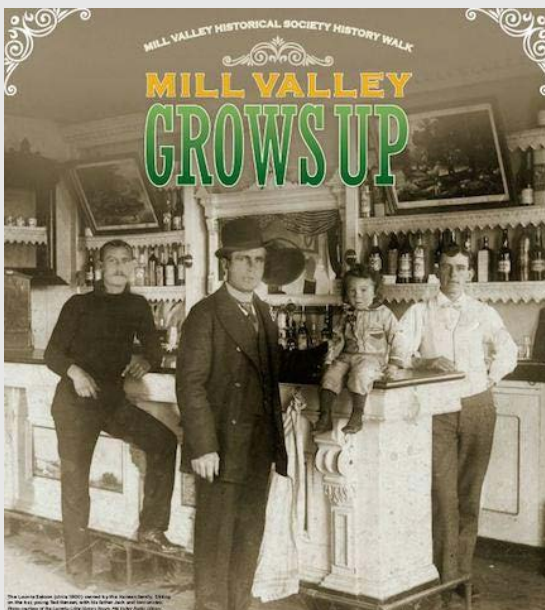




## Into the Great Outdoors!

*The Latest News from your California Alpine Club Outings Committee*

Welcome to the California Alpine Club's Outings e-bulletin. Look here for details about upcoming outings and our monthly Saturday Sorties to trails of interest throughout the Bay Area. We'll also tell you about new trips in the planning stages and other Outings-related news. So read on, enjoy!



### Mill Valley Historical Walk

June 23, 2018

**NEW!** Join **Nancy Emerson** for a guided historical walk through two neighborhoods that transformed Mill Valley into the family friendly town we know. Visit Jagtown, an area of rough and tumble saloons, and its neighbor, the 1906 subdivision of Tamalpais Park. Bar fights, tree-lined lanes, Scouts, schools and medicine play large roles in the personality of this mostly level walk of 1 mile and about 90 minutes. We'll start at the Mill Valley Lumber Yard at 10:30 am. Bring a sack lunch to eat in Boyle Park after the walk. For questions or to sign-up, email Nancy Emerson at [qeh4@sbcglobal.net](mailto:qeh4@sbcglobal.net).



### Private CAC One-Day Raft Trip

June 24, 2018

**NEW!** June 16 is the final day to register for this exclusive one-day raft trip on the South Fork of the American River. Our route will take us through Class II & III rapids; no previous experience necessary. Peak Adventures has offered a reduced rate

Ernie Castiaux and Heidi Faulkner take on the rapids

of \$90/person. For more information and to register, contact Peak Adventures at 916-278-6321, or by email at [peakinfo@csus.edu](mailto:peakinfo@csus.edu). Also please send an email to Ernie Castiaux at [ecastiaux@gmail.com](mailto:ecastiaux@gmail.com) to let him know you are joining the trip or if you have questions.



Co-hosts Renee Hamilton and Cody

### Kidd Lake Car Camp & Hike July 13 - 15, 2018

Dogs welcome! Surrounded by myriad wilderness trails where dogs can accompany their hikers off-leash, Kidd Lake Campground is a great place for a base camp. Long Lake, a natural lake with crystal-clear water, is one of many beautiful destinations within hiking distance. This is our first dog-friendly adventure, led by **Renee Hamilton** and her best buddy, Cody. Of course, non-dog owners are welcome too. The cost of \$75 includes the campsite and all meals from Friday dinner through Sunday lunch. All dogs must be well-behaved with other dogs and up-to-date on all shots. To reserve your place, please send full payment of \$75 to: Renee Hamilton, [1 McIntosh Court, Novato, CA 94949](mailto:1McIntoshCourt,Novato,CA94949). Payment is also accepted via PayPal. For more information, contact Renee at 415-686-3966 or [rdmhamilton@gmail.com](mailto:rdmhamilton@gmail.com).



### Enchanted Pools Backpack August 9 - 12, 2018

The Enchanted Pools backpack trip is **FULL**. If you would like to join the waitlist, please contact **Renee Hamilton** at: [rdmhamilton@gmail.com](mailto:rdmhamilton@gmail.com) or 415-686-3966. The trip cost of \$35 per person includes dinner, breakfast and one night's dorm accommodations at Echo Lodge. Participants are responsible for providing their own meals on the trail.

