

TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

OFFICIAL FUBLICATION OF THE CALIF ORNIA ALF INC. CLOS

December 2007 - January 2008

No. 10

HOLIDAY PARTY SATURDAY, DECEMBER 8

Volume 83

Our traditional Prime Rib Dinner will be prepared by Chef **Helen Walsh Reardon** and friends. The menu includes prime rib, rolls, salad, twice baked potatoes, fiesta corn, and decadent chocolate cake with raspberry sauce.

The cost, which includes dinner wine, is \$22 for members and \$25 for associate members. Overnight, with continental breakfast, is \$17 for members and \$22 for non-members. Happy Hour will start at 5pm and Dinner will be served at 6:15.

For reservations call **Donna Rice** at 415-552-6087 or e-mail her at dndrices@yahoo.com. Make checks payable to Donna Rice and mail to 3525 16th Street, San Francisco, CA 94114. Reservations must be in by December 1st. This Dinner is limited to 80 persons and is always a sellout so book early.

— Helen Walsh

CHILDREN'S HOLIDAY PARTY SUNDAY, DECEMBER 9

To all three generations of Alpiners: Come join us for the Children's Holiday Party, Sunday, December 9 from 3-5 pm.

Tim Cain, a wonderful guitarist, and a balloon lady will be there to entertain the children. The club will provide the beverages, ham, and rolls. All participants should bring a favorite family dish to share. Cost is \$10 per family.

Don't forget to bring a wrapped gift for your child with the name clearly written on top, because Santa Claus will come for a visit with us and give each child his or her own gift.

BEFORE DECEMBER 1, sign up with **Mary Frey** by sending her a check. Please state how many people are in your family group. AFTER DECEMBER 1, sign up with **Eike Linkwitz**. Contact them by phone or email if you have any questions. Mary's address is 100 Thorndale Drive, Apt. #251, San Rafael, CA 94903. Phone number is 415-492-2510. Email is Marymaryhiker@aol.com. Eike's address is 15 Prospect Lane, Corte Madera, CA 94925. Phone number is 415-924-0241. Email is el@linkwitzlab.com

- Mary Frey

CHRISTMAS DAY DINNER TUESDAY, DECEMBER 25

Join Bonnie Radest, Kathi Freeman & Jennie Bruyn for a sumptuous holiday feast. Jennie will be stuffing and cooking delectable Diestal turkeys. Kathi will be in charge of clean up. And Bonnie will be taking reservations and setting up. Happy hour will be at 4pm with dinner at 5pm accompanied with wine and cider.

Please call Bonnie at 415-897-0227 and tell her what side dish you are bringing so she can coordinate the dinner. Also tell her what chore you would like to do. The charge is \$12 for members and \$15 for guests. Send all checks to Bonnie at 30 Verissimo Drive, Novato, CA, 94947. Space is limited to 27 and all checks have to be in by December 15.

— Bonnie Radest

CHRISTMAS AT THE MONTEREY ADOBES DECEMBER 6-7

Join Marian Hazzard and Ruth Tretbar for the popular visit to the Monterey Adobes at Christmas on Thursday, December 6 and Friday, December 7, when 16 historic buildings are open to the public. Docents in period costume, delicious food and drink, Christmas music and dancing make this a delightful evening. As you wander from house to house and to Constitution Hall you are taken back in history. Stay one or two nights at the Colton Inn, hike Point Lobos on December 7 and, after happy hour or an early dinner, go on the Adobe Walk. See the aquarium and Cannery Row, browse the shops, visit Carmel, and enjoy the area. For more information contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

— Ruth Tretbar

TRAILS Editor ~ Tom Mahood

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers: President Vice President Secretary Treasurer Registrar	Carroll Pearson Tony Smith Maureen O'Hara Sm Jean Findlay Shirley Anderson	408-736-9403 925-933-2403 nith 650-697-3846 916-285-6186 831-427-2722	pearsoncmp@aol.com joanne-tony@sbcglobal.net MissBrigid@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com
Board of Director Val Floch John Hannum Eva Libien Jean Rodgers Onnie Taylor Lillian Young	rs:	408-255-3378 707-525-8108 415-383-5184 415-435-9383 415-648-6380 650-588-5689	vfloch@pacbell.net JRHannum@sbcglobal.net elibien@yahoo.com jrodg1218@aol.com onniet@earthlink.net lcyou@sbcglobal.net
Committee Chain Conservation Finance Historian Hike Leader Co-ordinator Innkeeper Co-ordinator	Jay Hallberg Dave Maier Verna West Eva Libien Selma Bomfim	415-383-1507 831-462-2764 650-854-6349 415-383-5184 415-381-4676	lareenie@yahoo.com dmmaier@pacbell.net 99swest@earthlink.net elibien@yahoo.com selmabomfim@hotmail.com
Membership Outings Publications Sunshine Social Activities Parliamentarian	Laureen Novak Ros Carol Angela Blackwell Mary Maier Sonia Bastidas Jean Findlay	415-383-1507 650-592-9394 415-584-2586 831-462-2764 415-850-0464 916-285-6186	lareenie@yahoo.com RosCarol@aol.com ablackwellca@earthlink.net mlmaier@pacbell.net soniaebastidas@yahoo.com ogrenfindlay@yahoo.com
Alpine Chair Alpine Chair Treasurer Calendar Echo Chair	Peter Beckmann '10 Jennie Bruyn '10 Hardy Dawainis '09 Ed Del Monte '08 Ruth Tretbar '08 Alpine Rentals Melanie Facen Gerald Petak Cindy Toran '07 Tom Coleman '08 Edie Nelson '08 Jim Nixon '09 Ray Sommer '06	415-456-1877	beckmann@baymoon.com jennielbruyn@yahoo.com hdawainis@comcast.net edelmonte@delmontecito.com rtretbar@yahoo.com mfacen@sbcglobal.net alpinelodge1@yahoo.com toranski@aol.com travmcgee@comcast.net edieforsyth@hotmail.com jimnixon2000@yahoo.com ray@sommerworld.com
CAC Foundation Jay Hallberg, Pre Bill Meneguzzi Kay Gillis		415-383-1507 916-451-1523 415-456-2032	lareenie@yahoo.com bill.meneguzzi@gmail.com Kgillisgarden@aol.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angi Blackwell, Anita Cabrera, Carroll Pearson, Catherine Theilen Burke, Dan Schoenholz, Helena Troy, Patricia Boyd, Tom Mahood, and William Steinmetz.

Contributors: Gloria Bastidas, Angi Blackwell, Selma Bomfim, Ros Carol, Nuala Caufield, Hardy Dawainis, Mary Frey, Jordan Herrmann, Audrey Hulburd, Sue Karp, Eva Libien, Eike Linkwitz, Dave Maier, Tom McNicholas, Laureen Novak, Eva Pardee, Carroll Pearson, Michael Petak, Bonnie Radest, Tony Smith, Onnie Taylor, Cindy Toran, Russ Toran, Ruth Tretbar, Norma Wallace, Helen Walsh, Dan Winkelman.

Correspondence: Please address correspondence concerning this publication to: Carroll Pearson, 1069 Rockefeller Drive, Sunnyvale, CA 94087-2010.

CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE



CAC members really enjoyed the dinner after the quarterly meeting on October 21. **Jean**

Rodgers and Lillian Young provided a tasty meal at nicely decorated tables in our Social Hall. Many people stayed to visit at the tables after the dinner. For those of you who helped with preparation, setup, and clean up, many thanks! Our next membership meeting is January 20, 2008. Please mark your calendars. It is time once again to

think about CAC leadership the next year. We have formed a

Nominating Committee of Jim Nixon (Chair), Ruth Tretbar, Susan McCarthy, Ernie Pitz, and Bob Hanson. John Hannum has offered to be our President next year. We need several officers, board members, and two Alpine Trustees. If you know of people who would be good candidates for these positions, please let the committee know. It would be wonderful to have a waiting list of members who want to serve in leadership positions. This is a rewarding opportunity to learn about the club and to make new friends by working together.

Sonia Bastidas has volunteered to be our Social Activities Chairperson. Thank you, Sonia!!! Please contact her at 415-850-0464 or soniaebastidas@yahoo.com, if you would like to help with CAC events at the Alpine Lodge. If you can cook a meal, help with a meal, or like to organize parties, we would love to know who you are.

Our holiday party is Saturday, December 8th. This is a very popular event, so get your reservations in early. Remember **Helen Reardon** and her crew can use extra help, especially with cleanup. See the article in this issue of Trails.

I participated in Echo Host Training the last weekend of October. The weather cooperated – no snow! Training by **Cindy Toran** and **Bob Bass** educated a group of 24 people. **Edie Nelson** and Cindy cooked wonderful meals for us. Host training is a fun event in addition to learning a lot about Echo Summit Lodge.

Happy Holidays to everyone! May each of you enjoy health and happiness as we move into 2008. Good hiking!!!

- Carroll Pearson

WATER COLOR EXHIBIT

Audrey Hulburd will be exhibiting her favorite watercolors of the Sierra and other special places at the Bay Model, 2100 Bridgeway, Sausalito, from November 27 to January 7 along with three other artists: Charlotte Britton, Jack Anderson and Ben Farnham. Hours are 9am to 4pm, Tuesday through Saturday, phone 415-332-3870.

You are invited to the reception on Saturday, December 8, 2-4pm.

— Audrey Hulburd

MEMBERSHIP REPORT

December 2007

CAC New Members:

Ty Billings - Regular Member PO Box 271 Inverness, CA 94937 415-663-1954 and 415-999-6580 Sponsors: Ruth Tretbar and Russ Toran

Rich Rolita – Regular Member Alyson Rolita - Junior Member Brendon Rolita - Junior Member

925-209-9246

rich.rolita@sbcglobal.net

Sponsors: Suzanne Karp and Ruth Tretbar

Natalie Svensson – Life Member 4214 California Street San Francisco, CA 94118-1314 415-221-3555

svensson@exppii.net

Sponsors: Ann Wadsworth and Jean-Marie Campbell

Herve and Therese Briend – Joint Members **Ionathan Briend** – Student Member

2126 Wallace Avenue Aptos, CA 95003 831-662-2584 theresebriend@hotmail.com

Sponsors: Mary Martin and Hardy Dawainis

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS:

Margaret (Meg) E. Grow & Robert (Bob) Grow, **Arnold Champagne**

— Laureen Novak, Membership Chair

HOLIDAY DINNER FOR CAC OLD TIME MEMBERS AND FRIENDS FRIDAY, DECEMBER 21

If a smaller dinner crowd for the Holiday Season is your style, then we welcome you at this event. Join in with Bev Heywood, Betty Osborn, Jackie Schiedeck, Nancy Bott, Ann Wadsworth, Gail Lindlow, Melanie Facen, Elisabeth Robinson, Eike Linkwitz and others during this festive time with an equally festive gourmet meal after the 4pm Happy Hour.

Please make out your \$15/member or \$18/associate member check for dinner and send to Eike Linkwitz, 15 Prospect Lane, Corte Madera, CA 94925. Questions per email: el@linkwitzlab.com or phone 415-924-0241. Those of us who are preparing this event are looking forward to making this a special time for everyone present.

— In the Holiday Spirit, Eike Linkwitz

ALPINE LODGE SUNDAY INNKEEPERS

DEC 2	Nancy Waldeck	415-552-5836
DEC 9	Mary and Leslie Will	415-751-6469
DEC 16	Cheryl Deaner	415-648-6498
DEC 23	Jennie Bruyn	415-456-1877
DEC 30	Lori Sondheim	916-446-1161
JAN 6	Mary Frey	415-492-2510
JAN 13	Kay Gillis	415-456-2032
JAN 20	Trudy Gorak	415-771-2383
	and Josephine Leen	415-440-6530
JAN 27	Jeanne Bacon	415-924-2712
FEB 3	Pam Walker	925-376-1064
FEB 10	Don and Donna Rice	415-552-6087
FEB 17	Jennie Bruyn	415-456-1877
FEB 24	Gloria Pass	510-649-9787

More innkeepers are needed to keep the Alpine Lodge open on Sundays. To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim@hotmail.com.

— Selma Bomfim

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sun, Jan 20, 2008 Board of Directors Meeting at 2 pm.

Quarterly Membership Meeting at 3 pm.

Dinner to follow.

Sat, Feb 16, 2008 Board of Directors Meeting at 3 pm.

Sat, Mar 15, 2008 Board of Directors Meeting at 3 pm.

If you have any questions or wish to have an item on the agenda, contact Carroll Pearson at pearsoncmp@aol.com or call 408-736-9403. Members are welcome at board meetings.

— Carroll Pearson

QUARTERLY MEMBERSHIP MEETING AND DINNER

JANUARY 20, 2008

Come and join us after the meeting for Happy Hour at 4:30 and a delicious Italian dinner prepared by our fabulous Echo Lodge hosts/cooks Barbara and Keith Crocket, assisted by daughter Janis Riccomini and her great Italian cook husband Roy. Let us know if you are vegetarians.

Please send your reservation checks by January 16 to Onnie Taylor, 4635 25th Street, San Francisco, CA 94114. Members \$15, non-members \$18. 415-648-6380

— Onnie Taylor

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP-TO-THE-MINUTE LISTINGS, GO TO WWW.CALALPINECLUB.ORG AND CLICK ON THE MEMBERS PAGE. CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM FOR THE USER ID AND PASSWORD.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

NOV 29 THUR WORK PARTY EVENT

9am - 2:30pm Ruth Tretbar, Coordinator There will be lodge housekeeping tasks and our first garden planting of the fall season. Please bring gloves, garden tools, and good energy. Please contact Ruth at rtretbar@yahoo.com or 510-836-0108 to let her know you are coming. Overnights possible. Check with coordinator.

NOV 30 - DEC 1 FRI-SAT MEMBER RENTAL Greg Farber

DEC 4-5 THUR-FRI NON-MEMBER TRAINING

The California Onsite Wastewater Association

DEC 6 THUR WORK PARTY EVENT

9am - 2:30pm

Hardy Dawainis 415-461-4431

hdawainis@comcast.net

Come to the annual tree-trimming and lodge decorating party. This is more fun than work. Bring your decorating ideas. Hardy and Nuala Caulfield will offer a hearty lunch. Please call Hardy to let him know that you are coming. Overnights possible. Check with coordinator.

DEC 8 SAT CAL ALPINE CLUB HOLIDAY PARTY

Reservations: Donna Rice at 415-522-6087 dndrices@yahoo.com Chef, Helen Reardon, Helpers: Betty Rappaport. See article on page 1.

DEC 9 SUN CHILDREN'S HOLIDAY PARTY

Coordinator: Mary Frey 415-492-2510 Cost \$10 per family. See article on page 1.

DEC 11 TUES SIERRA CLUB RENTAL M J McKown

DEC 15-16 SAT-SUN HIKERS' WEEKEND

Happy hour at 4:30pm. BYOB and an appetizer to share. Dinner, salad, and dessert at 6pm. Members \$8, Associates \$11. You are invited to spend the night at the Lodge and awake to a delicious breakfast. Members \$19, Associates \$27. Contact Nuala at 415-922-6775 or email ntcaulfield@msn.com.

DEC 16 SUN MTIA HOLIDAY PARTY

DEC 21 FRI HOLIDAY DINNER FOR OLD-TIME MEMBERS AND FRIENDS

Coordinator: Eike Linkwitz el@linkwitzlab.com or 415-924-0241 Dinner after 4pm Happy Hour: \$15/member, \$18/ associate member. Overnight & breakfast available: \$15/member, \$18/associate member. Contact Eike at. See article on page 3 for all details.

DEC 25 TUES CHRISTMAS DAY DINNER

Host: Bonnie Radest 415-897-0227 See article on page 1.

DEC 28-30 FRI-SUN MEMBER RENTAL Laurie Sontign

DEC 31 – JAN 1 MON-TUES NEW YEAR'S EVE AND NEW YEAR'S DAY EVENTS

Coordinator: Sonia Bastidas

New Year's Eve activities, food, champagne, wine, and beer; overnight, scrumptious full champagne breakfast; and traditional soup and salad supper after the Top-O'-Tam hike led by Ben Heldens New Year's Day. See article on page 10 for details and reservation information.

JAN 3 THUR WORK PARTY EVENT

9am - 2:30pm

Coordinator: Hardy Dawainis 415-461-4431

hdawainis@comcast.net

We will take down the tree and decorations, pack them away, and say goodbye to the Holiday season. In the garden, we'll continue winter planting and weed, and weed some more. Overnights possible. Check with coordinator.

JAN 13 SUN WORK PARTY EVENT

9am - 2:30pm

Ed Del Monte, Coordinator

If you work nine to five on weekdays, this quarterly event is your opportunity to come out and support the Lodge. Ed will have a variety of repair and maintenance projects. Please contact him if you have expertise in painting, electrical, or other maintenance areas. There will be housekeeping and gardening tasks also. Gardeners, please bring gloves and hand tools. Contact Ed at edelmonte@delmontecito.com or 707-528-7983 to let him know you are coming. Overnights possible. Check with coordinator.

JAN 19-20 SAT-SUN HIKERS' WEEKEND See Dec 15-16

JAN 20 SUN CAC LEADERSHIP MEETINGS OUARTERLY CAC MEMBERSHIP MEETING

CAC Foundation Members meet at noon. Board of Directors meet at 2pm in the Social Hall. Quarterly Membership meeting at 3pm. Happy Hour at 4:30pm and fabulous Italian Dinner to follow. All are welcome. Coordinator: Onnie Taylor. See article on page 3 for details.

JAN 31 THUR MEMBER RENTAL Janet Mullin

FEB 7 THURS WORK PARTY EVENT

9am - 2:30pm Plan to come. Contact Jennie Bruyn at 415-456-1877 or jennielbruyn@yahoo.com Overnights possible. Check with coordinator.

FEB 9 SAT SIERRA CLUB Lovers Hike

FEB 14 THUR VALENTINE'S DAY EVENT Host Needed

FEB 16 SAT CAC LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm. Board of Directors meets at 3pm.

FEB 16-17 SAT-SUN HIKERS' WEEKEND See Dec 15-16.

FEB 23 SAT MEMBER RENTAL
Gerald Rosenberg

FEB 24-MAR 1 SUN-SAT SPA WEEK

Helen Alfredson and Mary Frey Hosts. See upcoming TRAILS for more details.

MAR 6 THUR MID WEEK WORK PARTY Coordinator: TBD 9am - 2:30pm

Overnights possible. Check with coordinator.

MAR 15 SAT CAC LEADERSHIP MEETINGS Nominations meeting at 2:30 pm. CAC Trustees meet at 1pm and Board

CAC Trustees meet at 1pm and Board of Directors meets at 3pm in the Social Hall.

MAR 15-16 HIKERS' WEEKEND ST. PATRICK'S DAY EVENT

Look for details in February Trails.

MAR 21-22 FRI-SUN MEMBER RENTAL Constance Bernstein

APR 3 THUR MID WEEK WORK PARTY

Coordinator: TBD 9AM – 2:30PM Overnights possible. Check with coordinator.

APR 4-5 FRI-SAT HOST TRAINING Coordinators, Alpine Lodge Trustees

APR 13 SUN WORK PARTY
Coordinator: TBD 9AM – 2:30PM
Overnights possible. Check with coordinator.

APR 13-19 SUN-SAT SIERRA CLUB RENTAL M J McKown

APR 26 SAT CAC LEADERSHIP MEETINGS ANNUAL CAC MEMBERSHIP MEETING ANNUAL AWARDS DINNER MEETING

CAC Foundation Members meet at noon. Board of Directors meet at 2pm in the Social Hall. Annual Membership meeting at 3pm. Dinner to follow. Everyone is welcome. Nuala Caulfield, 415-922-6775, ntcaulfield@msn.com, will take reservations for overnight at the club on Saturday and will make breakfast on Sunday morning for those staying overnight. Members \$19, Associates \$27. This is a popular event, so reserve early. See upcoming TRAILS for details.

MAY 1 THUR MID WEEK WORK PARTY

9am - 2:30pm Coordinator TBD

Overnights possible. Check with coordinator.

MAY 17-18 HIKERS' WEEKEND See Dec 15-16

ECHO LODGE FALL 2007 HOST TRAINING

Another group of dedicated volunteers attended host training at Echo Summit Lodge. Cindy and Russ Toran arrived at the Lodge at 11pm Thursday evening to get the Lodge warmed up for members arriving on Friday. There was a nice balance of experienced and newer members. The newer members bring a fresh perspective and their questions cause us to review the way we do business. The weather was classic fall weather. Bob and Vicki Bass drove from Los Angeles and described gorgeous views of fall colors and were glad to escape the smoke from fires in southern California. Trustee Edie Nelson came from Santa Cruz to support the training by manning the kitchen for Saturday lunch through Sunday breakfast. Edie's many years of experience were revealed in the fine subtle flavors of her food.

Training began on Saturday around 9am. Chairs and couches were rearranged as Cindy presented using an easel and flipcharts (lettering and artwork by Karen Wagner) in front of the wood stove in the main room. It was warm and cozy as is Cindy's style. Present and attentive were the following member-students: Jill Denney, Melanie Facen, Bruce and Diane Friend, Ann Meneguzzi, Scott Palmer, Janis Riccomini, Pascale Leroy, Bill Walzer, Sonia Bastidas, Craig Schroeder, Mike Bonham, Tylan Billings, Bob and Vicki Bass, Carroll Pearson and Ken Judy, Linda Howard, Maxine Keating and Martha Stewart.

Some of the highlights of the training were a function of the questions that popped up. For example, the question, "Are pets allowed at the lodge?" elicited a quick "no". However people revealed stories of people who have brought pets, said they would keep them in cars and then didn't. "What about service dogs?" The discussion was getting intense. Carroll Pearson in her great wisdom ended the diversionary discussion by stating, "Let's burn that bridge when we have to cross it." We all moved on amid gales of laughter. Another highlight was when Cindy pointed out and stressed that Hosting, admittedly a lot of work, needs to be viewed as a form of giving. Hosting (as well as all CAC volunteering) can be viewed as giving a gift to other CAC members. The result is very fulfilling. Therefore, if you want to feel more fulfilled, volunteer more. Try it, it works.

Bob Bass, a seasoned member and significant assistant to John Hannum in installing the water and septic systems, conducted the infrastructure tour of the lodge. His deep knowledge of the way the lodge works provided valuable information to this group of trainees.

Carroll Pearson, the ultimate recruiter, persuaded Craig Schroeder, who came with new member Sonia Bastidas, to be a *Trails* Editor as the work obligation for membership. Sonia and Craig are excellent additions to our membership. Sonia became aware of our club through Eike Linkwitz as they are neighbors. Sonia has also agreed to apply her project management skills to the position of Social Chair for CAC.

Sunday morning we wrapped up with discussion about snow procedures. We set a goal to all be ready to leave by 10am, but with such a motivated and well-trained group we were done by 9:30am. **Ty Billings** and **Mike Bonham** stayed to participate in the water shutoff. They made a great duo, aided by the invaluable pictorial instructions provided by John Hannum.

Watch for Spring Host Training in future issues of Trails on the Echo calendar. You too can enjoy this special weekend hosted by Echo Trustees and be eligible to give a special gift to fellow CAC members by hosting a session at Echo Summit Lodge.

— Russ Toran



Fall 2007 Echo Lodge Host Training - Graduates



Fall 2007 Echo Lodge Host Training - Class in Session

PRESIDENT'S MISSING PHOTOS 11/10/2007

We now have photographs of all our past 73 Presidents except the 13 listed below. I would particularly like to find one of Emma Reiman Baldwin, our first woman President, in 1936. According to our minutes she was very active for many years.

1920	Arthur Mauerhan	1941	Henry Perry
1930	Henry Manheim	1947	Cyrus Washburn
1932	Harold Reams	1957	Jerry Bowers (woman)
1933	Thomas Pring	1972	Peter Cistaro
1934	Thomas Jones	1993-94	Roger Goulet
1936	Emma Reiman Baldw	in	
1940	Herbert Mauerhan		

— Verna West, Historian

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED 2B SUN DEC 2 10:00 a.m. Hardy Dawainis 415-461-4431 SUN DEC 9 10:00 a.m. Ben Heldens 415-665-7274 2B Co-Listed w/Berkeley Hiking Club *SAT DEC 15 10:00 a.m. Leaderless Hike *SUN DEC 16 10:00 a.m. Paul McKown 415-383-2774 2B Co-Listed w/Sierra Club SUN DEC 23 10:00 a.m. Gloria Pass 510-649-9787 2B Co-Listed w/Berkeley Hiking Club CHRISTMAS DAY 2B TUES Dec 25 10:00 a.m. Eva Libien 415-383-5184 SUN Dec 30 10:00 a.m. Rosemary Trowsdale 415-775-3206 2B NEW YEAR'S DAY **TUES JAN 1** 10:00 a.m. Ben Heldens 415-665-7274 2B 10:00 a.m. Don & Donna Rice 2B SUN JAN 6 415-552-6087 SUN JAN 13 10:00 a.m. Margrit Gonzalez 415-472-4270 2B *SAT JAN 19 10:00 a.m. Bill Wise 415-584-5481 2B Eva Libien 2B *SUN JAN 20 10:00 a.m. 415-383-5184 Anne Good 2B SUN JAN 27 10:00 a.m. 510-526-6792 SUN FEB 3 10:00 a.m. Arlin Weinberger 415-4440611 2B SUN FEB 10 10:00 a.m. **Iamie Watson** 415-515-9618 2B+10:00 a.m. Leaderless Hike 2B *SAT FEB 16 *SUN FEB 17 10:00 a.m. **Ruth Tretbar** 510-836-0108 2B MON FEB 18 10:00 a.m. **Bob Smith** 510-841-0402 2B PRESIDENT'S DAY 2B SUN FEB 24 10:00 a.m. Jennie Bruyn 415-456-1877

IMPORTANT! RAIN CANCELS

1A HIKES (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M. 2B HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND 10:15 A.M. AT MOUNTAIN HOME. NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike. At Hike Leader's discretion, hikes may be split up.

Please note that an error was made in the October issue regarding start times. All November, December, January, February, March and April hikes will start at 10:00 a.m.

**Leaderless hikes meet at Alpine Club. Please select a leader from the group. LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com **Hikers' Weekends**: For supper and/or overnight arrangements, contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.net.

ALPINE LODGE TRUSTEES NOTES

This was one of those great ideas that I wish I could claim as my own. At our October work party, we were fortunate to have a team that was not only hard working, but also very bright! The observation was made that some of our members have to travel a good distance, often in heavy traffic, in order to join the work party. So if the Lodge has not previously been rented and there is room, why not make a mini vacation out of it! Drive over on Wednesday, go for a hike on Mt. Tam, enjoy the Lodge with good friends and you're rested and ready for the work party the next day. Or, come for the work party on Thursday, and stay over that night. NO CHARGE. If you wish to reserve a space, please contact the work party Host who will arrange the stay with our rental team.

We had another great work party on the first of November. Eva Libien was our host who with the help of Jennie Bruyn prepared a delicious lunch for us. Ruth Tretbar, Roger Diehnel, Jock MacDonald and Bob Feist worked on some much needed underbrush clearing below the Redwoods. Our loyal work party friend Hans Schilling was there as usual. Cleaning the barbeque grill and wrapping it up for winter has become one of his many annual tasks. Mayme Harris. Pauline MacDonald and Nuala Caulfield were a small but select group doing the ever present house and upholstery cleaning. The job that Arnold Champagne and Barbara Young, a prospective member, did on the Dining Hall windows was over and above the call of duty and much appreciated. **Donna** Rice has made our front garden look better than ever and it is always good to see hard working Larry Luchetti helping out on a weekday.

You probably noticed that the planned construction work on our sliding slab at the bottom of the stairs did not happen. There was a last minute glitch about permits. We have a new date for November and we will again do our best to minimize the inconvenience the construction may cause to our members.

— Hardy Dawainis

CANOEING ON LAKE NATOMA

On Saturday October 13 about fifteen intrepid CAC members arrived at Negro Bar Group Camp for a canoe/ kayak tour of Lake Natoma. The trip was hosted by **Bob Hanson** and our tour guide was **Dan Winkelman**, who lives on the lake. Dan took the group on a day long paddle down to Willow Creek, then back up the lake and through the seven islands, past the historic Folsom Powerhouse, under the three bridges that cross the lake, and up the granite canyon to the Folsom Prison boundary. We hauled out on a nice little beach just below the cable boundary line before returning to camp.

On Sunday the group met at Sailor Bar on the Lower American River for a four hour trip downstream to Watt Avenue. Everyone appreciated the stunning beauty of the river and saw lots of herons, egrets, and king fishers.

Only two capsizes occurred during both days. Fortunately the weather was gorgeous and everyone dried out quickly. Everyone agreed that the trip was outstanding! Not too difficult, close by, and the lake and river were just so beautiful. You had to be there!

Participants: Dan Winkelman, Joyce Thompson, Ernie and Toby Pitz, Charlie Demitz, Stu Sparling, Dave and Mary Maier, Yudith and Reuven Segev, Carlos Miranda and Lori Sondheim, Julie Batsel, and Lyda Dicus and Bob Hanson.

There is a short video of the trip on YouTube. Enter this URL in your browser 'http://www.youtube.com/watch?v=WSITbiWouzQ' or at the YouTube web site search for 'daveatsc', and then click on 'Canoeing Lk Natoma' in the search results.

— Dan Winkelman

TOUR OF THE LAWRENCE BERKELEY LABORATORY FRIDAY, JANUARY 18

Berkeley Lab is a multidisciplinary national laboratory, located at 1 Cyclotron Road, on a hillside directly above the campus of the University of California at Berkeley. The site consists of 76 buildings located on 183 acres, which overlook both the campus and the San Francisco Bay. It is the home of eleven Nobel Prize winners and the birthplace of nuclear medicine.

The Tour is Friday, January 18, 2008, 10am – noon, with an optional lunch in a nearby restaurant after the tour. Please contact **Eva Pardee** for details about directions and parking, and if you decide to have lunch after the tour, at evapardee@pacbell.net or call 510-444-3711.

— Eva Pardee

ACADIA NATIONAL PARK

Twelve people enjoyed a beautiful week in Bar Harbor, Maine with lovely weather and fall foliage. We took a lobster cruise, ate lobster most nights, and hiked every day in the park. One 4 mile "moderate" hike up 1500 feet took us 6 hours climbing up 4 foot boulders! They never heard of switchbacks in the East. But the views at the top of the mountain were spectacular! One morning, some of us got to the top of Mount Cadillac before sunrise near the ocean to be the first people in the United States to see the sun come up. A trip around Mt. Desert Island brought us to fishing villages. Our housekeeping cabins on the water were cozy, and at the ranch house we had happy hours and some dinners during the week. All in all, it was a wonderful time, and we wished we could have stayed longer.

- Ros Carol

OUTINGS 2007

December 6, 7

Christmas in the Monterey Adobes Ruth Tretbar Rtretbar@yahoo.com 510-836-0108

-Ros Carol

EXCELLENT ADVENTURES PLANNED OUTINGS 2008

There are some wonderful outings planned for 2008. We are just in the discussion phase, but here are some preliminary ideas. **Bob Hanson** will do 2 canoe trips in California, and a base camp trip. There will also be a weekend backpack. There will be at least 8 one days—some of them are Di Rosa Preserve, Boating on Lake Sonoma, The Paramount Theater in Oakland, another Castle in Calistoga, a kayak trip near Forestville, and many more. To volunteer to lead an outing, contact **Ros Carol** at 650-592-9394 or RosCarol@aol.com

- Ros Carol

IN MEMORIAM

Alpine Club member Alice Elizabeth Fernandez Wallace died June 3, 2007. She was born September 19, 1919, in New York City, third child of Wendela Anderson (native of Sweden) and Pascasio Fernandez (native of Spain). A first generation New Yorker, Alice worked for NY Telephone Co., sang with the Dessoff Choirs and belonged to the Appalachian Mountain Club, where she met her husband Vernon. She moved with Vernon to San Francisco in 1957 when he started a career with San Francisco State University. Alice retired to raise their children and participated fully in all aspects of parenthood, including school, scouts and church along with Sierra Club outings.

Alice was a very active member of the First Unitarian Universalist Church of San Francisco since 1962, in the choir, as Sunday school teacher, on the board, as Archivist, with Women in Religion, the Caring Committee and Society for Community Work. Alice remained in touch with relatives in Spain, Sweden and "back East," where she was known as Betty. A skilled amateur artist, Alice created beautiful watercolors often based on nature. Her love of hiking transferred from the Appalachians to the Sierras and locally to Mount Tamalpais where she and her husband became active members of the Alpine Club in later years. She missed her devoted husband Vernon since his death March 16, 2001.

She is survived by children, Norma and Gordon; daughter-in-law, Kimberly; brother-in-law, Kenneth and family; the Sjoholms of Goteborg Sweden and the Alvarez and Fernandez families of Barcelona, Spain. A Memorial Service and celebration of life was held at the First Unitarian Universalist Church of San Francisco on July 1, 2007. Memorial gifts may be sent to the First Unitarian Universalist Church, 1187 Franklin Street, SF, CA 94109-6893.

— Norma Jean Wallace

PS. Norma plans to join the CAC / Sierra Club December 16 hike and looks forward to meeting and hiking with those who knew her mom.

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

The winter season is upon us and Echo Lodge is a perfect home base for snow play-- skiing, snowshoeing, sledding, good ol' snow ball competition, and warming by the fire! We have a cadre of enthusiastic Hosts ready to take your reservations. Call them while they still have room available, so you can enjoy winter in the Sierra at our wonderful lodge!

Note to Winter/Spring Hosts: Openings in the Winter Schedule are: Dec 9-19, Jan 14-17, Jan 27-31, Mar 2-7, Mar 11-13, Mar **16-18**, and **Mar 23-28**. Of course, there is plenty of time available in April through June for either hosted events or member rentals. Contact me if you would like to schedule any open times (my e-mail and phone number are above).

Sincerely, Cindy

The next Echo Lodge Trustees' Meeting will be held at Ray Sommer's home, Saturday, January 19,2008, 10am. Contact Ray at 415-472-1229 if you would like to attend.

> Fall 07/Winter '08 Echo Summit Lodge Schedule:

NOV 25-DEC 7 AVAILABLE FOR TRAINED HOSTS

MEMBER RENTAL **DEC 7-9 FRI-SUN** Allan Lindberg & Jayna Brown 510-237-0231

DEC 9-19 AVAILABLE FOR TRAININED HOSTS

DEC 19-25 WED-TUES PRE-CHRISTMAS WEEK

Edie Nelson & Cindy Toran 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

DEC 25-26 TUES-WED CHRISTMAS DAY Laura Lindskog & Carl Duisberg 415-381-4185 348 Panoramic Hwy, Mill Valley, CA 94925 lauralindskog@hotmail.com

DEC 26-29 WED-SAT CHRISTMAS WEEK Kristina & Ben Gale 415-381-9319 158 Morningsun Ave, Mill Valley, Ca 94941 krissegale@yahoo.com

DEC 29-JAN 2 SAT-WED NEW YEAR'S Pat Anderson & Fred Huxley 510-649-8537 3026 Benvenue Ave, Berkeley, CA 94705 patineqypt@yahoo.com

JAN 2-6 WED-SUN **HOSTED EVENT** Monika Balsamo 707-539-2140 4841 Parktrail Dr, Santa Rosa, CA 95405 m_balsamo@earthlink.net

JAN 6-11 SUN-FRI HOSTED EVENT Edie Nelson 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

JAN 11-14 FRI-MON HOSTED EVENT 707-538-3696 Art Ewart 1405 Snowy Cloud Way Santa Rosa, CA 95409 aewart@sbcglobal.net

IAN 14-17 MON-THUR AVAILABLE FOR TRAINED HOSTS

INTER-GENERATIONAL JAN 17-21 SNOW / COOP MEAL WKND

Joan Ryan & John O'Sullivan 415-564-8507 2625 23rd Ave, San Francisco, CA 94116 joanryan@mac.com

JAN 21-27 MON-SUN **CO-OP MEALS WEEK**

Cindy & Russ Toran 707-539-4396 932 Ripley St, Santa Rosa, CA 95401 toranski@aol.com

JAN 27-31 SUN-THURS AVAILABLE FOR TRAINED HOSTS

JAN 31-FEB 3 THURS-SUN

Audrey & Mike Vaggione 408-865-1781 12747 Saratoga Glen Ct, Saratoga, CA 95070 audreyvw@pacbell.net

FEB 3-8 SUN-FRI HOSTED EVENT Edie Nelson 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

FEB 8-14 FRI-THURS HOSTED EVENT Shelly Navine & Bob Henry 707-829-3728 1286 Hurlbut Ave, Sebastopol, CA 95472 clyde33301@comcast.net

FEB 14-18 THURS-MON PRESIDENTS' WKND

707-539-2140 Monika Balsamo & Joan Ryan 4841 Parktrail Dr, Santa Rosa, CA 95405 m balsamo@earthlink.net

FEB 18-22 MON-FRI MEMBER RENTAL Scott & Doris Palmer 650-948-0809

FEB 22-24 FRI-SUN HOSTED EVENT Pam & Garry Greever 530-677-5616 3200 Red Rock Ln, Shingle Springs, CA 95682 pamgreever@yahoo.com

FEB 24-28 SUN-THURS MEMBER RENTAL Eike & Siegfried Linkwitz 415-924-0241

CO-OP MEALS

FEB 29-MAR 2 FRI-SUN Sonia Bastidas & Craig Schroeder 415-927-7415 110 Buena Vista Ave, Corte Madera, CA 94925 soniaebastidas@yahoo.com

MAR 2-7 SUN-FRI AVAILABLE FOR TRAINED HOSTS

MAR 7-11 FRI-TUES CHILDREN'S WINTER WEEKEND

Barbara and Mark Miglio 415-222-2440 336 Bon Air Ctr #286, Greenbrae, CA 94904 barb@marinx.com

MAR 11-13 TUES-THURS AVAILABLE FOR TRAINED HOSTS

MAR 13-16 THUR-SUN FAMILIES SNOW / **COOP MEALS WKND**

Joan Ryan & John O'Sullivan 415-564-8507 2625 23rd Ave, San Francisco, CA 94116 joanryan@mac.com

MAR 16-18 SUN-TUE AVAILABLE FOR TRAINED HOSTS

MAR 18-23 TUES-SUN HOSTED EVENT

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

MAR 23-28 SUN-FRI AVAILABLE FOR TRAINED HOSTS

MAR 28-30 FRI-SUN HOSTED EVENT Tom & Carol Coleman 707-992-0650 32 Live Oak Dr, Petaluma, CA 94952 travmcgee@comcast.net

Watch for updates in future issues of TRAILS!

SECOND ANNUAL HALLOWEEN PARTY

Party goers came to the lodge in various forms on October 27. We had witches, gangsters, a cheerleader, skunk, clown, recycle man and other original costumed guests for a sit-down salmon dinner. Our 34 guests enjoyed the spirit of the evening and had a great time from start to finish.

Audrey Hulburd assisted with decorations and set up of tables. Audrey, Sarah Davis, Innes Bergman, Susan Head, and guest Marguerite Murphy helped with food prep; Rich Rolita, a new member, was bar tender. Renee Powers, Arnold Champagne, Bill Steinmetz and Hans Schilling, along with many others helped with dishes and putting the lodge back in order at the end of the festivities. Thanks to all for your help.

— Sue Karp and Jordan Herrmann





Susan Head and Marguerite Murphy scare up some aromatic Halloween treats

BIKE THE VINES

The cool but clear October morning did not intimidate the small band of brave souls that gathered in Calistoga for a self-guided bike tour of back roads, peaceful vineyards in autumn hues, and uncrowded after-the-tourist season small wineries. The Calistoga Bike Shop provided route maps and suggestions, bike rentals and tune-ups of our personal bikes, and also picked up wine we purchased at the wineries and had it waiting for our return. After our briefing at the bike shop, we went to a nearby deli to select gourmet goodies for lunch, and were soon off on our 22 mile ride with 5 winery stops and tastings of some of the best wines Napa Valley has to offer. Merlot before noon, a picturesque picnic site amid the vines, friendly wineries, and what turned weather-wise into a perfect warm autumn day were all part of our adventure.

- Tom McNicholas

CARL NOLTE VISIT AND TALK A SUCCESS

Carl brought a blast of fresh salty sea air with him when he arrived at the Lodge on Saturday, October 20. In next to no time, **Carroll Pearson** was showing him around the premises and introducing him to members. His talk and film on the "Jeremiah O'Brien", and, in particular, her return to Normandy in 1994, were both informative and interesting.

As some of you may know, Carl is a member of the board of trustees of West Point, which is probably why he seemed right at home in our Lodge. Although writing scintillating articles for the "San Francisco Chronicle" must keep him very busy, it is hoped he'll find time to join us on one of our Sunday hikes in the not too distant future.

Carl has generously offered to welcome members on board the "Jeremiah O'Brien" and take us on a tour of the ship 'gratis'. Please contact me at ntcaulfield@msn.com and we'll arrange a visit.

-- Nuala Caulfield



Carl Nolte

TRAILS

issued monthly by the

California Alpine Club Founded in 1913 - Incorporated in 1936

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BRING IN THE NEW YEAR 2008 AT ALPINE LODGE! MONDAY, DECEMBER 31 – TUESDAY, JANUARY 1

The New Year's Team of **Sonia Bastidas**, **Mae Harms**, **Don** and **Donna Rice**, and **Nuala Caulfield** invites you to join in the fun and celebrate New Year's at the Alpine Lodge.

New Year's Eve will begin with a no host happy hour at 7pm, followed by a potluck dinner and dessert. You will be asked to bring your favorite appetizer, salad, main dish, side dish, bread, or dessert. Wine will be provided with dinner. Cost will cover wine, coffee, late night snacks and champagne, decorations, and lodge use - \$7 members; \$10 associate members.

For those who stay up, the celebration will continue with games, music, dancing, and sharing good times around the fire to "see" in the New Year. Those staying overnight, the usual costs will apply - \$15 members; \$20 associate members.

A scrumptious, full breakfast with frittata, smoked salmon, bagels, cream cheese, fruits, and champagne hosted by Don and Donna Rice will be served at 8:30am on New Year's Day (\$9 members; \$12 associate members).

Join **Ben Heldens** at 10am for the traditional hike to the Top-O-Tam. Neither rain nor snow cancels.

Happy Hour begins when the first intrepid hikers return to the lodge. Nuala Caulfield and her crew will serve a hearty soup and salad supper for a cost of \$8 for members and \$11 for associate members about 3:30pm. Please contact Nuala at ntcaulfield@msn.com or 415-922-6775 if you can bring a soup or salad.

Volunteers are needed to decorate, set tables, prepare food, serve, and clean up, for the events.

For reservations for any or all of the above activities, to indicate what dish you will bring, and how you will help, please contact Sonia Bastidas at 415-850-0464 or 415-927-7415 or soniaebastidas@yahoo.com.

Mail reservation checks to: Mae Harms, 5941 Garden Park Drive, Garden Valley, CA 95633. Total package cost is \$39 for members and \$53 for associate members.

- Sonia Bastidas

TRAILS NEWSLETTER ALERT

Please send articles for the **February** issue of TRAILS to editor, **Catherine Theilen**, at theilen@ sbcglobal.net, or via mail to 579 Lisbon St., CA 94112. Telephone 415-337-9140.

Catherine should receive articles for the February issue no later than **January 5th**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the March issue of TRAILS will be announced in the February issue. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

- Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 84 February 2008 No. 1

AN ALPINE LODGE 2008 NEW YEAR CELEBRATION

The Alpine members celebrated the New Year by ringing it in with a bountiful dinner and deserts. With the help of **Sonia Bastidas** and **Mae Harms** the event was sparkly, festive and a huge success. After dinner the champagne flowed and the fun began with music, cards and chatting by the fire. A big thank you to all who assisted Sonia on her first Social Event. The celebration continued with a New Years Day Brunch provided by the talented **Don and Donna Rice**. The brunch was a sumptuous array of breads, fruit, salmon, frittata and champagne mimosas. Even though everyone was full and content with the fabulous brunch the hikers began their hike with **Ben Heldens** to the Top O Tam where another delicious spread of food and champagne was waiting at the top. When the hikers returned there was yet another feast waiting for them prepared by **Nuala Caufield**. The soup supper included 6 soups and 6 salads. Many hikers contributed in the soups and salads to provide an array of different versions of their soup recipes. Fun was had by all in this festive event.

Happy New Year to All!

