader course May 15 to 17. Go to tahoerimtrail.org for more info. In-class instruction in layout and design will be supplemented with field experience. Also from the vicinity of our Echo Lodge, the Tahoe Resources Conservation District has launched a two-front war against non-native Asian Clams in Lake Tahoe. Where necessary, divers will use suction devices to remove the pests; but where possible, large plastic sheets will be spread over them to rob them of light and oxygen... **Heron and egret nesting** viewing season is open at Audubon Canyon Ranch thru June 12. Consult acr@egret.org for more info... **Marin County Water Coalition** has coalesced around opposition to MMWD's plans to proceed with desalination projects. Like biofuels, this is a complicated subject. The Coalition feels desalination consumes too much energy, catches fish in intake machinery, and flushes concentrated brine into coastal areas. MMWD feels obliged, on the other hand, to look at as many long range options as possible, especially to cover drought years... **Druid's Hall, Nicasio**, will be the location for Marin Agricultural Land Trust's Ranches and Rolling Hills Landscape Art Show and Sale, Saturday, May 16 from 2 to 5pm and Sunday, May 17 from 10am to 4pm.

If you have information that would be appropriate to this column, please email me at dsolbach@gmail.com.

— David Solbach



One of several photos of Echo Summit Lodge, January 2009

ECHO WORK PARTY THURSDAY MAY 21- MONDAY MAY 25

The Echo Summit Lodge Spring Work Party is coming up. The dates are Thursday, May 21, through Monday, May 25, which happens to be Memorial Day. For the last few years, the Lodge has been cleaned up and made ready for the winter/summer, season by a hardy but unfortunately, small group of volunteers.

The by-laws of our club say that all members are required to sign-up every year for some kind of volunteer effort, whether at Echo or Alpine. The officers and trustees give of their time freely. We have 50 or so wonderful members who always show up to lend a helping hand. My question to the members who do not volunteer is, if not now, when? And if not you, who?

Do you use Alpine and Echo? Do you come up and do a private rental, or go up when someone is hosting, and spend a weekend skiing or hiking? Then you need to do your part to keep the Lodges operating smoothly.

Bedding needs cleaning, or it gets very funky. Same for all the carpets.

Grease in the stove vent... must be cleaned, or we will have a grease fire. Logs for the wood stoves to keep us warm and toasty all winter? Someone has to go find them, cut them, split them, and store them. Without volunteers, the Club will have to start subbing out all these chores, and then there will need to be a dues increase, which is always unpopular.

Everybody is busy with his or her own lives. That is understood. However, try to make time to volunteer for the work parties. Ask someone who has done it. It is actually very fulfilling, and a lot of fun. Especially when the masseuses arrive at the end of the day!

So call **Jim Nixon** to sign up for the Spring Work Party at Echo. The phone number is 650-756-7771 or jimnixon2000@yahoo.com.

We will be there... will you?

—Jim Nixon

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396
anytime until 9:30pm
or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Spring Work and Fun Party is May 21-25.
See separate article for details.

Summer/Fall Hosts and Hosts-in-Training: Only a few choice openings are still available for Summer: June 14-19, July 19-23, Aug 23-Sept 11. If any portion of these time periods work for you to host, please contact me by e-mail or telephone. We also have lots of time in April and May open for Private or Hosted Events. This should be a nice, quiet time at Echo for your group. Host Appreciation and Training is scheduled for May 15-17 for anyone who wants to learn the art of hosting or for veterans to get a refresher on the latest changes at Echo while enjoying a leisurely weekend. Contact me to sign up.
Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be held Sunday, April 19, 10am, at Jim Nixon's home. Contact Jim at 650-756-7771 if you would like to attend.

Echo Summit Lodge Winter/Spring/Summer Schedule:

**MAR 29-APR 3 SUN-FRI AVAILABLE FOR
TRAINED HOSTS**

APR 3-6 FRI-MON HOSTED EVENT
Tele-Bluegrass Festival at Sierra-at-Tahoe
Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way,
Santa Rosa, CA 95409
aewart@sbcglobal.net

APRIL 6-12 TUE-SUN HOSTED EVENT
Mindi Canner 415-285-8958
3239 21st St, San Francisco, CA 94110
mcanner@allenmatkins.com

**APR 12-24 AVAILABLE FOR
TRAINED HOSTS**

APR 24-26 FRI-SUN PRIVATE EVENT
Tom & Carol Coleman 707-992-0650

**MAY 15-17 FRI-SUN HOST
APPRECIATION AND TRAINING**
Contact: Cindy Toran 707-539-4396
toranski@aol.com

**MAY 21-25 THUR-MON SPRING WORK
AND FUN PARTY**
Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

**MAY 28-JUN 1 THUR-MON PRIVATE
EVENT**
Kathleen O'Dea 415-897-5583

**JUN 10-14 WED-SUN CONSERVATION
BENEFIT AND BIRDING EVENT**
Karen and Jerry Wagner 707-528-8197
2622 Wawona Dr., Santa Rosa, CA 95405
karwag@sonic.net

JUN 19-21 FRI-SUN MEMBER RENTAL
Mary and Roger Rigney 916-985-7351

**JUN 21-30 SUN-TUES SUMMER SPA
WEEK**
Barbara Crockett 650-365-6280
859 Chesterton Ave.
Redwood City, CA 94061
kc9erfan@sbcglobal.net

**JUL 1-5 WED-SUN TEEN FAMILY
WKEND**
Join us for a few days of teenage fun at the lodge. Kid-friendly food and a relaxed meal schedule.
Kristina and Ben Gale 415-381-9319
Pat Anderson and Fred Huxley
158 Morningsun Ave., Mill Valley, CA 94947
krissegale@yahoo.com

JUL 5-12 SUN-SUN HOSTED EVENT
Kathy and Bill Faherty 707-539-7081
5422 Gates Road, Santa Rosa, CA 95404
Kfaherty@mac.com

**JUL 12-17 SUN-FRI HIKERS' WEEK
(COOP MEALS)**
Martin and Elaine Dengler 707-575-1697
3616 Holly Ridge Dr., Santa Rosa, CA 95409
medengler@sbcglobal.net

**JUL 17-19 FRI-SUN CO-OP MEALS
WKEND**
Kim Cox, Gene Zieman,
and Susan McCarthy 541-227-8275
1660 Pair-a-dice Ranch Road
Jacksonville, OR 97530
kkc89447@yahoo.com

**JUL 19-23 SUN-THUR AVAILABLE FOR
TRAINED HOSTS**

JUL 23-26 THUR-SUN HOSTED EVENT
Chris Bekins and Kurt Eichstaedt
and Cindy Toran 707-874-2556
12400 Elliot Lane, Sebastopol, CA 95472
cbekins2@yahoo.com

JUL 26-31 SUN-FRI HOSTED EVENT
Janis Riccomini and Paul Crockett 408-725-7953
12602 Cambridge Dr., Saratoga, CA 95070
janisriccomini@comcast.net

JUL 31-AUG 4 FRI-TUE HIKERS' EVENT
Edna Trimm 415-456-5557
142 Dominga Avenue
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

AUG 4-9 TUE-SUN HOSTED EVENT
Jim Nixon and Jan McCulloch 650-756-7771
50 Seacrest Court, Daly City, CA 94015
jimnixon2000@yahoo.com

AUG 9-13 SUN-THUR HOSTED EVENT
Mae Harms and April Roberts 530-333-1058
5941 Garden Park Dr.,
Garden Valley, CA 95633
maeharms@mindspring.com

AUG 13-16 THUR-SUN HOSTED EVENT
Lillian Young 650-588-5689
3650 Sneath Lane, San Bruno, CA 94066
lcyous@sbcglobal.net

**AUG 16-21 SUN-FRI BIKE & HIKE
(IF YOU LIKE)**
Lynn & Nick Zachreson 831-426-3428
220 Ocean View Ave, Santa Cruz, CA 95062
lynnnz@cruzio.com

**AUG 21-23 FRI-SUN DEFENSIBLE SPACE
CLEARING**
This is the weekend to pitch in and clear defensible space around Echo Lodge in accordance with USFS guidelines, keeping our Lodge safe from forest fires. We need your help on this annual project. Note: The lodge will also be open as a hosted event (i.e., open to members not involved in brush clearing).
Contact Tom Coleman 707-992-0650
32 Live Oak Dr., Petaluma, CA 94952
travmcgee@comcast.net

**AUG 23-SEPT 11 AVAILABLE FOR
TRAINED HOSTS**

SEP 11-13 FRI-SUN HOSTED EVENT
Lynn Garric 707-539-2078
5400 Alpine Rd., Santa Rosa, CA 95404
cransac@sonic.net

SEP 18-21 FRI-MON FALL WORK PARTY
Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

OCT 9-16 FRI-FRI FALL SPA WEEK
Barbara Crockett 650-365-6280
859 Chesterton Ave,
Redwood City, CA 94061
kc9erfan@sbcglobal.net

OCT 16-18 FRI-SUN PRIVATE EVENT
Lynn Garric 707-539-2078

OCT 23-25 FRI-SUN HOSTED EVENT
Jayma Brown & Allan Lindberg 510-237-0231
525 32nd St, Richmond, CA 94804
jaymabrown@earthlink.net

Watch for updates in future issues of Trails!

TRAILS

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936

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CAC MEMBER HONORED

Longtime California Alpine Club member **Marlis Tanner** was honored recently by San Francisco General Hospital as its longest serving volunteer.

You may have read about her recently in the "Bay Area" section of the San Francisco Chronicle on February 12. She was also interviewed by two TV channels.

Ms Tanner provides a useful service: she has been giving free haircuts and shampoos to patients at for 48 years! Hospital officials estimate that she has cut the hair of 10,000 patients.

— Rita Nowlin

LAST MINUTE NEWS FLASH

This just in from Alpine Lodge: We now have a complete slate of Officers for next year: President **Mae Harms**, Vice President **Tony Smith**, Secretary **Helena Troy**, Treasurer **Dennis Ziebell**, Registrar **Stephan Berlinski**, Board Members **Ann Meneguzzi**, **Art Ewart**, **Vicki Olds**, **Carl Duisberg**, **John Lillich**, **John Hannum**; Alpine Trustees -- **Hardy Dawainis** extended to 2012; Echo Trustees -- **Jim Nixon** extended to 2012. No-one was contested, so no balloting was needed. Please welcome the new officers in your day-to-day lives and at the upcoming Annual Meeting and Dinner.

— JRHannum

TRAILS NEWSLETTER ALERT

Please send articles for the May issue of TRAILS to editor, **Anita Cabrera**, telephone 415-206-9152 or cell 415-722-0237, aa_cabrera@msn.com, 430 Ellsworth St, San Francisco, CA 94110-6026.

Anita should receive articles for the May issue no later than April 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the June issue of TRAILS will be **Dan Schoenholz**, dschoenholz@sbcglobal.net, 925-932-9791. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Pat Boyd, boyd4@pacbell.net, telephone 510-883-9929.

—Pat Boyd, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 85

May 2009

No. 4



Sunday Alpine hikers rest for lunch at O'Rourke's bench

GROUP COURTESY AND SAFETY GUIDELINES

In many cases, safety on a hike is in the hands of the hike leader. But a hiking group is not a herd, and each individual must use good judgment in protecting the safety of the others. The following rules serve as safety and courtesy guidelines in fostering good judgment on the trails.

- Hike leaders should carry a charged cell phone or identify someone present who can bring one on the hike. Use 911 in a medical emergency.
- Before setting off, hike leaders should appoint a sweep, someone to monitor the rear of the hike.
- Before setting out, leaders must inform the group of the hike, the trails to be taken, and the name of the lunch spot. This will allow anyone who may get separated to rejoin the group. It also allows hikers to pace themselves. If the leader is not sure of the trail names, consult a trail map or get advice from an experienced hiker.

- If the hike leader wants to play it by ear and not plan the hike, he should hike at a pace that allows everyone to keep him in sight. If the hike leader prefers to not plan the route and hike at a rapid pace, he should inform the group at the start of the hike. This way, slower hikers are not left behind, and may choose to plan their own slower hike. (Hikes of this nature should be listed as such in TRAILS.)
- If you want to hike faster, slower, or a different route than the hike leader plans, gather together your own like-minded group and do your own thing, informing the hike leader first. (The planned hike, then, will not be thrown off course.)
- Hikers with physical ailments or conditions requiring accommodation should let the hike leader know at the start, so allowances can be determined. For instance, if you have a sore ankle and will need to turn back early, an effort can be made to find someone else who has to return early and can accompany you.
- If you decide to leave the hike prematurely, be sure to inform someone you are leaving. Leaving and not informing anyone causes undue concern for your safety.
- The hike leader must wait at all trail forks for slower hikers, so everyone will know exactly where the hike is going.
- Wait at all bathroom breaks until everyone has rejoined the group before continuing the hike.

Important: Leaving a hiker behind is a no-no. He may not know the trails well enough to be comfortable in navigating back to the Lodge alone. Many people hike with a group due to personal safety concerns. (Over the years there have been several murders, assaults and rapes on Mt. Tam.)

— Jordan Herrmann

Monthly TRAILS Editor ~ Anita Cabrera

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Mae Harms	530-333-1058	maeharms@mindspring.com
Vice President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Secretary	Helena Troy	415-492-9576	hmtroy@aol.com
Treasurer	Dennis Zeibell	415-864-4889	dzbp@aol.com
Registrar	Stefan Berlinski	831-458-9954	alpineregistrar@pacbell.net

Board of Directors:	Carl Duisberg	415-388-1175	carl Duisberg@hotmail.com
	Arthur Ewart	707-538-3656	aewart@sbcglobal.net
	Ann Meneguzzi	209-931-3423	tmlan@hotmail.com
	Vicki Olds	415-221-2830	volds@studioreflex.com
	John Lillich	925-930-9489	jillich@sbcglobal.net
Past President '08	John Hannum	707-525-8108	JRHannum@sbcglobal.net

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Education	Vicki Olds	415-221-2830	volds@studioreflex.com
Finance	Dave Maier	831-462-2764	dmmaier@pacbell.net
Historian	Verna West	650-854-6349	99swest@earthlink.net
Hike Coordinator	Taren Hamilton	415-378-4240	hamilton@wiarchitects.com
Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Membership	Marliss Riddle	415-927-1234	marlissriddle@comcast.net
Outings	Ruth Tretbar	510-836-0108	rtretbar@yahoo.com
Publications	Patricia Boyd	510-883-9929	boyd4@pacbell.net
Sunshine	Mary Maier	831-462-2764	mlmaier@pacbell.net
Social Activities	Sonia Bastidas	415-850-0464	soniaebastidas@yahoo.com
Youth Activities	VACANT		

Lodge Trustees:

Alpine Chair	Peter Beckmann '10	831-423-9242	beckmann@baymoon.com
	Jennie Bruyn '10	415-456-1877	jennielbruyn@yahoo.com
	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Arnold Champagne '12	415-282-1704	arnoldchampagne@yahoo.com
Alpine Treasurer	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Gerald Petak	408-656-6817	alpinelodge1@yahoo.com
Alpine Lodge	Accommodations	415-381-4975	
Echo Chair	Jim Nixon '12	650-756-7771	jimnixon2000@yahoo.com
	Cindy Toran '10	707-539-4396	toranski@aol.com
	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Eddie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '12	415-472-1229	erstock@pacbell.net

CAC Foundation Directors

CACF President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-451-1523	bill.meneguzzi@gmail.com
	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
	David Solbach	415-563-1170	dsolbach@gmail.com
	Reuven Segev	415-479-7682	rsegev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Angi Blackwell, Pat Boyd, Catherine Theilen Burke, Anita Cabrera, Tom Mahood, Vicki Olds, Dan Schoenholz, William Steinmetz, Bill Sturm and Helena Troy.

Contributors: Mae Harms, Hardy Dawainis, John Hannum, Bob Hanson, Jordan Hermann, Hunter Merritt, Renee Powers, Tony Smith, Dave Solbach, Taren Hamilton, Selma Bomfim, Cindy Toran, Anita Cabrera, Marliss Riddle, Gerald Petak, Diane Smith, Ruth Tretbar, Pat Boyd.

Correspondence: Please address correspondence concerning this publication to: Mae Harms, 5941 Garden Park Dr. Garden Valley, CA 95633-9514.

CAC Website: <http://calalpineclub.org>

CAC Rosters and Privacy Protection

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PRESIDENT'S MESSAGE

Recently **Verna West** contacted me and informed me, "You will be the seventy-fifth president of the California Alpine Club and I want to get a picture of you for my presidents' picture album." I had already written a May column for Trails, but this one sentence from Verna changed my perspective. My first try at writing my column was filled with a long to-do list.

At a Board meeting, we had had some preliminary discussion about how CAC should celebrate its centennial anniversary. Seventy- five presidents and almost one hundred years old! We are all a part of an important legacy stretching back and looking forward. Now I see my job as the seventy-fifth president as keeping that link firmly attached in both directions. Each of us as presidents, Board members, trustees and members past and present are the links that have kept this club going for almost one hundred years and will ensure its future.

I look forward to this coming year to carry forward the work that keeps our club a place to engage in social activities, both inside our lodges and in the beautiful outdoors that surround them. **John Hannum** has finished his term and handed the gavel to me. Two Board members, whom we will miss very much, **Carroll Pearson**, **Jean Rodgers** and **Jean Findlay**, have left the board. Taking their places are our new treasurer, **Dennis Zeibell**, and **Ann Meneguzzi**. Replacing our very competent registrar, **Shirley Anderson** is **Stephan Berlinski**. I, as I am sure you do, too, value the trustees' hard work keeping the lodges safe and comfortable for our use. I think of all the hours of volunteer labor members are performing planning events, cooking meals, washing windows, making reports, leading hikes, pulling weeds, and emailing! Even paying a minimum wage, what a lot of money that would take! But we are all volunteers. We suit up and get the jobs done.

CAC members have accepted the challenge of serving as directors of the California Alpine Club Foundation. They are implementing a new vision of how we can promote conservation in the vicinity of our lodges. That, too, is a legacy from Henry Hillman, who worked so hard to raise money for worthy organizations to carry out conservation efforts. We appreciate his work and their work.

I am honored to be your seventy-fifth president. Please contact me with ideas, suggestions and complaints. I know we can work together to keep this link between past and future strong and enjoy this current year.

— Mae Harms





In Memory of...

REMEMBERING CAROL GILLINGHAM

Friends and family of Carol Gillingham invite you to a remembrance on May 11 at 11:30am at the Alpine Lodge for Carol Gillingham who passed away February 3rd after a long illness. Come join us in celebrating her life and honoring her time with us. Please bring hors d'oeuvres or a beverage to share. Contact Sally Frederick at 510-482-9978 for more information.

BOARD OF DIRECTORS MEETING DATES

Sat, May 16, 2009	Alpine Trustees Meeting at 1 pm Board of Directors Meeting at 2 pm
Sat, June 20, 2009	Alpine Trustees Meeting, 1 pm Board of Directors Meeting at 2 pm
Sun, July 19, 2009	Board of Directors at 2pm, Quarterly Membership meeting at 3pm. Dinner to follow. Everyone is welcome.
August, 2009	No meetings
Sat, September 19, 2009	Alpine Trustees, 1pm, Board of Directors, 3pm.

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms

MEMBERSHIP REPORT

CAC New Members April

Kathleen Noland - Life Member
P.O. Box 835 760-876-4266
Lone Pine, CA 93545-0835

Judy Flannery and William Wiley - Joint Members
P.O. Box 941 415-456-3209
Ross, CA 94957
wrwiley@gmail.com
skills: trail clearing, gardening, handyman, cooking
sponsors: Jennie Bruyn and Thomas Foote

Samantha Toffoli - Regular Member
P.O. Box 142 415-669-9833
Inverness, CA 94937
stoff@parks.ca.gov
skills: planning events, cooking, cleaning, trail clearing
sponsors: Jordan Herrmann and Suzanne Karp

Rebecca Suzanne - Life Member
P.O. Box 1294 510-233-7182
El Cerrito, CA 94530-1294
Rebecca.suzanne@sbcglobal.net
skills: gardening, sewing, event planning and
production
sponsors: Molly Hermes and Jayma Lois Brown

— Marliss Riddle
Membership Chair

CALL FOR COOKS AND RECIPES

At last month's Alpine host training, a newer CAC member asked if we had a CAC cookbook, a compilation of our best-trying dishes suited for hungry crowds with diverse tastes, and perhaps guidelines for preparing meals for large numbers of diners. We were stunned into silence, racking our brains, trying to recall if such a creature had theretofore existed. No one knew of one. And so, we are calling on all interested CAC members with ideas, experience, and/or recipes to help get this project underway. Anyone interested in working on the committee to produce a CAC cookbook reflecting the Club's diversity and values should contact **Denise Libien** at 415-571-5003 and or email it to dlibien@sbcglobal.net.

TRAILS may publish selected submitted recipes as space is available.

— Anita Cabrera

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP TO THE MINUTE LISTINGS, SEE THE WEBSITE AT WWW.CALALPINECLUB.ORG. TO LIST AN EVENT ON THIS PAGE, OR FOR WEBSITE USER ID AND PASSWORD, CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

MAY 3-7 SUN-THUR PRIVATE EVENT
Edna Trimm

MAY 7 THUR MID WEEK WORK PARTY
9am-3pm

CHEF: Selma Bomfim
COORDINATOR: Jennie Bruyn
Overnight possible: Contact Jennie at 415-456-1877 to let her know you are coming.

MAY 12-15 TUES-FRI PRIVATE EVENT
Sue Barnard

MAY 16 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS
Alpine Trustees meet at 1pm; BOD at 3pm.

MAY 16-17 SAT-SUN HIKERS' WEEKEND
See box below.

MAY 19-22 TUES-FRI PRIVATE EVENT
Tony Smith

MAY 22-25 FRI-SUN WEDDING

MAY 29-30 FRI-SAT PRIVATE EVENT
Edna Trimm

JUN 4 THUR MID-WEEK WORK PARTY
Chef: Eva Libien 9am-3pm
Coordinator, Hardy Dawainis. Overnight possible; contact Hardy at 415-461-4431 to let him know you are coming.

JUN 6 SAT PRIVATE RENTAL
Renee Lee

JUN 8-10 MON-WED PRIVATE EVENT
Lynn Hoffman

JUN 11-14 THUR-SUN SPONTANEOUS OVERNIGHT
Allyn Bromley with Private rental 6/12

JUN 16 TUES PRIVATE EVENT
MJ McKown

JUN 19 FRI PRIVATE EVENT
MJ McKown

JUN 20 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm. Board of Directors at 3pm.

JUN 20-21 SAT-SUN HIKERS' WEEKEND
See box below.

JUN 21 SUN MOUNTAIN PLAY ASSOC.
MJ McKown 2:30-10:30pm **PRIVATE EVENT**

JUN 22-28 PRIVATE EVENT
Joan Ryan

JUN 28-JUL 4 SUN-SAT PRIVATE EVENT
Grag Farber

JUL 2 THUR MID WEEK WORK PARTY
9am to 3:00pm
Chefs: Morgan Evans and David Gibson
Coordinator: Jennie Bruyn
Overnight poss. Contact Jennie at 415-456-1877 to let her know you are coming.

JUL 2-6 THUR-MON PRIVATE EVENT
Patrick Dippery

JUL 4 SAT CAC EVENT
4th of July Party
Contact Sonia Bastidas, 415-850-0464

JUL 11-18 SAT - SAT SIERRA CLUB
Yoga and hiking

JUL 12 SUN SUNDAY WORK PARTY
Coordinator: Peter Beckmann 9am-3pm
Overnight possible. Contact Peter to let him know you are coming, 831-423-9242, beckmann@baymoon.com.

JUL 18 - 19 SAT-SUN HIKERS' WEEKEND
See box below.

JUL 19 SUN QUARTERLY MEETING
Trustees Meeting, 1pm. BoD, 2pm, Quarterly membership meeting, 3pm.
Dinner follows. Everyone is invited.

JUL 19-25 SUN-SAT PRIVATE EVENT
Josephine Leen

JUL 25-31 SAT-SAT PRIVATE EVENT
Andres Marti

AUG 2-5 SUN-WED PRIVATE EVENT
Ann and Ed Del Monte

AUG 6 THUR MID WEEK WORK PARTY
9am to 3:00pm

Chef: Sue Karp
Coordinator: Hardy Dawainis
Overnight poss. Contact Hardy at 415-461-4431 to let him know you are coming.

AUG 15-16 SAT-SUN HIKER'S WEEKEND
See box below.

AUG 27 UNITARIAN CHURCH EVENT
Host Nancy Evans

SEP 1-8 TUE-TUE B&B WEEK
Folk dance party and potluck on Sunday open to everyone. For reservations contact Mary Frey at marymaryhiker@aol.com

SEP 5-7 SAT-MON CAMP DEL ORO
See page 7.
Reservations, Mindi Canner, 415-285-8958 or mcanner@comcast.net

SEP 19 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS
Alpine Trustees meet at 1pm; BoD at 3pm.
Everyone welcome.

SEP 19-20 SAT-SUN HIKERS WEEKEND
See box below.

SEP 23 WED DAYTIME RENTAL
Unitarian Church 8:30-4:30

OCT 4-10 SUN-SAT PRIVATE EVENT
Sierra Club, Hiking and Meditation

OCT 17-18 SAT-SUN HIKERS' WEEKEND
See box below

OCT 18 SUN QUARTERLY MEETING
Trustees Meeting, 1pm. BoD, 2pm. Quarterly membership meeting, 3pm. Dinner follows.
Everyone is invited.

OCT 23-24 FRI-SAT PRIVATE EVENT
Edna Trimm

DEC 12 SAT WINTER HOLIDAY PARTY

HIKERS' WEEKENDS

Happy Hour 4:30; BYOB and appetizer to share. Dinner, salad, dessert, 6 pm, \$8. Overnight \$18, breakfast Sunday, \$4; associate fee \$5. For reservations, contact Diane Smith by Wednesday, at 925-935-2869 or email dianasmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

NO-WORK WORK PARTY

On the sunny Spring morning of April 2nd a group of 22 old faces and a lone new one trudged into the Alpine Club to begin a work party once again. **Hardy Dawainis**, furrowed his brow as he surveyed his tired crew and declared, "Why, it's the same members that always show up. But I'm afraid they are beginning to show some wear." **Rosemary Trowsdale's**, very proper stiff upper lip began to quiver as she glanced toward the ash-strewn fireplace she had cleaned for the last 10 work parties, while out in the garden, the delicate **Donna Rice** and petite **Ruth Tretbar** sunk once again to their knees, trowels in hand. "I feel like John Henry with his hammer," murmured Donna. **Jennie Bruyn**, sighed, "Why I've seen this before; it's PTSD!" "What's that?" **Pauline MacDonald** queried. "Pretty Tired of Scrubbing and Dusting" replied Jennie. Meanwhile, in the kitchen, **Annemarie Allio** with able assistants **Mary Frey** and **Donna Pritchard**, prepared a lunch of tamales, corn soup, tomato-rice side dish and scrumptious lemon bars.

Ever energetic **Arnold Champagne** grabbed his hammer and some sticks and began to construct an "On Strike" sign. **David Solbach** viewed Arnold's efforts. "You're not building the Taj Mahal, Arnold," exclaimed David. "Just put that together quickly and I'll paint the "On Strike" part". **Renee Powers** cried "Don't let David near a paintbrush or we'll have to call in Federal Disaster Relief and **Roger Diehnel** is too fatigued to write a grant. **Melanie Faecen**, writing checks with sore fingers, muttered, "This would never happen in Switzerland." **Hans Schilling** noted, "It takes a whole village." "Too do what?" queried **MaryJane McKown**? "Ski and eat fondue" sighed Hans.

Prospective member, **Rebecca Suzanne**, wondered who would teach her to fluff a pillow if the stalwart members wound down completely. **Ed DelMonte**, summoning his strength for multiple duties, trudged on. **Bob Smith** told **Jock MacDonald** that he felt like he had been working on the roof "since the Roosevelt administration" Asked Jock, "Theodore or Franklin?" **Ty Billings** considered sweeping a pile of dirt under the rug and **Ben Heldens** worried that the dust bunnies under the couch would assume VW proportions if some of CAC's other 775 members didn't soon show up. **Selma Bonfin** thought about her duties as chef at the next work party but wondered if this crew could even muster their herculean efforts once again.

— Renee Powers

DUMBELL LAKE BASE CAMP

For the first time in 14 years, Bob Hanson's yearly base camp trip will not be in Sierras. This summer's adventure will take place August 24-28 in the William O. Douglas Wilderness, southeast of Mt. Rainier.

As usual, the mules will meet us at the trailhead on Monday morning to transport our gear to this year's site -- Dumbbell Lake -- and show up on Friday to haul the gear out. Dumbell Lake is about 8 miles from the trailhead. It is a fairly level hike in and out with day packs. The lake is centrally located near many other lakes and small peaks with great vistas.

Unfortunately, the Douglas Wilderness limits trip size to 12, so a raffle for spots may be needed. If more than 12 interested campers send in deposits by the 15th of May, a drawing will be conducted by the ultra-honest Tony Smith.

The tentative \$250 cost will include all meals, daily happy hour and the packer's fees. Interested parties should send a \$50 deposit to Bob Hanson, 2600 Saklan Indian, #3, Walnut Creek, CA 94595. Please call 925-944-3366 if you have questions.

— Bob Hanson

GROWN MEN BROUGHT TO THEIR KNEES

That's what happened March 31st when **Arnold Champagne**, **Hardy Dawainis**, and **Jennie Bruyn** teamed up to get the porch floor fixed before some member fell through it into the basement. We volunteers pounded and glued dowels into the 70-year old boards as part of an heroic effort to squeeze more years out of the old Alpine Lodge. It will take more effort to finish the job, but thanks to **Karl Baeck**, **Milt Hagendorn**, **Bill Pung**, **William Wiley**, **JD Petrus**, and **Tony Smith**, good progress was made. And thanks to Jennie, Bill, **Selma Bomfim**, and **Christina Crack** we ate very very well.

— Tony Smith

HIKE OLD GROWTH REDWOODS NEAR CRESCENT CITY

Come join us in the redwoods! The redwood forests in this area are irreplaceable treasures and are inspiring to explore. The trip has two days of planned hikes. The middle day is free for us to explore the Crescent City area and its historical sites and attractions.

Crescent City is about a seven-hour drive from the Bay Area. You might want to break the drive to explore the Sun Dial Bridge in Redding, or Weaverville on Highway 299, or little places along the Trinity River.

We will stay in a pleasant motel with a lovely porch facing the beach and dunes --attractive for "Happy Hour". We'll be there four nights: June 22-25. For more information, please contact **Jean Rodgers** at 415-435-9383.

