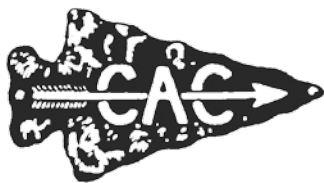


# CALIFORNIA ALPINE CLUB

Founded, April 1913 • Incorporated, April 1936



JUNE 2008 - MAY 2009

**THE PURPOSES** of this Club are: To explore, enjoy, and protect the natural resources of our land, including wildlife, forests and plants, water and scenic values; to support and promote educational programs on these and related subjects; at all times to protect and, as far as we are able, improve the environment in which we live; and to strengthen a sense of community among our Members and Associate Members.

## MEMBERSHIP

Contact Louise Holloway at 415-479-9691 or [louiseholloway@abcgloba.net](mailto:louiseholloway@abcgloba.net)

## GENERAL INFORMATION

Guests of Members and other Non-Members who participate in California Alpine Club (CAC) events and use the facilities are called Associate Members. They will pay a daily or event based membership dues. *We cannot accommodate pets. Smoking is not permitted within the facilities.*

## LODGES

The California Alpine Club, founded in 1913, owns and operates two lodges: Alpine Lodge acquired in 1925 and Echo Summit Lodge acquired in 1952.

**ALPINE LODGE** is located on the south slope of Mt. Tamalpais at 730 Panoramic Highway, Mill Valley, CA 94941 (about one quarter mile from the Mountain Home bus stop). For accommodations and reservations, call **415-381-4975**. To contact someone at the lodge call **415-388-9940**.



S. Linkwitz

**ECHO SUMMIT LODGE** is located at the summit of Old Meyers Grade above Lake Tahoe, one mile from U.S. 50 at 9010 Johnson Pass Road. The phone number is **530-659-7274**.



S. Linkwitz

## CAC REFERENCE MATERIAL - PLEASE SAVE

### OFFICERS

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2345 Tice Creek Dr. #4, Walnut Creek, CA 94595-5210		<a href="mailto:joanne-tony@sbcglobal.net">joanne-tony@sbcglobal.net</a>
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### BOARD OF DIRECTORS

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320 Lee St., Apt 801, Oakland, CA 94610-4320		<a href="mailto:rtretbar@yahoo.com">rtretbar@yahoo.com</a>
Mae Harms	PARLIAMENTARIAN	530-333-1058
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### VACANT

Sonia Bastidas	PUBLICATIONS	415-927-7415
110 Buena Vista Ave., Corte Madera, CA 94925-1602		<a href="mailto:soniaebastidas@yahoo.com">soniaebastidas@yahoo.com</a>

### (cont.) COMMITTEE CHAIRPERSONS

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2-1120 E. Cliff Drive, Santa Cruz, CA 95062-4836		<a href="mailto:mlmaier@pacbell.net">mlmaier@pacbell.net</a>

### ALPINE LODGE TRUSTEES

Peter Beckmann '10	TRUSTEE CHAIRPERSON	831-423-9242
104 Bronson Street #6, Santa Cruz, CA 95062-3487		<a href="mailto:beckmann@baymoon.com">beckmann@baymoon.com</a>
Jennie Bruyn '10		415-456-1877
P.O. Box 1728, San Anselmo, CA 94979-1728		
Arnold Champagne		415 282-1704
27 Putman St., San Francisco		<a href="mailto:CA 94110-6213...ArnoldChampagne@yahoo.com">CA 94110-6213...ArnoldChampagne@yahoo.com</a>
Hardy Dawainis '09		415-461-4431
100 Corte Ramon, Greenbrae, CA 94904-1229		<a href="mailto:hdawainis@comcast.net">hdawainis@comcast.net</a>
Eva Libien '11		415-383-5184
2 Eucalyptus Knoll St., Mill Valley, CA 94941-2279		<a href="mailto:elibien@yahoo.com">elibien@yahoo.com</a>
Melanie Facen	TREASURER	415-492-0470
30 Golden Hinde Blvd., San Rafael, CA 94903-3817		<a href="mailto:mfacen@sbcglobal.net">mfacen@sbcglobal.net</a>
Gerald Petak	CALENDAR	408-356-8281
16311 Camellia Terrace, Los Gatos, CA 95032-3603		<a href="mailto:alpinelodge1@yahoo.com">alpinelodge1@yahoo.com</a>
Alpine Accommodations		415-381-4975

