Alpine Hike Leader Schedule

OPEN HOUSE EVERY SUNDAY AT ALPINE LODGE

Date	Start	Leader	Phone Number	Level
Sunday May 1	9:30 AM	Carol Bodtker	415-884-0850	2B
Sunday May 8	9:30 AM	Leaderless		2B
Sunday May 15	9:30 AM	Howard Ortman	415-456-5912	2B
Sunday May 22	9:30 AM	Margy Eller	415-383-7307	2B
Sunday May 29	9:30 AM	Jennie Bruyn	415-456-1877	2B
Sunday June 5	9:30 AM	Bill Mayers Poetry Hike	415-785-3516	2B
Sunday June 12	9:30 AM	Lynn MacDonald	510-525-3843	2B
Sunday June 19	9:30 AM	Mark Sapiro	415-388-8910	2B
Sunday June 26	9:30 AM	Jock MacDonald	415-381-2870	2B
Sunday July 3	9:30 AM	Open		2B
Sunday July 10	9:30 AM	Tom Dewey	510-381-8188	2B
Sunday July 17	9:30 AM	Open		2B
Sunday July 24	9:30 AM	Open		2B
Sunday July 31	9:30 AM	Open		2B

Contact Information for hike leaders

2B Hikes - Pauline MacDonald 415-381-2870 luddite48@comcast.net

1A Hikes- Edie Nelson (831) 331-1754 or Mayme Harris (415) 924-3819 maymeharris@cs.com

Different Hikes for Different Types: Our weekly tradition for Sunday Hiking

The 2B hikes depart from the Alpine Club at 9:30 AM. These hikes are 7-10 miles long and up to 2000 feet elevation gain. On days shown as leaderless, the hikers will decide on their own route after convening at the Alpine Club.

Informal, slower paced 1A hikes depart from the Alpine Club at 9:45 AM. These hikes are 5-6 miles and up to 1000 feet elevation gain.

If you are interested in leading a 2B hike shown as open, please e-mail Pauline MacDonald. For information on the 1A hikes call Edie or Mayme

We suggest bringing a sandwich (or something) for a trailside lunch and a liter of water. All hikers should have prior hiking experience and be able to hike at a moderate pace (i.e., approx. 2 miles per hour). The hikes usually finish at the Alpine Club around 2.00-2.30 pm.

Note - If you hike in front of the leader and are not at the stated destination when the leader arrives, the leader will consider you are no longer on the hike.