— Jean Rodgers

REMEMBER THE REDWOODS

What: Hikes through old growth redwood forests

When: June 22-25

Where: Crescent City area

How: Select to stay in a beachside motel or a nearby campground

Who: Fellow adventurous Alpiners

Contact: Jean Rodgers 415-435-9383

ON THE ENVIRONMENTAL FRONT

The rains of February roared into March and whimpered to a premature halt, leaving Marin reservoirs full enough to avoid rationing, but rendering the state's water picture as bleak as its budget... **On the other hand**, have you checked out the landscaping around our Mt. Tam Lodge? Blackberries and brambles of several years back have been transformed by a bevy of green-thumbed angels into blooms of iris, Watsonia, Bacopa, roses... **Mt. Tamalpais Interpretive Association** celebrates the grand opening of the Gravity Car Barn this May 3, 2-5 p.m. Located on East Peak, fourteen years in the making, the Barn has only a few final touches left, and MTIA is negotiating with the town of Scotia for the return of #9 engine to its new/old home... **We are advised** by Audubon Canyon Ranch that "frog tadpoles are vegetarian, while adult frogs are carnivores. During metamorphosis, as their digestive tracks switch from veggies to meat, the tadpoles don't eat. How do they survive? They reabsorb their tails"... **The United States Forest Service** has issued a draft environmental impact report for a South Shore Fuel Reduction and Healthy Forest Restoration project. It would provide for underbrush clearing and thinning on the National Forest System lands around Echo Lodge, the sort of work that was done down along Pioneer Trail. It would complement the work we do each year within our "defensive space," a legally-prescribed space around our lodge which we must maintain if we want firefighters to protect us. Unfortunately, the project does not include what **John Hannum** calls the "Little Norway Triangle," the area between Johnson Pass Road and Highway 50, which is our biggest fire threat area... **An Invasive Alert** has been sounded by the California Native Plant Society for Perennial Pepperwood (*Lepidium latifolium*) in Tomales Bay. Report sightings to Lorrain Parsons@nps.gov...

A new goat kid and five lambs have joined the family at Slide Ranch--take a look at slideranch.org... **Several openings** remain for the Birding/ Conservation weekend June 10-14. Contact karwag@sonic.net for reservations... **Register quick** at MALT.org (it happens May 14) if you'd like to taste bivalves grown in Tamales Bay by Hog Island Oyster Co.; after a picnic, carpool to Straus Dairy to observe an organic dairy and learn about bovine homeopathy, generating energy with a methane digester... **Tamalpais Conservation Club's** MMWD March trail day was devoted to clearing downed trees, installing water bars, and generally improving High Marsh Trail between Cataract and Music Stand Trails. They're looking for volunteers for May and June at TCC@tamalpais.org... **Keep me posted** at dsolbach@gmail.com.

— David Solbach



At the April 4th Muir Beach hike led by Arnold Champagne, cooks Dennis Ziebell and Bill Pung serve up a feast.



Hikers refuel in style.

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDDED

SUN MAY 3	9:30 am	Anne Good	510-526-6792	2B
SUN MAY 10	9:30 am	Jamie Watson	415-515-9618	2B+
		Carpool Rock Springs		
*SAT MAY 16	10:00 am	Leaderless		1A
*SUN MAY 17	9:30 am	Carol Bodtker	415-884-0850	2B
SUN MAY 24	9:30 am	Bob Smith	510-841-0402	2B
SUN MAY 31	9:30 am	Anne Good	510-526-6792	2B
SUN JUN 7	9:30 AM	Pascale Leroy	415-661-8904	2B
SUN JUN 14	9:30 AM	Anne Good	510-526-6792	2B
*SAT JUN 20	10:00 AM	Leaderless		1A
*SUN JUN 21	9:30 AM	Renee Powers	415-648-4940	2B
SUN JUN 28	9:30 AM	Leaderless		2B
*THUR 4th of July				
SUN JUL 5	9:30 AM	Jamie Watson	415-515-9618	2B+
		"The bridge to nowhere hike"		
SUN JUL 12	9:30 AM	Howard Ortman	415-456-5912	2B
*SAT JUL 18	10:30 AM	Jordan Herrmann	510-520-9782	1A
		Huckleberry Hike		
*SUN JUL 19	9:30 AM	Leaderless		2B
SUN JUL 26	9:30 AM	Cathy Dezendorf	415-383-2926	2B

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

IMPORTANT! RAIN CANCELS

ALL 2B HIKEs BEGIN AT 9:30AM (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx.. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

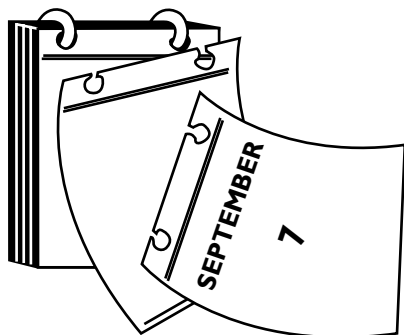
****Leaderless hikes meet at Alpine Club.
Please select a leader from the group.**

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Taren Hamilton, at 415-378-4240 or hamilton@hwiarchitects.com.

*Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.

SAVE THE DATE FOR FAMILY CAMP!



Please sign up early to join us at Family Camp at Camp del Oro this Labor Day weekend, Saturday, September 5 through Monday, September 7. The camp is located on lovely Lake Vera near Nevada City.

There are paddle boats, canoes, and kayaks ready for water-sporting enjoyment. There also is a large swimming pool, a climbing wall, and a grass-covered sports field; special activities may include (but are not limited to) archery, square-dancing, camp fire skits and sing-along, and star gazing. Camp is also a short drive from the Yuba River. Camp accommodations include open cabin sites, tent sites and several cottages to satisfy all levels of ruggedness. This is a great weekend for all ages. For more information and/or reservations, please call **Mindi Canner** at (415) 285-8958 or e-mail her at mcanner@comcast.net

— Mindi Canner

ALPINE LODGE SUNDAY INNKEEPERS

May 3	Charlene Schmidt	925-962-1916
May 10	Onnie Taylor	415-648-6380
May 17	Erin Neff	415-861-3447
May 24	Lin and John Mangiante	650-697-7403
May 31	Cheryl Deaner and Lori Guidos	415-665-8641
June 7	Gloria Neumeier	415-453-2225
June 14	Ruth Tretbar	510-836-0108
June 21	open	
June 28	Debbie Dorosin	415-388-7896
July 5	Marion Hazzard	415-661-6876
July 12	open	
July 19	Susan Head	415-331-2598
July 26	Erin Neff	415-861-3447

Sunday Innkeepers carry on our gracious tradition of hospitality. Spend a Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Innkeepers are always needed. Please contact **Selma Bomfim**, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

NOT JUST NUTS AND BOLTS

We had good attendance at our March Alpine Lodge host training. Twenty new and not-so-new (I am trying to avoid old) members came together for an informative two days to learn all about the physical structures of our Lodge and how to manage a CAC event or personal accommodation. But, *it was not all just about the nuts and bolts of it*. There was a good feeling of camaraderie in the nearly 24 hours that we spent together. We enjoyed each other's company and shared our love for our beautiful Lodge. By the time we had the farewell coffee and cake (generously baked, decorated and donated by **Bill Pung**) on Saturday afternoon, all had come to know and understand the Lodge and grounds better and shared a sense of ownership in our Lodge -- that sense of ownership that we hope all members feel when walking into the Lodge. It is now our turn in the nearly 100-year history of our club to do all we can to make sure that these buildings and CAC will still be here in another 100 years for members to enjoy.

Thanks also to **Nicole Roche** and **Eva Libien** for the great breakfast, lunch and dinner they provided.

— Hardy Dawainis



Still Smiling—Instructors for the March Alpine Lodge Host Training: Tony Smith, Ed DelMonte, Nancy Otto, Hardy Dawainis, Ruth Tretbar.



Alpine host trainees relax after learning how to handle a fire extinguisher.

TANGY CHEESY CORN CASSEROLE WOWS THE CROWD

Echo hosts Mindi Canner and Alan Fairhurst know how to feed their lucky guests. Alan is a chef at one of San Francisco's premiere waterfront institutions and wife Mindi de-stresses from her professional job by running a side boutique bakery business. Still, when Mindi announced a corn casserole side dish during the spring break weekend, it wasn't exactly the kind of thing we have come to expect from these two kitchen masters. What do they say about contempt prior to investigation? Even the most fidgety, picky kid eaters were seduced into gastronomical submission when Mindi placed the steaming casserole of corn, jalapeno peppers and Monterey jack cheese before them. At the adult table, diners wielded forks as they stabbed and scraped, vying for the last bits of this unnoticeably low-sodium but indulgent dish.

Here's the recipe for one 9x13 casserole dish.

Ingredients:

3 bags frozen corn

4 cans of sliced jalapeno peppers

2 lbs of Monterey jack cheese

Coat the bottom of the casserole pan with olive or other vegetable oil and simply layer the corn, jalapenos peppers and cheese until you fill the pan. Be sure to finish off with the cheese. Bake covered at 350 degrees for 30 minutes, taking off the foil for the last 10 minutes. Serve piping hot, with cornbread or warm tortillas.

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396
anytime until 9:30pm
or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Spring Work and Fun Party is May 21-25.
See separate article for details.

Summer/Fall Hosts and Hosts-in-Training: Only a few choice openings are still available for Summer: June 14-19, July 19-23, Aug 23-Sept 11. If any portion of these time periods work for you to host, please contact me by e-mail or telephone. We also have time in May and in Fall open for Private or Hosted Events. These times should be nice, quiet time at Echo for your group.

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be held Saturday, June 6th, 10 am, at Jim Nixon's home. Contact Jim at 650-756-7771 if you would like to attend.

Echo Summit Lodge Winter/Spring/Summer Schedule:

MAY 15-17 FRI-SUN HOST APPRECIATION AND TRAINING
Contact: Cindy Toran 707-539-4396
toranski@aol.com

MAY 21-25 THUR-MON SPRING WORK AND FUN PARTY
Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

MAY 28-JUN 1 THUR-MON PRIVATE EVENT
Kathleen O'Dea 415-897-5583

JUN 10-14 WED-SUN CONSERVATION BENEFIT AND BIRDING EVENT
Karen and Jerry Wagner 707-528-8197
2622 Wawona Dr., Santa Rosa, CA 95405
karwag@sonic.net

JUN 19-21 FRI-SUN MEMBER RENTAL
Mary and Roger Rigney 916-985-7351

JUN 21-30 SUN-TUES SUMMER SPA WEEK
Barbara Crockett 650-365-6280
859 Chesterton Ave.
Redwood City, CA 94061
kc9erfan@sbcglobal.net

JUL 1-5 WED-SUN TEEN FAMILY WKEND

Join us for a few days of teenage fun at the lodge. Kid-friendly food and a relaxed meal schedule.

Kristina and Ben Gale 415-381-9319
Pat Anderson and Fred Huxley
158 Morningsun Ave., Mill Valley, CA 94947
krissegale@yahoo.com

JUL 5-12 SUN-SUN HOSTED EVENT
Kathy and Bill Faherty 707-539-7081
5420 Gates Road, Santa Rosa, CA 95404
Kfaherty@mac.com

JUL 12-17 SUN-FRI HIKERS' WEEK (COOP MEALS)
Martin and Elaine Dengler 707-575-1697
3616 Holly Ridge Dr., Santa Rosa, CA 95409
medengler@sbcglobal.net

JUL 17-19 FRI-SUN CO-OP MEALS WKEND
Kim Cox, Gene Zieman,
and Susan McCarthy 541-227-8275
1660 Pair-a-dice Ranch Road
Jacksonville, OR 97530
kkc89447@yahoo.com

JUL 19-23 SUN-THUR AVAILABLE FOR TRAINED HOSTS

JUL 23-26 THUR-SUN HOSTED EVENT
Chris Bekins and Kurt Eichstaedt
and Cindy Toran 707-874-2556
12400 Elliot Lane, Sebastopol, CA 95472
cbekins2@yahoo.com

JUL 26-31 SUN-FRI HOSTED EVENT
Janis Riccomini and Paul Crockett 408-725-7953
12602 Cambridge Dr., Saratoga, CA 95070
janisriccomini@comcast.net

JUL 31-AUG 4 FRI-TUE HIKERS' EVENT
Edna Trimm 415-456-5557
142 Dominga Avenue
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

AUG 4-9 TUE-SUN HOSTED EVENT
Jim Nixon and Jan McCulloch 650-756-7771
50 Seacrest Court, Daly City, CA 94015
jimnixon2000@yahoo.com

AUG 9-13 SUN-THUR HOSTED EVENT
Mae Harms and April Roberts 530-333-1058
5941 Garden Park Dr.,
Garden Valley, CA 95633
maeharms@mindspring.com

AUG 13-16 THUR-SUN HOSTED EVENT
Lillian Young 650-588-5689
3650 Sneath Lane, San Bruno, CA 94066
lcyou@sbcglobal.net

AUG 16-21 SUN-FRI BIKE & HIKE (IF YOU LIKE)

Lynn & Nick Zachreson 831-426-3428
220 Ocean View Ave, Santa Cruz, CA 95062
lynnz@cruzio.com

AUG 21-23 FRI-SUN DEFENSIBLE SPACE CLEARING

This is the weekend to pitch in and clear defensible space around Echo Lodge in accordance with USFS guidelines, keeping our Lodge safe from forest fires. We need your help on this annual project. Note: The lodge will also be open as a hosted event (i.e., open to members not involved in brush clearing).
Contact Tom Coleman 707-992-0650
32 Live Oak Dr., Petaluma, CA 94952
travmcgee@comcast.net

AUG 23-SEPT 11 AVAILABLE FOR TRAINED HOSTS

SEP 11-13 FRI-SUN HOSTED EVENT
Lynn Garric 707-539-2078
5400 Alpine Rd., Santa Rosa, CA 95404
cransac@sonic.net

SEP 13-18 SUN-FRI AVAILABLE FOR TRAINED HOSTS

SEP 18-21 FRI-MON FALL WORK PARTY
Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

SEP 21-25 MON-FRI AVAILABLE FOR TRAINED HOSTS

SEP 25-27 FRI-SUN PRIVATE EVENT
Lee Yamada & Phyllis Cole
831-438-5749

OCT 2-5 HOST APPRECIATION AND TRAINING
Contact: Cindy Toran 707-539-4396
toranski@aol.com

OCT 9-16 FRI-FRI FALL SPA WEEK
Barbara Crockett 650-365-6280
859 Chesterton Ave,
Redwood City, CA 94061
kc9erfan@sbcglobal.net

OCT 16-18 FRI-SUN PRIVATE EVENT
Lynn Garric 707-539-2078

OCT 23-25 FRI-SUN HOSTED EVENT
Jayma Brown &
Allan Lindberg 510-237-0231
525 32nd St, Richmond, CA 94804
jaymabrown@earthlink.net
Watch for updates in future issues of Trails!

TRAILS

issued monthly by the

California Alpine Club

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Mill Valley CA 94942-2180

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ECHO WORK PARTY, MAY 21-25

The Echo Summit Lodge Spring Work Party is coming up. The dates are Thursday, May 21, through Monday, May 25th, Memorial Day. For the last few years, the Lodge has been



cleaned up and made ready for the winter/summer season by a hardy but unfortunately, small group of volunteers. We have 50 or so wonderful members who often show up to lend a helping hand. My question to the members who do not volunteer is, if not now, when? And if not you, who?

Everybody is busy with his or her own life. However, try to make time to volunteer for the work parties. Ask someone who has done it. It is actually very fulfilling, and a lot of fun. Especially when the masseuses arrive at the end of the day!

So call **Jim Nixon** to sign up for the Spring Work Party at Echo. The phone number is 650-756-7771 or jimnixon2000@yahoo.com.

We will be there... will you?

— Jim Nixon

TRAILS NEWSLETTER ALERT

Please send articles for the June issue of TRAILS to editor, **Dan Schoenholz**, telephone 925-932-9791, dschoenholz@sbcglobal.net, 355 Marshall Drive, Walnut Creek, CA 94598-4855.

Dan should receive articles for the June issue no later than May 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the combined July-August issue of TRAILS will be **Pat Boyd**. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact me at boyd4@pacbell.net, telephone 510-883-9929.

—Pat Boyd, Publishing



TRAILS

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Volume 85

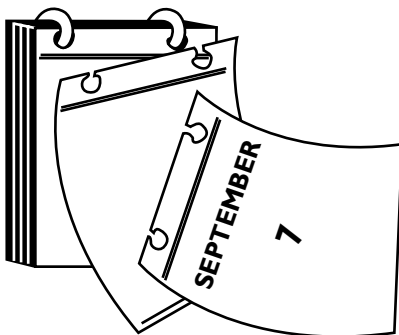
June 2009

No. 5

SAVE THE DATE

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September 5 through Monday, September 7. The camp is located on lovely Lake Vera near Nevada City. There are paddle boats, canoes, and kayaks ready for water-sporting enjoyment. There also is a large swimming pool, a climbing wall, and a grass-covered sports field; special activities may include (but are not limited to) archery, square-dancing, camp fire skits and sing-along, and star gazing. Camp is also a short drive from the Yuba River. Camp accommodations include open cabin sites, tent sites and several cottages to satisfy all levels of ruggedness. This is a great weekend for all ages. For more information and/or reservations, please call **Mindi Canner** at (415) 285-8958 or e-mail her at mcanner@comcast.net

— Mindi Canner

MINI VACATION AT ALPINE LODGE SEPTEMBER 1 TO SEPTEMBER 8

Jo Wolf and I are offering the members a B&B at Alpine Lodge beginning Tuesday September 1st and ending on the 8th. We will start with a dinner for the overnight guests on Tuesday. On Sunday, there will be folk dancing starting at 2 pm, a happy hour at 4:30 pm and pot-luck dinner on the deck at 5 pm. Sunday hikers are welcome to join in the potluck dinner.

We will offer a cooked dinner every other night and will go out to dinner on the other night to local restaurants in Marin. We plan to do an easy walk every day on the mountain or in the local area.

The cost for members is \$17 for overnight and breakfast. \$22.00 for non-members. Bring your own lunch materials, there will be a share cost for any dinners served.

If you come for just the dancing and/or potluck there will be a \$5.00 charge for the use of the lodge.

The weather is lovely in September, so treat yourself to a mini-vacation. Contact **Mary Frey** at 415-492-2510 or email her at marymaryhiker@aol.com for reservations or information.

— Mary Frey

HIKE OLD GROWTH REDWOODS NEAR CRESCENT CITY

Come join us in the redwoods! The redwood forests in this area are irreplaceable treasures and are inspiring to explore. The trip has two days of planned hikes. The middle day is free for us to explore the Crescent City area and its historical sites and attractions.

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— Jean Rodgers

Monthly TRAILS Editor ~ Dan Schoenholz

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Mae Harms	530-333-1058	maeharms@mindspring.com
Vice President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Secretary	Helena Troy	415-492-9576	hmtroy@aol.com
Treasurer	Dennis Zeibell	415-864-4889	dzbp@aol.com
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Past President '08	John Hannum	707-525-8108	JRHannum@sbcglobal.net

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Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
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Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
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Sunshine	Mary Maier	831-462-2764	mlmaier@pacbell.net
Social Activities	Sonia Bastidas	415-850-0464	soniabastidas@yahoo.com
Youth Activities	VACANT		

Lodge Trustees:

Alpine Chair	Peter Beckmann '10	831-423-9242	beckmann@baymoon.com
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	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
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Alpine Lodge	Accommodations	415-381-4975	
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	Cindy Toran '10	707-539-4396	toranski@aol.com
	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Eddie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '12	415-472-1229	erstock@pacbell.net

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	Reuven Segev	415-479-7682	rsegev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Angi Blackwell, Pat Boyd, Catherine Theilen Burke, Anita Cabrera, Tom Mahood, Vicki Olds, Dan Schoenholz, William Steinmetz, Bill Sturm and Helena Troy.

Contributors: Mae Harms, Hardy Dawainis, John Hannum, Bob Hanson, Jordan Hermann, Hunter Merritt, Renee Powers, Tony Smith, Dave Solbach, Taren Hamilton, Selma Bomfim, Cindy Toran, Anita Cabrera, Marliss Riddle, Gerald Petak, Diane Smith, Ruth Tretbar, Pat Boyd.

Correspondence: Please address correspondence concerning this publication to: Mae Harms, 5941 Garden Park Dr. Garden Valley, CA 95633-9514.

CAC Website: <http://calalpineclub.org>

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For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Stefan Berlinski at alpineregistrar@pacbell.net. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE

May first and as I am writing this, some of you have your cups of tea in hands and have settled down to peruse your May Trails. My task is to write something for you to read in June. It is almost a week after the Awards Weekend and I am still feeling the afterglow of it. When I think back on it I appreciate all of the volunteers that put it together.

John Lillich was the general chair for the event. He and his wife

Barbara cooked us a great breakfast on Sunday morning. As I was going down to the Tam Building to post the reservation signs on the rooms, I noticed how lovely the garden was thanks to **Ruth Tretbar**, **Dennis Ziebell** and **Bill Pung**. In Alpine I was aware of a work in progress. The porch floors were being prepared for refinishing. Thank you, **Arnold Champagne**.

We had our meetings. More volunteers: some were finishing up terms, continuing for another year or just coming on to the Board. Trustee chairs **Hardy Dawainis** and **Cindy Toran** reported all the work done at each lodge. I especially want to recognize the most time consuming volunteer job of the year: **John Hannum**, who served as President.

Who couldn't rave about our dinner? **Sue Karp** was our head cook and **Ben Heldens** prepared his famous prime rib. We almost had to be rolled out of the dining hall after eating such large plates of the most luscious desserts made by Dennis Ziebell and Bill Pung. Two members who have given so much time to CAC, **Dave Maier** and **Cindy Toran**, were recognized with awards.

Then do you think we all sat back and relaxed? Some of us did, but those wonderful volunteer dishwashers, **Tony Smith**, **Vicki Olds** and **Innes Bergman** took over and returned the kitchen to its sparkling best.

Someone who worked from the moment she drove in until the moment of departure was **Susan McCarthy**. **Verna West's** tireless efforts to record our history in pictures were appreciated. Everyone was happy to put on the name tags made by **Renee Powers**, just in case we momentarily forgot who someone was or saw a new face. Renee's place cards directed us to our dinner seats. The last volunteer I want to recognize and I appreciate so much is **Carroll Pearson**. To me her title is "Expeditor." She just seems to always have the information we need and gets it to us just when we need it. She keeps things running smoothly.

I know that I did not mention every person who was such a big part in making this weekend special. Throughout the year as I write these columns I want to mention all of you who contribute so much. I believe that most of us who volunteer have found that we are the ones who profit most from our labors. It makes the California Alpine Club such an important part of our lives. It has in mine.

— Mae Harms





In Memory of...

REMEMBERING MARY KAY MCKOWN

Mary Kay McKown—wife, mother, educator, student, healer, knitter, skier, nurse practitioner, hiker, chef, writer, and friend—passed away from cancer on April 29th. She died in the same way that she lived: with dignity and grace, and surrounded by people she loved.

An Alpine Club member for many years, Mary Kay reveled in the beauty of the Sierra Nevada, in winter and in summer. She and her husband Craig attended many family events at Echo with their two wonderful daughters, Kealey and Arden. Whether taking a ski excursion to Echo Lake, hiking with the kids to Lake Audrain, or simply sitting by the wood stove and knitting after a full day of alpine activities, Mary Kay always took great pleasure in her time at the lodge. Many of us took great pleasure, too, in her company. A woman of depth, character and intelligence, she exuded a warmth that drew people to her, and she steadfastly tended those connections once they formed. As a result, she had a huge circle of friends, several of whom (myself included) she recruited into the Alpine Club.

If you knew Mary Kay and have a fond recollection to share, her friends invite you to put together a memory page for a scrapbook that we are assembling in her honor. For details, e-mail me at dschoenholz@sbcglobal.net.

— Dan Schoenholz



BOARD OF DIRECTORS MEETING DATES

Sat, June 20, 2009	Alpine Trustees Meeting, 1 pm Board of Directors Meeting at 2 pm
Sun, July 19, 2009	Board of Directors at 2 pm, Quarterly Membership meeting at 3 pm. Dinner to follow. Everyone is welcome.
August, 2009	No meetings
Sat, September 19, 2009	Alpine Trustees, 1 pm, Board of Directors, 2 pm.

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms



PERSONAL ARTICLE POLICY AT ECHO LODGE

A reported theft at Echo Lodge, for which we are saddened, has prompted your Echo Trustees to put in print the policy for storing personal items. Do not intentionally leave items for later use. There is neither adequate space to accommodate storage for all club members and their guests, nor can we guarantee your item(s) security. Of course, there will be exceptions, by either necessity or emergency. However, if it is crucial to leave something behind, (1) do not leave it in the public area and (2) tag it with the date, your name, and contact information. The public areas are for use and enjoyment of the occupants while they are at the lodge. After guests have departed, hosts discover items (clothes, boots, prescription glasses, etc.) left behind. If known, the owner is contacted. Nevertheless, many items make it into our lost and found container. During the Spring Work Party, these items are donated to charity, recycled or tossed.

— Jim Nixon, Chairman, Echo Trustees

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Accommodations 415-381-4975.

FOR UP TO THE MINUTE LISTINGS, SEE THE WEBSITE AT WWW.CALALPINECLUB.ORG. TO LIST AN EVENT ON THIS PAGE, OR FOR WEBSITE USER ID AND PASSWORD, CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

JUN 4 THUR MID-WEEK WORK PARTY

See article on page 8.

Chef: Eva Libien 9am-3pm
Coordinator, Hardy Dawainis. Overnight possible; contact Hardy at 415-461-4431 to let him know you are coming.

JUN 6 SAT PRIVATE RENTAL

Renee Lee

JUN 8-10 MON-WED PRIVATE EVENT

Lynn Hoffman

JUN 11-14 THUR-SUN SPONTANEOUS OVERNIGHT

Allyn Bromley with Private rental 6/12

JUN 16 TUES PRIVATE EVENT

MJ McKown

JUN 19 FRI PRIVATE EVENT

MJ McKown

JUN 20 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm. Board of Directors at 3pm.

JUNE 20-21 SAT-SUN HIKERS' WEEKEND

Host, Tony Smith. For reservations, contact Tony at joanne-tony@sbcglobal.net or 925-933-2403. To pay in advance, make check payable to Tony Smith and mail to 2345 Tice Creek Drive, #4, Walnut Creek, CA 94595.

JUN 21 SUN MOUNTAIN PLAY ASSOC.

MJ McKown 2:30-10:30pm PRIVATE EVENT

JUN 22-28 SAT-FRI PRIVATE EVENT

Joan Ryan

JUN 28-JUL 4 SUN-SAT PRIVATE EVENT

Greg Farber

JUL 2 THUR MID WEEK WORK PARTY

9am to 3:00pm

Chefs: Morgan Evans and David Gibson
Coordinator: Jennie Bruyn
Overnight poss. Contact Jennie at 415-456-1877 to let her know you are coming.

JUL 2-6 THUR-MON PRIVATE EVENT

Patrick Dippery

JUL 4 SAT

4th of July Party

Contact Sonia Bastidas, 415-850-0464

JUL 11-18 SAT - SAT

Yoga and hiking

JUL 12 SUN

SUNDAY WORK PARTY

Coordinator: Peter Beckmann 9am-3pm

Overnight possible. Contact Peter to let him know you are coming, 831-423-9242, beckmann@baymoon.com.

JULY 18-19 SAT-SUN HIKERS' WEEKEND

See box below-note price changes. Optional hikes on Saturday at 10:30 with Jordan Hermann and Sunday with Diane Smith to West Point Inn for Pancake Breakfast (\$10 to WPI).

JUL 19 SUN

QUARTERLY MEETING

Trustees Meeting, 1pm. BoD, 2pm, Quarterly membership meeting, 3pm.

Dinner follows. Everyone is invited.

JUL 19-25 SUN-SAT

PRIVATE EVENT

Josephine Leen

JUL 25-31 SAT-SAT

PRIVATE EVENT

Andres Marti

AUG 2-5 SUN-WED

PRIVATE EVENT

Ann and Ed Del Monte

AUG 6 THUR MID WEEK WORK PARTY

9am to 3:00pm

Chef: Sue Karp

Coordinator: Hardy Dawainis

Overnight poss. Contact Hardy at 415-461-4431 to let him know you are coming.

AUG 15-16 SAT-SUN HIKERS' WEEKEND

See box below. Optional hike with Diane Smith to Mill Valley Depot Bookstore for self-pay lunch on Saturday; meet at 10 am.

AUG 27 THUR

UNITARIAN CHURCH

EVENT

Host Nancy Evans

SEP 1-8 TUE-TUE

B&B WEEK

See article on page 1.

Folk dance party and potluck on Sunday open to everyone. For reservations contact Mary Frey at marymaryhiker@aol.com

SEP 5-7 SAT-MON

CAMP DEL ORO

See article on page 1.

Reservations, Mindi Canner, 415-285-8958 or mcanner@comcast.net

CAC EVENT

SEP 19 SAT

ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm; BoD at 3pm. Everyone welcome.

SEP 19-20 SAT-SUN HIKERS' WEEKEND

See box below except no Happy Hour, and buffet dinner is at 5 pm. Optional: for astronomy lecture/cosmos viewing, leave at 6:15 pm to be at Mountain Theatre by 7 pm.

SEP 23 WED

DAYTIME RENTAL

Unitarian Church

8:30-4:30

OCT 4-10 SUN-SAT

PRIVATE EVENT

Sierra Club, Hiking and Meditation

OCT 17-18 SAT-SUN HIKERS' WEEKEND

See box below

OCT 18 SUN

QUARTERLY MEETING

Trustees Meeting, 1pm. BoD, 2pm. Quarterly membership meeting, 3pm. Dinner follows. Everyone is invited.

OCT 23-24 FRI-SAT

PRIVATE EVENT

Edna Trimm

NOV 21-22 SAT-SUN HIKERS' WEEKEND

See box below.

DEC 12 SAT

WINTER HOLIDAY PARTY

DEC 13 SUN

CHILDREN'S HOLIDAY PARTY

Watch for updates in future issues of TRAILS!

HIKERS' WEEKENDS

Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, \$8. Overnight \$18, breakfast Sunday, \$4; associate fee \$5. **Note: price changes beginning in July: Dinner 12, Breakfast 5 overnight and associate fee unchanged.** For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

Awards Dinner



Fantastic awards dinner cooking crew



David Solbach, Ernie Pitz, and Tony Smith enjoy Happy Hour before dinner.



Jeanne and Stu Bacon and Edie Nelson await the Annual Meeting.



John & Marilyn Hannum surprise Cindy Toran with a Magic Crown.



Carroll Pearson asks Dave Maier to make a speech.

PROPOSED CAC BY-LAWS CHANGES

The CAC Board of Directors is recommending the following by-law changes. Explanatory information is presented in *italics*, deleted material has a ~~strikethrough~~, and added text is underlined. You can find a current copy of our By-Laws on <http://calalpineclub.org>. **Only the changed portions of the by-laws are presented here.** We will vote on these changes at the membership meeting on July 19, 2009, at 3pm. Please plan to attend this important membership meeting to cast your vote.