California Alpine Club | Co-Chairs: Renee Hamilton and Ernie Castiaux

**More Opportunities to Get Into the Great Outdoors**





Green Lake - Eastern Sierras

## Green Lake Mule Pack

August 12 - 17 and August 19 - 24, 2018

Both mule pack base camp trips to **Green Lake in the Eastern Sierras** are **FULL**. If you would like to join the waitlist, please contact Mary Larkin-Berlinski at: [mlarkin804@sbcglobal.net](mailto:mlarkin804@sbcglobal.net) or 831-345-6963. Cost is estimated to be \$375 per person, which includes the wilderness permit, mule outfitters to carry our gear out and back, and all meals including Sunday night prior to meeting the outfitters Monday morning. Group size is limited to 15.



## Bioluminescence Kayak on Tomales Bay

September 2, 2018

**NEW!** Have you ever seen bioluminescence on a moonless night in Tomales Bay? A phosphorescent trail of flickering lights illuminates the water as schools of bioluminescent “dinoflagellates” emit short flashes of light when disturbed. A magical night is in store during an evening kayak trip on September 2. We’ll meet at 5:30 p.m. at Miller Boat Launch and then head off in our two-person kayaks for a night of wonder. The cost is \$100.00/person including tax, and is refundable, less a \$5.00 cancellation fee, until August 1. Children must be at least 13 years old, and Blue Waters does not permit the use of personal kayaks. As we’ll be on the water until 9:30 p.m., we’ll have an optional early dinner at Nick’s Cove Restaurant at 4:00 p.m. For more information, contact **Renee Hamilton** at 415.686.3966 or [rdmhamilton@gmail.com](mailto:rdmhamilton@gmail.com). To register, please send full payment of \$100 to Renee: [1 McIntosh Court, Novato, CA 94949](#).



Want to make this part of a terrific Labor Day Weekend? Why not stay at Alpine Lodge and use it as your home base for the kayak trip? Overnight Sunday night and join your fellow members for the annual Labor

Day hike and potluck barbecue. **Mary Ann Bernard** is hosting September 1 & 2 for all happy kayakers who'd like to stay on Mt. Tam and get an early start for the Labor Day festivities. To reserve your spot at the lodge, please contact Mary Ann at [mary\\_ann\\_bernard@hotmail.com](mailto:mary_ann_bernard@hotmail.com). Standard lodge fees apply.

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Upper Missouri River, Montana

### Upper Missouri Canoe Trip September 17 - 21, 2018

The 4-night/5-day canoe exploration of the Upper Missouri River in Montana with Bob "Dr. Outdoors" Hanson is now FULL. Trip cost is estimated at \$200.00 per person, which includes canoe rentals and meals. It does not include transportation to the Upper Missouri River or car shuttles at the river. To join the waitlist, send a \$100.00 deposit to Renee Hamilton, [1McIntosh Court, Novato, CA 94949](mailto:1McIntoshCourt.Novato.CA.94949). (415-686-3966). Your check will not be deposited until you are confirmed on the trip.

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### Point Reyes Hostel Long Weekend September 28 - October 1, 2018

There's still space in the Bunkhouse for 4 days/3 nights at the fabled Point Reyes Hostel. Your hosts **Vicki Olds** and **Audrey O'Connor** will provide trail snacks for your adventures and serve a cornucopia of delectable Happy Hour Hors D'oeuvres (BYOB) Friday afternoon through Monday morning. \$140 covers lodging and food for the entire time; non-member guests add \$10/day. Contact Vicki Olds before June 30 at [production@studioreflex.com](mailto:production@studioreflex.com), 415-221-2830, to reserve your spot.

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### Van Damme State Park October 5-7, 2018

Join **Renée Hamilton** for an exploration of





Mendocino's Van Damme State Park, which offers a scenic beach, a lush fern-filled forest and year-round camping. This park has something for everyone: easy, moderate and strenuous hiking trails, redwoods, a beach and protected coves for kayaking and the famed pygmy forest. Of all the park system's units along the Mendocino coast, Van Damme is perhaps the richest in terms of historical resources connected with the redwood lumber industry. Trip cost of \$75 includes campsite and all meals from Friday dinner through Sunday lunch. For information, contact Renee Hamilton at 415-686-3966 or [rdmhamilton@gmail.com](mailto:rdmhamilton@gmail.com). To join this outing, please send payment of \$75 to Renee Hamilton at [1 McIntosh Court, Novato, CA 94949](#). Payment via PayPal is also accepted.



