



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 81

December 2005 - January 2006

No. 11

ANNUAL HOLIDAY PARTY

Saturday, December 10, 2005

Elegant food, music and good friends. Prime Rib dinner with all the trimmings will be cooked by Chef **Helen Walsh-Reardon** and friends. Happy hour, 5pm; dinner, 6:30pm. Book early as this party is always a sell out and attendance is limited to 80. \$18 for members and \$21 for associate members.

Dinner reservations: Send checks to **Donna Rice**, 105 H Street, San Rafael, CA 94901-1724. Telephone 415-453-6087 or email dndrices@yahoo.com.

Overnight reservations/volunteers: Call **Helen Walsh-Reardon** 925-370-0546 or email helliesoz@sbcglobal.net. Volunteers are very welcome!

—Helen Walsh-Reardon

CHILDREN'S HOLIDAY PARTY

Sunday, December 11, 2005

To all three generations: Please mark your calendar for **Mary Frey's** adorable children's Holiday Party, Sunday, December 11, from 3pm - 5pm. \$5 per family. The club will provide entertainment, beverages and a big ham. Participants bring a dish to share, and we will all have a jolly time.

Sign up with **Mary Frey**, by sending her your check, and please let **Mary** know, how many are in your party, and if you can help before or after the party. **Mary's** address is: 100 Thorndale Dr. # 251, San Rafael, CA 94903. Call 415-492-2510 or email marymaryhiker@aol.com.

Don't forget a wrapped gift for your child with the name clearly written on top, because Santa will spend time with us and give each child his or her own gift. We hope to see you there.

— Eike Linkwitz

HOLIDAY TIME AT THE ALPINE LODGE

Sunday, December 25, 2005

When **Kathy Freeman** and **Bonnie Radest** brainstormed together on how to make the December 25 Holiday happen, they took charge of the following idea: The traditional morning hike with **Eva Libien** will start at 10am. Toward the afternoon, as the hikers return to the Alpine Lodge to change into a more festive attire, extra members and friends arrive for the Holiday time. Happy Hour can begin. Each person please come with a favorite Holiday dish, on a platter or in a bowl, ready to be heated and served later. A full Holiday table, made possible by many attendees, will delight everyone's eyes and palettes long into the night.

For precise times and reservations, please e-mail **Bonnie Radest** at bonhike@comcast.net, or call her at 415-897-0227. Bonnie's address: 30 Verissimo Dr., Novato, CA 94947-3627

Please send \$10 per member, \$13 for associate member, made out to **Bonnie Radest** for dinner wine, Holiday extras and Lodge use. Give Bonnie specifics, which special dish or dessert you will contribute. Bonnie welcomes help for table setting and ambiance and for cleaning afterward. For volunteering your help, give **Kathi Freeman** a call at 510-222-9439. Thank you for making this festive day possible.

— Eike Linkwitz

A CUP OF KINDNESS YET

December 31- January 1

Potluck Dinner, Overnight, Breakfast, Hike and Lunch

For Auld Lang Syne beside the fireplace, come up to Tam December 31 and bring your guitar, flute, voice or ear for a few songs and year-end fun. **Tony Smith** will coordinate a potluck dinner and 8am breakfast the following morning. The night will get started at 7:00pm with happy hour, followed by dinner and dessert into the late night.

Costs are as follows: Dinner (covers dinner, wine, coffee, and lodge use): \$7 members, \$10 associate members. Overnight: \$15 members, \$20 associate members.

For the dinner, please bring either an appetizer, full dish or platter, bread or dessert ready to heat and/or serve. Volunteers are also needed

A Cup of Kindness Yet continued on page 8

Trails Editor ~ Angi Blackwell

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Susan McCarthy	408-293-0891	sfmccar@cs.com
Vice President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Secretary	Jean Rodgers	415-435-9383	jrodg1218@aol.com
Treasurer	David Ratner	415-924-3043	Dlatner@aol.com
Registrar	David Maier	831-462-2764	dmmaier@pacbell.net

Board of Directors:

John Hannan	510-527-6709	JHa8361816@aol.com
Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
Ernie Pitz	415-383-8143	guidop6@comcast.net
Laurence Kornfield, past-pres.	415-731-2563	laurence@kornfield.org
Eva Libien	415-383-5184	elibien@yahoo.com
Donna Rice	415-453-6087	drices@cs.com

Committee Chairpersons:

Conservation	Mae Harms	530-333-1058	maeharms@mindspring.com
Finance	David Ratner	415-924-3043	Dlatner@aol.com
Historian	Kay Gillis	415-456-2032	kgillisgarden@aol.com
Membership	Laureen Novak	415-383-1507	lareenie@yahoo.com
Outings	Ros Carol	650-592-9394	RosCarol@aol.com
Publications	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Sunshine	Lois Hillman	415-586-6713	
Parliamentarian	Mae Harms	530-333-1058	maeharms@mindspring.com

Social Activities Vacant

Lodge Trustees

Alpine Chair	Ed Del Monte '07	707-528-7983	eddelmonte@delmontecito.com
	Roger Diehnel '07	415-924-5519	rdiehnel@hotmail.com
	Nuala Caulfield '08	415-922-6775	ntcaulfield@msn.com
	Ruth Tretbar '08	510-836-0108	rtretbar@yahoo.com
	Paul McKown '06	415-383-2774	paylmckown@earthlink.net
	Alpine Rentals	415-381-4975	
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Echo Chair	John Hannum '06	707-525-8108	jrhanum@aol.com
	Tom Coleman '08	707-769-7801	tomcoleman@sbcglobal.net
	Eddie Nelson '08	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '06	415-472-1229	ray@sommerworld.com
	Cindy Toran '07	707-539-4396	toranski@aol.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Chuck Baldwin, Angela Blackwell, Patricia Boyd, Maureen Clark, Robert Feist, Roy Florey, Beverly Heywood, Donald Johns, Tom Mahood, Katherine Parker, Carroll Pearson, Judy Sager and Dan Schoenholz.

Contributors: Anne Allio, Carroll Pearson, Cindy Toran, Eike Linkwitz, Eva Libien, Laureen Novak, Maryann Loughran-Smith, Renee Powers, Ros Carol, Ruth Tretbar, Susan McCarthy, Ulla Pettersson.

Correspondence: Please address correspondence concerning this publication to Susan McCarthy, 1141 Willow Glen Way, San Jose, CA 95125.

CAC Web Site: <http://calalpine.org>.

Members, please register for the members only site.

Please send address, phone number and email address changes to:

David Maier, 2-1120 E. Cliff Drive, Santa Cruz, CA 95062-4836.

Email: dmmaier@pacbell.net. Phone 831-462-2764.

Rosters and email addresses should be protected from distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE

Dear Members of the California Alpine Club,

Thank you very much for the valuable and creative comments and suggestions that you sent in response to my November TRAILS President's Message on volunteerism. In reviewing the many responses I found these central themes:

- ⊙ Charge more (for dues, activities, etc.) if needed
- ⊙ Annual work participation for members should be required
- ⊙ Higher dues and/or extra charges for members that don't participate
- ⊙ Reward the hard workers with decreases in payments
- ⊙ Flexibility for work activities (more weekend work parties, self-directed work projects available)
- ⊙ Recruit new members

I'd like to share with you a few excerpts from the messages I received:

- I was surprised that an annual work party wasn't part of our membership requirements.
- Make the price for non-volunteering substantial!
- How about a two-tiered membership fee? Fees staying where they are for those who are workers and a fee 25-30% higher for those who wish to belong, but not contribute.
- Those who give generously of their time should pay less.
- I think we (the Club), should lose those non-contributing members before we ever consider ending volunteerism. If members won't volunteer then they should look for another type of club.
- It came as a shock to see how few people volunteered with the clean up after dinner. Can this be indicative of the mood of the members? Shame on us if it is.
- We use Echo several times a year, and don't do much at Alpine but we feel like it is a very important asset to our senior members who use it all the time and get so much enjoyment out of it.
- The Lodges are apples and oranges. People want to go skiing/hiking at Tahoe for a reasonable amount of money with people they enjoy, but Alpine doesn't have that same draw. So, as a Club, let's provide some extra support for Alpine Lodge through dues or whatever.
- We just spent the night at Alpine Lodge before a work party with two other families and had a great time.
- While one solution would be to raise dues another would be to broaden the demographic that you currently attract by welcoming new groups who enjoy the mountain including the burgeoning number of road and mountain bikers.
- The CAC might develop a nice looking gift certificate

Presidents message continued on page 9

CONSERVATION REPORT

Each year we raise money for the Conservation Fund begun a number of years ago by **Henry Hillman**. In the spring of the year, we disperse money from this fund to organizations that work to conserve our environment. I have news this month about fundraising, and success stories from two of the organizations to which we contributed earlier this year. We can deservedly feel a glow of achievement.

On November 5, the Alpine Lodge was the scene of a very fun and lucrative fund raiser. Jared Huffman, president of the Marin Municipal Water District, presented a program about exploring the use of a desalination plant as an answer to providing Marin water users with an adequate water supply. **Ros Carol**, our outings chair, has arranged for a fieldtrip in MMWD vans to see this in action. Next we scarfed down wonderful hors d'oeuvres and schlepped up drinks from our bar, organized by **Ernie Pitz** and tended by **Hedde Thieme**. Back in the Fellowship Hall, decorated by **Sue Karp** in the theme of the dinner, we enjoyed every bite of the Moroccan dinner cooked by **Eva Libien** with the help of able assistants. Twenty of us slept over. **Susan Head** and helpers prepared a hearty breakfast for us. The weather turned foul and we didn't journey out to Audubon Canyon Ranch as planned, the only negative of the weekend.

The Natural Resources Defense Fund is one of the most successful organization to obtain protections for our environment. Late in October it was able to facilitate an agreement that protects the world's last unspoiled gray whale nursery at San Ignacio Lagoon in Baja Mexico. What did that cost? \$1.5 million! Our dollars are a part of that.

Another recipient from our conservation fund is the Center for Sierra Nevada Conservation. One of its projects is working with the National Forest Service to contain the use of off-road vehicles in our national forests. This group sued the Forest Service to complete the task of setting up specific areas in Eldorado National Forest for off-road vehicle use and thus protecting the rest of the forest. More of our dollars put to good use.

I wish you all Happy Holidays! We can rest on our laurels until the New Year. Then we are back to protecting our environment though our work and contributions. Thank you to everyone who has helped.

— Mae Harms, Conservation Chair and
CAC Foundation Director

MEMBERSHIP REPORT

December 2005

The following applicants are submitted for posting prior to Board acceptance:

Erin Neff

344 Utah
San Francisco, Ca. 94103 415-861-3447
Email: erinneff@sbcglobal.net
Sponsors: Eike Linkwitz & Laureen Novak

Monica Cato

150 W. 3rd Ave. #10
San Mateo, Ca. 94402 760-855-8100
Email: catoadventures@yahoo.com
Sponsors: Ruth Tretbar & Edward Del Monte

Inga Aksamit & Steve Mullen

57 Mt. Whitney Drive
San Rafael, Ca. 94903 415-479-2962
Email: iaksamit@aol.com
Sponsors: Dorothy Alsamit & Laureen Novak

Jordan Herrmann

3462 Yosemite Ave,
El Cerrito, Ca. 94530-3921 510-520-9782
Email: herrmann48@comcast.net
Sponsors: Karl Baeck & Iving Rubin

The following names are submitted to the Board of Directors for acceptance.

Their names have been previously published in TRAILS;

Janis Riccomini, Linda Brophy, April Roberts, Taren F. Hamilton

— Laureen Novak, Membership Chair

PROPOSED CHANGES TO THE CAC BY-LAWS

The following proposals to revise the By-Laws of the California Alpine Club are recommended for adoption by the Board of Directors. These changes will be voted upon by the members at the Quarterly Membership Meeting scheduled for January 15, 2006.

Revision #1

This calls for a general "clean-up" of the By-Laws in terms of spelling, grammar, punctuation, verbiage, etc., with no substantive changes.

Revision #2

This revision would make active participation in the Club a requirement for membership.

****Please note: Additions are in bold type.**

Article II - Members

Section 1 - Member Requirements

Membership shall be open to any congenial person of good moral character who is sincerely interested in the purposes of the Club. **Members will actively support the Club and participate in the implementation of its purposes.**

ALPINE LODGE & UPCOMING CAC EVENTS - ASSOCIATE MEMBERS (formerly Guests) WELCOME

New Associate Member forms now available. To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30am to 4pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in Trails.

DEC 1 THUR TRIM-A-TREE WORK PARTY

9am-2:30pm Ruth Tretbar, Coordinator
This work party is the most fun of all! Trim the tree, hang decorations, welcome the holiday season, and share a hearty lunch. Contact Ruth at 510-836-0108 or email rtretbar@yahoo.com to let her know you're coming.

DEC 3 SAT MTIA RENTAL FOR THE YEARLY HOLIDAY DINNER PARTY

DEC 10 SAT CAC HOLIDAY DINNER PARTY

Coordinator: Helen Walsh. Volunteers very welcome! Please call Helen at 925-370-0546 or e-mail: helliessoz@aol.com.

DEC 11 SUN ALPINE TRUSTEE MEETING

12:00 noon. Tentative schedule. Contact Ed Del Monte to confirm the meeting.

DEC 11 SUN CHILDREN'S HOLIDAY PARTY

3-5pm. Mary Frey will again provide the magic and the fun. Please call her at 415-492-2510 if you can help prepare or clean up.

DEC 15-17 THUR- SAT MEMBER RENTAL

Pearl Lam, 10am-10am 650-697-0475

DEC 17-18 SAT-SUN MEMBER RENTAL

George Morrow, 10am-10am 916-442-0363

DEC 20 TUES MEMBER RENTAL

Carol Bodtker, Hikers' Lunch. 415-884-0850

DEC 24 SAT CHRISTMAS EVE SUPPER, OVERNIGHT WITH BREAKFAST

If you would like to volunteer as host, please contact Ed Del Monte at 707-528-7983 or email eddelmonte@delmontecito.com.

DEC 25 SUN HIKE & HOLIDAY DINNER

Please read article on page 1.

DEC 31- JAN 1 NEW YEARS EVE DINNER, OVERNIGHT, BREAKFAST AND HIKE

Please read article on page 1.

JAN 5 THUR MIDWEEK WORK PARTY

9:00am-2:30pm Nuala Caulfield, Coordinator
Help us take down the tree and freshen up Alpine Lodge. Bring garden tools if you'd like to weed or plant. Call Nuala at 415-922-6775 or ntcaulfield@msn.com to let her know you're coming.

JAN 7-8 SAT-SUN HIKERS' WEEKEND

Happy Hour at 4:30pm. Please bring a simple appetizer to share. Spaghetti or lasagna, salad, and dessert (such as trifle) at 6pm. Members \$8, associates \$11. Overnight at our wonderful Lodge and wake up to a delicious breakfast: members \$19, associates \$27. Contact Nuala Caulfield at 415-922-6775 or email at ntcaulfield@msn.com.

JAN 8 SUN SUNDAY WORK PARTY

9am - 2:30pm. Ed will have a slew of technical

jobs for us. Please come with your tools and expertise. There will be cleaning projects and gardening work. Bring your gardening tools. Contact Ed Del Monte, 707-528-7983 or email eddelmonte@delmontecito.com

JAN 14-15 SAT-SUN MEMBER RENTAL

Ros Carol 650 592-9394

JAN 15 SUN ALPINE TRUSTEES BOARD OF DIRECTORS QUARTERLY MEMBERSHIP MEETING/DINNER

The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2pm, followed by the Quarterly Membership meeting at 3pm. Happy hour and dinner prepared by Anne Allio will follow. Please see article in this issue.

JAN 27-29 FRI-SUN MEMBER RENTAL

Lori Sondheim, 10am-10am 916-446-1161

FEB 2 THURS MIDWEEK WORK PARTY

9am - 2:30pm. Spring cleaning is starting! Let's spruce up the Lodge.

Coordinator: Eike Linkwitz, 415 924-9341 or e-mail: el@linkwitzlab.com

FEB 4-5 SAT-SUN HIKERS' WEEKEND

See January 7-8 entry for details.

FEB 10-12 FRI-SUN MEMBER RENTAL

Peter Dipperry, 10am-10am 650-738-3695

FEB 12 SUN VALENTINE'S DINNER

Hostess Edna Trimm. Please see article on page 10.

FEB 18 SAT TCC DINNER

Arlin Weinberger 415-444-0611

FEB 19 SUN ALPINE TRUSTEES BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon and the Board of Directors meet at 2pm in the Social Hall. Everyone is welcome.

FEB 25 SAT BEGINNER BACKPACK COURSE SIERRA CLUB and CAC

All Day
Teri Shore 707-938-3469

MAR 2 THUR MIDWEEK WORK PARTY

9:00am- 2:30pm
Coordinator needed. Please call a trustee.

MAR 3-5 FRI-SUN MEMBER RENTAL

Gail Weinstein 415 648-8720

MAR 10-12 FRI-SUN MEMBER WEDDING

Erin Neff 415-861-3447
or email: erinneff@sbcglobal.net

MAR 18-19 SAT-SUN HIKERS' WEEKEND

See January 7-8 entries for details.

MAR 19 SUN ALPINE TRUSTEES, NOMINATING AND BOARD OF DIRECTORS MEETINGS

Alpine Trustees meet at noon, Nominating Meeting at 1:30pm and the Board of Directors meet at 2pm in the Social Hall. Everyone is welcome.

MAR 19-26 SUN - SAT SPA WEEK

Mary Frey and Helen Alfredson 415 492-2510

MAR 31- APR 1 FRI -SAT ALPINE LODGE HOST TRAINING

Fri. 7:00pm Dinner - Sat. 4:00pm. Register with Trustee Nuala Caulfield 415 922-6775 or e-mail: ntcaulfield@msn.com

APR 1-2 SAT-SUN HIKERS' WEEKEND

See January 7-8 entry for details.

APRIL 2-8 SUN-SAT SIERRA CLUB RENTAL, "COASTAL MEDLEY"

Mary Jane McKown 415-383-2774

APRIL 11 TUES POSSIBLE POLLING PLACE ALL DAY

APR 13 THUR MIDWEEK WORK PARTY

9:00am - 2:30pm. Coordinator needed. Please call a trustee.

APR 21-23 FRI - SUN MEMBER RENTAL

Ros Carol 650 592-9394

APR 30 SAT ALPINE TRUSTEES BOARD OF DIRECTORS ANNUAL MEETING AND AWARDS DINNER

The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2pm, followed by the Annual Membership meeting at 3pm. Happy hour, dinner and awards ceremony will follow. Watch for the details in upcoming TRAILS.

MAY 4 THUR MIDWEEK WORK PARTY

9:00am - 2:30pm. Coordinator needed. Please call a trustee.

MAY 5 - 7 FRI - SUN SIERRA CLUB RENTAL

Aurora Roberts 730 530-9392

MAY 13 - 14 SAT - SUN HIKERS' WEEKEND

See January 7-8 entry for details

MAY 19-21 FRI-SUN NON-MEMBER WEDDING

MAY 27-28 SAT-SUN NON - MEMBER RENTAL

JUN 1 THUR MIDWEEK WORK PARTY

9am - 2:30pm. Coordinator needed. Please call a trustee.

JUN 3 - 4 SAT - SUN HIKERS' WEEKEND

See January 7-8 entry for details.

JUN 4 - 9 SUN - FRI MEMBER RENTAL

Dorothy Aksamit 415 331-5958

JUN 10-11 SAT - SUN MEMBERS' MT. PLAY OVERNIGHT

Needs Hosts. Call Eike Linkwitz 415 924-0241

JUNE 18 SUN MOUNTAIN PLAY CAST PARTY

2:00pm - 10:00pm

JUNE 25 - JUL 1 SUN-SAT SIERRA CLUB

Paul McKown 415 383-2774

CAC GOES TO ASHLAND

The Alpine Club ventured in a new direction this fall. Sixteen club members and friends spent several days in Ashland, attending the Oregon Shakespeare Festival, enjoying varied cuisine, and exploring the architecture of historic Jacksonville. **Fran Chan, Robert Haan, Eva Libien, Dave and Mary Maier, Rudy Metz and friends, Carroll Pearson, Diane and Robert Shaw, Barbara and John Stewart, Ruth Tretbar, and Angie and Bill Weiss** were the pioneering group. The favorite production, a little-known dark horse, was the restoration comedy "The Belle's Stratagem". This cleverly written and stylishly presented play was very popular for almost one hundred years, until Victorian mores caused its disappearance from the stage. Also popular were our late afternoon get-togethers, which gave us the pleasure of each other's company.

— Ruth Tretbar

RENTAL CONTACT

Eike Linkwitz will be out of town from January 4-11, 2006. For last-minute overnight reservations, please call Susan McCarthy at 408 293-0891. All other rentals, please call after January 11. Thank you.

— Eike Linkwitz

ITALIAN DINNER

Sunday, January 15, after the quarterly meeting

How about getting together with fellow members for an Italian dinner following the quarterly meeting? Happy hour at 4:30; dinner at 5:30. Cost: Members \$12; associate members \$15; \$2 more if paid on day of dinner.

Please send check to Anne Allio, 704 Spruce Ave. So. San Francisco, Ca. 94080. Any questions call: 650-583-1543, or e-mail: jaallio@yahoo.com

— Anne Allio

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sun, Jan 15, 2006	Board of Directors Meeting at 2 pm Quarterly Membership Meeting at 3 pm Dinner to follow
Sun, Feb 19, 2006	Board of Directors Meeting at 2 pm
Sun, Mar 19, 2006	Board of Directors Meeting at 2 pm
Sat, Apr 30, 2006	Annual Meeting & Awards Dinner

If you have any questions, just call 408-293-0891 or e-mail at sfmccar@cs.com. Members are welcome at Board meetings. Thank you!

— Susan McCarthy, President

MORRO BAY OUTING

Eleven members enjoyed a wonderful outing at Morro Bay. We hiked the spectacular bluff trail above the ocean at Montana de Oro on a glorious day. The next day in the fog, led by two very knowledgeable guides, we kayaked and canoed the Morro Bay estuary and saw the birds and the archaeological remains in the mist. We wandered through the Elfin Forest with its six-foot high, one hundred year old oaks. Each day we met in **Ros Carol's** family cabin to make lunches, and then later for happy hour, and hung out by the cozy fire in the evenings. A very enjoyable time was had by all.

— Ros Carol

A NOTE TO ALL SUNDAY HIKERS

When the Alpine Lodge is rented until Sunday morning at 10am, please be kind enough to respect the renter's privacy. It has happened, that hikers arrived by 8am to prepare coffee, while the private rental people fixed their last meal. Whenever you have a private rental, we will guard your privacy as well. Thank you for your consideration!

—Eike Linkwitz

ABOUT RENTING THE ALPINE LODGE

Members may rent the Alpine Lodge any time, unless the Club has scheduled an event. It is not mandatory yet to have gone through the full Host Training, but soon, this will be the case. For rentals, contact Eike Linkwitz at el@linkwitzlab.com or 415-924-0241.

—Eike Linkwitz

NOTES FROM THE ALPINE LODGE TRUSTEES

MAJOR WISH LIST ITEM: The Alpine Lodge needs a new or well-functioning used refrigerator for the pantry. This will allow us to transfer the leaking pantry refrigerator to the basement, giving us three functioning appliances for large events. Please contact **Ed Del Monte** at 707-528-7983 or edmonte@delmontecito.com or any trustee if you have a refrigerator to spare or expect to have one in the near future.

HOST TRAINING: Fourteen members and one prospective member participated in the fall host training on October 28 and 29. All were highly motivated and participated actively in the "classroom" and in actual lodge tending. All plan to host friends or family here in the near future. **Eike Linkwitz** and **Ed Del Monte** led the training; **Nuala Caulfield** and **Ruth Tretbar** provided meals.

The next host training will be held March 31-April 1, 2006. If you would like to host a club event or rent the lodge for

Notes From the Alpine Lodge Trustees continued on page 9

ALPINE HIKE LEADER SCHEDULE

OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND

SATURDAY	DECEMBER 3	10:00 a.m.	Bob Smith	510-841-0402	2B
SUNDAY	DECEMBER 4	10:00 a.m.	Marshall Lyons	415-302-0333	2B Co-Listed w/Sierra Club
		10:00 a.m.	Ann Wadsworth	415-929-0776	1A
SUNDAY	DECEMBER 11	10:00 a.m.	Ruth Tretbar	510-836-0108	2B Co-Listed w/Sierra Club
SUNDAY	DECEMBER 18	10:00 a.m.	Bill Wise	415-584-5481	2B

CHRISTMAS DAY

SUNDAY	DECEMBER 25	10:00 a.m.	Eva Libien	415-383-5184	2B Co-Listed w/Sierra Club
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NEW YEAR'S DAY

SUNDAY	JANUARY 1	10:00 a.m.	Ben Heldens	415-665-7274	2B Co-Listed w/Sierra Club
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HIKERS' WEEKEND

SATURDAY	JANUARY 7	10:00 a.m.	Howard Ortman	415-456-5912	2B
SUNDAY	JANUARY 8	10:00 a.m.	Rita Schroeder	415-479-8218	2B Co-Listed w/Berkeley Hiking Club
		10:00 a.m.	Ann Wadsworth	415-929-0776	1A
SUNDAY	JANUARY 15	10:00 a.m.	Renee Powers	415-648-4940	2B
SUNDAY	JANUARY 22	10:00 a.m.	Hardy Dawainis	415-461-4431	2B
SUNDAY	JANUARY 29	10:00 a.m.	Paul McKown	415-383-2774	2B

HIKERS' WEEKEND

SATURDAY	FEBRUARY 4	10:00 a.m.	Bill Wise	415-584-5481	2B
SUNDAY	FEBRUARY 5	9:30 a.m.*	Margaret Gonzales	415-472-4270	2B Co-Listed w/Berkeley Hiking Club
		10:00 a.m.	Debbie Dorosin	415-388-7896	1A
SUNDAY	FEBRUARY 12	10:00 a.m.	Melanie Facen	415-492-0470	2B
SUNDAY	FEBRUARY 19	10:00 a.m.	Marshall Lyons	415-302-0333	2B Co-Listed w/Sierra Club

PRESIDENT'S DAY

MONDAY	FEBRUARY 20	10:00 a.m.	Don & Donna Rice	415-453-6087	2B
SUNDAY	FEBRUARY 26	10:00 a.m.	Ruth Tretbar	510-836-0108	2B Co-Listed w/Sierra Club

HIKERS' WEEKEND

SATURDAY	MARCH 4	10:00 a.m.	Marion Hazzard	415-661-6876	2B
SUNDAY	MARCH 5	10:00 a.m.	Marshall Lyons	415-302-0333	2B Co-Listed w/Sierra Club
		10:00 a.m.	Anne Allio	650-583-1543	1A
SUNDAY	MARCH 12	10:00 a.m.	Eva Libien	415-383-5184	2B Co-Listed w/Sierra Club
SUNDAY	MARCH 19	10:00 a.m.	Jack Leibman	415-674-4370	2B Co-Listed w/Sierra Club
SUNDAY	MARCH 26	10:00 a.m.	Rosemary Trowsdale	415-775-3296	2B

HIKERS' WEEKEND

SATURDAY	APRIL 1	10:00 a.m.	Bonnie Radest	415-897-0227	2B
SUNDAY	APRIL 2	10:00 a.m.	Hardy Dawainis	415-461-4431	2B
		10:00 a.m.	Pat McVay	415-388-0880	1A
SUNDAY	APRIL 9	10:00 a.m.	Ernie Pitz	415-383-8143	2B
SUNDAY	APRIL 16	10:00 a.m.	David Ratner	415- 924-3043	2B
SUNDAY	APRIL 23	10:00 a.m.	Paul McKown	415-383-2774	2B
SUNDAY	APRIL 30	10:00 a.m.	Bob Smith	510-841-0402	2B Co-Listed w/Sierra Club

IMPORTANT! RAIN CANCELS

1A HIKES LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

***February 5 hike meets at 9:30 a.m.**

YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator - Eva Libien 415/383-5184 or elibien@yahoo.com.

Hikers' Weekends:

For supper or overnight arrangements, contact Nuala Caulfield by Wednesday at 415-922-6775 or email at: ntcaulfieldl@msn.com

ALPINE LODGE SUNDAY INNKEEPERS

Dec 4	Beverly Kern	415-381-4931
Dec 11	Caroline Aust	510-923-1262
Dec 18	Don & Donna Rice	415-453-6087
Dec 25	No Innkeeper	
Jan 8	Pat & Bob Boyd	510-883-9929
Jan 15	Ulla Pettersson	415-821-1858
Jan 22	Hedda Thieme	415-334-3892
Jan 29	Lori Sondheim	916-446-1161
Feb 5	Patricia Calhoon	415-479-3909
Feb 12	Ellen Hoyer	415-479-0259
Feb 19	Trudy Powers	415-564-3398
Feb 26	Joan Stamme	707-795-5945

Innkeepers are needed for March, April and May. If you are free to spend a Sunday at the Lodge, please give me a call or send an e-mail. Thank you.

-Ulla Pettersson
415-821-1858
ullap@toast.net

ECHO LODGE HOST SCHEDULE

Phone **Cindy Toran** 707-539-4396 anytime until 9:30 PM or e-mail to toranski@aol.com Echo Lodge Telephone 530-659-7274

The winter season is upon us and Echo Lodge is a perfect place to get out and play in the snow. We have a cadre of enthusiastic Hosts ready to take your reservations so call them while they still have room available, so you can enjoy winter in the Sierras at our wonderful lodge!

Note to Winter/Spring Hosts: There are still some mid-week openings in the Winter Schedule and weekends in April-June. Contact me if you would like to fill some gaps in the schedule (my e-mail and phone number are above).

The next **Echo Lodge Trustees' Meeting** will be on January 7, 2006, 10 am at Tom Coleman's home. Contact Tom at 707-769-7801 or tomcoleman@sbcglobal.net if you would like to attend.

— Cindy Toran

Echo Summit Lodge Fall/Winter Schedule:

DEC 9-11 FRI-SUN MEMBER RENTAL
Jayma Brown & Allan Lindberg 510-237-0231

DEC 16-19 FRI-MON MEMBER RENTAL
Cindy & Russ Toran 707-539-4396

DEC 20-25 TUES-SUN PRE-CHRISTMAS
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

DEC 26-29 MON-THURS CHRISTMAS WEEK
Kristina & Ben Gale 415-381-9319
158 Morningsun Ave, Mill Valley, CA 94941
krissegale@yahoo.com

DEC 29-JAN 2, 2006 THURS-MON AND NEW YEAR'S!
Kathy & Bill Faherty 707-539-7081
5420 Gates Rd, Santa Rosa, CA 95404
faherty@sonic.net

JAN 2-4 MON-WED AVAILABLE FOR TRAINED HOSTS

JAN 4-8 WED-SUN
Martha & Dennis Stewart 831-460-0473
350 Heavenly Way, Santa Cruz, CA 95065

JAN 8-10 SUN-TUE AVAILABLE FOR TRAINED HOSTS

JAN 10-16 TUE-MON ML KING WEEKEND
Audrey & Mike Vaggione 408-865-1781
12747 Saratoga Glen Ct, Saratoga, CA 95070
audreywv@pacbell.net

JAN 16-22 MON-SUN
Cindy & Russ Toran 707-539-4396
5934 Yerba Buena Rd, Santa Rosa, CA 95409
toranski@aol.com

JAN 22-27 SUN-FRI (LIMIT 20)
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

JAN 27-29 FRI-SUN
Pam & Garry Greever 530-677-5616
3200 Red Rock Ln, Shingle Springs, CA 95682
pamgreever@yahoo.com

JAN 29-FEB 3 AVAILABLE FOR TRAINED HOSTS

FEB 3-6 FRI-MON
Barbara McVeigh & Mark Miglio 415-461-2585
P.O. Box 721, Larkspur, CA 94977
barb@marinx.com

FEB 6-10 MON-FRI (LIMIT 18)
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

FEB 10-15 FRI-WED
Shelley Navine & Bob Henry 707-829-3728
Art Ewart & Kathleen O'Dea
1286 Hurlbut Ave, Sebastopol, CA 95472

FEB 15-20 WED-MON PRESIDENTS' WEEKEND
Eike & Siegfried Linkwitz 415-924-0241
15 Prospect Ln, Corte Madera, CA 94925
el@linkwitzlab.com

FEB 20-24 MON-FRI
Edna Trimm & Larry Ridgel 415-332-3867
241 Glen Dr, Sausalito, CA 94965
ednatrimm@aol.com

FEB 24-26 FRI-SUN
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd., Santa Rosa, CA 95404
cransac@sonic.net

FEB 26-MAR 2 SUN-FRI MEMBER RENTAL
Walter Nilsson 831-438-1214

MAR 2-5 THUR-SUN
Kathy & Bill Faherty 707-539-7081
5420 Gates Rd, Santa Rosa, CA 95404
faherty@sonic.net

MAR 5-9 AVAILABLE FOR TRAINED HOSTS

MAR 9-12 THUR-SUN
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd., Santa Rosa, CA 95404
cransac@sonic.net

MAR 12-16 (SUN-THURS)
Edna Trimm & Larry Ridgel 415-332-3867
241 Glen Dr, Sausalito, CA 94964
ednatrimm@aol.com

MAR 16-19 THUR-SUN YOUNG FAMILIES SNOWMAN WEEKEND
Eike & Siegfried Linkwitz 415-924-0241
15 Prospect Ln, Corte Madera, CA 94925
el@linkwitzlab.com

MAR 19-22 AVAILABLE FOR TRAINED HOSTS

MAR 22-26 WED-SUN
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr., Santa Rosa, CA 95405
karwag@sonic.net

MAR 26-31 AVAILABLE FOR TRAINED HOSTS

MAR 31- APR 2 FRI-SUN
Tom & Carol Coleman 707-769-7801
1216 Kathleen Way, Petaluma, CA 94952
tomcoleman@sbcglobal.net

APR 10-14 MON-FRI MEMBER RENTAL
Laurence Kornfield 415-791-2563

APR 28-30 FRI-SUN MEMBER RENTAL
Tom & Carol Coleman 707-769-7801

MAY 5-7 (FRI-SUN) MEMBER RENTAL
Tom McNicholas 707-254-9953

MAR 12-14 FRI-SUN SPRING HOST APPRECIATION & TRAINING
Contact Cindy Toran for reservations 707-539-4396
toranski@aol.com

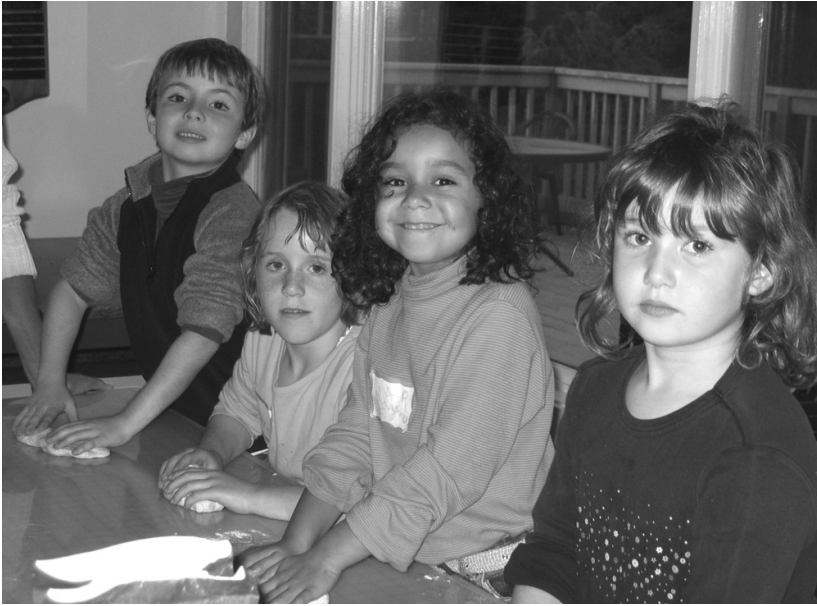
MAY 19-20 FRI-SUN MEMBER RENTAL
Lynn Garric & Larry Langbehn 707-539-2078

MAY 24-30 WED-TUES SPRING WORK PARTY
Tom Coleman 707-769-7801
tomcoleman@sbcglobal.net

JUN 8-11 THUR-SUN ECHO CONSERVATION BENEFIT & BIRDING IN THE TAHOE REGION
Karen & Jerry Wagner (Birding) 707-528-8197
& Paul & Cici Mattiuzzi (Conservation)
karwag@sonic.net

JUN 18-JUL 2 SUN-SUN SPA WEEKS
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

Watch for updates in future issues of Trails!



Young Alpine Club members knead dough for a gigantic apple strudel at the Alpine Lodge

YOUNG FAMILIES OVERNIGHT AT THE ALPINE LODGE

A group of young families recently attended the "young families overnight" at the Alpine Lodge. The children enjoyed riding bicycles, scooters and roller skates around and around the big room. They also did nature crafts, took walks and helped to prepare a giant apple strudel, which was delicious! The highlight of the weekend was a Halloween parade in the big room in which all the children participated. A fun time was had by all. Many thanks to Eike and Siegfried Linkwitz for all their hard work in hosting this event.

— Angi Blackwell

A Cup of Kindness Yet... continued from page 1

to tend bar, help prepare and set out dinner, clean up, help with breakfast etc. To volunteer, contact Tony at # 650-207-1619 after December 28.

Tony and crew will start off your holiday at 8am on January 1 with a full breakfast (\$5 for members; \$8 for associate members.) Afterward, join **Ben Heldens** at 10am on our annual hike to the Top of Mt. Tam. Neither rain nor snow cancels.

Happy Hour begins when the first hardy hikers return to the lodge and continues until the last tired hikers straggle in. **Gail Lindlow** and her helpers will serve all comers a hearty soup and salad supper (\$8 members; \$11 associate members) after everyone is cleaned up, dried off and ready to eat - about 3:30pm. Please contact Gail at mgilindlow@aol.com or 415-441-0838 if you can help by bringing a soup or salad.

For reservations for any or all of the above events, please contact **Verna West** at 650-854-6349 or 99swest@earthlink.net.

Many thanks to Tony Smith and Gail Lindlow who stepped up to host this traditional CAC event.

—Eike Linkwitz & Carroll Pearson

FOOD FOR THOUGHT

Maryann Loughran-Smith contributed the following poem as food for thought this holiday season.

Once upon a time there were four people named Everybody, Somebody, Anybody and Nobody.

When there was a job to be done, Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it.

When Nobody did it, Everybody goot annoyed because it was Everybody's job. Everybody thought Somebody would do it, but Nobody realized that Nobody would do it.

So it ended up that Everybody blamed Somebody. Somebody blamed Somebody when Nobody did what Anybody could have done in the first place.

— Author unknown

CLASSES ON BOAT SAFETY

Are you and your family or crew prepared for boating safely this spring? Does every family or crew member know how to return to pick up a person, perhaps the skipper, who has fallen overboard? The Marin Power & Sail Squadron is offering a tuition-free U.S. Coast Guard approved safe boating class, "Boat Smart", at the Kell Educational Center, 789 North Hamilton Road, Novato, on January 10, 11, 17, 18, 2006. Each class is from 7 to 9 PM. These classes are taught by Marin Power and Sail Squadron members who are experienced sailors and boaters at no charge; topics include Boat Types, Selecting A Boat, Handling A Boat, Required Safety Equipment, Trailering a Boat, Docking, Anchoring, Using A Marine Radio, Medical Emergencies, and the latest U.S. Coast Guard rules. The text, which may be shared by two people and is an excellent reference book to keep aboard your boat, costs \$30.00. Upon successfully passing a final examination, a certificate will be awarded which many insurance companies recognize by providing a discount on your boat insurance. For registration and any questions, phone 415-883-6777.

— Stuart Bacon
Marin Power and Sail Squadron

Alpine Lodge Trustees Report... continued from page 3

your party, consider attending the spring training. Contact Nuala Caulfield at 415-922-6775 or ntcaulfield@msn.com for reservations.

WORK PARTY: Board member **Eva Libien** coordinated the November 3 work day. **Melanie Facen**, the lodge treasurer, provided a great lunch for 20 hungry workers, and all five trustees were giving assistance. There were two soon-to-be-members, **Jordan Herrmann** and **Sara Ebadi**. Sara is about to become a second generation CAC member. The trustees are truly grateful to members **Hardy Dawainis**, **Karen Ebadi**, **Doug Finley**, **Marion Hazzard**, **Ben Heldens**, **Connie** and **Larry Rayher**, **Hans Schilling**, **Hildy Serbin**, **Rosemary Trowsdale**, **Paul Verme** and **Jamie Watson**. We could not maintain the lodge without the help of volunteers who offer their labors, skills and cheerful spirit. Gutters were cleaned, new hardware installed, tools organized, the under-deck work surface leveled, ground cover planted, foliage along the Tam path trimmed and cleared, windows washed, and all rooms vacuumed and dusted.

The next work day, December 1, is our annual tree-trimming event. Thursday, January 5 we take down the tree. That day and Sunday, January 8, there will be lots of housekeeping, planting and weeding, and technical tasks to be done. Please join us for one of these dates.

COMPOSTING: Trustee **Nuala Caulfield** is researching a composting system for the lodge. Anyone with experience and positive suggestions please contact Nuala at 415-922-6775 or ntcaulfield@msn.com.

TAM BUILDING: Work on the Tam Building continues. Safety improvements are almost completed. Two new doors for the lower level will soon be installed by volunteers with professional carpentry skills.

GARDEN: **Janet Mullin**, Garden Committee member, recently purchased a variety of plants. As the rainy season begins we will be planting. Our goal is to stabilize the slopes, control weeds, and enhance our scenic grounds.

-The Alpine Lodge Trustees

President's Message... continued from page 2

and envelope and advertise that the gift certificate be used for special occasions like Christmas, birthdays, etc.

- How about making more work opportunities on weekends?
- Is there a way that the Trustees could make a list of maintenance work needed by job and then members could pick a project and get a group together to accomplish it on a weekend?
- I'm an older member and wonder who will inherit the challenge of keeping this valuable place going.
- As one of those members into the seventies, I wonder how many more years I can put in working for the Club. (Don't misunderstand me – I've had much more pleasure than pain in the process).
- I'm sure your message about volunteering was meant to inspire. However guilt is not the best motivator or volunteer recruitment tool.
- So I guess it boils down to getting the members out to work for the club, give them jobs they can do, and show your appreciation to them, and have some fun while doing the job.
- Most of all, we need to try and bring back to the Club the tradition of working together. For the Club, the Fun, the Camaraderie and the Pride.

The best way for members to actively support the Club is to take on leadership roles. Choose a job, project, or activity that interests you (or one in which you feel you can be of use). As a Lodge Trustee said, "Sure, we need the five Trustees, but we also need twenty-five 'Trustee Helpers and Supporters' to get done everything that needs to be done."

Let us all take active "ownership" of our beloved Club and its irreplaceable Lodges. The rewards will be twofold: a vital and thriving California Alpine Club, and the joy and satisfaction that comes from working together on shared goals.

Sincerely,
Susan

NOW AVAILABLE

CAC LOGO T-SHIRTS, POLO & SWEATSHIRTS!

Attractive light grey with CAC logo on front. Adult and youth sizes in small, medium, large and extra large. Excellent quality, very soft material and sweatshirts are warm and fleecy. They will be available at the Christmas party and New Year's Day soup and salad supper. A wonderful Christmas present for all ages and sizes. For more information, contact **Renee Powers** at (415) 648-4940 or e-mail reneespowers@comcast.net.

—Renee Powers

EMAIL AND ADDRESS CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone and email (particularly email, which changes much more frequently than regular addresses.) If you haven't been receiving periodic messages via email from CAC, we probably have the wrong email address for you.

Dave Maier, Registrar
dmmaier@pacbell.net
831-462-2764
2-1120 E. Cliff Dr.,
Santa Cruz, CA 95062

TRAILS
issued monthly by the
California Alpine Club
Founded in 1913 - Incorporated in 1936
P.O. Box 2180
Mill Valley CA 94942-2180

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CHRISTMAS EVE DINNER AT THE ALPINE LODGE?

At press time we had not yet heard from members who will take on the December 24 festive meal preparation for our special group of members without local family ties. Please call Eike Linkwitz at 415 924-0241 or e-mail me at: el@linkwitzlab.com with your ideas for a warm tasty meal, ambiance and overnight to December 25. As soon as a host has come forward, we will then send a detailed e-mail through the CAC list to alert whoever wishes to come to the Alpine Lodge. Waiting for your phone call or e-mail! Thank you.

— Eike Linkwitz

VALENTINE'S DINNER AT THE ALPINE LODGE Sunday, February 12, 2006



Edna Trimm and helpers are preparing a loving Valentine's evening for members and friends for the third year.

Happy Hour starts at 4:30PM. Dinner is served at 5:00PM with salmon and asparagus as a main course. Single people will be honored, and craft material is available for those, who wish to create a Valentine!

Dinner price: \$14 per member, \$17 per associate member. Reservations to Hildy Serbin at 415 927-3385. Send check (payable to Edna Trimm) to H. Serbin, 505 Magnolia Ave. Apt. 8, Larkspur, CA 94939-1355.

Please volunteer your help for this fun event! For more information or to volunteer, please call Hostess Edna Trimm at 415 332-3867 or e-mail:

ednatrimm@aol.com

—Eike Linkwitz

TRAILS NEWSLETTER ALERT

Please send articles for the **February** issue of *Trails* to editor, **Angela Blackwell**, by email to ablackwellca@earthlink.net, 415-584-2586, or 234 Lisbon Street, San Francisco, CA 94112-2019. **Angela** should receive articles for the **February** issue no later than **January 5th**. Electronic files are greatly appreciated. Please send photos from events labeled for Trails Newsletter (don't write on the back of the photo) via postal mail to Susan Johnson, Definite Impressions, 421 Portal Street, #H, Cotati, CA 94931. Pictures should have the names of the people in the photo, the caption for the photo, and the title of the corresponding article. Please include a stamped addressed envelope, if you want the pictures returned. Check with Susan for digital pictures.

Editor for the **March** issue of *Trails* will be **Tom Mahood**, at tmahood@callatg.com or 707-538-8288. If you would like to assist with the publishing of *Trails*, please contact Carroll Pearson at pearsoncmp@aol.com or via mail to 1069 Rockefeller Drive, Sunnyvale, CA 94087, phone 408-736-9403.

-Carroll Pearson, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 82

February 2006

No. 1

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H. Serbin, 505 Magnolia Ave. Apt. 8, Larkspur, CA 94939-1355.

Please volunteer your help for this fun event! For more information or to volunteer, please call Hostess **Edna Trimm** at 415-332-3867 or e-mail: ednatrimm@aol.com

— Eike Linkwitz

CAC LEADERSHIP NEEDED

If you would like to serve in a CAC leadership position, please contact one of the members of the Nominations Committee. Many of our leaders have been serving for multiple years and have asked to be replaced either for the 2006 year or 2007. Leadership positions include officers, members of the CAC board, lodge trustees, and committee chairpersons. This is certainly a significant way that you can contribute to the California Alpine Club.

Nominating Committee Members

John Hannum	707-525-8108	jrhannum@aol.com
Bob Hanson	925-944-3366	doctoroutdoors@comcast.net
Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Ernie Pitz	415-383-8143	guidop6@comcast.net
Donna Rice	415-453-6087	dndrices@yahoo.com

— Carroll Pearson



Tony Smith, Sue Barnard and Carol Weisker enjoy a song at the New Year's Party at the Alpine Lodge.

NEW YEAR'S PARTY AND THE STORM

Yes, those of us that could get up to the Alpine Lodge celebrated with one of the finest potluck dinners ever on New Year's Eve. The food was delicious because we fixed it ourselves! Then we did a little music, some dominoes, some Bridge, and a lot of camaraderie around the fire. Most people were still up celebrating the New Year! Next morning **Michael Gleeson** and helpers served up a super breakfast that fueled some of us on a hike led by **Ben Heldens** to the top of Mt. Tam, in a howling gale. Several people took a short hike to Alice Eastwood Camp. Others showed more sense and less guts and kicked back in the Lodge. I walked up Panoramic Highway, (closed at Mountain Home by over 12 slides), to the Troop 80 Trail bridge over Spike Buck Creek. As you may know, the Club has donated money to the State Park to replace the washed out old bridge. I'm happy to report the rebar and forms are in place for the anchors, but sad to say the detour looks washed out.

Gail Lindlow coordinated the soup-n-salad dinner to perfection, so most people left the mountain before the rain started again. Many thanks to **Carroll Pearson** and **Verna West** who put this weekend together and made it so enjoyable.

— Tony Smith

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Susan McCarthy	408-293-0891	sfmccar@cs.com
Vice President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Secretary	Jean Rodgers	415-435-9383	jrodg1218@aol.com
Treasurer	David Ratner	415-924-3043	Dlratner@aol.com
Registrar	David Maier	831-462-2764	dmmaier@pacbell.net

Board of Directors:

John Hannan	510-527-6709	JHa8361816@aol.com
Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
Ernie Pitz	415-383-8143	guidop6@comcast.net
Laurence Kornfield, past-pres.	415-731-2563	laurence@kornfield.org
Eva Libien	415-383-5184	elibien@yahoo.com
Donna Rice	415-453-6087	dndrices@yahoo.com

Committee Chairpersons:

Conservation	Mae Harms	530-333-1058	maeharms@mindspring.com
Finance	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com
Historian	Kay Gillis	415-456-2032	kgillisgarden@aol.com
Membership	Laureen Novak	415-383-1507	lareenie@yahoo.com
Outings	Ros Carol	650-592-9394	RosCarol@aol.com
Publications	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Sunshine	Lois Hillman	415-586-6713	
Parliamentarian	Mae Harms	530-333-1058	maeharms@mindspring.com

Social Activities Vacant

Lodge Trustees

Alpine Chair	Ed Del Monte '07	707-528-7983	eddelmonte@delmontecito.com
	Roger Diehnell '07	415-924-5519	rdiehnell@hotmail.com
	Nuala Caulfield '08	415-922-6775	ntcaulfield@msn.com
	Ruth Tretbar '08	510-836-0108	rtretbar@yahoo.com
	Paul McKown '06	415-383-2774	paylmcrown@earthlink.net
	Alpine Rentals	415-381-4975	
Treasurer	Melanie Facen	415-492-0470	mfacen@aol.com
Echo Chair	John Hannum '06	707-525-8108	jrhanum@aol.com
	Tom Coleman '08	707-769-7801	tomcoleman@sbcglobal.net
	Eddie Nelson '08	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '06	415-472-1229	ray@sommerworld.com
	Cindy Toran '07	707-539-4396	toranski@aol.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Chuck Baldwin, Angela Blackwell, Patricia Boyd, Maureen Clark, Robert Feist, Roy Florey, Beverly Heywood, Donald Johns, Tom Mahood, Katherine Parker, Carroll Pearson, Judy Sager and Dan Schoenholz.

Contributors: Angi Blackwell, Nuala Caulfield, Ed Del Monte, Rose Fenton, Bob Hanson, Lois Hillman, Eva Libien, Eike Linkwitz, Susan McCarthy, Laureen Novak, Julia O'Meara, Carroll Pearson, Ulla Pettersson, Renee Powers, Jean Rodgers, Joan Ryan, Judy Sibley, Tony Smith, Cindy Toran, Susanna Van Leuven, Ruth Tretbar, Verna West.

Correspondence: Please address correspondence concerning this publication to Susan McCarthy, 1141 Willow Glen Way, San Jose, CA 95125.

CAC Web Site: <http://calalpine.org>.

Members, please register for the members only site.

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

Rosters and email addresses should be protected from distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE

Early in December I received this e-mail from long-time member Peter Beckmann. I want to share it with you.

On Cooperating in the California Alpine Club

Dear fellow Alpiners,

As some of you might know, I am "temporarily" in New York City pursuing a PhD program in economics. It so happened that these weeks in class we are dealing with the "commodification" of modern life. Things that used to be free, given as gifts or simply done as favors between people are increasingly measured in terms of money value and transformed into paid transactions. Examples of this attitude are the notion that "time is money," the habit of returning gifts of similar value to the one received, being hesitant to ask neighbors for help in "raising the barn," ...and the current discussion about substituting work party participation in the CAC for higher fees.

Unfortunately, this is not just a change in procedures. It is a radical change in the values our club was founded upon. This proposed change goes so deep that it deserves some closer examination: what is happening when people come together to make something happen that they cherish and believe in? They are dealing directly with their fellow humans and their common aspirations and deepest values. In our club context, this means that I know that John is willing to sweat in order to provide for Echo's drinking water when I work next to him, that Eike is willing to give up many hours of personal time to create more community events in the club while I am cooking "for her," and that many more club members are always ready to give some of their precious time to advance the club's common cause.

Had I just paid my way out of my work party duties I would never have known the numerous fellow members who continuously make things happen. As an example, the water I drink at Echo would be just like the water that comes out of my faucet in New York City, brought to me by some anonymous service paid for by my monthly bill. In economics we call this phenomenon "alienation." We have lost touch with the sweat and the work that provides for our basic needs and instead mediate our involvement by paying a price.

And what a price we do pay! In some ways, we would be creating a class culture in our club: there are the ones that pay and the ones that work. As a result, the CAC would become increasingly segregated since we wouldn't have to meet any other members any more except the ones we choose to share leisure activities with. Wouldn't this start feeling like a "Club Med atmosphere?" I certainly like it the old way. I like to know to whom I owe the water at Echo, the editing of the newsletter, and the many-handed labor that makes this wonderful club possible.

Thus for me the only reasonable solution that preserves the club's values would be work party participation as a condition for continued membership. This wouldn't have to be a hardship: with 700 members and bi-annual work party duty, there would be 350 members available to work for the club while I have to show up only every other year. This doesn't sound too difficult.

And I would even come from New York!

Peter

— Susan McCarthy



MEMORIALS



Bernice Johnson

Bernice Johnson, a long-time member of the California Alpine Club, passed away on November 18, 2005. She was 89.

Bernice started her career as an interior decorator at City of Paris in the 1950's. She quickly made a name for herself in the interior design world.

Besides the California Alpine club, Bernice was an active supporter of the Sierra Club, the San Francisco Zoo and other organizations. Her late sister, Louise Fletcher, was also active in the club.

— Lois Hillman

Ed Johnson 1918-2005

Ed Johnson passed away on December 26, 2005. He is survived by seven grandchildren and five great grandchildren.

Ed was a native San Franciscan, who worked for the City of San Francisco in the payroll department. He retired in 1982.

Besides being a member of the California Alpine Club, Ed was active in Boy Scouting as a father and grandfather. He was a longtime member of the Caper Cutters Square Dance Club and enjoyed traveling to different locales to square dance. He had a seafaring heritage and always loved ships and the sea. He will be missed by all who knew him.

— Angela Blackwell

Mary Kartsounis

Mary Kartsounis, a long-time member of the California Alpine Club, passed away on November 21, 2005. She was 87.

Mary was a counselor at Skyline Junior College in San Bruno for 20 years. She was President of the Alpine Club from 1989-1990.

Our sincere sympathy goes to her sister Irene and relatives.

