

CALIFORNIA ALPINE CLUB

Sign-in Sheet and Acknowledgement of Outing Member Responsibility, Express Assumption of Risk, and Release of Liability

Assumption of Risk and Release of Liability. Certain risks are inherent in any California Alpine Club (CAC) activity. Each CAC guest, or non-member participant agrees to accept personal responsibility for his or her safety, and the safety of minors accompanying such persons. Each participant agrees to hold harmless and free of blame the hike or activity leader and the CAC, its officers and members for any accident, injury, or illness which might be sustained from participating in hikes or other CAC activities. Hiking and other activities in any California Alpine Club (CAC) event may include strenuous physical activity and may involve certain risks including falling, insect borne illnesses, animal attacks, automobile accidents and getting lost. Injuries resulting from participating in this activity may include insect and animal bites, strains, sprains, broken bones, dehydration, hypothermia and death. I will and do hereby assume the above-mentioned risks and will hold harmless the California Alpine Club, officers, directors, members and the Hike or Activity Leaders from any and all liability and claims of every kind and nature whatsoever, which may arise from or in connection with my participation in these activities. I certify that I am in good health and physically fit and do not have medical conditions that would prevent me from participating in this activity. If you have any medical concerns, you should seek advice from your medical doctor before participating. This release is binding on me, my heirs, and my personal representative.

I DO HEREBY CERTIFY BY MY SIGNATURE THAT I HAVE READ, DO UNDERSTAND AND DO AGREE TO THE ABOVE - MENTIONED TERMS.

Activity Name:	Leader Name:
Location:	Day and Date:

	Participant Name Printed	Participant Signature	Emergency Phone	CAC Member
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