

TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 82

December 2006 - January 2007

No. 10

CHILDREN'S
HOLIDAY

PARTY Sunday December 10, 2006

To all three generations of Alpiners: Come join us for the Children's Holiday Party, Sunday, December 10th from 3-5pm. Tim Cain, a wonderful guitarist, and a balloon lady will be there to entertain the

children. The club will provide the beverages, ham and rolls. All participants should bring a favorite family dish to share. Cost is \$10 per family.

Don't forget to bring a wrapped gift for your child with the name clearly written on top because Santa Claus will spend time with us and give each child his or her own gift.

Sign up with Mary Frey by sending her your

check. Please state how many people are in your family group. Please let Mary know if you can help before or after the party. Her address is 100 Thorndale Drive, Apt #251, San Rafael, CA 94903. Phone: 415-492-2510. Email: Marymaryhiker@aol.com

— Mary Frey

ANNUAL HOLIDAY PARTY

Saturday, December 9

By the time your read this, we will be days away from what I'm told is one of the most fun and well attended events of the year at Alpine Lodge: the Annual Holiday Party on December 9th. Happy Hour begins at 5 pm and dinner sixish. It is so popular we will need to receive your reservation and payment by December 4th. We are planning our party for eighty people. It is \$19 for members and \$24 for associate members. If you plan to stay over and have breakfast, add \$19 for members and \$27 for associate members. Please send your payment to Mae Harms, 5941 Garden Park Drive, Garden Valley, CA 95633.

Okay, your reservation and payment are in the mail. What can you expect? First of all hunt around your house and wrap up those treasures called white elephants. Bring them with you to the party. Our Santa will engage you in a wonderful gift exchange with trading and laughs and maybe you will even get a treasure you will love!

If you want to share a dish of your favorite holiday food, prepare and bring it. It can be an appetizer, side dish or dessert. There's been a hitch in our plans for tamales as appetizers; we are still exploring

HOLIDAY DINNER AT ALPINE LODGE Monday, December 25

Bonnie Radest will coordinate the Second Annual Potluck 'Pig-out' on Christmas Day, a fabulous Holiday dinner, with turkey and wine provided by the Club, at the Lodge. Happy hour is at 4pm and dinner at 5 pm. Kathi Freeman will need some helpers for the clean up. The cost is \$12 for members and \$15 for associate members. Please send your check (payable to Bonnie Radest) to 30 Verissimo Drive, Novato, CA 94947. Contact Bonnie at 415-897-0227 or bonhike@comcast.net for reservations and potluck plans.

— Bonnie Radest

SWING INTO 2007 AT ALPINE LODGE! Sunday, December 31

The New Year's Team of **Barbara** and **John Lillich**, **Kati Siiteri**, **Cheryl Deaner**, **Lori Guidos**, **Tony Smith**, and **Susan McCarthy** invite you to join in the fun and celebrate New Year's at the Alpine Lodge.

New Year's Eve will begin with a no host happy hour at 7 pm, followed by a potluck dinner and dessert. You will be asked to bring your favorite appetizer, salad, main dish, side dish, bread or dessert. Wine will be provided with dinner. Cost will cover wine, coffee, late night snacks, decorations, and lodge use (\$7 members; \$10 associate members).

For those who stay up, the celebration will continue with games, music, dancing, and sharing good times around the fire to "see" in the New Year. Those staying overnight, the usual costs will apply (\$15 members; \$20 associate members). A champagne breakfast will be served at 8:30 am on New Year's Day (\$5 members; \$8 associate members).

Ben Heldens will lead the annual Top O' Tam hike at 10 am. As the hikers return, we will begin happy hour which will lead into a hearty, healthy supper at about 3:30

See Annual Party page 5 See SWING page 5

TRAILS Editor ~ Tom Mahood

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers: President Vice President Secretary Treasurer	Tony Smith Carroll Pearson Jean Rodgers David Ratner	925-933-2403 408-736-9403 415-435-9383 415-924-3043	joanne-tony@sbcglobal.net pearsoncmp@aol.com jrodg1218@aol.com Dlratner@aol.com
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"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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CAC Rosters and Privacy Protection

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE

I just returned from visiting some of the National Parks and Reserves in Italy and Switzerland. The contrast between these lands, heavily used for thousands of years, and jammed with hikers today, and ours, lightly used by the Native Americans, and still containing large areas of wilderness, made me realize how fortunate we are here in California. To have TWO mountain lodges perched on the edge of these areas is truly remarkable; it would be financially impossible to do this today. Echo Lodge is doing OK as you stay a number of days, but in order to free up more time at Alpine Lodge for our members use rather than outside rentals, an increase in annual dues is being asked for, so we don't have to depend so much on this external source of income to maintain this wonderful place set on Panoramic Highway. I'm for it; are you? Please email or call me if not.

CAC stickers are now available. This private project hopes to raise money for both lodges and the CAC Foundation. The one hundred or so active members and old timers can have one gratis if they want; other folks who aren't so active due to other commitments, health issues, or distance, please consider a donation of \$5 per sticker and indicate where you wish the money (less the cost of about \$1 per sticker) directed. Stickers should be available at most CAC functions, or send a self-addressed, stamped envelope and check to Tony Smith at 2345 Tice Creek Dr. #4, Walnut Creek, CA 94595. Seed money for this project came from the **Smith** and **Schweifler** families, active in the CAC for over 50 years.

Happy Winter Solstice!

— Tony Smith, President

DUES INCREASE FOR APRIL 1, 2007

The CAC Board of Directors will be proposing the following dues increase at the Quarterly Membership meeting on January 21, 2007. The calculations were based on creating an additional \$6,000 of revenue in support of Alpine Lodge. After receiving input from the membership at the meeting and at any time via email and phone calls, the Board of Directors will vote on the proposed increase at the Board of Directors meeting on February 18, 2007.

Membership Type	Current	Proposed
Regular Membership	\$75	\$90
Joint Membership	\$130	\$155
Senior Membership	\$50	\$60
Joint Senior Membership	\$85	\$100
Regular Life Membership	\$1,035	\$1,180
Joint Life Membership	\$1,725	\$2,156
No change for Student and Iu	ınior Membersh	ips.

Contact any board member with comments.

-- CAC Board of Directors

MEMBERSHIP REPORT

December 2006

The following applicants are submitted for posting prior to Board acceptance:

Michael Bonham – Regular Member 401 Mill Street Folsom, CA 95630-2605 916-985-7536

Email: bonhammi@comcast.net

Sponsors: David Winkelman & Jim Nixon

Anita Trafficante – Regular Member PO Box 273 Forest Knolls, CA 94933 415-488-1788

Email: anita@marinhealth.net

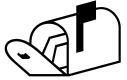
Sponsors: Louise Tillmanshoeffer & Bob Hanson

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS: Jeff Takao, Bruce & Diane Friend.

— Laureen Novak, Membership Chair

ATTENTION ALPINE HOSTS AND RENTERS

Judy Key-Dominguez has moved. Her new phone number in Marin is 415-888-3376. Judy is looking forward to continuing her cleaning of the Alpine Lodge and will also wash dishes for parties of any size.



— Eike Linkwitz

NEW INNKEEPER COORDINATOR

Please welcome **Selma Bomfim**, our new Innkeeper Coordinator. Our thanks to former coordinator, **Joan Ryan**, who is helping with documentation for Innkeeper instructions and the job description for the coordinator. If you can spend an enjoyable Sunday at our wonderful Alpine Lodge on Mt. Tam, please let Selma know. It is a wonderful place to bring your family, as the Innkeeper duties are very light. Early spring is a great time for curling up by the fire to read.

We need an innkeeper for, December 24th, if this Sunday fits with your schedule, please let Selma know as soon as possible.

Please contact Selma Bomfim at selmabomfim@ hotmail.com or phone at 415-381-4676, if you can be an innkeeper for us during April – June, 2007. Thanks very much.

- Carroll Pearson

WINTERTIME FEAST == SUNDAY, JANUARY 21 HORS D'OEUVRES & NO-HOST HAPPY HOUR 4:30 -- DINNER AT 5:30

What better way to celebrate winter than to cozy up with likeminded friends over dinner? Here's your chance! Join your Alpine Club friends for this year's January Quarterly Dinner, the Alpine Lodge Wintertime Feast.

Dinner will be prepared by CAC member and chef **Christine Piccin** and husband **François**, and will include some of Christine and François' favorite cool weather flavors and foods.

An award-winning chef and food writer, Christine loves nothing better than to taste her way through her travels, which have flavored her articles for magazines including Bon Appétit, Saveur, and Santé among others. She spent ten years cooking in restaurants in Sonoma County, and now teaches chefs-in-training in the Culinary Arts program at Santa Rosa Junior College. François, a native of France, will wield his considerable French charm while helping out in the kitchen. A high-tech manager by day, François, brings a wonderful palate and great chopping skills to their joint culinary endeavors.

Would you like to help create this winter meal? Please volunteer to lend Christine and François a hand with prepping, serving, and clearing, maybe even learning a cooking trick or two. Also, we need two or three people to bring an additional appetizer. To reserve your place at the table (\$16 members/\$19 associate members), and to volunteer to help, please contact **Susan McCarthy** at sfmccar@cs.com or 408-293-0891. Send checks payable to Susan to 1141 Willow Glen Way, San Jose, CA 95125, by the January 17th deadline.

We look forward to seeing you there! Bienvenue, et bon appétit!

— Christine Piccin

DECEMBER 22, TWO DAYS BEFORE CHRISTMAS EVE!

A special four course Holiday Dinner to honor old time members of our Club, **Beverly Heywood** and **Betty Osborn**, will be held on Friday, December 22 at the Alpine Lodge, starting with Happy Hour and hors d'oeuvres at 4pm. Friends of Bev's and Betty's are invited to experience the festive atmosphere over food and good company in the Alpine Lodge's living room by the light of a glowing fire. Maximum 15 people.

Please make reservation to **Eike Linkwitz**. Send your \$15 check /member and \$18/Associate member to 15 Prospect Lane, Corte Madera, CA 94925.

To all a Merry Season of the Lights!

Eike Linkwitz

FALL FOLIAGE AT ACADIA NATIONAL PARK

Last chance to sign up for Fall Foliage at Acadia National Park Sept. 27 - Oct. 4, 2007. Reservations in September are so difficult to get that we will lose them if we don't have deposits in by January. A week in rustic cabins, hikes at two levels, freedom to wander as you please, lobster cruises and much more. RosCarol@aol.com, or 650-592-9394.

— Ros Carol

ALPINE LODGE EVENTS - Associate members welcome
To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

THIS SCHEDULE INCLUDES EVENTS AT THE ALPINE LODGE. FOR CAC EVENTS TAKING PLACE ELSEWHERE, PLEASE REFER TO THE OUTINGS SCHEDULE IN THIS ISSUE.

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in **TRAILS**

NOV 30-DEC 2 THUR-SAT MEMBER RENTAL

Mary Jane McKown 415 383-2774

DEC 2 SAT MTIA HOLIDAY PARTY

DEC 7 THUR 9AM - 2:30PM MIDWEEK WORK PARTY

A "between events" clean up of the premises is required. We want the lodge to look its best. Please lend a hand. The usual refreshments will be provided. Coordinators are Renee Powers and David Solbach 415-563-1170.

CAC HOLIDAY PARTY

Happy hour at 5 pm; dinner at 6 pm. For members dinner is \$19 and overnight and breakfast is \$19. For associate members dinner is \$24 and overnight and breakfast is \$27. Please send your reservations to Mae Harms, 5941 Garden Park Drive, Garden Valley, CA 95633 by December 4th. Please see article on page 1.

DEC 10 SUN CHILDREN'S HOLIDAY **PARTY**

3-5 pm. Cost is \$10 per family. Coordinator: Mary Frey. 415-492-2510, marymaryhiker@aol. com. See article on page 1.

DEC 12 TUES MEMBER RENTAL MaryJane McKowan 415-383-2774

DEC 15-17 FRI-SUN MEMBER RENTAL Lori Sondheim 916-446-1161

DEC 19 TUES MEMBER RENTAL Carol Bodtker 415-884-0850

DEC 22 FRI SPECIAL HOLIDAY DINNER FOR BEVERLY HEYWOOD & **BETTY OSBORN**

Starts with Happy Hour at 4:00PM Reservations to Eike Linkwitz. Please mail your check \$15/member, \$18/Associate Member to 15 Prospect Lane, Corte Madera, CA 94925. Maximum 15 people. See article Page 3.

DEC 25 MON HOLIDAY DINNER AT ALPINE LODGE

Coordinator will be Bonnie Radest, 415-897-0227, assisted by Kathi Freeman, 510-222-9439. Please see article on page 1.

DEC 29-30 FRI-SAT MEMBER RENTAL Mary Jane McKown 415-383-2774

NEW YEAR'S EVE DEC 31 and JAN 1 AND NEW YEAR'S DAY

See article page 1.

JAN 4 THURS 9:00AM - 2:30 PM MIDWEEK WORK PARTY

"All hands on deck" for a clean-up. The Lodge deserves that we give it our best. And there's breakfast and lunch provided! Call coordinator Nuala Caulfield @ 415-922-6775 or e-mail Ntcaulfield@msn.com.

IAN 6-7 SAT-SUN HIKERS' WEEKEND

Happy Hour at 4:30 pm. BYOB and an appetizer to share. Dinner, salad and dessert at 6:00 pm. Members \$8, Associates \$11. You're invited to spend the night at the Lodge and awake to a delicious breakfast. Members \$19, Associates \$27. Contact Nuala at 415-922-6775 or Ntcaulfield@MSN.com.

JAN 14 SUN 9:00AM - 2:30 SUNDAY WORK PARTY (NOTE TIME CHANGE)

If you are unable to attend the midweek work parties, this quarterly event is your chance to help out at the Lodge, meet other club members, and enjoy a hearty lunch. Coordinator Ed Del Monte will have several special projects; there will be housekeeping tasks and gardening opportunities. Gardeners, please bring gloves and hand tools. Be sure to let Ed know you are coming, at edelmonte@delmontecito.com or 707-528-7983.

ALPINE LODGE JAN 19-20 FRI-SAT **HOST TRAINING**

Beginning with dinner at 6 pm on Friday and ending at 4 pm on Saturday, this session will soon fill-up. Priority will be given to those shortly hosting events. Contact Paul McKown at 415-383-2774 or paulmckown@earthlink.net to reserve.

JAN 21 SUN ALPINE TRUSTEES, CAC FOUNDATION, BOARD OF DIRECTORS,

QUARTERLY MEETINGS AND DINNER

The Alpine Trustees meet at noon, the CAC Foundation Board meets at noon, the Board of Directors meeting will begin at 2:00 pm, followed by the Quarterly Membership meeting at 3:00 pm. Happy hour and dinner will follow. Please see article page 3.

IAN 26-28 FRI-SUN MEMBER RENTAL Chervl Wilson 415-541-7556

FEB 1 THURS 9:00AM - 2:30PM MIDWEEK **WORK PARTY**

Post-winter, pre-spring cleaning of the Lodge. All volunteers will leave, having worked hard and eaten well, with consciences and appetites satisfied. Call coordinator Eva Libien at 415-383-5184 or e-mail elibien@yahoo.com.

FEB 3-4 SAT-SUN HIKERS' WEEKEND See January 6-7.

FEB 4 SUN SECRET SWISS VALLEYS SLIDE SHOW

Please see article page 5.

FEB 17-18 SAT-SUN HIKERS' WEEKEND See January 6-7.

FEB 18 SUN ALPINE TRUSTEES BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon and the Board of Directors meet at 2 pm in the Social Hall. Everyone is welcome.

FEB 18-25 SUN-SUN **SPA WEEK** Coordinator: Mary Frey. Details to follow in

upcoming TRAILS.

MAR 1 THURS 9:00AM - 2:30 PM MIDWEEK WORK PARTY

Coordinator to be announced.

MAR 3-4 SAT-SUN HIKERS' WEEKEND See January 6-7.

MAR 17-18 SAT-SUN HIKERS' WEEKEND See January 6-7.

MAR 18 SUN **ALPINE TRUSTEES** NOMINATIONS AND BOARD OF **DIRECTORS MEETING**

Alpine Trustees meet at noon, Nominations Meeting at 1:30 pm, and the Board of Directors meet at 2 pm in the Social Hall. Everyone is welcome.

HIKERS' WEEKEND APR 7-8 SAT-SUN See January 6-7.

MAY 19-20 SAT-SUN HIKERS' WEEKEND See January 6-7.

Watch for updates in future issues of TRAILS!

SECRET SWISS VALLEYS

Join us on February 4, Sunday, at 2 pm, for an afternoon viewing the exquisite views and lush greenery of Switzerland's secret valleys. From the Gasterntal, seven miles long, a half mile wide (the size and shape of Yosemite) with three buildings to Val Roseg, a long valley with one building, to Val Susauna, shadowed by cliffs, to Val Tasna, where a creek runs through a wide open and luscious valley, to my all time favorite, Val Fex. These are not the valleys of most tourists, rather they are hidden places, often uninhabited, a little hard to get to, but the area of the most fabulous beauty and wonderful views. And there is no one there.

Looking forward to seeing you there. Chocolate will be served! Please RSVP to my email address: bailey54@ earthlink.net or call 415-457-9028, so I can keep you posted as the date nears.

--- Susanna Van Leuven



This is Val Roseg. This summer, in August, I was the only person in the hotel.

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sun, Jan 21, 2007 Board of Directors Meeting at 2 pm

Quarterly Membership Meeting

at 3 pm Dinner to follow.

Sun, Feb 18, 2007 Board of Directors Meeting at 2 pm

Sun, Mar 18, 2007 Nomination Meeting at 1:30 pm

Board of Directors Meeting at 2 pm

If you have any questions, call **Tony Smith** at 925-933-2403 or email joanne-tony@sbcglobal.net. Members are welcome at Board Meetings. Thank you!

— Tony Smith

CALIFORNIA ALPINE CLUB FOUNDATION MONTHLY REPORT NOVEMBER 2006

What a show! Those who attended last weekend's Henry Hillman Fall Fund Raiser had the pleasure of learning a whole lot about the Farallon Islands as well as CoastWalk and Tamalpais Conservation Club. Our guest speaker, **Russ Bradley** of the Point Reyes Bird Observatory, was a pure delight. His enthusiasm and knowledge was thoroughly enjoyable. His in-depth knowledge of ecosystems and the inter-relationship of man and nature was very enlightening. Also in attendance was Jon Breyfogle representing CoastWalk and **John Leonard** president of Tamalpais Conservation Club. Both spoke to our mutually held passion for hiking our trails.

Speaking of hiking, did you know that the City of Mill Valley recently printed their first map dedicated to "Steps, Lanes and Paths"? I obtained a 1st edition map and look forward to many future editions. More maps are available at the Mill Valley History Room (Library).

But back to the Henry Hillman Fall Dinner. We were honored by the presence of Lois Hillman, her son Carl, daughters Carol and Maryann, son-in-law Peter, and her two granddaughters. Dinner was perfectly presented with Laureen Novak's most wonderful "Chicken Marbella" main course and Renee Powers fabulous desert. Nuala Caulfield's special egg breakfast gave us a great start hiking the mountain. Tony Smith cleared the trail of a tree that had "head bonked" Carroll Pearson one too many times. Our fearless hike leaders, Susan McCarthy, Ben Heldens and Bonnie Radest, lead us all back to the club with little energy to spare. What can I say, but "when can we do this again?"

So, please join us at the Alpine Lodge at future CAC Foundation "continuing education program" events. The CACF exists to choose those conservation organizations that we think best support our goals and those of CAC. Your involvement in the process of identifying related organizations is greatly appreciated and will make a difference.

--- Jay Hallberg, CACF President

Annual Party continued from page 1

other sources. After the happy hour we will have our dinner in our beautifully decorated hall. Salad, bread, drinks will be waiting on the tables, followed by **Ben Heldens'** delicious roast beef or **Betty Rappaport's** vegetarian lasagna, accompanied by tasty dishes prepared by **Susan McCarthy** and **Carroll Pearson**.

While that's settling, **Tony Smith** and other talented CAC members will lead us in a bit of singing. We will top this off with dessert and hopefully many helpful hands to clean up the dinning hall to be ready for the Children's Holiday Party the next day.

Those staying over can enjoy a bedtime movie, a good night's sleep and breakfast the next morning.

— Mae Harms

SWING continued from page 1

pm. (\$8 members; \$11 associate members).

Volunteers are needed to decorate, set tables, prepare food, serve, and clean up, for all three events.

For reservations for any or all of the above activities, to indicate what dish you will bring, and how you will help, please contact **Susan McCarthy** at 408-293-0891 or sfmccar@cs.com. Mail reservation checks payable to Susan to 1141 Willow Glen Way, San Jose, CA 95125.

— John & Barbara Lillich

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEK	END LISTIN	GS HAVE AN ASTERI	CK AND ARE B	OLDEI
SAT DEC 2	10:00 a.m.	Paul McKown	415-383-2774	2B
SUN DEC 3	10:00 a.m.	Karl Baeck	415-459-6370	2B
CONDECT	10.00 4.111.	Co-Listed w/Sierra		
	10:00 a.m.	Ann Wadsworth	415-929-0776	1A
SUN DEC 10	10:00 a.m.	Don & Donna Rice	415-342-4502	2B
SUN DEC 17	10:00 a.m.	Rosemary Trowsdal		2B
SUN DEC 24	10:00 a.m.	**Leaderless Hike		2B
CHRISTMAS	DAY			
MON DEC 25	10:00 a.m.	Eva Libien	415-383-5184	2B
		Co-Listed w/Sierra	Club	
SUN DEC 31	10:00 a.m.	Arlin Weinberger	415-444-0611	2B
NEW YEAR'S	DAY	· ·		
MON JAN 1	10:00 a.m.	Ben Heldens	415-665-7274	2B
	Co-Listed v	v/Sierra Club and Ber	rkeley Hiking C	lub
*SAT JAN 6	10:00 a.m.	Bill Wise	415-584-4581	2B
*SUN JAN 7	10:00 a.m.	Ruth Tretbar	510-836-0108	2B
		Co-Listed w/Sierra C	lub	
	10:00 a.m.	Helene Gibbs	415-383-7468	1A
SUN JAN 14	10:00 a.m.	Ben Heldens	415-665-7274	2B
SUN JAN 21	10:00 a.m.	Marion Hazzard	415-661-6876	2B
		Co-Listed w/Sierra C		
SUN JAN 28	10:00 a.m.	Margrit Gonzales	415-472-4270	2B
*SAT FEB 3	10:00 a.m.	Ursula Pedersen	415-479-0343	2B
*SUN FEB 4	10:00 a.m.	Bonnie Radest	415-897-0227	2B
	10:00 a.m.	Carroll Pearson	408-736-9403	1A
SUN FEB 11	10:00 a.m.	Don & Donna Rice	415-453-6087	2B
*SAT FEB 17	10:00 a.m.	**Leaderless Hike		_
*SUN FEB 18	10:00 a.m.	Eva Libien	415-383-5184	2B
PPECIPELIE	-	Co-Listed w/Berkele	y Hiking Club	
PRESIDENT'S		D 11676	44= 000 0==4	0.D
MON FEB 19	10:00 a.m.	Paul McKown	415-383-2774	2B
CLINI PED 05	10.00	Co-Listed w/Sierra C		o.D.
SUN FEB 25	10:00 a.m.	Karl Baeck	415-459-6370	2B
*C.A.T.N.A.D.O	10.00	Co-Listed w/Sierra C		a D
*SAT MAR 3	10:00 a.m.	Taren Hamilton	415-378-4240	2B
*SUN MAR 4	10:00 a.m.	Paul McKown	415-383-2774	2B
	10.00	Co-Listed w/Sierra C		1 4
CLINI MAD 11	10:00 a.m.	Ann Wadsworth	415-929-0776	1A
SUN MAR 11	10:00 a.m.	Melanie Facen	415-492-0470	2B
*SAT MAR 17	10:00 a.m.	** Leaderless Hike	445 450 6050	οD
*SUN MAR 18	10:00 a.m.	Karl Baeck	415-459-6370	2B

IMPORTANT! RAIN CANCELS

1A HIKES

(4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

NOTES: Hikes may carpool from meeting place to other trailheads. All participants should have some previous hiking experience and be able to hike at a moderate pace (i.e, approx. 2 miles per hour).

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com **Hikers' Weekends:** For supper and / or overnight arrangements, Contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.com.

ALPINE LODGE SUNDAY INNKEEPERS

December 2006 - March 2007

I		
December 3	Donna & Don Rice	415-453-6087
December 10	Ruth Tretbar	510-836-0108
December 17	Lori Sondheim	916-446-1161
December 24	Innkeeper Needed	
December 31	Nancy Waldeck	415-552-5836
January 7	Barbara McVeigh-Migl	io 415-222-2440
January 14	Kay Gillis	415-456-2032
January 21	Hedda Thieme	415-334-3892
January 28	Joan Stamme	707-795-5945
February 4	Onnie Taylor	415-648-6380
February 11	Trudy Powers	415-564-3398
February 18	Ulla Pettersson	415-821-1858
February 25	Pat Boyd	510-848-4134
Mar 4	Gail Lindlow	415-441-0838
Mar 11	Jeanne Bacon	415-924-2712
Mar 18	Innkeeper Needed	
Mar 25	Melanie Facen	415-492-0470
I		

To volunteer as a Sunday Innkeeper at Alpine Lodge, please contact Selma Bomfim at 415-381-4676 or email at selmabomfim@hotmail.com.

OUTINGS 2007

The year is taking shape due to all the wonderful people who have volunteered to lead outings. Details have not yet been firmed up, but here are the beginnings of the schedule. There will be a description in Trails of each of these outings at the appropriate time.

or trice	e outings at the appropriate time.
Jan. 16	Toyota Nummi Plant See article page 9.
Feb.	Birding Trip
Mar.	Cooking demonstration
April	Sacramento overnight Bicycle in the wine country
May	Crystal springs hike and watershed lectur

July Rafting trip on the American river Family car camp Camping

Aug. Base camp Lee Vining car camp or motel Backpack in Sequoia National park

Sept. Canoe trip in Michigan Fall Foliage in Arcadia National Park

Oct. Kayak in Tomales Bay Salmon festival and overnight in Folsom

- Ros Carol, Outings Chair

^{**}Leaderless hikes meet at Alpine Club. Please select a leader from the group.

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30 pm, or e-mail toranski@aol.com. Echo Lodge Telephone: 530-659-7274

The winter season is upon us and Echo Lodge is a perfect place to get out and play in the snow. We have a cadre of enthusiastic Hosts ready to take your reservations. Call them while they still have room available, so you can enjoy winter in the Sierra at our wonderful lodge!

Note to Winter/Spring Hosts: The only openings in the Winter Schedule are: Jan 5-7 and March 27-30. Of course, there is plenty of time available in April through June for either hosted events or member rentals. Contact me if you would like to schedule any open times (my e-mail and phone number are above).

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** date has not been set. Contact Cindy for an update.

Winter '06 - Spring '07 Echo Summit Lodge Schedule:

DEC 8-10 FRI-SUN MEMBER RENTAL Allan Lindberg & Jayma Brown

510-237-0231

DEC 20-25 WED-MON PRE-CHRISTMAS Edie Nelson 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

DEC 25-29 (MON-FRI) CHRISTMAS WEEK Cindy & Russ Toran 707-539-4396

Lynn Garric & Larry Langbehn 5934 Yerba Buena Rd., Santa Rosa, CA 95409 toranski@aol.com

DEC 29- JAN 1, 2007 (FRI-MON)

AND NEW YEAR'S!

Kristina & Ben Gale 415-381-9319 158 Morningsun Ave, Mill Valley, CA 94941 krissegale@yahoo.com

JAN 1-5 MON-FRI

Pat Anderson & Fred Huxley 510-649-8537 3026 Benvenue Ave, Berkeley, CA 94705 patinegypt@yahoo.com

JAN 7-12 SUN-FRI

Edie Nelson 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

JAN 12-15 FRI-MON MLK WEEKEND

Lynn Garric & Larry Langbehn 707-539-2078 5400 Alpine Rd, Santa Rosa, CA 95404 cransac@sonic.net

JAN 15-21 MON-SUN

Cindy & Russ Toran 707-539-4396 5934 Yerba Buena Rd, Santa Rosa, CA 95409 toranski@aol.com

IAN 21-24 SUN-WED

Cynthia & Tom Wold 916-967-9920 5155 Sunrise Hills Dr, Fair Oaks, CA 95628 cyntomwo@pacbell.net

JAN 24-26 WED-FRI

Lynn Zacherson & Martha Stewart

831-426-3428

220 Ocean View Ave, Santa Cruz, CA 95062 lynnz@cruzio.com

JAN 26-28 FRI-SUN

Pam & Garry Greever 530-677-5616 3200 Red Rock Ln, Shingle Springs, CA 95682 pamgreever@yahoo.com

JAN 28-31 SUN-WED

Larry Ridgel & Edna Trimm 707-422-0338 201 Long St, Suisun, CA 94585 moonycat@aol.com

JAN 31-Feb 4 WED-SUN

Audrey & Mike Vaggione 408-865-1781 12747 Saratoga Glen Ct, Saratoga, CA 95070 vaggionepastries@pacbell.net

FEB 4-9 SUN-FRI

Edie Nelson 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

FEB 9-15 FRI-THURS

Shelly Navine & Bob Henry 707-829-3728 1286 Hurlbut Ave, Sebastopol, CA 95472 clyde33301@comcast.net

FEB 15-19 THU-MON PRESIDENTS' WKND

Monika Balsamo (Reservations) 707-539-2140 4841 Parktrail Dr, Santa Rosa, CA 95405 m_balsamo@earthlink.net

FEB 19-23 MON-FRI MEMBER RENTAL Lynn Zacherson 831-426-3428

FEB 23-25 FRI-SUN

Michelle & Chris Scott 916-817-4177 1200 Creekside Dr #3213, Folsom, CA 95630 mrscott@teledyne.com

FEB 25-MAR 2 SUN-FRI

Larry Ridgel & Edna Trimm 707-422-0338 201 Long St., Suisun, CA 94585 moonycat@aol.com

MAR 2-4 FRI-SUN

Art Ewart & Kathleen O'Dea 707-538-3696 1405 Snowy Cloud Way, Santa Rosa, CA 95409 aewart@sbcglobal.net

MAR 4-8 SUN-THURS MEMBER RENTAL

Eike Linkwitz 415-924-0241

MAR 8-11 THURS-SUN

Barbara McVeigh & Mark Miglio 415-222-2440 336 Bon Air Cir #286, Greenbrae, CA 94904 barb@marinx.com

MAR 12-15 MON-THURS

MaryKay & Craig McKown 415-647-4626 3839 26th St, San Francisco, CA 94131 mkmckown@mac.com

MAR 15-18 THU-SUN YOUNG FAMILIES SNOW WEEKEND

Joan Ryan & John O'Sullivan 415-564-8507 2625 23rd Ave, San Francisco, CA 94116 joanryan@mac.com

MAR 18-21 SUN-WED

Larry Ridgel & Edna Trimm 707-422-0338 201 Long St, Suisun, CA 94585 moonycat@aol.com

MAR 21-27 WED-TUES

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

MAR 27-30 TUES-FRI AVAILABLE FOR TRAINED HOSTS

MAR 30-APR 1 FRI-SUN

Carol Saccomonto & Tom Coleman 707-769-7801 1216 Kathileen Way, Petaluma, CA 94952 tomcoleman@sbcglobal.net

APR 5-9 THURS-MON MEMBER RENTAL John Knott & Shana Avalos 916-652-3864

APR 27-29 FRI-SUN MEMBER RENTAL Carol Saccomonto & Tom Coleman 707-769-7801

JUN 7-10 THU-SUN ECHO CONSERVATION & BENEFIT

& Birding in the Tahoe Region

Co-Chairs: Karen & Jerry Wagner (Birding) 707-528-8197

& Paul & Cici Mattiuzzi (Conservation)

JUN 10-14 SUN-THURS MEMBER RENTAL

MaryKay & Craig McKown 415-647-4626

JUN 14-17 THU-SUN Sheryl & James Letcher 530-885-0589

Watch for updates in future issues of TRAILS!

FALL 2006 HOST APPRECIATION AND TRAINING AT ECHO LODGE

Twenty-six enthusiastic CAC members were hosted by Echo Trustees, **Edie Nelson**, **Tom Coleman** and **Cindy Toran**, for a weekend of training and the camaraderie of a group of special CAC folks who host at Echo Lodge. They were also the CAC members to initiate the newly installed dining room and kitchen floors.

We had a beautiful, sunny fall weekend on October 27-29 for Host Appreciation and Training. The group included several veteran hosts: Helen Alfredson, Kathy Faherty, Pam & Garry Greever, Eike Linkwitz, Maureen Smith, Audrey Vaggione, and Karen & Jerry Wagner. We were honored to have these seasoned hosts impart their anecdotes, new ideas and words of wisdom for the benefit of the new and less-experienced hosts in the group: Shana Avalos & John Knott, Joan Ryan & John O'Sullivan, MaryKay & Craig McKown, Nancy McCann, Mari Norman, Ros Carol, Geri Gottbrath, Michelle & Chris Scott, April Roberts, Cynthia & Tom Wold, Jo Wolf, and Vicki Olds.

We had classroom training and lodge infrastructure tour on Saturday. In addition, Jerry and Karen demonstrated the electronic (Excel) charge sheets and host summary report that they have developed and refined. Kathy explained how she used them this past summer, as well as a plan for using them with simply a laptop computer but no printer. Helen relayed some great organizational ideas, including her method for enlisting her guests in cooperative meal planning. Garry and Pam explained their philosophy for winter weekend hosting and how they are able to provide made-to-order breakfasts on Sunday. Eike, the matriarch of Host Training at both CAC lodges, reinforced our caution on bears with a colorful story of the time a bear unsuccessfully tried to break into her VW that had carried food to Echo. Audrey has been coming to Echo Lodge since she was a wee child, and has introduced Michelle (Vaggione) Scott as a 4th generation host at Echo Lodge!

Please remember that to maintain eligibility for Host Training or Member Rentals, training must be refreshed every three years. We need knowledgeable, skilled, and gracious hosts to sustain Echo Lodge and keep it open for the general CAC membership. It is only through training that we are able to maintain Echo Lodge standards of operation.

Our next Host Appreciation & Training will be in late April or early May, 2007. Watch Trails for specific dates when set. If you would like to take advantage of the training, please contact Cindy Toran at toranski@aol.com or phone at 707-539-4396.

- Cindy Toran

Tom Coleman leads the Outdoor Ed tour at Fall 2006 Host Appreciation and Training.



MIDWEEK WORK PARTY

October 5, 2006

On a drizzly day a small group of loyal members accomplished a great deal. **Ben Heldens**, assisted by **Erik Bodtker**, began repairs to the cement block wall below the path to the Tam Building. (By the time of the November work party the wall was rebuilt and the hedge replanted.) **Ed Del Monte** and **Karl Baeck** carried out roof and furnace inspections; Ed completed a number of other special maintenance projects. **Sue Karp, Carol Bodtker** and **Ruth Tretbar** cleaned ovens and refrigerators, kitchen cupboards and the pantry and made sure the Lodge and Tam Building were clean and ready for use.

- Ruth Tretbar

NOVEMBER 2 WORK PARTY AT ALPINE LODGE

Despite thick fog, fourteen hardy souls made their way to Alpine Lodge. It would be nice to think they were attracted by the mid-morning refreshments or the Breton Vegetable Soup I made for lunch, but Alpiners are a hard working bunch, enthusiastic about maintaining and improving the Lodge.

Ed Del Monte, who arrived before the crack of dawn, and Roger Diehnel worked on the parking lots. Next, Ed checked and cleaned the gutters, inspected the roof and checked the light bulbs, while Jay Hallberg and his neighbor (and prospective member, we hope) Peter Ring, unloaded, chopped and stacked a supply of firewood. Laureen Novak, and Jay and Peter later, set up the Hall for Saturday's conservation fundraiser. Ben Heldens, who always seems to have the most strenuous job, continued working on the outside steps. Jennie Bruyn was like a 'white tornado' in the kitchen, as was Mayme Harris in the rest of the building, as they scrubbed, washed, vacuumed, dusted and generally straightened up.

Verna West and daughter Judy, assisted by Hans Schilling, ploughed their way through a treasure trove of Club history, part of an extensive job Verna has undertaken. Ruth Tretbar and Donna Rice, after consultation with Ed and Roger, made plans for Fall planting. Ruth then tackled the least favorite job of cleaning the bathrooms in both buildings, while I concentrated on thoroughly cleaning the back porch.

Thank you for braving the elements and working hard. Without such volunteers, we wouldn't have our wonderful Club.

- Nuala Caulfield

Email and Address Changes

Please remember to advise the CAC Registrar of any changes to mail, phone and email (particularly email, which changes much more frequently than regular addresses.) If you haven't been receiving periodic messages via email from CAC, we probably have the wrong email address for you. **David Maier** can be reached at 831-462-2764 or dmmaier@pacbell.net or by mail at 2-1120 E. Cliff Drive, Santa Cruz, CA 95062.

— Dave Maier, Registrar



ALPINE LODGE INFORMATION AND FORMS FOR EVENTS, RENTALS, EXPENSES AND WORK PARTIES

Twelve convenient "forms" for efficient Alpine Lodge operation are stored on site for you. Please help yourself to them. You will find these forms in the top drawer of the file cabinet in the Trustee's closet, under the stairs of the living room.

All forms are placed in hanging folders, clearly labeled:

- 1. Map to the Alpine Lodge
- 2. "About the Alpine Lodge"
- 3. Floor plans of bedrooms in Tam Building
- 4. Floor plans of upstairs bedrooms in Alpine Lodge
- 5. Floor plan of the Social Hall
- 6. "Combi Form" for Club Events at the Alpine Lodge
- 7. Alpine Lodge Hosting and Expense Summary
- 8. Alpine Lodge Rental Hosting Summary
- 9. Fee Structure of Rentals for the Alpine Lodge
- 10. Alpine Lodge Stereo System Wiring in Social Hall
- 11. Alpine Lodge Social Hall Audio/Video Systems Operating Instructions
- 12. Infrastructure of the Alpine Lodge buildings

Depending on your event, please fill out one of the following three forms: "Combi Form" for Club Events, "Alpine Lodge Hosting and Expense Summary", or "Alpine Lodge Rental Hosting Summary". Mail to Alpine Lodge Treasurer, Melanie Facen at the address printed on the bottom of each form. Include all receipts and/or proceeds after your event.

We have to maintain very good records for the IRS. Please help!

— Eike Linkwitz

FIRST ANNUAL HALLOWEEN PARTY

Thirty-four guests ventured up to the Alpine Lodge for the Halloween Party on October 29th. The Pot Luck Costume Party was entertaining from start to finish; all who attended had a great time. Many guests dressed for the occasion, and Audrey Hulburd's bright orange wig was a big hit. Thanks to all who joined in and made this a special celebration. We hope to see you again next year.

— Sue Karp

HALLOWEEN TRICK?

Stuart Bacon reports that after attending the Halloween party, tending the bar, and then helping to clean up after dinner, his light blue jacket mysteriously disappeared. It was last seen on the shelf formed by the top of the liquor cabinet near the bar. If you spirited off with the jacket by mistake, or otherwise know of its whereabouts, call Stuart, 415-924-2712.

- Tom Mahood

OCTOBER QUARTERLY MEETING DINNER

What a nice time in a lovely, decorated social hall we had on October 15, 2006. Over 60 people attended the dinner, although we had difficulty in getting the required 30 for a quorum for the quarterly meeting. Again, we hope that the low attendance at the business meeting means that you are satisfied with your CAC leadership.

Eva Libien and her crew of French chefs, **Nichole Roche** and **Francoise Tunison**, served a wonderful French meal of Coq Au Vin, haricots verts (green beans), pommes de terre (potatoes), salad, and of course, French Bread.
Assorted French cheeses, fruit and French cream puffs were served for dessert. **Sue Karp** had the dining hall looking very festive with a gold and lavender theme.

Carol and Erik Bodtker, Ann and Gos Schubert, Susan McCarthy, Gerald Petak, and many others helped with the preparations and clean-up to get the lodge back in shipshape order.

Many thanks to Eva for taking the reservations, planning, and executing the event with such success.

- Carroll Pearson

TOYOTA NUMMI PLANT IN FREMONT Tuesday, January 16

A great winter indoor activity! See how cars are made today. Starting at 12:15, there will be a movie, and then a guided tour in an open bus. It's huge and really interesting! No walking is involved and no fee. Bring your lunch and arrive at 11:45. This tour has to be booked months in advance. Mapquest your directions to 45500 Fremont Blvd., Fremont, CA 94538. We have 20 places so bring your friends. Ros Carol 650-592-9394 or RosCarol@aol.com.

- Ros Carol

TRAILS

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936 P.O. Box 2180 Mill Valley CA 94942-2180

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PRETZEL BAKING ON MOUNT TAM

Kids found a surprise treat at the Alpine Lodge in September and October when they got to make fresh, hot pretzels after their family hike. Innkeepers <code>Barbara</code>, <code>Mark</code> and their little assistant <code>Maia Miglio</code> had the dough ready for kids to roll and twist. After the pretzels were baked, kids got to dip them into melted chocolate or mustard. . . though, surprisingly, chocolate was by far the most popular choice.

They will be hosting again on Sunday, January 7, and they invite kids to stop by for more pretzel rolling and twisting between 11 am and 2 pm. (\$.50 donation please)

— Barbara McVeigh-Miglio

We made them ourselves!



TRAILS NEWSLETTER ALERT

Please send articles for the February issue of TRAILS to editor, **Catherine Theilen Burke**, at theilen@sbcglobal.net, or via mail to 579 Lisbon St., San Francisco, CA 94112, telephone 415-337-9140.

Catherine should receive articles for the February issue no later than **January 5th**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

Editor for the March issue of TRAILS will be **Dan Schoenholz**, at dschoenholz@sbcglobal.net. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact **Angi Blackwell** at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

— Angi Blackwell, Publishing



OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 83 February 2007 No. 1

HOSTS NEEDED FOR CAC EVENTS

Yes, we are a hiking club, but having our wonderful social events is an integral part of the California Alpine Club. To make these events possible, we need hosts for the following events for the 2007-8 year. As you can see we have some volunteers already, but need to have more. Please consider serving your club in this capacity. Choose one of the listed events or create one of your own.

If you are willing to host an event (or two), please contact one of the CAC Directors.

Dinners for Quarterly

Meetings

(Jan, July, Oct – 3rd Sunday) Valentine's Day Event St. Patrick's Event

Laureen Novak New Member Dinner

Annual Awards Dinner (Apr 28)

Memorial Day Event 2 June Mountain Play **Members Overnights**

4th of July Event

Labor Day Family Camp (Sept 1-3) Susan McCarthy and Carroll Pearson

Elder Luncheon

Laureen Novak Sue Karp and Jordan Ĥermann

Mary Frey

New Member Dinner Halloween Party

Young Families Weekend Thanksgiving Dinner (Nov 22)

Holiday Party (Dec 8)

Multi-generational Holiday Party

(Dec 9)

Christmas Day Dinner (Dec 25) New Year's Eve Event (Dec 31- Jan 1)

Hosting an event is a great opportunity to work with a super group of people. Please consider this activity. Thanks very much.

CAC Board of Directors

TOUR OF CAR ASSEMBLY PLANT

Guided Tour of the Nummi Car Assembly Plant in Fremont Thursday, March 8, 2007; 12:15 pm.

A great free winter indoor activity. Starting at 12:15 pm there will be a movie and then a guided tour in a tram lasting 75 minutes. Please arrive at 11:45 and have eaten lunch or bring your lunch to eat before the tour in the parking lot. The tour begins with a video describing the origins of the historic joint venture between General Motors and Toyota, highlighting NUMMI's manufacturing processes and explaining the basic concepts of the Toyota Production System. The tram ride takes you through the Stamping, Body and Weld, and Assembly areas of the plant.

Visit mapquest.com for directions to: 45500 Fremont Boulevard, Fremont, CA 94538 http://www.nummi. com/ Contact **Tom McNicholas** (email preferred) tommcnicholas@gmail.com; 707-254-9953.

- Ros Carol

SPRING SPA WEEK

Helen Alfredson and Mary Frey are hosting the Spring Spa Week at Alpine from February 18th to the 24th. There will be exercises before breakfast in the morning, a planned hike or activity every day with bag lunch, and plenty of time to just hang out around the lodge. Cost for members is \$22 a day or \$130 for the whole week. Cost for non-members is \$27 a day or \$160 for the whole week. Private room if available is an additional \$5 per person. Call Mary Frey at 415-492-2510 or email Mary at marymaryhiker @ aol.com for further information.

For reservations, send a non-refundable deposit of \$20 to Mary at 100 Thorndale Drive, Apt. #251, San Rafael, CA 94903.

TRAILS Editor ~ Catherine Theilen Burke

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

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"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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PRESIDENT'S MESSAGE

Oh What A Time We Had!

While the skiers and the boarders filled Echo Summit Lodge with happy members, warming themselves at the new stove in the dining room, the Tamalpais Lodge had lots of use. Mae Harms, Betty Rappaport, Ben Heldens, Carroll Pearson and Susan McCarthy put on a Holiday Party that was fantastic, and they wisely wouldn't let me play my banjo; Mary Frey's Children's Party followed the next day with a full house of the young folks that will be the future of the CAC we hope. **Bonnie Radest** did the Christmas Day Dinner, followed by the New Years Blow Out with a full house and lots of fun, led by Barbara and John Lillich, Kati Siiteri, Cheryl Deaner, Lori Guidos, and masterminded by yes, Susan McCarthy, our super active Activities Chair! And Ben got 30 of us to the Top of Tam on a clear and beautiful January first, where we joined the MTIA gang and lots of others, before heading down to the traditional early supper. Many, many thanks to all who made this holiday season so memorable at both lodges.

Not All Who Wander Are LOST (but some are!)

A club that hikes is a club where folks can get injured or lost, and that has happened to us this last year. Fortunately all missing hikers were found. The injured are recovering; we are working on improving hike safety without becoming too regimented, and we hope that Search and Rescue won't have to be called out in the future. Getting lost on Tam is common, but help is usually not far away. Getting lost in the Desolation Wilderness, a real possibility at Echo, is serious. And folks, PLEASE don't go out on the ice at Echo Lake or Lake Audrian. Warmer winters greatly increase the risk of falling through the thinner pack, and rescue is usually impossible. Too many tragedies have occurred in the Sierra due to this.

On that happy note, have a safe 2007. Bring your water, map, gear, and food, and let's go hike!

Cheers,

-Tony Smith

ALPINE LODGE SUNDAY INNKEEPERS

February 4	Onnie Taylor	415-648-6380
February 11	Trudy Powers	415-564-3398
February 18	Ulla Pettersson	415-821-1858
February 25	Pat Boyd	510-848-4134
Mar 4	Gail Lindlow	415-441-0838
Mar 11	Jeanne Bacon	415-924-2712
Mar 18	Jennie Bruyn	415-456-1877
Mar 25	Melanie Facen	415-492-0470

To volunteer as a Sunday Innkeeper at Alpine Lodge, please contact **Selma Bomfim** at 415-381-4676 or email at selmabomfim@hotmail.com.

MEMBERSHIP REPORT

February 2007

The following applicants are submitted for posting prior to Board acceptance:

Anne Good – Regular Member 1332 Portland Ave Albany, Ca. 94706-1449 510-526-6792 Email: ahgood@sbcglobal.net Sponsors: Jackie Schiedeck & Ruth Tretbar

Danna B. Moreno – Regular Member 560 30th Ave, Space 47 Santa Cruz, Ca. 95062 831-465-0457 Cell: 831-345-7798 Email: dannah49@hotmail.com Sponsors: Nuala Caulfield & Paul Mckown

Pat Jordan – Regular Member 455 Freitas Parkway San Rafael, Ca.94903 415-446-7278 Email: patsanrafael@aol.com Sponsors: Roger Diehnel & Ruth Tretbar

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS: Michael Bonham, Anita Trafficante.

- Laureen Novak, Membership Chair

BOARD MEETING AND HIKERS' WEEKEND SCHEDULE CHANGES

The day and time for non-quarterly meetings of the CAC Board of Directors have been changed to the third Saturday of the month at 3 pm. Hikers' Weekend at Alpine Lodge is being moved from the first weekend of the month to the third weekend of the month.

These changes are designed to increase camaraderie by allowing people to hike on Saturday, attend the meetings, enjoy a friendly meal, spend the night at Alpine Lodge, and hike on Sunday. Initially, there will be two Hikers' Weekends per month, but by May the first weekend will be phased out. Check the Alpine Lodge Events calendar and www. calalpineclub.org for updates.

— Nuala Caulfield and Carroll Pearson

HISTORY OF THE CALIFORNIA ALPINE CLUB

Many of us have been curious about the very beginning of the California Alpine Club. From Caroline Waldears' history compiled in 1982-83 some of the founding members wrote their version of the beginning in 1913. Some said that it was started by the SF newspaper, "Call Bulletin" others by a hiking group. I have photos from my father-in-law's album of the "Original Boy's Club of the SFYMCA". Some have seen the first minutes of April 16, 1914, in beautiful handwriting, of the meeting called by **Frank Allen** to consider and approve by-laws and confirm the five elected officers. It seems clear that something existed before that "first" meeting.

We have located a "History of the California Alpine Club" written for publication in the 1920 "TRAILS" by **Norma Holroyd Pinther**. It is several pages long, but most of the information has been previously presented. The following two paragraphs seem appropriate to publish in our current "Trails", typed as written.