- Sonia Bastidas



Breakfast, New Year's Day

CHRISTMAS DAY AT THE ALPINE LODGE

A small group of intrepid hikers joined **Eva Libien** on an exhilarating walk on the mountain on Christmas day. They returned to a warm and cozy Lodge, where about 30 members and guests were making last minute preparations for a sumptuous holiday feast. **Jennie Bruyn** cooked and stuffed the savory turkeys and was ably assisted by master carver, **Karl Baeck. Bonnie Radest** and **Kathy Freeman** were the welcoming hosts for the ensuing event. The diners brought some of their favorite dishes to share and enjoy. This event is fast becoming a holiday tradition at the Lodge.

— Eva Libien

EEL RIVER CANOE TRIP

On April 25, 26 & 27, club members will paddle the beautiful and remote main fork of the Eel River from Alder Point to the confluence with the South Fork.

Those participating will need to have their own canoes or kayaks or share a boat with someone who does. We will meet at Alder Point on Thursday evening and return home late Sunday. Costs will be minimal, sharing the cost of food and the cost of having the vehicles shuttled.

If you do not own a canoe or kayak but would like to participate, you may be able to share a boat with someone else, who has a double boat, or rent a canoe in the Bay Area or Healdsburg and transport it yourself up to the river.

The paddling is through a gorgeous canyon with a few riffles, but no real rapids. Some paddling experience is preferred, but not absolutely essential, as long as one person per boat has previous paddling experience.

If you are interested in participating and/or have questions, please call Bob Hanson at (925) 944-3366 or Email him at doctoroutdoors@comcast.net.

— Bob Hanson

TRAILS Editor ~ Catherine Theilen

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers: President Vice President Secretary Treasurer Registrar	Carroll Pearson Tony Smith Maureen O'Hara Sm Jean Findlay Shirley Anderson	408-736-9403 925-933-2403 nith 650-697-3846 916-285-6186 831-427-2722	pearsoncmp@aol.com joanne-tony@sbcglobal.net MissBrigid@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com
Board of Director Val Floch John Hannum Eva Libien Jean Rodgers Onnie Taylor Lillian Young	rs:	408-255-3378 707-525-8108 415-383-5184 415-435-9383 415-648-6380 650-588-5689	vfloch@pacbell.net JRHannum@sbcglobal.net elibien@yahoo.com jrodg1218@aol.com onniet@earthlink.net lcyou@sbcglobal.net
Committee Chain Conservation Finance Historian Hike Leader	Jay Hallberg Dave Maier Verna West	415-383-1507 831-462-2764 650-854-6349	lareenie@yahoo.com dmmaier@pacbell.net 99swest@earthlink.net
Co-ordinator Innkeeper Co-ordinator Membership Outings Publications Sunshine Social Activities Parliamentarian	Eva Libien Selma Bomfim Laureen Novak Ros Carol Angela Blackwell Mary Maier Sonia Bastidas Jean Findlay	415-383-5184 415-381-4676 415-383-1507 650-592-9394 415-584-2586 831-462-2764 415-850-0464 916-285-6186	elibien@yahoo.com selmabomfim@hotmail.com lareenie@yahoo.com RosCarol@aol.com ablackwellca@earthlink.net mlmaier@pacbell.net soniaebastidas@yahoo.com ogrenfindlay@yahoo.com
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CAC Foundation Jay Hallberg, Pre Bill Meneguzzi Kay Gillis	Directors	415-383-1507 916-451-1523 415-456-2032	lareenie@yahoo.com bill.meneguzzi@gmail.com Kgillisgarden@aol.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angi Blackwell, Anita Cabrera, Carroll Pearson, Catherine Theilen Burke, Dan Schoenholz, Helena Troy, Patricia Boyd, Tom Mahood, and William Steinmetz.

Contributors: Sonia Bastidas, Eva Libien, Carroll Pearson, Shirley Anderson, Laureen Novak, Selma Bomfim, Jim Nixon, Michael Petak, Renee Powers, Ed del Monte, Bon Hanson, Ricia Wise, Hardy Dawainis, Ken Wiltz, Verna West, Ros Carol, Cindy Toran, Verna West, and Angi Blackwell.

Correspondence: Please address correspondence concerning this publication to: Carroll Pearson, 1069 Rockefeller Drive, Sunnyvale, CA 94087-2010.

CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE



Happy New Year to California
Alpine Club members! Gala
events enlivened the Alpine
Lodge to bring in the New
Year. Hikers made it to the
top of Mt. Tam as the weather
was nice. The month of
December was filled with
holiday events at the Alpine
Lodge. I am sure that many
of you enjoyed them.

As the New Year starts, we are looking forward to great hikes and fine events and sessions at both of our lodges. skiers should be happy with conditions in the Sierras with the new

storms adding more snow. I skied one day at Northstar over the Christmas holiday time. Just happy that I can still do that!

John Hannum and Dave Maier are continuing to pursue consistent financial reporting and common charts of accounts for the club and both lodges. They are working to acquire budgets for each of the entities. Our goal should be to have the accounting changes in place in time for tax reporting for the 2007 year. Our fiscal year is April 1st to March 31st, with our tax returns due in August of each year.

John is also chairing a by-laws change committee. There is a rigorous process for changes in by-laws, so pay attention to items on this subject in Trails. To effect a change, we need a manual vote at a membership meeting, which needs a quorum of 30, so we need your support to attend these meetings. The next membership meetings are Saturday, April 26, 2008, for the annual meeting; Sunday, July 20, 2008, for a quarterly membership meeting; and Sunday, October 19, 2008, for a quarterly membership meeting.

We are working on, not very successfully, a set of job descriptions for the various leadership positions within the club. If you have or can create a write-up of a job, please share with Carroll. We have some drafts and will be posting them on our web site, which is calalpineclub.org. If you need the user id or name and password, contact Carroll Pearson at pearsoncmp@aol.com.

Speaking of the web site, you can find current and back issues of Trails, hike schedules, by-laws, the CAC Membership Application form, Alpine Lodge calendar, meeting minutes and many other documents of reference. Please let us know if there are items that you would like added. Also let us know if things are out of date.

May the New Year find you healthy, happy and enjoying our wonderful lodges and outings.

- Carroll Pearson

Please remember to advise the CAC Registrar of any changes to mail, phone, and email (particulary email, which changes much more frequently.) Shirley Anderson can be reached at Shirl@cruzio.com (email preferred) or 831-427-2722 or by mail at 203 Sunlit Lane, Bonny Doon, CA 95060-9661.

— Shirley Anderson

MEMBERSHIP REPORT

February 2008

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CAC New Members:

John & Jana Shober - Joint Members

PO Box 2622

Elk Grove, CA 95759-2622 916.685.2547

shober@csus.edu

Sponsors: Allen Utterback & Edith Nelson

Anthony & Mary Lee Bronzo-Joint Members

268 Center Street

San Rafael CA 94901 415.456.6806

bronzo@umich.edu

Sponsors: Edna Trim & Ruth Tretbar

Jack Batsel-Regular Member

616 Elm Street

Anaconda MT 59711 605.391.4401

Sponsors: Lyda Dicus & Bob Hanson

Pentti & Helen Siiteri - Joint Members

349 Miramonte Court

Santa Rosa, CA 95409 707.537.2240

fhimeas@yahoo.com

Sponsors: Melanie Facen & Renee Powers

Kati Siiteri – Regular Member

503 Pineo Ave. #5 415.383.2075

kati_did@comcast.net

Sponsors: Nuala Caulfield & Hardy Dawainis

Sue Gibbons –Regular Member

PO Box 1126

Lafayette CA 94549-1126 925.284.1704

clearspeech@suegibbons.com

Sponsors: Ruth Tretbar & Kathleen O'Dea

Barbara Young – Regular Member

663 Templeton Ave.

Daly City, CA 94014 415.349.8335

No Email

Sponsors: Geri Gottbrath & Arnold Champagne

Ricia Wise -Regular Member

831 Stannage Äve

Albany CA 94706 510.525.8268

riciaw@jps.net

Sponsors: Toni Smith & Jennie Bruyn

Kimiae Klingstrom- Regular Member

PO Box 23

Tiburon, CA 94920 415.279.2073

kim1jack@aol.com

Sponsors: Jennie Bruin & Gus Ranex

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS: Ty Billings, Natalie Svensson, Rich, Alyson & Brendon Rolita, Herve, Therese & Jonathan Briend

Laureen Novak, Membership Chair

ALPINE LODGE SUNDAY INNKEEPERS

FEB 3	Pam Walker	925-376-1064
FEB 10	Don and Donna Rice	415-552-6087
FEB 17	Jennie Bruyn	415-456-1877
FEB 24	Gloria Pass	510-649-9787

More innkeepers are needed to keep the Alpine Lodge open on Sundays. To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim@hotmail.com.

- Selma Bomfim

CAC LEADERSHIP NEEDED

If you would like to serve in a CAC leadership position, please contact one of the members of the Nominations Committee. Many of our leaders have been serving for multiple years and have asked to be replaced for the 2008 year. Leadership positions include officers, members of the CAC board, Alpine lodge trustee, and committee chairpersons. This is certainly a significant way that you can contribute to the California Alpine Club.

Nominating Committee Members

Jim Nixon 650-756-7771 jimnixon2000@yahoo.com
Bob Hanson 925-944-3366 doctoroutdoors@comcast.net
Susan McCarthy 408-293-0891 mccarthysf@gmail.com
Ernie Pitz 415-383-8143 guidop6@comcast.net
Ruth Tretbar 510-836-0108 rtretbat@yahoo.com

— Jim Nixon

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sat, Feb 16, 2008 Board of Directors Meeting at 3 pm.

Sat, Mar 15, 2008 Board of Directors Meeting at 3 pm.

Nominations Committee Meeting at 2:30 pm.

Sat, Apr 26, 2008 Board of Directors Meeting at 2 pm.

Annual Membership Meeting at 3pm.

Awards Dinner to follow.

If you have any questions or wish to have an item on the agenda, contact Carroll Pearson at pearsoncmp@aol.com or call 408-736-9403. Members are welcome at board meetings.

— Carroll Pearson

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ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP-TO-THE-MINUTE LISTINGS, GO TO WWW.CALALPINECLUB.ORG AND CLICK ON THE MEMBERS PAGE. CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM FOR THE USER ID AND PASSWORD.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

FEB 7 THURS WORK PARTY EVENT

9am - 2:30pm Plan to come. Contact Jennie Bruyn at 415-456-1877 or jennielbruyn@yahoo. com

Overnights possible. Check with coordinator.

FEB 9 SAT SIERRA CLUB Lovers Hike

FEB 16 SAT CAC LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm. Board of Directors meets at 3pm.

FEB 16-17 SAT-SUN HIKERS' WEEKEND

Happy hour at 4:30pm. BYOB and an appitizer to share. Dinner, salad and dessert at 6pm. Members \$8, Associates \$11. You are invited to spend the night at the Lodge. Members \$19, Associates \$27. Breakfast will be served for overnighters and early arrival hikers. Contact Nuala Caulfield at 415 922-6775 or email at ntcaulfield@msn.com.

FEB 23 SAT MEMBER RENTAL Gerald Rosenberg

FEB 24-MAR 1 SUN-SAT SPA WEEK Helen Alfredson and Mary Frey Hosts. See page 7 for more details.

MAR 6 THUR MID WEEK WORK PARTY Coordinator: TBD 9am - 2:30pm Overnights possible. Check with coordinator.

MAR 15 SAT CAC LEADERSHIP MEETINGS

Nominations meeting at 2:30pm. CAC Trustees meet at 1pm and Board of Directors meets at 3pm in the Social Hall.

MAR 15-16 HIKERS' WEEKEND ST. PATRICK'S DAY EVENT

Need Dinner Host: Contact Sonia Bastidas at soniaebastidas@yahoo.com or 415-850-0464. Happy hour at 4:30pm. BYOB and an appitizer to share. Dinner, salad and dessert at 6pm. Members \$8, Associates \$11. You are invited to spend the night at the Lodge. Members \$19, Associates \$27. Breakfast will be served for overnighters and early arrival hikers. Contact to be announced.

MAR 21-22 FRI-SUN MEMBER RENTAL Constance Bernstein

MAR 29 SAT MEMBER RENTAL
Pia Anderson

APR 3 THUR MID WEEK WORK PARTY Coordinator: TBD 9AM – 2:30PM Overnights possible. Check with coordinator.

APR 4-5 FRI-SAT HOST TRAINING Coordinators, Alpine Lodge Trustees

APR 13 SUN WORK PARTY
Coordinator: TBD 9AM – 2:30PM
Overnights possible. Check with coordinator.

APR 13-19 SUN-SAT SIERRA CLUB RENTAL

M J McKown

APR 26 SAT CAC LEADERSHIP MEETINGS

ANNUAL CAC MEMBERSHIP MEETING ANNUAL AWARDS DINNER MEETING

CAC Foundation Members meet at noon. Board of Directors meet at 2pm in the Social Hall. Annual Membership meeting at 3pm. Dinner to follow. Everyone is welcome. This is a popular event, so reserve early. See upcoming TRAILS for details.

MAY 1 THUR MID WEEK WORK PARTY 9am - 2:30pm Coordinator TBD

Overnights possible. Check with coordinator.

MAY 2-3 FRI-SAT MEMBER RENTAL Jean Darrah/Robinson

MAY 9-10 FRI-SAT MEMBER RENTAL Rob Randig

MAY 17-18 HIKERS' WEEKEND See March 15-16

MAY 17 SAT CAC LEADERSHIP
MEETINGS

CAC Trustees meet at 1pm and Board of Directors meets at 3pm in the Social Hall.

MAY 21-26 WED-MON MEMBER RENTAL Cheryl Edmonds

JUN 1-4 SUN-WED MEMBER RENTAL
Anita ehnder

JUN 5 THUR MID WEEK WORK PARTY 9am - 2:30pm

JUN 10-13 TUE-FRI MEMBER RENTAL Nell Fraser

JUN 21 SAT CAC LEADERSHIP MEETINGS CAC Trustees meet at 1pm and Board of Directors meets at 3pm in the Social Hall.

JUN 21-22 SAT-SUN HIKERS WEEKEND See Mar 15-16

JUN 23-28 MON-SAT MEMBER RENTAL Joan Ryan

JUN 30 MON MEMBER RENTAL MJ McKown

JUL 3 THUR MID WEEK WORK PARTY 9am - 2:30pm

JUL 11-12 FRI-SAT WEDDING
Suzanne Samuel and Dave Lewak

JUL 13-19 SUN-SAT SIERRA CLUB

JUL 13 SUN WORK PARTY EVENT 9am - 2:30pm

JUL 20 SUN CAC LEADERSHIP MEETINGS CAC Trustees meet at noon and Board of Directors meets at 2pm in the Social Hall. Quarterly meeting at 3pm. Everyone welcome. Dinner to follow.

AUG 7 THUR MID-WEEK WORK PARTY 9am- 2:30pm

AUG 23 SAT WEDDING Craig Gaines

AUG 31- SEP 6 B&B AND
BERKELEY FOLK DANCERS
See upcoming TRAILS for details

AUG 23 SAT WEDDING Craig Gaines

SEPT 9 THUR MID WEEK WORK PARTY 9am - 2:30pm

4 TRAILS FEBRUARY 2008

CAC HOLIDAY PARTY - APOLOGIES TO CLEMENT MOORE

T'was the 8th of December on a night cold and clear, The cars in the Club parking lot left no room for reindeer. The hor's douvers were presented, The bar was sublime,

The guests in their finest have caused me to rhyme. "Eighty-two tickets were sold!" I heard someone mention, The social hall looked like an Alpiner's Convention. The names of the reveler's were too numerous to reveal, But at twenty-two dollars, the price was a steal. The nations were there, I noted at a glance, There were people from Switzerland, Holland and France. The club was hung with amazing decor, More glitter, more color and ornaments galore. Helen, in the kitchen with her helpers so busy, Produced such a feast that near made me dizzy. So much eating and drinking and merriment by all, The scene by the fireplace held me in thrall. The moon as it rose on the pine trees that night, Gave a wondrous shine to a fabulous sight. From the top of the stairs to the fireplace below, It was a picture of festiveness -- in all quite a show! How merry, how fine, did the camaraderie show, All the members and guests were all quite aglow. The Alpine Club shown in its glory that night, A Happy Christmas to All,

— Renee Powers

MESSAGE ABOUT ALPINE LODGE FACILITY USE

And in all a very good night!

You may find it of interest that from the very inception of our facility use, we have spread the word that we will return calls within 48 hours. At the same time, the rental team has endeavored to check the reservation telephone message at least once a day and return calls immediately. There is good reason for the '48 hour' policy.

While this may not seem to be consistent, and may not seem to respond to our more spontaneous members, it does work for the volunteer team. We cannot guarantee an immediate return call. We all travel a lot and must alternate telephone monitoring schedules. Glitches can occur.

Members wanting to use the lodge do need to be patient. Some members want to get answers immediately to their reservation requests. We are trying to avoid the reoccurring problem of members getting anxious and then calling down the list of Trustees, calling the CAC president and anyone they can think of because they have not had an immediate response.

The rental team does a good job; it would be good to have one or two members in training for this important work. It is a big job and is best learned from experience. Please call Nancy Otto if you want to learn this job.

I hope that this bit of recent policy history helps.

- Ed Del Monte



CAC Holiday Party 2007. Charlene Schmidt, John Reardon' Helen Reardon, Jerry, Diane Shaw and Jan Mc Donald.



Renee Powers (left) and Rosemary Trowbridge

LOST WALKING POLES

On December 9, 2007, at around 3:30, Ricia Wise left two Leki collapsible walking poles between the sofa and the bookcase near the floor lamp in the area of the living room near a wall, under the window to the hallway.

If anybody has seen them or put them up someplace, would you mind calling Ricia to let me know? 510-710-1572 cell, 510-525-8268 home.

Thanks a lot, Ricia Wise 831 Stannage Ave., Albany, CA 94706

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

TUES JAN 1	10:00 a.m.	Ben Heldens	415-665-7274	2B
SUN JAN 6	10:00 a.m.	Don Rice	415-552-7274	2B
SUN JAN 13	10:00 a.m.	Margrit Gonzalez	415-472-4270	2B
*SAT JAN 19	10:00 a.m.	Bill Wise	415-584-5481	2B
*SUN JAN 20	10:00 a.m.	Eva Libien	415-383-5184	2B
SUN JAN 27	10:00 a.m.	Anne Good	510-526-6792	2B
SUN FEB 3	10:00 a.m.	Arlin Weinberger	415-4440611	2B
SUN FEB 3	10:00 a.m.	Arlin Weinberger	415-4440611	2B
SUN FEB 10	10:00 a.m.	Jamie Watson	415-515-9618	2B+
*SAT FEB 16	10:00 a.m.	Leaderless Hike		2B
*SUN FEB 17	10:00 a.m.	Ruth Tretbar	510-836-0108	2B
MON FEB 18	10:00 a.m.	Bob Smith	510-841-0402	2B
PRESIDENT'S DAY				
SUN FEB 24	10:00 a.m.	Jennie Bruyn	415-456-1877	2B
SUN MAR 2	10:00 a.m.	Erik Bodtker	415-884-0850	2B
SUN MAR 9	10:00 a.m.	Karl Baeck	415-459-6370	2B
		Co-Listed w/Sie	erra Club	
*SAT MAR 15	10:00 a.m.	Paul McKown	415-383-2774	2B
		Co-Listed w/Sie	rra Club	
*SUN MAR 16	10:00 a.m.	Bonnie Radest	415-897-0227	2B
SUN MAR 23	10:00 a.m.	Jack Leibman	415-674-4370	2B
SUN MAR 30	10:00 a.m.	Howard Ortman	415-456-5912	2B
SUN APR 6	10:00 a.m.	Hardy Dawainis	415-461-4431	2B
SUN APR 13	10:00 a.m.	Karl Baeck	415-459-6370	2B
SAT APR 19	10:00 a.m.	Marion Hazzard	415-661-6876	2B-
SUN APR 20	10:00 a.m.	Renee Powers	415-648-4440	2B
		& David Solbach		
SUN APR 27	10:00 a.m.	Taren Hamilton	415-378-4240	2B

IMPORTANT! RAIN CANCELS

1A HIKES (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M. 2B HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND 10:15 A.M. AT MOUNTAIN HOME. NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike. At Hike Leader's discretion, hikes may be split up.

Please note that an error was made in the October issue regarding start times. All November, December, January, February, March and April hikes will start at 10:00 a.m.

**Leaderless hikes meet at Alpine Club. Please select a leader from the group. LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com **Hikers' Weekends**: For supper and/or overnight arrangements, contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.net.

ALPINE LODGE TRUSTEES NOTES

Decorating the Lodge for the holidays has always been one of my favorite workdays of the year. What could possibly be better than to spend a cold, wintry day decorating our Lodge for the holiday season and to share a bowl of good, hot pea soup, garlic bread and a delicious dessert with friends, new and old

We had a great crowd for this pleasant task, almost too many to mention, but I will try anyway. In the prospective Member category we had Kimiae Klingstrom, Dave Chalk, Nicole Hirabayashi, Helen and Finn Siiteri and their daughter Kathi.

Kathi Freeman took charge of the decorations with the help of John Hannan, Mayme Harris, Don Mathews, Melanie Facen, Renee Powers, Lynn Pelletier, Elaine Dangler, Rosemary Trowsdale and most of our prospective members. Hans Schilling was busy in the basement producing enough kindling to last us the rest of the winter. With his talent for organization, Arnold Champagne made a good and long overdue effort to straighten out our basement workroom. It was good to have an expert carpenter like **David Solbach** there to help us with some much-needed repairs. Being there bright and early, Ed Del Monte had a number of fix-it tasks ready for Roger Diehnel, and as always, Nuala Caulfield worked her magic in the kitchen.

What we lacked on quantity, we certainly made up with quality at our January 3rd Work Party. We had a select and a very, very hardworking crew taking down Christmas decorations and cleaning our lodge that had been very heavily used and enjoyed through the holiday season. With her usual good spirit, **Jenny Bruyn** took on the Coordinator job from Hardy who was fighting a very bad cold and could not attend.

With the help our two prospective new members Ricia Wise and Craig Schroeder, Hans Schilling, Roger Diehnel, Kathi Freeman, Innes Bergman took on a job that would have been hard to complete with twice the number of helpers. By the time our gang left at 2.30 pm, fortified by a tasty lunch and a couple of bottles of good wine supplied by Jenny, the Lodge looked spic and span. The decorations were safely stored away for another year, bathrooms cleaned, the whole place swept and wet mopped, the laundry done, the fireplace cleaned, garbage can area straightened out, the kitchen sparkling, living room vacuumed and to crown it all, the pillows were all fluffed up!

THANK YOU GANG .WELL DONE
— Hardy Dawainis

IN MEMORIAM

A member of CAC since the 1950's Maralee Hosmer died on New Year's Eve, December 31, 2007, after an illness of two months.

Maralee (nee Cerri) first came to Alpine Lodge as a guest at a leap year party on February 29, 1952. She met her future husband, Ken Wiltz, that evening. The following year Ken became the President of CAC and he survives her. They were married in February 1956 and Maralee gave birth to two sons, Peter and Kevin, who also survive her, as do Kevin's wife Deann, and Maralee's two teen-aged grand daughters, April Elizabeth and Allysa Jayne Wiltz. Maralee is also survived by one brother, Richard Cerri.

Maralee was a most friendly person and generous with her time.

She hosted very many times at both of the club's lodges over the years. Maralee was known as a very happy person.

After divorcing Ken in 1986, Maralee married Robert Hosmer and they moved from Marin County to Sonoma County. Maralee became a widow when Robert died in January 2000 at their second home in Palm Springs.

Memorials in Maralee's honor may be made to the California Alpine Club, General Fund, P. O. Box 2180, Mill Valley, CA 94942-2180.

— Ken Wiltz

CAC HISTORIAN

Several people have asked about the stones in the fireplace in Hertenstein Hall. The fireplace was built at the same time the hall was added in 1952. The Alpine Club has a long history with the Federation of Outdoor Clubs, FWOC. They were part of the group when it was organized 75 years ago. I don't have the exact date, but that would be 1932. There were discussions at most CAC meetings regarding the issues the FWOC was considering. Harry Hertenstein was an active member. At the meeting in Eugene, Oregon in August 1935 Arthur Blake was elected Vice President for California. Harry asked the various Clubs to give a stone for the fireplace. Most of the many that came have a plaque with the name. Some are unique stones! Win Hayward has additional information. Mae Harms is our current delegate!

Verna West

PRESIDENT'S MISSING PHOTOS 1-5-2008

Slowly, but surely, we are being successful. Thanks to the Newman family, we have two more; Herbert Mauerhan and our first woman President, Emma Reiman (Baldwin). She was very active with Club activities and also ran in the Dipsea Race. I am enclosing the photo of her. There are only 11 more to go. ROGER GOULET, send me your photo!!

— Verna West, Historian



OUTINGS 2008 List is in progress Ano Nuevo February 11 Ruth Tretbar rtretbar@yahoo.com March 1 Paramount Theatre and Oakland Chinatown (or Old Oakland) Eva Pardee evapardee@pacbell.net **Fitzgerald Marine Reserve Tide Pools** April 13 Ros Carol@aol.com 650-592-9394 April 25-27 **Eel River Canoe and Kayak** Bob Hanson doctoroutdoors@comcast.net Rodin Sculptures at the Cantor Museum May Ann Schubert (May 30-June 1 Backpack trip out of Cherry Lake Lloyd Sawchuks sawchuks@comcast. net 925-937-5507 June Port of Oakland tour Kitty and Frank Locke FELocke@aol.com July Family camp mkmckown@mac.com Mary Kay McKown Base camp August **Bob Hanson** doctoroutdoors@comcast.net August Base camp Hubie Schaefer HubieSchaefer@vahoo.com Oct 11,12 Folsom Canoe Trip and Camp Bob Hanson doctoroutdoors@comcast.net and Dan Winkelman winkdan

SPRING SPA WEEK

Helen Alfredson and Mary Frey are hosting the Spring Spa Week from February 24th to March 2nd. There will be exercises before breakfast in the morning, a planned hike or activity every day with a bag lunch and plenty of time to just hang out around the lodge. Cost for members is \$22.00 per day or \$130.00 for the whole week. Cost for non-members is \$27.00 a day or \$160.00 for the whole week. Private rooms are avaiable at a cost of an additional \$5.00 per person.

Call Mary Frey at 415-492-2510 or email her at marymaryhiker@aol.com for further information. For reservations, send a non-refundable deposit of \$20.00 to Mary at 100 Thorndale Drive, Apt #251, San Rafael, CA 94903

- Michel Petak

-Ros Carol

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

Echo Lodge is blanketed in snow, so check the schedule below, contact the host(s), and head on up for some winter fun!

Winter/Spring Hosts: Openings in the Winter Schedule are: **Feb 27-29**, **Mar 2-7**, **Mar 11-13**, and **Mar 23-26**. Of course, there is plenty of time available in April through June for either hosted events or member rentals. Contact me if you would like to schedule any open times (my e-mail and phone number are above).

Summer/Fall Hosts: I am working on the schedule for Summer and Fall of 2008 (July-Dec). If you have requests for times that you would like to host, please contact me.

Sincerely, Cindy

Contact Cindy about the date/time of the next **Echo Lodge Trustees' Meeting.**

Winter/Spring Echo Summit Lodge Schedule:

JAN 31-FEB 3 THURS-SUN

Audrey & Mike Vaggione 408-865-1781 12747 Saratoga Glen Ct, Saratoga, CA 95070

audreyvw@pacbell.net

FEB 3-8 SUN-FRI HOSTED EVENT Edie Nelson 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

FEB 8-14 FRI-THURSHOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

FEB 14-18 THURS-MON PRESIDENTS' WKND

Monika Balsamo & Joan Ryan 707-539-2140 4841 Parktrail Dr, Santa Rosa, CA 95405 m_balsamo@earthlink.net **FEB 18-22 MON-FRI** MEMBER RENTAL Scott & Doris Palmer 650-948-0809

FEB 22-24 FRI-SUN HOSTED EVENT Pam & Garry Greever 530-677-5616 3200 Red Rock Ln, Shingle Springs, CA 95682

pamgreever@yahoo.com

FEB 24-27 SUN-WED MEMBER RENTAL Siegfried & Eike Linkwitz 415-924-0241

FEB 27-29 WED-FRI AVAILABLE FOR TRAINED HOSTS

FEB 29-MAR 2 FRI-SUN CO-OP MEALS Sonia Bastidas & Craig Schroeder 415-927-7415 110 Buena Vista Ave, Corte Madera, CA 94925 soniaebastidas@yahoo.com

MAR 2-7 SUN-FRI AVAILABLE FOR TRAINED HOSTS

MAR 7-11 FRI-TUES CHILDREN'S WINTER WEEKEND

Barbara and Mark Miglio 415-222-2440 336 Bon Air Ctr #286, Greenbrae, CA 94904 barb@marinx.com

MAR 11-13 TUES-THURS AVAILABLE FOR

TRAINED HOSTS

MAR 13-16 THUR-SUN FAMILIES SNOW / COOP MEALS WKND

Joan Ryan & John O'Sullivan 415-564-8507 2625 23rd Ave, San Francisco, CA 94116 joanryan@mac.com

MAR 16-18 SUN-TUES HOSTED EVENT

Joni Hyerle with 831-427-3839 Carl Duisberg & Laura Lindskog 132 Kennan St, Santa Cruz, CA 95060 jhyerle@yahoo.com

MAR 18-23 TUES-SUN HOSTED EVENT

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

MAR 23-26 SUN-WED AVAILABLE FOR TRAINED HOSTS

MAR 26-30 WED-SUN HOSTED EVENT Tom & Carol Coleman 707-992-0650 32 Live Oak Dr, Petaluma, CA 94952 travmcgee@comcast.net MAR 31-APR 25 AVAILABLE FOR TRAINED HOSTS

APR 25-28 FRI-MON MEMBER RENTAL
Tom & Carol Coleman 707-992-0650

APR 27-30 SUN-WED AVAILABLE FOR TRAINED HOSTS

MAY 16-18 FRI-SUN HOST APPRECIATION & TRAINING

Contact Cindy Toran 707-539-4396 toranski@aol.com

MAY 22-26 THURS-MON SPRING WORK & FUN PARTY

Reservations: Jim Nixon 650-756-7771 jimnixon2000@yahoo.com

JUN 20-29 (FRI-SUN) SPA WEEK
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

JUL 11-13 (FRI-SUN) DEFENSIBLE SPACE CLEARING

This is the weekend to pitch in and help keep defensible space around Echo Lodge clear in accordance with USFS guidelines to keep our Lodge safe from Forest fires. We need your help on this annual project! Note: The lodge will also be open as a hosted event (i.e., open to members not involved in brush clearing). Contact Tom Coleman 707-992-0650 32 Live Oak Dr, Petaluma, CA 94952 travmcgee@comcast.net

JUL 13-18 SUN-FRI HIKERS WEEK
Ben Heldens/Mayme Harris/Melanie Facen
Melanie Facen 415-492-0470

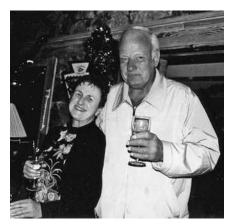
30 Golden Hinde Blvd San Rafael, CA 94903 mfacen@sbcglobal.net

JUL 27-AUG 3 (SUN-SUN) HOSTED EVENT

Barbara & Keith Crockett and 650-365-6280 Janice Riccomini 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

Watch for updates in future issues of TRAILS!

NEW YEAR'S CELEBRATION

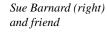


Carroll Pearson and Ken Judy



Craig Schroeder and Sonia Bastidas







THANKSGIVING CELEBRATION



Scott Smith scoups salad.



Tony Smith's turkey triumph!



Alli's Centerpiece.



Allison Deal does fixins.



The sumptuous feast is enjoyed by all!

TRAILS

issued monthly by the

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Carl Duisberg & Laura Lindskog Ski to Echo Lake, 12-20-07.

TRAILS NEWSLETTER ALERT

Please send articles for the March issue of TRAILS to editor, Angi Blackwell, at ablackwellca@earthlink.net, or via mail to 234 Lisbon St., CA 94112. Telephone 415-584-2586.

Angi should receive articles for the March issue no later than **February 5th**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the April issue of TRAILS will be Anita Cabrera, at aa_cabrera@msn. com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

— Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 84 March 2008 No. 2

ST PATRICK'S DINNER SATURDAY, MARCH 15, 2008

Nuala Caulfield will serve a delicious meal to celebrate St. Patrick's Day on Saturday, March 15th. Diners will enjoy hors d'oeuvres of smoked salmon and a selection of Irish cheeses on Irish soda bread. Dinner will consist of corned beef,

cabbage, potatoes, and carrots with onions in cream, together with a tossed green salad. For dessert there will be Irish coffee pie and grasshopper pie. Please join us for what should be a fun occasion. No host bar featuring Guinness

and Harp Lager will begin at 4:30pm followed by dinner at 6pm. The cost will be \$20 for members and \$23 for associate members. Overnight and breakfast the charges will be \$19 for members and \$27 for associate members. To make reservations, call Nuala at 415-992-6775 or email at ntcaulfield@msn.com by March 10th. Send checks payable to Nuala Caulfield at 1550 Bay Street, Apt. 320, San Francisco, CA 94123.

— Nuala Caulfield

PEARSON & DELMONTE TO RECEIVE TOP HONORS, APRIL 26 2008

Each year, the Distinguished Service Award is presented to two club members who have made the greatest contributions to the success of the organization. This year, we will recognize club president **Carroll Pearson** and Alpine Lodge chair **Ed Del Monte** with this recognition. The awards will be presented at the awards dinner following the annual meeting on April 26th.

Carroll has been a "mover and shaker" in the Club for the past several years. As publication chair, she edited TRAILS, did the yearly schedule, brought us successfully into the electronic age and generally did every big job that no one else could be found to take care of. One can not say too much about her devotion and dedication to our beloved club.

Top Honors... see page 10

HELP CAC PROVIDE ACCESS TO BALTIMORE CANYON

Let's preserve the former "Janis Joplin" property for future generations!

There is a unique opportunity to fulfill a thirty-year dream to allow public access to the Baltimore Canyon area of Marin County, which Bay Area Hiker calls "one of the prettiest places imaginable for a winter hike."

Thanks to the Lessin Family Trust, the Marin County Open Space District (MCOSD) has negotiated to purchase a portion of their property for a public access trail from the end of West Baltimore Avenue in Larkspur to the Baltimore Canyon Preserve, on what is known as the old "Janis Joplin property". Once purchased, this trail will provide public access to the wonders of Baltimore Canyon forever and always.

The Board of the CAC Foundation is enthusiastic in assisting the County and the Marin Conservation League in securing the \$360,000 funding for the purchase of this amazing half-acre. We need to raise the funds immediately as the deadline is March 29, 2008.

Supervisor Hal Brown and General Manager Sharon McNamee support the project and offer \$50,000 in seed funding from the County and Open Space District. But public funds are limited. Grant funds will also be pursued.

Time is if of the essence and the project goal may not be guaranteed without help right now. With you beside us-and everyone in our community pulling together-we will reach our goal as soon as possible!

We Alpine Club members can gain a great satisfaction in helping to keep this parcel for present and future generations. Our deadline is March 29 so we need to raise the funds soon. Your gift today will help provide public access to the beautiful open spaces in the Larkspur areas in the Larkspur area and Marin County forever. We hope you will consider donating to help preserve the "The Largest Half-Acre in the World," that provides public access to the wonders of Baltimore Canyon.

You can send your tax-deductible donation of \$50, \$100, \$250, \$1000 or other amount to the: California Alpine Club Foundation, c/o Jay Hallberg, 70 Greenwood Way, Mill Valley, 94941. Add a note referencing the Marin Conservation League/Baltimore Canyon Access Fund. The CACF will distribute funds.

Thank you for considering a tax-deductible donation to preserve the property for future generations!

— Kay Gillis

Director, California Alpine Club Foundation

TRAILS Editor ~ Angi Blackwell

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers: President Vice President Secretary Treasurer Registrar	Carroll Pearson Tony Smith Maureen O'Hara Sn Jean Findlay Shirley Anderson	408-736-9403 925-933-2403 hith 650-697-3846 916-285-6186 831-427-2722	pearsoncmp@aol.com joanne-tony@sbcglobal.net MissBrigid@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com
Board of Directo Val Floch John Hannum Eva Libien Jean Rodgers Onnie Taylor Lillian Young	rs:	408-255-3378 707-525-8108 415-383-5184 415-435-9383 415-648-6380 650-588-5689	vfloch@pacbell.net JRHannum@sbcglobal.net elibien@yahoo.com jrodg1218@aol.com onniet@earthlink.net lcyou@sbcglobal.net
Committee Chair Conservation Finance Historian Hike Leader	Jay Hallberg Dave Maier Verna West	415-383-1507 831-462-2764 650-854-6349	lareenie@yahoo.com dmmaier@pacbell.net 99swest@earthlink.net
Co-ordinator Innkeeper Co-ordinator Membership Outings Publications Sunshine Social Activities Parliamentarian	Eva Libien Selma Bomfim Laureen Novak Ros Carol Angela Blackwell Mary Maier Sonia Bastidas Jean Findlay	415-383-5184 415-381-4676 415-383-1507 650-592-9394 415-584-2586 831-462-2764 415-850-0464 916-285-6186	elibien@yahoo.com selmabomfim@hotmail.com lareenie@yahoo.com RosCarol@aol.com ablackwellca@earthlink.net mlmaier@pacbell.net soniaebastidas@yahoo.com ogrenfindlay@yahoo.com
Lodge Trustees Alpine Chair	Peter Beckmann '10 Jennie Bruyn '10 Hardy Dawainis '09 Ed Del Monte '08 Ruth Tretbar '08 Alpine	831-423-9242 415-456-1877 415-461-4431 707-528-7983 510-836-0108	beckmann@baymoon.com jennielbruyn@yahoo.com hdawainis@comcast.net edelmonte@delmontecito.com rtretbar@yahoo.com
Treasurer Calendar Echo Chair	Accommodations Melanie Facen Gerald Petak Cindy Toran '07 Tom Coleman '08 Edie Nelson '08 Jim Nixon '09 Ray Sommer '06	415-381-4975 415-492-0470 408-656-6817 707-539-4396 707-992-0650 831-423-5576 650-756-7771 415-472-1229	mfacen@sbcglobal.net alpinelodge1@yahoo.com toranski@aol.com travmcgee@comcast.net edieforsyth@hotmail.com jimnixon2000@yahoo.com ray@sommerworld.com
CAC Foundation Jay Hallberg, Pre Bill Meneguzzi Kay Gillis		415-383-1507 916-451-1523 415-456-2032	lareenie@yahoo.com bill.meneguzzi@gmail.com Kgillisgarden@aol.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angi Blackwell, Anita Cabrera, Carroll Pearson, Catherine Theilen Burke, Dan Schoenholz, Helena Troy, Patricia Boyd, Tom Mahood, and William

Contributors: Nuala Caulfield, Kay Gillis, Carroll Pearson, Laureen Novak, Shirley Anderson, Selma Bomfim, Gerald Petak, Dorsey McTaggart, Jim Nixon, Eva Libien, Tom Coleman, Cindy Toran, Win Heyward, Ros Carol, Verna Steele West, Bob Hanson and Angi Blackwell.

Correspondence: Please address correspondence concerning this publication to: Carroll Pearson, 1069 Rockefeller Drive, Sunnyvale, CA 94087-2010. CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE



Leadership Meeting Notes

We had an excellent turn out for the quarterly membership meeting on January 20, 2008. Thanks to all who came and participated. Also thanks to Onnie Taylor, who coordinated the quarterly dinner with help from Charlie Wirth, our chefs, Barbara and Keith Crockett, their daughter Janis Riccomini, and Allan and Julie Wofchuck.

of Directors meeting, the suggestion was made that Alpine and Echo Lodges should each pay a percentage of the overall insurance fees and income taxes based on the individual value of the properties. After investigation and discussion recently, the CAC Board recommended that there be no apportionment of these costs. CAC as an entity will pay all insurance and taxes. This will benefit Alpine Lodge in particular, as their insurance costs are significantly higher (about \$10,000) given the location of the property. The board and the lodge trustees are in the process of reviewing the specifics of our insurance replacement coverage.

The Finance Committee continues to struggle with getting our total CAC financial records (CAC, Alpine, and Echo) in proper order to support both the backup detail for income tax reporting for a non-profit organization and to provide much needed data for management decisions on financial matters. An overall budget for CAC is in process.

We have an active By-Laws committee; if you have suggestions for by-law changes, please contact John Hannum. See box to the left for his contact information.

Nominations

We are encouraging members to support the club by volunteering for one of the leadership positions. Please see the article in this issue of Trails for the vacancies that are available.

Dues Letter

As our annual dues are due April 1st of each year, you will soon see the letter in the mail - NO INCREASE IN DUES. Please look on the back of the letter and let us know of your interest and skills. We like to have this data on hand to be able to call on people when we are short of help. Checking the list does not mean that you are specifically volunteering, but have the skills to help in that area. Many thanks to the wonderful crew of volunteers that keep our lodges running, our events fun and interesting, the business conducted and the communication flowing.

- Carroll Pearson

MEMBERSHIP REPORT

March 2008

There are no new members for this month. The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS:

John & Jana Shober, Anthony & Mary Lee Bronzo, Jack Batsel, Pentti & Helen Siiteri, Kati Siiteri, Sue Gibbons, Kimiae Klingstrom.

Laureen Novak, Membership Chair

DOCUMENTS ON WEB SITE

We will soon have documents like the minutes of meetings posted on our web site, calaplineclub.org. Reviewing these documents is a good way to keep up with the operation of the club. If you would like to see the minutes electronically, before they are available on the web site, please send me a note at pearsoncmp@aol.com. They are in MS Word format.

Carroll Pearson

REPORT ADDRESS AND EMAIL CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone, and email (particularly email, which changes much more frequently.) Shirley Anderson can be reached at Shirl@cruzio.com (email preferred) or 831-427-2722 or by mail at 203 Sunlit Lane, Bonny Doon, CA 95060-9661.

Shirley Anderson

EMAIL UPDATES NEEDED

If your name is on this list...your email is bouncing. Please contact the Registrar to update your email at shirl@cruzio.com.

Sy Siatos	siatost@aol.com
Regina Andreasson	gandras@cablespeed.com
Wayne Koerting	koer@coastside.net
Irving Rubin	irvingrubin@comcast.net
Yvonne Stevens	yvonnest@dcn.org
Barbara Bourns	bebarbe@earthlink.net
Maria Hikima	sagehikima@earthlink.net
Ursula Dupree	ursdupree@earthlink.net
James W. Higgins	alpineclub@jwhiggins.com
James Letcher	jjl@mcihispeed.net
Randall McKinney	randallmck@mindspring.com
Vital Schoeb	vitsch@msn.com
Chris Kangas	shell814@pacbell.net
Michelle Scott	mvaggione@pensionspecialists.com
Cheyrl Wilson	cherylca@sbcglobal.net
Mark Korte	mkorte@sbcglobal.net
David Jacobson	djjacob@stanford.edu

Shirley Anderson

ALPINE LODGE SUNDAY INNKEEPERS

March 02	Ulla Pettersson	415 821 1858
March 09	Nancy Waldeck	415 552 5836
March 16	Eva Libien	415 383 5184
March 23	Ellen Hoyer	415 479 0259
March 30	Jennie Bruyn	415 456 1877
April 06	Leslie & Mary Will	415 751 6469
April 13	Charles Perry	510 215 9585
April 20	Nancy Waldeck	415 552 5836
April 27	Vicki Olds	415 221 2830
May 11	Sue Barnard	510 524 1090
May 18	Onnie Taylor	415 648 6380



BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sat, Mar 15, 2008 Nominations Committee Meeting at 2:30 pm.

Board of Directors Meeting at 3 pm.

Sat, Apr 26, 2008 Board of Directors Meeting at 2 pm.

Annual Membership Meeting at 3pm.

Awards Dinner to follow.

Sat, May 17, 2008 Board of Directors Meeting at 3pm.

Sat, Jun 21, 2008 Board of Directors Meeting at 3pm.

If you have any questions or wish to have an item on the agenda, contact **Carroll Pearson** at pearsoncmp@aol.com or call 408-736-9403. Members are welcome at board meetings.