— Carroll Pearson

Change #1 – This change eliminates the specified dues distribution to the lodges of \$2 and \$3 with \$10 to the Lodge Reserve Fund. Replacement is a budget and financial review process with the balance of the dues collected distributed to the lodges and the establishment of a California Alpine Club Reserve Fund. The entire Article II, Section 6 is being replaced.

Section 6 – Annual Dues

Section 6.1 – Annual Dues Review

The amounts for dues for all membership classes shall be reviewed each year by the Board of Directors at the October Quarterly Business Meeting and shall be voted on by the Board of Directors at its next meeting. If there are no proposed changes to the annual dues, or if the Board of Directors does not approve changes to those dues, the dues amounts from the previous year shall prevail.

Section 6.2 – New Member Dues

Initial dues of applicants for membership shall be assessed according to the date of membership application submittal to the Membership Chairperson as follows:

- Those applying from April 1 through June 30 shall pay dues for a full year
- Those applying from July 1 through December 31 shall pay dues for one-half year
- Those applying from January 1 through March 31 shall pay dues for a full year, such dues being considered full payment for the following fiscal year.

Dues for Junior or Student members are the same regardless of the date of application submittal.

Section 6.3 – Dues Notification

The Registrar shall notify members that their dues are payable April 1. On June 1, the Registrar shall send a second notice to members whose dues are still unpaid on June 1. Members whose dues are in arrears on July 1 shall cease to be members.

Section 6.4 – Dues Distribution

On October 1 of each year \$3 shall be transferred from California Alpine Club treasury to Alpine Lodge treasury and \$2 shall be transferred from California Alpine Club treasury to Echo Summit Lodge treasury for each Regular, Joint, Senior and Life member as shown on the Registrar's records of this date.

In addition, on October 1 of each year, \$10 for each Regular, Joint, Senior and Life member shall be transferred into a California Alpine Club Lodge Reserve Account within the California Alpine Club treasury. In addition to this annual transfer, funds may be transferred from the California Alpine Club treasury to the California Alpine Club Lodge Reserve Fund at any time by a vote of the Board of Directors following a review of funds available and a review of funding needs by the lodges.

During the year, either or both lodges may apply for funds from this account. Requests for such funds shall include the purpose for the use of these funds and adequate financial data to enable the Finance Chairman to evaluate the financial merit of the request. The Board of Directors shall make approval of the transfer of funds from this account after evaluating the merit of the request and the recommendation of the Finance Chairman. Funds within this account shall accumulate from year to year.

Article II – Members

Section 6.0 Annual Dues and Dues Distributions

Section 6.1 Purposes of Dues

Annual dues shall be collected for the support of the lodges, reserve fund(s), program services, Club publications, and administrative support.

Section 6.2 New Member Dues

Initial dues of applicants for membership shall be assessed according to the date of membership application submittal to the Membership Chairperson as follows:

- Those applying from April 1 through June 30 shall pay dues for a full year.
- Those applying from July 1 through December 31 shall pay dues for one-half year.
- Those applying from January 1 through March 31 shall pay dues for a full year; such dues shall be considered full payment for the following fiscal year.

Dues for Junior or Student members are the same regardless of the date of application submittal.

Section 6.3 Dues Recommendation

Prior to the October membership meeting, the Finance Committee shall PROPOSE the amount of the annual dues, the dues distributions to each lodge, the California Alpine Club administration and the California Alpine Club Reserve Fund. The proposal is to be based on the budgets submitted by the California Alpine Club Treasurer, the Treasurers of the two lodges and the financial status of the California Alpine Club Reserve Fund. The Finance Committee proposal shall be presented to the Board of Directors and the membership at the October membership meeting.

Section 6.4 Dues Establishment

At the next Board of Directors meeting following the October membership meeting, the Board of Directors shall vote on the dues and dues distributions recommendations. If the Board of Directors declines to approve the recommendations, then the dues and dues distributions amounts from the prior year shall remain in effect.

Section 6.5 Dues Notification

The Registrar shall notify members that their dues are payable April 1. On June 1, the Registrar shall send a second notice to members whose dues are still unpaid on June 1. Members whose dues are in arrears on July 1 shall cease to be members.

Section 6.6 Dues Distributions

In September, the Club Treasurer shall distribute the approved dues amounts.

Section 6.7 Application for Reserve Funds

During the year, the lodges and the Club may apply for funds from the California Alpine Club Reserve Fund for emergency purposes. Requests for such funds shall include the purpose of these funds, along with adequate financial data to enable the Finance Committee to evaluate the merit of the request. The Board of Directors shall make approval of the transfer of funds from the California Alpine Club Reserve account after reviewing the recommendation of the Finance Committee.

Change #2 – This change is to be consistent with Change #1 – eliminating the Lodge Reserve Fund in favor of a general California Alpine Club reserve fund.

Article V, Section 2 – Duties of Standing Committees

3. Finance: To review the ledgers and financial statements of the Club, including Lodges, at the end of each fiscal year (March 31) and at such other times as the Board of Directors may direct; to report to the Board on the financial health of the Club, including Lodges; to recommend to the Board any changes in dues or entrance fees deemed necessary; and to review any requests for funds from the California Alpine Club's Lodge Reserve Account and make a recommendation to the Board on such requests.

Change #3 – To assign the Conservation Endowment Fund to the California Alpine Club Foundation.

Article IX – Establishment of Conservation Endowment Fund

Major gifts and bequests received by the California Alpine Club, which are dedicated to conservation in accordance with the request of the donor, shall be credited to the Conservation Endowment Fund. The purpose of this Fund is to raise funds to be contributed to conservation and environmental organizations for the payment of annual dues and the support of major projects undertaken by these organizations. The principal will remain intact and only the income from the Fund's investments will be expended. At the end of each fiscal year (March 31), the net income from the Endowment Fund will be distributed to the Club's Conservation Fund. [Established: 4/29/2000]

Article IX – Conservation and Environmental Gifts

Gifts and bequests received by the California Alpine Club, which are dedicated to conservation and environmental causes, shall be transferred to the California Alpine Club Foundation. [The Conservation Endowment Fund, established 4/29/2000, was transferred to the California Alpine Club Foundation on _____.]

MEMBERSHIP REPORT

No New Members May

— Marliiss Riddle
Membership Chair

ON THE ENVIRONMENTAL FRONT

The CAC Foundation has received 16 grant requests, at last count, five in the Tahoe area and eleven in the Bay Area. Requests included tools, sleeping bags, war on invasive species, trail repair, interpretive panels, monitoring of off-road vehicle impact, educational outreach, and more. Some decisions will have been made at our May 16 meeting, but it's not too late to donate to the foundation or to suggest worthy projects...**Two exploratory** snowmaking wells will be drilled by the U.S. Forest Service at Heavenly Mountain Resort in July or August. If water is found, the test wells will be capped, and future production wells would be subject to National Environmental Policy Act (NEPA) analysis and public input. U.S.F.S. also issued a contract to remove hundreds of bolts along former climbing routes on Cave Rock, east of Lake Tahoe. Hikers have been barred since '05, when the Washoe Tribe argued that the site was a sacred place; the ban was upheld last year by a federal appeals court... **Also courtesy the SF Chronicle**, hundreds of dead birds, mainly iridescent Brandt's cormorants, have been washing up on Bay Area beaches. Biologists say the birds don't appear to be infected with viruses or bacteria, and while awaiting further pathogen tests, the speculation is that a recent drop in anchovies, to which the birds turned for food when the rockfish failed in '05 to '07, coupled with a booming population, has caused them to starve... **Volcanoes in Berkeley** Explore the geology and botany of the East Bay hills in a loop through Sibley and Huckleberry Parks on June 13, 10 am to 3 pm. Led by Karen Synowiec, go to greenbelt.org for more info and reservations...**Back on March 16**, the Marin Marine Mammal Center's director of Veterinary Science assisted in the necropsy of a 51-foot-long sperm whale that had washed up on a beach near Tomales Point in Point Reyes. When the team reached the animal's stomach, they discovered nearly 450 pounds of fishing net, mesh, braided rope, plastic bags, even a plastic comb. It's estimated that 80% of ocean plastic originates on land, 20% from watercraft and fishing activities...**On the other hand** (to go out on a positive note), **Jordan Herrmann's** MTIA spring flower survey has resulted in two wildflower brochures by new CAC member **Marguerite Murphy**. One features 23 of Mt. Tam's all-time favorites. The other displays 14 of the rarest wildflowers found here, and the locations where they've been seen. Available at the Visitor Center on East Peak, or contact Jordan Herrmann...**Keep me posted** at dsolbach@gmail.com.

— David Solbach

BLOOD, SWEAT AND TEARS

Sore backs and painful knees have gone into our newly finished floor in the entrance/dining hall. We had a fair price from the floor people for refinishing the floor but decided we could save some money by doing the repair work with volunteer labor. Under **Arnold Champagne's** direction and the help of many good spirited volunteers as well as a lot of hard work, we completed the project in three days.

All of this is not designed to make you feel guilty as you walk into your Lodge in hiking boots. I will not bore you with a long litany of do's and don'ts, this is just to remind you that this is *your* floor so take good care of it.

— Hardy Dawainis for Alpine Lodge Trustees.

A NOTE FROM YOUR REGISTRAR

Just a reminder from your Registrar that Trails and other club publications are available on our website <http://www.calalpineclub.org>. The goal is to have Trails available by the first of the month. It can be found in the "Members" tab. A user name and password are necessary and may be obtained from Gerald Petak at alpinelodge1@yahoo.com. You can save us funds, and the Earth trees, if you wish to stop receiving printed copies in the mail. E-mail Stefan Berlinski at alpineregistrar@pacbell.net and ask to have your name removed from the mailing list.

On another note, a number of members have a spam blocker which tosses the club emails. The process to get through the blocker is simple for one or two people, but lengthy for a dozen or so. Earthlink and related ISPs seem to have this. If you use these services, please go into your mail program and add the above alpineregistrar@pacbell.net to your address books. This will make our life easier and you will get timely messages (not too many, I promise) from the Club. Also send in your email address changes.

For those of you who have renewed your membership for 2009-10, thank you kindly. For those who are a little behind, please save us the sending of reminders and put those checks in the mail. Thank you also Shirley Anderson and David Maier for handling this job in the past and providing support in the present. Finally, anyone who is getting the Roster and does not need it, please contact me at the above address.

— Stefan Berlinski, Registrar

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDDED

SUN JUN 7	9:30 AM	Pascale Leroy	415-661-8904	2B
SUN JUN 14	9:30 AM	Anne Good	510-526-6792	2B
*SAT JUN 20	10:00 AM	Leaderless		1A
*SUN JUN 21	9:30 AM	Renee Powers	415-563-1170	2B
SUN JUN 28	9:30 AM	Leaderless		2B
*THUR 4th of July				
SUN JUL 5	9:30 AM	Jamie Watson	415-464-9842	2B
		"The bridge to nowhere hike"		
SUN JUL 12	9:30 AM	Howard Ortman	415-456-5912	2B
*SAT JUL 18	10:30 AM	Jordan Herrmann	510-520-9782	1A
		Huckleberry Hike		
*SUN JUL 19	9:30 AM	Leaderless		2B
SUN JUL 26	9:30 AM	Cathy Dezendorf	415-383-2926	2B
SUN AUG 2	9:30 AM	Bob Smith	510-841-0402	2B
SUN AUG 9	9:30 AM	Leaderless		2B
*SAT AUG 15	10:00 AM	Leaderless		1A
*SUN AUG 16	9:30 AM	Leaderless		2B
SUN AUG 23	9:30 AM	Leaderless		2B
SUN AUG 30	9:30 AM	Leaderless		2B

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

IMPORTANT! RAIN CANCELS

ALL 2B HIKE BEGIN AT 9:30AM (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

****Leaderless hikes meet at Alpine Club. Please select a leader from the group.**

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Taren Hamilton, at 415-378-4240 or hamilton@hwiarchitects.com.

*Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.

CALL FOR COOKS AND RECIPES

At last month's Alpine host training, a newer CAC member asked if we had a CAC cookbook, a compilation of our best-ried dishes suited for hungry crowds with diverse tastes, and perhaps guidelines for preparing meals for large numbers of diners. We were stunned into silence, racking our brains, trying to recall if such a creature had theretofore existed. No one knew of one. And so, we are calling on all interested CAC members with ideas, experience, and/or recipes to help get this project underway. Anyone interested in working on the committee to produce a CAC cookbook reflecting the Club's diversity and values should contact **Denise Libien** at 415-571-5003 and or email it to dlibien@sbcglobal.net.

TRAILS may publish selected submitted recipes as space is available.

— Anita Cabrera

ALPINE LODGE SUNDAY INNKEEPERS

June 7	Gloria Neumeier	415-453-2225
June 14	Ruth Tretbar	510-836-0108
June 21	open	
June 28	Debbie Dorosin	415-388-7896
July 5	Marion Hazzard	415-661-6876
July 12	open	
July 19	Susan Head	415-331-2598
July 26	Erin Neff	415-861-3447

Sunday Innkeepers carry on our gracious tradition of hospitality. Spend a Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Innkeepers are always needed. Please contact **Selma Bomfim**, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

HISTORIAN'S REPORT

(Note: this article appeared in the February, 1986 edition of TRAILS)

HARRY HERTENSTEIN REMEMBERED

At the January 5th Quarterly Meeting it was proposed and approved by the membership present to name our recreation room the "HARRY HERTENSTEIN HALL."

For the benefit of those who did not know Harry, he was the fifth president of the CAC in 1919. Harry was the personification of the California Alpine Club. It was he who designed, made the plans and supervised the construction of the room.

Harry had been a mainstay of Alpine high trips for many years. He was an instigator of buying the stone building which became Alpine Lodge. He created the plans to enlarge the dining room and the septic tank at Echo Summit Lodge (and was one of the first five trustees (Verna West)). As a trustee, he kept Alpine Lodge going, for he had it in his heart the CAC was the best club in the world.

This is not to say that no one else had any interest in the CAC, but no one who had the experience of knowing Harry Hertenstein would ever take away his unsung title of "Mr. CAC."

It is with heartfelt thanks that I congratulate the Club on this action.

— Ken Wiltz (selected for reprinting by Verna West, club historian)



4TH OF JULY BARBEQUE AND POT LUCK CELEBRATION

Come up to the Alpine Club for a 1A hike (leader needed*) or a 2B hike, followed by a festive 4th of July celebration. If you don't want to hike, just plan to come up for the potluck.

We'll prepare the chicken, veggie burgers and sausage. You prepare your favorite dish to serve 6-8. Wine will be served. Choose what to bring from the following: appetizer, salad (macaroni, cole slaw, potato, fruit, lettuce, veggies – to name just a few), or dessert.

Please call or email **Eva Libien** at 415-383-5184 or elibien@yahoo.com to let her know what you plan to bring. This is essential, so that we don't have too many of one dish. Then mail your check for \$12 (guests are \$14) to: Eva Libien, 2 Eucalyptus Knoll St., Mill Valley, CA 94941.

The 2B hike will start from the Club at 10 am. The 1A hike will start at 11 am. We'll arrive back by about 3 pm. Happy hour will begin at 3:30 pm followed by the BBQ and potluck at 4:30 pm. This should give hikers plenty of time to freshen up.

We need volunteers to help with this event. We will need BBQ help as well as help with the setup and cleanup. So please volunteer (call Eva) prior to the day to sign up for these vital tasks and help make this event a success.

— Eva Libien

* We need a 1A leader for this hike. Please call Eva to volunteer.

RUSSIAN RIVER CANOE TRIP

Arnold Champagne will lead a canoe trip down the Russian River on Saturday, June 13th at 8:30 am. The canoes will fit two or there are kayaks available for solo paddlers. You can either do a half day or full day (\$40 per person – cheaper if ☐ day), 5 ☐ miles and 11 miles approximately 4 to 7 hours.

Russian River is approximately 90 minutes from the Golden Gate Bridge; Arnold will provide a map and directions where to meet. The things to bring for your comfort are: sunglasses, sunscreen, a lunch packed in a sealed container, two quarts of water, long pants and shirt, large brimmed hat, shoes that can get wet, dry clothes in the car, a wind-breaker, and a cushion to sit on in the canoe. Optional equipment is a fishing pole and a swimsuit and towel.

To reserve a place early or for questions, please call or email Arnold at (415) 282-1704 or arnoldchampagne@yahoo.com. Also let Arnold know if you are part of a pair or need a canoe partner.

— Taren Hamilton

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396
anytime until 9:30pm
or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Summer/Fall Hosts and Hosts-in-Training: There are 3 weeks at the end of summer into early Fall that still need hosts: Sunday, August 23rd - September 11th. Of course, October through mid-December have time available for either Private or Hosted events. We also need a Host for Thanksgiving weekend, a special time to be at Echo Lodge. Contact me by e-mail or telephone if you can help keep our magnificent lodge occupied.

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be held Saturday, June 6th, 10 am, at Jim Nixon's home. Contact Jim at 650-756-7771 if you would like to attend.

Echo Summit Lodge Winter/Spring/Summer Schedule:

JUN 10-14 WED-SUN CONSERVATION BENEFIT AND BIRDING EVENT

Karen and Jerry Wagner 707-528-8197
2622 Wawona Dr., Santa Rosa, CA 95405
karwag@sonic.net

JUN 19-21 FRI-SUN MEMBER RENTAL

Mary and Roger Rigney 916-985-7351

JUN 21-30 SUN-TUES SUMMER SPA WEEK

Barbara Crockett 650-365-6280
859 Chesterton Ave.
Redwood City, CA 94061
kc9erfan@sbcglobal.net

JUL 1-5 WED-SUN TEEN FAMILY WKEND

Join us for a few days of teenage fun at the lodge. Kid-friendly food and a relaxed meal schedule.

Kristina and Ben Gale 415-381-9319
Pat Anderson and Fred Huxley
158 Morningsun Ave., Mill Valley, CA 94947
krissegale@yahoo.com

JUL 5-12 SUN-SUN HOSTED EVENT

Kathy and Bill Faherty 707-539-7081
5420 Gates Road, Santa Rosa, CA 95404
Kfaherty@mac.com

JUL 12-17 SUN-FRI HIKERS' WEEK (COOP MEALS)

Martin and Elaine Dengler 707-575-1697
3616 Holly Ridge Dr., Santa Rosa, CA 95409
medengler@sbcglobal.net

JUL 17-19 FRI-SUN CO-OP MEALS WKEND

Kim Cox, Gene Zieman,
and Susan McCarthy 541-227-8275
1660 Pair-a-dice Ranch Road
Jacksonville, OR 97530
kkc89447@yahoo.com

JUL 19-23 SUN-THUR HOSTED EVENT

Cindy Toran 707-539-4396
932 Ripley St, Santa Rosa, CA 95401
toranski@aol.com

JUL 23-26 THUR-SUN HOSTED EVENT

Chris Bekins and Kurt Eichstaedt
and Cindy Toran 707-874-2556
12400 Elliot Lane, Sebastopol, CA 95472
cbekins2@yahoo.com

JUL 26-31 SUN-FRI HOSTED EVENT

Janis Riccomini and Paul Crockett
408-725-7953
12602 Cambridge Dr., Saratoga, CA 95070
janisriccomini@comcast.net

JUL 31-AUG 4 FRI-TUE HIKERS' EVENT

Edna Trimm 415-456-5557
142 Dominga Avenue
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

AUG 4-9 TUE-SUN HOSTED EVENT

Jim Nixon and Jan McCulloch 650-756-7771
50 Seacrest Court, Daly City, CA 94015
jimnixon2000@yahoo.com

AUG 9-13 SUN-THUR HOSTED EVENT

Mae Harms and April Roberts 530-333-1058
5941 Garden Park Dr.,
Garden Valley, CA 95633
maeharms@mindspring.com

AUG 13-16 THUR-SUN HOSTED EVENT

Lillian Young 650-588-5689
3650 Sneath Lane, San Bruno, CA 94066
lcyou@sbcglobal.net

AUG 16-21 SUN-FRI BIKE & HIKE (IF YOU LIKE)

Lynn & Nick Zachreson 831-426-3428
220 Ocean View Ave, Santa Cruz, CA 95062
lynnz@cruzio.com

AUG 21-23 FRI-SUN DEFENSIBLE SPACE CLEARING

This is the weekend to pitch in and clear defensible space around Echo Lodge in accordance with USFS guidelines, keeping our Lodge safe from forest fires. We need your help on this annual project. Note: The lodge will also be open as a hosted event (i.e., open to members not involved in brush clearing). Contact Tom Coleman 707-992-0650
32 Live Oak Dr., Petaluma, CA 94952
travmcgee@comcast.net

AUG 23-SEPT 11 AVAILABLE FOR TRAINED HOSTS

SEP 11-13 FRI-SUN HOSTED EVENT

Lynn Garric 707-539-2078
5400 Alpine Rd., Santa Rosa, CA 95404
cransac@sonic.net

SEP 13-18 SUN-FRI AVAILABLE FOR TRAINED HOSTS

SEP 18-21 FRI-MON FALL WORK PARTY

Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

SEP 21-25 MON-FRI AVAILABLE FOR TRAINED HOSTS

SEP 25-27 FRI-SUN PRIVATE EVENT

Lee Yamada & Phyllis Cole
831-438-5749

OCT 2-4 HOST APPRECIATION AND TRAINING

Contact: Cindy Toran 707-539-4396
toranski@aol.com

OCT 9-16 FRI-FRI FALL SPA WEEK

Barbara Crockett 650-365-6280
859 Chesterton Ave,
Redwood City, CA 94061
kc9erfan@sbcglobal.net

OCT 16-18 FRI-SUN PRIVATE EVENT

Lynn Garric 707-539-2078

OCT 23-25 FRI-SUN HOSTED EVENT

Jayma Brown &
Allan Lindberg 510-237-0231
525 32nd St, Richmond, CA 94804
jaymabrown@earthlink.net

Watch for updates in future issues of Trails!

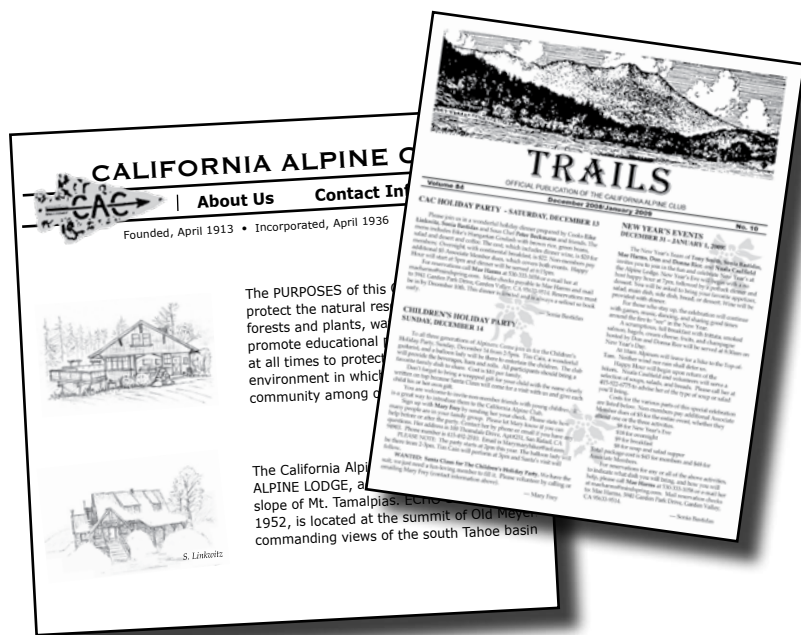
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GET TRAILS!

Pat Boyd is our CAC Publications Chairperson, and she says, "If you miss a copy of the TRAILS, download it from our website or contact **Marliss Riddle** for a printed copy at 415-927-1234, marlissriddle@comcast.net."



TRAILS NEWSLETTER ALERT

Please send articles for the July-August combined issue of TRAILS to editor, **Pat Boyd**, telephone 510-883-9929, boyd4@pacbell.net, 1705 California St., Berkeley, CA 94703-1205.

Pat should receive articles for the July-August issue no later than June 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the September issue of TRAILS will be **Bill Sturm**, rmsturm@hotmail.com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact me at boyd4@pacbell.net, telephone 510-883-9929.

—Pat Boyd, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 85

July/August 2009

No. 6

GET YOUR COPY OF TRAILS FROM OUR WEBSITE

You can help us save money and save trees by downloading your copy of TRAILS from our website. Current and past issues of TRAILS, along with other important club documents, can all be found on the website. We are encouraging members to start downloading TRAILS from the website instead of receiving a printed copy, which can help us save money by reducing our printing and postage costs, and will help save trees by reducing the paper used for printing.

Our goal is to always have the current issue on the site between the first and fifth of the month. To find the current issue, visit the website at <http://calalpineclub.org> and click on the "Members" tab, then click "Current Issue" under the "TRAILS Newsletter" heading on the left side of the page in the Member Info / Documents box. (To access the Members page, you will need a username and password, which can be obtained by emailing **Bob Smith** at alpinelodge1@yahoo.com.)

We are encouraging as many of our members as possible to access TRAILS from the website to help us reduce costs and save resources. If you would like to begin receiving TRAILS via the web and no longer receive the printed copy, please contact **Stefan Berlinski** at alpineregistrar@pacbell.net and request that you be added to the group of members who get TRAILS via the web. (To help remind you that you can download the current version, you may want to set a recurring reminder for the first of each month in Outlook or iCal. Information on setting reminders can be found on the Member page in the "Accessing and Viewing Member Info and Documents" section along with information on obtaining a free copy of Adobe Acrobat, which may need to be installed on some systems in order to view Acrobat files.)

—James Higgins, Webmaster

HIKE AND POTLUCK SATURDAY, 4TH OF JULY

Come up to the Alpine Club for a 1A hike led by **Tony Smith** or a 2B hike, led by **Bob Smith**, followed by a festive 4th of July celebration. If you don't want to hike, just plan to come up for the potluck. Wine will be served.

We'll prepare the chicken, veggie burgers and sausage. You prepare your favorite dish to serve 6-8. Choose from the following: Appetizer, Salad, (macaroni, coleslaw, potato, fruit, lettuce, veggies – to name just a few), or Dessert.

Please call or email **Eva Libien** (415-383-5184) elibien@yahoo.com to let her know what you plan to bring. Note: *This is essential, so that we don't have too many of one dish.* Then mail your check for \$12 to: Eva Libien, 2 Eucalyptus Knoll St., Mill Valley, CA 94941.

The 2B hike will start from the Club at 10am. The 1A hike will start at 11am. Back by about 3pm. Happy hour will begin at 3:30 followed by the BBQ and potluck at 4:30. This should give the hikers plenty of time to freshen up.

We need volunteers to help with this event. We will need BBQ help as well as help with the setup and cleanup. So please **volunteer prior to the day** to sign up for these vital tasks and help make this event a success.

—Eva Libien

QUARTERLY DINNER —SUNDAY, JULY 19

Please call Mae Harms at 530-333-1058 or email her at maeharms@mindspring.com and then put your check in the mail to 5941 Garden Park Drive, Garden Valley, CA 95633-9514 to reserve for a FISH TACO DINNER by Dan Winkelman. "Ranger Dan" learned to cook fish tacos when he was a State diver at Salt Point State Park. Dinner attendees are limited to 50 and Mae needs to hear from you no later than Sunday, July 12.

Co-host/sous chef is needed to do appetizers, dessert, and manage set up and clean up while Dan mans the grill. Please call Mae to volunteer.

—Mae Harms

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Mae Harms	530-333-1058	maeharms@mindspring.com
Vice President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Secretary	Helena Troy	415-492-9576	hmtroy@aol.com
Treasurer	Dennis Zeibell	415-864-4889	dzbp@aol.com
Registrar	Stefan Berlinski	831-458-9954	alpineregistrar@pacbell.net

Board of Directors:	Carl Duisberg	415-388-1175	carlduisberg@hotmail.com
	Arthur Ewart	707-538-3656	aewart@sbcglobal.net
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	Vicki Olds	415-221-2830	volds@studiorflex.com
	John Lillich	925-930-9489	jillich@sbcglobal.net
Past President '08	John Hannum	707-525-8108	JRHannum@sbcglobal.net

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Education	Vicki Olds	415-221-2830	volds@studiorflex.com
Finance	Dave Maier	831-462-2764	dmmaier@pacbell.net
Historian	Verna West	650-854-6349	99swest@earthlink.net
Hike Coordinator	Taren Hamilton	415-378-4240	hamilton@wiarchitects.com
Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Membership	Marliss Riddle	415-927-1234	marlissriddle@comcast.net
Outings	Ruth Tretbar	510-836-0108	rtretbar@yahoo.com
Parliamentarian	John Lillich	925-930-9489	jillich@sbcglobal.net

Publications	Patricia Boyd	510-883-9929	boyd4@pacbell.net
Sunshine	Mary Maier	831-462-2764	mlmaier@pacbell.net
Social Activities	Sonia Bastidas	415-850-0464	soniabastidas@yahoo.com
Youth Activities	VACANT		
Alpine Treasurer	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Bob Smith	510-841-4102	alpinelodge1@yahoo.com
Alpine Lodge	Accommodations	415-381-4975	

Lodge Trustees:

Alpine Chair	Peter Beckmann '10	831-423-9242	beckmann@baymoon.com
	Jennie Bruyn '10	415-456-1877	jennielbruyn@yahoo.com
	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Arnold Champagne '12	415-282-1704	arnoldchampagne@yahoo.com
Echo Chair	Jim Nixon '12	650-756-7771	jimmixon2000@yahoo.com
	Cindy Toran '10	707-539-4396	toranski@aol.com
	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Edie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '12	415-472-1229	erstock@pacbell.net

CAC Foundation Directors

CACF President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
	David Solbach	415-563-1170	dsolbach@gmail.com
	Reuven Segev	415-479-7682	rsegev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Angi Blackwell, Pat Boyd, Catherine Theilen Burke, Anita Cabrera, Tom Mahood, Vicki Olds, Dan Schoenholz, William Steinmetz, Bob Sturm and Helena Troy.

Contributors: Selma Bomfim, Pat Boyd, Tom Coleman, Greg Farber, Mary Frey, Taren Hamilton, Mae Harms, James Higgins, Eva Libien, Marliss Riddle, Bob Smith, David Solbach, Bill Steinmetz, Cindy Toran, and Ruth Tretbar.

Correspondence: Please address correspondence concerning this publication to: Mae Harms, 5941 Garden Park Dr. Garden Valley, CA 95633-9514.

CAC Website: <http://calalpineclub.org>

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PRESIDENT'S MESSAGE

I am just home from a private rental of Echo Summit Lodge. Six of us had a twenty-four hour meditation retreat. We came away renewed and refreshed. I was so proud to host these friends in "my" lodge high above Lake Tahoe in the beauty of the Sierra Nevada. Thank you to the members who had the foresight and perseverance to obtain this lodge for us and for the many after, who have improved and maintained it for us. This includes our present trustees, **Jim Nixon, Tom Coleman, Edie Nelson, Ray Sommer, and Cindy Toran.** They are now working with the Forest Service to make the improvements it requires to renew our lease.