"During February and March of the year 1913, A San Francisco newspaper published a series of articles on outdoor recreation. Upon invitation of the writer of the articles a few people met Sunday mornings for walking trips in the San Francisco bay region. The following month a club was formed under the name of the newspaper in which the articles appeared. Officers were elected, a constitution and by-laws adopted, and arrangements made for printing a schedule of weekly trips.

At the annual meeting in April, 1914, reorganization was effected. All connections with the newspaper organization were severed, and the present name "The California Alpine Club" selected. A pin, a pennant and a club emblem -- an Indian arrowhead bearing the initials "C.A.C." were adopted. Later in the month the members approved a constitution and by-laws, which provided for quarterly and annual meetings for the transaction of club business."

I will revise the history written in March 2006 to include this additional information. I can make a copy available if you wish. Just let me know.

—Verna West, CAC Historian

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BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sat, Feb 17, 2007 Board of Directors Meeting at 3 pm Sat, Mar 17, 2007 Nominations 2:30 pm

Board of Directors Meeting at 3 pm Sat Apr 28, 2007 Board of Directors Meeting at 2 pm

Annual Meeting 3 pm

Awards Dinner after Happy Hour Sat, May 19, 2007 Board of Directors Meeting at 3 pm Board of Directors Meeting at 3 pm

If you have any questions, call Tony Smith at 925-933-2403 or email joanne-tony@sbcglobal.net. Members are welcome at Board Meetings. Thank you!

—Tony Smith

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ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

THIS SCHEDULE INCLUDES EVENTS AT THE ALPINE LODGE. FOR CAC EVENTS TAKING PLACE ELSEWHERE, PLEASE REFER TO THE OUTINGS SCHEDULE IN THIS ISSUE.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

FEB 1 THURS 9:00AM - 2:30PM

MIDWEEK WORK PARTY

Post-winter, pre-spring cleaning of the Lodge. All volunteers will leave, having worked hard and eaten well, with consciences and appetites satisfied. Call coordinator Eva Libien at 415-383-5184 or e-mail elibien@yahoo.com.

HIKERS' WEEKEND FEB 3-4 SAT-SUN

Happy Hour at 4:30pm. BYOB and an appetizer to share. Dinner, salad and dessert at 6:00pm. Members \$8, Associates \$11. You're invited to spend the night at the Lodge and awake to a delicious breakfast. Members \$19, Associates \$27. Contact Nuala at 415-922-6775 or ntcaulfield@MSN.com.

FEB 4 SUN 2-4PM SECRET SWISS VALLEYS SLIDE SHOW

View Switzerland's Secret Valleys with Susanna Van Leuven. See article on page 10.

FEB 17-18 SAT-SUN HIKERS' WEEKEND See February 3-4.

FEB 17 SAT ALPINE TRUSTEES **BOARD OF DIRECTORS MEETING**

Alpine Trustees meet at noon and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

FEB 18-24 SUN-SAT SPA WEEK

Helen Alfredson and Mary Frey are hosting the Spring Spa Week at Alpine. See article on page 1.

MAR 1 THURS 9:00AM - 2:30 PM MIDWEEK WORK PARTY

Come and enjoy the company of fellow CAC members as you make a real difference to the Alpine Lodge and its grounds and enjoy a hearty lunch. Please call coordinator Ruth Tretbar at 510-836-0108 or email her at rtretbar@ yahoo.com to let her know you are coming.

MAR 3-4 SAT-SUN HIKERS' WEEKEND See February 3-4.

MAR 17-18 SAT-SUN HIKERS' See February 3-4. **WEEKEND**

ALPINE TRUSTEES MAR 17 SAT NOMINATIONS AND BOARD OF **DIRECTORS MEETING**

Alpine Trustees meet at noon, Nominations Meeting at 2:30 pm, and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

MAR 30-APR 1 FRI-SUN MEMBER **RENTAL**

Lyda Dicus 925-944-3366

APR 5 THURS 9:00AM - 2:30PM MIDWEEK WORK PARTY

Coordinator needed.

APR 7-8 SAT-SUN HIKERS' WEEKEND See February 3-4

APR 13-15 FRI-SUN **NON-MEMBER** RENTAL

APR 20-21 FRI-SAT **HOST TRAINING** Information to follow in upcoming TRAILS.

APR 22-28 SUN-SAT SIERRA CLUB COASTAL MEDLEY

APR 28 SAT **ANNUAL MEETING** AND AWARDS DINNER

Alpine Trustees meet at noon; the CAC Foundation Board meets at noon; the Board of Directors meeting will begin at 2 pm, followed by the Annual Membership meeting at 3:00 pm. Happy hour and dinner (hosted by Peter Beckmann) will follow. See details in upcoming TRAILS.

APR 29 SUN **WORK PARTY** Information to follow in upcoming TRAILS.

APR 30-MAY 3 MON-THURS MEMBER RENTAL

Anita Zehnder 805-528-4227

MAY 3 THURS MIDWEEK WORK PARTY Information to follow in upcoming TRAILS.

MEMBER RENTAL **MAY 4-6 FRI-SUN** Repp Memorial.

MAY 13-19 SUN-SAT SIERRA CLUB HIKING AND MEDITATION

MAY 19-20 SAT-SUN HIKERS' WEEKEND See February 3-4.

ALPINE TRUSTEES MAY 19 SAT BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

JUN 5-7 TUES-THURS MEMBER RENTAL

Mary Jane McKown

415-383-2774

JUN 7 THURS MIDWEEK WORK PARTY Information to follow in upcoming TRAILS.

IUN 8 FRI MEMBER RENTAL 415-383-2774 Mary Jane McKown

JUN 9 SAT MT. PLAY OVERNIGHT Coordinator needed.

JUN 16 SAT ALPINE TRUSTEES BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

IUN 16-17 SAT-SUN HIKERS' See February 3-4. WEEKEND

IUN 17 SUN PRIVATE RENTAL Mt. Play Cast Party

JUN 18 - 24 MON-SUN NON-MEMBER RENTAL

JUL 4 WED HOLIDAY PARTY Coordinator needed.

JUL 5 THUR MIDWEEK WORK PARTY Information to follow in upcoming TRAILS.

JUL 8-14 SUN-SAT SIERRA CLUB

JUL 14-15 SAT-SUN HIKERS' WEEKEND See February 3-4.

IUL 15 SUN LEADERSHIP MEETINGS

Alpine Trustees meet at noon, CAC Foundation Directors meet at noon, Board of Directors meet at 2 pm, Quarterly Membership meeting at 3 pm, Dinner to follow. Watch TRAILS for

Watch for updates in future issues of TRAILS!

CHECK THE NEW ALPINE LODGE CALENDAR ON THE **MEMBERS PAGE**

The Alpine Lodge calender is now available for members to see in real time. Go to www.calalpineclub.org. Click on the Members page and click on the Alpine Lodge Calendar in the left column. It really works. Send a note to Gerald Petak at alpinelodge1@yahoo.com, if you need the user id and/or password to the member web page or to provide comments on the new calendar.

— Gerald Petak

IN MEMORY OF EVELYN REPP

Evelyn (maiden name Madsen) Repp, was born March 14, 1910, died October 20, 2006, age 96, married Walter Edward Repp, December 2, 1933. Walter served as president of the California Alpine Club in 1938.

At Mom and Dad's 50th wedding anniversary celebration many years ago, Mom shared some insight about their long commitment and life together. They were married in San Francisco at the home of good friends. Mom's father was to give her away and they only had to walk from the den into the living room, one room away. Mom's older sister Olga (who also was elected and served as president of the California Alpine Club) had offered to play the wedding march. Olga must have been nervous and excited as she played so many wrong notes it was hard to recognize the music. Mom and her father could not seem to get going together on the right feet, never in step, and so Mom described them bumping along until they reached their places in front of the fireplace where the Minister and Dad were waiting. Later, after a nice wedding dinner, she said they departed for the San Francisco Ferry Building in a very hard rain. On the crossing the bay water was so rough and wild they were very frightened. The boat pitched and rolled and the running lights on the large ferry boat went out. The passengers were quiet and serious, holding on to their seats. Mom and Dad were quiet too, and held hands trying not to be frightened or afraid, knowing in their hearts that all would be well. After all of the excitement they made it safely to their destination, the Claremont Hotel in Berkeley, where they shared a two-day honeymoon. At the time of their 50th wedding anniversary in 1983, they were still holding hands and treading water. They were married a total of 71 years when dad passed away at the age of 98.

— Elaine Murphy, Daughter

IN MEMORY OF BOB DEAL 1927 -2006

On Sunday November 19, family and friends gathered together at Alpine Lodge to honor the memory of Robert Samuel Deal, member since 1948, whose father, Sam, was one of the first leaders of the CAC, and whose mother Tense was a gracious host at Echo for many years. The Deals would take a ferry to Sausalito, train to Mill Valley, and walk up to Alpine Lodge, with Bob on his dad's back.

Bob's illness kept him from participating recently, but many of us remember his great sense of humor and his many skills at Echo Summit Lodge work parties. He is survived by Vivianne, ("Vi"), his wife of 58 years, their three children Alison, Robin, and Chris, three grandchildren, and two great grandchildren. He will be missed by all who knew him.

—Tony Smith

SPONTANEOUS OVERNIGHT STAYS NOW AVAILABLE AT ECHO LODGE

In an effort to serve the CAC membership more fully and promote similar policies across both Alpine and Echo Lodges, the Trustees are introducing spontaneous overnight stays at Echo Summit Lodge. You must be a trained host within the past 3 years to be eligible for this new program (training offered semi-annually). Here's how spontaneous rentals work. If you and your group would like to stay at Echo Lodge for a time to begin no sooner than 4 days hence and the calendar is open, you may contact **Cindy Toran** to make a reservation and arrange for a key. Of course, the leave-no-trace expectation applies. Cost is as follows:

\$18 per person per night Friday through Sunday \$11 per person per night Monday through Thursday Minimum charge is \$40, regardless of number of people Non-members are charged \$5 per person per day additional for Associate Membership

Within one week following rental, you must complete a short form to facilitate accounting and submit your rental payment to Treasurer **Ray Sommer**.

Cindy can be reached at: Home: 707.539.4396 Cell: 707.321.3262

— Cindy Toran

HANSON'S BASE CAMP

Bob Hanson's 12th annual base camp trip will happen August 6-10. The destination is Dinkey Lakes Wilderness. We will camp at the pack station on Sunday night, then hike in 5 1/2 miles Monday morning to our base camp at Cliff Lake. The hike involves a 1300 ft. elevation gain. Mules, of course, will do the heavy lifting.

We will take day hikes to several beautiful lakes in the area and for those more adventuresome....a scramble up Dogtooth Peak. Fishing and swimming are encouraged. Happy hour starts at 5:00 with some of the finest wines Franzia produces. Dinners are not your standard freeze-dried special. Chicken curry over couscous with cherry cheesecake or some similar dessert is more typical. After dinner, we sing around the campfire, tell tales and fall exhausted into our tents.

On Friday, we pack up our gear for the mules to haul out to our cars.

This trip will be strictly limited to 15 happy campers. If you want to be one of them, send a check for \$50 to Bob at 2600 Saklan Indian Dr., #3, Walnut Creek, CA 94595. Total cost of the trip is \$200. Questions? Call Bob at 925 944-3366.

- Bob Hanson

CARDS TO CAROL GILLINGHAM

Carol Gillingham, one of our long time and service-oriented members, had surgery in mid-December. We wish her well in recovery and hope to see her back on the trails. Her address is: Carol Gillingham, 30 Pine Tree Circle, Cotati, CA 94931-5339.

— Carroll Pearson

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERICK AND ARE BOLDED				
*SAT FEB 3	10:00 a.m.	Ursula Pedersen	415-479-0343	2B
*SUN FEB 4	10:00 a.m.	Bonnie Radest	415-897-0227	2B
	10:00 a.m.	Tony Smith	925-933-2403	1A
SUN FEB 11	10:00 a.m.	Don & Donna Rice		2B
*SAT FEB 17	10:00 a.m.	**Leaderless Hike		
*SUN FEB 18		Eva Libien	415-383-5184	2B
		/Berkeley Hiking Cl	ub	
PRESIDENT'S				
MON FEB 19	10:00 a.m.	Paul McKown	415-383-2774	2B
	Co-Listed w	//Sierra Club		
SUN FEB 25	10:00 a.m.	Karl Baeck	415-459-6370	2B
	Co-Listed w	//Sierra Club		
*SAT MAR 3	10:00 a.m.	Taren Hamilton	415-378-4240	2B
*SUN MAR 4	10:00 a.m.	Paul McKown	415-383-2774	2B
	Co-Listed w	//Sierra Club		
	10:00 a.m.	Ann Wadsworth	415-929-0776	1A
SUN MAR 11	10:00 a.m.	Melanie Facen	415-492-0470	2B
*SAT MAR 17	10:00 a.m.	** Leaderless Hik	e	
*SUN MAR 18	10:00 a.m.	Karl Baeck	415-459-6370	2B
	Co-Listed w	//Sierra Club		2B
SUN MAR 25	10:00 a.m.	Ann Schubert	650-494-6020	2B
SUN APR 1	10:00 a.m.	Bonnie Radest	415-897-0227	2B
*SAT APR 7	10:00 a.m.	Bob Smith	510-841-0402	2B
	Co-Listed w	//Sierra Club		
*SUN APR 8	10:00 a.m.	Jennie Bruyn	415-456-1877	2B
	10:00 a.m.	Debbie Dorosin	415-388-7896	1A
SUN APR 15	10:00 a.m.	Ben Heldens	415-665-7274	2B
JUN AI K 13	10.00 u.iii.			
*SUN APR 22	10:00 a.m.	Taren Hamilton	415-378-4240	2B

*HIKERS' WEEKEND

IMPORTANT! RAIN CANCELS

1A HIKES

(4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

NOTES: Hikes may carpool from meeting place to other trailheads. All participants should have some previous hiking experience and be able to hike at a moderate pace (i.e, approx. 2 miles per hour).

**Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com **Hikers' Weekends:** For supper and/or overnight arrangements, Contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn. com.

DUES INCREASE FOR APRIL 1, 2007

The CAC Board of Directors proposed the following dues increase at the Quarterly Membership meeting on January 21, 2007. The calculations were based on creating an additional \$6,000 of revenue in support of Alpine Lodge. After receiving input from the membership at the meeting and at any time via email and phone calls, the Board of Directors will vote on the proposed increase at the Board of Directors meeting on February 17, 2007.

Membership Type	Current	Proposed
Regular Membership	\$75	\$90
Joint Membership	\$130	\$155
Senior Membership	\$50	\$60
Joint Senior Membership	\$85	\$100
Regular Life Membership	\$1,035	\$1,180
Joint Life Membership	\$1,725	\$2,156
No change for Student and	Junior Memb	erships.

Contact any board member with comments.

- CAC Board of Directors

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	OUTINGS 2007		
List is in progress			
Contact R	osCarol@aol.com for questions		
April	Family outing		
-	Eike Linkwitz el@linkwitzlab.com		
April	Car camping		
_	Pinnacles National Monument		
May	Butano State Park		
	Camping Weekend		
May 25-28	Mendocino hostel and hiking		
·	Maria Raybear		
	MA-reb@sbcglobal.net		
Early August	Family Car Camp Big Basin		
	MK and Craig McKown		
	MkmcKown@mac.com		
	415-647-4626		
August 1-5,	Backpack		
or 8-12	Sequoia National park		
	4 nights, teenagers welcome		
	Mari Norman 408-255-5162		
	marinorman@sbcglobal.net		
August 6-10	Hanson's Base Camp		
	Bob Hanson		
	doctoroutdoors@comcast.net		
Aug. 13-17	Car Camping or motel to		
	LeeVining		
	Tony Smith		
	Joanne-tony@sbcglobal.net		
September	Bob Hanson		
	doctoroutdoors@comcast.net		
	Canoe trip to Michigan		
September 26	Fall Foliage at Acadia		
	National Park		
October 3	RosCarol@aol.com		
	Trip is full—waiting list only		
October	1 day kayak Tomales Bay		
October 22	Salmon Festival,		

Folsom-overnight

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30 pm, or e-mail toranski@aol.com. Echo Lodge Telephone: 530-659-7274

Echo Lodge is blanketed in snow, so check the schedule below, contact the host(s), and head on up for some winter fun!

Summer/Fall Hosts: I am working on the schedule for Summer and Fall of 2007 (July-Dec). If you have requests for times that you would like to host, please contact me by e-mail or telephone.

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be held on Saturday, April 14, 2007, 10 AM, at Ray Sommer's home. Contact Ray at 415-472-1229 if you would like to attend.

Winter '06 - Summer '07 Echo Summit Lodge Schedule:

FEB 4-9 SUN-FRI

Edie Nelson 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

FEB 9-15 FRI-THURS

Shelly Navine & Bob Henry 707-829-3728 1286 Hurlbut Ave, Sebastopol, CA 95472 clyde33301@comcast.net

FEB 15-19 THU-MON PRESIDENTS' WKND

Monika Balsamo (Reservations) 707-539-2140 4841 Parktrail Dr, Santa Rosa, CA 95405 m_balsamo@earthlink.net

FEB 19-23 MON-FRI MEMBER RENTAL

Lynn Zacherson 831-426-3428

FEB 23-25 FRI-SUN

Michelle & Chris Scott 916-817-4177 1200 Creekside Dr #3213, Folsom, CA 95630 mrscott@teledyne.com

FEB 25-MAR 2 SUN-FRI

Larry Ridgel & Edna Trimm 707-422-0338 201 Long St., Suisun, CA 94585 moonycat@aol.com

MAR 2-4 FRI-SUN

Art Ewart & Kathleen O'Dea 707-538-3696 1405 Snowy Cloud Way, Santa Rosa, CA 95409 aewart@sbcglobal.net

MAR 4-8 SUN-THURS MEMBER RENTAL

Eike Linkwitz 415-924-0241

MAR 8-11 THURS-SUN

Barbara McVeigh & Mark Miglio 415-222-2440 336 Bon Air Cir #286, Greenbrae, CA 94904 barb@marinx.com

MAR 12-15 MON-THURS AVAILABLE FOR TRAINED HOSTS

MAR 15-18 THU-SUN YOUNG FAMILIES SNOW WEEKEND

Joan Ryan & John O'Sullivan 415-564-8507 2625 23rd Ave, San Francisco, CA 94116 joanryan@mac.com

MAR 18-21 SUN-WED

Larry Ridgel & Edna Trimm 707-422-0338 201 Long St, Suisun, CA 94585 moonycat@aol.com

MAR 21-27 WED-TUES

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

MAR 27-30 TUES-FRI AVAILABLE FOR TRAINED HOSTS

MAR 30-APR 1 FRI-SUN

Carol Saccomonto & Tom Coleman 707-769-7801 1216 Kathileen Way, Petaluma, CA 94952 travmcgee@comcast.net

APR 5-9 THURS-MON MEMBER RENTAL

John Knott & Shana Avalos 916-652-3864

APR 20-22 FRI-SUN SPRING HOST APPRECIATION & TRAINING

Contact Cindy Toran for reservations toranski@aol.com 707-539-4396

APR 27-29 FRI-SUN MEMBER RENTAL

Carol Saccomonto & Tom Coleman 707-769-7801

MAY 23-29 WED-TUES SPRING WORK PARTY

Contact Jim Nixon for reservations Jimnixon2000@yahoo.com 650-756-7771

MAY 31-JUN 3 THURS-SUN MEMBER RENTAL

Ros Carol 650-592-9394

JUN 7-10 THU-SUN ECHO CONSERVATION & BENEFIT & BIRDING IN THE TAHOE REGION

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr., Santa Rosa, CA 95405 karwag@sonic.net

JUN 10-14 SUN-THURS MEMBER RENTAL

MaryKay & Craig McKown 415-647-4626

JUN 14-17 THU-SUN MEMBER RENTAL

Sheryl & James Letcher 530-885-0589

JUN 17-JUL 1 SUN-SUN SPA WEEKS

Helen Alfredson 805-647-5407 109 Stardust Ln, Ventura, CA 93004 hjalfredson@yahoo.com

JUL 2 MON ECHO OPEN HOUSE & CELEBRATION #2

Contact Jim Nixon for reservations and to volunteer to help. jimnixon2000@yahoo.com 650-756-7771

JUL 6-8 FRI-SUN TRAIL CLEARING WEEKEND

Contact Tom Coleman 707-769-7801 travmcgee@comcast.net

JUL 8-13 SUN-FRI HIKERS' WEEK

Maureen Smith 650-697-3846 219 Barclay Ave, Millbrae, CA 94030 MissBrigid@aol.com

IUL 29-AUG 2 SUN-THURS

Barbara & Keith Crockett 650-365-6280 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

AUG 2-5 THURS-SUN YOUNG FAMILIES WEEKEND

Monika Balsamo and 707-539-2140 Ed & Anne Del Monte 4841 Parktrail Dr, Santa Rosa, CA 95405 m_balsamo@earthlink.net

AUG 9-12 THURS-SUN

Lillian Young 650-588-5689 3650 Sneath Ln, San Bruno, CA 94066 lcyoung@att.net

AUG 12-19 SUN-SUN INTER-GENERATIONAL WEEK

Mary Kay & Craig McKown and Joan Ryan & John O'Sullivan 415-647-4626 3839 26th St, San Francisco, CA 94131 mkmckown@mac.com

Watch for updates in future issues of TRAILS!

7

CAC NOMINATIONS FOR LEADERSHIP POSITIONS

Your Nominating Committee is inviting and encouraging CAC members to nominate people for the following positions for the 2007-year (May to April 2008):

Officers

President of the CAC Board – **Carroll Pearson** will serve, if no other candidates

Vice-President of the CAC Board – **Tony Smith** will serve, if no other candidates

Treasurer – Replacing David Ratner – **Jean Findlay** will serve

Registrar – Replacing Dave Maier - Shirley Anderson will serve

Secretary - Replacing Jean Rodgers - Maureen Smith will serve

Members of the Board of Directors - 6 members

Past President – (Tony serving as VP, so not counted)

Jean Rodgers will serve

Lillian Young will serve, if replacement cannot be found

Onnie Taylor will continue to serve

Eva Libien will continue to serve

John Hannum willing to serve

Val Flock willing to serve

Alpine Lodge Trustees

Nuala Caulfield and Roger Diehnel are retiring

Paul McKnown is resigning

Hardy Dawainis will serve the remainder of the year and the '09 term

Peter Beckmann will serve '10 term

Jennie Bruyn will serve the '10 term

Ed Del Monte will continue to serve the '08 term

Ruth Tretbar will continue to serve the '08 term

Echo Trustees will continue to serve Chairpersons

Social Activities Chairperson - Replacing Susan McCarthy

Outings - Ros Carol willing to serve

Historian - Verna West willing to serve

Membership - Laureen Novak willing to serve

Sunshine - Mary Maier willing to serve

Parliamentarian - Jean Findlay willing to serve

Publications - Angela Blackwell willing to serve

Conservation - Jay Hallberg willing to serve

Finance - Need replacement chairperson

Please consider taking this opportunity to indicate that you would be willing to share in the leadership of the CAC, if not 2007, then in 2008. Self-nominations are greatly encouraged. This is your opportunity to contribute to the club. Please send your nominations to any member of the Nominating Committee:

-- 2007 Nominating Committee

Eike Linkwitz, el@linkwitzlab.com, 415-924-0241 Eva Libien, evalibien@sbcglobal.net, 415-383-5184

CHRISTMAS HOLIDAYS IN MONTEREY

It stopped raining just in time to make Christmas at the Monterey Adobes a delightful time. Eighteen of us met Thursday and after Happy Hour went to the wharf for dinner. Friday saw a lovely hike at Point Lobos, and then after a light dinner in our group room, we traveled from adobe to adobe, seeing the docents in costume, the dances from the 1750s, and sampling the delicious goodies in each house. We all enjoyed ourselves very much.

- Ros Carol

IN MEMORY OF CARMEN MENEGUZZI

July 21, 1917 - January 9, 2007
San Francisco native Carmen A.
Meneguzzi, 89, a Stockton farm owner for more than 61 years, passed away Tuesday, January 9, 2007.

Carmen's husband, Albert Luca Meneguzzi preceded her in death. She is survived by her son, William Meneguzzi of Sacramento; her daughter, Ann Meneguzzi of Stockton and San Francisco and her sister, Jo Alcalde of Galt. She is also survived by many nieces, nephews, cousins, and dear friends.

Donations in Carmen's memory may be given to St. Michael's Parrish Building Fund, the St. Mary's Dining Room, or to the American Cancer Society.

— Published in The Record (Stockton, CA)

— Carroll Pearson

MENDOCINO ESCAPE MEMORIAL WEEKEND MAY 25, 26, 27, 2007

Join your fellow Alpiners on a fantastic trip to the picturesque, breathtaking north coast! Stay in a restored historic Victorian Jughandle Farm, with private and semiprivate rooms and a dorm. Visit the Botanical Gardens; go hiking in the Pygmy Forest, watch sea lions at MacKerricher State Park, walk Glass Beach and visit the Ecological Staircase.

Cost: \$220 private, \$195 share room, \$160 dorm. Price includes: 1 dinner, 3 happy hours, 3 lunches and 3 breakfasts.

Send check for reservations before March 6 to Ros Carol at 1 Pyxie Lane, San Carlos, CA 94070. For more information, please call **Ros Carol** at 650-592-9394 email RosCarol@aol.com or **Marie Reybear** at 415-925-0174, email ma-reb@sbcglobal.net

- Marie Reybear

Email and Address Changes

Please remember to advise the CAC Registrar of any changes to mail, phone and email (particularly email, which changes much more frequently than regular addresses.) If you haven't been receiving periodic messages via email from CAC, we probably have the wrong email address for you. **David Maier** can be reached at 831-462-2764 or dmmaier@pacbell.net or by mail at 2-1120 E. Cliff Drive, Santa Cruz, CA 95062.

— Dave Maier, Registrar

Welcone Many Trakit Our anc reas we hope you Betty Rapage

Diane Mills on nametag duty

HOLIDAY DINNER REPORT

The weather on December ninth was very blustery as members and friends were arriving at Alpine Lodge for the Many Traditions Holiday Party. They were greeted by **Verna West** and **Diane Mills** and received name and table tags. The smell of **Ben Heldens's** roast beef wafted out of the kitchen. Happy hour was just that: happy and fun. Besides tamales and tasty appetizers, many of which were supplied by members, drinks were available with **Melanie Facen** and **Renee Powers** tending our bar. A lively game of dreidel was being played and **April Roberts** and **Ernie Pitz** were busily distributing the white elephant gifts. **Donald Johns, Diane Mills, Gavin Johns** and **Ziggi Tarr** took turns providing music of various traditions. Meanwhile **Susan McCarthy, Carroll Pearson** and **Betty Rappaport** were busily cooking in the kitchen and **Therese Born** and her helpers were in the dining room tossing and plating up the salad.



Musicians: Ziggie Tarr on Guitar and Gavin Johns on Sax

Dinner was served and we all ate and ate: roast beef, potatoes, and a medley of vegetables, Colonel Lady's Salad, French bread and for the vegetarians, lasagna. **Gerald Petak** kept the carafes of red and white wine filled. Then, as if we weren't full enough, we went to the dessert table: pies, cakes, cookies, also prepared by members. To finish the evening we all joined in singing Christmas Carols accompanied by **Win Hayward**.

As the last of the party goers left, the pack mules of the club looked around. There was lots of work to do to get everything back in order and ready for **Mary Frey's** Children's Holiday party the next day. We all pitched in. Just as everything was back in order and we were sinking into the couches in the living room, **Ben Foxie** arrived to do the dishes. Needless to say we welcomed his arrival!

Many, many thanks to the people named above and all the others who helped and donated food.





Theresa Born helps serve salad



Susan McCarthy and Ben Heldens prepare the roast beef

TRAILS

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936 P.O. Box 2180 Mill Valley CA 94942-2180

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SECRET SWISS VALLEYS

Join **Susanna Van Leuven** on Sunday February 4 at 2 pm, for an afternoon visit to Secret Swiss Valleys. We will enjoy Gasternal, where cliffs rise from the valley floor. It's like Yosemite without the crowds. The Kiental is hidden and breathtaking. Val Roseg is tucked up against a glacier. Val Fex, is a carless paradise. These secret valleys, high in the mountains, are available by cable car, cog railway, horse drawn carriage, or walking up not so beaten tracks. These are areas of extreme beauty. Come see photos of lakes, houses, alps, mountain ranges, and the occasional cow. We will tour from Val Bregaglia, in Southeast Switzerland, ten minutes from Italy, to the lower and upper Engadine, to Gravasalvas, near Maloja, and to the Bernese Oberland. Chocolate will be served.

— Susanna Van Leuven



TRAILS NEWSLETTER ALERT

Please send articles for the March issue of TRAILS to editor, **Dan Schoenholz**, at dschoenholz@sbcglobal.net, or via mail to 355 Marshall Drive, Walnut Creek CA 94598-4855, telephone 925-932-9791.

Dan should receive articles for the March issue no later than February 5th. Electronic files are greatly appreciated. Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

Editor for the April issue of TRAILS will be **Angi Blackwell**, at ablackwellca@earthlink. net. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact **Angi Blackwell** at ablackwellca@earthlink. net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

— Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 83 March 2007 No. 2

CAC ANNUAL AWARDS DINNER SATURDAY, APRIL 28, 2007

Come to your annual membership meeting at 3 pm, Saturday, April 28, 2007, in the social hall, then stay for happy hour and the annual awards dinner at 6:30 pm!

We are fortunate to have **Peter Beckmann** back from the east coast to cook for this very special event honoring the recipients of the CAC Distinguished Service Award – **Laurence Kornfield, Susan McCarthy, and Edie Nelson**. Please join us at this festive and somewhat "dress-up" CAC event to toast and honor these individuals who have given so much time and talent to our club.

The cost for the dinner will be \$20 for members and \$25 for associate members. Wine will be served with the buffet dinner. We need about six people to contribute hors d'oeuvres and people to help with setup and cleanup. Contact **Carroll Pearson** at pearsoncmp@aol.com or 408-736-9403, if you can help with this event. When you make your reservation, please list your name(s) as you would like them on your name tag(s). Please send your checks payable to **Mae Harms** at 5941 Garden Park Drive, Garden Valley, CA 95633-9514. Your check is your confirmed reservation. We do have a seating limitation in the social hall, so get your reservation in early. If you wish to spend the night with a breakfast the next morning, the cost is \$19 for members and \$27 for associate members. Mae will be taking those reservations as well.

—Tony Smith and Carroll Pearson

- Bob Hanson

PADDLE MONTANA

Club members will have an opportunity to paddle three beautiful Montana rivers Sept. 10-14. Plans call for a three-day excursion down the Madison River and into the Missouri, followed by two days on the Jefferson. All three rivers in the sections being paddled are rated Class I.

Camping will be primitive on sand bars. Previous canoeing experience is required, but there will be no rapids of any consequence. Sharp turns and trees in the rivers may be expected.

Cost of the trip will be \$200 (\$125 if paddling own canoe). The trip will be limited to 14 participants. If more than that number apply, a lottery will be held. Participants may either drive their own cars or fly to Bozeman. If you have questions, please phone **Bob Hanson** at 925-944-3366.

Checks for the \$50 deposit should be mailed to Bob at 2600 Saklan Indian Dr., #3, Walnut Creek, 94595.

HIKERS' WEEKEND WITH A TWIST ST. PATRICK'S DAY DINNER SATURDAY, MARCH 17, 2007

This year St. Patrick's Day falls during Hikers' Weekend. Therefore, we are going to have Hikers' Weekend with a Twist (and a beer or two.)

We will have our usual Hikers' Weekend (Saturday and Sunday, March 17 and 18,) but dinner on Saturday, March 17 will be a special St. Patrick's Day Dinner with corned beef and cabbage served with beer. (Dinner will include main course, salad, dessert and beer.) **Maureen Smith** has offered to host and cook dinner, and **Susan McCarthy** will provide her usual scrumptious breakfast on Sunday morning for those who choose to stay overnight.

Happy Hour festivities will start at 4:30 pm or whenever the CAC Board meeting adjourns. If you wish to contribute an hors d'oeuvre for cocktails that would be great. Dinner will be at 6:00 pm.

The price for dinner will be \$20 for members and \$25 for associate members. Overnight accommodations including breakfast will be \$19 for members and \$27 for associate members.

You can sign up for the entire Hikers' Weekend, or you can sign up for St. Patrick's dinner only. Dinner will be limited to 30 people.

Maureen will need some help in the kitchen and setting tables, clean-up, etc., so please be willing to help out.

To sign up, contact Maureen Smith at MissBrigid@aol.com or call 650-697-3846 for reservations. Checks should be sent to Maureen Smith, 219 Barclay Avenue, Millbrae, CA 94030.

— Maureen Smith

TRAILS Editor ~ Dan Schoenholz

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers: President Vice President Secretary Treasurer Registrar	Tony Smith Carroll Pearson Jean Rodgers David Ratner David Maier	925-933-2403 408-736-9403 415-435-9383 415-924-3043 831-462-2764	joanne-tony@sbcglobal.net pearsoncmp@aol.com jrodg1218@aol.com Dlratner@aol.com dmmaier@pacbell.net
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"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angela Blackwell, Patricia Boyd, Anita Cabrera, Robert Feist, Tom Mahood, Carroll Pearson, Dan Schoenholz and Helena Troy.

Contributors: Tony Smith, Angela Blackwell, Bob Hanson, Carroll Pearson, Cindy Toran, Donna West, Edie Nelson, Eva Libien, Gerald Petak, Jean-Marie Campbell, Karen Wagner, Laureen Novak, Lloyd Sawchuck, Marie Reybear, Maureen Smith, Nuala Caulfield, Renee Powers, Ros Carol, Selma Bomfim, Tony Smith, Verna West

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CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For **CAC Rosters**, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE

Let's talk about the FUTURE OF OUR CLUB!

Thanks to you folks who came to the Quarterly Meeting in January. To those that weren't there, here is a rundown on what happened: a vast majority of those present and contacted favored the proposed dues increase, which was passed by the Board on February 17, 2007. Please remember this very modest increase will be used to help keep this VOLUNTEER organization able to maintain its properties for your use.

Unless we have some brave soul come forward to take on the Social Chair, we are asking people to help the Board get the year's social events for '07 filled out. Many thanks to those VOLUNTEERS who have already committed to put on or assist in an activity; you have already fulfilled your obligation to help the CAC! The Nominations Committee has done a wonderful job lining up some great people to replace the wonderful folks who will be bowing out as officers or trustees come May 1. There may be some positions left! Don't be shy! Let us know what exalted position you aspire to! We could make it happen. The future looks bright for the Club, with optimism and VOLUNTEERISM abundant, many activities planned and much fun to be had.

Last and best, we had a true French bon repas prepared by **Christine and Francois Piccin**; il faut vivre pour manger, mais oui? My French may be bad, but the meal was wonderful!

-Tony Smith, President

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sat, Mar 17, 2007	Nominations 2:30 pm
	Board of Directors Meeting at 3 pm
Sat Apr 28, 2007	Board of Directors Meeting at 2 pm
•	Annual Meeting 3 pm
	Awards Dinner after Happy Hour
Sat, May 19, 2007	Board of Directors Meeting at 3 pm
Sat, Jun 16, 2007	Board of Directors Meeting at 2 pm
Sun, Jul 15, 2007	Board of Directors Meeting at 2 pm
	Quarterly Meeting at 3 pm
	Dinner to follow
Sat, Sep 15, 2007	Board of Directors Meeting at 2 pm

If you have any questions, call Tony Smith at 925-933-2403 or email joanne-tony@sbcglobal.net. Members are welcome at Board Meetings. Thank you!

—Tony Smith

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MEMBERSHIP REPORT

March 2007

Judy West – Regular Member 499 Alabama Street #203 San Francisco, CA 94110 415-552-7558 Sponsors: Verna West & Laureen Novak

Eva Pardee – Regular Member 574 Weldon Ave. Oakland, Ca. 94610 510-444-3711 Email: evapardee@pacbell.net Sponsors: Ruth Tretbar & Erik Bodtker

Janet Schraer- Regular Member Odessa W. Hallam - Junior Member 1764 Helane Court Benicia, CA.94510 707-751-1795 Email: jannetschraer@yahoo.com Sponsors: Mae Harms & Paul McKown

Genie & Tim Frye – Joint Life Members 9304 Winding Brook Way Elk Grove CA. 95624 916-685-9390 Email: tgfrye@citlink.net Sponsors Lillian C. Young & John Hannan

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS:

Anne Good, Danna B. Moreno, Pat Jordan

— Laureen Novak, Membership Chair

NOMINATIONS CORRECTION

The Nominations article on Page 8 of the February Trails had an error.

The line containing "Lillian Young will serve, if replacement cannot be found" should have read, "Lillian Young will serve." The original line in the article had Ernie Pitz's name, but he had asked us to please try to find a replacement. When the last minute editing was done, the replacement comment was accidentally left in place.

The candidates listed in the February Trails article will be nominated at the Nominations meeting on Saturday, March 17, 2007, at 2:30 pm. Nominations will be taken from the floor, but must have confirmation that the nominees are willing to serve.

— Carroll Pearson

PHOTOS OF CAC PRESIDENTS

We are making progress finding photographs of our CAC Presidents. We are now missing only the following 16 of the 72 people who have served. **Ray Sommers** had a photo of **Myron Grotyohn** and we are now connected to cousins of the **Walter Newman** family. If any one knows any of the following or their families or friends, please let me know. I can be reached at 650-854-6349 or at 99swest@earthlink.net. I can copy, edit and enlarge if necessary.

1920	Arthur Mauerhan	1940	Herbert Mauerhan
1926	Jesse K. Brown	1941	Henry Perry
1930	Henry Manheim	1947	Cyrus Washburn
1932	Harold Reams	1957	Jerry Bowers
1933	Thomas Pring	1960	Edward Fraser, Jr.
1934	Thomas Jones	1972	Peter Cistaro
1936	Emma Reiman Baldwin	1989-90	Mary Kartsounis
1939	Walter Newman	1993-94	Roger Goulet

-Verna West, CAC Historian



Nico Celeda puts the finishing touches on dessert at Echo in February

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

THIS SCHEDULE INCLUDES EVENTS AT THE ALPINE LODGE. FOR CAC EVENTS TAKING PLACE ELSEWHERE, PLEASE REFER TO THE OUTINGS SCHEDULE IN THIS ISSUE.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders

MAR 1 THURS 9:00AM - 2:30 PM MIDWEEK WORK PARTY

list in TRAILS.

Come and enjoy the company of fellow CAC members as you make a real difference to the Alpine Lodge and its grounds and enjoy a hearty lunch. Please call coordinator Ruth Tretbar at 510-836-0108 or email her at rtretbar@yahoo.com to let her know you are coming.

MAR 3-4 SAT-SUN HIKERS' WEEKEND Happy hour at 4:30. BYOB and bring and appetizer to share, Dinner, salad and dessert at 6 pm. Members \$8, Associates \$11.

You are invited to spend the night at the Lodge and awake to a delicious breakfast. Members \$18, Associates \$27. Contact Nuala at 415-922-6775 or email ntcaulfield@MSN.com.

MAR 17-18 SAT-SUN
See March 3-4.
HIKERS'
WEEKEND

MAR 17 SAT ALPINE TRUSTEES NOMINATIONS AND BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon, Nominations Meeting at 2:30 pm, and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

MAR 17 SAT ST PATRICK'S DAY Dinner with a twist. See article on Page 1.

MAR 30-APR 1 FRI-SUN
MEMBER
RENTAL
Lvda Dicus
925-944-3366

Lyda Dicus 925-944-3366

APR 1 SUN SPONTANEOUS

OVERNIGHT
John Lillich 925-930-9489

APR 5 THUR 9:00AM - 2:30PM
MIDWEEK WORK PARTY
Coordinator needed.

....

APR 7-8 SAT-SUN HIKERS' WEEKEND See March 3-4.

APR 13-15 FRI-SUN NON-MEMBER RENTAL

APR 15 SUN NEW MEMBER DINNER Details to follow in April TRAILS.

APR 20-21 FRI-SAT HOST TRAINING Information to follow in upcoming TRAILS.

APR 22-28 SUN-SAT SIERRA CLUB COASTAL MEDLEY

APR 28 SAT ANNUAL MEETING AND AWARDS DINNER

Alpine Trustees meet at noon; the CAC Foundation Board meets at noon; the Board of Directors meeting will begin at 2 pm, followed by the Annual Membership meeting at 3:00 pm. Happy hour and dinner (hosted by Peter Beckmann) will follow. See article on Page 1.

APR 29 SUN WORK PARTY Contact coordinator Peter Beckman at 831.423.242 or by e-mail at beckmann@baymoon.com.

APR 30-MAY 3 MON-THUR MEMBER RENTAL
Anita Zehnder 805-528-4227

MAY 3 THUR MIDWEEK WORK PARTY

Information to follow in upcoming TRAILS.

MAY 4-6 FRI-SUN MEMBER RENTAL

Repp Memorial.

WINE TASTING DINNER

MAY 12 SAT

MAY 13-19 SUN-SAT SIERRA CLUB HIKING AND MEDITATION

MAY 19-20 SAT-SUN
See March 3-4.
HIKERS'
WEEKEND

MAY 19 SAT ALPINE TRUSTEES BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

JUN 5-7 TUE-THUR MEMBER RENTAL Mary Jane McKown 415-383-2774

JUN 7 THURS MIDWEEK WORK PARTY Information to follow in upcoming TRAILS.

JUN 8 FRIMary Jane McKown

MEMBER RENTAL
415-383-2774

JUN 9 SAT MT. PLAY OVERNIGHT Coordinator needed.

JUN 16 SAT ALPINE TRUSTEES BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

JUN 16-17 SAT-SUN
See March 3-4.

HIKERS'
WEEKEND

JUN 17 SUN PRIVATE RENTAL Mt. Play Cast Party

JUN 18-24 MON-SUN NON-MEMBER RENTAL

JUL 4 WED HOLIDAY PARTY Coordinator needed.

JUL 5 THUR MIDWEEK WORK PARTY Information to follow in upcoming TRAILS.

JUL 8-14 SUN-SAT NON-MEMBER
Sierra Club RENTAL

JUL 14-15 SAT-SUN HIKERS' WEEKEND See March 3-4.

JUL 15 SUN LEADERSHIP MEETINGS Alpine Trustees meet at noon, CAC Foundation Directors meet at noon, Board of Directors meet at 2 pm, Quarterly Membership meeting at 3 pm, Dinner to follow. Watch TRAILS for datable.

JUL 21 SAT-JUL 28 SAT ALPINE B&B
WEEK

Dinner July 21 is Deck Side Dining.

AUG 2 THUR MID WEEK WORK PARTY See Information to follow in upcoming TRAILS

AUG 18-19 SAT-SUN HIKERS' WEEKEND See March 3-4

AUG 25-26 SAT-SUN MEMBER RENTAL Les and Mary Will 415-751-6469

SEP 1-3 SAT-MON FAMILY CAMP Information to follow in TRAILS

SEP 6 THUR MID WEEK WORK PARTY See Information to follow in upcoming TRAILS

SEP 15 SAT ALPINE TRUSTEES BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

SEP 15-16 SAT-SUN HIKERS' WEEKEND See March 3-4

SEP 21-22 FRI-SAT MEMBER RENTAL Mary Pezzuto 925-934-7836

SEP 23-29 SUN-SAT
Sierra Club
Birding and Photography

NON-MEMBER
RENTAL

Watch for updates in future issues of TRAILS!

CHECK THE NEW ALPINE LODGE CALENDAR ON THE MEMBERS PAGE

The Alpine Lodge calender is now available for members to see in real time. Go to www.calalpineclub.org. Click on the Members page and click on the Alpine Lodge Calendar in the left column. It really works. Send a note to **Michael Petak** at alpinelodge1@yahoo. com, if you need the user id and/or password to the member web page or to provide comments on the new calendar.

— Michael Petak

MENDOCINO ESCAPE MEMORIAL WEEKEND MAY 25, 26, 27, 2007

Join your fellow Alpiners on a fantastic trip to the picturesque, breathtaking north coast! Stay in a restored historic Victorian Jughandle Farm, with private and semi-private rooms and a dorm. Visit the Botanical Gardens; go hiking in the Pygmy Forest, watch sea lions at MacKerricher State Park, walk Glass Beach and visit the Ecological Staircase.

Cost: \$220 private, \$195 share room, \$160 dorm. Price includes: 1 dinner, 3 happy hours, 3 lunches and 3 breakfasts.

Send check for reservations before March 6 to Ros Carol at 1 Pyxie Lane, San Carlos, CA 94070. For more information, please call **Ros Carol** at 650-592-9394 email RosCarol@aol.com or **Marie Reybear** at 415-925-0174, email ma-reb@sbcglobal.net.

- Marie Reybear

CAR CAMPING AT BUTANO STATE PARK

On May 18, 19, and 20 we will car camp and hike the redwood trails, enjoying early spring wildflowers, and perhaps view bobcats, coyotes, and deer at this beautiful, relatively unknown park behind Pescadero.

It is suggested for Friday night, a wonderful dinner can be found at Duarte's restaurant in Pescadero, (about 43 miles south of San Francisco on Route l). Then it's only a few more miles to the campsite.

Edie Nelson will provide a substantial Continental breakfast for Saturday and Sunday, and a simple hot dinner for Saturday night. Bring your own lunches and drinks.

Cost for campsites, extra cars, and food will be divided among participants. There is room for 16 people.

On Sunday, if all hiked out, Ano Nuevo and Elephant Seals are just 20 miles south for wonderful beach walking and seal viewing (with our in-house docent, **Ros Carol**). Also, Pebble beach is quite interesting, as is a walk through Pescadero or Half Moon Bay.

Call Edie Nelson at 831-423-5576 to save a space. I will need your address for further plans, and will also need a \$15 deposit to reserve the campground and purchase the food.

- Edie Nelson

CAC T-SHIRTS, POLO SHIRTS AND SWEATSHIRTS FOR SALE!

You too can look as handsome, fit, beautiful and exciting as these Alpine Club members in their new T, Polo and Sweatshirts. **David Solbach** reports he has received three proposals of marriage since purchasing his T-shirt, **Hardy Dawainis** states his marriage is better than ever when his lovely wife glimpsed him in his sweatshirt and **Mayme Harris** is not talking but a sly smile was noted by this reporter when Mayme was queried. Don't hesitate, get yours today by phoning or e-mailing **Renee Powers** at (415) 648-4940 or reneespowers@comcast.net. Available in youth sizes also.

- Renee Powers



SCHARFFEN BERGER CHOCOLATE TOUR

Come and tour the factory, see how chocolate is made and sample many free different types of chocolate. Cost is \$2.00 per person with \$1.00 coupon back from the factory to spend at their shop. The date is Tuesday, April 17, at 11:15 AM. We'll meet at the factory, 914 Heinz Avenue, Berkeley. To get there, take Highway 80 to the Ashby Avenue Exit and turn LEFT on 7th Street. Scharffen Berger is at the corner of 7th and Heinz. For reservations contact **Eva Pardee** at 510-444-3711 or e-mail her at evapardee@pacbell.net.

CAC FOUNDATION DIRECTORS

The CAC Board of Directors is recommending the following people to serve on the CAC Foundation Board of Directors: Jay Hallberg, Mae Harms, and Bill Meneguzzi. The board thanks these dedicated volunteers for their continued service. The CAC board at the March 17th meeting will vote upon this recommendation.

Reminder: All members are welcome to attend board and trustee meetings.

- Carroll Pearson

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERICK AND ARE BOLDED					
*SAT MAR 3 *SUN MAR 4		Taren Hamilton Paul McKown	415-378-4240 415-383-2774	2B 2B	
	Co-Listed w	/Sierra Club			
	10:00 a.m.	Ann Wadsworth	415-929-0776	1A	
SUN MAR 11	10:00 a.m.	Melanie Facen	415-492-0470	2B	
*SAT MAR 17	10:00 a.m.	** Leaderless Hik	e		
*SUN MAR 18	10:00 a.m.	Karl Baeck	415-459-6370	2B	
	Co-Listed w	/Sierra Club		2B	
SUN MAR 25	10:00 a.m.	Ann Schubert	650-494-6020	2B	
SUN APR 1	10:00 a.m.	Bonnie Radest	415-897-0227	2B	
*SAT APR 7	10:00 a.m.	Bob Smith	510-841-0402	2B	
	Co-Listed w/Sierra Club				
*SUN APR 8	10:00 a.m.	**Leaderless Hike	2	2B	
	10:00 a.m.	Debbie Dorosin	415-388-7896	1A	
SUN APR 15	10:00 a.m.	Ben Heldens	415-665-7274	2B	
SUN APR 22	10:00 a.m.	Taren Hamilton	415-378-4240	2B	
SUN APR 29	10:00 a.m	David Ratner	415-924-3043	2B	

*HIKERS' WEEKEND

IMPORTANT! RAIN CANCELS

1A HIKES

(4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

NOTES: Hikes may carpool from meeting place to other trailheads. All participants should have some previous hiking experience and be able to hike at a moderate pace (i.e, approx. 2 miles per hour).

**Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com **Hikers' Weekends:** For supper and/or overnight arrangements, Contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn. com.

ALPINE LODGE SUNDAY INNKEEPERS

Mar 4	Gail Lindlow	415-441-0838
Mar 11	Jeanne Bacon	415-924-2712
Mar 18	Jennie Bruyn	415-456-1877
Mar 25	Melanie Facen	415-492-0470
April 01	Lyda Dicus	925-944-3366
April 08	Kristina Gale	415-381-9319
April 15	Nancy Bott	415-388-0245
April 22	Barbara Stewart	510-655-6753
April 29	Ellen Hover	415-479-0259

To volunteer as a Sunday Innkeeper at Alpine Lodge, please contact **Selma Bomfim** at 415-381-4676 or email at selmabomfim@hotmail.com.