— Carroll Pearson

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP-TO-THE-MINUTE LISTINGS, GO TO WWW.CALALPINECLUB.ORG AND CLICK ON THE MEMBERS PAGE. CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM FOR THE USER ID AND PASSWORD.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

MAR 6 MID WEEK WORK PARTY

Coordinator: Ruth Tretbar. 9am-2:30pm Join CAC members at this spring work party. There will be many housekeeping and gardening tasks, a hearty lunch, and good conversation. Please contact Ruth at 510-836-0108 or rtretbar@yahoo.com to let her know you are coming.

MAR 8 SAT MTIA ANNUAL MEETING

MAR 15 SAT CAC LEADERSHIP MEETINGS

MAR 15-16 HIKERS' WEEKEND ST. PATRICK'S DAY EVENT

See article on page 1.

MAR 21-22 FRI-SUN MEMBER RENTAL Constance Bernstein

MAR 29 SAT MEMBER RENTAL Pia Anderson

APR 3 THUR MID WEEK WORK PARTY Coordinator: Peter Beckmann 9am-2:30pm Contact Peter at 831-423-9242 or beckmann@baymoon.com

APR 4-5 FRI-SAT HOST TRAINING Coordinators, Alpine Lodge Trustees

APR 13 SUN WORK PARTY
Coordinator: Roger Diehnel 9am-2:30pm
Contact Roger at 415-713-5519 to let him know
you are coming.

APR 13-19 SUN-SAT SIERRA CLUB RENTAL

M J McKown

APR 19-20 HIKERS' WEEKEND Happy Hour at 4:30 p.m. BYB and an appetizer to share. Dinner, salad and dessert at 6 pm.

Members \$8. Associates \$11. You are invited to spend the night at the lodge with breakfast Sunday morning. Members \$19. Associates \$27. Contact Diane Smith at dianesmith1776@ sbcglobal.net or 925 935-2869. Mail check payable to Diane at 143 Sierra Drive, Walnut Creek, CA 94596-4792.

APR 26 SAT CAC LEADERSHIP MEETINGS

ANNUAL CAC MEMBERSHIP MEETING ANNUAL AWARDS DINNER MEETING

CAC Foundation Members meet at noon. Alpine Trustees meet at noon. Board of Directors meet at 2pm in the Social Hall. Annual Membership meeting at 3pm. This is a popular event, so reserve early. See Top Honors article on page 10 for dinner/overnight/breakfast reservations.

MAY 1 THUR MID WEEK WORK PARTY 9am - 2:30pm Coordinator TBD Overnights possible. Check with coordinator.

MAY 2-3 FRI-SAT
Jean Darrah/Robinson

MEMBER RENTAL

MAY 9-10 FRI-SAT MEMBER RENTAL Rob Randig

MAY 13-16 TUE-FRI SOLO SIERRANS Susan Barnard.

MAY 17 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm and Board of Directors meets at 3pm in the Social Hall.

MAY 17-18 HIKERS' WEEKEND See April 19-20.

MAY 21-26 WED-MON MEMBER RENTAL Cheryl Edmonds

JUN 1-6 SUN-THUR MEMBER RENTAL Anita ehnder

JUN 5 THUR MID WEEK WORK PARTY 9am - 2:30pm

JUN 15 SUN MOUNTAIN PLAY ASSOC

JUN 16-19 MON-THUR MEMBER RENTAL Nell Fraser

JUN 20 FRI MEMBER EVENT M J MCKOWN

JUN 21 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm and Board of Directors meets at 3pm in the Social Hall.

JUN 21-22 SAT-SUN HIKERS WEEKEND See April 19-20.

JUN 23-29 MON-SUN MEMBER RENTAL Joan Ryan

JUL 3 THUR MID WEEK WORK PARTY 9am - 2:30pm JUL 11-12 FRI-SAT
Suzanne Samuel and Dave Lewak

JUL 13 SUN WORK PARTY EVENT

9am - 2:30pm

JUL 13-19 SUN-SAT SIERRA CLUB

JUL 19-20 SAT-SUN HIKERS' WEEKEND See April 19-20. Contact Tony Smith at joannetony@sbcglobal.net or 925-933-2403.

JUL 20 SUN ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at noon and Board of Directors meets at 2pm in the Social Hall. Quarterly meeting at 3pm. Everyone welcome. Dinner to follow.

AUG 7 THUR MID-WEEK WORK PARTY

9am- 2:30pm

AUG 16-17 HIKERS' WEEKEND See April 19-20.

AUG 23 SAT WEDDING Craig Gaines

AUG 31- SEP 6 B&B AND
BERKELEY FOLK DANCERS

See upcoming TRAILS for details

SEPT 9 THUR MID WEEK WORK PARTY Coordinator: TBD 9am - 2:30pm

MUSIC AND RHYTHM AT THE FEBRUARY ALPINE CLUB WORK PARTY

Before 9:30 am on February 7th, Jennie Bruyn's work teams had chosen their respective chores and were energetically underway, fortified with the fruit, breakfast pastries and gourmet coffee that greeted the crew of twenty-one as they arrived. Whether from the social hall music or the rhythm of their hearts, this group was motivated.

A musical mood was set immediately in the club's grand hall when the Italian lyrics of Paolo Conte (composer, singer, pianist of the same generation as many of those present on this occasion) infused the grand hall and accelerated the enthusiasm of Innes Bergman and Karl Baeck, who washed windows and tables.

Music... continued on page 5

Music... continued from page 4

Alpine Club volunteer habitué **Melanie Facen** with prospective member and willing worker **Jean Kramer** tidied the bathrooms, dining area, dorms and lounge of the main building while **Jennie Bruyn**, doing double duty, industriously cleaned the fireplace to create the sumptuous midday feast that was to follow. She was skillfully supported by **Carol Bodtker**, who helped by preparing delectable roast potatoes and chopping, slicing, spicing, and otherwise ably assisting with Jennie's well-orchestrated carte du jour.

Energy from inside surely wafted onto the soft breeze from the open door to the ever-true-to-the-club's interests **Ben Heldens** and **Hans Schilling**. They scoured the barbecue cooker piece by piece to provide the best grillin' and smokin'ever. Working in harmony as the siblings they appear to be but are not, Hans and Ben continued with other tasks, including but not limited to hosing the deck. A bit of horseplay from Hans startled the smooth tempo for just a few moments with a directed blast of water from the hose to the window that Innes was washing on the other side. On the wider expanse of the deck **Mary Foote** stuck to her task for several hours, ultimately offering a commendable complement to the impressive work of her male counterparts at the barbecue grill.

In the interim Trustee **Ed Del Monte** moved from the music-infused social hall to the sun-blessed outdoors, offering assistance en route. What bustle from the bunch outside beheld him on the grounds around and alongside the club and down the stairs to the Tam building and surrounding it! New members **David Gibson** and **Morgan Evans** demonstrated a prowess that clearly wasn't restricted to their 3-C mountain hiking ability. Armed with vacuums, Windex and brooms, **Morgan** and **Mayme Harris** tackled the Tam building with gusto, spiffing up the rooms to reflect the energy with which they approach any task they've been assigned. Soon afterwards they were witnessed amidst the active landscape maintenance crew. David was amongst those who cleared the grounds and helped supply **Arnold Champagne** with the wood from which he was expertly creating a neat pile of kindling.

Neatness was not pervasive or possible, however, in the early stages of cutting large branches and smaller twigs from trees along the path. Dauntless Duo Erik Bodtker and Kathi Freeman, along with Edna Trim, cut enough out-of-control tree appendages to make the path to the Tam building a safer one for all. The cuttings contributed to the initial disorganized collection of snipped plantings from the eclectic garden; by midday, however, the workers' painstaking efforts and those of inimitable members Donna Rice and Gus Raney resulted in restoration of a more secure, orderly and attractive landscape.

While all this cacophony of diverse tasks was occurring, **Tom Foote**, like his wife Mary, set a steady tone, sweeping, clearing and cleaning without interruption the rear and side areas of the main building.

Was it mere happenstance that retired fireman Karl Baeck and man of many talents **Roger Diehnel** were on hand when the fire inspector showed up to make his annual inspection? Roger, incidentally, later treated those working in the social hall with bouncy, all-too-brief chord playing on the club's 88-toothed keyboard.

Paolo Conte and the piano rendition from Roger aside, the most alluring music to the workers at noon came from the cowbell announcing the tasty and tastefully displayed luncheon arranged by the club's gourmand hostess of the day. A soft, undulating cadence of ooh's and aah's echoed into the kitchen as the dishes arrived to each table. Atop a bed of mildly dressed spring greens Jennie set two crab cakes, decorating each, respectively, with a spoonful of mango salsa and a spicier dollop of finely chopped tomatoes, onions and chilies. Ginger cole slaw, and Carol's delicious roasted potatoes flanked the cakes. Rolls, organic lemonade, and, ah, bottles of Sauvignon Blanc and Pinot Noir were set on each table for the choosing. And, guess what, all this was topped by gourmet coffee, tea, and an almond torte and apple torte from, of all places, 4 1/2 –star Schubert's Bakery on Clement Street in San Francisco.

Harmony in all its significance set the tone of the day. As all the volunteers left the building, the atmosphere of the Alpine Club was filled with the best music of all, the cheerful sound of its members, satisfied with a job well done.

- Dorsey McTaggart

CAC NOMINATIONS REPORT

Your Nominating Committee is planning to nominate people for the following positions for the 2008 fiscal year (May 2008 through April 2009). New position members or vacant positions are shown in bold:

Officers

President of the CAC Board – John Hannum Vice-President of the CAC Board – Tony Smith will serve, but would like replacement Treasurer – Jean Findlay will serve Registrar – Shirley Anderson will serve Secretary – Helena Troy will serve

Members of the Board of Directors – 6 members

Past President – Carroll Pearson Jean Rodgers will serve Mae Harms will serve Vicki Olds will serve Vacant Vacant

Alpine Lodge Trustees

Hardy Dawainis will serve '09 term Peter Beckmann will serve '10 term Jennie Bruyn will serve the '10 term **Eva Libien will serve the '11 term Vacant** for '11 term

Echo Trustees will continue to serve

Chairpersons

Conservation – Jay Hallberg willing to serve Finance – Dave Maier willing to serve Historian – Verna West willing to serve Membership – Laureen Novak willing to serve Outings – Ros Carol willing to serve Parliamentarian – Jean Findlay willing to serve Publications - Angela Blackwell working on replacement Social Activities Chairperson – Sonia Bastidas willing to serve Sunshine – Mary Maier willing to serve

2008 Nominating Committee

Jim Nixon – Chair Ruth Tretbar Susan McCarthy Ernie Pitz Bob Hanson

Please contact **Jim Nixon** at jimnixon2000@yahoo. com or 650-756-7771 if you would be willing to serve or wish to nominate someone.

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

PRESIDENT'S DAY				
SUN FEB 24	10:00 a.m.	Jennie Bruyn	415-456-1877	2B
SUN MAR 2	10:00 a.m.	Erik Bodtker	415-884-0850	2B
SUN MAR 9	10:00 a.m.	Karl Baeck	415-459-6370	2B
*SAT MAR 15	10:00 a.m.	Paul McKown	415-383-2774	2B
		Co-Listed w/Sierra Clu	ub	
*SUN MAR 16	10:00 a.m.	Bonnie Radest	415-897-0227	2B
SUN MAR 23	10:00 a.m.	Jack Leibman	415-674-4370	2B
SUN MAR 30	10:00 a.m.	Howard Ortman	415-456-5912	2B
SUN APR 6	10:00 a.m.	Hardy Dawainis	415-461-4431	2B
SUN APR 13	10:00 a.m.	Karl Baeck	415-459-6370	2B
SAT APR 19	10:00 a.m.	Marion Hazzard	415-661-6876	2B-
SUN APR 20	10:00 a.m.	Renee Powers	415-648-4440	2B
SUN APR 27	10:00 a.m.	Taren Hamilton	415-378-4240	2B
SUN MAY 4	9:30 a.m.	Paul McKown	415-383-2774	2B
SUN MAY 11	9:30 a.m.	Howard Ortman	456-5912	2B
SAT MAY 17	9:30 a.m.	Marion Hazzard	415-661-6876	2B-
SUN MAY 18	9:30 a.m.	Bonnie Radest	415-897-0227	2B
SUN MAY 25	9:30 a.m.	Carol Bodtker	415-884-0850	2B
MON MAY 26	9:30 a.m.	Diane Smith	925-935-2869	2B
Memorial Day				
J				

IMPORTANT! RAIN CANCELS

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) SIERRA CLUB LISTING WILL LEAVE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

NOTES:

All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice.

All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415/383-5184 or elibien@yahoo.com
Hikers' Weekends: For supper and/or overnight arrangements, contact
Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net

ECHO WORK PARTY THURSDAY MAY 22- MONDAY MAY 26

The Echo Summit Lodge Spring Work Party is coming up. The dates are Thursday May 22nd, through Monday, May 26th, which happens to be Memorial Day. For the last few years, the Lodge has been cleaned up and made ready for the winter/summer season by a hardy but unfortunately, small group of volunteers.

The by-laws of our club say that all members are required to sign-up every year for some kind of volunteer effort, whether at Echo or Alpine. The officers and trustees give of their time freely. We have 50 or so members who always show up to lend a helping hand. My question to the Club is: where are the rest of the 900-plus members come volunteer-time?

Do you use Alpine and Echo? Do you come up and do a private rental, or go up when someone is hosting, and spend a weekend skiing or hiking? Then you need to do your part to keep the Lodges operating smoothly.

Bedding needs cleaning, or it gets very funky. Same for all the carpets. Grease in the stove vent...gotta be cleaned, or we'll have a grease-fire. Logs for the wood stoves to keep us warm and toasty all winter? Someone's got to go find it, cut it, split it, and store it. Or the Club will have to start subbing out all these chores, and then there will need to be a dues increase, which is always unpopular.

Everybody's busy with their own lives. That's understood. But try to make time to volunteer for the work parties. Ask someone who's done it. It's actually very fulfilling, and a lot of fun. Especially when the masseuses arrive at the end of the day!

So call Jim Nixon to sign up for the Spring Work Party at Echo. The phone number is: 650-756-7771. We'll see you there!

—Tom Coleman

IN MEMORIAM -Ernest Emig

CAC member Ernest Emig died January 1, 2008. Ed was an active member of the Alpine Club who regularly attended CAC folk dance parties and canoe trips.

The following excerpt is from the San Francisco Chronicle:

"Ed was a retired SFUSD school teacher with master's degrees in education and industrial arts, and a retired US Army veteran of the Korean War. He truly loved nature and hiking the great outdoors. He especially enjoyed the many times he spent in Yosemite National Park hiking the John Muir Trail, and the many days that he spent each year hiking the trails of Mt Tamalpais in Marin County.

Online condolences may be offered at www.vmpandco.com."

— Win Hayward

CAC IS A VERY SPECIAL FAMILY

There has been so much snow at Echo Lodge this year, I was excited to be heading up for a week of skiing starting January 21st, the Martin Luther King Holiday. And what a week it was! The snow was powdery, just deep enough to be fun but not so deep that it brought those of us used to "Sierra cement" to a grinding halt. Each day brought several inches of new powder to keep the slopes fresh, and the weather was cold enough to keep the snow soft all day but not so frigid that it drove you into the warming hut. I was feeling so lucky to have chosen such a prime week for a ski vacation from work.

By the weekend the lodge was filled with CAC families. There were 14 children aged 3 to 15 along with 16 adults. The children were busy making new friends and reconnecting with old friends. Parents were doing their best to keep the children busy and happy. On Saturday, I planned one last day on the slopes of Heavenly for the week. It turned out to be the last one for the season! Alas, after lunch I made a bad move, caught an edge, flew across a cat walk, skis snapped off, and I landed most ungraciously. When I tried to get up to put my skis on to continue down the hill, my leg refused to move! My good friend, **Bob Henry**, was right there and summoned the Heavenly Ski Patrol who guickly took me down the mountain on a toboggan after verifying that it was only my leg that was a problem. Kaiser Permanente decided I should be brought back home to Santa Rosa for surgery on my broken femur, just above the right knee. They sent a small plane to pick me up at South Lake Tahoe Airport, and I was at the emergency room in Santa Rosa by 10 pm.

One other detail, I was Host for the week at Echo. How fortunate I was to have **Shelly Navine** and **Bob Henry** as well as **Karen** and **Jerry Wagner**, all experienced hosts, as part of the group! They communicated the situation to our Echo families, kept the operation going, organized the Sunday lodge clean up, and final billings. They even packed my belongings into my car and drove it to my driveway in Santa Rosa. Everyone at the Lodge pitched in to complete the tidy-up tasks, including the children! The children also made some very creative get well cards comparing the hospital to a jungle. I was so touched by the outpouring of concern and good wishes!

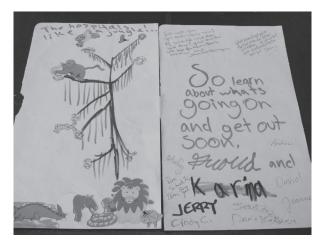
I reflect on the sense of family and community that came together when it was needed at Echo Lodge. I truly thank all of these very special CAC families and hope to see you back at the snow next year:

— Cindy Toran

P.S. Ten days after surgery, in which a rod was inserted into the center of the femur, I am feeling much improved and swelling has subsided, with still a long way to go until the next ski season. I should be on crutches for 3 months and will then probably have to learn to walk/hike again. My home caregivers, husband Russ, daughter Lisa, and son-in-law Miguel, are top notch! Also, fortunately for me I have a job that can be performed largely from home with a computer hookup. I am sitting in a recliner with a board across the arms as a table, which holds my laptop. On each side of the recliner are small tables with files, telephone, and supplies. I was back to work Thursday after surgery on Sunday! What a world of modern technology! Thanks to all of you for the cards and get well wishes!



Get Well card created for Cindy by children at Echo Lodge



ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

The snow gods have been bountiful this season, and there is still plenty of winter left in the Sierras. Echo Lodge has many hosted events scheduled. Enjoy our mountain retreat before the spring thaw--contact the host(s), and head on up for some late winter fun!

Summer/Fall Hosts and Hosts-in-Training: I still have openings for Spring through Fall of 2007. Open times in Summer are noted in the schedule below. If you would like to host a session or schedule a member rental, please contact me.

Host Appreciation and Training is scheduled for May 16-18 for anyone who wants to learn the art of hosting or for veterans to get a refresher on the latest changes at Echo while enjoying a leisurely weekend. Contact me to sign up.

Sincerely, Cindy

The next Echo Lodge Trustees' Meeting will be held Sunday, April 6th, 10 AM, at Jim Nixon's home. Contact Jim at 650-756-7771 if you would like to attend.

Winter/Spring/Summer Echo Summit Lodge Schedule:

FEB 29-MAR 2 FRI-SUN CO-OP MEALS Sonia Bastidas & Craig Schroeder

415-927-7415

110 Buena Vista Ave, Corte Madera, CA 94925 soniaebastidas@yahoo.com

MAR 2-7 SUN-FRI HOSTED EVENT Edie Nelson 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

MAR 7-11 FRI-TUE CHILDREN'S WINTER WEEKEND

Barbara and Mark Miglio 415-222-2440 336 Bon Air Ctr #286, Greenbrae, CA 94904 barb@marinx.com

MAR 11-13 TUE-THUR AVAILABLE FOR TRAINED HOSTS

MAR 13-16 THUR-SUN FAMILIES SNOW / COOP MEALS WKND

Joan Ryan & John O'Sullivan 415-564-8507 2625 23rd Ave, San Francisco, CA 94116 joanryan@mac.com

MAR 16-18 SUN-TUES HOSTED EVENT Joni Hyerle with 831-427-3839 Carl Duisberg & Laura Lindskog 132 Kennan St, Santa Cruz, CA 95060 jhyerle@yahoo.com

MAR 18-23 TUE-SUN
Karen & Jerry Wagner
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

MAR 23-26 SUN-WED AVAILABLE FOR TRAINED HOSTS

MAR 26-30 WED-SUN HOSTED EVENT Tom & Carol Coleman 707-992-0650 32 Live Oak Dr, Petaluma, CA 94952 travmcgee@comcast.net

MAR 31-APR 25 AVAILABLE FOR TRAINED HOSTS

APR 25-28 FRI-MON MEMBER RENTAL Tom & Carol Coleman 707-992-0650

APR 28-MAY 16 AVAILABLE FOR TRAINED HOSTS

MAY 16-18 FRI-SUN HOST APPRECIATION & TRAINING

Contact Cindy Toran 707-539-4396 toranski@aol.com

MAY 22-26 THUR-MON SPRING WORK & FUN PARTY

Reservations: Jim Nixon 650-756-7771 jimnixon2000@yahoo.com See article on page 6.

MAY 27-28 TUE-WED MEMBER RENTAL Mae Harms 530-333-1058

JUN 6-8 FRI-SUN MEMBER RENTAL Mary & Roger Rigney 916-985-7351

JUN 11-15 WED-SUN CONSERVATION BENEFIT AND BIRDING WEEKEND

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

JUN 15-20 SUN-FRI AVAILABLE FOR TRAINED HOSTS

JUN 20-29 (FRI-SUN)
Helen Alfredson
805-647-5407
109 Stardust Ln, Ventura, CA
hjalfredson@yahoo.com
SPA WEEK
805-647-5407

JUN 29-JUL 6 AVAILABLE FOR TRAINED HOSTS

JUL 6-11 SUN-FRI HIKERS AND COOP MEALS WEEK

Edna Trimm 415-456-5557 P.O. Box 213, Fairfax, CA 94978 etrimm@sbcglobal.net

JUL 11-13 FRI-SUN DEFENSIBLE SPACE CLEARING

This is the weekend to pitch in and help keep defensible space around Echo Lodge clear in accordance with USFS guidelines to keep our Lodge safe from Forest fires. We need your help on this annual project! Note: The lodge will also be open as a hosted event (i.e., open to members not involved in brush clearing). Contact Tom Coleman 707-992-0650 32 Live Oak Dr, Petaluma, CA 94952 travmcgee@comcast.net

JUL 13-18 SUN-FRI HIKERS WEEK Ben Heldens/Mayme Harris/Melanie Facen Melanie Facen 415-492-0470 30 Golden Hinde Blvd, San Rafael, CA 94903 mfacen@sbcglobal.net

JUL 18-25 FRI-FRI HOSTED EVENT Kathy & Bill Faherty 707-539-7081 5420 Gates Rd, Santa Rosa, CA 95404 Kfaherty@mac.com

JUL 25-27 FRI-SUN CO-OP MEALS WEEKEND

Sonia Bastidas & Craig Schroeder 415-927-7415 110 Buena Vista Ave, Corte Madera, CA 94925 soniaebastidas@yahoo.com

JUL 27-AUG 3 SUN-SUN HOSTED EVENT

Barbara & Keith Crockett and 650-365-6280 Janice Riccomini 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

AUG 3-7 SUN-THUR HOSTED EVENT Jim Nixon & Jan McCulloch 650-756-7771 Shelly Navine & Bob Henry 50 Seacrest Ct, Daly City, CA 94015 jimnixon2000@yahoo.com

AUG 7-10 THUR-SUN HOSTED EVENT Lillian Young & Genie Frye 650-588-5689 3650 Sneath Ln, San Bruno, CA 94066 lcyou@sbcglobal.net

AUG 10-15 SUN-FRI AVAILABLE FOR TRAINED HOSTS

Watch for updates in future issues of TRAILS!

8 TRAILS MARCH 2008

SNOWED IN AT ECHO SUMMIT LODGE 1/27-2/5 2008

It was reliving the old days at Echo last week. My youngest daughter, Audrey Vaggione, scheduled to host January 30th to Feb 3rd agreed to go early and take over from Cindy Toran on Sunday the 27th. We were making good time, turning off Highway 50 onto "our" Echo Lake Road, pleased it had been plowed until abruptly at the Snow Park, we found deep snow! After several unsuccessful attempts it was decided to leave the car at the Snow Park and not risk getting it stalled in the road and obstructing the snow plow. We walked in! Judy and Audrey went back twice with toboggans for necessities.

Due to Cindy's skiing accident, and not being sure just when we would arrive, the previous hosts had thought it best to close down the Lodge on the 27th, asking all guests to leave and take all their belongings with them.



Craig Schroeder digs out at Echo Lodge, while Judy West enjoys the view from inside



Snowbound cooks Audrey Vaggione, Mary Martin, Lynn Zachreson and Karen Ebodi whip up a fine feast

followed in the Caravan. On Monday Dan spent 4 hours attempting to clear the road with the snow blower. No success. The women shoveled the fire escapes, the path to the kitchen, the access to the garbage container etc. The plow came at 8:30 on Tuesday morning and the Lyons left. Judy & Audrey took turns driving in and out to keep the road open.

We had a week of good food, stormy weather, alternating howling blizzards, brief clearing, light snowfall, and cold: about 32 degrees in daytime. Judy and Audrey were able to ski two days in dry powder snow: perfect! Snow plows came 3 times during the week.

On Friday night people were able to get in for a total of 20 including Audrey's husband Mike Vaggione, two sons and a friend. On Saturday it snowed. Most people skied, but it kept snowing.

However, by Sunday we were snowbound! We ate breakfast, fixed lunches, vacuumed, mopped cleaned and waited for the snow plows. Our 13 men (including nine UC Berkeley and high school students, two of them new members) plus most of the 7 women (not me!) started shoveling out in front of the cars, and up the hill. One car and a four-wheel drive truck with chains on all four wheels, made it to the top of the hill, but called for help and backed down. Craig Schroeder shoveled away the snow that was covering two of the windows. Audrey improvised dinner with the Shepherds Pie that Sonia Bastidas had stored in the freezer for her weekend and other food from the pantry. Incoming Hostess Edie Nelson and her group were snowed out of course in motels down at South Tahoe. A few skied in and brought some of her supplies, but skied back out to move their cars.

The Lyon family had planned to stay over with us and had gone skiing. Fortunately

their SUV was able

to make it back to the Lodge and my girls

On Monday, there were still no snowplows, though they were promised. By now our work crew was less enthusiastic about shoveling. They were all packed and ready to go, missing school, jobs, airline flights and appointments. I was impressed that everyone stayed calm, cooperative and helpful.

We waited until late, but prepared another dinner with mostly food from the pantry: macaroni and cheese, spinach, pineapple upside-

down cake and a few of Edie's sausages. Most went to bed before 11:00. Just past midnight the rotary plow came in. I did not go downstairs, but the place erupted in activity. All but Judy and I and Karen Ebodi left for home about 2:00 AM.

Tuesday morning was absolutely gorgeous, with sunshine, deep snow, Lake Tahoe in the distance and the Mt Rose range snow covered. The Angora Ridge fire burned area was clearly



David Muller and Grant Vaggione work on high school homework

visible. Karen decided this was a rare opportunity to ski in these conditions and was probably the first one up the lift at Sierra. Judy and I stayed to keep the place warm for Edie and other long-time members and enjoyed her breakfast.

We left at about 11:30, with no traffic, and the highway clear. After one stop for fuel, I made it home at about 4:30 pm.

—Verna Steele West



Derek snowboards off the rockpile

TRAILS

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936 P.O. Box 2180 Mill Valley CA 94942-2180

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CANOE OREGON MAY 20, 2008

The John Day River in Eastern Oregon is beckoning club paddlers. We will paddle the river for five days beginning Tues. May 20th. Plans call for renting a support raft to carry part of the gear. The section of the river we will travel through has a few class II rapids, so previous river canoeing experience is mandatory.

The river basin is world famous for its fossil beds and petrified wood. Since the trip will be limited to 15 participants, a raffle for the spots may be necessary. If you are interested, please send a check for \$25 to trip leader **Bob Hanson** at 2600 Saklan Indian, #3, Walnut Creek, CA 94595. If you have questions, call Bob at 925-944-3366 or send him an email at doctoroutdoors@comcast.net.

- Bob Hanson

Top Honors... continued from page 1

Ed Del Monte, a contractor by trade, has been responsible for major improvements at Alpine Lodge since he took over the chairmanship. He inherited a building with major deferred maintenance problems and has brought it up to a point where it is now very sound. During his tenure as chair, the host program was established and we can all be proud of how smoothly the lodge operates.

Peter Beckman will be preparing the dinner on the night of the awards: April 26th, with help from **Sonia Bastidas**. **Susan Mc Carthy** will prepare Sunday breakfast the following morning. Dinner prices are \$20 (\$25 associate members); overnight is \$15 (\$20 associate members) and breakfast is \$7 (\$10 associate members).

To make your reservations, contact **Mae Harms** at 5941 Garden Park Drive, Garden Valley, CA 95633-9514, telephone 530-333-1058 email maeharms@mindspring.com . Chances are it will be a sold-out event.

— Bob Hanson

TRAILS NEWSLETTER ALERT

Please send articles for the **April** issue of TRAILS to editor, **Anita Cabrera**, at aa_cabrera@ msn.com, or via mail to 430 Ellsworth Street, San Francisco, CA 94110. Telephone 415-206-9152.

Anita should receive articles for the April issue no later than March 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **May** issue of TRAILS will be **Helena Troy**, at hmtroy@aol.com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

— Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 84 April 2008 No. 3



LABOR DAY FAMILY CAMP

Come join us at Family Camp at Camp del Oro this Labor Day weekend, Saturday through Monday, August 30-September 1. Located on the lovely Lake Vera near Nevada City and close to the Yuba River, Camp del Oro offers paddleboats, canoes, and kayaks, as well as a large swimming pool, climbing wall, and grass-covered sports field. Some activities planned may include (but not be limited to) archery, fitness-awareness, square dancing, campfire skits, a sing-a-long, and stargazing. Camp accommodations range from open cabin and tent sites to several cottages, satisfying all levels of ruggedness, as well as a dining hall and renovated bathroom and shower facilities. Co-hosted by Joan Ryan and Mindi Canner, this promises to be a great weekend for all ages. For reservations and volunteer opportunities, please call Mindi at 415-285-8958 or e-mail her at mcanner@comcast.net.

— Mindi Canner

FITZGERALD MARINE RESERVE SUNDAY APRIL 13

North of Half Moon Bay on Highway 1 are some of the best tidepools in California. Join **Ros Carol** on Sunday April 13 at 10:30 am for a low-tide tour by a Fitzgerald docent. Kids welcome. The limit is 19 and the cost is \$2.

Contact Ros at 650-592-9394 or RosCarol@aol.com

PEARSON & DEL MONTE TO RECEIVE TOP HONORS, APRIL 26 2008

Each year, the Distinguished Service Award is presented to two club members who have made the greatest contributions to the success of the organization.

This year, we will recognize club president **Carroll Pearson** and Alpine Lodge chair **Ed Del Monte** with this recognition. The awards will be presented at the awards dinner following the annual meeting on April 26th.

Peter Beckman will be preparing the dinner on the night of the awards: April 26th, with help from **Sonia Bastidas**. **Susan Mc Carthy** will prepare Sunday breakfast the following morning. Dinner prices are \$20 (\$25 associate members); overnight is \$15 (\$20 associate members) and breakfast is \$7 (\$10 associate members).

To make your reservations, contact **Mae Harms** at 5941 Garden Park Drive, Garden Valley, CA 95633-9514, telephone 530-333-1058 email maeharms@mindspring.com . Chances are it will be a sold-out event.

— Bob Hanson

TRAILS Editor ~ Anita Cabrera

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers: President Vice President Secretary Treasurer Registrar	Carroll Pearson Tony Smith Maureen O'Hara Sn Jean Findlay Shirley Anderson	408-736-9403 925-933-2403 hith 650-697-3846 916-285-6186 831-427-2722	pearsoncmp@aol.com joanne-tony@sbcglobal.net o MissBrigid@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com
Board of Directo Val Floch John Hannum Eva Libien Jean Rodgers Onnie Taylor Lillian Young	rs:	408-255-3378 707-525-8108 415-383-5184 415-435-9383 415-648-6380 650-588-5689	vfloch@pacbell.net JRHannum@sbcglobal.net elibien@yahoo.com jrodg1218@aol.com onniet@earthlink.net lcyou@sbcglobal.net
Committee Chair Conservation Finance Historian Hike Leader	rpersons: Jay Hallberg Dave Maier Verna West	415-383-1507 831-462-2764 650-854-6349	lareenie@yahoo.com dmmaier@pacbell.net 99swest@earthlink.net
Co-ordinator Innkeeper Co-ordinator Membership Outings Publications Sunshine Social Activities Parliamentarian	Eva Libien Selma Bomfim Laureen Novak Ros Carol Angela Blackwell Mary Maier Sonia Bastidas Jean Findlay	415-383-5184 415-383-1507 650-592-9394 415-584-2586 831-462-2764 415-850-0464 916-285-6186	elibien@yahoo.com selmabomfim@hotmail.com lareenie@yahoo.com RosCarol@aol.com ablackwellca@earthlink.net mlmaier@pacbell.net soniaebastidas@yahoo.com ogrenfindlay@yahoo.com
Lodge Trustees Alpine Chair	Peter Beckmann '10 Jennie Bruyn '10 Hardy Dawainis '09 Ed Del Monte '08 Ruth Tretbar '08 Alpine	831-423-9242 415-456-1877 415-461-4431 707-528-7983 510-836-0108	beckmann@baymoon.com jennielbruyn@yahoo.com hdawainis@comcast.net edelmonte@delmontecito.com rtretbar@yahoo.com
Treasurer Calendar Echo Chair	Accommodations Melanie Facen Gerald Petak Cindy Toran '07 Tom Coleman '08 Edie Nelson '08 Jim Nixon '09 Ray Sommer '06	415-381-4975 415-492-0470 408-656-6817 707-539-4396 707-992-0650 831-423-5576 650-756-7771 415-472-1229	mfacen@sbcglobal.net alpinelodge1@yahoo.com toranski@aol.com travmcgee@comcast.net edieforsyth@hotmail.com jimnixon2000@yahoo.com ray@sommerworld.com
CAC Foundation Jay Hallberg, Pre Bill Meneguzzi Kay Gillis		415-383-1507 916-451-1523 415-456-2032	lareenie@yahoo.com bill.meneguzzi@gmail.com Kgillisgarden@aol.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angi Blackwell, Anita Cabrera, Carroll Pearson, Catherine Theilen Burke, Dan Schoenholz, Helena Troy, Patricia Boyd, Tom Mahood, and William Steinmetz.

Contributors: Mindi Canner, Ros Carol, Bob Hanson, Carroll Pearson, Laureen Novak, Shirley Anderson, Selma Bomfim, Gerald Petak, Nuala Caulfield, Eva Libien, Hardy Dawainis, Cindy Toran, Verna Steele West, Angi Blackwell.

Correspondence: Please address correspondence concerning this publication to: Carroll Pearson, 1069 Rockefeller Drive, Sunnyvale, CA 94087-2010.

CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE



It is time to start looking back at our accomplishments and forward to new goals. One significant accomplishment this year has been the financial recovery of the Alpine Lodge. Not so many years ago Alpine was in severe financial straits due to major infrastructure projects that needed attention—like our septic system. With loans from Echo, and loans and significant donations from members, a crisis was averted. The

Alpine Lodge is now solvent with a cash reserve in the bank. The tireless efforts of the Alpine Trustees and members made this possible. We thank you.

Looking forward, we hope to have consolidated financial reporting and budgeting processes in place.

You should have received your dues letter for year 2008/9. On the back, we are asking you to indicate your skills and interests. We are trying to determine the demographics of the club, and also want to know member skills in case we need to call on people. Yes, this is a volunteer club and you need to share your time and talent.

We want to know your desires and concerns for the club. Please email or write to your Board of Directors. Director contact information is in TRAILS or on the "green" sheets.

BOARD OF DIRECTORS' NOTES

The Nominations Committee submitted a slate of candidates for our CAC leadership positions at the Nominations Meeting at 2:30pm on Saturday, March 15. Currently, we have one vacancy remaining – an Alpine Lodge trustee. My thanks to our wonderful Nominations Committee – Chair Jim Nixon, Susan McCarthy, Ruth Tretbar, Ernie Pitz and Bob Hanson. As many as possible of our new leaders will attend the annual membership meeting on Saturday, April 26, 2008 at 3pm in the Social Hall at Alpine Lodge. Please come and meet your new leadership.

The By-Laws Committee, chaired by **John Hannum**, will be publishing potential by-law changes in Trails over the next few years. Please watch for these notices and send your comments to John and his committee – **Susan McCarthy**, **Maryann Loughran-Smith** and **Ernie Pitz**.

Under New Business, we directed the purchase of a \$50,000 CD for our CAC general fund. We passed a resolution to return the amount collected for Associate Member Dues to the respective lodges. We moved to appoint the CAC President as Agent for Service of Process, which is a CA state requirement. We thanked **Ken Wiltz** for his generous donation in memory of our member, **Maralee Hosmer**. We discussed the bequest of \$5,000 from the estate of **Ernest Edward Emig**. We continued discussion on lodge and club budget and financial reporting. Any member is welcome to attend our board meetings and the lodge trustee meetings. This is an excellent way to get better acquainted with the club and to see how you might be able to support the organization.

President... see page 3

MEMBERSHIP REPORT

April 2008

Hi & Lois Patton -Joint Members 247 Wilson Way Larkspur, CA 94939 415-924-6759 hinlois@sbcglobal.net

Sponsors: Edna Trimm & Larry Ridgel

Jean Kramer - Regular Member 5 Cornwall CT. Oakland CA 94611 510-482-0789 Jeankramer@comcast.net

Sponsors: Robert Colin Smith & Jennie Bruyn

John Carr - Regular Member 392 Larkspur Plaza Drive Larkspur, CA 94939 415-924-3030 johncarr07@comcast.net Sponsors: Jennie Bruyn & Hardy Dawainis

sponsors, jernile bruyir & Haruy Dawannis

The following names are submitted to the Board of Directors for acceptance.

Their names have been previously published in TRAILS: None

— Laureen Novak, Membership Chair

EMAIL UPDATES NEEDED

siatost@aol.com

If your name is on this list...your email is bouncing. Please contact the Registrar to update your email at shirl@cruzio.com.

Sy Siatos Regina Andreasson Wayne Koerting Irving Rubin Yvonne Stevens Barbara Bourns Maria Hikima Ursula Dupree James W. Higgins James Letcher

gandras@cablespeed.com koer@coastside.net irvingrubin@comcast.net yvonnest@dcn.org bebarbe@earthlink.net sagehikima@earthlink.net ursdupree@earthlink.net alpineclub@jwhiggins.com ijl@mcihispeed.net

James Letcher
Randall McKinney
Vital Schoeb
Chris Kangas
Michelle Scott
Cheyrl Wilson
Mark Korte

David Jacobson

randallmck@mindspring.com vitsch@msn.com shell814@pacbell.net

mvaggione@pensionspecialists.com cherylca@sbcglobal.net

cherylca@sbcglobal.net mkorte@sbcglobal.net djjacob@stanford.edu

— Shirley Anderson

President... continued from page 2

PERSONAL

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On a personal note, I wish to extend my sincere appreciation for being nominated for your highest honor, the Distinguished Service Award. I have enjoyed being a part of the club and serving as your president for the past year. I know that you will give John Hannum the same support that I received. I thank you.

— Carroll Pearson

ALPINE LODGE SUNDAY INNKEEPERS

April 06	Leslie & Mary Will	415 751 6469
April 13	Charles Perry	510 215 9585
April 20	Nancy Waldeck	415 552 5836
April 27	Vicki Olds	415 221 2830
May 4	Open	
May 11	Sue Barnard	510 524 1090
May 18	Onnie Taylor	415 648 6380
May 25	Nancy Bott	415-388-0245

More innkeepers are needed to keep the Alpine Lodge open on Sundays. To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim @hotmail.com.

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sat, Apr 26, 2008	Board of Directors Meeting at 2 pm. Annual Membership Meeting at 3pm Awards Dinner to follow.	
Sat, May 17, 2008	Board of Directors Meeting at 3pm.	
Sat, Jun 21, 2008	Board of Directors Meeting at 3pm.	
Sat, July 20, 2008	Board of Directors Meeting at 2pm.	

Dinner to follow.

408-736-9403. Members are welcome at board meetings.

If you have any questions or wish to have an item on the agenda, contact **Carroll Pearson** at pearsoncmp@aol.com or call

Quarterly Membership Meeting at 3pm.

— Carroll Pearson

REPORT ADDRESS AND EMAIL CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone, and email (particularly email, which changes much more frequently.) Shirley Anderson can be reached at Shirl@cruzio. com (email preferred) or 831-427-2722 or by mail at 203 Sunlit Lane, Bonny Doon, CA 95060-9661.

- Shirley Anderson

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP-TO-THE-MINUTE LISTINGS, GO TO WWW.CALALPINECLUB.ORG AND CLICK ON THE MEMBERS PAGE. CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM FOR THE USER ID AND PASSWORD.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

APRIL 3 THUR MIDWEEK WORK PARTY

Peter Beckmann Coordinator 9am-2:30 pm Peter will have special projects for us and there will be housecleaning and gardening chores. Come for a fine lunch and a good day's work. Contact Peter at beckmann@baymoon.com or at 831-423-9242.

APR 4-5 FRI-SAT HOST TRAINING
Coordinators, Alpine Lodge Trustees

APR 12 SAT PRIVATE EVENT Sonia Bastides

APRIL 13 SUN QUARTERLY WORK PARTY Roger Diehnel, Coordinator 9am-2:30 pm

If you are free only on the weekend, this is your chance to support the Alpine Lodge. Join CAC members for good fellowship and help keep the lodge and its grounds in excellent condition.

APR 13-19 SUN-SAT SIERRA CLUB
RENTAL

M J McKown

APR 19-20 HIKERS' WEEKEND

Happy Hour at 4:30 p.m. BYB and an appetizer to share. Dinner, salad and dessert at 6 pm. Members \$8. Associates \$11. You are invited to spend the night at the lodge with breakfast Sunday morning. Members \$19. Associates \$27. Contact Diane Smith at dianesmith1776@ sbcglobal.net or 925-935-2869 by Thursday, April 18. Mail check payable to Diane at 143 Sierra Drive, Walnut Creek, CA 94596-4792.

APR 26 SAT CAC LEADERSHIP MEETINGS

ANNUAL CAC MEMBERSHIP MEETING ANNUAL AWARDS DINNER MEETING

CAC Foundation Members meet at noon. Alpine Trustees meet at noon. Board of Directors meet at 2pm in the Social Hall. Annual Membership meeting at 3pm. This is a popular event, so reserve early. See Top Honors article on page 10 for dinner/overnight/breakfast reservations.

MAY 1 THUR MID WEEK WORK PARTY 9am - 2:30pm Coordinator TBD

Overnights possible. Check with coordinator.

MAY 2-3 FRI-SAT PRIVATE EVENT Iean Darrah/Robinson MAY 10 SAT PRIVATE EVENT Jean Rodgers

MAY 13-16 TUE-FRI SOLO SIERRANS Susan Barnard.

MAY 17 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm and Board of Directors meets at 3pm in the Social Hall.

MAY 17-18 HIKERS' WEEKEND See April 19-20.

MAY 21-26 WED-MON PRIVATE EVENT Cheryl Edmonds

JUN 2-5 MON-THUR PRIVATE EVENT Anita ehnder

JUN 5 THUR MID WEEK WORK PARTY 9am - 2:30pm

JUN 6-7 FRI-SAT PRIVATE EVENT Stephen Crosley

JUN 15 SUN MOUNTAIN PLAY ASSOC

JUN 17-20 TUE-FRI PRIVATE EVENT Nell Fraser

JUN 20 FRI PRIVATE EVENT M J McKown

JUN 21 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm and Board of Directors meets at 3pm in the Social Hall.

JUN 21-22 SAT-SUN HIKERS WEEKEND See April 19-20.

JUN 23-29 MON-SUN PRIVATE EVENT Joan Ryan

JUL 3 THUR MID WEEK WORK PARTY 9am - 2:30pm

JUL 11-12 FRI-SAT WEDDING Suzanne Samuel and Dave Lewak

JUL 13 SUN WORK PARTY EVENT 9am - 2:30pm

JUL 13-19 SUN-SAT SIERRA CLUB

JUL 19-20 SAT-SUN HIKERS' WEEKEND See April 19-20. Contact Tony Smith at joannetony@sbcglobal.net or 925-933-2403. JUL 20 SUN ALPINE TRUSTEES
LEADERSHIP MEETINGS

Alpine Trustees meet at noon and Board of Directors meets at 2pm in the Social Hall. Quarterly meeting at 3pm. Everyone welcome. Dinner to follow.

JUL 25-26 FRI-SAT PRIVATE EVENT Erin and Mary Neff

JUL 28-AUG 22 TAM BUILDING RE-ROOFING PROJECT

Week days only -TAM Building Only

AUG 7 THUR MID-WEEK WORK PARTY 9am- 2:30pm

AUG 8-9 FRI-SAT WEDDING

AUG 16-17 SAT-SUN HIKERS' WEEKEND See April 19-20.