When we entered everything was sparkling clean and in order. The spring work party had just completed its work days before. All that work was done by volunteers. For these volunteers, it was a labor of love and a great deal of laughs, camaraderie and good eating. I know, because I've been on Echo Summit Work Parties. There's a waiting list just to attend and work!

Again this month I am focusing on volunteers, because that's who we are. We hate to send out work to paid professionals! It's not just because we are cheap, but we love to work with our member friends.

At our board meeting, **Eva Libien** reported for herself and the other Alpine Lodge Trustees, **Peter Beckmann, Jennie Bruyn, Arnold Champagne, and Hardy Dawainis.** Alpine Lodge needs more volunteers, especially those who are able bodies and skilled in repair work. I said the board will work on this problem.

Our Register, **Stefan Berlinski**, told me we have about 805 members, including kids. We aren't a lazy lot, I know. Some of you are thinking, "I'd love to do more volunteering, if only..." How can we make volunteering more available for you? Please let me or someone listed in this message know what you'd like to do and what will make it possible for you to use your skills to benefit CAC. Volunteering, in my view, is what makes CAC meaningful and gives a sense of ownership. I've done work parties at Alpine Lodge, too. There's always a fun bunch to work with and the lunch is spectacular. They serve it a bit late, because the cooks know we will be ready for a nap rather than more work after the feast we've just consumed!

—Mae Harms, President



Retiring president JR Hannum hands off the gavel to Mae Harms at the annual meeting.—photo by Bill Steinmetz.

MEMBERSHIP REPORT

New Members - June 2009

M. David Takesue- regular

5652 Jacks Lane

Sacramento, CA 95822-3135

916-427-4588

Takesue@Juno.com

Sponsors: Dorsey McTaggart and Jennie Bruyn

Richard, Peter & Maddy Thornton-regular/juniors

913 Reddington Ct.

Walnut Creek, CA 94596-6034

925-287-8166

RGThorn@pacbell.net

Sponsors: Marliss Riddle and Pattie Jacobson

Ginger Cowan-regular

933 Lovell Ave.

Mill Valley, CA 94941-1087

415-388-3076

GCowan@earthlink.net

Sponsors: Eva Libien and Anne Good

— Marliss Riddle, Membership Chair

BOARD OF DIRECTORS MEETING DATES

Sun, July 19, 2009 Alpine Trustees at 1 pm
Board of Directors at 2 pm,
Quarterly Membership meeting at 3 pm.
Dinner to follow. See Page 1.

August, 2009 No meetings

Sat, September 19, 2009 Alpine Trustees, 1 pm,
Board of Directors, 3 pm.

Sun, October 18 Quarterly Meeting
Alpine Trustees at 1 pm; BoD at 2pm,
Membership at 3pm.
Dinner follows; everyone is invited.

Sat., November 21 Alpine Trustees 1 pm; BoD at 3pm

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms

FACEBOOK GROUP

Recognizing the popularity of Internet social networking, Bill Steinmetz has created a new Facebook Group exclusively for Alpine Club members. Easily found by searching Facebook for "California Alpine Club," the private Facebook Group enables club members to share their interests, ideas, plans, photos, and videos. Once on the Group page, Members may join by clicking "Request to Join Group" under the CAC logo. More than 100 Club members are now using Facebook, and a large percentage have already joined the California Alpine Club Group.

—William Steinmetz

Editor's Note: This group is unmoderated and is not the "official" CAC forum, which can be reached from the Members page of the CAC website <http://calalpineclub.org>.

OUTDATED MEMBERSHIP APPLICATION IN JUNE TRAILS

Unfortunately, the Membership Application form had not been revised in light of new by-laws changes before it was distributed with the June TRAILS. The Quick Reference Guide ("the green sheets") are fine. Keep those. The old version of the Membership Application should be discarded by members who received them in TRAILS. The revised application will be printed and distributed to the Membership Chairman and to the lodges.

In the meantime, both the 2009 Quick Reference guide and the new Membership Application have been posted to the website and are available for download. Please use the online version until the newly printed copies are available.

The most visible difference between the old and new ones is under "Membership Options"—the new form has no provision for Life Memberships and a total cost (dues plus entry fee) is specified.

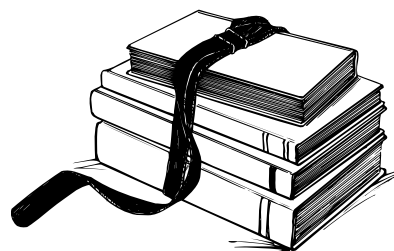
The new form is printed on yellow paper.

—Pat Boyd, Publications Chairperson

REQUEST FOR BOOKS

Master woodworker and Alpine Lodge Trustee, **Arnold Champagne**, has made a handsome bookcase for the upstairs room at the lodge and is asking members to donate books to fill it. Do you have books that you have really enjoyed and that lodge visitors will enjoy also? If so, please bring them and help fill the new bookcase.

—Ruth Tretbar



ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Accommodations 415-381-4975.

FOR UP TO THE MINUTE LISTINGS, SEE THE WEBSITE AT WWW.CALALPINECLUB.ORG. TO LIST AN EVENT ON THIS PAGE, OR FOR WEBSITE USER ID AND PASSWORD, CONTACT BOB SMITH AT ALPINELODGE1@YAHOO.COM

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

JUL 2 THUR MID WEEK WORK PARTY

9am to 3:00pm
Chefs: Morgan Evans and David Gibson
Coordinator: Jennie Bruyn
Overnight poss. Contact Jennie at 415-456-1877 to let her know you are coming.

JUL 2-6 THUR-MON PRIVATE EVENT

Patrick Dippery

JUL 4 SAT HIKES/BBQ/POTLUCK
Coordinator: Eva Libien 415-383-5184
10am, 2B hike; 11am, 1A hike; 4th of July Party, 3:30 pm. Volunteers needed. See article Page 1.

JUL 11-18 SAT - SAT SIERRA CLUB

Yoga and hiking

JUL 12 SUN SUNDAY WORK PARTY

Coordinator: Peter Beckmann 9am- 3pm
Overnight possible. Contact Peter to let him know you are coming, 831-423-9242, beckmann@baymoon.com.

JULY 18-19 SAT-SUN HIKERS' WEEKEND

See box below—note price changes.
Optional hike on Saturday at 10:30 with Jordan Herrmann.

JUL 19 SUN QUARTERLY MEETING

Trustees Meeting, 1pm. BoD, 2pm, Quarterly membership meeting, 3pm. Dinner follows. See page 1.

JUL 19-25 SUN-SAT PRIVATE EVENT

Josephine Leen

JUL 25-31 SAT-SAT PRIVATE EVENT

Andres Marti

JUL31-AUG 1 FRI-SAT PRIVATE EVENT

Greg Farber

AUG 2-5 SUN-WED PRIVATE EVENT

Anne and Ed Del Monte

AUG 6 THUR MID WEEK WORK PARTY

9am to 3:00pm
Chef: Sue Karp
Coordinator: Hardy Dawainis
Overnight poss. Contact Hardy at 415-461-4431 to let him know you are coming.

AUG 15 SAT PT LOBOS

Joint bus trip with Sierra Club. Co-Host Hedda Thieme. \$39 RT. Dinner stop in Monterey. Reservations and pick up points, call Hedda 415-334-3892 or Myra Forsythe 415-613-8318.

AUG 15-16 SAT-SUN HIKERS' WEEKEND

See box below. Optional hike with Diane Smith to Mill Valley Depot Bookstore for self-pay lunch on Saturday; meet at 10 am.

AUG 27 THUR UNITARIAN CHURCH EVENT

Host Nancy Evans

SEP 1-8 TUE-TUE B&B WEEK

See page 10. Folk dance party and potluck on Sunday open to everyone. For reservations contact Mary Frey at marymaryhiker@aol.com.

SEP 3 THUR MID-WEEK WORK PARTY

Chef: Taren Hamilton 9am to 3pm
Coordinator: Jennie Bruyn. Overnight poss. Contact Jennie at 415-456-1877 to let her know you are coming.

SEP 5-7 SAT-MON CAMP DEL ORO

See page 8.
Reservations, Mindi Canner 415-285-8958 or mcanner@comcast.net

SEP 19 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm; BoD at 3pm.
Everyone welcome.

SEP 19-20 SAT-SUN HIKERS' WEEKEND

See box below except no Happy Hour, and buffet dinner is at 5 pm. Optional: for astronomy lecture/cosmos viewing, leave at 6:15 pm to be at Mountain Theatre by 7 pm.

SEP 23 WED DAYTIME RENTAL

Unitarian Church 8:30-4:30

OCT 1 THUR MID-WEEK WORK PARTY

Chef: Edie Nelson 9am to 3pm
Coordinator: Eva Libien. Overnight poss. Contact Eva at 415-383-5184 to let her know you are coming.

OCT 2-3 FRI-SAT HOST TRAINING

Coordinators: Alpine Lodge Trustees
Contact: Hardy Dawainis 415 461 4431
hdawainis@comcast.net or any Alpine Lodge Trustee

OCT 4-10 SUN-SAT PRIVATE EVENT

Sierra Club, Hiking and Meditation

OCT 17-18 SAT-SUN HIKERS' WEEKEND

See box below

OCT 18 SUN QUARTERLY MEETING

Trustees Meeting, 1pm. BoD, 2pm. Quarterly membership meeting, 3pm. Dinner follows. Everyone is invited.

OCT 23-24 FRI-SAT PRIVATE EVENT

Edna Trimm

NOV 6-7 FRI-SAT CACF ANNUAL MEETING

CAC Foundation Annual Gathering.

NOV 21 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm, BoD meet at 3pm.

NOV 21-22 SAT-SUN HIKERS' WEEKEND

See box below.

DEC 5 SAT MTIA

Sue Karp Coordinator

DEC 12 SAT WINTER HOLIDAY PARTY

DEC 13 SUN CHILDREN'S HOLIDAY PARTY

DEC 19 SAT NO BOD MEETING

DEC 19-20 SAT-SUN HIKERS' WEEKEND

See box below.

Watch for updates in future issues of TRAILS!

HIKERS' WEEKENDS

Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, \$12. Overnight \$18, breakfast Sunday, \$5; associate fee \$5.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

ON THE ENVIRONMENTAL FRONT

Decisions, decisions. Your CAC Foundation board of directors has approved \$12,600 in grants for fifteen applicants...**Trail maintenance and repair** grants went to PACIFIC CREST TRAIL ASSOCIATION to support a crew for a week; to SIERRA STATE PARKS FOUNDATION for reparation of trail markers in D.L. Bliss State Park; EL DORADO NATIONAL FOREST INTERPRETIVE ASSOCIATION was approved for radios and supplies for trail crews; a 16-foot puncheon on the upper section of the Stapleton Trail between TCC Trail and Pantoll is to be replaced by the CALIFORNIA STATE PARKS FOUNDATION...

Education projects include scholarships for disadvantaged kids to experience ocean life and farm animals at SLIDE RANCH; MARIN AGRICULTURAL LAND TRUST will receive help to rebuild a booth used in outreach events like farmers' markets, festivals, and other public occasions; sleeping bags will be provided POINT REYES NATIONAL SEASHORE ASSOCIATION to accommodate overnight backpacking and camping classes for low income students; educational panels at the Big Meadows Trailhead kiosk will be replaced by the TAHOE RIM TRAIL ASSOCIATION; AUDUBON CANYON RANCH will receive

assistance providing children hands-on use of microscopes and binoculars to understand amphibians, creek and pond ecology; interpretive panels will be installed inside and outside the gravity car barn by the MT. TAMALPAIS INTERPRETIVE ASSOCIATION...

Habitat restoration projects were approved for PINNACLES PARTNERSHIP's 'Weed Warrior' program to replace invasive with native plants in the campground at Pinnacles National Monument; FRIENDS OF THE CORTE MADERA CREEK WATERSHED will be helped with lunches, tools, and supplies for riparian restoration projects; similar support will be given SAN BRUNO MOUNTAIN WATCH's 'Rare Plant Restoration Project' on San Bruno Mountain...

Other projects approved were a GPS unit to assist the CENTER FOR SIERRA NEVADA CONSERVATION monitor off-road vehicle impact on streams and riparian areas; TAMALPAIS CONSERVATION CLUB will receive help defraying the publication costs of *To Save a Mountain: The 100 Year Battle for Tamalpais*...CAC Foundation board of directors will be monitoring these grants to assess their effectiveness, and any input members care to share in regards to these choices would be appreciated. dsolbach@gmail.com.

—David Solbach

MAY 7 ALPINE LODGE WORK PARTY

Twenty-four members and prospective members turned out for this event, thanks to the organizing efforts of Alpine Lodge Trustee and Work Party Coordinator, **Jennie Bruyn**. Prospective members **Amy Pertschuk**, **Masami Takesue**, and **Ginger Cowan** joined long-time members **Eva Libien**, **Dorsey McTaggart**, **Claudia Hilligoss**, **Anne Good**, and **Kim Klingstrom** in cleaning the lodge. Trustee **Eva Libien** did a solo job on the Tam Building. Trustee **Hardy Dawainis** and prospective member **Chris Krueger** worked on painting projects. In the garden, **Margrit Gonzalez**, **Bill Pung**, **Dennis Ziebell**, **Donna Rice**, and **Ruth Tretbar** weeded, removed grasses and thistles, transplanted, and weeded some more. **Roger Diehnel**, **Ben Heldens**, **Don Mathews**, **Don Rice**, **Bob Smith**, and **Hans Schilling** completed various maintenance tasks.

Selma Bomfim prepared a delicious warm-weather lunch, which we enjoyed on the deck. Perhaps word has spread about the outstanding lunches served at the work parties and this has encouraged more members to participate.

Warmest thanks to the Trustees, to Selma, and to all attendees for your commitment to the Alpine Lodge. The buildings and grounds have never looked better.

—Ruth Tretbar

GREAT IMPROVEMENTS AT THE ALPINE LODGE

The Alpine Lodge is looking splendid these days, well-loved and cared for, thanks to the efforts of dedicated trustees and members. The trustees have moved forward on a number of projects. For the gleaming, refinished floor of the dining porch and the stairs we can thank **Arnold Champagne** and **Hardy Dawainis**, who led a crew of loyal members; they came out day after day to prep the areas for professional refinishing.

Arnold devised a way to strengthen the ceiling beams on the upstairs level, and he and his team completed it in record time. He also made a built-in bookcase for the upstairs room, resurfaced the exterior door of the social hall, and refinished several pieces of furniture.

The step stabilization and new cement pad for the deck stairs and the sturdy new fence, with its plantings of graceful vines, is the work of **Ed Del Monte**, who supervised its construction and planned and implemented the plantings. We now have safety and beauty in that area.

Hardy Dawainis is dedicated to keeping the lodge freshly painted. He has assembled a group of skillful volunteers to help with this ongoing project. The newly painted porch gives a cheerful welcome and the interior window frames and trim are gleaming.

The garden is looking better than it has in many years, thanks to the efforts of **Dennis Ziebell** and **Bill Pung**, who faithfully tend the compost system and whose vision and energy have led to a higher level of maintenance and many new plantings; to **Ed Del Monte**, who has shared his knowledge and experience as a nurseryman and has made our efforts more efficient; and to **Donna Rice**, who continues to offer her wisdom and her gardening skills.

Jenny Bruyn has used her management skills to encourage attendance at the work parties and to organize chefs, who provide delicious meals for the volunteers. She has greatly increased the number of work party attendees. As a result, more can be accomplished each month.

Thanks to you all for your extraordinary dedication to the Alpine Lodge, from me and from everyone who loves and spends time at the Lodge.

—Ruth Tretbar

JUNE 4TH ALPINE LODGE WORK PARTY

We had a very successful work party June 4th. We had 24 participants, all diligently at work and enjoying the camaraderie, under the able baton of **Jennie Bruyn**. The ladies were busy dusting, vacuuming and scrubbing to keep the buildings spotless. They included **Innes Bergman, Ellen Carlo, Linda Conklin** (new member), **Ginger Cowan, Anne Good, Geri Gottbrath, Sally Hernandez, Kate Hewitt** (new member), **Marie Melka, Marguerite Murphy, Renee Powers, and Karen Randall**. Many of the male contingent were perched on the rooftop above the deck of the main building, cleaning out the eaves, sanding, priming and caulking the siding. The rooftop crew: **Greg Farber, Bob Smith**, and new members **Burt Rodgers** and **Mike Udkow** were directed under **Arnold Champagne's** firm hand. **Dennis Zeibell** and **Bill Pung**, our gardeners extraordinaire, pruned and weeded the slopes. **Paul Vermeef** checked to make sure our supply of wood was in good order. **Hans Schilling** filled the main parking lot's potholes with gravel to ensure our smooth arrival at the lodge. **Ed Del Monte**, our loyal troubleshooter, snooped, probed and tested to ensure our continued enjoyment of the lodge facilities. We all partook of a healthy and tasty lunch prepared by the day's chef, **Eva Libien**.

—Eva Libien



Arnold Champagne—on the edge.
(Photo by Greg Farber)

Note: We are in need of painters, to sign up for our next two Thursday work parties to finish coat the siding. No fear of heights, good sense of humor, hard worker and cheap, please.



(top L-R): **Burt Rodgers, Bob Smith** (below L-R): **Karen Randall, Arnold Champagne, Mike Udkow**. (photo by Greg Farber)

ECHO SPRING WORK PARTY

The Spring Work Party 2009 started out all wrong. No it wasn't **Tom Coleman** getting busted by the Highway Patrol and US Forest Service for dragging and "rounding" downed trees without a permit. It wasn't that we didn't have time to install the screen doors at the Women's Dorm. It just seemed wrong that, for the first time in four years, we didn't get snowed on!

We arrived on Thursday afternoon/ Friday morning—22 strong, eager and capable volunteers. **Jim Nixon** and **Nuala Caulfield** took command of the kitchen, and cooked fabulous meals all weekend long.

Jim also supervised the volunteers who helped straighten and clean the inside of the Lodge. **Nuala, Bruce and Diane Friend, Reuven and Yudith Segev, Connie Clark, Isabel Lenssen, Jayma Brown** and **Carol Weisker** cleaned, dusted, went to the laundry with bedding and cleaned the carpets in all bedrooms, halls and the Great Room. The carpet is starting to go bare in many spots, and we are planning on replacing it in a year or two. **Linda Lester, Karen Ebadi, Carol Weisker** and **Edna Trim** cleaned the mold in the Men's



USFS gathers evidence. (Photo by Tom Coleman)

and Women's bathroom/shower on the second floor, and then gave the rooms a fresh coat of paint that had been treated with a mildewcide, so the mildew won't reoccur so quickly.

Tom Coleman supervised the work outside and under the Lodge. He really did get two hefty tickets from the USFS for not having a permit to get and cut the downed trees. Nobody knew we needed a permit, and we had not gotten one in previous years. Not knowing the law is no excuse, and an expensive lesson was learned. To add insult to injury (financial!), the USFS fellow sent for extra troops, and twenty people showed up to remove the

suspect rounds in a trailer as evidence of the crime. It was quite a scene (see photo).

What to do with a group of extraordinarily motivated volunteers, led by the king of hard-working volunteers, **Bob Henry**? We decided we'd give **John Hannum** a hand with the work he's going to be doing this summer. He's going to remove and replace the board and batten siding on the shed with old/new b-and-b siding, and he's planning on sheeting the

See Echo... continued on page 7

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

*THUR 4th of July	10 AM	Bob Smith	510-841-0402	2B
	11 AM	Tony Smith	925-933-2403	1A
SUN JUL 5	9:30 AM	Jamie Watson	415-464-9842	2B+
		"The bridge to nowhere hike"		
SUN JUL 12	9:30 AM	Howard Ortman	415-456-5912	2B
*SAT JUL 18	10:30 AM	Jordan Herrmann	510-520-9782	1A
		"Huckleberry Hike"		
*SUN JUL 19	9:30 AM	Leaderless		2B
SUN JUL 26	9:30 AM	Cathy Dezendorf	415-383-2926	2B
SUN AUG 2	9:30 AM	Bob Smith	510-841-0402	2B
SUN AUG 9	9:30 AM	Anne Good	510-526-6792	2B
*SAT AUG 15	10:00 AM	Leaderless		1A
*SUN AUG 16	9:30 AM	Leaderless		2B
SUN AUG 23	9:30 AM	Leaderless		2B
SUN AUG 30	9:30 AM	Pauline/Jock MacDonald	415-381-2870	2B
SUN SEP 6	9:30AM	Open		2B
SUN SEP 13	9:30 AM	Taren Hamilton	415-378-4240	2B
*SAT SEP 19	10 AM	Open		1A
*SUN SEP 20	9:30 AM	Open		2B
SUN SEP 27	9:30 AM	Arnold Champagne	415-282-1704	2B

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

IMPORTANT! RAIN CANCELS

ALL 2B HIKEs BEGIN AT 9:30AM (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

****Leaderless hikes meet at Alpine Club. Please select a leader from the group.**

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Taren Hamilton, at 415-378-4240 or hamilton@hwiarchitects.com.

*Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.

See Echo... continued from page 6

frame of the shed with plywood, to give it added strength. Coleman purchased sixteen 4'x8' sheets of plywood, and Bob, **Allen Utterback**, **Patrick Kretsch**, **Allen Lindberg**, and (Governor) **Dan Winkelman** spent all the rest of the day Friday, and all day Saturday prepping the walls and installing the 1/2" plywood for Hannum. A major accomplishment and kudos to a very hard working team. John says Thank You, too.

We were also able to complete another tough but necessary task during the extended weekend. The local permit department wanted the structure bolted down to the foundation as requirement to sign-off on our permit. **Ken Patera** and **Tylan Billings** volunteered to take this tough and demanding project on, and we certainly owe them our gratitude for all their hard work. They even went a step further than what was required by doing the bolt-downs, and also doing hold-downs where applicable.

The logs in the basement and the wall plywood needed to be removed. Holes were drilled down into the concrete foundation with a hammer-drill. A two-part epoxy was poured down the holes, and 5/8th inch "all-thread" was inserted into the epoxy to dry and harden overnight. Then Ken and Tylan came back and tightened down the nuts, reinstalled the plywood, and the job was complete.

By my calculations, the work done by these fine volunteers saved the Club about \$7,500. We all owe them a hearty thanks, and isn't it time some of the rest of the members of the Club who don't have time think about volunteering? This was my twenty-sixth work party at Echo, and I told the volunteers that they were the best group, and the most fun group I'd ever worked with at Echo. Well Done!

—Tom Coleman

ALPINE LODGE SUNDAY INNKEEPERS

July 5	Marion Hazzard	415-661-6876
July 12	open	
July 19	Susan Head	415-331-2598
July 26	Erin Neff	415-861-3447
Aug 2	Nancy Waldeck	415-552-5836
Aug 9	Pat Boyd/Bob Piper	510-883-9929
Aug 16	Diane Smith	925-935-2869
Aug 23	open	
Aug 30	Innes Bergman	510-845-3388

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ECHO LODGE HOST APPRECIATION & TRAINING, MAY '09

Twenty-three very special CAC members were welcomed by Trustees **Cindy Toran** and **Edie Nelson** to the 2009 Spring Host Appreciation and Training weekend. Our group included **Matt** and **Cameron Patera**, who are too young to host now, but will be great additions to our team of Echo Hosts in the future. They were very helpful at splitting kindling wood, breaking down cardboard boxes, and many other tasks. They will be great support to their parents, **Brent** and **Jennifer Patera**, and grandmother, **Karen Patera**, who are planning to host again soon at Echo.

For the second year in succession, the weather was unseasonably warm for Spring Host Training. We were all glad to be able to “beat the heat” from back home and escape to the cool(er) Sierra elevation. The snow was melting fast but Echo Lake Road still had high snow banks, and there were patches of snow to traverse on the trail along Echo Lakes. The second lake still had a lot of ice and snow cover left to melt.

Edie Nelson, as usual, provided fantastic meals for the whole gang. Her Meringue and Fruit desserts and Eggs Benedict are very special treats to delight any palette. There was a constant group studying Edie’s famous “cookbook”, a compilation of the best recipes from her 40+ years of hosting



Graduates of Echo Summit Lodge Host Training, May 15-17, 2009.

at Echo. We have two volunteers to “shadow” Edie for the Fall Host Training, **Mary Martin** and **Therese Briend**. They couldn’t have a better teacher than Edie!

The weather was so warm and inviting Cindy was concerned about keeping everyone’s attention during the Saturday classroom training. Everyone was very patient and we had lots of questions and discussion about our procedures and policies. We wrapped up in the late afternoon with the infrastructure tour before many folks

stretched their legs with short but enjoyable hikes and bike rides to round out the Host Appreciation and Training weekend.

Thanks to all the graduates of the 2009 Spring Host Training & Appreciation: **Charlene Schmidt, Gayle Abbott, Mary Larkin, Sally Frederick, Alan Fairhurst, Tim Seely, Karen Patera, Jennifer and Brent Patera, John and Emily Lockett, Mary Martin and Charlie Gill, Therese Briend, Lynn Garric, Gordon and Grete Ringenberg, Peter and Julie Gutzwiller, Roger and Mary Rigney.**

These are valuable folks who volunteer to keep Echo operations running for the enjoyment of all CAC members.

—Cindy Toran, Echo Trustee

CAC Family Camp

Come join us Saturday, September 5 through Monday, September 7 at Camp Del Oro, near Nevada City, for boating, hiking, swimming and other summer fun. The CAC Family Camp is an opportunity for CAC members and their extended families to enjoy a camping-type experience. Prices are as follows:

Children (ages 3 – 12) in tent or RV -- \$45

Children (ages 3 – 12) in cabin -- \$80

Adults in tent or RV - \$85

Adults in open-air cabin -- \$110

For people with special needs, a few cottages with bathrooms are available.

Family Camp will accommodate 100 campers. To make a reservation, please send a check in the amount of \$25 per person to Mindi Canner at 3239 - 21st Street, San Francisco, CA 94110. Deposits are fully refundable until August 23.

Of course, the usual CAC supply of volunteers and help is required. Camp participants will need to volunteer for a chore – and kid-friendly chores will also be available.

You can contact Mindi Canner at mcanner@comcast.net or (415) 285-8958 to make your reservation or to volunteer to help with the campfire program and other activities.

—Mindi Canner

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Trained Hosts:

1. **August 23 through mid-Dec** has time available for either Private or Hosted events except as noted below in the schedule.
2. We still need a Host for **Thanksgiving weekend**, traditionally a special time to be at Echo Lodge. Contact me by e-mail or telephone to schedule your time.
3. It is not too early to plan the **Winter** time you would like to host at Echo and get on the calendar.

The next **Echo Lodge Trustees' Meeting** will be Saturday, July 18, at Jim Nixon's home. Contact Jim at 650-756-7771 if you would like to attend.

Sincerely, Cindy

Echo Summit Lodge Summer/Fall Schedule:

JUL 1-5 WED-SUN TEEN FAMILY WKEND
Join us for a few days of teenage fun at the lodge. Kid-friendly food and a relaxed meal schedule.
Kristina and Ben Gale 415-381-9319
Pat Anderson and Fred Huxley
158 Morningsun Ave., Mill Valley, CA 94947
krissegale@yahoo.com

JUL 5-12 SUN-SUN HOSTED EVENT
Kathy and Bill Faherty 707-539-7081
5420 Gates Road, Santa Rosa, CA 95404
Kfaherty@mac.com

JUL 12-17 SUN-FRI HIKERS' WEEK (COOP MEALS)
Martin and Elaine Dengler 707-575-1697
3616 Holly Ridge Dr., Santa Rosa, CA 95409
medengler@sbcglobal.net

JUL 17-19 FRI-SUN CO-OP MEALS WKEND
Kim Cox, Gene Zieman, and Susan McCarthy 541-227-8275
1660 Pair-a-dice Ranch Road
Jacksonville, OR 97530
kkc89447@yahoo.com

JUL 19-23 SUN-THUR HOSTED EVENT
Cindy Toran 707-539-4396
932 Ripley St, Santa Rosa, CA 95401
toranski@aol.com

JUL 23-26 THUR-SUN HOSTED EVENT
Chris Bekins and Kurt Eichstaedt 707-874-2556
12400 Elliot Lane, Sebastopol, CA 95472
cbekins2@yahoo.com

JUL 26-31 SUN-FRI HOSTED EVENT
Janis Riccomini and Paul Crockett 408-725-7953
12602 Cambridge Dr., Saratoga, CA 95070
janisriccomini@comcast.net

JUL 31-AUG 4 FRI-TUE HIKERS' EVENT
Edna Trimm 415-456-5557
142 Dominga Avenue
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

AUG 4-9 TUE-SUN HOSTED EVENT
Jim Nixon and Jan McCulloch 650-756-7771
50 Seacrest Court, Daly City, CA 94015
jimnixon2000@yahoo.com

AUG 9-13 SUN-THUR HOSTED EVENT
Mae Harms and April Roberts 530-333-1058
5941 Garden Park Dr., Garden Valley, CA 95633
maeharms@mindspring.com

AUG 13-16 THUR-SUN HOSTED EVENT
Lillian Young 650-588-5689
3650 Sneath Lane, San Bruno, CA 94066
lcyou@sbcglobal.net

AUG 16-21 SUN-FRI BIKE & HIKE (IF YOU LIKE)
Lynn & Nick Zachreson 831-426-3428
220 Ocean View Ave, Santa Cruz, CA 95062
lynnz@cruzio.com

AUG 21-23 FRI-SUN DEFENSIBLE SPACE CLEARING
This is the weekend to pitch in and clear defensible space around Echo Lodge in accordance with USFS guidelines, keeping our Lodge safe from forest fires. We need your help on this annual project. Note: The lodge will also be open as a hosted event (i.e., open to members not involved in brush clearing).
Contact Tom Coleman 707-992-0650
32 Live Oak Dr., Petaluma, CA 94952
travmccgee@comcast.net

AUG 23-26 SUN-WED AVAILABLE FOR TRAINED HOSTS

AUG 26-30 WED-SUN PRIVATE EVENT
Tim Seely 707-537-0668

AUG 30-SEP 3 AVAILABLE FOR TRAINED HOSTS

SEP 3-7 THURS-MON LABOR DAY WKND
Coop Meals; Musical instruments welcome but not required.
Tony Smith 925-933-2403
2345 Tice Creek Dr #4, Walnut Creek, CA 94595
joanne-tony@sbcglobal.net

SEP 11-13 FRI-SUN HOSTED EVENT
Lynn Garric 707-539-2078
5400 Alpine Rd., Santa Rosa, CA 95404
cransac@sonic.net

SEP 13-18 SUN-FRI AVAILABLE FOR TRAINED HOSTS
SEP 18-21 FRI-MON FALL WORK PARTY
Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

SEP 21-25 MON-FRI AVAILABLE FOR TRAINED HOSTS

SEP 25-27 FRI-SUN PRIVATE EVENT
Lee Yamada & Phyllis Cole
831-438-5749

OCT 2-4 HOST APPRECIATION AND TRAINING
Contact: Cindy Toran 707-539-4396
toranski@aol.com

OCT 9-16 FRI-FRI FALL SPA WEEK
Barbara Crockett 650-365-6280
859 Chesterton Ave, Redwood City, CA 94061
kc9erfan@sbcglobal.net

OCT 16-18 FRI-SUN PRIVATE EVENT
Lynn Garric 707-539-2078

OCT 23-25 FRI-SUN HOSTED EVENT
Jayma Brown & Allan Lindberg 510-237-0231
525 32nd St, Richmond, CA 94804
jaymabrown@earthlink.net

Watch for updates in future issues of Trails!