### ECHO SUMMIT LODGE TRUSTEES

Cindy Toran '10	TRUSTEE CHAIRPERSON	707-539-4396
932 Ripley St., Santa Rosa, CA 95401		<a href="mailto:toranski@aol.com">toranski@aol.com</a>
Tom Coleman '11		707-769-7801
32 Live Oak Dr., Petaluma, CA 94952		<a href="mailto:travingee@comcast.net">travingee@comcast.net</a>
Edie Nelson '11		831-423-5576
140 Archer Drive, Santa Cruz, CA 95060-2443		<a href="mailto:edieforsyth@hotmail.com">edieforsyth@hotmail.com</a>
Jim Nixon '09		650-756-7771
50 Seacrest Court, Daly City, CA 94015-4726		<a href="mailto:jimnixon2000@yahoo.com">jimnixon2000@yahoo.com</a>
Ray Sommer '09		415-472-1229
15 Terra Linda Drive, San Rafael, CA 94903-3730		<a href="mailto:ray@sommerworld.com">ray@sommerworld.com</a>

### CAC FOUNDATION DIRECTORS

Jay Hallberg	PRESIDENT	415-383-1507
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VACANT		
Bill Meneguzzi		916-451-1523
PO Box 1767, Sacramento, CA 95812-1767		<a href="mailto:bill.meneguzzi@gmail.com">bill.meneguzzi@gmail.com</a>

## ALPINE LODGE INFORMATION

Alpine Lodge features a comfortable living room with a rustic stone fireplace, a well-equipped kitchen, a spacious dining porch overlooking a large sun deck, and a huge social hall with gas-lit fireplace and hardwood dance floor. A wheelchair accessible restroom is centrally located. The upstairs sleeps 18 people in two private and four semi-private rooms. The newly remodeled bathroom with two showers, two toilet rooms, and a two-sink vanity is a shared co-ed facility. The Tamalpais Building is down a short pathway and features four rooms that can sleep a total of 13 people. It has one shared bathroom.

The Lodge is available to Members and Associate Members for day and overnight use. Scheduled CAC events and accommodations preempt individual Member use. Each person needs to bring a sleeping bag/sheets, pillowcase, towel, and toiletries. *Revenue from lodging and CAC events provide funds for maintenance and improvements.*

**Sundays on Mt. Tamalpais:** The Alpine Lodge is open from 9:00am in the summer and 9:30 am in the winter to 4 pm every Sunday to Members, Associate Members, and visitors. Sundays are good days for visitors to tour the Lodge. Hikes, hospitality, and afternoon refreshments are offered. Hikes start from the Lodge and times are listed in the Club newsletter *TRAILS*. Carry water, lunch and wear good walking shoes or boots. Rain cancels the hikes. Phone hike leader if you have questions. Golden Gate Transit bus service may be available on weekends and holidays during spring, summer, and fall. For bus information phone 415-923-2000.

**RESERVATIONS for Hosted Events:** Contact the host listed in *TRAILS* and mail your check as instructed.

**OTHER RESERVATIONS:** For member accommodations, scheduled day use, and spontaneous overnights, call the Alpine Lodge accommodation phone number at 415-381-4975. A spontaneous overnight offers members informal use of the lodge. Spontaneous overnights may be requested from the Accommodation Agent up to two or three days in advance. Exclusive use is not guaranteed. Refundable security deposit may be required. Proof of insurance is needed for private (non-member) accommodations. Non-hosted accommodations include use of the kitchen, since you are on your own regarding meals. **Host Training will be required for member accommodations and scheduled day use.**

## ALPINE LODGE ACCOMMODATION FEES

**Overnight Rates:** Private, semi-private, curtain room or in your RV. One person in double occupancy room pays the 2-person rate.

Member \$18 per person

Upon enrollment as Associate Members (\$5 - per 24 hours) non-members, age 12+, enjoy the same accommodation-rates as Members.

### Day Use for Scheduled Events

Member (1-19 persons) \$2 per person

Member (20+ persons) \$50 base fee, plus \$2 per person

Non-Member \$100 base fee, plus \$5 per person

**Rates for Children:** No charge for children under age 4. One half the adult rate for children ages 4-11.

**Wedding Accommodations:** Minimum 24-hour charge (10am-9am) per day

Member \$1,250

Non-member \$2,500

## CANCELLATION POLICY AT ALPINE LODGE

**Dinner Parties:** There will be no refund if a cancellation is made fewer than three days prior to the event because the host will have made commitments for food purchases.