## Monarch Butterfly Day Trip December 2, 2018

**NEW!** Join **Renée Hamilton** for a day trip to Natural Bridges State Park in Santa Cruz during the peak season of the Monarch Butterflies. The day begins with a docent-led tour at 11:00 a.m. to learn about the life cycle of these amazing and beautiful insects. After a potluck picnic lunch, continue to the nearby tide pools that promise to be teaming with life around the 1:04 p.m. low tide. The docent tour is free of charge, but there is a \$10 parking fee at the State Park. If you would like to join this outing, please notify Renée Hamilton at 415-686-3966, or [rdmhamilton@gmail.com](mailto:rdmhamilton@gmail.com)

## Christmas in the Monterey Adobes December 7 - 8, 2018

Return to the days of Alta California and see



Monterey's historic adobes splendidly decorated for the season with welcoming, candle-lit luminarias at each entrance. Enjoy festive music, living history portrayals, and the warm spirit of this year's 34th annual celebration. Cost is \$50 and will cover the Adobes tour ticket, happy hour on the 8th and a sack lunch on the 9th for a beautiful hike at Point Lobos State Reserve. A group motel rate has been secured and you will be provided information so you can make reservations individually. For information, contact **Rani Devadasan** at [putrio525@aol.com](mailto:putrio525@aol.com) or 415-497-5568. To reserve a spot, please send a deposit of \$50 to Rani Devadasan, [1225 Denlyn St., Novato CA 94947](mailto:1225Denlyn.St.,Novato.CA.94947).

## But that's not all! Here's what we have in the works....



### Wild & Scenic Film Festival Nevada City - January 18-20, 2019

**Save the date!** Join **Mary Cahill** for a very special weekend in Nevada City during the **Wild & Scenic Film Festival**. Experience the adrenaline of adventure films from around the world and learn how individuals and communities are taking action. The Wild and Scenic Film Festival will leave you feeling inspired and motivated to make a difference in your community and your world. There will also be opportunities for area hikes to explore the beauty of the Nevada City environs. This trip is in development, so stay tuned for details in future e-bulletins.

## Saturday Sorties



In recognition of the far-flung nature of our membership as well as the beauty that the entire Bay Area has to offer, the Outings Committee has launched ***Saturday Sorties***. On the second Saturday each month, we'll enjoy a day outing to locations primarily outside of Marin. Our goal is to bring the warmth and camaraderie we experience with the California Alpine Club to *all* our members, wherever they live, and create more opportunities for all to enjoy Nature's bounty throughout the Bay Area and beyond.



## JULY SATURDAY SORTIE

### Portola Redwoods State Park July 14, 2018 - 9:30 a.m.

Join **Mary Larkin-Berlinski** for a beautiful, heavily forested 6-mile hike that leads past an old shingle mill site and offers spectacular canyon views. Keep an eye out for coyotes, deer, and hawks, especially in the morning. The return trail is named for the sticky tar that seeps from nearby Tarwater Creek. Directions and details are listed in our Meet-Up site. Parking is free in redwood parks the 2nd Saturday of each month in celebration of the 100th anniversary of Save the Redwoods League.

For detailed information about this hike, go to [MeetUp.com](http://MeetUp.com) and set the city as Mill Valley (no matter where you live). Then type in CAC Outings. You must be a member to access details of the hike on this MeetUp page.

## And finally.... Report from the Trail

### LASSEN VOLCANIC NATIONAL PARK May 30 - June 3



Mary made us hike up a mountain to earn our dinner.



Mary said, "It's low calorie! Honest!"



After photo taken, group in unison:  
"What?!? Five more miles to go? "



Evening view of Manzanita Lake

## ARMSTRONG REDWOODS STATE PARK June 8



Another group of Happy Hikers



President Jay has a meeting with the





Where did everyone go ?



Brigitte explaining that we should have made a right turn at the Shell station.

### **What's on *your* bucket list?**

Your CAC Outings Committee is eager to expand and enhance your opportunities to enjoy the great outdoors. But we need your help! Is there an activity you would like us to offer? A destination that you've always wanted to explore? Please tell us! Send your ideas and/or wish list to Renee Hamilton at [rdmhamilton@gmail.com](mailto:rdmhamilton@gmail.com) (415.686.3966) or Ernie Castiaux at [ecastiaux@hotmail.com](mailto:ecastiaux@hotmail.com) (510.909.3301).