— Lois Hillman

Anna Vishney 1901-2005

One of our club's oldest members, Anna Vishney passed away December 5, 2005. Anna was born and raised in Bavaria, where she developed her lifelong love for the outdoors. She had the foresight to leave Germany for Paris soon after Hitler gained power. She met her husband there and had her son. The family left Paris for the USA early in the 1940's and settled on the East Coast. After her husband died, Anna moved to San Francisco in the 60's to be close to her son and grandchildren.

When retired, Anna enjoyed traveling extensively and hiked often. She was a strong hiker and continued her favorite pastime into her late 90's. She belonged to the Sierra Club and the Contra Costa Hills Club, taking advantage of the many hikes and trails available and making many friends. She loved visiting Echo Lodge, hiking and telling humorous stories.

Anna's ashes were scattered at sea, close to her beloved Marin Headlands, where we hope her spirit may continue to hike.

— Rose Fenton & Julia O'Meara



MEMBERSHIP REPORT

January 2006

The following applicants are submitted for posting prior to Board acceptance:

Anita Cabrera & Nicholas Gregoratos –Joint Members

430 Ellsworth Street
San Francisco, CA 94110
415-206-9152

Email: aa_cabrera@msn

Sponsors: Cindy Cosbey & Ruth Tretbar

Steven Mark Hamilton & Joyce E. Avignon-Hamilton – Joint Members

7427 Walnut Lane
Sebastopol, CA 95472
707-824-6818

Email: sjham@sbcglobal.net

Sponsors: Patrician Anderson & Martha Stewart

Sara Ebadi– Junior Membership

747 Spruce Street
Berkeley, CA 94707
510-524-9696

Email: supersupersara@sbcglobal.net

Sponsors: Daren Ebadi

Mari G. Paden – Regular Membership

418 Larkspur Plaza Drive
Larkspur, CA 94939
415-8945-8852

Email: mgpiedaterre@sbcglobal.net

Sponsors: Eike Linkwitz & Ruth Tretbar

Laura Bacon – Regular Member

Children: **Katy Ebbitt – Junior Member, Tommy Ebitt _ Junior Member**

1350 Yulupa Avenue # I (This is the letter I, not the number 1)
Santa Rosa, CA 95405
707-578-1605

Email: ebbacon@sbcglobal.net

Sponsors: Laureen Novak & Ruth Tretbar

Alison Pence – Regular Membership

Devon Pence - Junior Membership

70 Granada Drive
Corte Madera, CA 94925
415-924-4609

Email: alisonpence@yahoo.com

Sponsors: Jean Rodgers & Ruth Tretbar

Joyce Rhodes – Regular Membership

5 - C Oak Crest Court.
Novato, CA 94947

415-892-9351

Sponsors: Ruth Tretbar & Benjamin Gale

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS;

Erin Neff, Monica Cato, Inga Aksamit, Steve Mullen, Jordan Herrmann

— Laureen Novak, Membership Chair

ALPINE LODGE & UPCOMING CAC EVENTS - ASSOCIATE MEMBERS (formerly Guests) WELCOME

New Associate Member forms now available. To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30am to 4pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in Trails.

FEB 2 THURS MIDWEEK WORK PARTY
9am-2:30pm. Spring cleaning is starting! Let's spruce up the Lodge. Coordinator Paul McKown 415-383-2774 or e-mail: paulmckown@earthlink.net

FEB 4-6 SAT-SUN MEMBER RENTAL AND FUND-RAISER
Mary Pezzuto 510 531-8335

FEB 5 SUN SPECIAL GOURMET MEAL
Hikers and non-hikers are invited to an early sumptuous meal at 3:30pm to make amends for the canceled Hikers' weekend. Reservations and checks to Eike Linkwitz, 15 Prospect Lane, Corte Madera, CA 94925. Members \$12, Assoc. members: \$15

FEB 8 WED MT. TAM RANGER TRAINING
Jeremy Burns 415-388-3653

FEB 10-12 FRI-SUN MEMBER RENTAL
Peter Dippery 650-738-3695
10am-10am

FEB 12 SUN VALENTINE'S DINNER
Hostess Edna Trimm. See article on page 1.

FEB 15 WED MEMBER RENTAL
Connie Grauds 415 479-1512

FEB 18 SAT TCC DINNER
Arlin Weinberger 415-444-0611

FEB 19 SUN ALPINE TRUSTEES BOARD OF DIRECTORS MEETING
Alpine Trustees meet at noon and the Board of Directors meet at 2pm in the Social Hall. Everyone is welcome.

FEB 25 SAT BEGINNER BACKPACK COURSE SIERRA CLUB and CAC
All Day - Teri Shore 707-938-3469

MAR 2 THUR MIDWEEK WORK PARTY
9:00am- 2:30pm. Please join us for a hearty lunch as part of the midweek work party. Let Nuala know if you are coming, so she can plan for lunch. ntcaulfield@msn.com

MARCH 4-5 SAT-SUN HIKERS' WEEKEND

Happy Hour at 4:30pm. Please bring a simple appetizer to share. Spaghetti or lasagna, salad, and dessert (such as trifle) at 6pm. Members \$8, associates \$11. Overnight at our wonderful Lodge and wake up to a delicious breakfast: members \$19, associates \$27. Contact Nuala Caulfield at 415-922-6775 or email: ntcaulfield@msn.com

MAR 11-12 SAT-SUN MEMBER RENTAL
Erin Neff 415-861-3447
or email: erinneff@sbcglobal.net

MAR 15 WED MT. TAM RANGER TRAINING
Jeremy Burns 415-388-3653
12:00 Noon - 6:00pm

MAR 19 SUN ALPINE TRUSTEES, NOMINATING AND BOARD OF DIRECTORS MEETINGS
Alpine Trustees meet at noon, Nominating Meeting at 1:30pm and the Board of Directors meet at 2pm in the Social Hall. Everyone is welcome.

MAR 19-26 SUN-SAT SPA WEEK
Mary Frey and Helen Alfredson 415-492-2510

MAR 31 - APR 1 FRI-SAT ALPINE LODGE HOST TRAINING
Fri. 7:00pm Dinner - Sat. 4:00pm. Maximum 15 participants. Register with Trustee Nuala Caulfield 415-922-6775 or e-mail: ntcaulfield@msn.com

APR 1-2 SAT-SUN HIKERS' WEEKEND
See March 4-5 entry for details.

APRIL 2-8 SUN-SAT SIERRA CLUB RENTAL, "COASTAL MEDLEY"
Mary Jane McKown 415-383-2774

APR 9 SUN 2PM A ROMP AROUND ENGLAND, FROM THE MOUNTAINS TO THE SEA
Susanna Van Leuven 415-302-4603
See article on page 8.

APRIL 11 TUES POSSIBLE POLLING PLACE
ALL DAY

APR 13 THUR MIDWEEK WORK PARTY
9:00am - 2:30pm. Coordinator needed. Please contact a trustee.

APR 13-16 THUR-SUN NON-MEMBER RENTAL

Starts after 4:00pm

APR 21-23 FRI - SUN MEMBER RENTAL
Ros Carol 650-592-9394

APR 26-28 WED-FRI MEMBER RENTAL
Bill & Lynn Edmonds 805-524-4839

APR 29 SAT ALPINE TRUSTEES BOARD OF DIRECTORS ANNUAL MEETING AND AWARDS DINNER
The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2pm, followed by the Annual Membership meeting at 3pm. Happy hour, dinner and awards ceremony will follow. Watch for the details in upcoming TRAILS.

APR 30 SUN SUNDAY WORK PARTY
9:00am-2:30pm Coordinator needed. Please contact a trustee.

MAY 4 THUR MIDWEEK WORK PARTY
9:00am-2:30pm. Coordinator needed. Please contact a trustee.

MAY 5-7 FRI-SUN SIERRA CLUB RENTAL
Aurora Roberts 730-530-9392

MAY 7 SUN SPECIAL GOURMET MEAL
Hikers and non-hikers are invited to an early sumptuous meal at 3:30pm to make amends for the canceled Hikers' weekend. Reservations and checks to Eike Linkwitz, 15 Prospect Lane, Corte Madera, CA 94925. Members: \$12, Assoc. Members: \$15
el@linkwitzlab.com, phone 415-924-0241

MAY 7 SUN YOUNG FAMILIES HIKE
Please read article on page 10.

May 7-13 SUN-SAT OZARKS CANOE TRIP
Coordinator Bob Hanson 925-944-3366
doctoroutdoors@comcast.net. See article on page 10.

MAY 12-14 FRI-SUN MEMBER RENTAL
Gail Weinstein's 50th Birthday! 415-648-8720

MAY 19-20 FRI-SAT NON-MEMBER RENTAL
10:00am - 10:00am

MAY 21 SUN ALPINE TRUSTEES BOARD OF DIRECTORS MEETING
Alpine Trustees meet at noon and the Board of Directors meet at 2pm in the Social Hall. Everyone is welcome.

MAY 27-28 SAT-SUN NON-MEMBER
RENTAL

JUNE 1 THUR MIDWEEK WORK PARTY
9:00am-2:30pm. Coordinator needed. Please
contact a Trustee.

JUN 3-4 SAT-SUN HIKERS' WEEKEND
See March 4-5 entry for details.

JUNE 4 SUN NEW MEMBER SUPPER
Laureen Novak 415-383-1507
Lareenie@yahoo.com

JUNE 5-9 SUN-FRI MEMBER RENTAL
Dorothy Aksamit 415-331-5958

JUNE 10-11 SAT-SUN MEMBERS' MT.
PLAY OVERNIGHT
Hosts needed. Contact Eike Linkwitz
415-924-0241 or email el@linkwitzlab.com

JUNE 13-16 TUE-FRI "SOLO SIERRANS"
MEMBER RENTAL
Sue Barnard 510-524-1090
barnard56@hotmail.com

JUNE 17-18 SAT-SUN MEMBERS' MT.
PLAY OVERNIGHT
Host(s) needed. Contact Eike Linkwitz
415-924-0241 or e-mail: el@linkwitzlab.com

JUNE 18 SUN ALPINE TRUSTEES
BOARD OF DIRECTORS MEETING
Alpine Trustees meet at noon and the Board
of Directors meet at 2pm on the deck or in the
Tam Building. Everyone is welcome.

JUNE 18 SUN MOUNTAIN PLAY
CAST PARTY
2:00pm - 10:00pm

JUNE 25-JUL 1 SUN-SAT SIERRA
CLUB RENTAL
Paul McKown 415-383-2774

JULY 1-2 SAT-SUN HIKERS' WEEKEND
See Mar 4-5 entry for details.

JULY 6 THUR MIDWEEK WORK PARTY
9:00am-2:30pm Coordinator needed. Please
contact a Trustee.

JULY 11-14 TUES-FRI MEMBER RENTAL
Rossmore hikers. Nell Fraser 925-934-9039

JULY 16 SUN ALPINE TRUSTEES
BOARD OF DIRECTORS QUARTERLY
MEMBERSHIP MEETING/DINNER

The Alpine Trustees meet at noon, and
the Board of Directors meeting will begin
at 2:00pm, followed by the Quarterly
Membership meeting at 3:00pm. Happy
hour and dinner will follow. Watch for the
details in upcoming TRAILS.

GREETINGS FROM THE ALPINE LODGE TRUSTEES!

Our Alpine Lodge has been well uti-
lized through out the months of November
and December and during the first week
of January, 2006. You may not have been
one of the many members to enjoy your
lodge during this busy season. If you were
not, please make a point of coming to one
of the many C.A.C. social events held at
our lodge or consider renting the lodge
for your own private event. Our Alpine
Lodge is looking better and better!

We have five very motivated Lodge
Trustees. While your Alpine Lodge Trust-
ees are very hard working, they know that
it is the dedicated efforts of the Alpine
Lodge Support Team that enables us to
keep the lodge functioning smoothly. Our
Alpine Lodge member volunteers are too
numerous to list here... you know who
you are! Your work at our lodge is noticed
and appreciated! The Trustees do 'Thank
you' for your efforts, this past year, for
your support of our lodge.

This Holiday Season ended with two
successful work parties in the first week of
January. Our regular Thursday work party
on January 5 was hosted by Trustee **Nuala
Caulfield**. We also had a very productive
Sunday work party on January 8th. Twenty
Nine volunteers attended the Sunday
work party. Our Sunday lodge volunteers
were fed a delicious lunch coordinated by
Anne Del Monte. The attendees of this
work party and all that they accomplished
is too much to list here. As a representa-
tive sample, here are the names of six
prospective members and some of their
able contributions:

Wendy Pohlmann
began cleaning our
refrigerators and nev-
er stopped at Alpine
Lodge housekeeping!
Peter Ring painted
electrical conduit in
Hertenstein Hall. The
conduit looks good...
as if it were the origi-
nal work done in
1954! **Michael** and
Zackary Larson were
a great father/ son
team. They cleaned
the glue and labels
from our new social
hall tables, swept the
social hall floor, and
weeded outside! **Dart**
and **Esther Cherk** are

neighbors. They stopped in and began
weeding under the able guidance of
Trustee **Ruth Tretbar**. **Dart** and **Esther**
are now prospective members!

The Alpine Lodge Trustees thank all
of our volunteers for your selfless efforts.
Your contributions benefit all of us. As
we move forward in this New Year, we
are dedicated to keeping our lodge well
maintained and continually improved for
the enjoyment of our club membership.

Signed,
Ed Del Monte for the A. L. Trustees

NOTES FROM THE ALPINE LODGE TRUSTEES

Twenty new rectangular folding
tables, seating six to eight people, have
been purchased. These tables are much
easier to handle than our older round ones.
It is intended to buy more and to create a
convenient method of storage.

There is a new CD/DVD player
and amplifier in the Social Hall, but the
speakers are temporary.

Also purchased, two full size beds for
the main lodge and one full bed and one
queen bed for the Tam building.

—Nuala Caulfield

ATTENTION ALPINE LODGE HOSTS

Judy Key-Dominguez has a new
telephone number: 415-891-8021. Judy
should be contacted for dish washing and
lodge clean-up after events.

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sun, Feb 19, 2006	Board of Directors Meeting at 2 pm
Sun, Mar 19, 2006	Nomination Meeting at 1:30 pm Board of Directors Meeting at 2 pm
Sat, Apr 29, 2006	Board of Directors Meeting at 2 pm Annual Meeting at 3 pm & Awards Dinner
Sun, May 21, 2006	Board of Directors Meeting at 2 pm
Sun, Jun 18, 2006	Board of Directors Meeting at 2 pm
Sun, July 16, 2006	Board of Directors Meeting at 2 pm Quarterly Membership Meeting at 3 pm Dinner to follow

If you have any questions, just call 408-293-0891 or e-mail at
sfmccar@cs.com. Members are welcome at Board meetings.
Thank you!

— Susan McCarthy, President

ALPINE HIKE LEADER SCHEDULE

OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

NO HIKERS' WEEKEND IN FEBRUARY

SATURDAY	FEBRUARY 4	10:00 a.m.	Bill Wise	415-584-5481	2B
SUNDAY	FEBRUARY 5	9:30 a.m.*	Margaret Gonzales	415-472-4270	2B Co-Listed w/Berkeley Hiking Club
		10:00 a.m.	Debbie Dorosin	415-388-7896	1A
SUNDAY	FEBRUARY 12	10:00 a.m.	Melanie Facen	415-492-0470	2B
SUNDAY	FEBRUARY 19	10:00 a.m.	Marshall Lyons	415-302-0333	2B Co-Listed w/Sierra Club

Rain doesn't cancel. This is a dog friendly hike.

PRESIDENTS' DAY

MONDAY	FEBRUARY 20	10:00 a.m.	Don & Donna Rice	415-453-6087	2B
SUNDAY	FEBRUARY 26	10:00 a.m.	Ruth Tretbar	510-836-0108	2B Co-Listed w/Sierra Club

HIKERS' WEEKEND

SATURDAY	MARCH 4	10:00 a.m.	Marion Hazzard	415-661-6876	2B
SUNDAY	MARCH 5	10:00 a.m.	Marshall Lyons	415-302-0333	2B Co-Listed w/Sierra Club
					<i>Rain doesn't cancel. This is a dog friendly hike.</i>
		10:00 a.m.	Anne Allio	650-583-1543	1A
SUNDAY	MARCH 12	10:00 a.m.	Eva Libien	415-383-5184	2B Co-Listed w/Sierra Club/ Berkeley Hiking Club
SUNDAY	MARCH 19	10:00 a.m.	Jack Leibman	415-674-4370	2B Co-Listed w/Sierra Club
SUNDAY	MARCH 26	10:00 a.m.	Rosemary Trowsdale	415-775-3296	2B

HIKERS' WEEKEND

SATURDAY	APRIL 1	10:00 a.m.	Bonnie Radest	415-897-0227	2B
SUNDAY	APRIL 2	10:00 a.m.	Hardy Dawainis	415-461-4431	2B
		10:00 a.m.	Pat McVay	415-388-0880	1A
SUNDAY	APRIL 9	10:00 a.m.	Ernie Pitz	415-383-8143	2B
SUNDAY	APRIL 16	10:00 a.m.	David Ratner	415- 924-3043	2B
SUNDAY	APRIL 23	10:00 a.m.	Paul McKown	415-383-2774	2B
SUNDAY	APRIL 30	10:00 a.m.	Bob Smith	510-841-0402	2B Co-Listed w/Sierra Club

IMPORTANT! RAIN CANCELS (exception Feb. 19 and March 5)

1A HIKES LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

*February 5 hike meets at 9:30 a.m.

Hikes may carpool from meeting place to other trail heads. All participants should have some previous hiking experience. 1A hikes are 4-6 miles, 2B hikes are 7-10 miles.

YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator - Eva Libien 415/383-5184 or elibien@yahoo.com.

Hikers' Weekends: For supper or overnight arrangements, contact Nuala Caulfield by Wednesday at 415-922-6775 or email at: ntcaulfield@msn.com.

ECHO LODGE HOST SCHEDULE

Phone **Cindy Toran** 707-539-4396
anytime until 9:30 PM or e-mail to
toranski@aol.com

Echo Lodge Telephone: 530-659-7274

Echo Lodge is finally blanketed in snow,
so check the schedule below, contact
the host(s), and head on up for some
winter fun!

Summer/Fall Hosts: I am working
on the schedule for Summer and
Fall of 2006 (July-Dec). If you have
requests for times that you would like
to host, please contact me by e-mail or
telephone.

The next **Echo Lodge Trustees' Meeting**
will be held Saturday, March 18th, 10
AM, at Ray Sommer's home. Contact
Ray at 415-472-1229 if you would like
to attend.

— Cindy Toran

JAN 29-FEB 3 SUN-FRI AVAILABLE FOR TRAINED HOSTS

FEB 3-6 FRI-MON

Barbara McVeigh & Mark Miglio
415-461-2585
P.O. Box 721, Larkspur, CA 94977
barb@marinx.com

FEB 6-10 MON-FRI (LIMIT 18)
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

FEB 10-15 FRI-WED

Shelley Navine & Bob Henry 707-829-3728
Art Ewart & Kathleen O'Dea
1286 Hurlbut Ave, Sebastopol, CA 95472

FEB 15-20 WED-MON PRESIDENTS' WEEKEND

Eike & Siegfried Linkwitz 415-924-0241
15 Prospect Ln, Corte Madera, CA 94925
el@linkwitzlab.com

FEB 20-24 MON-FRI

Edna Trimm & Larry Ridgel 415-332-3867
241 Glen Dr, Sausalito, CA 94965
ednatrimm@aol.com

FEB 24-26 FRI-SUN

Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd., Santa Rosa, CA 95404
cransac@sonic.net

FEB 26-MAR 2 SUN-THURS MEMBER RENTAL
Walter Nilsson 831-438-1214

MAR 2-5 THUR-SUN
Kathy & Bill Faherty 707-539-7081
5420 Gates Rd, Santa Rosa, CA 95404
faherty@sonic.net

MAR 5-9 SUN- THURS
John & Marilyn Hannum 707-525-8108
2309 Avenida de Las Brisas
Santa Rosa, CA 95405-8602
JRHannum@aol.com

MAR 9-12 THUR-SUN
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd., Santa Rosa, CA 95404
cransac@sonic.net

MAR 12-16 (SUN-THURS)
Edna Trimm & Larry Ridgel 415-332-3867
241 Glen Dr, Sausalito, CA 94964
ednatrimm@aol.com

MAR 16-19 THUR-SUN YOUNG FAMILIES SNOWMAN WEEKEND
Eike & Siegfried Linkwitz 415-924-0241
15 Prospect Ln, Corte Madera, CA 94925
el@linkwitzlab.com

MAR 19-22 SUN-WED AVAILABLE FOR TRAINED HOSTS

MAR 22-26 WED-SUN
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr., Santa Rosa, CA 95405
karwag@sonic.net

MAR 26-31 SUN-FRI AVAILABLE FOR TRAINED HOSTS

MAR 31- APR 2 FRI-SUN
Tom & Carol Coleman 707-769-7801
1216 Kathleen Way, Petaluma, CA 94952
tomcoleman@sbcglobal.net

APR 10-14 MON-FRI MEMBER RENTAL
Laurence Kornfield 415-791-2563

APR 28-30 FRI-SUN MEMBER RENTAL
Tom & Carol Coleman 707-769-7801

MAY 5-7 FRI-SUN MEMBER RENTAL
Tom McNicholas 707-254-9953

MAY 12-14 FRI-SUN SPRING HOST APPRECIATION & TRAINING
Contact Cindy Toran for reservations
toranski@aol.com 707-539-4396

MAY 19-21 FRI-SUN MEMBER RENTAL
Lynn Garric & Larry Langbehn
707-539-2078

MAY 24-30 WED-TUES SPRING WORK PARTY
Tom Coleman 707-769-7801
tomcoleman@sbcglobal.net

JUN 8-11 THUR-SUN ECHO CONSERVATION BENEFIT & BIRDING IN THE TAHOE REGION
Karen & Jerry Wagner (Birding) 707-528-8197
& Paul & Cici Mattiuzzi (Conservation)
Karen and Jerry Wagner: 2622 Wawona Dr,
Santa Rosa, CA 95405 karwag@sonic.net

JUN 15-18 THUR-SUN MEMBER RENTAL
Mary & Roger Rigney 916-985-7351

JUN 18-JUL 2 SUN-SUN SPA WEEKS
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

JUL 7-9 FRI-SUN TRAIL CLEARING WEEKEND

CAC values our relationship with USFS,
and this event demonstrates that we support
their efforts to provide outdoor recreational
opportunities, especially for hikers. Join Tom
Coleman, other CAC members, and park staff
in this satisfying outdoor work weekend when
we help maintain trails in the Echo Lakes area!
Call or e-mail Tom for more information and
to sign up. 707-769-7801
tomcoleman@sbcglobal.net

JUL 9-14 SUN-FRI HIKERS' WEEK
Ursula Pedersen & Ruth Tretbar
415-472-4545

159 Golden Hinde Blvd.
San Rafael, CA 94903
ursula-p@concentric.net

AUG 3-6 THURS-SUN
Ed & Anne Delmonte 707-528-7983
& Monika Balsamo
2645 Knob Hill Dr, Santa Rosa, CA 95404
anne.delmonte@gmail.com

AUG 11-15 FRI-TUES
Lillian Young & Wayne Koerting
650-588-5689
3650 Sneath Lane, San Bruno, CA 94066

TREE-TRIMMING (WORK) PARTY

Thursday, December 1, 2005

The Tree Trimming Party, held on December 1, 2005, was more party than work. **Bern and Mary Bennett** had purchased the tree - a handsome one - and arranged for its delivery and set-up. **Kathi Freeman** had brought up the ornaments and decorations. When we arrived Thursday morning everything was ready for us.

Melanie Facen, Robert Feist, Dorsey McTaggart, Mari Paden, Renee Powers and Nell Ryan, the tree trimmers, were a smoothly functioning team and the tree looked beautiful.

Kathi Freeman hung garlands. **Laura Bacon** and her children, **Katherine and Thomas Ebbitt, Liann Finnerty, Mary Frey and Lenore Gordon** hung wreaths and decorated the Lodge beautifully.

Meanwhile, several dedicated people were doing some serious cleaning. **David Solbach** single-handedly cleaned the Tam Building, upstairs and down. **Jean Rodgers** and her daughter, **Alison Pence**, vacuumed; **Rosemary Trowsdale** cleaned the bathrooms; **Mayme Harris** cleaned kitchen cupboards and ovens; and **Robert Feist** swept and mopped the social hall.

Jean, Mayme and Ruth Tretbar prepared lunch. Several attendees brought wonderful salads and desserts, so we had a real holiday feast. **Jean Rodgers'** scalloped potatoes were especially popular.

Everyone pitched in to clean up after lunch and the Lodge was ready to welcome CAC members for the holiday season.

Warmest thanks to all who participated.

—Jean Rodgers and Ruth Tretbar, Coordinators

MIDWEEK WORK PARTY – JANUARY 5

I think it can safely be said that the midweek work party of January 5 was a success. We didn't achieve all the goals but, considering there were only eight of us, a lot was done. **Kathi Freeman**, with the assistance of **Marion Hazzard**, removed and packed all the Christmas decorations, while **Hans Schilling** took down the tree and carried all the boxes of ornaments to the basement. **Helena Troy**, a prospective member, vacuumed both floors of Alpine Lodge, including the recreation hall, and cut non-slip backing to put under an area rug. **Hardy Dawainis** prepared the planks to replace the old, rotting wood on the bench on Shoreline Highway, while **Donna Rice** tended the shrubs that were planted a month or so ago. **Paul McKown** is still trying to ascertain the wattage of bulbs placed in the ceiling of the recreation hall. Anyone know? He and **Roger Diehnell** were on their knees, no, not praying, but removing scuff marks from the floor. Yours truly did three loads of washing. Lunch consisted of red bell pepper and potato soup, fruit and cheese, and tofu salad in pita bread. I forgot to bring dessert, so we made do with muffins left over from our morning snack.

— Nuala Caulfield

A ROMP ACROSS ENGLAND: FROM THE MOUNTAINS TO THE SEA

Slide show, April 9, 2006

Join **Susanna Van Leuven** and **Stuart Sparling** on Sunday April 9 at 2:00 pm as they show slides and discuss their trip to England's Lake District, where they climbed Red Pike, a deceptively easy-looking mountain outside Buttermere. England's mountains, although not particularly high, are steep as can be. Coming down on sliding scree on an impossibly steep slope is an exercise in patience and nerves. It was a two-pint day.

We also hiked around Keswick, taking one of the passes to Buttermere, a hidden hamlet with two pubs, an ice cream place and a youth hostel. Join us for more adventures as we take you over the pass from Borrowdale to Grasmere, where the climbing went on and on and into bogs, leaving us in the fog unable to find our way. We were lucky to find a grandfather and grandson who led the way. Two other hikers, too proud to ask directions, barely made their way to Grasmere in the dense fog. They appeared later, exhausted and wiped out.

After messing about in the Lake District, we headed across England to hike the Cleveland Way, a 105 mile route from Helmsly to Filey. We walked up on Sutton Bank with 100 mile views and an aerodrome, across the top of the Cleveland Hills, stopping in Osmotherley, Malk Kiln House in Urra Moor, then along an old railroad bed to the tiny hamlet of Kildale, where they had one shop, where they served tea and cakes in a cosy place that was half underground. We also explored other little towns, ending up at the sea at Saltburn-by-the-Sea, which had a library as good as San Francisco's. We hiked miles along the cliff edge, hiking trails that lose width with each year. The five hundred foot drop off gave us pause from time to time. We explored Staithes, a wonderful town cut into the cliff, watched the Lifeboat festivities there at the Cod and Lobster pub, then meandered down to Scarborough and then onto Filey into a driving rain. Luckily we had reservations at Humnaby. We were picked up by the owner of the B & B and brought back to her hotel, where we spent the evening in an old manor house, resplendent with flowers, with a good pub and fine food, reminiscent of the best BBC English interiors.

It was a wonderful trip with lots of adventures. Join us on April 9. Please call ahead to confirm, so that we can provide enough tea and cookies. Cell phone: 415 -302-4603, or email me at bailey54@earthlink.net.

— Susanna Van Leuven, P.E.

EMAIL AND ADDRESS CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone and email (particularly email, which changes much more frequently than regular addresses.) If you haven't been receiving periodic messages via email from CAC, we probably have the wrong email address for you.

Dave Maier, Registrar
831-462-2764 or dmmaier@pacbell.net
2-1120 E. Cliff Dr., Santa Cruz, CA 95062

CAC HOLIDAY PARTY

It was so nice right in the middle of a very busy holiday season to be able to relax with friends at Alpine Lodge. The December 10th party was well attended and all enjoyed the festive atmosphere and lovely holiday decorations. The prime rib meal was done to perfection. I'm sure all who attended would like to join me in giving a big round of applause to Helen Walsh-Reardon and her helpers. The fun Christmas sing-along made an enjoyable finish to a memorable evening.

— Judy Sibley

NOW AVAILABLE: CAC LOGO T-SHIRTS, POLO & SWEATSHIRTS!

Attractive light grey with CAC logo on front. Adult and youth sizes in small, medium, large and extra large. Excellent quality, very soft material and sweatshirts are warm and fleecy. For more information, contact **Renee Powers** at (415) 648-4940 or e-mail reeneepowers@comcast.net.

— Renee Powers

A NOTE TO ALL SUNDAY HIKERS

When the Alpine Lodge is rented until Sunday morning at 10am, please be kind enough to respect the renter's privacy. It has happened, that hikers arrived by 8am to prepare coffee, while the private rental people fixed their last meal. Whenever you have a private rental, we will guard your privacy as well. Thank you for your consideration!

—Eike Linkwitz

ABOUT RENTING THE ALPINE LODGE

Members may rent the Alpine Lodge any time, unless the Club has scheduled an event. It is not mandatory yet to have gone through the full Host Training, but soon, this will be the case. For rentals, contact Eike Linkwitz at el@linkwitzlab.com or 415-924-0241.

—Eike Linkwitz

ALPINE LODGE SUNDAY INNKEEPERS

Feb 5	Patricia Calhoon	415-479-3909
Feb 12	Ellen Hoyer	415-479-0259
Feb 19	Trudy Powers	415-564-3398
Feb 26	Joan Stamme	707-795-5945
Mar 5	Ann Wadsworth	415-929-0776
Mar 12	Susan Head	415-331-2598
Mar 19	Hedda Thieme	415-334-3892
Mar 26	Josephine Lean	
	& Trudy Gorak	415-771-2383
Apr 2	Onnie Taylor	415-648-6380
Apr 9	Jeanne Bacon	415-924-2712
Apr 16	Ulla Pettersson	415-821-1858
Apr 23	Jean Marie Campbell	415-776-4422
Apr 30	Caroline Aust	510-923-1262

Inn keepers are needed for May and June. If you are free to spend a Sunday at the Lodge, please give me a call or send an e-mail. Thank you.

—Ulla Pettersson
415-821-1858
ullap@toast.net

“THE GOOD OLD DAYS?”

A letter dated February 2, 1975 from Allen Wright, addressed to Dr. Budd Smith, Harry West and Ralph King regarding Echo Lodge:

Mrs. Vavuris called to say yesterday that there were leaks in the roof in rooms 1 and 6, and that it was so windy that snow was blowing in around the windows in kitchen and men's dorm. Also it was so cold that water was freezing in the toilet tanks even with the fires going.

Some weather! Regards, Allen

— Verna West

ECHO SUMMIT LODGE KEYS

Many recent hosts have had trouble with keys to Echo Lodge, causing much frustration upon arrival! Therefore, we had all locks to the seven doors at Echo Summit Lodge serviced by a locksmith who changed the cylinder combinations and made new keys, which will fit any door. Edie Nelson will be providing these new keys to hosts, as needed. Of course, if anyone currently has a key to Echo Lodge, it is now obsolete and will no longer work. So if you forgot to return a key to Edie, you can now dispose of it appropriately.



January 19, 2006: After a heavy snowfall, Alpine club members watched gratefully as the road to Echo Lodge was finally cleared.

TRAILS

issued monthly by the

California Alpine Club

Founded in 1913 - Incorporated in 1936

P.O. Box 2180

Mill Valley CA 94942-2180

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YOUNG FAMILIES SPRING HIKE - MAY 7

Come explore the wildflowers and spy the birds of Mt. Tamalpais during a 3-4 mile hike led by the new members of the **Ryan/O'Sullivan family**. The hike will leave from Alpine Lodge at 11:00 a.m., so please bring a sack lunch to enjoy along the trail. Afterwards, meet at the Lodge for coffee and an ice-cream treat before heading home. If you are interested in joining the exploration, contact **Joan Ryan** at 415.564.8507 or joanryan@mac.com.

— Joan Ryan

CANOE TRIP TO THE OZARKS - MAY 7-13

Alpine Club canoeists will have a chance to explore two new rivers on May 7-13, 2006. The two rivers are reported to be among the most scenic in the country. According to Life Magazine, "the Jack Fork is one of world's 10 most scenic floating streams." The Jack Fork flows into the Current River, which Alpine paddlers visited three years ago.

Plans are to spend two-three days on the Jack Fork, and then drive to the nearby 11 Point River, which was one of the eight streams initially selected for status as "wild and scenic" when the designation was started back in 1968.

Both of these small rivers meander through the picturesque Ozark hills. There are steep bluffs and huge springs adding to the flow. Readers can check out both streams on the internet.

Camping will be primitive. Some river paddling experience is mandatory. The trip will be limited to 14 participants. If more than 14 apply, a lottery will be held. Cost is expected to be about \$250 per person, exclusive of flights. Paddlers will fly into the St. Louis airport and go to the rivers in rented vans. Round trip air from Oakland is about \$265.

To sign-up, send a deposit of \$50 to Bob Hanson, 2600 Saklan Indian, #3, Walnut Creek 94595. Deposits are refundable in the event you do not get in. The deadline for application is Feb. 15. If you have questions, call Bob at (925) 944-3366.

—Bob Hanson

TRAILS NEWSLETTER ALERT

Please send articles for the **March** issue of **Trails** to editor, **Tom Mahood**, by email to tmahood@callatg.com, 707-538-8288, or 4824 Foxglove Ct, Santa Rosa, CA 95405-7965. **Tom** should receive articles for the **March** issue no later than **February 5th**. Electronic files are greatly appreciated. Please send photos from events labeled for Trails Newsletter (don't write on the back of the photo) via postal mail to Susan Johnson, Definite Impressions, 421 Portal Street, #H, Cotati, CA 94931. Pictures should have the names of the people in the photo, the caption for the photo, and the title of the corresponding article. Please include a stamped addressed envelope, if you want the pictures returned. Email digital pictures to susan@diprinting.com

Editor for the **April** issue of Trails will be **Robert Feist**, at hinano2@msn.com or 415-454-1581. If you would like to assist with the publishing of *Trails*, please contact Carroll Pearson at pearsoncmp@aol.com or via mail to 1069 Rockefeller Drive, Sunnyvale, CA 94087, phone 408-736-9403.

--- Carroll Pearson, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 82

March 2006

No. 2

CAC ANNUAL AWARDS DINNER

Saturday, April 29, 2006

Hey Hikers, it's time to gather for the annual CAC membership meeting and awards dinner. The annual California Alpine Club Membership and Awards Dinner will be held on Saturday, April 29th, at our lovely lodge in the beautiful social hall.

Our No Host Happy Hour will begin right after the meeting. A buffet dinner will be served at 6:30pm. The price for this year's dinner will be \$20 for members and \$25 for associate members and will include appetizers and bottles of red and white wine at each table.

This year we are asking that you choose your entree when you make your reservation. The entree choices are: **Vegetarian Pasta, Pork Roast, or Salmon.** In addition to the entree, salad, rolls and dessert will be served. To reserve your place and select your entree contact **Susan McCarthy** at Sfmcicar@cs.com or 408-293-0891 by April 15th. Mail checks payable to: Susan McCarthy, 1141 Willow Glen Way, San Jose, CA 95125. If you are interested in spending the night, reserve with Susan as well. Overnight and breakfast will be \$19 for members and \$27 for associate members.

Anne Del Monte, our cook for the Annual Membership dinner, is looking for help with room setup, decorations/ table-setting, food preparation, serving, and cleanup. We need four people for each support task. Anne is looking for volunteers to provide hors d'oeuvres. The setup, decorations/ table-setting, and food prep groups will need to report at noon, the serving crew at 5:00pm, and the cleanup crew needs to clear tables and scrape the dishes. We will have a dishwasher. Please choose how you would like to help and email Anne at anne.delmonte@gmail.com by April 15th. Helping at this event will not only be fun, but will reflect your support for the Club's work participation ethic. Make your reservations early!

— Anne Del Monte

CHANGES AT TRAILS

Carroll Pearson will soon be stepping down from her responsibilities as the Publisher of TRAILS in order to serve as Vice President of the CAC.

Carroll has been involved with TRAILS since joining CAC in 2000. She was having trouble scheduling a work party event then and was asked by the President if she would edit an issue of TRAILS to fulfill her work obligation. As Carroll puts it "Sounded easy to me. One led to another..." Soon she was responsible for the publication.

She has worked tirelessly to make the production of TRAILS as simple as possible. It is Carroll who has been largely responsible for finding and coordinating the editors (who she calls "the backbone of the publishing group"), setting publication standards and revising the publishing procedures, plus myriad other details that go into creating your copy of TRAILS ten times a year.

In typical fashion Carroll notes that she "had it easy," building on the work of those before her. "Over the years there have been many dedicated publishers for Trails who did all of the work by themselves. Three come to mind, but I am certain there were many more - **Dee Foote, Jackie Schiedeck and Bev Heywood.** They wrote the articles, collected the schedule data, and did the copy layout. Much harder than what we do now. Bev has been my mentor through the learning process with TRAILS."

We are all very grateful to Carroll for all the work that she has done, including the 5 articles she contributed to this issue!

The new publisher for TRAILS is **Angela** (Angi) **Blackwell**, member since 2004. Contact Angi (415-584-2586, ablackwell@earthlink.net) if you would like to help edit future issues of TRAILS.

— Angela Blackwell & Tom Mahood

DID YOU KNOW...

The first Labor Day weekend after acquiring Echo Summit Lodge 95 people attended a work party there? Besides members of CAC there were members of the TIP TOP CLUB of tall people.

— Ken Wiltz, CAC Pres. 1953

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Susan McCarthy	408-293-0891	sfmccar@cs.com
Vice President	Tony Smith	925-933-2403	joanne-ty@sbcglobal.net
Secretary	Jean Rodgers	415-435-9383	jrodg1218@aol.com
Treasurer	David Ratner	415-924-3043	Dlratner@aol.com
Registrar	David Maier	831-462-2764	dmmaier@pacbell.net

Board of Directors:

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Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
Ernie Pitz	415-383-8143	guidop6@comcast.net
Laurence Kornfield, past-pres.	415-731-2563	laurence@kornfield.org
Eva Libien	415-383-5184	elibien@yahoo.com
Donna Rice	415-453-6087	dndrices@yahoo.com

Committee Chairpersons:

Conservation	Mae Harms	530-333-1058	maeharms@mindspring.com
Finance	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com
Historian	Kay Gillis	415-456-2032	kgillisgarden@aol.com
Membership	Laureen Novak	415-383-1507	lareenie@yahoo.com
Outings	Ros Carol	650-592-9394	RosCarol@aol.com
Publications	Angela Blackwell	415-584-2586	ablackwellca@earthlink.net
Sunshine	Lois Hillman	415-586-6713	
Parliamentarian	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com

Social Activities Vacant

Lodge Trustees

Alpine Chair	Ed Del Monte '07	707-528-7983	edelmonte@delmontecito.com
	Roger Diehnal '07	415-924-5519	rdiehnal@hotmail.com
	Nuala Caulfield '08	415-922-6775	ntcaulfield@msn.com
	Ruth Tretbar '08	510-836-0108	rtretbar@yahoo.com
	Paul McKown '06	415-383-2774	paulmckown@earthlink.net
Alpine Rentals			
Echo Chair	Melanie Facen	415-492-0470	mfacen@aol.com
	John Hannum '06	707-525-8108	jrhanum@aol.com
	Tom Coleman '08	707-769-7801	tomcoleman@sbcglobal.net
	Edie Nelson '08	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '06	415-472-1229	ray@sommerworld.com
	Cindy Toran '07	707-539-4396	toranski@aol.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Chuck Baldwin, Angela Blackwell, Patricia Boyd, Anita Cabrera, Maureen Clark, Robert Feist, Roy Florey, Beverly Heywood, Donald Johns, Tom Mahood, Katherine Parker, Carroll Pearson, Judy Sager and Dan Schoenholz.

Contributors: Angi Blackwell, Ros Carol, Nuala Caulfield, Ann Del Monte, Bob Hanson, Mae Harms, Beverly Heywood, Ernest B. Hook, Eva Libien, Eike Linkwitz, Tom Mahood, Susan McCarthy, Paul McKown, Laureen Novak, Carroll Pearson, Ursula Pedersen, Ulla Pettersson, Renee Powers, Joan Ryan, Cindy Toran, Russ Toran, Susanna Van Leuven, Ken Wiltz

Correspondence: Please address correspondence concerning this publication to Susan McCarthy, 1141 Willow Glen Way, San Jose, CA 95125.

CAC Web Site: <http://calalpine.org>.
See article on page 8 for more information.

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

Rosters and email addresses should be protected from distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE

I just received an e-mail from **Cindy Toran**, Echo Trustee, about the hosting schedule for the Echo Summit Lodge. Cindy coordinates all the Lodge events and since the schedule was booking up rapidly, she wanted to know if **Carroll Pearson** and I would like to reserve a spot for this summer.

Last year Carroll and I tried something new: we organized our hosting period as a Co-op Meal Week. We had heard that some hosts ask guests to cook a meal, and we thought we would experiment and have our whole week done that way. In case any of you might want to consider this approach, let me share our experiences with you.

The biggest concern, and our greatest fear, was that the bottom line would suffer. With each team doing their own planning and shopping for their one breakfast or dinner, it is easy to see how inefficiencies could occur. However, I am very pleased to report that inefficiencies were averted.

Carroll started the steady rounds of e-mails by explaining that we hoped to provide good, nutritious, tasty meals. No one was expected to skimp on his or her meal, but splurging on expensive ingredients was not needed for Echo's casual ambiance. Everyone got it.

We would provide some basic staples—milk, butter, etc., plus all the food for lunch—but they would bring, or buy at Tahoe, whatever they needed.

Guests started to sign up for meals for specific dates, with a description of what they were going to serve (chicken and roasted potatoes for Wednesday), and the remaining guests saw what was being served when, and chose their dates and dishes accordingly. It worked well. Everyone was cooperative and flexible, and a lot of excitement was generated about the food for the week.

We knew that people would provide too much food for their meal (What host wants to run out of food?), and so we planned for a refrigerator round-up breakfast and dinner to use everything up. It became evident by the second or third day that we were overflowing with leftovers. One of the guests was arriving late up at Echo with the food for her team, and so we called her off before she went shopping. Her teammate assessed the food supply, went to the store and did the minor supplementation that was needed, and one more great meal was served at Echo Summit Lodge.

For us, using up leftovers was key to keeping on budget. It might be wise to anticipate that after a couple of days, recycling would be in order.

Guests turned in their receipts to Carroll, which she used for calculating their final bill. The accounting was a bit more complicated for her, but not too bad.

Not only was the week a financial success, but we also noticed that a whole new sense of camaraderie existed. Everyone was more tuned-in to the meal prep and cleanup and acted with more of a vested interest. They wanted to give help because they hoped to receive help. Having everyone cook fostered an upbeat and supportive atmosphere. Guests really seemed to enjoy their turn in the kitchen—even if a bit nervous to follow the excellent meal that preceded theirs.

As hosts, we still had plenty to do. I was almost always in the kitchen and Carroll was usually somewhere between the kitchen and the host's desk.

Would we do it again this same way? Definitely.

— Susan McCarthy

CONSERVATION REPORT

In December, I spent a week in southern Florida. Conservation is alive there. Through a coalition of groups that represents all the interested parties and factions, the Everglades and the coral reefs are being saved even though it is an area of expanding population and growth. Wetlands are being preserved and the river of grass is flourishing again. The recent hurricanes have battered the man-made features, but natural flora and fauna actually benefit from hurricanes. The Biscayne National Park, which is over ninety-five percent water, features coral reefs that in the past have been ravished by fishing equipment. Now that it is protected, they are stabilizing. What is so exciting is the educational work that is being done by rangers and volunteers to make people aware of what a vital part of the ecosystem the Everglades and coral reefs are. They aren't just interesting tourist spots, but an integral part of having clean water and protecting the coastal lands from the invasion of salt water. More and more throughout our country people are realizing that conservation is not just a luxury item if we have extra money, but it is life and death to all of us.

During the past several years, **Laurence Kornfield** and others worked to establish a 503(c)(3) CAC Foundation. The purpose of this is to make the money donated to conservation a charitable donation for tax purposes for those who donated. The CAC Board during this past year has removed its support of the CAC Foundation. Winter is the time that your donations are usually dispersed to conservation groups. At this time this annual dispersion is on hold until the CAC Foundation question is settled.

I have been your Conservation Chair for almost three years. I have enjoyed the work. Through your fund-raisers and donations that we have passed along to groups that are active in conservation activities, I believe we have made a difference. Now it is time for me to join those who think of CAC more as a social club and become more active in these events. Thank you for all you have done for conservation, and for pitching in when I have asked for help.

— Mae Harms
CAC Conservation Chair
CAC Foundation Director



A CELEBRATION OF DICK LIEBES' LIFE ON MARCH 12

Dick Liebes 1914-2006

Friends of Dick and his wife, Brun, will gather at Alpine Lodge on March 12 to share their memories of Dick's many different lives. Some are associates of his life as a labor economist and Research Director with the SEIU, others shared his outdoor life as an avid hiker and backpacker and still others, Israeli dancers, who danced with Dick and Brun for most of their entire lives and became a part of their beloved extended family.

Dick was an avid outdoorsman. He led hikes for the Sierra Club, was a founding member of the Trails Preservation Council, was a member of the Tamalpais Conservation Club and was a long time member and served on the Board of Directors of the Alpine Club.

Hiking friends can join a hike from Alpine Lodge to Mountain Theater at 10am. Hikers will plan to return to the Lodge in time to change clothes and attend the memorial ceremony at 3:30pm. A potluck meal will follow. Potluck dishes can be dropped off at the Lodge before the hike.

Non-hiking friends will be welcome at the Lodge after 12 noon.

If you plan to attend the meal, please call Judy Berger (415) 381-0210 to coordinate the menu.

— Beverly Heywood

MEMBERSHIP REPORT

February 2006

The following applicants are submitted for posting prior to Board acceptance:

Helena Troy – Regular Member
134 El Condor Court, San Rafael, CA 94903
415-492-9576 Email: hmtroy@aol.com
Sponsors: Maureen Smith & Nuala Caulfield

Wendy B. Pohlmann – Regular Member
139 Lawnview Circle, Danville, CA 94526
925-743-3913 Email: wpohlmann@sbcglobal.net
Sponsors: Susan McCarthy & Carroll Pearson

Dart & Esther Cherk – Joint Members
522 Cascade Drive, Mill Valley, CA 94941
415-388-8622
Sponsors: Ruth Tretbar & Donald Rice

Neko Colevins - Regular Member
640 Milwood Avenue, Venice, CA 90291
310-823-8519 Email: nekb1323@comcast.net
Sponsors: Thomas McNicholas & John Hannan

John Woodfill & Karin Myer – Joint Members
301 Bryant Street, Palo Alto, CA 94301
650-324-2066 Email: John@woodfill.com
Sponsors: Eike Linkwitz & Angela Blackwell

Ernest & Noreen Hook – Joint Members
223 Knight Drive, San Rafael, CA 94901
415-459-7741
Sponsors: Nuala Caulfield & Paul McKown

Pascale Leroy Marr – Regular Member
Alexandra Marr – Junior Member
1535 35th Avenue, San Francisco, CA 94122-3118
415-661-8904 Email: pascaleleroy@comcast.net
Sponsors: Eva Libien & Paul McKown

Sonia Bastidas – Regular Member
Brittney Bastidas - Junior Member
110 Buena Vista Avenue, Corte Madera, CA 94925
415-927-7415 Email: sbastidas@giampolini.com
Sponsors: Paul McKown & Eike Linkwitz

Laura Lindskog & Carl Duisberg – Joint Members
8 Tower Drive, Mill Valley, CA 94941
415-381-4185, 415-454-0832
Email: lauralindskog@hotmail.com,
carlduisberg@hotmail.com
Sponsors: Dorothy Lindskog & Paul McKown

Robert Kelly - Regular Member
10 Irene Drive, Novato, CA 94947
415-897-0103
Sponsors: Dorsey McTagart & Ruth Tretbar

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS: **Anita Cabrera & Nicholas Gregoratos, Joyce Rhodes, Alison Pence, Devon Pence, Laura Bacon, Katy Ebbitt, Tommy Ebbitt, Mari G. Paden, Sara Ebadi, Steven Mark Hamilton & Joyce E. Avignon-Hamilton.**

— Laureen Novak, Membership Chair

ALPINE LODGE & UPCOMING CAC EVENTS - ASSOCIATE MEMBERS (formerly Guests) WELCOME

New Associate Member forms now available. To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30am to 4pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in Trails.

MAR 2 THUR MIDWEEK WORK PARTY
9:00am- 2:30pm. Please join us for a hearty lunch as part of the midweek work party. Let Ruth Tretbar know if you are coming, so she can plan for lunch. rtretbar@yahoo.com

MARCH 4-5 SAT-SUN HIKERS' WEEKEND
Happy Hour at 4:30pm. Please bring a simple appetizer to share. Spaghetti or lasagna, salad, and dessert (such as trifle) at 6pm. Members \$8, associates \$11. Overnight at our wonderful Lodge and wake up to a delicious breakfast: members \$19, associates \$27. Contact Nuala Caulfield at 415-922-6775 or email: ntcaulfield@msn.com

MAR 11-12 SAT-SUN MEMBER RENTAL
Erin Neff 415-861-3447
or email: erinneff@sbcglobal.net

MAR 12 SUN A CELEBRATION OF DICK LIEBES' LIFE
See article on page 3.

MAR 15 WED MT. TAM RANGER TRAINING
Jeremy Burns 415-388-3653
12:00 Noon - 6:00pm

MAR 18 SAT MEMBER RENTAL
Debbie Dorosin 415-388-7896

MAR 19 SUN ALPINE TRUSTEES, NOMINATING AND BOARD OF DIRECTORS MEETINGS
Alpine Trustees meet at noon, Nominating Meeting at 1:30pm and the Board of Directors meet at 2pm in the Social Hall. Everyone is welcome.

MAR 19-26 SUN-SAT SPA WEEK
Mary Frey and Helen Alfredson
415-492-2510

MAR 26-31 SUN-FRI SIERRA CLUB RENTAL
"COASTAL MEDLEY" Section II
Mary Jane McKown 415-383-2774

MAR 31 - APR 1 FRI-SAT ALPINE LODGE HOST TRAINING
Fri. 7:00pm Dinner - Sat. 4:00pm. Maximum 15 participants. Register with Trustee Nuala Caulfield 415-922-6775 or e-mail: ntcaulfield@msn.com

APR 1-2 SAT-SUN HIKERS' WEEKEND
See March 4-5 entry for details.

APRIL 2-8 SUN-SAT SIERRA CLUB RENTAL, "COASTAL MEDLEY"
Mary Jane McKown 415-383-2774

APR 9 SUN 2PM A ROMP AROUND ENGLAND, FROM THE MOUNTAINS TO THE SEA
Susanna Van Leuven 415-302-4603
See article on page 8.

APR 13 THUR MIDWEEK WORK PARTY
9:00am - 2:30pm. Nuala Caulfield e-mail: ntcaulfield@msn.com

APR 13-16 THUR-SUN NON-MEMBER RENTAL
Starts after 4:00pm

APR 21-23 FRI - SUN MEMBER RENTAL
Janet Mullin 415-924-2627

APR 26-28 WED-FRI MEMBER RENTAL
Bill & Lynn Edmonds 805-524-4839

APR 29 SAT ALPINE TRUSTEES BOARD OF DIRECTORS ANNUAL MEETING AND AWARDS DINNER
The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2pm, followed by the Annual Membership meeting at 3pm. Happy hour, dinner prepared by Anne Del Monte, and awards ceremony will follow. Please see article on page 1.

APR 30 SUN SUNDAY WORK PARTY
9:00am-2:30pm Coordinator needed. Please contact a trustee.

MAY 1-3 MON-WED MEMBER RENTAL
Jeanne Bacon 415-924-2712

MAY 4 THUR MIDWEEK WORK PARTY
9:00am-2:30pm. Coordinator needed. Please contact a trustee.

MAY 5-7 FRI-SUN SIERRA CLUB RENTAL
Aurora Roberts 730-530-9392

MAY 7 SUN SPECIAL GOURMET MEAL
Hikers and non-hikers are invited to an early sumptuous meal at 3:30pm to make amends for the canceled Hikers' weekend. Reservations and checks to Eike Linkwitz, 15 Prospect Lane, Corte Madera, CA 94925. Members: \$12, Assoc. Members: \$15
el@linkwitzlab.com, phone 415-924-0241

MAY 7 SUN YOUNG FAMILIES HIKE
Please read article on page 10.

May 7-13 SUN-SAT OZARKS CANOE TRIP
Coordinator: Bob Hanson 925-944-3366
doctoroutdoors@comcast.net.

MAY 12-14 FRI-SUN MEMBER RENTAL
Ros Carol 650-592-9394

MAY 18 THUR MARIN WATER DISTRICT EDUCATION TOUR
Ros Carol 650-592-9394
See article on page 8

MAY 19-20 FRI-SAT NON-MEMBER RENTAL
10:00am - 10:00am

MAY 21 SUN ALPINE TRUSTEES BOARD OF DIRECTORS MEETING
Alpine Trustees meet at noon and the Board of Directors meet at 2pm in the Social Hall. Everyone is welcome.

MAY 27-28 SAT-SUN NON-MEMBER RENTAL

JUNE 1 THUR MIDWEEK WORK PARTY
9:00am-2:30pm. Nuala Caulfield e-mail: ntcaulfield@msn.com

JUN 3-4 SAT-SUN HIKERS' WEEKEND
See March 4-5 entry for details.

JUNE 4 SUN NEW MEMBER SUPPER
Laureen Novak 415-383-1507
Lareenie@yahoo.com

JUNE 5-9 SUN-FRI MEMBER RENTAL
Dorothy Aksamit 415-331-5958

JUNE 10-11 SAT-SUN MEMBERS' MT. PLAY OVERNIGHT
Hosts needed. Contact Eike Linkwitz
415-924-0241 or email el@linkwitzlab.com

JUNE 13-16 TUE-FRI "SOLO SIERRANS" MEMBER RENTAL
Sue Barnard 510-524-1090
barnard56@hotmail.com

JUNE 17-18 SAT-SUN MEMBERS' MT. PLAY OVERNIGHT
Host(s) needed. Contact Eike Linkwitz
415-924-0241 or e-mail: el@linkwitzlab.com

JUNE 18 SUN ALPINE TRUSTEES BOARD OF DIRECTORS MEETING
Alpine Trustees meet at noon and the Board of Directors meet at 2pm on the deck or in the Tam Building. Everyone is welcome.