OUTINGS 2007				
List is in progress				
Mar 8	Toyota Nummi Plant			
	TomMcnicholas@yahoo.com			
M 01 A 111	evapardee@pacbell.net			
Mar 31-April 1	Backpacking Preston Falls 1AT			
	Lloyd Sawchuk 925-937-5507 sawchucks@comcast.net			
April	Car camping			
April	Pinnacles National Monument			
April 17	Scharffenberger Chocolate			
1	Factory			
	Eva and Michael Pardee			
	evapardee@pacbell.net			
May/June	Port of Oakland tour			
May 18-20	Car Camping at Butano			
	State park			
	Edie Nelson			
	edieforsyth@hotmail.com 831-423-5576			
May 25-28	Mendocino hostel and hiking			
1v1ay 25-20	Maria Raybear			
	MA-reb@sbcglobal.net			
June	Waste Treatment Plant			
	Jeffrey Locke			
	Jeffrey_Locke@yahoo.com			
Early August	Family Car Camp Big Basin			
	MK and Craig McKown			
	MkmcKown@mac.com			
August 1 E au 9 12	415-647-4626			
August 1-5, or 8-12	Backpack Sequoia National park			
	4 nights, teenagers welcome			
	Mari Norman 408-255-5162			
	marinorman@sbcglobal.net			
Aug. 6-10	Bob Hanson			
	doctoroutdoors@comcast.net			
	Base camp in Dinkey Lakes			
10.45	Wilderness			
Aug. 13-17	Car Camping or motel to			
	Lee Vining Tony Smith			
	Joanne-tony@sbcglobal.net			
Sept. 10-14	Bob Hanson			
1	doctoroutdoors@comcast.net			
	Canoe trip to Montana			
Sept. 26-Oct. 3	Fall Foliage at Acadia			
	National Park			
	RosCarol@aol.com			
October	Trip is full—waiting list only			
October	1 day kayak Tomales Bay Karen and Jerry Wagner			
	JerWagner@sonic.net			
	707-528-8197			
October 22	Salmon Festival, Folsom			
	overnight			
	Shanaavalos@sonic.net			
	916-652-3864			
End of Oct.	Winery bike tour in the			
	Napa Valley Tom McNicholas			
	TomMcNicholas@yahoo.com			
	TOTHINICI VICTORAS & YATIOU.COIII			

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30 pm, or e-mail toranski@aol.com. Echo Lodge Telephone: 530-659-7274

Echo Lodge is blanketed in snow, so check the schedule below, contact the host(s), and head on up for some winter fun!

Summer/Fall Hosts: I am working on the schedule for Summer and Fall of 2007 (July-Dec). If you have requests for times that you would like to host, please contact me by e-mail or telephone.

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be held on Saturday, April 14, 2007, 10 AM, at Ray Sommer's home. Contact Ray at 415-472-1229 if you would like to attend.

Winter/Spring/Summer '07 Echo Summit Lodge Schedule:

MAR 2-4 FRI-SUN

Art Ewart & Kathleen O'Dea 707-538-3696 1405 Snowy Cloud Way, Santa Rosa, CA 95409 aewart@sbcglobal.net

MAR 4-8 SUN-THUR MEMBER RENTAL Eike Linkwitz 415-924-0241

MAR 8-11 THUR-SUN

Barbara McVeigh & Mark Miglio 415-222-2440 336 Bon Air Cir #286, Greenbrae, CA 94904 barb@marinx.com

MAR 12-15 MON-THUR

John & Marilyn Hannum 707-525-8108 2309 Avenida de las Brisas, Santa Rosa, CA 95405 jrhannum@aol.com

MAR 15-18 THU-SUN YOUNG FAMILIES SNOW WEEKEND

Joan Ryan & John O'Sullivan 415-564-8507 2625 23rd Ave, San Francisco, CA 94116 joanryan@mac.com

MAR 18-21 SUN-WED

Larry Ridgel & Edna Trimm 707-422-0338 201 Long St, Suisun, CA 94585 moonycat@aol.com

MAR 21-27 WED-TUES

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

MAR 27-30 TUES-FRI AVAILABLE FOR TRAINED HOSTS

MAR 30-APR 2 FRI-MON

Carol Saccomonto &
Tom Coleman 707-769-7801
1216 Kathleen Way, Petaluma, CA 94952
travmcgee@comcast.net

APR 2-5 MON-THUR AVAILABLE FOR TRAINED HOSTS

APR 5-9 THUR-MON MEMBER RENTALJohn Knott & Shana Avalos 916-652-3864

APR 9-20 AVAILABLE FOR TRAINED HOSTS

APR 20-22 FRI-SUN SPRING HOST APPRECIATION & TRAINING

Contact Cindy Toran for reservations toranski@aol.com 707-539-4396

APR 22-27 SUN-FRI AVAILABLE FOR TRAINED HOSTS

APR 27-29 FRI-SUN MEMBER RENTAL

Carol Saccomonto & Tom Coleman

707-769-7801

APR 30-MAY 18 FRI-SUN AVAILABLE FOR TRAINED HOSTS

MAY 18-20 FRI-SUN MEMBER RENTAL Lynn Garric 707-539-2078

MAY 23-29 WED-TUES SPRING WORK PARTY

Contact Jim Nixon for reservations Jimnixon2000@yahoo.com 650-756-7771

MAY 31-JUN 3 THUR-SUN
ROS Carol
MEMBER
RENTAL
650-592-9394

JUN 3-7 SUN-THURS AVAILABLE FOR TRAINED HOSTS

JUN 7-10 THU-SUN ECHO CONSERVATION & BENEFIT & BIRDING IN THE TAHOE REGION

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr., Santa Rosa, CA 95405 karwag@sonic.net

JUN 10-14 SUN-THURS MEMBER RENTAL

MaryKay & Craig McKown 415-647-4626

JUN 15-17 FRI-SUNSheryl & James Letcher S30-885-0589

JUN 17-JUL 1 SUN-SUN SPA WEEKS Helen Alfredson 805-647-5407 109 Stardust Ln, Ventura, CA 93004 hjalfredson@yahoo.com

JUL 2 MON ECHO OPEN HOUSE & CELEBRATION #2

Contact Jim Nixon for reservations and to volunteer to help. jimnixon2000@yahoo.com 650-756-7771

JUL 3-6 TUES-FRI AVAILABLE FOR TRAINED HOSTS

JUL 6-8 FRI-SUN TRAIL CLEARING WEEKEND

Contact Tom Coleman 707-769-7801 travmcgee@comcast.net

JUL 8-13 SUN-FRI HIKERS' WEEK

Maureen Smith 650-697-3846 219 Barclay Ave, Millbrae, CA 94030 MissBrigid@aol.com

JUL 13-20 FRI-FRI

Kathy & Bill Faherty 707-539-7081 5420 Gates Rd, Santa Rosa, CA 95404 kfaherty@mac.com

JUL 20-23 FRI-MON

Shelly & Bob Henry 707-829-3728 1286 Hurlbut Ave, Sebastopol, CA 95472 clyde33301@comcast.net

JUL 23-29 MON-SUN AVAILABLE FOR TRAINED HOSTS

JUL 29-AUG 2 SUN-THUR

Barbara & Keith Crockett 650-365-6280 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

AUG 2-5 THUR-SUN YOUNG FAMILIES WEEKEND

Monika Balsamo and 707-539-2140 Ed & Anne Del Monte 4841 Parktrail Dr, Santa Rosa, CA 95405 m_balsamo@earthlink.net

AUG 5-9 SUN-THUR AVAILABLE FOR TRAINED HOSTS

AUG 9-12 THUR-SUN

Lillian Young 650-588-5689 3650 Sneath Ln, San Bruno, CA 94066 lcyoung@att.net

AUG 12-19 SUN-SUN INTER-GENERATIONAL WEEK

Mary Kay & Craig McKown and Joan Ryan & John O'Sullivan 415-647-4626 3839 26th St, San Francisco, CA 94131 mkmckown@mac.com

AUG 19-SEP 6 AVAILABLE FOR TRAINED HOSTS

Watch for updates in future issues of TRAILS!

7

MARCH 2007 TRAILS

Email and Address Changes

Please remember to advise the CAC Registrar of any changes to mail, phone and email (particularly email, which changes much more frequently than regular addresses.) If you haven't been receiving periodic messages via email from CAC, we probably have the wrong email address for you. **David Maier** can be reached at 831-462-2764 or dmmaier@pacbell.net or by mail at 2-1120 E. Cliff Drive, Santa Cruz, CA 95062.

— Dave Maier, Registrar

BACKPACK PRESTON FALLS 1AT MARCH 31, APRIL 1

Join a veteran Sierra Club backpack leader, now a member of Alpine, on a walk on the sunny side of the Tuolumne River through whispering pines, shaggy cedar and spreading oaks to a lovely camp close to the wafting mists of Preston Falls. Join Lloyd and Lynn on this individual commissary early season beginner or warm up trip in the Gold Country. Call **Lloyd Sawchuk** at 925-937-5507 or email sawchucks@comcast.net. This trip is co-listed with the Sierra Club.

Lloyd Sawchuk

TRIP AND FALL

I guess there's always a first time to trip and fall, even after years of hiking Mt. Tam. It was my unfortunate luck to take a severe fall just minutes away from the Fire Station and the Alpine Club. But I was fortunate enough to be with some incredible fellow hikers who took unprecedented care of me, especially our leader **Tony Smith**, my friends Arlene Greenberg, Helene Gibbs, Susan **McCarthy**, and many others. And one passerby found it necessary to alert the fire department that I was injured. When I saw that huge fire truck come up the trail, I was flabbergasted. I didn't believe it was necessary, though in retrospect it's comforting to know that help is usually not far away. The best part of all is that I didn't break anything, though I did bleed and bruise, injuries that will heal soon. One can never take one's eyes off the trail—it can be deadly. Many thanks to all the terrific fellow hikers who were so caring, helpful and downright wonderful, and also for the many phone calls and e-mails. You guys and gals are the greatest!

— Jean-Marie Campbell p.s. I did finish the hike under my own steam!



Chris Vaggione drawing for Karina Cosby at Echo Lodge in February

FEBRUARY 1 WORK PARTY AT ALPINE LODGE

Our weekday Work Party brought 14 members and a prospective member to the Alpine Lodge on the first day of February.

Innes Bergman, Mayme Harris, Rosemary Trowsdale, Nuala Caulfield, Carol Weisker, Helena Troy, Jennie Bruyn, and Ruth Tretbar were in attendance. Among many other chores, they made sure that the floors and bathrooms were scrubbed, the Lodge was vacuumed and dusted, and the paths were weeded and swept. Many of them also assisted me with the luncheon tasks. A hearty minestrone soup and Ceasar salad were served.

Ed del Monte supervised an enthusiastic construction crew made up of Ben Heldens, Hardy Dawainis, Ernie Pitz and Hans Schilling. Our prospective member, Dennis Millard, was able to give some expertise on the drainage problem which was corrected at the front porch entrance of the Lodge. The brick has been settling in that area caused by erosion due to water infiltration. Further work will need to be done on this important project at subsequent work parties. Jordan Hermann cleaned the bathrooms, a thankless task. Nuala donated a lovely framed print of "Los Pajaros de Los Esteros", which Roger Diehnel expertly hung in the small dining hall. The original was painted by Laurie Frey Tuchel. It pictures and describes in detail the many birds seen in our Gulf of the Farallones National Marine Sanctuary.

Thanks again to all our hard working volunteers who continue to improve our Lodge and keep it in such good condition.

— Eva Libien



First-Time Hosts at Echo, John and Barbara Lilitch

THANK YOU, HELENA

The Trustees wish to thank **Helena Troy** for her contribution of a microwave oven. It is intended that it be used in the Tam Building. We'll have a small refreshment area there for members who need that 'cuppa Joe' before making their way up to the Lodge for breakfast.

-Nuala Caulfield

BIRDING/CONSERVATION WEEKEND

It's time to sign up for this year's Birding/ Conservation session held at Echo Summit Lodge on Thursday June 7. A few of us are planning to take our kayaks down to Mono Lake after cleanup on Sunday for a couple more days of birding.

Two full day birding trips led by **Karen and Jerry Wagner** are planned. Birders from beginning to expert are welcome. On Friday at 7:30 am the group will head down Highway 50 towards Pollack Pines and take the turnoff at Ice House Canyon. Here we will encounter a number of habitats that make the birding interesting, including a hillside recovering from a forest fire, a riparian streamside campground, and a large reservoir. Picnic breakfast and lunch in the field.

Saturday, we will head down Highway 50 towards Lake Tahoe. We'll begin the walk in the meadow near the east end of Fallen Leaf Lake. From there we'll head to the Lake Tahoe Visitor's Center where we'll bird along Taylor Creek and eventually down to the lake. This time of year offers many wildflowers in the meadows and colorful breeding birds. We have had a total of 60 species sighted for the two days in past years. We'll have picnic breakfasts and lunches in the field.

There will also be a hike on Saturday for people not interested in birding.

All the proceeds from this event go into the CA Alpine Club's Conservation Fund, which will eventually be donated to many organizations that are working specifically with conservation/environmental projects. Attending this session is a chance not only to have fun in the mountains, but to also support the club's interest in environmental issues.

- Karen Wagner



Kay Gillis, Melanie Facen, and Trudy Powers at the Quarterly Meeting Dinner at Alpine

TRAILS issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936 P.O. Box 2180 Mill Valley CA 94942-2180

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DUES INCREASE FOR APRIL 1, 2007

The CAC Board of Directors proposed the following dues increase at the Quarterly Membership meeting on January 21, 2007. The calculations were based on creating an additional \$6,000 of revenue in support of Alpine Lodge. After receiving input from the membership at the meeting and at any time via email and phone calls, the Board of Directors passed the proposed increase at the Board of Directors meeting on February 17, 2007.

Membership Type	Current	Proposed	
Regular Membership	\$75	\$90	
Joint Membership	\$130	\$155	
Senior Membership	\$50	\$60	
Joint Senior Membership	\$85	\$100	
Regular Life Membership	\$1,035	\$1,180	
Joint Life Membership	\$1,725	\$2,156	
No change for Student and Junior Memberships.			

— CAC Board of Directors

TRAILS NEWSLETTER ALERT

Please send articles for the April issue of TRAILS to editor, **Angi Blackwell**, at ablackwellca@earthlink.net, or via mail to 234 Lisbon Street, San Francisco, CA 94112, telephone 415-584-2586.

Angi should receive articles for the April issue no later than **March 5th**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the May issue of TRAILS will be **Anita Cabrera**, at aa_cabrera@msn.com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

— Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 83 April 2007 No. 3

CAC ANNUAL DINNER SATURDAY APRIL 28, 2007

Places are filling fast and we are limited to 80. Get your reservations in for the annual awards dinner featuring chef, **Peter Beckmann**, and a wonderful group of volunteers who are orchestrating this important event. We are honoring **Laurence Kornfield**, **Susan McCarthy**, **and Edie Nelson** at this dress-up dinner.

Place: Alpine Lodge

Time: 2pm Board of Directors Meeting

3pm Annual Membership Meeting

Happy Hour after the Membership Meeting

6:30pm Dinner

Cost: \$20 for members; \$25 for associate members

Overnight and breakfast - \$19 for members;

\$27 for associate members

For reservations, please send your check to **Mae Harms** at 5941 Garden Park Drive, Garden Valley, CA 95633-9514. Contact Mae at maeharms@ mindspring.com or 530-333-1058 to check last minute availability.

— Carroll Pearson and Tony Smith

WINE TASTING AND DINNER MAY 12, 2007

Most people think of Champagne and sparkling wine as something we drink only on special occasions. However, sparkling wines are among the most food-friendly of all wines. Sparklers are produced in a number of styles and can be paired with a wide variety of foods. At this special event, we will enjoy a special five-course meal that demonstrates the versatility of sparkling wines. We will taste several different styles of Champagne and sparkling wine, each paired with a different course, and discuss some basic guidelines for great sparkling wine and food combinations.

Price for this deluxe event is \$35 for members and \$40 for associate members. Overnight lodging and Sunday breakfast will be \$19 for members and \$27 for associate members. Please contact **Susan McCarthy** at mccarthysf@gmail.com or 408-293-0891. Your check is your confirmed reservation. Please make it out to Susan McCarthy and send to her at 1141 Willow Glen Way, San Jose, CA 95125-3350.

- Shakti and James Higgins

NEW MEMBER DINNER SUNDAY APRIL 15, 2007

All Members, New Members and Sponsors, please join us for a day on Mount Tamalpais.

An easy hike will leave from the Lodge at noon, returning in time for hors d'oeuvres and thirst quenchers stating at 3:00pm. A barbeque chicken and salad dinner will be served at 4:30pm.

The New Members dinner is a fun day. It's a great opportunity to meet new members and say hello to CAC members you have not had a chance to see in a long time. I would like to remind you this dinner is not only for new members and their sponsors. It's open to every club member.

As we enjoy our dinner we will hear from members about the various activities that our club offers at Alpine Lodge and Echo Summit Lodge. We will also hear about CAC's rich history.

Dinner is complimentary for new members, \$14 for members and \$17 for associate members. (For children aged 4 -11 dinner is half price, and for those under 4, it's free)

Please let me know if you can contribute an appetizer, salad or desert. We will also need help with the setup, decorations/table-setting/cleanup, and a hike leader.

Reservation should be made by April 10th. Contact: **Laureen Novak**, 415-383-1507 or lareenie@yahoo.com. Please mail your check to Laureen Novak, 70 Greenwood Way, Mill Valley, CA 94941.

- Laureen Novak

TRAILS Editor ~ Angela Blackwell

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:			
President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Vice President	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Secretary	Jean Rodgers	415-435-9383	jrodg1218@aol.com
Treasurer	David Ratner	415-924-3043	Dlratner@aol.com
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Eva Libien	, F F	415-383-5184	elibien@yahoo.com
Onnie Taylor		415-648-6380	onniet@earthlink.net
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Historian	Verna West	650-854-6349	99swest@earthlink.net
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Innkeeper			
Co-ordinator	Selma Bomfim	415-381-4676	selmabomfim@hotmail.com
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	Nuala Caulfield '07		ntcaulfield@msn.com
	Ruth Tretbar '08	510-836-0108	rtretbar@yahoo.com
	Hardy Dawainis	415-461-4431	hdawainis@comcast.net
	Alpine Rentals	415-381-4975	
Treasurer	Melanie Facen	415-492-0470	mfacen@sbcglobal.net
Calendar	Michael Petak	408-656-6817	geraldpetak@hotmail.com
Echo Chair	Cindy Toran '07	707-539-4396	toranski@aol.com
	Tom Coleman '08	707-769-7801	tomcoleman@sbcglobal.net
	Edie Nelson '08	831-423-5576	edieforsyth@hotmail.com
	Jim Nixon '09	650-756-7771	jimnixon2000@yahoo.com
	Ray Sommer '06	415-472-1229	ray@sommerworld.com
			-
CAC Foundation		44= 000 4=0=	1
Jay Hallberg, Pre	sident	415-383-1507	lareenie@yahoo.com
Mae Harms		530-333-1058	maeharms@mindspring.com
Bill Meneguzzi		916-451-1523	bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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Contributors: Angela Blackwell, Carroll Pearson, Cindy Toran, Eva Libien, Michael Petak, Jeff Locke, Laureen Novak, Mae Harms, Nuala Caulfield, Renee Powers, Ros Carol, Ruth Tretbar, Selma Bomfim, Tom McNicholas, Tony Smith, Verna West, Shakti and James Higgins, Eva Pardee

Correspondence: Please address correspondence concerning this publication to: Tony Smith, 2345 Tice Creek Drive, #4, Walnut Creek, CA 94595-5210.

CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For **CAC Rosters**, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE

Troika Farewell

As the CAC year winds to a close, this unique (and odd?) form of triumvirate ends. Thanks for your indulgence, dear members, and even if you thought it nutty, admit that we got a few things done, and we had fun doing it. Though we couldn't make the meetings shorter, none of our egos were hurt in this experiment, and we are still friends! **Susan McCarthy** is taking a well-deserved rest from office, while **Carroll Pearson** moves on to the presidency . Her gifts at organization and leadership will be a big help to the Club. She insists that I help as Vice-President, so we will operate as a dynamic duo.

We thank the Officers, Trustees, and Board members who worked with us this last year, good people all, who by their voting really ran the Club, got the work done behind the scenes that needed to be done, and provided the positive ideas that will carry us into the future. In particular, we owe a debt of gratitude to those who are stepping down - to **David Ratner**, our Treasurer for so many years, who kept our books in excellent shape; to Dave Maier, our Registrar, who made his job look easy, which it isn't; to our Secretary Jean Rodgers for her diligent minutes; to Ernie Pitz for his many years of service, to John Hannan and Ann Meneguzzi for their wise counsel and support. I know these folks will continue to serve the CAC in many different ways, just as retiring Alpine Lodge Trustees Nuala Caulfield, Roger Diehnel, and Paul McKown will, for the California Alpine Club is a big part of all our lives, with friendships made that will last a lifetime, and wonderful memories of outdoor adventures in the mountains of California.

The new slate of Trustees, Officers and Board members isn't finalized at this writing, but we will have some great people from the past, joined by new faces, who will carry the Club forward into the future. Give them your support, the same support you gave us. Many thanks to all the members who helped us. We couldn't have done it without you.

- Tony Smith, President

CORRECTIONS

The third person in the lower photo on page 9 of the March TRAILS was wrongly identified as Trudy Powers. The caption should have read "Kay Gillis, Melanie Facen and Ann Wadsworth at the Quarterly Meeting Dinner." Also, the photo of John and Barbara Lilitch was taken at Alpine Lodge, not Echo.

We apologize for the errors.

— Angi Blackwell

MEMBERSHIP REPORT

April 2007

Lori Barekman & Wade Eakle - Joint Members

3907 Park Gardens Drive Santa Rosa, CA 95404 707-579-9218

lvlvlri@aol.com

Sponsors: Joan Ryan & Mary Kay McKown

Joyce & John Moldovan - Joint Members

620 6th Street Sonoma, CA 95476 707-939-0500

ioeie@comcast.net

Sponsors: Geri Gottbratn & Jim Nixon

Dennis & Mary Lee Millard - Joint Members

1087 Independence Drive Alameda, CA 94501-1065 510-748-0536 casademillard@comcast.net

Sponsors: Jordan Herman & Ruth Tretbar

Robert Attubanto - Regular Member

PO Box 2151 Novato, CA, 94948 707-865-0950

B1K2E3@sbcglobal.net

Sponsors: Larry Ridgel & Edna Trimm

The following names are submitted to the Board of Directors for acceptance.

Their names have been previously published in TRAILS:

Judy West, Eva Pardee, Janet Schraer, Odessa W. Hallam, Genie & Tim Frye.

- Laureen Novak, Membership Chair

ALPINE LODGE HOST TRAINING **APRIL 20-21**

If you will be renting the Alpine Lodge for a private event or hosting a CAC event, the Alpine Trustees encourage you to attend the spring Host Training. Effective last January 1, members who rent the lodge must have attended training within the last three years and CAC hosts are strongly encouraged to update their knowledge.

We will begin with dinner on Friday evening and end by 4:00 Saturday afternoon. Dinner, breakfast, lunch and overnight are included. The only cost is \$6.00 for the Host Manual.

You will be an important part of the training, participating in discussion and demonstrations. Topics include the lodge infrastructure, safety and security issues, how to operate equipment, and how to plan and run an event.

Registration is limited to 15 people. A few places are still available. To register contact Nuala Caulfield at 415-922-6775 or at ntcaulfield@msn.com.

Ruth Tretbar

ALPINE LODGE SUNDAY INNKEEPERS

April 01	Lyda Dicus	925-944-3366
April 08	Kristina Gale	415-381-9319
April 15	Nancy Bott	415-388-0245
April 22	Barbara Stewart	510-655-6753
April 29	Ellen Hoyer	415-479-0259
May 6, 13, 20	INNKEEPERS NEED	ED
May 27	Caroline A Grace	510-923-1262
June 3	INNKEEPER NEEDE	ED .
June 10	JR Nuerge	415-387-6082
Iune 17	Ulla Pettersson	415-821-1858

To volunteer as a Sunday Innkeeper at Alpine Lodge, please contact **Selma Bomfim** at 415-381-4676 or email at selmabomfim@hotmail.com.

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sat Apr 28, 2007 Board of Directors Meeting at 2 pm Annual Meeting 3 pm

Awards Dinner after Happy Hour Sat, May 19, 2007 Board of Directors Meeting at 3 pm Sat, Jun 16, 2007 Board of Directors Meeting at 3 pm Sun, Jul 15, 2007 Board of Directors Meeting at 2 pm

Quarterly Meeting at 3 pm

Dinner to follow

Sat, Sep 15, 2007 Board of Directors Meeting at 3 pm Sun, Oct 21, 2007 Board of Directors Meeting at 2 pm

Quarterly Membership Meeting at 3 pm Happy Hour when meeting is over

Dinner to follow

If you have any questions, call Tony Smith at 925-933-2403 or email joanne-tony@sbcglobal.net. Members are welcome at Board Meetings. Thank you!

—Tony Smith

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CAC FAMILY CAMP

Mark your calendars for the CAC Family Camp, which has been re-confirmed for September 1-3, 2007, once again at Camp del Oro in the Sierra Nevada Foothills. Watch this space for further details!

— Carroll Pearson

SCHARFFENBERGER CHOCOLATE TOUR

Come and tour the factory, see how chocolate is made and sample many different types of chocolate. Cost is \$2.00 per person with a \$1.00 coupon back from the factory to spend at their shop. The date is Tuesday, April 17, at 11:15 am. We'll meet at the factory, 914 Heinz Avenue, Berkeley. To get there, take Highway 80 to the Ashby Avenue exit and turn left on 7th Street. Scharffenberger is at the corner of 7th and Heinz. For reservations contact Eva Pardee at 510-444-3711 or e-mail her at evapardee@pacbell.net.

— Eva Pardee

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ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

THIS SCHEDULE INCLUDES EVENTS AT THE ALPINE LODGE. FOR CAC EVENTS TAKING PLACE ELSEWHERE, PLEASE REFER TO THE OUTINGS SCHEDULE IN THIS ISSUE.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

APR 1 SUN

SPONTANEOUS OVERNIGHT 925-930-9489

John Lillich

you are coming.

APR 5 THUR 9:00AM to 2:30PM MID WEEK WORK PARTY

Coordinator Roger Diehnel Roger's term as trustee ends this month. Come thank him for his dedication to the Alpine Lodge by turning out for this event. There will be major spring housecleaning tasks and, in the garden, planting and weeding. If you plan to garden, please bring hand tools, gloves and knee pads. Please contact Roger at 415-924-5519 or rdiehnel@hotmail.com to let him know

APR 7-8 SAT-SUN HIKERS' WEEKEND

Happy hour at 4:30. BYOB and bring and appetizer to share, Dinner, salad and dessert at 6PM. Members \$8, Associates \$11. You are invited to spend the night at the Lodge and awake to a delicious breakfast. Members \$18, Associates \$27. Contact Nuala at 415-922-6775 or email ntcaulfield@MSN.com

APR 13-15 FRI-SUN NON-MEMBER RENTAL

APR 15 SUN NEW MEMBER DINNER See article on page 1.

APR 20-21 FRI-SAT HOST TRAINING See article on page X.

APR 22-28 SUN-SAT SIERRA CLUB COASTAL MEDLEY

APR 28 SAT ANNUAL MEETING AND AWARDS DINNER

Alpine Trustees meet at noon; the CAC Foundation Board meets at noon; the Board of Directors meeting will begin at 2 pm, followed by the Annual Membership meeting at 3:00 pm. Happy hour and dinner (hosted by Peter Beckmann) will follow. See article on Page 1.

APR 29 SUN 9:00AM - 2:30PM SUNDAY WORK PARTY

There will be major cleanup to do after the annual dinner and Peter will have some new projects for us as well. Contact Peter at 831-423-9242 or by email at beckmann@baymoon. com if you plan to attend.

APR 30-MAY 3 MON-THUR MEMBER RENTAL

Anita Zehnder 805-528-4227

MAY 3 THUR MIDWEEK WORK PARTY Jennie Bruyn, Coordinator

Come help Jennie, our new trustee, at this spring work party. We will have special projects inside and out.

MAY 4-6 FRI-SUN MEMBER RENTAL Repp Memorial.

MAY 12 SAT WINE TASTING DINNER See information on page 1.

MAY 13-19 SUN-SAT SIERRA CLUB HIKING AND MEDITATION

MAY 19-20 SAT-SUN
See April 7-8.
HIKERS'
WEEKEND

MAY 19 SAT ALPINE TRUSTEES BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

JUN 5-7 TUE-THUR MEMBER RENTAL Mary Jane McKown 415-383-2774

JUN 7 THURS MIDWEEK WORK PARTY Ruth Tretbar, Coordinator

JUN 8 FRI Mary Jane McKown **MEMBER RENTAL** 415-383-2774

JUN 9 SAT MT. PLAY OVERNIGHT Coordinator needed.

JUN 16 SAT ALPINE TRUSTEES BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

JUN 16-17 SAT-SUN
See April 7-8.

HIKERS'
WEEKEND

JUN 17 SUN PRIVATE RENTAL Mt. Play Cast Party

JUN 18-24 MON-SUN NON-MEMBER RENTAL

JUL 4 WED HOLIDAY PARTY Coordinator needed.

JUL 5 THUR 9:00AM - 2:30PM MIDWEEK WORK PARTY

Hardy Dawainis, Coordinator

JUL 8-14 SUN-SAT NON-MEMBER Sierra Club RENTAL

JUL 14-15 SAT-SUN HIKERS' WEEKEND See April 7-8.

JUL 15 SUN LEADERSHIP MEETINGS Alpine Trustees meet at noon, CAC Foundation Directors meet at noon, Board of Directors meet at 2 pm, Quarterly Membership meeting at 3 pm, Dinner to follow. Watch TRAILS for details.

JUL 21 SAT-JUL 28 SAT ALPINE B&B WEEK

Dinner July 21 is Deck Side Dining.

JUL 29 SUN 9:00AM - 2:30PM SUNDAY WORK PARTY

Information to follow in upcoming TRAILS.

AUG 2 THUR MID WEEK WORK PARTY Information to follow in upcoming TRAILS.

AUG 18-19 SAT-SUN HIKERS' WEEKEND See April 7-8.

AUG 25-26 SAT-SUN MEMBER RENTAL Les and Mary Will 415-751-6469

SEP 6 THUR MID WEEK WORK PARTY Information to follow in upcoming TRAILS.

SEP 15 SAT ALPINE TRUSTEES
BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

SEP 15-16 SAT-SUN HIKERS' WEEKEND See April 7-8.

SEP 21-22 FRI-SAT MEMBER RENTAL Mary Pezzuto 925-934-7836

SEP 23-29 SUN-SAT
Sierra Club
Birding and Photography

NON-MEMBER
RENTAL

OCT 4 THURS MID WEEK WORK PARTY Information to follow in upcoming TRAILS.

OCT 5-6 FRI-SAT MEMBER RENTAL Charlene Schmidt

OCT 20-21 SAT-SUN HIKERS' WEEKEND

See April 7-8

OCT 21 SUN LEADERSHIP MEETINGS Alpine Trustees meet at noon. CAC Foundation Members meet at noon. Board of Directors meet at 2pm in the Social Hall. Quarterly Membership meeting at 3pm. Dinner to follow. Everyone is welcome. Watch TRAILS for details.

OCT 27 SATCoordinators: Sue Karp and Jordan Hermann

Watch for updates in future issues of TRAILS!

CHECK THE NEW ALPINE LODGE CALENDAR ON THE MEMBERS PAGE

The information on this page is correct at the time of going to press. For up-to-the-minute listings, go to www. calalpineclub.org. Click on the Members page and click on the Alpine Lodge Calendar in the left column. It really works. Send a note to **Michael Petak** at alpinelodge1@yahoo.com, if you need the user id and/or password to the member web page or to provide comments on the new calendar.

— Michael Petak

NOTES FROM YOUR ALPINE TRUSTEES

Just as in our own homes, there is always something that needs attention at the Lodge. Be it the leaking roof, the brickwork at the entrance, or the steps to the basement, all are taken care of. There are also less dire issues, one of which came to my attention this last Work Party. I refer to Lost Property. On the coat and hat stand as you enter the Lodge are many jackets and hats that remain unclaimed. Please check to see if that item you've been missing for months is there. Mislaid items have also been put in the desk at the foot of the stairs. There's a man's stainless steel Coach watch, and a girl's pink Armitron watch, which I now have in my possession, so give me a call if you're the owner. We are now dating unclaimed items, which will be given to the Goodwill or the Salvation Army if they remain unclaimed.

— Nuala Caulfield

MORE ON SPONTANEOUS OVERNIGHTS AT ECHO LODGE

In the February 2007 Trails, I described the Spontaneous Overnights now available at Echo Lodge, but it was not clear to some CAC members. The Echo Trustees implemented this policy to encourage greater usage of our Echo Lodge facility by CAC members who are also Echo trained hosts. Here's how spontaneous rentals work. If you and your group would like to stay at Echo Lodge for a time to begin no sooner than 4 days hence and the calendar is open, you may contact me to make a reservation and arrange for a key. Of course, the leave-no-trace expectation applies. Cost is as follows:

\$18 per person per night Friday through Sunday \$11 per person per night Monday through Thursday

Minimum charge is \$40, regardless of number of people

Non-members are charged \$5 per person per day additional for Associate Membership

Here's an example. I have no occupied use on the Echo calendar from April 2 to 5 (Mon-Thurs). You, your spouse (who attended host training last year) and son, who is on spring break from school, would like to stay at Echo but you don't have enough people for a private member rental. On March 29 (4 days before April 2) you can call me to reserve the Lodge. This is a midweek rental for 3 nights for 3 people @ \$11 = \$33 per night, so you need to pay the minimum of \$40 per night for 3 nights = \$120. Great deal for use of the entire lodge for 3 nights!

Within one week following rental, you must complete a short form to facilitate accounting and submit your rental payment to Treasurer **Ray Sommer**.

I can be reached at home at 707-539-4396 or by cell phone at 707-321-3262.

— Cindy Toran

WE WILL PAY YOUR TAXES SPRING WORK PARTY AT ECHO LODGE

That is right; the Echo Trustees will pay your Echo Summit Lodge lodging taxes, and provide three nutritious meals a day, snacks, a bed to rest your head and great memories. Yes, the Spring Work Party begins Wednesday, May 23 and concludes Tuesday, May 29. This is your time to work for your club. Tasks include painting, sanding, cleaning, repairing, organizing, etc. Come for a day, a few days or the entire time. Whatever time you can give is appreciated. You need only a desire to help and to have a good time. All skills are welcome. To volunteer or for details, contact Trustee **Jim Nixon** at 650-756-7771 or jimnixon2000@yahoo.com.

— Echo Trustees

OUTINGS 2007

OUTINGS 2007					
List is in progress.					
There will be a description in TRAILS					
	when it is time to sign up.				
April 17	Scharffenberger Chocolate Factory Eva and Michael Pardee				
•	Eva and Michael Pardee				
	evapardee@pacbell.net				
	510-444-3711				
May 18-20	Car Camping at Butano State Park				
,	Edie Nelson				
	edieforsyth@hotmail.com				
	831-423-5576				
May 17, 21, or 28	8 Waste Treatment Plant, San Leandro				
•	Jeffrey Locke				
	Jeffrey_Locke@yahoo.com				
May 25-28	Mendocino hostel and hiking				
•	Maria Raybear				
	MA-reb@sbcglobal.net				
	415-925-0174				
August 1-5, or 8	-12 Backpack Sequoia National park				
	4 nights, teenagers welcome				
	Mari Norman				
	marinorman@sbcglobal.net				
	408-255-5162				
Aug. 6-10	Base camp in Dinkey Lakes Wilderness				
	Bob Hanson				
	doctoroutdoors@comcast.net				
40.45	925-944-3366				
Aug. 13-17	Car Camping or motel to Lee Vining				
	Tony Smith				
	Joanne-tony@sbcglobal.net				
Comb 0 1E	925-933-2403				
Sept. 9-15	Canoe trip to Michigan				
	Bob Hanson				
	doctoroutdoors@comcast.net				
Cant 26 Oat 2	925-944-3366 Fall Foliage at Acadia National Park				
Sept. 26-Oct. 3	Fall Foliage at Acadia National Park Ros Carol				
	RosCarol@aol.com				
	650-592-9394				
	Trip is full—waiting list only				
October	1 day Kayak Tomales Bay				
October	Karen and Jerry Wagner				
	JerWagner@sonic.net				
	707-528-8197				
October 22	Salmon Festival, Folsom—overnight				
2 000001 22	Shanaavalos@sonic.net				
	916-652-3864				
End of Oct.	Winery bike tour in Napa Valley				
	Tom McNicholas				
	TomMcNicholas@yahoo.com				
	707-254-9953				

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

WAYERS (AMERICAN A ACTIVISE AND ARE BOLDER

HIKERS' WEEKEND LISTINGS HAVE AN ASTERICK AND ARE BOLDED				
SUN APR 1	10:00 a.m.	Bonnie Radest	415-897-0227	2B
*SAT APR 7	10:00 a.m.	Bob Smith	510-841-0402	2B
	Co-Listed w	/Sierra Club		
*SUN APR 8	10:00 a.m.	**Leaderless Hike		2B
	10:00 a.m.	Debbie Dorosin	415-388-7896	1A
SUN APR 15	10:00 a.m.	Ben Heldens	415-665-7274	2B
SUN APR 22	10:00 a.m.	Taren Hamilton	415-378-4240	2B
SUN APR 29	10:00 a.m	David Ratner	415-924-3043	2B
SUN MAY 6	10:00 a.m.	Margaret Gonzales	415-472-4270	2B
SUN MAY 13	10:00 a.m.	Ben Heldens	415-665-7274	2B
*SAT MAY 19	10:00 a.m.	Anne Good	510-526-6792	2B
*SUN MAY 20	10:00 a.m.	Jack Leibman	415-674-4370	2B
	Co-Listed v	w/Sierra Club		
	10:00 a.m.	Debbie Dorosin	415-388-7896	1A
SUN MAY 27	10:00 a.m.	Paul McKown	415-383-2774	2B
	Co-Listed w	/Sierra Club		
MON MAY 28	10:00 a.m.	Marion Hazzard	415-661-6876	2B
MEMORIAL DAY		Co-Listed w/Sierra Club		
SUN JUNE 3	9:30 a.m.	Karl Baeck	415-457-6370	2B
	Co-Listed w	/Sierra Club		
SUN JUNE 10	9:30 a.m.	Erik Bodtker	415-328-4410	2B
*SAT JUNE 16	9:30 a.m.	David Ratner	415-924-3043	2B
*SUN JUNE 17	9:30 a.m.	Ruth Tretbar	510-836-0108	2B
		w/Sierra Club		
	10:00 a.m.	Susan Thompson	415-897-0742	1A
SUN JUNE 24	9:30 a.m.	Bonnie Radest	415-897-0227	2B

*HIKERS' WEEKEND

IMPORTANT! RAIN CANCELS

1A HIKES

(4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

NOTES: Hikes may carpool from meeting place to other trailheads. All participants should have some previous hiking experience and be able to hike at a moderate pace (i.e, approx. 2 miles per hour).

**Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com **Hikers' Weekends:** For supper and/or overnight arrangements, Contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.com.

CALIFORNIA ALPINE CLUB VOLUNTEER HIKE LEADER GUIDELINES

Before the hike starts:

- Appoint a REAR LEADER.
- Announce your name to the hikers. Tell them the grade and length of the hike, as well as the approximate time of return. If there are new hikers, inform them that hikers are to have had prior hiking experience and be able to hike at a moderate pace (i.e., two miles per hour). If, during the first 10 minutes of a hike, the leader notices that a hiker is not capable of keeping up, he/she should ask the participant not to continue on the hike.
- SIGN UP SHEETS are optional. You may find them useful. You should at least know the number of persons starting the hike to ensure that no one gets lost from the group along the way.
- Stress that no one should leave the hike without informing the leader or the rear leader. The hike leader has the option of permitting hikers to get ahead of the leader. Tell them however that they must wait at the next junction or they are considered to be off the hike.
- Stop and wait for hikers to catch up if there is a large gap between them.
- Remind hikers that they should carry sufficient water, personal first aid items, and lunch if the time of the hike warrants it.
- Carry a CELL PHONE, if possible, with the phone numbers of the State Park ranger, MMWD ranger, and Throckmorton Ridge Fire Station in memory. Be aware however that not all cell phones can operate on the mountain. MMWD emergency is (415) 472-0911. State Park emergency is (415) 388-2070 or (415) 388-3653. Throckmorton Ridge Fire Station (415) 388-5414.

During the hike:

 Stop at all junctions and do not resume the hike until the rear leader is in sight and count the number of hikers who started out.

After the hike:

• Wait for the rear leader and see that everyone has returned safely, and that no one is stranded.

Substitute Leaders:

 If a leader is unable to do the scheduled hike, it is his/her responsibility to obtain a substitute. Should this be impossible, the leader must post a cancellation sign on the Club door or ask someone to appear at the starting point to inform participants that the hike is cancelled.

— Eva Libien, Hike Coordinator

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30 pm, or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

Spring Host Appreciation and Training is scheduled for April 20-22 for anyone who wants to learn the art of hosting and for veterans to get a refresher on the latest changes at Echo, as required every 3 years. See separate article for details.

Spring Work and Fun Party is May 23-29. See separate article for details.

Summer/Fall Hosts and Hosts-in- Training: I still have some openings for Summer and Fall of 2007 (July-Dec). See schedule below for times available. If you would like to host a session, please contact me by e-mail or telephone.

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be held Saturday, April 14th, at 10 am at Ray Sommer's home. Contact Ray at 415-471-1229 if you would like to attend.

Spring/Summer '07 Echo Summit Lodge Schedule:

APR 2-5 MON-THUR AVAILABLE FOR TRAINED HOSTS

APR 5-9 THUR-MON MEMBER RENTALJohn Knott & Shana Avalos 916-652-3864

APR 9-20 AVAILABLE FOR TRAINED HOSTS

APR 20-22 FRI-SUN SPRING HOST APPRECIATION & TRAINING

Contact Cindy Toran for reservations toranski@aol.com 707-539-4396

APR 22-27 SUN-FRI AVAILABLE FOR TRAINED HOSTS

APR 27-30 FRI-MON MEMBER RENTAL Carol Saccomonto & Tom Coleman

707-769-7801

APR 30-MAY 18 FRI-SUN AVAILABLE FOR TRAINED HOSTS

MAY 18-20 FRI-SUN MEMBER RENTAL Lynn Garric 707-539-2078

MAY 23-29 WED-TUES SPRING WORK PARTY

Contact Jim Nixon for reservations Jimnixon2000@yahoo.com 650-756-7771 MAY 31-JUN 3 THUR-SUN MEMBER RENTAL

650-592-9394

FOR TRAINED HOSTS

JUN 3-7 SUN-THURS AVAILABLE

Ros Carol

JUN 7-10 THU-SUN ECHO
CONSERVATION & BENEFIT
& BIRDING IN THE TAHOE REGION

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr., Santa Rosa, CA 95405 karwag@sonic.net

JUN 10-15 SUN-THURS AVAILABLE FOR TRAINED HOSTS

JUN 15-17 FRI-SUNSheryl & James Letcher

MEMBER RENTAL
530-885-0589

JUN 17-JUL 1 SUN-SUN
Helen Alfredson
805-647-5407
109 Stardust Ln, Ventura, CA
hjalfredson@yahoo.com

JUL 4 WED ECHO OPEN HOUSE AND 55th ANNIVERSARY

See article on page 9. Contact John Hannum to reserve a free plate of barbeque at Open House (the Lodge will be occupied July 2-5 by volunteer-helpers) jrhannum@sbcglobal.net phone 707-525-8108

JUL 5-6 THURS-FRI ECHO MINI WORK PARTY

Help clear defensible space around the lodge after the winter snow has melted.

Tom Coleman travmcgee@comcast.net 707-769-7001

JUL 6-8 FRI-SUN TRAIL CLEARING WEEKEND

Contact Tom Coleman travmcgee@comcast.net

707-769-7801

JUL 8-13 SUN-FRI HIKERS' WEEK
Maureen Smith 650-697-3846
219 Barclay Ave, Millbrae, CA 94030
MissBrigid@aol.com

JUL 13-20 FRI-FRI

Kathy & Bill Faherty 707-539-7081 5420 Gates Rd, Santa Rosa, CA 95404 kfaherty@mac.com

JUL 20-26 THURS-FRI HIKERS' WEEK
Edna Trimm 415-456-5557
P.O. Box 213, Fairfax, CA 94978
etrimm@sbcglobal.net

JUL 26-29 THURS-MON

Art Ewart & Kathleen O'Dea 707-538-3696 1405 Snowy Cloud Way Santa Rosa, CA 95409 aewart@sbcglobal.net **JUL 29-AUG 2 SUN-THUR**

Barbara & Keith Crockett 650-365-6280 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

AUG 2-5 THUR-SUN YOUNG FAMILIES WEEKEND

Monika Balsamo and 707-539-2140 Ed & Anne Del Monte 4841 Parktrail Dr, Santa Rosa, CA 95405 m balsamo@earthlink.net

AUG 5-9 SUN-THUR AVAILABLE FOR TRAINED HOSTS

AUG 9-12 THUR-SUN

Lillian Young 650-588-5689 3650 Sneath Ln, San Bruno, CA 94066 lcyoung@att.net

AUG 12-19 SUN-SUN INTER-GENERATIONAL WEEK

Mary Kay & Craig McKown and Joan Ryan & John O'Sullivan 415-647-4626 3839 26th St, San Francisco, CA 94131 mkmckown@mac.com

AUG 19-SEP 6 AVAILABLE FOR TRAINED HOSTS

SEP 6-10 THURS-MON FANTASTIC FALL FUN & WORK PARTY

Contact: Tom Coleman 707-769-7801 travmcgee@comcast.net

SEP 28-30 FRI-SUN MEMBER RENTAL Lee Yamada & Phyllis Cole 831-438-5749

SEP 30-OCT 7 SUN-SUNFALL SPA WEEK Helen Alfredson 805-647-5407 109 Stardust Ln, Ventura, CA 93004 hjalfredson@yahoo.com

Watch for updates in future issues of TRAILS!

SEPT 2007 PLANS AT ECHO LODGE

Echo Trustees are moving forward with plans to meet permit renewal requirements of the USFS, which include replacing exterior siding, in September, 2007. This means that the lodge will not be available for rentals from Mon-Fri afternoon for approximately four weeks beginning about Sept 4th. Weekends will still be open for hosted events or member rentals, but there will be scaffolding present outside the lodge.

— Cindy Toran for Echo Trustees

7

APRIL 2007 TRAILS

ECHO LODGE HOST APPRECIATION & TRAINING APRIL 20-22

Spring Host Appreciation and Training at Echo Lodge is just around the corner on the weekend of April 20-22. This training is hosted by Echo Trustees (i.e., no charge to trainees). One benefit of being a trained host at Echo Lodge is that it makes you eligible to participate as a Host or Co-Host at Echo Lodge to fulfill your annual volunteer obligation at CAC. In addition, you may plan a Member Rental during non-peak times or take advantage of our new Spontaneous Overnight program to stay at Echo even if you don't have enough people for a Member Rental. If you attended Host Training more than 3 years ago, it is time to come for a refresher to learn about changes at Echo. Contact me at toranski@aol.com or 707-539-4396 to reserve for this weekend with a great group of special Echo people.

— Cindy Toran, Echo Trustee

AUTO CONSTRUCTION AND AFGHAN CUISINE

On March 8th a group of 23 California Alpine Club members and friends assembled at the NUMMI car assembly plant in Fremont for a tour of the facility that builds more than 400,000 vehicles annually (Toyota Tacoma, Toyota Corolla and Pontiac Vibe). We viewed the assembly line in operation from a tram that drove in and around the noisy work in process, and we learned about eliminating all forms of "muda" - wasted time, energy, motion, space and money. After the tour about half the group went to the nearby Salang Pass Afghan Restaurant and dined on leek-stuffed ravioli called aushak, quabili pallow (pilaf made with shredded lamb shank), delicious vegetables such as borani kadoo (sautéed pumpkin), borani badenjan (roasted eggplant) and kebabs. We all agreed that the tour was worth repeating.

—Tom McNicholas

MARCH 1 WORK PARTY AT ALPINE LODGE

Warmest thanks to those who came to the March Midweek Work Party. Carol Bodtker, Jennie Bruhn, Nuala Caulfield, Jill Denney, Mayme Harris, and Rosemary Trowsdale did a thorough cleaning of the Lodge and Tamalpais Buildings and carried out special projects - washing dining porch seat covers and cleaning lamp shades and other high places. **Roger Diehnel** scoured the kitchen griddle; it is so clean as to be unrecognizable. Ed Del Monte and Hardy Dawainis carried out necessary maintenance inspections; Ed restocked paper goods and Hardy worked more on the brickwork at the front entrance. Hans Schilling cleaned and organized in the basement and outside. Prospective member Bill Walzer weeded with Ruth Tretbar, and Jennie and Rosemary helped Ruth with lunch preparation. All their efforts are much appreciated.