**Overnight and Longer Stays:** You must notify your host if you need to cancel. Refunds are conditional.

- Four weeks or more prior to host-period: Host will refund your fee minus a charge of \$5 per person.
- From four weeks to one week prior to host-period: Host will refund your fee minus a charge of \$5 per person, per day.
- Within one week prior to host-period: Your fee will not be refunded. The reason for the cancellation charge is because the host may have lost the opportunity to fill your space and food supplies have already been purchased.

**Hikers' Weekend:** Usually on the same weekend as the meetings of the Board of Directors. May not be a Hikers' Weekend in December. Check Trails

or Alpine calendar on the CAC web site, [calalpineclub.org](http://calalpineclub.org), for schedules. The Saturday hike is followed by Happy Hour. Please BYOB and appetizer to share; simple dinner and dessert prepared by the host. Even if you don't hike, come to the dinner (prepared by the host) and enjoy the evening. Dinner is \$8. Overnight and breakfast at regular rates for Members and Associate Members. Please email (preferred) or call the host for reservations.

**MID-WEEK WORKDAYS:** Workdays are usually scheduled for the first Thursday of each month from 9:00am to 3:00pm. A hearty lunch is provided. Please check TRAILS and sign-up with the coordinator.

**SUNDAY WORK PARTIES:** Once each quarter work parties are scheduled from 9:00am to 3:00pm on Sunday. A hearty lunch is provided. We depend on our Members and applicants for membership to help keep the Lodge buildings in good repair and looking attractive. Look for details in TRAILS.

**CAC Members are expected to support the club with participation in at least one work activity per year. The workdays and work parties at the Alpine Lodge are a good way to fulfill this obligation.**

**HOST TRAINING:** Host Training for using the Alpine Lodge and organizing events is offered twice a year in the spring and fall. Host Training is required of Members who want to use the Lodge for private events.

The Host Training manual, which is being updated continually, is available for \$6. The manual contains useful information including: event preparation guidelines, bedroom floor plans, billing and host report forms, instructions on how to use various appliances and systems, and safety instructions. Suggestions for manual updates are always appreciated. Contact any Alpine Trustee for information on the next Host Training or to purchase a manual.

Members are encouraged to attend the Alpine Lodge Trustee meetings that are usually held at noon on the third Sunday of each month. New faces and new ideas are always welcome.

## ALPINE LODGE COORDINATORS

**Sunday Innkeepers:** Selma Bomfim 415-381-4676 [selmabomfim@hotmail.com](mailto:selmabomfim@hotmail.com)

**Hike Leaders:** Taren Hamilton 415-378-4240 [tarenhf@comcast.net](mailto:tarenhf@comcast.net)

**Hikers' Weekend:** Diane Smith 925-935-2869 [dianesmith@sbcglobal.net](mailto:dianesmith@sbcglobal.net)

## PAST PRESIDENTS

1914	Frank Allen	1952	Harold P. Bodington
1915-16	Al Pinther	1953	Ken Wiltz
1917	Oscar Cook	1954	Hilary Crawford, Jr.
1918	Chas Cavanagh	1955	Herbert Franklin
1919	Harry A. Hertenstein	1956	Dr. Albert Schwifler
1920	Arthur Mauerhan	1957	Jerry Bowers
1921	William Fankhauser	1958-59	Fern Hall
1922	William P. Halliday	1960	Edward Fraser, Jr.
1923	Jules Sigrist	1961-63	Ray Sommer
1924	Timothy Murphy	1964-65	Elizabeth McDonald
1925	Samuel Deal	1966-67	Tom Disher
1926	Jesse K. Brown	1968	Waldo Wolgamott
1927	Myron Grotzohn	1969-70	Henry Hillman
1928	Joseph Jensen	1971	David Evans
1929	Henry Lidley	1972	Peter Cistaro
1930	Henry Manheim	1973-75	Robert Mugg
1931	George Kemper	1976-77	Marty Scherf
1932	Harold Reams	1978-79	Tom Flowerday
1933	Thomas Pring	1980-81	Winchell T. Hayward
1934	Thomas Jones	1982	Margaret Dormeyer
1935	Howard Henry	1983	George Ossy
1936	Emma Baldwin	1984-85	Helen Ammons
1937	Hilary Crawford	1986-87	Muriel Less
1938	Walter Repp	1988	Gene Kendrick
1939	Walter Newman	1989-90	Mary Kartsounis
1940	Herbert Mauerhan	1991-92	Tom Foote
1941	Henry Perry	1993-94	Roger Goulet
1942	Edward (Pat) Patterson	1995	Frank Marzocco
1942	Olga Madsen	1996	Beverly Heywood
1943	Casper Zwierlein	1997-98	Bob Hanson
1944-45	Alan Critcher	1999	Teri Shore
1946	Bertha Ast Hyde	2000	Edna Trimm
1947	Cyrus Washburn	2001-03	Laurence Kornfield
1948	Robert Zinns	2004-05	Susan McCarthy
1949	Al Mendoza	2006	Tony Smith
1950	Dr. Budd Smith	2007	Carroll Pearson
1951	Eugene B. Bizzell		