JUNE 18 SUN MOUNTAIN PLAY CAST PARTY
2:00pm - 10:00pm

JUN 23 FRI MEMBER RENTAL
Mary Jane McKown 415-383-2774

JUNE 25-JUL 1 SUN-SAT SIERRA CLUB RENTAL
Paul McKown 415-383-2774

JULY 1-2 SAT-SUN HIKERS' WEEKEND
See Mar 4-5 entry for details.

JULY 6 THUR MIDWEEK WORK PARTY
9:00am-2:30pm. Ernie Pitz e-mail:
guidop6@comcast.net

**JULY 8-9 SAT-SUN HIKING,
WILDFLOWERS AND BOATING
IN THE GOLD COUNTRY**

Stay in condos at Murphy's
Mark Korte 916-956-9850

JULY 11-14 TUES-FRI MEMBER RENTAL
Rossmore hikers. Nell Fraser 925-934-9039

**JULY 16 SUN ALPINE TRUSTEES
BOARD OF DIRECTORS QUARTERLY
MEMBERSHIP MEETING/DINNER**

The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2:00pm, followed by the Quarterly Membership meeting at 3:00pm. Happy hour and dinner will follow. Watch for the details in upcoming TRAILS.

**JULY 21-25 FRI-TUE LAMA TRIP TO
BASE CAMP IN MARBLE
MOUNTAINS BY YREKA**
Tom McNicholas 707-254-9953

**JUL 31-AUG 4 MON-FRI BASE CAMP
MCGEE CREEK NEAR BISHOP**
Bob Hanson 925-944-3366
See article on page 9

AUG 5-6 SAT-SUN HIKERS' WEEKEND
See March 4-5 entry for details.

**AUG 18-20 FRI-SUN NON-MEMBER
RENTAL**

**AUG 25-27 FRI-SUN NON-MEMBER
WEDDING**

**SEPT 1-4 FRI-MON LABOR DAY
CAC FAMILY CAMP**
See article on page 9 for details.

SEPT 2-3 SUN-SUN HIKERS' WEEKEND
See March 4-5 entry for details.

SEPT 3-10 SUN-SUN BED @ BREAKFAST
with "Berkeley Folk Dancers" on Saturday
Mary Frey 415-492-2510

SEPT 4 MON BOARD OF DIRECTORS
The Board of Directors will meet Monday at the Annual Outing.

**SEPT 8-10 FRI-SAT CAR CAMPING LEE
VINING**
Tony Smith & Ann Meneguzzi 925-933-2403

SEPT 22-24 ASHLAND PLAYS
Ruth Tretbar 510-836-0108

ALPINE LODGE RENTAL COORDINATORS

The Alpine Lodge Trustees are actively looking for a rental coordination team to handle the various responsibilities. After years of dedicated service, **Eike Linkwitz** will no longer be handling Alpine Lodge rentals. The Alpine Trustees are dividing this huge job of member and non-member rentals into smaller components. Consequently, they are seeking committed member volunteers to participate in carrying out these tasks. If you are interested, please contact me at paulmckown@earthlink.net or phone at 415-383-2774. I'll send you a description of the responsibilities involved.

—Paul McKown

ABOUT RENTING THE ALPINE LODGE

Members may rent the Alpine Lodge any time, unless the Club has scheduled an event. It is not mandatory yet to have gone through the full Host Training, but soon, this will be the case. For rentals, contact **Nuala Caulfield** at 415-381-4975.

—Tom Mahood

ALPINE LODGE HOST TRAINING

Friday March 31 to April 1, 2006

If you wish to host a member rental or an open club event, we ask that, in order to become well acquainted with the infrastructure of our Mother Lodge, you attend host training. This consists of a walking tour through the premises, learning where to turn water on and off, how to operate the gas-lit fireplace, the sterilizer in the kitchen, and much more. You'll learn how to set up for small, medium, and large events, and how to complete the necessary forms. We'll also guide you through the Host Manual. If past experience is anything to go by, this training will also involve the exchange of information, participants' ideas and a rich exchange of experiences.

Host Training will begin with dinner on Friday at 7:00 p.m. and end on Saturday at 4:00 p.m. and is limited to 15 people. There is no cost to attendees, except \$5.00 for the Manual. Please contact me at 415-922-6775 or email ntcaulfield@msn.com.

—Nuala Caulfield

FEBRUARY 2ND'S SUCCESSFUL WORK PARTY!

Wow! What support! Thirty volunteers turned out. Not bad for a mid-week work party! Much was accomplished inside and out. All attendees and all that was done would take a full page to list, so here are some highlights: **Roger Diehnel** and his able crew removed labels from our 20 new tables and assembled the new carts to hold them. **Donna Rice** coaxed her group into heavy duty weed pulling in a drizzle. **Nuala Caulfield** supervised a major cleaning effort in both buildings. **Ed Del Monte** and his helper reinforced the rafters on the west side of the building. **Ruth Tretbar** and her kitchen wizards provided a fantastic lasagna lunch for all. Thank you prospective members: **Michelle Morgan, Joe Oh, Pascale Leroy, Noreen & Ernie Hook, Sonia Bastidas, Jock & Pauline MacDonald, Carl Duisberg and Randall McKinney** for your willingness to learn the "ropes" of Alpine Lodge. And thanks to everyone there for your hard work. This kind of voluntary effort keeps the Alpine Lodge in top condition for everyone's use and enjoyment!

—Paul McKown

CHESS PLAYERS

If chess player members are interested in possible events, or arranging single games with other chess player members, please call **Ernie Hook** at 415-459-7741 or, better yet, send email to ebhook@socrates.berkeley.edu, using "Alpine Trails Chess" as the "Subject".

—Ernest B. Hook

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sun, Mar 19, 2006	Nomination Meeting at 1:30 pm Board of Directors Meeting at 2 pm
Sat, Apr 29, 2006	Board of Directors Meeting at 2 pm Annual Meeting at 3 pm & Awards Dinner
Sun, May 21, 2006	Board of Directors Meeting at 2 pm
Sun, Jun 18, 2006	Board of Directors Meeting at 2 pm
Sun, July 16, 2006	Board of Directors Meeting at 2 pm Quarterly Membership Meeting at 3 pm Dinner to follow
Mon, Sept 4, 2006	Board of Directors meeting at the Annual Outing

If you have any questions, just call 408-293-0891 or e-mail at sfmccar@cs.com. Members are welcome at Board meetings. Thank you!

—Susan McCarthy, President

ALPINE HIKE LEADER SCHEDULE

OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND

SATURDAY	MARCH 4	10:00 a.m.	Marion Hazzard	415-661-6876	2B
SUNDAY	MARCH 5	10:00 a.m.	Marshall Lyons	415-302-0333	2B Co-Listed w/Sierra Club
		10:00 a.m.	Anne Allio	650-583-1543	1A
SUNDAY	MARCH 12	10:00 a.m.	Eva Libien	415-383-5184	2B Co-Listed w/Sierra Club/ Berkeley Hiking Club
SUNDAY	MARCH 19	10:00 a.m.	Jack Leibman	415-674-4370	2B Co-Listed w/Sierra Club
SUNDAY	MARCH 26	10:00 a.m.	Rosemary Trowsdale	415-775-3296	2B

HIKERS' WEEKEND

SATURDAY	APRIL 1	10:00 a.m.	Bonnie Radest	415-897-0227	2B
SUNDAY	APRIL 2	10:00 a.m.	Hardy Dawainis	415-461-4431	2B
		10:00 a.m.	Pat McVay	415-388-0880	1A
SUNDAY	APRIL 9	10:00 a.m.	Ernie Pitz	415-383-8143	2B
SUNDAY	APRIL 16	10:00 a.m.	David Ratner	415- 924-3043	2B
SUNDAY	APRIL 23	10:00 a.m.	Paul McKown	415-383-2774	2B
SUNDAY	APRIL 30	10:00 a.m.	Bob Smith	510-841-0402	2B Co-Listed w/Sierra Club

IMPORTANT! RAIN CANCELS

(exception March 5)

1A HIKES (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN.)

LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN)

LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

Hikes may carpool from meeting place to other trail heads. All participants should have some previous hiking experience.

YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator - Eva Libien 415/383-5184 or elibien@yahoo.com.

Hikers' Weekends: For supper or overnight arrangements, contact Nuala Caulfield by Wednesday at 415-922-6775 or email at: ntcaulfield@msn.com.

A NOTE TO ALL SUNDAY HIKERS

When the Alpine Lodge is rented until Sunday morning at 10am, please be kind enough to respect the renter's privacy. It has happened, that hikers arrived by 8am to prepare coffee, while the private rental people fixed their last meal. Whenever you have a private rental, we will guard your privacy as well. Thank you for your consideration!

—Eike Linkwitz

ALPINE LODGE SUNDAY INNKEEPERS

Mar 5	Ann Wadsworth	415-929-0776
Mar 12	Susan Head	415-331-2598
Mar 19	Hedda Thieme	415-334-3892
Mar 26	Josephine Leen & Trudy Gorak	415-771-2383
Apr 2	Onnie Taylor	415-648-6380
Apr 9	Jeanne Bacon	415-924-2712
Apr 16	Ulla Pettersson	415-821-1858
Apr 23	Jean Marie Campbell	415-776-4422
Apr 30	Caroline Aust	510-923-1262
May 7	Nancy Waldeck	415-552-5836
May 14	Melanie Facen	415-492-0470
May 21	Ruth Tretbar	510-836-0108
May 28	Iris Skates	925-934-4952

Inn keepers are needed for June and July. If you are free to spend a Sunday at the Lodge, please give me a call or send an e-mail. Thank you.

-Ulla Pettersson
415-821-1858
ullap@toast.net

ECHO LODGE HOST SCHEDULE

Phone **Cindy Toran** 707-539-4396
anytime until 9:30 PM or e-mail to
toranski@aol.com
Echo Lodge Telephone: 530-659-7274

There is still plenty of winter left in the Sierras, and Echo Lodge has many hosted events scheduled. Enjoy our mountain retreat before the spring thaw—contact the host(s), and head on up for some late winter fun!

Summer/Fall Hosts and Hosts-in-Training: I still have openings for Summer and Fall of 2006 (July-Dec). If you would like to host a session, please contact me by e-mail or telephone. Host Appreciation and Training is scheduled for May 12-14 for anyone who wants to learn the art of hosting or for veterans to get a refresher on the latest changes at Echo while enjoying a leisurely weekend. Contact me to sign up.

The next **Echo Lodge Trustees'** Meeting will be held Saturday, March 18th, 10 AM, at Ray Sommer's home. Contact Ray at 415-472-1229 if you would like to attend.

— Cindy Toran

MAR 2-5 THUR-SUN
Kathy & Bill Faherty 707-539-7081
5420 Gates Rd, Santa Rosa, CA 95404
faherty@sonic.net

MAR 5-9 SUN- THURS
John & Marilyn Hannum 707-525-8108
2309 Avenida de Las Brisas, Santa Rosa, CA 95405
JRHannum@aol.com

MAR 9-12 THUR-SUN
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd., Santa Rosa, CA 95404
cransac@sonic.net

MAR 12-16 (SUN-THURS)
Edna Trimm & Larry Ridgel 415-332-3867
241 Glen Dr, Sausalito, CA 94964
ednatrimm@aol.com

MAR 16-19 THUR-SUN **YOUNG FAMILIES SNOWMAN WEEKEND**
Eike & Siegfried Linkwitz 415-924-0241
15 Prospect Ln, Corte Madera, CA 94925
el@linkwitzlab.com

MAR 19-22 SUN-WED **AVAILABLE FOR TRAINED HOSTS**

MAR 22-26 WED-SUN
Karen & Jerry Wagner 707-528-8197

2622 Wawona Dr., Santa Rosa, CA 95405
karwag@sonic.net

MAR 26-31 SUN-FRI **AVAILABLE FOR TRAINED HOSTS**

MAR 31- APR 2 FRI-SUN
Tom & Carol Coleman 707-769-7801
1216 Kathleen Way, Petaluma, CA 94952
tomcoleman@sbcglobal.net

APR 10-14 MON-FRI **MEMBER RENTAL**
Laurence Kornfield 415-791-2563

APR 21-23 FRI-SUN **ECHO ANGELS WEEKEND**

Hosted by Echo Trustees for infrastructure orientation and planning.

APR 28-30 FRI-SUN **MEMBER RENTAL**
Tom & Carol Coleman 707-769-7801

MAY 5-7 FRI-SUN **MEMBER RENTAL**
Tom McNicholas 707-254-9953

MAY 12-14 FRI-SUN **SPRING HOST APPRECIATION & TRAINING**
Contact Cindy Toran for reservations
toranski@aol.com 707-539-4396

MAY 19-21 FRI-SUN **MEMBER RENTAL**
Lynn Garric & Larry Langbehn 707-539-2078

MAY 24-30 WED-TUES **SPRING WORK PARTY**
Tom Coleman 707-769-7801
tomcoleman@sbcglobal.net

JUN 8-11 THUR-SUN **ECHO CONSERVATION BENEFIT & BIRDING IN THE TAHOE REGION**
Karen & Jerry Wagner (Birding) 707-528-8197
& Paul & Cici Mattiuzzi (Conservation)
Karen and Jerry Wagner: 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

JUN 15-18 THUR-SUN **MEMBER RENTAL**
Mary & Roger Rigney 916-985-7351

JUN 18-JUL 2 SUN-SUN **SPA WEEKS**
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

JUL 2-7 SUN-FRI
Mary Ellen Yates & Juli Bradsher 707-251-0900
10 Palomino Cir, Novato, CA 94947
meyates@comcast.net

JUL 7-9 FRI-SUN **TRAIL CLEARING WEEKEND**

CAC values our relationship with USFS, and this event demonstrates that we support

their efforts to provide outdoor recreational opportunities, especially for hikers. Join Tom Coleman, other CAC members, and park staff in this satisfying outdoor work weekend when we help maintain trails in the Echo Lakes area! Call or e-mail Tom for more information and to sign up. 707-769-7801
tomcoleman@sbcglobal.net

JUL 9-14 SUN-FRI **HIKERS' WEEK**
Ursula Pedersen & Ruth Tretbar 415-479-0343
159 Golden Hinde Blvd.
San Rafael, CA 94903
ursulole@sbcglobal.net

JUL 14-23 FRI-SUN **AVAILABLE FOR TRAINED HOSTS**

JUL 23-30 SUN-SUN
Kathy & Bill Faherty 707-539-7081
5420 Gates Rd, Santa Rosa, CA 95404
e-mail: faherty@sonic.net

JUL 30-AUG 3 SUN-THUR
Barbara & Keith Crockett 650-365-6280
859 Chesterton Ave, Redwood City, CA 94061
e-mail: kc9erfan@sbcglobal.net

AUG 3-6 THURS-SUN
Ed & Anne Delmonte 707-528-7983
& Monika Balsamo
2645 Knob Hill Dr, Santa Rosa, CA 95404
anne.delmonte@gmail.com

AUG 6-11 SUN-FRI **COOP MEAL WEEK – Limit 24**
Susan McCarthy & Carroll Pearson 408-736-9403
1069 Rockefeller Dr, Sunnyvale, CA 94087
pearsoncmp@aol.com

AUG 11-16 FRI-WED
Lillian Young & Wayne Koerting 650-588-5689
3650 Sneath Lane, San Bruno, CA 94066

AUG 16-20 WED-SUN
Eike & Siegfried Linkwitz 415-924-0241
15 Prospect Ln, Corte Madera, CA 94925
el@linkwitzlab.com

AUG 20-24 SUN-THURS
Beverly Kern & Jerry Rosenberg 415-381-4931
139K Seminary Dr, Mill Valley, CA 94941

AUG 24-28 THURS-MON **ECHO LAKES TEEN WEEKEND**
Pat Anderson 510-649-8537
3026 Benvenue Ave, Berkeley, CA 94705
patinegypt@yahoo.com
Come and enjoy the mountains and other teen members of the CAC. Parents, you are invited too! Kids must be at least middle school age.

AUG 28-SEP 6 **AVAILABLE FOR TRAINED HOSTS**

A ROMP ACROSS ENGLAND: FROM THE MOUNTAINS TO THE SEA

Slide show, April 9, 2006

Join us on Sunday April 9 at 2:00 pm as we show slides and discuss our hiking trip in England.

In England's Lake District, we climbed Red Pike, coming down on sliding scree on an impossibly steep slope, making it a two-pint day. We hiked around Keswick to Buttermere, a hidden hamlet. Hear more about our adventures as we take you over the pass to Grasmere, where the climbing led into bogs, leaving us in the fog unable to find our way, but lucky enough to find a grandfather and grandson who led us out.

After the Lake District, we headed across England to hike the Cleveland Way. We walked up on Sutton Bank with 100 mile views, across the top of the Cleveland Hills, stopping in Osmotherley, Malk Kiln House in Urra Moor, then hiked along an old railroad bed to the tiny hamlet of Kildale, with a shop where they served tea and cakes in a cosy place that was half underground.

At Saltburn-by-the-Sea we hiked miles along the cliff edge, though the five hundred foot drop off gave us pause from time to time. We explored Staithes, a town cut into the cliff, then meandered down to Scarborough and then onto Filey into a driving rain. Luckily we had reservations at Humnaby and spent the evening in an old manor house, resplendent with flowers, with a good pub and fine food, reminiscent of the best BBC English interiors.

It was a wonderful trip with lots of adventures. Join us to hear more. Please call ahead to confirm, so that we can provide enough tea and cookies. Cell phone: 415-302-4603, or email me at bailey54@earthlink.net.

— Susanna Van Leuven

CAC WEB SITE AVAILABLE

Our CAC web site, calalpine.org, is back up and running. Those of you with email addresses in our CAC database have been sent a note with the user name and password information. If you need this information, please send an email to **Carroll Pearson**, pearsoncmp@aol.com or call Carroll at 408-736-9403. You can access the Internet from most public libraries without having your own personal computer. Library personnel will teach you how to do this.

The site, designed and implemented by member, **James Higgins**, contains TRAILS, various documents, and lists. If you have something you would like to post or edit on the site or have comments, contact **Carroll Pearson**.

We want to give special thanks to **James Higgins**, a relatively new member, for his great web design and implementation.

— Carroll Pearson, Web Publications

NOW AVAILABLE: CAC LOGO T-SHIRTS, POLO & SWEATSHIRTS!

Attractive light grey with CAC logo on front. Adult and youth sizes in small, medium, large and extra large. Excellent quality, very soft material and sweatshirts are warm and fleecy. For more information, contact Renee Powers at (415) 648-4940 or e-mail reneespowers@comcast.net.

— Renee Powers

FAMILY FUN AT ECHO - JANUARY 2006



From left to right - Dan Schoenholz, Aidan O'Sullivan, Colin Flathery and John O'Sullivan

It all began in August of 2005. **Cindy Toran** decided to host a week in January 2006 for the membership of CAC and hopefully enjoy some winter sports. When the schedule came out in Trails indicating that Cindy was hosting, e-mails started arriving right away. By the end of the month Cindy had 32 people reserved and others on a waiting list. When the final count was tallied it was comprised of 18 adults and 15 children ages 8 months to 15 years old. Cindy wondered, "Why so many children?" The answer was not far behind as Cindy discovered in a conversation with one of the prospective attendees that Eike was responsible. Eike's Young Family weeks have become so popular that she could not handle all the people who wanted to come. So when members called to attend Eike's family week and she was full, she advised folks to try **Cindy Toran** as she is "Kid Friendly".

It was a lively and fun packed weekend for all with the children pitching in to help (see picture above). What great teamwork! Some of the parents and children had been up to the lodge with Eike and were very well trained, as we all know Eike and Siegfried run a tight ship. The snow was superb and we had an enthusiastic group of parents who built excellent sled and toboggan runs. So as the cooks worked in the kitchen we could glance out the windows on a Norman Rockwell-like scene of the happy children sliding down the hill in the powdery snow on their saucers and toboggans. And after a hearty dinner, the children took their turn at chores—some even joining the dishwashing crew. I believe a good time was had by all!

— Russ Toran

WATER DISTRICT EDUCATIONAL TOUR

Thursday, May 18

Join **Ros Carol** for a tour of the Marin Municipal Water District, visiting little known areas. Start at the Fairfax parkade at 10 o'clock and ride in water district vans to Shafter Bridge where a fisheries biologist will tell us about riparian areas and the fish management program. Go to Peter's Dam to view some damage from this winter. Get an overview of the various reservoirs, and a perspective on watershed management. Limit of 18. RosCarol@aol.com or 650-592-9394.

— Ros Carol

BASE CAMP TRIP PLANNED

For the eleventh straight year, **Bob Hanson** will lead a mule supported base camp trip into the Sierras. This year's dates are July 31 to August 4. The destination is McGee Creek Basin, near Mammoth Lakes.

Members hike in with day packs, while the mules do the heavy lifting. Then come great meals, singing around the campfire and day hikes to some of the many lakes and peaks in the area. Some folks fish, some spend quiet days in the camp site reading a book, others may bag a nearby peak. Dinners are preceded by the traditional happy hour, featuring traditional box wine.

The hike in is only about four miles, with perhaps a thousand foot elevation gain. The trip will be limited to 12 participants. Cost is \$200 per person, which will cover the packer, permits, food and packer tips.

If interested, send a \$50 deposit to Bob at 2600 Saklan Indian, #3, Walnut Creek 94595. If you have questions, e-mail Bob at doctoroutdoors@comcast.net or call (925) 944-3366.

— Bob Hanson

LABOR DAY CAC FAMILY CAMP

Save the dates for the annual CAC family camp – September 1-4. We will be gathering at the Salvation Army Camp Del Oro, near Lake Vera several miles outside of Nevada City, CA, for great family fun. Bring children and grandchildren or just come to enjoy. Activities include swimming in the lovely pool and in the lake, boating (with no charge for the equipment), hiking, tours, climbing wall, a campfire program, band and dancing, and wonderful food. Cabins, lean-to structures, tent sites, and RV sites are available.

Susan McCarthy and **Carroll Pearson** are coordinating the outing this year. Contact Susan at sfmccar@cs.com, 408-293-0891 or Carroll at pearsoncmp@aol.com, 408-736-9403, to help with planning and activities. We need qualified people to supervise the swimming, archery and wall climbing activities. Watch Trails for more details.

— Susan and Carroll

NEW BOARD OF DIRECTORS PROTOCOL

To facilitate information sharing and expedite the CAC Board of Directors meetings, please submit reports to board president, **Susan McCarthy** via email at sfmccar@cs.com or mail them to Susan at 1141 Willow Glen Way, San Jose, CA 95125. Reports should be submitted at least one week prior to the meeting. If you have an issue to discuss with the board and written material can be shared, please do so as well.

— Susan McCarthy

FREE CHAIRS!

The Board of Trustees just completed purchasing 100 new folding chairs for the Social Hall to replace our aging fleet. We are anxious to free space to accommodate the new chairs. We will keep some of the older chairs for other uses, but we would like to offer the surplus chairs to our members. The chairs are free, and of course, any donation will be appreciated. Please contact **Ed Del Monte** at 707-528-7983, or edelmonte@delmontecito.com for more details before March 10th.

— Paul McKown

CAC NOMINATIONS FOR LEADERSHIP POSITIONS: APRIL 2006 – MARCH 2007

The Nominating Committee will nominate the following at the March 20, 2006, Nominations Meeting, 1:30pm at the Alpine Lodge. If there are nominations for any of the positions, but especially our vacancies, please contact a committee member. Nominations will be taken from the floor. Changes are in bold.

CAC BOARD OFFICERS

President	Tony Smith
Vice-President	Carroll Pearson
Secretary	Jean Rodgers
Treasurer	David Ratner
Registrar	David Maier

CAC BOARD MEMBERS

John Hannan
Eva Libien
Ernie Pitz
Susan McCarthy – **Past President - Automatic**
Ann Meneguzzi
Need Nomination to replace Donna Rice

COMMITTEE CHAIRPERSONS

Conservation	Need Replacement for Mae Harms
Finance	Jean Findlay
Historian	Kay Gillis
Membership	Laureen Novak
Outings	Ros Carol
Publications	Angela Blackwell
Sunshine	Lois Hillman Yes, but would like a replacement.
Parliamentarian	Jean Findlay
Social Activities	CAC BoD with Susan McCarthy as Chairperson

ALPINE LODGE TRUSTEES

Ed Del Monte	'08	Trustee Chairperson
Roger Diehnell	'07	
Nuala Caulfield	'07	
Ruth Tretbar	'08	
Paul McKown	'09	

ECHO LODGE TRUSTEES

Jim Nixon	'09
Tom Coleman	'08
Edie Nelson	'08
Ray Sommer	'09
Cindy Toran	'07

The following are members of the Nominating Committee:

John Hannum	707-525-8108	jrhannum@aol.com
Bob Hanson	925-944-3366	doctoroutdoors@comcast.net
Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Ernie Pitz	415-383-8143	guidop6@comcast.net
Donna Rice	415-453-6087	dndrices@yahoo.com

— Nominating Committee

TRAILS
issued monthly by the
California Alpine Club
Founded in 1913 - Incorporated in 1936
P.O. Box 2180
Mill Valley CA 94942-2180

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YOUNG FAMILIES SPRING HIKE - MAY 7

Come explore the wildflowers and spy the birds of Mt. Tamalpais during a 3-4 mile hike led by the new members of the **Ryan/O'Sullivan family**. The hike will leave from Alpine Lodge at 11:00 a.m., so please bring a sack lunch to enjoy along the trail. Afterwards, meet at the Lodge for coffee and an ice-cream treat before heading home. If you are interested in joining the exploration, contact **Joan Ryan** at 415.564.8507 or joanryan@mac.com.

— Joan Ryan



Echo Summit Lodge, January 19th after a snow storm

TRAILS NEWSLETTER ALERT

Please send articles for the **April** issue of *Trails* to editor, **Robert Feist**, by email to hinano2@msn.com, 415-454-1581, or 1317 Lincoln Avenue, #11, San Rafael, CA 94901-2129. Robert should receive articles for the April issue no later than **March 5th**. Electronic files are greatly appreciated. Please send photos from events labeled for Trails Newsletter (don't write on the back of the photo) via postal mail to Definite Impressions, c/o Susan Johnson, 421 Portal Street, #H, Cotati, CA 94931. Pictures should have the names of the people in the photo, the caption for the photo, and the title of the corresponding article. Please include a stamped addressed envelope, if you want the pictures returned. Check with Susan for digital pictures.

Editor for the May issue of Trails will be **Anita Cabrera**, at aa_cabrera@msn.com or 415-206-9152. If you would like to assist with the publishing of Trails, please contact **Angela Blackwell** at ablackwellca@earthlink.net or via mail to 234 Lisbon Street, San Francisco, CA 94112, phone 415-584-2586.

—Angela Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 82

April 2006

No. 3

CAC ANNUAL AWARDS DINNER

Saturday, April 29

Hey Hikers, it's time to gather for the annual CAC Membership meeting and Awards dinner. This event will be held on Saturday, April 29th, at our lovely Lodge in the beautiful social hall.

Our "No Host Happy Hour" will begin right after the meeting. A buffet dinner will be served at 6:30pm. The price for this year's dinner will be \$20 for members and \$25 for associate members and will include appetizers and bottles of red and white wine at each table.

This year we are asking that you choose your entree when you make your reservation. The entree choices are: Vegetarian Pasta, Pork Roast or Salmon. In addition to the entree, salad, rolls and dessert will be served. To reserve your place and select your entree, contact **Susan McCarthy** at Sfmccar@cs.com or 408-293-0891 by April 15th. Mail checks payable to: Susan McCarthy, 1141 Willow Glen Way, San Jose, CA 95125. If you are interested in spending the night, reserve with Susan as well. Overnight and breakfast will be \$19 for members and \$27 for associate members.

Anne Del Monte, our cook for the Annual Membership dinner, is looking for help with room setup, decorations/table-setting, food preparation, serving, and cleanup. We need four people for each support task. Anne is looking for volunteers to provide hors d'oeuvres. The setup, decorations/table-setting, and food prep groups will need to report at noon, the serving crew at 5pm, and the cleanup crew needs to clear tables and scrape the dishes. We will have a dishwasher. Please choose how you would like to help and email **Anne** at anne.delmonte@gmail.com by April 15th. Helping at this event will not only be fun, but will reflect your support for the Club's work participation ethic. Make your reservations early!

— Anne Del Monte

WATER CONTAMINATION REPORTED

Dateline: April 1, 2006, Echo Summit

Echo Trustees today disclosed that the water supply to the Lodge has been contaminated by a mysterious virus. This "bug" may have infected the central nervous system of anyone who has ingested the water over the past three years. It can be de-activated only by participation in work-fellowship therapies at Echo. Failure to receive such therapy will induce your decline into "Beckmann's Alienation Phenomenon" (see President's Message in February TRAILS) -- you have lost touch ... cannot find turnoff from Highway 50 ... will be stuck forever in Stateline traffic ... and worse...).

The next opportunity for work-fellowship therapy is May 24-30. Contact **Tom Coleman** at tomcoleman@sbcglobal.net or phone him at 707-769-7801 for your appointment.

— JR ("sweaty") Hannum

YOUNG FAMILIES SPRING HIKE

Sunday, May 7

Come explore the wildflowers and spy the birds of Mt. Tamalpais during a 3-4 mile hike led by the new members of the **Ryan/O'Sullivan family**. The hike will leave from Alpine Lodge at 11am, so please bring a sack lunch to enjoy along the trail. Afterwards, meet at the Lodge for coffee and an ice-cream treat before heading home. If you are interested in joining the exploration, contact **Joan Ryan** at 415-564-8507 or joanryan@mac.com.

— Joan Ryan

WATER DISTRICT EDUCATIONAL TOUR

Thursday, May 18

Join **Ros Carol** for a tour of the Marin Municipal Water District, visiting little known areas. Start at the Fairfax Parkade at 10am and ride in water district vans to Shafter Bridge where a fisheries biologist will tell us about riparian areas and the fish management program. Go to Peter's Dam to view some damage from this winter. Get an overview of the various reservoirs and a perspective on watershed management. No hiking. Limit of 18. Call 650-592-9394 or email RosCarol@aol.com.

— Ros Carol

Trails Editor ~ Robert Feist

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Vice President	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Secretary	Jean Rodgers	415-435-9383	jrodg1218@aol.com
Treasurer	David Ratner	415-924-3043	DLratner@aol.com
Registrar	David Maier	831-462-2764	dmmaier@pacbell.net

Board of Directors:

John Hannan	510-527-6709	JHa8361816@aol.com
Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
Ernie Pitz	415-383-8143	guidop6@comcast.net
Susan McCarthy, past pres.	408-293-0891	sfmccar@cs.com
Eva Libien	415-383-5184	elibien@yahoo.com
<Vacant Position>		

Committee Chairpersons:

Conservation	Jay Hallberg	415-383-1507	lareenie@yahoo.com
Finance	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com
Historian	Kay Gillis	415-456-2032	kgillisgarden@aol.com
Membership	Laureen Novak	415-383-1507	lareenie@yahoo.com
Outings	Ros Carol	650-592-9394	RosCarol@aol.com
Publications	Angela Blackwell	415-584-2586	ablackwellca@earthlink.net
Sunshine	Lois Hillman	415-586-6713	
Social Activities	Susan McCarthy	408-293-0891	sfmccar@cs.com
Parliamentarian	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com

Lodge Trustees

Alpine Chair	Ed Del Monte '07	707-528-7983	edelmonte@delmontecito.com
	Roger Diehnell '07	415-924-5519	rdiehnell@hotmail.com
	Nuala Caulfield '07	415-922-6775	ntcaulfield@msn.com
	Ruth Tretbar '08	510-836-0108	rtretbar@yahoo.com
	Paul McKown '09	415-383-2774	paulmckown@earthlink.net
Alpine Rentals			
Treasurer	Melanie Facen	415-492-0470	mfacen@aol.com
Echo Chair	John Hannum '06	707-525-8108	jrhanum@aol.com
	Tom Coleman '08	707-769-7801	tomcoleman@sbcglobal.net
	Edie Nelson '08	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '06	415-472-1229	ray@sommerworld.com
	Cindy Toran '07	707-539-4396	toranski@aol.com

CAC Foundation Directors

Jay Hallberg, President	415-383-1507	lareenie@yahoo.com
Mae Harms	530-333-1058	maeharms@mindspring.com
William Meneguzzi	916-451-1523	wmeneguzzi@parks.ca.gov

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angela Blackwell, Patricia Boyd, Anita Cabrera, Maureen Clark, Robert Feist, Beverly Heywood, Donald Johns, Tom Mahood, Carroll Pearson, Dan Schoenholz and Helen Troy.

Contributors: Angela Blackwell, Ros Carol, Nuala Caulfield, Anne Del Monte, Ed Del Monte, Jay Hallberg, John Hannum, Bob Hanson, Mae Harms, Mark Korte, Eva Libien, Eike Linkwitz, David Maier, Tom Mahood, Susan McCarthy, Paul McKown, Tom McNicholas, Laureen Novak, Carroll Pearson, Ernie Pitz, Jean Rodgers, Joan Ryan, Tony Smith, Hedda Thieme, Cindy Toran, Ruth Tretbar, Susanna Van Leuven and Verna West.

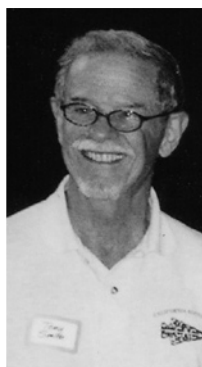
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CAC Web Site: www.calalpine.org

CAC Rosters and Privacy Protection

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

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Tony Smith



Carroll Pearson



Susan McCarthy

A troika of strong leadership and experience.

PRESIDENT'S MESSAGE

Hello Alpiners! I'm **Tony Smith**, your new president. Seventy-four years old, left handed, retired, not the most qualified, but available and ready to give it my best shot. This year **Carroll Pearson**, your vice president, and **Susan McCarthy**, your past president and new Social Activities Chair, and I are going to form a troika. This means any of the three of us can handle the actions needed of the president. This way you get a lot of experience and since we all three have other commitments that we need to honor, someone will always be there to mind the store.

My parents were active in the Club many years ago. As a kid I went on High Trips, terrorized the Lodges (just kidding), washed dishes, went skiing at Echo and hiking on Tamalpais. I have fond memories of the many wonderful friends I made then, and I married one of them, **Joanne Schweifler**, my late wife, whose family was also very involved in the CAC.

I drifted away from the Club for some years, and returned to find it different. Several excellent leaders and changing times had made their mark. The Lodge Trustees have done great work, and yes we have some problems such as member participation, and the Foundation start-up, but we have good people working on these issues, and they will be solved.

So why didn't you join a yacht or country club? What's so great about sharing bathrooms, pitching in to fix a meal, getting dusty or muddy, or working on a rustic lodge? I think it's because the friends you make here are not phonies, not interested in your money, or lack of it, and will be true friends in the enjoyment of the great outdoors.

Lastly, thank you **Susan** for a great two years! Your positive attitude I hope to emulate.

— Tony Smith

NO BUS SERVICE

Bus 63 from Marin City to Stinson Beach via Panoramic Highway has been discontinued until further notice. To register complaints, please call Golden Gate Bus Service at 415-499-6099 or 415-499-0142.

— Hedda Thieme

CONSERVATION REPORT

California Alpine Club and the CAC Foundation have a new leader. **Jay Hallberg** stepped forth last November as a Foundation director to resolve the future of the CAC Foundation. He has accepted the responsibility of the Conservation Chair for CAC. He is looking forward to seeing how we can increase the funds we have to spend for conservation and is looking for input from CAC members about the most worthy groups for our donations. The Foundation directors will now meet on a regular basis each quarter with a specific agenda for each meeting. We have the correct government forms to be filed for the Foundation and they will be filed in a timely manner.

As long as I have been Conservation Chair, we have been working with Mt. Tamalpais State Park to get the Troop 80 Bridge replaced. Work has begun on it and should be completed before you read this report. CAC had pledged \$9,000 of the Red Dodge bequest to get it repaired. This proved to be insufficient and a new donor came forth to finance the replacement. Now there is a wooden causeway on the Troop 80 Trail that needs replacing. The CAC board will investigate the possibility of reallocating the \$9,000 to that project.

As I finish almost three years as your Conservation Chair, I want to thank all the people who cared so much about conservation and helped in so many ways. I'm looking forward to working for conservation as I support **Jay** as he implements his plans.

— Mae Harms
CAC Outgoing Conservation Chair

To continue in the footprints of my predecessor, **Mae Harms**, as the Conservation Chairperson, I would like to add to **Mae's** "April Conservation Report" for TRAILS:

As the President of the CAC Foundation, I commend **Mae Harms** for all her efforts these past three years as the Conservation Chairperson and I look forward to her continuing support with CAC conservation efforts. **Mae** and **Bill Meneguzzi** will complete the three director board for the Foundation. I also look forward to hearing from the entire CAC membership about your thoughts on the future of the Foundation. Your involvement and knowledge of various organizations will be an invaluable resource to further our goals as the Foundation provides support to such worthy non-profit organizations.

This next year I hope to increase the Foundation sponsored events. I would like to expand the Alpine Club Conservation Benefit held the first Saturday of November and the Echo Lodge "Conservation Benefit and Birding in the Tahoe Region" being held June 8-11, into programs held on a quarterly basis at both Alpine and Echo.

Presently, I am entertaining possible speakers for the November fundraiser (yet to be named or advertised). One possibility I am currently exploring for a headliner is a "save the rain forest non-profit eco group." However, I am ready to schedule and explore any and all alternatives for this and/or all other various quarterly events not yet scheduled. Pricing has not been determined, although dinner reservations will be able to be made soon. Watch for more details in upcoming issues of TRAILS.

The Foundation and its conservation interests will be an exciting focus. It will be an educational platform to bring information to members of the CAC and their guests. Your involvement as CAC members will make a difference. Join **Paul & Cici Mattiussi** and **Karen & Jerry Wagner** at Echo Lodge between June 8-11 for "Conservation and Birding in the Tahoe Region. And put Saturday and Sunday, November 4-5 on your radar screen for the Alpine Club Conservation benefit, as we will have an exciting event.

As Directors of the CAC Foundation, our task at hand will be to generate excitement, education and awareness of our fragile environment! What we do today makes a difference for our tomorrow. Mae Harms has been appointed a CAC Foundation director. We need one more director. Please contact me!

— Jay Hallberg, CAC Foundation President

MEMBERSHIP REPORT

March 2006

The following applicants are submitted for posting prior to Board acceptance:

John Knott & Shana Avalos – Joint Members
6490 Oak Ridge Drive, Loomis, CA 95650
916-652-3864

Sponsors: Daniel E. Winkelman & Mary Rigney

Pauline & Jock MacDonald – Joint Members
14 Laverne Avenue, Mill Valley, CA 94941
415-381-2870 Email: jockmacdonald1@comcast.net
Sponsors: Erik Bodtker & Jill Denney

Liann Finnerty – Regular Member
43A Joy Avenue, Brisbane, CA 94005
415-467-0945
Sponsors: Jean Rodgers & Ruth Tretbar

Russell Faure Brac – Regular Member
5755 Highway 1, Bolinas, CA 94924-9705
415-868-2300 Email: russ4brac@aol.com
Sponsors: Melanie Facen & Howard Ortman

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS;
Helena Troy, Wendy B. Pohlmann, Dart & Esther Cherk, Neko Colevins, John Woodfill, Karin Meyer, Ernest Hook, Noreen Hook, Pascale Leroy Marr, Alexandra Marr, Sonia Bastidas, Brittney Bastidas, Laura Lindskog, Carl Duisberg, Robert Kelly

— Laureen Novak, Membership Chair

SLIDE SHOW- A ROMP ACROSS ENGLAND: FROM THE MOUNTAINS TO THE SEA Sunday, April 9

Join us on Sunday, April 9th at 2pm as we show slides and discuss our hiking trip in England.

In England's Lake District, we climbed Red Pike, coming down on sliding scree on an impossibly steep slope, making it a two-pint day. We hiked around Keswick to Buttermere, a hidden hamlet. Hear more about our adventures as we take you over the pass to Grasmere - where the climbing led into bogs, leaving us in the fog unable to find our way - but lucky enough to find a grandfather and grandson who led us out.

After the Lake District, we headed across England to hike the Cleveland Way. We walked up on Sutton Bank with 100 mile views, across the top of the Cleveland Hills, stopping in Osmotherley, Malk Kiln House in Urra Moor, then

continue on page 9

ALPINE LODGE EVENTS - ASSOCIATE MEMBERS (formerly Guests) WELCOME

New Associate Member forms now available. To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975

THIS SCHEDULE INCLUDES EVENTS AT THE ALPINE LODGE. FOR CAC EVENTS TAKING PLACE AWAY FROM THE LODGE, PLEASE REFER TO THE "OUTINGS 2006 SCHEDULE" ON PAGE 5.

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30am to 4pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in Trails.

APR 1-2 SAT-SUN HIKERS' WEEKEND

Happy Hour at 4:30pm. BYOB and a simple appetizer to share. Dinner, salad and dessert at 6:00pm. Members \$8, Associate Members \$11. Spend the night at the Lodge, a delicious breakfast included. Members \$19, Associate Members \$27. Contact **Nuala Caulfield** at 415-922-6775 or email ntcaulfield@msn.com.

APR 2-8 SUN-SAT SIERRA CLUB RENTAL, "COASTAL MEDLEY"

Mary Jane McKown 415-383-2774

APR 8 SAT NON-MEMBER RENTAL 2-10pm

APR 9 SUN 2PM SLIDE SHOW- A ROMP ACROSS ENGLAND: FROM THE MOUNTAINS TO THE SEA

Susanna Van Leuven 415-302-4603
See article on page 3.

APR 13 THUR MIDWEEK WORK PARTY 9am-2:30pm

Coordinator: Nuala Caulfield

There is much to do, inside and out. Join us for companionship, a hearty lunch and an opportunity to contribute to the well-being of the Lodge. Let **Nuala** know you are coming so she can prepare lunch. Contact **Nuala** at 415-922-6775 or email ntcaulfield@msn.com.

APR 13-16 THUR-SUN NON-MEMBER RENTAL

Starts Thursday at 4pm. Lodge available to membership *after* 10am, Sunday, April 16.

APR 21-23 FRI - SUN MEMBER RENTAL

Janet Mullin 415-924-2627

APR 26-28 WED-FRI MEMBER RENTAL

Bill & Lynn Edmonds 805-524-4839

APR 29 SAT CAC FOUNDATION MEETING, TRUSTEES AND BOARD OF DIRECTORS ANNUAL MEETINGS, ANNUAL MEMBERSHIP MEETING AND AWARDS DINNER

The CAC Foundation will meet at 11am, followed by the Alpine Trustees meeting at noon. The Board of Directors will meet at 2pm, followed by the Annual Membership meeting at 3pm. Happy hour, dinner prepared by **Anne Del Monte**, and awards ceremony will follow. Please see article on page 1.

APR 30 SUN SUNDAY WORK PARTY

9am-2:30pm

Coordinator: Ann Meneguzzi

The Sunday work party comes only once a quarter. It is an opportunity for those who work to support the Alpine Lodge and to enjoy the companionship of other members. To reserve a spot, call **Ann** at 209-931-3423 or email tmlann@hotmail.com.

MAY 1-3 MON-WED MEMBER RENTAL

Jeanne Bacon 415-924-2712

MAY 4 THUR NON-MEMBER RENTAL KQED BOARD RETREAT

MAY 5-7 FRI-SUN SIERRA CLUB RENTAL

Aurora Roberts 730-530-9392

MAY 6-7 SAT-SUN

Please note: There will be no Hiker's Weekend on these dates.

MAY 7 SUN SPECIAL GOURMET MEAL

Hikers and non-hikers are invited to an early sumptuous meal at 3:30pm to make amends for the canceled May 6-7 Hikers' weekend. Reservations and checks to **Eike Linkwitz**, 15 Prospect Lane, Corte Madera, CA 94925. Members: \$12, Associate Members: \$15. Call **Eike** at 415-924-0241 or email el@linkwitzlab.com

MAY 7 SUN YOUNG FAMILIES HIKE

Please read article on page 1.

MAY 11 THUR MIDWEEK WORK PARTY 9am-2:30pm

Coordinator: John Hannan

John would like to receive phone calls of how many people he can count on for work and for lunch preparations. Call **John** at 510-527-6709 or email jha8361816@aol.com.

MAY 12-14 FRI-SUN MEMBER RENTAL

Ros Carol 650-592-9394

MAY 19-20 FRI-SAT NON-MEMBER RENTAL 10am-noon

MAY 21 SUN ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS

Alpine Trustees meet at noon and the Board of Directors meet at 2pm in the Social Hall. Everyone is welcome.

MAY 27-28 SAT-SUN NON-MEMBER RENTAL

Lodge available to membership *after* 10am, Sunday, May 28.

JUN 1 THUR MIDWEEK WORK PARTY 9am-2:30pm

Coordinator: Eva Libien

Save a spot on the calendar for this work party. Call **Eva** at 415-383-5184 or email elibien@yahoo.com.

JUN 3-4 SAT-SUN HIKERS' WEEKEND

See April 1-2 entry for details.

JUN 4 SUN NEW MEMBER SUPPER

Laureen Novak 415-383-1507
lareenie@yahoo.com

JUN 5-9 SUN-FRI MEMBER RENTAL

Dorothy Aksamit 415-331-5958

JUN 9-11 FRI-SUN MEMBER RENTAL

Judy Sibley 707-566-0127
Lodge available to membership 10am-4pm on Sunday, June 11.

JUN 10-11 SAT-SUN MEMBERS' MT. PLAY OVERNIGHT

Hosts needed. Call **Eike Linkwitz** at 415-924-0241 or email el@linkwitzlab.com.

JUN 11-12 SUN-MON MEMBER RENTAL

Sunday 4pm - Monday 10am
Judy Sibley 707-566-0127

JUN 13-16 TUE-FRI "SOLO SIERRANS" MEMBER RENTAL

Sue Barnard 510-524-1090
barnard56@hotmail.com

JUN 17-18 SAT- SUN MEMBERS' MT. PLAY OVERNIGHT

Hosts needed. Call **Eike Linkwitz** at 415-924-0241 or email el@linkwitzlab.com.

JUN 18 SUN ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS

Alpine Trustees meet at noon and the Board of Directors meet at 2pm on the deck or in the Tam Building. Everyone is welcome.

JUN 18 SUN MOUNTAIN PLAY CAST PARTY 2-10pm

JUN 19-25 MON-SUN MEMBER RENTAL

Joan Ryan & John O'Sullivan 415-564-8507

JUN 23 FRI MEMBER RENTAL LUNCHEON

Mary Jane McKown 415-383-2774
10am-3pm
Member rental for June 19-25 listed above, will accommodate this luncheon.

JUN 25-JUL 1 SUN-SAT SIERRA CLUB RENTAL

Paul McKown 415-383-2774

JUL 1-2 SAT-SUN HIKERS' WEEKEND

See April 1-2 entry for details.

JUL 6 THUR MIDWEEK WORK PARTY 9am-2:30pm

Coordinator: Ernie Pitz

Save the date. Call **Ernie** at 415-383-8143 or email guidop6@comcast.net.

JUL 11-14 TUES-FRI MEMBER RENTAL
Rossmore hikers.
Nell Fraser 925-934-9039

JUL 14-16 FRI-SUN NON-MEMBER WEDDING

JUL 16 SUN ALPINE TRUSTEES AND BOARD OF DIRECTOR MEETINGS, QUARTERLY MEMBERSHIP MEETING AND DINNER

The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2pm, followed by the Quarterly Membership meeting at 3pm. Happy hour and dinner will follow. Watch for the details in upcoming TRAILS.

AUG 3 THUR MIDWEEK WORK PARTY
9am-2:30pm
Coordinator needed. Call an Alpine trustee.

AUG 5-6 SAT-SUN HIKERS' WEEKEND
See April 1-2 entry for details.

AUG 6-12 MON-SAT SIERRA CLUB RENTAL

AUG 18-20 FRI-SUN NON-MEMBER RENTAL

AUG 25-27 FRI-SUN NON-MEMBER WEDDING

AUG 31 THUR MIDWEEK WORK PARTY
9am-2:30pm
Coordinator's name in later issue.

SEPT 2-3 SAT-SUN HIKERS' WEEKEND
See April 1-2 entry for details.

SEPT 3-10 SUN-SUN BED & BREAKFAST
Mary Frey's special week, which includes the "Beverly Folk Dancers" on Saturday, September 9th. Reserve with Mary: 415-492-2510 or email Marymaryhiker@aol.com.

SEPT 4 MON BOARD OF DIRECTORS
The Board of Directors will meet Monday at the annual "Family Camp" outing.

SEPT 28-OCT 1 THUR-SUN PRIVATE RENTAL SIERRA CLUB

Watch for updates in future issues of Trails!

LOST KEY

Hidden Key, number 100, for the Alpine Lodge was not returned. Please check your key numbers and return number 100 as soon as possible. Notify **Eike Linkwitz** at 415-924-0241 or el@linkwitzlab.com.

GREETINGS FROM THE ALPINE LODGE!

February and March have been very busy months at the Alpine Lodge. You will notice a new look to Hertenstein Hall (AKA: the social hall). We want to be especially well prepared for the Annual Meeting and the Awards Dinner on April 29th.

We have new white tables and 100 comfortable white chairs. These tables and chairs have been tested by several hosts and have been found to be very compatible for use with our various social activities. We saved some of our old chairs for the Tam Building and then gave most of the remaining chairs to members. We are still looking for a good home for the ten round tables. If you have a suggestion for the proper disposition of these 72" diameter tables, give your idea to any Trustee. The old tables are temporarily stored on site and they will soon be gone.

Many thanks to **Siegfried Linkwitz!** We now have a working sound system. The television monitor remains in the N/E corner of the room but it now has a new VCR/DVD player. At the south end of the room are new speakers that are attached to working components that will allow us to play CD's, cassette tapes and AM/FM radio. The speakers can also be used with our new public address microphone. Over the years, our old equipment stopped working. We are very happy to be able to provide a working sound system for our members' enjoyment.

We are also pleased to announce that our work parties have been well attended. These are enjoyable events with lunch provided. We invite members to attend our Thursday, April 13th work party or our Sunday, April 30th work party. These two days will be important housekeeping work days. Please consider joining us. Refer to the TRAILS event calendar and reserve your space!

—Ed Del Monte
for the Alpine Lodge Trustees

ALPINE LODGE RENTAL COORDINATORS

The Alpine Lodge Trustees are actively looking for a rental coordination team to handle the various responsibilities. After years of dedicated service, **Eike Linkwitz** will no longer be handling Alpine Lodge rentals. The Alpine Trustees are dividing this huge job of member and non-member rentals into smaller components. Consequently, they are seeking committed member volunteers to participate in carrying out these tasks. If you are interested, please contact me, **Paul McKown**, at 415-383-2774 or email paulmckown@earthlink.net. I'll send you a description of the responsibilities involved.

—Paul McKown

ABOUT RENTING THE ALPINE LODGE

Members may rent the Alpine Lodge any time, unless the Club has scheduled an event. It is not mandatory yet to have gone through the full Host Training, but soon this will be the case. Until a new rental team can be found, please contact **Eike Linkwitz** for rentals. Phone 415-924-0241 or email el@linkwitzlab.com.

—Tom Mahood

OUTINGS 2006 SCHEDULE

Here is a list of outings for the 2006 year. Full descriptions will appear in Trails.

May 7-13 Bob Hanson's canoe trip to the Ozarks. 925-944-3366 or doctoroutdoors@comcast.net. **FULL – taking a waiting list.**

May 18 Marin Water District Education Tour: Ros Carol 650-592-9394 or RosCarol@aol.com. See article on page 1.

May 20 Bus trip to Monterey and Asilomar: Hedda Thieme 415-334-3892 or Myra 415-613-8318. See article on page 10.

Jun 19-21 Explore Old Growth Redwoods in Del Norte County: Jean Rodgers 415-435-9383 or jrodg1218@aol.com. See article on page 8.

Jul 8-9 Hiking, wildflowers and boating in the Gold Country. Stay in condominiums at the town of Murphys: Mark Korte 916-956-9850 or mkorte@sbcglobal.net. See article on page 9.

Jul 21-25 Llama trip to Base Camp in Marble Mountains by Yreka: Tom McNicholas 707-254-9953 or tommcnicholas@yahoo.com. See article on page 9.

Jul 31-Aug 4 Base camp at McGee Creek near Bishop: Bob Hanson 925-944-3366 or doctoroutdoors@comcast.net. See article on page 9.

Aug 14-18 Car camping to fabulous Burney Falls near Redding: Ernie Pitz 415-383-8143 or guidop6@comcast.net and Bob Riboli 415-924-4439. More news to come.

Sept 1-4 Annual CAC Family Camp Outing – Labor Day Weekend: Susan McCathy 408-293-0891 or sfmccar@cs.com. See article on page 8.

Sep 8-10 Car Camping Lee Vining: Tony Smith 925-933-2403 or joanne-tony@sbcglobal.net and Ann Meneguzzi 209-931-3423 or tmlann@hotmail.com.

Sept 22-24 Ashland plays: Ruth Tretbar 510-836-0108 or rtretbar@yahoo.com.

Dec 7-8 Christmas in the Monterey Adobes: Ros Carol 650-592-9394 or RosCarol@aol.com.

—Ros Carol

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

Hikers' Weekend listings have an asterick and are bolded.