The next work parties are Thursday, April 5, coordinated by Roger Diehnel, and Sunday, April 29, coordinated by **Peter Beckmann**. This will be Roger's last work party; his term as trustee ends April 28. It will be Peter's first work party at Alpine Lodge, as a new trustee. Please join one of these events to thank Roger for his service, and to welcome Peter .

— Ruth Tretbar

WASTE MANAGEMENT TOUR, SAN LEANDRO

Part of our Bay Area series, this tour visits all the different operations of the plant including the recycling separation facility, the transfer facility where garbage is shipped, the process of the daily cover, and other specialized recycling. You go right into the plant, and so they only like 5 at a time. Alpiners can go on any of these dates: May 17, 21, or 28 (yes, Memorial Day). Please choose a date and email **Jeff Locke** at Jeffrey_locke@yahoo.com. Phone 415-661-9169.

— Jeff Locke



The CAC put on a big Camp craft and Outdoor Cooking show for many years. Here, Harry P. West gives a demonstration of how it is done. Date: 1917

CAC HOSTS NEEDED

We need hosts for some of the traditional CAC events held at Alpine Lodge. Many people look forward to coming to the lodge to share these special occasions with their "CAC family." Right now we need hosts for:

- Memorial Day Event
- 4th of July Event (BBQ??)
- July 15th Dinner for Quarterly Membership Meeting
- Elder Luncheon (anytime calendar is available)
- Conservation Event (fall timeframe)
- Thanksgiving Dinner
- Christmas Day Dinner
- New Year's Event
- January (3rd Sunday) 2008 Dinner for Quarterly Membership Meeting
- Other Ad Hoc Events

Please contact **Carroll Pearson** at pearsoncmp@aol.com or 408-736-9403 if you can volunteer for one of these events. Some advice and comfort for potential hosts is to remember that:

- Diners do not have to be elaborate
- Potlucks are always a great option
- Pair up with someone has taken the required Alpine host training
- Ask for helpers in your article in TRAILS
- As people sign up for the event, give them a job.

You will have a member of Board of Directors that will be your sponsor for the event. They will help you with pricing, publication, and job assignment logistics. Checklists are available. This is an excellent way to complete your expected yearly work obligation for the club and a fun, rewarding activity at the same time.

Note: Next Alpine Lodge host training is April 20-21, 2007.

- Carroll Pearson

ECHO SUMMIT LODGE 55TH ANNIVERSARY OPEN HOUSE WEDNESDAY, JULY 4

Do you remember the great event, five years ago, when twenty-or-so CAC Members hosted some of our "senior" members and friends and neighbors around Echo Summit for our first Open House and 50th Anniversary Celebration? Well... we're going to do it again! July 4 is the date, and plans are underway to make it another memorable time.

Echo Trustees have enlisted a group of "Angels" to do the work, and a few of Echo's long-time hosts have been invited to tell their stories. Our neighbors from the summer cabins have been invited, too – to share their memories of life on the Summit. Other historian-folks have learned -and will re-tell- some stories about the place we call "Echo" and the man (T.C. Wohlbruck) who built the first Lodge. We have "History Hike" maps for anyone who is interested in reprising the ordeals of Sierra pioneers.

Spaces to stay at the Lodge are limited, but every CAC member is invited to join the group for the day – for a barbeque and some good times. It's a free event; but we need to know who's coming, so if you wish to attend, contact **John Hannum** at jrhannum@sbcglobal.net or 707-525-8108 to put in your reservation for the barbeque.

— Submitted by Echo Trustees

BIRDING / CONSERVATION WEEKEND AT ECHO LODGE JUNE 7-10

Karen and Jerry Wagner are in Asia birding right now, so I get to brag a bit about them and the upcoming Birding and Conservation Weekend at Echo, June 7-10th. Thanks to the Echo Trustees, every penny of profit goes to the California Alpine Club Foundation for conservation projects. If you are a birder or if you are a "wannabe" birder, this is your weekend. There will be two full days, Friday and Saturday, of birding in different habitats. Besides Karen and Jerry, who really know birds, there are always other experts along. All these knowledgeable birders are so patient, helpful and generous with equipment with the wannabes. If you want to get a start as a birder, this is your opportunity. Karen always makes the best picnic breakfasts, which we eat in the woods. The meals at the lodge are a treat, too.

In the past we have appreciated **Ceci and Paul Mattiuzzi** leading an interesting Saturday hike and helping with meals. They are not doing it this year. **Jay Hallberg and Laureen Novak** have stepped in to do some meals and we are looking for a Saturday hike leader. Anyone willing to volunteer? Email me, please, at maeharms@mindspring.com.

On Saturday evening after happy hour and dinner, the Center for Sierra Nevada Conservation will present a program. This small conservation group has gained the respect of the Forest Service for its work in protecting the forest from overgrazing by cattle and damage done by off-road vehicles.

Whether you are birding or hiking or just relaxing in the lodge, you will enjoy the wildflowers and the company of friends, and you will have a wonderful time on Echo Summit! Please make your check to **Karen Wagner**, 2622 Wawona Drive, Santa Rosa, CA 95405 to make a reservation. Please include a deposit of \$10 per person per night. Rates are as follows:\$16 per full day for meals, \$5.50 per night in a dorm bed, with tax included, \$11 per night in a room bed (multiple occupancy), \$22 per night in a room bed (single occupancy, and if available) and \$5 per day Associate Member fee.

Please get signed up. I am looking forward to seeing you at Echo.

— Mae Harms, CAC Foundation Director

CAC T SHIRTS, POLO SHIRTS AND SWEATSHIRTS FOR SALE!

CAC T-shirts, polo shirts and sweatshirts, in adult and youth sizes, are available. Don't hesitate, get yours today by phoning or e-mailing Renee Powers at (415) 648-4940 or reneespowers@comcast.net.

- Renee Powers

9

TRAILS

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936 P.O. Box 2180 Mill Valley CA 94942-2180

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DUES INCREASE FOR APRIL 1, 2007

The CAC Board of Directors proposed the following dues increase at the Quarterly Membership meeting on January 21, 2007. The calculations were based on creating an additional \$6,000 of revenue in support of Alpine Lodge. After receiving input from the membership at the meeting and at any time via email and phone calls, the Board of Directors passed the proposed increase at the Board of Directors meeting on February 17, 2007.

Membership Type	Current	Proposed
Regular Membership	\$75	\$90
Joint Membership	\$130	\$155
Senior Membership	\$50	\$60
Joint Senior Membership	\$85	\$100
Regular Life Membership	\$1,035	\$1,180
Joint Life Membership	\$1,725	\$2,156
No change for Student and	Junior Memb	perships.

— CAC Board of Directors

TRAILS NEWSLETTER ALERT

Please send articles for the May issue of TRAILS to editor, **Anita Cabrera**, at aa_cabrera@ msn.com, or via mail to 430 Ellsworth Street, San Francisco, CA 94110, telephone 415-206-9152.

Anita should receive articles for the May issue no later than **April 5th**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the June issue of TRAILS will be **Angi Blackwell**, at ablackwellca@earthlink. net. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink. net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

- Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 83 May 2007 No. 4

WINE TASTING AND DINNER MAY 12, 2007

Most people think of Champagne and sparkling wine as something we drink only on special occasions. However, sparkling wines are among the most food-friendly of all wines. Sparklers are produced in a number of styles and can be paired with a wide variety of foods. At this special event, we will enjoy a special five-course meal that demonstrates the versatility of sparkling wines. We will taste several different styles of Champagne and sparkling wine, each paired with a different course, and discuss some basic guidelines for great sparkling wine and food combinations.

Price for this deluxe event is \$35 for members and \$40 for associate members. Overnight lodging and Sunday breakfast will be \$19 for members and \$27 for associate members. Please contact **Susan McCarthy** at mccarthysf@gmail.com or 408-293-0891. Your check is your confirmed reservation. Please make it out to Susan McCarthy and send to her at 1141 Willow Glen Way, San Jose, CA 95125-3350. For a peek at the menu, visit the website at http://www.calalpineclub.org/members/events.php.

- Shakti and James Higgins

ASILOMAR/MONTEREY BUS TRIP MAY 19, 2007

Join us on Saturday, May 19 for a Sierra Club beachcomber hike from Asilomar Beach to Fisherman's Wharf in Monterey or just visit the Monterey Bay Aquarium. We will include a nohost dinner stop. Passengers can be picked up in San Francisco at the Bill Graham Civic Center at 8 am or the Stonestown parking lot near 19th Avenue at 8:20 am; the fare is \$33. For reservations, please call **Hedda Thieme** at 415-334-3892 or **Myra Forsythe** at 415-613-8318.

— Hedda Thieme

LABOR DAY FAMILY CAMP IN THE GOLD COUNTRY SEPTEMBER 1-3, 2007

Yes, we are spending Labor Day weekend in the Gold Country once again. Join us September 1-3 at Camp Del Oro, near Nevada City for boating, hiking, swimming and other summer fun.

One change to this family-orientated weekend is that the camp will be a NO SMOKING area. Also, we will NOT be serving alcohol with the meals. We need to respect the wishes of the Salvation Army, who owns the camp.

The CAC Family Camp is a chance for CAC members and their extended families to have a camping-type experience. Since this is becoming a popular event, we will need to place non-CAC member friends on a waiting list to see if we have the space.

We will need everyone to sign-up for daily chores. For example, adults without small children will be expected to do a chore each day. At least one of two adults with small children should plan on one chore per day. Young people will be encouraged to help with table clearing after meals.

Prices are as follows:

Children (ages 3-12) in tent or RV - \$40 Children (ages 3-12) in cabin - \$70 Adults in tent or RV - \$70 Adults in cabin - \$100

A few cottages with bathrooms for people with special needs are available at an additional cost.

The camp can accommodate 125 campers, and we will take a waiting list. Reservations can be held by sending a check for \$25 per person made out to **Susan McCarthy** at 1141 Willow Glen Way, San Jose, CA 95125-3360. Deposits are refundable up until the week prior to the event. You can contact Susan at sfrmccar@cs.com or 408-293-0891.

Of course, we need the usual CAC supply of help. **Tom Coleman** is in charge of food. If you can help, please contact Tom at tomcoleman@ap.net or 707-769-7801. To volunteer to help with the campfire program and other children's activities, please contact **Carroll Pearson** at pearsoncmp@ aol.com or 408-736-9403. We will have lifeguards, but need additional water supervision. Let us know how you can help. The Bay Bridge will be closed Labor Day weekend.

- Susan McCarthy and Carroll Pearson

TRAILS Editor ~ Anita Cabrera

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers: President Vice President Secretary Treasurer Registrar Board of Direct Val Floch John Hannum Eva Libien Jean Rodgers Onnie Taylor	Carroll Pearson Tony Smith Maureen O'Hara Sm Jean Findlay Shirley Anderson	408-736-9403 925-933-2403 nith 650-697-384 916-285-6186 831-427-2722 408-255-3378 707-525-8108 415-383-5184 415-435-9383 415-648-6380	pearsoncmp@aol.com joanne-tony@sbcglobal.net 6 MissBrigid@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com vfloch@pacbell.net JRHannum@sbcglobal.net elibien@yahoo.com jrodg1218@aol.com onniet@earthlink.net
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Alpine Chair Treasurer Calendar Echo Chair	Peter Beckmann '10 Jennie Bruyn '10 Hardy Dawainis Ed Del Monte '08 Ruth Tretbar '08 Alpine Rentals Melanie Facen Michael Petak Cindy Toran '07 Tom Coleman '08 Edie Nelson '08 Jim Nixon '09 Ray Sommer '06	831-423-9242 415-456-1877 415-461-4431 707-528-7983 510-836-0108 415-381-4975 415-492-0470 408-656-6817 707-539-4396 707-769-7801 831-423-5576 650-756-7771 415-472-1229	beckmann@baymoon.com hdawainis@comcast.net edelmonte@delmontecito.com rtretbar@yahoo.com mfacen@sbcglobal.net geraldpetak@hotmail.com toranski@aol.com tomcoleman@sbcglobal.net edieforsyth@hotmail.com jimnixon2000@yahoo.com ray@sommerworld.com
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"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angela Blackwell, Patricia Boyd, Anita Cabrera, Catherine Theilen Burke, Tom Mahood, Carroll Pearson, Dan Schoenholz and Helena Troy.

Contributors: Hardy Dawainis, Jay Hallberg, Jim Nixon, Edie Nelson, Jean Rodgers, Tony Smith, Maureen O'Hara Smith, Hedda Thieme, Cindy Toran, Shakti and James Higgins, Carroll Pearson, Susan McCarthy, Michael Petak, Laureen Novak, Shirley Anderson, Tom Coleman, John Hannum, Angi Blackwell.

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CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For **CAC Rosters**, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE

Welcome to the new year of CAC Leadership! **Tony Smith** and I will switch places, but continue to guide the Club as a dynamic duo. We wish our very best to **Susan McCarthy**, who has served us as President and Past President for the last three years.

Our new officers are **Shirley Anderson** serving as Registrar, **Maureen Smith** serving as Secretary, and **Jean Findlay** serving as Treasurer. People new to the CAC Board of Directors are **Lillian Young, John Hannum** (of Echo fame), and **Val Floch**. **Jean Rodgers** will move from Secretary to serve as a board member. **Eva Libien** and **Onnie Taylor** continue to serve on the board.

The Social Activities Chairperson position remains vacant at this time. **Dave Maier** has agreed to serve as Finance Chair. Volunteers are most welcome. Many thanks to our continuing new Chairpersons – **Jay Hallberg**, Conservation; Dave Maier, Finance; **Verna West**, Historian; **Laureen Novak**, Membership; **Ros Carol**, Outings; Jean Findlay, Parliamentarian; **Angela Blackwell**, Publications; and **Mary Maier**, Sunshine.

The slate of Echo Trustees continues with no changes – Cindy Toran, Chairperson, Tom Coleman, Edie Nelson, Jim Nixon, and Ray Sommer. New Alpine Trustees are Chairperson, Peter Beckmann, and Jennie Bruyn. Hardy Dawainis is completing a term and will serve through the 2009 year. Ed Del Monte will step down as Chairperson, but will serve as a Trustee for another year. Ruth Tretbar is continuing as a Trustee.

Our three directors of the CAC Foundations are also continuing to serve another year – **Jay Hallberg, Mae Harms**, and **Bill Meneguzzi**.

The view for 2007 includes many projects at both lodges. You can help with those! We are continually searching for people willing to serve in leadership positions. Please consider this as you think about your work obligation to the Club. Also look at the long list of Outings arranged by Ros Carol. You should find something of interest. Echo and Alpine Lodges are becoming more and more accessible to members. Please take advantage of the host training provided by each.

Our hearts and prayers go out to those of our members who are ill. To the rest we wish happy trails and many pleasant hiking experiences for this year.

— Carroll Pearson and Tony Smith

CHECK THE NEW ALPINE LODGE CALENDAR ONLINE

The information in this issue is correct at the time of going to press. For up-to-the-minute listings, go to www.calalpineclub.org. Click on the Members page and click on the Alpine Lodge Calendar in the left column. It really works. Send a note to **Michael Petak** at alpinelodge1@yahoo.com, if you need the user id and/or password to the member web page or to provide comments on the new calendar.

— Michael Petak

MEMBERSHIP REPORT

April 2007

Ron & Jan Waitt -Joint Members

147 Manzanita Street

Ashland OR 97520 541-482-8249

rjwaitt@opendoor.com

Sponsors: Mary Frey & Helen J. Alfredson

Bill & Molly Walzer - Joint Life Members

2907 Lorina Street

Berkeley, CA 94705 510-845-6985

walzer@usa.net

Sponsors: Ruth Tretbar & Roger Diehnel

Robert & Denise Freinkel – Joint Members

23 San Marcos Place

San Rafael, CA 94901-1533 415-456-0879

tamalpais101@yahoo.com

Sponsors: Rosemary Trowsdale & Laureen Novak

Cathy C. Dezendorf – Regular Member

107 Seminary Drive Apt C

Mill Valley, CA 94941-3166 415-383-2926

cdezendoif@mindspring.com

Sponsors: Ruth Tretbar & Paul Mckown

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS: Lori Barekman & Wade Eakle, Joyce & John Moldovan, Dennis & Mary Lee Millard, Robert Attubanto

— Laureen Novak, Membership Chair

BUTANO STATE PARK WEEKEND MAY 18-20

Join **Edie Nelson** May 18-20 car camping in the redwoods in beautiful Butano State Park, 43 miles south of San Francisco. After a no-host dinner Friday evening at the historic Duarte's Tavern in Pescadero, you'll have just a short drive to the park. Edie will provide breakfast and dinner on Saturday, and breakfast again on Sunday. Bring your own lunches and drinks.

Enjoy the variety of hikes the area offers, and bring the children. The cost of the campground and food will be divided among all. You can save money by carpooling as each additional car is \$6. Two campsites accommodating up to 16 people are reserved. Call Edie Nelson at 831-423-5576 or e-mail edieforsyth@hotmail.com to save a space. A deposit of \$15.00 will reserve you a space.

- Edie Nelson

ALPINE LODGE SUNDAY INNKEEPERS

May 06	Susan Head	415-331-2598
May 13	Nancy Waldeck	415-552-5836
May 20	Carlene Schmidt	925-962-1916
May 27	Caroline A Grace	510-923-1262
June 3	INNKEEPER NEEDED	
June 10	JR Nuerge	415-387-6082
June 17	Ulla Pettersson	415-821-1858

To volunteer as a Sunday Innkeeper at Alpine Lodge, please contact **Selma Bomfim** at 415-381-4676 or email at selmabomfim@hotmail.com.

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sat, May 19, 2007	Board of Directors Meeting at 3 pm
Sat, Jun 16, 2007	Board of Directors Meeting at 3 pm
Sun, Jul 15, 2007	Board of Directors Meeting at 2 pm
	Quarterly Meeting at 3 pm, Dinner to follow
Sat. Sep 15, 2007	Board of Directors Meeting at 3 pm

Sat, Sep 15, 2007
Sun, Oct 21, 2007
Board of Directors Meeting at 3 pm
Board of Directors Meeting at 2 pm
Quarterly Membership Meeting at 3 pm

Happy Hour when meeting is over. Dinner to follow

Sat, Nov 17, 2007 Board of Directors Meeting at 3 pm

If you have any questions or wish to have an item on the agenda, contact Carroll Pearson at pearsoncmp@aol.com or call 408-736-9403. Members are welcome at board meetings.

Carroll Pearson

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ALPINE LODGE: HOME AWAY FROM HOME

Money, Money, Money -- everything in the world hinges on that word. Well, no, not really. Almost every problem we had to tackle at our last Trustee meeting could have easily been resolved with the help of one or more volunteers who feels that our beautiful lodge and grounds are his or her Home away from Home.

Now, I am not a joiner. I have always kept groups and clubs at arm's length. I am therefore grateful to **Eike Linkwitz** who, with her usual tact and good sense, has asked me to help with a few easy tasks and in doing so, eased me in to becoming an active member of CAC. It is only since I have become an active member that I have truly looked at our little bit of heaven on Mount Tam as my Home.

But a home needs care. In its long history, it is now our turn to take care of Alpine Lodge. Currently we are working on a safer handrail on the steps down to the Tam building. **Ben Heldens** did a great job rebuilding the wall and replanting the boxwoods below the steps. Seismic work on the deck is in the planning stages. And best of all, spring is here, and with the help of **Donna Rice, Ruth Tretbar** and the Gardening Committee, the grounds are looking better all the time.

- Hardy Dawainis

ALPINE 4TH OF JULY

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We have no formal event planned for 4th of July at Alpine Lodge as in the past. We're hoping to see many you at the 4th of July Open House at Echo Lodge.

Those who like to gather at Alpine Lodge for the 4th of July could organize a potluck or barbecue by including someone with Alpine Host Training to help plan and present the event. As usual, the lodge should be left in tip-top condition. Contact **Michael Petak** at alpinelodge1@yahoo.com, to secure the spot on the Alpine calendar.

— Carroll Pearson

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

THIS SCHEDULE INCLUDES EVENTS AT THE ALPINE LODGE. FOR CAC EVENTS TAKING PLACE ELSEWHERE, PLEASE REFER TO THE OUTINGS SCHEDULE IN THIS ISSUE.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

MAY 3 THUR MIDWEEK WORK PARTY

Jennie Bruyn, Coordinator

Join our new Trustee Jennie Bruyn and other CAC members at this spring work party and enjoy a hearty lunch. Please let Jennie know you are coming, 415-456-1877.

MAY 4-6 FRI-SUN MEMBER RENTAL Repp Memorial.

MAY 11 FRI MEMBER SPONTANEOUS OVERNIGHT

MAY 12 SAT WINE TASTING DINNER See information on page 1.

MAY 13-19 SUN-SAT SIERRA CLUB HIKING AND MEDITATION

MAY 19-20 SAT-SUNHIKERS' WEEKEND

Happy hour at 4:30. BYOB and bring and appetizer to share, Dinner, salad and dessert at 6PM. Members \$8, Associates \$11. You are invited to spend the night at the Lodge and awake to a delicious breakfast. Members \$18, Associates \$27. Contact Nuala at 415-922-6775 or email ntcaulfield@MSN.com

MAY 19 SAT ALPINE TRUSTEES BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

MAY 21-22 MEMBER RENTAL Iean Bacon

JUN 5-7 TUE-THUR MEMBER RENTAL Mary Jane McKown 415-383-2774

JUN 7 THURS MIDWEEK WORK PARTY Ruth Tretbar, Coordinator

There is much to do, indoors and out. Come help keep the Lodge in tip-top shape and enjoy lunch and the company of fellow CAC members. Contact Ruth at 510-836-0108 or rtretbar@yahoo. com to let her know you are coming.

JUN 8 FRI MEMBER RENTAL Mary Jane McKown 415-383-2774

JUN 9 SAT MT. PLAY OVERNIGHT Coordinator needed. See article on page 8.

JUN 16 SAT ALPINE TRUSTEES
BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

JUN 16-17 SAT-SUN
See May 19-20
HIKERS'
WEEKEND

JUN 17 SUNMt. Play Cast Party

JUN 18-24 MON-SUN NON-MEMBER RENTAL

JUL 4 WED HOLIDAY PARTY

Don't forget the Echo Lodge 55th anniversary party this 4th of July. See upcoming TRAILS for more details. To honor the Echo celebration, Alpine Lodge will have a low-keyed event this 4th, a hike and pot-luck. Host needed.

JUL 5 THUR MIDWEEK WORK PARTY 9:00AM - 2:30PM

Hardy Dawainis, Coordinator

There will be many construction, maintenance, and housekeeping projects for us to do. Support the Alpine Lodge and new Trustee Hardy Dawainis. Contact hardy at 415-461-4431 or hdawainis@comcast.net to let him know you are coming.

JUL 8-14 SUN-SAT NON-MEMBER
Sierra Club RENTAL

JUL 14-15 SAT-SUN HIKERS' WEEKEND See May 19-20

IUL 15 SUN LEADERSHIP MEETINGS

Alpine Trustees meet at noon, CAC Foundation Directors meet at noon, Board of Directors meet at 2 pm, Quarterly Membership meeting at 3 pm, Dinner to follow. Watch TRAILS for details.

JUL 17-20 SIERRA SINGLES EVENT

Susan Bernard, Nancy Otto rental agent at nanotto@earthlink.net

JUL 21-28 SAT-SAT ALPINE B&B WEEK

Dinner July 21 is Deck Side Dining. Host Helen Walsh.

JUL 29 SUN 9:00AM - 2:30PM SUNDAY WORK PARTY

Information to follow in upcoming TRAILS.

AUG 2 THUR MID WEEK WORK PARTY Information to follow in upcoming TRAILS.

AUG 18 SAT GUEST SPEAKER Carl Nolte - See upcoming TRAILS for details.

AUG 18-19 SAT-SUN HIKERS' WEEKEND See May 19-20

AUG 25-26 SAT-SUN MEMBER RENTAL Les and Mary Will 415-751-6469

AUG 31-SEP 3Mary Frey Host. **ALPINE B&B**

SEP 1-3 SAT-MONSee page 1 of TRAILS. **LABOR DAY FAMILY CAMP**

Watch for updates in future issues of TRAILS!

LEE VINING AND MAMMOTH LAKES TRIP AUGUST, 2007

Nell Fraser and Tony Smith are planning a joint trip with the Rossmoor Trails Club during the third week of August (probably August 12-17) to Lee Vining and Mammoth Lakes, the High Sierra region around Tioga Pass, Mono Lake and the gold-mining ghost town of Bodie. The agenda will be flexible. Arrive and depart when you like; camp or stay in a motel. The trip will include hikes for people of all abilities, but be sure you are okay with high altitudes. Dine in restaurants or cook your own meals; accordingly, costs will vary. This is world class country, a favorite of Ansel Adams and John Muir.

- Tony Smith

WE WILL PAY YOUR TAXES MAY 23-29 (ECHO SPRING WORK PARTY)

That's right; the Echo Trustees will pay your Echo Summit Lodge lodging taxes, and provide three nutritious meals a day, snacks, a place to rest your head and great memories. Yes, the Spring Work Party begins Wednesday, May 23 and concludes Tuesday, May 29. This is your time to work for your club. Tasks include painting, sanding, cleaning, repairing, organizing, etc.... Come for a day, a few days or the entire time. Whatever you can give is appreciated. You need only a desire to help and to enjoy yourself. All skills are welcome. To volunteer or for details, contact Trustee Jim Nixon at 650-756-7771 or jiminixon2000@yahoo.com.

— Echo Trustees

ST. PATRICK'S DINNER & **HIKERS' WEEKEND 2007**

Thirty-one people celebrated St. Patrick's Day with dinner at the Alpine Lodge. Our chef du jour was Maureen Smith who prepared a traditional meal of corned beef and cabbage with boiled potatoes in their jackets and carrots, accompanied by brown Irish soda bread (which Maureen had baked at 6:00 am that day) and Irish butter. Dinner also included a salad and a selection of Irish beers. Dessert was old Irish trifle which went down very well.

Many thanks go to those generous members who contributed delicious appetizers before dinner and to all who helped Maureen in the kitchen and with set-up, clean-up and washing the dishes; without them, the event could not have gone so smoothly. Special thanks go to Susan McCarthy, Jenny Bruyn, and Eva Libien, not to mention Marvin Prager who carved the meat so well.

Susan McCarthy completed the weekend's festivities with a wonderful breakfast on Sunday morning.

- Maureen Smith



Maureen Smith, hostess of the St. Patrick's dinner, with the diners

CAC'S NEW REGISTRAR

Hello, I'm your new registrar, **Shirley Anderson.** I live in Santa Cruz and have been collecting your dues and General Fund and Conservation Fund contributions for the past several weeks. Thanks for your generosity. I look forward to serving CAC.

To save money on printing and postage, I would like to suggest that you consider getting your copy of Trails on our Web site. The Web page has current and archived copies of Trails (http://www.calalpineclub. org/members.) To choose this option, contact me at Shirl@cruzio.com. You'll need the sign-on ID and password which I can send you when you e-mail me. Thanks and don't forget to keep me up to date on any e-mail changes you may have.

— Shirley Anderson

BIRDING/CONSERVATION WEEKEND AT ECHO LODGE JUNE 7-10

Echo Lodge is hosting the annual Wagners' Birding in Tahoe and Conservation Weekend, June 7-10. (April Trails, pg.9) The weekend starts Thursday evening, followed with an early Friday morning picnic breakfast and lunch on the trail birding. Saturday, we will go to Fallen Leaf Lake, Taylor Creek, and Lake Tahoe, then back to Echo Lodge for happy hour. Saturday night's dinner will be prepared by the Novak-Hallberg team. Following dinner, our guest speaker will be Karen Schambach from the Center of Sierra Nevada Conservation.

During the weekend we will view the National Geographic documentary ScrapHouse in honor of CAC's Foundation founder **Laurence Kornfield**, whose involvement in the green design project provides a unique perspective.

If you have not confirmed your reservations, please RSVP via check to Karen Wagner, 2622 Wawona Drive, Santa Rosa, CA 95405.

— Jay Hallberg

OUTINGS 2007

List is in progress.

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There will be a d	escription in TRAILS when it is time to sign u
May 18-20	Car Camping at Butano State Park Edie Nelson / edieforsyth@hotmail.com 831-423-5576
May 17, 21, or 28	Waste Treatment Plant, San Leandro Jeffrey Locke / Jeffrey_Locke@yahoo.com
May 25-28	Mendocino hostel and hiking Maria Raybear / MA-reb@sbcglobal.net
Aug 1-5 or 8-12	Backpack Sequoia National Park teenagers welcome Mari Norman marinorman@sbcglbal.net, 408-255-5162
Aug 6-10	Base Camp in Dinkey Lakes Wilderness Bob Hanson doctoroutdoors@comcast.net
Aug 13-17	Car Camping or Motel to Lee Vining

Tony Smith / Joanne-tony@sbcglobal.net

Aug 19-24 Car Camping Sierra Buttes

Ernie Pitz

Guidop6@comcast.net, 415-383-8143

Sept 9-15 Canoe Trip to Michigan

Bob Hanson

doctoroutdoors@comcast.net

Sept 26-Oct 3 Fall Foliage at Acadia National Park

RosCarol@aol.com / 650-592-9394

Oct 22 Salmon Festival, Folsom—overnight Shana Avalos / 916-652-3864

End of Oct Winery Bike Tour in Napa Valley

Tom McNicholas

TomMcNicholas@yahoo.com

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEK	END LISTINGS	HAVE AN ASTERICK A	AND ARE BOLDE	
SUN MAY 6	10:00 a.m.	Margaret Gonzales	415-472-4270	2B
SUN MAY 13	10:00 a.m.	Ben Heldens	415-665-7274	2B
*SAT MAY 19	10:00 a.m.	Anne Good	510-526-6792	2B
*SUN MAY 20	10:00 a.m.	Jack Leibman	415-674-4370	2B
		Co-Listed w/Sierra Cl	ub	
	10:00 a.m.	Debbie Dorosin	415-388-7896	1A
SUN MAY 27	10:00 a.m.	Paul McKown	415-383-2774	2B
		Co-Listed w/Sierra Cl	lub	
MON MAY 28	10:00 a.m.	Marion Hazzard	415-661-6876	2B
MEMORIA	L DAY	Co-Listed w/Sierra Cl	lub	
SUN JUNE 3	9:30 a.m.	Karl Baeck	415-457-6370	2B
		Co-Listed w/Sierra Cl		
SUN JUNE 10	9:30 a.m.	Erik Bodtker	415-328-4410	2B
*SAT JUNE 16	9:30 a.m.	David Ratner	415-924-3043	2B
*SUN JUNE 17	9:30 a.m.	Ruth Tretbar	510-836-0108	2B
		Co-Listed w/Sierra Cl		
	10:00 a.m.	Susan Thompson	415-897-0742	1A
SUN JUNE 24	9:30 a.m.	Bonnie Radest	415-897-0227	2B
SUN JULY 1	9:30 a.m.	Rosemary Trowsdale	415-775-3206	2B
WED JULY 4	9:30 a.m.	**Leaderless Hike		2B
	DENCE DAY	I/ 1D 1	415 455 (250	an.
SUN JULY 8	9:30 a.m.	Karl Baeck	415-457-6370	2B
*CAT HHV 14	Co-Listed w/Si	erra Club Paul McKown	415-383-2774	2B
*SAT JULY 14	9:30 a.m.	Co-Listed w/Sierra (2D
*SUN JULY 15	9:30 a.m.	Bob Smith	510-841-0402	2B
SON JULI 13	10:00 a.m.	Jean Marie Campbel		415-
776-4422	10.00 a.m.	Jean Marie Campber	u	413-
SUN JULY 22	9:30 a.m.	Don & Donna Rice	415-552-6087	2B
SUN JULY 29	9:30 a.m.	Jennie Bruyn	415-456-1877	2B
SUN AUGUST 5	9:30 a.m.	Rosemary Trowsdale	415-775-3206	2B
SUN AUGUST 12	9:30 a.m.	Jordan Hermann	510-528-7894	2B
*SAT AUGUST 18		Kack Leibman	415-674-4370	2B
		Co-Listed w/Sierra (Club	
*SUN AUGUST 19	9 9:30 a.m.	Eva Libien	415-383-5184	2B
	10:00 a.m.	Susan McCarthy	408-293-0891	1A
SUN AUGUST 26	9:30 a.m.	Renee Powers	415-848-4940	2B
*HIKERS' WEEK	END			

IMPORTANT! RAIN CANCELS

- **1A HIKES** (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M.
- **2B HIKES** (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) IN MAY, SIERRA CLUB LISTINGS WILL LEAVE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M. IN JUNE, JULY AND AUGUST, 2B HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE ALPINE CLUB AT 9:30 A.M. AND MT. HOME AT 9:45 A.M.

NOTES: All hikes convene as indicated; however, hikes may reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approximately 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you no longer on the hike.

**Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com **Hikers' Weekends:** For supper and/or overnight arrangements, Contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.com.

OPEN HOUSE AT ECHO JULY 4

July 4, 2007 is the 55th anniversary of Alpine Club's ownership of Echo Summit Lodge.

But, do you know what happened near here in 1855? (It gave the place a new name.) Prepare to hear the Ballad of Mickey Free and the story of the "Reno Boomer" who built the first Echo Summit Lodge. Can you do the dances he and Harriet taught in the Roaring 20s? Learn about the great Bonanza Wagon Road and biggest mule-freighting enterprise in history.

The event is about Alpine Club and its Echo Summit Lodge and the friends and neighbors who make it such a special place. We'll talk about the history, maybe take a hike or two and have a neighborly plate of BBQ chicken and baked beans.

Every CAC Member is welcome for the afternoon (the Lodge will be filled with event-workers). Contact John Hannum at jrhannum@sbcglobal.net or 707-525-8108 if you'd like to join in the celebration.

Following the event is a mini-work party clearing defensible space around the lodge (Thursday and Friday) and the CAC/U.S. Forest Service Co-op Trail-Clearing Weekend (Saturday) hosted by **Tom Coleman** -- July 5-8. See separate article below.

— John Hannum

TRAIL/DEFENSIBLE SPACE CLEARING AT ECHO LODGE JULY 5-8

Please join **Tom Coleman** and other CAC members and friends up at Echo the day after July 4th. We will spend a lovely day or two making the United States Forest Service and our insurance company happy by removing excess shrubbery from the land around the lodge. The Forest Service has dictated that the manzanita bush so prevalent be thinned out to prevent a fire from using it as a ladder and sending our beautiful Lodge up in smoke.

We will also be working with the USFS doing trail-clearing on Saturday. We usually work on the Pacific Crest Trail or one of the other trails near our Lodge. We'll remove trees that have fallen across the trail, install new trail as needed, breathe in a lot of trail dust, and work up hearty appetites!

Contact Tom Coleman, 707-769-7801 or travmcgee@comcast.net.

— Tom Coleman

HOST NEEDED FOR QUARTERLY DINNER JULY 15TH

We need a host to prepare dinner on July 15th after the quarterly meeting at Alpine Lodge. We can probably get help with reservations. We need a board member to sponsor this event as well.

Please contact **Carroll Pearson** at pearsoncmp@aol.com or 408-736-9403 before June 21st, if you can help.

— Carroll Pearson

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30 pm or e-mail at toranski@aol.com Echo Lodge Telephone 530-659-7274

Spring Work and Fun Party is May 23-29. Refer to Tax article on page 4.

Summer/Fall Hosts and Hosts-in-

Training: We have lots of time in May and Fall open for member rentals or hosted sessions. Both are nice, quiet times with lovely weather at Echo for your group. Contact me by e-mail or phone to reserve.

- Sincerely, Cindy

The next Echo Lodge Trustees'

Meeting will be Saturday, June 2, 2007 at 10am at Jim Nixon's home. Contact Jim at 650-756-7771 if you would like to attend.

Spring/Summer '07 Echo Summit Lodge Schedule:

MAY 23-29 WED-TUES SPRING WORK PARTY

Contact Jim Nixon for reservations Jimnixon2000@yahoo.com 650-756-7771

MAY 31-JUN 3 THUR-SUN MEMBER RENTAL

Ros Carol 650-592-9394

JUN 3-7 SUN-THURS AVAILABLE FOR TRAINED HOSTS

JUN 7-10 THU-SUN ECHO CONSERVATION & BENEFIT & BIRDING IN THE TAHOE REGION

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr., Santa Rosa, CA 95405 karwag@sonic.net

JUN 10-15 SUN-THURS AVAILABLE FOR TRAINED HOSTS

JUN 15-17 FRI-SUNSheryl & James Letcher MEMBER RENTAL 530-885-0589

JUN 17-JUL 1 SUN-SUN SPA WEEKS Helen Alfredson 805-647-5407

109 Stardust Ln, Ventura, CA 93004 hjalfredson@yahoo.com

JUL 4 WED ECHO OPEN HOUSE AND 55th ANNIVERSARY

See article on page 6. Contact John Hannum to reserve a free plate of barbeque at Open House (the Lodge will be occupied July 2-5 by volunteer-helpers) jrhannum@sbcglobal.net phone 707-525-8108

JUL 5-6 THURS-FRI ECHO MINI WORK PARTY

Help clear defensible space around the lodge after the winter snow has melted. See article on page 6.

Tom Coleman travmcgee@comcast.net 707-769-7001

JUL 6-8 FRI-SUN TRAIL CLEARING WEEKEND

See article on page 6.
Contact Tom Coleman 707-769-7801
travmcgee@comcast.net

JUL 8-13 SUN-FRI HIKERS' WEEK

Maureen Smith 650-697-3846 219 Barclay Ave, Millbrae, CA 94030 MissBrigid@aol.com

IUL 13-20 FRI-FRI

Kathy & Bill Faherty 707-539-7081 5420 Gates Rd, Santa Rosa, CA 95404 kfaherty@mac.com

JUL 20-26 THURS-FRI HIKERS' WEEK

Edna Trimm 415-456-5557 P.O. Box 213, Fairfax, CA 94978 etrimm@sbcglobal.net

JUL 26-29 THURS-MON

Art Ewart & Kathleen O'Dea 707-538-3696 1405 Snowy Cloud Way Santa Rosa, CA 95409 aewart@sbcglobal.net

JUL 29-AUG 2 SUN-THUR

Barbara & Keith Crockett 650-365-6280 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

AUG 2-5 THUR-SUN YOUNG FAMILIES WEEKEND

Monika Balsamo and 707-539-2140 Ed & Anne Del Monte 4841 Parktrail Dr, Santa Rosa, CA 95405 m balsamo@earthlink.net

AUG 5-9 SUN-THUR

Ernie Pitz & Bob Riboli 415-383-8143 1 Alta Vista Ave, Mill Valley, CA 94941 guidop6@comcast.net

AUG 9-12 THUR-SUN

Lillian Young 650-588-5689 3650 Sneath Ln, San Bruno, CA 94066 lcyoung@att.net

AUG 12-19 SUN-SUN INTER-GENERATIONAL WEEK

Mary Kay & Craig McKown and Joan Ryan & John O'Sullivan 415-647-4626 3839 26th St, San Francisco, CA 94131 mkmckown@mac.com

AUG 19-SEP 6 AVAILABLE FOR TRAINED HOSTS

SEP 6-10 THURS-MON FANTASTIC FALL FUN & WORK PARTY

Contact: Tom Coleman 707-769-7801 travmcgee@comcast.net

SEP 28-30 FRI-SUN MEMBER RENTAL Lee Yamada & Phyllis Cole 831-438-5749

SEP 30-OCT 7 SUN-SUNFALL SPA WEEK

Helen Alfredson 805-647-5407 109 Stardust Ln, Ventura, CA 93004 hjalfredson@yahoo.com

Watch for updates in future issues of TRAILS!

RATE CHANGES FOR ECHO SUMMIT LODGE

To maintain our U.S. Forest Service permit, Echo Lodge must fund two very large projects over the next two years: re-siding the main lodge building in 2007 and installing a ramp in 2008 to make the lodge compliant with ADA accessibility rules. We, therefore, decided to make the following adjustments to the usage fee structure, effective June 1, 2007:

The rate for meals increases \$1 per day from \$15 to \$16.

Member rental rates for Fri-Sun nights remains at \$18 per person per night, but the minimum will decrease from \$270 for up to 15 people down to \$216 for up to 12 people. Our intent is to encourage those members who want to rent the lodge on the weekend but have a smaller group.

The complete rate schedule will be published in the annual CAC Reference pull-out section mailed with June Trails.

— Cindy Toran

SEPT 2007 PLANS AT ECHO LODGE

Echo Trustees are moving forward with plans to meet permit renewal requirements of the USFS, which include replacing exterior siding, in September, 2007. This means that the lodge will not be available for rentals from Mon-Fri afternoon for approximately four weeks beginning about Sept 4th. Weekends will still be open for hosted events or member rentals, but there will be scaffolding present outside the lodge.

— Cindy Toran for Echo Trustees

TRAILS

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936 P.O. Box 2180 Mill Valley CA 94942-2180

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ALPINE LODGE OVERNIGHT AND MOUNTAIN PLAY JUNE 9 AND 10

Enjoy the Mountain Play 2007 production of the late-1960s hit musical Hair on June 9th or 10th at 1 pm at the Sidney B. Cushing Memorial Amphitheatre on Mt. Tamalpais. Tickets are \$33.50 for adults or \$26 for seniors and juniors, and may be purchased by calling 415-383-1100 or going to www.mountainplay.org.

Alpine Lodge will welcome hikers and drivers from the theater on Saturday at 4:30 pm. Overnighters can get settled, and enjoy happy hour on the porch followed by a fabulous dinner by Chef **Edie Nelson** at 6:30 or 7 pm.

We will have a tasty breakfast Sunday morning. Bag lunch fixings will be available (\$5 fee) for those seeing the Sunday performance of Hair. We should all plan to leave the Lodge tidy and clean with our belongings in our cars by 10 am Sunday. This will be a traditional lend-a-hand Alpine Club fun-filled event. (Can anyone volunteer to bring hors d'oeuvres?)

Don't forget your sleeping bag, towel, toiletries, and hiking boots if you're walking to the theater. It's a good idea to bring a water bottle, hat, sunscreen and a day pack to carry your lunch.

Cost for Alpine Lodge accommodations is \$15 for members and \$20 for associate members. Rooms are booked on a first-come, first-serve basis. A no-host bar will be open before dinner. The charge for dinner with wine and breakfast the next morning is \$20. Please send your deposit of \$30 for lodging, and meals (plus \$5 for the bag lunch if desired) to **Jean Rodgers**, 14 Hillcrest Road, Tiburon, CA 94920. 415-435-9383.

— Jean Rodgers

TRAILS NEWSLETTER ALERT

Please send articles for the June issue of TRAILS to editor, **Angi Blackwell**, at ablackwellca@ earthlink.net, or via mail to 234 Lisbon Street, San Francisco, CA 94112, telephone 415-584-2586.

Angi should receive articles for the June issue no later than **May 5th**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the July-August issue of TRAILS will be **Pat Boyd**, at boyd4@pacbell.net. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

— Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 83 June 2007 No. 5

BARBEQUE AND POT LUCK CELEBRATION ALPINE LODGE, WEDNESDAY JULY 4

Come up to the Alpine Club for a 1A "leaderless" hike or a 2B hike, lead by **Jennie Bruyn**, followed by a festive 4th of July celebration. If you don't want to hike, just plan to come up for the potluck.

We'll prepare the chicken, veggie burgers and sausage. You prepare your favorite dish to serve 6-8. Wine will be served. Choose from the following:

Appetizer

Salad (macaroni, cole slaw, potato, fruit, lettuce, veggies, etc.)

Please call or email **Eva Libien** (415-383-5184) or at elibien@ yahoo.com to let her know what you plan to bring. (Note: This is essential, so that we don't have too many of one dish.) Then mail your check for \$10 to: Eva Libien, 2 Eucalyptus Knoll St., Mill Valley, CA 94941.

The 2B hike will start from the Club at 10 a.m. The 1A hike will start at 11:00 a.m. Back by about 3 p.m. Happy hour will begin at 3:30 followed by the BBQ and potluck at 4:30. This should give the hikers plenty of time to freshen up.

We already have some volunteers who have offered to help. But we will need additional BBQ help as well as help with the setup and cleanup. So please volunteer prior to the day to sign up for these vital tasks and help make this event a success.

- Eva Libien

SENIOR WEEK AT ECHO LODGE, 55+ AUGUST 19 – 26

CAC seniors are going to "do it again" at Echo Lodge on August 19-26. Our leader is **Joan Stamme, Ray Sommer** is taking reservations and **Edie Nelson** is cooking.

The cost for the week is \$200, which includes van transport from San Francisco and Marin for those that no longer drive. (Those who wish to drive will be compensated if they drive participants while at Echo.)

To join us, please send \$50 for a fun-filled week to Ray Sommer, 15 Terra Linda Drive, San Rafael, CA 94903. For further information and reservations, contact Ray at 415-472-1229

— Ray Sommer

CAC AWARDS DINNER 2007

A gala affair followed our annual membership meeting to honor the recipients of the Distinguished Service Award for 2007. **Susan McCarthy, Edie Nelson**, and **Laurence Kornfield** were presented with their plaques after a wonderful dinner prepared by our chef, **Peter Beckmann**. The weather was beautiful so people enjoyed happy hour on the deck.

An event like this requires many, many people. I am sure that we will miss someone in our thanks, so will ask for forgiveness in advance. **Mae Harms** took care of the reservations, money, and the very important financial report to Alpine Lodge. **Onnie** Taylor and her able helpers, Charlie Wirth, Val Nelson, and **Alan Utterback** did the decorations and table setup/take-down. Barbara Bourns, with distribution help from Virginia Green, did the name tags and place cards. Eike Linkwitz decorated the hors d'oeuvres area, provided hors d'oeuvres, and coordinated with the others who brought appetizers - Jeanne Bacon, Anne Beisenstein, Kay Gillis, Diane Friend, Valerie Floch, Sue Karp, Dianne Mills, and Bob Hanson. Peter Beckmann cooked the dinner with help from John Lillith, Carolyn Amerian, Lynn O'Dell, and Val Floch. Other helpers with wine setup, buffet setup, coffee, dessert setup, cleanup, and ironing were **Kim Cox**, Gene Zieman, Mary and Dave Maier, Ken Judy, Rick Loretz, Ben Heldens and Karl Baeck.

Special thanks to those who helped with cleanup after the dinner and with the dishes. Kim Cox, Gene Zieman, and Mae Harms did the breakfast for the overnighters on Sunday morning. Thanks to the folks who help with breakfast cleanup as well.

Many hands make light work. **Verna West** in her role as our photographer took wonderful pictures. See the pictures on pages 6 and 7.

— Carroll Pearson and Tony Smith

SIERRA BUTTES OUTING AUGUST 19 – 26

Come with us and pitch your tent in the Gold Lakes Area at the Salmon Creek Campground, just off Hwy 49 north of Sierra City. Swimming, hiking, feasting and camaraderie with our Chef de Camp **Bob Riboli**. Cost to be decided. Contact: **Ernie Pitz** 415-383-8143 or guidop6@comcast.net.

— Ernie Pitz

TRAILS Editor ~ Angi Blackwell

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers: President Vice President Secretary Treasurer Registrar	Carroll Pearson Tony Smith Maureen O'Hara Sm Jean Findlay Shirley Anderson	408-736-9403 925-933-2403 nith 650-697-3846 916-285-6186 831-427-2722	pearsoncmp@aol.com joanne-tony@sbcglobal.net MissBrigid@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com
Board of Direct Val Floch John Hannum Eva Libien Jean Rodgers Onnie Taylor Lillian Young	ors:	408-255-3378 707-525-8108 415-383-5184 415-435-9383 415-648-6380 650-588-5689	vfloch@pacbell.net JRHannum@sbcglobal.net elibien@yahoo.com jrodg1218@aol.com onniet@earthlink.net lcyou@sbcglobal.net
Committee Cha Conservation Finance Historian Hike Leader Co-ordinator Innkeeper Co-ordinator Membership Outings Publications Sunshine Social Activities Parliamentarian	Jay Hallberg Dave Maier Verna West Eva Libien Selma Bomfim Laureen Novak Ros Carol Angela Blackwell Mary Maier VACANT Jean Findlay	415-383-1507 831-462-2764 650-854-6349 415-383-5184 415-383-1507 650-592-9394 415-584-2586 831-462-2764 916-285-6186	lareenie@yahoo.com dmmaier@pacbell.net 99swest@earthlink.net elibien@yahoo.com selmabomfim@hotmail.com lareenie@yahoo.com RosCarol@aol.com ablackwellca@earthlink.net mlmaier@pacbell.net ogrenfindlay@yahoo.com
Lodge Trustees Alpine Chair Treasurer Calendar Echo Chair	Peter Beckmann '10 Jennie Bruyn '10 Hardy Dawainis '09 Ed Del Monte '08 Ruth Tretbar '08 Alpine Rentals Melanie Facen Michael Petak Cindy Toran '07 Tom Coleman '08 Edie Nelson '08 Jim Nixon '09 Ray Sommer '06	831-423-9242 415-456-1877 415-461-4431 707-528-7983 510-836-0108 415-381-4975 415-492-0470 408-656-6817 707-769-7801 831-423-5576 650-756-7771 415-472-1229	beckmann@baymoon.com jennielbruyn@yahoo.com hdawainis@comcast.net edelmonte@delmontecito.com rtretbar@yahoo.com mfacen@sbcglobal.net geraldpetak@hotmail.com toranski@aol.com travmcgee@comcast.net edieforsyth@hotmail.com jimnixon2000@yahoo.com ray@sommerworld.com
CAC Foundatio Jay Hallberg, Pre Mae Harms Bill Meneguzzi		415-383-1507 530-333-1058 916-451-1523	lareenie@yahoo.com maeharms@mindspring.com bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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CAC Rosters and Privacy Protection

For **CAC Rosters**, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE



Our annual meeting and the following Awards Dinner was a very nice affair. Most people did "dress-up." A bunch of hikers can cleanup very well. Please see our picture display on page 6 and 7, and the article on the dinner. I want to give many, many thanks to the ever-present volunteers who help with these events.