## ECHO SUMMIT LODGE INFORMATION

Echo Summit Lodge is a large, comfortable, year-round mountain lodge in the Sierra Nevada at an elevation of 7,365 feet. The comfortable living room provides a commanding view of the Lake Tahoe Basin and surrounding mountains. It is a perfect gathering place to meet new and old friends. The dining room features family style seating where memorable meals are the norm. Both the living and dining room are equipped with EPA approved efficient wood burning stoves. Overnight lodging includes accommodations in private rooms as well as dormitories.

The 40,000 acres of rugged granite peaks and the alpine lakes of Desolation Valley Wilderness area are within easy walking distance for hikers, mountaineers, and fishermen. Echo Lake (a mile from our Lodge) and nearby Lake Tahoe are delightful places in the summer for swimming, fishing, and boating. In winter the area excels for ski touring and snowshoeing. Nearby well-known downhill ski areas include: Heavenly Valley, Sierra at Tahoe, and Kirkwood.

The Lodge is a cooperative hostel operated by volunteer Members who 'host' for pre-scheduled time periods. Individuals need to bring a sleeping bag/sheets, pillowcase, towel, and toiletries. Each person is expected to lend a hand with cooking and housekeeping.

### OUR GOALS INCLUDE:

- Providing Members and their guests with a comfortable, safe, and affordable facility;
- Promoting new memberships and volunteerism founded on the proper use and protection of the Lodge and its environment; and
- Managing the Lodge to be self-financed and in compliance with Forest Service rules.

## RESERVATIONS

The list of hosting dates are posted in *TRAILS* along with the host names and contact information.

- Contact scheduled host as early as possible to learn details about the hosting period you wish to join. If contact is made via e-mail, be sure to follow up as e-mail addresses change. The host will tell you how to make reservations and will confirm reservations upon receipt of deposit.
- The amount of deposit (\$10 per person, per day) depends on the length of stay but the minimum deposit is \$20 per person.
- Host determines the final sign-up dates and number of people that can be accommodated **so reserve early**. Host usually establishes a waiting list to help adjust for cancellations.
- Non-members, invited by a Member, are welcome to attend up to three events. They may either enroll as Associate Members or be the guest of a Member who pays for their stay.

## CANCELLATION POLICY

Notify the host if you need to cancel. Refunds are conditional.

- Four weeks or more prior to host-period: Host will refund deposit minus a charge of \$5 per person.
- Four weeks to one week prior to host-period: Host will refund deposit minus a charge of \$5 per person, per day.
- Within one week prior to host-period: Deposit will not be refunded. The reason for the cancellation charge is because the host may have lost the opportunity to fill your space and food supplies have already been purchased.

## HOSTING

Please contact Cindy Toran at 707-539-4396 or [Toranski@aol.com](mailto:Toranski@aol.com) for scheduling hosted events and private member accommodations. She maintains the roster of trained hosts and their preferred time slots, takes requests, and solicits fill-ins in order to optimize occupancy and service. The goal is to have the Lodge open to CAC membership as much as possible, to fill in less desirable time slots with Member rentals to maximize usage, and to provide income for improvements and repairs.

## HOST TRAINING WEEKENDS

Host Training is provided semi-annually for any Member with the desire and initiative to join the pool of trained hosts and thereafter organize and manage a session. It is also available for established trained hosts who need the every-three-year refresher course. The training covers Lodge facilities, meal planning and budgeting, Associate Member services, and bookkeeping details. Newly trained hosts are encouraged to "shadow" an experienced trained host before they "solo."