*SAT	APRIL 1	10:00 a.m.	Bonnie Radest	415-897-0227	2B	
*SUN	APRIL 2	10:00 a.m.	Hardy Dawainis	415-461-4431	2B	
		10:00 a.m.	Susan McCarthy	408-293-0891	1A	
SUN	APRIL 9	10:00 a.m.	Ernie Pitz	415-383-8143	2B	
SUN	APRIL 16	10:00 a.m.	David Ratner	415-924-3043	2B	
SUN	APRIL 23	10:00 a.m.	Paul McKown	415-383-2774	2B	
SUN	APRIL 30	10:00 a.m.	Bob Smith	510-841-0402	2B	Co-Listed w/Sierra Club
SAT	MAY 6	10:00 a.m.	Arlin Weinberger	415-444-0611	2B	
SUN	MAY 7	9:30 a.m.	Karl Baeck	415-459-6370	2B	Co-Listed w/Sierra Club
		10:00 a.m.	Helene Gibbs	415-383-7468	1A	
SUN	MAY 14	10:00 a.m.	Eric Bodtker	415-328-4410	2B	
SUN	MAY 21	10:00 a.m.	Ben Heldens	415-665-7274	2B	Co-Listed w/Sierra Club
SUN	MAY 28	10:00 a.m.	Don & Donna Rice	415-453-6087	2B	

MEMORIAL DAY

MON MAY 29 10:00 a.m. *to be announced* 2B

*SAT	JUNE 3	10:00 a.m.	Bonnie Radest	415-897-0227	2B	
*SUN	JUNE 4	10:00 a.m.	Howard Ortman	415-456-5912	2B	
		10:00 a.m.	Susan McCarthy	408-293-0891	1A	
SUN	JUNE 11	10:00 a.m.	Ruth Tretbar	510-836-0108	2B	Co-Listed w/Sierra Club
SUN	JUNE 18	10:00 a.m.	Jack Leibman	415-674-4370	2B	Co-Listed w/Sierra Club
SUN	JUNE 25	10:00 a.m.	Hardy Dawainis	415-461-4431	2B	

IMPORTANT! RAIN CANCELS

1A HIKES (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

Hikes may carpool from meeting place to other trail heads. All participants should have some previous hiking experience.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com

Hikers' Weekends: For supper and/or overnight arrangements, Contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.com

ALPINE LODGE SUNDAY INNKEEPERS

Apr 2	Onnie Taylor	415-648-6380	Innkeepers are needed for July and August. If you are free to spend a Sunday at the Lodge, please contact Susan McCarthy, CAC Social Activities Chairperson at 408-293-0891 or email: sfmccar@cs.com .
Apr 9	Jeanne Bacon	415-924-2712	
Apr 16	Ulla Pettersson	415-821-1858	
Apr 23	Jean Marie Campbell	415-776-4422	
Apr 30	Caroline Aust	510-923-1262	
May 7	Nancy Waldeck	415-552-5836	
May 14	Melanie Facen	415-492-0470	
May 21	Ruth Tretbar	510-836-0108	
May 28	Iris Skates	925-934-4952	
June 4	Pat Boyd & Bob Piper	510-848-4134	
June 11	Arline Martin & Teresa McDonough	510-523-0305	
June 18	Gloria Neumeier	415-453-2225	
June 25	Marion Hazzard	415-661-6876	

ECHO SUMMIT LODGE HOST APPRECIATION & TRAINING

Friday evening – Sunday morning,
May 12-14

Echo Summit Lodge Trustees extend a warm invitation to veteran and new hosts to attend our upcoming Spring Host Appreciation and Training weekend. This event combines honoring our seasoned hosts and enlightening prospective hosts who wish to organize either an event open to CAC members or a private member rental. Hosts for either of these events are required to attend training and to renew training every 3 years to keep abreast of changes in procedures, policies, and infrastructure. Hosting an event open to CAC general membership is an excellent way to support the club and fulfill your volunteer commitment.

The weekend starts with dinner on Friday that is encouraged but optional for those who cannot arrive until later in the evening. Training begins in earnest shortly after breakfast on Saturday. We cover: how to organize a hosted event; standards of operation; meal planning; record-keeping requirements and calendar scheduling for both Hosted Events and Member Rentals; special considerations during winter months; and Lodge infrastructure. We include a tour of the Lodge, demonstrating safety measures and how to shut down/open up the Lodge, including turning the water off/on. We provide each attendee a Host Manual, updated semi-annually with the latest policies and procedures for operating Echo Summit Lodge. Each host will have this manual to take home and use as a reference guide. We encourage sharing of best practices and ideas for Lodge improvements. There is generally leisure time for a short hike or other activity before dinner.

This session ends on Mother's Day. Trustees are planning a special breakfast for Sunday morning. We will be sure those in attendance are able to get home early enough to spend plenty of time with family.

Host Appreciation & Training is hosted by the Echo Trustees (i.e., no cost for those who attend) but we do require advance reservations. Contact **Cindy Toran** at 707-539-4396 or toranski@aol.com to reserve a space.

— Cindy Toran

ECHO LODGE HOST SCHEDULE

Phone **Cindy Toran** 707-539-4396 anytime until 9:30pm or e-mail toranski@aol.com.
Echo Lodge Telephone: 530-659-7274

Spring Host Appreciation and Training is scheduled for May 12-14 for anyone who wants to learn the art of hosting and for veterans who are required every three years to get a refresher on the latest changes at Echo. See article on page 6.

Spring Work and Fun Party is May 24-30. See "Water Contamination Reported" article on page 1.

Summer/Fall Hosts and Hosts-in-Training: I still have a few openings for Summer and Fall of 2006 (July-Dec). See schedule below for times available. If you would like to host a session, please contact me by e-mail or telephone.

The next **Echo Lodge Trustees' Meeting** will be held Monday, May 29th, at Echo Summit Lodge. Contact Cindy at 707-539-4396 if you would like to attend.

— Cindy Toran

APR 10-14 MON-FRI MEMBER RENTAL
Laurence Kornfield 415-791-2563

APR 21-23 FRI-SUN ECHO ANGELS WEEKEND

Hosted by Echo Trustees for infrastructure orientation and planning.

APR 28-30 FRI-SUN MEMBER RENTAL
Tom & Carol Coleman 707-769-7801

MAY 5-7 FRI-SUN MEMBER RENTAL
Tom McNicholas 707-254-9953

MAY 12-14 FRI-SUN SPRING HOST APPRECIATION & TRAINING
Contact Cindy Toran for reservations toranski@aol.com 707-539-4396

MAY 19-21 FRI-SUN MEMBER RENTAL
Lynn Garric & Larry Langbehn 707-539-2078

MAY 24-30 WED-TUES SPRING WORK PARTY
Tom Coleman 707-769-7801
tomcoleman@sbcglobal.net

JUN 8-11 THUR-SUN ECHO CONSERVATION BENEFIT & BIRDING IN THE TAHOE REGION
Karen & Jerry Wagner (Birding) 707-528-8197
& Paul & Cici Mattiuzzi (Conservation)
Karen and Jerry Wagner: 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

JUN 15-18 THUR-SUN MEMBER RENTAL
Mary & Roger Rigney 916-985-7351

JUN 18-JUL 2 SUN-SUN SPA WEEKS
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

JUL 2-7 SUN-FRI
Mary Ellen Yates & Juli Bradsher 707-251-0900
10 Palomino Cir, Novato, CA 94947
meyates@comcast.net

JUL 7-9 FRI-SUN TRAIL CLEARING WEEKEND
CAC values our relationship with USFS. This event demonstrates that we support their efforts to provide outdoor recreational opportunities, especially for hikers. Join **Tom Coleman**, other CAC members and park staff in this satisfying outdoor work weekend when we help maintain trails in the Echo Lakes area! For further information call Tom at 707-769-7801 or email tomcoleman@sbcglobal.net.

JUL 9-14 SUN-FRI HIKERS' WEEK
Ursula Pedersen & Ruth Tretbar 415-479-0343
159 Golden Hinde Blvd., San Rafael, CA 94903 ursulole@sbcglobal.net

JUL 14-16 FRI-SUN
Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way, Santa Rosa, CA 95409 aewart@sbcglobal.net

JUL 16-23 SUN-SUN AVAILABLE FOR TRAINED HOSTS

JUL 23-30 SUN-SUN
Kathy & Bill Faherty 707-539-7081
5420 Gates Rd, Santa Rosa, CA 95404
faherty@sonic.net

JUL 30-AUG 3 SUN-THUR
Barbara & Keith Crockett 650-365-6280
859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

AUG 3-6 THURS-SUN
Ed & Anne Delmonte 707-528-7983
& Monika Balsamo
2645 Knob Hill Dr, Santa Rosa, CA 95404
anne.delmonte@gmail.com

AUG 6-11 SUN-FRI CO-OP MEAL WEEK
Susan McCarthy & Carroll Pearson 408-736-9403
1069 Rockefeller Dr, Sunnyvale, CA 94087
pearsoncmp@aol.com
FULL - taking a waiting list.

AUG 11-16 FRI-WED
Lillian Young & Wayne Koerting 650-588-5689
3650 Sneath Lane, San Bruno, CA 94066

AUG 16-20 WED-SUN
Eike & Siegfried Linkwitz 415-924-0241
15 Prospect Ln, Corte Madera, CA 94925
el@linkwitzlab.com

AUG 20-24 SUN-THURS
Beverly Kern & Jerry Rosenberg 415-381-4931
139K Seminary Dr, Mill Valley, CA 94941

AUG 24-28 THURS-MON ECHO LAKES TEEN WEEKEND
Pat Anderson 510-649-8537
3026 Benvenue Ave, Berkeley, CA 94705
patingeyp@yahoo.com
Come and enjoy the mountains and other teen members of the CAC. Parents, you are invited too! Kids must be at least middle school age.

AUG 28-SEPT 1 MON-FRI AVAILABLE FOR TRAINED HOSTS

SEPT 1-4 FRI-MON LABOR DAY WEEKEND
Christine and Francois Piccin 707-535-0544
1256 Wikiup Drive, Santa Rosa, CA 95403
Christine@piccin.com

SEPT 6-13 WED-WED HIKING AND FELLOWSHIP WEEK FOR SENIORS
Host: Ray Sommer
15 Terra Linda Dr, San Rafael, CA 94903
ray@sommerworld.com

SEPT 14-19 THUR-TUES FANTASTIC FALL FUN & WORK PARTY
Contact: Tom Coleman 707-769-7801
tomcoleman@sbcglobal.net

SEPT 29-OCT 1 FRI-SUN MEMBER RENTAL
Lee Yamada & Phyllis Cole 831-438-5749

OCT 1-8 SUN-SUN FALL SPA WEEK
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

OCT 13-15 FRI-SUN
Jim Nixon & Jan McCulloch 650-756-7771
50 Seacrest Ct, Daly City, CA 94015
jimnixon2000@yahoo.com

Watch for updates in future issues of Trails!

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sat, Apr 29, 2006	Board of Directors Meeting at 2 pm Annual Meeting at 3 pm & Awards Dinner
Sun, May 21, 2006	Board of Directors Meeting at 2 pm
Sun, Jun 18, 2006	Board of Directors Meeting at 2 pm
Sun, July 16, 2006	Board of Directors Meeting at 2 pm Quarterly Membership Meeting at 3 pm Dinner to follow.
Mon, Sept 4, 2006	Board of Directors meeting at the Annual Outing
Sun, Oct 15, 2006	Board of Directors Meeting at 2 pm Quarterly Membership Meeting at 3 pm Dinner to follow.

If you have any questions, call **Tony Smith** at 925-933-2403 or email joanne-tony@sbcglobal.net. Members are welcome at Board Meetings. Thank you!

— Tony Smith, President

MARCH 2ND ALPINE LODGE WORK PARTY

Thirteen members and three prospective members turned out for the work party on Thursday, March 2nd. **Ed Del Monte** removed the old speakers from the social hall and put in electrical work for the new sound system. **Siegfried Linkwitz** began installation of the new system. **Ben Heldens** and prospective member **Russ Faure Brac** repaired the living room chimney and resurfaced the fireplace interior. **Nuala Caulfield** and **Mary Jane McKown** laundered numerous rugs and bedspreads. **Nuala** and **Mayme Harris** turned mattresses after **Mayme** vacuumed and dusted the Tam building. **Hardy Dawainis** painted the eaves. **Audrey Vaggione** and prospective members **Mari Norman** and **Catherine Wardner** weeded. **Catherine** swept the front porch and watered its plants. **Chris Cruitt** cleaned the lost and found area, dated left items, and removed long-standing ones. **Marion Hazzard** cleaned and restocked all bathrooms. **Paul McKown** rewrapped pipes in the lodge basement. Many strong hands carried the old round tables to the lower level. **Jean Rodgers**, **Chris Cruitt** and **Ruth Tretbar** prepared lunch and everyone pitched in to clean up. During lunch several members provided valuable information on club structure, activities, and history. Warmest thanks to all!

— Ruth Tretbar, Trustee

CAC THANKS WORK PARTY VOLUNTEERS

Let's give a hand to the following members who participated in the February 2nd work party and were not named in the March TRAILS. There are **Jill Denney**, **Carol Bodtker**, **Erik Bodtker**, **Mayme Harris**, **John Hannan**, **Melanie Facen**, **Hans Schilling**, **Jennie Li Bruyn**, **Eva Libien**, **Paul McKown**, **Mary Jane McKown**, **Hardy Dawainis** and **Steve Cosbey**.

— Angi Blackwell

EXPLORE OLD GROWTH REDWOODS IN DEL NORTE COUNTY

Monday-Wednesday, June 19-21

Hike through old growth redwoods in Del Norte County in the area between Klamath and Crescent City. Feed your soul on their majesty and stillness. Days one and two are hiking days. Day three is your chance to explore: visit a lighthouse; take a jet boat up the Smith River for lunch or dinner; see Fern Canyon where Jurassic Park was filmed; tour the many beaches; and investigate the local Indian culture, past and present. For sign-up details, contact **Jean Rodgers** 415-435-9383 or email her at jrodg1218@aol.com.

— Jean Rodgers

FAMILY CAMP LODGING

Labor Day Weekend — Friday-Monday, September 1-4

We will be gathering at the Salvation Army Camp Del Oro, near Lake Vera, several miles outside of Nevada City, CA. For those of you who have attended CAC Family Camp over the Labor Day Weekend the past two years, you know that there is a variety of lodging available in addition to the great food, lake, pool, and special activities. This year we are taking reservations where you can request the type of lodging you would like. We will fill those requests on a first come, first serve basis. The deposit to hold your reservation will be \$25 per person.

The fees last year were \$70/\$50 for adults/children staying in cabins, and \$50/\$30 for adults/children staying in their own tents. We did not break-even on costs last year, so the fees will be higher. We are trying to estimate the costs, so that we can provide reasonable fees, without risking losing money on the CAC event.

We would appreciate as many early reservations as possible to give us a better estimate of the expected attendance. By-the-way, the maximum attendance is 125. Look at the lodging options and get your reservation in early.

There are a small number of cottages, with bathrooms, for higher rates. You may request one of these cottages, but priority will go to people with special needs, so you will need to select a second choice. People who are not part of a family group will share cabins.

LODGING

Tents or RV's – (yours)

Pilgrim's Getaway – one bedroom cabin, sleeps 2.

Gold Bug Bunkhouse – two bedrooms with bunk beds, sleeps 4.

The ARK – three bunk beds, sleeps 6.

Sugarloaf Ridge Cabins (3) – one side open-air side with large deck – bunk beds, sleeps 10.

Harmony Ridge Cabins (3) – one side open-air side with large deck – bunk beds, sleeps 10.

Lakeview Cabins (3) – one open-air side with large deck – bunk beds, sleeps 12.

Rock Creek Cabins (3) – screened cabins, bunk beds, sleeps 12.

Rough and Ready Cabins (6) – screened cabins, bunk beds, sleeps 8.

Reservations: Susan McCarthy, sfmccar@cs.com, 408-293-0891, 1141 Willow Glen Way, San Jose, CA 95125

— Susan McCarthy and Carroll Pearson

GOLD COUNTRY TRIP TO MURPHYS

Saturday-Sunday, July 8-9

Enjoy one of the lesser know areas of our local mountains, Bear Valley east of Angels Camp on Highway 4. On Saturday, July 8th, there will be a hike that will take us up high enough to enjoy overlooking neighboring lakes and the backside of the Yosemite area. We have a local expert expected to join us for information on birds and flowers. This is a hike that can accommodate most abilities with several turn back points.

Also available: excellent fishing; boat and kayak rental; and a short drive to Calaveras Big Trees for some skyscraper sized trees. For those that do not wish to rusticate, the shops and wineries of the town of Murphys may be calling you. Accommodations are on your own but we have made arrangements with the local condominium rental folks for a special rate. There are also cabins to rent and campgrounds for you tenters. For details, call **Mark Korte** at 916-956-9850 or email him at mkorte@sbcglobal.net.

For cabin and condominium rentals contact Bear Valley Real Estate at 209-753-2234 or visit them at www.bearvalleyvacationrentals.com. If you make reservations be sure to mention my name, **Mark Korte**, so our group gets credit for the rental. After three rentals we get a discount of 10%. For campground information, call 209-795-1381 or visit: www.fs.fed.us/r5/stanislaus/calaveras/camping/index.shtml.

The schedule for Saturday is a breakfast together at 8am and then we depart for the hike at 9:30am. We will meet again for dinner Saturday evening. Sunday we will grab (or rent) our kayaks or canoes for a light paddle on one of the high mountain lakes. Paddle will begin at 10am and we will pack a lunch. For boat rental information call 209-753-2834 or visit: www.bearvalleyxc.com/summer.shtml.

— Mark Korte

MARBLE MOUNTAIN WILDERNESS LLAMA BASE CAMP

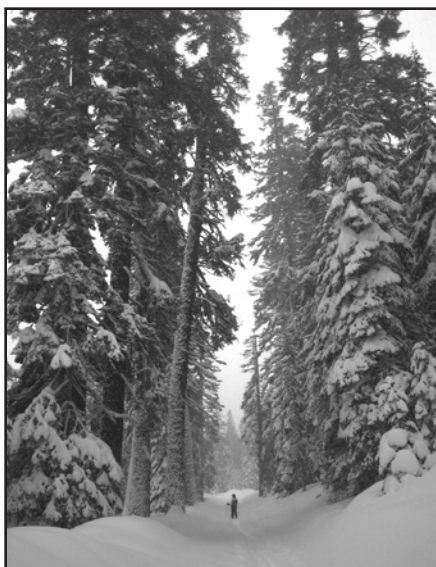
Friday-Tuesday, July 21-15

Let the llamas take the load off hiking into this beautiful wilderness in the Klamath Basin. Traveling into and out of base camp with gentle llamas through old growth forests, knee deep in ferns and wildflowers, will be an unforgettable experience.

This is a traditional California Alpine Club base camp with tent camping. There will be opportunities for day hikes, fishing and just relaxing and enjoying the natural surroundings. The lakeside camp is at 6000 feet elevation and 6 miles from the 4800 feet elevation trailhead, which is east of Yreka off Interstate 5.

The trip is limited to eight participants and will cost \$275 per person. Meals and llamas are included. To qualify for this trip you must be a CAC member at least 16 years old, be willing to participate in cooking and camp chores, be in adequate health to hike and camp in unpredictable weather and eager to have a wonderful time and enjoy the group. Contact **Tom McNicholas** at tommcnicholas@yahoo.com or call him at 707-254-9953 for more details.

— Tom McNicholas



*Snowstorm on trail
from Echo Lodge to
Echo Lake – January
2006.*

BASE CAMP TRIP PLANNED

Monday-Friday, July 31-August 4

For the eleventh straight year, **Bob Hanson** will lead a mule supported base camp trip into the Sierras. This year's dates are July 31 to August 4. The destination is McGee Creek Basin, near Mammoth Lakes.

Members hike in with day packs, while the mules do the heavy lifting. Then come great meals, singing around the campfire and day hikes to some of the many lakes and peaks in the area. Some folks fish, some spend quiet days in the camp site reading a book, others may bag a nearby peak. Dinners are preceded by the traditional happy hour, featuring traditional box wine.

The hike in is only about four miles, with perhaps a thousand foot elevation gain. The trip will be limited to 12 participants. Cost is \$200 per person, which will cover the packer, permits, food and packer tips.

If interested, send a \$50 deposit to **Bob Hanson** at 2600 Saklan Indian, #3, Walnut Creek 94595. If you have questions, call **Bob** at 925-944-3366 or email doctoroutdoors@comcast.net.

— Bob Hanson

Continued from page 3

A ROMP ACROSS ENGLAND

hiked along an old railroad bed to the tiny hamlet of Kildale, with a shop where they served tea and cakes in a cosy place that was half underground.

At Saltburn-by-the-Sea we hiked miles along the cliff edge, though the five hundred foot drop off gave us pause from time to time. We explored Staithes, a town cut into the cliff, then meandered down to Scarborough and then onto Filey into a driving rain. Luckily we had reservations at Humnaby and spent the evening in an old manor house, resplendent with flowers, with a good pub and fine food, reminiscent of the best BBC English interiors.

It was a wonderful trip with lots of adventures. Join us to hear more. Please call ahead to confirm, so that we can provide enough tea and cookies. Call **Susanna Van Leuven** on her cell phone at 415-302-4603 or email bailey54@earthlink.net.

— Susanna Van Leuven

TRAILS
issued monthly by the
California Alpine Club
Founded in 1913 - Incorporated in 1936
P.O. Box 2180
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BUS TRIP TO MONTEREY AND ASILOMAR

Saturday, May 20

Hike, relax, beachcomb, enjoy wildflowers or watch sea otters along the way from Asilomar State Beach to Monterey's Fisherman's Wharf. Or just visit the Aquarium and sightsee. Departure is from the San Francisco Civic Center at 8am or from Stonestown at 8:20am. The fare is \$32. For reservations call **Hedda Thieme** at 415-334-3892 or **Myra** at 415-613-8318.

— Hedda Thieme

NEW BOARD OF DIRECTORS PROTOCOL

To facilitate information sharing and expedite the CAC Board of Directors meetings, please submit reports to Board president, **Tony Smith** via email at joanne-tony@sbcglobal.net or mail them to **Tony** at 2345 Tice Creek Drive, #4, Walnut Creek, CA 94595. Reports should be submitted at least one week prior to the meeting. If you have an issue to discuss with the Board and written material can be shared, please do so as well.

— Susan McCarthy

EMAIL AND ADDRESS CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone and email (particularly email, which changes much more frequently than regular addresses.) If you haven't been receiving periodic messages via email from CAC, we probably have the wrong email address for you. **David Maier** can be reached at 831-462-2764 or dmmaier@pacbell.net or by mail at 2-1120 E. Cliff Drive, Santa Cruz, CA 95062

— Dave Maier, Registrar

TRAILS NEWSLETTER ALERT

Please send articles for the **May** issue of *Trails* to editor, **Anita Cabrera**, by email to aa_cabrera@msn.com or 415-206-9152 or 430 Ellsworth Street, San Francisco, CA 94110. **Anita** should receive articles for the **May** issue no later than **April 5th**. Electronic files are greatly appreciated. Please send photos from events labeled for TRAILS Newsletter (don't write on the back of the photo) via postal mail to Susan Johnson, Definite Impressions, 421 Portal Street, #H, Cotati, CA 94931. Pictures should have the names of the people in the photo, the caption for the photo, and the title of the corresponding article. Please include a stamped addressed envelope, if you want the pictures returned. Check with Susan for digital pictures.

Editor for the **June** issue of *Trails* will be **Helena Troy**, at hmtroy@aol.com or 415-492-9576. If you would like to assist with the publishing of *Trails*, please contact **Angi Blackwell** at ablackwellca@earthlink.net or via mail to 234 Lisbon St., San Francisco, CA 94112, phone 415-584-2586.

—Angela Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 82

May 2006

No. 4

YOUNG FAMILIES SPRING HIKE

Sunday, May 7

Come explore the wildflowers and spy the birds of Mt. Tamalpais during a 3-4 mile hike led by the new members of the **Ryan/O'Sullivan family**. The hike will leave from Alpine Lodge at 11am, so please bring a sack lunch to enjoy along the trail. Afterwards, meet at the Lodge for coffee and an ice-cream treat before heading home. If you are interested in joining the exploration, contact **Joan Ryan** at 415-564-8507 or joanryan@mac.com.

— Joan Ryan

WATER DISTRICT EDUCATIONAL TOUR

Thursday, May 18

Join **Ros Carol** for a tour of the Marin Municipal Water District, visiting little known areas. Start at the Fairfax Parkade at 10am and ride in water district vans to Shafter Bridge where a fisheries biologist will tell us about riparian areas and the fish management program. Go to Peter's Dam to view some damage from this winter. Get an overview of the various reservoirs and a perspective on watershed management. No hiking. Limit of 18. Call 650-592-9394 or email RosCarol@aol.com.

— Ros Carol

BUS TRIP TO MONTEREY AND ASILOMAR

Saturday, May 20

Hike, relax, beachcomb, enjoy wildflowers or watch sea otters along the way from Asilomar State Beach to Monterey's Fisherman's Wharf. Or just visit the Aquarium and sightsee. Departure is from the San Francisco Civic Center at 8am or from Stonestown at 8:20am. The fare is \$32. For reservations call **Hedda Thieme** at 415-334-3892 or **Myra** at 415-613-8318.

— Hedda Thieme

SPRING WORK AND FUN PARTY

Wednesday - Tuesday, May 24 - 30

The trustees of the Echo Summit Lodge would like to invite you... yes, you, to the 54th Annual Spring Work/Play Party at your Echo Summit Lodge. We're really looking for those of you who need to fulfill your commitment to volunteering your time, talent and laughter. Any blisters you get, you get to keep!

Imagine the sense of satisfaction of a job well done! Imagine working off a cruise-ship quality breakfast without the cruise ship prices! Imagine falling asleep, burrowed into a down sleeping bag, listening to your bunkmate's snoring!

It can all be yours! Contact **Tom Coleman** at 707-769-7801 or tomcoleman@sbcglobal.net. You will be welcomed with open arms!

— Tom Coleman

PAYBACK TIME: TRAIL CLEARING WEEKEND

Friday - Sunday, July 7-9

Join **Tom Coleman** and other hardy California Alpiners for a weekend of payback. Yes, payback.

How many times have you and your friends or family taken a nice leisurely stroll along the Pacific Crest Trail next to Echo Lake? Climbed the path from the parking lot off Highway 50 to the glorious Horse Tail Falls? Listened to your out-of-shape buddy curse the next 1000 ft. climb? Did you know that the U.S. Forest Service greatly depends upon volunteers just like you and me?

We will meet at the Echo Summit Lodge on Friday evening, July 7th. Dinner will be served at 7 pm. On Saturday morning, we will meet with U.S. Forest Service representatives at whatever trailhead they decide we'll be working on for the day. You'll learn what a Pulaski and a McCloud are. You'll eat a lot of very healthy dust. You'll be tired at the end of the day.

And you will have paid back for all the joyful memories the trails have given you. Reach **Tom Coleman** at 707-769-7801 or tomcoleman@sbcglobal.net.

—Tom Coleman

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Vice President	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Secretary	Jean Rodgers	415-435-9383	jrodg1218@aol.com
Treasurer	David Ratner	415-924-3043	DLratner@aol.com
Registrar	David Maier	831-462-2764	dmmaier@pacbell.net

Board of Directors:

John Hannan	510-527-6709	JHa8361816@aol.com
Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
Ernie Pitz	415-383-8143	guidop6@comcast.net
Susan McCarthy, past pres.	408-293-0891	sfmccar@cs.com
Eva Libien	415-383-5184	elibien@yahoo.com
<Vacant Position>		

Committee Chairpersons:

Conservation	Jay Hallberg	415-383-1507	lareenie@yahoo.com
Finance	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com
Historian	Kay Gillis	415-456-2032	kgillisgarden@aol.com
Membership	Laureen Novak	415-383-1507	lareenie@yahoo.com
Outings	Ros Carol	650-592-9394	RosCarol@aol.com
Publications	Angela Blackwell	415-584-2586	ablackwellca@earthlink.net
Sunshine	Lois Hillman	415-586-6713	
Social Activities	Susan McCarthy	408-293-0891	sfmccar@cs.com
Parliamentarian	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com

Lodge Trustees

Alpine Chair	Ed Del Monte '07	707-528-7983	eddelmonte@delmontecito.com
	Roger Diehnelt '07	415-924-5519	rdiehnelt@hotmail.com
	Nuala Caulfield '07	415-922-6775	ntcaulfield@msn.com
	Ruth Tretbar '08	510-836-0108	rtretbar@yahoo.com
	Paul McKown '09	415-383-2774	paulmckown@earthlink.net
Alpine Rentals			
Treasurer	Melanie Facen	415-492-0470	mfacen@aol.com
Echo Chair	John Hannum '06	707-525-8108	jrhanum@aol.com
	Tom Coleman '08	707-769-7801	tomcoleman@sbcglobal.net
	Edie Nelson '08	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '06	415-472-1229	ray@sommerworld.com
	Cindy Toran '07	707-539-4396	toranski@aol.com

CAC Foundation Directors

Jay Hallberg, President	415-383-1507	lareenie@yahoo.com
Mae Harms	530-333-1058	maeharms@mindspring.com
William Meneguzzi	916-451-1523	wmeneguzzi@parks.ca.gov

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angela Blackwell, Patricia Boyd, Anita Cabrera, Maureen Clark, Robert Feist, Beverly Heywood, Donald Johns, Tom Mahood, Carroll Pearson, Dan Schoenholz and Helen Troy.

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CAC Web Site: www.calalpine.org

CAC Rosters and Privacy Protection

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE

OUR LODGES' PAST AND PRESENT

When I was just a kid in 1944, my parents took me up to Alpine Lodge for a day of hiking on the Matt Davis Trail. They explained to me that Matt Davis was a famous member of the CAC and that he had built the trail himself. What a job! It must have taken him years, I thought, and still do when I hike that trail now. Back at the lodge, which had no social hall or deck, I was warned never to go upstairs. That was the women's world, and there would be hell to pay if any male tried to go up there. So for many years, I never saw the second floor. I slept in the Tam Building, which had sleeping porches for the men and a primitive bathroom in the basement (still there for you traditionalists). How times have changed! That members did most of the additions and improvements says a lot for the positive spirit of our club over all these years. Check out the plaque on the deck listing the folks that made its construction possible. Thank them and remember Matt Davis for all the good times we have enjoyed on Mount Tamalpais.

Echo Summit was different. Echo John (Hannum) knows about the history of Johnson Pass (our address there), as he has done research on it regarding water rights. Johnson built a toll road to supply the Nevada mines over this route, and pretty soon a roadhouse appeared where a teamster could get a shot of whiskey to wash down the trail dust. Years later, a gas station served the flivvers that struggled up the hairpin turns and steep grade from Meyers. Meals were served and rooms were rented. I hope John will tell us more about this historic inn, well watered by his efforts (pun intended), now in our club's care. Let's honor the past by keeping up the tradition of working on our lodges, or helping in some other way. There are many fun (really!) jobs that need doing that don't require strength or a lot of time. Just ask any of the officers, chairpersons or trustees (see box on this page) what you might do or what needs doing, and they will point you in the right direction. We are still a "can do" club, just as in the past.

—Tony Smith, President

NO BUS SERVICE

Bus 63 from Marin City to Stinson Beach via Panoramic Highway has been discontinued until further notice. To register complaints, please call Golden Gate Bus Service at 415-499-6099 or Customer Relations at (415) 257-4563. You may also write to: "Bus Transit Manager, Golden Gate Transit, 1011 Andersen Drive, San Rafael, CA 94901-5381.

— Hedda Thieme



MEMORIALS

Caspar Weinberger, father of CAC member Arlin Weinberger and Secretary of Defense during the Reagan administration, passed away on March 28, 2006.

John Bentzen of Alameda passed away on February 18. He was 95 years old, and a member since January of 1943.

WALKING THE SANTIAGO DE COMPOSTELA PILGRIMAGE TRAIL

Last June I walked the Santiago de Compostela pilgrimage trail, commonly called the Camino and walked by saints, sinners, and seekers for over 1000 years. On Saturday, June 3, I will give a talk and slide show for the California Alpine Club (details in the June 3-4 Hikers' Weekend article on page 5).

Although a lifelong athlete, I am not much of a hiker. What could have possessed me, alone and 67, to have embarked on this extreme journey? Once before, I had cycled alone halfway across this country. I wanted to re-create the connection with the earth, with God, the peace I had then. I wanted to step out of my nationality, my personality, my ego, to find who was underneath now, to think about my real purpose for the rest of my life. I'd walk 400 out of the 450 miles from St. Jean Pied de Port in the French Pyrennes, east to west across northern Spain, to Santiago over 42 days, with 33 walking days. It is said everyone who walks does their own Camino, their own Way.

I will tell you about mine, and how to do this, but you need to have a pretty good reason. I remember the places I almost quit, and the place I decided to go on. I'm on the Camino still, and images float in and out of my consciousness; waves of wind blowing across vast fields of grain, the deep green mountains of the Pyrennes, its valleys shrouded in fog, companions whose language I couldn't speak, the steaming café con leche at a village bar, the rhythm of my hiking poles, the hurting, the shared pilgrim bond with others in the albergues, the quiet forest paths, the sweeping views of receding blue ridges that I actually walked across, the hard sidewalks through cities, the little revelations that never came according to my time schedule but that were instead gifts of the long spaces in which to think, like a rare flower growing right beside the road. The Camino is a permanent part of me now, and I look forward to sharing it with you.

— Lynne Ashdown

EMAIL AND ADDRESS CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone and email (particularly email, which changes much more frequently than regular addresses.) If you haven't been receiving periodic messages via email from CAC, we probably have the wrong email address for you. **David Maier** can be reached at 831-462-2764 or dmmaier@pacbell.net or by mail at 2-1120 E. Cliff Drive, Santa Cruz, CA 95062

— Dave Maier, Registrar

MEMBERSHIP REPORT

April 2006

The following applicants are submitted for posting prior to Board acceptance:

Burt Rodgers – Regular Member

1200 Running Springs Road, #8

Walnut Creek, CA 94595-2961

925-946-1645

Sponsors: Tony Smith & Nell W. Fraser

Michael Larsen - Regular Member

4853 Kieran Court, Santa Rosa, CA. 95405

707-539-7091 Email: milouda@earthlink.net

Sponsors: Lynn Garric & Ruth Tretbar

Brad Nicolet – Regular Member

1813 Botticelli Place, Davis, CA. 95616

530-753-3857 Email: delindan@yahoo.com

Sponsors: Dave Mullin & Janet Mullin

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS: **John Knott & Shana Avalos, Pauline & Jock MacDonald, Liann Finnerty & Russell Faure Brac.**

— Laureen Novak, Membership Chair

NEW MEMBER DINNER

Sunday, June 4

Old members, new members and sponsors, please join us for a day of hiking and dining on Mount Tamalpais. An easy hike will leave from the Lodge at noon, returning in time for hors d'oeuvre and thirst quenchers starting at 2:30 pm. A barbeque chicken and salad dinner will be served at 4:00 pm.

The New Member Dinner is a fun day. It's a great opportunity to meet new members and say hello to CAC members you have not seen in a long time. I would like to remind you, this dinner is open to every club member, not only new members and their sponsors. As we enjoy our dinner, we will hear from members about the variety of activities our club offers at Alpine Lodge and Echo Summit Lodge. We will also hear about the rich, 93-year history of CAC.

Dinner is complimentary for new members and \$10.00 for on-going members and sponsors. (For children 4-11, dinner is half-price, and for those under 4, free.) Reservations should be made by May 27. Please mail your check to Laureen Novak, 70 Greenwood Way, Mill Valley, CA 94941.

Please let me know if you can contribute an appetizer, salad or desert. We need a hike leader, and help with setup and decorations. To volunteer or get more information, contact **Laureen** at 415-383-1507 or lareenie@yahoo.com.

— Laureen Novak

ALPINE LODGE EVENTS - ASSOCIATE MEMBERS (formerly Guests) WELCOME

New Associate Member forms now available. To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975

THIS SCHEDULE INCLUDES EVENTS AT THE ALPINE LODGE. FOR CAC EVENTS TAKING PLACE ELSEWHERE, PLEASE REFER TO THE "OUTINGS 2006 SCHEDULE" ON PAGE 5.

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30am to 4pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in Trails.

MAY 1-3 MON-WED MEMBER RENTAL
Jeanne Bacon 415-924-2712

MAY 4 THUR NON-MEMBER RENTAL
KQED BOARD RETREAT

MAY 5-7 FRI-SUN SIERRA CLUB RENTAL
Aurora Roberts 730-530-9392

MAY 6-7 SAT-SUN
Please note: There will be no Hikers' Weekend on these dates.

MAY 7 SUN SPECIAL GOURMET MEAL
Hikers and non-hikers are invited to an early sumptuous meal at 3:30pm to make amends for the canceled May 6-7 Hikers' weekend. Reservations and checks to **Eike Linkwitz**, 15 Prospect Lane, Corte Madera, CA 94925. Members: \$12, Associate Members: \$15. Call **Eike** at 415-924-0241 or email el@linkwitzlab.com

MAY 7 SUN YOUNG FAMILIES HIKE
Please read article on page 1.

MAY 10 WED MEMBER RENTAL
Connie Grauds 415-479-1512
ALL DAY

MAY 11 THUR MIDWEEK WORK PARTY
9am-2:30pm
Coordinator: John Hannan
John would like to receive phone calls of how many people he can count on for work and for lunch preparations. Call **John** at 510-527-6709 or email jha8361816@aol.com.

MAY 12-14 FRI-SUN MEMBER RENTAL
Ros Carol 650-592-9394

MAY 19-20 FRI-SAT NON-MEMBER RENTAL
10am-noon

MAY 20-21 SAT-SUN MEMBER RENTAL
Alison Pence 415-924-4609

MAY 21 SUN ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS
Alpine Trustees meet at noon and the Board of Directors meet at 2pm in the Social Hall. Everyone is welcome.

MAY 27-28 SAT-SUN NON-MEMBER RENTAL
Lodge available to membership *after* 10am, Sunday, May 28.

JUN 1 THUR MIDWEEK WORK PARTY
9am-2:30pm
Coordinator: Eva Libien
Save a spot on the calendar for this work party. Call **Eva** at 415-383-5184 or email elibien@yahoo.com.

JUN 3-4 SAT-SUN HIKERS' WEEKEND
See article on the opposite page.

JUN 4 SUN NEW MEMBER DINNER
Laureen Novak 415-383-1507
The New Member Dinner is a fun opportunity to welcome new members and catch up with old CAC friends. This dinner is open to all members and their children. See article on page 3.

JUN 5-9 SUN-FRI MEMBER RENTAL
Dorothy Aksamit 415-331-5958

JUN 9-11 FRI-SUN MEMBER RENTAL
Judy Sibley 707-566-0127
Lodge available to membership 10am-4pm on Sunday, June 11.

JUN 10-11 SAT-SUN MEMBERS' MT. PLAY OVERNIGHT
Hosts needed. Call **Eike Linkwitz** at 415-924-0241 or email el@linkwitzlab.com.

JUN 11-12 SUN-MON MEMBER RENTAL
Sunday 4pm - Monday 10am
Judy Sibley 707-566-0127

JUN 13-16 TUE-FRI "SOLO SIERRANS" MEMBER RENTAL
Sue Barnard 510-524-1090
barnard56@hotmail.com

JUN 17-18 SAT- SUN MEMBERS' MT. PLAY OVERNIGHT
Hosts needed. Call **Eike Linkwitz** at 415-924-0241 or email el@linkwitzlab.com.

JUN 18 SUN ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS
Alpine Trustees meet at noon and the Board of Directors meet at 2pm on the deck or in the Tam Building. Everyone is welcome.

JUN 18 SUN MOUNTAIN PLAY CAST PARTY
2-10pm

JUN 19-25 MON-SUN MEMBER RENTAL
Joan Ryan & John O'Sullivan 415-564-8507

JUN 23 FRI MEMBER RENTAL LUNCHEON
Mary Jane McKown 415-383-2774
10am-3pm
Member rental for June 19-25 listed above, will accommodate this luncheon.

JUN 25-JUL 1 SUN-SAT SIERRA CLUB RENTAL
Paul McKown 415-383-2774

JUL 1-2 SAT-SUN HIKERS' WEEKEND
Happy Hour at 4:30pm. BYOB and a simple appetizer to share. Dinner, salad and dessert at 6:00pm. Members \$8, Associate Members \$11. Spend the night at the Lodge, a delicious breakfast included. Members \$19, Associate Members \$27. Contact **Nuala Caulfield** at 415-922-6775 or email ntcaulfield@msn.com.

JUL 6 THUR MIDWEEK WORK PARTY
9am-2:30pm
Coordinator: Ernie Pitz
Save the date. Call **Ernie** at 415-383-8143 or email guidop6@comcast.net.

JUL 11-14 TUES-FRI MEMBER RENTAL
Rossmore hikers.
Nell Fraser 925-934-9039

JUL 14-16 FRI-SUN NON-MEMBER WEDDING

JUL 16 SUN ALPINE TRUSTEES AND BOARD OF DIRECTOR MEETINGS, QUARTERLY MEMBERSHIP MEETING AND DINNER
The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2pm, followed by the Quarterly Membership meeting at 3pm. Happy hour and dinner will follow. Watch for the details in upcoming TRAILS.

JULY 16-23 SUN-SUN BED & BREAKFAST
Helen Walsh 925-370-0546
Helen will also prepare the dinner for the quarterly meeting on Sun, July 16.

AUG 3 THUR MIDWEEK WORK PARTY
9am-2:30pm
Coordinator needed. Call an Alpine trustee.

AUG 3-5 THUR-SAT MEMBER RENTAL
Carol Weisker 707-776-4856
Starts after work party at 3:30 pm, ends Saturday at noon.

AUG 5-6 SAT-SUN HIKERS' WEEKEND
See July 1-2 entry for details.

AUG 6-12 MON-SAT SIERRA CLUB RENTAL

AUG 18-20 FRI-SUN NON-MEMBER RENTAL

AUG 25-27 FRI-SUN NON-MEMBER WEDDING

AUG 31 THUR MIDWEEK WORK PARTY
9am-2:30pm.
Coordinator's name in later issue.

AUG 31-SEPT 2 THUR-SAT NON-MEMBER RENTAL
Elementary school staff in-service starts at 2:30pm after work party, ends Sat. at 10am.

SEPT 2-3 SAT-SUN HIKERS' WEEKEND
See July 1-2 entry for details.

SEPT 3-10 SUN-SUN BED & BREAKFAST
Mary Frey's special week, which includes the "Beverly Folk Dancers" on Saturday, September 9th. Reserve with Mary: 415-492-2510 or email Marymaryhiker@aol.com.

SEPT 4 MON BOARD OF DIRECTORS
The Board of Directors will meet Monday at the annual "Family Camp" outing.

SEPT 28-OCT 1 THUR-SUN SIERRA CLUB RENTAL

OCT 5 THUR MIDWEEK WORK PARTY
9am-2:30pm
Coordinator needed. Call an Alpine trustee.

OCT 7-8 SAT-SUN HIKERS' WEEKEND
See July 1-2 entry for details.

OCT 11-15 WED-SUN NON-MEMBER RENTAL

OCT 15 SUN ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS, QUARTERLY MEMBERSHIP MEETING / DINNER

The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2pm, followed by the Quarterly Membership meeting at 3pm. Happy hour and dinner will follow. Watch for the details in upcoming TRAILS.

OCT 20-22 FRI -SUN SIERRA CLUB RENTAL
Aurora Roberts 703-530-9392

Watch for updates in future issues of Trails!

ABOUT RENTING THE ALPINE LODGE

Members may rent the Alpine Lodge any time, unless the Club has scheduled an event. It is not mandatory yet to have gone through the full Host Training, but soon this will be the case. Until a new rental team can be found, please contact **Eike Linkwitz** for member rentals. Contact 415-924-0241 or el@linkwitzlab.com.

—Tom Mahood

JUNE 3-4 HIKERS' WEEKEND AT THE ALPINE LODGE

Bring your favorite simple appetizer and join us on Saturday, June 3 for a BYOB happy hour at 4:30 pm, followed by lasagna, salad and dessert at 6 pm. Enjoy an after-dinner presentation by **Lynn Ashdown**, "A Solo Walk: Santiago de Compostela Pilgrimage Trail" (see page 3). If you choose to spend the night, wake to a delicious breakfast and pick a hike to match your ability. Saturday dinner is \$8 for members, \$11 for associates. Overnight cost is \$19 for members, \$27 for associates. Contact Nuala Caulfield at 415-922-6775 or ntcaulfield@msn.com.

— Nuala Caulfield

ALPINE LODGE RENTAL COORDINATORS

The Alpine Lodge Trustees are actively looking for a rental coordination team to handle the various responsibilities. After years of dedicated service, **Eike Linkwitz** will no longer be handling Alpine Lodge member rentals. The Alpine Trustees are dividing this huge job of member and non-member rentals into smaller components. Consequently, they are seeking committed member volunteers to participate in carrying out these tasks. If you are interested, please contact **Paul McKown** at 415-383-2774 or paulmckown@earthlink.net. I'll send you a description of the responsibilities involved.

—Paul McKown

SIERRA CLUB EVENTS AT THE ALPINE LODGE

I'd like to thank my group of Sierra Club hikers and the Alpine Club members for our weeks of March 26th and April 2nd. It was a National Sierra Club Outing trip that was advertised in the Sierra magazine so it drew participants from all over the United States. Usually we have one group, but this year we had an overflow that exceeded 20 so we set up a second section. All told there were 31 participants who enjoyed the Alpine Lodge for 5 nights on the first trip and 6 nights on the second trip. We try to leave the weekends free for CAC regular activities so we start Sunday afternoons and finish our trip on Saturday mornings.

Our trips concentrate on local conservation issues with the group members. We also discuss current concerns in the participants' local areas. Participants often discover that wetlands preservation, open

Continued on page 9

LOST KEY

Hidden Key, number 100, for the Alpine Lodge was not returned. Please check your key numbers and return number 100 as soon as possible. Notify **Eike Linkwitz** at 415-924-0241 or el@linkwitzlab.com.

— Eike Linkwitz

2006 OUTINGS SCHEDULE

Here is a list of upcoming outings. Full descriptions will appear in Trails.

May 7-13 Bob Hanson's canoe trip to the Ozarks. 925-944-3366 or doctoroutdoors@comcast.net. **FULL – taking a waiting list.**

May 18 Marin Water District Education Tour: Ros Carol 650-592-9394 or RosCarol@aol.com. See article on page 1.

May 20 Bus trip to Monterey and Asilomar: Hedda Thieme 415-334-3892 or Myra 415-613-8318. See article on page 1.

Jun 19-21 Explore Old Growth Redwoods in Del Norte County: Jean Rodgers 415-435-9383 or jrodeg1218@aol.com. See article on page 8.

Jul 8-9 Hiking, wildflowers and boating in the Gold Country. Stay in condominiums at the town of Murphys: Mark Korte 916-956-9850 or mkkorte@sbcglobal.net. See article on page 8.

Jul 21-25 Llama trip to Base Camp in Marble Mountains by Yreka: Tom McNicholas 707-254-9953 or tommcnicholas@yahoo.com. See article on page 8.

Jul 31-Aug 4 Base camp at McGee Creek near Bishop: Bob Hanson 925-944-3366 or doctoroutdoors@comcast.net. **FULL – taking a waiting list.**

Aug 13-17 Car camping to fabulous Burney Falls near Redding: Ernie Pitz 415-383-8143 or guidop6@comcast.net and Bob Riboli 415-924-4439. See article on page 8.

Sept 2-4 Annual CAC Family Camp Outing – Labor Day Weekend: Susan McCathy 408-293-0891 or sfmccar@cs.com. See article on page 9.

Sep 8-10 Car Camping Lee Vining: Tony Smith 925-933-2403 or joanne-tony@sbcglobal.net and Ann Meneguzzi 209-931-3423 or tmlann@hotmail.com.

Sept 22-24 Ashland plays: Ruth Tretbar 510-836-0108 or rtretbar@yahoo.com. See article on page 9.

Dec 7-8 Christmas in the Monterey Adobes: Ros Carol 650-592-9394 or RosCarol@aol.com.

— Ros Carol

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERICK AND ARE BOLDED

SAT	MAY 6	10:00 a.m.	Arlin Weinberger	415-444-0611	2B
SUN	MAY 7	9:30 a.m.	Karl Baeck	415-459-6370	2B Co-Listed w/Sierra Club
		10:00 a.m.	Helene Gibbs	415-383-7468	1A
SUN	MAY 14	10:00 a.m.	Eric Bodtker	415-328-4410	2B
SUN	MAY 21	10:00 a.m.	Ben Heldens	415-665-7274	2B Co-Listed w/Sierra Club
SUN	MAY 28	10:00 a.m.	Don & Donna Rice	415-453-6087	2B

MEMORIAL DAY

MON	MAY 29	10:00 a.m.	<i>to be announced</i>		2B
*SAT	JUNE 3	10:00 a.m.	Bonnie Radest	415-897-0227	2B
*SUN	JUNE 4	10:00 a.m.	Howard Ortman	415-456-5912	2B
		10:00 a.m.	Susan McCarthy	408-293-0891	1A
SUN	JUNE 11	10:00 a.m.	Ruth Tretbar	510-836-0108	2B Co-Listed w/Sierra Club
SUN	JUNE 18	10:00 a.m.	Jack Leibman	415-674-4370	2B Co-Listed w/Sierra Club
SUN	JUNE 25	10:00 a.m.	Hardy Dawainis	415-461-4431	2B
•SAT	JULY 1	9:30 a.m.	to be announced		2B
•SUN	JULY 2	9:30 a.m.	Margrit Gonzales	415-472-4270	2B
		10:00 a.m.	Jeanmarie Campbell	415-776-4422	1A

INDEPENDENCE DAY

TUE	JULY 4	9:30 a.m.	Taren Hamilton	415-378-4240	2B
SUN	JULY 9	9:30 a.m.	Paul McKown	415-383-2774	2B
SUN	JULY 16	9:30 a.m.	Bob Smith	510-841-0402	2B
SUN	JULY 23	9:30 a.m.	David Ratner	415-924-3043	2B
SUN	JULY 30	9:30 a.m.	Ernie Pitz	415-383-8143	2B
*SAT	AUGUST 5	9:30 a.m.	Karl Baeck	415-459-6370	2B Co-Listed w/Sierra Club
*SUN	AUGUST 6	9:30 a.m.	Tony Smith	925-933-2403	2B
		10:00 a.m.	Jeanmarie Campbell	415-776-4422	1A
SUN	AUGUST 13	9:30 a.m.	Jack Leibman	415-674-4370	2B Co-Listed w/Sierra Club
SUN	AUGUST 20	9:30 a.m.	Bill Wise	415-584-5481	2B
SUN	AUGUST 27	9:30 a.m.	Renee Powers	415-648-4940	2B

IMPORTANT! RAIN CANCELS

1A HIKES (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

IN JULY, AUGUST AND SEPTEMBER, HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 9:30 A.M. AND MT. HOME AT 9:45 A.M.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com
Hikers' Weekends: For supper and/or overnight arrangements, Contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.com

ALPINE LODGE SUNDAY INNKEEPERS

May 7.....	Nancy Waldeck	415-552-5836	Innkeepers are needed for July and August. If you are free to spend a Sunday at the Lodge, please contact Susan McCarthy , CAC Social Activities Chairperson at 408-293-0891 or email: sfmccar@cs.com .
May 14.....	Melanie Facen.....	415-492-0470	
May 21.....	Ruth Tretbar.....	510-836-0108	
May 28.....	Iris Skates	925-934-4952	
June 4.....	Pat Boyd & Bob Piper.....	510-848-4134	
June 11.....	Arline Martin & Teresa McDonough.....	510-523-0305	
June 18.....	Gloria Neumeier	415-453-2225	
June 25.....	Marion Hazzard.....	415-661-6876	

ECHO SUMMIT LODGE HOST APPRECIATION & TRAINING

**Friday evening – Sunday morning,
May 12-14**

Echo Summit Lodge Trustees extend a warm invitation to veteran and new hosts to attend our upcoming Spring Host Appreciation and Training weekend. This event combines honoring our seasoned hosts and enlightening prospective hosts who wish to organize either an event open to CAC members or a private member rental. Hosts for either of these events are required to attend training and to renew training every 3 years to keep abreast of changes in procedures, policies, and infrastructure. Hosting an event open to CAC general membership is an excellent way to support the club and fulfill your volunteer commitment.

The weekend starts with dinner on Friday that is encouraged but optional for those who cannot arrive until later in the evening. Training begins in earnest shortly after breakfast on Saturday. We cover: how to organize a hosted event; standards of operation; meal planning; record-keeping requirements and calendar scheduling for both Hosted Events and Member Rentals; special considerations during winter months; and Lodge infrastructure. We include a tour of the Lodge, demonstrating safety measures and how to shut down/open up the Lodge, including turning the water off/on. We provide each attendee a Host Manual, updated semi-annually with the latest policies and procedures for operating Echo Summit Lodge. Each host will have this manual to take home and use as a reference guide. We encourage sharing of best practices and ideas for Lodge improvements. There is generally leisure time for a short hike or other activity before dinner.

This session ends on Mother's Day. Trustees are planning a special breakfast for Sunday morning. We will be sure those in attendance are able to get home early enough to spend plenty of time with family.

Host Appreciation & Training is hosted by the Echo Trustees (i.e., no cost for those who attend) but we do require advance reservations. Contact **Cindy Toran** at 707-539-4396 or toranski@aol.com to reserve a space.

— Cindy Toran

ECHO LODGE HOST SCHEDULE

Phone **Cindy Toran** 707-539-4396 anytime until 9:30 pm, or e-mail toranski@aol.com.
Echo Lodge Telephone: 530-659-7274

Spring Host Appreciation and Training is scheduled for May 12-14 for anyone who wants to learn the art of hosting and for veterans to get a refresher on the latest changes at Echo, as required every 3 years. See separate article on page 6 for more details.

Spring Work and Fun Party is May 24-30. See separate article on page 1 for details.

Summer/Fall Hosts and Hosts-in-Training: A few choice openings in the Summer and Fall schedule are still available: July 20-23, Aug 28-Sep1, Sep 19-29, and Thanksgiving weekend. These time periods can be split (it is not necessary to sign up for the entire time span). Please contact me to host a session.

The next Echo Lodge Trustees' Meeting will be held Sunday, May 28th, at Echo Summit Lodge. Contact Cindy at 707-539-4396 or toranski@aol.com if you would like to attend.

— Cindy Toran

MAY 5-7 FRI-SUN MEMBER RENTAL
Tom McNicholas 707-254-9953

MAY 12-14 FRI-SUN SPRING HOST APPRECIATION & TRAINING
Contact Cindy Toran for reservations
toranski@aol.com 707-539-4396

MAY 19-21 FRI-SUN AVAILABLE FOR TRAINED HOSTS

MAY 24-30 WED-TUES SPRING WORK PARTY
Tom Coleman 707-769-7801
tomcoleman@sbcglobal.net

JUN 8-11 THUR-SUN ECHO CONSERVATION BENEFIT & BIRDING IN THE TAHOE REGION
Karen & Jerry Wagner (Birding) 707-528-8197
& Paul & Cici Mattiuzzi (Conservation)
Karen and Jerry Wagner: 2622 Wawona Dr, Santa Rosa, CA 95405 karwag@sonic.net

JUN 15-18 THUR-SUN MEMBER RENTAL
Mary & Roger Rigney 916-985-7351

JUN 18-JUL 2 SUN-SUN SPA WEEKS
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

JUL 2-7 SUN-FRI
Mary Ellen Yates & Juli Bradsher
415-898-6606
10 Palomino Cir, Novato, CA 94947
meyates@comcast.net

JUL 7-9 FRI-SUN TRAIL CLEARING WEEKEND
CAC values our relationship with USFS. This event demonstrates that we support their efforts to provide outdoor recreational opportunities, especially for hikers. Join **Tom Coleman**, other CAC members and park staff in this satisfying outdoor work weekend when we help maintain trails in the Echo Lakes area! For further information call Tom at 707-769-7801 or email tomcoleman@sbcglobal.net.