AUG 23 SAT WEDDING Craig Gaines

AUG 31- SEP 6 B&B
See upcoming TRAILS for details

Watch for updates in future issues of TRAILS!

BASE CAMP TRIP PLANNED

The mules from Red's Meadow Pack Station will once again come to the aid of our tired, ex-backpackers!

Bob Hanson's annual base camp trip will take place August 4-8 on the creek between Shadow Lake and Lake Ediza, near Mammoth Lakes. This is a popular, yet beautiful area, partly because it is one of the few entry points to the High Sierra which does not involve a long, tough hike over a high mountain pass. Day hikes will take us into Lake Ediza, Iceberg Lake, Nydiver Lakes and Cabin Lake. Anyone really adventuresome can try Banner and Ritter Peaks.

As you may have heard, the price of mule feed keeps going up, so this year's trip fee has jumped to \$250. As usual, we will be limited to 15 participants, so if you want to come along, send off your \$50 deposit to Bob Hanson at 2600 Saklan Indian, #3, Walnut Creek, CA 94595-3057.

For more details, call Bob at 925-944-3366.

— Bob Hanson

4 TRAILS APRIL 2008

Dave Maier and Sonia Bastides at the St. Patrick's dinner. Not wearing green?

ST. PATRICK WOULD HAVE BEEN PROUD.....

I think it can be said, without fear of contradiction, that the St. Patrick's Dinner was a success both from a social and a culinary standpoint. **Sue Karp, Sarah Davis** and **Audrey Hulbert** decorated the Lodge appropriately, with shamrocks predominating, while the dining tables, covered in plain white cloths, bore vases of daffodils and U.S. and Irish flags.

Forty-six members and guests enjoyed, thanks to the nimble hands of **Barbara Hawke**, **Pascale Leroy-Marr**, **Rosemary Trowsdale and Mary Will**, hors d'oeuvre of smoked salmon on Irish brown bread, together with a selection of Irish cheeses on crackers. **Melanie Facen**, barmaid supreme, offered the usual 'wet your whistle' selection, as well as Guiness, Harp Lager and Smithwicks Ale.

Dinner consisted of corned beef - which I thank **Ben Heldens** for selecting, slicing and serving - cabbage, potatoes, and baby carrots with onions in cream. **Ed Troy**, a nonmember who should be lured into the Club, supervised, struggling from one end of the kitchen to the other with the aid of a walking stick while recovering from a fractured femur, the simmering and eventual glazing of the meat with a concoction known only to him and thousands of Petrini customers. **Ken Judy** was an invaluable co-chef. He and Ed were to be seen deep in consultation discussing the finer points in the preparation of the meat and vegetables. I baked four loaves of brown soda bread, and, in a last minute panic, bought a further six loaves, which, along with Kerrygold butter, accompanied the entrée.

The Irish theme continued with dessert as diners enjoyed Irish coffee, grasshoppers, and minty chocolate cream pies all prepared the previous night. On Sunday morning, those who had stayed overnight awoke to a hearty breakfast prepared by **Sonia Bastides** and **Craig Schroeder**. A big thank you to all participants for making it an enjoyable and truly CAC event. It had many of the components which make the Club so special: eager volunteers, appreciative diners and camaraderie that knows no boundaries.

— Nuala Caulfield





Melanie Facen, Ben Heldens, Betty Osborn at the St. Patrick's dinner



Ken Judy, Ed Troy and Nuala Caulfield prepare an Irish feast.



Photos courtesy of Verna Steele West



Kay Gillis celebrates her birthday at the St. Patrick's dinner.

















ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

SUN APR 6	9:30 a.m.	Rosemary Trowsdale	415-775-3206	2B
SUN APR 13	9:30 a.m.	Karl Baeck	415-459-6370	2B
*SAT APR 19	9:30 a.m.	Marion Hazzard	415-661-6876	2B
*SUN APR 20	9:30 a.m.	Renee Powers	415-648-4440	2B
SUN APR 27	9:30 a.m.	Taren Hamilton	415-378-4240	2B
SUN MAY 4	9:30 a.m.	Paul McKown	415-383-2774	2B
SUN MAY 11	9:30 a.m.	Howard Ortman	415-456-5912	2B
SAT MAY 17	9:30 a.m.	Marion Hazzard	415-661-6876	2B
*SUN MAY 18	9:30 a.m.	Bob Smith	510-841-0402	2B
SUN MAY 25	9:30 a.m.	Carol Bodtker	415-884-0850	2B
Memorial Day				
MON MAY 26	9:30 a.m.	Diane Smith	925-935-2869	2B
SUN JUNE 1	9:30 a.m.	Anne Good	510-526-6792	2B
SUN JUNE 8	9:30 a.m.	Pauline & Jock MacDonald	415-381-2870	2B
SUN JUNE 15	9:30 a.m.	Don & Donna Rice	415-552-6087	2B
*SAT JUNE 21	9:30 a.m.	Bill Wise	415-584-5481	2B
*SUN JUNE 22	9:30 a.m.	Paul McKown	415-383-2774	2B

Hike Coordinator: Eva Libien 415/383-5184 or elibien@yahoo.com Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net

IMPORTANT! RAIN CANCELS

ALL HIKES BEGIN AT 9:30 A.M.

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) SIERRA CLUB LISTING WILL LEAVE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

NOTES:

All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice.

All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.



ALPINE LODGE TRUSTEE NOTES: NEW LODGE PROCEDURES

In our ongoing quest to keep our lodge a clean, safe and comfortable place for all members to enjoy, with the help of **Carroll Pearson** and **Nancy Otto**, we have been working on an instruction sheet, checkout list and Use Register. The Use Register will be situated on the small table by the main entrance. We are asking event coordinators, as well as Sunday innkeepers, workday coordinators and overnight and day users to please sign (print) in/out with name, date and phone number.

This will make the task a lot easier for members and trustees who have volunteered to check on the lodge after events. Attached to the Use Register will be the following information sheets important to all Lodge users:

- 1. CAC Alpine Lodge Infrastructure.
- 2. Facility Use Instruction.
- 3. Alpine Lodge Septic System.
- 4. Alpine Lodge Checklist.

These Lists are also available on email and soon will be on our website. Nancy Otto has agreed to send them out to prospective event coordinators and other lodge users.

— Hardy Dawainis

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

Spring Work and Fun Party is May 22-26.

Summer/Fall Hosts and Hosts-in-**Training:** Only a few choice openings are still available for Summer: June 29-July 6, Aug 10-15, Aug 24-28. If any portion of these time periods work for you to host, please contact me by e-mail or telephone. We also have lots of time in April and May open for Private or Hosted Events. This should be a nice, quiet time at Echo for your group. Host Appreciation and Training is scheduled for May 16-18 for anyone who wants to learn the art of hosting or for veterans to get a refresher on the latest changes at Echo while enjoying a leisurely weekend. Contact me to sign up. Sincerely, Cindy

The next Echo Lodge Trustees' Meeting will be held Sunday, April 6th, 10 AM, at Jim Nixon's home. Contact Jim at 650-756-7771 if you would like to attend.

Echo Summit Lodge Spring/Summer Schedule:

APR 1-25 AVAILABLE FOR TRAINED HOSTS

APR 25-28 FRI-MON PRIVATE EVENT Tom & Carol Coleman 707-992-0650

APR 28-MAY 16 AVAILABLE FOR TRAINED HOSTS

MAY 16-18 FRI-SUN **HOST** APPRECIATION & TRAINING Contact Cindy Toran 707-539-4396

toranski@aol.com

MAY 22-26 THUR-MON SPRING WORK & FUN PARTY 650-756-7771

Reservations: Jim Nixon jimnixon2000@yahoo.com See article on page 6.

MAY 27-28 TUE-WED

Mae Harms

PRIVATE EVENT 530-333-1058

MAY 28-JUN 6

AVAILABLE FOR TRAINED HOSTS **JUN 6-8 FRI-SUN** Mary & Roger Rigney PRIVATE EVENT 916-985-7351

JUN 8-11 AVAILABLE FOR TRAINED HOSTS

JUN 11-15 WED-SUN CONSERVATION BENEFIT AND BIRDING WEEKEND

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

JUN 15-20 SUN-FRI **AVAILABLE FOR** TRAINED HOSTS

IUN 20-29 (FRI-SUN) SPA WEEKS Helen Alfredson 805-647-5407 109 Stardust Ln, Ventura, CA 93004 hjalfredson@yahoo.com

JUN 29-JUL 3 SUN-THUR **AVAILABLE** FOR TRAINED HOSTS

JUL 3-6 THUR-SUN FAMILY / TEEN **WEEKEND**

Please join CAC members with teenagers for a fun weekend of hiking, swimming, evening games, and a great display of fireworks over the lake. Teen-friendly food will be planned. Contact Pat Anderson, 3026 Benvenue Ave, Berkeley, CA 94705, at patinegypt@yahoo. com or 510-649-8537 for a reservation or more information.

JUL 6-11 SUN-FRI **HIKERS AND COOP MEALS WEEK**

Edna Trimm 415-456-5557 P.O. Box 213, Fairfax, CA 94978 etrimm@sbcglobal.net

JUL 11-13 FRI-SUN **DEFENSIBLE SPACE CLEARING**

This is the weekend to pitch in and help keep defensible space around Echo Lodge clear in accordance with USFS guidelines to keep our Lodge safe from Forest fires. We need your help on this annual project! Note: The lodge will also be open as a hosted event (i.e., open to members not involved in brush clearing). 707-992-0650 Contact Tom Coleman 32 Live Oak Dr, Petaluma, CA 94952 travmcgee@comcast.net

JUL 13-18 SUN-FRI **HIKERS WEEK** Ben Heldens/Mayme Harris/Melanie Facen Melanie Facen 415-492-0470 30 Golden Hinde Blvd, San Rafael, CA 94903 mfacen@sbcglobal.net

JUL 18-25 FRI-FRI **HOSTED EVENT** Kathy & Bill Faherty 707-539-7081 5420 Gates Rd, Santa Rosa, CA 95404 Kfaherty@mac.com

JUL 25-27 FRI-SUN CO-OP MEALS WEEKEND

Sonia Bastidas & Craig Schroeder 415-927-7415 110 Buena Vista Ave, Corte Madera, CA 94925 soniaebastidas@yahoo.com

JUL 27-AUG 3 SUN-SUN HOSTED EVENT

Barbara & Keith Crockett and 650-365-6280 Ianice Riccomini 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

AUG 3-7 SUN-THUR HOSTED EVENT Jim Nixon & Jan McCulloch 650-756-7771 Shelly Navine & Bob Henry 50 Seacrest Ct, Daly City, ČA 94015 jimnixon2000@yahoo.com

AUG 7-10 THUR-SUN HOSTED EVENT Lillian Young & Genie Frye 650-588-5689 3650 Sneath Ln, San Bruno, CA 94066 lcyou@sbcglobal.net

AUG 10-15 SUN-FRI AVAILABLE FOR TRAINED HOSTS

AUG 15-21 FRI-THURS HIKING & SENIOR WEEK

Rservations: Ray Sommer 415-472-1229 15 Terra Linda Dr, San Rafael, CA 94903 ray@sommerworld.com

AUG 22-24 FRI-SUN **HOSTED EVENT** Art Ewart & Kathleen O'Dea 707-538-3696 1405 Snowy Cloud Way, Santa Rosa, CA 95409 aewart@sbcglobal.net

AUG 24-28 SUN-THUR AVAILABLE FOR TRAINED HOSTS

AUG 28-SEPT 1 THUR-MON LABOR DAY WEEKEND - COOP MEALS

Sonia Bastidas 415-927-7415 110 Buena Vista Ave, Corte Madera, CA

soniaebastidas@yahoo.com

SEPT 18-21 THUR-SUN PRIVATE EVENT Bill Faherty 707-539-7081

SEPT 26-28 FRI-SUN PRIVATE EVENT Lee Yamada & Phyllis Cole 831-438-5749

OCT 5-12 SUN-SUN FALL SPA WEEK Helen Alfredson 805-647-5407 109 Stardust Ln, Ventura, CA 93004 hjalfredson@yahoo.com

Watch for updates in future issues of TRAILS!

issued monthly by the

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WELCOME NEW CAC LEADERSHIP

At the Board of Directors meeting on March 15, 2008, the nominated slate of candidates was accepted by the board. Many are continuing in their leadership positions, but we do have a few new people who have offered to serve the club or to accept different leadership positions. They are John Hannum, President elect; Helena Troy, Secretary; Mae Harms, BoD member; Vicki Olds, BoD member; Carl Duisberg, BoD member; John Lillich, BoD member and Eva Libien, Alpine trustee.

Please join us at the annual membership meeting on Saturday, April 26, 2008, to meet and support your CAC leadership team.

— Carroll Pearson

TRAILS NEWSLETTER ALERT

Please send articles for the **May** issue of TRAILS to editor, **Helena Troy**, at hmtroy@aol.com, or via mail to 134 El Condor Court, San Rafael, CA 94903. Telephone 415-492-9576.

Helena should receive articles for the May issue no later than **April 5th**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **June** issue of TRAILS will be **Dan Schoenholz**, at dschoenholz@sbcglobal. net, or 355 Marshall Drive, Walnut Creek, CA 94598-4855. Telephone 925-932-9791. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

— Angi Blackwell, Publishing



OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 84 May 2008 No. 4

MARK YOUR CALENDARS

BARBEQUE AND POT LUCK CELEBRATION FRIDAY, 4TH OF JULY

Come up to the Alpine Club for a 1A hike (leader needed - please call **Eva Libien** to volunteer), or a 2B hike, lead by our inimitable **Bob Smith**, followed by a festive 4th of July celebration. If you don't want to hike, just plan to come up for the potluck.

We'll prepare the chicken, veggie burgers and sausage. You prepare your favorite dish to serve 6-8. Wine will be served. Choose from the following: Appetizer, Salad (macaroni, cole slaw, potato, fruit, lettuce, veggies – to name just a few) Dessert.

Please call or email Eva Libien (415-383-5184) elibien@ yahoo.com to let her know what you plan to bring. Note: This is essential so that we don't have too many of one dish. Then mail your check for \$12 to: Eva Libien, 2 Eucalyptus Knoll St., Mill Valley, CA 94941.

The 2B hike will start from the Club at 10 a.m. The 1A hike will start at 11am; back by about 3pm. Happy hour will begin at 3:30 followed by the BBQ and potluck at 4:30. This should give the hikers plenty of time to freshen up.

We need volunteers to help with this event. We will need BBQ help as well as help with the setup and cleanup.

So please volunteer prior to the day to sign up for these vital tasks and help make this event a success.

— Eva Libien

MINI VACATION AT ALPINE LODGE AUGUST 30 -SEPTEMBER 5

Barbara Stewart and I are offering the members a B&B at Alpine Lodge beginning Saturday, August 30 and ending on Friday, September 5. We will start with a dinner for the overnight guests on Saturday. On Sunday, there will be folk dancing starting at 2pm, a happy hour at 4:30 and pot-luck dinner on the deck at 5pm.

We will offer a cooked dinner every other night and will go out to local restaurants in Marin the other nights. We plan to do an easy walk every day on the mountain or in the local area.

The cost for all participants is \$17 per night for overnight and breakfast; non-members will enroll as Associates and pay \$5 daily dues. Potluck fee is \$5 for use of the lodge. Bring your own lunch materials; there will be a share cost for any dinners.

The weather is lovely in September, so treat yourself to a mini-vacation. Contact **Mary Frey** at 415-492-2510 or email her at Marymaryhiker@aol. com for reservations or information.

— Mary Frey

TRAILS Editor ~ Helena Troy

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers: President Vice President Secretary Treasurer Registrar	John Hannum Tony Smith Helena Troy Jean Findlay Shirley Anderson	707-525-8108 925-933-2403 415-492-9576 916-285-6186 831-427-2722	JRHannum@sbcglobal.net joanne-tony@sbcglobal.net hmtroy@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com
Board of Directo Carl Duisberg Vicki Olds Mae Harms John Lillich Carroll Pearson Jean Rodgers	415-388-1175 415-221-2830 530-333-1058 925-930-9489 408-736-9403 415-435-9383	carlduisberg@hotmail.com volds@studioreflex.com maeharms@mindspring.com jlillich@sbcglobal.net pearsoncmp@aol.com jrodg1218@aol.com	
Committee Chair Conservation Finance Historian Hike Leader	rpersons: Jay Hallberg Dave Maier Verna West	415-383-1507 831-462-2764 650-854-6349	lareenie@yahoo.com dmmaier@pacbell.net 99swest@earthlink.net
Co-ordinator Innkeeper Co-ordinator Membership Outings Publications Sunshine Social Activities	Eva Libien Selma Bomfim Laureen Novak Ros Carol Angela Blackwell Mary Maier Sonia Bastidas	415-383-5184 415-381-4676 415-383-1507 650-592-9394 415-584-2586 831-462-2764 415-850-0464	elibien@yahoo.com selmabomfim@hotmail.com lareenie@yahoo.com RosCarol@aol.com ablackwellca@earthlink.net mlmaier@pacbell.net soniaebastidas@yahoo.com
Lodge Trustees Alpine Chair VACANT	Peter Beckmann '10 Jennie Bruyn '10 Hardy Dawainis '09 Eva Libien '11 Trustee Position	831-423-9242 415-456-1877 415-461-4431 415-383-5184	beckmann@baymoon.com jennielbruyn@yahoo.com hdawainis@comcast.net elibien@yahoo.com
Treasurer Calendar Echo Chair	Alpine Accommodations Melanie Facen Gerald Petak Cindy Toran '10 Tom Coleman '11 Edie Nelson '11 Jim Nixon '09 Ray Sommer '09	415-381-4975 415-492-0470 408-656-6817 707-539-4396 707-992-0650 831-423-5576 650-756-7771 415-472-1229	mfacen@sbcglobal.net alpinelodge1@yahoo.com toranski@aol.com travmcgee@comcast.net edieforsyth@hotmail.com jimnixon2000@yahoo.com ray@sommerworld.com
CAC Foundation Directors Jay Hallberg, President Bill Meneguzzi		415-383-1507 916-451-1523	lareenie@yahoo.com bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angi Blackwell, Anita Cabrera, Carroll Pearson, Catherine Theilen Burke, Dan Schoenholz, Helena Troy, Patricia Boyd, Tom Mahood, and William Steinmetz.

Contributors: Shirley Anderson, Stuart Bacon, Peter Beckmann, Angi Blackwell, Selma Bomfim, Jennie Bruyn, Ros Carol, Mary Frey, John Hannum, Eva Libien, Laureen Novak, Carroll Pearson, Gerald Petak, Diane Smith, Cindy Toran, Verna West.

Correspondence: Please address correspondence concerning this publication to: John Hannum, 2309 Avenida De Las Brisas, Santa Rosa, CA 95405-8602. CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Shirley Anderson at shirl@cruzio.com. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE



As you read this in early May, we will have just seen retirement of our past year's Officers and Directors and succession of a mostly-new group of volunteers to serve your Club.

Many of you know me from years at Echo – wearing grubby jeans and showing up at dinner-time to fuel-up from a day's work

on some infrastructure project. Before that, I emerged from a career as a Civil Engineer – administering part of the State EPA programs – and formative years as a Scout, Army Guard Sergeant, construction-stiff and reader of good books. Marilyn and I joined Cal Alpine Club to enjoy Echo and its skiing and summer-time hospitality. Soon enough, Eike Linkwitz had lassoed me to sew up some slip-covers; too soon after that, I was anointed onto the Echo Trustee panel and drilling a well, digging a ditch and re-working many of the hardware systems – always with the help, guidance and encouragement of hundreds of other hard-working Alpine Club volunteers.

I'm not done yet – as a Director this past year I stirred-up issues and supported **Carroll Pearson's** leadership; then, I accepted your nomination and selection to serve as President for 2008-09. I will be joined by a great panel of Officers and Directors. We'll follow the Club's by-laws, do our best to connect with all Members and serve the purposes of this great organization. We will continue to review and update our by-laws and financial-management systems to ensure that the club stays "healthy". We will keep trying to interest and involve our fellow-members in service projects and recruit youthful and energetic new members. Finally, we will honor 95 years of this Club's existence and start the groundwork for a grand Centennial Celebration in 2013.

New faces on our Board of Directors include: Vicki Olds - born in Korea and raised in Northern California, calls San Francisco home where she operates a communications design and media production studio, since 1991. An avid alpine skier, minimalist camper, lay scientist, environmentalist, editor, artist and BLM-certified "Leave No Trace" outdoor instructor she brings marketing, business and project management experience to the table.

Carl Duisberg – a self-described "refugee from D.C." and "recovering bureaucrat" who, with wife Laura Lindskog, has come to Marin and the Alpine Club "to walk the mountain" and help sustain our community.

John Lillich – another of our willing volunteers at Alpine and Echo, not yet "retired" from financial biz but able to give back by joining the leadership team.

Mae Harms – a savvy and hard-working retired school teacher who has volunteered for many jobs in the Club and Foundation.

They join Carroll Pearson – our just-retired

President... see page 3

MEMBERSHIP REPORT

May 2008

CAC New Members

Margaret Ballou -Regular Member 17 Josefa Court Novato, CA 94949 415-884-0878 mmballou1@yahoo.com Sponsors: Jean Rodgers & Andy Campbell

Louise Holloway - Regular Member 251 Channing Way Apt. 12 San Rafael, CA 94903 415-479-9691 louiseholloway@sbcglobal.net Sponsors: Taren Hamilton & Jennie Bruyn

John & Betty Siedhoff – Joint Members 404 Greenwood Beach Road Tiburon, CA 94920 Sponsors: Marvin Pranger & Eva Libien

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS:
Hi & Lois Patton, Jean Kramer, John Carr

— Laureen Novak, Membership Chair

EMAIL UPDATES NEEDED

I have input data from the 300 dues letters I have received so far. The following emails have been returned. Please contact the Registrar to update your email at shirl@cruzio.com

Regina Andreasson gandras@cablespeed.com Wayne Koerting koer@coastside.net Irving Rubin irvingrubin@comcast.net Maria Hikima sagehikima@earthlink.net Ursula Dupree ursdupree@earthlink.net Michelle Scott mvaggione@pensionspecialists.com mkorte@sbcglobal.net Mark Korte David J. Jacobson djjacob@stanford.edu

— Shirley Anderson

President... continued from page 2

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President; and **Jean Rogers** – another active-retired educator who often serves as our standby Secretary.

Our Officer panel includes Vice President **Tony Smith**, one of our life-long Members and another former President. It also includes a new and active volunteer – **Helena Troy** – as Secretary. Treasurer **Jean Findlay** and Registrar **Shirley Anderson** are continuing their services

We all need your support and feedback – so come to our meetings and bend our ears every time you think of something we can do for California Alpine Club.

— John Hannum

ALPINE LODGE SUNDAY INNKEEPERS

May 4	Diane Smith	925-935-2869
May 11	Sue Barnard	510 524 1090
May 18	Onnie Taylor	415 648 6380
May 25	Nancy Bott	415-388-0245
June 1	Open	
June 8	Open	
June 15	Open	
June 22	Ulla Pettersson	415-821-1858
June 29	Open	
July 6	Lin and John Mangiante	650-697-7403
July 13	Open	
July 20	Open	
July 27	Erin Neff	415-861-3447

More innkeepers are needed to keep the Alpine Lodge open on Sundays. To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim @hotmail.com.

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sat, May 17, 2008 Board of Directors Meeting at 3pm.
Sat, Jun 21, 2008 Board of Directors Meeting at 3pm.

Sun, July 20, 2008 Board of Directors Meeting at 2pm.

Quarterly Membership Meeting at 3pm. Dinner to follow.

August No Meetings

Sat, Sept 20, 2008 Board of Directors meeting at 3pm.

If you have any questions or wish to have an item on the agenda, contact John Hannum at jrhannum@sbcglobal.net or call 707-525-8108. Members are welcome at board meetings.

— Carroll Pearson

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ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP-TO-THE-MINUTE LISTINGS, GO TO WWW.CALALPINECLUB.ORG AND CLICK ON THE MEMBERS PAGE. CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM FOR THE USER ID AND PASSWORD.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

MAY 1 THUR MID WEEK WORK PARTY

9am - 2:30pm Coordinator Hardy Dawainis Contact Hardy at 415-461-4431 to let him know you are coming.

MAY 2-3 FRI-SAT PRIVATE EVENT Jean Darrah/Robinson

MAY 10 SAT PRIVATE EVENT Jean Rodgers

MAY 13-16 TUE-FRI SOLO SIERRANS Susan Barnard.

MAY 17 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm and Board of Directors meets at 3pm in the Social Hall.

MAY 17-18 HIKERS' WEEKEND

Happy Hour 4:30pm; BYOB and appetizer to share. Dinner, salad, dessert at 6pm. You are invited to spend the night at the lodge with breakfast Sunday morning. Member rates: \$8 dinner; overnight/breakfast \$19; Associate rates: Dinner \$11; overnight/breakfast \$27. Contact Diane Smith at dianesmith1776@sbcglobal.net or 925-935-2869. Make check payable to Diane Smith and mail to 143 Sierra Drive, Walnut Creek CA 94596-4792 by Wednesday, May14.

MAY 21-26 WED-MON PRIVATE EVENT Cheryl Edmonds

JUN 2-5 MON-THUR PRIVATE EVENT
Anita ehnder

JUN 5 THUR MID WEEK WORK PARTY

9am - 2:30pm

Chef: Melanie Facen Coordinator: Jennie Bruyn Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

JUN 6-7 FRI-SAT PRIVATE EVENT Steve Cosbey

JUN 15 SUN MOUNTAIN PLAY ASSOC

JUN 17-20 TUE-FRI PRIVATE EVENT Nell Fraser

JUN 20 FRI PRIVATE EVENT M J McKown

JUN 21 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm and Board of Directors meets at 3pm in the Social Hall.

JUN 21-22 SAT-SUN HIKERS WEEKEND See May 17-18.

JUN 23-29 MON-SUN PRIVATE EVENT Joan Ryan

JUNE 30 MON PRIVATE EVENT

JUL 3 THUR MID WEEK WORK PARTY

9am - 2:30pm

Chef: Nicole Roche Coordinator: Eva Libien Overnight possible. Contact Eva at 415-383-5184 to let her know you are coming.

JUL 4 FRI BBQ AND POT LUCK CELEBRATION

2B Hike starts 10am; 1B at 11am. Happy hour will begin at 3:30pm followed by BBQ and Potluck at 4:30pm. Call or email Eva Libien 415-383-5184 elibien@yahoo.com. See page 1 for details.

JUL 11-12 FRI-SAT WEDDING Suzanne Samuel and Dave Lewak

JUL 13 SUN SUNDAY WORK PARTY

9am – 2:30pm Coordinator: Peter Beckmann Overnight possible. Contact Peter at 813-423-9242 or at beckmann@baymoon.com to let him know you are coming.

JUL 13-19 SUN-SAT SIERRA CLUB

JUL 19-20 SAT-SUN HIKERS' WEEKEND See May 17-18. Contact Tony Smith at joannetony@sbcglobal.net or 925-933-2403. Bring instruments for an after-dinner improvisational musical experience.

JUL 20 SUN ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at noon and Board of Directors meets at 2pm in the Social Hall. Quarterly meeting at 3pm. Everyone welcome. Dinner to follow.

JUL 25-26 FRI-SAT
Erin and Mary Neff
PRIVATE EVENT

JUL 28-AUG 22 TAM BUILDING RE-ROOFING PROJECT

Week days only -TAM Building Only

AUG 7 THUR MID-WEEK WORK PARTY

9am- 2:30pm

Chefs: Carol Bodtker and Pauline MacDonald Coordinator: Hardy Dawainis Overnight possible. Contact Hardy at 415-461-4431 to let him know you are coming. AUG 8-9 FRI-SAT WEDDING

AUG 16-17 SAT-SUN HIKERS' WEEKEND See May 17-18.

AUG 23 SAT WEDDING Craig Gaines

AUG 30-SEPT 5 SUN-FRI MINI VACATION AT ALPINE LODGE

See page 1 for details.

SEPT 4 THUR MID WEEK WORK PARTY
Coordinator: TBD 9am - 2:30pm
Chef: Ursula Pedersen
Coordinator: Jennie Bruyn
Overnight possible. Contact Jennie at

SEP 20 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

415-456-1877 to let her know you are coming.

Alpine Trustees meet at 1 pm Directors meet at 3 pm in the Social Hall

OCT 2 THUR MID WEEK WORK PARTY 9am-2:30pm

Chef: Taren Hamilton Coordinator: Hardy Dawainis Overnight possible. Contact Hardy at 415-461-4431 to let him know you are coming.

OCT 12 SUN QUARTERLY WORK PARTY Coordinator to be determined.

OCT 19 SUN ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at noon, CACF at 1pm, Board of Directors at 2pm, Membership at 3pm. Everyone welcome. Dinner to follow.

OCT 23-26 THUR-SUN SIERRA CLUB LODGE LEADERS MEETINGS

OCT 31 HALLOWEEN PARTY See upcoming TRAILS for details.

NOV 6 THUR MID WEEK WORK PARTY

9am-2:30pm

Chef: Mary DiSanto Coordinator: Jennie Bruyn Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

Watch for updates in future issues of TRAILS!

	OUTINGS 2008
	List is in progress
May 2, 3, 4	Eel River Canoe and Kayak Bob Hanson, doctoroutdoors@comcast.net
May 20-24	Canoe trip John Day River Bob Hanson, doctoroutdoors@comcast.net
June 6-8	Backpack trip out of Cherry Lake Lloyd Sawchuks, sawchuks@comcast. net 925-937-5507
June 19	Port of Oakland Tour - 10:30 am Kitty and Frank Locke, felocke@aol.com
August 4-8	Shadow Creek Base camp Bob Hanson, doctoroutdoors@comcast.net
Oct 11, 12	Folsom Canoe Trip and Camp Bob Hanson, doctoroutdoors@comcast.net and Dan Winkelman, winkdan@hotmail.com 916-353-0990 — Ros Carol
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ALPINE LODGE HOST TRAINING

The Alpine Lodge Trustees offer host training sessions at least twice each year. It is mandatory for members using the lodge for private events and is strongly recommended for hosts of CAC events. Eighteen persons attended the spring training session on April 4 and 5. Some are planning a wedding or family get-together. Others organize or volunteer at club events and want to learn more about the lodge. Trustee Ed Del Monte gave a walking seminar on the physical plant; Accommodation Coordinator Nancy Otto explained how to reserve the lodge and complete all paperwork; Trustee Jennie Bruyn prepared delicious food for all attendees; and trustees Hardy Dawainis and Ruth Tretbar hosted and coordinated the training.

If you are planning to use the Alpine Lodge for a private event or if you host or assist at CAC social events, please plan to attend the next host training, to be held in the fall of 2008. Contact a trustee for further details.

- Ruth Tretbar

REPORT ADDRESS AND EMAIL CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone, and email (particularly email, which changes much more frequently.) Shirley Anderson can be reached at Shirl@cruzio.com (email preferred) or 831-427-2722 or by mail at 203 Sunlit Lane, Bonny Doon, CA 95060-9661.

Shirley Anderson

WORK PARTIES HELD ON EACH FIRST THURSDAY OF EVERY MONTH:

As the Coordinator of the monthly Work Parties here at the Alpine Lodge, we will start featuring our members' culinary skills to entice followers to help spruce up and maintain our beloved Lodge. Look and check the Alpine Lodge Events section in our Trails newsletter to sign in with the coordinator for this monthly FUN event and help out with our chores. You will be rewarded with a delicious lunch and come away from our Lodge with a great sense of satisfaction and pride in a job well done! For members who are unable to come during the week day, we have Work Parties scheduled on each second Sunday every three months: i.e. January, April, July and October. Look for these dates, as scheduled, to sign in and come! Thank you!

- Jennie Bruyn

ALPINE LODGE SUNDAY WORK PARTY

Over twenty members and prospective members attended the quarterly Alpine Lodge work party on Sunday, April 13, under the leadership of former trustee **Roger Diehnel**. It was a hardworking and enthusiastic group and much was accomplished. **Susan McCarthy** and **Kim Cox** prepared a wonderful lunch from traditional family recipes - rich and delicious.

The lodge and Tam building were cleaned, inside and out, and laundry was done. Wood was chopped, light bulbs checked, and gutters cleared of debris. The porch ceiling was painted, the wall to distribute surface water runoff was completed, and the deck umbrellas repaired. In the garden, ground cover was planted, chips spread on the septic system area, the path and gravel areas weeded, watering done, scotch broom removed from the front hedge area, and thistles and blackberries pulled on the south slope.

All this was accomplished by members and soon-to-be members Sarah Dove, Alpidia Barraza and her daughter Janelle, Don Schwartz, Pascale Leroy, Kathleen Fletcher, Tatyana Mamut, Peter Connor, Andres Marti, Claudia Hillgoss, Aurora Roberts, Gene ieman, and Maureen Schroeder; garden coordinator Donna Rice; and trustees Ed Del Monte, Hardy Dawainis, and Ruth Tretbar. Many thanks to them all.

— Ruth Tretbar

LABOR DAY FAMILY CAMP

Come join us at Family Camp at Camp del Oro this Labor Day weekend, Saturday through Monday, August 30-September 1.

Located on the lovely Lake Vera near Nevada City and close to the Yuba River, Camp del Oro offers paddleboats, canoes, and kayaks, as well as a large swimming pool, climbing wall, and grass-covered sports field. Some activities planned may include (but not be limited to) archery, fitness-awareness, square dancing, campfire skits, a sing-a-long, and stargazing. Camp accommodations range from open cabin and tent sites to several cottages, satisfying all levels of ruggedness, as well as a dining hall and renovated bathroom and shower facilities. Cohosted by Joan Ryan and Mindi Canner, this promises to be a great weekend for all ages. For reservations and volunteer opportunities, please call Mindi at 415-285-8958 or e-mail her at mcanner@comcast.net.

— Mindi Canner

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ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

SUN MAY 4 SUN MAY 11 SAT MAY 17 *SUN MAY 18 SUN MAY 25 MON MAY 26 MEMORIAL DA	9:30 a.m. 9:30 a.m. 9:30 a.m. 9:30 a.m. 9:30 a.m. 9:30 a.m.	Paul McKown Howard Ortman Marion Hazzard Bob Smith Carol Bodtker Diane Smith	415-383-2774 415-456-5912 415-661-6876 510-841-0402 415-884-0850 925-935-2869	2B 2B 2B 2B 2B 2B 2B	ALL HIKES BEGIN AT 9:30 A.M. 2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).
SUN JUNE 1 SUN JUNE 8 SUN JUNE 15 *SAT JUNE 21 *SUN JUNE 22	9:30 a.m. 9:30 a.m. 9:30 a.m. 9:30 a.m. 9:30 a.m.	Anne Good Pauline & Jock MacDonald Don & Donna Rice Bill Wise Paul McKown	510-526-6792 415-381-2870 415-552-6087 415-584-5481 415-383-2774	2B 2B 2B 2B 2B	If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.
FRI JULY 4 INDEPENDENCE	9:30 a.m.	Bob Smith	510-841-0402	2B	**Leaderless hikes meet at Alpine Club. Please select a leader from the group.
SUN JULY 6 *SAT JULY 19 *SUN JULY 20 SUN JULY 27	9:30 a.m. 9:30 a.m. 9:30 a.m. 9:30 a.m.	Karl Baeck **Leaderless Karl Baeck Taren Hamilton	415-459-6370 415-459-6370 415-378-4240	2B 2B 2B 2B	LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.
SUN AUG 3 SUN AUG 10 *SAT AUG 16 *SUN AUG 17 SUN AUG 24 SUN AUG 31	9:30 a.m. 9:30 a.m. 9:30 a.m. 9:30 a.m. 9:30 a.m. 9;30 a.m.	Margrit Gonzalez Jennie Bruyn **Leaderless Jordan Hermann Renee Powers David Solbach	415-472-4270 415-456-1877 510-520-9782 415-648-4940 415-648-4940	2B 2B 2B 2B 2B 2B	Hike Coordinator: Eva Libien 415/383-5184 or elibien@yahoo.com Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net

SAFE BOATING IS NO ACCIDENT!!

The Marin Power & Sail Squadron, a non-profit community group, is offering a tuition-free U.S. Coast Guard approved Power Squadron Safe Boating Class at our Kell Educational Center, 789 North Hamilton Road, Novato, on May 6,8,13,15,20,22,2008, each class from 7 to 9 PM. These classes are taught at no charge by Marin Power and Sail Squadron members who are experienced sailors. The text, which may be

shared by two people in the same family and is an excellent reference book to keep aboard your boat, costs \$50.00 and includes a Charting CD. For registration, directions, and any questions, phone 415-924-2712, leave your name and phone number, and we will reply promptly. The U.S. Power Squadrons have been providing tuition-free safe boating classes to the public since 1914; the Marin Power Squadron since 1959.

--- Stuart Bacon

ANOTHER LITTLE BIT OF HISTORY

IMPORTANT! RAIN CANCELS

In response to the mention of the stones in the fireplace in Hertenstein Hall, **Gail Lindlow** sent me a copy of the September 1990 "Trails", with the feature article about William Richter. Bill is quoted in the article, saying:

"Under President Jerry Bowers, I became Secretary in 1957 and the next two years; then again, and ever since 1983. With 17 meetings a year, I've served at nearly 180!" (Bill continued as Secretary until Helen Wilson took over in July 1996, Verna).

"Before the Hertenstein Hall fireplace was built, members were invited to contribute a stone for placement among those from other hiking clubs. I brought an ancient piece of petrified wood from China (a gift to our family from a friend who once lived there). It can be seen in the lower left area close to the inner edge of the fireplace."

- Verna West, Historian

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

Spring Work and Fun Party is May 22-26. See details below.

Summer/Fall Hosts and Hosts-in-

Training: Only a few choice openings are still available for Summer: June 15-20, Aug 10-15, Aug 25-28. If any portion of these time periods work for you to host, please contact me by e-mail or telephone. We also have lots of time in May open for Private Rentals or hosted sessions. This should be a nice, quiet time with lovely weather at Echo for your group.

Sincerely, Cindy

The next Echo Lodge Trustees' Meeting will be Saturday, July 12, at Echo Summit Lodge. Contact Cindy Toran at 707-539-4396 if you would like to attend.

Echo Summit Lodge Spring/Summer Schedule:

MAY 1-16

AVAILABLE FOR TRAINED HOSTS

MAY 16-18 FRI-SUN HOST APPRECIATION & TRAINING

Contact Cindy Toran 707-539-4396 toranski@aol.com

MAY 22-26 THUR-MON SPRING WORK & FUN PARTY

Reservations: Jim Nixon 650-756-7771 jimnixon2000@yahoo.com

MAY 27-28 TUE-WED PRIVATE EVENT Mae Harms 530-333-1058

MAY 28-JUN 6 AVAILABLE FOR

TRAINED HOSTS

IUN 6-8 FRI-SUN PRIVATE EVENT

JUN 6-8 FRI-SUN Mary & Roger Rigney 916-985-7351

JUN 8-11 AVAILABLE FOR TRAINED HOSTS

JUN 11-15 WED-SUN CONSERVATION BENEFIT AND BIRDING WEEKEND

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

JUN 15-20 SUN-FRI

AVAILABLE FOR TRAINED HOSTS

JUN 20-JULY 3 (FRI-THUR) SPA WEEKS Helen Alfredson 805-647-5407 109 Stardust Ln, Ventura, CA 93004 hjalfredson@yahoo.com

JUL 3-6 THUR-SUN FAMILY / TEEN WEEKEND

Please join CAC members with teenagers for a fun weekend of hiking, swimming, evening games, and a great display of fireworks over the lake. Teen-friendly food will be planned. Contact Pat Anderson, 3026 Benvenue Ave, Berkeley, CA 94705, at patinegypt@yahoo. com or 510-649-8537 for a reservation or more information.

JUL 6-11 SUN-FRI HIKERS AND COOP MEALS WEEK

Edna Trimm 415-456-5557 P.O. Box 213, Fairfax, CA 94978 etrimm@sbcglobal.net

JUL 11-13 FRI-SUN DEFENSIBLE SPACE CLEARING

This is the weekend to pitch in and help keep defensible space around Echo Lodge clear in accordance with USFS guidelines to keep our Lodge safe from Forest fires. We need your help on this annual project! Note: The lodge will also be open as a hosted event (i.e., open to members not involved in brush clearing). Contact Tom Coleman 707-992-0650 32 Live Oak Dr, Petaluma, CA 94952 travmcgee@comcast.net

JUL 13-18 SUN-FRI HIKERS' WEEK FULL

Ben Heldens/Mayme Harris/Melanie Facen Melanie Facen 415-492-0470 30 Golden Hinde Blvd, San Rafael, CA 94903 mfacen@sbcglobal.net

JUL 18-25 FRI-FRI HOSTED EVENT Kathy & Bill Faherty 707-539-7081 5420 Gates Rd, Santa Rosa, CA 95404 Kfaherty@mac.com

JUL 25-27 FRI-SUN CO-OP MEALS WEEKEND

Sonia Bastidas & Craig Schroeder

415-927-7415 110 Buena Vista Ave, Corte Madera, CA 94925 soniaebastidas@yahoo.com

JUL 27-AUG 3 SUN-SUN HOSTED EVENT

Barbara & Keith Crockett and 650-365-6280 Janice Riccomini 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

AUG 3-7 SUN-THUR HOSTED EVENT Jim Nixon & Jan McCulloch 650-756-7771 Shelly Navine & Bob Henry 50 Seacrest Ct, Daly City, CA 94015 jimnixon2000@yahoo.com

WATCH FOR UPDATES IN FUTURE ISSUES OF TRAILS!

AUG 7-10 THUR-SUN HOSTED EVENT Lillian Young & Genie Frye 650-588-5689 3650 Sneath Ln, San Bruno, CA 94066 lcyou@sbcglobal.net

AUG 10-15 SUN-FRI AVAILABLE FOR TRAINED HOSTS

AUG 15-21 FRI-THURS HIKING & SENIOR WEEK

Reservations: Ray Sommer 415-472-1229 15 Terra Linda Dr, San Rafael, CA 94903 ray@sommerworld.com

AUG 22-25 FRI-MON HOSTED EVENT Art Ewart & Kathleen O'Dea 707-538-3696 1405 Snowy Cloud Way, Santa Rosa, CA 95409 aewart@sbcglobal.net

AUG 25-28 MON-THUR AVAILABLE FOR TRAINED HOSTS

AUG 28-SEPT 1 THUR-MON LABOR DAY WEEKEND - COOP MEALS

Sonia Bastidas 415-927-7415 110 Buena Vista Ave, Corte Madera, CA 94925 soniaebastidas@yahoo.com

SEPT 12-15 FRI-MON FALL WORK & FUN PARTY

Reservations: Jim Nixon jimnixon2000@yahoo.com

650-756-7771

SEPT 18-21 THUR-SUN PRIVATE EVENT Bill Faherty 707-539-7081

SEPT 26-28 FRI-SUN PRIVATE EVENT Lee Yamada & Phyllis Cole 831-438-5749

OCT 5-12 SUN-SUN FALL SPA WEEK
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

RATE CHANGE FOR MEALS AT ECHO LODGE

As part of the annual budgeting process, Echo Trustees reviewed the financial results of the year ended March 31, 2008. We noted that the charges for meals are lagging the rise in cost of meals. I'm sure you have similarly noticed the increased cost of food in your own home food budget over the past year. Two years ago we added \$1 per day to the meals charges, but that is no longer adequate to balance our budget, and maintain our ability to fund future projects. Effective June 1, therefore, the rates for meals at Echo Lodge will increase \$3/day to:

- o Breakfast \$5 o Dinner \$10
- o Lunch \$5 o Total per Day \$20
- Cindy Toran for Echo Trustees

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MAY 2008 TRAILS

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936 P.O. Box 2180 Mill Valley CA 94942-2180

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FOOD FOR THOUGHT . . . And Further Discussion

THE PURPOSES of the California Alpine Club are: To . . . protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; . . . at all times to protect and, as far as we are able, improve the environment in which we live.

Once in a while I keep reading our club's purpose statement and every time I wonder if the time is ripe to make (again) changes in the club culture?