*The United States Department of Agriculture (USDA) prohibits discrimination in its programs on the basis of race, color, national origin, sex, religion, age, disability, political belief and marital or family status. To file a complaint, write the Secretary of Agriculture, U.S. Department of Agriculture, Washington, DC 20250, or call 1-800-245-5340 (voice) or 203-720-1127 (TDD). USDA is an equal opportunity employment employer.*

*The Echo Summit Lodge is an equal opportunity service provider and permittee of the United States Forest Service, Lake Tahoe Basin Management Unit.*

## RATES

### Dormitories

Adults and children over 11 years.....\$ 5 per person, per night

### Multiple Occupancy Rooms

Adults and children over 11 years.....\$10 per person, per night

Single occupancy may be accommodated

on a space available basis.....\$20 per night

### Meals (rates per person)

Breakfast - \$5; Lunch - \$5; Dinner - \$10 (\$20 per day)

No refund for missed or skipped meals

### Children

Ages 4 through 11 – one half the adult rates for meals and lodging

Under 4 years - no charge

**Please note** that Lodging charges are subject to El Dorado County's 10% tax in addition to the listed rates

## ASSOCIATE MEMBER ACCOMMODATIONS

Associate Members are charged the Member rate plus a daily dues of \$5 per adult.

## MEMBER ACCOMMODATIONS

To optimize occupancy during non-prime time, the Lodge is available for private events to CAC Members who are on the Trained Host Roster. Prime time is defined as:

- |                   |                              |
|-------------------|------------------------------|
| • Summer          | June 15 to September 15      |
| • Holidays        | Legal Holidays               |
| • Winter Weekends | January, February, and March |

Trained host members wishing to use the Lodge for private use must contact Cindy Toran. A prospective host will obtain a time slot, initiate an agreement (must be signed and returned within two weeks but no earlier than 6 months in advance), and mail a deposit to Edie Nelson (140 Archer Drive, Santa Cruz CA 95060) to lock in the rental. The deposit is the estimated rental amount plus \$100.

The accommodation charge per day (noon to noon) is \$18 per person, including children age 4 and over, for Friday, Saturday and/or Sunday nights with a minimum of \$216 per night. The rate is \$11 per person per day for Monday, Tuesday, Wednesday and/or Thursday nights with a minimum of \$165 per night. These rates include El Dorado County lodging tax. Early bookings are recommended. The accommodations fee is non-refundable except for special circumstances (such as severe weather conditions or death in the family). The deposit, minus any incurred charges, will be refunded after full compliance with the accommodation agreement, and when the end-of-use report is submitted and reviewed by Edie Nelson.

## SPONTANEOUS OVERNIGHT STAYS

Trained host members may stay at Echo Lodge with a group of any size for a time to begin no sooner than 10 days hence if the calendar is open by contacting Cindy Toran to make a reservation, arranging for a key, and obtaining the accommodations form. Of course, the leave-no-trace expectation applies. Within one week after the end of the lodge use, the accommodations form and payment must be submitted to Ray Sommer, Treasurer. Cost is as follows:

\$18 per person per night Friday thru Sunday

\$11 per person per night Monday thru Thursday

Minimum charge is \$40, regardless of the number of people.

Non-members must pay the additional \$5 per person per day Associate Member dues.

## FALL AND SPRING WORK PARTIES

Echo Summit Lodge depends on two significant volunteer campaigns—Fall and Spring Work Parties—to recover from, and prepare for, the winter and summer occupancy schedules. These work parties can fulfill prospective new Members' required "Work Activity." They also provide each volunteer the opportunity and satisfaction of fellowship, exercise, and accomplishment. They are "free" (funded by revenues earned from Lodge usage) to participants. The dates and details for both events are published in *TRAILS*. Be sure to sign up for one of these events to renew your connection to the beauty of work in the mountains.

**CAC Members are expected to support the Club with participation in at least one work activity per year. The Work Parties at Echo Summit Lodge are a great way to fulfill this obligation.**

## MEMBERSHIP EXPECTATIONS

To maintain and operate our Lodges, Members are expected to contribute time and energy regularly. Alpine Lodge has mid-week and Sunday work parties. Echo Lodge has periodic multi-day work parties. Coordinating a major event, cooking a large dinner, editing TRAILS, accepting a leadership position, participating in special projects, etc., satisfies your work obligation.

### TRAIL RULES LET THE LEADER LEAD

The leader is in charge and is responsible for judging the qualifications of participants and determining the route. Stay with the group unless other arrangements have been made with the leader.