Volunteerism is the lifeblood of our club. We count on members to provide the energy and services to sustain our lodges and to make our social events a

success. We know that many members are unable to participate, for one reason or another, but please know there are many ways to volunteer with our club.

For example, **Maryann Loughran-Smith** was our former Registrar, then Membership Chairperson. She no longer lives in the state, but continues to provide valuable service in editing our critical documents and doing proofreading.

Often the person taking reservations for a club event does not need to live in the area or even plan to attend the event. I know that both lodges need workers at work parties and especially people who would be willing to take on a project.

Another example of volunteerism is our newly formed Finance Committee under the chairmanship of **Dave Maier**, our former Registrar. Dave and his committee will be reviewing things financial to provide oversight and guidance to our Treasurers. We are now having our tax returns prepared professionally, so data presented needs to be consistent. The board and the trustees will use the financial data to help with decisions on spending money and funding projects. Several of our very busy members are serving on this committee, which can do its work via email.

Our new Registrar, **Shirley Anderson**, has an extensive database of our membership. One of the fields in the database is for a list of talents and skills that you would like to share. Please send Shirley a message, either by email or phone, if you have updates to your information. (See the CAC Box on page 2 for her email address and phone.) We use this information to search for people when specific talents or tasks are needed.

One of the highly needed talents is a chef for events at the Alpine Lodge. We are trying to reduce the amount of work by any one individual by having sponsors from the Board of Directors for these events and by breaking the work into components – cooking, reservations, decorations, cleanup, etc. If you are willing to participate, please let Shirley know, so we can get you in the database.

Enough about volunteerism - now for information. We will be posting more CAC information on our web site – agendas, minutes, reports, etc. Please use the web to review these materials and to send your comments/questions to the board and trustee members. Our web site is calalpineclub.org. You may contact me (see the information on the left hand side of this page) to get the user ID and password. For those of you without computers, you can use any public library to access the web. The librarians are very helpful for people new to computers.

- Carroll Pearson, President

MEMBERSHIP REPORT

June 2007

Greg Farber –Regular Member 81 Grande Paseo San Rafael CA 94903-1556 415-515-7846 gregfarber@gmail.com Sponsors: Ruth Tretbar & Ed Del Monte

Laura Gordon – Regular Member 734 Rasmussen Way Rohnert Park, CA 94928-2952 707-794-1234 Sponsors: Barbara Easterling & Laureen

Novak

William J Steinmetz –Regular Member 4250 Terman Drive Suite 204 Palo Alto, CA 94306-3867 650-468-6265 wjsteinmetz@yahoo.com Sponsors: Carroll Pearson & Laureen Novak

Steve Fisch- Regular Member 51 Mountain View Road Fairfax CA 94930 415-457-7466 steve@fischphoto.com Sponsors: Mary Pezzuto & Laureen Novak

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS:

Ron & Jan Waitt, Bill &Molly Walzer, Robert & Denise Freinkel, Cathy C. Dezendorf

- Laureen Novak, Membership Chair

IS YOUR EMAIL

... on this list? If so, please provide the registrar with one that doesn't bounce.

Contact Shirley Anderson at Shirl@cruzio.com.

Bounce date:	
April 27 07	roster@alpine.net
April 27 07	allannaomi@aol.com
April 27 07	siatost@aol.com
April 27 07	koer@coastside.net
April 27 07	irvingrubin@comcast.net
April 27 07	jjl@mcihispeed.net
April 27 07	cdezendoif@mindspring.com
April 27 07	vitsch@msn.com
April 27 07	mvaggione@pensionspecialists.com
April 27 07	sjham@sbcglobal.ne
April 27 07	sraker@waterboards.ca.gov

Shirley Anderson

ALPINE LODGE SUNDAY INNKEEPERS

June 03	Jeanne Bacon	415-924-2712
June 10	Erin Neff	415-307-1294
June 17	Ulla Pettersson	415-821-1858
June 24	Marilyn Orem	415-567-6104
July 01	Anne Allio	650-583-1543
July 08	Cheryl Wilson	415-860-3808
July 15	Ernie Pitz	415-383-8143
July 22	Judy Powers	415-860-3398
July 29	Lyda Dicus	925-934-1071

URGENT! Innkeepers are needed for the Alpine Lodge during the months of June and July. Please help the Lodge to keep its doors open on the weekends. To volunteer as a Sunday Innkeeper at Alpine Lodge, please contact **Selma Bomfim** at 415-381-4676 or email at selmabomfim@hotmail.com.

— Selma Bomfin

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BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sat, Jun 16, 2007	Board of Directors Meeting at 3 pm.
Sun, Jul 15, 2007	Board of Directors Meeting at 2 pm.
	Quarterly Meeting at 3 pm.
	Dinner to follow.
Sat, Sep 15, 2007	Board of Directors Meeting at 3 pm.
Sun, Oct 21, 2007	Board of Directors Meeting at 2 pm.
	Quarterly Membership Meeting at 3 pm.
	Dinner to follow.
Sat, Nov 17, 2007	Board of Directors Meeting at 3 pm.

If you have any questions or wish to have an item on the agenda, contact Carroll Pearson at pearsoncmp@aol.com or call 408-736-9403. Members are welcome at board meetings.

— Carroll Pearson

MAY 3 WORK PARTY AT ALPINE LODGE

Our weekday Work Party brought 12 seasoned workers and one brand new member to the Alpine Lodge on May 3rd.

Our new member, **Steve Fisch**, and Trustee **Ed del Monte** were found busily digging a level area behind the Tam building. This small plot of land will accommodate a table and chairs and is intended to be used as a quiet and relaxing space for our members and guests.

Ben Heldens worked on the intricate sprinkler system. Hans Schilling was seen diligently scrubbing the BBQ clean. Ann and Gos Schubert vacuumed and cleaned the Tam Building and Rita Schroeder swept and cleaned away the debris around the main building. Rosemary Trowsdale and Barbara Hawke mopped the floors and cleaned the kitchen windows. Nuala Caulfield and Eva Libien fought the stubborn weeds, a thankless task that never ends.

Our able hostess in charge of the work party, **Jennie Bruyn**, assisted by **Pearl Lam** and **Mayme Harris**, prepared a superb lunch of home-made Wonton soup and Chinese chicken salad. The delicious meal ended with fruit-filled tarts. Truly, this was a repast fit for an Emperor or Empress.

— Eva Libien

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ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP-TO-THE-MINUTE LISTINGS, GO TO WWW.CALALPINECLUB.ORG AND CLICK ON THE MEMBERS PAGE. CONTACT MICHAEL PETAK AT ALPINELODGE1@YAHOO.COM FOR THE USER ID AND PASSWORD.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

JUN 5-7 TUE-THUR MEMBER RENTAL Mary Jane McKown 415-383-2774

JUN 7 THURS MIDWEEK WORK PARTY Ruth Tretbar, Coordinator

There is much to do, indoors and out. Come help keep the Lodge in tip-top shape and enjoy lunch and the company of fellow CAC members. Contact Ruth at 510-836-0108 or rtretbar@yahoo.com to let her know you are coming.

JUN 8 FRI MEMBER RENTAL Mary Jane McKown 415-383-2774

JUN 9-10 MT. PLAY OVERNIGHT Coordinator: Jean Rodgers 415-935-9383 elibien@yahoo.com

JUN 16 SAT LEADERSHIP MEETINGS

Alpine Trustees meet at 1 pm and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

JUN 16-17 SAT-SUN HIKERS' WEEKEND

Happy hour at 4:30. BYOB and bring and appetizer to share, Dinner, salad and dessert at 6PM. Members \$8, Associates \$11. You are invited to spend the night at the Lodge and awake to a delicious breakfast. Members \$19, Associates \$27. Contact Nuala at 415-922-6775 or email ntcaulfield@MSN.com

JUN 17 SUN PRIVATE RENTAL Mt. Play Cast Party

JUN 18-24 MON-SUN NON-MEMBER RENTAL

JUN 25-30 MON-SAT MEMBER RENTAL Josephine Leen

JUL 4 WEDCoordinator: Mary Frey

marymaryhiker@aol.com

See article, page 1.

JUL 5 THUR MIDWEEK WORK PARTY 9:00AM - 2:30PM

Hardy Dawainis, Coordinator

There will be many construction, maintenance, and housekeeping projects for us to do. Support the Alpine Lodge and new Trustee Hardy Dawainis. Contact hardy at 415-461-4431 or hdawainis@comcast.net to let him know you are coming.

JUL 8-14 SUN-SAT NON-MEMBER Sierra Club RENTAL

JUL 14-15 SAT-SUN HIKERS' WEEKEND See Jun 16-17.

JUL 15 SUN LEADERSHIP MEETINGS Alpine Trustees meet at noon, CAC Foundation

Directors meet at noon, Board of Directors meet at 2 pm, Quarterly Membership meeting at 3 pm, Dinner to follow. See article page 5.

JUL 17-20 SIERRA SINGLES EVENT Susan Bernard

JUL 21-28 SAT-SAT ALPINE B&B WEEK Dinner July 21 is Deck Side Dining. Host Helen Walsh.

JUL 29 SUN 9:00AM - 2:30PM SUNDAY WORK PARTY Information to follow in upcoming TRAILS.

AUG 2 THUR MID WEEK WORK PARTY

Information to follow in upcoming TRAILS.

AUG 18-19 SAT-SUN HIKERS' WEEKEND See Jun 16-17.

AUG 25-26 SAT-SUN MEMBER RENTAL Les and Mary Will 415-751-6469

AUG 31-SEP 3 ALPINE B&B Mary Frey Host.

SEP 6 THUR MID WEEK WORK PARTY Information to follow in upcoming TRAILS.

SEP 8 BERKELEY FOLK DANCERS

SEP 10-13 MON-THUR MEMBER Allyn Bromley RENTAL

SEP 15 SAT LEADERSHIP MEETINGS Alpine Trustees meet at 1 pm and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

SEP 15-16 SAT-SUN HIKERS' WEEKEND See Jun 16-17.

SEP 20 THURS
HOST: Lilian Young
650-588-5689
lcyou@sbcglobal.net

SEP 21-22 FRI-SAT MEMBER RENTAL Mary Pezzuto 925-934-7836

SEP 23-29 SUN-SAT
Sierra Club
Birding and Photography

NON-MEMBER
RENTAL

OCT 4 THURS MID WEEK WORK PARTY Information to follow in upcoming TRAILS.

OCT 5-6 FRI-SAT MEMBER RENTAL Charlene Schmidt

OCT 6-7 SAT-SUN PRIVATE PARTY

OCT 12-13 FRI-SAT HOST TRAINING

OCT 14 SUN 10AM-3PM WORK PARTY

OCT 20-21 SAT-SUN HIKERS' See Jun 16-17. WEEKEND

OCT 21 SUN LEADERSHIP MEETINGS

Alpine Trustees meet at noon. CAC Foundation Members meet at noon. Board of Directors meet at 2pm in the Social Hall. Quarterly Membership meeting at 3pm. Dinner to follow. Everyone is welcome. Watch TRAILS for details.

OCT 27 SATHALLOWEEN PARTY

Coordinators: Sue Karp and Jordan Hermann.

NOV 1 THUR MIDWEEK WORK PARTY Coordinator Ruth Tretbar

NOV 3 SAT MEMBER RENTAL
Teresa Acosta

NOV 17-18 SAT-SUNHIKERS' WEEKEND See Jun 16-17.

NOV 17 SAT LEADERSHIP MEETINGS Trustees meet at 1 pm, and the Board of Directors at 3pm.

NOV 23-25 MEMBER RENTAL Helga Raab

NOV 29 THUR MIDWEEK WORK PARTY Coordinator Ruth Tretbar.

DEC 6 THUR MIDWEEK WORK PARTY Coordinator Ruth Tretbar.

DEC 9 SUN CHILDREN'S HOLIDAY PARTY

Coordinator Mary Frey 415-492-2510 Cost \$10 per family.

DEC 15-16 SAT-SUN HIKERS' WEEKEND See May 19-20

Watch for updates in future issues of TRAILS!

CHECK THE NEW ALPINE LODGE CALENDAR ON THE MEMBERS PAGE

The information on this page is correct at the time of going to press. For up-to-the-minute listings, go to www. calalpineclub.org. Click on the Members page and click on the Alpine Lodge Calendar in the left column. It really works. Send a note to **Michael Petak** at alpinelodge1@yahoo.com, if you need the user id and/or password to the member web page or to provide comments on the new calendar.

— Michael Petak

LEE VINING AND MAMMOTH LAKES CAR CAMPING OR MOTEL AUGUST 14-20

This is a joint trip with the Rossmoor Trails Club, for strong hikers used to high altitudes. It is coordinated by **Nell Fraser** and **Tony Smith**. A flexible agenda will permit you to arrive or leave when you like. You make your own room reservations by Googling "Lee Vining" for August 14 - 16 or "Mammoth Lakes" for August 17-19. Campers should send \$15 to Tony Smith for Lee Vining reservations. We will not be camping at Mammoth Lakes.

Meals are not provided, but we have many options, from fancy restaurants to trailside lunches. Questions? Call Tony at 925-933-2403 or e-mail joanne-tony@sbcglobal.net

-Tony Smith

GARDENERS NEEDED

For the last year **Ruth Tretbar** and I have been coming to almost all of the work parties to work in the grounds around the Alpine Lodge. We are trying to maintain the plants that are there and add new plants that are appropriate to the landscape surrounding the club and are deer resistant, drought hardy, and do not demand continual care. We also are committed to not using pesticides or herbicides.

Because of this, there is a great need for help with weeding and tending the grounds. Please think about volunteering at a work party and working outside, weather permitting. It would help if you could bring your own gloves, clippers, and weeding tools, as we have a limited supply.

Donna Rice, Gardening Committee

NOTES FROM THE ALPINE LODGE TRUSTEES

We now have a new Alpine Lodge Trustee team in place. **Peter Beckmann** has agreed to be our Trustee Chairperson. Peter's past experience as an Echo Lodge Trustee will surely benefit us all. **Hardy Dawainis** and **Jennie Bruyn** are also beginning their three-year terms as Alpine Trustees. **Ruth Tretbar** and **Ed Del Monte** will continue to serve until May '08. Our past Trustees, **Nuala Caulfield, Roger Diehnel** and **Paul McKown** continue to help us manage and maintain our Lodge. We thank them for their continued support.

The Trustees are currently discussing how we might most efficiently make a key change for the exterior locks of our Lodge buildings. In order to best secure our property, this key change is necessary. If you have a key now and you anticipating needing the new key, then look for a future article in Trails. Additional notice will be given before this key change occurs.

On your next visit to Alpine Lodge, you will notice a new handrail and guardrail near our front porch. Look downhill towards the Tamalpais Building. **Hardy Dawainis** has coordinated this important safety improvement.

Our Grounds Committee, coordinated by **Ruth Tretbar** continues to beautify our property. Master Gardener **Donna Rice** graciously shares her expertise with us. If you would like to help us weed or do other work on our property, then call Ruth and come to one of our scheduled work parties. Lunch is always served!

New kitchen curtains and shades have been installed. **Eike Linkwitz** has, again, shared her seamstress talents with us all. This is a great improvement to our kitchen.

— Ed Del Monte for the Alpine Lodge Trustees.

SUMMER BARBEQUE SUNDAY, JULY 15, 2007

Join madcaps "Echo John" Hannum, Ann Meneguzzi, and Susan McCarthy as they prepare a summer barbeque for the CAC at Alpine Lodge after the quarterly membership meeting at Alpine Lodge. Happy hour will start at the end of the meeting, and then dinner will start at 5:30 p.m. As it is Sunday, many people will need to head home for the workday on Monday, but some may want to spend the night. Overnight stays can be arranged for the usual cost of \$15 for members and \$20 for associate members. You would be on your own for breakfast the next morning.

Would you like to help with this fun evening? Please volunteer with the food preparations, table setup/takedown, and clean up. We need several people to bring appetizers to start the festivities. We have asked that the bar be open through dinner. Our prices are very reasonable at \$12 for members and \$15 for associate members.

For reservations and to volunteer, please contact Susan McCarthy at mccarthysf@gmail.com or 408-293-0891 and mail your check to Susan at 1141 Willow Glen Way, San Jose, CA 95125 by the deadline of July 10, 2007.

— Susan McCarthy

OUTINGS 2007

List is in progress.

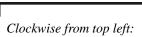
There will be a description in TRAILS when it is time to sign up.

August 1-5, or 8-12	Backpack Sequoia National park 4 nights, teenagers welcome Mari Norman
	marinorman@sbcglobal.net
	408-255-5162
Aug. 6-10	Base camp in Dinkey Lakes Wilderness
	Bob Hanson
	doctoroutdoors@comcast.net
	925-944-3366
Aug. 13-17	Car Camping or motel to Lee Vining
	Tony Smith
	Joanne-tony@sbcglobal.net
	925-933-2403
Sept. 9-15	Canoe trip to Michigan
	Bob Hanson
	doctoroutdoors@comcast.net
	925-944-3366
Sept. 26-Oct. 3	Fall Foliage at Acadia National Park
	Ros Carol
	RosCarol@aol.com
	650-592-9394
	Trip is full—waiting list only
October	1 day Kayak Tomales Bay
	Karen and Jerry Wagner
	JerWagner@sonic.net
	707-528-8197
Oct 12-13	Salmon Festival, Folsom-overnight
	Shana Avalos/ 916-652-3864
	shanaavalos@earthlink.net
October 22	Salmon Festival, Folsom—overnight
	Shanaavalos@sonic.net
	916-652-3864
End of Oct.	Winery bike tour in Napa Valley
	Tom McNicholas
	TomMcNicholas@yahoo.com

707-254-9953







- 1 Susan McCarthy, Service Award recipient, and Karl Baeck
- 2 John Lillitch, Peter Beckman and Lynn O'Dell.3 Tony Smith and Carroll Pearson
- 4 Mary and Bern Bennett

Many thanks to Verna West for these photographs.













Clockwise from top left:

- 1 Maureen Smith
- 2 Lawrence Kornfield, Service Award recipient, with Bob Hanson
- 3 Jay Hallberg and Ernie Pitz
- 4 Edie Nelson, Service Award recipient

Many thanks to Verna West for these photographs.

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERICK AND ARE BOLDED					
SUN JUNE 3	9:30 a.m.	Karl Baeck	415-457-6370	2B	
	Co-Listed v	Co-Listed w/Sierra Club			
SUN JUNE 10	9:30 a.m.	Erik Bodtker	415-328-4410	2B	
*SAT JUNE 16	9:30 a.m.	David Ratner	415-924-3043	2B	
*SUN JUNE 17	9:30 a.m.	Ruth Tretbar	510-836-0108	2B	
	Co-Listed v	v/Sierra Club			
	10:00 a.m.	Susan Thompson	415-897-0742	1A	
SUN JUNE 24	9:30 a.m.	Bonnie Radest	415-897-0227	2B	
SUN JULY 1	9:30 a.m.	Rosemary Trowsdale	415-775-3206	2B	
WED JULY 4	9:30 a.m.	Jennie Bruyn	415-456-1877	2B	
	11:00 a.m.	**Leaderless Hike		1A	
	INDEPEND	DENCE DAY			
SUN JULY 8	9:30 a.m.	Karl Baeck	415-457-6370	2B	
	Co-Listed v	v/Sierra Club			
*SAT JULY 14	9:30 a.m.	Paul McKown	415-383-2774	2B	
	Co-Listed	w/Sierra Club			
*SUN JULY 15	9:30 a.m.	Bob Smith	510-841-0402	2B	
	10:00 a.m.	Jean Marie Campbell	l 415-776-4422	1A	
SUN JULY 22	9:30 a.m.	Don & Donna Rice	415-552-6087	2B	
SUN JULY 29	9:30 a.m.	Jennie Bruyn	415-456-1877	2B	
SUN AUGUST 5	9:30 a.m.	Rosemary Trowsdale	415-775-3206	2B	
SUN AUGUST 12	9:30 a.m.	Jordan Hermann	510-528-7894	2B	
*SAT AUGUST 18	8 9:30 a.m.	Kack Leibman	415-674-4370	2B	
	Co-Listed	w/Sierra Club			
*SUN AUGUST 1	9 9:30 a.m.	Eva Libien	415-383-5184	2B	
	10:00 a.m.	Susan McCarthy	408-293-0891	1A	
SUN AUGUST 26	9:30 a.m.	Renee Powers	415-848-4940	2B	
*HIKERS' WEEKEND					

IMPORTANT! RAIN CANCELS

1A HIKES

(4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

NOTES: Hikes may carpool from meeting place to other trailheads. All participants should have some previous hiking experience and be able to hike at a moderate pace (i.e, approx. 2 miles per hour).

**Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com **Hikers' Weekends:** For supper and/or overnight arrangements, Contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.com.

PORT OF OAKLAND HARBOR TOUR THURSDAY, JUNE 21

Join us on our comfortable ferryboats with open-air decks as we cruise through the Oakland Estuary and the outer harbor. You'll see the giant cranes that just barely made it under the Golden Gate Bridge and the San Francisco-Oakland Bay Bridge on the way to our new terminals. You'll also view our Middle Harbor Shoreline Park, more than 40-acres of parkland designed for public enjoyment and the 180-acre Middle Harbor Enhancement Area, home to a growing population of natural habitat ranging from eelgrass to birds. Further information can be found at portofoakland.com.

The Alpine Club has reservations for 25 people on Thursday, June 21st, at 10:30 a.m. We will meet at 10:15 in front of the Potomac Visitor Center at the corner of Clay and Water Streets, in Oakland. (Water Street is one block west of the Embarcadero.)

The closest public parking garage is located on Washington Street, between 2nd and Embarcadero. There is a fee to park in that facility. There are free 2 hour parking spaces in the neighborhood a further distance away.

Boarding will take place at the Oakland Ferry Terminal located at the foot of Clay Street in Jack London Square.

If people are interested, we are planning to picnic at Middle Harbor Shoreline Park after the tour. You can bring your lunch or buy it at Jack London Square

Please contact **Frank or Kitty Locke** at 925-283-8648 or FELocke@aol.com to make reservations.

- Kitty Locke

BIRDING IN TAHOE AND CONSERVATION BENEFIT AT ECHO LODGE

Join us June 7-10 for our CACF annual Spring Special Event. Karen and Jerry Wagner return to share their enthusiasm for bird watching on the trails around Lake Tahoe, Fallen Leaf Lake and Taylor Creek in search of our feathered friends. Picnic breakfasts and lunches will never taste as good as they do after birding in the high Sierras. Saturday, after a scrumptious dinner, our guest speaker will be Karen Schaumbach from the Center of Sierra Nevada Conservation. Sunday after cleanup and beyond the weekend, we will kayak on Mono Lake to fulfill a"dream come true" if you follow on the wake of Jerry and Karen. All proceeds from this event will go into the CAC Conservation Foundation Fund to be disbursed to charitable organizations that we appreciate and benefit from. Along with great food, we plan to have a variety of educational and entertaining videos. If you have not confirmed your reservations, please do so via check to Karen Wagner, 2622 Wawona Dr., Santa Rosa, CA. 95405. Deposit only \$10 per person per night toward your fee rate of \$17 per full day for meals, \$5 per dorm bed per night, \$10 per room bed per night (double occupancy) and \$5 per day Associate member fee. We look forward to another wonderful CAC event at Echo Lodge.

Jay Hallberg

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30 PM or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

Summer/Fall Hosts and Hosts-in-

Training: Only one summer week still needs hosts: Friday, August 31st thru Labor Day, September 3rd. September weekends and most of October through mid-December are also available for either Member Rentals or hosted events. We also need a host for Thanksgiving weekend, a special time to be at Echo Lodge. Contact me by e-mail or telephone to schedule your time.

-Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be Saturday, June 2nd, at Jim Nixon's home. Contact Jim at 650-756-7771 if you would like to attend.

Summer/Fall '07 Echo Summit Lodge Schedule:

JUN 3-7 SUN-THURS AVAILABLE FOR TRAINED HOSTS

JUN 7-10 THU-SUN ECHO CONSERVATION & BENEFIT & BIRDING IN THE TAHOE REGION

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr., Santa Rosa, CA 95405 karwag@sonic.net

JUN 10-15 SUN-THURS AVAILABLE FOR TRAINED HOSTS

JUN 15-17 FRI-SUN MEMBER RENTAL Sheryl & James Letcher 530-885-0589

JUN 17-JUL 1 SUN-SUN SPA WEEKS
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

JUL 4 WED ECHO OPEN HOUSE AND 55th ANNIVERSARY

Contact John Hannum to reserve a free plate of barbeque at Open House (the Lodge will be occupied July 2-5 by volunteer-helpers) jrhannum@sbcglobal.net phone 707-525-8108

JUL 5-6 THURS-FRI ECHO MINI WORK PARTY

Help clear defensible space around the lodge after the winter snow has melted.

Tom Coleman travmcgee@comcast.net 707-769-7001

JUL 6-8 FRI-SUN TRAIL CLEARING WEEKEND

Contact Tom Coleman travmcgee@comcast.net

707-769-7801

JUL 8-13 SUN-FRI HIKERS' WEEK Maureen Smith 650-697-3846

219 Barclay Ave, Millbrae, CA 94030 MissBrigid@aol.com

JUL 13-20 FRI-FRI

Kathy & Bill Faherty 707-539-7081 5420 Gates Rd, Santa Rosa, CA 95404 kfaherty@mac.com

JUL 20-26 THURS-FRI HIKERS' WEEK Edna Trimm 415-456-5557

P.O. Box 213, Fairfax, CA 94978 etrimm@sbcglobal.net

JUL 26-29 THURS-MON

Art Ewart & Kathleen O'Dea 707-538-3696 1405 Snowy Cloud Way Santa Rosa, CA 95409 aewart@sbcglobal.net

JUL 29-AUG 2 SUN-THUR

Barbara & Keith Crockett 650-365-6280 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

AUG 2-5 THUR-SUN YOUNG FAMILIES WEEKEND

Monika Balsamo and 707-539-2140 Ed & Anne Del Monte 4841 Parktrail Dr, Santa Rosa, CA 95405 m balsamo@earthlink.net

AUG 5-9 SUN-THUR

Ernie Pitz & Bob Riboli 415-383-8143 1 Alta Vista Ave, Mill Valley, CA 94941 guidop6@comcast.net

AUG 9-12 THUR-SUN

Lillian Young 650-588-5689 3650 Sneath Ln, San Bruno, CA 94066 lcyoung@att.net

AUG 12-19 SUN-SUN INTER-GENERATIONAL WEEK

Mary Kay & Craig McKown and Joan Ryan & John O'Sullivan 415-647-4626 3839 26th St, San Francisco, CA 94131 mkmckown@mac.com

AUG 19-26 SUN-SUN HIKING & FELLOWSHIP WEEK FOR SENIORS

Ray Sommer (Reservations) 415-472-1229 ray@sommerworld.com 15 Terra Linda Dr, San Rafael, CA 94903 See article in this issue.

AUG 26-31 SIDING PROJECT

AUG 31-SEP 3 AVAILABLE FOR TRAINED HOSTS

SEP 6-10 THURS-MON FANTASTIC FALL FUN & WORK PARTY

Contact: Tom Coleman 707-769-7801 travmcgee@comcast.net

SEP 28-30 FRI-SUN MEMBER RENTAL

Lee Yamada & Phyllis Cole 831-438-5749

SEP 30-OCT 7 SUN-SUN SPA WEEK Helen Alfredson 805-647-5407

Helen Alfredson 805-64 109 Stardust Ln, Ventura, CA 93004 hjalfredson@yahoo.com

OCT 26-28 FRI-SUN HOST APPRECIATION & TRAINING

Cindy Toran (reservations) 707-539-4396 toranski@aol.com 932 Ripley St, Santa Rosa, CA 95401

Watch for updates in future issues of TRAILS!

CORRECTION TO RATE CHANGES FOR ECHO LODGE

As published in May Trails

The article on page 7 in May Trails should have stated, "The rate for meals increases \$1 per day from \$16 to \$17." See the complete Echo Lodge rate schedule in the enclosed CAC Reference pull-out section.

— Cindy Toran

OPEN HOUSE AT ECHO JULY 4

July 4, 2007 is the 55th anniversary of Alpine Club's ownership of Echo Summit Lodge.

The event is about Alpine Club and its Echo Summit Lodge and the friends and neighbors who make it such a special place. We'll talk about the history, maybe take a hike or two and have a neighborly plate of BBQ chicken and baked beans.

Every CAC member is welcome for the afternoon (the Lodge will be filled with event workers). Contact John Hannum at jrhannum@sbcglobal.net or 707-525-8108 if you'd like to join in the celebration and the BBQ meal, hosted by Echo SummitTrustees (i.e., no charge to attendees).

— John Hannum

9

CONSERVING OUR WAY OF LIFE

I am constantly reminded that our beloved Alpine Club has a rich history of supporting a multitude of groups of like-minded participants. **Mae Harms** recently reminded me that the CAC was a founding member of the Western Federation of Outdoor Clubs. The Federation's 75-year anniversary is being held at the Summit Lodge, Snoqualmie Pass, Washington. I hope to join other members of the CAC there for such a momentous occasion. You need not be a member of WFOC to attend, and Mae will provide additional information if you wish to include this event in your itinerary.

My wife, the lovely and funny **Laureen Novak**, recently stopped at the Marin County Visitors Bureau in Larkspur Landing and found a treasure of information for all sorts of hiking opportunities and maps to guides us on our way. Among the treasures were maps of Bolinas Lagoon, Bothin Marsh, Gary Giacomini, Ring Mountain and Tiburon Ridge, and Bald Hill Open Space Preserves. Also, The Tamalpais Retirement Community's 30-year celebration published the Tamalpais Walkers Trail Guide with their 30 Favorite Trails from Fort Baker to Angel Island to Deer Island Preserve. When passing by Larkspur Landing, consider a visit to the Marin County Visitors Bureau (www.visitMarin.org) which may open up many new experiences.

Many things have happened in recent months, one being that **Lawrence Kornfield** provided me a very interesting video capturing the "Scrap House" National Geographic Event on the steps of SF City Hall. Lawrence is the founding father of the CAC Foundation and we owe a great deal of respect to his vision.

Furthering such a vision, I have accepted a challenge to be certifiably "Green" and will pursue such a standard to make a positive stand toward "conserving our way of life". What does being "Green," mean to you? I would love to hear your thoughts.

Your CACF Directors (Jay Hallberg, Mae Harms and Bill Meneguzzi) look forward to your response and participation in our future.

 Jay Hallberg, Conservation Chair and CACF Director and President



Digging out from Spring Host Training at Echo Lodge, April 22, 2007.

TRAIL/DEFENSIBLE SPACE CLEARING AT ECHO LODGE JULY 5-8

Please join **Tom Coleman** and other CAC members and friends up at Echo the day after July 4th. We will spend a lovely day or two making the United States Forest Service and our insurance company happy by removing excess shrubbery from the land around the lodge. The Forest Service has dictated that the manzanita bush so prevalent be thinned out to prevent a fire from using it as a ladder and sending our beautiful Lodge up in smoke.

We will also be working with the USFS doing trail-clearing on Saturday. We usually work on the Pacific Crest Trail or one of the other trails near our Lodge. We'll remove trees that have fallen across the trail, install new trail as needed, breathe in a lot of trail dust, and work up hearty appetites!

Contact Tom Coleman, 707-769-7801 or travmcgee@comcast.net.

—Tom Coleman

SPRING'07 HOST APPRECIATION & TRAINING AT ECHO LODGE

Fourteen very special CAC members, including President, **Tony Smith**, were welcomed by Trustees **Cindy Toran** and **Edie Nelson** to the 2007 Spring Host Appreciation and Training weekend.

Most folks arrived for dinner Friday evening, prepared by Cindy Toran with great assistance by **Paul Vermef**, **Susie Thompson**, and others. But veteran hosts, **Ben & Kristina Gale**, won the award for arriving the latest at about 1 am allegedly to avoid the traffic. Since it was a special anniversary weekend for Ben & Kristina, we suspect they actually took time for a leisurely dinner along the way. We were honored to have them choose to spend their special event at Echo Lodge with us.

Richard & Susan Wisowaty hosted at Echo many years ago but decided to come and see how things have changed, both in operations and upgrades to the facility. They lent a great perspective from the good ol' days at Echo.

Joan Casey and **John Watt** traveled the farthest to attend, all the way from Bellingham, WA. They plan to spend more time in the Bay area soon and want to include hosting at Echo Lodge.

Laura Lindskog and Susie demonstrated the winter water turn-off and -on process for everyone, and **Joni Hyerle** took the lead for the actual water shut down on Sunday after clean-up.

Other graduates of this session included **Carl Duisberg**, who has been lucky enough to see a lot of snow this season, and **Doug and Cynthia Sterling**, experts on house swaps for vacations.

Host Training sometimes offers live training on snow procedures, and this was no exception. Cindy warned everyone after Saturday breakfast that a serious winter storm was approaching and those who wanted to definitely be home on Sunday should consider going after Saturday training. Nine people did go home after an excellent dinner prepared by Edie, but all completed their selected chores in Echo tradition before departing. The remaining eight hearty folks woke Sunday morning to a winter wonderland of over 12 inches of new powder. Alas, the ski areas were closed so we dug ourselves out with the help of snow-blower enthusiast, **Russ Toran**, and all made it out Johnson Pass Rd to Hwy 50, which was plowed.

A special thanks to **Karen Wagner** for creating the professional training materials, a huge improvement over those used in previous training sessions.

— Cindy Toran

MECHANICAL BY-LAWS UPDATE

Maryann Loughran-Smith and Carroll Pearson have reviewed the by-laws for mechanical changes after the excellent job of editing performed by Carmen Meneguzzi. That is, changes that are spelling, grammar, sentence structure, and formatting – nothing substantive. We are using a tool in MS Word that tracks changes so that reviewers can see what changes have been recommended. Inserts are indicated by an underline and deletes are shown with strike-throughs.

The proposed by-laws with mechanical updates have been posted on our web site at calalpineclub.org. The present form of the by-laws is available on the web site as well. If you need the user id and password for our web site, please contact Carroll Pearson. Please review and send your comments to Maryann at mclrules@ cox.net phone: 480-636-1492 or Carroll at pearsoncmp@aol.com phone: 408-726-9403. For those of you without computers, any public library can provide access to the web site and the librarians will help you. You may print the mechanical by-laws, if you wish.

We will re-post the mechanical by-laws version after comments received during the month of June are addressed. We will be voting as a membership on the acceptance of these mechanical changes to our by-laws at the quarterly meeting on July 15, 2007.

Miscellaneous

Total

— Maryann Loughran-Smith and Carroll Pearson

CALIFORNIA ALPINE CLUB FUND BALANCES MARCH 31, 2007 AND 2006

CAC	Balance 3/31/07	Balance 3/31/06
OPERATING FUNDS		
General Fund	\$54,153.00	\$43,249.00
Lodge Reserve Fund	\$13,863.00	\$20,293.00
Total Operating Funds	\$68,016.00	\$63,542.00
INVESTMENT FUNDS	, ,	, ,
Life Member Fund	\$51,900.00	\$48,292.00
TOTAL CAC	\$119,916.00	\$111,834.00
ALPINE LODGE		
Operating Account	\$54,818.00	\$23,296.00
Rental Account	\$21,946.00	\$10,301.00
TOTAL ALPINE	\$76,764.00	\$33,597.00
ECHO CIRAMETI ODCE		
ECHO SUMMIT LODGE	¢20 500 00	¢26 745 00
Unrestricted Current Assets	\$20,599.00	\$26,745.00
Reserve Accounts	\$108,742.00	\$87,129.00
TOTAL ECHO	\$129,341.00	\$113,874.00
TOTAL ALL ACCOUNTS	\$326,021.00	\$259,305.00

CALIFORNIA ALPINE CLUB INCOME AND EXPENSES FOR FISCAL YEAR ENDING 3/31/07

11 (001/1				KIIDOIL I	Dill Di		07	
Income		CAC		Alpine		Echo		Total
Dues and Entrance Fees (Divided)	\$	39,268.00	\$	2,565.00	\$	1,710.00	\$	43,543.00
Donations	\$	1,745.00	\$	315.00	\$	1,390.00	\$	3,450.00
Interest and Dividends	\$	2,436.00			\$	4,478.00	\$	6,914.00
Outings	\$	2,546.00					\$	2,546.00
Operating Income (see below)	_		\$	67,804.00	\$	46,947.00	\$	114,751.00
Total Income	\$	45,995.00	\$	70,684.00	\$	54,525.00	\$	171,204.00
Expenses								
Activities	\$	474.00	\$	1,121.00	\$	3,549.00	\$	5,144.00
Printing & Postage	\$	11,596.00			\$	368.00	\$	11,964.00
Insurance	\$	1,051.00	\$	7,708.00	\$	4,116.00	\$	12,875.00
Taxes			\$	3,945.00	\$	2,954.00	\$	6,899.00
Repairs & Maintenance			\$	23,280.00	\$	4,478.00	\$	27,758.00
Utilities			\$	11,858.00	\$	9,545.00	\$	21,403.00
Supplies & Equipment			\$	5,051.00	\$	3,477.00	\$	8,528.00
Miscellaneous	\$	945.00	\$	739.00	\$	585.00	\$	2,269.00
Income Taxes	\$	264.00			\$	261.00	\$	525.00
Total Expenses	\$	14,330.00	\$	53,702.00	\$	29,333.00	\$	97,365.00
Net Income	\$	31,665.00	\$	16,982.00	\$	25,192.00	\$	73,839.00
Special Items								
Transfer to Lodge Reserve	\$	(4,275.00)						
Internal Transfers (Rent) Improvements	\$	(12,000.00)	\$	12,000.00				
OPERATING INCOME								
ALPINE LODGE			EC	HO SUMMIT				
Club and Lodge Activities	\$	11,699.00	Loc	lging	\$	21,572.00		
Outside rentals	\$	34,810.00		tside Rental	\$	245.00		
Member rentals	\$	19,506.00	Me	mber Rental	\$	5,925.00		

1,789.00

67,804.00

Associate dues

Miscellaneous

Meals(less expenses)

\$

\$

\$

3,408.00

14,463.00

1,334.00

46,947.00

11

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936 P.O. Box 2180 Mill Valley CA 94942-2180

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LABOR DAY FAMILY CAMP IN THE GOLD **COUNTRY SEPTEMBER 1-3, 2007**

Join us September 1-3 at Camp Del Oro, near Nevada City for boating, hiking, swimming and other summer fun. The CAC Family Camp is a chance for CAC members and their extended families to have a camping-type experience. Prices are as follows:

Children (ages 3-12) in tent or RV - \$40 Children (ages 3-12) in cabin - \$70 Adults in tent or RV - \$70

Adults in cabin - \$100

A few cottages with bathrooms for people with special needs are available at an additional cost.

The camp can accommodate 125 campers, and we will take a waiting list. Reservations can be held by sending a check for \$25 per person made out to Susan McCarthy at 1141 Willow Glen Way, San Jose, CA 95125-3360. Deposits are refundable up until the week prior to the event. You can contact Susan at mccarthysf@gmail.com or 408-293-0891.

Of course, we need the usual CAC supply of help. Expect to volunteer for a chore. To volunteer to help with the campfire program and other children's activities, please contact Carroll Pearson at pearsoncmp@aol.com or 408-736-9403. Let us know how you can help. Remember that the Bay Bridge will be closed Labor Day weekend.

- Susan McCarthy and Carroll Pearson

TRAILS NEWSLETTER ALERT

Please send articles for the July/ August issue of TRAILS to editor, **Pat Boyd**, at boyd4@pacbell. net, or via mail to 1705 California St, Berkeley CA 94703-1205. telephone 510-848-4134.

Pat should receive articles for the June issue no later than June 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the September issue of TRAILS will be **Helena Troy**, at hmtroy@aol.com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 83 July/August 2007 No. 6

LEE VINING - MAMMOTH TRIP

This is a joint trip with the Rossmoor Trails Club. See June *Trails* for details. Leaders are Nell Fraser 925-934-9039, nellfraser@yahoo.com for Rossmoor and Tony Smith 925-933-2403, joannetony@sbcglobal.net for the Alpine Club.

AUG 14-16, 3 nights Lee Vining, Car Camp or Motel

AUG 17-20, 4 nights Mammoth, Motel or Condo

Make your motel or camp reservations, fill a car up with hikers, let Nell or Tony know you are coming and for how long. Remember, this is high altitude Eastside Sierra, so be sure you are fit and OK medically.

—Tony Smith

DECKSIDE DINING AND BED & BREAKFAST

On Saturday, July 21, 2007, a special deckside dinner begins a fun filled B&B week at the Alpine Lodge from July 21-28. The dinner features BBQ ribs, slow baked beans, delicious salads, and dessert. Happy Hour starts at 5pm; dinner at 6pm costs \$14 for members and \$17 for associates. Overnight including continental breakfast is \$15 for members; \$20 for associates.

A number of events will be scheduled during the week, including a special hike on Thursday, led by Sally Fredericks. Call Helen Walsh, 295-370-0546 hellies@sbcglobal.net or Barbara Stewart, 510-655-6753 for reservations. Come for a day or come for the week!

-Helen Walsh

LABOR DAY FAMILY CAMP IN THE GOLD COUNTRY SEPTEMBER 1-3, 2007

Join us September 1-3 at Camp Del Oro, near Nevada City for boating, hiking, swimming and other summer fun. Everyone had a great time last year and the new bathrooms were a delight. We need more signups by July 12th or we may need to cancel the event. The CAC Family Camp is a chance for CAC members and their extended families to have a camping-type experience. Prices are as follows:

Children (ages 3-12) in tent or RV - \$40 Children (ages 3-12) in cabin - \$70 Adults in tent or RV - \$70 Adults in cabin - \$100

A few cottages with bathrooms for people with special needs are available at an additional cost.

The camp can accommodate 125 campers, and we will take a waiting list. Reservations can be held by sending a check for \$25 per person made out to **Susan McCarthy** at 1141 Willow Glen Way, San Jose, CA 95125-3360. Deposits are refundable up until the week prior to the event. You can contact Susan at mccarthysf@gmail.com or 408-293-0891.

Of course, we need the usual CAC supply of help. Expect to volunteer for a chore. To volunteer to help with the campfire program and other children's activities, please contact **Carroll Pearson** at pearsoncmp@aol. com or 408-736-9403. Let us know how you can help. Remember that the Bay Bridge will be closed Labor Day weekend.

Reminder: This is a no alcohol event.

— Susan McCarthy and Carroll Pearson

"ECHO JOHN" HANNUM (AND CREW) DOES ALPINE

The "Cowboy BBQ" (see article in the June *Trails*) following the next Quarterly Membership Meeting July 15, 2007, at the Alpine Lodge will feature beef tri-tip, potato salad, baked beans and cowboy bread. Get your reservations and \$12 dinner payment (\$15 for Associates) mailed in to **Susan McCarthy** at 1141 Willow Glen Way, San Jose CA 95125-3350 before July 10. If you defer on beef, ask Susan for portabella instead. Make checks out to Susan.

Expect something different! You'll miss it if you miss it.

NOTE: This phone number is incorrect. The correct number is 925-370-0546.

—John Hannum, Board Member

TRAILS Editor ~ Pat Boyd

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers: President Vice President Secretary Treasurer Registrar	Carroll Pearson Tony Smith Maureen O'Hara Sm Jean Findlay Shirley Anderson	408-736-9403 925-933-2403 hith 650-697-3846 916-285-6186 831-427-2722	pearsoncmp@aol.com joanne-tony@sbcglobal.net MissBrigid@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com
Board of Directo Val Floch John Hannum Eva Libien Jean Rodgers Onnie Taylor Lillian Young	rs:	408-255-3378 707-525-8108 415-383-5184 415-435-9383 415-648-6380 650-588-5689	vfloch@pacbell.net JRHannum@sbcglobal.net elibien@yahoo.com jrodg1218@aol.com onniet@earthlink.net lcyou@sbcglobal.net
Committee Chair Conservation Finance Historian	rpersons: Jay Hallberg Dave Maier Verna West	415-383-1507 831-462-2764 650-854-6349	lareenie@yahoo.com dmmaier@pacbell.net 99swest@earthlink.net
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CAC Foundation Jay Hallberg, Pre Mae Harms Bill Meneguzzi		415-383-1507 530-333-1058 916-451-1523	lareenie@yahoo.com maeharms@mindspring.com bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angela Blackwell, Patricia Boyd, Anita Cabrera, Catherine Theilen Burke, Tom Mahood, Carroll Pearson, Dan Schoenholz and Helena Troy.

Contributors: Shirley Anderson, Angi Blackwell, Selma Bomfim, Ros Carol, Tom Coleman, Kay Gillis, John Hannum, Maryann Loughran-Smith, Eva Libien, Susan McCarthy, Tom McNicholas, Jim Nixon, Laureen Novak, Carroll Pearson, Michael Petak, Ernie Pitz, Tony Smith, Ray Sommer, Cindy Toran, Ruth Tretbar, Helen Walsh, Verna West, Lillian Young

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CAC Web Site: www.calalpineclub.org

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For *CAC Rosters*, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE



I solicited input for the President's Message. **Angi Blackwell** submitted the following:

"I've always thought that there needs to be a "Junior Members" section of the CAC, and that more needs to be done to encourage young families to use the Alpine Lodge, probably to have their own events. Many families with children feel that they, and especially the kids, are not very welcome at the dinners, etc. that happen up there. However if there were regular Sunday hikes, occasional parties and

sleepovers, and even a summer camp week in the summer, specifically geared towards families with kids, now that would attract people and make them feel more ownership.

I've discussed many of these ideas with other families, but the problem is that we are all swamped with two parents working and heavily involved in our kids' school and after-school stuff, and no one, including me, has a free five minutes—literally—in the day as it is. So some brave people with free time would have to step up to the plate, and free time doesn't usually go with "young families." But it might be worth throwing that idea out there."

We will schedule a brainstorming session at Family Camp to discuss these ideas. As Angi says, we need people without huge family commitments to help lead the "Junior Members" section of CAC. Please let us know if you would be willing to help.

Courtesy and Consideration: Let's remember that our hosts and coordinators make the activities within the California Alpine Club possible. Mistakes will be made, so be forgiving and understanding. Never miss an opportunity to thank our tireless volunteers who make our club what it is.

Web Site: We are starting to place our agendas, minutes, and reports on our web site at calalpineclub.org. If you need the userid or password, please send a note to Carroll Pearson at pearsoncmp@aol.com. For those of you without computers, access to the Internet is available at Public Libraries. The librarians will help you. You are most welcome to attend board and trustee meetings. The schedules are in Trails and on the calendars, also on our web site.

Mechanical By-Laws Change: Please see the article on page 3. We will be voting on this change at the July 15, 2007, membership meeting. Please come to the meeting, as we need a quorum of 30 members.

- Carroll Pearson, President

MEMBERSHIP REPORT

July 2007

No New Members

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS:

Greg Farber, Laura Gordon, William J. Steinmetz, Steve Fisch

- Laureen Novak, Membership Chair

JUNE 7 ALPINE LODGE WORK PARTY

Warmest thanks to those who turned out for the June 7 work party at the Alpine Lodge. **Eva Libien, Ursula Pedersen**, and prospective members Julie Bellefleur and Bill Steinmetz worked in the garden. Bill pulled blackberry vines; Eva, Ursula and Julie weeded and removed dead flowers and foliage. Rosemary Trowsdale and Barbara Hawke washed windows, cleaned the deck tabletops, and prepared lunch. Jennie Bruyn cleaned refrigerators, cleaned out the fireplace and brought up firewood, and cleaned up the dining porch. **Mayme Harris** cleaned the Tam Building and did the final washing of the kitchen floor, after she and Jennie had washed the dishes. Eva also found time to clean the barbecue grill and water plants. Melanie Facen cleaned the front porch and then reorganized the bar area and inventoried supplies.

The Trustees are grateful to these self-starters who worked on their own while the Trustees held a necessary meeting.

- Ruth Tretbar

IS YOUR EMAIL

... on this list? If so, please provide the registrar with one that doesn't bounce.

Contact Shirley Anderson at Shirl@cruzio.com.

jjl@mcihispeed.net	James Letcher
roster@alpine.net	Helen Roster
siatost@aol.com	Sy Siatost
allannaomi@aol.com	Naomi Hanson
koer@coastside.net	Wayne Koerting
irvingrubin@comcast.net	Irving Rubin
igschouten@cs.com	Innes Bergman
yvonnest@dcn.org	Yvonne Stevens
wrwisej@earthlink.net	William Wise
alpineclub@jwhiggins.com	James Higgins
vitsch@msn.com	Vital Schoeb
eparker@surewest.net	Evelyn Parker
sraker@waterboards.ca.gov	Sarah Raker

- Shirley Anderson

ALPINE LODGE SUNDAY INNKEEPERS

JUL 01	Anne Allio	650-583-1543
JUL 08	Cheryl Wilson	415-860-3808
JUL 15	Ernie Pitz	415-383-8143
JUL 22	Trudy Powers	415-564-3398
JUL 29	Lyda Dicus	925-934-1071
AUG 5	Nancy Waldeck	415-552-5836
AUG 12	Erin Neff	415-861-3447
AUG 19	Anne Finley	415-453-9322
AUG 26	Iennie Bruvn	415-456-1877

More innkeepers are needed to keep the Alpine Lodge open on Sundays. To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim@hotmail.com.