What would other club members think of a pledge to adhere to some or all of the following best practices:

- use only organic vegetables, herbs, and other ingredients for my meals,
- use only "natural" meats, i.e. no antibiotics nor other chemicals, but ideally free-range and grass-fed animals,
- order all paper materials, such as toilet tissue, paper towels, and napkins from 100 recycled paper,
- put all organic waste on a compost pile (let's build one!),
- carpool and encourage my event guests to do the same,
- plan and choose my purchases so I minimize packaging material (bulk food, bring your own bag, etc.),
- stop using plastic bottles or aluminum cans for water or soft drinks, but instead use our own glass or Nalgene bottles? After all, US consumers use 2 million plastic bottles and over 1 million aluminum cans every 5 minutes!

I would love to get some feedback on this, maybe even in the TRAILS. Maybe we can get a fruitful discussion started that in the end will result in real changes!

- Peter Beckmann

TRAILS NEWSLETTER ALERT

Please send articles for the **June** issue of TRAILS to editor, **Dan Schoenholz**, at dschoenholz@sbcglobal. net, or via mail to 355 Marshall Drive, Walnut Creek, CA 94598-4855. Telephone 925-932-9791.

Dan should receive articles for the June issue no later than **May 5th**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the July / August issue of TRAILS will be Pat Boyd, at boyd4@pacbell.net. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

— Angi Blackwell, Publishing



OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 84 June 2008 No. 5

INTRODUCING NEW CAC LEADERSHIP

At the awards dinner on April 26, 2008, **Verna West** captured some pictures of our new CAC Leadership. **John Hannum** is our new President, **Helena Troy** is the new Secretary and the following people have accepted positions as board members: **Mae Harms, Vicki Olds, Carl Duisberg** and **John Lillich.** Please welcome them and you can also bend their ears about things CAC.

— Carroll Pearson



John Lillich, Board Member



Helena Troy, new Secretary



Mae Harms, Board Member, asks, "Where's Tony Smith's tuxedo?"

SEE ADDITIONAL BOARD MEMBER PHOTOS ON PAGE 8

PORT OF OAKLAND TOUR ON JUNE 19

The Alpine Club has reserved 20 tickets for a June 19 tour of the Port of Oakland. The hourlong tour is aboard a ferryboat with open-air decks and it cruises the Oakland Estuary and Outer Harbor with a narration explaining the port's operation. Boarding takes place at 10:00 a.m. at the Oakland Ferry Terminal located at the foot of Clay Street in Jack London Square, with departure at 10:30am. Frank and Kitty Locke will have the tickets and will meet people in front of the "Potomac" office at the foot of Clay Street after 9:30am. You can park at a pay parking garage on Washington between 2nd and Embarcadero.

E-mail felocke@aol.com for a reservation or call 925-283-8648. If you bring a lunch, a pleasant place to eat it is the nearby Middle Harbor Shoreline Park.

- Frank Locke

JULY 4-5 OVERNIGHTS, AFTER THE BARBEQUE POTLUCK

Interested? We can do co-op dinners and stay on the mountain one or two extra days over this busy weekend. Usual Lodge rates for overnight and breakfast. Same Tamalpais to enjoy. We could even try **Peter Beckmann's** "best practices" (May TRAILS) to the best of our ability. They are worthy goals of a conservation-minded club. Contact **Tony Smith** at joanne-tony@sbcglobal.net or 925-933-2403 after June 15.

TRAILS Editor ~ Dan Schoenholz

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:			
President Vice President Secretary Treasurer Registrar	John Hannum Tony Smith Helena Troy Jean Findlay Shirley Anderson	707-525-8108 925-933-2403 415-492-9576 916-285-6186 831-427-2722	JRHannum@sbcglobal.net joanne-tony@sbcglobal.net hmtroy@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com
Board of Director Carl Duisberg Vicki Olds Mae Harms John Lillich Carroll Pearson Jean Rodgers	rs: 415-388-1175 415-221-2830 530-333-1058 925-930-9489 408-736-9403 415-435-9383	carlduisberg@hotmail.com volds@studioreflex.com maeharms@mindspring.com jlillich@sbcglobal.net pearsoncmp@aol.com jrodg1218@aol.com	
Committee Chair Conservation Finance Historian	rpersons: Jay Hallberg Dave Maier Verna West	415-383-1507 831-462-2764 650-854-6349	lareenie@yahoo.com dmmaier@pacbell.net 99swest@earthlink.net
Hike Leader Co-ordinator	Taren Hamilton	415-378-4240	tarenhf@comcast.net
Innkeeper Co-ordinator Membership Outings Publications Sunshine Social Activities	Selma Bomfim Louise Holloway Ruth Tretbar Angela Blackwell Mary Maier Sonia Bastidas	415-381-4676 415-479-9691 510-836-0108 415-584-2586 831-462-2764 415-850-0464	selmabomfim@hotmail.com louiseholloway@sbcglobal.net rtretbar@yahoo.com ablackwellca@earthlink.net mlmaier@pacbell.net soniaebastidas@yahoo.com
Lodge Trustees Alpine Chair	Peter Beckmann '10 Jennie Bruyn '10 Hardy Dawainis '09 Eva Libien '11 Arnold Champagne	831-423-9242 415-456-1877 415-461-4431 415-383-5184 415 282-1704	beckmann@baymoon.com jennielbruyn@yahoo.com hdawainis@comcast.net elibien@yahoo.com AmoldChampagne@yahoo.com
Treasurer Calendar Echo Chair	Alpine Accommodations Melanie Facen Gerald Petak Cindy Toran '10 Tom Coleman '11 Edie Nelson '11 Jim Nixon '09 Ray Sommer '09	415-381-4975 415-492-0470 408-656-6817 707-539-4396 707-992-0650 831-423-5576 650-756-7771 415-472-1229	mfacen@sbcglobal.net alpinelodge1@yahoo.com toranski@aol.com travmcgee@comcast.net edieforsyth@hotmail.com jimnixon2000@yahoo.com ray@sommerworld.com
CAC Foundation Jay Hallberg, Pre- Bill Meneguzzi		415-383-1507 916-451-1523	lareenie@yahoo.com bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angi Blackwell, Anita Cabrera, Carroll Pearson, Catherine Theilen Burke, Dan Schoenholz, Helena Troy, Patricia Boyd, Tom Mahood, and William Steinmetz.

Contributors: Shirley Anderson, Stuart Bacon, Peter Beckmann, Angi Blackwell, Selma Bomfim, Jennie Bruyn, Ros Carol, Mary Frey, John Hannum, Eva Libien, Laureen Novak, Carroll Pearson, Gerald Petak, Diane Smith, Cindy Toran, Verna West.

Correspondence: Please address correspondence concerning this publication to: John Hannum, 2309 Avenida De Las Brisas, Santa Rosa, CA 95405-8602. CAC Web Site: www.calalpineclub.org

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PRESIDENT'S MESSAGE



MUSICAL CHAIRS OR MIRACLES?

I'm one week into my service to you as President. In that span, I have seen several of our long-serving volunteers move to the sidelines and other, sometimes-very-new members step forward to take the jobs we've made to let this club work. Laureen Novak (despite her badly-

broken leg) is training Louise Holloway as Membership Chair. Ros Carol is helping Ruth Tretbar with the Outings Chair succession. Arnold Champagne filled the spot left by Ruth Tretbar on Alpine Trustees. Vicki Olds, John Lillich, Carl Duisberg and Mae Harms replaced Eva Libien, Val Floch, Lillian Young and Onnie Taylor on the Board. Ed DelMonte switched from Alpine Trustee to be its "Advisor Emeritus." I am honored to move from Director to this position.

Are we watching a ponderous game of Musical Chairs? Nope, these are small miracles of altruism, played out by folks who have the courage to commit and the selfishness (the good kind) to know that they take home more than they bring to these meetings and work parties.

Do you have that "good kind" of selfishness? The kind that warms you up as the wood-splitter roars at Echo or the weed-whacker spins at Alpine? The kind that makes you raise your hand when someone asks for help with a service project for the club? If you do, but aren't using it, Boy, do we have some challenges for you.

Would you like to practice archaeology? We have a stack of old Minutes which beg for someone to sift through to find nuggets of our past– volunteer with our Secretary **Helena Troy**. How about journalism? We need editors for Trails – talk to **Angie Blackwell**. Any tour guides out there? Ruth Tretbar will appreciate your help with Outings. Financial services? **Dave Maier** has a vacancy on his committee.

Small miracles of altruism – we have a full sign-up for Echo's Spring Work Party. We have another round of chairs-changing underway (to be announced later). We have pro-bono architect **Jerry Wagner** arranging for upgrades at Echo. We have Engineer **Jay Hallberg** helping Alpine Trustees. And **Gerald Petak** lending his skills to our Finance Committee. And on and on.

Don't be surprised if you get an e-mail or phone call from me sometime this year, as I recognize your membership in this great organization – to thank you for your help and ask you for more of it. I believe we all enjoyed the giggles and rushing-about that came with our childhood game of Musical Chairs. We can do that as adult Alpiners, too. And we will witness more of those miracles.

— John Hannum

MEMBERSHIP REPORT

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No email

CAC New Members - June 2008

John & Betty Siedhoff - Joint Members 404 Greenwood Beach Road Tiburon CA 94920 518-210-2362

Sponsors: Marvin Pranger & Eva Libien

Mary Jolls - Regular Member

631 Hawk Dr.

Vacaville, CA 95687

707-761-1052 jollsm@vahoo.com Sponsors: Sonia Bastidas & Dan Schoenholz

Claudia Hilligoss - Regular Member

PO Box 834 Arnold CA 95223

209-795-2521 claudiahilligoss@netzero.com Sponsors: Mary Jane McKown & Lartrances Roberts

Sarah Dove-Joint Members

Karen & Erik Dove - Student Members

3857 Holland Drive Santa Rosa, CA 95404

707-528-7289 sarah.dove@sonoma.edu

Sponsors: Brian Reed & Duane Dove

Peter Connor & Tatyana Mamut- Joint Members

1515 Jackson St. #5 San Francisco CA 94109

614-893-8558 connorpm@yahoo.com

Sponsors: Kim Cox & Donna Rice

William Pung-Regular Member

2370 Market Street, #503 San Francisco, CA 94114

415-864-4889 D2BP@aol.com

Sponsors: James Watson & Ruth Tretbar

Dennis iebell-Regular Member

2370 Market Street, #503

San Francisco, CA 94114

415-864-4889 D2BP@aol.com

Sponsors James Watson & Ruth Tretbar

Kathleen Fletcher- Regular Member

56 Woodside Drive San Anselmo, CA 94960

415-454-7585 fletcher@usfca.edu

Sponsors: Robert Riboli & Ernie Pitz

The following names are submitted to the Board of

Directors for acceptance.

Their names have been previously published in TRAILS:

Margaret Ballou, Louise Holloway

Laureen Novak, Membership Chair

EMAIL UPDATES NEEDED

I have input data from the 300 dues letters I have received so far. The following emails have been returned. Please contact the Registrar to update your email at shirl@cruzio.com

Regina Andreasson Wayne Koerting Irving Rubin Maria Hikima Ursula Dupree Michelle Scott Mark Korte

David J. Jacobson

gandras@cablespeed.com koer@coastside.net irvingrubin@comcast.net sagehikima@earthlink.net ursdupree@earthlink.net mvaggione@pensionspecialists.com

mkorte@sbcglobal.net

djjacob@stanford.edu

— Shirley Anderson

ALPINE LODGE SUNDAY INNKEEPERS

June 1	Gloria Neumeier	453-2225
June 8	Open	
June 15	Caroline Aust	510-923-1262
June 22	Ulla Pettersson	415-821-1858
June 29	Nancy Waldeck	415-552-5836
July 6	Lin and John Mangiante	650-697-7403
July 13	Susan Head	415-331-2598
July 20	Open	
July 27	Erin Neff	415-861-3447

More innkeepers are needed to keep the Alpine Lodge open on Sundays. To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim @hotmail.com.

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sat, Jun 21, 2008 Board of Directors Meeting at 3pm.

Sun, July 20, 2008 Board of Directors Meeting at 2pm.

Quarterly Membership Meeting at 3pm.

Dinner to follow.

August No Meetings

Sat, Sept 20, 2008 Board of Directors meeting at 3pm.

If you have any questions or wish to have an item on the agenda, contact John Hannum at jrhannum@sbcglobal.net or call 707-525-8108. Members are welcome at board meetings.

— John Hannum

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ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP-TO-THE-MINUTE LISTINGS, GO TO WWW.CALALPINECLUB.ORG AND CLICK ON THE MEMBERS PAGE. CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM FOR THE USER ID AND PASSWORD.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

JUN 2-5 MON-THUR PRIVATE EVENT Anita ehnder

JUN 5 THUR MID WEEK WORK PARTY 9am – 2:30pm

Chef: Melanie Facen Coordinator: Jennie Bruyn Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

JUN 6-7 FRI-SAT PRIVATE EVENT Steve Busbey

JUN 14 SAT PRIVATE EVENT Sonja Bastidas

JUN 15 SUN MOUNTAIN PLAY ASSOC

JUN 17-20 TUE-FRI PRIVATE EVENT Nell Fraser

JUN 20 FRI PRIVATE EVENT M J McKown

JUN 21 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm and Board of Directors meets at 3pm in the Social Hall.

JUN 21-22 SAT-SUN HIKERS WEEKEND Happy Hour 4:30 pm; BYOB and appetizer to share. Dinner, salad, dessert at 6 pm. You are invited to spend the night at the lodge with breakfast Sunday morning. Member rates: \$8 dinner; overnight/breakfast \$19; Associate rates: Dinner \$11; overnight/breakfast \$27. Contact Diane Smith at dianesmith1776@sbcglobal.net or (925) 935-2869 by Wednesday, June 18. Make check payable to Diane Smith & mail to 143 Sierra Drive, Walnut Creek, CA 94596-4792.

JUN 23-29 MON-SUN PRIVATE EVENT Joan Ryan

JUNE 30 MON PRIVATE EVENT

JUL 1-2 PRIVATE EVENT Martha de Camp

JUL 3 THUR MID WEEK WORK PARTY 9am - 2:30pm

Chef: Nicole Roche Coordinator: Eva Libien Overnight possible. Contact Eva at 415-383-5184 to let her know you are coming.

JUL 4 FRI BBQ AND POT LUCK CELEBRATION

2B Hike starts 10am; 1B at 11am. Happy hour will begin at 3:30pm followed by BBQ and Potluck at 4:30pm. Call or email Eva Libien 415-383-5184 elibien@yahoo.com. Overnights possible July 4 and 5. See page 1 for details.

JUL 11-12 FRI-SAT WEDDING Suzanne Samuel and Dave Lewak

JUL 13 SUN SUNDAY WORK PARTY 9am – 2:30pm

Coordinator: Peter Beckmann Overnight possible. Contact Peter at 813-423-9242 or at beckmann@baymoon.com to let him know you are coming.

JUL 13-19 SUN-SAT SIERRA CLUB

JUL 19-20 SAT-SUN HIKERS' WEEKEND See Jun 21-22. Contact Tony Smith at joannetony@sbcglobal.net or 925-933-2403. Bring instruments for an after-dinner improvisational musical experience.

JUL 20 SUN ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at noon and Board of Directors meets at 2pm in the Social Hall. Quarterly meeting at 3pm. Everyone welcome. Dinner to follow.

JUL 25-26 FRI-SAT PRIVATE EVENT Erin and Mary Neff

JUL 28-AUG 22 TAM BUILDING RE-ROOFING PROJECT Week days only -TAM Building Only

AUG 7 THUR MID-WEEK WORK PARTY

9am- 2:30pm

Chefs: Carol Bodtker and Pauline MacDonald Coordinator: Hardy Dawainis Overnight possible. Contact Hardy at 415-461-4431 to let him know you are coming. AUG 8-9 FRI-SAT WEDDING

AUG 16-17 SAT-SUN HIKERS' WEEKEND See Jun 21-22

AUG 30-SEPT 5 SUN-FRI MINI VACATION AT ALPINE LODGE See page 1 for details.

SEPT 4 THUR MID WEEK WORK PARTY

9am - 2:30pm

Chef: Ursula Pedersen Coordinator: Jennie Bruyn Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

SEP 20 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1 pm Directors meet at 3 pm in the Social Hall. SEP 20-21 SAT SUN HIKERS WEEKEND See Jun 21-22

SEP 27 SAT PRIVATE EVENT

OCT 2 THUR MID WEEK WORK PARTY 9am-2:30pm

Chef: Taren Hamilton Coordinator: Hardy Dawainis Overnight possible. Contact Hardy at 415-461-4431 to let him know you are coming.

OCT 3-4 FRI-SAT HOST TRAINING Coordinators, Alpine Lodge Trustees Contact Hardy Dawainis at 415-461-4431.

OCT 5-8 SUN - WED PRIVATE EVENT Anita ehnder

OCT 12 SUN QUARTERLY WORK PARTY Coordinator to be determined.

OCT 18-19 SAT -SUN HIKERS' WEEKEND See Jun 21-22

OCT 19 SUN ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at noon, CACF at 1pm, Board of Directors at 2pm, Membership at 3pm. Everyone welcome. Dinner to follow.

OCT 23-26 THUR-SUN SIERRA CLUB LODGE LEADERS MEETINGS

NOV 1 SAT HALLOWEEN PARTY See upcoming TRAILS for details.

NOV 6 THUR MID WEEK WORK PARTY 9am-2:30pm

Chef: Mary DiSanto Coordinator: Jennie Bruyn Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

NOV 7-8 FRI- SAT CACF CACF Annual Meeting

NOV 15-16 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1 pm. Directors meet at 3 pm in the Social Hall.

NOV 15-16 SAT-SUN HIKERS WEEKEND See Jun 21-22

DEC 4 THUR MID-WEEK WORK PARTY Coordinator to be announced

DEC 13 SAT CAC HOLIDAY PARTY See upcoming TRAILS for details

DEC 14 SUN FAMILY HOLIDAY PARTY See upcoming TRAILS for details

Watch for updates in future issues of TRAILS!

4 TRAILS JUNE 2008

CAC AWARDS DINNER 2008

A gala affair followed our annual membership meeting to honor the recipients of the Distinguished Service Award for 2008. The weather was beautiful so people enjoyed happy hour on the deck. Carroll Pearson and Ed Del Monte were presented with their plaques after a wonderful dinner prepared by our chef, Peter Beckmann. Susan McCarthy gave a talk outlining Carroll's young life. Dave Maier shared some work experiences at Lockheed. Eike Linkwitz then summarized the many, many projects that Ed Del Monte has done at the Alpine Lodge.

An event like this requires hard-working, capable volunteers. We will, no doubt, miss someone in our thanks, so will ask for forgiveness in advance.

Reservations – Mae Harms
Decorations- Sonia Bastidas, Vicki Bass
Name tags and place cards – Mae Harms
Table Set up- Craig Schroeder
Table positioning- Craig Schroeder
Table Setting, Glassware, flatware, napkins- Barbara Sanderson
Chef- Peter Beckman
Assistant Chefs - Julie Mitchell, Bill Pung and Dennis iebell

Kitchen Help - Vicki Olds, Mayme Harris, Ben Heldens Hors D'oeuveres- Eike Linkwitz, Kay Gillis

Photography- Verna West

Hors D'oeuvres table set up- **Eike Linkwitz**

Hors D'oeuvres clean up – Eike Linkwitz, Eva Libien

Buffet servers - Eva Libien, Vicki Olds

Bar tending – Jennifer Bruyn, Hardy Diwanis, Mayme Harris Coffee Station – Ben Heldens

Purchase Wine for dinner tables – **Vicki Olds**

Wine Table – Not needed, enough wine at bar

Master of Ceremonies - Bob Hanson, Susan McCarthy

Dishes clean up station – Eva Libien

Table Take-Down - Tony Smith

Clean up Coffee Pots – Judy Key-Dominguez- Dishwasher

Breakfast Sunday- Susan McCarthy, Verna West

Breakfast Clean up - Susan McCarthy, Verna West

Launder, tablecloths and kitchen towels - Vicki Olds, Susan McCarthy

Special thanks to those who helped with cleanup after the dinner and helped with the dishes. Thanks to the folks who helped with breakfast cleanup as well.

Many hands make light work. **Verna West** in her role as our photographer took these wonderful pictures.



Dave Maier and Bob Bass on the deck

SEE ADDITIONAL AWARDS DINNER PHOTOS ON PAGE 6



Susan McCarthy and birthday gal, Kay Gillis

— Sonia Bastidas



Chef, Peter Beckmann and Julie Mitchell



Delores Jones, Mary Maier and Ernie Pitz



Dave Maier presents award to Carroll Pearson



Nuala Caulfield hanging tablecloths

AWARDS DINNER PHOTOS



Honoree, Ed Del Monte and wife Anne



Mary Maier and Lee Hildebrand



Eike Linkwitz presents award to Ed Del Monte



Honoree, Carroll Pearson, with Ken Judy and grandson, Zach Pearson



NEW HOSTS FOR SPA WEEKS

The Echo Lodge Schedule in May Trails includes the annual June Spa Weeks, June 20-July 3. **Helen Alfredson** has been hosting this event for many years. Due to her recent surgery to remove a brain tumor and the follow-up treatments required, Helen will be unable to host this year although she does hope to attend. Please do not call Helen directly. If you would like updates on Helen's condition send your e-mail address to Jo Wolf at wolfjo@sbcglobal.net.

Fortunately two other host volunteers, **Barbara Crockett** and **Nuala Caulfield**, have agreed to split the hosting responsibilities to keep this popular event on the calendar as planned. See the Echo Lodge Schedule for reservation information.

- Shirley Anderson

ATTENTION SENIORS 55 +: ECHO AWAITS

Whether you're a hiker, walker or a couch potato, please call or e-mail **Ray Sommer** at 415-472-1229, ray@ sommerworld.com if you are interested in enjoying our lodge at **Echo Summit** from August 15 to 21, 2008. Cost will be \$200 per person.

- Ray Sommer

REPORT ADDRESS AND EMAIL CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone, and email (particularly email, which changes much more frequently.) Shirley Anderson can be reached at Shirl@cruzio.com (email preferred) or 831-427-2722 or by mail at 203 Sunlit Lane, Bonny Doon, CA 95060-9661.

- Shirley Anderson

ALPINE LODGE "FIRST THURSDAY OF THE MONTH" WORK PARTY

It was a matter of quality over quantity at our May 1 work party. We had a select but hardworking crew giving our Lodge not only a good spring cleaning but also working on some long term projects. Ed Delmonte was there at the crack of dawn installing motion detectors by the garbage cans, working on rodent control and clearing the way for our new clothes dryer, which was installed later in the day. By the way, the interior of the Lodge sparkled at the end of the day; it is hard to believe that we only had Rosemary Trowsdale, Mayme Harris and **Barbara Hawke** working very, very hard to make our Lodge a pleasant place for all to enjoy. They swept and wet mopped floors, vacuumed all rugs, dusted, cleaned bathrooms, cleaned all tables, swept the porch, shook out all mats, washed dishes, cleaned mirrors, dusted under beds, watered plants and fluffed all the pillows in the living room pfew I am getting writer's cramp just writing it all down.

Ruth Tretbar worked on some long overdue weed clearing on the slope behind the parking lot and **Ann Good** made short shrift on the weeds encroaching on the parking lot with the electric weed whacker. Our Garden Committee made the decision to build a field stone retaining wall to help stop erosion on the path to the Tam Building.

The stones were delivered in two 1.5-ton baskets taking up two car spaces. We were lucky to have **Reuven Segev**, who with some help from Ed moved the three tons of fieldstone to a more convenient and out of the way location. We are now in search of a volunteer with a strong back to help us build the wall.

As usual, **Nuala Caulfield** worked her magic in the kitchen and we were treated to a great lunch of mulligatawny, Hardy's Gazpacho, and bread with cold cuts followed by Nuala's famous rhubarb and apple pie.

- Hardy Dawainis

CAC FAMILY CAMP

Come join us August 30th to September 1st at Camp Del Oro, near Nevada City, for boating, hiking, swimming and other summer fun. The CAC Family Camp is an opportunity for CAC members and their extended families to enjoy a camping-type experience. Prices are as follows:

Children (ages 3 – 12) in tent or RV -- \$45 Children (ages 3 – 12) in cabin -- \$80 Adults in tent or RV - \$80 Adults in cabin -- \$110

For people with special needs, a few cottages with bathrooms are available at an additional cost.

Family Camp will accommodate 100 campers, and we will take a waiting list. To make a reservation, please send a check for \$25 per person to **Mindi Canner** at 3239 - 21st Street, San Francisco, CA 94110. Deposits are fully refundable until August 23rd. You can contact Mindi at mcanner@comcast.net or 415-285-8958.

Of course, we require the usual CAC supply of volunteers and help. Camp participants will need to volunteer for a chore – and kid-friendly chores will also be available. To volunteer to help with the campfire program and other children's activities, please contact **Joan Ryan** at joanryan@mac.com or 415-564-8507. Let us know how you can help.

— Joan Ryan

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ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

SUN JUNE 1 SUN JUNE 8 SUN JUNE 15 *SAT JUNE 21 *SUN JUNE 22	9:30 a.m. 9:30 a.m. 9:30 a.m. 9:30 a.m. 9:30 a.m.	Howard Ortman Pauline & Jock MacDonald Don & Donna Rice Bill Wise Paul McKown	415-456-5912 415-381-2870 415-552-6087 415-584-5481 415-383-2774	2B 2B 2B 2B 2B
FRI JULY 4 INDEPENDENCE	9:30 a.m. E DAY	Bob Smith	510-841-0402	2B
SUN JULY 6 *SAT JULY 19	9:30 a.m. 9:30 a.m.	Karl Baeck **Leaderless	415-459-6370	2B 2B
*SUN JULY 20 SUN JULY 27	9:30 a.m. 9:30 a.m.	Karl Baeck Taren Hamilton	415-459-6370 415-378-4240	2B 2B
SUN AUG 3	9:30 a.m.	Margrit Gonzalez	415-472-4270	2B
SUN AUG 10 *SAT AUG 16 *SUN AUG 17	9:30 a.m.	Jennie Bruyn **Leaderless	415-456-1877 510-520-9782	2B 2B 2B
SUN AUG 17 SUN AUG 24 SUN AUG 31	9:30 a.m. 9:30 a.m. 9:30 a.m.	Jordan Hermann Renee Powers David Solbach	415-648-4940 415-648-4940	2B 2B 2B

NOTE:

Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

IMPORTANT! RAIN CANCELS

ALL HIKES BEGIN AT 9:30 A.M. 2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

**Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Taren Hamilton, tarenhf@comcast.net.

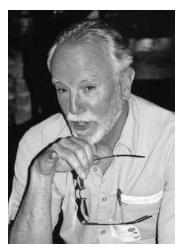
Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net

NEW BOARD MEMBERS

See article on page 1



Vicki Olds, Board Member



Carl Duisberg, Board Member makes his point



John Hannum, new President, with hour-glass timer from wife Marilyn

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

Summer/Fall Hosts and Hosts-in-

Training: Only one summer week still needs hosts: <u>Sunday-Thurs</u>, <u>August 25-28</u>. October through mid-Dec are also available for either Private or Hosted events. We also need a Host for <u>Thanksgiving weekend</u>, a special time to be at Echo Lodge. Contact me by e-mail or telephone to schedule your time.

The next Echo Lodge Trustees' Meeting will be Saturday, July 12, at Echo Summit Lodge. Contact Cindy Toran at 707-539-4396 if you would like to attend.
Sincerely, Cindy

Echo Summit Lodge Summer/Fall Schedule:

JUN 1-6 AVAILABALE FOR TRAINED HOSTS

JUN 6-8 FRI-SUN Mary & Roger Rigney 916-985-7351

JUN 8-11 AVAILABLE FOR TRAINED HOSTS

JUN 11-15 WED-SUN CONSERVATION BENEFIT AND BIRDING WEEKEND

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

JUN 15-20 SUN-FRI AVAILABLE FOR TRAINED HOSTS

JUN 20-JUL 2 FRI-WED SPA WEEKS
Barbara Crockett (reservations) 650-365-6280
and Nuala Caulfield (for Helen Alfredson)
859 Chesterton Ave, Redwood City, Ca 94061
kc9erfan@sbcglobal.net

JUL 2-6 WED-SUN FAMILY / TEEN WEEKEND

Please join CAC members with teenagers for a fun weekend of hiking, swimming, evening games, and a great display of fireworks over the lake. Teen-friendly food will be planned. Contact Pat Anderson, 3026 Benvenue Ave, Berkeley, CA 94705, at patinegypt@yahoo. com or 510-649-8537 for a reservation or more information.

JUL 6-11 SUN-FRI HIKERS AND COOP MEALS WEEK

Edna Trimm 415-456-5557 P.O. Box 213, Fairfax, CA 94978 etrimm@sbcglobal.net

JUL 11-13 FRI-SUN DEFENSIBLE SPACE CLEARING

This is the weekend to pitch in and help keep defensible space around Echo Lodge clear in accordance with USFS guidelines to keep our Lodge safe from Forest fires. We need your help on this annual project! Note: The lodge will also be open as a hosted event (i.e., open to members not involved in brush clearing). Contact Tom Coleman 707-992-0650 32 Live Oak Dr, Petaluma, CA 94952 traymcgee@comcast.net

JUL 13-18 SUN-FRI HIKERS' WEEK FULL

Ben Heldens/Mayme Harris/Melanie Facen Melanie Facen 415-492-0470 30 Golden Hinde Blvd, San Rafael, CA 94903 mfacen@sbcglobal.net

JUL 18-25 FRI-FRI HOSTED EVENT Kathy & Bill Faherty 707-539-7081 5420 Gates Rd, Santa Rosa, CA 95404 Kfaherty@mac.com

JUL 25-27 FRI-SUN CO-OP MEALS WEEKEND

Sonia Bastidas & Craig Schroeder 415-927-7415 110 Buena Vista Ave, Corte Madera, CA 94925

soniaebastidas@yahoo.com

HOSTED

JUL 27-AUG 3 SUN-SUN

EVENT Barbara & Keith Crockett and 650-365-6280 Janis Riccomini 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

AUG 3-7 SUN-THUR HOSTED EVENT Jim Nixon & Jan McCulloch 650-756-7771 Shelly Navine & Bob Henry 50 Seacrest Ct, Daly City, CA 94015 jimnixon2000@yahoo.com

AUG 7-10 THUR-SUN HOSTED EVENT Lillian Young & Genie Frye 650-588-5689 3650 Sneath Ln, San Bruno, CA 94066 lcyou@sbcglobal.net

AUG 10-15 SUN-FRI HOSTED EVENT Eike Linkwitz 415-924-0241 15 Prospect Ln, Corte Madera, CA 94925 el@linkwitzlab.com

AUG 15-21 FRI-THURS HIKING & SENIOR WEEK

Reservations: Ray Sommer 415-472-1229 15 Terra Linda Dr, San Rafael, CA 94903 ray@sommerworld.com See page 1 for details. AUG 22-25 FRI-MON HOSTED EVENT Art Ewart & Kathleen O'Dea 707-538-3696 1405 Snowy Cloud Way, Santa Rosa, CA 95409 aewart@sbcglobal.net

AUG 25-28 MON-THUR AVAILABLE FOR TRAINED HOSTS

AUG 28-SEPT 1 THUR-MON LABOR DAY WEEKEND - COOP MEALS

Sonia Bastidas 415-927-7415 110 Buena Vista Ave, Corte Madera, CA 94925 soniaebastidas@yahoo.com

SEPT 12-15 FRI-MON FALL WORK & FUN PARTY

Reservations: Jim Nixon 650-756-7771 jimnixon2000@yahoo.com

SEPT 18-21 THUR-SUN PRIVATE EVENTBill Faherty 707-539-7081

SEPT 26-28 FRI-SUN PRIVATE EVENT Lee Yamada & Phyllis Cole 831-438-5749

OCT 5-12 SUN-SUN FALL SPA WEEK Host to be Determined

OCT 19-22 SUN-WED PRIVATE EVENT Kathleen O'Dea 415-897-5583

OCT 24-26 FRI-SUN HOST APPRECIATION

& TRAINING
Contact Cindy Toran 707-539-4396
toranski@aol.com

NOV 7-9 FRI-SUN
Dee & Ginny Foote
PRIVATE EVENT
408-255-6581

RATE CHANGE FOR MEALS AT ECHO LODGE

As part of the annual budgeting process, Echo Trustees reviewed the financial results of the year ended March 31, 2008. We noted that the charges for meals are lagging the rise in cost of meals. I'm sure you have similarly noticed the increased cost of food in your own home food budget over the past year. Two years ago we added \$1 per day to the meals charges, but that is no longer adequate to balance our budget, and maintain our ability to fund future projects. Effective June 1, therefore, the rates for meals at Echo Lodge will increase \$3/day to:

- o Breakfast \$5 o Dinner \$10
- \circ Lunch \$5 \circ Total per Day \$20

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— Cindy Toran for Echo Trustees

WATCH FOR UPDATES IN FUTURE ISSUES OF TRAILS!

JUNE 2008 TRAILS

issued monthly by the

California Alpine Club Founded in 1913 - Incorporated in 1936

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MINI VACATION AT ALPINE LODGE — AUGUST 30 -SEPTEMBER 5

Barbara Stewart and I are offering the members a B&B at Alpine Lodge beginning Saturday, August 30 and ending on Friday, September 5. We will start with a dinner for the overnight guests on Saturday. On Sunday, there will be folk dancing starting at 2pm, a happy hour at 4:30 and pot-luck dinner on the deck at 5pm.

We will offer a cooked dinner every other night and will go out to local restaurants in Marin the other nights. We plan to do an easy walk every day on the mountain or in the local area.

The cost for all participants is \$17 per night for overnight and breakfast; non-members will enroll as Associates and pay \$5 daily dues. Potluck fee is \$5 for use of the lodge. Bring your own lunch materials; there will be a share cost for any dinners.

The weather is lovely in September, so treat yourself to a minivacation. Contact **Mary Frey** at 415-492-2510 or email her at Marymaryhiker@aol.com for reservations or information.

— Mary Frey

TRAILS NEWSLETTER ALERT

Please send articles for the **July/ August** issue of TRAILS to editor, **Pat Boyd**, at boyd4@pacbell. net, or via mail to 1705 California Street, Berkeley, CA 94703. Telephone 510-883-9929. Pat should receive articles for the June issue no later than **June 5th**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the September issue of TRAILS will again be Pat Boyd, at the contact information above. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact **Angi Blackwell** at ablackwellca@earthlink. net, or **Carroll Pearson** at pearsoncmp@aol.com, telephone 408-736-9403.

--- Angi Blackwell, Publishing



OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 84 July/August 2008 No. 6

FOURTH OF JULY BBQ AND POT LUCK

Come to the Alpine Club on Friday, July 4, for a 1A hike (leader needed) or a 2B hike, led by our inimitable **Bob Smith**, followed by a festive 4th of July celebration. If you don't want to hike, just come for the potluck. We'll prepare chicken, veggie burgers and sausage. Wine will be served. You prepare an appetizer, salad or dessert to serve 6-8. Please call or email Eva Libien 415-383-5184 or elibien@yahoo.com to let her know what you plan to bring so we don't have too many of one dish, and mail a check for \$12 to Eva Libien, 2 Eucalyptus Knoll St., Mill Valley, CA 94941.

The 2B hike will start at 10am; 1A hike at 11am, returning about 3pm. Happy hour will begin at 3:30 followed by the BBQ and potluck at 4:30pm.

We need volunteers to help with the BBQ as well as setup and cleanup. So please volunteer prior to the day to sign up for these vital tasks and help make this event a success.

— Eva Libien

e need a 1A leader for this hike. Please call E a to olunteer.

JULY 4-5 OVERNIGHTS, AFTER THE BARBEQUE POTLUCK

Interested? We can do co-op dinners and stay on the mountain one or two extra days over this busy weekend. Usual Lodge rates for overnight and breakfast. Same Tamalpais to enjoy. We could even try **Peter Beckmann's** "best practices" (May TRAILS) to the best of our ability. They are worthy goals of a conservation-minded club. Contact **Tony Smith** at joanne-tony@sbcglobal.net or \$925-933-2403 after June 15.

— Tony Smith

CAC FAMILY CAMP

Don't forget to schedule August 30 to September 1 at Camp Del Oro, near Nevada City, for boating, hiking, swimming and other summer fun. See the June issue of TRAILS for full details.

To volunteer to help with the campfire program and other children's activities, please contact **Joan Ryan** at joanryan@mac.com or 415-564-8507. For reservations, contact **Mindi Canner**, mcanner@comcast.net or 415-285-8958, or mail \$25 per person to Mindi at 3239 - 21st Street, San Francisco, CA 94110.

-Joan Ryan

JULY 20 MEMBERSHIP DINNER

As usual, we have a very busy weekend surrounding our Board of Directors and Quarterly Membership Meetings—see elsewhere in this issue for details on Hikers Weekend and the Meetings. Add to that an opportunity to enjoy a meal by one of our top-flight chefs, at a very reasonable cost (\$15), and you have: "July at Alpine" — our theme for the next Membership Dinner.

Anticipate an opportunity to tell and hear stories about Alpine Lodge. I will ask each table to select a volunteer to take the microphone to share a **memory** ("I liked this... about Alpine Lodge) or a **wish** ("I'd like Alpine Lodge to be..."). Perhaps, from such stories we'll shape future events to provide more memories and satisfy more wishes?

Tony Smith (e-mail joanne-tony@sbcglobal.net, phone 925-933-2403) is taking reservations —send (or promise) him your \$15-per-person deposit; attend the other events (if you can) and then join us in the Hall for a memorable dinner.

— John Hannum

TRAILS Editor ~ Pat Boyd

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers: President Vice President Secretary Treasurer Registrar	John Hannum Tony Smith Helena Troy Jean Findlay Shirley Anderson	707-525-8108 925-933-2403 415-492-9576 916-285-6186 831-427-2722	JRHannum@sbcglobal.net joanne-tony@sbcglobal.net hmtroy@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com
Board of Directo Carl Duisberg Vicki Olds Mae Harms John Lillich Carroll Pearson Jean Rodgers	rs: 415-388-1175 415-221-2830 530-333-1058 925-930-9489 408-736-9403 415-435-9383	carlduisberg@hotmail.com volds@studioreflex.com maeharms@mindspring.com jillich@sbcglobal.net pearsoncmp@aol.com jrodg1218@aol.com	
Committee Chair Conservation Finance Historian	<i>rpersons:</i> Jay Hallberg Dave Maier Verna West	415-383-1507 831-462-2764 650-854-6349	lareenie@yahoo.com dmmaier@pacbell.net 99swest@earthlink.net
Hike Leader Co-ordinator Innkeeper Co-ordinator Membership Outings Publications Sunshine Social Activities	Taren Hamilton Selma Bomfim Louise Holloway Ruth Tretbar Angela Blackwell Mary Maier Sonia Bastidas	415-378-4240 415-381-4676 415-479-9691 510-836-0108 415-584-2586 831-462-2764 415-850-0464	tarenhf@comcast.net selmabomfim@hotmail.com louiseholloway@sbcglobal.net rtretbar@yahoo.com ablackwellca@earthlink.net mlmaier@pacbell.net soniaebastidas@yahoo.com
Lodge Trustees Alpine Chair	Peter Beckmann '10 Jennie Bruyn '10 Hardy Dawainis '09 Eva Libien '11 Arnold Champagne	831-423-9242 415-456-1877 415-461-4431 415-383-5184	beckmann@baymoon.com jennielbruyn@yahoo.com hdawainis@comcast.net elibien@yahoo.com ArnoldChampagne@yahoo.com
Treasurer Calendar Echo Chair	Alpine Accommodations Melanie Facen Gerald Petak Cindy Toran '10 Tom Coleman '11 Edie Nelson '11 Jim Nixon '09 Ray Sommer '09	415-381-4975 415-492-0470 408-656-6817 707-539-4396 707-992-0650 831-423-5576 650-756-7771 415-472-1229	mfacen@sbcglobal.net alpinelodge1@yahoo.com toranski@aol.com travmcgee@comcast.net edieforsyth@hotmail.com jimnixon2000@yahoo.com ray@sommerworld.com
CAC Foundation Directors Jay Hallberg, President Bill Meneguzzi		415-383-1507 916-451-1523	lareenie@yahoo.com bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angi Blackwell, Anita Cabrera, Carroll Pearson, Catherine Theilen Burke, Dan Schoenholz, Helena Troy, Patricia Boyd, Tom Mahood, and William Steinmetz.

Contributors: Shirley Anderson, Angi Blackwell, Selma Bomfim, Norman Duxbury, Mary Frey, John Hannum, Taren Hamilton, Craig Hanson, Louise Holloway, Dorsey McTaggart, Jim Nixon, Gerald Petak, Joan Ryan, Diane Smith, Tony Smith, Cindy Toran, Ruth Tretbar, Verna West, and Dan Winkelman.

Correspondence: Please address correspondence concerning this publication to: John Hannum, 2309 Avenida De Las Brisas, Santa Rosa, CA 95405-8602. CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Shirley Anderson at shirl@cruzio.com. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE



JOURNEYS

Last week I found myself writing: "Let's not make this a hard journey to a small town." It was in the context of our effort to publish copies of past meeting minutes on the Alpine Club website. In the same week, I found myself viewing Craig Hanson's slide show about a recent Club trip to the John Day River in Oregon.

In the first context, the

journey should not be too hard – the small town may not be worth the gas; in the second, the journey (and it may have been really hard) to Service Creek brought immeasurable rewards – yet, whoever heard of Service Creek? I invite you to the slide show at "http://web.mac.com/craig_hansen/iWeb/Site/Photos.html".

So . Is truth in the context?

Are you interested in Alpine Club finances? If so, you can take a hard journey to discover the intricacies of IRS Form 990 and how it relates to our books. Or, perhaps you'd like just the slide show? Your Treasurers and Finance Committee are putting it together.

How about Alpine Club by-laws? They look hidebound, but may not be as useful as we need. Your By-laws Review Committee is taking a hard look at them and may soon present recommendations for revision.

Do you like the way the Lodges are managed? Our Trustees are on continuous journeys to sustain and improve them. They would appreciate your suggestions and encouragement as they progress.

We are all served by our Registrar and Membership Committee; do you know how we can help them with recruitment and retention of active Alpiners?

I've just recited some questions which form my itinerary for this year's travels by your Officers and Directors. With your help, the journeys will be smooth and the towns worth the effort.

Does everybody have a ticket?

— John Hannum

REPORT ADDRESS AND EMAIL CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone, and email (particularly email, which changes much more frequently.) Shirley Anderson can be reached at Shirl@cruzio.com (email preferred) or 831-427-2722 or by mail at 203 Sunlit Lane, Bonny Doon, CA 95060-9661.

— Shirley Anderson

MEMBERSHIP REPORT

CAC New Members - July 2008

ЪГ

Maureen Schroder - Regular Member 323 7th Ave. South Kirkland, WA 98033 425-802-4460 mfschroder@comcast.net Sponsors: Donna Rice, Eva Libien

Andres Marti - Regular Member 436 Staples Avenue San Francisco, CA 94112 415-225-2848 dremarti@hotmail.com

Sponsors: Pia Andersson, Donna Rice

ALPINE LODGE SUNDAY INNKEEPERS

July 6	Lin and John Mangiante	650-697-7403
July 13	Susan Head	415-331-2598
July 20	Open	
July 27	Erin Neff	415-861-3447
August 3	Diane Smith	925-935-2869
August 10	Open	
August 17	Open	
August 24	Open	
August 31	Open	
September 7	Open	

More innkeepers are needed to keep the Alpine Lodge open on Sundays. To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim @hotmail.com.

OUTINGS 2008

Shadow Creek Base Camp. This hiking trip in the Eastern Sierras is full, but cancellations do occur. If you would like to do the trip, contact Bob Hanson at doctoroutdoors@comcast.net.

THUR, SEP 11 Walk in Sausalito. Gus Raney will lead a walk in Sausalito. He will visit the house boats and neighborhoods in the lower hills. We will pause for a gourmet lunch on the waterfront. Pace will be moderate and there will be time to poke into interesting corners. To attend, please contact Ruth Tretbar, Outings Chair, at 510-836-0108 or rtretbar@yahoo.com.

Bob Hanson, doctoroutdoors@comcast.net and Dan Winkelman, winkdan@hotmail.com. Further details in

-Ruth Tretbar

OCT 11.12 Folsom Canoe Trip and Camp.

the September TRAILS.

ALPINE LODGE

NEW RATES FOR HIKER'S WEEKENDS

Meals - Dinner \$8

Breakfast - \$4

Lodging - \$18

Add \$5 fee per day for Associate Members

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sun, July 20, 2008 Board of Directors Meeting at 2pm.