JUL 9-14 SUN-FRI HIKERS' WEEK
Ursula Pedersen & Ruth Tretbar
415-479-0343
159 Golden Hinde Blvd., San Rafael, CA 94903 ursulole@sbcglobal.net

JUL 14-16 FRI-SUN
Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way, Santa Rosa, CA 95409 awewart@sbcglobal.net

JUL 16-20 SUN-THUR CO-O MEAL DAYS
Cindy & Russ Toran 707-539-4396
5934 Yerba Buena Rd, Santa Rosa, CA 95409
toranski@aol.com

JUL 20-23 THUR-SUN AVAILABLE FOR TRAINED HOSTS

JUL 23-30 SUN-SUN
Kathy & Bill Faherty 707-539-7081
5420 Gates Rd, Santa Rosa, CA 95404
faherty@sonic.net

JUL 30-AUG 3 SUN-THUR
Barbara & Keith Crockett 650-365-6280
859 Chesterton Ave, Redwood City, CA 94061 kc9erfan@sbcglobal.net

AUG 3-6 THURS-SUN
Ed & Anne Delmonte 707-528-7983
& Monika Balsamo
2645 Knob Hill Dr, Santa Rosa, CA 95404
anne.delmonte@gmail.com

AUG 6-11 SUN-FRI CO-OP MEAL WEEK
Susan McCarthy & Carroll Pearson
408-736-9403
1069 Rockefeller Dr, Sunnyvale, CA 94087
pearsoncmp@aol.com
FULL - taking a waiting list.

AUG 11-16 FRI-WED
Lillian Young & Wayne Koerting
650-588-5689
3650 Sneath Lane, San Bruno, CA 94066

AUG 16-20 WED-SUN
Eike & Siegfried Linkwitz 415-924-0241
15 Prospect Ln, Corte Madera, CA 94925
el@linkwitzlab.com

AUG 20-24 SUN-THURS
Beverly Kern & Jerry Rosenberg 415-381-4931
139K Seminary Dr, Mill Valley, CA 94941

AUG 24-28 THURS-MON ECHO LAKES TEEN WEEKEND
Pat Anderson 510-649-8537
3026 Benvenue Ave, Berkeley, CA 94705
patinegypt@yahoo.com
Come and enjoy the mountains and other teen members of the CAC. Parents, you are invited too! Kids must be at least middle school age.

AUG 28-SEPT 1 MON-FRI AVAILABLE FOR TRAINED HOSTS

SEPT 1-4 FRI-MON LABOR DAY WEEKEND
Christine and Francois Piccin 707-535-0544
1256 Wikiup Drive, Santa Rosa, CA 95403
Christine@piccin.com

SEPT 6-13 WED-WED HIKING AND FELLOWSHIP WEEK FOR SENIORS
Host: Ray Sommer 415-472-1229
15 Terra Linda Dr, San Rafael, CA 94903
ray@sommerworld.com

SEPT 14-19 THUR-TUES FANTASTIC FALL FUN & WORK PARTY
Contact: Tom Coleman 707-769-7801
tomcoleman@sbcglobal.net

SEP 19-29 TUE-MON AVAILABLE FOR TRAINED HOSTS

SEPT 29-OCT 1 FRI-SUN MEMBER RENTAL
Lee Yamada & Phyllis Cole 831-438-5749

OCT 1-8 SUN-SUN FALL SPA WEEK
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

OCT 13-15 FRI-SUN
Jim Nixon & Jan McCulloch 650-756-7771
50 Seacrest Ct, Daly City, CA 94015
jimnixon2000@yahoo.com

Watch for updates in future issues of Trails!

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

- Sun, May 21, 2006 Board of Directors Meeting at 2 pm
- Sun, Jun 18, 2006 Board of Directors Meeting at 2 pm
- Sun, July 16, 2006 Board of Directors Meeting at 2 pm
Quarterly Membership Meeting at 3 pm
Dinner to follow.
- Mon, Sept 4, 2006 Board of Directors meeting at the Annual Outing
- Sun, Oct 15, 2006 Board of Directors Meeting at 2 pm
Quarterly Membership Meeting at 3 pm
Dinner to follow.
- Sun, Nov 19 2006 Board of Directors Meeting at 2 pm

If you have any questions, call **Tony Smith** at 925-933-2403 or email joanne-tony@sbcglobal.net. Members are welcome at Board Meetings. Thank you!

— Tony Smith, President

NORTH COAST HIKE: WHERE THE REDWOODS MEET THE SEA

Monday-Wednesday, June 19-21

Join us for three days in a little known part of California near Crescent City. We hike two days through magnificent redwood forests and have one day open to investigate the area's many and varied attractions.

One of our Del Norte County hikes is a loop which rises above the mouth of the Klamath River to the Flint Ridge Trail. We'll pass through old growth redwood forest where we can see trees in excess of 12 feet in diameter. Another hike, with a section known by the locals as Kick Ass Hill, includes a 900 foot gain in 1 and ¼ miles. The trail then winds gently through virgin redwoods for the rest of the day. Our motel on the beach will welcome us back each day at the end of our 8-9 mile hike. Contact **Jean Rodgers** at 415-435-9383 or email jrodg1218@aol.com.

— Jean Rodgers

GOLD COUNTRY TRIP TO MURPHYS

Saturday-Sunday, July 8-9

Enjoy one of the lesser know areas of our local mountains, Bear Valley east of Angels Camp on Highway 4. On Saturday, July 8th, there will be a hike that will take us up high enough to enjoy overlooking neighboring lakes and the backside of the Yosemite area. We have a local expert expected to join us for information on birds and flowers. This is a hike that can accommodate most abilities with several turn back points.

Also available: excellent fishing; boat and kayak rental; and a short drive to Calaveras Big Trees for some skyscraper sized trees. For those that do not wish to rusticate, the shops and wineries of the town of Murphys may be calling you. Accommodations are on your own but we have made arrangements with the local condominium rental folks for a

special rate. There are also cabins to rent and campgrounds for you tenters. For details, call **Mark Korte** at 916-956-9850 or email him at mkorte@sbcglobal.net.

For cabin and condominium rentals contact Bear Valley Real Estate at 209-753-2234 or visit them at www.bearvalleyvacationrentals.com. If you make reservations be sure to mention my name, **Mark Korte**, so our group gets credit for the rental. After three rentals we get a discount of 10%. For campground information, call 209-795-1381 or visit: www.fs.fed.us/r5/stanislus/calaveras/camping/index.shtml.

The schedule for Saturday is a breakfast together at 8am and then we depart for the hike at 9:30am. We will meet again for dinner Saturday evening. Sunday we will grab (or rent) our kayaks or canoes for a light paddle on one of the high mountain lakes. Paddle will begin at 10am and we will pack a lunch. For boat rental information call 209-753-2834 or visit: www.bearvalleyxc.com/summer.shtml.

— Mark Korte

MARBLE MOUNTAIN WILDERNESS LLAMA BASE CAMP

Friday-Tuesday, July 21-25

Let the llamas take the load off hiking into this beautiful wilderness in the Klamath Basin. Traveling into and out of base camp with gentle llamas through old growth forests, knee deep in ferns and wildflowers, will be an unforgettable experience.



This is a traditional California Alpine Club base camp with tent camping. There will be opportunities for day hikes, fishing and just relaxing and enjoying the natural surroundings. The lakeside camp is at 6000 feet elevation and 6 miles from the 4800 feet elevation trailhead, which is east of Yreka off Interstate 5.

The trip is limited to eight participants and will cost \$275 per person. Meals and llamas are included. To qualify for this trip you must be a CAC member at least 16 years old, be willing to participate in cooking and camp chores, be in adequate health to hike and camp in unpredictable weather and eager to have a wonderful time and enjoy the group. Contact **Tom McNicholas** at tommcnicholas@yahoo.com or call him at 707-254-9953 for more details.

— Tom McNicholas

NEW DATE FOR BURNEY FALLS CAR CAMP

Sunday-Thursday, August 13-17

Get ready NOW and sign up for this outing (just 60 miles east of Redding) to beautiful Burney Falls where over 100 million gallons of water cascades daily from volcanic rock, creating a rain-forest like cool mist below. Eight lucky people will share a central commissary and the delights of this natural treasure. Showers and restrooms are steps away. Bring your swimsuit, firewood and any special dietary needs.

The cost is \$60 per camper. To reserve a space, send a \$25 deposit along with your name, address, phone number and Email address to Ernie Pitz, 1 Alta Vista Ave., Mill Valley CA, 94941. (Full refund for cancellations before August 1st; 50% refund cancellations between August 2-7.) For more details, contact **Ernie Pitz** at 415-383-8143 or guidop6@comcast.net, or **Bob Riboli** at 415-924-4439.

— Ernie Pitz and Bob Riboli

LABOR DAY FAMILY CAMP

Saturday-Monday, September 2-4

Get your reservations in early for choice lodging sites at this fun weekend retreat. See the article in the April Trails for the list of cabins. If you can't find your copy of Trails, it is on the web site: www.calalpine.org

Prices are as follows:

Children (ages 3-12) in tent or RV .. \$40

Children (ages 3-12) in cabin..... \$70

Adults in tent or RV \$70

Adults in cabin..... \$100

(A few cottages with bathrooms for people with special needs are available at extra cost.)

The camp can accommodate 125 campers and we will take a waiting list. Reservations can be held with a deposit of \$25 per person, refundable up until the week prior to camp. Checks should be made out to **Susan McCarthy**, and mailed to 1141 Willow Glen Way, San Jose, CA 95125-3350. **Susan** can be reached at sfmccar@cs.com or 408-293-0891.

Of course, we need the usual CAC supply of help. **Tom Coleman** is in charge of food. If you can help, please contact **Tom** at tomcoleman@ap.net or 707-769-7801. Anyone qualified to supervise the climbing wall or archery, please contact **Carroll Pearson** at pearsoncmp@aol.com or 408-736-9403. Lifeguards will be on duty, but we will need additional water supervision. Let us know how you can help.

— Susan McCarthy and Carroll Pearson

THEATER TRIP TO THE OREGON SHAKESPEARE FESTIVAL

Friday-Sunday, September 22-24

Join **Ruth Tretbar** for the CAC's second annual trip to Ashland, Oregon. We will see three excellent productions: the early Shakespeare comedy, *Two Gentlemen of Verona*; Oscar Wilde's *The Importance of being Earnest*; and *Dr. Jekyll and Mr. Hyde* by David Edgar, who adapted *Nicholas Nickleby* for the stage. The plays will be Friday evening, Saturday matinee and Saturday evening.

We will stay at the Flagship Inn, a ten to fifteen minute walk from the theaters and restaurants. You may wish to visit the Festival Museum, take a backstage tour, shop, or stop at local orchards. On Sunday there will be an optional outing to the historic town of Jacksonville.

The trip cost of \$290 includes tickets to three plays,

attendance at two happy hours, and two nights at the motel. We will eat together Friday night. After that you can choose from Ashland's many excellent restaurants and coffee shops.

To reserve a space, send a \$50 deposit to **Ruth Tretbar**, 320 Lee Street, Apt. 801, Oakland, CA 94610. If you have questions, contact Ruth at 510- 836-0108 or rtretbar@yahoo.com.

— Ruth Tretbar

APRIL MIDWEEK WORK PARTY AT ALPINE LODGE

After almost constant rain for weeks, the sun shone on our work party. Whether it was energy derived from this very welcome source, or the enthusiasm that seems inherent in Alpiners, I don't know, but everyone was as busy as a bee. Putting the pantry in order, cleaning the oven, vacuuming, window cleaning, laundering, sweeping, dusting, checking that all the light bulbs worked, or cleaning the bathrooms (always a favorite), each task was diligently done. The distaff side was represented **Innes Bergman, Melanie Facen, Dolores Fahey, Mayme Harris, Barbara Hawke, Marion Hazzard, Betty LaGuire, Eva Libien, and Rosemary Trowsdale**, while **Paul McKown, Roger Diehnel and Burt Rodgers** (new to our ranks) were worthy representatives of the men of the Alpine Club.

For lunch, since I had expected yet another gray, rainy day, we had a vegetable beef soup. For the vegetarian, **Rosemary**, I made a tortellini-pesto soup, which she had to guard with her life. Everyone wanted to 'just try some'. **Eva**, bless her heart, drove way down to Mill Valley to replace the baguettes that I had left at home. All those who attended should give themselves a pat on the back for the work they did, but most of all for contributing their wonderful spirit, humor and camaraderie to what could be, but never is, a tedious event.

— Nuala Caulfield

Continued from page 5

SIERRA CLUB EVENTS AT THE ALPINE LODGE

space conservation, and urban sprawl are topics of concern nation wide. To emphasize good conservation practices we use cloth napkins, cloth bathroom towels, and plastic boxes for lunch items instead of plastic bags. Our goal is to teach participants to reuse as well as recycle and eliminate the over-use of paper products. For some this is a real eye opener.

Eike, Ed, Susan, and the trustees have been very supportive and encouraging and I, as leader, am thrilled to be able to use the lodge and add to the coffers. A couple of years ago our group donated several laminated wild flower posters. This year the group contributed a brand new electric tea kettle to the CAC.

I would like to thank the trustees and members for this wonderful opportunity to use the lodge. I started about five years ago and this year we had two "Coastal Medley" groups and will have two "Hiking and Yoga" groups - one in June and another in August. In 2007 we hope to add a birding and photography week and a service week where we work in Muir Woods.

— Mary Jane McKown

TRAILS
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NEW BOARD OF DIRECTORS PROTOCOL

To facilitate information sharing and expedite the CAC Board of Directors meetings, please submit reports to Board president, **Tony Smith** via email at joanne-tony@sbcglobal.net or mail them to **Tony** at 2345 Tice Creek Drive, #4, Walnut Creek, CA 94595. Reports should be submitted at least one week prior to the meeting. If you have an issue to discuss with the Board and written material can be shared, please do so as well.

— Susan McCarthy

CLASSES ON BOAT SAFETY

The Marin Power & Sail Squadron is offering a tuition-free U.S. Coast Guard approved safe boating class, "Boat Smart", at the Kell Educational Center, 789 North Hamilton Road, Novato, on May 9, 10, 16 and 17. Each class is from 7 to 9 pm. Classes are taught at no charge by Marin Power and Sail Squadron members who are experienced sailors and boaters. Topics include Boat Types, Selecting a Boat, Handling a Boat, Required Safety Equipment, Trailing a Boat, Docking, Anchoring, Using a Marine Radio, Medical Emergencies, and the Latest U.S. Coast Guard Rules. The text, which may be shared by two people and is an excellent reference book to keep aboard your boat, costs \$30.00. Upon successfully passing a final examination, attendees will be awarded a certificate which many insurance companies recognize by providing a discount on boat coverage. For more information, phone 415-883-6777.

— Stuart Bacon, Marin Power and Sail Squadron

TRAILS NEWSLETTER ALERT

Please send articles for the **June** issue of *Trails* to editor, **Helena Troy**, by email to hmtroy@aol.com or 134 El Condor Court, San Rafael, CA 94903, phone 415-492-9576. **Helena** should receive articles for the **June** issue no later than **May 5th**. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped and preferably the original digital camera file, as a jpeg attachment in an e-mail message. In the e-mail, please state clearly the names of the people in the photo, the date and place of the event and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in *Trails*. For photographs in other formats, contact the editor.

Editor for the **July/ August** issue of *Trails* will be **Angi Blackwell**, at ablackwell@ca or 415-584-2586. If you would like to assist with the publishing of *Trails*, please contact Angi at the contact numbers above or via mail to 234 Lisbon St., San Francisco, CA 94112.

—Angela Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 82

June 2006

No. 5

JULY 4TH POTLUCK

Come celebrate at a very simple party on Mt. Tamalpais. BYOB, food to share, and musical instruments. There'll be no patriotic speeches, fireworks or parades, but we may sing "My Country 'Tis of Thee". Overnight Monday and/or Tuesday? Contact **Tony Smith** at 650-207-1619 or e-mail Joanne-tony@sbcglobal.net.

— Tony Smith

CAC WEB SITE

The address of our CAC Web Site has changed to www.calalpineclub.org. Please change your bookmarks, if appropriate. If you need the user id and password to the member section of the site, please contact **Carroll Pearson** at pearsoncmp@aol.com.

— Carroll Pearson

DEL NORTE COUNTY REDWOODS: CAMPING, HIKING, EXPLORING

There is still time to sign up for the Del Norte County Redwoods outing on June 19-21.

Our group will camp in Del Norte Redwoods State Park (not stay in a motel as previously mentioned). Our first hike is in redwood forests south of Crescent City near the mouth or the Klamath River. The next day we'll explore wherever we choose: A lighthouse, the beaches, Fern Canyon, Trees of Mystery featuring a Native American museum, or take a jet boat 25 miles up the Smith River for lunch or dinner. The last day we'll shuttle cars before starting on another memorable day deep in the redwoods. Hikes are moderate 6 to 8 miles with an optional extension to total 15 miles the last day. To reserve a space send a \$50 deposit to **Jean Rodgers**, 14 Hillcrest Rd., Tiburon, CA 94920. If you have questions, contact Jean at 415-435-9383 or jrodd1218@aol.com.

— Jean Rodgers

LABOR DAY FAMILY CAMP MAY BE CANCELLED!

Saturday-Monday, September 2-4

We have very few signups for the Labor Day Family Camp. We have a long lead-time with the Salvation Army for cancellation, so we need your signups prior to the 16th of June to avoid losing our large deposit. We need at least 100 attendees. Tom Coleman says, "Traffic was easy last year."

This is one of our few family outings, so we encourage families and multi-generation groups along with our members to enjoy this outdoor time. Camp Del Oro is near Nevada City in the foothills of the Sierras. Swimming, boating, fishing, hiking, and other activities are available. We will have a band on Saturday night and a campfire program on Sunday night. Monday morning the CAC board will meet. This is an opportunity to observe how your Club is managed.

Lodging types were listed in the March TRAILS and prices in the April TRAILS. You can view the past TRAILS on the web at www.calalpineclub.org.

Reservations can be held with a deposit of \$25 per person, refundable up until the week prior to the camp. Checks should be made out to **Susan McCarthy**, and mailed to 1141 Willow Glen Way, San Jose, CA 95125-3350. For questions, contact **Susan** at sfmccar@cs.com or 408-293-0891; or **Carroll Pearson** at pearsoncmp@aol.com or 408-736-9403.

— Susan McCarthy and Carroll Pearson

IMPORTANT NOTICE

With this month's issue of *TRAILS*, you will receive the "CAC Reference Information" and "CAC Membership Application" pullouts. These pages contain valuable information about the California Alpine Club and its activities. Please read them and keep for your reference.

Also, please complete and return the "CAC Membership Interest and Skills Sign-up List." The survival of the Club depends on willing volunteers and that means YOU!

— CAC Board of Directors

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Vice President	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Secretary	Jan Rodgers	415-435-9383	jrodg1218@aol.com
Treasurer	David Ratner	415-924-3043	DLratner@aol.com
Registrar	David Maier	831-462-2764	dmmaier@pacbell.net

Board of Directors:

John Hannan	510-527-6709	JHa8361816@aol.com
Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
Ernie Pitz	415-383-8143	guidop6@comcast.net
Susan McCarthy, past pres.	408-293-0891	sfmccar@cs.com
Eva Libien	415-383-5184	elibien@yahoo.com
Onnie Taylor	415-648-6380	onniet@earthlink.net

Committee Chairpersons:

Conservation	Jay Hallberg	415-383-1507	lareenie@yahoo.com
Finance	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Laureen Novak	415-383-1507	lareenie@yahoo.com
Outings	Ros Carol	650-592-9394	RosCarol@aol.com
Publications	Angela Blackwell	415-584-2586	ablackwellca@earthlink.net
Sunshine	Lois Hillman	415-586-6713	
Social Activities	Susan McCarthy	408-293-0891	sfmccar@cs.com
Parliamentarian	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com

Lodge Trustees

Alpine Chair	Ed Del Monte '07	707-528-7983	eddelmonte@delmontecito.com
	Roger Diehnel '07	415-924-5519	rdiehnel@hotmail.com
	Nuala Caulfield '07	415-922-6775	ntcaulfield@msn.com
	Ruth Tretbar '08	510-836-0108	rtretbar@yahoo.com
	Paul McKown '09	415-383-2774	paulmckown@earthlink.net
Alpine Rentals		415-381-4975	
	Melanie Facen	415-492-0470	mfacen@aol.com
Echo Chair	John Hannum '06	707-525-8108	jrhanum@aol.com
	Tom Coleman '08	707-769-7801	tomcoleman@sbcglobal.net
	Edie Nelson '08	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '06	415-472-1229	ray@sommerworld.com
	Cindy Toran '07	707-539-4396	toranski@aol.com

CAC Foundation Directors

Jay Hallberg, President	415-383-1507	lareenie@yahoo.com
Mae Harms	530-333-1058	maeharms@mindspring.com
Bill Meneguzzi	916-451-1523	bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Angela Blackwell, Patricia Boyd, Anita Cabrera, Maureen Clark, Robert Feist, Beverly Heywood, Donald Johns, Tom Mahood, Carroll Pearson, Dan Schoenholz and Helena Troy.

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Bob Hanson and Eike Linkwitz were honored with our Distinguished Service Award at the Annual Awards Dinner on April 29, 2006.

PRESIDENT'S MESSAGE

BOB HANSON AND EIKE LINKWITZ HONORED

About 75 of us got together the last Saturday in April to attend the annual Awards Dinner and to honor two of our most important members for their years of hard work and superior leadership: **Eike Linkwitz** and **Bob Hanson**. A delicious meal was provided by **Anne Del Monte** and her many helpers.

We honor Bob for his energy and dedication to CAC. He brought the outings program back to life with the canoe trips, base camp weeks, foreign adventures, and the Annual Outings/Family Camp. He is also the author of the Awards for Volunteer Recognition, of which he is now the recipient. His leadership as President for two years, his work on the by-laws, the nominating committees, Elderhostel (with help from his charming wife, **Lyda Dicus**), and other projects too numerous to mention, have greatly benefited our Club. His lifetime experience of teaching and organizing outdoor activities with many different groups has made him a most valuable asset to the CAC.

Eike's field of expertise has been turning our two lodges into efficient workable operations: first Echo and now Tamalpais. Her ability to improve and fine tune the many conditions that were problematic has made her a legend within the Club. She has brought many wonderful people into the leadership, and has worked hard to bring young families into the Club. Her abilities as a manager and leader have gotten the CAC through many a crisis. We owe her a tremendous debt and hold her in great esteem. Thank you, Eike!

A heartfelt thanks also to the organizers of this wonderful evening, **Carroll Pearson**, **Susan McCarthy** and **Ernie Pitz**, who made it happen and coordinated all the members who volunteered their time and talents. Yes, this Club runs on participation and involvement!

—Tony Smith, President

PROPOSED MECHANICAL BY-LAWS CHANGE

To facilitate our review of the Club By-Laws, a mechanical change is proposed. This would be a spelling, grammar, punctuation, and organization cleanup of the document, with no substantive changes. Review of the changes would be by the Club leadership and any member who requests a review.

This change will be voted upon by the membership at the quarterly meeting on July 16, 2006.

—Carroll Pearson

CONSERVATION REPORT

This month's conservation donation recipients are **Audubon Canyon Ranch, CoastWalks, and Sierra Club Inner City Outings**. The Audubon Canyon Ranch provides a wildlife sanctuary focused on sharing nature and educating visitors. Coastwalks continues its stewardship of the California coastline to enhance its access and preservation as a treasure to be enjoyed by all. The Sierra Club Inner City Outings provides an experience for future generations to appreciate the conservation efforts of others.

As your CAC Foundation Directors we are challenged with choosing 3 conservation organizations each month, which support our goals in the conservation efforts. We extend that challenge to our membership by requesting a fourth organization to be identified with your donations. With your donations, we ask that you state your preferences toward 4 organizations which we will place in order for future donation distributions to be made as funds may allow. Your involvement in this process will make a difference.

Your CACF Directors for this year have been ratified by the CAC Board at the April annual meeting. **Mae Harms** and **Jay Hallberg** will be continuing and **Bill Meneguzzi** has taken up the challenge with us to make a difference toward conservation.

We look forward to seeing old and new friends alike at two upcoming events: The Birding and Conservation Benefit at Echo Lodge from June 8-11, and the Hillman Conservation Weekend at Alpine Lodge on November 4-5. If you have not confirmed your reservations, please do so.

Hot off the press, we have a new address for your comments and donations. Please take note: CACF, P.O. Box 75, Garden Valley, CA, 95633

— Jay Hallberg, Conservation Chair and CACF Director and President

A SUNNY DAY AT ALPINE LODGE

Thursday, May 11th, saw a select group of Club veterans and a member-candidate at Alpine Lodge, primed for a work party on a stunningly beautiful spring day.

The ubiquitous **Hans Schilling** joined in the gardening, along with Trustee **Ruth Tretbar** and member-candidate **Vicki Olds**. Since it was Vicki's first visit to the lodge, she was a captive audience as others regaled her with tales from the Club's history.

Rosemary Trowsdale performed yeoman service in cleaning the windows, while Roger Diehnell, in the methodical way that's his trademark, made various repairs and organized the shop. **John Hannan** gave the weed whacker a workout, slashing away at the high grass around the Tam building.

Mayme Harris and **Donna Rice** washed table cloths and helped in the perennial task of cleaning the kitchen, organizing the fridge, and re-arranging the pantry.

High point of the day came at lunch, when Ruth served a delicious lentil soup, a wonderful salad, and dessert of chocolate cake and ice cream.

Summing up: a pleasant, productive day on the mountain.

— John Hannan

EMAIL AND ADDRESS CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone and email (particularly email, which changes much more frequently than regular addresses.) If you haven't been receiving periodic messages via email from CAC, we probably have the wrong email address for you. **David Maier** can be reached at 831-462-2764 or dmmaier@pacbell.net or by mail at 2-1120 E. Cliff Drive, Santa Cruz, CA 95062

— Dave Maier, Registrar

MEMBERSHIP REPORT

May 2006

The following applicants are submitted for posting prior to Board acceptance:

Douglas A. & Mari Norman –Joint Members

Katie Norman: Junior Member

5013 Englewood Drive

San Jose, Ca. 95129

408-255-5162 Email: marinorman@sbcglobal.net

Sponsors: Ruth Tretbar & Audrey Vaggione

Helga Raab & Richard Plue - Joint Members

715 Shields Street

San Francisco, Ca. 94132-2608

415-337-1812 Email: rplue@earthlink.net

Sponsors: Laureen Novak & Patricia Ferrari

The following names are submitted to the Board of Directors for acceptance.

Their names have been previously published in TRAILS; **Brad Nicolet, Micheal Larsen, Burt Rodgers**

— Laureen Novak, Membership Chair

FROM YOUR NEW "OLD HISTORIAN"

The Alpine Club has been a big part of my life since I joined in 1952 before I married Harry West, who died in 1999. Harry's father was a member of the YMCA Boys Hiking Group, whose scheduled hikes were published in the San Francisco newspaper "The Call Bulletin". Some members of this group, including Harry's father, became founding members of the California Alpine Club, which held its first meeting under that name in April 1914. Of special interest are many old photo albums from both his mother and father from about 1912 to mid 1920's. Unfortunately most do not have the names. Many men and women in the photos were life-long family friends that I can identify and other "old-time" members including **Marion Blake Rhodes** and **Ramona Griffith Crosby** have provided and helped identify others.

I have found that I can scan and copy these small old photos and make very good prints. We have a small album of photographs of some of the past presidents, but need many more. I would especially like to find a photo of **Frank Allen** our first President. I did not know him, so would not recognize his picture. He is surely in some of the old photos. In another issue of "TRAILS" I'll list the names of those missing.

We need to locate family and friends of those early members now. We are rapidly losing those who knew them personally. It would be appreciated if any of you connected to "old-timers" would get in touch with me: 99swest@earthlink.net or 650-854-6349, so we know who you are. They may no longer be members.

— Verna Steele West

ALPINE LODGE EVENTS - ASSOCIATE MEMBERS (formerly Guests) WELCOME

New Associate Member forms now available. To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975

THIS SCHEDULE INCLUDES EVENTS AT THE ALPINE LODGE. FOR CAC EVENTS TAKING PLACE ELSEWHERE, PLEASE REFER TO THE "OUTINGS 2006 SCHEDULE" ON PAGE 5.

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30am to 4pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

JUN 1 THUR MIDWEEK WORK PARTY

9am-2:30pm
Coordinator: Eva Libien
Alpine Lodge needs you! There are many special projects, garden care, and housecleaning. Join us for companionship, a good lunch, and a contribution of your talents. Reserve a space with Eva at 415-383-5184 or elibien@yahoo.com

JUN 4 SUN NEW MEMBER DINNER

Laureen Novak 415-383-1507
The New Member Dinner is a fun opportunity to welcome new members and catch up with old CAC friends. This dinner is open to all members and their children. See article on the opposite page.

JUN 5-9 SUN-FRI MEMBER RENTAL

Dorothy Aksamit 415-331-5958

JUN 9-11 FRI-SUN MEMBER RENTAL

Judy Sibley 707-566-0127
Lodge available to membership 10am-4pm on Sunday, June 11.

JUN 10-11 SAT-SUN MEMBERS' MT. PLAY OVERNIGHT

Hosts will be Helga Raab and Richard Plue
415-337-1812 or rplue@earthlink.net

JUN 11-12 SUN-MON MEMBER RENTAL

Sunday 4pm - Monday 10am
Judy Sibley 707-566-0127

JUN 13-16 TUE-FRI "SOLO SIERRANS" MEMBER RENTAL

Sue Barnard 510-524-1090
barnard56@hotmail.com

JUN 17-18 SAT- SUN MEMBERS' MT. PLAY OVERNIGHT

Hosts needed. Call Eike Linkwitz at 415-924-0241 or email el@linkwitzlab.com.

JUN 18 SUN ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS

Alpine Trustees meet at noon and the Board of Directors meet at 2pm on the deck or in the Tam Building. Everyone is welcome.

JUN 18 SUN MOUNTAIN PLAY CAST PARTY

2-10pm

JUN 19-25 MON-SUN MEMBER RENTAL

Joan Ryan & John O'Sullivan 415-564-8507

JUN 23 FRI MEMBER RENTAL LUNCHEON

Mary Jane McKown 415-383-2774
10am-3pm. Member rental for June 19-25 listed above, will accommodate this luncheon.

JUN 25-JUL 1 SUN-SAT SIERRA CLUB RENTAL

Paul McKown 415-383-2774

JUL 1-2 SAT-SUN HIKERS' WEEKEND

Happy Hour at 4:30pm. BYOB and a simple appetizer to share. Dinner, salad and dessert at 6:00pm. Members \$8, Associate Members \$11. Spend the night at the Lodge, a delicious breakfast included. Members \$19, Associate Members \$27. Contact Nuala Caulfield at 415-922-6775 or email ntcaulfield@msn.com.

JUL 4 TUES POTLUCK

2:00 p.m.
Coordinator: Tony Smith
See article on page 1

JUL 6 THUR MIDWEEK WORK PARTY

9am-2:30pm
Coordinator: Ernie Pitz
Ernie looks forward to seeing you. He'll have a variety of projects, inside and out, to make the Lodge shine. Contact Ernie at guidop6@comcast.net

JULY 9 SUN SUNDAY WORK PARTY

9:00am-2:30pm
Coordinator: Paul McKown
If you can't attend the Thursday work parties, this is your quarterly opportunity to support the lodge. Contact Paul at 415-383-2774 or at paulmckown@earthlink.net

JUL 11-14 TUES-FRI MEMBER RENTAL

Rossmore hikers.
Nell Fraser 925-934-9039

JUL 14-16 FRI-SUN NON-MEMBER WEDDING

JUL 16 SUN ALPINE TRUSTEES AND BOARD OF DIRECTOR MEETINGS, QUARTERLY MEMBERSHIP MEETING AND DINNER

The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2pm, followed by the Quarterly Membership meeting at 3pm. Happy hour and dinner by Helen Walsh will follow. See July/Aug TRAILS for details.

JULY 16-23 SUN-SUN BED & BREAKFAST

Helen Walsh 925-370-0546
Helen will also prepare the dinner for the quarterly meeting on Sun, July 16.

JUL 28-30 FRI-SUN NON-MEMBER WEDDING

AUG 3 THUR MIDWEEK WORK PARTY

9am-2:30pm
Coordinator needed. Call an Alpine trustee.

AUG 3-5 THUR-SAT MEMBER RENTAL

Carol Weisker 707-776-4856
Starts after work party at 3:30 pm, ends Saturday at noon.

AUG 5-6 SAT-SUN HIKERS' WEEKEND

See July 1-2 entry for details.

AUG 6-12 MON-SAT SIERRA CLUB RENTAL

AUG 15-18 TUE-FRI MEMBER RENTAL

Pearl Lam 650-697-0475

AUG 18-20 FRI-SUN NON-MEMBER RENTAL

AUG 25-27 FRI-SUN NON-MEMBER WEDDING

AUG 31 THUR MIDWEEK WORK PARTY

9am-2:30pm.
Coordinator's name in later issue.

AUG 31-SEPT 2 THUR-SAT NON-MEMBER RENTAL

Elementary school staff in-service starts at 2:30pm after work party, ends Sat. at 10am.

SEPT 2-3 SAT-SUN HIKERS' WEEKEND

See July 1-2 entry for details.

SEPT 3-10 SUN-SUN BED & BREAKFAST

Mary Frey's special week, which includes the "Beverly Folk Dancers" on Saturday, September 9th. Reserve with Mary: 415-492-2510 or email Marymaryhiker@aol.com.

SEPT 4 MON BOARD OF DIRECTORS

The Board of Directors will meet Monday at the annual "Family Camp" outing.

SEPT 28-OCT 1 THUR-SUN SIERRA CLUB RENTAL

OCT 5 THUR MIDWEEK WORK PARTY

9am-2:30pm
Coordinator needed. Call an Alpine trustee.

OCT 7-8 SAT-SUN HIKERS' WEEKEND

See July 1-2 entry for details.

OCT 11-15 WED-SUN NON-MEMBER RENTAL

OCT 15 SUN ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS, QUARTERLY MEMBERSHIP MEETING / DINNER

The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2pm, followed by the Quarterly Membership meeting at 3pm. Happy hour and dinner will follow. Watch for the details in upcoming TRAILS.

OCT 20-22 FRI-SUN SIERRA CLUB RENTAL

Aurora Roberts 703-530-9392

OCT 28 SAT NON-MEMBER RENTAL BAY AREA RIDGE TRAIL COUNCIL

NOV 2 THUR MID-WEEK WORK PARTY

Coordinator to be announced

NOV 4-5 SAT-SUN CONSERVATION WEEKEND

See article on page 3.

NOV 11-12 SAT-SUN YOUNG FAMILIES OVERNIGHT

Live music with Julie Batsel. Contact Eike Linkwitz, 415 924-0241, el@linkwitz.com

NOV 17-18 FRI-SAT ALPINE LODGE HOST TRAINING

Friday dinner at 6pm to Saturday 4pm. Limited to 15 participants.

NOV 30-DEC 2 THUR-SAT MEMBER RENTAL

Mary Jane McKown 415 383-2774

DEC 2 SAT MTIA HOLIDAY PARTY

DEC 9 SAT CAC HOLIDAY PARTY

Details to follow in a later issue.

DEC 10 SUN CAC HOLIDAY PARTY

For young families and grandparents. Details to follow in a later issue.

Watch for updates in future issues of TRAILS!

Alpine Innkeepers Needed

Joan Ryan, the new innkeeper coordinator needs our help. Please contact her at 415-564-8507 or joanryan@mac.com

— Carroll Pearson

ECHO ANGELS HONORED

Echo Angels – you know, they're sorta like Hosts; they keep coming to Echo for work parties and other events to donate energy and talent to improving the Lodge. They're the ones in the grubby jeans who're up and working at dawn; bring 'em water and a sandwich and they're going until dinnertime. They get their names listed in TRAILS: "thanks".

This year – April 21-23 – Echo Trustees hosted a few of them for a non-work weekend; good food and fellowship and discussions about past and future projects: **Bob Bass, Steven Brown, Art Ewart, Charlie Gill, Ben Heldens, Bob Henry, Tony Smith, Russ Toran and Nick Zachreson** were able to come. Others will be similarly honored in the future.

As you encounter these folks – and others of their mettle – be sure to thank them and ask how you, too, can join their ranks.

— John Hannum, Tom Coleman and Jim Nixon

PAYBACK TIME: TRAIL CLEARING WEEKEND

Friday - Sunday, July 7-9

Join **Tom Coleman** and other hardy California Alpiners for a weekend of payback. Yes, payback.

How many times have you and your friends or family taken a nice leisurely stroll along the Pacific Crest Trail next to Echo Lake? Climbed the path from the parking lot off Highway 50 to the glorious Horse Tail Falls? Listened to your out-of-shape buddy curse the next 1000 ft. climb? Did you know that the U.S. Forest Service greatly depends upon volunteers just like you and me?

We will meet at the Echo Summit Lodge on Friday evening, July 7th. Dinner will be served at 7 pm. On Saturday morning, we will meet with U.S. Forest Service representatives at whatever trailhead they decide we'll be working on for the day. You'll learn what a Pulaski and a McCloud are. You'll eat a lot of very healthy dust. You'll be tired at the end of the day.

And you will have paid back for all the joyful memories the trails have given you. Reach Tom Coleman at 707-769-7801 or tomcoleman@sbcglobal.net.

—Tom Coleman



Susan McCarthy passes the gavel to Tony Smith at the Annual Awards dinner on April 29th, 2006.

2006 OUTINGS SCHEDULE

Here is a list of upcoming outings. Full descriptions will appear in TRAILS.

Jun 19-21 Explore Old Growth Redwoods in Del Norte County: Jean Rodgers 415-435-9383 or jrodeg1218@aol.com. See article on page 1.

Jul 8-9 Hiking, wildflowers and boating in the Gold Country. Stay in condominiums at the town of Murphys: Mark Korte 916-956-9850 or mkorte@sbcglobal.net. See article on page 8.

Jul 21-25 Llama trip to Base Camp in Marble Mountains by Yreka: Tom McNicholas 707-254-9953 or tommcnicholas@yahoo.com.

Jul 31-Aug 4 Base camp at McGee Creek near Bishop: Bob Hanson 925-944-3366 or doctoroutdoors@comcast.net. **FULL – taking a waiting list.**

Aug 13-17 Car camping to fabulous Burney Falls near Redding: Ernie Pitz 415-383-8143 or guidop6@comcast.net and Bob Riboli 415-924-4439. See article on page 8.

Sept 2-4 Annual CAC Family Camp Outing – Labor Day Weekend: Susan McCathy 408-293-0891 or sfmccar@cs.com. See article on page 1.

Sep 8-10 Car Camping Lee Vining: Tony Smith 925-933-2403 or joanne-tony@sbcglobal.net and Ann Meneguzzi 209-931-3423 or tmlann@hotmail.com.

Sept 22-24 Ashland plays: Ruth Tretbar 510-836-0108 or rtretbar@yahoo.com. See article on page 8.

Dec 7-8 Christmas in the Monterey Adobes: Ros Carol 650-592-9394 or RosCarol@aol.com.

— Ros Carol

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERICK AND ARE BOLDED

SUN	MAY 28	10:00 a.m.	Don & Donna Rice	415-453-6087	2B
MEMORIAL DAY					
MON	MAY 29	10:00 a.m.	Eva Libien	415-383-5184	2B
*SAT	JUNE 3	10:00 a.m.	Bonnie Radest	415-897-0227	2B
*SUN	JUNE 4	10:00 a.m.	Howard Ortman	415-456-5912	2B
		10:00 a.m.	Susan McCarthy	408-293-0891	1A
SUN	JUNE 11	10:00 a.m.	Ruth Tretbar	510-836-0108	2B Co-Listed w/Sierra Club
SUN	JUNE 18	10:00 a.m.	Jack Leibman	415-674-4370	2B Co-Listed w/Sierra Club
SUN	JUNE 25	10:00 a.m.	Hardy Dawainis	415-461-4431	2B
*SAT	JULY 1	9:30 a.m.	Bonnie Radest	415-897-0227	2B
*SUN	JULY 2	9:30 a.m.	Margrit Gonzales	415-472-4270	2B
		10:00 a.m.	Jeanmarie Campbell	415-776-4422	1A
INDEPENDENCE DAY					
TUE	JULY 4	9:30 a.m.	Taren Hamilton	415-378-4240	2B
SUN	JULY 9	9:30 a.m.	Paul McKown	415-383-2774	2B
SUN	JULY 16	9:30 a.m.	Bob Smith	510-841-0402	2B
SUN	JULY 23	9:30 a.m.	David Ratner	415-674-3043	2B
SUN	JULY 30	9:30 a.m.	Ernie Pitz	415-383-8143	2B
*SAT	AUGUST 5	9:30 a.m.	Karl Baeck	415-459-6370	2B Co-Listed w/Sierra Club
*SUN	AUGUST 6	9:30 a.m.	Tony Smith	925-933-2403	2B
		10:00 a.m.	Jeanmarie Campbell	415-776-4422	1A
SUN	AUGUST 13	9:30 a.m.	Jack Leibman	415-674-4370	2B Co-Listed w/Sierra Club
SUN	AUGUST 20	9:30 a.m.	Bill Wise	415-584-5481	2B
SUN	AUGUST 27	9:30 a.m.	Renee Powers	415-648-4940	2B

IMPORTANT! RAIN CANCELS

1A HIKES (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

IN JULY, AUGUST AND SEPTEMBER, HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 9:30 A.M. AND MT. HOME AT 9:45 A.M.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com

Hikers' Weekends: For supper and/or overnight arrangements, Contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.com

ALPINE LODGE SUNDAY INNKEEPERS

June 4.....	Pat Boyd & Bob Piper.....	510-848-4134
June 11.....	Arline Martin & Teresa McDonough....	510-523-0305
June 18.....	Gloria Neumeier	415-453-2225
June 25.....	Marion Hazzard	415-661-6876

Innkeepers are needed for July and August. If you are available to volunteer in July or August, please contact **Joan Ryan, Innkeeper Coordinator**, at 415-564-8507 or email joanryan@mac.com.

RATE CHANGE AT ECHO LODGE

As part of the annual budgeting process, Echo Trustee **John Hannum** developed the usual list of future projects with updated cost estimates. A major future project that must be completed prior to our 2011 Use Permit renewal with the US Forest Service is a wheelchair access ramp, along with significant exterior renovations. After more than 15 years, we have come to the point that the Lodge needs to earn more and/or spend less. Accordingly, Trustees reluctantly agreed to modestly raise rates for food (increase of \$1/day), lodging (increase varies from \$2-\$4/day), and weekend member rentals (increase \$7/person/day). We expect this rate program to generate an additional \$10K annually, balance our budget, and maintain our ability to fund the future projects.

Effective June 1st the rates for Echo Lodge usage will be as follows:

- Dorm/RV Bed: \$5
- Room Bed, multiple occupancy: \$10
- Room bed, single occupancy (if available): \$20
- Meals:
 - Breakfast - \$4
 - Lunch - \$4
 - Dinner - \$8
 - Total per Day - \$16
- Children:
 - Age 4-11: ½ adult rates
 - Under age 4: no charge
- Member Rentals
 - Monday-Thursday nights: \$165 minimum for up to 15 occupants
 - \$11 per person/day > 15
 - Friday-Sunday nights: \$270 minimum up to 15 occupants
 - \$18 per person/day > 15

— Cindy Toran for Echo Trustees

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30 pm, or e-mail toranski@aol.com.
Echo Lodge Telephone: 530-659-7274

Summer/Fall Hosts and Hosts-in-Training: A few choice openings in the Summer and Fall schedule are still available: Aug 28-Sep1, and Sep 19-29. These time periods can be split (i.e., it is not necessary to sign up for the entire time span). Please contact me to host a session.

Information about the next Echo Lodge Trustees' meeting will be published in July / August TRAILS. In the meantime, contact Cindy at 707-539-4396 for more information.

— Cindy Toran

JUN 8-11 THUR-SUN ECHO BIRDING & CONSERVATION BENEFIT
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

JUN 15-18 THUR-SUN MEMBER RENTAL
Mary & Roger Rigney 916-985-7351

JUN 18-JUL 2 SUN-SUN SPA WEEKS
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

JUL 2-7 SUN-FRI
Mary Ellen Yates & Juli Bradsher 415-898-6606
10 Palomino Cir, Novato, CA 94947
meyates@comcast.net

JUL 7-9 FRI-SUN TRAIL CLEARING WEEKEND

Join **Tom Coleman**, and other hardy CAC members for a satisfying outdoor experience with U.S. Forest Service staff maintaining the trails we all enjoy so much in the Echo Lakes area! Reach Tom at 707-769-7801 or email tomcoleman@sbcglobal.net.

JUL 9-14 SUN-FRI HIKERS' WEEK
Ursula Pedersen & Ruth Tretbar 415-479-0343
159 Golden Hinde Blvd., San Rafael, CA 94903
ursulole@sbcglobal.net

JUL 14-16 FRI-SUN
Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way, Santa Rosa, CA 95409
aewart@sbcglobal.net

JUL 16-20 SUN-THUR CO-OP MEAL DAYS
Cindy & Russ Toran 707-539-4396
5934 Yerba Buena Rd, Santa Rosa, CA 95409
toranski@aol.com

JUL 20-23 THUR-SUN
Audrey Vaggione 408-865-1781
12747 Saratoga Glen Ct, Saratoga, CA 95070
vaggionepastries@pacbell.net
Teens welcome!

JUL 23-30 SUN-SUN
Kathy & Bill Faherty 707-539-7081
5420 Gates Rd, Santa Rosa, CA 95404
faherty@sonic.net

JUL 30-AUG 3 SUN-THUR
Barbara & Keith Crockett 650-365-6280
859 Chesterton Ave, Redwood City, CA 94061
kc9erfan@sbcglobal.net

AUG 3-6 THURS-SUN
Ed & Anne Delmonte 707-528-7983
& Monika Balsamo
2645 Knob Hill Dr, Santa Rosa, CA 95404
anne.delmonte@gmail.com

AUG 6-11 SUN-FRI CO-OP MEAL WEEK
Susan McCarthy & Carroll Pearson 408-736-9403
1069 Rockefeller Dr, Sunnyvale, CA 94087
pearsoncmp@aol.com
FULL - taking a waiting list.

AUG 11-16 FRI-WED
Lillian Young & Wayne Koerting 650-588-5689
3650 Sneath Lane, San Bruno, CA 94066

AUG 16-20 WED-SUN
Eike & Siegfried Linkwitz 415-924-0241
15 Prospect Ln, Corte Madera, CA 94925
el@linkwitzlab.com

AUG 20-24 SUN-THURS
Beverly Kern & Jerry Rosenberg 415-381-4931
139K Seminary Dr, Mill Valley, CA 94941

AUG 24-28 THURS-MON ECHO LAKES TEEN WEEKEND

Pat Anderson 510-649-8537
3026 Benvenue Ave, Berkeley, CA 94705
patinegypt@yahoo.com
Come and enjoy the mountains and other teen members of the CAC. Parents, you are invited too! Kids must be at least middle school age.

AUG 28-SEPT 1 MON-FRI AVAILABLE FOR TRAINED HOSTS

SEPT 1-4 FRI-MON LABOR DAY WEEKEND
Christine and Francois Piccin 707-535-0544
1256 Wikiup Drive, Santa Rosa, CA 95403
Christine@piccin.com

SEPT 6-13 WED-WED HIKING AND FELLOWSHIP WEEK FOR SENIORS
Host: Ray Sommer 415-472-1229
15 Terra Linda Dr, San Rafael, CA 94903
ray@sommerworld.com

SEPT 14-19 THUR-TUES FANTASTIC FALL FUN & WORK PARTY
Contact: Tom Coleman 707-769-7801
tomcoleman@sbcglobal.net

SEP 19-29 TUE-MON AVAILABLE FOR TRAINED HOSTS

SEPT 29-OCT 1 FRI-SUN MEMBER RENTAL
Lee Yamada & Phyllis Cole 831-438-5749

OCT 1-8 SUN-SUN FALL SPA WEEK
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

OCT 13-15 FRI-SUN
Jim Nixon & Jan McCulloch 650-756-7771
50 Seacrest Ct, Daly City, CA 94015
jimnixon2000@yahoo.com

OCT 27-29 FRI-SUN FALL HOST APPRECIATION & TRAINING
Contact Cindy Toran for reservations.
toranski@aol.com or 707-539-4396.

NOV 22-26 WED-SUN THANKSGIVING WEEK
Paul & Sharon Bacon 925-988-0611
1945 1st Ave, Walnut Creek, CA 94597
bacon2@sprynet.com

Watch for updates in future issues of TRAILS!

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sun, Jun 18, 2006 Board of Directors Meeting at 2 pm

Sun, July 16, 2006 Board of Directors Meeting at 2 pm
Quarterly Membership Meeting at 3 pm
Dinner to follow.

Mon, Sept 4, 2006 Board of Directors meeting at the Annual Outing

Sun, Oct 15, 2006 Board of Directors Meeting at 2 pm
Quarterly Membership Meeting at 3 pm
Dinner to follow.

Sun, Nov 19 2006 Board of Directors Meeting at 2 pm

If you have any questions, call **Tony Smith** at 925-933-2403 or email joanne-tony@sbcglobal.net. Members are welcome at Board Meetings. Thank you!

— Tony Smith, President

GOLD COUNTRY TRIP TO MURPHYS

Saturday-Sunday, July 8-9

Enjoy one of the lesser known areas of our local mountains, Bear Valley east of Angels Camp on Highway 4. On Saturday, July 8th, there will be a hike that will take us up high enough to enjoy overlooking neighboring lakes and the back side of the Yosemite area. We have a local expert expected to join us for information on birds and flowers. This is a hike that can accommodate most abilities with several turn back points.

Also available: excellent fishing; boat and kayak rental; and a short drive to Calaveras Big Trees for some skyscraper sized trees. For those that do not wish to rusticate, the shops and wineries of the town of Murphys may be calling you. Accommodations are on your own but we have made arrangements with the local condominium rental folks for a special rate. There are also cabins to rent and campgrounds for you tenters. For details, call **Mark Korte** at 916-956-9850 or email him at mkorte@sbcglobal.net.

— Mark Korte

BURNEY FALLS CAR CAMP

Sunday-Thursday, August 13-17

Space is still available for this outing (just 60 miles east of Redding) to beautiful Burney Falls where over 100 million gallons of water cascade daily from volcanic rock, creating a rainforest-like cool mist below. Eight lucky people will share a central commissary and the delights of this natural treasure. Showers and restrooms are steps away. Bring your swimsuit, firewood and any special dietary needs.

The cost is \$60 per camper. To reserve a space, send a \$25 deposit along with your name, address, phone number and email address to Ernie Pitz, 1 Alta Vista Ave., Mill Valley CA, 94941. (Full refund for cancellations before August 1st; 50% refund for cancellations between August 2-7.) For more details, contact **Ernie Pitz** at 415-383-8143 or guidop6@comcast.net, or **Bob Riboli** at 415-924-4439.

— Ernie Pitz and Bob Riboli

THEATER TRIP TO THE OREGON SHAKESPEARE FESTIVAL

Friday-Sunday, September 22-24

Join **Ruth Tretbar** for the CAC's second annual trip to Ashland, Oregon. We will see three excellent productions: the early Shakespeare comedy, *Two Gentlemen of Verona*; Oscar Wilde's *The Importance of being Earnest*; and *Dr. Jekyll and Mr. Hyde* by R.L. Stevenson, adapted by David Edgar, who adapted *Nicholas Nickleby* for the stage. The plays will be Friday evening, Saturday matinee and Saturday evening.

We will stay at the Flagship Inn, a ten to fifteen minute walk from the theaters and restaurants. You may wish to visit the Festival Museum, take a backstage tour, shop, or stop at local orchards. On Sunday there will be an optional outing to the historic town of Jacksonville.

The trip cost of \$290 includes tickets to three plays, attendance at two happy hours, and two nights at the motel. We will eat together Friday night. After that you can choose from Ashland's many excellent restaurants and coffee shops.

To reserve a space, send a \$50 deposit to **Ruth Tretbar**, 320 Lee Street, Apt. 801, Oakland, CA 94610. If you have questions, contact Ruth at 510- 836-0108 or rtretbar@yahoo.com.

— Ruth Tretbar

BIRTHDAY PARTY FOR JEAN-MARIE CAMPBELL

I want to give **Eike Linkwitz** a rousing thank you for the sensational birthday party she put on for my 70th plus birthday on Sunday, May 7, 2006 with twelve of my friends, my daughter, Valetta, and fellow hikers. This was combined with the dinner for the cancellation of Hiker's weekend. We all sat out on the deck before dinner on this most beautiful of days munching on pre-dinner goodies. Eike and her assistants had over 24 guests and served a delicious vegetarian dinner with all the trimmings. As usual, the tables were elegantly presented along with pink table cloths, lovely flowers, the best of wines and special place settings. The highlight of the party was the presentation of a most delicious birthday cake from Santa Rosa that looked like a fairytale mint green cloud. I truly felt like "Queen for a Day" - it was one of the best birthdays I ever had. My sincerest gratitude goes to Eike for her unending talents, energy and creativity in putting together such a memorable affair. And many thanks to my guests who made a contribution to the Alpine Club in lieu of birthday presents.

— Jean-Marie Campbell

Long-time members Betty Osborne, Beverly Heywood and Nancy Bott enjoy the Annual Awards dinner on April 29th, 2006.



CALIFORNIA ALPINE CLUB

Fund Balances

as of March 31, 2006 and 2005

	Balance 3/31/06	Balance 3/31/05
CAC		
Operating funds		
General fund	43,249	54,510
Conservation fund	0	10,041
Lodge reserve fund	<u>20,293</u>	<u>21,674</u>
Total operating funds	63,542	86,225
Investment funds		
Life member fund	48,292	44,450
Conservation fund	0	46,711
Total CAC	111,834	177,386
Alpine Lodge		
Operating account	23,296	16,911
Rental account	<u>10,301</u>	<u>5,566</u>
Total Alpine	33,597	22,477
Echo Summit Lodge		
Unrestricted current assets	26,745	34,019
Reserve accounts	<u>87,129</u>	<u>92,502</u>
Total Echo	113,874	126,521
Total funds -- all accounts	259,305	326,384

These statements were prepared by **David Ratner**, Treasurer of the Clubs, based on the separate statements prepared by him for the Club, by **Melanie Facen**, Treasurer of Alpine Lodge, and by **Ray Sommer**, Treasurer of Echo Summit Lodge."