— Selma Bomfim

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MECHANICAL BY-LAWS VOTING

The proposed by-laws with mechanical updates have been posted on our web site at calalpineclub.org. The present form of the by-laws is available on the web site as well. If you need the user id and password for our web site, please contact Carroll Pearson. Please review and send your comments to **Maryann Loughran-Smith** at mclrules@cox.net phone: 480-636-1492 or Carroll at pearsoncmp@aol.com phone: 408-736-9403. For those of you without computers, any public library can provide access to the web site and the librarians will help you. You may print the mechanical by-laws, if you wish.

We will re-post the mechanical by-laws version after comments received during the month of June are addressed. We will be voting as a membership on the acceptance of these mechanical changes to our by-laws at the quarterly meeting on July 15, 2007.

— Maryann Loughran-Smith and Carroll Pearson

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sun, Jul 15, 2007	Board of Directors Meeting at 2 pm.
	Quarterly Meeting at 3 pm.
	Dinner to follow.
Sat, Sep 15, 2007	Board of Directors Meeting at 3 pm.
Sun, Oct 21, 2007	Board of Directors Meeting at 2 pm.
	Quarterly Membership Meeting at 3 pm.
	Dinner to follow.
Sat, Nov 17, 2007	Board of Directors Meeting at 3 pm.

If you have any questions or wish to have an item on the agenda, contact Carroll Pearson at pearsoncmp@aol.com or call 408-736-9403. Members are welcome at board meetings.

— Carroll Pearson

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ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP-TO-THE-MINUTE LISTINGS, GO TO WWW.CALALPINECLUB.ORG AND CLICK ON THE MEMBERS PAGE. CONTACT MICHAEL PETAK AT ALPINELODGE1@YAHOO.COM FOR THE USER ID AND PASSWORD.

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

JUL 4 WED SPONTANEOUS OVERNIGHT

JUL 4 WED HOLIDAY PARTY

BBQ and Potluck Celebration. Come to the Alpine Club for "leadless" hike or a 2B hike led by Jennie Bruyn at 10am followed by a festive 4th of July celebration. If you don't hike, just come for the potluck. Please call or email Eva Libien, 415-383-5184 or elibien@yahoo.com to let her know what you plan to bring. Then mail your \$10 check to Eva Libien, 2 Eucalyptus Knoll St., Mill Valley, CA 94941.

JUL 5 THUR MIDWEEK WORK PARTY 9AM - 2:30PM

Hardy Dawainis, Coordinator

There will be many construction, maintenance, and housekeeping projects for us to do. Support the Alpine Lodge and new Trustee Hardy Dawainis. Contact Hardy at 415-461-4431 or hdawainis@comcast.net to let him know you are coming.

JUL 8-14 SUN-SAT NON-MEMBER
Sierra Club RENTAL

JUL 14-15 SAT-SUN HIKERS' WEEKEND Happy hour at 4:30pm. BYOB and bring an appetizer to share. Dinner, salad and dessert at 6pm. Members \$8, Associates \$11. You are invited to spend the night at the Lodge and awake to a delicious breakfast. Members \$19, Associates \$27. Contact Nuala at 415-

922-6775 or email ntcaulfield@MSN.com

JUL 15 SUN LEADERSHIP MEETINGS
Alpine Trustees meet at noon, CAC Foundation
Directors meet at noon, Board of Directors meet at 2
pm, Quarterly Membership meeting at 3 pm, Dinner
to follow. See article page 1.

JUL 17-20 SIERRA SINGLES EVENT Susan Bernard

JUL 21-28 SAT-SAT ALPINE B&B WEEK
Dinner July 21 is Deckside Dining (see article, page
1). Host Helen Walsh, hellies@sbcglobal.net.

JUL 29 SUN 9AM - 2:30PM WORK PARTY Ed Del Monte, Coordinator

Ed has several maintenance projects planned and can use your help. There are more summer garden tasks to be done. Please bring your gloves, garden tools, and an energetic spirit; enjoy a hearty lunch and good company. Contact Ed at edelmonte@ delmontecito.com or at 707-528-7983 to let him know you are coming.

AUG 2 THUR 9AM - 2:30PM WORK PARTY Ruth Tretbar, Coordinator

Please join Ruth and other Alpine Club volunteers for a summer work party. We will tackle housekeeping, gardening and maintenance projects. Contact Ruth at rtretbar@yahoo.com or 510-836-0108 if you plan to attend.

AUG 10-11 FRI-SAT MEMBER RENTAL
Erin Neff

AUG 18-19 SAT-SUN HIKERS' WEEKEND See Jul 14-15.

see jui 14-13.

AUG 25-26 SAT-SUN MEMBER RENTAL Les and Mary Will 415-751-6469

AUG 27-29 MON-WED NON-MEMBER
Phoebe Hearst RENTAL

AUG 31-SEP 3 FRI-MON ALPINE B&B Cohosts: Mary Frey, 415-492-2510, marymaryhiker. com and Barbara Stewart, 510-655-6753.

SEP 6 THUR MID WEEK WORK PARTY Information to follow in upcoming TRAILS.

SEP 6-7 THU-FRI MEMBER RENTAL
Pearl Lam

SEP 8 BERKELEY FOLK DANCERS

SEP 10-13 MON-THUR MEMBER
Allyn Bromley RENTAL

SEP 15 SAT LEADERSHIP MEETINGS
Alpine Trustees meet at 1 pm and the Board of
Directors meet at 3 pm in the Social Hall. Everyone
is welcome

SEP 15-16 SAT-SUN HIKERS' WEEKEND See Jul 14-15.

SEP 20 THURSELDER LUNCHHOST: Lilian Young650-588-5689See page 5lcyou@sbcglobal.net

SEP 21-22 FRI-SAT MEMBER RENTAL Mary Pezzuto 925-934-7836

SEP 23-29 SUN-SAT NON-MEMBER
Sierra Club RENTAL
Birding and Photography

OCT 1-3 MON-WED MEMBER RENTAL
Anita Vehnder

OCT 4 THURS MID WEEK WORK PARTY Information to follow in upcoming TRAILS.

OCT 6-7 SAT-SUN MEMBER RENTAL
Charlene Schmidt

OCT 12-13 FRI-SAT HOST TRAINING

OCT 14 SUN 10AM-3PM WORK PARTY

OCT 20-21 SAT-SUN HIKERS' See Jul 14-15. WEEKEND

OCT 21 SUN LEADERSHIP MEETINGS CAC Foundation Members meet at noon. Board of Directors meet at 2pm in the Social Hall. Quarterly Membership meeting at 3pm. Dinner to follow. Everyone is welcome. Watch TRAILS for details.

OCT 27 SAT HALLOWEEN PARTY Coordinators: Sue Karp and Jordan Hermann.

NOV 1 THUR MIDWEEK WORK PARTY Coordinator Ruth Tretbar

NOV 3 SAT MEMBER RENTAL
Teresa Acosta

NOV 17 SAT CACF MEETING & FUNDRAISER

NOV 17-18 SAT-SUN HIKERS' WEEKEND See Jul 14-15.

NOV 17 SAT LEADERSHIP MEETINGS
Trustees meet at 1 pm, and the Board of Directors at 3pm.

NOV 22 THUR THANKSGIVING DINNER Host, Tony Smith

NOV 23-25 MEMBER RENTAL Helga Raab

NOV 29 THUR MIDWEEK WORK PARTY Coordinator Ruth Tretbar.

DEC 6 THUR MIDWEEK WORK PARTY Coordinator Ruth Tretbar.

DEC 8 SAT CAL ALPINE CLUB
HOLIDAY PARTY

Need a Sponsor

DEC 9 SUN CHILDREN'S HOLIDAY
PARTY
Coordinator Mary Frey
Cost \$10 per family.

DEC 16 SUN MTIA HOLIDAY PARTY

DEC 15-16 SAT-SUN HIKERS' WEEKEND See Jul 14-15.

HOLIDAY DINNER

DEC 21 FRIFriends of Bev and Betty

DEC 25 TUES HOLIDAY DINNER
Christmas Day dinner. Sponsor Eva Libien

DEC 31 MON NEW YEAR'S EVE EVENT

Sponsor Needed

ALPINE LODGE CALENDAR ON THE MEMBERS WEB PAGE

For up-to-the-minute listings, go to www.calalpineclub.org. Click on the Members page and click on the Alpine Lodge Calendar in the left column. Send a note to *Michael Petak* at alpinelodge1@yahoo.com, if you need the user id and/or password to the member web page or to provide comments on the new calendar.

— Michael Petak

4 TRAILS JULY/AUGUST 2007

THANKS, AGAIN, TO MARION BLAKE RHODES

Recently, a parcel from Marion Blake Rhodes arrived at Ray Sommer's home; within were historic books which had been treasured by Marion's parents, Charlie and Esther Blake. (Charlie and Esther were resident host and cook for many summers at Echo). The books have been dispersed to cases at Alpine and Echo. They represent the bloom of California histories that were published around the time of the State's Centennial; some are truly collectors items.

Look for *Anybody's Gold* by Jackson and Suydam or *Forty-Niners*, by Hulbert, for a good read next time you're at Echo; they recount the rigors and joys of emigration and early life in the neighborhoods of Placerville and Carson City. Other books related to Marin and its environs are now shelved at Alpine.

Thanks, Marion, for your generous donations to the lodges.

—John Hannum

CHAMPAGNE LUNCHEON FOR SENIOR ALPINERS

On Thursday, September 20, from noon to 3pm, we plan a celebratory luncheon to honor our senior members for their years of loyalty and service. Come enjoy the ambiance of the Lodge in the company of old friends, laugh over memories and share future plans.

For reservations, call 650-588-5689, or just send a check (\$14 for members, \$17 for associate members) made payable to me, **Lillian Young**, at 3650 Sneath Lane, San Bruno, CA 94066. If you need a ride, or can give another member a ride, please let me know.

We hope to reach many of you, and, if you know of any former members who no longer receive *Trails*, please invite them to join us.

Because this is a midweek event, help may be scarce, so we would really appreciate assistance from members who can be available to decorate and set-up before the event and/or cleanup afterwards. Call **Nuala Caulfield** at 415-922-6775 if you can help.

—Lillian Young

	OUTINGS 2007
AUG 6-10	Bob Hanson doctoroutdoors@comcast.net Base camp in Dinkey Lakes Wilderness (FULL)
AUG 14-20	Car Camping, motel — Lee Vining, Mammoth Tony Smith Joanne-tony@sbcglobal.net See article, page 1.
AUG 19-24	Car Camping Sierra Buttes Ernie Pitz Guidop6@comcast.net for details 415-383-8143. See article, page 6.
SEP 9-15	Bob Hanson doctoroutdoors@comcast.net Canoe trip to Montana (FULL)
SEP 27-OCT 4	Fall Foliage at Acadia National Park RosCarol@aol.com 650-592-9394 (WAIT LIST)
OCT 13-14	Salmon Festival, Nimbus Fish Hatchery, Rancho Cordova BBQ, kids games, environmental booths Overnight accommodations on hold until 9/21 shanaavalos@earthlink.net 916-652-3864
OCT 26-28	Winery bike tour in Napa Valley Tom McNicholas TomMcNicholas@yahoo.com 707-254-9953, See article on this page.
DEC 6, 7	Christmas in the Monterey Adobes Ruth Tretbar Rtretbar@yahoo.com 510-836-0108 Marion Hazzard marionhiker@hotmail.com 415-661-6876
	—Ros Carol

NAPA VALLEY BIKE, HIKE, WINE AND DINE— OCTOBER 26-28

This time of year in Napa Valley, just after the crush and the crowds thin out, and the weather cools, can be the best for biking. Bothe-Napa Valley State Park offers quiet and seclusion on the edge of the Napa Valley wine country. Visitors can follow hiking trails along a stream, climb to a vantage point on Coyote Peak at 1170' or hike to nearby Bale Grist Mill State Historic Park. We plan to bike tour wineries from here on Saturday and early Sunday with various levels of rides available; bikes can be rented nearby. Tent camping at reserved group campground (motor homes or trailers not permitted) or make your own motel reservations –PLEASE CAR POOL IF POSSIBLE.

The meals included are hot water breakfasts and happy hour; there are many places to buy picnic lunches, restaurants nearby or form your own cook group. Campfire planned. Arrive after 2 pm Friday and checkout by noon Sunday. Cost about \$25; space limited. Contact Tom McNicholas 707-254-9953, tommcnicholas@yahoo.com for details or to apply.

—Tom McNicholas

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ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERICK AND ARE BOLDED

SUN JULY 1 WED JULY 4 INDEPENDENCE DAY	9:30 a.m. 10:00 a.m. 10:00 a.m.	Rosemary Trowsdale Jennie Bruyn **Leaderless	415-775-3206 415-456-1877	2B 2B 1A
SUN JULY 8	9:30 a.m.	Karl Baeck Co-Listed w/Sierra Club	415-459-6370	2B
*SAT JULY 14	9:30 a.m.	Paul McKown Co-Listed w/Sierra Club	415-383-2774	2B
*SUN JULY 15	9:30 a.m.	Bob Smith	510-841-0402	2B
	10:00 a.m.	Jean-Marie Campbell	415-776-4422	1A
SUN JULY 22	9:30 a.m.	Don & Donna Rice	415-552-6087	2B
SUN JULY 29	9:30 a.m.	Jennie Bruyn	415-456-1877	2B
SUN AUG 5	9:30 a.m.	Rosemary Trowsdale	415-775-3206	2B
SUN AUG 12	9:30 a.m.	Jordan Herrmann	510-528-7894	2B
*SAT AUG 18	9:30 a.m.	Jack Leibman	415-674-4370	2B
		Co-Listed w/Sierra Club		
*SUN AUG 19	9:30 a.m.	Eva Libien	415-383-5184	2B
	10:00 a.m.	Susan McCarthy	408-293-0891	1A
SUN AUG 26	9:30 a.m.	Renee Powers	415-848-4940	2B
SUN SEP 2	10:00 a.m.	**Leaderless		2B
SEP 3 MON	10:00 a.m.	Bob Smith	510-841-0402	2B
		LABOR DAY		
SUN SEP 9	10:00 a.m.	Taren Hamilton	415-378-4240	2B
*SAT SEP 15	10:00 a.m.	Ursula Pedersen	415-479-0343	2B
*SUN SEP 16	10:00 a.m.	Karl Baeck	415-459-6370	2B
		Co-listed w/Sierra Club		
*SUN SEP 16	10:00 a.m.	Susan McCarthy	408-293-0891	1A
SUN SEP 23	10:00 a.m.	Margrit Gonzalez	415-472-4270	2B
SUN SEP 30	10:00 a.m.	** Leaderless		2B
SUN OCT 7	10:00 a.m.	Hardy Dawainis	415-461-4431	2B
SUN OCT 14	10:00 a.m.	Ruth Tretbar	510-836-0108	2B
*SAT OCT 20	10:00 a.m.	Marion Hazzard Not too fast	415-661-6876	2B
*SUN OCT 21	10:00 a.m.	Karl Baeck Co-Listed w/Sierra Club	415-459-6370	2B
*SUN OCT 21	10:00 a.m.	Anne Allio	650-583-1543	1A
SUN OCT 28	10:00 a.m.	Anne Good	510-526-6792	2B
SUN NOV 4 SUN NOV 11	10:00 a.m. 10:00 a.m.	Don & Donna Rice Paul McKown	415-552-6087	2B 2B
SUN NOV II	10:00 a.III.	Co-Listed w/Sierra Club	415-383-2774	ΔĐ
*SAT NOV 17	10:00 a.m.	Bonnie Radest	415-897-0227	2B
*SUN NOV 18	10:00 a.m.	Taren Hamilton	415-378-4240	2B
THANKSGIVING DAY		To be announced		

IMPORTANT! RAIN CANCELS

1A HIKES (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M. DURING JUNE, JULY, AUGUST, 2B HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 9:30 A.M. AND 9:45 A.M. AT MT. HOME. NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no

**Leaderless hikes meet at Alpine Club. Please select a leader from the group. LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com **Hikers' Weekends**: For supper and/or overnight arrangements, contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.com

TRAIL/DEFENSIBLE SPACE CLEARING AT ECHO LODGE JULY 5-8

Please join **Tom Coleman** and other CAC members and friends up at Echo the day after July 4th. We will spend a lovely day or two making the United States Forest Service and our insurance company happy by removing excess shrubbery from the land around the lodge. The Forest Service has dictated that the manzanita bush so prevalent be thinned out to prevent a fire from using it as a ladder and sending our beautiful Lodge up in smoke.

We will also be working with the USFS doing trail-clearing on Saturday. We usually work on the Pacific Crest Trail or one of the other trails near our Lodge. We'll remove trees that have fallen across the trail, install new trail as needed, breathe in a lot of trail dust, and work up hearty appetites!

Contact Tom Coleman, 707-992-0650 or travmcgee@comcast.net.

— Tom Coleman

SIERRA BUTTES OUTING AUGUST 19 – 24

Come with us and pitch your tent in the Gold Lakes Area at the Salmon Creek Campground, just off Hwy 49 north of Sierra City. Swimming, hiking, feasting and camaraderie with our Chef de Camp **Bob Riboli**. Cost: \$45/ person, plus parking. Contact: **Ernie Pitz** 415-383-8143 or guidop6@comcast.net.

— Ernie Pitz

SENIOR WEEK AT ECHO LODGE, 55+ AUGUST 19 – 26

CAC seniors are going to "do it again" at Echo Lodge on August 19-26. Our leader is **Joan Stamme, Ray Sommer** is taking reservations and **Edie Nelson** is cooking.

The cost for the week is \$200, which includes van transport from San Francisco and Marin for those that no longer drive. (Those who wish to drive will be compensated if they drive participants while at Echo.)

To join us, please send \$50 for a funfilled week to Ray Sommer, 15 Terra Linda Drive, San Rafael, CA 94903. For further information and reservations, contact Ray at 415-472-1229

- Ray Sommer

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30 PM or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

Summer/Fall Hosts: September weekends and most of October through mid-December are available for either Member Rentals or Hosted events. We also need a Host for **Thanksgiving weekend**, a special time to be at Echo Lodge. Contact me by e-mail or telephone to schedule your time.

Winter Hosts: It is not too early to plan the time you would like to host at Echo and let me know.

All CAC Members: Have a wonderful summer! I hope your plans include a visit to Echo Lodge to hike, swim, fish, play golf, paddle a kayak, or just relax in the mountains with friends. We have many fine hosts scheduled for this summer. So make reservations to take advantage of our beautiful mountain retreat!

-Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be Saturday, August 11, at Tom Coleman's home. Contact Tom at 415-531-4650 cell, 707-992-0650 home or travmcgee@comcast.net if you would like to attend.

Summer/Fall '07 Echo Summit Lodge Schedule:

JUL 4 WED ECHO OPEN HOUSE AND 55th ANNIVERSARY

Contact John Hannum to reserve a free plate of barbeque at Open House (the Lodge will be occupied July 2-5 by volunteer-helpers) jrhannum@sbcglobal.net phone 707-525-8108

JUL 5-6 THUR-FRI ECHO MINI WORK PARTY

Help clear defensible space around the lodge after the winter snow has melted.

Tom Coleman travmcgee@comcast.net 707-992-0650

JUL 6-8 FRI-SUN TRAIL CLEARING WEEKEND

Contact Tom Coleman travmcgee@comcast.net

707-992-0650

JUL 8-13 SUN-FRI HIKERS' WEEK

Maureen Smith 650-697-3846 219 Barclay Ave, Millbrae, CA 94030 MissBrigid@aol.com

IUL 13-20 FRI-FRI

Kathy & Bill Faherty 707-539-7081 5420 Gates Rd, Santa Rosa, CA 95404 kfaherty@mac.com

JUL 20-26 FRI-THUR HIKERS' WEEK Edna Trimm 415-456-5557 P.O. Box 213, Fairfax, CA 94978

etrimm@sbcglobal.net

JUL 26-29 THUR-SUN

Art Ewart & Kathleen O'Dea 707-538-3696 1405 Snowy Cloud Way Santa Rosa, CA 95409 aewart@sbcglobal.net

JUL 29-AUG 2 SUN-THUR

Barbara & Keith Crockett 650-365-6280 859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

AUG 2-5 THUR-SUN YOUNG FAMILIES WEEKEND

Monika Balsamo and 707-539-2140 Ed & Anne Del Monte 4841 Parktrail Dr, Santa Rosa, CA 95405 m balsamo@earthlink.net

AUG 5-9 SUN-THUR

Ernie Pitz & Bob Riboli 415-383-8143 1 Alta Vista Ave, Mill Valley, CA 94941 guidop6@comcast.net

AUG 9-12 THUR-SUN

Lillian Young 650-588-5689 3650 Sneath Ln, San Bruno, CA 94066 lcyoung@att.net

AUG 12-19 SUN-SUN INTER-GENERATIONAL WEEK

Mary Kay & Craig McKown and Joan Ryan & John O'Sullivan 415-647-4626 3839 26th St, San Francisco, CA 94131 mkmckown@mac.com

AUG 19-26 SUN-SUN HIKING & FELLOWSHIP WEEK FOR SENIORS

Ray Sommer (Reservations) 415-472-1229 ray@sommerworld.com 15 Terra Linda Dr, San Rafael, CA 94903 See article, page 6.

AUG 26-31 SIDING PROJECT

AUG 31-SEP 3 FRI-MON LABOR DAY WEEKEND

Cindy & Russ Toran 707-539-4396 932 Ripley St., Santa Rosa, CA 95401 toranski@aol.com

SEP 6-10 THUR-MON FANTASTIC FALL FUN & WORK PARTY

Contact: Tom Coleman 707-992-0650 travmcgee@comcast.net

SEP 28-30 FRI-SUN MEMBER RENTAL

Lee Yamada & Phyllis Cole 831-438-5749

SEP 30-OCT 7 SUN-SUN SPA WEEK

Helen Alfredson 805-647-5407 109 Stardust Ln, Ventura, CA 93004 hjalfredson@yahoo.com

OCT 26-28 FRI-SUN HOST APPRECIATION & TRAINING

Cindy Toran (reservations) 707-539-4396 toranski@aol.com 932 Ripley St, Santa Rosa, CA 95401

Watch for updates in future issues of TRAILS!

OPEN HOUSE AT ECHO JULY 4

July 4,2007 is the 55th anniversary of Alpine Club's ownership of Echo Summit Lodge.

The event is about Alpine Club and its Echo Summit Lodge and the friends and neighbors who make it such a special place. We'll talk about the history, maybe take a hike or two and have a neighborly plate of BBQ chicken and baked beans.

Every CAC member is welcome for the afternoon (the Lodge will be filled with event workers). Contact John Hannum at jrhannum@ sbcglobal.net or 707-525-8108 if you'd like to join in the celebration and the BBQ meal, hosted by Echo Summit Trustees (i.e., no charge to attendees).

— John Hannum

ABANDONED FOOTWEAR AT ECHO LODGE

After a trip to Echo Lodge, have you missed some of your footwear? All of the boots, shoes and slippers on the shelves in the entry vestibule were moved to the basement during the Spring Work party. If not claimed by the Fall Work Party on September 6, we will donate them to a local charity.

-Cindy Toran

ECHO LODGE WORK PARTY A GREAT SUCCESS

Beginning Wednesday May 23, twenty-five members and applicants met at the lodge, rolled up their sleeves, took out their tools, put on their gloves and went to work. Board Member John Hannum arrived several days earlier, and single handedly (with his tractor, Kenny) dragged several hundred feet of downed trees to the lodge. On Friday, volunteers cut them into rounds. So many rounds were cut that a new chain was needed. They then went back into the forest and sawed several more downed trees, and added to the already substantial supply of wood-inwaiting. Meanwhile other volunteers were working in/on the lodge. Some were busy painting the living room, dining room, kitchen, pantry and upstairs hall closet a soft yellow. Prospective member, Tylan Billings, educated us on how best to prepare and paint. You will be pleased when you see the Alpine glow reflecting from these walls.

However, as with most maintenance/repair work, casual observation does not reveal how much was completed nor how much effort was expended. All bedding laundered, twelve pillows replaced, linen closet reorganized, numerous blankets dispatched to the recycler. carpets shampooed, windows washed, kitchen and dining room floors sealed, pantry organized, outdated items/spices tossed, the BBQ relocated, batteries changed in all smoke alarms, partial Tung oil sealing of the living room ceiling, stove cleaned, old food in fridge/freezer removed, firewood removed from the living room. The three noisy, whoosh toilets were replaced. Some exterior stairs were painted along with door jams and trim. Several doors including the front door were removed and reattached after their hinges were strengthened, locks oiled, strike plates re-set, weather stripping added, and a screen door reattached. All boots, shoes and slippers in the entry vestibule were relocated to the basement and winter items moved to the shed. Within the basement, shelves were organized so that we do not make the mistake of purchasing something we already have on hand. Old paints and oils were used or recycled. Volunteers also prepared three fantastic sit-down meals daily.

The Spring Work Party was a success and the lodge looks better for it. Therefore, when you see any of the following people, please thank them for their efforts during this semi-annual work party: Tylan Billings, Nuala Caulfield, Tom Coleman, Connie Clark, Art Ewart, Jean Findlay, Val Floch, Bob and Meg Grow (prospective members), John Hannum, Mae Harms, Bob Henry, David Humphers, Rina Humphers, John Knott, Wayne Koerting, William Mott, Jim Nixon, Vicki Olds, Ernie Pitz, Rob Riboli, Larry Ridgel, Edna Trimm, Dan Winkelman and Lillian Young.

—Jim Nixon



Long-time members Lillian Young and Ernie Pitz clean the dining room windows.

SPARKLING WINE DINNER HUGE SUCCESS



Shakti Higgins, Susan McCarthy, and Saki Cakala (dishwasher) hard at work in the kitchen.

On Saturday, May 12, **Shakti** and **James Higgins** hosted an outstanding five-course dinner, each course paired with appropriate sparkling wines. James provided insights into food and wine pairings and some background on the individual wines. Shakti prepared a wonderful meal, including a smoked salmon appetizer, shitake mushroom soup, and roast pork with a soy ginger sauce. Not only did we have a great time but we also netted over \$350 for the Alpine Lodge!

Tireless worker, **Susan McCarthy**, handled reservations, helped serve dinner and even cooked breakfast on Sunday morning for those spending the night. And special thanks to **Michael** and **Dawn Crouch**, friends of Shakti and James, who helped prepare the meal and serve the wines.

—Carroll Pearson



Wine Dinner hosts, James and Shakti Higgins, and friend, Dawn Crouch (R).

YOSEMITE AND THE HIGH SIERRA, JUNE 1914

Take the large manila envelope at the back of the drawer labeled "California Alpine Club," add an old (1912-1930) black photo album, third one down on the shelf, open them side-by-side on the table and you've lost another afternoon.

The envelope contains a 23-page diary written in eloquent language by Charles Blake in June 1914, and the album has photographs taken by Charles and my husband's father, Harry Phillip West. Together they tell a fascinating story of four young club members and their trip to Yosemite Valley and the High Sierra. Marion Blake Rhodes brought the diary and a partially typed copy here years ago. Together



Bill Lohse photo, June 1914, Yosemite.

we matched many of the photos to the numbered references in the text. These excerpts for "Trails" do not completely convey the feeling of the original but I will put them in a form like our other historic material to share with you.

— Verna West, Historian

—"Oakland, June 20, 1914, 9:30pm. At last we are on our way, Harry West and myself, bound for the Yosemite and the High Sierras. Bill Lohse and brother, Arthur, left on the morning train and by this time are already in the valley. I hope that man in the berth opposite me will stop snoring soon or I shall not get much sleep."



Yosemite High Country, June 1914.

"—June 21, after lunch at El Portal, we climbed aboard a big auto bus and were soon in the Yosemite Valley ..."

They hiked via Nevada Falls, Vernal Falls, Clouds Rest and Sunrise Mountain trail, snow at 8000 ft breaking through the crust to water below and very wet feet. Camped at Mirror Lake at 9200 ft. "Met a man who had seen no one for four days, walking from Nevada to look for work." Following up Tenaya Creek "where some floating logs had jammed, with the end of a long pole which we put to the bottom to balance us, by carefully walking on the rolling logs we got across."

—June 24, planning to climb Mt. Dana, they stayed in camp due to rain and snow. They caught many trout at several campsites. Charlie and Bill decided to climb Lambert Dome "although I wished many times while

climbing up that I was back in camp. It was dangerous and slippery work. The sides of the Dome are very steep and smooth with very few places to put our hands and feet and water running down everywhere making it more slippery than ever."

—June 25. "Our big campfire is certainly warm and cheerful this stormy night and the 7 x 14' balloon silk shelter comes in most useful. Today I was just about as near Heaven as I ever expect get and this is how it happened: "—Climb of Mt. Dana from 8800 to 13,050 ft, 14 miles round trip. They knew it would be very cold with snow and wind. For clothing "everything I had including my woolen bathing suit which I use as under wear. Also my heavy suit of under wear, wool outer shirt and sweater. I had a pair of gloves, but the others used heavy wool socks for gloves which served the purpose well."

—June 30. Charlie wrote the last pages on the train from El Portal to Merced. "I hope our train won't run off the track and tip over into the river as one did a few days ago, just about here. We saw our first news paper today since June 20. The most important news is that the Archduke Ferdinand of Austria has been assassinated in Serbia and Europe seems to be quite excited."

- from the Charles Blake Diary

TRAILS

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MEMORIAL DAY WEEKEND IN MENDOCINO

Twelve intrepid Alpiners traveled to Jug Handle Farm, north of the town of Mendocino, to spend the Memorial Day weekend hiking and exploring the area. Our group was graciously hosted by **Mariea Reybear**, who was familiar with this converted farmhouse turned hostel and the Mendocino area.

Favorite hikes included exploring Russian Gulch, the waterfalls and Fern Canyon, where wildflowers were in abundance. Van Damme State Park, the home of a beautiful redwood forest, offered birding opportunities and a variety of hiking trails. The area surrounding Jughandle offered a variety of short explorations including the Pygmy Forest. These places were all beautiful and were enjoyed by the hikers.

A visit to the Mendocino Botanical Gardens and a hike to the coast offered a variety of colors as the rhododendrons were in bloom and the gardens were striking and varied in their content. The short hike out to the Point Cabrillo Lighthouse provided a historical overview of living as a lighthouse keeper in a bygone era and the docents could not have been more pleasant.

Saturday evening we dined at the charming "Moose" restaurant in Mendocino before we attended the Mendocino Art Center's program, "The History of Movies in Mendocino," presented by a local gentleman who knew the film history of this picturesque coastal community.

All in all it was a great holiday weekend shared with a very compatible group of Alpine Club members. Many thanks to Mariea for organizing this very enjoyable trip.

-Kay Gillis

TRAILS NEWSLETTER ALERT

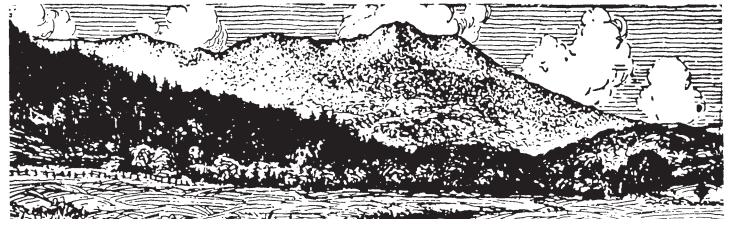
Please send articles for the **September** issue of TRAILS to editor, **Helena Troy**, at hmtroy@aol.com, or via mail to 134 El Condor Court, San Rafael, CA 94903. Telephone 415-492-9576.

Helena should receive articles for the September issue no later than **August 5**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the October issue of TRAILS will be **Dan Schoenholz**, at dschoenholz@sbcglobal. net. Editors are always needed. If you would like to assist with the publishing of *Trails*, please contact **Angi Blackwell** at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

- Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 83 September 2007 No. 7

MINI-VACATION AT ALPINE CLUB SEPTEMBER 1-6

Barbara Stewart and I are offering the members a B&B at Alpine Lodge beginning Saturday, September 1st and ending on the 6th. We will start with a dinner for the overnight guests on Saturday. On Sunday, there will be folk dancing starting at 2pm, a happy hour at 4:30 and a pot-luck dinner at 5pm. We will offer a cooked dinner every other night to those who stay overnight. We will go out to dinner on the other nights to local restaurants in Marin. We plan to do an easy walk every day on the mountain or in the local area.

The cost for members is \$17 for overnight and breakfast; \$20 for non-members. Potluck fee is \$5 for lodge use.

The weather is usually lovely in September, so treat yourself to a mini-vacation in Marin. Contact **Mary Frey** at 415-492-2510 or email her at Marymaryhiker@aol.com for reservations or information.

— Mary Frey

GUEST SPEAKER AT OCTOBER HIKERS' WEEKEND OCTOBER 20

Carl Nolte, "San Francisco Chronicle" staff writer, has agreed to be our guest speaker on Saturday, October 20. He will regale us with tales of the Liberty Ship, "SS Jeremiah O'Brien", and her journey to celebrate the 50th anniversary of the invasion of Normandy; more current news on the mothball fleet in Suisun Bay; and perhaps other sagas relating to the maritime history of this wonderful area we call home.

Carl will be our guest for the weekend, which means he'll be absent from the "Jeremiah" and West Point, where he plays an active role. To avoid disappointment, please get your reservations in early for Carl's talk, dinner and, if you so desire, overnight and breakfast, by calling Nuala at 415-922-6775 or e-mail Ntcaulfield@msn.com.

CHAMPAGNE LUNCHEON FOR SENIOR ALPINERS SEPTEMBER 20

On Thursday, September 20, from noon to 3pm, we plan a celebratory luncheon to honor our senior members for their years of loyalty and service. Come enjoy the ambiance of the Lodge in the company of old friends, laugh over memories and share future plans.

For reservations, call 650-588-5689, or just send a check (\$14 for members, \$17 for associate members) made payable to me, **Lillian Young**, at 3650 Sneath Lane, San Bruno, CA 94066. If you need a ride, or can give another member a ride, please let me know.

We hope to reach many of you, and, if you know of any former members who no longer receive TRAILS please invite them to join us. Because this is a midweek event, help may be scarce, so we would really appreciate assistance from members who can be available to decorate and set-up before the event and/or cleanup afterwards. Call **Nuala Caulfield** at 415-922-6775 if you can help.

- Lillian Young

SALMON FESTIVAL OCTOBER 13 AND 14 10AM - 4PM NIMBUS FISH HATCHERY AND NATOMA LAKE, IN RANCHO CORDOVA

Join the fun while learning about the American River salmon run. Festivities include learning booths, music, salmon barbeque, Native American area, raft trips, children's activities, fishing tips and more. There is a fee for parking your car, but festival entry is free.

A block of rooms has been reserved at the Hallmark Suites for only \$89/night. This includes a full breakfast and happy hour. Hallmark Suites is a short drive from the festival. Call 916-638-4141 for a reservation and identify yourself as attending the Salmon Festival. Must reserve by September 21st.

Visit our website at www.salmonfestival.net for more information. **Shana Knott**, a club member, is one of the organizers of the festival. Call if you have any questions 916-652-3864. If there is an interest I may be able to arrange a special morning raft trip with Friends of the River (they charge a nominal fee). If you are interested in participating as a volunteer, we can also use your assistance.

TRAILS Editor ~ Helena Troy

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers: President Vice President Secretary Treasurer Registrar	Carroll Pearson Tony Smith Maureen O'Hara Sm Jean Findlay Shirley Anderson	408-736-9403 925-933-2403 nith 650-697-3846 916-285-6186 831-427-2722	pearsoncmp@aol.com joanne-tony@sbcglobal.net 6 MissBrigid@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com
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CAC Foundation Jay Hallberg, Pre Bill Meneguzzi Position vacant		415-383-1507 916-451-1523	lareenie@yahoo.com bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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Contributors: Peter Beckmann, Angi Blackwell, Selma Bomfim, Ros Carol, Nuala Caulfield, Kathi Freeman, Mary Frey, J. R. Hannum, Bob Hanson, Shana Knott, Eva Libien, Laureen Novak, Eva Pardee, Carroll Pearson, Michael Petak, Jean Rodgers, Tony Smith, Cindy Toran, Ruth Tretbar, Verna West, Lillian Young,

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PRESIDENT'S MESSAGE



Echo Summit Lodge escaped the devastating fire that ravaged Angora Ridge in late June. People

at the lodge could see flames and, of course, the smoke was very bad. **Beverly Heywood** took pictures from the lodge. By the time that **Verna West** and her daughter, **Judy West**, arrived on July 2nd, the smoke had cleared and the skies were blue. They drove through the burned area after the fire was controlled. Of course, Verna took pictures as well. I understand that 254 homes were lost - so sad to see the remnants of homes. This fire reminds

us that we need to protect both of our lodges by keeping the brush under control. Watch for ways that you can help with clearing work parties.

Board of Directors and the CAC Membership met for meetings on July 15, 2007. Mae Harms will represent CAC at the Western Federation of Outdoor Clubs (WFOC) for the next year. The Finance Committee, chaired by Dave Maier, is working with the treasurers to standardize financial reporting and to create a budgeting process. Job descriptions are being created for the various leadership positions within the club. As these are completed, they will be posted on our web site, calalpineclub.org. At the membership meeting, we barely had our quorum of 30 members to pass the mechanical by-laws revision. The Club gives many thanks to Maryann Loughran-**Smith** for her tireless effort on this document cleanup task. The revised by-laws will be posted on the web site. John Hannum and the board are working on substantive changes to the bylaws. Please watch TRAILS and your email for announcements. We must vote on any by-law changes at membership meetings, so it is important for at least 30 people to attend. Please consider coming to the next membership meeting at Alpine Lodge on Sunday, October 21, 2007, at 3pm. We will have a delicious dinner hosted by Jean Rodgers and Lillian Young after the meeting. See their article in this issue for details on the dinner.

Social events at Alpine Lodge are needed. We have not been able to fill the much-needed position of Social Activities Chairperson. As a result, there seem to be fewer and fewer social events at Alpine. Please consider hosting an event – potlucks are fun and relatively easy to coordinate. Someone of your crew needs to be Alpine host trained; however, many people have taken the training, so pair up with someone. The next training is in October. Consider other events as well – slide shows of travel, speakers of interest, music programs, children's activities, etc. The sparkling wine dinner earlier this year was a huge success. A board member or an Alpine Trustee will help you with the organization and logistics, if this is your first time as a host.

BBQ Cowboy Dinner, hosted by **John Hannum**, **Susan McCarthy**, and **Ann Meneguzzi**, after the membership meeting on the 15th of July, was much appreciated. As usual lots of people helped to make the event a great success. We went away full of beef tri-tip, baked beans, homemade potato salad, cowboy bread, and brownies with ice cream and caramel sauce for dessert. Thanks to those who helped with the all important cleanup activities.

Carroll Pearson, President

MEMBERSHIP REPORT

September 2007

CAC New Members:

Eileen Downey – Regular Member 1522-33rd Ave. San Francisco, CA 94122 415-753-0442 eidowney@sbcglobal.net

Sponsors: Ruth Tretbar & Nuala Caulfield

Diane Smith – Regular Member 143 Sierra Drive Walnut Creek, CA 94596 925-935-2869 dianesmith1776@sbcglobal.net Sponsors: Peter Beckmann & Patricia Gough

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS:

There are no members to be submitted to the BOD

— Laureen Novak, Membership Chair

HISTORIAN'S REPORT

A copy of the Charles Blake Diary has been found at Alpine Lodge, including photographs. I did not know it was there.

We have found three more photos of Presidents, Myron Grotyohn, 1927; Edward Frazer, 1960 and Mary Kartsounis, 1989-90.There are only 14 more to go!

A bound copy of "Trails" from November 1927 to December of 1944 was in the Historians Closet at the head of the stairs in Alpine Lodge. I could not resist bringing it home. It is fascinating reading. Following are two excerpts:

From "Trails" November 1941

"In Memoriam

Frank Allen, 50, the Club's first president met a tragic death while serving his country at Dutch Harbor, Alaska. He was a captain in the 250th Artillery, having been a reservist in the National Guard. He was serving under another Club member, Colonel Ed. Macauley. Death occurred in line of duty when he was too near an explosion of dynamite. Always active in things military and civic, he served in the first World War, stayed in the National Guard and was Chief of the Kentfield Fire Department, a Deputy Sheriff and active in their local gun club. Business was Assistant Cashier for the Standard Oil Co."

"Quarterly Meeting Buffet Supper The buffet supper and special showing of Art Hoffman's colored High trip pictures at the Lodge on October 5 following the Quarterly Meeting at Rock Springs really "packed them in". Hamburgers, beans and fresh prune cake were served to 101 people--two shifts being necessary to accommodate everyone..."

- Verna West

ALPINE LODGE SUNDAY INNKEEPERS

SEP 2	Mary Frey	415-492 2510
SEP 9	Nancy Waldeck	415-552-5836
SEP 16	Peter Dippery	415-518-4031
SEP 23	Ulla Pettersson	415-821-1858
SEP 30	Gloria Neumeier	415-453 2225
OCT 7	Stanley Finkelstein	415-381-4676
OCT 14	Barbara McVeigh	415-299-1266
OCT 21	Innkeeper needed	
OCT 28	Nancy Waldek	415-552-5836

More innkeepers are needed to keep the Alpine Lodge open on Sundays. *This is a plea to Alpine's male members; not enough men! Never enough men! We need you as Innkeepers. Please consider signing up for a Sunday or two.*" To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim@hotmail.com.

— Selma Bomfim

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sat, Sep 15, 2007	Board of Directors Meeting at 3 pm.
Sun, Oct 21, 2007	Board of Directors Meeting at 2 pm.
oury oct 2 1) 2 00?	Quarterly Membership Meeting at 3 pm.
	Dinner to follow.
Sat, Nov 17, 2007	Board of Directors Meeting at 3 pm.
Sun, Jan 20, 2008	Board of Directors Meeting at 2 pm.
	Quarterly Membership Meeting at 3 pm.
	Dinner to follow.
Sat, Feb 16, 2008	Board of Directors Meeting at 3 pm.

If you have any questions or wish to have an item on the agenda, contact Carroll Pearson at pearsoncmp@aol.com or call 408-736-9403. Members are welcome at board meetings.

— Carroll Pearson

ALPINE LODGE CALENDAR ON THE MEMBERS WEB PAGE

For up-to-the-minute listings, go to www. calalpineclub.org. Click on the Members page and click on the Alpine Lodge Calendar in the left column. Send a note to Michael Petak at alpinelodge1@yahoo.com, if you need the user id and/or password to the member web page or to provide comments on the new calendar.

- Michael Petak

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP-TO-THE-MINUTE LISTINGS, GO TO WWW.CALALPINECLUB.ORG AND CLICK ON THE MEMBERS PAGE. CONTACT MICHAEL PETAK AT ALPINELODGE1@YAHOO.COM FOR THE USER ID AND PASSWORD.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

SEP 1-3 SAT-MON LABOR DAY FAMILY CAMP See JULY AUG TRAILS or view by going to the member page on the web under Archive of Prior Issues.

SEP 1-6 SAT-WED MINI-VACATION AT ALPINE CLUB

Coordinator Mary Frey: phone 415-492-2510 or email to marymaryhiker@aol.com. See page 1 for details.

SEP 6 THUR MIDWEEK WORK PARTY
9AM - 2:30 PM Peter Beckmann, Coordinator
Join CAC members for a good lunch and a
satisfying workout. Please bring gardening tools.
Contact Peter at 831-423-9242 or beckmann@
baymoon.com to let him know you are coming.

SEP 6-7 THU-FRI MEMBER RENTAL
Pearl Lam

SEP 8 SAT BERKELEY FOLK DANCERS
Party of 10-12. Other guests welcome on a limited basis. Coordinator Mary Frey: Phone 415-492-2510 or email to Marymaryhiker@aol.com

SEP 9-10 SUN-MON MEMBER RENTAL Lynn Edmunds

SEP 10-13 MON-THUR MEMBER
Allyn Bromley RENTAL

SEP 14 FRI MEMBER RENTAL
Jean Rodgers

SEP 15 SAT LEADERSHIP MEETINGS Alpine Trustees meet at 1 pm and the Board of Directors meet at 3 pm in the Social Hall. Everyone is welcome.

SEP 15-16 SAT- SUN HIKERS' WEEKEND Hikers come at 10AM for start. Happy Hour at 4:30. BYOB and an appetizer. Members \$8; Associates \$11. Spend the night with breakfast: Members \$19, Associates \$27. Contact Nuala at 415-922-6775 or email ntcaulfield@MSN.com

SEP 20 THURS ELDER LUNCH HOST: Lillian Young 650-588-5689 or email to lcyou@sbcglobal.net. See page 1 for details.

SEP 21-22 FRI-SAT MEMBER RENTAL Mary Pezzuto 925-934-7836

SEP 27 THURS FIRST UNITARIAN RETREAT

SEP 30 SUN MEMBER RENTAL Mary Jane McKown 415-383-2774 OCT 1-3 MON-WED MEMBER RENTAL
Anita Vehnder

OCT 4 THURS MIDWEEK WORK PARTY
9AM - 2:30 PM Jennie Bruyn, Coordinator
There will be much to do, inside and out. We
will focus on housekeeping in the Lodge and
Tam Buildings and, of course, there is always
gardening. Jennie will have a wonderful lunch
for us. Don't miss it. Call Jennie at 415-456-1877
to reserve a spot.

OCT 12-13 FRI-SAT HOST TRAINING
See page 5 for details.

OCT 14 SUN SUNDAY WORK PARTY 9AM - 2:30PM Coordinator to be announced This is your quarterly opportunity to come on a Sunday, meet CAC members and help maintain the Lodge and its grounds. We promise good company, a hearty lunch and satisfaction for a job well done. Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

OCT 20-21 SAT-SUN SPECIAL HIKERS' WEEKEND

Special Guest Speaker - Carl NolteTo reserve contact Nuala at 415-922-6775 or email ntcaulfield@MSN.com. See page 1 for details.

OCT 21 SUN CAC LEADERSHIP MEETINGS QUARTERLY CAC MEMBERSHIP MEETING CAC Foundation Members meet at noon. Board of Directors meet at 2pm in the Social Hall. Quarterly Membership meeting at 3pm. Dinner to follow. Everyone is welcome.

OCT 24-25 *WED-THUR MEMBER RENTAL* Neil Fraser

OCT 27 SAT HALLOWEEN PARTY Coordinators: Sue Karp and Jordan Hermann.

NOV 1 THUR WORK PARTY EVENT 9AM - 2:30PM Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

NOV 3 SAT MEMBER RENTAL
Teresa Acosta

NOV 8-9 THUR-FRI NON-MEMBER TRAINING The California Onsite Wastewater Association

NOV 16-17 FRI-SAT

CACF MEETING & FUNDRAISER

Contact Jay Hallberg 415-383-1507

lareenie@yahoo.com Details to follow.

NOV 17-18 SAT-SUN HIKERS' WEEKEND See Sept 15-16

NOV 17 SAT LEADERSHIP MEETINGS Alpine Trustees meet at 1 pm, and the Board of Directors at 3pm.

NOV 22 THUR THANKSGIVING DINNER
Host, Tony Smith 925-933-2403
joanne-tony@sbcglobal.net
See page 10 for details.

NOV 23-25 MEMBER RENTAL Helga Raab

NOV 29 THUR WORK PARTY EVENT Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

DEC 4-5 THUR-FRI NON-MEMBER TRAINING The California Onsite Wastewater Association

DEC 6 THURS WORK PARTY EVENT 9AM - 2:30 PM Ruth Tretbar, Coordinator rtretbar@yahoo.com. 510-836-0108

DEC 8 SAT CAL ALPINE CLUB HOLIDAY PARTY

Reservations: Mae Harms 530-333-1058 maeharms@mindspring.com Chef, Helen Reardon, Helpers: Mae Harms, Betty Rappaport. Watch for details in Octobert TRAILS.

DEC 9 SUN CHILDREN'S HOLIDAY
PARTY
Coordinator Mary Frey 415-492-2510

Coordinator Mary Frey Cost \$10 per family.

DEC 11 TUES SIERRA CLUB RENTAL
M J McKown

DEC 16 SUN MTIA HOLIDAY PARTY

DEC 15-16 SAT-SUN HIKERS' WEEKEND See Sept 15-16

DEC 21 FRI
Friends of Bev and Betty
Host: Eike Linkwitz
el@linkwitzlab.com

HOLIDAY DINNER
415-924-0241

DEC 25 TUES HOLIDAY DINNER
Christmas Day dinner. Sponsor Eva Libien
elibien@yahoo.com 415-383-5184

DEC 31 MON NEW YEAR'S EVE EVENT Sponsor Needed

JAN 3 THURS WORK PARTY EVENT 9AM - 2:30 PM Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

JAN 19-20 SAT-SUN HIKERS' WEEKEND See Sept 15-16

JAN 20 SUN CAC LEADERSHIP MEETINGS QUARTERLY CAC MEMBERSHIP MEETING CAC Foundation Members meet at noon. Board of Directors meet at 2pm in the Social Hall. Quarterly Membership meeting at 3pm. Dinner to follow. Everyone is welcome.

FEB 7 THURS WORK PARTY EVENT 9AM - 2:30 PM Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

FEB 14 THUR VALENTINE'S DAY EVENT Host Needed

4 TRAILS SEPTEMBER 2007

RECENT WORK PARTIES

Here is a bulletin from **Hardy Dawainis**, who hosted the July midweek event:

Good news for all who attended the July 5th work party. All of you passed the test with flying colors and you can all come back next month. I think we had a good time, helped along by the great leftover food from the July 4th party. Sorry **Hans Schilling** and **Eric Bodtker** - the parking lot layout was not one of my better ideas. It needs a little additional planning.