ECHO LODGE PROJECTS WILL IMPACT PARKING

There are still many details to work out on the projects to (1) restore the large shed and (2) install the ADA access ramp at Echo Summit Lodge this summer, but we expect the projects to be well underway by the time of July Trails publication. It is necessary to complete both of these projects as part of the requirements of the U.S. Forest Service to renew our land lease. The work will be done while we keep the Lodge open to CAC members and guests for the very popular summer season. The impact will include fewer parking spaces in our "regular" lot as there will sometimes be heavy equipment as well as spaces taken for the cars of the contractors and other workers. We ask that anyone going to Echo this summer be ready to be flexible on parking. Your host will have the latest information on the timing and expected impact. Thanks in advance for your cooperation.

—Cindy Toran, Echo Trustee

TRAILS

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936

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MINI VACATION AT ALPINE LODGE SEPT 1-8

Jo Wolf and I are offering the members a B&B at Alpine Lodge beginning Tuesday, September 1 and ending on Tuesday, September 8. We will start with a dinner for the overnight guests on Tuesday. On Sunday, there will be folk dancing starting at 2pm, a happy hour at 4:30 and potluck dinner on the deck at 5pm. Sunday hikers are welcome to join in the potluck dinner.

We will offer a cooked dinner every other night and will go out to dinner on the alternate nights to local restaurants in Marin. We plan to do an easy walk every day on the mountain or in the local area.

The cost for members is \$17 for overnight and breakfast; the cost is \$22 for non-members. Bring your own lunch materials; there will be a share cost for the dinners served.

If you come for just the dancing and/or potluck there will be a \$5 charge for the use of the lodge.

The weather is lovely in September, so treat yourself to a mini-vacation. Contact **Mary Frey** at 415-492-2510 or email her at Marymaryhiker@Aol.com for reservations or information.

— Mary Frey

QUORUM NEEDED AT QUARTERLY MEETING JULY 19
FOR BY-LAWS VOTE

TRAILS NEWSLETTER ALERT

Please send articles for the September issue of TRAILS to editor, **Bob Sturm** telephone 510-482-3063, rmsturm@hotmail.com, 5833 Balmoral Dr., Oakland CA 94619-2403. Bob should receive articles for the September issue no later than August 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

If you miss your copy of the TRAILS, contact Marliss Riddle for a printed copy at 415-927-1234 or marlissriddle@comcast.net.

The editor for the October issue of TRAILS will be **Catherine Theilen Burke**, theilen@sbcglobal.net. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact me at boyd4@pacbell.net, telephone 510-883-9929.

— Pat Boyd, Publications



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 85

September 2009

No. 7

GOING, GOING GONE September 18-21, 2009

Your last chance in 2009 to volunteer for the Echo Lodge Fall Fun and Work Party is at hand. We truly need your assistance. Work begins Friday September 18, finishing Monday the 21. As you read in the Trails, we had a permit problem this year and are behind in getting wood ready for winter. **John Hannum** was able to purchase 12-14 cords of 16 feet long logs, which require cutting into rounds and splitting. About six cords have been cut. The logs are already at the lodge. You say to yourself, *I cannot cut lumber*, well do not worry, there are many other jobs not involving wood. So if you have the time and the inclination, please contact Jim Nixon at 650-756-7771 or jimnixon2000@yahoo.com. I have said this before, *if not now, when, if not you, who?*

Thank you from the Echo Lodge Trustees.

— Jim Nixon

FAMILY CAMP CANCELED Sept 5-8, 2009

An insufficient number of participants signed up and paid deposits for our family camp over Labor Day, so the event has been canceled. If you are interested in this event for next year, please contact Mindi Canner at mcanner@allenmatkins.com or Joan Ryan at joanryan@mac.com

— Mindi Canner & Joan Ryan

WHAT IS SPA WEEK? October 9-16, 2009

It is a time to relax, renew and refresh yourself in one of our beautiful lodges (Echo Summit Lodge in June and Oct., Alpine Lodge in March). It is a time to reconnect with old friends and meet new ones.

What do we do during spa week?

We do stretching exercises every morning before a delicious breakfast. Hikes are offered every day, both short and long hikes to see the gorgeous wildflowers in the spring and the autumn leaves in the fall. If the altitude doesn't take your breath away the views will! A delicious, healthy lunch is prepared for you to take along on your hike. Some people just stay at the lodge and enjoy a good book, take a nap or work on a community puzzle. After happy hour we enjoy a delicious, healthy dinner prepared by a different chef each evening. After dinner everyone shares their adventures of that day.

During the evening you will find people visiting, reading or playing a wild and raucous game of cards or dice. To top it all off a licensed massage therapist is available to relax you and relieve you of all your aches and pains (optional at extra cost).

All adult club members and their friends are welcome. For some real fun, great hiking, laughter, camaraderie and excellent food, come discover what you are missing at our next spa which will be at Echo Summit Lodge, Friday, Oct. 9th to Friday, Oct. 16th. For Reservations contact Lyn Mangiante at foxtails@pacbell.net or (650) 697-7403.

— Joanne Wolf

VOTING ON BY-LAW CHANGES

October 18, 2009 Meeting

The CAC Board of Directors is recommending the by-law changes that were published in the June 2009 Trails and the ones found on page 4 of this issue. The June Trails is available on our website, <http://calaplineclub.org>. You should be able to obtain the user ID and password for the member page on the web site from any board member. Their contact information is listed in the Green Sheets or on page 2 of any Trails. Any public librarian can help you with web site access.

We need a quorum of 30 members to vote on these by-law changes, so please plan to attend this important meeting on October 18, 2009. There is usually happy hour and a dinner after the meeting.

— Carroll Pearson, By-Laws Committee

Monthly TRAILS Editor ~ Bob Sturm

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Mae Harms	530-333-1058	maeharms@mindspring.com
Vice President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Secretary	Helena Troy	415-492-9576	hmtroy@aol.com
Treasurer	Dennis Ziebell	415-864-4889	dzbp@aol.com
Registrar	Stefan Berlinski	831-458-9954	alpineregistrar@pacbell.net

Board of Directors:	Carl Duisberg	415-388-1175	carlduisberg@hotmail.com
	Arthur Ewart	707-538-3656	aewart@sbcglobal.net
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	Vicki Olds	415-221-2830	volds@studiorflex.com
	John Lillich	925-930-9489	jlillich@sbcglobal.net
Past President '08	John Hannum	707-525-8108	JRHannum@sbcglobal.net

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Education	Vicki Olds	415-221-2830	volds@studiorflex.com
Finance	Dave Maier	831-462-2764	dmmaier@pacbell.net
Historian	Verna West	650-854-6349	99swest@earthlink.net
Hike Coordinator	Taren Hamilton	415-378-4240	hamilton@wiarchitects.com
Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Membership	Marliss Riddle	415-927-1234	marlissriddle@comcast.net
Outings	Ruth Tretbar	510-836-0108	rtretbar@yahoo.com
Parliamentarian	John Lillich	925-930-9489	jlillich@sbcglobal.net
Publications	Angela Blackwell	415-584-2586	ablackwellca@earthlink.net
Sunshine	Mary Maier	831-462-2764	mlmaier@pacbell.net
Social Activities	VACANT		
Youth Activities	VACANT		
Alpine Treasurer	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Bob Smith	510-841-4102	alpinelodge1@yahoo.com
Alpine Accommodations		415-381-4975	

Lodge Trustees:

Alpine Chair	Peter Beckmann '10	831-423-9242	beckmann@baymoon.com
	Jennie Bruyn '10	415-456-1877	jennielbruyn@yahoo.com
	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Arnold Champagne '12	415-282-1704	arnoldchampagne@yahoo.com
Echo Chair	Jim Nixon '12	650-756-7771	jimnixon2000@yahoo.com
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	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Eddie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '12	415-472-1229	erstock@pacbell.net

CAC Foundation Directors

CACF President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
	David Solbach	415-563-1170	dsolbach@gmail.com
	Reuven Segev	415-479-7682	rsegev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Angi Blackwell, Pat Boyd, Catherine Theilen Burke, Anita Cabrera, Tom Mahood, Vicki Olds, Dan Schoenholz, William Steinmetz, Bob Sturm and Helena Troy.

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CAC Website: <http://calalpineclub.org>

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PRESIDENT'S MESSAGE

It appears that CAC members have been out and about having loads of adventures this summer especially at Echo Summit Lodge even amidst all the renovations that are taking place. I am looking forward to co-hosting at Echo with my friend and fellow member of CAC, **April Roberts**. We are trained hosts, but very inexperienced. We're looking over recipes, planning shopping trips and working with hosts before and after us to keeping overlapping guests in their same rooms. You seasoned hosts know all about this.

In July so many of you were unavailable, we couldn't get enough people together for our meetings and the Fish Taco Dinner that **Dan Winkelman** was cheffing. We hope he will be willing to take a rain check on that. We are doing a make-up Board meeting in August. It is good to know our members are enjoying the beauties of nature this summer and getting together with relatives and friends.

Now I am looking forward to the fall and winter months to turn our attention to CAC business, indoor things and back to my theme of **volunteers**. What I've learned over the years, since I joined CAC is that just when we think no one will step up to get a job done, someone generously volunteers.

Here are our needs at this time:

Tony Smith, long time member going back to his childhood days in the club, a past president and several times vice-president, has resigned as this year's vice president. He has volunteered for many jobs and will continue to help out, but his extensive travel schedule makes it hard to keep the strict schedule of CAC official meetings. We wish him Bon Voyage. He deserves it. Now we need a volunteer to step forward to fill in as VP for this year.

Pat Boyd, who has been so good as our Publication Chair, must concentrate her energies on a serious health issue. We thank her for all her work and wish her well with her treatments. **Angi Blackwell** is filling in. We are looking for someone to organize the publishing of our Trails and other duties associated with publications.

Finally, **Sonia Bastias** has arranged many fun Social Events in the past, but we need some more help with this. This job entails getting hosts for events. It doesn't mean doing the events yourself.

This brings me to my latest brainstorm. I plan to form a CAC "head hunters" group. I am going to ask CAC members, who have served our club so well in many capacities, know lots of people in the club and have known powers of persuasion, to join this very special group that will have no meetings. I will send out Email Want-Ads to them. I will say, "I need your help finding a vice-president, a publications chair, and a Social Activities chair. Who can you suggest? Will you ask them or shall I?" I know someone in that group will have answers and someone will volunteer for these jobs. Volunteers have made this club work for over ninety years.

I am looking forward to seeing many of you at various CAC activities.

— Mae Harms

MEMBERSHIP REPORT

Revised New Members - August 2009

Tom Sanborn-regular
5341 Skycrest Dr., El Dorado, CA 95623 530 622-4959
thomas.sanborn@att.net
Sponsors: John Hannum and Daniel Windelman

Ruth Huffman-regular
P.O. Box 794, Angels Camp, CA 95222-0794 209 736-1844
rhuffman794@att.net
Sponsors: James Nixon and Diane Kay Smith

Michael Udkow-regular
1001 Longridge Road, Oakland, CA 94610-2441 510 452-3632
mikeudkow@gmail.com
Sponsors: Arnold Champagne and Burt Rodgers

Jayah Faye Paley-regular
2355 Beach Blvd., #206, Pacifica, CA 94044-2791 650 557-0513
seminar@adventurebuddies.net
Sponsors: Jennie Bruyn and Arnold Champagne

Nancy Bisio and Alan Kepner-joint
P.O. Box 303, Forest Knolls, CA 94933-0303 415 488-0408
nancybisio@mindspring.com
Sponsors: Karen Wagner and Marilyn Hannum

William Mayers and Diane Mayers-joint
32 Meyer Road, San Rafael, CA 94901 415 785-3516
whmayers@aol.com
Sponsors: William Wiley and Bebe Birnbaum

— Marliss Riddle, Membership Chair

BOARD OF DIRECTORS MEETING DATES

Sunday, July 19, 2009
Meetings and dinner were canceled because of a lack of quorums and reservations.

Saturday August 15, 2009
Board of Directors Meeting was held.

Saturday, September 19, 2009
Board of Directors Meeting, 2:00PM

Sunday, October 18, 2009
Board of Directors Meeting, 2:00PM
Quarterly Membership Meeting, 3:00PM
Dinner following, pending securing a chef

Saturday, November 21, 2009
Board of Directors Meeting, 2PM

December, 2009
No meetings scheduled

If you have any questions or wish to have an item on the agenda, contact Mae Harms at mae harms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms

REPORT ON RUSSIAN RIVER CANOE AND KAYAK TRIP

On June 13, eleven CAC members enjoyed a splendid trip on the Russian River, planned and led by **Arnold Champagne**. Some canoed, others paddled sit-on-top kayaks, and a few plied small, agile river kayaks. It was a beautiful day, sunny but not too hot. The river banks were natural and wild. There were few signs of humans, but much bird life. We saw eagles flying overhead, herons on their nests, and a mother duck shepherding her tiny babies. There were some collisions and upsets, but it was all good fun.

After the trip we enjoyed a potluck supper, with freshly grilled sausages and chicken, provided by Arnold. Thanks, Arnold, for a great trip.

Watch for another river trip next spring at Elkhorn Slough, during the peak bird season.

— Ruth Tretbar



Leader and organizer, Arnold Champagne in a kayak – D. Ziebell



Group shot of a fabulous Russian River canoe trip – D. Ziebell

Proposed By-Law Changes – Conflict of Interest, Nominating Committee, and Finance Chairperson

The CAC Board of Directors is recommending the following two additions to our by-laws to document conflict of interest policy. Additionally, the Board of Directors is recommending a change to the appointment of the Nominating Committee and a wording changes to the duties of the Finance Chairperson and CAC Treasurer. The deleted wording has a strikethrough and the additions are underlined. These changes will be voted upon by at the quarterly membership meeting October 18, 2009. We need a quorum of 30 members, so please plan to attend the meeting.

Change 1 – Conflict of Interest *(To be inserted at the end of Article III – Officers/Directors.)*

Section 14 – Conflict of Interest

Whenever a director or officer has a financial or personal interest in any matter coming before the board of directors, the board shall ensure that:

1. The interest of such officer or director is fully disclosed to the board of directors.
2. No interested officer or director may vote or lobby on the matter or be counted in determining the existence of a quorum at the meeting of the board of directors at which such matter is voted upon.
3. Any transaction in which a director or officer has a financial or personal interest shall be duly approved by members of the board of directors not so interested or connected as being in the best interests of the organization.
4. Payments to the interested officer or director shall be reasonable and shall not exceed fair market value.
5. The minutes of meetings at which such votes are taken shall record such disclosure, abstention, and rationale for approval.

Annually, each officer and member of the board of directors must sign a Conflict of Interest Statement.

Section 11 – Conflict of Interest *(To be inserted at the end of Article VI – Lodge Trustees.)*

Whenever a lodge trustee has a financial or personal interest in any matter coming before the board of trustees, the board shall ensure that:

1. The interest of such trustee is fully disclosed to the board of trustees.
2. No interested trustee may vote or lobby on the matter or be counted in determining the existence of a quorum at the meeting of the board of trustees at which such matter is voted upon.
3. Any transaction in which a trustee has a financial or personal interest shall be duly approved by members of the board of trustees not so interested or connected as being in the best interests of the organization.
4. Payments to the interested trustee shall be reasonable and shall not exceed fair market value.
5. The minutes of meetings at which such votes are taken shall record such disclosure, abstention, and rationale for approval.

Annually, each lodge trustee must sign a Conflict of Interest Statement.

Change 2 – Appointment of Nominating Committee

Article III – Officers/Directors, Section 3

At least ten weeks prior to the Annual Meeting: At the first Board of Directors meeting after the Annual Meeting, the President shall appoint, with the approval of the Board of Directors, a Nominating Committee of ~~not less than~~ at least five members of the California Alpine Club. The Nominating Committee shall prepare a slate of Officers, Directors, and Lodge Trustees for the ensuing year. Two months prior to the Annual Meeting, the proposed slate of candidates shall be published in Trails.
(No changes to the remainder of Section 3.)

Change 3 – Duties of the Finance Chairperson

Article V – Committees and Appointments, Section 3. Finance

3. Finance: To review the ledgers and financial statements of the Club, including Lodges, at the end of each fiscal year (March 31) and at such other times as the Board of Directors may direct; to report to the Board on the financial health of the Club, including Lodges; to recommend to the Board any changes in dues or entrance fees deemed necessary; and to review any requests for funds from the California Alpine Club's Erodge Reserve Account(s) and make a recommendation to the Board on such requests.

Change 4 – Duties of the Treasurer

Article III – Officers, Section 7 – Duties of the Treasurer

4. Publish the annual Financial Report in the September issue of Trails, provide a financial report quarterly, or at such other periods as the Board of Directors may direct;

CAC Consolidated Financial Summary as of 3/31/2009

	FINAL	FINAL	CHANGE
	3-31-2008	3-31-2009	
ASSETS			
CAC General Fund Checking	25,520	38,364	12,844
CAC Savings	13,960	48,064	34,104
CAC CD	50,107		(50,107)
Alpine Operating Acct-Checking	56,270	71,194	14,924
Alpine CD Wells Fargo	60,000	20,000	(40,000)
Echo Checking	13,920	39,637	25,717
Echo Checking Special Purpose		851	851
Echo Bus Prem Rate Savings	23,312	15,802	(7,510)
Echo Savings Special Purpose		54,460	54,460
Echo Reserves - CDs	107,715		(107,715)
Accounts Receivable		300	300
CAC Life Member Fd (GNMA) FMV	61,735	65,843	4,108
Accounts Payable	(24,018)	(3)	24,015
Reservation Deposits		(6,132)	(6,132)
TOTAL NET ASSETS	\$388,521	\$348,380	(\$40,141)
REVENUE			
Donations & Gifts	7,079	5,648	(1,431)
Club Activities	74,809	84,678	9,869
Accommodations	6,911	4,411	(2,500)
Dues & Entry Fees	84,372	75,283	(9,089)
Interest On Deposits	4,212	2,905	(1,307)
Interest From Life Member Fund	2,609	2,655	46
Rent Income	8,640	8,640	
TOTAL REVENUE	\$188,632	\$184,220	(\$4,412)
EXPENSES			
Accounting	615	60	(555)
Activities Supplies & Direct Costs	38,729	33,557	(5,172)
Postage/Shipping/Copying/Office	3,269	2,470	(799)
Trails Production and Mailing	10,731	10,714	(17)
Lodge sustaining/providing	51,327	160,106	108,779
Insurance	23,958	3,447	(20,511)
Host Training		1,489	1,489
Other Administrative & Taxes		12,518	12,518
TOTAL EXPENSES	\$128,629	\$224,361	\$95,732
Gain/(Loss) in Net Liquid Assets	\$60,003	(\$40,141)	(\$100,144)

Note: \$100K was spent for major capital improvement.

Prepared by: Virginia Anderson, CPA; Submitted by: Dennis Ziebell, CAC Treasurer

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Accommodations 415-381-4975.

FOR UP TO THE MINUTE LISTINGS, SEE THE WEBSITE AT WWW.CALALPINECLUB.ORG. TO LIST AN EVENT ON THIS PAGE, OR FOR WEBSITE USER ID AND PASSWORD, CONTACT BOB SMITH AT ALPINELODGE1@YAHOO.COM

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

SEP 1-8 TUE-TUE

B&B WEEK

Folk dance party and potluck on Sunday open to everyone. For reservations contact Mary Frey at marymaryhiker@aol.com. See article in July/August Trails, page 10.

SEP 3 THUR

MID-WEEK WORK PARTY

Chef: Taren Hamilton 9am to 3pm
Coordinator: Jennie Bruyn. Overnight poss.
Contact Jennie at 415-456-1877 to let her know you are coming.

SEP 5-7 SAT-MON

CAMP DEL ORO

Reservations, Mindi Canner 415-285-8958
or mcanner@comcast.net

SEP 19 SAT

ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at noon; BoD at 2pm.
Everyone welcome.

SEP 19-20 SAT-SUN

HIKERS' WEEKEND

See box below except no Happy Hour, and buffet dinner is at 5 pm. Optional: for astronomy lecture/cosmos viewing, leave at 6:15 pm to be at Mountain Theatre by 7 pm.

OCT 1 THUR

MID-WEEK WORK PARTY

Chef: Edie Nelson 9am to 3pm
Coordinator: Eva Libien. Overnight possible.
Contact Eva at 415-383-5184 to let her know you are coming.

OCT 2-3 FRI-SAT

HOST TRAINING

Coordinators: Alpine Lodge Trustees
Contact: Hardy Dawainis 415 461 4431
hdawainis@comcast.net or any Alpine Lodge Trustee

OCT 10 SAT

PRIVATE EVENT

Dianne Smith

OCT 11 SUN

SECOND SUNDAY WORK PARTY

Contact Alpine Trustees.

OCT 17-18 SAT-SUN

HIKERS' WEEKEND

See box in third column.

OCT 18 SUN

QUARTERLY MEETING

Trustees Meeting, noon. BoD, 2pm. Quarterly membership meeting, 3pm. Chef needed for dinner. Everyone is invited.

OCT 23-24 FRI-SAT

Edna Trimm

PRIVATE EVENT

OCT 31 SAT

HALLOWEEN PARTY

Contact CAC Leadership.

NOV 5 THURS

MID-WEEK WORK PARTY

Chef: Karl Baeck 9am-3pm
Coordinator: Hardy Dawainis. Overnight possibility.
Contact Hardy at 415-461-4431 to let him know you are coming.

NOV 7 SAT

CACF ANNUAL MEETING

CAC Foundation Annual Gathering.

NOV 21 SAT

ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at noon, BoD meet at 2pm.

NOV 21-22 SAT-SUN

HIKERS' WEEKEND

See box in third column.

NOV 26 THURS

THANKSGIVING DINNER

Contact CAC Leadership.

DEC 3 THURS

MIDWEEK WORK PARTY

Chef: Jayah Faye Paley 9am-3 pm
Coordinator: Jennie Bruyn. Overnight possibility.
Contact Jennie at 415-456-1877 to let her know you are coming.

DEC 5 SAT

MTIA

Sue Karp Coordinator.

DEC 12 SAT

WINTER HOLIDAY PARTY

Contact Mary Jane McKown (mjmckown@gmail.com).

DEC 13 SUN

CHILDREN'S HOLIDAY PARTY

Contact Mary Jane McKown (mjmckown@gmail.com).

DEC 19 SAT

NO LEADERSHIP MEETINGS

DEC 19-20 SAT-SUN

HIKERS' WEEKEND

See box in third column.

DEC 25 FRI

CHRISTMAS DAY

Contact CAC Leadership.

DEC 31 THURS

NEW YEAR'S EVE

Contact CAC Leadership.

JAN 1 FRI

NEW YEAR'S DAY

Contact CAC Leadership.

JAN 7 THUR

MID-WEEK WORK PARTY

Contact Alpine Trustees

JAN 10 SUN

SUNDAY WORK PARTY

Contact Alpine Trustees

JAN 16-17 SAT-SUN

HIKERS' WEEKEND

See box in third column.

JAN 17 SUN

QUARTERLY AND LEADERSHIP MEETINGS

Contact CAC Leadership

JAN 22-28 SAT-SUN

TENTATIVE PRIVATE RENTAL

JAN 29-31 SUN-TUES

PRIVATE RENTAL

FEB 4 THUR

MID-WEEK WORK PARTY

Contact Alpine Trustees

FEB 5-7 FRI-SUN

TENTATIVE PRIVATE EVENT

FEB 20 SAT

LEADERSHIP MEETINGS

FEB 20-21 SAT-SUN

HIKERS' WEEKEND

See box below.

Watch for updates in future issues of TRAILS!

HIKERS' WEEKENDS

Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, \$12. Overnight \$18, breakfast Sunday, \$5; associate fee \$5.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

LOST AND VALUABLE

Lost, misplaced and valuable **three** very complete **first aid kits** with luggage tags saying Sierra Club, National Outings and several smaller first aid kits.

Stored in a large clear/opaque plastic box with a blue lid. They have been gone for over a year.

Please call me if you have seen them because they are needed.

Thank you.

Mary Jane McKown

415-383-2774 or mjmckown@gmail.com

ALPINE WORK PARTY – 12 JULY 2009

Eleven volunteers brought enthusiasm and a lot of muscle juice to a sunny Sunday morning at Alpine Lodge. The projects were few but big: Ed DelMonte had arranged for 5 cubic yards of gravel to be dumped in our parking lot. Ed, Alan Kepner (prospective member), Bill Pung, and John Shober spent the morning distributing buckets of gravel behind the social hall and underneath the deck. It gave us a realistic feeling of how the railroads were built: One bucket at a time.

Ruth Tretbar and Dennis Ziebel from the garden committee worked alongside Nancy Bisio (prospective member), Pascale Leroy, Dolores Fahey, and Roger Diemel fighting the eternal struggle against the weeds. This time it looked like they were almost winning.

I cooked my work party all-time favorite for lunch: Frankfurter sausages with lots of mustard and white rolls, together with organic salad and warm apple pie with ice cream.

Ed confided that he had been looking forward to the Frankfurters all year long.

— Peter Beckmann



July 12 work party from left Ed DelMonte, Ruth Tretbar, Dennis Ziebel, with Nancy Bisio (a prospective member) in the foreground – P Beckmann



July 12 work party from left: Alan Kepner (prospective member), John Shober, Bill Pung. Greetings – Peter Beckman



July 12 work party, Dolores Fahey – P Beckmann

CONSERVATION REPORT

HILLMAN DINNER AND OVERNIGHT AT THE CAC FOUNDATION MEETING, SATURDAY, NOVEMBER 7

If you are interested in conservation, please come and join the directors for a dinner prepared by **Tony Smith**, and stay overnight Saturday if you wish. Alpine Lodge rates apply. We hope to have a speaker. More info in October TRAILS, or contact any CACF director. Breakfast on Sunday, Nov. 8.

— Anthony Smith

HISTORY FROM A LONG TIME AGO

In early June a message was left on my telephone from someone at Brigham Young University in Provo, Utah, saying he was researching an early California Alpine Club member and had found my name on the Internet as CAC Historian?

When I returned the call he told me the Mormon Church was doing a documentary on 97 year old Maxine Grimm Tate the second wife of Edward M Pete “Chick” Grimm, an early, short time member. It took me only a few minutes to find his name, address and the date he joined the club (4-13-1915) in a copy of the 1915 Minutes I have here at home. The information about his brief time in the Navy in 1918, was in the 1920 Trails. He was a close friend of Al Pinther and Claire Kelly (Sprague) and kept in touch with them all their lives.

He found work on the waterfront here in San Francisco. In January 1919 he was a Purser on the ship Waban bound for the Philippines. In one of the interviews with Maxine, she said when he arrived in Manila and they asked his name he said Pedro. He was “Pete” from then on. He had a long association with the Mormon Church. He became a wealthy man owning an Export Business and remaining in the Orient apparently often visiting in the United States.

Joel Ackerman and two associates were here in the Bay Area June 16. They came to my house with a scanner and computer. I brought out the old photo albums of my husband’s father, Harry P West, and we spent about three interesting hours with magnifying glasses. They, of course, as well as I, had never seen him, but they had some good photos and we found and scanned quite a few.

There is a mystery still remaining for me. Juanita Grimm was Chick’s first wife, divorced, and a life time friend of my Mother in Law Anita West. After Anita was hospitalized, I continued sending cards to Juanita until 1984! How Chick and Juanita met I don’t know. She never remarried!

— Verna West, Historian



Grimm Documentary:
Joel Ackerman and Verna West

BERKELEY HILLS WALK, SATURDAY, SEPTEMBER 26

Walk the hillside neighborhoods of Berkeley. Enjoy splendid views; three or four parks and climbing areas; fine old houses designed by **Bernard Maybeck**, **Julia Morgan**, and other architects of the period; and hidden wild areas. We’ll pause for lunch at a Solano Avenue restaurant, or you can bring your lunch and picnic in the park.

This will be the equivalent of a 2B hike. To reserve a place and for further details contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com. AFTER AUGUST 31, or Jean Rodgers at 415-435-9383 or jrodg1218@aol.com

— Ruth Tretbar

ON THE ENVIRONMENT FRONT

Hard times all round--Marine Mammal Center has rescued over 900 animals so far this year, well over the 600 to 700 annual average. Malnourished young sea lions rescues are triple normal, and it's speculated their food sources have dwindled or moved elsewhere...**A preliminary injunction** motion will be heard by Judge Lawrence Karlton in Sacramento Federal Court on September 14. The motion, coordinated by Earthjustice, seeks immediate halt of the placement of new buoys, piers, boat ramps, and other structures along the shore of Lake Tahoe. Earthjustice is also a major actor in the challenge to Chevron's expansion/upgrade of it's Richmond facilities...**"I cannot thank you enough,"** the CAC Foundation hears from Ken McIntire, Executive Director of San Bruno Mountain Watch, "for your \$1000 grant toward our Rare Plant Project. With this money we can begin locating, mapping, and when possible, restoring rare plant populations on the mountain." Mr McIntire has offered our members a tour of some of the 'special spots' on the mountain. Friends of Corte Madera Creek Watershed, another grant recipient, got down and dirty (see photo) at a recent work party to restore habitat at White Hill Middle School on Fairfax Creek...**Sunken vessels** attract more biomass than natural coral reefs, according to Paul Arena in Marine Protected Areas News. They may also foster greater productivity for certain economically important species like snappers...**Bay Area Early Detection Network** has been set up by Audubon Canyon Ranch and partners to clear invasive species reports and implement a rapid response policy. Just report sightings to BAEDN.org...**Marin Municipal Water District** reservoirs are 6% below average for this time of year. Russian River water has been cut to 25% of peak year 2004's imports, and a new (larger?) Russian River pipeline is still being considered by the MMWD board. The board is also considering desalination in addition to infrastructure and conservation measures. Go to marinwater.org to learn about MMWD's \$400 rebate for smart irrigation controllers which self-adjust based on weather and soil conditions to apply just the right amount of water...**Arachnid lovers** can join Ken Lavin on September 13 to hunt "tarantulas



Pileated Woodpecker, probably the male of a nesting pair. Seen at the intersection of the Cataract & Mickey O'Brien Trails – J. Herrmann

the size of half grown mice" on Mt. Diablo. See greenbelt.org for details...**Marin County Fire Department** burned a 25-acre pasture on Mike and Sally Gales' Chileno Valley Ranch this summer. It's an experiment to control woolly distaff thistle, an invasive pest. Marin Agricultural Land Trust will post results as they develop...**A Pileated Woodpecker** was photographed by Jordan Herrmann near the intersection of Cataract and Mickey O'Brien trails back on June 20 (see photo). Several of us saw the same (we assume) bird in the area several days later--anybody else?...**Keep me posted** at dsolbach@gmail.com

— David Solbach



Volunteers at Corte Madera Creek Work Party - Charles Kennard (kids at the school project) per Sandra Guldman 28-July

CRESCENT CITY OUTING JUNE 22-26, 2009

Once again the Alpine Club was lured up north to hike in the majestic redwoods. There were nine of us: **Ann and Gos Schubert, Don & Donna Rice, Arnold Champagne, Ruth Tretbar, Jennie Bruyn, Margrit Gonzalez** and our efficient leader **Jean Rodgers**. We stayed at the Crescent Beach Motel, except Arnold who camped at Jedediah Smith State Park. Happy hour took place on the porch with a lovely view of the ocean. Our first hike was the James Irvine Trail to Fern Canyon at Prairie Creek Redwoods State Park. It leads through magnificent redwoods to the awe inspiring Fern Canyon, where you walk along a creek at the bottom of a gorge lined by 50-foot fern coated walls. We emerged at Gold Bluff Beach and had lunch at the ocean. This trail is now among my favorites in all of California.