CALIFORNIA ALPINE CLUB

Income and Expenses
for the Fiscal Year Ended March 31, 2006

	CAC	Alpine	Echo	Total
Income				
Dues and entrance fees	38,976	2,571	1,714	43,261
Donations	4,155	1,732	486	6,373
Interest and dividends	2,317		1,306	3,623
Miscellaneous	-2,990	325	924	-1,741
Operating income (see below)		<u>45,852</u>	<u>36,251</u>	<u>82,103</u>
Total income	42,458	50,480	40,681	133,619
Expenses				
Printing and postage	10,803		329	11,132
Insurance	2,675	6,986	3,775	13,436
Site rental			4,500	4,500
Taxes		3,867	700	4,567
Repairs and maintenance		27,895	3,027	30,922
Utilities		8,066	8,159	16,225
Supplies and equipment		11,671	2,688	14,359
Legal claim	23,959			23,959
Miscellaneous	463	2,447	3,704	6,614
Income taxes	<u>249</u>	<u>1,673</u>	<u>261</u>	<u>2,183</u>
Total expenses	38,149	62,605	27,143	127,897
Net income (loss)	4,309	-12,125	13,538	5,722
Special items				
Transfer to Foundation	-47,955			-47,955
Internal transfers (rent)	-6,000	6,000		0
Improvements		-2,309	-20,000	-22,309
Total increase (decrease)	-49,646	-8,434	-6,462	-64,542
Operating Income				
Alpine Lodge				
Club and lodge activities				
Outside rentals		9,420		9,420
Member rentals		22,075		22,075
Elderhostel (11,462 less 10,312 expenses)		13,207		13,207
Total		<u>44,702</u>		<u>44,702</u>
Echo Summit Lodge				
Lodging				
Rentals (members 5,507; other 783)				
Associate dues				
Meals (35,480 less 22,549 expenses)				
Total				<u>12,865</u>
Total				<u>6,290</u>
Total				<u>4,165</u>
Total				<u>12,931</u>
Total				<u>36,251</u>

TRAILS
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California Alpine Club
Founded in 1913 - Incorporated in 1936
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Mill Valley CA 94942-2180

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BUS ROUTE PROPOSAL FOR PANORAMIC HIGHWAY

Former Bus Route #63, which ran between Marin City and Stinson Beach via Panoramic Highway, has been part of the Marin County Transit District's 2006 Draft Service Plan going through the approval process. Five public meetings were held in various communities throughout Marin County to receive public comment on revised bus routes for Marin. Under the proposed Service Plan, former Bus Route #63, referred to in the Plan as part of "South Route – Route 61," would be reinstated for service on the weekends. As a result of public input, a later bus was added to leave from Bolinas at 6:39 pm. and arrive at Marin City at 7:42 pm.. The first hearing of the new Service Plan was held by the Marin Board of Supervisors on May 9th. As of press time for this newsletter, a second hearing for approval was scheduled to be before the Board on May 16th. For more information, go to the Marin County Transit District website at <http://www.marintransit.org>.

— Robert Feist

RENTING ALPINE LODGE - HOST TRAINING REQUIREMENT

As of January 1, 2007 it will be mandatory to have attended Host Training before renting the Lodge. November 17/18 will be the last opportunity this year to attend a weekend of learning the intricacies of the buildings, plus the do's and don'ts involved in playing host at our wonderful Lodge.

For member rentals, please call Alpine Lodge Reservations at 415-381-4975
— Nuala Caulfield

TRAILS NEWSLETTER ALERT

Please send articles for the July/August issue of TRAILS to editor, **Angi Blackwell**, by email to ablackwellca@earthlink.net or 234 Lisbon St., San Francisco, CA 94112, phone 415-584-2586. **Angi** should receive articles for the July/August issue no later than June 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

Editor for the September issue of TRAILS will be **Dan Schoenholz**, at dschoenholz@sbcglobal.net or 925-932-9791. If you would like to assist with the publishing of TRAILS, please contact **Angi Blackwell** at the contact numbers above or via mail to 234 Lisbon St., San Francisco, CA 94112.

—Angela Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 82

July/August 2006

No. 6

JULY 4TH POTLUCK

Come celebrate at a very simple party on Mt. Tamalpais. BYOB, food to share, and musical instruments. There'll be no patriotic speeches, fireworks or parades, but we may sing "My Country 'Tis of Thee". Overnight Monday and/or Tuesday? Contact **Tony Smith** at 650-207-1619 or e-mail Joanne-tony@sbcglobal.net.

— Tony Smith

SUNDAY, JULY 16TH QUARTERLY DINNER AT THE ALPINE LODGE

Happy hour will begin at about 4:30, after the quarterly meeting. Dinner will be served at around 6:00. Helen Walsh is planning a wonderful dinner: BBQ ribs, Boston baked beans, corn on the cob, and all the trimmings. The price is \$14 for Members and \$17 for Associate Members.

Call Helen if you have any questions 925-370-0546, or e-mail: helliesoz@sbcglobal.net. Mail your check (payable to Helen Walsh) to 4005 Providence Dr., Martinez, CA 94553.

Make your reservations early!

— Susan McCarthy

BED AND BREAKFAST AT THE ALPINE LODGE

Sunday, July 16 through Saturday, July 23

Come hike, bike, eat, drink and be merry at our beautiful Alpine lodge. Bring your friends and stay for a night or a week. For reservations call **Helen Walsh** or **Carol Gillingham**.

Helen Walsh: 925-370-0546 or helliesoz@sbcglobal.net.

Carol Gillingham: 707-664-1878 or cgillingham@evl.net.

— Helen Walsh

NEW SUNSHINE COMMITTEE CHAIR

Many thanks to **Lois Hillman** for years of service as our Sunshine Chairperson. **Mary Maier** has accepted these duties. If you have information about illness or death, please let Mary know at mlmaier@pacbell.net, 831-462-2764, or 2-1120 E. Cliff Drive, Santa Cruz, CA 95062.

— Carroll Pearson

LABOR DAY FAMILY CAMP --HAPPENING!

Saturday, Sunday, Monday, September 2-4

Members, families, and friends have responded. We are definitely having the CAC Labor Day Family Camp. Get your gang together or come and join the rest of us for a grand time.

Prices are as follows:

Children (ages 3-12) in tent or RV - \$40

Children (ages 3-12) in cabin - \$70

Adults in tent or RV - \$70

Adults in cabin - \$100

There are a few cottages, at an additional cost, with bathrooms for people with special needs.

The camp can accommodate 125 campers. We will take a waiting list. \$25 per person will hold your reservation. Your deposit will be refundable up until the week prior to the camp. Make your check to **Susan McCarthy** and mail to 1141 Willow Glen Way, San Jose, CA 95125-3350. Susan's email is sfmccar@cs.com and her phone number is 408-293-0891.

Of course, we need the usual CAC supply of help. **Tom Coleman** is in charge of food. If you can help, please contact Tom at tomcoleman@ap.net or 707-769-7801. If anyone is qualified to supervise the climbing wall or to supervise archery, please contact **Carroll Pearson** at pearsoncmp@aol.com or 408-736-9403. We will have lifeguards, but will need additional water supervision support. **Let us know how you can help.**

—Susan McCarthy and Carroll Pearson

PROPOSED MECHANICAL BY-LAWS CHANGE

To facilitate our review of the Club By-Laws, a mechanical change is proposed. This would be a spelling, grammar, punctuation, and organization cleanup of the document, with no substantive changes. Review of the changes would be by the Club leadership and any member who requests a review.

This change will be voted upon by the membership at the quarterly meeting on July 16, 2006.

— Carroll Pearson

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Vice President	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Secretary	Jean Rodgers	415-435-9383	jrodg1218@aol.com
Treasurer	David Ratner	415-924-3043	DLratner@aol.com
Registrar	David Maier	831-462-2764	dmmaier@pacbell.net

Board of Directors:

John Hannan	510-527-6709	JHa8361816@aol.com
Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
Ernie Pitz	415-383-8143	guidop6@comcast.net
Susan McCarthy, past pres.	408-293-0891	sfmccar@cs.com
Eva Libien	415-383-5184	elibien@yahoo.com
Onnie Taylor	415-648-6380	onniet@earthlink.net

Committee Chairpersons:

Conservation	Jay Hallberg	415-383-1507	lareenie@yahoo.com
Finance	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Laureen Novak	415-383-1507	lareenie@yahoo.com
Outings	Ros Carol	650-592-9394	RosCarol@aol.com
Publications	Angela Blackwell	415-584-2586	ablackwellca@earthlink.net
Sunshine	Mary Maier	831-462-2764	mlmaier@pacbell.net
Social Activities	Susan McCarthy	408-293-0891	sfmccar@cs.com
Parliamentarian	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com

Lodge Trustees

Alpine Chair	Ed Del Monte '07	707-528-7983	eddelmonte@delmontecito.com
	Roger Diehnal '07	415-924-5519	rdiehnal@hotmail.com
	Nuala Caulfield '07	415-922-6775	ntcaulfield@msn.com
	Ruth Tretbar '08	510-836-0108	rtretbar@yahoo.com
	Paul McKown '09	415-383-2774	paulmckown@earthlink.net
Treasurer	Alpine Rentals	415-381-4975	
	Melanie Facen	415-492-0470	mfacen@dbcglobal.net
Echo Chair	John Hannum '06	707-525-8108	jrhanum@aol.com
	Tom Coleman '08	707-769-7801	tomcoleman@sbcglobal.net
	Edie Nelson '08	831-423-5576	edieforsyth@hotmail.com
	Ray Sommer '06	415-472-1229	ray@sommerworld.com
	Cindy Toran '07	707-539-4396	toranski@aol.com

CAC Foundation Directors

Jay Hallberg, President	415-383-1507	lareenie@yahoo.com
Mae Harms	530-333-1058	maeharms@mindspring.com
Bill Meneguzzi	916-451-1523	bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

Editors: Stuart Bacon, Angela Blackwell, Patricia Boyd, Anita Cabrera, Maureen Clark, Robert Feist, Beverly Heywood, Donald Johns, Tom Mahood, Carroll Pearson, Dan Schoenholz and Helena Troy.

Contributors: Stuart Bacon, Angi Blackwell, Ros Carol, Tom Coleman, Nuala Caulfield, Robert Feist, Jordan Herrmann, Eva Libien, Dave Maier, Paul McKown, Ann Meneguzzi, Laureen Novak, Carroll Pearson, Renee Powers, Joan Ryan, Tony Smith, Cindy Toran, Ruth Tretbar, Karen Wagner, Helen Walsh, Verna West.

Correspondence: Please address correspondence concerning this publication to:

Tony Smith, 2345 Tice Creek Drive, #4, Walnut Creek, CA 94595-5210.

CAC Web Site: www.calalpineclub.org

PRESIDENT'S MESSAGE

Tony Smith is traveling. Your Vice-President is doing the message for this issue. The California Alpine Club has been a significant part of my life since joining in 2000. I have made many new friends working on TRAILS and other activities for the past five years.

New members are the life-blood of the Club. We celebrated at a wonderful chicken barbecue dinner on Sunday afternoon, June 4th, with 60 guests in attendance. **Laureen Novak**, our Membership Chairperson, staged and hosted the dinner with super help from her husband, **Jay Hallberg**, and member, **Steve Mullen**, who did the BBQ chores and shucked corn.

Paul McKown, one of the Alpine Lodge Trustees, led a fabulous two-hour hike. We heard many comments on how much fun everyone had.

Mae Harms handled the welcome table. Our honored new members were: **Shana Avalos**, **Laura Bacon**, **Esther Cherk**, **Dart Cherk**, **Connie Clark**, **Carl Duisberg**, **Katy Ebbitt**, **Tommy Ebbitt**, **Russ Faure-Brac**, **Liann Finnerty**, **Stephanie Jensen**, **John Knott**, **Pascale Leroy-Marr**, **Laura Lindskog**, **Michelle Morgan**, **Erin Neff**, **Joe Oh**, **Alison Pence**, **Devon Pence**, **Richard Plue**, **Wendy Pohlmann**, **Helga Raab**, **Joyce Roads**, **April Roberts**, **Greg Sher**, **Janet Sher**, **Karin Meyer**, **John Woodfill**, **Ian Woodfill**, **Nika Woodfill**, **Peter Ring**, and **Jenelle Ring**.

After dinner, Laureen had each of the new members stand and introduce themselves. **Verna West**, our Historian, gave a brief summary of the Club history. **Carroll Pearson** introduced board members, trustees, and committee chairpersons. **Angi Blackwell**, Publications Chairperson, talked about TRAILS and the need for editors. **Ruth Tretbar**, Alpine Trustee, explained the structure of the Club with the two lodges and gave information about the use of the Alpine Lodge. **Jay Hallberg**, Director and Chairman of the California Alpine Club Foundation, explained the foundation and the goals for raising awareness and funds for environmental projects.

Special thanks go to **Jeanne** and **Stuart Bacon**, long-time members, and **Louise Hallberg** and **Dan McCool**, potential new members, for helping with the setup, table arrangements, and table setting. They pitched in wherever help was needed. **Hardy Dawainis** manned the bar for the afternoon and wine was served with dinner. Many thanks go to **Mary-Jane McKown**, **Mae Harms**, **Jeanne Bacon**, **Onnie Taylor**, **Diane Friend**, **Carroll Pearson**, and **Jean Rodgers** who brought salads and appetizers for the celebration.

Sponsors, thank you for being there for our new members. You have a significant responsibility to make sure that your new members are invited to events and are made to feel especially welcome in the Club. And thank you, CAC Members who attended even though you did not sponsor a new member. Your participation in the new members dinner is also very important. New members enjoy meeting all CAC Members!

Lastly, thanks again to **Laureen Novak** for her energy and enthusiasm in helping new members into our Club.

— CARROLL PEARSON

CAC Rosters and Privacy Protection

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

ALPINE LODGE HOSTING AND HOST TRAINING

The Alpine Lodge Trustees have encouraged Host Training for members who rent the Lodge for private events with the idea that eventually it would become mandatory. Since the training's inception three years ago more than 90 hosts have been trained. The benefits of Host Training can be seen in more efficiently run events and in the condition in which the Lodge is left for the next group following a trained host event. The Trustees feel that Host Training is essential for the continued well being of the Lodge and its members, and effective January 1, 2007 will require Host Training for member rented events at Alpine Lodge.

Host Training is fun, with open discussions, demonstrations, and a chance to meet other members with an interest in hosting. Host Training topics include: the Lodge infrastructure, safety and security issues, how to operate equipment (furnaces, sanitizer, audio/visual equipment, the gas fire place and barbecue, etc.), Club history, how to plan and run an event, and much more. The presenters are the Alpine Lodge Trustees and other involved members with special expertise to share. Each session runs from Friday evening through Saturday afternoon and includes dinner on Friday, lodging Friday night, and breakfast and lunch Saturday. The only charge is a \$5 fee for the Host Manual.

The next Host Training will be conducted November 17 and 18. A maximum of 15 participants are accepted for each session. Preference will be given to members who plan to host an event in early 2007. Another training session will be scheduled for January if the November session fills and there is sufficient interest. If you would like to attend the November Training please email or mail to **Paul McKown**, paulmckown@earthlink.net, 455 Ralston Ave., Mill Valley, CA 94941, the following information: your name, email address, mail address, telephone number, and your hosting intentions for 2007.

— Paul McKown

APRIL 30 WORK PARTY AT ALPINE LODGE

Oh, what a beautiful morning! Blue skies and warm weather met the twenty plus volunteers who came to the April 30 Sunday work party. Since the Annual Meeting and Awards Dinner had been held the day before, a good spring cleaning was due.

The job lists were long and kept everyone busy. Volunteers included prospective members **Stephanie Jensen**, **Nancy Herman**, **Joyce Kawahata**, **Richard Plue**, and **Helga Raab**. They worked alongside members **Karl Baeck**, **Nuala Caulfield**, **Cheryl Deaner**, **Jean Findlay**, **May Harms**, **Mary Maier**, **Susan McCarthy**, **Bill Meneguzzi**, **Diane Mills**, **Barbara Sanderson**, **Judy Sibley**, **Tony Smith**, and **Ruth Tretbar** who led the garden team. Sunday Innkeeper **Caroline Aust** helped too while Historian **Verna West** did project work. Many hands made light work of the long list of tasks. Jobs were available inside and out so some enjoyed the spring weather while they worked in the garden. Both upper and lower buildings were cleaned and spiffed top to bottom. Midday we broke for a *muuy delicioso* lunch of chilaquiles prepared by cook **Carmen Meneguzzi**. After this relaxing and convivial meal just a few jobs were left to finish off.

It looked like all the team enjoyed the work party. Incoming members spent time alongside those who had been Alpiners awhile. The opportunity to become better acquainted and share time together was as satisfying as the feeling of leaving Alpine Lodge in better shape at the end of the work day.

"Thanks" to all who came. Good job!

— Ruth Tretbar

NOW AVAILABLE - CAC LOGO T-SHIRTS, POLO AND SWEATSHIRTS!

Attractive light grey with CAC logo on front. Adult and youth sizes in small, medium, large and extra large. These sweatshirts are excellent quality: soft, warm and fleecy. For more information, contact **Renee Powers** at (415) 648-4940 or e-mail reneepowers@comcast.net.

— Renee Powers

MEMBERSHIP REPORT

June 2006

The following applicants are submitted for posting prior to Board acceptance:

Stephanie Jensen- Regular Member

1365 Mt. View Ave.

Petaluma, Ca. 94952

707-775-3684, Email: stephaniej@interline.com

Sponsors: Tony Smith & Susan McCarthy

Joseph Oh & Michelle Morgan - Joint Members

299 Missouri Street

San Francisco, Ca. 94107

415-626-6898, Email: mmorgan89@yahoo.com

Sponsors: Paul McKown & Eike Linkwitz

Peter & Jenelle Ring- Joint Members

130 Ethel Ave

Mill Valley, Ca. 94941

415-381-6775, Email: peter.ring@comcast.net

Sponsors: Lauren Novak & Paul McKown

The following names are submitted to the Board of Directors for acceptance.

Their names have previously been published in TRAILS;

Douglas A., Mari & Katie Norman, Helga Raab, and Richard Plue.

— Lauren Novak, Membership Chair

ALPINE LODGE INNKEEPERS NEEDED

As the new Alpine Lodge Innkeeper Coordinator, I am recruiting new Innkeepers to continue the long tradition of keeping the Lodge open every Sunday while enjoying a day in the shadow of Mt. Tamalpais. Innkeeper duties include opening the Lodge doors and turning on the lights at 9:00 a.m., welcoming members and visitors to the Lodge, making coffee and serving light refreshments, answering general questions regarding Club membership and Lodge rentals, leading tours of the facilities to prospective new members and/or renters, and closing the doors and turning off the lights at 4:00 p.m.

Innkeeper duty can be done in lieu of work-party responsibility. When volunteering as an Innkeeper, parents are welcome to bring their children to the Lodge.

Currently, Alpine Lodge Innkeepers are needed for the months of September, October and November. If you are interested in volunteering as an Innkeeper and/or would like additional information, please contact **Joan Ryan** at 415.564.8507 or joanryan@mac.com.

— Joan Ryan

ALPINE LODGE EVENTS - ASSOCIATE MEMBERS (formerly Guests) WELCOME

New Associate Member forms now available. To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975

THIS SCHEDULE INCLUDES EVENTS AT THE ALPINE LODGE. FOR CAC EVENTS TAKING PLACE ELSEWHERE, PLEASE REFER TO THE "OUTINGS 2006 SCHEDULE" ON PAGE 5.

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:00am to 4pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

JUL 1-2 SAT-SUN HIKERS' WEEKEND
Happy Hour at 4:30pm. BYOB and a simple appetizer to share. Dinner, salad and dessert at 6:00pm. Members \$8, Associate Members \$11. Spend the night at the Lodge, a delicious breakfast included. See page 5 for details on Astromomy Night. Members \$19, Associate Members \$27. Contact **Nuala Caulfield** at 415-922-6775 or email ntcaulfield@msn.com.

JUL 4 TUES POTLUCK
2:00 p.m.
Coordinator: Tony Smith 650-207-1619
or email Joanne-tony@sbcglobal.net
See article on page 1.

JUL 6 THUR MIDWEEK WORK PARTY
9am-2:30pm
Coordinator: Ernie Pitz 415-383-8143
Ernie looks forward to seeing you. He'll have a variety of projects, inside and out, to make the Lodge shine. Contact Ernie at guidop6@comcast.net

JUL 7-8 FRI-SAT NON-MEMBER RENTAL

JUL 8-9 SAT-SUN NON-MEMBER RENTAL

JULY 9 SUN SUNDAY WORK PARTY
9:00am-2:30pm
Coordinator: Paul McKown
If you can't attend the Thursday work parties, this is your quarterly opportunity to support the lodge. Contact Paul at 415-383-2774 or at paulmckown@earthlink.net

JUL 11-14 TUES-FRI MEMBER RENTAL
Rossmore hikers.
Nell Fraser 925-934-9039

JUL 14-16 FRI-SUN NON-MEMBER WEDDING

JUL 16 SUN ALPINE TRUSTEES AND BOARD OF DIRECTOR MEETINGS, QUARTERLY MEMBERSHIP MEETING AND DINNER
The Alpine Trustees meet at noon, the Board of Directors meet at 2pm, and the Quarterly Membership meeting begins at 3pm, with dinner to follow. Please see page 1 for dinner details.

JULY 16-23 SUN-SUN BED & BREAKFAST
Helen Walsh 925-370-0546
See article on page 1.

JUL 25-27 TUE-THUR NON-MEMBER RENTAL

JUL 28-30 FRI-SUN NON-MEMBER WEDDING

AUG 3 THUR MIDWEEK WORK PARTY
9am-2:30pm
Coordinator: Nuala Caulfield. Even in summer vacation time Alpine Lodge needs your help. If you are in town, come on up, see your CAC friends, have a good lunch and contribute your efforts. Contact Nuala at 415-922-6775 or ntcaulfield@msn.com.

AUG 3-5 THUR-SAT MEMBER RENTAL
Carol Weisker 707-776-4856
Starts after work party at 3:30 pm, ends Saturday at noon.

AUG 5-6 SAT-SUN HIKERS' WEEKEND
Happy Hour at 4:30pm. BYOB and a simple appetizer to share. Dinner, salad and dessert at 6:00pm. Members \$8, Associate Members \$11. Spend the night at the Lodge, a delicious breakfast included. Members \$19, Associate Members \$27. Contact **Nuala Caulfield** at 415-922-6775 or email ntcaulfield@msn.com.

AUG 6-12 MON-SAT SIERRA CLUB RENTAL

AUG 15-18 TUE-FRI MEMBER RENTAL
Pearl Lam 650-697-0475

AUG 18-20 FRI-SUN NON-MEMBER RENTAL

AUG 22 TUE NON-MEMBER RENTAL

AUG 23-25 WED-FRI MEMBER RENTAL

AUG 25-27 FRI-SUN NON-MEMBER WEDDING

AUG 31-SEPT 2 THUR-SAT NON-MEMBER RENTAL
Elementary school staff in-service starts at 2:30pm after work party, ends Sat. at 10am.

SEPT 2-3 SAT-SUN HIKERS' WEEKEND
See Aug 5-6 entry for details.

SEPT 3-10 SUN-SUN BED & BREAKFAST
Mary Frey's special week, which includes the "Beverly Folk Dancers" on Saturday, September 9th. Reserve with Mary: 415-492-2510 or email Marymaryhiker@aol.com.

SEPT 14 THURS MIDWEEK WORK PARTY 9:00AM-2:30PM
Coordinator: Ruth Tretbar
It's fall, CAC activities are revving up and we need to make the Lodge ready. Come and help. Contact Ruth at rtretbar@yahoo.com or at 510-836-0108.

SEPT 28-OCT 1 THUR-SUN SIERRA CLUB RENTAL

OCT 5 THUR MIDWEEK WORK PARTY
9am-2:30pm
Coordinator needed. Call an Alpine trustee.

OCT 7-8 SAT-SUN HIKERS' WEEKEND
See Aug 5-6 entry for details.

OCT 11-15 WED-SUN NON-MEMBER RENTAL

OCT 15 SUN ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS, QUARTERLY MEMBERSHIP MEETING / DINNER
The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2pm, followed by the Quarterly Membership meeting at 3pm. Happy hour and dinner will follow. Watch for the details in upcoming TRAILS.

OCT 20-22 FRI -SUN SIERRA CLUB RENTAL
Aurora Roberts 703-530-9392

OCT 28 SAT NON-MEMBER RENTAL
BAY AREA RIDGE TRAIL COUNCIL

NOV 2 THUR MID-WEEK WORK PARTY
Coordinator to be announced

NOV 4-5 SAT-SUN CONSERVATION WEEKEND
Watch for details in upcoming TRAILS.

NOV 7 TUES POLLING PLACE

NOV 11-12 SAT-SUN YOUNG FAMILIES OVERNIGHT
Live music with Julie Batsel. Contact Eike Linkwitz, 415 924-0241, el@linkwitz.com

NOV 17-18 FRI-SAT ALPINE LODGE HOST TRAINING
Friday dinner at 6pm to Saturday 4pm.
Limited to 15 participants.

NOV 19 SUN ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS
Alpine Trustees meet at noon and the Board of Directors meet at 2pm. All are welcome.

NOV 23 THUR THANKSGIVING SUPPER

NOV 30-DEC 2 THUR-SAT MEMBER RENTAL
Mary Jane McKown 415 383-2774

DEC 2 SAT MTIA HOLIDAY PARTY

Watch for updates in future issues of TRAILS!

NEW BUS SCHEDULE EFFECTIVE JULY 1ST

The Marin County Transit District (MCTD) has announced the release of new West Marin Stagecoach schedules effective July 1, 2006. The bus route from Bolinas - Marin City and Marin City - Bolinas on the weekends via Panoramic Highway is Bus Route 61W.

Service change highlights include:

The North Route 68 runs Monday - Saturday between Inverness, Pt Reyes Station, San Anselmo and San Rafael. South Route runs between Bolinas, Stinson Beach and Marin City according to the following three unique schedules and routes:

-61 on Monday, Tuesday, Thursday - via Shoreline Highway / Highway 1
-61e on Wednesday and Friday - via Shoreline Highway / Highway 1 with extension to Pt. Reyes Station
-61w on Saturday (year round) and Sunday (March 15 through November 15) - via Panoramic Highway / Pantoll Ranger Station

The Stagecoach service will be operating larger vehicles on all routes, with capacity of up to 34 passengers, 2 wheelchairs and 2-3 bikes on front racks.

A public hearing has been scheduled for July 11, 2006 for the MCTD Board to consider the adoption of a fare increase on the West Marin Stagecoach. If approved, the following new fares would go into effect on August 1, 2006: Full-price fare of \$2.00. Discount fare of \$1.00 for seniors (over 65), disabled passengers and youth (under 18). Children under 6 will continue to ride free and must be accompanied by an adult.

Details on the new Stagecoach schedules and a map are available at www.marintransit.org/stage.html.

— Robert Feist

ASTRONOMY NIGHT ON MT. TAM

The Mount Tamalpais Interpretive Association is holding an Astronomy night at the Mountain Theater on Saturday night July 1st, starting at around 9:00 PM. This coincides with the Hikers' Weekend for July. For more information about this and other Astronomy events, check the MTIA web site at mttam.net.

— Jordan Herrmann

ALPINE LODGE MEMBER RENTAL COORDINATORS

Eureka! Two Club members have volunteered to coordinate member rentals of our Lodge. **Nancy Otto** and **Carl Duisberg** have already assumed their duties, so please direct your inquiries by leaving a message, including your return telephone number, at the Alpine Rentals number, 415-381-4975, or e-mailing Nancy at nanotto@earthlink.net, Carl at carlduisberg@hotmail.com.

Nancy, a native of California, received her nursing education at St. Luke's School of Nursing, earned a BSN from USF and has lived in San Rafael for the past twenty years. She recently retired and is ready to put some of the energy previously spent on taking care of the sick into helping us run the Club efficiently.

Carl, son-in-law of longtime member **Dorothy Lindskog**, recently returned from a year in Afghanistan where he managed a US funded project for the emergency electric supply and longer term rehabilitation of the power infrastructure. Prior to that, Carl and his wife, Laura, spent a career with the US State Department overseas. They are excited to be back in Marin where Laura grew up.

Eike Linkwitz will continue to take care of Outside/Non-member rentals.

— Nuala Caulfield

JUNE 1ST WORK PARTY AT ALPINE LODGE

It was wonderful to have such willing and able volunteers attending our midweek work party on June 1st. Chores such as cleaning, dusting, and sweeping were done by **Rosemary Trowsdale**, **John & Emily Lockett**, and **Renee Powers**. **Sally Frederick** and our new member, **Shirley Brown** sorted and packaged the washed sheets and towels that we rent to overnight guests. **Hans Schilling** made sure that our barbecue was shiny clean and ready for the big July 4th BBQ event. **Paul McKown**, **Ben Heldens**, **Hardy Dawainis**, **Jim Flaherty** and **Roger Diehnell** made sure that the grounds were fertilized, hedges trimmed and the tall weeds were cut down. **Ruth Tretbar** and **Gus Raney** attended to weeding and pruning our lovely garden areas. **Melanie Facen** prepared and served an excellent lunch.

Thank you all for making our June work party so successful.

— Eva Libien

2006 OUTINGS SCHEDULE

**Here is a list of upcoming outings.
Full descriptions will appear in TRAILS.**

Jul 8-9 Hiking, wildflowers and boating in the Gold Country. Stay in condominiums at the town of Murphys: Mark Korte 916-956-9850 or mkorte@sbcglobal.net.

Jul 21-25 Llama trip to Base Camp in Marble Mountains by Yreka: Tom McNicholas 707-254-9953 or tommcnicholas@yahoo.com.

Jul 31-Aug 4 Base camp at McGee Creek near Bishop: Bob Hanson 925-944-3366 or doctoroutdoors@comcast.net. **FULL - taking a waiting list.**

Aug 13-17 Car camping to fabulous Burney Falls near Redding: Ernie Pitz 415-383-8143 or guidop6@comcast.net and Bob Riboli 415-924-4439.

Sept 2-4 Annual CAC Family Camp Outing - Labor Day Weekend: Susan McCathy 408-293-0891 or sfmccar@cs.com. See article on page 1.

Sept 8-10 Motel & Car Camping Lee Vining: Tony Smith 925-933-2403 or joanne-tony@sbcglobal.net and Ann Meneguzzi 209-931-3423 or tmlann@hotmail.com. See article on page 8.

Sept 22-24 Ashland plays: Ruth Tretbar 510-836-0108 or rtretbar@yahoo.com.

Dec 7-8 Christmas in the Monterey Adobes: Ros Carol 650-592-9394 or RosCarol@aol.com.

— Ros Carol

EXPANDED DATES OPEN FOR MEMBER RENTALS AT ECHO LODGE

Echo Lodge will now be available for Member Rentals from September 16th through Pre-Christmas Week, excluding the Thanksgiving holiday time. Stated conversely, the summer prime time (which is not available for Member Rentals) is modified to June 15th to September 15th, adding September 16-30 as available for Member Rentals. The weather is generally still very nice at this time of year, so contact **Cindy Toran** at 707-539-4396 if you are a trained host and would like to reserve a Member Rental during any open time in the schedule.

— Cindy Toran

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERISK AND ARE BOLDED
HIKES FOR SEPTEMBER AND OCTOBER WILL BE PUBLISHED IN THE NEXT ISSUE OF TRAILS

*SAT JULY 1	9:30 a.m.	Ernie Pitz	415-383-8143	2B	
*SUN JULY 2	9:30 a.m.	Margrit Gonzales	415-472-4270	2B	
	10:00 a.m.	Jeanmarie Campbell	415-776-4422	1A	
INDEPENDENCE DAY					
TUE JULY 4	9:30 a.m.	Taren Hamilton	415-378-4240	2B	
SUN JULY 9	9:30 a.m.	Paul McKown	415-383-2774	2B	
SUN JULY 16	9:30 a.m.	Bob Smith	510-841-0402	2B	
SUN JULY 23	9:30 a.m.	David Ratner	415-924-3043	2B	
SUN JULY 30	9:30 a.m.	Bonnie Radest	415-897-0227	2B	
*SAT AUGUST 5	9:30 a.m.	Karl Baeck	415-459-6370	2B	Co-Listed w/Sierra Club
*SUN AUGUST 6	9:30 a.m.	Tony Smith	925-933-2403	2B	
	10:00 a.m.	Jeanmarie Campbell	415-776-4422	1A	
SUN AUGUST 13	9:30 a.m.	Jack Leibman	415-674-4370	2B	Co-Listed w/Sierra Club
SUN AUGUST 20	9:30 a.m.	Bill Wise	415-584-5481	2B	
SUN AUGUST 27	9:30 a.m.	Renee Powers	415-648-4940	2B	

IMPORTANT! RAIN CANCELS

1A HIKES (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

IN JULY, AUGUST AND SEPTEMBER, HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 9:30 A.M. AND MT. HOME AT 9:45 A.M.

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com

Hikers' Weekends: For supper and/or overnight arrangements,

Contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.com

ALPINE LODGE SUNDAY INNKEEPERS

July 2.....	Joan Ryan.....	415.564.8507
July 9	Mary Frey	415.492.2510
July 16.....	Cassie Britton	415.648.0144
July 23.....	Peter Dippery.....	415.518.4051
July 30.....	Brad & Delinda Nicolet	530.753.3857
August 6.....	Helga Raab & Richard Plue	415.337.1812
August 13.....	Nancy Waldeck	415.552.5836
August 20.....	Ursula Pedersen	415.479.0343
August 27.....	Ulla Pettersson	415.821.1858

Innkeepers are needed for September and October. Please contact **Joan Ryan, Innkeeper Coordinator**, at 415-564-8507 or email joanryan@mac.com.

MARIN WATER DISTRICT TOUR

Seventeen people enjoyed a lovely day on the back side of Mount Tam. Three excellent staff members of the Marin Water District educated us on the efforts to help returning salmon and steelhead in Lagunitas Creek, on the large osprey colony at Kent Lake, and on the many functions of the district- including law enforcement. We saw the efforts to reduce erosion and siltation in the creek, and learned some of the damage the seventy inches of rain caused this year. The staff were helpful and answered our many questions very personably. We may do the outing again next year.

— Ros Carol

SUNDAY MORNING RENTAL POLICIES FOR THE ALPINE LODGE

In order to give Sunday hikers morning access to the lodge, the Alpine Lodge Trustees have devised these policies. Outside renters are being informed that they must vacate the lodge and parking lots one half hour before the hike begins: by 9:00 am in summer and by 9:30 am in other months. Member renters will be asked to be out of the dining porch and south hallway and to maintain a low profile during the half hour before hikes. The south parking lot will be reserved for hikers, except for two tandem spots (space for four cars) by the south entrance. Renters will use these four spaces and the north parking lot. This will provide hikers with a clearly defined block of spaces and will give renters access to their cars for loading. There will be twelve spaces for hikers and twelve for renters. In the coming months we plan to mark out the spaces in the south lot. In the interim, please use the space efficiently to fit 16 cars in the south lot.

— The Alpine Lodge Trustees

FIDDLER ON THE ROOF

"Tradition, tradition.....", to quote Tevye. New members **Helga Raab** and **Richard Plue** probably didn't realize the parts they were playing in tradition when they volunteered to host the June 10/11 Members' Mt. Play Overnight, but, as **Verna West** confirms, the Mountain Play has had strong links with members of The Alpine Club since its first performance in 1912.

After whetting our appetites with an array of hors d'oeuvres, Helga and Richard produced a wonderful Arabian-style meal consisting of roast chicken, sausage, and a *melange* of vegetables on a bed of couscous. Over this was poured a hot and spicy sauce. For dessert, we were treated to homemade chocolate cake. Breakfast was my usual farmer's casserole served with hot biscuits.

Judy Sibley and her college alumni from New Hampshire, Florida and San Diego made the Lodge their venue for a reunion, while **Pat Anderson**, **Fred Huxley**, and **Joyce Hamilton**

See FIDDLER on page 7

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30 pm, or e-mail toranski@aol.com.
Echo Lodge Telephone: 530-659-7274

Our **Echo Summit Lodge Summer/Fall Schedule** is below.

Winter Hosts: It is not too early to plan the time you would like to host at Echo and let me know.

The next **Echo Lodge Trustees' Meeting** will be held Saturday, July 29th, at **Jim Nixon's** home in Daly City. Contact Jim at 650-756-7771 or jimnixon2000@yahoo.com if you wish to attend.

All CAC Members: Have a wonderful summer! I hope your plans include a visit to Echo Lodge to hike, swim, fish, play golf, paddle a kayak, or just relax in the mountains with friends. We have many fine hosts scheduled for this summer. So make reservations to take advantage of our beautiful mountain retreat!

Sincerely, Cindy

JUL 2-7 SUN-FRI

Mary Ellen Yates & Juli Bradsher 415-898-6606
10 Palomino Cir, Novato, CA 94947
meyates@comcast.net

JUL 7-9 FRI-SUN

TRAIL CLEARING WEEKEND

Join **Tom Coleman**, and other hardy CAC members for a satisfying outdoor experience with U.S. Forest Service staff maintaining the trails we all enjoy so much in the Echo Lakes area! Reach Tom at 707-769-7801 or email tomcoleman@sbcglobal.net.

JUL 9-14 SUN-FRI

HIKERS' WEEK

Ursula Pedersen & Ruth Tretbar 415-479-0343
159 Golden Hinde Blvd., San Rafael, CA 94903
ursulole@sbcglobal.net

JUL 14-16 FRI-SUN

Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way, Santa Rosa, CA 95409
aewart@sbcglobal.net

JUL 16-20 SUN-THUR CO-OP MEAL DAYS

Cindy & Russ Toran 707-539-4396
5934 Yerba Buena Rd, Santa Rosa, CA 95409
toranski@aol.com

JUL 20-23 THUR-SUN

Audrey Vaggione 408-865-1781
12747 Saratoga Glen Ct, Saratoga, CA 95070
vaggionepastries@pacbell.net
Teens welcome!

JUL 23-30 SUN-SUN

Kathy & Bill Faherty 707-539-7081
5420 Gates Rd, Santa Rosa, CA 95404
faherty@sonic.net

JUL 30-AUG 3 SUN-THUR

Barbara & Keith Crockett 650-365-6280
859 Chesterton Ave, Redwood City, CA 94061
kc9erfan@sbcglobal.net

AUG 3-6 THURS-SUN

Ed & Anne Delmonte 707-528-7983
& Monika Balsamo
2645 Knob Hill Dr, Santa Rosa, CA 95404
anne.delmonte@gmail.com

AUG 6-11 SUN-FRI

CO-OP MEAL WEEK

Susan McCarthy & Carroll Pearson
408-736-9403
1069 Rockefeller Dr, Sunnyvale, CA 94087
pearsoncmp@aol.com
FULL - taking a waiting list.

AUG 11-16 FRI-WED

Lillian Young & Wayne Koerting 650-588-5689
3650 Sneath Lane, San Bruno, CA 94066

AUG 16-20 WED-SUN

Eike & Siegfried Linkwitz 415-924-0241
15 Prospect Ln, Corte Madera, CA 94925
el@linkwitzlab.com

AUG 20-24 SUN-THURS

Beverly Kern & Jerry Rosenberg 415-381-4931
139K Seminary Dr, Mill Valley, CA 94941

AUG 24-28 THURS-MON

ECHO LAKES TEEN WEEKEND

Pat Anderson 510-649-8537
3026 Benvenue Ave, Berkeley, CA 94705
patinegypt@yahoo.com
Come and enjoy the mountains and other teen members of the CAC. Parents, you are invited too! Kids must be at least middle school age.

AUG 29-SEPT 1 TUE-FRI

HIKER'S WEEK

Edna Trimm & Larry Ridgel 415-456-5557
etrimm@sbcglobal.net
142 Doninga Ave., Fairfax, CA 94930
We will lead 2-B level hikes, 8-10 miles, each day.

SEPT 1-4 FRI-MON LABOR DAY WEEKEND

Christine and Francois Piccin 707-535-0544
1256 Wikiup Drive, Santa Rosa, CA 95403
Christine@piccin.com

SEPT 6-13 WED-WED

HIKING AND FELLOWSHIP WEEK FOR SENIORS

Host: Ray Sommer 415-472-1229
15 Terra Linda Dr, San Rafael, CA 94903
ray@sommerworld.com

SEPT 14-19 THUR-TUES FANTASTIC FALL FUN & WORK PARTY

Contact: Jim Nixon at 650-756-7771 or jimnixon2000@yahoo.com

SEP 19-29 TUE-MON

AVAILABLE FOR TRAINED HOSTS

SEPT 29-OCT 1 FRI-SUN

MEMBER RENTAL

Lee Yamada & Phyllis Cole 831-438-5749

OCT 1-8 SUN-SUN

FALL SPA WEEK

Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

OCT 13-15 FRI-SUN

Jim Nixon & Jan McCulloch 650-756-7771
50 Seacrest Ct, Daly City, CA 94015
jimnixon2000@yahoo.com

OCT 27-29 FRI-SUN

FALL HOST

APPRECIATION & TRAINING

Contact Cindy Toran for reservations.
toranski@aol.com or 707-539-4396.

NOV 9-12 THURS-SUN

MEMBER RENTAL

Carroll Pearson 408-736-9403

NOV 22-26 WED-SUN

THANKSGIVING WEEK

Paul & Sharon Bacon 925-988-0611
1945 1st Ave, Walnut Creek, CA 94597
bacon2@sprynet.com

DEC 20-24 (WED-SUN)

PRE-CHRISTMAS

Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

DEC 25-29 (MON-FRI)

CHRISTMAS WEEK

Cindy & Russ Toran 707-539-4396
Lynn Garric & Larry Langbehn
5934 Yerba Buena Rd., Santa Rosa, CA 95409
toranski@aol.com

DEC 29- JAN 1, 2007 (FRI-MON)

AND NEW YEAR'S!

Kristina & Ben Gale 415-381-9319
158 Morningsun Ave, Mill Valley, CA 94941
krissegale@yahoo.com

Watch for updates in future issues of TRAILS!

FIDDLER *continued from page 6*

brought younger generation family members to expose them, not only to the rustic charms of the Lodge, but to a sophisticated performance of "Fiddler on the Roof". The playgoers were favorably impressed by both, and expressed their gratitude to the hosts for the wonderful food and comfortable mood of camaraderie.

— Nuala Caulfield

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sun, July 16, 2006	Board of Directors Meeting at 2 pm Quarterly Membership Meeting at 3 pm Dinner to follow.
Mon, Sept 4, 2006	Board of Directors meeting at the Annual Outing
Sun, Oct 15, 2006	Board of Directors Meeting at 2 pm Quarterly Membership Meeting at 3 pm Dinner to follow.
Sun, Nov 19, 2006	Board of Directors Meeting at 2 pm
Sun, Jan 21, 2007	Board of Directors Meeting at 2 pm

If you have any questions, call **Tony Smith** at 925-933-2403 or email joanne-tony@sbcglobal.net. Members are welcome at Board Meetings. Thank you!

— Tony Smith, President

HISTORIAN NOTES

Help! We don't seem to have photos of the Club's first officers in 1914. The officers were: President, Frank C. Allen; Vice President, W. Evans; Secretary, H. A. Funck; Treasurer, H. Albert; Corresponding Secretary, Miss J. Higgins. Miss Higgins resigned at the first meeting, replaced by Elsie Albert.

If you have photographs of any of these people, or if you might be able to identify them in photographs, please contact **Verna West** at 650-854-6349, or by e-mail at 99swest@earthlink.net.

— Verna West

BIRDING/CONSERVATION WEEKEND A SUCCESS

A total of 20 people showed up for this year's Birding/ Conservation session at Echo Summit Lodge on June 8-11. All the proceeds from this event go into the CAC's Conservation Fund, to be donated to organizations that are working specifically with conservation or environmental projects. Attending this session is a chance to have fun in the mountains while supporting the club's interest in environmental issues.

Two full day birding trips took place, led by **Karen and Jerry Wagner**. On Friday at 7:30 AM, the group headed down Highway 50 towards Pollack Pines and turned off at Ice House Canyon. Up the hill, the visitor's center provided the first stop. The ranger stationed there has planted many native flowers and shrubs, making it a great habitat for birds. As we continued up the hill, we encountered a number of habitats that make the birding interesting, including a hillside recovering from a forest fire, a riparian streamside campground, and a large reservoir.

Saturday, the birding group headed down Highway 50 towards Lake Tahoe. We began the walk in the meadow near the east end of Fallen Leaf Lake. From there we headed to the Lake Tahoe Visitor Center across the highway where we birded along Taylor Creek and eventually down to Lake Tahoe. On both mornings, we ate a picnic style breakfast sitting in the woods. This time of year offers many wildflowers in the meadows and colorful birds to spot while we were eating! We had a total of 60 species sighted for the two days.

The hiking group, led by **Cecilia and Paul Matuzzi**, hiked around Echo Lakes on Saturday. They stopped at a lovely stream for lunch. Even at lake level there were patches of snow on the ground. In some spots, the trail was actually a rushing stream with the snow melting above the trail. It was a very peaceful hike with few people on the trails. They ran into a couple of young rangers that were clearing the trail of fallen limbs and trees. They had the most well pressed, nice looking ranger shorts and shirts. Later in the summer, they probably will be a little more wrinkled.

Saturday evening's program was a puppet show by our own member, **Dan Winkleman**, a retired park ranger. He delighted the group (especially our inner children) with his informative and entertaining educational show about safety and awareness while visiting the coastal beach parks.

— Karen Wagner

LEE VINING AGAIN?

Friday -Sunday, September 8-10

Yes, but this time we welcome those who want to stay in a motel in town or in an RV instead of a tent.

It's the "Don't Worry, Be Happy" style camp trip. Come stay as long or short as you please. We've reserved a group campsite for tents at the Mono Vista RV Park/Campground. Pitch your tent on the Mono Vista lawn and take hot showers in excellent heated restrooms. AND, there's a view of Mono Lake from our site. The group camping fee is about \$6/person/night.

For those who don't want to set up a tent, the Mono Vista also has hook-up spots available. Call Mono Vista directly at 760-647-6401 to reserve this kind of site for yourself. Murphy's Motel is one short block from the campground. To reserve there, call 760-647-6316.

Campers, bring your own food or eat in town. Don't feel like cooking? Lee Vining has several eateries and a grocery store. Have morning coffee on the sunny porch of the Oh Latte Da! and dinner at the Whoa, Nellie! Deli if you like.

Hiking options are spectacular and range from easy strolls to breathtaking (literally) hikes. But easy or hard, gorgeous scenery is everywhere- even at the campground. There are many things to do on the Eastside Sierra for non-hikers too. You can explore Bodie, visit the Mono Craters, the Owens River hinterlands and soak in Hot Creek.

John Muir said, "...it seems to me, above all others, a Range of Light". So bring your sunglasses and be prepared for high altitudes. The crowds will be gone but it's still summer.

For more information, contact **Tony Smith** or **Ann Meneguzzi**. (See outing schedule listing on page 5.)

— Tony Smith and Ann Meneguzzi



COULD IT BE MEMORIAL DAY AT ECHO LODGE?

Dawn broke wild and wintry on Saturday morning during the Spring 2006 Work Party. We had all packed the sun block and the shorts, but we would have been better prepared if we had brought winter clothing and snow-chains! Cold fingers and glances toward the snowy heavens temporarily replaced hard-earned drops of sweat.

The unusual weather didn't faze the 22 enthusiastic volunteers and their positive spirits. **Jim Nixon, Wayne Koerting, Lillian Young, Tony Smith, Vicki (Mongo) Olds, Nuala Caulfield, Val Floch, Jean Rodgers, Susan Reynolds**, and the old workhorse himself, **John Hannum**, were the first to arrive. **Jim Nixon**, the newest trustee at Echo, welcomed them with a hearty dinner that he prepared. For someone who keeps saying he never cooks, Jim is a great non-cooking chef! Maybe it was the fine wine!

Jim's wife, **Jan McCulloch**, arrived on Friday, and spent the next few days cooking very delicious and healthy meals for the troops. **Nell Fraser** arrived with her son, **Scott**, and daughter-in-law, **Colleen**, from Rancho Cordoba. Scott and Colleen are interested in becoming new members and used the Spring Work Party as their new-member volunteer assignment. **Pat Gough, April Roberts, Cindy and Russ Toran, Gary Milburn and Joni Hyerle** were also eager to help with the list of chores. I imagine there are many more folks who might like to sign up for the Fall Work Party to fulfill their obligation to the spirit of volunteerism in the Alpine Club!

Much was accomplished. Your bathrooms are brighter looking with a fresh coat of mildew-resistant paint. All the beautiful natural wood doors and wainscoting were cleaned and given a coat of tung oil. The bedrooms, halls and Great Room carpets were deep cleaned with a rug shampooer. We even gave El Presidente, **Tony Smith**, the job of cleaning six months of bacon grease off the stove vents. Hmmmnnnnnn, maybe that job could be permanently reserved for the president of the club! Windows were washed, in and out. **Russ Toran** scraped and painted the front door and put in new door strips. Poor **Art Ewart** got stuck belt-sanding exterior rails and the picnic table for the second work party in a row. Lesson #14- never get TOO good at a dusty, tough assignment!

John Hannum, Bob Henry and I were out early Sunday morning, chaining logs to John's truck and hauling them through the forest to the parking area, where they were cut into 22" 'rounds'. The rounds were then rolled down the dirt drive to the storage area. One round took off a little too fast and almost flattened Gary. We congratulated Gary on having such fine reflexes for an old guy! Now we have plenty of wood ready to split at ...yes, the Fall Work Party!!

A Big thanks to all the great volunteers who took time out from their busy schedules to come up to Echo, brave the non-Spring like elements, and make the old Lodge shine once more! We will need even more volunteers for the Fall Work Party on Sept. 14th through the 19th. So, it's not too early to e-mail **Jim Nixon** at jimnixon2000@yahoo.com to let us know when you're coming up!

— Tom Coleman

SPRING HOST TRAINING AT ECHO LODGE

Cindy Toran, Ray and Elizabeth Sommer, Jim Nixon and **Tom Coleman**, Echo Trustees, welcomed sixteen of the California Alpine Club's finest for the Spring 2006 Host Training and Appreciation weekend on May 12th-14th.

Most folks arrived on Friday night in time for a fantastic dinner made by **Jim Nixon**, who quieted the ringing applause by admitting it was his first venture into cooking. No one got sick.

Cindy Toran led the class on Saturday, with **Ray Sommer** and **Tom Coleman** adding pearls of Echo wisdom. It was the first Host Training without the fabulous but unfortunately retired **John Hannum**. We're all grateful that his hard work has made host training much easier than it ever was in the past. **Tom Coleman** cooked dinner Saturday night, with the aid and generous assistance of **Christine and Francois Piccin**, and **Mary Ellen Yates** provided hand-dipped chocolate strawberries!

Bev Kern and **Judy Sibley** were table-setters extraordinaire. **Jerry Rosenberg** kept us in stitches with his irreverent commentary, but we all felt sorry for his lady friend **Ricki Gross**, having to put up with his wacky energy. **Charlie Demitz** was king of the wash sink. As a doctor in real life, I think he's just used to putting on rubber gloves every day! **Cindy** cooked a special Mother's Day breakfast, and we were able to clean the Lodge and make our way home in time for a nice Mother's Day with our families.

Other folks attending Host Training and graduating Cum Laude were **Linda Viviane, Juli Bradsher, Marshall Lyons, Carol Weisker** and **Mae Harms**. We don't know if **Jerry Rosenberg** made it through the exit exam.

Please remember that you need to take Host Training once every three years. We need knowledgeable hosts to keep the Lodge open and thriving, AND you can't do a member rental if you aren't current in your training. Our next Host Training and Appreciation will be October 27-29, 2006. If you need to come, or would like to take the training needed to become a host please contact **Cindy Toran** at toranski@aol.com or 707-539-4396.

— Tom Coleman



Spring Work Party volunteers at Echo, May 2006



Graduates of Spring Host Training at Echo Summit Lodge, May 2006

TRAILS
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SAFE BOATING IS NO ACCIDENT !

Are you and your family or crew prepared for boating safely this summer? The Marin Power & Sail Squadron is offering a tuition-free U.S. Coast Guard approved safe boating class, "Boat Smart" at our Kell Educational Center, 789 North Hamilton Road, Novato, on July 11, 12, 18, 19, 2006, each class from 7 to 9 PM. These classes are taught at no charge by Marin Power and Sail Squadron members who are experienced sailors and boaters. Topics include Boat Types, Selecting A Boat, Required Safety Equipment, Handling, Trailing, Docking, and Anchoring a Boat, Using a Marine Radio, Medical Emergencies, and the latest U.S. Coast Guard rules for boaters. The text, which may be shared by two people and is an excellent reference book to keep aboard your boat, costs \$30.00. Upon successfully challenging or passing a final examination, a certificate will be awarded which many insurance companies recognize by providing a discount on your boat insurance. For registration and any questions, phone 415-883-6777.

— Stuart Bacon

EMAIL AND ADDRESS CHANGES

Please remember to advise the CAC Registrar of any changes to mail, phone and email (particularly email, which changes much more frequently than regular addresses.) If you haven't been receiving periodic messages via email from CAC, we probably have the wrong email address for you. **David Maier** can be reached at 831-462-2764 or dmmaier@pacbell.net or by mail at 2-1120 E. Cliff Drive, Santa Cruz, CA 95062

— Dave Maier, Registrar

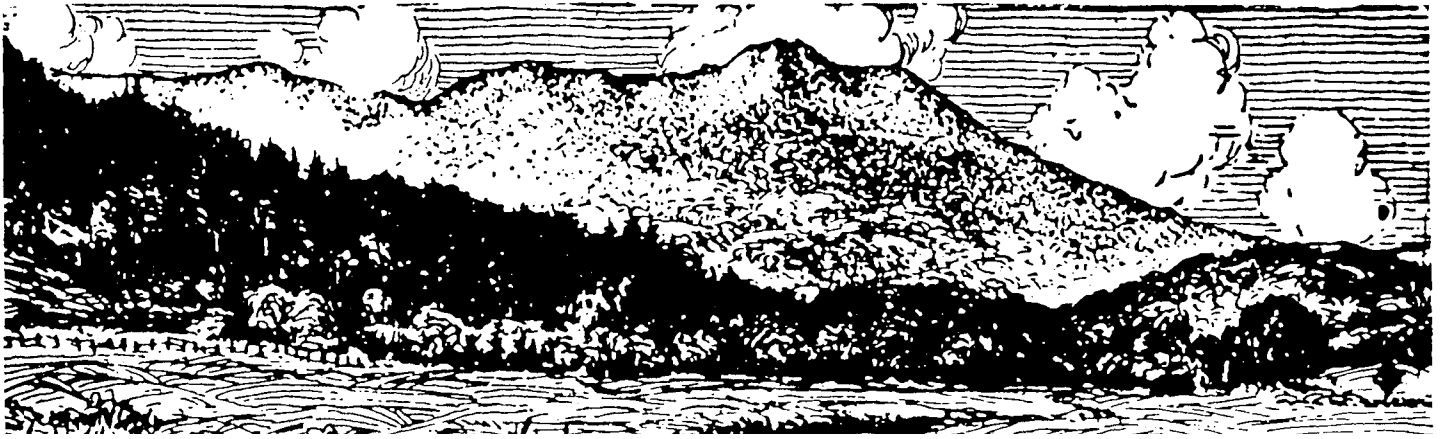
TRAILS NEWSLETTER ALERT

Please send articles for the September issue of TRAILS to editor, **Dan Schoenholz**, at dschoenholz@sbcglobal.net or 355 Marshall Drive, Walnut Creek, CA 94958, phone 925-932-9791. **Dan** should receive articles for the September issue no later than August 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as .jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

Editor for the October issue of TRAILS will be **Pat Boyd**, at boyd4@pacbell.net or 510-883-9929. If you would like to assist with the publishing of TRAILS, please contact **Angi Blackwell** at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

—Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 82

Sept 2006

No. 7

FOLK DANCING AT THE ALPINE CLUB

On Sunday, September 3rd, there will be folk dancing at the Alpine Lodge. Dancing will start at 2:00pm. Happy hour will be at 4:30pm and the potluck dinner will be at 5:00pm. We can dance after dinner, too. **Rachel** and **Bill Kay** will bring the music and lead the dances. If you have a favorite dance, bring the music so we can enjoy it together.