Thanks to Rosemary Trowsdale, Innes Bergman, Barbara Hawke, Renee Powers, Eva Libien, Carol Bodtker, Pam Walker, John Hannan, Robert Haan, Julie Bellefleur, Carol Champagne and Anne Good, the Lodge looked at its very best by lunch time and very much a home away from home. All our thanks also go to Jennie Bruyn and her team for slaving away in the kitchen. A special thank you to our prospective new members, Natalia Stevenson and Carmen Marron, for your courageous battle with the brambles on the south slope. We were sorry to see by your bloodied arms that the brambles were not always on the losing side. Paul McKown did a great job with the weed whacker and Roger Diehnel and Ray Hawkens performed some necessary fixings around the Lodge.

To all of you, a hearty thank you from our Members. Trustee **Ed Del Monte** led the Sunday work party on July 29. Former trustee Janet Mullin prepared a fine lunch, aided by recent trustee Nuala Caulfield, who brought morning snacks. Prospective member Eileen Downey cleaned the Tam Building windows with great care; Lyda Dicus, the Sunday innkeeper, pitched in and worked all day. She and **Bob Hanson** did the final kitchen cleanup - many thanks for taking that on. Selma Bomfim, Audrey Hulburd, Gary Ling and Deanna Jackson all cleaned the Lodge. Audrey did dishwashing duty. Greg Farber and **Bob Hanson** braved the Tam Building roof and cleaned its gutters. Greg, Gary, Bonnie Blackaller and Ruth Tretbar weeded and cut back plants. A major project was removing dirt from behind the Tam Building to cover our compost pile (fire safety requirement). Ed, Greg, Bob, Bonnie, Ruth, and Larry Luchetti all wielded shovels and pick axes. Dave Mullin worked with finesse and care to drill a base for and reinstall a commemorative plaque. Beautiful job, Dave! Trustee Hardy Dawainis worked on a special project.

Ruth Tretbar's midweek work party followed on August 2. Jennie Bruyn provided wonderful food, prepared by Rosemary Trowsdale, Renee Powers, and Melanie Facen. Stone for our new wall arrived and Hardy, Roger Diehnel, Hans Schilling, Ben Heldens, Karen Ebadi, and Ruth moved it down to the work area. Mayme Harris, Renee, Rosemary, Melanie, and Hans cleaned the Lodge (including after-lunch kitchen cleanup), did laundry, and watered plants.

Karen Ebadi and Ruth weeded the garden and continued clearing the south slope. Roger lopped redwood suckers and Hans totally raked the gravel path.

So, three work parties, 38 hard working volunteers, a sparkling clean Lodge and much progress in the garden. Warmest thanks to everyone.

— Ruth Tretbar for the Alpine Lodge Trustees

MEMORABLE JULY 4TH AT THE LODGE

July 4th dawned hot and sunny on the mountain. The 78 members and guests at the Club were ready for the heat and the day's celebration. Leading off the day was a shady hike led by **Jenny Bruyn** and then followed by a BBQ feast with all varieties of appetizers, colorful salads and scrumptious desserts brought by the diners. Thanks to all who participated in the preparations and the cleanup. I'm sure that everyone at the Lodge agreed that there was no better way to spend a sunny 4th.

— Eva Libien

ALPINE LODGE HOST TRAINING OCTOBER 12-13

If you will be renting the Alpine Lodge for a private event or hosting a CAC event, the Alpine Trustees encourage you to attend the fall Host Training. Effective last January 1, members who rent the lodge must have attended training within the last three years and CAC hosts are strongly encouraged to update their knowledge.

We will begin with dinner on Friday evening and end by 4pm Saturday afternoon. Dinner, breakfast, lunch and overnight are included. The only cost is \$6 for the Host Manual.

You will be an important part of the training, participating in discussion and demonstrations. Topics include the lodge infrastructure, safety and security issues, how to operate equipment, and how to plan and run an event.

Attendance is limited to 15 people. To register contact **Hardy Dawainis** at 415-461-4431 or hdawainis@comcast.net.

- Ruth Tretbar

QUARTERLY MEMBERSHIP MEETING DINNER SUNDAY OCTOBER 21, 2007

Everyone is welcome to stay for dinner after the Quarterly Meeting which begins at 3pm. All the club activities are off to a great start this fall. Come and have dinner with your friends and chat about upcoming plans and events. Lillian Young, Jean Rodgers, Maureen Green, Lianne Finnerty, and Bonnie Blackhaller will be working to make your dinner enjoyable. Look forward to seeing you on the 21st. Members \$12; Associate members \$15. Contact: Jean Rodgers, 14 Hillcrest Road, Tiburon, CA 94920 Phone: 415-435-9383

— Jean Rodgers

SOS! MOUSE TRAPS MISSING

The Alpine Lodge trustees would like your help in locating our supply of mouse traps that have been stored on our pantry shelf. Members who frequently use our kitchen facilities know that we have, in the past, had serious rodent infestations. These mouse traps, coupled with hours of consistent and diligent volunteer work have, up to now, ended our rodent problem.

Please contact any trustee if you have information about this misplaced property or if you have constructive suggestions about rodent control at the Lodge.

— Ruth Tretbar

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERICK AND ARE BOLDED

SUN SEP 2	10:00 a.m.	**Leaderless		2B
SEP 3 MON	10:00 a.m.	Bob Smith	510-841-0402	2B
		LABOR DAY		
SUN SEP 9	10:00 a.m.	Taren Hamilton	415-378-4240	2B
*SAT SEP 15	10:00 a.m.	Ursula Pedersen	415-479-0343	2B
*SUN SEP 16	10:00 a.m.	Karl Baeck	415-459-6370	2B
*CLINI CED 46	10.00	Co-listed w/Sierra Club	400 202 0004	4.4
*SUN SEP 16	10:00 a.m.	Susan McCarthy	408-293-0891	1A
SUN SEP 23	10:00 a.m.	Margrit Gonzalez	415-472-4270	2B
SUN SEP 30	10:00 a.m.	David Solback & Renee Powers	415-648-4940	2B 2B
SUN OCT 14	10:00 a.m. 10:00 a.m.	Hardy Dawainis	415-461-4431	2B
SUN OCT 14 *SAT OCT 20		Ruth Tretbar Marion Hazzard	510-836-0108	2B 2B
5A1 UC1 20	10:00 a.m.	Not too fast	415-661-6876	2 D
*SUN OCT 21	10:00 a.m.	Karl Baeck	415-459-6370	2B
0011 001 21	20100 40111	Co-Listed w/Sierra Club	110 103 0070	
*SUN OCT 21	10:00 a.m.	Anne Allio	650-583-1543	1 A
SUN OCT 28	10:00 a.m.	Anne Good	510-526-6792	2B
SUN NOV 4	10:00 a.m.	Don & Donna Rice	415-552-6087	2B
SUN NOV 11	10:00 a.m.	Paul McKown	415-383-2774	2B
		Co-Listed w/Sierra Club		
*SAT NOV 17	10:00 a.m.	Bonnie Radest	415-897-0227	2B
*SUN NOV 18	10:00 a.m.	Taren Hamilton	415-378-4240	2B
SUN NOV 18	10:00 a.m.	Leaderless Hike		1 A
THANKSGIVING	10:00 a.m.			
DAY		To be announced		
SUN NOV 25	10:00 a.m.	Jennie Bruyn	415-456-1877	2B
SUN DEC 2	10:00 a.m.	Hardy Dawainis	415-461-4431	2B
SUN DEC 9	10:00 a.m.	Ben Heldens	415-665-7274	2B
		Co-Listed w/Berkeley Hikir	ng Club	
*SUN DEC 16	10:00 a.m.	Paul McKown	415-383-2774	2B
		Co-Listed w/Sierra Club		
SUN DEC 23	10:00 a.m.	Gloria Pass	510-649-9787	2B
JOIN DLC 25	10.00 a.m.	Co-Listed w/Berkeley Hikir		20
CHDICTMACDAY		Co-Listed W/ Derkeley Hikii	ig Ciub	
CHRISTMAS DAY	40.00			
TUES Dec 25	10:00 a.m.	To be announced		
SUN Dec 30	10:00 a.m.	Rosemary Trowsdale	415-775-3206	2B
NEW YEAR'S DAY				
TUES Jan 1	10:00 a.m.	Ben Heldens	415-665-7274	2B

IMPORTANT! RAIN CANCELS

1A HIKES (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M. DURING JUNE, JULY, AUGUST, 2B HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 9:30 A.M. AND 9:45 A.M. AT MT. HOME. NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

**Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com Hikers' Weekends: For supper and/or overnight arrangements,

contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.com

WEEKEND CANOE CAMPING ADVENTURE OCTOBER 13-14

Join Bob Hanson and Dan Winkelman for two days of canoe or kayak paddling on October 13 and 14. We will meet at the group campsite on Lake Natoma, near Folsom at 10am on Saturday morning. Dan (otherwise known as Ranger Winkelman, presidential candidate on the Peace and Quiet Party for you Farley readers) will lead us in about four hours of paddling around the islands of this beautiful lake which he paddles almost daily in his kevlar solo canoe. Following this paddle, we can kick back and wait for happy hour and dinner, or visit the nearby Salmon Festival at the Nimbus Fish Hatchery (see Article on page 1). Following Chef Hanson's delectable dinner, we will enjoy sharing tales of adventure and old-favorite songs around the campfire before hitting the tents. Sunday after breakfast, we will pack-up and drive to Hazel Avenue for a paddle downstream on the American River, pulling out at Watt Avenue in mid afternoon for the short car ride home.

Participants will have a choice of bringing their own water craft, renting a canoe or kayak in the Bay Area and bringing it with you or renting an inflatable kayak in Rancho Cordova. (\$40/day/single or \$60/day/double). For those members and guests who provide their own boat, the cost of the weekend will be \$25, which includes two lunches, one dinner and one breakfast.

To save a spot, please send your check for \$25 to Bob Hanson, 2600 Saklan Indian, #3, Walnut Creek 94595.

Questions???? Call Bob at 925-944-3366.

— Bob Hanson

NOTES FROM THE ALPINE LODGE TRUSTEES

We are pleased that the Lodge grounds have passed a recent fire safety inspection. In preparation, grasses were cut, tree branches near buildings were cut back, and gutters were cleaned. Recent trustee Roger Diehnel took the lead in the clearing and continues to lop off low branches as suggested by the fire inspector. New trustee Hardy Dawainis is coordinating the construction of new stone walls above sections of the Tam Building path. There has been severe erosion in these areas and the walls are badly needed.

Ruth Tretbar

OPPORTUNITY TO LEARN

Would you like to get involved in an exciting project that helps your Club and the world at the same time? Motivated by past president Laurence Kornfield, we are embarking on making our Club and its lodges more sustainable and environmentally friendly. What better place could there be than a conservation club! If you are interested in researching and learning about sustainability want to help our Club reduce its environmental footprint, please contact Peter Beckmann at Beckmann@ baymoon.com. Attention younger members: this is an excellent opportunity for you to learn and get involved in environmental activism with some great support resources.

- Peter Beckmann.

ELKHORN SLOUGH GUIDED TOUR OCTOBER 19

12pm – Bring your lunch, picnic tables available; 1pm guided tour of Elkhorn Slough National Estuarine Research Reserve.

This 1400 acre Reserve harbors the largest tract of tidal salt marsh in California outside of San Francisco Bay. It is an ecological treasure at the center of the Monterey Bay coastline and provides much-needed habitat for hundreds of species of plants and animals, including more than 340 species of birds.

Contact **Eva Pardee** at evapardee@pacbell.net or phone 510-444-3711 for details and sign up. Cost per person is \$2.50.

— Eva Pardee

	OUTINGS 2007
SEP 9-15	Canoe trip to Montana Bob Hanson doctoroutdoors@comcast.net
SEP 27-OCT 4	Fall Foliage at Acadia National Park RosCarol@aol.com 650-592-9394 (WAIT LIST)
OCT 13-14	Salmon Festival, Nimbus Fish Hatchery, Rancho Cordova shanaavalos@earthlink.net 916-652-3864
OCT 13-14	Weekend Canoe Camping Adventure Lake Natoma, near Folsum Bob Hanson doctoroutdoors@comcast.net
OCT 26-28	Napa Valley Bike, Hike, Wine and Dine Tommcnicholas@ yahoo.com 707-254-9953
NOV 8	Castello di Amorosa—the new castle in Calistoga RosCarol 650-592-9394 RosCarol@aol.com
DEC 6-7	Christmas in the Monterey Adobes Ruth Tretbar Rtretbar@yahoo.com 510-836-0108 Marion Hazzard marionhiker@hotmail.com 415-661-6876
	—Ros Carol



Verna West

ECHO SUMMIT LODGE NEWS

While the Angora Lakes fire caused some anxiety in late June and, of course, was tragic for many local Lake Tahoe families, Echo Lodge was thankfully untouched as was the Desolation Wilderness. The primary impact to Echo Summit Lodge (ESL) was that we became concerned about the re-siding project planned for September. As it turns out, it was not the fire, but our California State Historic Preservation Office that has delayed our plans. They have taken an inordinate amount of time to conclude that we need to submit more information and the services of an expensive expert consultant in order to get approval; and then SHPO will sit on the proposal for another 30 days! This pushes our window of opportunity before the snow flies beyond the limit, and we had to release the contractors who made good-faith bid proposals for work in September. However, while this will mean we have a tighter schedule for the re-siding and ADA ramp projects before the permit renewal in 2011, we still will have time for completion.

— Cindy Toran

The Angora Fire on June 2007, as seen from Echo Lodge.

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

Winter Hosts: It is prime time to plan your Winter/Spring 2008 host events at Echo Lodge. Member Rentals are also available mid-week Jan-Mar and any days April-June as well as September 15-December 19, excluding Thanksgiving week. **We still need** hosts for Thanksgiving Weekend and Christmas Week. Please consider these special times. Give me a call or send an e-mail to let me know your preferred times. I will do my best to accommodate your requests. Also, note that our next Host Appreciation & Training session is October 26-28. If you need to renew your training, as required every 3 years, or would like to become a trained host, please contact me.

All CAC Members: We have a LOT of work to do at the Fall work party to get the lodge ready for the coming snow season. The festivities start on Thursday September 6th at 4pm and end on Monday, the 10th. We could sure use your help and it will be a lot of fun! Contact Trustee Tom Coleman 707-992-0650 or travmcgee@comcast.net to sign up.

Sincerely, Cindy

The next Echo Lodge Trustees' Meeting will be held on Sunday, October 28th at Echo Summit Lodge. Contact Cindy Toran if you wish to attend.

Fall/Winter '07 Echo Summit Lodge Schedule:

SEP 6-10 THUR-MON FANTASTIC FALL FUN & WORK PARTY

Contact: Tom Coleman travmcgee@comcast.net

707-992-0650

SEP 21-23 FRI-SUN

Barbara & Keith Crockett

MEMBER RENTAL 650-365-6280

SEP 28-30 FRI-SUN MEMBER RENTAL Lee Yamada & Phyllis Cole 831-438-5749

SEP 30-OCT 7 SUN-SUN SPA WEEK
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

OCT 7-11 SUN-THURS MEMBER RENTAL Helen Alfredson 805-647-5407

OCT 11-14 THURS-SUN MEMBER RENTAL
Dee & Ginny Foote 408-255-6581

OCT 18-21 THURS-SUN CO-OP MEALS WEEKEND

Shelly Navine & Bob Henry
Geri Gottbrath 707-539-2512 evenings
472 Oak Brook CT., Santa Rosa 95409
ggottbrath@aol.com

OCT 26-28 FRI-SUN HOST APPRECIATION & TRAINING

Cindy Toran (reservations) 707-539-4396 toranski@aol.com 932 Ripley St, Santa Rosa, CA 95401

NOV 21-25 WED-SUN THANKSGIVING
WEEKEND

TRAINED HOST NEEDED

DEC 19-25 WED-TUES PRE-CHRISTMAS WEEK

Edie Nelson & Cindy Toran 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

DEC 25-29 TUES-SAT CHRISTMAS DAYS TRAINED HOST NEEDED

DEC 29-JAN 2 SAT-WED AND NEW YEAR'S Pat Anderson & Fred Huxley 510-649-8537 3026 Benvenue Ave, Berkeley, CA 94705 patineqypt@yahoo.com

JAN 2-17 MON-THUR AVAILABLE FOR TRAINED HOSTS

JAN 17-21 INTER-GENERATIONAL SNOW / COOP MEAL WKND

Joan Ryan & John O'Sullivan 415-564-8507 2625 23rd Ave, San Francisco, CA 94116 joanryan@mac.com

JAN 21-27 MON-SUN CO-OP MEALS WEEK

Cindy & Russ Toran 707-539-4396 932 Ripley St, Santa Rosa, CA 95401 toranski@aol.com

JAN 27-31 SUN-THURS AVAILABLE FOR TRAINED HOSTS

IAN 31-FEB 3 THURS-SUN

Audrey & Mike Vaggione 408-865-1781 12747 Saratoga Glen Ct, Saratoga, CA 95070 audreyvw@pacbell.net FEB 3-8 SUN-FRI AVAILABLE FOR TRAINED HOSTS

FEB 8-14 FRI-THURS

Shelly Navine & Bob Henry 707-829-3728 1286 Hurlbut Ave, Sebastopol, CA 95472 clyde33301@comcast.net

FEB 14-18 THURS-MON PRESIDENTS' WKND

Monika Balsamo & Joan Ryan 707-539-2140 4841 Parktrail Dr, Santa Rosa, CA 95405 mbalsamo@earthlink.net

FEB 18-22 MON-FRI AVAILABLE FOR TRAINED HOSTS

FEB 22-24 FRI-SUN

Pam & Garry Greever 530-677-5616 3200 Red Rock Ln, Shingle Springs, CA 95682 pamgreever@yahoo.com

FEB 24-MAR 13 AVAILABLE FOR TRAINED HOSTS

MAR 13-16 FAMILIES SNOW / COOP MEALS WKND

Joan Ryan & John O'Sullivan 415-564-8507 2625 23rd Ave, San Francisco, CA 94116 joanryan@mac.com

MAR 16-28 AVAILABLE FOR TRAINED HOSTS

MAR 28-31 FRI-MON

Tom & Carol Coleman 707-992-0650 32 Live Oak Dr, Petaluma, CA 94952 travmcgee@comcast.net

Watch for updates in future issues of TRAILS!

CO-OP MEALS, HIKING AND FALL COLORS – OCT 18-21

Come enjoy the quiet and the colors of fall at Echo Lodge. Join us in a slow cookin' revival by planning and preparing one nutritious and economical breakfast or dinner for the group. Singles are welcome and we will find a cooking partner for you. For more information and reservations contact **Geri Gottbrath** at 707-539-2512 (evenings) or ggottbrath@aol.com.

JULY 4TH AT ECHO

It was time for another Open House – to share our Lodge and Members' hospitality with our great neighbors on the summit – and to share the 55-year history of CAC's ownership – and to learn about some of the older history of the place.

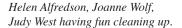
We took over from Helen Alfredson's Spa Week – which had been curtailed because of smoke from the mile-away Angora Fire – with a spiffed lodge which she and Joanna Wolf had created. As the preparations matured, Ed and Anne Del Monte, Bob Hanson, Geri Gottbrath, Ann Meneguzzi, Nick Zachreson, Allan Utterback, Val Nelson, Kathy Noland, Judy West, Cindy and Russ Toran, John and Marilyn Hannum, Joan Casey, John Watt and Reuven and Yudith Segev lent their hands to decorate, set the tables and toil the kitchen for a fine, homemade barbeque: Crusty-herbed chicken, luscious baked beans, outstanding potato salad, watermelons, brownies and cold drinks. Our "honored guests" included Edie Nelson, Ray Sommer, Barbara and Keith Crockett and Verna West. As we were concluding our celebratory feast, Summit neighbors – dozens of them, from both sides of the Highway and Echo Lakes Road – began

dropping in; they were toured about the Lodge, exposed to many of its historical facets and welcomed to sit and eat and chat about our common interests. The Angora Fire was topic #1; we could all see the square miles of burnage "down the hill" from our sun-deck and marvel at the hit-and-miss nature of the destruction. Verna West, **Dorothy DeMare** (Bob King's sister) and "Echo John" Hannum shared old photos. Stories were made of T.C.Wohlbruch and the 1855 escapades of Mickey Free. After sundown, we observed a

spectacular music-coordinated fireworks display from Stateline – a tribute (in part) to the courage of our South Lake Tahoe neighbors. After a quick Thursday morning cleanup, the Lodge was relegated to the next event: Work-party for Defensible Space and Trail-Clearing.

Many thanks to the hands which put this event together.

— J. R. Hannum





ECHO Summit Work Crew



Ray Sommer, Russ Toran, Marilyn and John Hannum taking a well-deserved rest



Rueven Segev and John Watt enjoy clearing brush at Echo Summit



Geri Gottbath, Yudith Segev helping to prepare a fabulous meal

Thanks to Verna West for these photographs!

TRAILS

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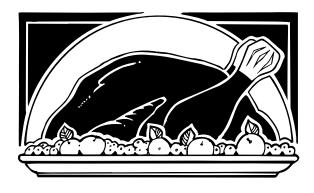
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THANKSGIVING DAY POTLUCK ...AND OVERNIGHT?

Tony says he can round up enough wild turkeys at his Rossmoor Estate to feed us. Failing that, he will cook up the domestic kind plus stuffing and gravy for a POTLUCK on Thursday, November 22. You bring either appetizers, salads, or desserts for about 8. Let Tony know what you plan to bring so we have a balanced menu. Wine will be served. Hikes TBA (check the Hike Leader Schedule). Happy hour after hiking at 4pm, eats at 5pm. Cost: \$10. Stay overnight if you wish and breakfast will be served at the usual Lodge rates. For reservations, call 925-933-2403 or email joanne-tony@ sbcglobal.net AFTER Halloween, as Tony will be traveling. Then mail your check made out to Tony Smith, at 2345 Tice Creek Dr. #4, Walnut Creek CA 94595. Helpers most welcome...decorations, clean up, you know, the fun stuff. Hope to see you there!

— Tony Smith



TRAILS NEWSLETTER ALERT

Please send articles for the **October** issue of TRAILS to editor, **Dan Schoenholz**, at dschoenholz@sbcglobal.net, or via mail to 355 Marshall Drive, Walnut Creek, CA 94598. Telephone 925-932-9791.

Dan should receive articles for the October issue no later than **September 5**th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the November issue of TRAILS will be **Bill Steinmetz**, at wjsteinmetz@yahoo.com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

— Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 83 October 2007 No. 8

NEW MEDIEVAL CASTLE IN CALISTOGA THURSDAY, NOVEMBER 8

Join **Ros Carol** on a trip to the wine country to see the new Castello di Amorosa, a medieval castle built with 800,000 tons of stone from Tuscany by Italian craftsmen. Torture chamber, knights' rooms, ramparts, right in our own area! The two hour tour includes an elegant wine tasting, and the cost is \$25 whether or not you drink!

We'll start in Marin with carpools; go to the wine museum at St. Supery winery, and then on to Calistoga where you have a choice of either eating your picnic lunch at the Calistoga Geyser (\$5.60) which goes off every 20 minutes, or eating lunch in Calistoga, and visiting the shops. At 1:30pm we will tour the castle. Then we will drive down the Silverado Trail to Auberge du Soleil to see the outdoor sculpture garden with 100 large creations. From there you can go home or stay for an early dinner. Contact Ros Carol at 650-592-9394, or RosCarol@aol. com.

- Ros Carol

THANKSGIVING DAY POTLUCK AND OVERNIGHT

Tony says he can round up enough wild turkeys at his Rossmoor Estate to feed us; failing that he will cook up the domestic kind plus stuffing and gravy for a POTLUCK on Thursday November 22. You bring either appetizers, salads, or desserts for about eight, and let Tony know what you plan to bring so we have a balanced menu. Wine will be served. Cost is \$10. Happy hour after hiking (4 pm, eats at 5 pm). Stay overnight and breakfast at the usual Lodge rates if you wish. Hikes TBA, see Hike Leader Schedules. Call 925-933-2403 or email joanne-tony@sbcglobal.net AFTER Halloween, as Tony will be traveling. Then mail your check made out to me, not the Alpine Club, at 2345 Tice Creek Dr. #4, Walnut Creek CA 94595.

Helpers most welcome. Decorations, clean up, you know, the fun stuff. Hope to see you there!

HALLOWEEEN PARTY AND DINNER --SATURDAY, OCTOBER 27

Join us for our Halloween Party and Dinner at Alpine Lodge on Saturday, October 27th. This frolicsome evening begins at 4pm with appetizers and a no-host bar. Supper, including wine, will be served 5:30-6pm. We welcome guests (and goblins), and encourage COSTUMES for those that want to bewitch us with a surprise.

The price for this fun event is \$15 for members and \$17 for associate members. For those that partake in this evening, we will also have "monster" music for listening and dancing after dinner. Overnight lodging is available for those who would like to spend the night (\$15 members, \$20 associate members).

Please send your check, payable to **Sue Karp**, to 115 Madrone Avenue, Larkspur, CA 94939, by October 22nd. Volunteers are needed to set-up, tend bar, assist in the kitchen and clean up. Please contact Sue at 415-927-3221 if you can help out.

— Sue Karp and Jordan Herrmann

HENRY HILLMAN CONSERVATION FUNDRAISER/ HIKERS WEEKEND

Please join us in celebration of the Henry and Lois Hillman Conservation weekend on Mt. Tamalpais at our beautiful Alpine Lodge on **Saturday, Nov 17**.

The event begins Saturday at 4pm with a hikers' special presentation from the **Bay Area Ridge Trail Council**. We are sure to hear of their many recent accomplishments along with the future goals. Hors d'oeuvres and cash bar will follow the presentation. Dinner will be served at 6pm: \$18 for members, \$20 associate members. Overnight reservations \$15 (\$20 associates); breakfast \$4 (\$7 associates).

Please send your check for dinner reservations to **Jay Hallberg** at 70 Greenwood Way, Mill Valley, CA. 94941 (415-383-1507). **Laureen Novak** once again will be in the kitchen. Please let her know via email (lareenie@ yahoo.com) if you can help with an appetizer, salad, or desert. Also, bring your dancing shoes as we will be enjoying **live music**, compliments of "Ralf Myers and Friends".

Hope to see you all at this annual CAC Foundation tradition.

— Jay Hallberg, Bill Meneguzzi & Mae Harms, CAC Foundation

TRAILS Editor ~ Dan Schoenholz

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

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"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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PRESIDENT'S MESSAGE

Board Notes:

We need hosts and executive sponsors (from the Board and Alpine Trustees) for the New Year's Eve Party and the New Year's Day breakfast and soup/salad dinner. Hosting an event is really great fun, in addition to the work. You always make new friends and receive good help. New Year's Eve is usually a late supper with music/games until midnight (sometimes New York, Chicago, Denver zones are celebrated). New Year's

t i m e zones are celebrated). New Year's Day is a champagne breakfast with the traditional hike to the top of Mt. Tam. Afternoon brings an early soup and salad supper.

We barely had our quorum of 30 members to pass the mechanical clean up of our by-laws at the last membership meeting. We do need participation from the membership at the quarterly and annual meetings to conduct business for the club. Please mark your calendars and plan to attend. **Family Camp:**

About sixty-five adults and children enjoyed our CAC Family Camp at the Salvation Army Del Oro campgrounds on Lake Vera, near Nevada City, CA, over the Labor Day weekend. Our own **Bob Hanson** returned to give the youngsters three sessions of archery lessons, which were full and much appreciated. **Russ** and **Amy Parker** instructed at the climbing wall again. Russ had a well-organized group, with strong safety training measures in place. The two climbing sessions were very popular. The camp has the archery, climbing, and boating equipment, including paddle boats, kayaks, canoes, and rowboats. **Rick Loretz** attended the boathouse and coordinated the boat masters for the third year. Thanks to our boat masters, lake observers, and pool observers for making those activities safe and enjoyable.

Several families participated in the skits at the campfire program led by Joan Ryan and Julie Batsel, with her guitar. Children and adults enjoyed the

S'mores.



Waiting for a turn on the climbing wall at CAC Family Camp.

Gerald Petak and **Cathy Drees** managed the movies with popcorn in the learning center and another campfire

President's Message continued on page 3

MEMBERSHIP REPORT

October 2007 CAC New Members

Julie Bellefleur –Regular Member 1834 Oak Knoll Drive, Belmont, CA 94002 650-593-0744 jbell111@aol.com Sponsors: Ruth Tretbar & Melanie Facen

Gayle Abbott– Regular Member 5207 Carrington Street, Sacramento, CA 95819-1608 916-456-3523

gaylea@surewest.net

Sponsors: Edna Trimm & Larry Ridgel

Linda Howard– Regular Member 7641 Silent Path , Somerset, CA, 95684 530-620-4364 Linda-howard@juno.com Sponsors: Tom Coleman & Franz W. Kohout

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS:

Eileen Downey, Diane Smith

— Laureen Novak, Membership Chair

President's Message continued from page 2



Swimming and boating at CAC Family Camp

program at the Parker cabin completed the evening activities.

Tom Coleman coordinated the food for us. Tom did the lasagna/salad lunch on Saturday, which worked well for staggered arrival times. Bob Hanson and Mary and Dave Maier did the breakfast meals. Tom engineered the BBQ with help from Alan Fairhurst, Susan McCarthy, and Rick Loretz. Sunday night Alan Fairhurst and Tom Coleman did a meal of baked wild salmon with sides of roasted vegetables and the ever popular Mac 'n' Cheese. We started with a salad bar, so people, especially the children, had a choice of toppings. Cook's helpers were Mindi Canner, Joan Ryan, Beth Evans, Susan McCarthy, and Rick Loretz. Karen Herda and Amy Parker were utility infielders

continued on page 5

ALPINE LODGE SUNDAY INNKEEPERS

OCT 7	Stanley Finkelstein	415-381-4676
OCT 14	Barbara McVeigh	415-299-1266
OCT 21	Vicki Olds	415-221-2830
OCT 28	Nancy Waldek	415- 552-5836
NOV 4 NOV 11 NOV 18 NOV 25	Pascale Leroy open open Richard W. Plue	415-661-8904 415-337-1812

More innkeepers are needed to keep the Alpine Lodge open on Sundays. *This is a plea to Alpine's male members; not enough men! Never enough men! We need you as Innkeepers. Please consider signing up for a Sunday or two.* To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim@hotmail.com.

— Selma Bomfim

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sun, Oct 21, 2007	Board of Directors Meeting at 2 pm. Quarterly Membership Meeting at 3 pm. Dinner to follow.
Sat, Nov 17, 2007 Sun, Jan 20, 2008	Board of Directors Meeting at 3 pm. Board of Directors Meeting at 2 pm. Quarterly Membership Meeting at 3 pm.
	Dinner to follow.

If you have any questions or wish to have an item on the

Sat, Feb 16, 2008

agenda, contact Carroll Pearson at pearsoncmp@aol.com or call 408-736-9403. Members are welcome at board meetings.

Board of Directors Meeting at 3 pm.

— Carroll Pearson

ALPINE LODGE CALENDAR ON THE MEMBERS WEB PAGE

For up-to-the-minute listings, go to www. calalpineclub.org. Click on the Members page and click on the Alpine Lodge Calendar in the left column. Send a note to Michael Petak at alpinelodge1@yahoo.com, if you need the user id and/or password to the member web page or to provide comments on the new calendar.

— Michael Petak

3

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP-TO-THE-MINUTE LISTINGS, GO TO WWW.CALALPINECLUB.ORG AND CLICK ON THE MEMBERS PAGE. CONTACT G MICHAEL PETAK AT ALPINELODGE1@YAHOO.COM FOR THE USER ID AND PASSWORD.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

OCT 1-4 MON-THUR MEMBER RENTAL Anita Zehner

OCT 4 THURS

9AM - 2:30 PM

Jennie Bruyn, Coordinator
There will be much to do, inside and out. We
will focus on housekeeping in the Lodge and
Tam Buildings and, of course, there is always
gardening. Jennie will have a wonderful lunch
for us. Don't miss it. Call Jennie at 415-456-1877
to reserve a spot.

OCT 8-9 MON-TUES MEMBER RENTAL Iean Bacon

OCT 12-13 FRI-SAT HOST TRAINING
See page 5 for details.

OCT 14 SUN SUNDAY WORK PARTY 9AM - 2:30PM Coordinator to be announced This is your quarterly opportunity to come on a Sunday, meet CAC members and help maintain the Lodge and its grounds. We promise good company, a hearty lunch and satisfaction for a job well done. Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

OCT 20-21 SAT-SUN

CARL NOLTE WEEKEND

BYOB and an appetizer to Happy Hour at 4:30pm. Then enjoy Carl Nolte's talk. Dinner, salad and dessert at 6pm. Members \$8, Associates \$11. Spend the night at the Lodge, awake to a hearty breakfast, and, who knows, maybe more stories from Carl. Members \$19, Associates \$27. Contact Nuala at 415-922-6775 or e-mail ntcaulfield@msn.com.

OCT 21 SUN QUARTERLY CAC
MEMBERSHIP MEETING
CAC LEADERSHIP MEETINGS

CAC Foundation Members meet at noon. Board of Directors meet at 2pm in the Social Hall. Quarterly Membership meeting at 3pm. Dinner to follow. Everyone is welcome. See TRAILS page 5.

OCT 24-25 WED-THUR MEMBER RENTAL
Neil Fraser

OCT 27 SAT HALLOWEEN PARTY Coordinators: Sue Karp and Jordan Hermann. See article on page 1.

NOV 1 THUR WORK PARTY EVENT 9AM - 2:30PM Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

NOV 3 SAT MEMBER RENTAL Teresa Acosta

NOV 5-6 MON-TUES MEMBER RENTAL
Anne Del Monte

NOV 7-9 WED-FRI NON-MEMBER TRAINING The California Onsite Wastewater Association.

NOV 16-17 FRI-SAT CACF MEETING & FUNDRAISER

Contact Jay Hallberg 415-383-1507 lareenie@yahoo.com See article on page 1.

NOV 17-18 SAT-SUN HIKERS' WEEKEND Happy hour at 4:30pm. BYOB and an appetizer to share. Dinner, salad and dessert at 6pm. Members \$8, Associates \$11. Plan to spend the night at the Lodge and awake to a delicious breakfast. Members \$19, Associates \$27. Contact Nuala at 415-922-6775 or email ntcaulfield@msn.com.

NOV 17 SAT LEADERSHIP MEETINGS Alpine Trustees meet at 1 pm, and the Board of Directors at 3pm.

NOV 22 THUR THANKSGIVING DINNER
Host, Tony Smith 925-933-2403
joanne-tony@sbcglobal.net
See article on page 1.

NOV 23-25 MEMBER RENTAL Helga Raab

NOV 29 THUR WORK PARTY EVENT Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

DEC 4-5 THUR-FRI NON-MEMBER TRAINING
The California Onsite Wastewater Association

DEC 6 THURS WORK PARTY EVENT 9AM - 2:30 PM Ruth Tretbar, Coordinator rtretbar@yahoo.com. 510-836-0108

DEC 8 SAT CAL ALPINE CLUB HOLIDAY PARTY

Reservations: Mae Harms 530-333-1058 maeharms@mindspring.com Chef, Helen Reardon, Helpers: Mae Harms, Betty Rappaport. .

DEC 9 SUN CHILDREN'S HOLIDAY
PARTY

Coordinator Mary Frey 415-492-2510 Cost \$10 per family.

DEC 11 TUES SIERRA CLUB RENTAL M J McKown

DEC 16 SUN MTIA HOLIDAY PARTY

DEC 15-16 SAT-SUN
See NOV 17-18
Leader Paul McKown

DEC 21 FRI HOLIDAY DINNER
Friends of Bev and Betty
Host: Eike Linkwitz 415-924-0241
el@linkwitzlab.com

DEC 25 TUES HOLIDAY DINNER Christmas Day dinner. Sponsor Eva Libien elibien@yahoo.com 415-383-5184 DEC 31 MON NEW YEAR'S EVE EVENT Sponsor Needed

JAN 3 THURS WORK PARTY EVENT 9AM - 2:30 PM Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

JAN 19-20 SAT-SUN HIKERS' WEEKEND See NOV 17-18 Leader Open

JAN 20 SUN CAC LEADERSHIP MEETINGS QUARTERLY CAC MEMBERSHIP MEETING CAC Foundation Members meet at noon. Board of Directors meet at 2pm in the Social Hall. Quarterly Membership meeting at 3pm. Dinner to follow. Everyone is welcome.

JAN 31 THUR MEMBER RENTAL
Janette Mullins

FEB 7 THURS WORK PARTY EVENT 9AM - 2:30 PM Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

FEB 9 SAT SIERRA CLUB MJ McKown

FEB 14 THUR VALENTINE'S DAY EVENT Host Needed

*FEB 16-17 SAT – SUN*See Nov 17-18

HIKERS' WEEKEND

FEB 16 SAT CAC LEADERSHIP MEETINGS
Alpine Trustees meet at 1 pm and the Board of Directors at 3 pm

MAR 6 THUR WORK PARTY EVENT 9AM – 2:30PM Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com

MAR 15-16 SAT-SUN HIKERS' WEEKEND See NOV 17-18 Leader Open

MAR 16 SUN LEADERSHIP MEETINGS
Alpine Trustees meet at 1 pm and the Board of Directors at 3 pm

MAR 17 MON ST. PATRICK'S DAY EVENT

APR 3 THUR WORK PARTY EVENT 9AM – 2:30PM Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com

Watch for updates in future issues of TRAILS!

4 TRAILS OCTOBER 2007

SIERRA BUTTES CAR CAMP REPORT

Twelve wild souls, ravenous for adventure in bagging peaks, scrumptious grub – a la Chef d'Camp **Roberto Riboli**—and general camaraderie, spent four and a half days and nights at camp site #14 near Salmon Creek in sight of the fabled Sierra Buttes in the Gold Lakes Basin of Sierra County.

Escaping with our food and lives, we managed to almost sleep nervously through two nights whilst a bear almost pulverized the "bear-proof" dumpster across from our site. Where were you, Dr. Outdoors, to protect us?

But in the end, we look back, fatter and happier.

The Twelve: Bob Riboli, Kathleen Hasse, Ernie "Guido" Pitz, Allen Schmidt, Felix Sy, Melanie Facen, Louis La Cuette, Ann and Gos Schubert, Bobbie Nelson, Susan Wilson and Jackie Schiedeck.

Thanks to all!

— Ernie Pitz

President's Message continued from page 3

helping in many spots. **Mae Harms** and **Connie Clark** managed the lunch tables each day, with creative contributions from leftovers, like salmon salad for sandwiches.

The adult campers participated with two or more of the sixty some chores. The young children, ages 8-12, cleared the tables after every meal. Susan McCarthy took the reservations, booked the cabins, collected money, and did the reporting. **Carroll Pearson** arranged for the activities, lifeguards, dishwashers, chores, and coordinated with the camp staff.

As you can see, CAC Family Camp is a labor of love over Labor Day weekend. Everyone pitched in to make this a wonderful experience for our young families. Several threegeneration groups attended. It is so nice to see the children interacting with grandparents. An interesting statistic is that 7% of our membership is young families. This is the leadership of tomorrow and beyond.

We met on Monday morning to decide the fate of Family Camp as a CAC tradition. The outpouring of support caused Susan and me to choke up a little. Before we left the dining hall, we had new coordinators – **Joan Ryan** and **Mindi Canner**, people for lunches and every meal, a new boating coordinator, an archery instructor, plus some repeat folks like Russ and Amy for the climbing wall. Best of all, they had new and creative ideas to bring to the event. Sign up early next year to get your favorite cabin.

Around seven of us did not have child responsibilities. We had a wonderful time as well. As I walked back from the dining hall Sunday morning, I stopped to listen to the voices of the children at open play from all over the camp. What a thrill to hear the happy sounds. The environment allows them to make new friends and to play with a degree of freedom that we no longer enjoy in urban neighborhoods. There were deer wandering through the campgrounds, a beautiful lake, woods, activities, great meals, and a camping experience.

Thanks to all who made and continue to make this experience available within our club.

— Carroll Pearson

ALPINE LODGE HOST TRAINING OCTOBER 12-13

If you will be renting the Alpine Lodge for a private event or hosting a CAC event, the Alpine Trustees encourage you to attend the fall Host Training. Effective last January 1, members who rent the lodge must have attended training within the last three years and CAC hosts are strongly encouraged to update their knowledge.

We will begin with dinner on Friday evening and end by 4pm Saturday afternoon. Dinner, breakfast, lunch and overnight are included. The only cost is \$6 for the Host Manual.

You will be an important part of the training, participating in discussion and demonstrations. Topics include the lodge infrastructure, safety and security issues, how to operate equipment, and how to plan and run an event.

Attendance is limited to 15 people. To register contact **Hardy Dawainis** at 415-461-4431 or hdawainis@comcast.net.

- Ruth Tretbar

IN MEMORIAM

Alpine Club member and hike leader James Vitek passed away on August 23, 2007. A resident of Marin County since he was a year old, Jim graduated from Tamalpais High School and attended Marin Community College. After serving in the Navy in WWII, Jim spent 34 years with the Marin Municipal Water District.

An avid outdoorsman, Jim led hikes for the Alpine Club, the Sierra Club, and the Mount Tamalpais Interpretive Association, and was generous with his knowledge of botany and geography. Fittingly, Nancy Skinner led a memorial hike and picnic for Jim on September 25.

Jim is survived by his loving wife, Dorris, and step-son Dan Daly.

Memorial contributions may be sent to Mt. Tamalpais State Park for the upkeep of trails and bridges for hikers on Mt. Tam, c/o MTIA, P. O. Box 3318, San Rafael, CA 94912.

QUARTERLY MEMBERSHIP MEETING DINNER SUNDAY OCTOBER 21, 2007

Everyone is welcome to stay for dinner after the Quarterly Meeting which begins at 3pm. All the club activities are off to a great start this fall. Come and have dinner with your friends and chat about upcoming plans and events. Lillian Young, Jean Rodgers, Maureen Green, Lianne Finnerty, and Bonnie Blackhaller will be working to make your dinner enjoyable. Look forward to seeing you on the 21st. Members \$12; Associate members \$15. Contact: Jean Rodgers, 14 Hillcrest Road, Tiburon, CA 94920 Phone: 415-435-9383

— Jean Rodgers

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERICK AND ARE BOLDED

SUN OCT 7	9:30 a.m.	Hardy Dawainis	415-461-4431	2B
SUN OCT 14	9:30 a.m.	Ruth Tretbar	510-836-0108	2B
*SAT OCT 20	9:30 a.m.	Marion Hazzard	415-661-6876	2B
			Not to	o fast
*SUN OCT 21	9:30 a.m.	Karl Baeck	415-459-6370	2B
*SUN OCT 21	9:30 a.m.	Anne Allio	650-583-1543	1 A
SUN OCT 28	9:30 a.m.	Anne Good	510-526-6792	2B
SUN NOV 4	9:30 a.m.	Don & Donna Rice	415-552-6087	2B
Day	light Savings Ti	ime Ends Co-Listed w/Berk	eley Hiking Club	
SUN NOV 11	9:30 a.m.	Paul McKown	415-383-2774	2B
		Co-Listed w/Sierra C	Club	
*SAT NOV 17	9:30 a.m.	Leaderless Hike		2B
*SUN NOV 18	9:30 a.m.	Taren Hamilton	415-378-4240	2B
SUN NOV 18	9:30 a.m.	Jean-Marie Campbell		1A
THANKSGIVING	9:30 a.m.	Tom Foote	415-647-4594	2B
DAY			Comfortable	e pace
SUN NOV 25	9:30 a.m.	Jennie Bruyn	415-456-1877	2B
SUN DEC 2	9:30 a.m.	Hardy Dawainis	415-461-4431	2B
SUN DEC 9	9:30 a.m.	Ben Heldens	415-665-7274	2B
		Co-Listed w/Berkel	ey Hiking Club	
*SUN DEC 16	9:30 a.m.	Paul McKown	415-383-2774	2B
		Co-Listed w/Sierra	Club	
SUN DEC 23	9:30 a.m.	Gloria Pass	510-649-9787	2B
		Co-Listed w/Berkel	ey Hiking Club	
CHRISTMAS DAY				
TUES Dec 25	9:30 a.m.	Eva Libien	415-383-5184	
SUN Dec 30	9:30 a.m.	Rosemary Trowsdale	415-775-3206	2B
NEW YEAR'S DAY		•		
TUES Jan 1	9:30 a.m.	Ben Heldens	415-665-7274	2B

IMPORTANT! RAIN CANCELS

1A HIKES (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT $10{:}00~\mathrm{A.M.}$

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) SIERRA CLUB AND BERKELEY HIKING CLUB LISTINGS WILL LEAVE ALPINE CLUB AT $10:00\,$ A.M. AND MT. HOME AT $10:15\,$ A.M.

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike. No Hikers Weekend in December.

CORRECTION: ALL START TIMES ARE AT 9:30 AM, NOT 10:00 AM AS LISTED IN AUGUST TRAILS

*Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com

Hikers' Weekends: For supper and/or overnight arrangements, contact Nuala Caulfield by Wednesday at 415/922-6775 or email: ntcaulfield@sbcglobal.net

IT'S NATIONAL DISASTER MONTH. RESIDENTS OF MARIN: GET READY!

Are you prepared in the event of a disaster? The Corte Madera Disaster Council has launched a program called "Get Ready!" Its purpose is to train and prepare all residents throughout Marin County for any type of disaster, including fires, floods, and earthquakes. The program is part of a Marin County-wide effort.

Starting on October 3, 2007, free two-hour disaster preparedness classes are being held in various locations throughout Corte Madera. The training program helps you to learn how to "shelter in place" for the first several days following a disaster. Classes will be held almost every day and at various times until December 13, 2007.

This program is crucial for residents' ability to help care for themselves in the event of an earthquake, flood, fire or other major disaster. In such an event, emergency personnel will be overwhelmed for the first several days and will be unable to provide assistance to everyone needing it. With sensible planning and preparedness, we can help prevent and alleviate imminent disasters.

To sign up for Get Ready! training, please go to www.getreadymarin.org or call 415-485-3131. Class schedules for all communities will be accessible from this web site.

Dorsey McTaggart

1A HIKES DISCONTINUED ON HIKERS' WEEKEND

Hikers asked to have 1A hikes listed on our monthly schedule. However, due to the lack of leaders willing to lead these hikes and the lack of participation, we will no longer offer 1A hikes on Hikers' Weekend at the Alpine Lodge as of the New Year.

--Eva Libien, Hike Coordinator

JUNIOR GROUP

There has been interest and discussion recently among CAC members regarding programs and events with emphasis on young people.

Carroll recently received a letter from Marion Blake Rhodes recalling her experiences with the late 1930's "Junior Group" of CAC, the teenagers meeting at the lodge on Saturdays to hike to various places: Stinson Beach to swim (17 miles roundtrip); the top of Mt Tamalpais; Muir Woods; and many others. Dinner at the Lodge was prepared by hosts, the evening spent folk dancing, playing cards, or just visiting by the fireplace.

Girls slept upstairs in the "Women's Dorm" in sleeping bags or blanket rolls, the guys in the new small dorm down below or out under the stars. Marion mentions the names of some of the married couples and parents who took a turn chaperoning: Hertensteins, Mendozas, Zinns, Griffiths, Gunnisons, Cooks, Wests, Newmans, etc.

Quotes from Marion: "This Junior Group was a grand group of teens. I am filled with wonderful memories of these times. Once in a while our events coincided with the Regular CAC Trips. Along came Pearl Harbor December 1941 and that was the end of the Junior Group"

By coincidence the April 1935-April 1940 Minutes are here in my "office" in Menlo Park. It is always fascinating to read through, one really interesting, often important item after another as the Club dealt with a variety of national outdoor issues (whether to support draining Yellowstone and Jackson Lakes for irrigation) as well as regulations regarding where people could or could not hike on Mt. Tam.

The first reference to a "Junior Group" was March 1, 1939 from Louis Callaghan, Walks & Trails Chairman, who reported four hikes for 10-12 year olds, stopping at the Lodge both beginning and end, would be included in the next Schedule and that the committee would prefer older members refrain from going so the junior members could become acquainted with each other. He suggested the club try to recruit more young people.

The Board meeting June 7, 1939 listed eight Junior members. For the first few months the names of the junior members—mostly the teenage children of existing members—were listed separately in the Minutes, but later were included in the lists of new members, age not noted! The Junior members started by meeting separately, but later appointed Bob Zinns to represent them at CAC meetings. In June 1940 they were scheduling joint hikes, and there were reports of a hilarious weenie roast at Land's End Dec 1940 and 48 attending the New Year Party. The "Juniors" took responsibility for the Feb 1941 issue of Trails. The group evolved from just a few to 49 of the total CAC membership of 293 as of January 5, 1941.

There are five of those first Junior members living that I know and keep in touch with, all women: Helen Crawford Foltz (Texas), Barbara West Padovan (Sacramento), Ramona Griffith Crosby (Cupertino) Gail Lindlow (San Francisco) and Marion Blake Rhodes (Colorado).