Our second hike was on the Boy Scout Trail. You walk on a soft dirt path that winds its way through old-growth redwoods to the Fern Falls and the double-trunked giant Boy Scout Tree. Former Del Norte Sheriff Jack Breen, who founded the local Boy Scout Troop, located the tree many years ago. On this day we had a barbecue at Arnold's campsite. Jean and Ruth bought 3 fresh rock cods off the boat (still wiggling) and Arnold expertly scaled and cleaned them. They tasted delicious from the grill, combined with salads, French bread and dessert. This was a refreshing change from eating at restaurants.

Our third hike was the Coast Trail from Enderts Beach; it featured Kick Ass Hill, an absolute must for Jennie. We saw beautiful Tiger Lilies and feasted on Salmon Berries. Rhododendrons were a special treat on all hikes.

On our way home we had to slow down for a herd of elk crossing Route 101. We also discovered the pretty town of Trinidad perched on a hillside overlooking the ocean. Trinidad Head, a miniature mountain that rises 300 feet above the beach, beckoned to be climbed on a loop trail with splendid coastal views.

— Margrit Gonzalez

MARIN POWER AND SAIL SQUADRON

The Marin Power and Sail Squadron is offering a tuition-free safe boating class at our Kell Education Center, 789 North Hamilton Parkway, Novato, (Old Hamilton Air Force Base) on September 15, 17, 22, 24, 29 and October 1. October 8, 2009 is the Final Exam from 7 to 9 pm. The textbook costs \$40. It is a good reference book to keep aboard your boat. To register, phone Jeanne Bacon at 415-924-2712.

— H. Stuart Bacon

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

SUN SEP 6	9:30 AM	Taren Hamilton	415-378-4240	2B
SUN SEP 13	9:30 AM	Howard Ortman	415-456-5912	2B
*SAT SEP 19	10:00 AM	Leaderless		1A
*SUN SEP 20	9:30 AM	Renee Powers	415-648-4940	2B
SUN SEP 27	9:30 AM	Bob Smith	510-841-0402	2B
SUN OCT 4	9:30 AM	Arnold Champagne	415-282-1704	2B
SUN OCT 11	9:30 AM	Eva Libien	415-383-5184	2B
*SAT OCT 17	10:00 AM	Bill Wise	415-584-5481	1A
*SUN OCT 18	9:30 AM	Howard Ortman	415-456-5912	2B
SUN OCT 25	9:30 AM	Anne Good	510-526-6792	2B
SUN NOV 1	9:30 AM	Open		2B
SUN NOV 8	9:30 AM	Open		2B
SUN NOV 15	9:30 AM	Open		2B
*SAT NOV 21	10:00 AM	Open		1A
SUN NOV 29	9:30 AM	Jamie Watson	415-515-9618	2B+

ALL 2B HIKEs BEGIN AT 9:30AM (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx.. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

****Leaderless hikes meet at Alpine Club. Please select a leader from the group.**

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

Hike Coordinator: Taren Hamilton, at 415-378-4240 or hamilton@hwiarchitects.com.

*Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.

JULY 2ND WORK PARTY AT ALPINE LODGE

On Thursday July 2, **Jennie Bruyn** ably coordinated a hard working group of 28 Alpine Club volunteers and prospective members for a day of cleaning and special projects at the Alpine Lodge. We were delighted to welcome special guests **BJ** and **Brenda Champagne**, Arnold Champagne's brother and sister-in-law, who were visiting from LaGrange, North Carolina and took time out of their busy vacation to join us for a day of painting and cleaning.

Eva Libien and her crew of **Carol Bodtker**, **Pauline MacDonald** and **Brenda Champagne** got an early start on preparations for the big Fourth of July Celebration on Saturday. Special thanks to **Hans Schilling** for staying late to disassemble and thoroughly clean the gas barbecue grill! **Ed DelMonte** organized the garden volunteers in "cleaning the redwoods", an important part of annual lodge housekeeping that involves removing all of the suckers around the base of each trunk and clearing large fallen branches, etc. from the area. Many thanks to **Margrit Gonzalez** as well as new members **Jayah Faye Paley** and **Masami Takesue** for several hours of hard, sweaty work that was so well done that when they were finished, the Redwood Grove looked as if it had grown that way all by itself.

Ed DelMonte also organized a bucket brigade consisting of **Neil Anthony**, **Burt Rodgers**, **Tom Foote**, **Tony Smith**, **Jennie Bruyn**, **Brenda Champagne**, **Dave Gibson** and **Ben Heldens** to transport gravel from the parking lot down to the lower garden area behind the social hall. Carol Bodtker, Pauline MacDonald and Eva Libien cleaned and weeded the paths to the Mt. Tam Building and watered the plants. **Lynn Pelletier** and **Renee Powers** dusted, vacuumed and polished the dorm and main sitting room; and Geri Gottbrath took care of setting the Mt. Tam Building to rights. **Marguerite Murphy** and new member **Kris Martinovich** spent the morning scrubbing down and organizing the kitchen pantry shelves. And last, but by no means least, **Arnold Champagne** led a group of intrepid volunteers up onto the Alpine Lodge roof to give the gutters and window frames several coats of fresh, new paint: **BJ Champagne**, **David Gibson**, **Don Mathews** and new member **Bill Mayers**. And **Erik Bodtker** assisted Arnold painting the large window in the Mt. Tam Building.

After working hard all morning, we feasted on a special lunch prepared by Chefs **Morgan Evans** and **Dave Gibson** (with help from kitchen volunteers **Lynn Pelletier** and **Mary Foote**): mixed baby-green salad, baked salmon with coconut rice, and gingerbread with lemon curd for dessert. A very satisfying conclusion to a productive and congenial work party that left the Lodge and grounds looking tidy and well tended, as always.

— Marguerite Murphy

ALPINE LODGE SUNDAY INNKEEPERS

September 06	Jana E. Shober	916-685-2547
September 13	Margaret Ballou	415-884-0878
September 20	Ulla Pettersson	415-821-1858
September 27	Marion Hazzard	415-661-6876
October 04	Pascale Leroy	415-661-8904
October 11	Stanley Finkelstein	415-381-4676
October 18	Sally Hernandez	707-763-8213
October 25	Open	

— Selma Bomfim, Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Winter Hosts: It is prime time to plan your Winter/Spring 2010 host events at Echo Lodge. Member Rentals are also available mid-week Jan-Mar and any days Apr-Jun as well as October 1-December 15th, excluding Thanksgiving week. Give me a call or send an e-mail to let me know your preferred times. I will do my best to accommodate your requests. Also, note that our next Host Appreciation & Training session is October 2-4. If you need to renew your training, as required every 3 years, or would like to become a trained host, please contact me.

All CAC Members: We have a LOT of work to do at the Fall work party to get the lodge ready for the coming snow season. The festivities start on Friday Sept. 18th and end on Monday, the 21st. We could sure use your help and it will be a lot of fun! Contact Trustee Jim Nixon at 650-756-7771 or jimnixon2000@yahoo.com to sign up.

The next **Echo Lodge Trustees' Meeting** will be Saturday, September 26th, 10 am, at Tom Coleman's home. Contact Tom at 707-769-7801 if you would like to attend.

Sincerely, Cindy

OCT 2-4 HOST APPRECIATION AND TRAINING
Contact: Cindy Toran 707-539-4396
toranski@aol.com

OCT 9-16 FRI-FRI FALL SPA WEEK
See article on page 1 for details.
Lyn Mangiante & Barbara Crockett 650-697-7403
424 Hazel Ave, Millbrae, CA 94030
foxtails@pacbell.net

OCT 16-18 FRI-SUN PRIVATE EVENT
Lynn Garric 707-539-2078

OCT 23-25 FRI-SUN HOSTED EVENT
Jayma Brown, Peter Beckmann
Allan Lindberg 510-237-0231
525 32nd St, Richmond, CA 94804
jaymabrown@earthlink.net

NOV 12-15 THURS-SUN PRIVATE EVENT
Dee & Ginny Foote 408-255-6581

NOV 25-29 WED-SUN THANKSGIVING ON ECHO SUMMIT
Please join us for turkey and all the trimmings, once again, as Ty Billings and Vicki Olds co-host this holiday event with Carl & Laura Duisberg! The week's menu will be fit for foodies with plenty of vegetarian options and a few exotic surprises. Vicki Olds 415-221-2830
534 6th Avenue, San Francisco, CA 94118
volds@studiorflex.com

DEC 26-31 SAT-THURS CHRISTMAS WEEK
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

JAN 10-14 SUN-THURS HOSTED EVENT
Diane & Bruce Friend with Edie Nelson 510-654-4218
6124 Chabot Rd, Oakland, CA 94618
bifedf@comcast.net

JAN 14-18 THURS-MON YOUNG FAMILIES SNOW WKND
Joan Ryan & John O'Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

JAN 18-24 MON-SUN COOP MEALS WEEK
Cindy Toran 707-539-4396
932 Ripley St, Santa Rosa, CA 95401
toranski@aol.com

JAN 29-31 SUN-FRI HOSTED EVENT
Pam & Garry Greever 530-677-5616
3200 Red Rock Ln, Shingle Springs, CA 95682
pamgreever@yahoo.com

FEB 11-15 THURS-MON PRESIDENTS' WKND
Joan Ryan & John O'Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

FEB 15-21 MON-SUN HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

FEB 26-MAR 2 FRI-TUES HOSTED EVENT
Tom McNicholas, Burt Rodgers 707-254-9953
& Mike Udkow
4200 Maher St, Napa, CA 94958
tommcnicholas@yahoo.com

Echo Summit Lodge Fall/Winter Schedule:

AUG 30-SEP 3 AVAILABLE FOR TRAINED HOSTS

SEP 3-7 THURS-MON LABOR DAY WKND
Coop Meals; Musical instruments welcome but not required.
Tony Smith 925-933-2403
2345 Tice Creek Dr #4, Walnut Creek, CA 94595
joanne-tony@sbcglobal.net

SEP 11-13 FRI-SUN HOSTED EVENT
Lynn Garric 707-539-2078
5400 Alpine Rd., Santa Rosa, CA 95404
cransac@sonic.net

SEP 13-18 SUN-FRI AVAILABLE FOR TRAINED HOSTS

SEP 18-21 FRI-MON FALL WORK PARTY
Reservations: Jim Nixon 650-756-7771
jimnixon2000@yahoo.com

SEP 21-25 MON-FRI AVAILABLE FOR TRAINED HOSTS

SEP 25-27 FRI-SUN PRIVATE EVENT
Lee Yamada & Phyllis Cole 831-438-5749

SEP 28-OCT 1 MON-THURS PCTA EVENT
Pacific Crest Trail Association Staff Retreat
Echo Host: Mae Harms 530-333-1058

WORKIN' AT ECHO

The Permit was issued mid-June and soon a small crew was setting up tools and starting the strip-down. By mid-July, all of the old sheathing was removed and salvaged, all of the shear-ply was placed and nailed-off and re-sheathing started. Two new security windows are installed and paint is on hand. We also have 8 cords of log-length firewood partly sawed into 21-inch rounds, ready for splitting. Thanks to:

Alex VonderMehden, Dan Winkleman, Tom Gilmore, Ben Heldens, Ed DelMonte, Bob Klamt, Duane/Sarah/ Eric Dove, Reuven Segev, Bill Walzer, Steven/Marilyn Brown, Richard Thornton.

More names will be added to the honor roll before the work is done. These folks answered a short-notice call to help and epitomize the volunteer spirit which makes CAC the best.

— JR Hannum



Re-sheathing the Echo Lodge – John Hannum

TRAILS

issued monthly by the

California Alpine Club

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BIG BEAR AT ECHO JULY 2009



Guests at Faherty's and Dengler's sessions were surprised and entertained by appearance of a 300-lb bruin.

— J. Hannum

Berkeley Camp because of its depredations) and would soon be "relocated". If only we could manage ourselves to keep them wild....

Guests at Faherty's and Dengler's sessions were surprised and entertained by the appearance of a 300-lb bruin. Night-time window-peeking was followed by broad-daylight cruising and snuffling at Tim's ice chest. Many folks took pictures and lamented the fact that this creature was now man-habituated (a trap was set at

— JR Hannum

TRAILS NEWSLETTER ALERT

Please send articles for the October issue of TRAILS to editor, **Catherine Theilen Burke** telephone (415) 337-9140, theilen@sbcglobal.net, 579 Lisbon Street, San Francisco, CA 94112.

Catherine should receive articles for the October issue no later than September 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the November issue of TRAILS will be Vicki Olds, volds@studioreflex.com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact me at ablackwellca@earthlink.net, telephone 415-584-2586.

— Angela Blackwell, Publications



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 85

October 2009

No. 8

MOUNT RANIER

We had a great group of campers on the August 24 to 28, 2009 California Alpine Club Base Camp Trip in the William O. Douglas Wilderness area in Washington and great weather the whole week! Even the mosquitoes were not so bad (most of the time).

Our base camp was located on Dumbbell Lake and we had the lake to ourselves for most of the time. There was a fair amount of concern the first day when the pack mules still hadn't shown up in camp by 6:00 pm - 4 hours later than scheduled! We were all getting hungry and since we were without our sleeping bags, tents and warm clothing, we decided to hike back to the trail head, drive into town and rent motel rooms.

Fortunately, just as a group of us were heading out of camp, the mules showed up. We turned around and started setting up our tents and cooking dinner. After that first little incident, everything else went very smoothly!

The second day we climbed *Tumac Mountain* (6,286 feet) where one of our members, **Bob Baldwin**, worked for one summer many years ago at the fire lookout. The building has long since been removed, but we did find an old rusty can of light green Forest Service standard issue paint in the trees below the peak. We agreed to leave it there as an historical relic rather than packing it out.

On day three, we were treated to a magnificent sky with lenticular clouds! Perfect for viewing *Mount Rainier* and the surrounding terrain from the top of *Cramer Mountain* (5,992 feet). The trail up to the top was almost non-existent, so we had quite an adventure bushwhacking our way up! There was fresh evidence of animal activity all around, most likely elk. Fortunately, we had no encounters with bears then or any other time on our trip!



Mount Ranier Trip - Group Photo (Craig Hanson photo)

See Mt Ranier on page 6.

VOTING ON BY-LAW CHANGES

October 18, 2009 Meeting

The CAC Board of Directors is recommending the by-law changes that were published in the June 2009 Trails and the ones found on page 4 of the September Trails. The June and September Trails is available on our website, <http://calaplineclub.org>. You should be able to obtain the user ID and password for the member page on the web site from any board member. Their contact information is listed in the Green Sheets or on page 2 of any Trails. Any public librarian can help you with web site access.

We need a quorum of 30 members to vote on these by-law changes, so please plan to attend this important meeting on October 18, 2009. See page 4 for article on dinner after the meeting.

— Carroll Pearson, By-Laws Committee

Monthly TRAILS Editor ~ Catherine Theilen

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Mae Harms	530-333-1058	maeharms@mindspring.com
Vice President	Vicki Olds	415-221-2830	volds@studiorflex.com
Secretary	Helena Troy	415-492-9576	hmtroy@aol.com
Treasurer	Dennis Ziebell	415-864-4889	dzbp@aol.com
Registrar	Stefan Berlinski	831-458-9954	alpineregistrar@pacbell.net

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	Arthur Ewart	707-538-3656	aewart@sbcglobal.net
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	John Lillich	925-930-9489	jillich@sbcglobal.net
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	ONE VACANCY		

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Alpine Calendar	Bob Smith	510-841-4102	alpinelodge1@yahoo.com
Alpine Accommodations		415-381-4975	

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	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
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	Reuven Segev	415-479-7682	rsegev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Angi Blackwell, Pat Boyd, Catherine Theilen Burke, Anita Cabrera, Tom Mahood, Vicki Olds, Dan Schoenholz, William Steinmetz, Bob Sturm and Helena Troy.

Contributors: Stuart Bacon, Peter Beckmann, Stefan Berlinski, Angi Blackwell, Selma Bomfim, Pat Boyd, Margrit Gonzalez, Sandra Guldman, Taren Hamilton, John Hannum, Mae Harms, Jordan Hermann, C Kennard, Eva Libien, Mary Jane McKown, Dorsey McTaggart, Margaret Murphy, Jim Nixon, Carroll Pearson, Marliss Riddle, Bob Smith, Tony Smith, David Solbach, Bob Sturm, Cindy Toran, Ruth Tretbar, Arlin Weinberger, Verna West, Jo Wolf, Dennis Ziebell

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CAC Website: <http://calalpineclub.org>

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PRESIDENT'S MESSAGE

The annual Fourth of July Celebration for members and friends was held at Alpine Lodge. **Eva Libien**, long time member and much appreciated host, organized the event as a traditional barbecue prepared by her and funded by the event fee and completed by potluck items of salads, desserts and hors d'oeuvres to be prepared by each of the attendees.

Our Trails Editor received a letter to the editor describing of things that happened at the Fourth of July celebration that he felt were very unfair to those who had prepared the barbecue. The Trails does not publish letters to the editor, I was asked to address this in my president's column.

What appeared to have occurred was that seventy-two people attended. There was ample barbecue and lesser amounts of potluck items, as not everyone brought something. Before dinner was announced many found their way into the kitchen and heaped their plates and by the time that Eva and her crew were ready to fill their plates only scraps remained.

So what is there to say about this? It must an aberration. In my experience I have found CAC members generous and considerate with hardworking hosts and crews, sharing their talents and labors for the enjoyment all.

Why must we discuss this? During almost one hundred years of CAC existence, the underlying method of operation has been volunteerism. Members have volunteered to cook, clean, repair, write articles, garden, paint, keep books, etc. We never hire when we can do it ourselves. Providing a meal for over seventy people is a big job. Finding hosts for events these days is getting harder and harder. Without volunteer hosts none of these wonderful events will happen. Who will volunteer if only scraps remain for them?

I am sure, those individuals didn't mean to be so thoughtless when filling their plates in the kitchen and taking over generous portions. On behalf of our club I am apologizing to Eva and her helpers for what happened. I am hoping in the future we will have many, many people volunteer to host, cook and serve and that those who attend will leave ample for the cooks and the crew and thank them profusely.

Eva had this to say about this increasingly popular event at Alpine Lodge. "I was disturbed that those who helped me and therefore were not at the serving tables when the food came out, didn't get much to eat. Since this event has become more popular every year with more attendees, next year we will need to have volunteers dish out the food at the serving tables rather than having people help themselves. We will also need to have someone check off that participants have brought a dish to share."

— Mae Harms

MEMBERSHIP REPORT

New Members - September 2009

Lee Gwin-regular
683 Miller Avenue
Mill Valley, CA 94941
415 381-3413
no email

Sponsors: Greta Gordon and Hardy Dawainis

Kristine Martinovich-regular
1055 Rio Vista Drive
Pacifica, CA 94044
650 359-6467

Kristinedm@aol.com

Sponsors: Jennie Bruyn and Dorsey McTaggart

— Marliss Riddle, Membership Chair

BOARD OF DIRECTORS MEETING DATES

Sunday, October 18, 2009
Board of Directors Meeting, 2pm
Quarterly Membership Meeting, 3pm

Saturday, November 21, 2009
Board of Directors Meeting, 2pm

December, 2009
No meetings scheduled

Sunday, January 17, 2010
Board of Directors Meeting, 2pm
Quarterly Membership Meeting, 3pm

Saturday, February 20, 2010
Board of Directors Meeting, 2pm

Saturday, March 20, 2010
Board of Directors Meeting, 2pm

Saturday, April 24, 2010
Board of Directors Meeting, 2pm
Annual Membership Meeting, 3pm
Awards Dinner following the meetings.

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms

In Memoriam

Dorothy Satir, 90, beloved friend and devoted life member of the CAC died peacefully in her home August 7, 2009 succumbing to leukemia which had been diagnosed a year ago. She loved the Alpine Club and shared many happy times at Echo Lodge, especially Spa Week, with long time friends. She shall be sorely missed.

A memorial service will be held for Dorothy at The First Unitarian Church of San Francisco, Franklin and Geary Streets, on Sunday, October 25, 2009, at 1pm with a reception following at 2:30 pm.

Donations in memory of Dorothy may be sent to the CAC.

—Onnie Taylor

REPORT ON RUSSIAN RIVER CANOE AND KAYAK TRIP

On June 13, eleven CAC members enjoyed a splendid trip on the Russian River, planned and led by **Arnold Champagne**. Some canoed, others paddled sit-on-top kayaks, and a few plied small, agile river kayaks. It was a beautiful day, sunny but not too hot. The river banks were natural and wild. There were few signs of humans, but much bird life. We saw eagles flying overhead, herons on their nests, and a mother duck shepherding her tiny babies. There were some collisions and upsets, but it was all good fun.

After the trip we enjoyed a potluck supper, with freshly grilled sausages and chicken, provided by Arnold. Thanks, Arnold, for a great trip.

Watch for another river trip next spring at Elkhorn Slough, during the peak bird season.

— Ruth Tretbar

AUGUST CAC BOARD ACTION

Our CPA informed us that if we include alcoholic beverages in the price of our meals, it is considered selling alcohol and we should get a day license to sell alcoholic beverages. We consulted our insurance agent and found that could change our insurance rates. After the Alpine Trustees discussed the dilemma, they proposed that they would institute the same policy that Echo Trustees had. This is to not include alcoholic beverages in the meals and have people bring their own alcoholic beverages if they wanted to drink them with their meals. The Alpine Trustees, also, wanted to continue the bar during Happy Hour on a strictly donation basis. The Board accepted their requests as policy. Of course, donations will have to be sufficient to cover the costs. Members will have to be generous with their donations as the bartenders will not be able to tell you how much to donate.

— Mae Harms

ON THE ENVIRONMENTAL FRONT

For the latest on pine beetles, sudden oak death, and other pests, check out the Continental Dialogue on Non-Native Forest Insects and Diseases. Its 'fifth dialogue' will be held at Fort Mason Center, San Francisco, October 27-28. Go to continentalforestdialogue.org for more details...

Marin Agricultural Land Trust (MALT) has added the Spaletta family's 772 acre Cypress Lane Ranch to its fold. Located on Point Reyes-Petaluma Road at Novato Blvd., it becomes part of a greenbelt of protected historic farmland permanently restricted to agricultural use. That's the good news. Bad news is that Governor Schwarzenegger has terminated the California Land Conservation Act, otherwise known as the Williamson Act, which has made it possible for 16 million acres since 1965 to be preserved as agricultural land or related open space. MALT is urging Marin County Supervisors to continue the Williamson Act in spite of the Governor's veto...**One of the few** agencies to escape the budget axe is the Bay Conservation and Development Commission (BCDC). Small mercies...

The Tahoe Environmental Research Center says that scientists incorrectly predicted climate change would reduce the overall volume, or biovolume, of an algae group called diatoms in Lake Tahoe. Diatoms are the base of the food chain in all large bodies of water, fresh and salt. Turns out the biovolume remains constant, but smaller diatoms are replacing larger ones, which may cause declines in zooplankton, fish, us...**Birding the Greenbelt** is offered by greenbelt.org on Saturday, October 17. The gentle walk includes shore and sea birds at the old Sutro Baths and woodland birds across the road in Sutro Heights Park. Reservations required...**The Marine Mammal Center** can be supported at its cabaret style annual gala and auction to be held Thursday, October 15, 6 p.m., at the San Francisco Ritz Carlton Hotel. "Save our seals, save ourselves" tmmc.org for more info...**Big trees drink much water**, and their demise in the Angora Fire area has caused the water tables there to rise. According to the Tahoe Resource Conservation District's Angora Revegetation Guidelines, some formerly comfortable species (e.g. Jeffrey and lodgepole pine) will now find it too wet...**Last and most importantly**, Renee Powers (415-648-4940 or Reneepowers@comcast.net) is taking reservations for CAC Foundation's annual Conservation Dinner on Saturday, November 7. Happy hour will include jazz; Tony Smith will preside over a delicious dinner; after dinner Tom Bradner will bring us up to date on the latest at Audubon Canyon Ranch. Keep me posted at dsolbach@gmail.com

— David Solbach

ARE WE OUT OF TOUCH?

Please remember to advise the CAC Registrar of any changes to your mail, phone and email information (particularly email, which changes much more frequently). **Stefan Berlinski** can be reached at alpineregistrar@pacbell.net (email preferred), by phone at 831-458-9954, or by mail at 713 Frederick Street, Santa Cruz, CA 95062-2231.

— Stefan Berlinski

IMAGINE A PERFECT DAY

Spent with good friends, good food, a glass of wine while taking care of our beautiful Lodge.

Well ... **Hans Schilling, Arnold Champagne, Howard Ortman, Audrey Hulburd, Rosemary Trowsdale, Bonnie Blackaller, Jennie Bruyn, Donna Rice, Tony Smith, Josephine Leen, Ben Heldens, Sue Karp, Sarah Davis, Roger Diehnell, Mary Jane McKown, Barbara Crockett, Hardy Dawainis and Nancy Otto** all imagined just such a day and spent it on our first Thursday of the Month Alpine Lodge workday. **Sue Karp**, our cook for the day, with the help of Jennie and Sara, treated us to an excellent lunch of Coq Au Vin, salad and a dessert. A good glass of wine supplied by Jennie helped to keep the conversation around the table flowing. With a little more wine, we could have changed the course of history. Unfortunately we had to get back to work on a more mundane project like cleaning the kitchen after lunch.

Lee Gwin, a prospective member and Tai Chi Master, told us of her interest of bringing Tai Chi to our club. Depending on interest shown by our members, we were talking about having a day or even weekend session. At this time, we are only in the "how about" stage of this project. Let us know what you think.

We hope to see another good crowd for our next workday.

— Hardy Dawainis

SAVE THE DATE... SAVE THE PLANET NOVEMBER 7, 2009

Don't miss this one! Live music, happy hour, dinner and a speaker. Save **Saturday, November 7** for the CAC Foundation's Conservation dinner. And by supporting this event, you'll be helping the Foundation support local conservation organization's projects to protect the environment.

Our speaker will be **Tom Bradner**, a director of the Audubon Canyon Ranch, who will tell us about environmental education programs the Foundation's grant has helped fund.

Live music at happy hour between 4 - 5:30pm will be provided by **David Solbach** and a jazz combo. **Tony Smith** is cooking dinner (with a little help from his friends). He's also cooking breakfast for those staying overnight.

Dinner is \$20. Overnight and breakfast is the usual Hikers' Weekend rates: \$18 for members; \$23 for guests; and \$5 for breakfast. For reservations, contact Renee Powers at reneepowers@comcast.net or 415-648-4940.

— Arlin Weinberger

OCTOBER MEMBERSHIP DINNER OCTOBER 18, 2009

Come join us for the surprise dinner for the October membership meeting, Sunday night, October 18, 2009. Happy hour will start after the membership meeting, which starts at 3pm.

Melanie Facen will have the donations bar open. Wine for dinner will be BYOB. Dinner price is \$18. Overnight cost is \$18 for members and \$23 for guests. We will need four dishwashers for this event. We will also need people to bring appetizers. Please coordinate with **Mae Harms**, when you make your reservations.

To make reservations for dinner and/or overnight, contact **Mae Harms** at maeharms@mindspring.com or 530-333-1058. Please make your checks payable to Mae Harms at 5941 Garden Park Drive, Garden Valley, CA 95633-9514.

— Mae Harms

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Accommodations 415-381-4975.

FOR UP TO THE MINUTE LISTINGS, SEE THE WEBSITE AT WWW.CALALPINECLUB.ORG. TO LIST AN EVENT ON THIS PAGE, OR FOR WEBSITE USER ID AND PASSWORD, CONTACT BOB SMITH AT ALPINELODGE1@YAHOO.COM

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

OCT 1 THUR MID-WEEK WORK PARTY
Chef: Edie Nelson 9am to 3pm
Coordinator: Eva Libien. Overnight possible.
Contact Eva at 415-383-5184 to let her know you are coming.

OCT 2-3 FRI-SAT HOST TRAINING
Coordinators: Alpine Lodge Trustees
Contact: Hardy Dawainis 415 461 4431
hdawainis@comcast.net or any Alpine Lodge Trustee

OCT 10 SAT PRIVATE EVENT
Dianne Smith

OCT 11 SUN SECOND SUNDAY WORK PARTY
Contact Alpine Trustees.

OCT 17-18 SAT-SUN HIKERS' WEEKEND
See box in third column.

OCT 18 SUN QUARTERLY MEETING
Trustees Meeting, noon. BoD, 2pm. Quarterly membership meeting, 3pm. Everyone is invited.
See article on page 4 for dinner information.

OCT 23-24 FRI-SAT PRIVATE EVENT
Edna Trimm

OCT 31 SAT HALLOWEEN PARTY
Contact CAC Leadership.

NOV 5 THURS MID-WEEK WORK PARTY
Chef: Karl Baeck 9am-3pm
Coordinator: Hardy Dawainis. Overnight possibility.
Contact Hardy at 415-461-4431 to let him know you are coming.

NOV 7 SAT CACF ANNUAL MEETING
CAC Foundation Annual Gathering.

NOV 14 SAT PRIVATE EVENT
Marliss Riddle

NOV 21 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS
Alpine Trustees meet at noon, BoD meet at 2pm.

NOV 21-22 SAT-SUN HIKERS' WEEKEND
See box in third column.

NOV 26 THURS THANKSGIVING DINNER
Contact CAC Leadership.

DEC 3 THURS MIDWEEK WORK PARTY
Chef: Jayah Faye Paley 9am-3 pm
Coordinator: Jennie Bruyn. Overnight possibility.
Contact Jennie at 415-456-1877 to let her know you are coming.

DEC 5 SAT MTIA
Sue Karp Coordinator.

DEC 12 SAT WINTER HOLIDAY PARTY
Contact Mary Frey at marymaryhiker@aol.com, phone 415-492-2510.