Quarterly Membership Meeting at 3pm.

Dinner to follow.

August No Meetings

Sat, Sept 20, 2008 Board of Directors meeting at 3pm.

Sun, Oct 19, 2008 Board of Directors Meeting at 2pm.

Quarterly Membership Meeting at 3pm.

Dinner to follow.

Sat, Nov 15, 2008 Board of Directors Meeting at 3pm.

December No Meetings

Sun, Jan 18, 2009 Board of Directors Meeting at pm.

Quarterly Membership Meeting at 3pm.

Dinner to follow.

Sat, Feb 21, 2009 Board of Directors Meeting at 3pm.

Sat, March 21, 2009 Nominating Committee Meeting at 2:30pm.

Board of Directors Meeting at 3pm.

Sat, April 25, 2009 Board of Directors Meeting at 2pm.

Annual Membership meeting at 3pm.

Awards dinner to follow.

If you have any questions or wish to have an item on the agenda, contact John Hannum at jrhannum@sbcglobal.net or call 707-525-8108. Members are welcome at board meetings.

— John Hannum

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ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP-TO-THE-MINUTE LISTINGS, GO TO WWW.CALALPINECLUB.ORG AND CLICK ON THE MEMBERS PAGE. CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM FOR THE USER ID AND PASSWORD.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

JUL 1-2 PRIVATE EVENT Martha de Camp

JUL 3 THUR PRIVATE PARTY
Katy Siiteri

JUL 3 THUR MID-WEEK WORK PARTY

9am - 2:30pm Chef: Nicole Roche

Cher: Nicole Roche
Coordinator: Eva Libien
Overnight possible. Contact Eva at 415-383-5184
to let her know you are coming.

JUL 4 FRI BBQ AND POT LUCK 2B Hike starts 10am; 1A at 11am. Happy hour will begin at 3:30pm followed by BBQ and Potluck at 4:30pm. Call or email Eva Libien 415-383-5184 elibien@yahoo.com. Overnights possible July 4 and 5. See page 1 for details.

JUL 11-12 FRI-SAT WEDDING Suzanne Samuel and Dave Lewak

JUL 13 SUN SUNDAY WORK PARTY 9am – 2:30pm Coordinator: Peter Beckmann Overnight possible. Contact Peter at 813-423-9242 or at beckmann@baymoon.com to let him know you are coming.

JUL 13-19 SUN-SAT SIERRA CLUB

JUL 19-20 SAT-SUN HIKERS' WEEKEND Happy Hour 4:30pm; BYOB and appetizer to share. Dinner, salad, dessert at 6pm. You are invited to spend the night at the lodge with breakfast Sunday morning. New rates: dinner \$8; overnight \$18; breakfast \$4; Associate fee \$5. Bring instruments for an after-dinner improvisational musical experience. Contact Tony Smith at joanne-tony@sbcglobal.net or 925-933-2403 by Wednesday, July 16. To pay in advance make checks payable to Tony Smith and mail to 2345 Tice Creek Drive, #4, Walnut Creek, CA 94595.

JUL 20 SUN TRUSTEES MEETING Alpine Trustees meet at noon in the TAM Building.

JUL 20 SUN LEADERSHIP MEETING

CAC Board of Directors meets at 2pm in the Social Hall. Quarterly Membership meeting at 3pm. Everyone welcome. Dinner to follow. See article on Page 1.

JUL 25-27 FRI-SUN PRIVATE EVENT Erin and Mary Neff

JUL 28-AUG 22 TAM BUILDING RE-ROOFING PROJECT

Week days only -TAM Building Only

AUG 7 THUR MID-WEEK WORK PARTY

9am-2:30pm

Chefs: Carol Bodtker and Pauline MacDonald Coordinator: Hardy Dawainis Overnight possible. Contact Hardy at

Overnight possible. Contact Hardy at 415-461-4431 to let him know you are coming.

AUG 16-17 SAT-SUN HIKERS' WEEKEND Happy Hour 4:30; BYOB and appetizer to share. Dinner, salad, dessert at 6pm. You are invited to spend the night at the lodge with breakfast Sunday morning. See new rates on page 3. Contact Diane Smith @ dianesmith1776@ sbcglobal.net or 925-935-2869 by Wednesday, August 13. To pay in advance make checks payable to Diane Smith and mail to 143 Sierra Drive, Walnut Creek, CA 94596-4792.

AUG 22-23 FRI-SAT PRIVATE PARTY
Greg Farber

AUG 25-27 MON-WED PRIVATE PARTY Pearl Lam

AUG 30-SEPT 1 SAT-MON CAMP DEL ORO

See page 1.

AUG 30-SEPT 5 SAT-FRI MINI
VACATION AT ALPINE LODGE

See page 8 for details.

SEPT 4 THUR MID-WEEK WORK PARTY 9am - 2:30pm

7aiii - 2.5

Chef: Ursula Pedersen Coordinator: Jennie Bruyn

Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

SEP 20 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1 pm Directors meet at 3 pm in the Social Hall.

SEP 20-21 SAT SUN HIKERS' WEEKEND

See Aug 16-17 except contact hosts Skip Perry and Pia Andersson at piaandersson@earthlink. net or 415-924-9241 by Wednesday, September 17. To pay in advance make checks payable to Pia Andersson and mail to 151 Mariner Green Court, Corte Madera, CA 94925.

SEP 27 SAT PRIVATE EVENT

OCT 2 THUR MID-WEEK WORK PARTY

9am-2:30pm

Chef: Taren Hamilton Coordinator: Hardy Dawainis Overnight possible. Contact Hardy at 415-461-4431 to let him know you are coming. OCT 3-4 FRI-SAT HOST TRAINING Coordinators, Alpine Lodge Trustees Contact Hardy Dawainis at 415-461-4431.

OCT 5-8 SUN - WED PRIVATE EVENT Anita ehnder

OCT 11 SAT SIERRA CLUB

OCT 12 SUN SUNDAY WORK PARTY 9am-2:30pm

Chefs: Bill Pung and Dennis iebell Coordinator: Arnold Champagne

Overnight possible. Contact Arnold at 415-282-1704 to let him know you are coming.

OCT 18-19 SAT-SUN HIKERS' WEEKEND See future issues of TRAILS.

OCT 19 SUN ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at noon, CACF at 1pm, Board of Directors at 2pm, Membership at 3pm. Everyone welcome. Dinner to follow.

OCT 23-26 THUR-SUN SIERRA CLUB LODGE LEADERS MEETINGS

NOV 1 SAT HALLOWEEN PARTY

NOV 6 THUR MID-WEEK WORK PARTY 9am-2:30pm

Chef: Mary DiSanto Coordinator: Jennie Bruyn Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

NOV 7-8 FRI- SAT CACF CACF Annual Meeting

NOV 15 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm; Board of Directors at 3pm.

NOV 15-16 SAT-SUN HIKERS' WEEKEND See future issues of TRAILS.

DEC 4 THUR MID-WEEK WORK PARTY

9am-2:30pm

Chef: Elaine Dengler Coordinator: Eva Libien Overnight possible. Contact Eva at 415-383-5184 to let her know you are coming.

DEC 6 SAT MTIA Coordinator: Sue Karp

DEC 13 SAT CAC HOLIDAY PARTY

DEC 14 SUN FAMILY HOLIDAY PARTY

See upcoming TRAILS for details

DEC 20-21 SAT-SUN HIKERS' WEEKEND See future issues of TRAILS.

Watch for updates in future issues of TRAILS!

4 TRAILS JULY/AUGUST 2008

JUNE 5 WORK PARTY

Work party coordinator, **Jennie Bruyn**, had the general chores neatly outlined and a Martha Stewart-type display of bananas, breakfast pastries, cherries, grapes, and coffee ready for the volunteers by 8:30am.

Donna Rice, delicate only in appearance, went directly with knee pad and tools in hand to clear dried grasses. **Ruth Tretbar**, a dedicated club volunteer and gardener, worked in another area of the grounds.

Writing one's name beside certain tasks observes protocol, rather than what occurs in fact with most work parties: In the course of tackling a project, other things needing attention arise, and when feasible, those needs are tended to without hesitation. Mayme Harris, Rosemary Trowsdale, Eva Libien, Innes Bergman, Barbara Hawke, and Carol Bodtker moved from one mission to another in the main building—washing windows, gathering yard waste, spot-cleaning floors, sharpening knives, cleaning refrigerators, ovens and shelves. Nuala Caulfield cleaned windows in the solarium, inside and out.



Bill Pung and Dennis Ziebell, with Melanie Facen leaving the kitchen.

Several volunteers helped to lug a half cord of wood down to the stash under the main building. The cedar and pine firewood was contributed by **Pauline and Jock MacDonald**, who cut, loaded, and transported the wood from their Mill Valley home after the trees suffered from recent storms. The chill of many cool winter nights will be warmed by the aromatic comfort of log fires, thanks to the MacDonalds. On the deck above the firewood cache was **Hans Schilling**, cleaning the barbecue grill, while **Roger Diehnel** painstakingly weeded and cut grasses to prepare the grounds for the anticipated fire department inspection. Between weeding projects, **Ed Del Monte** explained proper storage of table and chairs for appeal to prospective renters.

Some have a knack for observing and correcting an eyesore. **Arnold Champagne**, who last week noticed a panel missing from above the fireplace, cut, stained and expertly snuggled his composition piece comfortably into its home. Arnold, **Paul McKown** and **John Carr** sanded and prepared wood surfaces and began the painting. **Dennis iebell** and **Bill Pung**, owners of Orphan Andy restaurant and hosts of the day, prepared and served two titanic-size casseroles of lasagna al dente, a delectable Hawaiian cake and yummy chocolate fudge brownies, lemonade and iced tea, and still managed to undertake jobs between preparation, serving, and clearing. **Melanie Facen** provided a green salad and an inviting fruit salad. She, too, joined the task force.

The participants left with goodie boxes filled with the remaining lasagna and dessert, perhaps reflecting with pleasure that attending work parties and other club events with members of various interests and beliefs builds and strengthens the congenial Alpine Club family.



Arnold Champagne, John Carr and Ed Del Monte.

—Dorsey McTaggart



Arnold Champagne with Jock MacDonald

AFRICA SUCH



Rudy and Carlos enjoying some flat water on the John Day River.



Alice Casazus and Harry P. West about 1917 (left). If anyone can name the beach where this was taken or the other couple, please contact Verna West.



Trails on Mt. Tamalpais are named for Matt Davis. This photo, taken by Anita Franz, later West, is not dated but probably is from the early 1920s (edited).

—Photos submitted by Verna West

THE JOHN DAY

We got the command to back paddle from Craig. Our boat was hurling itself at 6 mph towards the rock face. The image of our early day warning of a capsize and all of us floating downstream in the haystack waves now was an apparent reality. "Back paddle harder!" yelled Craig as we tried to set the boat at a slight downstream angle. The boat finally responded and our crew began to relax as we drifted down past the rock face and on to the next set of rapids.

About a dozen Alpine Club members took **Bob Hanson's** offer of a canoe/inflatable boat trip down the John Day River in central Oregon. We arrived on Monday, May 19, to find the river running at 15000 cfs with a speed in excess of 6 mph. Many of us were ready to abort the trip, but Bob was dauntless. He convinced most of us that the trip could be made in inflatable boats. So Tuesday morning we drove 25 miles up stream and launched the boats. In sporadic rain our two boats ran through the haystack waves and returned to base camp in a little over four hours.

The next day we took a break and toured the John Day area. Our visit to the Fossil and Chinese museums was an amazing experience, as was the side trip to the Painted Hills.

Back on the river Thursday morning we ran our boats for another 25 miles through the most challenging rapids of the trip and marveled at the sculpted hills just off shore. At days end we had a tremendous sense of accomplishment and were bonded into a strong team of good friends.

Great trip Bob!

—Dan Winkelman

Photographer's note We all had a great time last week in Eastern Oregon! It was really hot the first day and then really cold and wet the next few days, but Thursday was just right! The water flow on the John Day River was about 15000 cfs as opposed to the normal 1000, so there was quite a bit of initial apprehension. However once we got on the water our uncertainty quickly transformed itself into pleasure and excitement. We took a few days off for sightseeing which luckily were the wettest ones.

The collection of images from the trip taken by me, our group's self-appointed photographer, are at http://web.mac.com/craig_hansen/iWeb/Site/Photos.html. Hope you enjoy them!

-Craig Hanson



The crew at work.

SPRING HOST APPRECIATION AND TRAINING AT ECHO LODGE

Twenty enthusiastic CAC members were hosted by Echo Trustees, Jim Nixon and Cindy Toran, for a weekend of training and camaraderie of a group of valued CAC folks who host at Echo Lodge. We were extremely fortunate to have Jim's wife, Jan McCulloch, attend and prepare fabulous meals all day on Saturday. From the photo of graduates you can see that we enjoyed beautiful, sunny, warm spring weather on the weekend of May 16-18. When not in training, everyone in the group was outside walking, hiking and reveling in the relief from the heat wave that had struck the SF Bay area. You will note the contrast between the Host Training group in warm weather garb vs. the wintry weather just a few days later when it snowed every day at the Spring Work Party (see snow photo and article by Jim Nixon below). How quickly conditions can change in the Sierra mountains!

Cindy led the classroom training and discussion about host responsibilities and record keeping. Everyone participated with questions that kept us all sharp. Jim got everyone up and moving for the lodge infrastructure tour to demonstrate where important things are located and how



Graduates of Spring Host Training at Echo Lodge.

they work. We were lucky to have **Wayne Koerting** provide a very thorough training on the proper use of our wood stoves, including how to start a fire, keep the draft working properly, and how to prevent creosote from building up in the chimney. Jan and Jim were quite a team in the kitchen, whipping up gourmet delights. **Art Ewart** and Jim provided some special evening entertainment by telling some enchanting stories. We had a great group of trainees and veteran hosts who now know each other much better after the weekend of learning and socializing in traditional Echo fashion.

Spring Host continued on page 8

IT SNOWED EVERY DAY OF THE ECHO LODGE SPRING WORK PARTY

The snow began May 22, and continued off-and-on for the entire Spring Work Party. Friday morning, we called eight volunteers and asked them not to come, as most outdoor jobs would have to wait. About two to three inches of snow fell each day. A little snow/rain/windy and freezing weather did not stop your fellow club members from spending three days dragging, cutting, and stacking enough wood to keep the lodge toasty come winter. Meanwhile in that toasty lodge the second floor bedrooms, hallway and stairs were painted. We needed to sleep in the rooms, so vanilla was added to the paint to reduce odors. The dining room and kitchen floors were waxed, carpets shampooed, all bedding washed, curtains ironed, shelves cleaned, windows washed, silverware drawers cleaned and labeled. The kitchen stove was deep cleaned. Several members used their culinary skills on this stove and satiated all. All



View from living room Friday about 6 am when the temperature was 29°; the week before it was in the 70s.

shelves were organized, old food tossed plus refrigerators and all kitchen appliances made to look like new. Everything in the lodge was recorded and photographed for insurance purposes. Finally, beautiful gift baskets were delivered to each of the grateful crews (State and County) who keep Johnson Pass Road passable. Most importantly, friendships were established, strengthened or renewed.

As you have read, even with the weather, much was accomplished. So, whenever you see Tylan Billings, Chris Bekins, Nuala Caulfield, Tom Coleman, Hardy Dawainis, Elaine and Martin Dengler, Karen Ebadi, Kurt Eichstaedt, Melanie Facen, Jean Findlay, Val Floch, Grete and Gordon Ringenberg, Mayme Harris, Ben Heldens, Bob Henry, Pascale Leroy-Marr, Linda Lester, Jan McCulloch, Bill Mott, Jim Nixon, Judy Sibley, Linda and Bill Twitchell, or Carol Weisker, give him/her a pat on the back, a hand shake, a hug or any combination and thank them for accomplishing so much.

—Jim Nixon

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

FRI JULY 4	10:00am	Bob Smith	510-841-0402	2B
,	11:00am	Leader needed		1A
INDEPENDENCE	EDAY			
SUN JULY 6	9:30am	Karl Baeck	415-459-6370	2B
SUN JUL 13	9:30am	Leaderless Hike		2B
0011,0210	,1000111	Zeuderress Time		
*SAT JULY 19	9:30am	**Leaderless		2B
*SUN JULY 20	9:30am	Karl Baeck	415-459-6370	2B
SUN JULY 27	9:30am	Taren Hamilton	415-378-4240	2B
SUN AUG 3	9:30am	Margrit Gonzalez	415-472-4270	2B
SUN AUG 10	9:30am	Jennie Bruyn	415-456-1877	2B
*SAT AUG 16	9:30am	Diane Smith	925-935-2869	2B
*SUN AUG 17	9:30am	Jordan Hermann	510-520-9782	2B
SUN AUG 24	9:30am	Renee Powers	415-648-4940	2B
SUN AUG 31	9:30am	David Solbach	415-648-4940	2B
SUN SEP 7	9:30am	Leaderless		2B
SUN SEP 14	9:30am	Cathy Dezendorf	415-383-2926	2B
*SAT SEPT 20	9:30am	Howard Ortman	415-456-5912	2B
*SUN SEPT 21	9:30am	Taren Hamilton	415-378-4242	2B
SUN SEPT 28	9:30am	Ben Heldens	415-665-7274	2B-
SUN OCT 5	9:30am	Margrit Gonzales	415-472-4270	2B
SUN OCT 12	9:30am	Ruth Tretbar	510-836-0108	2B+
*SAT OCT 18	10:00am	Don/Donna Rice	415-552-6087	2B
*SUN OCT 19	10:00am	Anne Good	510-526-6792	2B
SUN OCT 26	10:00am	Eva Libien	415-383-5184	2B
SUN NOV 2	10:00am	Jamie Watson	415-515-9618	2B
SUN NOV 9	10:00am	Rob Franklin	415-608-7938	2B
*SAT NOV 15	10:00am	Marion Hazzard	415-661-6876	2B-
*SUN NOV 16	10:00am	Rosemary Trowsdale	415-775-3206	2B
SUN NOV 23	10:00am	Jack Leibman	415-674-4370	2B
SUN NOV 30	10:00am	Melanie Facen	415-492-0470	2B

IMPORTANT! RAIN CANCELS

SUMMER HIKES BEGIN AT 9:30 AM WINTER HIKES AT 10 AM. 2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

**Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Taren Hamilton, at 415-378-4240 or tarenhf@comcast.net.
Hikers' Weekends: For supper and/or overnight arrangements, contact
Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

Spring Host continued from page 7

Thanks to all the graduates of the 2008 Spring Host Appreciation and Training: Kim Cox, Sarah Davis, Duane Dove, Art Ewart, Dee and Ginny Foote, Mae Harms, Sue Karp, Wayne Koerting, Susan McCarthy, Tom McNicholas, Dorsey McTaggart, Kathleen O'Dea, Paul Ravera, Rich Rolita, Jana and John Shober, Edna Trimm, Lee Yamada, Lillian Young.

Please remember that to maintain eligibility for Host Training or Member Events, training must be refreshed every three years. We need knowledgeable, skilled, and gracious hosts to sustain Echo Lodge and keep it open for the general CAC membership. It is only through training that we are able to maintain Echo Lodge standards of operation.

Our next Host Appreciation and Training will be October 24-26, 2008. If you would like to take advantage of the training, please contact Cindy Toran at toranski@aol.com" toranski@aol.com or phone at 707-539-4396.

-Cindy Toran

MINI VACATION AT ALPINE LODGE — AUGUST 30 -SEPTEMBER 5

Barbara Stewart and **Mary Frey** are offering the members a B&B at Alpine Lodge beginning Saturday, August 30 and ending on Friday, September 5. We will start with a dinner for the overnight guests on Saturday. On Sunday, there will be folk dancing starting at 2pm, a happy hour at 4:30 and pot-luck dinner on the deck at 5pm.

We will offer a cooked dinner every other night and will go out to local restaurants in Marin the other nights. We plan to do an easy walk every day on the mountain or in the local area.

The cost for all participants is \$17 per night for overnight and breakfast; non-members will enroll as Associates and pay \$5 daily dues. Potluck fee is \$5 for use of the lodge. Bring your own lunch materials; there will be a share cost for any dinners.

The weather is lovely in September, so treat yourself to a mini-vacation. Contact **Mary Frey** at 415-492-2510 or email her at Marymaryhiker@aol.com for reservations or information.

- Mary Frey

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

Summer/Fall Hosts and Hosts-in-Training: October through mid-Dec are available for either Private or Hosted events. We still need a Host for Thanksgiving weekend, traditionally a special time to be at Echo Lodge. Contact me by e-mail or telephone to schedule your time.

Winter Hosts: It is not too early to plan the time you would like to host at Echo and let me know.

All CAC Members: Have a wonderful summer! I hope your plans include a visit to Echo Lodge to hike, swim, fish, play golf, paddle a kayak, or just relax in the mountains with friends. We have many fine hosts scheduled for this summer. So make reservations to take advantage of our beautiful mountain retreat!

The next Echo Lodge Trustees' Meeting will be Saturday, July 12, at Echo Summit Lodge. Contact Cindy Toran at 707-539-4396 if you would like to attend.

— Sincerely, Cindy

ECHO LODGE NEW RATES FOR MEALS

Breakfast	\$5
Lunch	\$5
Dinner	\$10

HIKING AND SENIOR WEEK AT ECHO CANCELLED

Regrettably the Echo Trustees have decided to cancel the Hiking and Senior Week that was scheduled at Echo Lodge, August 15-21. Signups have fallen over the past two years, and Ray Sommer only received 5 inquiries after the recent notice in TRAILS. With only 2 months to go before the event, we do not think there will be enough reservations to warrant the costs involved for transportation. In the past this has been an event enjoyed by many, but perhaps the demographics and interests of members are focused elsewhere.

—Cindy Toran

Echo Summit Lodge Summer/Fall Schedule:

JUL 2-6 WED-SUN FAMILY / TEEN WEEKEND

Please join CAC members with teenagers for a fun weekend of hiking, swimming, evening games, and a great display of fireworks over the lake. Teen-friendly food will be planned. Contact Pat Anderson, 3026 Benvenue Ave, Berkeley, CA 94705, at patinegypt@yahoo. com or 510-649-8537 for a reservation or more information.

JUL 6-11 SUN-FRI HIKERS AND COOP MEALS WEEK

Edna Trimm 415-456-5557 P.O. Box 213, Fairfax, CA 94978 etrimm@sbcglobal.net

JUL 11-13 FRI-SUN DEFENSIBLE SPACE CLEARING

This is the weekend to pitch in and help keep defensible space around Echo Lodge clear in accordance with USFS guidelines to keep our Lodge safe from Forest fires. We need your help on this annual project! Note: The lodge will also be open as a hosted event (i.e., open to members not involved in brush clearing). Contact Tom Coleman 707-992-0650 32 Live Oak Dr, Petaluma, CA 94952 travmcgee@comcast.net

JUL 13-18 SUN-FRI HIKERS' WEEK FULL

Ben Heldens/Mayme Harris/Melanie Facen Melanie Facen 415-492-0470 30 Golden Hinde Blvd, San Rafael, CA 94903 mfacen@sbcglobal.net

JUL 18-25 FRI-FRI HOSTED EVENT Kathy & Bill Faherty 707-539-7081 5420 Gates Rd, Santa Rosa, CA 95404 Kfaherty@mac.com

JUL 25-27 FRI-SUN CO-OP MEALS WEEKEND

Sonia Bastidas & Craig Schroeder

415-927-7415 110 Buena Vista Ave, Corte Madera, CA 94925 soniaebastidas@yahoo.com

JUL 27-AUG 3 SUN-SUN HOSTED EVENT

Barbara & Keith Crockett and 650-365-6280 Janis Riccomini 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

AUG 3-7 SUN-THUR HOSTED EVENT Jim Nixon & Jan McCulloch 650-756-7771 Shelly Navine & Bob Henry 50 Seacrest Ct, Daly City, CA 94015 jimnixon2000@yahoo.com

AUG 7-10 THUR-SUN HOSTED EVENT Lillian Young & Genie Frye 650-588-5689 3650 Sneath Ln, San Bruno, CA 94066 lcyou@sbcglobal.net

AUG 10-15 SUN-FRI HOSTED EVENT Eike Linkwitz 415-924-0241 15 Prospect Ln, Corte Madera, CA 94925 el@linkwitzlab.com

AUG 15-21 FRI-THURS AVAILABLE FOR TRAINED HOSTS

AUG 22-25 FRI-MON HOSTED EVENT Art Ewart & Kathleen O'Dea 707-538-3696 1405 Snowy Cloud Way, Santa Rosa, CA 95409 aewart@sbcglobal.net

AUG 25-28 MON-THUR AVAILABLE FOR TRAINED HOSTS

AUG 28-SEPT 1 THUR-MON LABOR DAY WEEKEND - COOP MEALS

Sonia Bastidas 415-927-7415 110 Buena Vista Ave, Corte Madera, CA 94925 soniaebastidas@yahoo.com

SEPT 12-15 FRI-MON FALL WORK & FUN PARTY

Reservations: Jim Nixon 650-756-7771 jimnixon2000@yahoo.com

SEPT 18-21 THUR-SUN PRIVATE EVENTBill Faherty 707-539-7081

SEPT 26-28 FRI-SUN PRIVATE EVENT Lee Yamada & Phyllis Cole 831-438-5749

OCT 5-12 SUN-SUN FALL SPA WEEK Barbara Crockett (reservations) 650-365-6280 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

OCT 24-26 FRI-SUN HOST APPRECIATION & TRAINING

Contact Cindy Toran 707-539-4396 toranski@aol.com

NOV 7-9 FRI-SUN PRIVATE EVENT
Dee & Ginny Foote 408-255-6581

WATCH FOR UPDATES IN FUTURE ISSUES OF TRAILS!

issued monthly by the

California Alpine Club
Founded in 1913 - Incorporated in 1936

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HISTORIAN'S REPORT

SUNDAY EVENING AT THE LODGE

From TRAILS November-December 1931

The day's end, when most hikers turn homeward, is proving to many to be the most pleasant time of all, for from four to six the hungry hikers file in to the Lodge. While some take showers and change, others count noses to organize groups for supper, or more frequently all eat together.

Between the contents of knapsacks and the Club food lockers, a menu is devised sometimes greatly assisted by a can opener, or as often is the case, from tasty leftovers.

Afterwards the group gathers around the fireside with lights low while Brownie gives the K.P. job the finishing touches. Then the evening radio concert is enjoyed, including Baldwin McGaw's fifteen minutes of poetry, followed by a discussion of impressions conjured up by his words.

The walk to Mill Valley at night is pure magic. No land of faery can equal the charm of stars, fog, lights through the trees, the distant glow of sky that is San Francisco, and the bay with its ships. Finally on board the boat, city bound, the glowing hills of Sausalito are reflected in the waters of its harbor. So ends the day fading into memory.

—submitted by Norman Duxbury

TRAILS NEWSLETTER ALERT

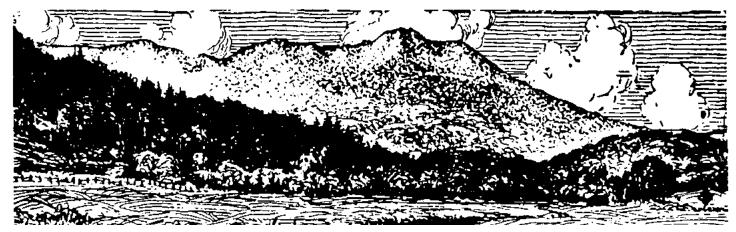
Please send articles for the **September** issue of TRAILS to editor, **Pat Boyd**, at boyd4@pacbell.net, or via mail to 1705 California Street, Berkeley, CA 94703. Telephone 510-883-9929.

Pat should receive articles for the September issue no later than **August 5th.** Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the October issue of TRAILS will be **Angi Blackwell**, at ablackwellca@earthlink. net. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, or **Carroll Pearson** at pearsoncmp@aol.com, telephone 408-736-9403.

— Angi Blackwell, Publishing



OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 84 September 2008 No. 7

CAC IS GOING "GREEN"!

It all started with **Peter Beckmann** throwing down the gauntlet to prepare some green meals at Alpine and find some less harsh cleaning chemicals. It got taken up by **Vicki Olds** and **Mae Harms**. Peter Beckmann and Mae Harms wrote the resolution.

The Board of Directors unanimously adopted the resolution encouraging and supporting operating the California Alpine Club in an manner that considers our impact on the environment. As you see the words are "encourage" and "support", not "mandate". As club members acting on behalf of CAC and our lodges, and our own personal well being, we will answer these two questions: "What is the most environmentally friendly way can I accomplish this?" Next, "Will it work for CAC and our lodges?" In some cases, it may not be practical, but many times it will benefit our club, our environment, and most importantly, our own health.

Greening CAC is a destination. We know we can't become totally "green" overnight, but as Hillary Price said in her recent Rhymes with Orange comic strip, "Must everything come from Costco?"

The resolution as unanimously adopted by the California Alpine Club Board of Directors on July 20, 2008 follows:

- · WHEREAS the stated purpose of the California Alpine Club is to explore, enjoy and protect the natural resources of our land, and
- · WHEREAS the purpose of the California Alpine Club is at all times to protect and, as far as we are able, to improve the environment in which we live, and
- · WHEREAS many California Alpine Club members are deeply concerned about environmental issues,
- · NOW THEREFORE BE IT RESOLVED, that the Board of Directors of the California Alpine Club encourages and supports the efforts of (1) event hosts to plan, shop for, and prepare meals that are organic and/or locally grown as much as possible; (2) trustees to purchase products that are the least harmful to the environment; and (3) trustees to use the most environmentally-friendly materials and procedures for any remodeling, repairing or upgrading projects.





Birding Taylor Creek: L to R, Jerry Wagner, Dan Winkelman, Mae Harms, Barbara Dolan, John Somers, Ruth Cooper, Sue Gibbons and Chris Bekins.

BIRDS OF THE SIERRAS

Eleven CAC members and their guests recently attended the combined Birding and Conservation event June 11-15 at Echo Summit Lodge. Three full days of birding allowed us to see and hear about 76 species. Both Bald Eagles and Golden Eagles were seen soaring the skies as well as Common Nighthawks. Colorful warblers, Lazuli Buntings, Green-tailed Towhees, Black-headed Grosbeaks, and Western Tanagers delighted us by perching in the sun with their colorful plumage aglow. Coyotes, chipmunks, ground squirrels, and marmots were also seen.

Leaving the lodge around 7:30am each day in carpools, we drove to Diamond Valley/Grover's Hot Springs, Ice

See Birding on page 5

Please plan to attend the quarterly membership meeting at 3 pm on Sunday, October 19. We will need a quorum of 30 members to vote on the proposed changes to our by-laws, described in the articles on page 3 of this issue.

TRAILS Editor ~ Pat Boyd

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:			
President	John Hannum	707-525-8108	JRHannum@sbcglobal.net
Vice President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Secretary	Helena Troy	415-492-9576	hmtroy@aol.com
Treasurer Registrar	Jean Findlay Shirley Anderson	916-285-6186 831-427-2722	ogrenfindlay@yahoo.com Shirl@cruzio.com
	,	001 12, 2,22	Simil Crazio.com
Board of Directo Carl Duisberg	<i>rs:</i> 415-388-1175	carlduichara@ha	atmail.com
Vicki Olds	415-221-2830	carlduisberg@ho volds@studiorefl	
Mae Harms	530-333-1058	maeharms@min	
John Lillich	925-930-9489	jlillich@sbcgloba	
Carroll Pearson Jean Rodgers	408-736-9403 415-435-9383	pearsoncmp@aol.co	
Jean Rougers	413-433-9363	jioug1216@aoi.cc	JIII
Committee Chair		44. 000 4.00	1 10 1
Conservation Finance	Jay Hallberg Dave Maier	415-383-1507 831-462-2764	lareenie@yahoo.com dmmaier@pacbell.net
Historian	Verna West	650-854-6349	99swest@earthlink.net
Hike Leader			
Co-ordinator Innkeeper	Taren Hamilton	415-378-4240	tarenhf@comcast.net
Co-ordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
Membership	Louise Holloway	415-479-9691	louiseholloway@sbcglobal.net
Outings	Ruth Tretbar	510-836-0108	rtretbar@yahoo.com
Publications Sunshine	Angela Blackwell Mary Maier	415-584-2586 831-462-2764	ablackwellca@earthlink.net mlmaier@pacbell.net
Social Activities	Sonia Bastidas	415-850-0464	soniaebastidas@yahoo.com
			J
Lodge Trustees Alpine Chair	Peter Beckmann '10	831-423-9242	beckmann@baymoon.com
Aipine Chan	Jennie Bruyn '10	415-456-1877	jennielbruyn@yahoo.com
	Hardy Dawainis '09	415-461-4431	hdawainis@comcast.net
	Eva Libien '11	415-383-5184	elibien@yahoo.com
	Arnold Champagne	415 282-1704	ArnoldChampagne@yahoo.com
	Alpine		
	Accommodations	415-381-4975	
Treasurer Calendar	Melanie Facen Gerald Petak	415-492-0470 408-656-6817	mfacen@sbcglobal.net
Echo Chair	Cindy Toran '10	707-539-4396	alpinelodgel@yahoo.com toranski@aol.com
Ectio Citan	Tom Coleman '11	707-992-0650	travmcgee@comcast.net
	Edie Nelson '11	831-423-5576	edieforsyth@hotmail.com
	Jim Nixon '09	650-756-7771 415-472-1229	jimnixon2000@yahoo.com
	Ray Sommer '09	710-4/4-1447	ray@sommerworld.com
CAC Foundation			1 1
Jay Hallberg, Pre	sident	415-383-1507 916-451-1523	lareenie@yahoo.com
Bill Meneguzzi		710 -4 31-1323	bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angi Blackwell, Anita Cabrera, Carroll Pearson, Catherine Theilen Burke, Dan Schoenholz, Helena Troy, Patricia Boyd, Tom Mahood, and William Steinmetz.

Contributors: Shirley Anderson, Angi Blackwell, Selma Bomfim, Hardy Dewainis, Taren Hamilton, John Hannum, Mae Harms, Louise Holloway, Eva Libien, Susan McCarthy, Carroll Pearson, Gerald Petak, Dorothy Satir, Cindy Toran, Ruth Tretbar, Helena Troy, Jerry Wagner, Karen Wagner, Verna West, and Dan Winkelman.

Correspondence: Please address correspondence concerning this publication to: John Hannum, 2309 Avenida De Las Brisas, Santa Rosa, CA 95405-8602. CAC Web Site: www.calalpineclub.org

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PRESIDENT'S MESSAGE



BEIN' GREEN

When Jim Henson, Joe Raposo and Kermit got together in 1970, "Being Green" was about blending in (or not) and then, being beautifully happy as that green frog.

Today, our "greenness" can also be matters of pride and of conflict. A

few Alpiners were present at our July 19 Meeting. Simple idea: express our Club's purposes to include concern for environmental issues, then encourage and support actions to favor organic, locally-grown, not-harmful and environmentally-friendly principles. There was great discussion and some debate; the Resolution (recited on page one) was adopted. But, not without some implied reservations and expressed duty assignments – "encourages and supports" is not a mandate; "as much as possible" is up to our hard-working hosts; "least harmful to the environment "and "most environmentally friendly" are to be found by our lodge trustees. That includes maybe a hundred (?) of our almost 800 members. Who does the rest? How do we learn what is best?

My thumbnail photo in this issue is backgrounded by a few books, while Kermie and I contemplate a pear (yes, it's "organic", but it came in July from a far-away or well-preserved place, and it's kinda mushy). We'll have it in a salad. The books are important to the story, though. Do we each read all of them to glean knowledge of which are the " least " and " most " of the zillions of choices we make?

Kermit sang:

"It's not (that) easy being green . And (yet, after several internal debates) I think it's what I want to be."

In the two minutes of that song (and you can get your heart filled by seeing it at http://www.youtube.com/watch?v=hpiIWMWWVco - 600,000 hits and counting) Kermit started changing our world.

So . Mae and Peter and Vicki and all the rest: Keep singing the song and finding the books and sharing them with us.

it's what I want to be.

—John Hannum

REPORT ADDRESS AND EMAIL CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone, and email (particularly email, which changes much more frequently.) Shirley Anderson can be reached at Shirl@cruzio.com (email preferred) or 831-427-2722 or by mail at 203 Sunlit Lane, Bonny Doon, CA 95060-9661.

— Shirley Anderson

Proposed Change to By-Laws- Membership

The following is a proposed change of our CAC By-Laws to address the long and cumbersome process for becoming a new member. This proposal will be voted on at the quarterly membership meeting on Sunday, October 19, 2008. Please plan to attend this meeting, as we will need a quorum of 30 members to vote on this change. If you have comments about the proposed change, please contact any of the board members. Their phone numbers and email addresses are listed in the CAC Box on page 2.

To see the original text of the by-laws, go to our web site at www.calalpineclub.org. Send email to John Hannum at jrhannum@sbcglobal.net, if you need the ID and password.

-Carroll Pearson and Helena Troy

ARTICLE II Members Section 3 - Eligibility Proposal of Membership Candidates

To become eligible for membership in the California Alpine Club, a candidate shall be required to have attended at least two separate Club activities within the 12-month period immediately preceding application for membership. One activity shall be a scheduled event; the other shall be active participation in a work party at either lodge or have worked on one of the major activities other approved work project.

Each applicant shall complete and sign an application blank in such form as may be prescribed by the Board of Directors, which application must be signed and presented to the Board of Directors by two the CAC Membership Application form, which has been prescribed by the Board of Directors. Two sponsors who are members in good standing shall sign the application. Joint members shall be considered as a single sponsor in signing new member applications. To ensure proper orientation for applicants, each sponsor shall explain the Club purposes/goals, its governance, responsibilities of membership, and the importance of volunteerism.

Applications and fees are submitted to the Membership Chairperson.

Section 3.5 – Entrance Fees

An entrance fee of \$20 must accompany application for Regular membership. The entrance fee for Joint membership shall be \$30. Should the spouse or partner of a Regular member apply for membership, such spouse/partner shall pay the regular entrance fee of \$20 and shall meet membership requirements.

Annual dues and entrance fees, which are prescribed on the CAC Membership Application and set by the CAC Board of Directors, shall be payable upon presentation of the application for membership.

Section 4 - Election of Members

The Membership Committee shall determine whether the application is in accordance with Article II, Section 3. The application_name(s) of the proposed member(s) shall be submitted by the Membership Committee to the Board of Directors for its review and board action to accept acceptance at its next meeting subsequent to the publication of the applicant's name in TRAILS. The date of such meeting shall be published in advance in TRAILS. The Board of Directors shall determine whether the application is in accordance with Article II, Section 3. The Membership Committee shall inform the candidate(s) of the board action and the new member names shall be published in the next issue of TRAILS. If any Club member(s) speak(s) against a prospective member, the Board of Directors shall, after hearing arguments pro and con, vote to accept or reject that prospective member.. Upon a majority vote of the Board members present, such consideration may be conducted in a closed meeting. In the event that the application for membership is rejected not approved, the prepaid dues and entrance fee shall be refunded.

PROPOSED ADDITION TO BY-LAWS—INDEMNIFICATION

During review of our existing by-laws, it was discovered that an Indemnification provision was missing. This provision, which is common to most contemporary by-laws, limits the personal liability of officers and board members. The recently approved by-laws for the California Alpine Club Foundation (which were crafted by a pro bono team of attorneys) contain such a standard clause.

Club officers voluntarily act in the best interests of the club and, in doing so, expose themselves to proceedings that could include lawsuits. They should have assurance that the Club will indemnify them in such cases. Accordingly, President **John Hannum** is proposing the following addition to Article III. Officers / Directors in CAC's current by-laws:

SECTION 13

Indemnification. California Alpine Club (A California Corporation) shall indemnify any Director or office of the Corporation and who was or is a party or is threatened to be made a party to any proceeding which shall include for the purposes of this Article any threatened, pending, or completed action, or other proceeding whether civil, criminal, administrative, or investigative (other than an action by or in the right of the Corporation) by reason of the fact that such person was or is an authorized representative of the Corporation against expenses (which shall include for purposes of this Article) attorney's fees, judgments, fines, and amounts paid in settlement actually and reasonably incurred by such person in connection with such action or proceeding if such person acted in good faith and in a manner such person reasonably believed to be in, or not opposed to, the best interests of the Corporation and, with respect to any criminal proceeding, had no reasonable cause to believe such person's conduct was unlawful.

This proposal will be presented for adoption at the quarterly membership meeting on Sunday, October 19, 2008. Please plan to attend this meeting as we need a quorum of 30 members to vote on this important addition to the by-laws. If you have any comments or additions, you may contact John Hannum at JRHannum@sbcglobal.net.

—Helena Troy, Secretary

ALPINE CLUB FINANCIAL REPORT

Over the past six months, a few volunteers have reviewed our bookkeeping practices and compared them with those common to thousands of other non-profit corporations; with our Treasurer's help, we moved from three disjointed record sets to a unified chart of accounts with a standard glossary so that our balance, revenue, and expense categories follow published standards and gather the data we need to make transparent our financial picture and set us up for timely and accurate tax-return filings.

Our Editor has processed our summary Excel workbook into a form for publication in this issue. If you look and calculate, you can answer at least three questions:

- 1. "Did our 'net worth' change over the year?" Yes, in cash terms, it increased by about \$57,000.
- 2. "What were our 'money-makers'?" In the following order: activities, dues, and accommodations brought in \$162K of our overall \$184K.
- 3. "What were our 'spenders'?" In order: lodge-keeping, activities, and insurance spent \$112,000 and Trails \$11,000 making up \$123,000 of the total \$128,000 expenditures. (\$186K minus \$128K = \$58K; almost equal to the \$57K change in net worth. Yes, some mysteries remain.)
- 4. "How'd our GNMA Life Membership Fund do?" It received \$8,510 "new money", appreciated \$1,330, and paid \$2,700 interest (almost 5) to the Club.

Where do we go from here? We are working toward defined long-range plans and budgets. Watch these pages for those. Give your Officers and other volunteers some "thank you and by-the-way, I'd like....." feedback to help us affect those outcomes.

—John Hannum

CALIFORNIA ALPINE CLUB CONSOLIDATED FINANCIAL SUMMARY

	1-Apr-07	31-Mar-08	
BALANCES	Begin FY	End FY	Change
Cash (3 checkbooks)			
CAC	56,180.00	25,520.00	(30,660.00)
CAC checks outstanding	(2,000.00)	-	2,000.00
Echo Summit Lodge	25,040.00	13,920.00	(11,120.00)
Alpine Lodge	66,760.00	56,220.00	(10,540.00)
AL Accounts payable		(3,950.00)	(3,950.00)
Savings and Certificates of Deposit			
CAC lodge reserve	13,860.00	13,960.00	100.00
CAC CD inc. \$107 interest end FY	-	50,107.00	50,107.00
Echo Lodge CD inc. \$1780 interest end FY	104,300.00	131,080.00	26,780.00
Alpine Lodge CD	10,000.00	60,000.00	50,000.00
Dues Receivable	23,400.00	7,600.00	(15,800.00)
Total cash	\$ 297,540.00	\$ 354,457.00	\$ 56,917.00
Life Membership Fund (GNMA Fund)	\$ 51,900.00	\$ 61,740.00	\$ 9,840.00

(This annunity paid interest which went to CAC cash; it received \$8,510 new purchases.)