Mary Frey and **Barbara Stewart** will be hosting a B&B from September 3rd –September 11th (see article this page), so overnight accommodations are available. For information and reservations, contact Mary at 415-492-2510 or e-mail her at Marymaryhiker@aol.com.

Cost for the dancing and potluck dinner is \$5.00.

— Mary Frey

THEATER TRIP TO THE OREGON SHAKESPEARE FESTIVAL

Friday-Sunday, September 22-24

There are a few spaces left on the CAC's second annual trip to Ashland, Oregon. We will see three excellent productions: the early Shakespeare comedy, "Two Gentlemen of Verona"; Oscar Wilde's "The Importance of Being Earnest"; and "Dr. Jekyll and Mr. Hyde" by David Edgar, who adapted "Nicholas Nickleby" for the stage. The plays will be Friday evening, Saturday matinee and Saturday evening.

You may wish to visit the Festival Museum, take a backstage tour, shop, or stop at local orchards. On Sunday there will be an optional outing to the historic town of Jacksonville or to another local attraction.

The trip cost of \$200 includes tickets to three plays and attendance at two happy hours. You will book directly with the motel at a cost of approximately \$90.00 per night. We will eat together Friday night. After that you can choose from Ashland's many excellent restaurants and coffee shops.

To reserve a space, send a check for \$200 to Ruth Tretbar, 320 Lee Street, Apt. 801, Oakland, 94610. If you have questions contact Ruth at 510-836-0108 or at rtretbar@yahoo.com.

— Ruth Tretbar

SUNDAY, OCTOBER 15TH QUARTERLY MEETING AND DINNER AT THE ALPINE CLUB

Our quarterly meeting will be held on October 15th. Dinner will be prepared by our French chefs **Nicole Roche** and **Eva Libien**. Happy hour will begin at 4:30pm. At about 6:00pm we will sit down for a typical French dinner; *coq au vin* with *pommes de terre*, *legumes vertes*, *salade* and dessert. The cost of the dinner will be \$12.50 for members, \$15 for associate members.

Please send your check (payable to **Eva Libien**) to 2 Eucalyptus Knolls, Mill Valley, CA 94941. Checks need to be received by October 10th. Call Eva at 415-383-5184 with questions or email elibien@yahoo.com.

— Eva Libien

MINI-VACATION AT ALPINE CLUB

Barbara Stewart and **Mary Frey** are offering the members a B&B at Alpine Lodge beginning September 3rd through the 11th. We will start with a pot-luck and folk dancing on Sunday and then offer a cooked dinner every other night to those who stay overnight. We will go out to dinner on the other nights to the local restaurants in Marin. We plan to do an easy hike every day.

The weather is usually lovely in September, so treat yourself to a mini-vacation in Marin. Contact **Mary Frey** at 415-492-2510 or e-mail her at Marymaryhiker@aol.com. Cost for overnight and breakfast is \$18.00 for members and \$20.00 for non-members.

— Mary Frey

CAC WEB SITE

The address of our CAC Web Site has changed to www.calalpineclub.org. Please change your bookmarks, if appropriate. If you need the user id and password to the member section of the site, please contact **Carroll Pearson** at pearsoncmp@aol.com.

— Carroll Pearson

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Vice President	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Secretary	Jean Rodgers	415-435-9383	jrodeg1218@aol.com
Treasurer	David Ratner	415-924-3043	DLratner@aol.com
Registrar	David Maier	831-462-2764	dmmaier@pacbell.net

Board of Directors:

John Hannan	510-527-6709	JHa8361816@aol.com
Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
Ernie Pitz	415-383-8143	guidop6@comcast.net
Susan McCarthy, past pres.	408-293-0891	sfmccar@cs.com
Eva Libien	415-383-5184	elibien@yahoo.com
Onnie Taylor	415-648-6380	onnet@earthlink.net

Committee Chairpersons:

Conservation	Jay Hallberg	415-383-1507	lareenie@yahoo.com
Finance	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Laureen Novak	415-383-1507	lareenie@yahoo.com
Outings	Ros Carol	650-592-9394	RosCarol@aol.com
Publications	Angela Blackwell	415-584-2586	ablackwellca@earthlink.net
Sunshine	Lois Hillman	415-586-6713	
Social Activities	Susan McCarthy	408-293-0891	sfmccar@cs.com
Parliamentarian	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com

Lodge Trustees

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	Roger Diehnel '07	415-924-5519	rdiehnel@hotmail.com
	Nuala Caulfield '07	415-922-6775	ntcaulfield@msn.com
	Ruth Tretbar '08	510-836-0108	rtretbar@yahoo.com
	Paul McKown '09	415-383-2774	paulmckown@earthlink.net
Alpine Rentals			
Treasurer	Melanie Facen	415-492-0470	mfacen@aol.com
Echo Chair	Cindy Toran '07	707-539-4396	toranski@aol.com
	Tom Coleman '08	707-769-7801	tomcoleman@sbcglobal.net
	Edie Nelson '08	831-423-5576	edieforsyth@hotmail.com
	Jim Nixon '09	650-756-7771	jimnixon2000@yahoo.com
	Ray Sommer '06	415-472-1229	ray@sommerworld.com

CAC Foundation Directors

Jay Hallberg, President	415-383-1507	lareenie@yahoo.com
Mae Harms	530-333-1058	maeharms@mindspring.com
Bill Meneguzzi	916-451-1523	bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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Contributors: Stuart Bacon, Angi Blackwell, Ros Carol, Nuala Caulfield, Mary Frey, Jay Hallberg, John Hannan, Jordan Herrmann, Sue Karp, Eva Libien, Tom Mayhood, Dave Maier, Mary Maier, Susan McCarthy, Paul McKown, Laureen Novak, Carroll Pearson, Nicole Roche, Tony Smith, Cindy Toran, Ruth Tretbar.

Correspondence: Please address correspondence concerning this publication to:

Tony Smith, 2345 Tice Creek Drive, #4, Walnut Creek, CA 94595-5210.

CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE

Hi Alpiners!

Had a good summer? The Club sure had a lot of activities going on, and I hope you were able to participate in some of them.

Here are some items that will come up this fall that may not be covered elsewhere in Trails:

1. Club logo decals will be considered. Our new member, **Vicki Olds**, has been asked to help in the design and execution of this project, which can be funded separately. We are considering donations and a fee of \$4 per sticker. This small income can be used to benefit the Alpine and Echo lodges and the CAC Foundation. This is my pet project; the previous stickers, such as on the glass door to the living room at Echo, are over 50 years old. As our Club approaches its centennial, it's time for new ones. And, if they last as long as the old ones, that's 2056!

2. I'd like to see more electronic quorums and voting at Board meetings, in particular on time-sensitive issues. Let's face it, we are active people spread out across the State, and dealing with \$3+ gas and heavy traffic makes meeting attendance a challenge. What with telephones, faxes, e-mails, and even U.S. Postal Service, we can save a lot of gas, cut down on pollution, and have shorter meetings to boot. We might try tying the meetings in with lunches or dinners, overnights, etc. This type of change will require a by-law amendment. Give us your ideas for more fun at meetings!

Cheers,

Tony Smith, President

ECHO CO-OP MEAL WEEK

Wonderful meals from a variety of excellent cooks kept the spirit of the co-op meal week alive and well. About 24 people enjoyed the food, company, and wonderful hiking weather at Echo Summit Lodge, August 6-11, 2006. The picture shows the guys ready to leave on a hike from Angora Lake back to Echo Lodge via Echo Peak, then Flagpole Peak. They found a very, very steep shortcut from Flagpole to Echo Lake.

— Susan McCarthy and Carroll Pearson



Bob Bass, Gene Ziemann, and Tony Smith - Ready for the Hike

CONSERVATION REPORT

This July's conservation donation recipients are "PRBO Conservation Science", "Tamalpais Conservation Club", and "Eldorado National Forest Interpretive Association".

"PRBO Conservation Science" provides a wildlife sanctuary focused on sharing nature and educating visitors. "Tamalpais Conservation Club" continues its trail crew activities in cooperation with GGNRA, MMWD, and the Mt. Tam community, maintaining and improving such trail favorites as the Dipsea, Berry, and Kent. The "Eldorado National Forest Interpretive Association" provides information about history, nature and logistics of the Eldorado National Forest.

The concept of conservation is easily understood, but difficult to execute. Our hearts and minds may be sympathetic to the concept, but our action as a whole leans toward greater consumption. The world is changing. The earth's gravitational force will continue to adjust each time we experience an earthquake. The ocean levels will continue to rise as the polar ice cap and high mountain glaciers recede. Weather patterns of extreme temperature fluctuations will continue to be with us for years to come. We may be bystanders as "the world changes", but we are able to understand that our actions taken today will have consequences tomorrow. Not long ago the salmon run on the Klamath River was one of the great wonders of the universe. Today, the removal of hydroelectric dams is being contemplated to reverse the decline of the Klamath spawning grounds. What can we do? What are we doing? Is conservation alive or dead?

Your CACF Directors (**Jay Hallberg**, **Mae Harms** and **Bill Meneguzzi**) look forward to your response and participation in our future.

— Jay Hallberg

HILLMAN CONSERVATION WEEKEND

While attending our last conservation weekend at Echo Summit Lodge, I had the pleasure of meeting **Lois Hillman**. In acknowledging her late husband's efforts toward conservation, the conservation weekend of November 4th -5th is being named in honor of **Henry Hillman**. If you have not confirmed your reservations, please do so by contacting **Jay Hallberg**, Conservation Chair and CACF Director and President, jlh_jlengrs@sbcglobal.net. We will be sharing this weekend in association with **Nuala Caulfield's** monthly "Hiker's Weekend". Along with great food, we plan to have a variety of educational and entertaining videos, as well as a surprise guest speaker.

— Jay Hallberg

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Mon, Sept 4, 2006 Board of Directors meeting at the Annual Outing

Sun, Oct 15, 2006 Board of Directors Meeting at 2 pm
Quarterly Membership Meeting at 3 pm
Dinner to follow. Please see details on page 1

Sun, Nov 19 2006 Board of Directors Meeting at 2 pm

Sun, Jan 21, 2007 Board of Directors Meeting at 2 pm

If you have any questions, call **Tony Smith** at 925-933-2403 or email joanne-tony@sbcglobal.net. Members are welcome at Board Meetings. Thank you!

— Tony Smith

MEMBERSHIP REPORT

September 2006

The following applicants are submitted for posting prior to Board acceptance:

Randall, McKinney - Regular Member

736A Panoramic Hwy

Mill Valley, Ca. 94941

415-389-6408

Email: randallmck@mindspring.com

Sponsors: Toni Smith & Larry Luchetti

Shirley A. Brown - Regular Member

PO Box 648

Tiburon, Ca. 94920

415-435-1374

Sponsors: Eva Libien & E. Marion Hazzard

Vicki Olds - Regular Member

534 Sixth Ave

San Francisco, Ca 94118

415-221-2830

Email: volds@studioreflex.com

Sponsors: Ruth Tretbar & Cindy Toran

E. Ricki Gross - Regular Member

202 Laverne Ave

Mill Valley, Ca. 94941

415-388-0544 Email: ergross@sbcglobal.net

Sponsors: Beverly Kern & Jerold Rosenberg

Joyce Kawahata - Regular Member

1136 Key Route

Albany, Ca. 94706 - 2324

510-525-4791

Email: startree@hotmail.com

Sponsors: Donald Rice & Rita Schroeder

The following names are submitted to the Board of Directors for acceptance.

Their names have been previously published in TRAILS:

Peter & Jenelle Ring, Joseph Oh & Michelle Morgan, Stephanie Jensen

— Lauren Novak, Membership Chair

Email and Address Changes

Please remember to advise the CAC Registrar of any changes to mail, phone and email (particularly email, which changes much more frequently than regular addresses.) If you haven't been receiving periodic messages via email from CAC, we probably have the wrong email address for you. **David Maier** can be reached at 831-462-2764 or dmmaier@pacbell.net or by mail at 2-1120 E. Cliff Drive, Santa Cruz, CA 95062

— Dave Maier, Registrar

ALPINE LODGE EVENTS - ASSOCIATE MEMBERS (formerly Guests) WELCOME

New Associate Member forms now available. To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975

THIS SCHEDULE INCLUDES EVENTS AT THE ALPINE LODGE. FOR CAC EVENTS TAKING PLACE ELSEWHERE, PLEASE REFER TO THE "OUTINGS 2006 SCHEDULE" ON PAGE 5.

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30am to 4pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

SEPT 2-3 SAT-SUN

HIKERS' WEEKEND

Happy Hour at 4:30pm. BYOB and a simple appetizer to share. Dinner, salad and dessert at 6:00pm. Members \$8, Associates \$11. You're invited to spend the night at the Lodge and partake of a delicious breakfast. Members \$19, Associates \$27. Contact Nuala Caulfield at 415-922-6775.

SEPT 3-11 SUN-MON-BED & BREAKFAST

Mary Frey's special week, which includes the "Beverly Folk Dancers" on Saturday, September 9th. Reserve with Mary: 415-492-2510 or email Marymaryhiker@aol.com.

SEPT 14 THUR

MIDWEEK WORK PARTY

9:00am-2:30pm
Coordinator: Ruth Tretbar. It's Fall, CAC activities are revving up and we need to work on the Lodge. Come and help. Contact me at rtretbar@yahoo.com or at 510-836-0108 if you plan to come.

SEPT 24 SUN

SPECIAL SUNDAY WORK PARTY

9:00am-2:30pm
Registrar: Jean Rodgers. The roofers will have finished much needed repairs and we will have to clear up the dust and debris that will have fallen. Please come and help us make it ready for use. Contact Jean at 415-435-9383 or jrodlg1218@aol.com if you plan to come.

SEPT 28-OCT 1 THUR-SUN

SIERRA CLUB RENTAL

See July / August "Trails".

OCT 5 THUR

MIDWEEK WORK PARTY

9:00am-2:30pm
Coordinator: Ruth Tretbar. There will be many Fall projects, inside and out. Contact Ruth at rtretbar@yahoo.com or at 510-836-0108 if you plan to attend.

OCT 7-8 SAT-SUN

HIKERS' WEEKEND PLUS

See SEPT 2-3 entry for details. See October TRAILS for Jordan Herrmann's moonlight meanderings, a special added attraction to the October Hikers' Weekend.

OCT 11-15 WED-SUN

NON-MEMBER RENTAL

OCT 15 SUN ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS, QUARTERLY MEMBERSHIP MEETING / DINNER

The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2pm, followed by the Quarterly Membership meeting at 3pm. Happy hour and a French dinner prepared by Eva Libien and Nicole Roche will follow. See article on page 1.

OCT 20-22 FRI-SUN

SIERRA CLUB RENTAL

Aurora Roberts

703-530-9392

OCT 22 SUN

WORK PARTY

9:00am-2:30pm

If you are unable to attend a Thursday work party, this is your opportunity. If the rains have come, we will be planting new shrubs and groundcover. Coordinator to be announced.

OCT 28 SAT

NON-MEMBER RENTAL BAY AREA RIDGE TRAIL COUNCIL

OCT 29 SUN

HALLOWEEN PARTY AND POT LUCK

See article on page 5.

NOV 2 THUR

MID-WEEK WORK PARTY

Coordinator to be announced

NOV 4-5 SAT-SUN

CONSERVATION WEEKEND/HIKERS WEEKEND

Watch for details in upcoming TRAILS. See article on page 3.

NOV 7 TUES

POLLING PLACE

NOV 11-12 SAT-SUN

YOUNG FAMILIES OVERNIGHT

Live music with Julie Batsel. Contact Eike Linkwitz, 415 924-0241, el@linkwitz.com

NOV 17-18 FRI-SAT

ALPINE LODGE HOST TRAINING

Friday dinner at 6pm to Saturday 4pm. Limited to 15 participants. Nuala Caulfield, 415-922-6775.

NOV 19 SUN

ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS

Alpine Trustees meet at noon and the Board of Directors meet at 2pm. All are welcome.

NOV 23 THUR

THANKSGIVING SUPPER

Coordinator needed. Contact Susan McCarthy, sfmccar@cs.com, 408-293-0891.

NOV 30-DEC 2 THUR-SAT

MEMBER RENTAL

Mary Jane McKown

415 383-2774

DEC 2 SAT

MTIA HOLIDAY PARTY

DEC 9 SAT

CAC HOLIDAY PARTY

Details to follow in a later issue.

DEC 10 SUN

CAC FAMILY HOLIDAY PARTY

For young families and grandparents. Details to follow in a later issue.

DEC 24 and/or 25 SUN-MON

HOLIDAY DINNER(S) AT ALPINE LODGE

Would someone like to coordinate one of these events? Pot lucks work great!

DEC 29-30 FRI-SAT

MEMBER RENTAL

Mary Jane McKown

415-383-2774

DEC 31 and JAN 1

NEW YEAR'S EVE AND NEW YEAR'S DAY

Coordinators needed.

JAN 21 SUN

ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS, QUARTERLY MEMBERSHIP MEETING DINNER

The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2:00 pm, followed by the Quarterly Membership meeting at 3:00 pm. Happy hour and dinner will follow. Watch for the details in upcoming TRAILS.

JAN 26-28 FRI-SUN

MEMBER RENTAL

Cheryl Wilson

415-541-7556

Watch for updates in future issues of TRAILS!

SAFE BOATING IS NO ACCIDENT!!

Are you and your family or crew prepared for boating safely this fall? Does every family or crew member know how to return to pick up a person, perhaps the skipper, who has fallen overboard? The Mann Power & Sail Squadron is offering a tuition-free U.S. Coast Guard approved safe boating class, "Boat Smart", at our Kell Educational Center, 789 North Hamilton Road, Novato, on September 12, 13, 19, 20, 2006, each class from 7-9pm. These classes are taught at no charge by Marin Power and Sail Squadron members who are experienced sailors and boaters; topics include Boat Types, Selecting A Boat, Required Safety Equipment, Handling, Trailing, Docking and Anchoring a Boat, Using a Marine Radio, Medical Emergencies, and the latest U.S. Coast Guard rules for boaters. The text, which may be shared by two people and is an excellent reference book to keep aboard your boat, costs \$30.00. Boaters who pass the final examination will receive a certificate which most insurance companies recognize by providing a discount on your boat insurance. For registration, directions, and any questions, please phone 415-883-6777, leave a message with your name and phone number, and we will respond as soon as possible. If you are unable to come to this class, our next "Boat Smart" class will be at the same place and time on November 14, 15, 21, 22, 2006.

— Stuart Bacon

MEMORIALS

We regret to announce the passing of CAC members Fannie Hutchison, (survived by sister Alice McCormick) and Robert Shaw, (survived by wife and member Diane Shaw.)

Sympathy cards were sent to the families.

Mary Maier
Sunshine Committee

HALLOWEEN PARTY AND POTLOCK

SUNDAY, OCTOBER 29th

GREAT NEWS! A Halloween party and Pot Luck is scheduled for Sunday, October 29th. Festivities will begin at 3:30pm with appetizers, and our no-host bar will be open. An early pot luck supper will be set out at 4:30pm. We welcome guests (and goblins), and costumes are encouraged for those that dare to bewitch us with a surprise.

The price for this fun event is \$7.00 for members and \$9.00 for associate members. We will provide the main course, entertainment (including original, old Frankenstein movies) and decorations. We will also have music for listening and dancing.

RSVP to **Sue Karp** at 415-927-3221 or email suekarp@prodigy.net with the dish you plan to bring to the potluck (we need appetizers, salads, side dishes and desserts) and the number of people in your party. Mail your check (payable to Sue Karp) to 115 Madrone Avenue, Larkspur, CA 94939.

We look forward to seeing you all dressed up.

— Jordan Herrmann and Sue Karp

ALPINE LODGE HOSTING AND HOST TRAINING

The Alpine Lodge Trustees have encouraged Host Training for members who rent the Lodge for private events with the idea that eventually it would become mandatory. Since the training's inception three years ago more than 90 hosts have been trained. The benefits of Host Training can be seen in more efficiently run events and in the condition in which the Lodge is left for the next group following a trained host event. The Trustees feel that Host Training is essential for the continued well being of the Lodge and its members, and effective January 1, 2007 will require Host Training for member rented events at Alpine Lodge.

Host Training is fun, with open discussions, demonstrations, and a chance to meet other members with an interest in hosting. Host Training topics include: the Lodge infrastructure, safety and security issues, how to operate equipment (furnaces, sanitizer, audio/visual equipment, the gas fire place and barbecue, etc.), Club history, how to plan and run an event, and much more. The presenters are the Alpine Lodge Trustees and other involved members with special expertise to share. Each session runs from Friday evening through Saturday afternoon and includes dinner on Friday, lodging Friday night, and breakfast and lunch Saturday. The only charge is a \$5 fee for the Host Manual.

The next Host Training will be conducted November 17 and 18. A maximum of 15 participants are accepted for each session. Preference will be given to members who plan to host an event in early 2007. Another training session will be scheduled for January if the November session fills and there is sufficient interest. If you would like to attend the November Training please email or mail to **Paul McKown**, paulmckown@earthlink.net, 455 Ralston Ave., Mill Valley, CA 94941, the following information: your name, email address, mail address, telephone number, and your hosting intentions for 2007.

— Paul McKown

2006 OUTINGS SCHEDULE

Here is a list of upcoming outings.
Full descriptions will appear in
TRAILS.

Sept 2-4 Annual CAC Family Camp Outing
— Labor Day Weekend: Susan McCarthy
408-293-0891 or sfmccar@cs.com.

Sept 8-11 Car Camping Lee Vining:
Tony Smith 925-933-2403 or joanne-tony@sbcglobal.net and Ann Meneguzzi
209-931-3423 or tmlann@hotmail.com.

Sept 22-24 Ashland plays: Ruth Tretbar
510-836-0108 or rtretbar@yahoo.com.
See article on page 1.

Dec 7-8 Christmas in the Monterey Adobes:
Ros Carol 650-592-9394 or RosCarol@aol.com.

Sept. 6-Sept.13 2007 Acadia Park Maine:
Ros Carol 650-592-9394

— Ros Carol

LOST NECKLACE

A silver colored necklace was lost on July 1, on the 2nd floor of the Alpine Lodge. Contact **Nell Fraser** at NellFraser@Yahoo.com, or by phone at 925-934-9039, if you know its whereabouts. A reward is being offered.

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERICK AND ARE BOLDDED

*SAT SEPT 2	9:30 a.m.	**Leaderless Hike		2B
*SUN SEPT 3	9:30 a.m.	Karl Baeck	415-459-6370	2B
		Co-Listed w/ Sierra Club		
	10:00 a.m.	Arline Martin	510-523-0305	1A
LABOR DAY				
MON SEPT 4	9:30 a.m.	Bob Smith	510-841-0402	2B
SUN SEPT 10	9:30 a.m.	Ursulla Pedersen	415-479-0343	2B
SUN SEPT 17	9:30 a.m.	Bonnie Radest	415-897-0227	2B
SUN SEPT 24	9:30 a.m.	Margrit Gonzalez	415-472-4270	2B
*SAT OCT 7	6:00 p.m.	Jordan Hermann	510-528-7894	1A
NOTE: Harvest Moon Hike (bring warm clothes and flashlight) Preceded by supper				
*SUN OCT 8	10:00 a.m.	Jordan Hermann	510-528-7894	2B
	10:00 a.m.	Debbie Dorosin	415-388-7896	1A
SUN OCT 15	10:00 a.m.	Rosemary Trowsdale	415-775-3206	2B
SUN OCT 22	10:00 a.m.	Melanie Facen	415-492-0470	2B
SUN OCT 29	10:00 a.m.	David Ratner	415-924-3043	2B
*SAT NOV 4	10:00 a.m.	Bill Wise	415-584-4581	2B
*SUN NOV 5	10:00 a.m.	Bonnie Radest	415-897-0227	2B
	10:00 a.m.	Susan McCarthy	408-293-0891	1A
SUN NOV 12	10:00 a.m.	Howard Ortman	415-456-5912	
SUN NOV 19	10:00 a.m.	Renee Powers	415-648-4940	2B
THANKSGIVING DAY				
THURS NOV 23	10:00 a.m.	Tom Foote	415-647-4594	2B
SUN NOV 26	10:00 a.m.	Eva Libien	415-383-5184	2B
		Co-Listed w/ Sierra Club		
*SAT DEC 2	10:00 a.m.	Paul McKown	415-383-2774	2B
*SUN DEC 3	10:00 a.m.	Karl Baeck	415-459-6370	2B
		Co-Listed w/ Sierra Club		
	10:00 a.m.	Ann Wadsworth	415-929-0776	1A
SUN DEC 10	10:00 a.m.	Don & Donna Rice	415-342-4502	2B
SUN DEC 17	10:00 a.m.	Rosemary Trowsdale	415-775-3206	2B
SUN DEC 24	10:00 a.m.	**Leaderless Hike		2B
CHRISTMAS DAY				
MON DEC 25	10:00 a.m.	Eva Libien	415-383-5184	2B
		Co-Listed w/ Sierra Club		
SUN DEC 31	10:00 a.m.	Arlin Weinberger	415-444-0611	2B

IMPORTANT! RAIN CANCELS

1A HIKES (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

IN SEPTEMBER, HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 9:30 A.M. AND 9:45 A.M. AT MT. HOME. IN OCTOBER, NOVEMBER AND DECEMBER, SIERRA CLUB AND BERKELEY HIKING CLUB LISTINGS WILL LEAVE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

****Leaderless hikes meet at Alpine Club. Please select a leader from the group.**

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com

Hikers' Weekends: For supper and/or overnight arrangements, Contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.com

ALPINE LODGE SUNDAY INNKEEPERS September – October 2006

September 3	Tina Hittenberger 707.765.2105
September 10	Barbara Miglio 415.222.2440
September 17	Ulla Pettersson 415.821.1858
September 24	Barbara Miglio 415.222.2440
October 1	Cheryl Wilson 415.860.3808
October 8	Barbara Miglio 415.222.2440
October 15	Cindy Cosby 415.333.3482
October 22	Arline Martin & Teresa McDonough 510.523.0305
October 29	Anne Allio 650.583.1543

GOLD COUNTRY OUTING

We were a lucky, select group of four (**Howard & Christa Ortman, Nicole Roche** and **Eva Libien**) spending the weekend of July 8-9 in the Bear Valley area of the Sierras. We had responded to an article in Trails inviting us to a weekend hosted by Alpine Club members **Mark** and **Renee Korte**. Eva and I arrived in the environs of Bear Valley on Friday afternoon and to our surprise found a secluded, quiet campground in which to pitch our tents. Howard and Christa chose to rent a well furnished condo at Bear Valley village. Renee and Mark cooked up scrumptious meals at their lovely vacation home near Alpine Lake. We had glorious weather in which to hike and canoe every day. Many thanks to Mark and Renee for a most enjoyable time spent getting to know this area of California.

— Nicole Roche

DEL NORTE CAR CAMPING

Late in June, **Jean Rodgers** hosted a memorable trip to the northern reaches of California. We car camped at Del Norte State Park near Crescent City about 50 miles from the Oregon border. We had great hikes every day, the best one being at Prairie Creek State Park. The Fern Canyon trail goes through stands of huge old growth redwoods and ends down in a canyon stream surrounded by 30-foot walls of ferns. A little further is a beach where elk rest in the sand. The last day ended with a strenuous hike up "Kick Ass Hill." **Ann** and **Gos Schubert, Jenny Bruyn, Melanie Facen** and **Eva Libien** were ably led by Jean who prepared great grub and warm, inviting campfires.

— Eva Libien

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person/day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 any-time until 9:30 pm, or e-mail toranski@aol.com. Echo Lodge Telephone: 530-659-7274

Winter Hosts: It is time to plan your Winter/Spring 2007 host events at Echo Lodge. The Winter schedule is published below but still has many openings indicated as "AVAILABLE FOR TRAINED HOSTS". MEMBER RENTALS are also available mid-week Jan-Mar and any days Apr-Jun as well as Sept 15-Dec 20, excluding Thanksgiving week. Give me a call or send an e-mail to let me know your preferred times. I will do my best to accommodate your requests.

All CAC Members: We have a LOT of work to do at the FALL WORK PARTY to get the lodge ready for the coming snow season. The festivities start on Thursday Sept. 14th at 4pm and end on Tuesday, the 19th. We could sure use your help and it will be a lot of fun! Contact Trustee Jim Nixon at 650-756-7771 or jimnixon2000@yahoo.com to sign up.

Sincerely, Cindy

Information about the next **Echo Lodge Trustees' Meeting** will be published in the October TRAILS. In the meantime, contact Cindy at 707-539-4396 for an update.

Our Echo Summit Lodge Fall/Winter Schedule:

SEPT 1-4 FRI-MON LABOR DAY WEEKEND
Christine and Francois Piccin 707-535-0544
1256 Wikiup Drive, Santa Rosa, CA 95403
Christine@piccin.com

SEPT 6-13 WED-WED HIKING AND FELLOWSHIP WEEK FOR SENIORS
Host: Ray Sommer 415-472-1229
15 Terra Linda Dr, San Rafael, CA 94903
ray@sommerworld.com

SEPT 14-19 THUR-TUES FANTASTIC FALL FUN & WORK PARTY
Contact: Jim Nixon at 650-756-7771
or jimnixon2000@yahoo.com

SEP 19-29 TUE-MON AVAILABLE FOR TRAINED HOSTS

SEPT 29-OCT 1 FRI-SUN MEMBER RENTAL
Lee Yamada & Phyllis Cole 831-438-5749

OCT 1-8 SUN-SUN FALL SPA WEEK
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

OCT 13-15 FRI-SUN
Jim Nixon & Jan McCulloch 650-756-7771
50 Seacrest Ct, Daly City, CA 94015
jimnixon2000@yahoo.com

OCT 27-29 FRI-SUN FALL HOST APPRECIATION & TRAINING
Contact Cindy Toran for reservations.
toranski@aol.com or 707-539-4396.

NOV 9-12 THURS-SUN MEMBER RENTAL
Carroll Pearson 408-736-9403

NOV 22-26 WED-SUN THANKSGIVING WEEK
Paul & Sharon Bacon 925-988-0611
1945 1st Ave, Walnut Creek, CA 94597
bacon2@sprynet.com

DEC 8-10 FRI-SUN MEMBER RENTAL
Allan Lindberg & Jayma Brown 510-237-0231

DEC 20-24 (WED-SUN) PRE-CHRISTMAS
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

DEC 25-29 (MON-FRI) CHRISTMAS WEEK
Cindy & Russ Toran 707-539-4396
Lynn Garric & Larry Langbehn
5934 Yerba Buena Rd., Santa Rosa, CA 95409
toranski@aol.com

DEC 29- JAN 1, 2007 (FRI-MON) AND NEW YEAR'S!
Kristina & Ben Gale 415-381-9319
158 Morningsun Ave, Mill Valley, CA 94941
krissegale@yahoo.com

JAN 1-12 AVAILABLE FOR TRAINED HOSTS

JAN 12-15 FRI-MON MLK WEEKEND
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

JAN 15-21 MON-SUN
Cindy & Russ Toran 707-539-4396
5934 Yerba Buena Rd, Santa Rosa, CA 95409
toranski@aol.com

JAN 21-24 AVAILABLE FOR TRAINED HOSTS

JAN 24-26 WED-FRI
Lynn Zacherson & Martha Stewart 831-426-3428
220 Ocean View Ave, Santa Cruz, CA 95062
lynnz@cruzio.com

JAN 26-28 FRI-SUN
Pam & Garry Greever 530-677-5616
3200 Red Rock Ln, Shingle Springs, CA 95682
pamgreever@yahoo.com

JAN 28-31 SUN-WED
Edna Trimm & Larry Ridgel 415-456-5557
142 Dominga Ave, Fairfax, CA 94930
etrimm@sbcglobal.net

JAN 31-Feb 4 WED-SUN
Audrey & Mike Vaggione 408-865-1781
12747 Saratoga Glen Ct, Saratoga, CA 95070
vaggionepastries@pacbell.net

FEB 5-9 SUN-FRI AVAILABLE FOR TRAINED HOSTS

FEB 9-15 FRI-THURS
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

FEB 15-19 THURS-MON PRESIDENTS' WKND
For reservations contact
Monika Balsamo 707-539-2140
4841 Parktrail Dr, Santa Rosa, CA 95405
mbalsamo@earthlink.net

FEB 19-23 MON-FRI MEMBER RENTAL
Lynn Zacherson 831-426-3428

FEB 23-25 FRI-SUN AVAILABLE FOR TRAINED HOSTS

FEB 25-MAR 2 SUN-FRI
Edna Trimm & Larry Ridgel 415-456-5557
142 Dominga Ave, Fairfax, CA 94930
etrimm@sbcglobal.net

MAR 2-18 AVAILABLE FOR TRAINED HOSTS

MAR 18-21 SUN-WED
Edna Trimm & Larry Ridgel 415-456-5557
142 Dominga Ave, Fairfax, CA 94930
etrimm@sbcglobal.net

Watch for updates in future issues of TRAILS!

TRAILS
issued monthly by the
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Founded in 1913 - Incorporated in 1936
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LODGE RV RATES

The Trustees of Alpine and Echo Lodges have set rates for members who want to park at the Lodges, sleep in their RV's, and use Lodge facilities.

At Echo, the rate is \$5/person/night for members who stay in an RV and use the lodge facilities. This is the same as our dorm rates. At Alpine, the rate is \$15/person/night. This is the same as our standard overnight rate. At Alpine, consideration needs to be made for the very limited parking, outside renters, and other CAC events.

Overnight RV parking is treated like any other overnight. Reservations must be made, in advance, with the host of the event or by prearrangement through the rental process. Normal Associate Member fees will apply for non-members.

This information should be noted as an update in your green CAC Reference Information sheets.

— Carroll Pearson

TRAILS Newsletter Alert

Please send articles for the October issue of TRAILS to editor, **Pat Boyd**, at boyd4@pacbell.net or 1705 California St, Berkeley, CA 94703, phone 510-883-9929. **Pat** should receive articles for the October issue no later than September 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

Editor for the November issue of TRAILS will again be **Pat Boyd**. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

— Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 82

Oct 2006

No. 8

HALLOWEEN PARTY AND POTLUCK — SUNDAY, OCTOBER 29

Don't Forget! Our Halloween Party and Potluck will take place on Sunday, October 29th. Festivities begin at 3:30pm with appetizers, and our no-host bar will be open. An early Pot Luck supper will be set out at 4:30pm. We welcome guests (and goblins), and COSTUMES are encouraged for those that want to bewitch us with a surprise.

The price for this fun event is \$7.00 for members and \$9.00 for associate members. We'll provide the main course, entertainment (including original old Frankenstein movies) and decorations. There will also be music for listening and dancing.

RSVP to **Sue Karp** at 415-927-3221 or email suekarp@prodigy.net with the dish you plan to bring to the potluck (we need appetizers, salads, side dishes and desserts), and the number of people in your party. Mail your check (payable to Sue Karp) to 115 Madrone Avenue, Larkspur, CA 94939.

— Jordan Herrmann and Sue Karp

“MOON DANCE” HIKE

A Harvest, full Moonrise hike will start from Pantoll on Saturday night, October 7, at 5:45pm. Sunset that evening is at 6:44pm, Moonrise at 7:02pm, so the timing allows for good viewing. Carpool from the Alpine Lodge at 5:15pm. Bring warm clothes and flashlight. We should return to the Lodge about 8:30 pm

Jordan Herrmann will lead the hike, which is planned in conjunction with the Hikers' Weekend. To allow time for dinner before the hike, the Saturday Hikers' Weekend diner will begin at 4:30pm. Instead of happy hour, we will have dessert and drinks after the hike, followed by cleanup and dishes.

See the Alpine Events schedule, page 4, for dinner and overnight information.

— Jordan Herrmann

SUNDAY, OCTOBER 15TH QUARTERLY MEETING AND DINNER AT THE ALPINE CLUB

Our quarterly meeting will be held on October 15th. Dinner will be prepared by our French chefs **Nicole Roche** and **Eva Libien**. Happy hour will begin at 4:30pm. At about 6:00pm we will sit down for a typical French dinner – coq au vin with pommes de terre, legumes vertes, salade and dessert. The cost of the dinner will be \$12.50 for members, \$15 for associate members.

Please send your check (payable to Eva Libien) to 2 Eucalyptus Knolls, Mill Valley, CA 94941. Checks need to be received by October 10th. Call Eva at 415-383-5184 with questions or email elibien@yahoo.com.

— Eva Libien

KLEPTOMANIA AT ALPINE LODGE?

Several items of value have gone missing during the last few months, and it is to be hoped that these items will be returned to their rightful owners soon. These would be jewelry, trekking poles, and borrowed keys to the Lodge. It would now be prudent for the members to lock valuables in their car, or perhaps in the lockers in both buildings (bring your own lock).

On the other hand, we have the Short Term Memory Loss Syndrome, responsible for a lot of lost and found items in the box by the front door, and the drawers next to the corner bulletin boards. Lots of keys, glasses, watches, etc. A veritable treasure trove!

And if you find my toothbrush, you may keep it.

— Tony Smith, President

CAC WEB SITE

The address of our CAC Web Site has changed to **www.calalpineclub.org**. Please change your bookmarks, if appropriate. If you need the user id and password to the member section of the site, please contact **Carroll Pearson** at pearsoncmp@aol.com.

— Carroll Pearson

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Vice President	Carroll Pearson	408-736-9403	pearsoncnp@aol.com
Secretary	Jean Rodgers	415-435-9383	jrodg1218@aol.com
Treasurer	David Ratner	415-924-3043	DLratner@aol.com
Registrar	David Maier	831-462-2764	dmmaier@pacbell.net

Board of Directors:

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Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
Ernie Pitz	415-383-8143	guidop6@comcast.net
Susan McCarthy, past pres.	408-293-0891	sfmccar@cs.com
Eva Libien	415-383-5184	elibien@yahoo.com
Onnie Taylor	415-648-6380	onniel@earthlink.net

Committee Chairpersons:

Conservation	Jay Hallberg	415-383-1507	lareenie@yahoo.com
Finance	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com
Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Laureen Novak	415-383-1507	lareenie@yahoo.com
Outings	Ros Carol	650-592-9394	RosCarol@aol.com
Publications	Angela Blackwell	415-584-2586	ablackwellca@earthlink.net
Sunshine	Lois Hillman	415-586-6713	
Social Activities	Susan McCarthy	408-293-0891	sfmccar@cs.com
Parliamentarian	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com

Lodge Trustees

Alpine Chair	Ed Del Monte '07	707-528-7983	edelmonte@delmontecito.com
	Roger Diehnell '07	415-924-5519	rdiehnell@hotmail.com
	Nuala Caulfield '07	415-922-6775	ntcaulfield@msn.com
	Ruth Tretbar '08	510-836-0108	rtretbar@yahoo.com
	Paul McKown '09	415-383-2774	paulmckown@earthlink.net
	Alpine Rentals	415-381-4975	
Treasurer	Melanie Facen	415-492-0470	mfacen@aol.com

Echo Chair

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Ray Sommer '06	415-472-1229	ray@sommerworld.com

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Mae Harms	530-333-1058	maeharms@mindspring.com
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"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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CAC Web Site: www.calalpineclub.org

CAC Rosters and Privacy Protection

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE

Your president, Tony Smith, is traveling during September and October, so I will share our 5th Annual Family Camp experiences with you for this issue of Trails.

Over the Labor Day weekend, more than 60 adults and 40 children enjoyed the beautiful surroundings and great facilities at Camp Del Oro, located on Vera Lake near Nevada City, CA. The camp has boats and swimming at the lake, a wonderful swimming pool with a new water slide, dining hall, camping cabins with brand new bathrooms nearby, and a few cottages.

Our campers enjoyed the camp facilities especially the climbing wall, thanks to the **Parker** family who provided the instruction and safety. Pictures on the facing page tell the story.

Tom Coleman, Carol Saccomonto, Chris Bekins, Bob (French Toast King) Henry, Cynthia (Garlic Bread) Sterling and their crews of able helpers, including young ladies **Jamie Lassman** and **Jennifer Bass**, fed 104 campers. A BBQ followed by On The Loose, the same band as last year, made Saturday night a good way to start the weekend. Sunday, we had archery, and lots of pool and lake time. Dinner Sunday night was pasta and make-your-own sundaes. Breakfasts were scrumptious. Many thanks to the young people, starting at age 8, who cleared the tables for each meal. Also thanks to **Mae Harms** and **Connie Clark** who managed the lunch tables each day.

Cindy Cosbey and her gang of performers highlighted the Sunday night campfire and talent show. The S'mores at the end of the evening sent the children to bed on a sugar high. Thanks to **Bob Bass** for the campfire and his camp logistics duties.

Mae Harms recounts a story that is hard to believe:

"All year I have had a missing black sock. When I moved into Micah and the bed I had had for the previous three years, a black sock was hanging on the end of the bed. I told my roommates that it was my missing sock. When I got home it truly was the mate to the sock I had at home! United at last!"

Susan McCarthy and I thank the many people who helped with chores and activities. We don't want to forget anyone, but can at least mention a few more key people. **Tracie** and **Rick Loretz** were our chief boat masters. Yes, they were strict, but safety first! **Vicki Bass, Steve Cosbey, Bob Henry, and Kurt Eichstaedt** also helped with boat duty. We will need more help in this area next year. Thanks to all the willing and alert lake observers. Next year we will have a lifeguard at the lake, but will still need observers. **Gerald Petak**, a potential new member, was our utility infielder. He helped in the kitchen at most meals, took kids on boat rides, policed the camp for trash and missing equipment, went to Nevada City for supplies, and cut the sticks for the marshmallows. **Vicki** was also our key master for the people who were locked out of their cottages.

Lessons Learned – Meal options suitable for children; probably one chore/activity per day per family; walkie-talkies would be helpful for families that have them; route to camp marked with ribbons; and more time for participation at the archery session.

Most important, the families and children seem to have a wonderful time. We are sharing a few pictures. Not everyone is named, but you know who you are.

— Carroll Pearson, Vice President

Annual Labor Day Family Camp



Bob Henry, Kurt Eichstaedt, Susan McCarthy, and Ernie Pitz manning the BBQ.



Gerald Petak, Jamie Lassman, Jennifer Bass, and Susan McCarthy



Tracie and Rick Lortez taking a break from boating duty.



Russ and Anton Parker — Ready



Gregor Herda napping in a box at the BBQ



Parachute Game



Tom Coleman, Carol Saccomonto, Denise Sitton and Cynthia Sterling

ALPINE LODGE EVENTS - Associate members (*formerly Guests*) Welcome

New Associate Member forms now available. To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975

THIS SCHEDULE INCLUDES EVENTS AT THE ALPINE LODGE. FOR CAC EVENTS TAKING PLACE ELSEWHERE, PLEASE REFER TO THE "OUTINGS 2006 SCHEDULE" ON PAGE 5.

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30am to 4pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

OCT 2-3 MON-TUE MEMBER RENTAL
Jeanne and Stuart Bacon 415-924-2712

OCT 5 THUR MIDWEEK WORK PARTY
9:00am-2:30pm
Coordinator: Ruth Tretbar. There will be many Fall projects, inside and out. Contact Ruth at rtretbar@yahoo.com or at 510-836-0108 if you plan to attend.

OCT 7-8 SAT-SUN HIKERS' WEEKEND/FULL MOON HIKE
Sat. dinner at 4:30pm. BYOB. Member \$8, Associate \$11. Dessert and drinks after the Moon Dance Hike led by Jordan Herrmann, which carpools to Pantoll at 5:15 pm (see article p. 1). You're also invited to spend the night at the Lodge and partake of a delicious breakfast. Member \$19, Associate \$27. Contact hosts, Susan McCarthy, 408-293-0891, Sfmccar@cs.com or Carroll Pearson, 408-736-9403, pearsoncmp@aol.com.

OCT 8 SUN 10am 2B FALL COLORS HIKE
Fall colors loop hike out Troop 80 to and around Pantoll, down Coastal View to Muir Beach Overlook (for lunch break) and back down the Heather Cutoff to the Redwood Creek Trail and through Muir Woods and up to the Clubhouse. A long but mostly level and downhill hike with gentle upgrades for the most part. Return time 3:15pm. Jordan Herrmann, eve., 510-528-7894 or cell 510-520-9782, herrmann48@comcast.net.

OCT 11-15 WED-SUN NON-MEMBER RENTAL

OCT 15 SUN ALPINE TRUSTEES, BOARD OF DIRECTORS, QUARTERLY MEETINGS AND DINNER
Trustees meet at noon, Board of Directors at 2 pm, members at 3pm. Happy Hour 4:30 pm, followed by coq au vin, pommes de terre, legumes vertes, salade and dessert about 6pm. \$12.50 members, \$15, associates; send check payable to Eva Libien, 2 Eucalyptus Knolls, Mill Valley, CA 94941 to arrive before 10/10. See article , page 1.

OCT 20-22 FRI-SUN SIERRA CLUB RENTAL
Aurora Roberts 703-530-9392

OCT 22 SUN 9am - 2:20pm

WORK PARTY

If you are unable to attend a Thursday work party, this is your opportunity. If the rains have come, we will plant new shrubs and groundcover. Coordinator, Nuala Caulfield, 415-922-6775 or ntcaulfield@msn.com.

OCT 28 SAT NON-MEMBER RENTAL
BAY AREA RIDGE TRAIL COUNCIL

OCT 29 SUN HALLOWEEN COSTUME PARTY AND POTLUCK
3:30pm, no host bar, 4:30 potluck. Jordan Herrmann and Sue Karp, \$7 members, \$9 associates. RSVP to Sue at 415-927-3221 or email suekarp@prodigy.net Tell her what you are bringing and number of people. Mail check payable to Sue Karp, 115 Madrone Ave., Larkspur, CA 94939.

NOV 2 THUR MID-WEEK WORK PARTY
Coordinator, Nuala Caulfield, 415-922-6775 or ntcaulfield@msn.com.

NOV 4-5 SAT-SUN HENRY HILLMAN CONSERVATION FUNDRAISER /HIKERS' WEEKEND
Sat., 4pm. Point Reyes Bird Observatory speaker followed by happy hour, hors d'oeuvres, and dinner at 6pm. Call Mae Harms at 530-333-1058 to reserve. Dinner \$8 (\$11, associates). Overnight with delicious breakfast prepared by Nuala Caulfield, \$19 (\$27 associates). Hikes (see schedule) at 10am. Mail checks to Mae, 5941 Garden Park Dr, Garden Valley, CA 95633-9514. See page 9.

NOV 11-12 SAT-SUN 12 noon-3pm YOUNG FAMILIES' OVERNIGHT
Post Halloween and Start of the Holiday Season. From Sat. Lunch at 12 noon to Sun. 3pm. Halloween Parade and singing with Julie Batsel and her guitar. Kids may bring their toys, bikes, jump ropes, etc and make the Social Hall an indoor playground for 24 hours. Adult \$30, child: \$15. Non-member adult \$5 more. Max. fun for a maximum of 7-8 families. Hostess: Mindi Canner, mcanner@comcast.net, 415 285-8958. Please send your full payment to Mindi at 3239 21st Street, San Francisco, CA 94110-2407.

NOV 17-18 FRI-SAT ALPINE LODGE HOST TRAINING
Session is from Friday dinner at 6pm to Saturday at 4pm. Dinner, breakfast and lunch will be provided. Limited to 15 participants. This Host Training session is rapidly filling. Due to the new requirements that all member rental hosts be host trained for events starting next year, priority will be given to those members who are scheduling an event in 2007 before the next Spring host training. Contact

Paul McKown, 415-383-2774 or paulmckown@earthlink.net to reserve.

NOV 19 SUN ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS
Alpine Trustees meet at noon and the Board of Directors meet at 2pm. All are welcome.

NOV 23 THUR THANKSGIVING SUPPER
We need volunteers to organize this supper. Contact Susan McCarthy, sfmccar@cs.com 408-383-2774.

NOV 30-DEC 2 THUR-SAT MEMBER RENTAL
Mary Jane McKown 415 383-2774

DEC 2 SAT MTIA HOLIDAY PARTY

DEC 9 SAT CAC HOLIDAY PARTY
We need a volunteer to coordinate this party. Contact Susan McCarthy, sfmccar@cs.com 408-383-2774.

DEC 10 SUN CAC FAMILY HOLIDAY PARTY
For young families and grandparents. Coordinator, Mary Frey, 415-492-2510, marymaryhiker@aol.com. Details to follow in the November TRAILS.

DEC 15-17 FRI-SUN MEMBER RENTAL
Lori Sondheim 916-446-1161

DEC 25 MON HOLIDAY DINNER AT ALPINE LODGE
Coordinator will be Bonnie Radest, 415-897-0227, assisted by Kathi Freeman, 510-222-9439. Details in November TRAILS.

DEC 29-30 FRI-SAT MEMBER RENTAL
Mary Jane McKown 415-383-2774

DEC 31 and JAN 1 NEW YEAR'S EVE AND NEW YEAR'S DAY
Coordinators needed.

JAN 5-6 SAT-SUN HIKERS' WEEKEND

JAN 21 SUN ALPINE TRUSTEES, BOARD OF DIRECTORS, QUARTERLY MEETINGS AND DINNER
The Alpine Trustees meet at noon, and the Board of Directors meeting will begin at 2:00 pm, followed by the Quarterly Membership meeting at 3:00 pm. Happy hour and dinner will follow. Watch for the details in upcoming TRAILS.

Watch for updates in future issues of TRAILS!

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person / day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30 pm, or e-mail toranski@aol.com.
Echo Lodge Telephone:
530-659-7274

Fall/Winter/Spring Hosts: The Oct06-Mar07 schedule is listed below, but the following openings in the Fall / Winter / Spring Schedule **AVAILABLE FOR TRAINED HOSTS** are as follows: **Oct 8-13, Oct 15-27, Oct 29-Nov 9, Nov 12-22, Nov 26-Dec 8, Dec 10-20, Jan 5-12, Jan 21-24, Feb 4-9, Mar 4-15, Mar 27-30, Apr 1-27.** Call or email me about the holes in the schedule that you would like to fill at 707-539-4396 or toranski@aol.com.

Host Appreciation & Training: The next training session will be held Oct 27-29 at Echo Lodge for those who want to learn the art of hosting or take a refresher.
— Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be held at the Alpine Lodge on Nov 19 at 11am. Contact Cindy at 707-539-4396 if you would like to attend.

Fall '06 - Spring '07 Echo Lodge Schedule:

OCT 1-8 SUN-SUN FALL SPA WEEK
Helen Alfredson 805-647-5407
109 Stardust Ln, Ventura, CA 93004
hjalfredson@yahoo.com

OCT 13-15 FRI-SUN
Jim Nixon & Jan McCulloch 650-756-7771
50 Seacrest Ct, Daly City, CA 94015
jimnixon2000@yahoo.com

OCT 27-29 FRI-SUN FALL HOST APPRECIATION & TRAINING
Contact Cindy Toran for reservations.
toranski@aol.com or 707-539-4396.

NOV 9-12 THURS-SUN MEMBER RENTAL
Carroll Pearson 408-736-9403

NOV 22-26 WED-SUN THANKSGIVING WEEK
Paul & Sharon Bacon 925-988-0611
1945 1st Ave, Walnut Creek, CA 94597
bacon2@sprynet.com

DEC 8-10 FRI-SUN MEMBER RENTAL
Allan Lindberg & Jayma Brown
510-237-0231

DEC 20-25 WED-MON PRE-CHRISTMAS
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

DEC 25-29 (MON-FRI) CHRISTMAS WEEK
Cindy & Russ Toran 707-539-4396
Lynn Garric & Larry Langbehn
5934 Yerba Buena Rd., Santa Rosa, CA 95409
toranski@aol.com

DEC 29- JAN 1, 2007 (FRI-MON) AND NEW YEAR'S!
Kristina & Ben Gale 415-381-9319
158 Morningsun Ave, Mill Valley, CA 94941
krissegale@yahoo.com

JAN 1-5 MON-FRI
Pat Anderson & Fred Huxley 510-649-8537
3026 Benvenue Ave, Berkeley, CA 94705
patinegypt@yahoo.com

JAN 5-12 FRI-FRI AVAILABLE FOR TRAINED HOSTS

JAN 12-15 FRI-MON MLK WEEKEND
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

JAN 15-21 MON-SUN
Cindy & Russ Toran 707-539-4396
5934 Yerba Buena Rd, Santa Rosa, CA 95409
toranski@aol.com

JAN 21-24 AVAILABLE FOR TRAINED HOSTS

JAN 24-26 WED-FRI
Lynn Zacherson & Martha Stewart
831-426-3428
220 Ocean View Ave, Santa Cruz, CA 95062
lynnz@cruzio.com

JAN 26-28 FRI-SUN
Pam & Garry Greever 530-677-5616
3200 Red Rock Ln, Shingle Springs, CA 95682
pamgreever@yahoo.com

JAN 28-31 SUN-WED
Larry Ridgel & Edna Trimm 707-422-0338
201 Long St, Suisun, CA 94585
Contact after Nov 4
moonlycat@aol.com

JAN 31-Feb 4 WED-SUN
Audrey & Mike Vaggione 408-865-1781
12747 Saratoga Glen Ct, Saratoga, CA 95070
vaggionepastries@pacbell.net

FEB 4-9 SUN-FRI AVAILABLE FOR TRAINED HOSTS

FEB 9-15 FRI-THURS
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

FEB 15-19 THU-MON PRESIDENTS' WKND
Monika Balsamo (Reservations) 707-539-2140
4841 Parktrail Dr, Santa Rosa, CA 95405
m_balsamo@earthlink.net

FEB 19-23 MON-FRI MEMBER RENTAL
Lynn Zacherson 831-426-3428

FEB 23-25 FRI-SUN
Michelle Scott 916-989-1224
115 Englehart Dr, Folsom, CA 95630
MVaggione@teledyne.com

FEB 25-MAR 2 SUN-FRI
Larry Ridgel & Edna Trimm 707-422-0338
201 Long St., Suisun, CA 94585
Contact after Nov 4
moonlycat@aol.com

MAR 2-4 FRI-SUN
Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way, Santa Rosa, CA 95409
aewart@sbcglobal.net

MAR 4-15 AVAILABLE FOR TRAINED HOSTS

MAR 15-18 THU-SUN YOUNG FAMILIES SNOW WEEKEND
Joan Ryan & John O'Sullivan 415-564-8507
2625 23rd Ave, San Francisco, CA 94116
joanryan@mac.com

MAR 18-21 SUN-WED
Larry Ridgel & Edna Trimm 707-422-0338
201 Long St, Suisun, CA 94585
Contact after Nov 4
moonlycat@aol.com

MAR 21-27 WED-TUES
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

MAR 27-30 TUES-FRI AVAILABLE FOR TRAINED HOSTS

MAR 30-APR 1 FRI-SUN
Carol Saccomonto & Tom Coleman
707-769-7801
1216 Kathileen Way, Petaluma, CA 94952
tomcoleman@sbcglobal.net

APR 27-29 FRI-SUN MEMBER RENTAL
Carol Saccomonto & Tom Coleman

Watch for updates in future issues of TRAILS!