### RESPECT THE ENVIRONMENT

**PLEASE DO NOT** pick wildflowers or other plants. Stay on the trails - short-cutting promotes erosion. Every hiker should be sure the lunch site is left clean regardless of how it was found.

Two great trail mottos to keep in mind: "Leave No Trace" and "Take Nothing but Photographs, Leave Nothing but Footprints."

### COURTESY AND CONSIDERATION

Please arrive at the meeting place on time and be adequately prepared. If a leader is unable to lead a scheduled trip, he or she should find a substitute or notify the Hiking Coordinator as soon as possible. Report any lost or found articles to the leader.

### NO SMOKING, PETS, OR RADIOS ON CLUB HIKES.

## HIKE CLASSIFICATION SYSTEM

Most hikes are classified with grade and class codes to assist hikers in evaluating their ability.

**Grade 1: Up to 6 miles**

**Class A: Less than 1,000 ft**

**Grade 2: 6 to 10 miles**

**Class B: 1,000 to 2,000 ft**

**Grade 3: 10 to 15 miles**

**Class C: 2,000 to 3,000 ft**

## GUARDIAN OF THE MOUNTAIN

The Tamalpais Conservation Club (TCC) helped to establish Mt. Tamalpais State Park. Since 1918 TCC has helped to maintain the scenic trails that we enjoy. We now have the opportunity to join them on work parties and do our share. Work tools provided. Contact TCC at PO Box 2272, Mill Valley, CA 94942, 415-389-9914, [Administration@Tamalpais.org](mailto:Administration@Tamalpais.org).

**CAC is a Member of the Federation of  
Western Outdoor Clubs**

## CALIFORNIA ALPINE CLUB VOLUNTEER HIKE LEADER GUIDELINES

### Before the hike starts:

- Appoint a REAR LEADER.
- Announce your name to the hikers. Tell them the grade and length of the hike, as well as the approximate time of return. If there are new hikers, inform them that hikers are to have had prior hiking experience and be able to hike at a moderate pace (i.e., two miles per hour). If, during the first 10 minutes of a hike, the leader notices that a hiker is not capable of keeping up, he/she should ask the participant not to continue on the hike.
- SIGN UP SHEETS are optional. You may find them useful. You should at least know the number of persons starting the hike to ensure that no one gets lost from the group along the way.
- Stress that no one should leave the hike without informing the leader or the rear leader. The hike leader has the option of permitting hikers to get ahead of the leader. Tell them however that they must wait at the next junction or they are considered to be off the hike.
- Stop and wait for hikers to catch up if there is a large gap between them.
- Remind hikers that they should carry sufficient water, personal first aid items, and lunch if the time of the hike warrants it.
- Carry a CELL PHONE, if possible, with the phone numbers of the State Park ranger, MMWD ranger, and Throckmorton Ridge Fire Station in memory. Be aware however that not all cell phones can operate on the mountain. MMWD emergency is (415) 472-0911. State Park emergency is (415) 388-2070 or (415) 388-3653. Throckmorton Ridge Fire Station (415) 388-5414.

### During the hike:

Stop at all junctions and do not resume the hike until the rear leader is in sight and count the number of hikers who started out.

### After the hike:

Wait for the rear leader and see that everyone has returned safely, and that no one is stranded.

### Substitute Leaders:

If a leader is unable to do the scheduled hike, it is his/her responsibility to obtain a substitute. Should this be impossible, the leader must post a cancellation sign on the Club door or ask someone to appear at the starting point to inform participants that the hike is cancelled.

## CAC ITEMS FOR SALE

### CAC T-SHIRTS, POLOS, SWEATSHIRTS

Youth and Adult Sizes

\$10 — \$20

Available for sale at Alpine Lodge.

Contact **Renee Powers** 415-648-4940 or

[reeneepowers@comcast.net](mailto:reeneepowers@comcast.net)

### CAC DRINKING CUPS

"Sierra Club" style drinking cups with CAC logo are available for trail use or fundraisers. They are \$5 by mail or \$3 at the Alpine Lodge. Make purchase arrangements with **Win Hayward**

at 415-386-6544 or [winhayward@mailbug.com](mailto:winhayward@mailbug.com)  
208 N Willard St., San Francisco, CA 94118-4120.

### ECHO H<sub>2</sub>O BOTTLES

Approved, plastic, "Born in Granite" Echo H<sub>2</sub>O water bottles are available for \$3 each. Durable, reusable, and environmentally friendly. Purchase from the Echo Host.