REVENUES EXPENSES

Donations & Gifts (don)		7,078.00	Accounting (biz)		615.00
Club Activities (psr)	70,740.00		Activities-Supplies & Direct Costs (pse)		37,849.00
Accommodations (ubi)	32,887.00		Postage/Shipping/Copying/Office (off)		3,267.00
Dues & Entry Fees (dues)	58,300.00		Trails Production and Mailing (tra)		10,730.00
Interest-on-deposits (int)		4,212.00	Lodge-sustaining/prov	viding (ven)	51,327.00
Interest from Life-Member F		2,700.00	Insurances (ins)		22,618.00
Rent from Apartment (rent)		8,640.00	Host Training (trn)		1,025.00
-			Other Administrative &	& Taxes (adm)	318.00
Total revenues	\$	184,557.00	Subtotal, Expenses		\$ 127,749.00
Less expenses	\$	127,749.00			
Net income	\$	56,808.00			

MEMBERSHIP REPORT

CAC New Members - August 2008

Don Schwartz and Alpidia Barraza - Joint Members 2919 Field Stone Court

Santa Rosa, CA 95405 707-526-4026

donschwartz99@yahoo.com

Sponsors: Thomas Mahood, Catherine Davis

Karen Randall - Regular Member 2014 Rachel Street

San Luis Obispo, CA 93401-4516 805-801-5363

Krouse@mac.com

Sponsors: Elaine Dengler, Anita ehnder

Steven Ross and Erin Bradner - Joint Members

1603 Portland Avenue

Berkeley, CA 94707-1513 510-524-8190

skevebum@yahoo.com

Sponsors: Suzanne Karp, Tom Bradner

Christopher and Yoko Eaton - Joint Members

Children: Alex age 8, Hannah, age 6

342 Holly Drive

San Rafael, CA 94903 415-472-5912

Christopher.L.Eaton@KP.org

Sponsors: Donna Rice, Robert Sturm, and with gratitude to Dorothy Satir for introduction to the CAC

Gordon and Grete Ringenberg - Joint Members

218 Mountain Circle

Clayton CA 94517 925-672-1067

ringcog@comcast.net

Sponsors: Kathy Faherty, Jim Nixon

Birding continued from page 1

House Canyon, and Fallen Leaf Lake/Taylor Creek/Lake Tahoe areas. We were treated to sunshine, wildflowers, and gorgeous vistas. We stopped along the route and managed to find a great place for our picnic breakfast next to a stream or in the woods.

Our conservation program this year was an impromptu reading by writer and former park ranger, Dan Winkelman. Saturday evening, he read to us from some of his recent Ranger Logs. He has plans to put them into book form in the near future.

Come join us next year, mid-June, for a fun and educational event. Birders of all levels are welcome. If birding isn't for you, come hike the wonderful trails nearby or paddle your boat in a nearby lake.

—Karen and Jerry Wagner

Registrar's Report 2008/2009 after final dues campaign

Class of Membership	Last Year Memberships	New or renewed	% of Memberships	Did not respond	% Nonrenewal
Regular	210	191	34%	19	9%
Joint	119	108	19%	11	9%
Life	88	88	16%	0	0%
Joint Life	17	17	3%	0	0%
Senior	129	120	22%	9	7%
Joint Senior	35	32	6%	3	9%
Total Memberships	598	556	100%	42	7%
*Junior	48 Jr. members	(33 families)	43 Jr. members ((30 families)	-
*Student	28 Student members (18 families)		27 Student members (17 families)		-

^{*}Not included in total memberships

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Class of Membership	# of members 2008-2009	% of total membership
Regular	191	24%
Joint	216	28%
Life	88	11%
Joint Life	34	4%
Senior	120	15%
Joint Senior	64	8%
Junior	43	5%
Student	27	3%
Total number of members including junior and student	783	100%

For 2008/09, we have 783 members and a total of 556 memberships. In the 2007/08 year, we had a total of 845 members, which represents a 7% non-renewal rate over last year evenly distributed by membership type.

-Shirley Anderson, Registrar

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BOARD OF DIRECTORS MEETING DATES

Sat, Sept 20, 2008	Board of Directors meeting at 3pm.
Sun, Oct 19, 2008	Board of Directors Meeting at 2pm. Quarterly Membership Meeting at 3pm. Dinner to follow.
Sat, Nov 15, 2008	Board of Directors Meeting at 3pm.
December	No Meetings
Sun, Jan 18, 2009	Alpine Lodge Trustees at 1pm Board of Directors Meeting at 2pm. Quarterly Membership Meeting at 3pm. Dinner to follow.
Sat, Feb 21, 2009	Board of Directors Meeting at 3pm.
Sat, March 21, 2009	Nominating Committee Meeting at 2:30pm. Board of Directors Meeting at 3pm.
Sat, April 25, 2009	Board of Directors Meeting at 2pm. Annual Membership meeting at 3pm. Awards dinner to follow.

If you have any questions or wish to have an item on the agenda, contact John Hannum at <u>jrhannum@sbcglobal.net</u> or call 707-525-8108. Members are welcome at board meetings.

— John Hannum

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP-TO-THE-MINUTE LISTINGS, GO TO WWW.CALALPINECLUB.ORG AND CLICK ON THE MEMBERS PAGE. CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM FOR THE USER ID AND PASSWORD.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

AUG 30-SEPT 5 SAT-FRI MINI VACATION AT ALPINE LODGE Mary From 415 402 2510 Mary mary blor@aol

Mary Frey, 415-492-2510 Marymaryhiker@aol.

SEPT 4 THUR MID-WEEK WORK PARTY

9am - 2:30pm

Chef: Ursula Pedersen Coordinator: Jennie Bruyn Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

SEP 10-12 WED-FRI PRIVATE EVENT WASTE MANAGEMENT

SEP 20 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1 pm Directors meet at 3 pm in the Social Hall.

SEP 20-21 SAT SUN HIKERS' WEEKEND

Happy Hour 4:30; BYOB and appetizer to share. Dinner, salad, dessert at 6 pm. You are invited to spend the night at the lodge with breakfast Sunday morning. Rates: dinner \$8, overnight \$18, breakfast \$4; Associate fee \$5. Contact hosts Skip Perry and Pia Andersson, piaandersson@ earthlink.net or 415-924-9241 by Wed., Sep. 17. To pay in advance make checks payable to Pia Andersson and mail to 151 Mariner Green Court, Corte Madera, CA 94925.

SEP 27 SAT PRIVATE EVENT

OCT 2 THUR MID-WEEK WORK PARTY

9am-2:30pm

Chef: Taren Hamilton Coordinator: Hardy Dawainis Overnight possible. Contact Hardy at 415-461-4431 to let him know you are coming.

OCT 3-4 FRI-SAT HOST TRAINING

Coordinators: Alpine Lodge Trustees Contact: Hardy Dawainis at 415-461-4431 hdawainis@comcast.net. From Sept 1 to 21 Contact: Jennie Bruyn 415-456-1877 Jennielbruyn@yahoo.com

OCT 7-9 TUE-THUR PRIVATE EVENT Anita ehnder

OCT 11 SAT SIERRA CLUB

OCT 12 SUN SUNDAY WORK PARTY

9am-2:30pm

Chefs: Bill Pung and Dennis iebell Coordinator: Arnold Champagne Overnight possible. Contact Arnold at 415-282-1704 to let him know you are coming.

OCT 18-19 SAT-SUN HIKERS' WEEKEND

Happy Hour 4:30; BYOB and appetizer to share. Dinner, salad, dessert at 6 pm. You are invited to spend the night at the lodge with breakfast Sunday morning. Rates: dinner \$8, overnight \$18, breakfast \$4; Associate fee \$5. Contact host Diane Smith, dianesmith1776@sbcglobal. net or 925-935-2869 by Wed., Oct. 15. To pay in advance make checks payable to Diane Smith and mail to 143 Sierra Drive, Walnut Creek, CA 94596-4792.

OCT 19 SUN ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at noon, CACF at 1pm, Board of Directors at 2pm, Membership at 3pm. Everyone welcome. Dinner to follow.

OCT 22-26 WED-SUN SIERRA CLUB RENTAL

NOV 1 SAT HALLOWEEN PARTY

Host: Sue Bernard. Contact her at barnard56@ hotmail.com or 510-524-1090.

NOV 6 THUR MID-WEEK WORK PARTY

9am-2:30pm

Chef: Mary DiSanto Coordinator: Jennie Bruyn Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

NOV 7-8 FRI- SAT CACF CACF Annual Meeting

NOV 11-13 TUE-THUR PRIVATE EVENT WASTE MANAGEMENT

NOV 15 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm; Board of Directors at 3pm.

NOV 15-16 SAT-SUN HIKERS' WEEKEND See Oct 18-19.

DEC 4 THUR MID-WEEK WORK PARTY

9am-2:30pm

Chef: Elaine Dengler Coordinator: Eva Libien Overnight possible. Contact Eva at 415-383-5184 to let her know you are coming.

DEC 6 SAT MTIA

Coordinator: Sue Karp

DEC 13 SAT CAC HOLIDAY PARTY

DEC 14 SUN FAMILY HOLIDAY PARTY See upcoming TRAILS for details

DEC 20 SUN NO CAC LEADERSHIP MEETING THIS MONTH

DEC 20-21 SAT-SUN HIKERS' WEEKEND See Oct 18-19.

JAN 17-18 SAT-SUN HIKERS' WEEKEND See OCT 18-19

JAN 18 SUN LEADERSHIP MEETINGS

Quarterly membership meetings: Trustees at 1pm, Board of Directors, 2pm. Quarterly meeting at 3pm. Dinner follows. Everyone is invited.

FEB 14-15 SAT-SUN HIKERS' WEEKEND See OCT 18-19

FEB 21 SAT LEADERSHIP MEETINGS Trustee Meetings at 1pm Board of Directors

Trustee Meetings at 1pm, Board of Directors at 2pm.

Watch for updates in future issues of TRAILS!

JULY WORK PARTY

A great group of enthusiastic members attended our mid-week work party on July 3. The main attraction of the day was the performance put on by Arnold Champagne and his able crew of painters, Bill Pung, John Carr, and Jock MacDonald. Our grounds were well tended by Dennis

ieball, Donna Rice, and Hardy Dawainis. Dennis and Bill Pung donated and planted some lovely rose bushes near the front entry and even put some wire netting over the plants to protect them from the well-fed deer. Roger Diehnel and Ben Heldens kept busy checking and repairing some of the many things that needed attention. Ed Del Monte made sure that the annual fire service was completed. Bebe Birnbaum and Innes Bergman, with their usual exuberance, mopped, dusted, and swept. Mayme Harris made sure that the bedrooms were clean. Nuala Caulfield worked hard to get the bathrooms in good shape. **Jennie Bruyn** cleaned out the fridge and organized the pantry. Nicole Roche served a tasty Salad Nicoise and for dessert we feasted on fruit tart. Pauline MacDonald, with her great sense of design, helped put up the decorations for the next day's Independence Day party, and Hans Schilling made sure the BBQ was in good shape for the big day.

—Eva Libien

INNKEEPING AT ALPINE LODGE

At 8:30am on Sunday, I drive across the bridge, then wend my way up the winding road to the lodge. The weather is not great. Intermittent rain the past few days has been followed by today's overcast skies, drizzle, and a low fog which follows me up the road. I creep at 20 miles an hour and keep an eye on that blessed yellow double line.

Will anybody turn up? Who goes hiking in such weather? But I know better; and we do have members who hike, no matter what. I've met them: the stalwarts, the intrepids, the courageous, the brave and vigorous! Ah yes, I used to be among them. But today I hike less and have taken up different activities at our lodge, like INNKEEPING, and work parties, and holiday celebrations.

A good friend has offered to keep me company for the day, for which I am grateful. I certainly don't want to be there alone. And I am doing the same thing for a new member/friend who will soon be innkeeper and is concerned as it is his first time. "Piece of cake," I tell him. "I'll go with you."

First surprise: there are people in the lodge – stayovers from last night. There's a lovely fire burning and the place is cozy and warm. Folks are having breakfast; smells of coffee and toasted bagels. This was to be another hiking day, but the weather has proven to be too daunting, and most will soon leave for home. Some linger on and we chat together in the living room. A family of four, including 2 youngsters, 3 and 5, are having a wonderful time running around in all that space in their stocking feet. Freedom! You can just feel it for them. The family are prospective members and you can see how much they enjoy it. They will help to swell the ranks of young members, so important to the growth of our club.

And, as I predicted, day hikers actually turn up! Well, two of them. And off they go, slickers and all. I learn how to work the coffee maker and put out my cookies for their return, and anyone else's visit.

About 11:30 the overnighters are all gone, leaving Harry and me to "mind the store." A couple come by who are renting our lodge for a May wedding, and want another look around. A pleasure; they're so happy. About an hour later, another couple turn up. They heard about us, and want to see the space for their future wedding. I show them around, extolling our virtues, and telling them what I can about accommodations.

One more hiker turns up at 12:30 or so and we have lunch together. Then the two former hikers return to join us. More chitchat, more munching, and by 3pm, all have left. While the innkeeper is supposed to stay until 4, I figure there is small chance now of any stragglers. We turn everything off, lock the door, and say good-bye to the lodge and a wonderful happy day. I can't speak for anyone else, but I had a great time.

—Dorothy Satir

Note Dorothy Satir, who submitted this article for T AILS, writes "I joined as a Life Member in 1 6, and for a number of years I just did about e erything at Alpine Echo hat a mar elous Club we are I'm glad to say I' e encouraged about a dozen people to join... this article... manages to appear in T AILS e ery few years, and, I trust, encourages people to get in ol ed."



Carol Bodtker and Pauline MacDonald preparing fresh pasta for the luncheon feast at the Alpine Lodge August work party.

AUGUST WORK PARTY AT ALPINE LODGE

Another culinary triumph! Our monthly work parties are not only famous for the dedicated work by members and prospective members—but also for their great lunches! Is there a better way to spend a day than working on the Lodge we all love? And what better reward than breaking bread with good friends over a good meal and good conversation? **Carol Bodtker** and **Pauline MacDonald** prepared a delicious lunch of homemade pasta, fresh garden salad, and a homemade peach and blueberry cobbler. Perhaps that is why this seemed like the cheeriest crowd of workers I have encountered.

As usual, **Ed Del Monte** was there bright and early checking on the two major construction jobs that we are involved in at this time—the new roof on the Tam building and the concrete slab/retaining wall below the deck stairs. You will have noticed that our outside property has never looked better. **Donna Rice** and **Dennis**

iebell, both members of our Garden committee were kept busy with the never-ending task of weeding and planting. Ben Heldens, who is not only a regular at work parties but also has a long history of giving his time and skilled labor to the club, was working on our rather temperamental sprinkler system. Arnold Champagne, who has been a member for less than one year and has already agreed to become a Trustee, was working with the help of Jock MacDonald on some long overdue paintwork on the south side windows. I am afraid I lost track of Bill Pung, also a relatively new member and already a regular at work parties—one minute I saw him helping Karl Baeck painting the downspouts for the new roofing job on the Tam building, and the next minute I saw him perched on a long ladder helping John Hannan cleaning some of the hard-to-get-to windows. Besides being on duty for the heavy lifting in the kitchen, Erik Bodtker repaired and cleaned all of the umbrellas. We were a little short on domestic helpers but Jennie Bruyn, Eva Libien, and Judy Hagedorn who is a prospective new member, had the place sparkling in no time. Milt Hagedorn, also a prospective new member, did a great job setting the first row of brick markers in concrete on the south parking lot. Our next work party will be September 4.

-Hardy Dawainis

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

	SUN SEP 7	9:30am	Leaderless		2B
	SUN SEP 14	9:30am	Cathy Dezendorf	415-383-2926	2B
	*SAT SEPT 20	9:30am	Howard Ortman	415-456-5912	2B
	*SUN SEPT 21	9:30am	Taren Hamilton	415-378-4242	2B
	SUN SEPT 28	9:30am	Ben Heldens	415-665-7274	2B-
	SUN OCT 5	9:30am	Margrit Gonzales	415-472-4270	2B
	SUN OCT 12	9:30am	Ruth Tretbar	510-836-0108	2B+
	*SAT OCT 18	10:00am	Don/Donna Rice	415-552-6087	2B
	*SUN OCT 19	10:00am	Anne Good	510-526-6792	2B
	SUN OCT 26	10:00am	Eva Libien	415-383-5184	2B
	SUN NOV 2	10:00am	Jamie Watson	415-515-9618	2B
	SUN NOV 9	10:00am	Rob Franklin	415-608-7938	2B
	*SAT NOV 15	10:00am	Marion Hazzard	415-661-6876	2B-
	*SUN NOV 16	10:00am	Rosemary Trowsdale	415-775-3206	2B
	SUN NOV 23	10:00am	Jack Leibman	415-674-4370	2B
	SUN NOV 30	10:00am	Melanie Facen	415-492-0470	2B
	SUN DEC 7	10:00 AM	Pascale Leroy-Marr	415-661-8904	2B
	SUN DEC 14	10:00 AM	Anne Good	510-526-6792	2B
	*SAT DEC 20	10:00 AM	Leaderless		2B
	*SUN DEC 21	10:00 AM	Jennie Bruyn	415-456-1877	2B
	THUR DEC 25	10:00 AM	Eva Libien	415-383-5184	2B
	CHRISTMAS DAY				
	SUN DEC 28	10:00 AM	Leaderless		2B
ı					

IMPORTANT! RAIN CANCELS

SUMMER HIKES BEGIN AT 9:30 AM WINTER HIKES AT 10 AM. 2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

**Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Taren Hamilton, at 415-378-4240 or tarenhf@comcast.net. Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

OUTINGS 2008

THUR, SEP 11 Walk in Sausalito. Gus Raney will lead a walk to some of his favorite places, visiting the houseboats and neighborhoods in the lower hills. There are two options for lunch: at Le Garage, near the waterfront, or a bring-your-own picnic at a nearby park. Pace will be moderate and there will be time to poke into interesting corners. To attend, please contact Gus at gus.raney@comcast.net.

SAT-SUN, OCT 11-12 Folsom Canoe Trip and Camp. Easy paddle on Lake Natoma and a 10-mile stretch of Class 1 river with Bob Hanson, doctoroutdoors@comcast.net, and Dan Winkelman, winkdan@hotmail.com. To sign up, send a check for \$25 to Bob at 2600 Saklan Indian, #3, Walnut Creek 94595. See more details on this page.

—Ruth Tretbar

FOLSOM CANOE TRIP AND CAMP

After last year's big success, **Bob Hanson** and I decided to again offer a canoe/kayak trip on Lake Natoma and the Lower American River for October 11, 12. This is an easy paddle on a lake and then down a 10 mile stretch of Class 1 river. You must supply your own boat for the trip. Contact Bob for the trip and boat rental information. Those with limited experience should be able to make the trip. It is so beautiful; you will not believe that you are right in the middle of a major city. There are lots of egrets, mergansers, kingfishers, and occasional sightings of beaver and otter. The cost will be \$25 per person, to cover campground fee and meals. To sign up, send a check to Bob at 2600 Saklan Indian, #3, Walnut Creek 94595. Hanson's phone number is 925-944-3366, and his email address is: doctoroutdoors@comcast.net.

—Dan Winkelman

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

Winter Hosts: It is prime time to plan your Winter/Spring 2009 host events at Echo Lodge. Member Rentals are also available mid-week Jan-Mar and any days Apr-Jun as well as Oct 1-Dec 15, excluding Thanksgiving week. Give me a call or send an e-mail to let me know your preferred times. I will do my best to accommodate your requests. Also, note that our next Host Appreciation and Training session is Oct 24-26. If you need to renew your training, as required every 3 years, or would like to become a trained host, please contact me.

All CAC Members: We have a LOT of work to do at the Fall work party to get the lodge ready for the coming snow season. The festivities start on Thur, Sep 12 and end on Mon, Sep 15. We could sure use your help and it will be a lot of fun! Contact Trustee Jim Nixon at 650-756-7771 or jimnixon2000@yahoo.com to sign up.

Sincerely, Cindy

If you would like to attend the next **Echo Lodge Trustees' Meeting**, please contact Cindy Toran for the date and place.

Echo Summit Lodge Fall/Winter Schedule:

SEPT 12-15 FRI-MON FALL WORK & FUN PARTY

Reservations: Jim Nixon jimnixon2000@yahoo.com

650-756-7771

SEPT 18-21 THUR-SUN PRIVATE EVENTBill Faherty 707-539-7081

SEPT 26-28 FRI-SUN PRIVATE EVENT Lee Yamada & Phyllis Cole 831-438-5749

OCT 5-12 SUN-SUN FALL SPA WEEK Barbara Crockett (reservations) 650-365-6280 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

OCT 24-26 FRI-SUN HOST APPRECIATION & TRAINING

Contact Cindy Toran toranski@aol.com

707-539-4396

NOV 7-9 FRI-SUN PRIVATE EVENT
Dee & Ginny Foote 408-255-6581

NOV 26-30 WED-SUN THANKSGIVING WKEND

Janis Riccomini and Barbara Crockett 408-725-7953

12602 Cambridge Drive Saratoga, CA 95070 janisriccomini@comcast.net

DEC 12-14 FRI-SUN MEMBER EVENT Jayma Brown/Allan Lindberg 510-237-0231

DEC 26-31 FRI-WED CHRISTMAS WEEK Lynn Garric/Larry Langbehn 707-539-2078 5400 Alpine Rd, Santa Rosa, CA 95404 cransac@sonic.net

JAN 15-19 THUR-MON YOUNG FAMILIES SNOW WKND

Joan Ryan & John O'Sullivan 415-564-8507 2625-23rd Ave, San Francisco, CA 94116 joanryan@mac.com

JAN 19-25 MON-SUN COOP MEALS WEEK Cindy & Russ Toran 707-539-4396 932 Ripley St, Santa Rosa, CA 95401 toranski@aol.com

FEB 12-16 THUR-MON PRESIDENTS' WKEND

Joan Ryan & Mindi Canner 415-564-8507 2625-23rd Ave, San Francisco, CA 94116 joanryan@mac.com

FEB 16-22 MON-SUN HOSTED EVENT Shelly Navine & Bob Henry 707-829-3728 1286 Hurlbut Ave, Sebastopol. CA 95472 clyde33301@comcast.net

FEB 27-MAR 1 FRI-SUN HOSTED EVENT Pam & Garry Greever 530-677-5616 3200 Red Rock Lane, Shingle Springs, CA 95682 pamgreever@yahoo.com

MAR 27-29 FRI-SUN HOSTED EVENT Tom & Carol Coleman 707-992-0650 32 Live Oak Dr, Petaluma, CA 94952 travmcgee@comcast.net

WATCH FOR UPDATES IN FUTURE ISSUES OF TRAILS!

A FUN JULY 4TH BARBEQUE

July 4th was warm and sunny, a perfect day for our annual Independence Day celebration. Both the 2B hikers and the 1A hikers spent a few hours stretching their legs prior to getting down to the serious business of the day—feasting on BBQ chicken and sausage, accompanied by all varieties of hors d'oeuvres, salads and tasty desserts. There were close to 70 happy and well fed members and guests in attendance. Thanks to all who joined in to bring their favorite dishes, and also helped with the preparation and cleanup.

-Eva Libien

HISTORIAN'S REPORT

We now have all but one of the photos of past Presidents to be placed in the album started by **Berne Bennett**. We are still missing Peter Cistaro, 1972. "Googling" is the next step. **John Lillich** took digital photos of the last 10 images that we found, up high, as part of the collage in the living room. He emailed them to me and with help I was able to edit and make 4 x 6 prints. I brought the album back here to be sure all the photos are on the computer before returning it to stay at Alpine Lodge.

On July 5, **Judy West** and I made an inventory of the files stored in the Tam building. We found all the minutes from 1914 except 1997-2001 which may be in the Historians closet in the West alcove upstairs in Alpine Lodge. We labeled and combined a few boxes to make more room.

Of special interest are the old "lantern" glass slides of a train trip to Truckee in 1917 and a box of printing blocks, possibly from printing the four special issues of Trails for 1921-24.

-Verna West

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936 P.O. Box 2180 Mill Valley CA 94942-2180

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ALPINE LODGE SUNDAY INNKEEPERS

September 7	Open	
September 14	Charlene Schmidt	925-962-1916
September 21	Ulla Pettersson	415-821-1858
September 28	Renee Powers	415-563-1170
October 5	Jeanne Bacon	415-924-2712

More innkeepers are needed to keep the Alpine Lodge open on Sundays. To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim @hotmail.com.

I want to belatedly thank everyone who phoned and sent cards, gifts, etc., after my hiking accident on July 23. As of August 17, I'm having a few days "at home leave" from the room and board care house where I had to go after my Medicare ran out and I left Kaiser Rehab. I have another appointment on September 11 and, HOPEFULLY, they will remove this medieval metal contraption from my head and upper body, the purpose of which is to keep the fractured bones in my upper spine completely immobile until they heal. It adversely affects every phase of everyday living from sleeping (difficult, uncomfortable) to bathing (impossible). Miraculously, no nerves were damaged.

Again, many thanks.

—Kathi Freeman

TRAILS NEWSLETTER ALERT

Please send articles for the **October** issue of TRAILS to editor, **Angi Blackwell**, at ablackwellca@ earthlink.net, or via mail to 234 Lisbon Street, San Francisco, CA 94112. Telephone 415-584-2586.

Angi should receive articles for the October issue no later than **September 5th.** Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **November** issue of TRAILS will be **Tom Mahood**, at tmahood@callatg.com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586, or **Carroll Pearson** at pearsoncmp@aol.com, telephone 408-736-9403.

- Angi Blackwell, Publishing



OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 84 October 2008 No. 8



HALLOWEEN PARTY AND DINNER SATURDAY, NOVEMBER 1ST

Join us for our 3rd Annual Halloween Celebration at Alpine Lodge on Saturday, November 1st. This frolicsome evening begins at 4:30pm with appetizers and a no-host bar. Supper, including wine, will be served at 6pm. We welcome guests (and goblins), and encourage COSTUMES (your favorite actor, politician, or other scary person) for those that want to bewitch us with a surprise.

The price for this fun evening is \$18 for members, and \$20 for associate members. We will have "monster" music to listen to, and, if you feel the urge, dancing will follow our meal. Overnight lodging is available for those of you who wish to stay (Lodging \$18 members, \$23 for associate members).

Please mail your check, payable to **Sue Karp**, to 115 Madrone Avenue, Larkspur, 94939, by October 27th. Of course, we will need help to set up, tend bar, assist in the kitchen and for clean up. Please contact Sue at 415-927-3221 to volunteer.

Your hosts for the evening-

Sonia Bastidas and Sue Karp

MEMBERSHIP DINNER OCTOBER 19

Once again, our **Quarterly Membership Meeting and Dinner** overlaps with Hikers Weekend. This is a great opportunity to enjoy autumn on Mt Tam (Think: fall colors without the daunting trip to New England!) Sign up with **Diane Smith** for the weekend, then extend the pleasure with an Oktoberfest-themed dinner (absent the busty beer-servers, sorry) prepared by some of our infamous chefs. Locally-harvested table décor and the best sausages we can find (maybe some Rocky-chicken, too? Pumpkin soup?)

John and Marilyn Hannum are taking reservations (e-mail jrhannum@sbcglobal.net, phone 707-525-8108); send (or promise) them your \$15-per-person deposit; come to our quarterly membership meeting to help us with quorum and to consider changes to our by-laws, then progress to fellowship at happy hour and dinner.

— John Hannum

CAC HOLIDAY PARTIES COORDINATORS AND HELPERS NEEDED!

We need hosts, chefs, reservation takers, etc. for our holiday parties on the 13th and 14th of December. The traditional CAC Holiday Party will be on Saturday evening, the 13th, and the Family Holiday Party will be on Sunday afternoon, the 14th.

Coordinators and volunteers are also needed for the New Year's Eve Breakfast, and for the soup and salad supper on New Year's Day.

Please contact **Sonia Bastidas** at soniaebastidas@yahoo.com or 415-850-0464.

— Carroll Pearson for Sonia Bastidas

Please plan to attend the quarterly membership meeting at 3 pm on Sunday, October 19. We will need a quorum of 30 members to vote on the proposed changes to our by-laws, described in the articles on page 3 of this issue.

TRAILS Editor ~ Angela Blackwell

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

	community among our members.			
	Officers: President Vice President Secretary Treasurer Registrar	John Hannum Tony Smith Helena Troy Jean Findlay Shirley Anderson	707-525-8108 925-933-2403 415-492-9576 916-285-6186 831-427-2722	JRHannum@sbcglobal.net joanne-tony@sbcglobal.net hmtroy@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com
Board of Directors: Carl Duisberg 415-388-1175 Vicki Olds 415-221-2830 Mae Harms 530-333-1058 John Lillich 925-930-9489 Carroll Pearson 408-736-9403 Jean Rodgers 415-435-9383		carlduisberg@hotmail.com volds@studioreflex.com maeharms@mindspring.com jlillich@sbcglobal.net pearsoncmp@aol.com jrodg1218@aol.com		
	Committee Chain Conservation Finance Historian	rpersons: Jay Hallberg Dave Maier Verna West	415-383-1507 831-462-2764 650-854-6349	lareenie@yahoo.com dmmaier@pacbell.net 99swest@earthlink.net
	Hike Leader Co-ordinator Innkeeper Co-ordinator Membership Outings Publications Sunshine Social Activities	Taren Hamilton Selma Bomfim Louise Holloway Ruth Tretbar Angela Blackwell Mary Maier Sonia Bastidas	415-378-4240 415-381-4676 415-479-9691 510-836-0108 415-584-2586 831-462-2764 415-850-0464	tarenhf@comcast.net selmabomfim@hotmail.com louiseholloway@sbcglobal.net rtretbar@yahoo.com ablackwellca@earthlink.net mlmaier@pacbell.net
	Lodge Trustees Alpine Chair	Peter Beckmann '10 Jennie Bruyn '10 Hardy Dawainis '09 Eva Libien '11 Arnold Champagne	831-423-9242 415-456-1877 415-461-4431 415-383-5184	beckmann@baymoon.com jennielbruyn@yahoo.com hdawainis@comcast.net elibien@yahoo.com AmoldChampagne@yahoo.com
	Treasurer Calendar Echo Chair	Alpine Accommodations Melanie Facen Gerald Petak Cindy Toran '10 Tom Coleman '11 Edie Nelson '11 Jim Nixon '09 Ray Sommer '09	415-381-4975 415-492-0470 408-656-6817 707-539-4396 707-992-0650 831-423-5576 650-756-7771 415-472-1229	mfacen@sbcglobal.net alpinelodge1@yahoo.com toranski@aol.com travmcgee@comcast.net edieforsyth@hotmail.com jimnixon2000@yahoo.com ray@sommerworld.com
	CAC Foundation Jay Hallberg, Pre Bill Meneguzzi		415-383-1507 916-451-1523	lareenie@yahoo.com bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angi Blackwell, Anita Cabrera, Carroll Pearson, Catherine Theilen Burke, Dan Schoenholz, Helena Troy, Patricia Boyd, Tom Mahood, and William Steinmetz.

415-444-0611

acwein@earthlink.net

Contributors: Sonia Bastidas, Sue Karp, John Hannum, Carroll Pearson, Shirley Anderson, Helena Troy, Nuala Caulfield, Ernie Pitz, Tony Smith, Karl Baeck, Louise Holloway, Dan Winkelman, Mindi Canner, Taren Hamilton, Ruth Tretbar, Selma Bomfim, Cindy Toran, Verna West, Angi Blackwell.

Correspondence: Please address correspondence concerning this publication to: John Hannum, 2309 Avenida De Las Brisas, Santa Rosa, CA 95405-8602. CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

Arlin Weinberger

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Shirley Anderson at shirl@cruzio.com. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE



MY PUPPY

Last Month, my "foil" was Kermit. He came to me via Marilyn's kindergarten classroom. Kermit has inspired me to introduce another of my friends: Wooferan all-polyester brown "Lab". Woofer came, like all puppies: a few dollars across the counter, without any instruction book; we were on our own.

Unlike real puppies, Woofer needed no shots; nor did we need to peek to plan for a neutering service.

Unlike real puppies, Woofer did no chewing; our sky-blue carpet was safe.

Unlike real puppies, Woofer did not grow up to be a big dog with big-dog needs. But, neither did Woofer provide those heart-melting moments of limitless adoration; no mindless romps through the surf, no: "Go fetch the ball".

Soooo... is an "easy" pup a perfect pup? I think not. Woofer might be a metaphor for Alpine Club membership – we got one for a small price and without an instruction-sheet.

We had small obligations at first: pay our dues, show up for hikes and fit a few work parties into our busy lives.

A few of us saw our membership grow into a bigger dog: hosting and sponsoring and taking jobs set forth in our by-laws (meeting those big-dog needs). But, many have stuck with the easy polyester pup. They have missed the sweaty camaraderie of wood-splitting at Echo, the selfish satisfaction of editing a near-perfect TRAILS, the words of thanks for carrying the extra loads.

Sooo ... is an "easy" membership a perfect one? Nope.

Woofer tells me he'd really like to grow into a big dog and catch a wave or two; he'd like to hear: "Atta boy, good job." Wouldn't you?

—John Hannum

REPORT ADDRESS AND EMAIL CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone, and email (particularly email, which changes much more frequently.) Shirley Anderson can be reached at Shirl@cruzio.com (email preferred) or 831-427-2722 or by mail at 203 Sunlit Lane, Bonny Doon, CA 95060-9661.

— Shirley Anderson

PROPOSED CHANGE TO BY-LAWS-MEMBERSHIP

VOTE -3pm October 19, 2008

The following is a proposed change of our CAC By-Laws to address the long and cumbersome process for becoming a new member. This proposal will be voted on at the quarterly membership meeting on Sunday, October 19, 2008. Please plan to attend this meeting, as we will need a quorum of 30 members to vote on this change. If you have comments about the proposed change, please contact any of the board members. Their phone numbers and email addresses are listed in the CAC Box on page 2.

To see the original text of the by-laws, go to our web site at www.calalpineclub.org. Send email to John Hannum at jrhannum@sbcglobal.net, if you need the ID and password.

-Carroll Pearson and Helena Troy

ARTICLE II Members Section 3 - <u>Eligibility Proposal</u> of <u>Membership</u> Candidates

To become eligible for membership in the California Alpine Club, a candidate shall be required to have attended at least two separate Club activities within the 12-month period immediately preceding application for membership. One activity shall be a scheduled event; the other shall be active participation in a work party at either lodge or have worked on one of the major activities other approved work project.

Each applicant shall complete and sign an application blank in such form as may be prescribed by the Board of Directors, which application must be signed and presented to the Board of Directors by two the CAC Membership Application form, which has been prescribed by the Board of Directors. Two sponsors who are members in good standing shall sign the application. Joint members shall be considered as a single sponsor in signing new member applications. To ensure proper orientation for applicants, each sponsor shall explain the Club purposes/goals, its governance, responsibilities of membership, and the importance of volunteerism.

Applications and fees are submitted to the Membership Chairperson.

Section 3.5 – Entrance Fees

An entrance fee of \$20-must accompany application for Regular membership. The entrance fee for Joint membership shall be \$30. Should the spouse or partner of a Regular member apply for membership, such spouse/partner shall pay the regular entrance fee of \$20-and shall meet membership requirements.

Annual dues and entrance fees, <u>which are prescribed on the CAC</u> <u>Membership Application and set by the CAC Board of Directors</u>, shall be payable upon presentation of the application for membership.

Section 4 - Election of Members

The Membership Committee shall determine whether the application is in accordance with Article II, Section 3. The application_name(s) of the proposed member(s) shall be submitted by the Membership Committee to the Board of Directors for its review and board action to accept acceptance at its next meeting subsequent to the publication of the applicant's name in TRAILS. The date of such meeting shall be published in advance in TRAILS. The Board of Directors shall determine whether the application is in accordance with Article II, Section 3. The Membership Committee shall inform the candidate(s) of the board action and the new member names shall be published in the next issue of TRAILS. If any Club member(s) speak(s) against a prospective member, the Board of Directors shall, after hearing arguments pro and con, vote to accept or reject that prospective member.. Upon a majority vote of the Board members present, such consideration may be conducted in a closed meeting. In the event that the application for membership is rejected not approved, the prepaid dues and entrance fee shall be refunded.

PROPOSED ADDITION TO BY-LAWS—INDEMNIFICATION

During review of our existing by-laws, it was discovered that an Indemnification provision was missing. This provision, which is common to most contemporary by-laws, limits the personal liability of officers and board members. The recently approved by-laws for the California Alpine Club Foundation (which were crafted by a pro bono team of attorneys) contain such a standard clause.

Club officers voluntarily act in the best interests of the club and, in doing so, expose themselves to proceedings that could include lawsuits. They should have assurance that the Club will indemnify them in such cases. Accordingly, President **John Hannum** is proposing the following addition to Article III. Officers / Directors in CAC's current by-laws:

SECTION 13

Indemnification. California Alpine Club (A California Corporation) shall indemnify any Director or office of the Corporation and who was or is a party or is threatened to be made a party to any proceeding which shall include for the purposes of this Article any threatened, pending, or completed action, or other proceeding whether civil, criminal, administrative, or investigative (other than an action by or in the right of the Corporation) by reason of the fact that such person was or is an authorized representative of the Corporation against expenses (which shall include for purposes of this Article) attorney's fees, judgments, fines, and amounts paid in settlement actually and reasonably incurred by such person in connection with such action or proceeding if such person acted in good faith and in a manner such person reasonably believed to be in, or not opposed to, the best interests of the Corporation and, with respect to any criminal proceeding, had no reasonable cause to believe such person's conduct was unlawful.

This proposal will be presented for adoption at the quarterly membership meeting on Sunday, October 19, 2008. Please plan to attend this meeting as we need a quorum of 30 members to vote on this important addition to the by-laws. If you have any comments or additions, you may contact John Hannum at JRHannum@sbcglobal.net.

—Helena Troy, Secretary

ALPINE LODGE MIDWEEK WORK PARTY

On Thursday, September 4, we gathered at the Lodge for yet another work party. Jenny Bruyn, the coordinator, was one of the first to arrive. She saw that everyone was assigned a task and it wasn't long before all were busy. Fulfilling their requirements for membership were Beryl Kay, Mary Klein, Dolores and Dan O'Donoghue, and Karen Randell. They passed the test with flying colors, so we say "Welcome aboard". Arnold Champagne led his platoon, which included Hans Schilling and Ben Heldens, in doing yeoman work on the Hertenstein Hall exit, while Bill Pung, Jean Rodgers, Ruth Tretbar, and Dennis

iebell fought the never-ending battle of keeping weeds at bay while encouraging the flowers. **Innes Bergman, Selma Bonfim, Mayme Harris, Helena Troy** and **Pam Walker** put shoulder to the wheel, while **Ann Meneguzzi** and yours truly straightened-up the upstairs of the Lodge. Last but by no means least, **Ursula Pedersen** provided a delicious lunch of ratatouille, sausage, a broccoli and pine nut salad, followed by a plum torte for dessert. Delicious! A suitable reward for jobs well done! A big thank you to all participants.

— Nuala Caulfield



Arnold Champagne supervises work on the door to the social hall



Ursula Pedersen made a terrific lunch at the September Work Party.

NOTE FROM ERNIE PITZ

All my CAC Dear Friends:

It is with great delight that I announce my improved health, even though I'm not out of the woods yet. This resolution of my health springs from the many gifts of prayers, wishes, soups and dishes, cards, emails and calls from all of you. Dolores, my excellent physicians, time and your encouragement have contributed up to this point (as has the reappearance of a Magical Healing Rabbit: a wonderful stuffed rabbit that restores health!)

According to my PET scan, about 80 of my leukemia has been resolved and the other 20 will be treated over the next 6 months without chemotherapy.

After 4 months of a series of five 3-day infusions, I was left ragged. But now I feel very well, almost back to normal. So I hope to eventually get back in the swim of things.

I find if difficult to thank all of you enough for your unfailing encouragement and loyal support.

Still here, Ernie and Dolores

MEMBERSHIP REPORT

CAC New Members - September 2008

Milt & Judy Hagendorn - Joint Membership

30 Millay Place

Mill Valley, CA 94941-1501 415-388-1625

Sponsors: Jennie Bruyn, Ruth Tretbar

Louise Holloway, Membership Chair

THANKSGIVING DINNER AND **OVERNIGHT**

NOVEMBER 27-28

Once again the Smith Family will search golf courses and civic lawns for organic free range turkeys, attempt to wrestle them into our backpacks, and cook them up for 30 hungry Alpiners on Thanksgiving Eve. This year we will provide the dinner; you bring an appetizer to share and BYOB. Overnighters can enjoy breakfast and a Friday hike. Rates and times are the same as for Hiker's Weekends.

Contact Tony Smith at 925-933-2403, joanne-tony@ sbcglobal.net, 2345 Tice Creek Dr. 4, Walnut Creek CA 94595 AFTER OCT 27.

Indicate your choices: dinner, overnight, breakfast. First checks received get reserved dinner seats, as we had to turn some folks away last year. Don't miss out; you might find a golf ball in your stuffing!

— Tony Smith

むべっちゃぶっしぶっちょうふ HISTORIAN'S CORNER できたしているでいるから



Alice Cazasus was the first Alpine Club Secretary in 1914. Harry P. West was on the first CAC Board of Directors. — Verna West

Photo courtesy of Ramona Griffith Crosby



NEW ROOF FOR ALPINE LODGE

These photos show the installation of the new roof on the Alpine Lodge. It was a very complex job as we had to do a lot of repair work to the rafters and fascia boards. We also installed all new gutters and downspouts. The new roof is an insulated roof with a R-14 rating. It should last 50 years.

> — Karl Baeck Trustees' Representative for Roof Replacement





BOARD OF DIRECTORS MEETING DATES

Sun, Oct 19, 2008	Board of Directors Meeting at 2pm. Quarterly Membership Meeting at 3pm. Dinner to follow.
Sat, Nov 15, 2008	Board of Directors Meeting at 3pm.
December	No Meetings
Sun, Jan 18, 2009	Alpine Lodge Trustees at 1pm Board of Directors Meeting at 2pm. Quarterly Membership Meeting at 3pm. Dinner to follow.
Sat, Feb 21, 2009	Board of Directors Meeting at 3pm.
Sat, March 21, 2009	Nominating Committee Meeting at 2:30pm. Board of Directors Meeting at 3pm.
Sat, April 25, 2009	Board of Directors Meeting at 2pm. Annual Membership meeting at 3pm. Awards dinner to follow.

If you have any questions or wish to have an item on the agenda, contact John Hannum at irhannum@sbcglobal.net or call 707-525-8108. Members are welcome at board meetings.

— John Hannum

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ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP TO THE MINUTE LISTINGS, SEE THE WEBSITE AT WWW.CALALPINECLUB.ORG. TO LIST AN EVENT ON THIS PAGE, OR FOR WEBSITE USER ID AND PASSWORD, CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

OCT 2 THUR MID-WEEK WORK PARTY 9am-2:30pm

Chef: Taren Hamilton Coordinator: Hardy Dawainis Overnight possible. Contact Hardy at 415-461-4431 to let him know you are coming.

OCT 3-4 FRI-SAT **HOST TRAINING**

Coordinators: Alpine Lodge Trustees Contact: Hardy Dawainis at 415-461-4431 hdawainis@comcast.net. From Sept 1 to 21 Contact: Jennie Bruyn 415-456-1877 Jennielbruyn@yahoo.com

OCT 7-9 TUE-THUR PRIVATE EVENT Jean Bacon

OCT 9 THUR SIERRA HIKERS

OCT 11 SAT SIERRA CLUB

SUNDAY WORK PARTY OCT 12 SUN

9am-2:30pm

Chefs: Bill Pung and Dennis iebell Coordinator: Arnold Champagne Overnight possible. Contact Arnold at 415-282-1704 to let him know you are coming.

OCT 16 THURS PRIVATE EVENT Greg Farber

OCT 18-19 SAT-SUN HIKERS' WEEKEND

Happy Hour 4:30; BYOB and appetizer to share. Dinner, salad, dessert at 6 pm. You are invited to spend the night at the lodge with breakfast Sunday morning. Rates: dinner \$8, overnight \$18, breakfast \$4; Associate fee \$5. Contact host Diane Smith, dianesmith1776@sbcglobal. net or 925-935-2869 by Wed., Oct. 15. To pay in advance make checks payable to Diane Smith and mail to 143 Sierra Drive, Walnut Creek, CA 94596-4792.

OCT 19 SUN ALPINE TRUSTEES **LEADERSHIP MEETINGS**

Alpine Trustees meet at noon, CACF at 1pm, Board of Directors at 2pm, Membership at 3pm. Remember, we need a quorum to conduct Club business. Everyone welcome. Dinner to follow.

OCT 22-26 WED-SUN **SIERRA CLUB** RENTAL

OCT 31-NOV 3 FRI-MON PRIVATE EVENT Eva Leiben

NOV 1 SAT HALLOWEEN PARTY Host: Sue Karp and Sonia Bastidas. Contact

Sue at 415-927-3221 to reserve your place. For more information, see article on page 1.

NOV 6 THUR MID-WEEK WORK PARTY 9am-2:30pm

Chef: Mary DiSanto Coordinator: Jennie Bruyn Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

NOV 7-8 FRI- SAT CACF CACF Annual Meeting.

NOV 11-13 TUE-THUR PRIVATE EVENT WASTE MANAGEMENT

NOV 15 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm; Board of Directors at 3pm.

NOV 15-16 SAT-SUN HIKERS' WEEKEND See Oct 18-19.