LET'S FILL THE ALPINE LODGE WITH CLUB EVENTS!

Let's get our members coming up to the Lodge for overnights and meals. We can have simple co-op or potluck meals with quiet nights around the fire, or planned activities like dancing, game nights, movie nights—you name it—to complement a day of hiking, exploring, or relaxing around the Lodge. The Alpine Lodge is a great destination, or a wonderful base of operations for a variety of activities in the area. All we need is organizers; the work can be shared. Just like Echo Lodge, let's keep the Alpine Lodge calendar full of events for our members.

LET'S HAVE MORE FAMILY EVENTS!

We need family events and family weekends at the Alpine Lodge. Let's draw families up to the Lodge with events geared to the needs of families. Coming to the Lodge is a perfect way for the children to play together and for the parents to enjoy adult company. The Alpine Lodge and its environs have so much to offer families. A family or two can schedule a family event, announce it in TRAILS, and then share the jobs of cooking and activity planning with the families that sign up. Keep it simple. Getting together with other families is what counts.

It would be wonderful to open up TRAILS each month, turn to the Alpine Lodge Events listing, and see so many things you want to do that you have a hard time choosing.

Contact **Susan McCarthy** sfmccar@cs.com or 408-293-0891, and we'll secure a date for you.

— Susan McCarthy

BAY ECOLOGY DOCENTS WANTED

The Richardson Bay Audubon Center is now recruiting for its docent training. On Monday morning starting Oct. 10, trainees will learn about Bay ecology, and in the spring they will conduct field trips on the beach with 4th – 6th graders. It's local, it's fun, and the people are great! Call me, **Alison Pence**, 415-924-4609 for more information. To register, call Carol Schwartz at the Center 415-388-2524 Ext.113.

— Alison Pence

TEENS WELCOME!

These teens were enjoying a summertime trip to Echo Lodge hosted by **Audrey Vaggione** and **Mari Norman** July 20-23. Most of them have been coming since kindergarten age in the winter-time when the Vaggiones were hosts. The Normans, now members, brought bicycles and an inflatable raft. The "kids" had a great time on Echo Lake. Doug Norman explored the area new to him on the bicycle. Erin Neff, also a new member, was there with two teenage girls, hiking the trail to Desolation Valley.

— Verna West

(l to r) Chris Lindmark, Emily Albanese, Michael Ackerman, Katie Norman, and Chris Vaggione doing dishes at Echo Lodge.



Teens wait for the boat to the end of the lake, but they did walk back!

SPECIAL TEEN WEEK AT ECHO AUG 24-28

Eleven teens and nine adults across three generations, hosted by **Patricia Anderson** and **Fred Huxley**, enjoyed the last of summer at Echo Summit Lodge just before the beginning of the school year. This crowd was content to eat burgers, pizza, and burritos all day. During the days we managed hikes to the jumping rock at the far end of Upper Echo Lake, along the pipe overland to "chutes" on the outlet creek, and up to Eagle Lake above Emerald Bay. By the end of the weekend, every teen had had the courage to plunge off at least one rock and into a chilly lake. The lodge was at a noise and energy decibel level in the uncomfortable range for many CAC members, but this special teen weekend allowed the kids some freedom to let loose. There was only one trip to the ER, and we managed quiet time by midnight each night. Each meal the boys and girls traded off the dishwashing duty. Teens attending were Orion, Gabe, and Max Levine; Jenna and Jared Huxley; Reed and Blake Hamilton; Sasha Sousa; Rebecca Streicker-Calle; Bridgette Walsh; and Sam Sugimoto. Adults were William Anderson, Fred Huxley and Pat Anderson, Kay and Barry Levine, Mary Sousa, Joyce and Steve Hamilton, and Barbara Forsberg.

If your family would enjoy such teen-oriented fun and food, please watch the Trails Calendar for our next summer event.

— Patricia Anderson



CAR CAMP TO BURNEY FALLS

Six Alpiners ventured 60 miles east of Redding August 13-17 to this intriguing State Park, lured by its call of a grand and unusual waterfall. It was, as we learned, due to the volcanic rock which allows the water to seep under and around the formations and exude torrents of water out from every possible spout.

We made ourselves at home with our tents close, maybe too close, to the bath and showers—but it worked as the “girls” were happy.

The Park had good facilities, for example, a Marina with boat rentals, a sandy lake-front beach, hiking trails close to Burney Creek and the usual general store. Management was in my opinion another matter, upon which I shall not dwell.

Canoeing in the morning allowed us to spy many waterfowl, i.e., Bald Eagles and Osprey, and schmoozing by the lake in the shade was not too taxing either.

Our highlights consisted of dining on the culinary delights of our Master Chef, Bob Ribloi, who for example created not only tasty meals, but also scones and a peach cobbler using his Dutch oven.

The other surprise was the befriending of a young physician, Doc Andy who was on the Pacific Crest Trail headed solo to Canada from Mexico. He had come about 1400 miles and still had 1200 to go by October.

Thank you all who made this car camp such fun. Oh, The Falls!! Go see them and join us next time when we go to ?

— Ernie Pitz



(L to R): Doc Andy, Melanie Facen, Eva Libien, Bob Riboli, Kathleen Hasse and Nell Fraser.

LEAD AN OUTING AS YOUR VOLUNTEER COMMITMENT

The Club needs people to lead birding, car camping, one day outings, kayak and canoe trips. The Outings Chair will assist you every step of the way. RosCarol@aol.com or 650-592-9394.

— Ros Carol

HENRY HILLMAN CONSERVATION FUNDRAISER AND HIKERS' WEEKEND

Please join us in celebration of the Henry and Lois Hillman Conservation weekend on Mt. Tamalpais at our beautiful Alpine Lodge on Saturday, Nov 4.

The event begins on Saturday at 4pm with a wonderful presentation by Russ Bradley of the Point Reyes Bird Observatory speaking on those fabulous Islands off our coast known to us all as the Farallon Islands. Hors d'oeuvres and a no-host bar will follow the presentation. Dinner will be served at 6pm: “Chicken Marbella,” Minnesota wild rice, mashed potatoes, salads and desserts; \$17.00 for members, \$19.00 associate members. Overnight \$15 (\$20 associates); breakfast \$4 (\$7 associates).

Please send your check for dinner and overnight lodging reservations to Mae Harms at 5941 Garden Park Dr, Garden Valley, CA 95633-9514, 530-333-1058. Please let Mae know if you can help with a salad, dessert, or dining room set up.

On Sunday, Nov 5, Nuala Caulfield will be making a delicious breakfast, and 2B and 1A hikes are scheduled to leave the club at 10am. Hope to see you all at this first annual CAC Foundation tradition.

—Jay Hallberg, Mae Harms, and Bill Meneguzzi

FALL FOLIAGE IN ACADIA NATIONAL PARK, SEP 27-OCT 4, 2007

Plan ahead to join **Ros Carol** for a 7-day adventure in Bar Harbor, Maine next fall. Stay in rustic cottages with kitchenettes, hike several days at your level in Acadia National Park, go on a Lobster and Seal cruise with a naturalist. Lodging, happy hours, lobster cruise and some meals included for \$400 per person, double occupancy, and \$600 single. Your share of a van or car—approximately \$125. Add a few dinners out, an optional sail or kayak trip, a visit to an oceanarium and lobster hatchery, a local performance at the theater, or other optional activities, and the trip will cost you \$650 to \$750 plus your air fare. Accommodations book up fast and we must make down payments soon to keep the rooms, so sign up now. Deposits later. Ros Carol 650-592-9394 or RosCarol@aol.com for further information.

— Ros Carol

CHRISTMAS DINNER AT ALPINE LODGE

Thanks to **Bonnie Radest**, who will coordinate our CAC potluck Christmas Day dinner again this year. She will be assisted by **Kathi Freeman**, who will organize volunteers to help set the tables and clean up afterwards. Details will follow in the November issue but call Bonnie at 415-897-0227 or Kathi at 510-222-9439 if you can't wait to volunteer your help.

CHRISTMAS AT THE MONTEREY ADOBES DEC 7 AND 8

Join **Ros Carol** for the popular visit to the Monterey Adobes at Christmas on Thursday, Dec. 8 and Friday, Dec. 9 when 16 historic buildings are open to the public. Docents in period costume, delicious food and drink, Christmas music and dancing make this a delightful evening. As you wander from house to house, and Constitution Hall, you are taken back in history. Stay one or two nights at the Colton Inn, hike Point Lobos on December 8, and then after an early dinner, go on the Adobe walk on December 8. See the aquarium and Cannery Row, browse the shops, Carmel, and enjoy the area. For more information, Ros Carol 650-592-9394 or RosCarol@aol.com.

— Ros Carol

TRAILS
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ALPINE LODGE RENTAL DEPOSITS AND FEES

The Alpine Lodge Trustees have voted to increase the deposit for "Member Rentals" from \$200 to \$300. This became necessary to cover possible damage during the rental time. "Outside/ Non-Member Rentals" have required a \$600 deposit since the start of the rental program.

Judy Key-Dominguez, our long time cleaning help, has increased her fee: \$150 for the entire main building, \$100 for the entire Tam building.

Judy is also available for washing dishes after dinners. She takes direct calls from members and outside renters. Please call Judy at: 415-891-8021. Ben Fosie continues with his reliable dishwashing as well. His cell phone number is: 415-902-7438.

— Eike Linkwitz

TRAILS NEWSLETTER ALERT

Please send articles for the November issue of TRAILS to editor, **Angi Blackwell** (not Pat Boyd as previously announced) at ablackwellca@earthlink.net, or via mail to 234 Lisbon St., San Francisco, CA 94112, telephone 415-584-2586.

Angi should receive articles for the November issue no later than October 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

Editor for the December/January issue of TRAILS will be **Tom Mahood**, at tmahood@callatg.com. Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact Angi Blackwell at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon St., San Francisco, CA 94112.

— Angi Blackwell, Publishing



TRAILS

OFFICIAL PUBLICATION OF THE CALIFORNIA ALPINE CLUB

Volume 82

November 2006

No. 9

THANKSGIVING CELEBRATION AT ALPINE LODGE Thursday November 23

Mark your calendars for the Thanksgiving Celebration at the Alpine Lodge! We invite everyone to join us. We see this event as a way to get together and give thanks in a community event. We invite families who want to be together but think they don't have enough space. We invite singles whose families are far away. We invite couples who want to be with others. We invite young adults who may be away from family at this time and empty nesters whose kids have flown the coop. And we invite all those who don't see themselves in the above descriptions.

We also want to make sure that you are able to enjoy some of those things you most remember or enjoy from your own family traditions. And we want to allow you to be totally free from all worry about preparing anything, if you prefer. So, we encourage you to bring a dish or two, if you would like.

Since it is Thanksgiving, we will supply the turkeys and some of the other traditional stuff. We will also supply vegan and vegetarian alternatives and a dairy free pumpkin pie. We will attempt to provide an organic feast, using only the least processed items. For those of you who say "who cares about organic?", be assured that the food will be top quality and taste really good.

As always, we will need helpers during the day and evening to help set up, prepare the food and the environment, and of course the most fun of all, clean up. There will be time, while the turkeys are cooking, to take a hike or just hang out at the club.

Happy hour will begin at 4 pm, dinner at 5 pm. The costs will be \$15 for members and \$18 for non-members. If you cannot afford this, please call the host. We encourage you to bring your own wine. The lodge will open for the night, if you would like to stay over and enjoy the next day on the mountain.

To volunteer to help, contact Mary Ellen as soon as possible as Thanksgiving is coming up really soon!! Call 415-497-3737 or e-mail meayates@comcast.net.

— Mary Ellen Yates



HENRY HILLMAN CONSERVATION FUNDRAISER DINNER Saturday November 4th

Our Special Guest for this event is Russ Bradley of the Point Reyes Bird Observation. Russ Bradley is a seabird biologist with the Farallon Islands program of PRBO's Marine Ecology Division. He grew up in British Columbia, Canada and graduated with a BSc in Biology from Simon Fraser University in 1998. After conducting seabird ecology field work at the Farallon Islands, Nova Scotia, and the northwest Hawaiian islands, he returned to SFU's Center of Wildlife Ecology for his MSc with Fred Cooke. His thesis work focused on the breeding ecology of radio marked marbled murrelets in coastal British Columbia. Russ joined PRBO in January 2002 and his research interests include the effects of life history strategies and environmental variability on seabird population ecology.

The talk is at 4 pm. Dinner will be served at 6 pm: "Chicken Marbella," Minnesota wild rice, mashed potatoes, salads and desserts; \$17 for members, \$19 associate members. Proceeds benefit the CAC Conservation Fund. For those who wish to stay overnight, it costs \$15 (\$20 associates), and breakfast \$4 (\$7 associates).

We hope to see you all on November 4th for this exciting evening on the mountain!

— Jay Hallberg, CACF President

INNKEEPER COORDINATOR NEEDED

The Alpine Lodge provides a warm and comfortable retreat every Sunday for CAC members. **Joan Ryan** has been the coordinator for the Innkeepers who make the coffee and goodies plus answer questions and give tours. Joan must resign from her coordinator position to help with family illness. We need a new Innkeeper coordinator - scheduling the wonderful people who do the innkeeping each Sunday. Can you help? Please contact Carroll Pearson at pearsoncmp@aol.com or 408-736-9403.

TRAILS Editor ~ Angela Blackwell

California Alpine Club

The purpose of the Club is: To explore, enjoy and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times, to protect and as far as we are able, to improve the environment in which we live; and to strengthen a sense of community among our members.

Officers:

President	Tony Smith	925-933-2403	joanne-tony@sbcglobal.net
Vice President	Carroll Pearson	408-736-9403	pearsoncmp@aol.com
Secretary	Jean Rodgers	415-435-9383	jrodg1218@aol.com
Treasurer	David Ratner	415-924-3043	Dlatner@aol.com
Registrar	David Maier	831-462-2764	dmmaier@pacbell.net

Board of Directors:

John Hannan	510-527-6709	JHa8361816@aol.com
Ann Meneguzzi	209-931-3423	tmlann@hotmail.com
Ernie Pitz	415-383-8143	guidop6@comcast.net
Susan McCarthy, past pres.	408-293-0891	sfmccar@cs.com
Eva Libien	415-383-5184	elibien@yahoo.com
Onnie Taylor	415-648-6380	onniet@earthlink.net

Committee Chairpersons:

Conservation	Jay Hallberg	415-383-1507	lareenie@yahoo.com
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Historian	Verna West	650-854-6349	99swest@earthlink.net
Membership	Laureen Novak	415-383-1507	lareenie@yahoo.com
Outings	Ros Carol	650-592-9394	RosCarol@aol.com
Publications	Angela Blackwell	415-584-2586	ablackwellca@earthlink.net
Sunshine	Lois Hillman	415-586-6713	
Social Activities	Susan McCarthy	408-293-0891	sfmccar@cs.com
Parliamentarian	Jean Findlay	916-285-6186	ogrenfindlay@yahoo.com

Lodge Trustees

Alpine Chair	Ed Del Monte '07	707-528-7983	eddelmonte@delmontecito.com
	Roger Diehnel '07	415-924-5519	rdiehnel@hotmail.com
	Nuala Caulfield '07	415-922-6775	ntcaulfield@msn.com
	Ruth Tretbar '08	510-836-0108	rtretbar@yahoo.com
	Paul McKown '09	415-383-2774	paulmckown@earthlink.net
	Alpine Rentals	415-381-4975	
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Echo Chair	Cindy Toran '07	707-539-4396	toranski@aol.com
	Tom Coleman '08	707-769-7801	tomcoleman@sbcglobal.net
	Edie Nelson '08	831-423-5576	edieforsyth@hotmail.com
	Jim Nixon '09	650-756-7771	jimnixon2000@yahoo.com
	Ray Sommer '06	415-472-1229	ray@sommerworld.com

CAC Foundation Directors

Jay Hallberg, President	415-383-1507	lareenie@yahoo.com
Mae Harms	530-333-1058	maeharms@mindspring.com
Bill Meneguzzi	916-451-1523	bill.meneguzzi@gmail.com

"TRAILS" is the newsletter of the California Alpine Club. The editorial staff reserves the right to edit all submitted copy.

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CAC Rosters and Privacy Protection

For CAC Rosters, request via email from Beverly Heywood at BHeyw515@aol.com or send \$3 to Beverly Heywood at 515 Shasta Way, Mill Valley, CA 94941-3726.

CAC Rosters and email distribution lists should be protected from indiscriminate distribution to other than club members and should only be used for CAC club business or personal contact. No solicitation or chain email correspondence.

PRESIDENT'S MESSAGE

Tony Smith is traveling, so I am doing the President's Message for this issue of TRAILS. In thinking about what to write, I decided on two recent events, which represent key elements of our Club.

In September I attended the very successful Echo Fall Work Party. What a great group of people! They worked so hard at many, many chores - the main one being wood gathering, splitting, hauling, and stacking. What a pleasure to work with cheerful people who would finish one task then ask for another. **Tom Coleman** and **Jim Nixon** are to be commended for their successful coordination and wonderful meals.

On Hikers' Weekend at Alpine Lodge on October 7-8th, **Jordan Herrmann** led a group of 13 on a moon dance hike Saturday early evening. We ate a quick meal, then carpoled to Pan Toll. From there it was a strenuous, very steep (for me) hike up to O'Rourke's Bench where we saw a beautiful sunset. We waited for the moonrise and thought that the moon had deserted us. Finally, someone walked a few feet to see around a group of trees. There it was in its entire golden-yellow splendor just above the horizon. What a sight! We had flashlights and headlamps for the hike to Rock Creek, then back to Pan Toll. While the hike was a bit of a struggle for me, it was good to push myself and the gang was good-natured about my whining. We returned to our wonderful Alpine Lodge for three homemade desserts, coffee, and wine. **Verna West**, our Historian, was there with her picture albums sharing history of the Club.

These two events reminded me how much spirit and camaraderie characterizes our Club and how much we enjoy our two beautiful properties. Please come and enjoy whenever possible.

Issues:

The Alpine Lodge Trustees would like to eliminate the need for the difficult outside rentals, like weddings.

As a result, they have requested that the Board of Directors increase the Alpine Lodge usage fee by the CAC from \$6,000 to \$18,000 per year.

Significant email discussion among the CAC leadership indicated support to increase the usage fee to \$12,000 to minimize the number of outside weddings. Board gave approval at the October 15, 2006, meeting. With more weekends available for CAC activity scheduling, internal CAC revenue can be generated for the operation and maintenance of the Alpine Lodge. Please consider sponsoring a CAC event at Alpine Lodge.

To provide the additional \$6,000 per year an increase in dues is being studied by the Finance Committee. First indication is that the necessary increase will be \$10 for a regular member. Any dues change will be proposed to the membership in the December/January TRAILS and at the January 21, 2007, quarterly meeting. The Board of Directors will vote on the proposal at the board meeting on February 18, 2007.

— Carroll Pearson, Vice-President



To all three generations of Alpiners: Come join us for the Children's Holiday Party on Sunday, December 10, from 3-5 pm. Tim Cain, a wonderful guitarist, and a balloon lady will

be there to entertain the children. Even more important, Santa Claus will spend time with us and will give each child his or her own gift.

The club will provide beverages, ham and rolls. All participants should bring a favorite family dish to share. Also, please bring a wrapped gift for your child with the name clearly written on top.

Cost is \$10 per family. Sign up with **Mary Frey** by sending her your check. Please state how many people (adults and children) are in your family group. Please also let Mary know if you can help before or after the party.

Mary's address is 100 Thorndale Drive, Apt, 251, San Rafael, CA 94903. Telephone: 415-492-2510. E-mail: Marymaryhiker@aol.com.

— Mary Frey

MEMBERSHIP REPORT

November 2006

The following applicants are submitted for posting prior to Board acceptance:

Bruce & Diane Friend –Joint Members
6124 Chabot Road
Oakland, CA 94618
510-654-4218

bifedf@comcast.net

Sponsors: Ruth Tretbar & Paul McKown

Jeff Takao – Regular Member

82 Ashbrook Place
Moraga, CA 94556-1325
510-421-7000

walk@san.rr.com

Sponsors: Elizabeth and Lloyd Takao

The following names are submitted to the Board of Directors for acceptance. Their names have been previously published in TRAILS: **Stefan Berlinski, Mary E. Sousa, Leslie and Mary Will, E. Gerald Petak.**

— Laureen Novak, Membership Chair

HOLIDAY DINNER AT ALPINE LODGE

Monday, December 25

If you weren't among the privileged who attended the Alpine Club's First Annual Potluck Pig-out on Christmas Day last year, here's a partial list of what you missed: noodle kugel, spinach/mushroom/onion pie, cranberry relish, yams, veggie kugel, four different salads, rice with veggies, multiple appetizers...and for dessert apple pie, pumpkin pie, pumpkin cheesecake and some home-made shortbread cookies.

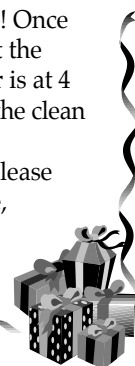
The Alpine Club paid for two turkeys which **Marshall Lyons** picked out (Diestel, free range), then stuffed, (using a secret recipe which has been in his family for generations!) and then lovingly roasted in the Club's large oven. The Club also provided wine which **Bonnie Radest** procured at a bargain price- an excellent Shiraz. After dinner there was an impromptu concert of show tunes with vocal assistance from one and all.

So...if you missed it then, don't make the same mistake twice! Once again, Bonnie Radest will coordinate a fabulous Holiday dinner at the Lodge. Turkey and wine will once again be included. Happy hour is at 4 pm and dinner at 5 pm **Kathi Freeman** will need some helpers for the clean up.

The cost is \$12 for members and \$15 for associate members. Please send your check (payable to Bonnie Radest) to 30 Verissimo Drive, Novato, CA 94947.

Contact Bonnie at 415-897-0227 or bonhike@comcast.net for reservations and potluck plans.

— Bonnie Radest



ANNUAL CAC HOLIDAY PARTY

Saturday December 9

Many traditions will be brought together for members and guests to celebrate the holidays at the annual party in the Alpine Lodge on December 9th. **Betty Rappaport** and **Mae Harms** are planning good food and drink and interesting activities. The cocktail hour will begin at 5:00 pm with a treat of homemade tamales by **April Roberts**, dinner at 6:00 pm, featuring **Ben Heldens'** famous roast beef, music and singing later, and for those who chose to stay late or overnight a holiday video before bed. We will have a white elephant gift giving and trading lead by **Ernie Pitz**, who has almost agreed to do this. We want to feature some of your favorite holiday specialties. We are asking for people to donate side dishes or special holiday desserts or cookies, enough to serve about twenty people.

If you have a favorite holiday food you are willing to prepare, please call Betty Rappaport at 415-479-4989 to let her know. Please send your reservations to Mae Harms, 5941 Garden Park Drive, Garden Valley, CA 95633 by December 4th. For members dinner is \$19 and overnight and breakfast is \$19. For associate members dinner is \$24 and overnight and breakfast is \$27. After you send your reservation, please begin gathering and wrapping some white elephant gifts to donate to Santa Ernie to distribute.

— Mae Harms

CHRISTMAS AT THE MONTEREY ADOBES

December 7 and 8

Join **Ros Carol** for the popular visit to the Monterey Adobes at Christmas on Thursday, December 8 and Friday, December 9 when 16 historic buildings are open to the public. Docents in period costume, delicious food and drink, Christmas music and dancing make this a delightful evening. As you wander from house to house, and Constitution Hall, you are taken back in history. Stay one or two nights at the Colton Inn, hike Point Lobos on December 8, and then after an early dinner, go on the Adobe walk. See the aquarium and Cannery Row, browse the shops, Carmel, and enjoy the area. For more information, Ros Carol 650-592-9394 or RosCarol@aol.com.

— Ros Carol

ALPINE LODGE EVENTS - Associate members welcome

To make a reservation for an activity contact the host or leader listed. If you must cancel, please alert your host as food preparation is based on reservation count. Alpine Lodge phone number is 415-388-9940. Alpine Rentals 415-381-4975.

THIS SCHEDULE INCLUDES EVENTS AT THE ALPINE LODGE. FOR CAC EVENTS TAKING PLACE ELSEWHERE, PLEASE REFER TO THE OUTINGS SCHEDULE IN THIS ISSUE.

EVERY SUNDAY OPEN HOUSE

Alpine Lodge is open every Sunday from 9:30am to 4pm. A trained Innkeeper greets members with coffee and snacks and is available to show the Lodge to prospective renters. See Sunday Innkeepers list and the Alpine Hike Leaders list in TRAILS.

NOV 2 THURS 9:00 AM - 2:30 PM

MIDWEEK WORK PARTY

We need all willing and able hands to spruce up the Lodge in preparation for an eventful winter season. A light breakfast and a satisfying lunch will be provided. Sign up now by calling coordinator Nuala Caulfield at 415-922-6775 or e-mail Ntcaulfield@msn.com.

NOV 4-5 SAT-SUN HENRY HILLMAN CONSERVATION FUNDRAISER /HIKERS' WEEKEND

Saturday, 4 pm: Point Reyes Bird Observatory speaker, followed by happy hour, hors d'oeuvres and dinner at 6 pm. Dinner is \$17 for members, \$19 for associate members. Send checks to Mae Harms at 5941 Garden Park Drive, Garden Valley, CA 95633-9514. Please see article on page 1. Sunday: A delicious breakfast prepared by Nuala Caulfield followed by hikes at 10 am. Overnight and breakfast: \$19 members, \$27 non-members. For overnight reservations, contact Nuala Caulfield at 415-922-6775 or at ntcaulfield@msn.com.

NOV 11-12 SAT-SUN 12 noon-3pm

YOUNG FAMILIES' OVERNIGHT

Post Halloween and start of the holiday season. From Sat. lunch at 12 noon to Sun. 3 pm. Halloween Parade and singing with Julie Batsel and her guitar. Kids may bring their toys, bikes, jump ropes, etc and make the Social Hall an indoor playground for 24 hours. Adult \$30, child: \$15. Non-member adult \$5 more. Max. fun for a maximum of 7-8 families. Hostess: Mindi Canner, mcanner@comcast.net, 415-285-8958. Please send your full payment to Mindi at 3239 21st Street, San Francisco, CA 94110-2407.

NOV 17-18 FRI-SAT ALPINE LODGE HOST TRAINING

Event Full. Contact Paul McKown, 415-383-2774 or paulmckown@earthlink.net to reserve a place at the next training session.

NOV 19 SUN ALPINE TRUSTEES AND BOARD OF DIRECTORS MEETINGS

Alpine Trustees meet at noon and the Board of Directors meet at 2 pm. All are welcome.

NOV 23 THURS THANKSGIVING PARTY

Mary Ellen Yates (meyates@comcast.net, 415-497-3737) has graciously volunteered to coordinate our Thanksgiving Supper. Happy hour will begin at 4:00, dinner at 5 pm. The costs will be \$15 for members and \$18 for non-members. Please see article page 1.

NOV 28 TUES 9:00 AM - 2:30 PM

ANNUAL TREE-TRIMMING WORK PARTY

Ruth Tretbar, Coordinator
NOTE THE CHANGE OF DAY. This work party is on a Tuesday. Come trim the tree, decorate the lodge, and enjoy a festive lunch. It will be potluck. The lodge will provide the entree and when you call to confirm we'll ask you to bring something. Be sure to contact Ruth at rtretbar@yahoo.com or 510-836-0108.

NOV 30-DEC 2 THUR-SAT

MEMBER RENTAL

Mary Jane McKown

415 383-2774

DEC 2 SAT

MTIA HOLIDAY PARTY

DEC 7 THUR 9AM - 2:30PM MIDWEEK WORK PARTY

A "between events" clean up of the premises is required. We want the lodge to look its best. Please lend a hand. The usual refreshments will be provided. Call coordinator Nuala Caulfield at 415-922-6775 or e-mail Ntcaulfield@msn.com.

DEC 9 SAT

CAC HOLIDAY PARTY

Happy hour at 5pm; dinner at 6 pm. For members dinner is \$19 and overnight and breakfast is \$19. For associate members dinner is \$24 and overnight and breakfast is \$27. Please send your reservations to Mae Harms, 5941 Garden Park Drive, Garden Valley, CA 95633 by December 4th. Please see article on page 3.

DEC 10 SUN

CHILDREN'S HOLIDAY PARTY

3-5 pm. Cost is \$10 per family. Coordinator: Mary Frey. 415-492-2510, marymaryhiker@aol.com. See article on page 3.

DEC 15-17 FRI-SUN

MEMBER RENTAL

Lori Sondheim

916-446-1161

DEC 25 MON

HOLIDAY DINNER AT ALPINE LODGE

Coordinator will be Bonnie Radest, 415-897-0227, assisted by Kathi Freeman, 510-222-9439. Please see article on page 3.

DEC 29-30 FRI-SAT

MEMBER RENTAL

Mary Jane McKown

415-383-2774

DEC 31 and JAN 1

NEW YEAR'S EVE AND NEW YEAR'S DAY

Check December TRAILS.

JAN 4 THURS 9:00AM - 2:30 PM

MIDWEEK WORK PARTY

"All hands on deck" for a clean-up. The Lodge deserves that we give it our best. And there's breakfast and lunch provided! Call coordinator Nuala Caulfield @ 415-922-6775 or e-mail Ntcaulfield@msn.com.

JAN 6-7 SAT-SUN

HIKERS' WEEKEND

Happy Hour at 4:30 pm. BYOB and an appetizer to share. Dinner, salad and dessert at 6:00 pm. Members \$8, Associates \$11. You're invited to spend the night at the Lodge and awake to a delicious breakfast. Members \$19, Associates \$27. Contact Nuala at 415-922-6775 or Ntcaulfield@MSN.com."

JAN 14 SUN 9:30AM - 3:00PM

SUNDAY WORK PARTY

Coordinator to be announced.

JAN 21 SUN

ALPINE TRUSTEES, CAC FOUNDATION, BOARD OF DIRECTORS,

QUARTERLY MEETINGS AND DINNER

The Alpine Trustees meet at noon, the CAC Foundation Board meets at noon, the Board of Directors meeting will begin at 2:00 pm, followed by the Quarterly Membership meeting at 3:00 pm. Happy hour and dinner will follow. Watch for the details in upcoming TRAILS.

JAN 26-27

MEMBER RENTAL

FEB 1 THURS 9:00AM - 2:30PM MIDWEEK WORK PARTY

Post-winter, pre-spring cleaning of the Lodge. All volunteers will leave, having worked hard and eaten well, with consciences and appetites satisfied. Call coordinator Eva Libien at 415-383-5184 or e-mail elibien@yahoo.com.

FEB 3-4 SAT-SUN

HIKERS' WEEKEND

See January 6-7.

FEB 18 SUN

ALPINE TRUSTEES NOMINATIONS AND BOARD OF DIRECTORS MEETING

Alpine Trustees meet at noon and the Board of Directors meet at 2 pm in the Social Hall. Everyone is welcome.

FEB 18-25 SUN-SUN

SPA WEEK

Coordinator: Mary Frey. Details to follow in upcoming TRAILS.

MAR 1 THURS 9:00AM - 2:30 PM

MIDWEEK WORK PARTY

Coordinator to be announced.

MAR 3-4 SAT-SUN

HIKERS' WEEKEND

See January 6-7.

Watch for updates in future issues of TRAILS!

NEW FLOORING AND STOVE AT ECHO LODGE

You will notice some changes the next time you visit Echo Summit Lodge. We installed a new wood stove and hearth in the dining room. A QuadraFire (twin to the great room stove) replaces the old Buck stove. This new stove will be very efficient, easy to use and regulate. The lodge should be toasty warm this winter, use much less wood, and be better for the environment. We will need to come up with some new jobs for the folks at Fall Work Party since one of the major tasks is splitting and storing the winter wood supply!

After months of planning, new flooring has been installed in the dining room, pantry, back entry, and kitchen bathroom. We chose commercial Marmoleum, a true linoleum made of natural ingredients (linseed oil from flax, wood flour, rosins, pigments, and jute) which is also biodegradable, antibacterial and allergen-free. The kitchen floor was also resurfaced, with a commercial-grade vinyl by Armstrong. Installation began on October 9th. There was an unplanned delay due to a surprise snowstorm that closed Hwy 50 during the morning of October 10th. While the snow was only 6-8 inches deep, CalTrans apparently was not ready for winter yet!

Many thanks to **Jerry Wagner** for his guidance in the choice of these products that are in accordance with Board of Health standards and very appropriate for use at Echo Lodge. Thanks also to **Linda Viviane** and **Jim Nixon** for the time they spent keeping the lodge open for the flooring and stove installers.

The new floors will require a change in the regular maintenance procedures by the folks cleaning up at the end of each session at Echo. You will see the following posted in the kitchen, and we request your cooperation to maintain the luster and good looks of these new floors:

Sweep/dust mop, or better still, vacuum to remove surface soil and debris. Using Johnson Wax Stride (or other neutral pH cleaner) mixed in cool water (as per published instructions on the container) and using a clean damp mop, clean the surface when soiled. Avoid (1) use of high pH, aggressive chemical cleaning agents traditionally associated with vinyl floor coverings (i.e., no ammonia or Pinesol, and (2) using too much water.

— Cindy Toran



A new floor was installed in the Echo Lodge Dining Room...



A new stove arrived to keep the room toasty...



...Just in time for the first winter snow at Echo Lodge, October 2006.

FALL FOLIAGE IN ACADIA NATIONAL PARK, SEP 27-OCT 4, 2007

Plan ahead to join **Ros Carol** for a 7-day adventure in Bar Harbor, Maine next fall. Stay in rustic cottages with kitchenettes, hike several days at your level in Acadia National Park, go on a lobster and seal cruise with a naturalist. Lodging, happy hours, lobster cruise and some meals included for \$400 per person, double occupancy, and \$600 single. Your share of a van or car—approximately \$125. Add a few dinners out, an optional sail or kayak trip, a visit to an oceanarium and lobster hatchery, a local performance at the theater, or other optional activities, and the trip will cost you \$650 to \$750 plus your air fare. Accommodations book up fast and we must make down payments soon to keep the rooms, so sign up now. Deposits later. Contact Ros Carol 650-592-9394 or RosCarol@aol.com for further information.

— Ros Carol

ALPINE HIKE LEADER SCHEDULE OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

HIKERS' WEEKEND LISTINGS HAVE AN ASTERICK AND ARE BOLDED

*SAT NOV 4	10:00 a.m.	Bill Wise	415-584-4581	2B
*SUN NOV 5	10:00 a.m.	Bonnie Radest	415-897-0227	2B
	10:00 a.m.	Susan McCarthy	408-293-0891	1A
SUN NOV 12	10:00 a.m.	Howard Ortman	415-456-5912	2B
SUN NOV 19	10:00 a.m.	Renee Powers	415-648-4940	2B

THANKSGIVING DAY

THURS NOV 23	10:00 a.m.	Tom Foote	415-647-4594	2B
SUN NOV 26	10:00 a.m.	Eva Libien	415-383-5184	2B
		Co-Listed w/ Sierra Club		

SAT DEC 2	10:00 a.m.	Paul McKown	415-383-2774	2B
SUN DEC 3	10:00 a.m.	Karl Baeck	415-459-6370	2B

Co-Listed w/ Sierra Club

	10:00 a.m.	Ann Wadsworth	415-929-0776	1A
SUN DEC 10	10:00 a.m.	Don & Donna Rice	415-342-4502	2B
SUN DEC 17	10:00 a.m.	Rosemary Trowsdale	415-775-3206	2B
SUN DEC 24	10:00 a.m.	**Leaderless Hike		2B

CHRISTMAS DAY

MON DEC 25	10:00 a.m.	Eva Libien	415-383-5184	2B
		Co-Listed w/ Sierra Club		

SUN DEC 31	10:00 a.m.	Arlin Weinberger	415-444-0611	2B
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NEW YEAR'S DAY

MON JAN 1	10:00 a.m.	Ben Heldens	415-665-7274	2B
		Co-Listed w/ Sierra Club and Berkeley Hiking Club		

IMPORTANT! RAIN CANCELS

1A HIKES (4-6 MILES UP TO 1,000 FT. ELEVATION GAIN) LEAVE THE ALPINE CLUB AT 10:00 A.M.

2B HIKES (7-10 MILES UP TO 2,000 FT. ELEVATION GAIN) HIKES LISTED WITH THE SIERRA CLUB WILL LEAVE THE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

IN NOVEMBER AND DECEMBER, SIERRA CLUB AND BERKELEY HIKING CLUB LISTINGS WILL LEAVE ALPINE CLUB AT 10:00 A.M. AND MT. HOME AT 10:15 A.M.

NOTES: All hikes convene as stated above, however, hikes may then reconvene at trailhead of hike leader's choice. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour).

If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider that you are no longer on the hike.

****Leaderless hikes meet at Alpine Club. Please select a leader from the group.**

LEADERS: YOU ARE RESPONSIBLE FOR FINDING A REPLACEMENT IF YOU CANNOT LEAD THE DAY OF YOUR SCHEDULED HIKE.

Hike Coordinator: Eva Libien 415-383-5184 or elibien@yahoo.com

Hikers' Weekends: For supper and/or overnight arrangements, Contact Nuala Caulfield by Wednesday at 415-922-6775 or email: ntcaulfield@msn.com.

ALPINE LODGE SUNDAY INNKEEPERS

November - December 2006

November 5	Anne Allio	650-583-1543
November 12	Susan Head	415-331-2598
November 19	Trudy Gorak & Josephine Lean	415-771-2383
November 26	Erin Neff	415-861-3447
December 3	Donna & Don Rice	415-453-6087
December 10	Ruth Tretbar	510-836-0108
December 17	Lori Sondheim	916-446-1161
December 24	Innkeeper Needed	
December 31	Nancy Waldeck	415-552-5836

2006-2007 OUTINGS SCHEDULE

Here is a list of upcoming outings. Full descriptions will appear in TRAILS. Information, Ros Carol 650-592-9394 or RosCarol@aol.com.

Dec 7-8 Christmas in the Monterey Adobes. See article on page 3.

Sep 27-Oct 4, 2007. Fall Foliage in Acadia National Park. Rustic cottages, hike, cruise. See article on page 5.

— Ros Carol, Outings Chair

BOARD OF DIRECTORS MEETING DATES

Board of Directors' meetings at the Alpine Lodge are as follows:

Sun, Nov 19, 2006	Board of Directors Meeting at 2 pm
Sun, Jan 21, 2007	Board of Directors Meeting at 2 pm Quarterly Membership Meeting at 3 pm Dinner to follow.
Sun, Feb 18, 2007	Board of Directors Meeting at 2 pm
Sun, Mar 18, 2007	Board of Directors Meeting at 2 pm

If you have any questions, call **Tony Smith** at 925-933-2403 or email joanne-tony@sbcglobal.net. Members are welcome at Board Meetings. Thank you!
— Tony Smith

ECHO LODGE HOST SCHEDULE

To make reservations for a session, contact the host listed as early as possible. A deposit (minimum \$10 per person / day) is required to hold a reservation. Member Rental sessions are private and not available to the general CAC membership. Other sessions below are either general hosted events or hosted events with a special theme as described. Contact the host for details.

Phone **Cindy Toran** 707-539-4396 anytime until 9:30 pm, or e-mail toranski@aol.com.
Echo Lodge Telephone:
530-659-7274

Echo Lodge was spiffed by a great group of volunteers at the Fall Work Party and has a fresh supply of wood, an efficient new wood stove in the dining room, and plenty of snow shovels ready for service. We have Hosts ready to take your reservations so call them while they still have room available, so you can enjoy winter in the Sierra!

Note to Hosts: There are still some openings in the Schedule available for either hosted events or member rentals: **Nov 1-9, Nov 12-22, Nov 26-Dec 8, Dec 10-20, Jan 5-12, Jan 21-24, Mar 4-8, Mar 11-15, Mar 27-30, Apr 1-27.** Contact me if you want to schedule any of this open time. My e-mail and phone number are above.

Sincerely, Cindy

The next **Echo Lodge Trustees' Meeting** will be held at Alpine Lodge, November 19th, 11 am. Contact Cindy if you would like to attend.

Fall '06 - Spring '07 Echo Summit Lodge Schedule:

NOV 9-12 THURS-SUN MEMBER RENTAL
Carroll Pearson 408-736-9403

NOV 22-26 WED-SUN THANKSGIVING WEEK
Paul & Sharon Bacon 925-988-0611
1945 1st Ave, Walnut Creek, CA 94597
bacon2@sprynet.com

DEC 8-10 FRI-SUN MEMBER RENTAL
Allan Lindberg & Jayma Brown
510-237-0231

DEC 20-25 WED-MON PRE-CHRISTMAS
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

DEC 25-29 (MON-FRI) CHRISTMAS WEEK
Cindy & Russ Toran 707-539-4396
Lynn Garric & Larry Langbehn
5934 Yerba Buena Rd., Santa Rosa, CA 95409
toranski@aol.com

DEC 29- JAN 1, 2007 (FRI-MON) AND NEW YEAR'S!
Kristina & Ben Gale 415-381-9319
158 Morningsun Ave, Mill Valley, CA 94941
krissegale@yahoo.com

JAN 1-5 MON-FRI
Pat Anderson & Fred Huxley 510-649-8537
3026 Benvenue Ave, Berkeley, CA 94705
patinegypt@yahoo.com

JAN 5-12 FRI-FRI AVAILABLE FOR TRAINED HOSTS

JAN 12-15 FRI-MON MLK WEEKEND
Lynn Garric & Larry Langbehn 707-539-2078
5400 Alpine Rd, Santa Rosa, CA 95404
cransac@sonic.net

JAN 15-21 MON-SUN
Cindy & Russ Toran 707-539-4396
5934 Yerba Buena Rd, Santa Rosa, CA 95409
toranski@aol.com

JAN 21-24 AVAILABLE FOR TRAINED HOSTS

JAN 24-26 WED-FRI
Lynn Zacherson & Martha Stewart
831-426-3428
220 Ocean View Ave, Santa Cruz, CA 95062
lynnz@cruzio.com

JAN 26-28 FRI-SUN
Pam & Garry Greever 530-677-5616
3200 Red Rock Ln, Shingle Springs, CA 95682
pamgreever@yahoo.com

JAN 28-31 SUN-WED
Larry Ridgel & Edna Trimm 707-422-0338
201 Long St, Suisun, CA 94585
Contact after Nov 4
moonycat@aol.com

JAN 31-Feb 4 WED-SUN
Audrey & Mike Vaggione 408-865-1781
12747 Saratoga Glen Ct, Saratoga, CA 95070
vaggionepastries@pacbell.net

FEB 4-9 SUN-FRI
Edie Nelson 831-423-5576
140 Archer Dr, Santa Cruz, CA 95060
edieforsyth@hotmail.com

FEB 9-15 FRI-THURS
Shelly Navine & Bob Henry 707-829-3728
1286 Hurlbut Ave, Sebastopol, CA 95472
clyde33301@comcast.net

FEB 15-19 THU-MON PRESIDENTS' WKND
Monika Balsamo (Reservations) 707-539-2140
4841 Parktrail Dr, Santa Rosa, CA 95405
m_balsamo@earthlink.net

FEB 19-23 MON-FRI MEMBER RENTAL
Lynn Zacherson 831-426-3428

FEB 23-25 FRI-SUN
Michelle Scott 916-989-1224
115 Englehart Dr, Folsom CA 95630
MRSScott@teledyne.com

FEB 25-MAR 2 SUN-FRI
Larry Ridgel & Edna Trimm 707-422-0338
201 Long St., Suisun, CA 94585
Contact after Nov 4
moonycat@aol.com

MAR 2-4 FRI-SUN
Art Ewart & Kathleen O'Dea 707-538-3696
1405 Snowy Cloud Way, Santa Rosa, CA 95409
aewart@sbcglobal.net

MAR 4-8 AVAILABLE FOR TRAINED HOSTS

MAR 8-11 THURS-SUN
Barbara McVeigh & Mark Miglio 415-222-2440
336 Bon Air Cir #286, Greenbrae, CA 94904
barb@marinx.com

MAR 11-15 AVAILABLE FOR TRAINED HOSTS

MAR 15-18 THU-SUN YOUNG FAMILIES SNOW WEEKEND
Joan Ryan & John O'Sullivan 415-564-8507
2625 23rd Ave, San Francisco, CA 94116
joanryan@mac.com

MAR 18-21 SUN-WED
Larry Ridgel & Edna Trimm 707-422-0338
201 Long St, Suisun, CA 94585
Contact after Nov 4
moonycat@aol.com

MAR 21-27 WED-TUES
Karen & Jerry Wagner 707-528-8197
2622 Wawona Dr, Santa Rosa, CA 95405
karwag@sonic.net

MAR 27-30 TUES-FRI AVAILABLE FOR TRAINED HOSTS

MAR 30-APR 1 FRI-SUN
Carol Saccomonto & Tom Coleman 707-769-7801
1216 Kathileen Way, Petaluma, CA 94952
tomcoleman@sbcglobal.net

APR 27-29 FRI-SUN MEMBER RENTAL
Carol Saccomonto & Tom Coleman 707-769-7801

Watch for updates in future issues of TRAILS!

FALL WORK PARTY AT ECHO LODGE

If your path crosses that of any of the fine folks listed below thank him or her for all the marvelous work done during the Fall Work Party. CAC members **Bob Bass, Connie Clark, Tom Coleman, Art Ewart, Geri Gottbrath, Mae Harms, Bob Henry, Joyce Kawahata, Joyce Kramer, Rick Loretz, Tom McNicholas, Valerie Nelson, Jim Nixon, Carroll Pearson, April Roberts, Chris Roberts, Hans Schilling, Tony Smith, Allen Utterback, Raymond Weiss, Daniel Winkelman** and potential new members **Mike Bonham, John and Joyce Moldovan**. These wonderful people volunteered their time and talents to spiff up the old lodge and it looks better for it. Some volunteers stayed for five days, others a day or so.

As with all fall work parties, restocking the winter wood supply was paramount. Volunteers were out an hour before breakfast at 7 am in 30-degree temperatures splitting wood. This year we rented a fantastic wood splitter. One member opined that "this thing works like a hot knife through butter". With our energetic crew and the new splitter, we actually ran out of dried wood of wood to split and dragged several more trees from the forest to the lodge.

Although the wood always seems to be the job most remember, there were other equally important accomplishments. In the dining room, a new wood storage area was constructed. This allowed us to move the refrigerator two feet creating more room for sitting at the adjacent table.

All of our carpets were shampooed so make sure you wipe your shoes. We also washed all bedding. You should have seen the launderette owner's face when we walked in! We filled every washer and dryer and used \$ 100 in quarters. The bedding was color coordinated when returned to the rooms.

Much was done in the kitchen area. The pantry was cleaned, inventoried and neatened. The kitchen bath and laundry areas were painted, and trim added where none previously existed. Boy does this area look great!

On the outside, windows were washed, and window trim was scrapped, sanded and painted. The upstairs dorms' screen doors were placed into storage in the basement.

We delivered two gift baskets to Caltrans and County work crews to thank them for all they do to keep Johnson Pass Road available for our use. The baskets looked fabulous and contained healthy snacks, which the crews could share.

Finally, we switched from one leech field to the other. We will switch back at the Spring Work Party. Perhaps you will be listed as one of the dedicated volunteers for that work party!

— Jim Nixon

MEMBERSHIP EXPECTATIONS

In the June Trails, we included a CAC Membership Interest and Skills Sign-Up List. Out of our approximately 900 members we have received about 84 of the surveys. Please take the time to fill out and return the survey. Even if you are unable to participate in any of the activities or leadership, we would like to know that information to be able to assess the demographics of the Club.

The survey form can be found on our CAC web site at calalpineclub.org. If you need the user ID and password, send a note to Carroll Pearson at pearsoncmp@aol.com. Please include your name, as your email address is not always definitive. Most public libraries have access to the Internet and librarians to help you access a web site, if you are not a computer person.

We have sent this message out on email as well, with the questionnaire attached for your convenience. Please print, complete, and mail.

— Carroll Pearson, Vice President



Mae Harms and April Roberts discuss what to do with 17 pounds of tortilla chips as they take inventory in the pantry at Echo Lodge.



Bob Henry and Allen Utterback take part in the annual wood-splitting ritual.

THE PLAY, THE PLAY...

Ruth Tretbar led the second CAC trip to the Ashland, Oregon, Shakespeare Festival on September 20-24th, 2006. Ruth's daughter, Sara, and her partner, Sandy, joined Ruth and Carroll Pearson for happy hour, dinner, and the play, *Cyrano de Bergerac*, Thursday night. On Friday, we saw *King John*. We went up a day early to enjoy two more plays. Nuala Caulfield arrived Friday afternoon with Aileen and Ernie Wilson, Nuala's family visiting from London. The seven of us saw *The Importance of Being Earnest*, *The Two Gentlemen of Verona*, and *Dr. Jekyll and Mr. Hyde*. The plays were outstanding. You did not need to be a Shakespeare buff to understand his plays and the others were charming. The theaters are impressive, especially the new one, which is quite small. We could easily see the expressions on the actors' faces. We found a replacement restaurant for our favorite, Quinz. In addition to theater and eating, we had time for a couple of nice walks in the lovely park adjacent to the theater complex.

— Carroll Pearson

FWOC CONSERVATION REPORT

Wildfire in the West was the topic of the 74th Annual Convention of the Federation of Western Outdoor Clubs held September 8-10 in Calaveras Big Trees State Park in Calaveras County. The convention was attended by Winchell Wayward, FWOC's immediate past president and myself as the CAC delegate for the past four years. Our presenters for this topic were John Buckley, Central Sierra Environmental Resource Center, Wayne Harrison, Park Ecologist, and Craig Thomas and Warren Alford, Sierra Nevada Forest Protection Campaign.

Fire has been a controversial topic for a few years. For many years the parks and state and federal forests had the policy of suppressing fire. This has led to a severe build-up of tinder that has resulted in almost unstoppable fires. For the past few years there has been a trend toward allowing forest fires to burn themselves out and setting controlled burns to reduce fires that spread out of control. These are controversial practices at this time.

The member clubs had submitted resolutions on a wide range of actions being taken in the western states that affect conservation issues. One resolution that involves an area near us is the Tejon Ranch in the Tehachapi Mountains south of Bakersfield. This resolution supports the acquisition of 245,000 acres for a state or national park that will preserve a natural and cultural heritage that is being threatened by large-scale development.

Some other resolutions address issues of global warming, hunting on Santa Rosa Island in the Channel Islands National Park and reviving nuclear energy production. There are fifteen resolutions. Anyone interested in reading the resolutions in their entirety can contact me.

Vice-presidents serve the member clubs. Win Hayward oversees the Bay Area member clubs and I have responsibility for the clubs in northeastern California. The FWOC Executive Committee will meet in Portland in March.

-Mae Harms

Email and Address Changes

Please remember to advise the CAC Registrar of any changes to mail, phone and email (particularly email, which changes much more frequently than regular addresses.) If you haven't been receiving periodic messages via email from CAC, we probably have the wrong email address for you. **David Maier** can be reached at 831-462-2764 or dmmaier@pacbell.net or by mail at 2-1120 E. Cliff Drive, Santa Cruz, CA 95062.

— Dave Maier, Registrar

HISTORIAN REPORT

I have several albums of interesting photos of a very active outdoor club, taken in a wide variety of places.

In the first photo, CAC members raise the banner on Mt St Helena on July 1, 1917. The known members are: **Anita Franz** (West) (standing left), **Harry P. West** (seated right), **Al Pinther** (signing the register).

The second photo was taken at Pinnacles, south of Hollister, on September 8-10 1917. The note reads: "Stuck in the sand at 5:00 am." No people are identified.

— Verna West



FROM THE ALPINE LODGE TRUSTEES

The trustees request your advice and help on two major projects. You may be just the person to fill these needs.

1. Do you have skills in laying brick walkways or patios or can you recommend a contractor who has done quality brick work for you? The brick area abutting the Alpine Lodge front porch is sinking and is a safety hazard. We must find a person with the skills to supervise this project or pay a contractor to have it done. Please contact **Ed Del Monte** at 707-528-7983 or edelmonte@delmontecito.com.

2. Have you helped plan a wedding for a family member or friend? Could you loan those skills to the Alpine Club and shepherd a wedding party through ONE wedding rental?

The trustees do plan to decrease outside rentals but would like to do a maximum of three or four wedding rentals per year. We can do this and earn needed income for necessary improvements if three or four people will agree to serve as liaison with one wedding party. The responsibilities and time commitment are limited; the benefits to the Lodge would be great. Please contact **Ruth Tretbar** at 510-836-0108.

— Ruth Tretbar

TRAILS
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SAFE BOATING IS NO ACCIDENT!!

The Marin Power and Sail Squadron is offering a tuition-free U.S. Coast Guard approved safe boating class, "Boat Smart" at our Kell Educational Center, 789 North Hamilton Road, Novato, on November 14, 15, 20, 21, 2006, each class from 7 to 9 pm. These classes are taught at no charge by Marin Power and Sail Squadron members who are experienced sailors and boaters; topics include Boat Types, Selecting A Boat, Required Safety Equipment, Handling, Trailering, Docking, and Anchoring a Boat, Using a Marine Radio, Medical Emergencies, and the latest U.S. Coast Guard rules for boaters. The text, which may be shared by two people and is an excellent reference book to keep aboard your boat, costs \$30. Upon successfully challenging or passing a final examination, a certificate will be awarded which most insurance companies recognize by providing a discount on your boat insurance.

Our next "Boat Smart" class will be January 9, 10, 16, 17, 2007, at the same place and time. For registration, directions, and any questions, phone 415-883-6777, leave your name and phone number, and we will reply promptly.

— Stuart Bacon

TRAILS NEWSLETTER ALERT

Please send articles for the December-January issue of TRAILS to editor, **Tom Mahood**, at tmahood@callatg.com, or via mail to 4824 Foxglove Court, Santa Rosa, CA 95405, telephone 707-538-8288.

Tom should receive articles for the December-January issue no later than November 5th. Electronic files are greatly appreciated.

Digital photographs are appreciated and will be published as space permits. Send photographs to the editor, uncropped, as jpeg attachments to an e-mail message. In the attached e-mail, please state clearly the names of the people in the photo, the date and place of the event, and the title of the corresponding article if appropriate. Make sure you have permission from the people in the photos to publish their photos in TRAILS. For photographs in other formats, contact the editor.

The editor for the February issue of TRAILS will be **Catherine Theilen Burke**, at theilen@sbcglobal.net or 579 Lisbon Street, San Francisco, CA 94112.

Editors are always needed. If you would like to assist with the publishing of TRAILS, please contact **Angi Blackwell** at ablackwellca@earthlink.net, telephone 415-584-2586 or via mail to 234 Lisbon Street, San Francisco, CA 94112.

— Angi Blackwell, Publishing