— Verna West, Historian

	OUTINGS 2007
October 13, 14	Salmon Festival, Folsom—overnight Shanaavalos@sonic.net 916-652-3864
October 13, 14	Canoe Trip near Salmon Festival Bob Hanson <u>doctoroutdoors@comcast.net</u>
October 21	Elkhorn Slough hike <u>EvaPardee@pacbell.net</u> 510-444-3711
October 26-28	Napa Valley Bike, Hike, Wine and Dine <u>Tommcnicholas@yahoo.com</u> 707-254-9953
November 8	Castello di Amorosa—the new castle in Calistoga RosCarol <u>RosCarol@aol.com</u> 650-592-9394
December 6, 7	Christmas in the Monterey Adobes Ruth Tretbar <u>Rtretbar@yahoo.com</u> 510-836-0108 Marion Hazzard <u>marionhiker@hotmail.com</u> 415-661-6876
	—Ros Carol

CHRISTMAS AT THE MONTEREY ADOBES

Join Marion Hazzard and Ruth Tretbar for the popular visit to the Monterey Adobes at Christmas on Thursday, December 6 and Friday, December 7, when 16 historic buildings are open to the public. Docents in period costume, delicious food and drink, Christmas music and dancing make this a delightful evening. As you wander from house to house and to Constitution Hall you are taken back in history. Stay one or two nights at the Colton Inn, hike Point Lobos on December 7 and, after happy hour or an early dinner, go on the Adobe Walk. See the aquarium and Cannery Row, browse the shops, visit Carmel, and enjoy the area. For more information contact Marion Hazzard at 415-661-6876 or Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

— Ruth Tretbar

CORRECTION

In the article Echo Summit Lodge News on page 7 of the September issue of Trails, the photo of the Angora fire from the lodge was taken by Beverly Heywood, not Verna West.

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

Note to Winter/Spring Hosts: There are still openings in the Winter/Spring Schedule (Jan-Jun 2007). Jan-Mar is published below with open times indicated as "AVAILABLE FOR TRAINED HOSTS"; let me know what holes in the schedule you would like to fill (my e-mail and phone number are above). We still need a host for Thanksgiving Weekend. We will also hold another Host Appreciation & Training session on Oct 26-28 for those who want to learn the art of hosting or take a refresher.

Sincerely, Cindy

The next Echo Lodge Trustees' Meeting will be held **Sunday**, **October 28th** at Echo Summit Lodge. Contact Cindy Toran if you wish to attend.

Fall/Winter '07 Echo Summit Lodge Schedule:

SEP 30-OCT 7 SUN-SUN SPA WEEK
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

OCT 7-11 SUN-THURS MEMBER RENTAL Helen Alfredson 805-647-5407

OCT 11-14 THURS-SUN MEMBER RENTAL
Dee & Ginny Foote 408-255-6581

OCT 18-21 THURS-SUN CO-OP MEALS WEEKEND

Shelly Navine & Bob Henry
Geri Gottbrath 707-539-2512 evenings
472 Oak Brook CT., Santa Rosa 95409
clyde33301@comcast.net.

OCT 26-28 FRI-SUN HOST APPRECIATION & TRAINING

Cindy Toran (reservations) 707-539-4396 toranski@aol.com 932 Ripley St, Santa Rosa, CA 95401

NOV 21-25 WED-SUN THANKSGIVING WEEKEND

TRAINED HOST NEEDED

DEC 19-25 WED-TUES PRE-CHRISTMAS WEEK

Edie Nelson & Cindy Toran 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

DEC 26-29 WED-SAT CHRISTMAS WEEK
Kristina & Ben Gale 415-381-9319
158 Morningsun Ave, Mill Valley, CA 94941
krissegale@yahoo.com

DEC 29-JAN 2 SAT-WED
Pat Anderson & Fred Huxley
3026 Benvenue Ave, Berkeley, CA 94705
patineqypt@yahoo.com

JAN 2-6 AVAILABLE FOR TRAINED HOSTS

JAN 6-11 SUN-FRI
Edie Nelson
831-423-5576
140 Archer Dr, Santa Cruz, CA
95060
edieforsyth@hotmail.com

JAN 12-17 AVAILABLE FOR TRAINED HOSTS

JAN 17-21 INTER-GENERATIONAL SNOW / COOP MEAL WKND

Joan Ryan & John O'Sullivan 415-564-8507 2625 23rd Ave, San Francisco, CA 94116 joanryan@mac.com

JAN 21-27 MON-SUN CO-OP MEALS WEEK

Cindy & Russ Toran 707-539-4396 932 Ripley St, Santa Rosa, CA 95401 toranski@aol.com

JAN 27-31 SUN-THURS AVAILABLE FOR TRAINED HOSTS

JAN 31-FEB 3 THURS-SUNHOSTED EVENT

Audrey & Mike Vaggione 408-865-1781 12747 Saratoga Glen Ct, Saratoga, CA 95070 audreyvw@pacbell.net

FEB 3-8 SUN-FRI HOSTED EVENT Edie Nelson 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

FEB 8-14 FRI-THURS HOSTED EVENT
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

FEB 14-18 THURS-MON PRESIDENTS' WKND

Monika Balsamo & Joan Ryan 707-539-2140 4841 Parktrail Dr, Santa Rosa, CA 95405 m_balsamo@earthlink.net FEB 18-22 MON-FRI MEMBER RENTAL Eike & Siegfried Linkwitz 415-924-0241

FEB 22-24 FRI-SUN HOSTED EVENT
Pam & Garry Greever 530-677-5616
3200 Red Rock Ln, Shingle Springs, CA 95682
pamgreever@yahoo.com

FEB 24-MAR 13 AVAILABLE FOR TRAINED HOSTS

MAR 13-16 FAMILIES SNOW / COOP MEALS WKND

Joan Ryan & John O'Sullivan 415-564-8507 2625 23rd Ave, San Francisco, CA 94116 joanryan@mac.com

MAR 16-18 AVAILABLE FOR TRAINED HOSTS

MAR 18-23 TUES-SUN HOSTED EVENT Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

Note: Reservations taken after Nov 5th

MAR 23-28 SUN-FRI AVAILABLE FOR TRAINED HOSTS

MAR 28-31 FRI-MON
Tom & Carol Coleman
32 Live Oak Dr, Petaluma, CA
travmcgee@comcast.net

HOSTED EVENT
707-992-0650
94952
travmcgee@comcast.net

APR 25-28 MEMBER RENTAL Tom & Carol Coleman 707-992-0650

Watch for updates in future issues of TRAILS!

DINKEY LAKES PACK TRIP



Bob Hanson leads his 12th base camp Sierra trip

On August 6, 2007 **Bob Hanson** and co-leader **Hubie Schaefer** led 13 hikers into
Dinkey Lakes Wilderness for
Bob's 12th annual base camp
Sierra trip. With Clyde Pack
Outfitters packing the heavy
gear in on horseback, the group
of 15 headed in to Cliff Lake
and set up camp for five days
of camping, hiking, good eats

and campfire camaraderie in the Sierra high country.

Dinkey Lakes Wilderness is aptly named, as a large number of granite-fringed alpine lakes lie within its boundaries. The area is marked on the east by Dogtooth Peak and on the west by the triple peaks of the Three Sisters. While Hubie and Allen Utterback and Bob scaled Dogtooth on the first day of hiking, Ursula Pedersen, Val Nelson, Kate Cullen and Maureen Green preferred to adjust to the altitude by the shores of Rock Lake, where boy scout campers could be seen fishing in mid-lake on a Huck Finn raft. The next day Val, Allen, Hubie, and Maureen and Bill Clark hiked a loop trail encompassing a circuit of seven lakes, quiet blue jewels in magnificent granite settings. Ruth Tretbar, Hardy Dawainis, Bob, Hubie, Allen and Bill all scaled at least one of the Three Sisters; while Ann Schubert, Melanie Facen, and Edie Nelson enjoyed the shores of boulder-strewn Island Lake below.

The lakes provided daily opportunities for fishing, swimming and reflection. Bob and **Hans Schilling** kept the group supplied with trout, ably prepared by Ursula. Ann, Val, Maureen and Hubie were faithful daily swimmers in the base camp lake, Cliff Lake. Edie claimed the choice lakefront spot for her tent, while Melanie found the perfect serene spot at lakeshore for daily afternoon reading.

Bob's energy and care kept the group well-fed and evening campfire conversation, enlivened by wine, alpenglow and Hans' yodeling, was a highlight of the memorable trip.

Maureen Green



Happy campers on Dinkey Lakes pack trip.

FALL WORK PARTY 2007

A few hardy souls provide warmth and comfort for winter visitors.

To the 990 members who didn't make it up for the Fall Work Party at Echo...you sure missed a good time!

We started arriving mid-afternoon on Thursday; a scruffy lot if ever I saw one. There were **Dan Winkelman** and **Mike Bonham** just up from Folsom in Dan's new 40 yr old VW bug "Helga". They were soon followed by **Tom McNicholas**, **Diane and Bruce Friend**, **Linda Howard** from Fairplay, California (ten points if you know where that is!), **Nancy Otto** and the hilariously funny **Franz Kohout** were not far behind. **Ben Heldens**, **Gayle Abbott**, and **Julie and Allen Wofchuck** rounded out the "Vagabond Volunteers". **Edie Nelson** was our chef for the weekend- cruise ship quality meals, without the calories, of course!

A winter garage was built for the new propane barbecue. Carpets were cleaned, and slot machines were emptied to go to the Laundromat and wash all the quilts, mattress pads, and whatever else we could stuff in two cars. Thanks to Gayle and Diane for doing this job. They said it had been decades since they'd visited a Laundromat. Echo Lodge--chock full of new experiences!

There were many hands (still intact, thank God) involved in log-splitting. Mike Bonham, Bruce Friend, Dan Winkelman, Linda Howard, Tom McNicholas, and the inspiring Franz Kohout are the folks you need to thank when you grab a piece of firewood this winter.

One near-emergency: there was a charcoal-falling-from-grill -onto- deck- to- tree- to- wall- of- house fire right down the road from Echo. Luckily, it was at night, and the Fire Department got there in a matter of minutes. We put the unfortunate owners up for the remainder of the night. So, if you look at the new barbecue and long for the old charcoal one, please keep this story in mind!

If you would like to participate in the Spring Work Party, call me at 415-531-4650 and sign-up now, or you'll miss out on all the fun we had this weekend! It's not too early! Besides, we need to forage for more logs for next fall!

— Tom Coleman



Fall Work Party participants take a well deserved break.

TRAILS

issued monthly by the

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NAPA VALLEY BIKE, HIKE, WINE AND DINE— OCTOBER 26-28

This time of year in Napa Valley, just after the crush and the crowds thin out, and the weather cools, can be the best for biking. Bothe-Napa Valley State Park offers quiet and seclusion on the edge of the Napa Valley wine country. Visitors can follow hiking trails along a stream, climb to a vantage point on Coyote Peak at 1170' or hike to nearby Bale Grist Mill State Historic Park. We plan to bike tour wineries from here on Saturday and early Sunday with various levels of rides available; bikes can be rented nearby. Tent camping at reserved group campground (motor homes or trailers not permitted) or make your own motel reservations –PLEASE CAR POOL IF POSSIBLE.

The meals included are hot water breakfasts and happy hour; there are many places to buy picnic lunches, restaurants nearby or form your own cook group. Campfire planned. Arrive after 2 pm Friday and checkout by noon Sunday. Cost about \$25; space limited. Contact Tom McNicholas 707-254-9953, tommcnicholas@yahoo.com for details or to apply.

-Tom McNicholas

TRAILS NEWSLETTER ALERT

Please send articles for the **November** issue of TRAILS to editor, **Bill Steinmetz**, at wjsteinmetz@ yahoo.com, or via mail to 4250 Terman Drive # 204, Palo Alto, CA 94306. Telephone 650-468-6265.

Bill should receive articles for the October issue no later than **October 5th.** Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the December issue of TRAILS will be **Tom Mahood**, at tmahood@callatg.com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

- Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 83 November 2007 No. 9

THANKSGIVING WEEKEND AT ECHO LODGE

Late breaking news! Echo Summit Lodge will be open for CAC members and guests Thanksgiving weekend after all! Cindy and Russ Toran will host a traditional Thanksgiving feast complete with turkey, stuffing, cranberries, mashed potatoes, salad, vegetables, and pumpkin pie. You bring the appetite and good spirits! Art Ewart will take over as host Friday-Sunday. Just in case you need some exercise to counteract the Thanksgiving feast, you can get in some hiking (or perhaps skiing if we get some early snow). Art may entertain you with storytelling in the evening. He has some wonderful stories to delight young and young at heart! So contact Cindy and/or Art to spend some quality time at Echo Lodge in the off season. See contact information in the Echo Lodge Schedule.

— Cindy Toran and Art Ewart

HOLIDAY PARTY SATURDAY, DECEMBER 8

Our traditional Prime Rib Dinner will be prepared by Chef **Helen Walsh Reardon** and friends. The menu includes prime rib, rolls, salad, twice baked potatoes, fiesta corn, and decadent chocolate cake with raspberry sauce.

The cost, which includes dinner wine, is \$22 for members and \$25 for associate members. Overnight, with continental breakfast, is \$17 for members and \$22 for non-members. Happy Hour will start at 5pm and Dinner will be served at 6:15.

For reservations call **Donna Rice** at 415-552-6087 or e-mail her at dndrices@yahoo.com. Make checks payable to Donna Rice and mail to 3525 16th Street, San Francisco, CA 94114. Reservations must be in by December 1st. This Dinner is limited to 80 persons and is always a sellout so book early.

HENRY HILLMAN DINNER-DANCE FEATURES BAY RIDGE TRAIL, NOVEMBER 17

Imagine a 500-mile ridge-top trail encircling San Francisco Bay with no beginning or end. With 300 miles now permanently protected, this twenty-year vision will be discussed at a night not to be missed - the CACF fundraiser at Alpine Lodge on November 17. Guest of Honor is **Janet McBride**, Executive Director, Bay Area Ridge Trail Council, www.ridgetrail.org. Dinner will follow with chef, **Laureen Novak**. After dessert, we will dance to the live tunes of "Ralf Myers and Friends." Reservations are now being accepted.

4:30pm Janet McBride, Bay Area Ridge Trail Vision & Progress
 5:20pm Happy Hour with hors d'oeuvres and cash bar.
 6:30pm Dinner of roasted salmon over a bed of aromatic cannelloni beans, fresh green garden salad, bread/rolls, and desert. Cash bar for bottles and half bottles of wine for dinner.
 8:00 pm Dancing with the live music of "Ralf Meyers and Friends."

Members \$18 Associate Members \$21

For reservations, please send your check to **Jay Hallberg** 70 Greenwood Way, Mill Valley, CA 94941-1122. lareenie@yahoo.com or 415.383.1507

For overnight reservations, call **Nuala Caulfield**, 415-922-6775, ntcaulfield@msn.com.

Please let Jay know if you can bring an appetizer for happy hour, salad or bread, or help with set-up or clean-up. Your CACF Directors, Jay Hallberg and **Bill Meneguzzi**, look forward to your response and participation.

— Jay Hallberg Conservation Chair, CACF Director & President

TRAILS Editor ~ William Steinmetz

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers: President Vice President Secretary Treasurer Registrar	Carroll Pearson Tony Smith Maureen O'Hara Sm Jean Findlay Shirley Anderson	408-736-9403 925-933-2403 hith 650-697-3846 916-285-6186 831-427-2722	pearsoncmp@aol.com joanne-tony@sbcglobal.net MissBrigid@aol.com ogrenfindlay@yahoo.com Shirl@cruzio.com
Board of Directo Val Floch John Hannum Eva Libien Jean Rodgers Onnie Taylor Lillian Young	rs:	408-255-3378 707-525-8108 415-383-5184 415-435-9383 415-648-6380 650-588-5689	vfloch@pacbell.net JRHannum@sbcglobal.net elibien@yahoo.com jrodg1218@aol.com onniet@earthlink.net lcyou@sbcglobal.net
Committee Chain Conservation Finance Historian	rpersons: Jay Hallberg Dave Maier Verna West	415-383-1507 831-462-2764 650-854-6349	lareenie@yahoo.com dmmaier@pacbell.net 99swest@earthlink.net
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Lodge Trustees Alpine Chair Treasurer Calendar Echo Chair	Peter Beckmann '10 Jennie Bruyn '10 Hardy Dawainis '09 Ed Del Monte '08 Ruth Tretbar '08 Alpine Rentals Melanie Facen Michael Petak Cindy Toran '07 Tom Coleman '08 Edie Nelson '08 Jim Nixon '09	831-423-9242 415-456-1877 415-461-4431 707-528-7983 510-836-0108 415-381-4975 415-492-0470 408-656-6817 707-539-4396 707-992-0650 831-423-5576 650-756-7771	beckmann@baymoon.com jennielbruyn@yahoo.com hdawainis@comcast.net edelmonte@delmontecito.com rtretbar@yahoo.com mfacen@sbcglobal.net geraldpetak@hotmail.com toranski@aol.com travmcgee@comcast.net edieforsyth@hotmail.com jimnixon2000@yahoo.com
CACE 11	Ray Sommer '06	415-472-1229	ray@sommerworld.com
CAC Foundation Jay Hallberg, Pre Bill Meneguzzi Position vacant		415-383-1507 916-451-1523	lareenie@yahoo.com bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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Correspondence: Please address correspondence concerning this publication to: Carroll Pearson, 1069 Rockefeller Drive, Sunnyvale, CA 94087-2010.

CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE



Board Notes:

We have a new CAC
Forum on our web site,
calalpineclub.org. This forum
will give you an opportunity
to solicit rides or schedule
carpools, discuss issues,
and share non-CAC event
information. Please check
it out and let us know what
you think. To obtain the
userid and password for
our web site, contact Carroll
Pearson at pearsoncmp@aol.
com or Tony Smith at joannetony@sbcglobal.net.

We need hosts and executive

sponsors (from the Board and Alpine Trustees) for New Year's Eve Party and for the New Year's Day breakfast and soup/salad dinner. Hosting an event is really great fun, in addition to the work. You always make new friends and receive good help. New Year's Eve is usually a late supper with music/games until midnight (sometimes New York, Chicago, and Denver time zones are celebrated). New Year's Day is a champagne breakfast with the traditional hike to the top of Mount Tam. Afternoon brings an early soup-and-salad supper.

Peter Beckmann suggested that we survey the membership by calling each member to ask what they want/expect from the club. We tried a survey a couple of years ago. The response was underwhelming. We would like to hear from you. What is the best way(s) to get your input? Please contact any board member or Peter Beckmann with your ideas.

Both lodges will require significant expenditure for major upgrades in the next few years. We are working on budgeting for these costs.

We did not have a quorum at the September 15th meeting of the Board of Directors and only three additional members attended. We really hope that the lack of attendance is the result of satisfaction with your CAC leadership. Please let us know if that is not the case. Our next meeting is Saturday, November 17, 2007. The Board of Directors meets at 3pm. Members are always welcome to attend the meetings.

Observations:

As fall turns many of the green leaves to shades of gold, red, and brown, it reminds us to treasure our wonderful outdoors and our two beautiful lodges. Both buildings are historic works of art, but they are more than that. They represent many years of friendships and fellowship. We struggle each year with the volunteerism necessary to keep our club functioning, but somehow people rise to the challenge and we move on. The cooperative spirit exhibited at the Echo work parties, demonstrated at the frequent Alpine work parties, and shown recently at Family Camp clearly underscore the core value of our club – working together to preserve the heritage of the club and our lodges.

— Carroll Pearson

MEMBERSHIP REPORT

November 2007

CAC New Members:

Margaret E. Grow & Robert Grow – Joint Members

2708 Green Bay Way Sacramento, CA 95826-2218

916-362-8962

boband Meg@sbcglobal.net

Sponsors: Mae Harms & Jim Nixon

Arnold Champagne - Regular Member

27 Putman Street

San Francisco, CA 94110

415-282-1704

Arnold Champagne@yahoo.com

Sponsors: Eva Libien & Hardy Dawainis

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS:

Julie Bellefleur, Gayle Abbott, Linda Howard

— Laureen Novak, Membership Chair

HIGH TIMES AT OLD-TIMERS LUNCHEON

About 28 only-slightly-superannuated Alpiners descended (ascended?) upon Alpine Lodge on September 20 to enjoy a delightful champagne luncheon and get-together organized by Lillian Young and her excellent helpers, Nuala Caulfield, Helena Troy, and Jean Rodgers.

Distinguished (not extinguished) guests included past presidents Ray Sommer, Betty McDonald, Win Hayward and Beverly Heywood, and long-time stalwarts Betty Osborn, Dorothy Lindskog, Rit Nowlin, Elizabeth Hall, Lois Hillman, Gail Lindlow, Joan Stamme, Dolores Bravos, Josephine Leen, Hans Schilling, and Jean and Stuart Bacon.

The delicious repast included quiche, fruit, salad, dessert, and a small gift for each attendee.

The good fellowship of this get-together was enjoyed by all, and we look forward to another old-timers luncheon. If you're in doubt as to whether you're an "old timer", just consider yourself an "old-timer-in training"!

— Win Hayward

LISA ROTH GIFTS NONTRIVIAL TRIVETS

We wish to thank **Lisa Roth** for her generous gift of trivets for the many planters on the deck at the club. Lisa visited our beloved Alpine Club on August 26 with her friend, **Karl Baeck**.

Being a professional landscape contractor, Lisa noticed that many of our planters were not resting properly on trivets. She immediately gifted the trivets and, with Karl's help, seated all the planters on the trivets, so drainage is now in proper order.

Thank you Lisa and Karl!

— Jennie Bruyn

ALPINE LODGE SUNDAY INNKEEPERS

NOV 4 NOV 11	Pascale Leroy Susan Head	415-661-8904 415-331 2598
NOV 18 NOV 25	open Richard W. Plue	415-337 1812
DEC 02 DEC 09 DEC 16 DEC 23 DEC 30	open open open open Lori Sondheim	415-446 1161

More innkeepers are needed to keep the Alpine Lodge open on Sundays. To volunteer as a Sunday Innkeeper, call Selma Bomfim at 415-381-4676 or email selmabomfim@hotmail.com.

— Selma Bomfim

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sat, Nov 17, 2007	Board of Directors Meeting at 1 pm — note time change
Sun, Jan 20, 2008	Board of Directors Meeting at 2 pm. Quarterly Membership Meeting at 3 pm. Dinner to follow.
Sat, Feb 16, 2008	Board of Directors Meeting at 3 pm.
Sat, Mar 18, 2008	Board of Directors Meeting at 3 pm.

If you have any questions or wish to have an item on the agenda, contact Carroll Pearson at pearsoncmp@aol.com or call 408-736-9403. Members are welcome at board meetings.

— Carroll Pearson

ALPINE LODGE CALENDAR ON THE MEMBERS WEB PAGE

For up-to-the-minute listings, go to www.calalpineclub.org. Click on the Members page and click on the Alpine Lodge Calendar in the left column. Send a note to Gerald Petak at alpinelodge1@yahoo.com, if you need the user id and/or password to the member web page or to provide comments on the new calendar.

— Gerald Petak

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

FOR UP-TO-THE-MINUTE LISTINGS, GO TO WWW.CALALPINECLUB.ORG AND CLICK ON THE MEMBERS PAGE. CONTACT MICHAEL PETAK AT ALPINELODGE1@YAHOO.COM FOR THE USER ID AND PASSWORD.

EVERY SUNDAY OPEN HOUSE Alpine Lodge is open every Sunday from 9:30 am to 4 pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

NOV 1 THUR WORK PARTY EVENT 9AM - 2:30PM Coordinator Eva Libien

NOV 3 SAT MEMBER RENTAL Teresa Acosta

NOV 8-9 THUR-FRI NON-MEMBER TRAINING

The California Onsite Wastewater Association

NOV 17 SAT CACF MEETING & HIKER'S OVERNIGHT

Nuala Caulfield, 415-922-6775, ntcaulfield@msn. com, has graciously offered to take reservations for overnight at the club on Saturday and will make breakfast on Sunday morning for those staying overnight. See article on page 1.

NOV 17-18 SAT-SUN HIKERS' WEEKEND For overnight and/or breakfast Sunday morning, contact Nuala Caulfield at 415-922-6775 or ntcaulfield@msn.com.

NOV 17 SAT LEADERSHIP MEETINGS Alpine Trustees meet at noon, and the Board of Directors meet at 1pm.

NOV 22 THUR THANKSGIVING DINNER Host, Tony Smith 925-933-2403 joanne-tony@sbcglobal.net

NOV 23-25 MEMBER RENTAL Helga Raab

NOV 29 THUR WORK PARTY EVENT Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

DEC 4-5 THUR-FRI NON-MEMBER TRAINING

The California Onsite Wastewater Association

DEC 6 THURS WORK PARTY EVENT 9AM - 2:30 PM Ruth Tretbar, Coordinator rtretbar@yahoo.com. 510-836-0108

DEC 8 SAT CAL ALPINE CLUB HOLIDAY PARTY

Reservations: Donna Rice at 415-522-6087 dndrices@yahoo.com Chef, Helen Reardon, Helpers: Betty Rappaport. See article on page 1.

DEC 9 SUN CHILDREN'S HOLIDAY PARTY

Coordinator Mary Frey 415-492-2510 Cost \$10 per family. See article on page 5.

DEC 11 TUES SIERRA CLUB RENTAL M J McKown

DEC 15-16 SAT-SUN HIKERS' WEEKEND Happy hour at 4:30pm. BYOB and an appetizer to

share. Dinner, salad, and dessert at 6pm. Members \$8, Associates \$11. You are invited to spend the night at the Lodge and awake to a delicious breakfast. Members \$19, Associates \$27. Contact Nuala at 415-922-6775 or email ntcaulfield@msn.com.

DEC 16 SUN MTIA HOLIDAY PARTY

DEC 25 TUES CHRISTMAS DAY DINNER Host: Bonnie Radest 415-897-0227 See article on page 5.

DEC 28-30 FRI-SUN MEMBER RENTAL Laurie Sontign

DEC 31 MON NEW YEAR'S EVE EVENTS Host Needed

JAN 1 TUE NEW YEAR'S DAY EVENT Host Needed

JAN 3 THURS WORK PARTY EVENT 9AM - 2:30 PM Coordinator To be announced.

JAN 13 SUN WORK PARTY EVENT 9:00AM - 2:30PM Ed Del Monte, Coordinator. Please contact Ed at 707-528-7983 or edelmonte@delmontecito.com to let him know you are coming.

JAN 19-20 SAT-SUN HIKERS' WEEKEND See Dec 15-16

JAN 20 SUN CAC LEADERSHIP MEETINGS QUARTERLY CAC MEMBERSHIP MEETING CAC Foundation Members meet at noon. Board of Directors meet at 2pm in the Social Hall. Quarterly Membership meeting at 3pm. Dinner to follow. Everyone is welcome.

FEB 7 THURS WORK PARTY EVENT 9AM - 2:30 PM Contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

FEB 14 THUR VALENTINE'S DAY EVENT Host Needed

FEB16-17 SAT-SUN HIKERS' WEEKEND See Dec 15-16

FEB 16 SAT CACF MEETING & HIKER'S OVERNIGHT

Nuala Caulfield, 415-922-6775, ntcaulfield@msn. com, has graciously offered to take reservations for overnight at the club on Saturday and will make breakfast on Sunday morning for those staying overnight.

MAR 17 MON ST. PATRICK'S DAY EVENT Host Needed

MAR 21-22 FRI-SUN MEMBER RENTAL Constance Bernstein

APR 4-5 FRI-SAT TENTATIVE HOST TRAINING

APR 13-19 SUN-SAT SIERRA CLUB RENTAL M J McKown

APR 19-20 SAT-SUN HIKERS' WEEKEND See Dec 15-16

APR 26 SAT CAC LEADERSHIP MEETINGS QUARTERLY CAC MEMBERSHIP MEETING

CAC Foundation Members meet at noon. Board of Directors meet at 2pm in the Social Hall. Quarterly Membership meeting at 3pm. Dinner to follow. Everyone is welcome.

NOTES FROM THE ALPINE LODGE TRUSTEES

Like owning one's own home, being a trustee sometimes has its disheartening moments. When walking through our Lodge, Tam building, and grounds, I see all the things that need attention. These windows need painting, that bench needs repainting with a good coat of paint, the basement tool room needs straightening out, that light bulb needs replacing and the weeds are always on the winning side in nature's battle for supremacy. But as Tevye in "Fiddler on the Roof" says, there is always the other hand, and on that other hand, I also feel a certain pride as well as a place in the history of our Lodge. When our time as Trustees is up, we should...and hopefully will...leave the Lodge in just a little better condition than we found it. With the welcome help of the many regulars in our Work Party crowd and our new members, we have had some great workdays while making a real dent in our "To Do" list.

Good news about our continuing problem of the sliding concrete slab at the bottom of the deck stairs! We have finally settled on a contractor to do the repairs and have a beginning date. The work will start on October 15th and finish on the 25th. Besides stabilizing the concrete slab, we are building a retaining wall and are also stabilizing the area on which the two metal sheds rest. The contractor will be bringing in some heavy equipment and will also be using some parking spaces. We apologize for any inconvenience to our members but this work really must be done before the winter rains.

- Hardy Dawainis

MAE HARMS ATTENDS WESTERN OUTDOOR CLUBS' CONVENTION

In August I attended the 75th Annual Convention of the Federation of Western Outdoor Clubs (FWOC) as Mother Lode Chapter's voting delegate. It was held in the Snoqualmie Pass, east of Seattle. The first event was a pick between two hikes. I am used to the California brown of summer. My hike was a trek on the Pacific Crest Trail through the lush fern covered floor of a pine and fir forest. In the evening we celebrated the seventy-fifth anniversary of the founding of FWOC. Many past presidents were honored. Our featured speaker was Brock Evans, who for years had acted as lobbyist and lawyer in the many fights FWOC undertook to establish conservation, where destruction was occurring to our environment.

Saturday was dedicated to exploring our convention's theme, "Engaging Outdoor Recreation and Conservation." As our population increases and our ability to travel into wilderness areas for recreation becomes easier, conservation and recreation can be adversarial. I must admit I went to the convention discouraged about the prospects of future conservation. But by hard work and the ability to find common ground, clubs, groups and coalitions were able to establish conservation practices even in this negative political climate. Each of the ten presenters lifted my spirits.

Our evening session was held at the Washington Alpine Club's (WAC) Guye Cabin. WAC members were reroofing the building as we attended our barbecue and program. Guye Cabin is a beautiful old lodge, and like Clair Tappaan and Hutchinson Lodge, always in need of member care and repair.

Sunday morning we tackled the resolutions submitted by member clubs. The resolutions represent the stands we take on issues affecting conservation and are used in many ways, such as lobbying our representatives. For me this turns out to be a very tedious process as we not only address differences in substantive positions, but punctuation and grammar. After amending and rewriting, we passed twenty-seven resolutions and tabled two. The adopted resolutions will be sent to the presidents and delegates of each member club and will be available for you to read and use as you see fit.

Sandwiched in between all of this was the business of the Federation. We listened to club reports and we elected officers. I will serve as the vice president of FWOC. Next year's convention will be in Oregon at a place to be determined. I attended my first FWOC convention in 2003 at California Alpine Club's Echo Summit Lodge and I haven't missed since! I hope I see some of you in Oregon at FWOC's 2008 Convention.

- Mae Harms

CHILDREN'S HOLIDAY PARTY – SUNDAY DECEMBER 9

To all three generations of Alpiners: Come join us for the Children's Holiday Party, Sunday, December 9 from 3-5 pm.

Tim Cain, a wonderful guitarist, and a balloon lady will be there to entertain the children. The club will provide the beverages, ham, and rolls. All participants should bring a favorite family dish to share. Cost is \$10 per family.

Don't forget to bring a wrapped gift for your child with the name clearly written on top, because Santa Claus will come for a visit with us and give each child his or her own gift.

Sign up with Mary Frey by sending her your check. Please state how many people are in your family group. Please let Mary know if you can help before or after the party. Contact her by phone or email if you have any questions. Her address is 100 Thorndale Drive, Apt#251, San Rafael, CA 94903. Phone number 415-492-2510. Email MaryMaryHiker@aol.com.

— Mary Frey

CHRISTMAS DAY DINNER WITH BONNIE, JENNIE AND KATHI

Join Bonnie Radest, Kathi Freeman & Jennie Bruyn for a sumptuous holiday feast. Jennie will be stuffing and cooking delectable Diestal turkeys. Kathi will be in charge of clean up. And Bonnie will be taking reservations and setting up. Happy hour will be at 4pm with dinner at 5pm accompanied with wine and cider.

Please call Bonnie at 415-897-0227 and tell her what side dish you are bringing so she can coordinate the dinner. Also tell her what chore you would like to do. The charge is \$12 for members and \$15 for guests. Send all checks to Bonnie at 30 Verissimo Drive, Novato, CA, 94947. Space is limited to 27 and all checks have to be in by December 15.

— Bonnie Radest

CHRISTMAS AT THE MONTEREY ADOBES

Join Marian Hazzard and Ruth Tretbar for the popular visit to the Monterey Adobes at Christmas on Thursday, December 6 and Friday, December 7, when 16 historic buildings are open to the public. Docents in period costume, delicious food and drink, Christmas music and dancing make this a delightful evening. As you wander from house to house and to Constitution Hall you are taken back in history. Stay one or two nights at the Colton Inn, hike Point Lobos on December 7 and, after happy hour or an early dinner, go on the Adobe Walk. See the aquarium and Cannery Row, browse the shops, visit Carmel, and enjoy the area. For more information contact Ruth Tretbar at 510-836-0108 or rtretbar@yahoo.com.

Ruth Tretbar

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERICK AND ARE BOLDED

SUN NOV 4 SUN NOV 11	10:00 am 10:00 am	Don & Donna Rice Paul McKown	415-552-6087 415-383-2774	2B 2B
SUN NOV II	10:00 am	Co-Listed w/Sierra Club	415-505-2774	ZD
*SAT NOV 17	10:00 am	Bonnie Radest	415-897-0227	2B
*SUN NOV 18	10:00 am	Taren Hamilton	415-378-4240	2B
SUN NOV 18	10:00 am	Leaderless Hike		1A
THANKSGIVING	10:00 am			
DAY		To be announced		
SUN NOV 25	10:00 am	Jennie Bruyn	415-456-1877	2B
SUN DEC 2	10:00 am	Hardy Dawainis	415-461-4431	2B
SUN DEC 9	10:00 am	Ben Heldens	415-665-7274	2B
	Co-Listed w/Berkeley Hiking Club			
			U	
*SUN DEC 16	10:00 am	Paul McKown	415-383-2774	2B
*SUN DEC 16	10:00 am	•	· ·	2B
*SUN DEC 16 SUN DEC 23	10:00 am 10:00 am	Paul McKown	· ·	2B 2B
		Paul McKown Co-Listed w/Sierra Club	415-383-2774 510-649-9787	
		Paul McKown Co-Listed w/Sierra Club Gloria Pass	415-383-2774 510-649-9787	
SUN DEC 23		Paul McKown Co-Listed w/Sierra Club Gloria Pass	415-383-2774 510-649-9787	
SUN DEC 23 CHRISTMAS DAY	10:00 am	Paul McKown Co-Listed w/Sierra Club Gloria Pass Co-Listed w/Berkeley Hiki	415-383-2774 510-649-9787	
SUN DEC 23 CHRISTMAS DAY TUES Dec 25	10:00 am	Paul McKown Co-Listed w/Sierra Club Gloria Pass Co-Listed w/Berkeley Hiki To be announced	415-383-2774 510-649-9787 ng Club	2B
SUN DEC 23 CHRISTMAS DAY TUES Dec 25 SUN Dec 30	10:00 am	Paul McKown Co-Listed w/Sierra Club Gloria Pass Co-Listed w/Berkeley Hiki To be announced	415-383-2774 510-649-9787 ng Club	2B

IMPORTANT! RAIN CANCELS

1A HIKES (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M. **2B HIKES** LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND 10:15 A.M. AT MOUNTAIN HOME.

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

**Leaderless hikes meet at Alpine Club. Please select a leader from the group.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com **Hikers' Weekends**: For supper and/or overnight arrangements,
contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.com

PADDLERS CANOE MONTANA RIVERS

Ten lucky Alpiners joined Bob Hanson and Lyda Dicus for a September canoe trip on the Missouri River and its tributaries. We paddled the Jefferson and the Madison and followed the flow into the Missouri. All forces combined for great trip! The weather was sunny and pleasant; the current flowed well to ease our efforts; there were interesting riffles to navigate; and Bob provided river expertise, hearty meals and calm good humor. Canoeing veterans and newcomers were Lyda's son Jack Batsel, Ros Carol, Jay Hallberg and Laureen Novak, Rudy Metz, Carlos Miranda, Barbara Nelson, David Stanley, and Ruth Tretbar.

- Ruth Tretbar

FIRE VICTIMS THANK CAC

Laureen Novak received a letter recently from the folks that had the house fire on Echo Summit. Here is an extract:

"My wife and I have owned a cabin at Echo Summit very near the Club's Echo Summit Lodge for about 35 years. On the evening of September 6, 2007 our cabin caught fire. Fortunately, nobody was hurt and the firefighters were able to contain the blaze quickly. We consider ourselves very lucky.

"Part of our good fortune was that the members of the California Alpine Club, who were at the Echo Lodge for a two-day work party, took us in for the night, gave us breakfast, and salved our wounds considerably. Tom Coleman was particularly kind and helpful.

"Thanks so much for your help.

Donald C. Swain and Lavinia L. Swain"

- Angi Blackwell

WILLS' DAUGHTER **HONORED AT** ALPINE WEDDING RECEPTION

Our daughter's wedding reception at the Lodge on August 25th was perfect! The weather was great. The flowers were beautiful. And DJ, Greg Talbot of UpTempo Productions, brought his own music and sound system that projected both inside and on the deck. Everything he played seemed to work whether it was Sinatra or Dylan. He also provided the equipment for a digital slideshow presentation.

Ann Walker Catering from San Anselmo did a fantastic job in keeping to the time schedule, and she followed all of the Lodge's kitchen rules. Her food was great and the service was exceptional. When our daughter insisted on round tables and cushioned chairs, Ann used a screen to hide the Lodge's tables and chairs. She also provided an outside bar with sun umbrella and two propane outdoor heaters for the deck.

The guests started arriving around 3:30pm, and were welcomed by Nuala Caulfield who helped us host the event for which we are most grateful.

We were concerned that there would not be adequate parking. However this was not a problem because Larry Luchetti put cones in the lots early in the day, so everyone got parking either at the Lodge or in the nearby parking lots. Thank you

The wedding reception ended at 11pm. This worked for most of the guests except some younger Canadian relatives who thought the party should have gone on longer!

A few of the guests stayed the night, had breakfast, enjoyed the fireplace, then left for other



WINE TOUR OF CALISTOGA CASTLE **NOVEMBER 8**

Tour a fabulous, whimsical collection of five buildings and 1100 pieces of Northern California art at Castello di Amorosa, a medieval castle complete with torture chamber, knights' rooms, and ramparts. \$25 for tour with complementary wine tasting.

We will meet at the Park and Ride on the East side of 101 at Smith Ranch Road in San Rafael if you want to car pool.

10:30am

Everyone meets at the St Supery winery in St Helena. It is at 8440 Highway 29 on the right, 1 mile after Mondavi. There we will see the wine gallery which is a wine museum. Free.

11-11:30am Drive to Calistoga.

11:30am – 1:00pm

Option A. Drive 4 miles farther to Calistoga Geyser (fee \$5.60) and eat your picnic lunch

Option B. Enjoy the shops in Calistoga and maybe go out for lunch.

1:30 -3:00pm

Tour Castello di Amorosa with wine tasting.

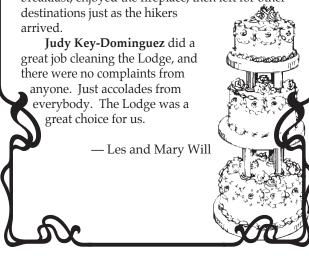
3-4:30pm

Drive to Auberge de Soleil on the Silverado Trail and see the 100 outdoor sculptures.

4:30pm on

Go home or stay for shops and light dinner at Don Giovanni's in Napa.

— Ros Carol



ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone Cindy Toran 707-539-4396 anytime until 9:30pm or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

Echo Lodge has a fresh supply of wood, snow shovels for the winter, and was spiffed by our great group of "vagabond volunteers" at the Fall Work Party. We have Hosts ready to take your reservations; contact them while they still have room available, so you can enjoy winter in the Sierra!

Note to Hosts: There are still some openings in the schedule available for either hosted events or member rentals: Nov 1-21, Nov 25-Dec 7, Dec 9-Dec 19, Jan 14-17, Jan 27-31, Feb 28-Mar 13. Mar 16-18, Mar 23-28, Apr 1-25, Apr 27-30. November and April are published below; contact me if you want to schedule any of this open time. My e-mail and phone number are above. Sincerely, Cindy

The next Echo Lodge Trustees' Meeting will be held at Jim Nixon's home, November 10th, 10 am. Contact Jim at 650-756-7771 if you would like to attend.

Fall 07/Winter '08 Echo Summit Lodge Schedule:

NOV 21-23 WED-FRI THANKSGIVING
DAY

Cindy & Russ Toran 707-539-4396 932 Ripley St, Santa Rosa, CA 95401 toranski@aol.com

NOV 23-25 FRI-SUN AFTER THANKSGIVING

Art Ewart 707-538-3696 1405 Snowy Cloud Way,

Santa Rosa, CA 95409 aewart@sbcglobal.net

NOV 25-DEC 7 AVAILABLE FOR TRAINED HOSTS

DEC 7-9 FRI-SUNAllan Lindberg & Jayna Brown
510-237-0231

DEC 9-19 AVAILABLE FOR TRAININED HOSTS

DEC 19-25 WED-TUES PRE-CHRISTMAS
WEEK

Edie Nelson & Cindy Toran 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060 edieforsyth@hotmail.com

DEC 26-29 WED-SAT CHRISTMAS WEEK

Kristina & Ben Gale 415-381-9319 158 Morningsun Ave, Mill Valley, Ca 94941 krissegale@yahoo.com

DEC 29-JAN 2 SAT-WED
Pat Anderson & Fred Huxley
3026 Benvenue Ave, Berkeley, CA 94705
patineqypt@yahoo.com

JAN 2-6 WED-SUN HOSTED EVENT Monika Balsamo 707-539-2140 4841 Parktrail Dr, Santa Rosa, CA 95405

m_balsamo@earthlink.net

JAN 6-11 SUN-FRI HOSTED EVENT Edie Nelson 831-423-5576 140 Archer Dr, Santa Cruz, CA 95060

edieforsyth@hotmail.com

JAN 11-14 FRI-MON HOSTED EVENT

707-538-3696

Art Ewart 1405 Snowy Cloud Way Santa Rosa, CA 95409 aewart@sbcglobal.net

JAN 14-17 MON-THUR AVAILABLE FOR TRAINED HOSTS

JAN 17-21 INTER-GENERATIONAL SNOW / COOP MEAL WKND

Joan Ryan & John O'Sullivan 415-564-8507 2625 23rd Ave, San Francisco, CA 94116 joanryan@mac.com

JAN 21-27 MON-SUN CO-OP MEALS WEEK

Cindy & Russ Toran 707-539-4396 932 Ripley St, Santa Rosa, CA 95401 toranski@aol.com

JAN 27-31 SUN-THURS AVAILABLE FOR TRAINED HOSTS

JAN 31-FEB 3 THURS-SUN

Audrey & Mike Vaggione 408-865-1781 12747 Saratoga Glen Ct, Saratoga, CA 95070 audreyvw@pacbell.net

FEB 3-8 SUN-FRI HOSTED EVENT
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

FEB 8-14 FRI-THURS

Shelly Navine & Bob Henry 707-829-3728 1286 Hurlbut Ave, Sebastopol, CA 95472 clyde33301@comcast.net

FEB 14-18 THURS-MON PRESIDENTS'
WKND

Monika Balsamo & Joan Ryan 707-539-2140 4841 Parktrail Dr, Santa Rosa, CA 95405 m_balsamo@earthlink.net

FEB 18-22 MON-FRI MEMBER RENTAL Scott & Doris Palmer 650-948-0809

FEB 22-24 FRI-SUN

Pam & Garry Greever 530-677-5616 3200 Red Rock Ln, Shingle Springs, CA 95682 pamgreever@yahoo.com

FEB 24-28 SUN-THURS MEMBER RENTAL Eike & Siegfried Linkwitz 415-924-0241

FEB 28-MAR 13 AVAILABLE FOR TRAINED HOSTS

MAR 13-16 FAMILIES SNOW / COOP MEALS WKND

Joan Ryan & John O'Sullivan 415-564-8507 2625 23rd Ave, San Francisco, CA 94116 joanryan@mac.com

MAR 16-18 SUN-TUE AVAILABLE FOR TRAINED HOSTS

MAR 18-23 TUES-SUN HOSTED EVENT

Karen & Jerry Wagner 707-528-8197 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

Note: Reservations taken after Nov 5th.

MAR 23-28 SUN-FRI AVAILABLE FOR TRAINED HOSTS

MAR 28-31 FRI-MON
Tom & Carol Coleman
32 Live Oak Dr, Petaluma, CA 94952
Tom & Carol Coleman
Tom-992-0650

travmcgee@comcast.net

MAR 31-25 AVAILABLE FOR TRAINED HOSTS

APR 25-27 FRI-SUN MEMBER RENTAL

Tom & Carol Coleman 707-992-0650

APR 27-30 SUN-WED AVAILABLE FOR TRAINED HOSTS

Watch for updates in future issues of TRAILS!

8 TRAILS NOVEMBER 2007

"OCTOBER WORK PARTY" PREMIERS WITH ALL-CAC CAST



Karl Baeck, Quintessential Scene Steeler, braces for his cameo appearance in the maintenance shed.

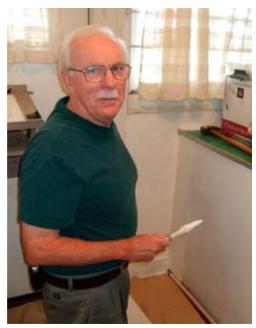
Starring 19 members out of a possible cast of 900, the October 4th Work-Party production appears headed for cinematic acclaim thanks to the efforts of...

Director: **Hardy Dawainis**, the seasoned award-winning director and former silent film star, in his latest endeavor.

Producer, Catering and Casting: **Jennie Bruyn** known for her stunning gastronomic productions.

New Member Ingenues: Starlets Louise Holloway and Mary Larkin with John Carr and his magic paint brush.

The Plot: A highly energized and diverse group meets in a beautiful lodge on a mountain in Marin, supposedly to clean windows, replenish toilet paper, and damp mop the kitchen floor. As the plot (and drain cleaner) thickens, personalities come to the fore to



John Carr, Chief Grip, tests his hold on a paint brush.

out-do each other in pillow-fluffing, painting and checking all vacuum cleaners for proper operation.

The Cast: The dynamics between painters **David Solbach** and **Jamie Watson** in applying more paint to benches instead of themselves will go down in cinematic history. **Nuala Caulfield** as the upstairs maid vied with **Innes Bergman** as the downstairs maid to subtlety outdo each other in their roles. **Stefan Berlinski's** "clipping of the hedges" was a big-screen first. While **Carol Bodtker** will surely take an Alpine Award by cleaning under both refrigerators with a triumphant flourish while her filling of soap dispensers will bring tears to the eyes of a sensitive audience.

The outdoor scenes of the petite **Donna Rice** on her knees in the garden will have fans remembering Mary Pickford at her finest. **Erik Bodtker**, **Hans Schilling** and **Roger Diehnel** starred as the hardy outdoor hunks who toted boxes, worked on stone walls, and looked manly, strong, and silent with nary a gratuitous groan. **Melanie Facen's** performance in several indoor scenes while cleaning out the bar and a heart-wrenching passage as she scrubs the kitchen counters will set a new standard in

Panavision pathos. Jill Denney played multiple roles, overpowering Renee Powers in washing windows as Jill used a

David Solbach, Veteran Stunt Man, ponders requesting a larger roll at the Holiday Party.

in washing windows as Jill used a squeegee, while Renee was given only paper towels. **Mayme Harris** was the undisputed "lady" of the film with her dignity and charm at the historic Lodge locale, while **Karl Baeck**, the understated hero, earned nomination for future roles based on his many outdoor talents.

The lunch, snacks, and drinks by **Jennie Bruyn** and the supporting cast of scullery maids will never be equaled, and those who didn't play a role in this stellar performance (and you know who you are) have only themselves to blame.

More casting opportunities abound in the upcoming sequel, "November Work Party."

— Renee Powers



Jamie Watson, Director of Special Effects, grooms a set prop.

TRAILS

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NEW MEMBERS' FORUM ON CAC WEBSITE

We are pleased to announce the addition of the new Members, Forum on the CAC website. The forum is a place for members to exchange information and make connections. Now there is a an easy way to find hiking partners, set up carpools, post info about hikes and trips, and exchange tips about hiking and the outdoors.

To access the forum, visit http://www.calalpineclub.org/forum/ Anyone can read postings in the forum, but you must register to post a listing. If you are new to forums, click on the "FAQ" link to view frequently asked questions, including how to register, how to post and so on. For the userid and password to the CAC web site, send an email to Carroll Pearson at pearsoncmp@aol.com.

- James Higgins

TRAILS NEWSLETTER ALERT

Please send articles for the **December/ January** issue of TRAILS to editor, **Tom Mahood**, at tmahood@ callatg.com, or via mail to 4824 Foxglove Ct, Santa Rosa, CA 95405-7965. Telephone 707-538-8288.

Tom should receive articles for the December/ January issue no later than **November 5th**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the February issue of TRAILS will be **Catherine Theilen**, at theilen@sbcglobal.net. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

— Angi Blackwell, Publishing