NOV 16-22 SUN - SAT PRIVATE EVENT Greg Farber

DEC 4 THUR MID-WEEK WORK PARTY

9am-2:30pm

Chef: Elaine Dengler Coordinator: Eva Libien Overnight possible. Contact Eva at 415-383-5184 to let her know you are coming.

DEC 6 SAT **MTIA** Coordinator: Sue Karp

DEC 13 SAT CAC HOLIDAY PARTY

DEC 14 SUN FAMILY HOLIDAY PARTY See upcoming TRAILS for details

DEC 20 SUN NO CAC LEADERSHIP MEETING THIS MONTH

DEC 20-21 SAT-SUN HIKERS' WEEKEND See Oct 18-19.

JAN 17-18 SAT-SUN HIKERS' WEEKEND See OCT 18-19

JAN 18 SUN LEADERSHIP MEETINGS

Quarterly membership meetings: Alpine Trustees at 1pm, Board of Directors, 2pm. Quarterly meeting at 3pm. Dinner follows. Everyone is

FEB 14-15 SAT-SUN HIKERS' WEEKEND See OCT 18-19

FEB 21 SAT LEADERSHIP MEETINGS

Trustee Meetings at 1pm, Board of Directors at 2pm.

MAR 14 SAT **MTIA GROUP**

Coordinator E Trimm

MAR 21-22 SAT SUN HIKERS' WEEKEND See Oct 18-19

MAR 21 SAT BOARD OF DIRECTORS AND NOMINATING COMMITTEE MEETINGS

APR 18-19 SAT – SUN HIKERS' WEEKEND

APR 19 25 SUN - SAT SIERRA CLUB RENTAL

APR 25 SAT **ANNUAL AWARDS** MEETING, BOD MEETING, AWARDS DINNER

Watch for updates in future issues of TRAILS!

FOLSOM CANOE TRIP AND **CAMP**

After last year's big success, **Bob Hanson** and I decided to again offer a canoe/kayak trip on Lake Natoma and the Lower American River for October 11, 12. This is an easy paddle on a lake and then down a 10 mile stretch of Class 1 river. You must supply your own boat for the trip. Contact Bob for the trip and boat rental information. Those with limited experience should be able to make the trip. It is so beautiful; you will not believe that you are right in the middle of a major city. There are lots of egrets, mergansers, kingfishers, and occasional sightings of beaver and otter. The cost will be \$25 per person, to cover campground fee and meals. To sign up, send a check to Bob at 2600 Saklan Indian, #3, Walnut Creek 94595. Hanson's phone number is 925-944-3366, and his email address is: doctoroutdoors@comcast.net.

Dan Winkelman

2008 FAMILY CAMP

There were a total of 63 people in attendance at Camp Del Oro family camp this year (31 adults and 32 children). It was a lot of fun in spite of there not being enough water in the lake to swim or go boating. To make up for the lack of water, a lot of the campers carpooled over to the Yuba River for a day trip. On Saturday night we were all entertained by a square dance caller and everyone showed interest in his returning next year.

Thanks to all who attended and helped out and a big thanks to the following people for providing meals: Delinda and Brad Nicolet for Saturday lunch, Alan Fairhurst for Saturday BBQ, Mae Harms for the bagged lunches for Sunday and Monday, Karen Hurda for Sunday night dinner and supervising the climbing wall, and Jean Rodgers and Catherine Burke for Monday morning breakfast. A thank you also goes to Cindy Cosbey and Lori Barekman for organizing the Camp Fire entertainment.

I'm looking forward to seeing everyone again next year and also some new faces!

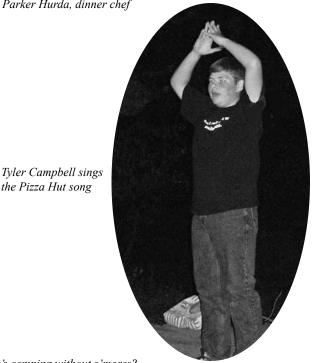
- Mindi Canner



Greg Hurda tries the climbing wall



Karen Parker Hurda, dinner chef



the Pizza Hut song



ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

SUN OCT 5	9:30am	Margrit Gonzales	415-472-4270	2B
SUN OCT 12	9:30am	Ruth Tretbar	510-836-0108	2B+
*SAT OCT 18	10:00am	Don/Donna Rice	415-552-6087	2B
*SUN OCT 19	10:00am	Anne Good	510-526-6792	2B
SUN OCT 26	10:00am	Eva Libien	415-383-5184	2B
SUN NOV 2	10:00am	Jamie Watson	415-515-9618	2B
SUN NOV 9	10:00am	Rob Franklin	415-608-7938	2B
*SAT NOV 15	10:00am	Marion Hazzard	415-661-6876	2B-
*SUN NOV 16	10:00am	Rosemary Trowsdale	415-775-3206	2B
SUN NOV 23	10:00am	Jack Leibman	415-674-4370	2B
SUN NOV 30	10:00am	Melanie Facen	415-492-0470	2B
SUN DEC 7	10:00 AM	Pascale Leroy-Marr	415-661-8904	2B
SUN DEC 14	10:00 AM	Anne Good	510-526-6792	2B
*SAT DEC 20	10:00 AM	Leaderless		2B
*SUN DEC 21	10:00 AM	Jennie Bruyn	415-456-1877	2B
THUR DEC 25	10:00 AM	Eva Libien	415-383-5184	2B
CHRISTMAS DAY				
SUN DEC 28	10:00 AM	Leaderless		2B



SUMMER HIKES BEGIN AT 9:30 AM WINTER HIKES AT 10 AM. 2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

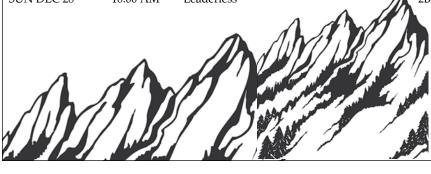
If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

**Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Taren Hamilton, at 415-378-4240 or tarenhf@comcast.net.
*Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.



SAT-SUN, OCT 11-12 Folsom Canoe Trip and Camp. Easy paddle on Lake Natoma and a 10-mile stretch of Class 1 river with Bob Hanson, doctoroutdoors@comcast. net, and Dan Winkelman, winkdan@ hotmail.com. To sign up, send a check for \$25 to Bob at 2600 Saklan Indian, #3, Walnut Creek 94595. —Ruth Tretbar

ALPINE LODGE SUNDAY INNKEEPERS

October 5	Jeanne Bacon	415-924-2712
October 12	open	
October 19	Stanley Finkelstein	415-381-4676
October 26	open	
November 2	Ann Allio	650-583-1543
November 11	Jerry & Ricki Rosenberg	415-388-0544
November 11 November 16	Jerry & Ricki Rosenberg NualaCaufield	415-388-0544 415-922-6775
1101011100111		
November 16	NualaCaufield	415-922-6775

More innkeepers are needed to keep the Alpine Lodge open on Sundays. To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim @hotmail.com.

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

Winter/Spring Hosts: We need your help to keep Echo Lodge open for CAC members. Now is the time to plan your Winter/Spring 2009 host events at Echo Lodge. There are still lots of open times on the calendar, marked as *A ailable for Trained osts* in the schedule below. Private Rentals are also available midweek Jan-Mar and any days Apr-Jun 15 as well as October 1-December 15th, excluding Thanksgiving week. Give me a call or send an e-mail to let me know your preferred times. I will do my best to accommodate your requests.

Sincerely, Cindy

The next Echo Lodge Trustees' Meeting will be Saturday, November 1st, 10 am, at Jim Nixon's home. Contact Jim at 650-756-7771 if you would like to attend.

Echo Summit Lodge Fall/Winter Schedule:

OCT 5-12 SUN-SUN FALL SPA WEEK Barbara Crockett (reservations) 650-365-6280 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

OCT 24-26 FRI-SUN HOST APPRECIATION & TRAINING

Contact Cindy Toran toranski@aol.com

707-539-4396

NOV 7-9 FRI-SUN PRIVATE EVENT
Dee & Ginny Foote 408-255-6581

NOV 26-30 WED-SUN THANKSGIVING WKEND

Tylan Billings, Pascale LeRoy, Vicki Olds Contact: Vicki Olds 415-845-9073 534 6th Avenue, San Francisco, CA 94118

DEC 12-14 FRI-SUNPRIVATE EVENT
Jayma Brown/Allan Lindberg 510-237-0231

DEC 19-21 FRI-SUN
Joni Hyerle
831-427-3839
132 Kennan St, Santa Cruz, CA
95060
jhyerle@yahoo.com

DEC 21-25 SUN- THURS PRE-CHRISTMAS Edie Nelson & Linda Howard 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com DEC 26-31 FRI-WED CHRISTMAS WEEK Lynn Garric/Larry Langbehn 707-539-2078 5400 Alpine Rd, Santa Rosa, CA 95404 cransac@sonic.net

DEC 31-JAN 4 WED-SUN HAPPY NEW YEAR

Pat Anderson & Fred Huxley CO-OP MEALS 3026 Benvenue Ave, Berkeley, CA 94705 510-649-8537

patinegypt@yahoo.com

JAN 4-JAN 15 AVAILABLE FOR TRAINED HOSTS

JAN 15-19 THUR-MON YOUNG FAMILIES SNOW WKND

Joan Ryan & John O'Sullivan 415-564-8507 2625-23rd Ave, San Francisco, CA 94116 joanryan@mac.com

JAN 19-25 MON-SUN COOP MEALS WEEK Cindy & Russ Toran 707-539-4396 932 Ripley St, Santa Rosa, CA 95401 toranski@aol.com

JAN 25-30 SUN-FRI HOSTED EVENT Edie Nelson 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

JAN 30-FEB 4 FRI-WED AVAILABLE FOR TRAINED HOSTS

FEB 4-FEB 8 WED-SUN HOSTED EVENT

Lynn achreson & Martha Stewart

831-426-3428. 220 Ocean View Ave, Santa Cruz, CA 95062 lynnz@cruzio.com

FEB 8-12 SUN-THURS AVAILABLE FOR TRAINED HOSTS

FEB 12-16 THUR-MON PRESIDENTS' WKEND

Joan Ryan & Mindi Canner 415-564-8507 2625-23rd Ave, San Francisco, CA 94116 joanryan@mac.com

FEB 16-22 MON-SUN HOSTED EVENT Shelly Navine & Bob Henry 707-829-3728 1286 Hurlbut Ave, Sebastopol. CA 95472 clyde33301@comcast.net

FEB 22-27 SUN-FRI HOSTED EVENT Edie Nelson & Linda Howard 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

FEB 27-MAR 1 FRI-SUN HOSTED EVENT Pam & Garry Greever 530-677-5616 3200 Red Rock Lane, Shingle Springs, CA 95682 pamgreever@yahoo.com

MAR 1-MAR 13 AVAILABLE FOR TRAINED HOSTS

MAR 13-15 FRI-SUN
Michelle Scott
1200 Creekside Dr. #3213
Folsom, CA 95630
dressageup@hotmail.com
HOSTED EVENT
916-804-2334 cell
916-467-7144 hm

MAR 15-17 SUN-TUES AVAILABLE FOR TRAINED HOSTS

MAR 17-22 TUES-SUN
Karen & Jerry Wagner
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

MAR 22-27 SUN-FRI AVAILABLE FOR TRAINED HOSTS

MAR 27-29 FRI-SUN
Tom & Carol Coleman
32 Live Oak Dr, Petaluma, CA
travmcgee@comcast.net
HOSTED EVENT
707-992-0650
94952
travmcgee@comcast.net

APR 3-6 FRI-MON HOSTED EVENT Tele-Bluegrass Festival at Sierra-at-Tahoe
Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way, Santa Rosa, CA 95409
aewart@sbcglobal.net

WATCH FOR UPDATES IN FUTURE ISSUES OF TRAILS!



Matt Davis.



issued monthly by the

California Alpine Club Founded in 1913 - Incorporated in 1936

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ALIEN HIKING CLUB TAKES OVER ECHO!

The news was bad. The Seniors' Week got cancelled due to lack of signups. What to do to fill up Echo Summit Lodge? Intrepid hiker **Nell Fraser** had an idea; she spread the word thru her Rossmoor Trails Club that a once in a lifetime opportunity was at hand.... a full 4 days at our very desirable property was available in SUMMER! The response was terrific as these hikers had heard of the Lodge but never dreamed to be allowed within its doors. So Nell cut a deal with our own Cindy Toran, who had several Alpiners signed up, and it happened! Cooking was done by various members and nonmembers, with some excellent meals turned out by people new to our kitchen. Hiking in Desolation Wilderness and Carson Pass Area were of course the highlights. The aliens loved it.

At the end of the week it was hard to tell the members from the non-members, so insidiously did they assimilate, and they left the Lodge as spic and span as any group ever has. Many thanks to Nell and Cindy for making this work so well and be so much fun.

— Tony Smith

TRAILS NEWSLETTER ALERT

Please send articles for the **November** issue of TRAILS to editor, **Dan Schoenholz**, at dschoenholz@sbcglobal.net, or via mail to 355 Marshall Drive, Walnut Creek, CA 94598-4855. Telephone 925-932-9791. (Note: this information is different from the information in the September TRAILS)

Dan should receive articles for the November issue no later than **October 5th**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **December/ January** issue of TRAILS will be Tom Mahood, at tmahood@callatg.com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586, or Carroll Pearson at pearsoncmp@aol.com, telephone 408-736-9403.

— Angi Blackwell, Publishing



OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 84 November 2008 No. 9

THANKSGIVING DINNER AND OVERNIGHT NOVEMBER 27-28

Once again the Smith Family will search golf courses and civic lawns for organic free range turkeys, attempt to wrestle them into our backpacks, and cook them up for 30 hungry Alpiners on Thanksgiving Eve. This year we will provide the dinner; you bring an appetizer to share and BYOB. Overnighters can enjoy breakfast and a Friday hike. Rates and times are the same as for Hiker's Weekends.

Contact **Tony Smith** at 925-933-2403, joanne-tony@sbcglobal. net, 2345 Tice Creek Dr. 4, Walnut Creek CA 94595

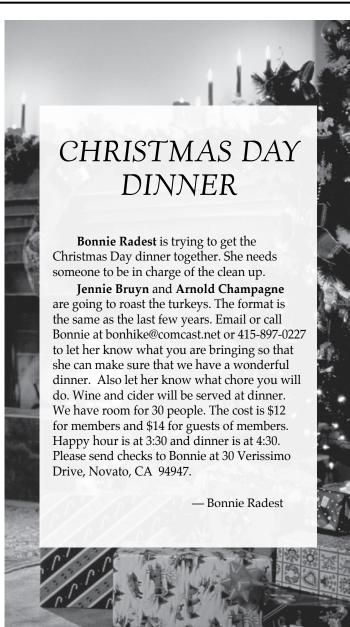
Indicate your choices: dinner, overnight, breakfast. First checks received get reserved dinner seats, as we had to turn some folks away last year. Don't miss out; you might find a golf ball in your stuffing!

— Tony Smith

A WALK IN SAUSALITO

Sausalito was the location for a new kind of CAC hike—an urban hike. On a foggy September morning we shuttled our cars high into the Sausalito hills to explore a myriad of steep streets interconnected by paths and stairways. Here the trees, gardens, houses and churches high above the bay have a unique and appealing setting. At every turn we discovered something new to look at. At the end of the morning as we found a flight of stairs down to the level of the Bay, the sun came out. Now our walk took us along the waterfront, through Sausalito to a wonderful new French restaurant near the Bay Model called the Garage. After lunch we had time to wander among the Sausalito houseboats. We marveled at their size, shape, and variety. We didn't expect to find such an abundance of plants, shrubs, and flowers on the docks. All of us—Tom and Mary Foote, Pete and Judy Sager, Milt Hagedorn, Jean Rodgers, Ruth Tretbar, Hildy Serbin, and Mary Lee and Tony Bronzo—thank Gus Raney for making this first urban hike so very successful.

— Jean Rodgers



TRAILS Editor ~ Dan Schoenholz

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

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	Officers: President Vice President Secretary Treasurer Registrar	John Hannum Tony Smith Helena Troy Jean Findlay Shirley Anderson	707-525-8108 925-933-2403 415-492-9576 916-285-6186 831-427-2722	JRHannum@sbcglobal.net joanne-tony@sbcglobal.net hmtroy@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com
	Board of Director Carl Duisberg Vicki Olds Mae Harms John Lillich Carroll Pearson Jean Rodgers	415-388-1175 carlduisberg@hotmail.c 415-221-2830 volds@studioreflex.com 530-333-1058 maeharms@mindspring 925-930-9489 jlillich@sbcglobal.net		lex.com dspring.com .l.net l.com
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"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angi Blackwell, Anita Cabrera, Carroll Pearson, Catherine Theilen Burke, Dan Schoenholz, Helena Troy, Patricia Boyd, Tom Mahood, and William Steinmetz.

Contributors: Shirley Anderson, Angi Blackwell, Selma Bomfim, Hardy Dewainis, Taren Hamilton, John Hannum, Louise Holloway, Jim Nixon, Gerald Petak, Renee Powers, Bonnie Radest, Jean Rodgers, Jana Shober and Cindy Toran.

Correspondence: Please address correspondence concerning this publication to: John Hannum, 2309 Avenida De Las Brisas, Santa Rosa, CA 95405-8602. CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For CAC Roster, electronic copy either one time or on monthly distribution, request via email from Shirley Anderson at shirl@cruzio.com. CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE



Tempus Fugit

Much of the Club's active membership was present last April when our new panel of

officers and directors (me included) was installed and began its year of service. My dear wife, Marilyn, came to the microphone and gave me a small box and a warm presentation – inside the box was an hourglass. Her admonition to me was to stop-and-watch-the-sand – to arrest my often-manic nature and see the fineness of flowing sand and appreciate the fineness of passing time.

Well, we just finished the mid-year meeting of Board and Membership and (I hope) have approved two major changes to our by-laws. We've adopted a resolution advocating "green" practices by our Trustees and Hosts and we've changed our bookkeeping to let anyone see the incomes and outgoes and balances realized by our treasuries. We've heard the reports of the Outings Committee and Registrar and Trustees and Treasurers – all's well with Alpine Club. And, we formed-up the Nominations Committee to do the tasks set down in our by-laws. Some very fine times.

What's next? As with my hourglass, it will soon be the Alpine Club's moment for up-turning to start another year. Who will do that task? Who will help us enroll new members and prepare next year's tax forms? I will hand over the gavel and many other chores to the next President – I'm moving on to help conduct a Centennial family reunion and follow my curious nose into the next adventure. There are a few things at Echo I'd like to finish, too

Like the sand-grains within my hourglass, many of the "we ought to do... (bright ideas)" which rested comfortably in the top of the glass will be drawn suddenly through the waist and free-fall to the bottom – not this year, not for you. Perhaps some of those ideas will find the right person to raise a hand, join the team and carry them to fruition?

That's where I'm going with this message: with over 500 members in this Club, we need less than ten to join our leadership-team and committees; we need one to follow me into the President's chair; we need one or two to join the Foundation Board. If I or another volunteer call on you (or even if we don't), think about that hourglass – you can leave it sit, sand all at the bottom, begging to be enlivened or, you can raise your hand, turn it over and appreciate the fineness of its flow.

Time's flying. Time to get involved.

— John Hannum

BOARD OF DIRECTORS MEETING DATES

Sat, Nov 15, 2008 Board of Directors Meeting at 3pm.

December No Meetings

Sun, Jan 18, 2009 Alpine Lodge Trustees at 1pm

Board of Directors Meeting at 2pm. Quarterly Membership Meeting at 3pm.

Dinner to follow.

Sat, Feb 21, 2009 Board of Directors Meeting at 3pm.

Sat, March 21, 2009 Nominating Committee Meeting at 2:30pm.

Board of Directors Meeting at 3pm.

Sat, April 25, 2009 Board of Directors Meeting at 2pm.

Annual Membership meeting at 3pm.

Awards dinner to follow.

If you have any questions or wish to have an item on the agenda, contact John Hannum at <u>jrhannum@sbcglobal.net</u> or call 707-525-8108. Members are welcome at board meetings.

— John Hannum

MEMBERSHIP REPORT

CAC New Members - October 2008

Wendy Brauner & Patrick Dippery - Joint Membership

2829 Anza Street

San Francisco, CA 94121 415-876-4325

Former members renewing membership

Beryl Kay - Regular Membership

2834 Baker Street

San Francisco, CA 94123 (415)-922-6155

Sponsors: Ruth Tretbar, Nuala Caulfield

Dolores & Dan O'Donoghue - Joint Membership

173 Stanford Ave.

Mill Valley, CA 94941 415-383-0934

Sponsors: Helena Troy, Nuala Caulfield

Paul Crockett - Regular Member

1307 Pedro Street

San Jose, CA 95126 408-292-1787

Sponsors: Barbara Crockett, Janis Riccomini

—Louise Holloway CAC Membership Chair

FOR SALE

GREAT GIFTS FOR THE HOLIDAYS!!

CAC Tee, Polo and Sweatshirts

Adult T-Shirts -

Small, Medium, Large & XL - \$10

Adult Polo Shirts-

Small, Medium, Large & XL - \$15

Youth T-Shirts

(Small, Medium & Large) - \$10

Youth Sweatshirts

(Small, Medium & Large) - \$18

Contact Renee Powers: (415) 648-4940 or reneespowers@comcast.net

REPORT ADDRESS AND EMAIL CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone, and email (particularly email, which changes much more frequently.) Shirley Anderson can be reached at Shirl@cruzio.com (email preferred) or 831-427-2722 or by mail at 203 Sunlit Lane, Bonny Doon, CA 95060-9661.

— Shirley Anderson

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP TO THE MINUTE LISTINGS, SEE THE WEBSITE AT WWW.CALALPINECLUB.ORG. TO LIST AN EVENT ON THIS PAGE, OR FOR WEBSITE USER ID AND PASSWORD, CONTACT GERALD PETAK AT ALPINELODGE1@YAHOO.COM

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

OCT 27-NOV 4 MON-TUES PRIVATE EVENT

Eva Libien

NOV 1 SAT HALLOWEEN PARTY Host: Sue Karp and Sonia Bastidas. Contact Sue at 415-927-3221 to reserve your place. For more information,

NOV 4-6 TUE-THUR PRIVATE EVENT

NOV 6 THUR MID-WEEK WORK PARTY 9am-2:30pm

Chef: Mary DiSanto Coordinator: Jennie Bruyn Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

NOV 7-8 FRI-SAT CACF CACF Annual Meeting.

NOV 11-13 TUE-THUR PRIVATE EVENT WASTE MANAGEMENT

NOV 15 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm; Board of Directors at 3pm.

NOV 15-16 SAT-SUN HIKERS' WEEKEND

Hikes start at 9:30 am SUNDAY Happy Hour 4:30; BYOB and appetizer to share. Dinner, salad, and dessert at 6 pm. You are invited to spend the night at the lodge with breakfast Sunday morning. Rates: dinner \$8, overnight \$18, breakfast \$4; Associate fee \$5. Contact host Diane Smith, dianesmith1776@ sbcglobal.net or (925) 935-2869. To pay in advance make check payable to Diane Smith and mail to 143 Sierra Drive, Walnut Creek, CA 94596-4792.

NOV 17-22 SUN-SAT PRIVATE EVENT Greg Farber

DEC 4 THUR MID-WEEK WORK PARTY

9am-2:30pm

Chef: Elaine Dengler Coordinator: Eva Libien Overnight possible. Contact Eva at 415-383-5184 to let her know you are coming. DEC 6 SAT MTIA MAR 14 SAT MTIA GROUP
Coordinator: Sue Karp Coordinator Sue Karp

DEC 9 TUES PRIVATE EVENT MJ McKown

DEC 13 SAT CAC HOLIDAY PARTY

DEC 14 SUN FAMILY HOLIDAY PARTY See upcoming TRAILS for details

DEC 16 TUES PRIVATE EVENT
Patrick Dippery

DEC 20 SUN NO CAC LEADERSHIP MEETING THIS MONTH

DEC 20-21 SAT-SUN HIKERS' WEEKEND See NOV 15-16.

JAN 8 THUR MID WEEK WORK PARTY 9am-2:30pm

CHEFS: Jennie Bruyn and Carol Bodtker COORDINATOR: Jennie Bruyn Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming.

JAN 11 SUN WORK PARTY 9am-2:30pm

CHEF: Hardy Dawainis COORDINATOR: Arnold Champagne Overnight possible. Contact Arnold at 415-282-1704 to let him know you are coming.

JAN 17-18 SAT-SUN HIKERS' WEEKEND See NOV 15-16.

JAN 18 SUN LEADERSHIP MEETINGS

Quarterly membership meetings: Alpine Trustees at 1pm, Board of Directors, 2pm. Quarterly meeting at 3pm. Dinner follows. Everyone is invited.

FEB. 5 THUR MID WEEK WORK PARTY 9am-2.30pm

CHEF: Maureen Smith COORDINATOR: Eva Libien Overnight possible. Contact Eva at 415-383-5184 to let her know you are coming.

FEB 21 SAT LEADERSHIP MEETINGS Trustee Meetings at 1pm, Board of Directors at 2pm.

FEB 21-22 SAT-SUN HIKERS' WEEKEND See NOV 15-16.

MAR 5 THUR MID WEEK WORK PARTY 9am-2:30pm

CHEF: Lynn Edmonds COORDINATOR: Jennie Bruyn Overnight possible. Contact Jennie at 415-456-1877 to let her know you are coming. MAR 21-22 SAT-SUN HIKERS' WEEKEND See NOV 15-16.

MAR 21 SAT BOARD OF DIRECTORS AND

NOMINATING COMMITTEE MEETINGS

APR 2 THUR MID WEEK WORK PARTY 9am-2:30pm

CHEF: Anne Allie COORDINATOR: Hardy Dawainis Overnight possible. Contact Hardy at 415-461-4431 to let him know you are coming.

APR 12 SUN WORK PARTY 9am-2:30pm

COORDINATOR: Peter Beckmann Overnight possible. Contact Peter at 831-423-9242 or preferably: beckmann@baymoon.com to let him know you are coming.

APR 18-19 SAT-SUN HIKERS' WEEKEND

APR 19-25 SUN-SAT SIERRA CLUB RENTAL

APR 25 SAT

ANNUAL AWARDS

MEETING, BOD MEETING,

AWARDS DINNER

MAY 3-7 SUN-THUR PRIVATE EVENT

MAY 16 SAT

ALPINE TRUSTEES

LEADERSHIP

MEETINGS

Alpine Trustees meet at 1pm; Board of Directors meet at 3pm.

MAY 16-17 SAT-SUN HIKERS' WEEKEND See NOV 15-16.

JUN 16 FRI PRIVATE EVENT MJ MCKOWN

JUN 20 SAT ALPINE TRUSTEES LEADERSHIP MEETINGS

Alpine Trustees meet at 1pm. Board of Directors at 3pm.

JUN 20-21 SAT-SUN HIKERS' WEEKEND See NOV 15-16.

JUNE 22-28 PRIVATE EVENT Joan Ryan

Watch for updates in future issues of TRAILS!

4 TRAILS NOVEMBER 2008

ALPINE HOST TRAINING

Besides learning from Hardy Dawainis, Ed Del Monte, Arnold Champagne, Ruth Tretbar, and Nancy Otto, we were treated to some truly exceptional and memorable food. The three chefs were Nuala Caulfield (exceptional Mulligatawny Soup, fantastic Trifle), Bill Pung and Dennis iebell. I am sure we all gained a couple of pounds!

- Jana Shober



Alpine Host Training—Professors and Graduating Class

Back row: Pat Gough, Nancy Otto, Hardy Dawainis, and Dennis Ziebell Middle Row; Ed Del Monte, Andreas Martin, Kim Cox, Marlis Tanner, and Bill Pung. Front Row: Arnold Champagne, Karen Randall, Ruth Tretbar, Ellen Carlo, John Shober. Not pictured: Selma Bomfim (early departure) and Jana Shober (photograper!)



The chefs for the Alpine Host Training: Dennis Ziebell, Bill Pung and Nuala Caulfield

SHADOW LAKE BASE CAMP TRIP

In the first week of August, Bob Hanson led twelve club members to one of the Sierra's most spectacular areas. Don and Juana Mueller, Ann Schubert, Hans Shilling, Edie Nelson, Sara Matthews, Melanie Facen, Jean Rodgers, Allen Utterbach, Val Nelson, Jean Kramer and Dennis Slaughter were treated to beautiful views of the Minarets, Mt. Banner, and Mt. Ritter from Shadow Lake. This lake is sometimes called the jewel of the Sierras. When we hiked to Lake Ediza and Iceberg Lake we found equally dramatic panoramas of these famous peaks at even closer range.

The weather was perfect and the area was abundant with wildflowers and wildlife, including a very, very large bear which lumbered slowly past our campfire at dusk. It wound its way among our tents, taking a swipe at one, destroying it. When the excitement was over, Melanie Facen found herself homeless (or rather tentless) and had to bunk with Jean Rodgers for a few nights.

Our evenings around the campfire were filled with singing and music. Don Mueller not only knew words to every song, he also recited the classic poems of Robert Service and described the earth's timeline, illustrating his talk with his walking stick. So our campfires were varied and warm gathering. Mealtimes were notable, too. Bob's menus are famous. He is a master of mountain cookery as well as many other aspects of mountaineering. The skill, effort, and time he devoted to organizing this trip are greatly appreciated. He provided the path to an unforgettable experience for us all. Thank you, Bob!

--Jean Rodgers

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED

SUN NOV 2	10:00am	Jamie Watson	415-515-9618	2B
SUN NOV 9	10:00am	Rob Franklin	415-608-7938	2B
*SAT NOV 15	10:00am	Marion Hazzard	415-661-6876	2B-
*SUN NOV 16	10:00am	Rosemary Trowsdale	415-775-3206	2B
SUN NOV 23	10:00am	Jack Leibman	415-674-4370	2B
SUN NOV 30	10:00am	Melanie Facen	415-492-0470	2B
SUN DEC 7	10:00 AM	Pascale Leroy-Marr	415-661-8904	2B
SUN DEC 14	10:00 AM	Anne Good	510-526-6792	2B
*SAT DEC 20	10:00 AM	Leaderless		2B
*SUN DEC 21	10:00 AM	Jennie Bruyn	415-456-1877	2B
THUR DEC 25	10:00 AM	Eva Libien	415-383-5184	2B
CHRISTMAS DAY				
SUN DEC 28	10:00 AM	Leaderless		2B
SUN JAN 4	10:00 AM	Howard Ortman	415-456-5912	2B
SUN JAN 11	10:00 AM	Dennis iebell & Bill Pung	415-864-4889	2B
*SAT JAN 17	10:00 AM	Bill Wise	415-584-5481	2B-
*SUN JAN 18	10:00 AM	Eva Libien	415-383-5184	2B
SUN JAN 25	10:00 AM	Robert Freinkel	415-456-5911	2B
		(Start @ Rock Springs)		

IMPORTANT! RAIN CANCELS

SUMMER HIKES BEGIN AT 9:30 AM WINTER HIKES AT 10 AM. 2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

**Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Taren Hamilton, at 415-378-4240 or tarenhf@comcast.net.
Hikers' Weekends: For supper and/or overnight arrangements, contact Diane Smith by Wednesday at 925-935-2869 or email: dianesmith1776@sbcglobal.net.

NOTE: Due to the recent increase in hike participation, and since there is a diversity of hiking speeds, we offer ad hoc hikes on Sundays. If some of the hikers present for a listed 2B Sunday hike prefer to go faster or slower than the hike scheduled, they can form their own hike.

ALPINE LODGE SUNDAY INNKEEPERS

N	November 2	Ann Allio	650-583-1543
N	November 11	Jerry & Ricki Rosenberg	415-388-0544
N	November 16	Nuala Caufield	415-922-6775
N	November 23	Jennie Bruyn	415-456-1877
N	November 30	Nancy Waldeck	415 522 5836
Ι	December 7	Caroline Austi	510-923-1262
Ι	December 14	Marliss Riddle	415-927-1234
Ι	December 21	Kay Gillis	415-456-2032
Ι	December 28	Eva Libien	415-383-5184
	0.4		
-	anuary 04	open	
J	anuary 11	Susan Head	415-331-2598
J.	anuary 18	open	
J	anuary 25	open	

More innkeepers are needed to keep the Alpine Lodge open on Sundays. To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim @hotmail.com.



NO POLYESTER PUPS AT THE FALL WORK PARTY

There were no polyester pups, which John Hannum mentions in the October Trails, at the Fall Work Party. Twenty Two Alpiners gathered at Echo Lodge, rolled up their sleeves and went to work for three days and nights in the beautiful Sierras. These 22 are the real thing. So when you see Tylan Billings, Nuala Caulfield, Tom Coleman, Diane Friend, Bruce Friend, Janet Greene, Rick Greene, Mae Harms, Ben Heldens, Tom McNicholas, Jane Ferguson-Meyers, Michael Meyers, Bill Mott, Edie Nelson, Valerie Nelson, Jim Nixon, Hans Shilling, Alan Utterback, Katherine Warner, Caspar Wagner, Jerry Wagner, or Marilyn (Marty) Williams give them a big smile and a hearty thank you.

The first thing we noticed on arriving was ten carpenters nailing plywood to the lodges' exterior. That made it a little noisy for working in the kitchen where the windows had been removed (glass protection). Those washing dishes said it sounded like the carpenters were coming through the walls. Fortunately, they did not work on Sunday.

Here is some of what we accomplished. We removed and replaced a failed water storage tank. The job on the below building tank required several strong backs. The entry was just about \square inch larger than the tank. We now have more water pressure.

We also installed the first of two large electric dormer vent fans in the upstairs dorm. A second fan will be installed during the Spring Work Party. Even though there was so much construction dust that you could see it in the sunrays, we thoroughly cleaned the lodge interior and all bedding. Leaking faucets/toilets were repaired, new valves installed, retaining wall built, carpets shampooed, vent extended in second floor men's bath, stove deep cleaned, shelves

reorganized, downstairs half bath painted and re-calked. Finally yet importantly was fire wood. Those working on this task, wrestled, lifted, coaxed, chain sawed, split and filled the storage area beneath the building with wood that will keep the lodge toasty through winter. With energy remaining, they went back into the forest, found more wood, and split it, too. There are another two to three cords waiting for the next work party. Of course, the cooks supplied three wonderful sit-down meals and snacks daily. As the weather was quite warm, the kitchen workers periodically would bring ice-cold lemonade and chocolate chip cookies hot from the oven to those working outside.

If you have been to an Echo work party, you know that it is not only work. A real benefit is the camaraderie felt when people work together on something that will benefit those you might never meet. You get a warm feeling doing for others. You also meet people whom because of our busy lives we might not make time for. You may recall why you joined the CAC in the first place as many of the travails we feel at home dissolve after a day or so at the lodge. Saturday night someone noticed the full moon rising. Within a minute, we were all on the deck remarking how lucky we were to be there. What happened next was unexpected but not a surprise. We all broke into songs that mentioned the moon. It was special.

Finally, a very belated thank you to **Sonia Bastidas** for donating 25 gallons of paint, which we will use to freshen up the bedrooms and second floor hall in the spring.

--Jim Nixon



OBERVATIONS FROM FALL WORK PARTY PARTICIPANTS

Everyone arrived in time for dinner Friday night, and since most of us were strangers, we all got a chance to introduce ourselves. Saturday morning most were up early – and there is nothing better than having a hot cup of coffee, looking out over the entire Tahoe Basin and watching the sun's rays pushing the grey off to the west. Then of course a hearty yet healthy breakfast, and the work assignments. It seemed we were all of the same frame of mind come about 4:00. Migrate towards the Lodge, enjoy some cold brews or lemonade out on the decks. And that comradeship thing. Nothing like some common sweat and teamwork to bring people together around a couple of guitars, and some wine and hors d'oeuvres. And since most of the work had got done on Saturday, those of us who stayed after breakfast Sunday were able to get out and hike. Work parties are a special time – and this fall at Echo Lodge was no exception! Here's a toast to the next work party, and to meeting new friends!

— John McClure

I loved my first look at the lodge with the plywood all over it. It just united the whole building even though it was just an undercover. I can hardly wait to see it completed.

I spent a lot of my time working in the kitchen and the pantry. It was interesting to get to know Edie better and learn from her. I even put my vegetarian beliefs aside and ate her delicious meringues.

Some people I have been at work parties with before. It was good to deepen those connections. Some were new to me. I enjoyed meeting Marty and sharing a room with her.

The longer I am in CAC the more I feel an ownership and I especially felt that at Echo this time.

I like what you said about focusing on our common areas, not our differences.

Thanks for coordinating the work party. Since we all probably feel that sense of ownership, it could be hard to get people to follow directions, when they think they might do it another way.

— Mae Harms

A weekend filled with laughter, wit and good will Waking up to the smell of bacon, coffee and this delicious mysterious breakfast dessert

Stacking wood in the clear sun filled air

Stuffing washing machines with mounds of bedding that seem to multiply before our eyes

Feeling welcomed by everyone Singing songs to the full moon Work parties are fun!

Janet Greene

Wonderful to work with such cooperative people

- Rick Greene

Echo is our home in the mountains. I know that all of us appreciate the love and energy that the trustees give it. Val and I are always impressed by the skills and the energy people at the work parties have and so willingly contribute. The wit, camaraderie, and good humor shared add an extra benefit. The great food and the view are always to look forward to.

Thanks again to everyone and particularly to the trustees.

With Warm Regards,

Allen Utterback and Val Nelson

I so enjoyed being part of the Echo Lodge Fall work party. It was really uplifting to be in a beautiful place with a group of hard-working, funny, friendly and generally great people and to accomplish some pretty amazing tasks! It was a pleasure to see folks I'd met before and to meet many new folks too. Hats off to the organizers/cooks for the wonderful eats and an overall perfect event. Having time for hiking Sunday was a lovely bonus!

— Marty Williams



ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Private Events are not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

In addition to the beautifully upgraded exterior, Echo Lodge has a fresh supply of wood, snow shovels for the winter, and was spiffed by our great group of Volunteers at the Fall Work Party. We have Hosts ready to take your reservations; contact them while they still have room available, so you can enjoy winter in the Sierra!

Note to Hosts: There are still some openings in the Schedule available for either hosted or private events: Nov 10-26, Dec 1-12, Dec 14-19, Jan 4-16, Jan 30-Feb 4, Feb 8-12, Mar 1- 13, Mar 15-17, Mar 22-27, Mar 29-Apr 3, Apr 6-24, Apr 26-30. Nov-Apr is published below; contact me if you want to schedule any of this open time (my e-mail and phone number are above).

The next **Echo Lodge Trustees' Meeting** will be Saturday, November 1st, 10 am, at Jim Nixon's home. Contact Jim at 650-756-7771 if you would like to attend.

Sincerely, Cindy

Echo Summit Lodge Fall/Winter Schedule:

NOV 7-9 FRI-SUN PRIVATE EVENT
Dee & Ginny Foote 408-255-6581

NOV 26-30 WED-SUN THANKSGIVING WEEKEND

Tylan Billings, Pascale Leroy Vicki Olds 415-845-9073 534 6th Avenue, San Francisco, CA 94118 volds@studioreflex.com

DEC 12-14 FRI-SUN
Jayma Brown/Allan Lindberg
DEC 19-21 FRI-SUN
HOSTED EVENT
Joni Hyerle
132 Kennan St, Santa Cruz, CA
1427-3839
152 Kennan St, Santa Cruz, CA
1548-609
1559-609
1569-619-62-63-63-63
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DEC 21-25 SUN- THURS PRE-CHRISTMAS Edie Nelson & Linda Howard 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com DEC 26-31 FRI-WED CHRISTMAS WEEK Lynn Garric/Larry Langbehn 707-539-2078 5400 Alpine Rd, Santa Rosa, CA 95404 cransac@sonic.net

DEC 31-JAN 4 WED-SUN HAPPY NEW YEAR

Pat Anderson & Fred Huxley CO-OP MEALS 3026 Benvenue Ave, Berkeley, CA 94705 510-649-8537

patinegypt@yahoo.com

JAN 4-JAN 15 AVAILABLE FOR TRAINED HOSTS

JAN 15-19 THUR-MON YOUNG FAMILIES SNOW WKND

Joan Ryan & John O'Sullivan 415-564-8507 2625-23rd Ave, San Francisco, CA 94116 joanryan@mac.com

JAN 19-25 MON-SUN COOP MEALS WEEK Cindy & Russ Toran 707-539-4396 932 Ripley St, Santa Rosa, CA 95401 toranski@aol.com

JAN 25-30 SUN-FRI
Edie Nelson
Bruce Friend
140 Archer Dr, Santa Cruz, CA
95060
edieforsyth@hotmail.com

JAN 30-FEB 4 FRI-WED AVAILABLE FOR TRAINED HOSTS

FEB 4-FEB 8 WED-SUN HOSTED EVENT Lynn Zachreson & Martha Stewart

831-426-3428.

220 Ocean View Ave, Santa Cruz, CA 95062 lynnz@cruzio.com

FEB 8-12 SUN-THURS AVAILABLE FOR TRAINED HOSTS

FEB 12-16 THUR-MON PRESIDENTS'
WKEND

Joan Ryan & Mindi Canner 415-564-8507 2625-23rd Ave, San Francisco, CA 94116 joanryan@mac.com

FEB 16-22 MON-SUN HOSTED EVENT Shelly Navine & Bob Henry 707-829-3728 1286 Hurlbut Ave, Sebastopol. CA 95472 clyde33301@comcast.net

FEB 22-27 SUN-FRI HOSTED EVENT Edie Nelson & Linda Howard 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com FEB 27-MAR 1 FRI-SUN HOSTED EVENT Pam & Garry Greever 530-677-5616 3200 Red Rock Lane, Shingle Springs, CA 95682 pamgreever@yahoo.com

MAR 1-MAR 13 AVAILABLE FOR TRAINED HOSTS

MAR 13-15 FRI-SUN
Michelle Scott
1200 Creekside Dr. #3213
Folsom, CA 95630
HOSTED EVENT
916-804-2334 cell
916-467-7144 hm

MAR 15-17 SUN-TUES AVAILABLE FOR TRAINED HOSTS

dressageup@hotmail.com

MAR 17-22 TUES-SUN HOSTED EVENT Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

MAR 22-27 SUN-FRI AVAILABLE FOR TRAINED HOSTS

MAR 27-29 FRI-SUN
Tom & Carol Coleman
32 Live Oak Dr, Petaluma, CA
travmcgee@comcast.net
HOSTED EVENT
707-992-0650
94952
travmcgee@comcast.net

MAR 29-APR 3 SUN-FRI AVAILABLE FOR TRAINED HOSTS

APR 3-6 FRI-MON HOSTED EVENT Tele-Bluegrass Festival at Sierra-at-Tahoe Art Ewart & Kathleen O'Dea 707-538-3696 1405 Snowy Cloud Way, Santa Rosa, CA 95409 aewart@sbcglobal.net

APR 6-24 AVAILABLE FOR TRAINED HOSTS

APR 24-26 PRIVATE EVENT Tom & Carol Coleman

WATCH FOR UPDATES IN FUTURE ISSUES OF TRAILS!

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A NEW LOOK FOR ECHO SUMMIT LODGE

A crew of 8-10 carpenters from the South Lake Tahoe area along with a painting crew are working magic on the exterior of Echo Lodge. Gone are the days of shabby chic--we now have a lodge that we can all brag about and be proud of. Trustees have worked diligently for a few years to launch this project that will bring us closer to compliance with US Forest Service requirements to renew our permit in 2011. The project includes installing new double-paned windows in kitchen, new fire resistant exterior shingles, new exterior paint including the roof on both the main lodge and large shed, new door to dining room wide enough to accommodate a wheel chair once ramp is completed (a 2009 project). We received compliments from neighbors on the improved appearance of the lodge. The colors are very rich yet sublime in the words of Trustee **Tom Coleman** (deep barn red with very dark forest green trim). Mae Harms took a preview trip just to see the finished product and can attest that it looks fabulous! So come on up the mountain and take a look for yourself.

— Cindy Toran

TRAILS NEWSLETTER ALERT

Please send articles for the **December/ January issue** of TRAILS to editor, **Tom Mahood**, at tmahood@ callatg.com, or via mail to 4824 Foxglove Court, Santa Rosa, CA 95405-7965. Telephone 707-538-8288.

Tom should receive articles for the November issue no later than November 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if applicable. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the **February issue** of TRAILS will be **Vicki Olds**, at volds@studioreflex.com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586, or **Carroll Pearson** at pearsoncmp@aol.com, telephone 408-736-9403.

- Angi Blackwell, Publishing