DEC 13 SUN CHILDREN'S HOLIDAY PARTY
Contact Mary Frey at marymaryhiker@aol.com

DEC 19 SAT NO LEADERSHIP MEETINGS

DEC 19-20 SAT-SUN HIKERS' WEEKEND
See box in third column.

DEC 25 FRI CHRISTMAS DAY
Contact: Bonnie Radest at bonhike@comcast.net

DEC 31 THURS NEW YEAR'S EVE
Contact CAC Leadership.

JAN 1 FRI NEW YEAR'S DAY
Contact CAC Leadership.

JAN 7 THUR MID-WEEK WORK PARTY
Contact Alpine Trustees

JAN 10 SUN SUNDAY WORK PARTY
Contact Alpine Trustees

JAN 16-17 SAT-SUN HIKERS' WEEKEND
See box in third column.

JAN 17 SUN QUARTERLY AND LEADERSHIP MEETINGS
Contact CAC Leadership

JAN 22-28 SAT-SUN TENTATIVE PRIVATE RENTAL

JAN 29-31 SUN-TUES PRIVATE RENTAL

FEB 4 THUR MID-WEEK WORK PARTY
Contact Alpine Trustees

FEB 5-7 FRI-SUN TENTATIVE PRIVATE EVENT

FEB 20 SAT LEADERSHIP MEETINGS

FEB 20-21 SAT-SUN HIKERS' WEEKEND
See box in third column.

Watch for updates in future issues of TRAILS!

CHRISTMAS DINNER DECEMBER 25, 2009

Bonnie Radest is working on the Christmas Day Dinner. **Jennie Bruyn** is going to cook two turkeys. **Arnold Champagne** may be in charge of the clean up. Look for the November and December issues of "Trails" for the details. The dinner will be limited to 30.

— **Bonnie Radest**

HIKERS' WEEKENDS

Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, \$12. Overnight \$18, breakfast Sunday, \$5; guests are \$5 additional.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

EDITING OF ARTICLES IN TRAILS

Contributors are the life-blood of Trails. The editing staff thanks each and every one of you! We appreciate that you make every effort to get the articles to us by the 5th of the month prior to the Trails issue.

As editors, we have the license to edit or omit submitted articles. In most cases, the editor checks with the author, but when we are limited for space, decisions must be made within hours, so consultation with the author is not always possible. Please understand this limitation in the publishing cycle. We must keep the issue to a maximum of 10 pages because of the postage costs.

Thanks for your support!

— Angela Blackwell and the Editing Staff

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

SUN OCT 4	9:30 AM	Arnold Champagne	415-282-1704	2B
SUN OCT 11	9:30 AM	Eva Libien	415-383-5184	2B
*SAT OCT 17	10:00 AM	Bill Wise	415-584-5481	1A
*SUN OCT 18	9:30 AM	Howard Ortman	415-456-5912	2B
SUN OCT 25	9:30 AM	Anne Good	510-526-6792	2B
SUN NOV 1	9:30 AM	Open		2B
SUN NOV 8	9:30 AM	Open		2B
SUN NOV 15	9:30 AM	Open		2B
*SAT NOV 21	10:00 AM	Open		1A
SUN NOV 29	9:30 AM	Jamie Watson	415-515-9618	2B+
SUN DEC 6	9:30 am	Howard Ortman	415-456-5912	2B
SUN DEC 13	9:30 am	Taren Hamilton	415-378-4240	2B
*SAT DEC 19	10:00 am	Leaderless	1A	
*SUN DEC 20	9:30 am	Hardy Dawainis	415-461-4431	2B
*FRI DEC 25	10:00 am	Eva Libien	415-383-5184	2B
SUN DEC 27	9:30 am	Anne Good	510-526-6792	2B

Submitted by Taren Hamilton

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

Hike Coordinator: Taren Hamilton, at 415-378-4240 or hamilton@hwiarchitects.com.

*Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.

IMPORTANT! RAIN CANCELS

ALL 2B HIKEs BEGIN AT 9:30AM (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx.. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

****Leaderless hikes meet at Alpine Club. Please select a leader from the group.**

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Mt Ranier, continued from front page.

Some of us were pretty worn out by the fourth day, so we opted for shorter hikes to the surrounding lakes, or just to relax, clean up camp, pick blueberries and read books by the water's edge. The more adventurous among us decided to challenge *Spiral Butte* (5,940 feet) and eventually were able to make it to the top after having missed the correct turn off trail.



Mount Ranier Trip - Relaxation (Craig Hanson photo)

That evening along with our dinner, we enjoyed freshly caught rainbow trout fried to a golden brown in butter!

On our final day, after eating delicious blueberry pancakes made from the 2,500 or so berries we picked, the pack mules arrived according to schedule and most of us took the longer trail out to White Pass. It was sunny and warm and the trail sloped gently downwards for most of the 8 miles out. All in all it was a wonderful trip!

— Craig Hanson

ALPINE LODGE SUNDAY INNKEEPERS

OCTOBER 2009

04	Pascale Leroy	415-661-8904
11	Stanley Finkelstein.....	415-381-4676
18	Sally Hernandez	707-763-8213
25	Jennie Bruyn	415-456-1877

NOVEMBER 2009

01	Ann Allio.....	650-583-1543
08	Jeanne Bacon.....	415-924-2712
15	Ellen Hoyer	415-479-0259
22	Mary and Leslie Will.....	415-751-6469
29	Alpidia Barraza	707-526-4026

DECEMBER 2009

06	Nancy Bott	415-388-0245
13	Helena Troy.....	415-492-9576
20	Donna and Donald Rice	415-552-6087
27	Open	

— Selma Bomfim, Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above.

BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.

Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

VOLUNTEER WORK WEEKEND AT ECHO SUMMIT LODGE



*Echo Lodge August 21, 2009 Anita Dippery painting the shed.
photo by Tom Coleman*

work. Tom took his life in his hands all day, climbing a fully-extended 24' ladder to reach the high spots. Thank you for not falling, Tom. They were actually able to completely cover all four sides!

Savings to the Lodge through volunteer efforts: \$1,000.00

The log work was an effort in controlled mayhem. **Tim Kinion** and **Reuven Segev** manned the chain saws all day Friday and Saturday. They were only supposed to work Saturday, but were eager to get ahead of the splitters. They were able to fully round at least twenty 30' logs over two work days. A chain saw will make you crazed!

Alec and **Cam Zacherson**, along with **Heather Larkin** and "Big" **Tom Bradner**, made short work of the rounds on the splitter. Cam and Alec were poetry in motion, moving rounds onto the splitter, and shucking finished firewood off seconds later. Heather and Tom were there to catch and pile the firewood.

Mary Larkin led the 'pick-up and clean-up the firewood' crew. We affectionately thought of her as "Sarge". Throwing firewood into



*Echo Lodge August 21, 2009 Alec and Cam Zacherson.
photo by Tom Coleman*

the back of Tom Coleman's truck were **Isabel Lennsen**, **Linda Powers** and **Will Hermann**. The same crew then walked to the basement, where the wood was stored for the upcoming winter. Linda said it was great exercise, and reported a loss of 8 lbs. Maybe we're onto something here!

Savings to the Lodge through volunteer efforts: \$2,000.00

We're relieved that we were able to do all the work on Saturday, as we woke to a chilly, rainy Sunday morning. Not good for painting! After a hearty breakfast, we did our chores around the Lodge, and went our merry way.

A personal thanks to all the volunteers who gave of their time to help, especially the folks who aren't even members! (yet!). Days spent working and laughing while "barnraising" in all its forms make for great memories. Don't let on, we'll end up with too many folks wanting to come up!

— Tom Coleman



Echo Lodge August 21, 2009 Tom Driscoll on ladder leading the painting crew doing the shed. Photo by Tom Coleman

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Winter/Spring Hosts: We need your help to keep Echo Lodge open for CAC members. Now is the time to plan your Winter/Spring 2010 host events at Echo Lodge. There are still lots of open times on the calendar, marked as *Available for Trained Hosts* in the schedule below. Private Events are also available mid-week Jan-Mar and any days Apr-Jun as well as October 1-December 19th, excluding Thanksgiving week. Give me a call or send an e-mail to let me know your preferred times. I will do my best to accommodate your requests.

Sincerely, Cindy

Contact Jim Nixon at 650-756-7771 for the date and time of the next **Echo Lodge Trustees' Meeting**.

Echo Summit Lodge Fall/Winter Schedule:

OCT 2-4 HOST APPRECIATION AND TRAINING
Contact: Cindy Toran 707-539-4396
toranski@aol.com

OCT 9-16 FRI-FRI FALL SPA WEEK
Lyn Mangiante & Barbara Crockett 650-697-7403
424 Hazel Ave, Millbrae, CA 94030
foxtails@pacbell.net

OCT 16-18 FRI-SUN PRIVATE EVENT
Lynn Garric 707-539-2078

OCT 23-25 FRI-SUN HOSTED EVENT
Jayma Brown, Peter Beckmann 510-237-0231
Allan Lindberg
525 32nd St, Richmond, CA 94804
jaymabrown@earthlink.net

NOV 6-8 FRI-SUN PRIVATE EVENT
Janis Riccomini 408-725-7953

NOV 12-15 THURS-SUN PRIVATE EVENT
Dee & Ginny Foote 408-255-6581

NOV 25-29 WED-SUN THANKSGIVING ONE ECHO SUMMIT
Please join us for turkey and all the trimmings, once again, as Ty Billings and Vicki Olds co-host this holiday event with Carl & Laura Duisberg! The week's menu will be fit for foodies with plenty of vegetarian options and a few exotic surprises.
Vicki Olds 415-221-2830
534 6th Avenue, San Francisco, CA 94118
volds@studioreflex.com

DEC 19-24 SAT-THURS PRE-CHRISTMAS WEEK
Joni Hyerle 831-427-3839
132 Kennan St, Santa Cruz, CA 95060
jhyerle@yahoo.com

DEC 24-26 AVAILABLE FOR TRAINED HOSTS

DEC 26-31 SAT-THURS CHRISTMAS WEEK
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

DEC 31-JAN 3 THURS-SUN HAPPY NEW YEAR!
Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way, Santa Rosa, CA 95409
aewart@sbcglobal.net

JAN 3-JAN 10 AVAILABLE FOR TRAINED HOSTS

JAN 10-14 SUN-THURS HOSTED EVENT
Diane & Bruce Friend with Edie Nelson 510-654-4218
6124 Chabot Rd, Oakland, CA 94618
bifedf@comcast.net

JAN 14-18 THURS-MON YOUNG FAMILIES SNOW WKND
Joan Ryan & John O'Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

JAN 18-24 MON-SUN COOP MEALS WEEK
Cindy Toran 707-539-4396
932 Ripley St, Santa Rosa, CA 95401
toranski@aol.com

JAN 24-29 SUN-FRI HOSTED EVENT
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

JAN 29-31 FRI-SUN HOSTED EVENT
Pam & Garry Greever 530-677-5616
3200 Red Rock Ln, Shingle Springs, CA 95682
pamgreever@yahoo.com

JAN 31-FEB 3 SUN-WED AVAILABLE FOR TRAINED HOSTS

FEB 3-8 WED-MON HOSTED EVENT
Tim Seeley 707-537-0668
4819 Foxglove Ct, Santa Rosa, CA 95405
seeley@sonic.net

FEB 8-11 MON-THURS AVAILABLE FOR TRAINED HOSTS

FEB 11-15 THURS-MON PRESIDENTS' WKND
Joan Ryan & John O'Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

FEB 15-21 MON-SUN HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

FEB 21-26 SUN-FRI HOSTED EVENT
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

FEB 26-MAR 2 FRI-TUES HOSTED EVENT
Tom McNicholas, Burt Rodgers 707-254-9953
& Mike Udkow
4200 Maher St, Napa, CA 94958
tommcnicholas@yahoo.com

MAR 2-16 AVAILABLE FOR TRAINED HOSTS

MAR 16-21 TUES-SUN HOSTED EVENT
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

MAR 21-27 SUN-SAT HOSTED EVENT
Lynn Zachreson 831-426-3428
220 Ocean View Ave, Santa Cruz, CA 95062
lynnz@cruzio.com

MAR 27-31 AVAILABLE FOR TRAINED HOSTS

Watch for updates in future issues of Trails!

Echo Lodge with Cement Footing for ADA Ramp (to be installed in late September)



ECHO NEEDS FINANCIAL HELP

Due to significant expenses as shown in the article and tables below, Echo Summit Lodge is running into a severe cash flow problem. We need your help.

The project table shows the amount of money that has been spent on major projects at Echo Lodge over the last few years. Many improvements, both voluntary and mandated, have been made and the lodge has never looked better! In fact, every time that we visit Echo, we marvel at how lucky we are to have a wonderful lodge that our families and friends can enjoy at such a minimal cost.

Now is the time for generous support and payback to help the Echo Trustees manage this short-term cash flow problem.

— Carroll Pearson and Susan McCarthy

\$\$\$\$ ECHO SUMMIT LODGE IS BROKE \$\$\$\$

Echo Summit Lodge has run out of money to complete payment for work on the ADA access ramp project. We are \$35,000 short. The CAC Board granted \$60,000 over the past year for the siding and ramp projects. The Board has only \$18,000 left in its reserves, so it cannot fund the \$35,000 shortfall.

The reason for the shortfall is extraordinary expenses on two of the numerous projects required of Echo Lodge by the United States Forest Service. These projects were necessary to maintain the permit for our use of the property upon which Echo Summit Lodge majestically rests. In 2008, Echo Trustees spent \$80,000 to re-side and paint the entire lodge. In the middle of the project the County Building Inspector "raised the bar" by requiring the entire building to be sheathed in one-half inch plywood, to provide greater sheer strength. This added two weeks for the ten workers and additional material cost.

The current access ramp project has run into a similar situation. We contracted for engineering plans, and asked for bids based on the drawings approved by the County. The bids ranged from \$155,000 to over \$200,000. We took the lower. This project also ran into unexpected problems. During excavation, our on-site soils engineer noticed large granite boulders that could not be easily moved. The boulders were incorporated into the design. This required additional engineering drawings, reviews, and approvals. The result was enlargement of some of the foundations by 200%. Of course, this added to the overall cost, which is now about \$175,000.

Now we have to raise \$35,000. Alpine Lodge will provide a loan, which helps our immediate cash-flow problem. But, Echo still needs to generate \$35,000 in additional income — we want to pay back the loan from Alpine Lodge as promptly as possible. As you are well aware, both of these marvelous old buildings are in constant need of maintenance and repair.

As soon as the membership can be notified, use fees at Echo Lodge will be increased. In addition, Echo Trustees are asking members of the CAC to pitch in by making a special donation.

Please open your hearts and wallets to Echo Summit Lodge. The lodge's new exterior is gorgeous; and our new ADA accessible ramp will make it possible for all of us to enjoy Echo Lodge for decades to come.

To send a donation to Echo Lodge, please make your check payable to Echo Summit Lodge and mail to Cindy Toran at 932 Ripley Street, Santa Rosa, CA 95401. Please remember that the CAC is a Social Club, so contributions are not tax deductible.

If you have additional solutions, questions, or comments, please contact Jim Nixon, Echo Chair, at jimnixon2000@yahoo.com or 650-756-7771.

— Jim Nixon, Echo Trustee Chairperson

ECHO SUMMIT LODGE Financial Summary			
Reserve as of 3/31/08			\$ 144,943
	<u>Additions:</u>	<u>Reductions:</u>	
CAC Reserve Transfer	30,000		
FY08 Income from Operations/Dues	20,034		50,034
Reduction in Liabilities		1,849	
Lodge Siding Project		76,741	
Shed Restoration (Lumber)		2,210	
Ramp Project		2,650	
Durable Equipment		777	-84,227
Reserve as of 3/31/09			\$ 110,750
CAC Reserve Transfer - 6/30/09	30,000		
Loan from Alpine Lodge	35,000		
Estimated FY10 Operating/Dues Income	17,450		82,450
ADA Ramp		160,509	
Shed Restoration		2,100	
Replace Freezer		500	-163,109
Estimated Reserve, 3/31/10			\$ 30,091
Estimated FY11 Operating/Dues Income	19,200		19,200
Repayment of Loan from Alpine Lodge		35,000	
Asphalt ADA Parking Space		16,875	
Replace Kitchen Refrigerators, if needed		2,500	-54,375
Estimated Reserve Balance, 3/31/11			\$ (5,084)

ECHO PROJECT SUMMARY

YEAR	PROJECT	COST OF JOB
2003-2004	WATER SYSTEM	\$36,100
2004	WATER HEATERS	\$3,167
2004	WOOD STOVE GREAT ROOM	\$3,849
2004	KITCHEN EQUIPMENT (SINKS)	\$6,364
2005	SEPTIC SYSTEM	\$12,699
	MAIN BLDG. FLOOR COVERING FOR DINNING ROOM AND KITCHEN	
2006		\$8,500
2006	WOOD STOVE DINING ROOM	\$2,373
2007-2008	MAIN BLDG. SIDING	\$78,742
2007-2009	DISABLED RAMP (Partial)	\$89,299
2008-2009	LARGE SHED	\$5,878

Total \$246,971

TRAILS

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936

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Mill Valley CA 94942-2180

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HALLOWEEN**



TRAILS NEWSLETTER ALERT

Please send articles for the **November** issue of TRAILS to editor, **Vicki Olds**, at volds@studiorereflex.com, or via mail to 534 Sixth Avenue, San Francisco, CA 94118-3817. Telephone 415-221-2830.

Vicki should receive articles for the November issue no later than October 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the December-January issue of TRAILS will be **Dan Schoenholz**, at dschoenholz@sbcglobal.net. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact me at ablackwellca@earthlink.net, telephone 415-584-2586, or Carroll Pearson at pearsoncmp@aol.com, telephone 408-736-9403.

— Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 85

November 2009

No. 9

CAC HISTORIAN: FOREST CAMP

Before the California Alpine Club owned properties in California there was "Forest Camp."

Two members, Herb Franklin and Harry P. West, started a "fishing camp" in 1917 near Greenville, California in the Feather River country. They started with tent cabins. Herb's mother did the cooking; Al Pinther was also listed as a part owner and early organizer in one of the early brochures. Many CAC members helped out (including building the cabin in the photo).

Guests came by train to Keddie, near Quincy, and then by coach into Greenville. Harry West became sole owner and the small camp gradually became a large resort with 30+ cabins, a dining hall, recreation room, swimming pool, with several year-around residences, and much more. CAC members continued to be among the guests until Harry became ill in the late 40s, and the family (including my husband, Harry Walter) moved to Oakland.



Forest Camp cabin, Greenville, CA, circa 1918.

— Verna West, CAC Historian

ECHO SUMMIT LODGE DONATION \$ ARE ROLLING IN

Donations have started to roll in, everyone, and we are pleased!

A special thanks to the following members who sent in early donations: **Ray & Elizabeth Sommer, Carroll Pearson & Ken Judy, Maureen Smith, Dennis Ziebell & Bill Pung, Helena Troy, Tom McNicholas, Verna West, Selma Bomfin, Jo Wolf, Jim Nixon & Jan McCulloch, Cindy & Russ Toran, Phyllis Cole & Lee Yamada, Michael & Gale Udkow, Franz Kohout, John & Barbara Lillich, Allen Utterback & Valerie Nelson, Susan McCarthy, Jill Denney, Beryl Sussman, John & Marilyn Hannum, Julie & Allan Wofchuck, Ann & Bill Meneguzzi, Edie Nelson, Dave & Janet Mullin, Bob & Vicki Bass, and Geri Gottbrath.** You lead the pack!

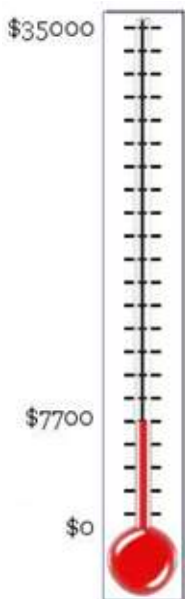
However, we still need additional funds. As outlined in the October 2009 Trails, ESL was short \$35K to pay contractors working on the ADA (American Disabilities Act) Ramp project—an installation required by the Forest Service to renew ESL's land lease in 2011—and we have reached only \$7.7K so far. As I have written in prior missives, "If not now, when? And if not you, who?"

We need your help to keep your club's lodges open, in repair and affordable!

To make a donation please send a check payable to Echo Summit Lodge to our Trustee, Cindy Toran, 932 Ripley Street, Santa Rosa, CA 95401. (CAC is a non-profit social club, so unfortunately donations are not tax deductible.)

Thank you in advance,

— Jim Nixon, Echo Trustee Chairperson



California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Mae Harms	530-333-1058	maeharms@mindspring.com
Vice President	Vicki Olds	415-221-2830	volds@studiorflex.com
Secretary	Helena Troy	415-492-9576	hmtroy@aol.com
Treasurer	Dennis Ziebell	415-864-4889	dzbp@aol.com
Registrar	Stefan Berlinski	831-458-9954	alpineregistrar@pacbell.net

Board of Directors:	Carl Duisberg	415-388-1175	carlduisberg@hotmail.com
	Arthur Ewart	707-538-3656	aeart@sbcglobal.net
	Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
	John Lillich	925-930-9489	jillich@sbcglobal.net
Past President '08	John Hannum	707-525-8108	JRHannum@sbcglobal.net
	ONE VACANCY		

Committee Chairpersons:

Conservation	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Education	Vicki Olds	415-221-2830	volds@studiorflex.com
Finance	Dave Maier	831-462-2764	dmmaier@pacbell.net
Historian	Verna West	650-854-6349	99swest@earthlink.net
Hike Coordinator	Taren Hamilton	415-378-4240	hamilton@wiarchitects.com
Innkeeper			
Coordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Membership	Marliss Riddle	415-927-1234	marlissriddle@comcast.net
Outings	Ruth Tretbar	510-836-0108	rtretbar@yahoo.com
Parliamentarian	John Lillich	925-930-9489	jillich@sbcglobal.net
Publications	Angela Blackwell	415-584-2586	ablackwellca@earthlink.net
Sunshine	Mary Maier	831-462-2764	mlmaier@pacbell.net
Social Activities	Greg Farber	415-722-0625	gregfarber@gmail.com
Youth Activities	VACANT		
Alpine Treasurer	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Alpine Calendar	Bob Smith	510-841-4102	alpinelodge1@yahoo.com
Alpine Accommodations		415-381-4975	

Lodge Trustees:

Alpine Chair	Peter Beckmann '10	831-423-9242	beckmann@baymoon.com
	Jennie Bruyn '10	415-456-1877	jennielbruyn@yahoo.com
	Hardy Dawainis '12	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Arnold Champagne '12	415-282-1704	arnoldchampagne@yahoo.com
Echo Chair	Jim Nixon '12	650-756-7771	jimnixon2000@yahoo.com
	Cindy Toran '10	707-539-4396	toranski@aol.com
	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Edie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '12	415-472-1229	erstock@pacbell.net

CAC Foundation Directors

CACF President	Arlin Weinberger	415-444-0611	acwein@earthlink.net
	Bill Meneguzzi	916-213-3246	bill.meneguzzi@gmail.com
	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
	David Solbach	415-563-1170	dsolbach@gmail.com
	Reuven Segev	415-479-7682	rsegev@comcast.net

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Monthly Editors: Angi Blackwell, Pat Boyd, Catherine Theilen Burke, Anita Cabrera, Tom Mahood, Vicki Olds, Dan Schoenholz, William Steinmetz, Bob Sturm and Helena Troy.

Contributors: Angela Blackwell, Selma Bomfim, Jennie Bruyn, Tom Coleman, Greg Farber, Mary Frey, Taren Hamilton, John Hannum, Mae Harms, Eva Libien, Dave Maier, Jim Nixon, Rita Nowlin, Carroll Pearson, Marliss Riddle, Anthony Smith, Robert C. Smith, David Solbach, Cindy Toran, Verna West

Correspondence: Please address correspondence concerning this publication to: Mae Harms, 5941 Garden Park Dr. Garden Valley, CA 95633-9514.

CAC Website: <http://calalpineclub.org>

PRESIDENT'S MESSAGE

I am just back from a wonderful week at Echo Summit Lodge where the Pacific Crest Trail Association held its annual Staff Retreat! This year our foundation, CACF, had given them \$1,000 for trail maintenance, and we have hiking and being "friends of the environment" in common. The problem was a trained host was needed after Tony Smith announced he would be in Italy ... so I volunteered.

What a marvelous group! They treated our lodge with such respect! My job was minimal. I knew little about the Pacific Crest Trail, other than it ran very close to our lodge and that Tom Coleman held annual trail maintenance weekends at Echo with lots of members helping to keep local trails open.

I learned so much about the Trail and all the different entities that are involved in its creation and maintenance. This remarkable staff of eighteen is involved not only in getting many volunteers to do trail work and supervising them, but is also responsible for all Pacific Crest Trail (PCT) publications, and fundraising. Did you know that the Pacific Crest Trail, that extends from Canada to Mexico, is 2,560 miles long? Many of you probably knew something that I didn't until last August: every time we hike or drive over Johnson Pass Road to our lodge, we cross the PCT.

I was continually awed by the skill and dedication displayed by the staff members of PCTA. They also had their fun times. Every evening in teams they entertained each other and me. The first night we viewed a trip down the Colorado River by raft that members had taken. Next we created beverage coozies vying for a prize. The last evening by teams, songs and dances were preformed to karaoke cues. This time the karaoke machine picked the winner. What a treat those days with the PCTA staff were for me!

The last part of the week I attended ESL Host Training, with **Cindy Toran** and **Jim Nixon** as guides, and **Jan and Erika McCulloch** preparing luscious meals. This is the third time that I have participated in host training and always I learn more. It is impossible to take it all in during one training session.

Sunday morning we awoke to snow! By the time we had finished the training and cleaned the lodge, we were all able to get through on Johnson Pass Road to Hwy 50, which was clear.

What is the moral to my story? In every president's message I have written, I have promoted volunteering. I want people who haven't volunteered for CAC or CACF to know how enjoyable it is! Please give it a try; **volunteerism is the lifeblood of our club**. I had such a wonderful and surprising time during both the volunteer jobs I fulfilled this week!

— Mae Harms, President

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Stefan Berlinski at alpineregistrar@pacbell.net. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

MEMBERSHIP REPORT

New Members - October 2009

Cynthia Pawlcyn and John Watanabe — joint members
3560 Silverado Trail North
St. Helena, CA 94574-9663
707-815-6390
cindypawlcyn@gmail.com, h20nab@yahoo.com
Sponsors: Jim Nixon and Lynn Zachreson

Allison and Douglas Garcia — joint members
305 Pendegast Avenue
Santa Cruz, CA 95060-5316
831-421-0508
acgarcia@ucsc.edu, douglasgarcia@yahoo.com
Sponsors: Lynn Zachreson and Jim Nixon

CAC MEMBERSHIP CHAIR 2010

I am stepping down January 01, 2010 from my duties as CAC Membership Chair after a rewarding year where I streamlined the process so that everything, except for the depositing of checks can be done online.

Therefore, the club is looking for a member to take responsibility for my duties whom I shall be happy to train. It's easy!

If you are interested or simply want more information, please contact me at 415-927-1234, marlissriddle@comcast.net.

— Marliss Riddle, Membership Chair

BOARD OF DIRECTORS & QUARTERLY MEMBERSHIP MEETING

Saturday, November 21, 2009
Board of Directors Meeting, 2pm

December, 2009
No meetings scheduled

Sunday, January 17, 2010
Board of Directors Meeting, 2pm
Quarterly Membership Meeting, 3pm

Saturday, February 20, 2010
Board of Directors Meeting, 2pm

Saturday, March 20, 2010
Board of Directors Meeting, 2pm

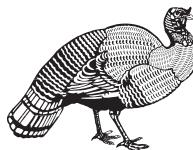
Saturday, April 24, 2010
Board of Directors Meeting, 2pm
Annual Membership Meeting, 3pm
Awards Dinner following the meetings.

If you have any questions or wish to have an item on the agenda, contact Mae Harms at maeharms@mindspring.com or call 530-333-1058. Members are welcome at board meetings.

— Mae Harms

TURKEYS ON TAM? FIND OUT NOVEMBER 26

Join the Smith family for Thanksgiving Dinner, and overnight/breakfast if you wish (AL rates apply). Limit 35; BYOB or honor bar with mandatory donations (just kidding!). Dinner is \$16; and like Echo, we all help clean up, set tables, etc. Hike Friday Nov 27 with Tony instead of gift shopping—it's better on Tam than the Mall!



Contact Tony Smith at joanne-tony@sbcglobal.net or call 650-207-1619.

— Tony Smith

ALPINE LODGE WORK PARTIES

WORK PARTIES are held the first Thursday of every month—as well as each second Sunday every three months: January, April, July, and October. See the Alpine Lodge Events page for dates that work with your schedule!

As the AL Work Party Coordinator for the past year, I have worked with a wonderful pool of talented chefs whose culinary expertise and services have benefited our work-party volunteers. The combined input from all volunteers invariably creates a half-day of energy, enjoyment and, most of all, rewarding satisfaction over a well-maintained and inviting lodge. I welcome, always, our regular workers and invite anyone who hasn't had the pleasure to share in these worthwhile days. I thank you all for caring about the lodge that has provided us all a venue for a lifetime of warm memories.

— Jennie Bruyn, Alpine Trustee

NEW SOCIAL ACTIVITIES CHAIR AND NEW YEAR'S EVENTS

Greg Farber is our new Social Activities Chairperson. He will help you if you want to coordinate or volunteer for any club events traditionally scheduled at Alpine Lodge—such as the New Year's Eve party Thursday, New Year's Breakfast, the New Year's Soup and Salad afternoon at the lodge Friday, January 1st, and the dinner at the January 17th quarterly membership meeting.

We have a very helpful event planning spreadsheet with a good task list outlined. Ask Greg for a copy at gregfarber@gmail.com.

— Carroll Pearson and Greg Farber



Outstanding CAC Forest Camp Hikers, circa 1917

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

SUN NOV 1	9:30 AM	Karl Baeck	415-459-6370	2B
SUN NOV 8	9:30 AM	Rob Freinkel	415-608-7938	2B
SUN NOV 15	9:30 AM	Carol Bodtker	415-884-0850	2B
*SAT NOV 21	10:00 AM	Leaderless		1A
*SUN NOV 22	9:30 AM	P/J MacDonald	415-381-2870	2B
SUN NOV 29	9:30 AM	Jamie Watson	415-464-9842	2B
SUN DEC 6	9:30 AM	Howard Ortman	415-456-5912	2B
SUN DEC 6	9:00 AM	Bill Mayers	415-785-3516	3B/C
SUN DEC 13	9:30 AM	Arnold Champagne	415-282-1704	2B
*SAT DEC 19	10:00 AM	Leaderless		1A
*SUN DEC 20	9:30 AM	Hardy Dawainis	415-461-4431	2B
*FRI DEC 25	10:00 AM	Eva Libien	415-383-5184	2B
SUN DEC 27	9:30 AM	Anne Good	510-526-6792	2B

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

Hike Coordinator: Taren Hamilton, at 415-378-4240 or hamilton@hwiarchitects.com.

*Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.

IMPORTANT! RAIN CANCELS

ALL 2B HIKEs BEGIN AT 9:30AM (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

****Leaderless hikes meet at Alpine Club. Please select a leader from the group.**

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

FAMILY AND CHILDREN'S HOLIDAY PARTY

To all four generations of Alpiners: Come join us for the Children's Holiday Party on Sunday, December 13th from 2-5pm! Tim Cain, a wonderful guitarist, and a balloon lady will be here to entertain children and adults alike.

CAC will provide the beverages, ham and rolls. All participants should bring a favorite family dish to share. Cost is only \$10.00 per family (includes up to two adults).

Don't forget to bring a wrapped gift for your child, labeled with the name clearly written on top because **Santa Claus will be making a special surprise visit** and give each child his or her own gift.

Sign up with Mary Frey by sending your check to Mary Frey, 100 Thorndale Drive, Apt. 251, San Rafael CA 94903. Please state how many adults and kids are in your group and let Mary if you can help before or after the party. Phone or email if you have any questions: 415-492-2510 or Marymaryhiker@aol.com.

Please see CAC Holiday Party article, page 10!

ALPINE LODGE SUNDAY INNKEEPERS

NOVEMBER 2009

01	Ann Allio	650-583-1543
08	Jeanne Bacon	415-924-2712
15	Ellen Hoyer	415-479-0259
22	Mary and Leslie Will.....	415-751-6469
29	Alpidia Barraza.....	707-526-4026

DECEMBER 2009

06	Nancy Bott	415-388-0245
13	Helena Troy	415-492-9576
20	Donna and Donald Rice	415-552-6087
27	Open	

JANUARY 2010

03	Lori Sondheim.....	916 446 1161
10	Caroline Austi	510 923 1262

— Selma Bomfim, Coordinator

Sunday Innkeepers carry on our gracious tradition of hospitality. Enjoy a leisurely Sunday at our beautiful Alpine Lodge greeting guests and hikers, and share the club experience! Many thanks to our existing volunteers above. **BUT MORE VOLUNTEER INNKEEPERS ARE NEEDED.** Please contact Selma Bomfim, Innkeeper Coordinator, at 415-381-4676, selmabomfim@hotmail.com.

ALPINE LODGE EVENTS: Associate Members Welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. To schedule an event, please call Alpine Lodge Reservations at 415-381-4975.

FOR UP TO THE MINUTE LISTINGS, SEE THE ALPINE LODGE CALENDAR IN THE MEMBERS SECTION ON OUR WEBSITE WWW.CALALPINECLUB.ORG. FOR WEBSITE USER ID AND PASSWORD, CONTACT BOB SMITH AT ALPINELODGE1@YAHOO.COM

TRAILS CALENDAR LISTINGS

Robert C. Smith is our Alpine Calendar coordinator. Please send him a complete event description as soon as you are scheduled at alpinelodge1@yahoo.com, or by mail to 1525 Berkeley Way, Berkeley CA 94703-1235; and let our Social Activities Chair Greg Farber know at calapineclub@gmail.com.

NOV 5 THURS MID-WEEK WORK PARTY
Chef: Karl Beck 9am to 3pm
Coordinator: Hardy Dawainis. Lunch is served; overnight possible. Contact Hardy at 415-461-4431 to RSVP.

NOV 7 SAT CACF ANNUAL MEETING
Chef: Tony Smith 4:30pm to 9pm
Live music, happy hour, dinner and speaker, director Tom Bradner, of Audubon Canyon Ranch. David Solbach's jazz combo will entertain. Tony Smith is cooking dinner and breakfast for those staying overnight. \$20 for dinner; overnight and breakfast is the usual Hikers' Weekend rates: members \$18, guest \$23, and \$5 for breakfast. RSVP with Renee Powers at reneepowers@comcast.net or 415-648-4940.

**NOV 21 SAT ALPINE TRUSTEES
BOD LEADERSHIP MEETINGS**
Alpine Trustees meet at noon, BoD meets at 2pm. See how your club is run; all are welcome!

NOV 21 22 SAT-SUN HIKERS' WEEKEND
See Hikers' Weekend box.

**NOV 26 THURS THANKSGIVING DINNER AND
OVERNIGHT**
Chef: Tony Smith and family 5pm
\$18 members, \$23 guests. Lodge rates for overnight and \$5 for breakfast. Contact Tony at joanne-tony@sbcglobal.net or 650-207-1619. Cooperative style dinner; everybody helps out! See article on page 3 for details.

NOV 27 FRI "NO MALLS" COMBO HIKE 1A-2B
Meet Tony Smith at Alpine Lodge. 10am

DEC 3 THURS MID-WEEK WORK PARTY
Chef: Jayah Faye Paley 9am to 3pm
Coordinator: Jennie Bruyn. Lunch is served; overnight possible. Contact Jennie at 415-456-1877 to RSVP.

**DEC 5 SAT MT. TAM INTERPRETIVE
ASSOCIATION**
Coordinator: Sue Karp, suekarp@prodigy.net

DEC 8 TUE TUES SIERRA CLUB HIKERS
Luncheon Mary Jane McKown.

DEC 12 SAT CAC HOLIDAY PARTY
Chef: Ian Merritt 4pm to 9pm
Desserts: Bill Pung and Dennis Ziebel
See article on page 10 for details.

DEC 13 SUN CHILDREN'S HOLIDAY PARTY
Live music, a balloon lady and a visit 2-5pm
from Santa, himself! All generations welcome.
Contact Mary Frey at marymaryhiker@aol.com

DEC 14-18 SUN-FRI TENTATIVE RESERVATION
Greg Farber

DEC 19 SAT NO LEADERSHIP MEETINGS

DEC 19-20 SAT-SUN HIKERS' WEEKEND
See Hikers' Weekend box.

DEC 22 TUE MEMBER RENTAL
Betty Osborn and Bev Haywood

DEC 25 FRI CHRISTMAS DAY
Chef: Jennie Bruyn Happy Hour 3:30, Dinner 4:30
Bonnie Radest is getting the Christmas Day dinner together. Jennie Bruyn is roasting the two turkeys. The format is the same as the last few years. Email or call Bonnie at bonhike@comcast.net or 415-897-0227 to let her know what you are bringing so that she can make sure that we have a wonderful dinner—and what chores you will do. We have room for 32 people. The cost is \$12 for members and \$14 for guests of members. Please send checks to Bonnie at 30 Verissimo Drive, Novato CA 94947.

DEC 31 THURS NEW YEAR'S EVE
We need Coordinator and Volunteers for this annual event. Please contact Greg Farber 415-722-0625.

JAN 1 FRI NEW YEAR'S BREAKFAST
We need Coordinator and Volunteers for this annual event. Please contact Greg Farber 415-722-0625.

JAN 1 FRI ANNUAL NEW YEAR'S DAY HIKE
Jennie Bruyn will lead a hike up the Tamalpais to East Peak to welcome in the new year with a champagne toast. Meet at the Alpine Lodge for hike start at 9:30am, sharp!

JAN 1 FRI NEW YEAR'S SOUP & SALAD
We need Coordinator and Volunteers for this annual event. Please contact Greg Farber 415-722-0625.

JAN 2 SAT PRIVATE RENTAL
Lori Sondheim

JAN 7 THURS MID-WEEK WORK PARTY
Chefs: Jennie Bruyn, Carol Bodiker 9am to 3pm
Coordinator: Jennie Bruyn, Lunch will be served; overnight possible. Contact Jennie at 415-456-1877 to RSVP.

JAN 8-9 FRI-SAT PRIVATE RENTAL
George Morrow, BSA of Sacramento

JAN 10 SUN SUNDAY WORK PARTY
Coordinator Opening 9am to 3pm
Lunch will be served; overnight possible. Since a coordinator has not yet been determined, please call one of the AL Trustees, if you are interested in attending.

JAN 16-17 SAT-SUN HIKERS' WEEKEND
See Hikers' Weekend box.

**JAN 17 SUN QUARTERLY MEMBERS AND
LEADERSHIP MEETINGS**
Lodge Trustees, noon; Board of Directors, 2pm
Quarterly Membership Meeting, 3pm. Happy hour and dinner following.

JAN 22-28 FRI-SUN PRIVATE RENTAL
Rebecca Suzanne

JAN 30-31 FRI-SUN PRIVATE RENTAL
Hunter Merritt

FEB 4 THURS MID-WEEK WORK PARTY
Chef: Maureen Smith 9am to 3pm
Coordinator: Eva Libien. Lunch is served; overnight possible. Contact Eva at 415-383-5184 to RSVP.

**FEB 5-7 FRI-SUN PRIVATE EVENT
(TENTATIVE)**
Hunter Merritt

FEB 20 SAT LEADERSHIP MEETINGS
BoD at 2pm. See how club business is run; all are welcome!

FEB 20-21 SAT-SUN HIKERS' WEEKEND
See Hikers' Weekend box.

MAR 4 THURS MID-WEEK WORK PARTY
Chef: Barbara Crockett 9am to 3pm
Coordinator: Hardy Dwainis. Lunch is served; overnight possible. Contact Hardy at 415-461-4431 to RSVP.

MAR 13 SAT PRIVATE RENTAL
Mt. Tamalpais Interpretive Association 8am to 4pm

*Watch for updates in future issues of
TRAILS!*

EVERY SUNDAY OPEN HOUSE
Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS. Alpine Lodge phone number is 415-388-9940.

HIKERS' WEEKENDS
Happy Hour 4:30; BYOB and appetizers to share. Dinner, salad, dessert, 6 pm, \$12. Overnight \$18, breakfast Sunday, \$5; guests are \$5 additional.

For reservations, contact Diane Smith by Wednesday at 925-935-2869 or email dianesmith1776@sbcglobal.net. To pay in advance, mail check payable to Diane Smith, 143 Sierra Drive, Walnut Creek, CA 94596-4792.

ECHO SUMMIT LODGE FALL HOST TRAINING, OCTOBER 2-4, 2009

Twenty-eight of us were lucky enough to experience the magic of the first snow of the season when we awoke Sunday morning at the Fall Host Training weekend at CAC's Echo Summit Lodge. It was a perfect winter wonderland with about four inches of powdery snow and flakes still falling to add another inch before we dusted off our cars to head home. What a delight—especially since it was not enough to require firing up the snow blower or to cause any problems on the roads. In anticipation of a snowy Sunday, we got everyone together on the steps for the traditional Host Training photo on Saturday before the cold wave descended on Echo Summit.

We had delectable meals planned by the masterful **Jan McCulloch** who also led the other members of the kitchen crew, **Erika McCulloch**, **Mary Martin** and **Therese Briend**. Mary and Therese thought they would be helping and learning from Trustee **Edie Nelson**, but Edie had unexpected knee replacement surgery in September. Jan was gracious enough to fill the void even though Edie's shoes are very hard to fill. Both Mary and Therese learned plenty by "shadowing" Jan, and have signed up to host on their own next summer.

Trustee **Jim Nixon** and intrepid work party volunteer, **Bob Henry**, did the honors of leading the lodge infrastructure tours. Even after attending "ump-teen" tours over the years, I always learn a few new things about the physical operations of the lodge. Jim and Bob did such a great job that four other new graduates, **Pattie Jacobson**, **Richard Thornton**, **MaryJane** and **Paul McKown**, are now on the schedule to host at Echo Lodge!

Thanks to all the graduates of the 2009 Fall Host Training & Appreciation: **Selma Bomfin**, **Richard Thornton**, **Pattie Jacobson**, **Lori Berekman**, **Jo Wolf**, **Steve Cosbey**, **Neil Anthony**, **Tom Bradner**, **Herve Briend**, **Charlie Gill**, **Masami Takesue**, **Mae Harms**, **Hi & Lois Patton**, **MaryJane & Paul McKown**, **Shelly Navine & Bob Henry** and **Pam & Garry Greever**,

Please remember that to maintain eligibility for Host Training or Private Events, training must be refreshed every **three years**. We need knowledgeable, skilled, and gracious hosts to sustain ESL and keep it open for the general CAC membership. It is only through being trained that our members are able to maintain our Echo Summit Lodge standards of operation.

Our Spring ESL Host Appreciation & Training will be in May, 2010. (Watch Trails for specific dates.)

—Cindy Toran, ESL Trustee



Graduates of ESL Host Training, October 3, 2009

RATE CHANGES AT ECHO SUMMIT LODGE (EFFECTIVE JANUARY 1ST, 2010)

One goal at Echo Lodge is to offer affordable meals and lodging to the CAC membership, so we strive to keep ESL rates as low as possible and still provide funds to maintain the lodge. Due to the required capital investments, enumerated in October 2009 *Trails*, that far exceeded the preliminary estimates, the Echo Trustees reluctantly agreed that it is necessary to increase ESL's use fees to fund future projects and to quickly repay the recent loan from Alpine Lodge.

Therefore, lodging will increase \$1 per day and meals \$2 per day, plus tax. The Mid-week daily rate for Private Events is also increased by \$2 per person-day, net of tax. So, effective January 1, 2010, the following rate schedule shall apply:

- Dorm/RV Bed: \$6
- Room Bed, multiple occupancy: \$11
- Room Bed, single occupancy (if available): \$22
- Meals:
 - Breakfast - \$6
 - Lunch - \$6
 - Dinner - \$10Total per Day = \$22
- Children:
 - Age 4-11: 50% adult rates
 - Under age 4: no charge
- Private Events
 - Monday-Thursday nights:
 - \$182/night minimum, up to 14 occupants
 - \$13 per person/day > 14
 - Friday-Sunday nights:
 - \$216 night minimum up to 12 occupants
 - \$18 per person/day > 12

— Cindy Toran for Echo Trustees

ECHO SUMMIT LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com
Echo Lodge Telephone 530-659-7274

Along with the new ADA-accessible ramp and refreshed siding and paint on all 3 buildings, Echo Summit Lodge has a fresh supply of firewood to keep our lodge toasty warm; snow shovels are ready for action, and all was spiffed by our great group of CAC volunteers at the FWP (Fall Work Party)! We have Hosts, trained and ready to take your reservations; contact them while they still have room available ... and, enjoy winter in the Sierra Nevada!

Note to Hosts: There are still some openings in the Schedule available for either hosted or private events: **Nov 16-25, Nov 30- Dec 19, Jan 3-8, Feb 8-11, Mar 2-5, Mar 7-16, Mar 28-Apr 4, Apr 10-23, Apr 25-30.** Nov-Apr is published below; contact me if you want to schedule any of these open days (contact info is above).

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be Sunday, November 22nd, 10 am, at Jim Nixon's home. Contact Jim at 650-756-7771, if you would like to attend.

Echo Summit Lodge Fall/Winter Schedule:

NOV 6-8 FRI-SUN PRIVATE EVENT
Janis Riccomini 408-725-7953

NOV 12-15 THURS-SUN PRIVATE EVENT
Dee & Ginny Foote 408-255-6581

NOV 25-29 THURS-SUN THANKSGIVING ON ECHO SUMMIT

Fit for foodies, with a few exotic surprises!
Vicki Olds, 415-221-2830, volds@studioreflex.com.

DEC 11 - 13 FRI-SUN HOSTED EVENT
Jayma Brown, Allan Lindberg, Peter Beckmann (Late) Octoberfest, and (early) carolling. Join us for German cuisine, and start the holiday season with Echo Christmas cookies! (Snow chains or 4WD recommended.)
510-237-0231
525 32nd St, Richmond, CA 94804
jaymabrown@earthlink.net

DEC 19-24 SAT-THURS PRE-CHRISTMAS WEEK
Joni Hyerle 831-427-3839
132 Kennan St, Santa Cruz, CA 95060
jhyerle@yahoo.com

DEC 24-26 THURS-SAT MERRY CHRISTMAS
Cindy & Russ Toran 707-539-4396
932 Ripley St, Santa Rosa, CA 95401
toranski@aol.com

DEC 26-31 SAT-THURS CHRISTMAS WEEK
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

DEC 31-JAN 3 THURS-SUN HAPPY NEW YEAR!
Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way, Santa Rosa, CA 95409
aewart@sbcglobal.net

JAN 3-8 SUN-FRI AVAILABLE FOR TRAINED HOSTS

JAN 8-10 FRI-SUN HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

JAN 10-14 SUN-THURS HOSTED EVENT
Diane & Bruce Friend with Edie Nelson 510-654-4218
6124 Chabot Rd, Oakland, CA 94618
bifedf@comcast.net

JAN 14-18 THURS-MON YOUNG FAMILIES SNOW WKND
Joan Ryan & John O'Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

JAN 18-24 MON-SUN COOP MEALS WEEK
Cindy Toran 707-539-4396
932 Ripley St, Santa Rosa, CA 95401
toranski@aol.com

JAN 24-29 SUN-FRI HOSTED EVENT
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

JAN 29-31 FRI-SUN HOSTED EVENT
Pam & Garry Greever 530-677-5616
3200 Red Rock Ln, Shingle Springs, CA 95682
pamgreever@yahoo.com

JAN 31-FEB 3 SUN-WED HOSTED EVENT
MaryJane & Paul McKown 415-383-2774
602 Amaranth Blvd, Mill Valley, CA 94941
mjmckown@gmail.com

FEB 3-8 WED-MON HOSTED EVENT
Tim Seeley 707-537-0668
4819 Foxglove Ct, Santa Rosa, CA 95405
seeley@sonic.net

FEB 8-11 MON-THURS AVAILABLE FOR TRAINED HOSTS

FEB 11-15 THURS-MON PRESIDENTS' WKEND
Joan Ryan & John O'Sullivan 415-564-8507
2625-23rd Ave, San Francisco, CA 94116
joanryan@mac.com

FEB 15-21 MON-SUN HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

FEB 21-26 SUN-FRI HOSTED EVENT
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

FEB 26-MAR 2 FRI-TUES HOSTED EVENT
Tom McNicholas, Burt Rodgers 707-254-9953
& Mike Udkow
4200 Maher St, Napa, CA 94958
tommcnicholas@yahoo.com

MAR 2-5 TUES-FRI AVAILABLE FOR TRAINED HOSTS

MAR 5-7 FRI-SUN HOSTED EVENT
Pattie Jacobson & Richard Thornton 650-596-0699
1788 Walnut St, San Carlos, CA 94070
pattie.jacobson@gmail.com

MAR 7-16 AVAILABLE FOR TRAINED HOSTS

MAR 16-21 TUES-SUN HOSTED EVENT
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

MAR 21-26 SUN-FRI SHARE-THE-LOVE MEALS
Lynn Zachreson 831-426-3428
220 Ocean Ave, Santa Cruz, Ca 95062
lynnz@cruzio.com

MAR 26-28 FRI-SUN HOSTED EVENT
Tom & Carol Coleman 707-992-0650
32 Live Oak Dr, Petaluma, CA 94952
travmcgee@comcast.net

MAR 28-APR 4 AVAILABLE FOR TRAINED HOSTS

APR 4-10 SUN-SAT PRIVATE EVENT
Jen & Brent Patera 925-283-1950

APR 10-23 AVAILABLE FOR TRAINED HOSTS

APR 23-25 PRIVATE EVENT
Tom & Carol Coleman 707-992-0650

Watch for updates in future issues of TRAILS!



SHEDS RESTORED! PING-PONG, ANYONE?

In July 2000 I had just retired, and en-route to Alaska our first stop was Echo Summit Lodge with the Fahertys. We had great flower-hikes and witnessed the destructive power of Br'er Bruin as for two nights he raided the so-called "garbage room" and tore the bejeezus out of it—gaping holes and old window frames torn asunder! After that, we instituted the bear-proof steel dumpster and I began spearheading catch up with the terms of our Use Permit.

The discordant exterior of the main lodge is history and our last steps were to address the two "outbuildings." For 90 years, one was a roadside "grease-pit" garage; the other had been a public restroom for travelers of old Hwy 50. CAC volunteers cleared-out the junk and removed old toilets; shiplap sheathing was relocated from inside to repair the out. A lucky set of coincidences found us with enough old-looking wood to match the existing exteriors, and the way was cleared for these projects in 2009.

Obtaining Forest Service approvals and a County Building Permit, we stripped, salvaged and reinforced the big shed, applying several layers of wood and paint. Our "we" included: John Hannum

and his grandson Alex, Bob Klamt, Larry Langbehn, Ben Heldens, Allan Lindberg, Steven and Marilyn Brown, Bob Henry, Fred Huxley, Hardy Dawainis, Paul Saitz, Lee Yamada, Roger Rigney, Dennis Thompson, Kurt Eichstaedt, John Brant, Bob Grow, Duane Dove, Edward Del Monte, Tom Sanborn, Richard Thornton, Allen Utterback, Bill Walzer, Daniel Winkelman, Tom Wold, Ty Billings, Reuven Segev ... (and forgive me if other names were misplaced).

These folks took a few thousand dollars worth of materials and many man-hours to generate a completed project worth at least \$30,000 as there would have been serious money involved to demolish the old structures. Finally we have secure storage for the snow blower and work-party equipment; also for bicycles, canoes and kayaks.

The building will never be suitable for habitation, but why not for a ping-pong table and boom box to allow for youthful noise and activities incompatible with the main Lodge? Other plans at the discretion of the Trustees—perhaps you have some suggestions?

— John Hannum, Past CAC President + Echo Trustee

Before...



After!



JENNIE'S PROMISE ALPINE LODGE WORK PARTY, SEPTEMBER 3RD

With the promise that appetites would be deservedly satisfied, AL Trustee Jennie Bruyn easily corralled twenty-one CA Alpine Club members for the September 3 work party.

All windows of the lodge and Tam building received particular attention from Carol Bodtker, Jock MacDonald, Bill Pung, Bill Wise, Masami Takesue, Hardy Dawainis and Howard Ortman, under the skilled and patient leadership of AL Trustee Arnold Champagne. While the others chipped away at the failing caulking, Hardy, Howard and David Gibson created quite a buzz with the electric sander. Many layers of previously imperfectly-applied paint were sanded smooth. Pauline MacDonald and Ginger Cowan joined the crew in preparatory work for the windows' new look. More work remains to be done, but with this commendable and painstaking start, Arnold's vision of perfect windows forever will surely come to fruition.

Others enticed included Don Rice, who undertook the task of discouraging the intrusion of mice onto the premises by mixing and placing mortar in the basement while Donna Rice headed immediately to her preferred work-party routine in the garden, an area that reflects her devoted regular attention. Great credit, too, goes to Innes Bergman, who dealt with a toxic rotten egg cleanup! Dorsey McTaggart, Kris Martinovich, AL Trustee Eva Libien, Innes, Pauline, CAC BoD Ann Meneguzzi, and Marguerite Murphy served as exemplary workers to new members Kay and Ken Gobalet as they all swept, mopped, vacuumed, and dusted the buildings' interiors to a spotless and inviting state.

With so much energy having been expended, the crew would have welcomed lunch in any event, but Chef Taren Hamilton's gourmet pasta dish created mouth-watering anticipation. Seasoned whole tomatoes were oven-roasted, peeled and mashed into a savory pasta sauce. Along with the tomato pasta were accompaniments of spicy and sweet sausages, a perfectly dressed green salad with avocados, fresh loaves of hard-crust bread, and specially selected red wine with a grand finale of poached and baked Bosc pears and ice cream. Who could deny that Jennie had kept her promise?

— David Gibson

ECHO SUMMIT LODGE FALL WORK PARTY (FWP ... OR ESLWOODFWP2009)

The 2009 Echo Summit Lodge Fall Work Party will be remembered for one thing ... wood ... a LOT of wood.

Volunteers **Bob Henry, Nick Zacherson, Tylan Billings** and **Jim Nixon** arrived on Thursday morning, September 23rd, raring to go. They were so prepared that they decided they first needed to have a big breakfast at the Red Hut down in South Lake Tahoe ... then it was time for work! Jim and I retrieved the chain saws that had been freshly sharpened at Scotty's. We went to the bank and got \$150 worth of quarters for the laundry. We stopped at Aherns and rented a wood splitter. Had to have enough tools to keep all the energetic volunteers busy!

When we finally made it back, Bob Henry, Nick Zacherson, and **Dane Anderson** got to cutting rounds and splitting firewood. **Cindy Pawlcyn** and **John Watantanabe** arrived lugging plenty of food. Cindy P. got busy organizing the kitchen and John W. helped to cut more firewood rounds. **Ken Patera** also helped split wood, and believe me, a lot of wood was split!

If you're lucky enough to get up to the Lodge, you'll notice that the small store room has been painted. Not just painted, but actually lovingly restored to it's original beauty. Tylan Billings and **Pascal Leroy** need to put down their paint brushes and take a bow. Ty actually stayed on for a week working on the store room and Pascal stayed four days; together they transformed the storeroom from worn out to WOW! Thank you Ty and Pascal for a fantastic paint job!

Jim Nixon ran the inside work until Saturday, then he left to attend a board meeting at Alpine Lodge. Cindy Toran, another of the hard working Echo Trustees arrived to take over for Jim.

Dee Foote and **Gayle Abbott** were our 'launderettes'. They washed and dried all the quilts, pads, and pillowcases from all the rooms over two days. **Isabel Lenssen, Jeri Merrit, Dee Foote,** and **Rich Wisowaty** started the weekend by filling up my truck with split wood and storing it all downstairs. Then they took on the task of cleaning all the carpeting in the bedrooms, halls and great room with a carpet cleaner. I have to give a public recognition to **Isabel Lenssen**, who not only worked hard at the FWP, but also worked all weekend in August when we also stored and split firewood logs.

Jim Nixon, Cindy Toran and Cindy Pawlcyn were our chefs extraordinaire, and we thank them heartily for all the good food we ate during the FWP!

Nancy Barrow, Ernie and Toby Pitz, Tim Seeley, and Tim Flaherty rounded out the volunteer roster. They helped Cindy T. strip and seal all the new flooring in the dining room and kitchen, assisted with the storeroom restoration, fixed the kitchen chopping table, and all the rest of the projects that needed finishing. It was a very productive effort, and we all worked (and played) hard. We have enough split firewood now to last us two, maybe even three years!

Our volunteer hours saved the club: \$5,000.00!!

Please see the article on front page in this issue of Trails for important information about sending donations to help pay for the Echo ADA Ramp to Cindy Toran. We need everybody's help to reload the Lodge's bank account! Over \$7,000.00 has been donated already. Let's get that up to \$15,000.00 or even \$35,000.00!! Thank you.

— Tom Coleman, Echo Trustee

ON THE ENVIRONMENTAL FRONT

Save the Bay director David Lewis was recently "thrilled to report that as a result of a University of Phoenix match challenge, more than \$100,000 will go to efforts to reduce plastic trash and restore and protect our Bay for future generations." Always looking for volunteers at savesfbay.com ... **Elizabeth Goldstein**, on the other hand, president of the California State Parks Foundation, warns that, even if no parks are closed, the Governor's left hand cut the \$14 million his right hand supposedly restored to the Parks' budget, and reductions in staff and maintenance are inevitable. Expect "locked restrooms, overflowing trash bins, gates to parking lots locked on weekdays, graffiti ... Forget the historic house that needs a few new roof tiles to be safe, or the trail that is too eroded to use." Query volunteers@calpark.org if you're interested in helping alter this scenario ... **Following up** on a September item, Judge Lawrence K. Karlton GRANTED IN PART a preliminary injunction against the Tahoe Regional Planning Agency (TRPA) to prohibit construction or placement of new boating facilities in Lake Tahoe. "IN PART," according to Wendy Parks of Earthjustice, means TRPA can issue permits, but no construction can occur until the case is resolved; and if the case goes against TRPA, the permits could be revoked. The issue is complicated by Tahoe Lakefront Association's lawsuit against TRPA for not allowing *enough* development, and aggravated by a shortage of judges, Ms. Park says the matter is unlikely to appear in a new hearing before May or June of next year ... **Speaking of Lake Tahoe**, the grant funding to finance boat inspections is running out, so boat inspection fees to detect and eliminate invasive species such as quagga and zebra mussels are being instituted. Non-motorized boats will be inspected for free ... **The new vegetation ecologist** for Marin Municipal Water District, Andrea Williams, has rediscovered two species not noted on the watershed for over 50 years (<http://marinwater.org>). Both look like grasses, and one is—Knotroot bristlegrass. Howard's quillwort, however, is more closely related to ferns in that it produces spores--not flowers--which are hidden in the bases of the leaves and easily overlooked ... **The code governing graywater** in California, according to Whitney Merchant in Environmental Forum of Marin, "is so convoluted that a simple residential system in compliance with state law is impractical and expensive." Linda Nave at linda@sandrabird.com is coordinating efforts to rewrite the code using Arizona's legislation as a model ... **Marin Carbon Project**, a collaboration of many organizations (see MALT.org), has completed soil surveys to establish pre-existing levels of carbon in Marin ranchlands. This baseline data will allow accurate assessment of how much carbon is sequestered over time ... **Keep me posted** at dsolbach@gmail.com.

— David Solbach, CACF Board Member



CAC families, children and guests at Echo Summit Lodge, circa 1970, including members of the Hardeman, Sommers, Randig, Flowerday, Foote, Weisman, and Nowlin clans. (Thank you, Rita Nowlin!)

TRAILS

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California Alpine Club

Founded in 1913 - Incorporated in 1936

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CAC HOLIDAY PARTY SATURDAY, DECEMBER 12, 2009

Join up to 80 of your CAC friends and their guests for a High-Hat Kitchen holiday celebration and feast! Donate your favorite hors d'oeuvre and an ornament for the Tree—and bring a generic (or mark Girl or Boy) children's gift to be given away the following afternoon at our Children's Holiday Party. 4pm happy hour; 6pm dinner with sing-along and to-go bags included. BYOB for dinner; Alpine Lodge donations bar will be open. Please consider volunteering for the late-night kitchen and lodge cleanup crew for this special event! Overnight, is an additional \$18 for members; \$23 for guests; with \$5 for breakfast.

This is a very popular event, so make your \$20 dinner reservations early; no walk-ins allowed; 80 is maximum attendance. Contact Mae Harms at maeharms@mindspring.com or 530-333-1058. Send checks payable to Mae Harms at 5941 Garden Park Drive, Garden Valley, CA 95633-9514.

— Vicki Olds, Vice President



TRAILS NEWSLETTER ALERT

Please send articles for the December/January issue of TRAILS to editor, Dan Schoenholz, at dschoenholz@sbcglobal.net, or via mail to 355 Marshall Drive, Walnut Creek, CA 94598-4855. Telephone 925-932-9791.

Dan should receive articles for the December/January issue no later than **November 5th**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish a photo of them in TRAILS. For photograph submissions in other formats, please contact the editor.

The editor for the February issue of TRAILS will be announced in the December/January issue.

Trails Monthly Editors are always needed. If you would like to assist with the TRAILS publication, please contact me at ablackwellca@earthlink.net, telephone 415-584-2586, or Carroll Pearson at pearsoncmp@aol.com, telephone 408-736-9403.

— Angi Blackwell, Publications Chair